

# IHOPE FOUNDATION

England & Wales · Charity number 1174299

## Details

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Other names	CREAMS FOUNDATION
Status	Registered
Legal form	CIO
Registered	2017-08-17
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	37 york road Ilford Essex IG1 3AD
Phone	03001024406
Email	<a href="mailto:info@ihopefoundation.org.uk">info@ihopefoundation.org.uk</a>
Website	<a href="http://www.ihopefoundation.org.uk">www.ihopefoundation.org.uk</a>

## Activities

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**Objects:** 1. TO PROVIDE GRANTS AND DONATIONS FOR SUCH CHARITABLE PURPOSES, FOR THE PUBLIC BENEFIT, THAT ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAWS OF ENGLAND AND WALES AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE. 2. THE RELIEF OF THOSE IN NEED BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, OR SOCIAL OR ECONOMIC DISADVANTAGE FOR THE PUBLIC BENEFIT, IN PARTICULAR BUT NOT EXCLUSIVELY BY COORDINATING AND DEVELOPING SERVICES SUCH AS:- THE PROVISION OF BEDDING, CLOTHING, FOOD AND SUCH OTHER SERVICES FOR THOSE IN NEED AS THE TRUSTEES MAY DETERMINE. - THE PROVISION OF ADVICE, TRAINING AND SUPPORT TO THOSE IN NEED TO PROMOTE EMPLOYABILITY, SELF-HELP AND INDEPENDENCE

**Activities:** iHope Foundation is a charity with general charitable purposes. Our main mission is the relief of poverty by providing basic human necessities such as food and water in developing countries.

## Classification

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- **How:** Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-08-31	£25,135	£42,738	-	-
2023-08-31	£35,846	£31,669	-	-
2022-08-31	£27,947	£52,528	-	-
2021-08-31	£117,943	£85,061	-	-
2020-08-31	£16,829	£58,387	-	-

## Trustees

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Name	Role	Appointed
BALAL AQIL		2017-06-28
Imran javed bhatti		2022-06-17
OMAR HAQUE		2017-06-28

**IHOPE FOUNDATION**

England & Wales - Charity number 1174299

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 August 2024  
for  
iHope Foundation**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

**Contents of the Financial Statements  
for the Year Ended 31 August 2024**

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**Report of the Trustees  
for the Year Ended 31 August 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

The charity's objectives remain to provide relief and support through food distribution, water provision and community development projects as determined by the trustees. During the year, activities were focused exclusively in The Gambia, where we continued our food distribution and clean water access programmes, helping thousands of families in need. In addition to these ongoing initiatives, the charity began construction of a new community hub in The Gambia. This facility is intended to serve as a base for future local projects and sustainable development efforts within the region. (No UK-based activities were undertaken during this financial year)

**ACHIEVEMENT AND PERFORMANCE**

During the financial year, the charity continued to deliver on its core objectives of providing access to food and clean water for vulnerable communities in The Gambia. We successfully constructed 7 water taps, ensuring access to safe and clean water for local residents. Alongside this, we distributed approximately 400 family food packs, each designed to support a household of four for an entire month. Each pack contained essential staples including 25kg of rice, 5kg of sugar, and 5 litres of oil. As in previous years, food aid was delivered through our tiered support model, prioritising single mothers, widows, the elderly, orphans, persons with disabilities and low-income families, ensuring our assistance reached those in the most need. This year also saw significant progress on our newest initiative, the construction of a community hub in The Gambia. Now in its final stages, the facility will serve as a centre for education, vocational training, and other social development programmes aimed at uplifting the local community. Trustees are scheduled to visit the site for final review and planning of upcoming activities linked to this hub. Throughout the year, the charity maintained direct trustee oversight for all projects. At least one trustee was present on the ground during each delivery phase, ensuring quality control, proper monitoring, and accountability at all stages of implementation.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution dated 28 June 2022.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1174299

**Principal address**

Expressway, Office: II  
1 Dock road  
London  
E16 1AH

**Trustees**

B Aqil Trustee  
O Haque Trustee  
Ms S Zaman Trustee (resigned 7/8/2024)  
I J Bhatti Trustee

**iHope Foundation**

**Report of the Trustees  
for the Year Ended 31 August 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Cartwrights

Chartered Accountants and Business Advisors

Regency House

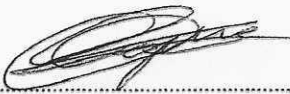
33 Wood Street

Barnet

Hertfordshire

EN5 4BE

Approved by order of the board of trustees on .....18/06/25..... and signed on its behalf by:



.....  
O Haque - Trustee

**Independent Examiner's Report to the Trustees of  
iHope Foundation**

**Independent examiner's report to the trustees of iHope Foundation**

I report to the charity trustees on my examination of the accounts of iHope Foundation (the Trust) for the year ended 31 August 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ahsan Khan

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

Date: .....18/6/2025.....

**iHope Foundation****Statement of Financial Activities  
for the Year Ended 31 August 2024**

	Notes	Unrestricted fund £	Restricted fund £	31/8/24 Total funds £	31/8/23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		25,135	-	25,135	35,846
<b>EXPENDITURE ON</b>					
Raising funds		6,742	-	6,742	4,285
<b>Charitable activities</b>					
Sharing Wonders		18,750	-	18,750	3,900
Food & Water Programme		16,455	-	16,455	17,465
Bond e Shams		-	-	-	5,215
Other		791	-	791	804
<b>Total</b>		<u>42,738</u>	<u>-</u>	<u>42,738</u>	<u>31,669</u>
<b>NET INCOME/(EXPENDITURE)</b>		(17,603)	-	(17,603)	4,177
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		27,478	-	27,478	23,301
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>9,875</u>	<u>-</u>	<u>9,875</u>	<u>27,478</u>

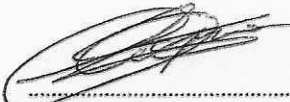
The notes form part of these financial statements

**iHope Foundation**

**Balance Sheet  
31 August 2024**

	Notes	Unrestricted fund £	Restricted fund £	31/8/24 Total funds £	31/8/23 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		9,875	-	9,875	27,478
<b>NET CURRENT ASSETS</b>		<u>9,875</u>	<u>-</u>	<u>9,875</u>	<u>27,478</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>9,875</u>	<u>-</u>	<u>9,875</u>	<u>27,478</u>
<b>NET ASSETS</b>		<u>9,875</u>	<u>-</u>	<u>9,875</u>	<u>27,478</u>
<b>FUNDS</b>	4				
Unrestricted funds				<u>9,875</u>	<u>27,478</u>
<b>TOTAL FUNDS</b>				<u>9,875</u>	<u>27,478</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 18/06/25 and were signed on its behalf by:

  
.....  
O Haque - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31 August 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2024 nor for the year ended 31 August 2023.

**Trustees' expenses**

The travel expenses include £4,482 paid for the Trustees travel for charitable projects.

Notes to the Financial Statements - continued  
for the Year Ended 31 August 2024

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	34,636	1,210	35,846
<b>EXPENDITURE ON</b>			
Raising funds	4,285	-	4,285
<b>Charitable activities</b>			
Sharing Wonders	3,900	-	3,900
Food & Water Programme	15,355	2,110	17,465
Bond e Shams	5,215	-	5,215
Other	804	-	804
<b>Total</b>	<b>29,559</b>	<b>2,110</b>	<b>31,669</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>5,077</b>	<b>(900)</b>	<b>4,177</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	22,401	900	23,301
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>27,478</b>	<b>-</b>	<b>27,478</b>

4. MOVEMENT IN FUNDS

	At 1/9/23 £	Net movement in funds £	At 31/8/24 £
<b>Unrestricted funds</b>			
General fund	27,478	(17,603)	9,875
<b>TOTAL FUNDS</b>	<b>27,478</b>	<b>(17,603)</b>	<b>9,875</b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	25,135	(42,738)	(17,603)
<b>TOTAL FUNDS</b>	<b>25,135</b>	<b>(42,738)</b>	<b>(17,603)</b>

Notes to the Financial Statements - continued  
for the Year Ended 31 August 2024

4. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/9/22 £	Net movement in funds £	At 31/8/23 £
<b>Unrestricted funds</b>			
General fund	22,401	5,077	27,478
<b>Restricted funds</b>			
Zakat	900	(900)	-
<b>TOTAL FUNDS</b>	<u>23,301</u>	<u>4,177</u>	<u>27,478</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	34,636	(29,559)	5,077
<b>Restricted funds</b>			
Zakat	1,210	(2,110)	(900)
<b>TOTAL FUNDS</b>	<u>35,846</u>	<u>(31,669)</u>	<u>4,177</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/22 £	Net movement in funds £	At 31/8/24 £
<b>Unrestricted funds</b>			
General fund	22,401	(12,526)	9,875
<b>Restricted funds</b>			
Zakat	900	(900)	-
<b>TOTAL FUNDS</b>	<u>23,301</u>	<u>(13,426)</u>	<u>9,875</u>

## iHope Foundation

### Notes to the Financial Statements - continued for the Year Ended 31 August 2024

#### 4. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	59,771	(72,297)	(12,526)
<b>Restricted funds</b>			
Zakat	1,210	(2,110)	(900)
<b>TOTAL FUNDS</b>	<u>60,981</u>	<u>(74,407)</u>	<u>(13,426)</u>

#### 5. RELATED PARTY DISCLOSURES

During the year, the charity received £4,000 from Elanforest Limited and £700 from ABT Cafeteria Limited. The trustee Mr B Aqil is the director of both Elanforest Limited and ABT Cafeteria Limited.

The charity also received donations of £2,520 from trustee Mr O Haque. £2,120 from Mr O Haque's wife, and £80 from Mr O Haque's sisters.

The charity also received donations from the following trustees:

	£
Ms S Zaman	3,150
Mr I J Bhatti	320

The charity paid travel expenses for charity business of £1,222 For Mr O Haque, £2,711 for S Zaman and £549 for I J Bhatti.

**iHope Foundation****Detailed Statement of Financial Activities  
for the Year Ended 31 August 2024**

	31/8/24 £	31/8/23 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	25,135	35,846
<b>Total incoming resources</b>	<u>25,135</u>	<u>35,846</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Sundries	39	424
Website costs	2,221	2,385
Volunteers' overseas travel	4,482	1,476
	<u>6,742</u>	<u>4,285</u>
<b>Charitable activities</b>		
Grants to institutions	35,205	26,580
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	251	264
<b>Governance costs</b>		
Accountancy and legal fees	540	540
<b>Total resources expended</b>	<u>42,738</u>	<u>31,669</u>
<b>Net (expenditure)/income</b>	<u>(17,603)</u>	<u>4,177</u>

This page does not form part of the statutory financial statements

**IHOPE FOUNDATION**

England & Wales - Charity number 1174299

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 August 2023  
for  
iHope Foundation**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

**Contents of the Financial Statements  
for the Year Ended 31 August 2023**

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<b>Detailed Statement of Financial Activities</b>	10

## **iHope Foundation**

### **Report of the Trustees for the Year Ended 31 August 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

To provide food distribution programme and water projects as set out by the trustees. This year we have operated our work mainly in The Gambia and did a food distribution programme in Pakistan. Furthermore, we undertook a trial for a food pack distribution in the UK, designed especially for the elderly community during Christmas 2022.

#### **ACHIEVEMENT AND PERFORMANCE**

During our financial year, in The Gambia we managed to deliver 3 water wells and 25 water taps, providing communities access to safe and clean water, we also distributed approx. 50 family food packs.

In Pakistan we underwent a food distribution programme which saw us arrange and deliver 140 food packs to those in need. The food pack once again was delivered through our tiered programme which is to help single mothers, widowed, the elderly as well as orphans, people with disabilities and low-income families.

We also constructed a solar water project, Oasis box, with a delivery partner, which provides clean water to a whole community. We successfully trialled a food pack programme for the elderly community in the UK during Christmas 2022, where we delivered approx. 15 food packs to a care home centre in Bedfordshire.

All of our projects were overseen directly by the trustees on the ground, to ensure quality, consistency as well as monitoring the direct delivery to the beneficiaries.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution dated 28 June 2022.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1174299

##### **Principal address**

Expressway, Office: I.I  
1 Dock road  
London  
E16 1AH

##### **Trustees**

B Aqil Trustee  
O Haque Trustee  
Ms S Zaman Trustee  
I J Bhatti Trustee

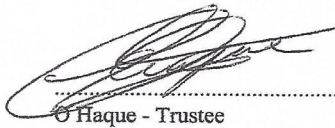
##### **Independent Examiner**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

**iHope Foundation**

**Report of the Trustees  
for the Year Ended 31 August 2023**

Approved by order of the board of trustees on .....06/06/24..... and signed on its behalf by:

  
.....  
O Haque - Trustee

**Independent Examiner's Report to the Trustees of  
iHope Foundation**

**Independent examiner's report to the trustees of iHope Foundation**

I report to the charity trustees on my examination of the accounts of iHope Foundation (the Trust) for the year ended 31 August 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ahsan Khan

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

Date: .....6/6/2024.....

**iHope Foundation****Statement of Financial Activities  
for the Year Ended 31 August 2023**

	Notes	Unrestricted fund £	Restricted fund £	31/8/23 Total funds £	31/8/22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<u>34,636</u>	<u>1,210</u>	<u>35,846</u>	<u>27,947</u>
<b>EXPENDITURE ON</b>					
Raising funds		4,285	-	4,285	7,395
<b>Charitable activities</b>					
Sharing Wonders		3,900	-	3,900	9,100
Food & Water Programme		15,355	2,110	17,465	35,855
Bond e Shams		5,215	-	5,215	-
Other		<u>804</u>	<u>-</u>	<u>804</u>	<u>178</u>
<b>Total</b>		<u>29,559</u>	<u>2,110</u>	<u>31,669</u>	<u>52,528</u>
<b>NET INCOME/(EXPENDITURE)</b>		5,077	(900)	4,177	(24,581)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		22,401	900	23,301	47,882
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>27,478</u></u>	<u><u>-</u></u>	<u><u>27,478</u></u>	<u><u>23,301</u></u>

The notes form part of these financial statements

**iHope Foundation**

**Balance Sheet  
31 August 2023**

	Notes	Unrestricted fund £	Restricted fund £	31/8/23 Total funds £	31/8/22 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		27,478	-	27,478	23,301
<b>NET CURRENT ASSETS</b>		<u>27,478</u>	<u>-</u>	<u>27,478</u>	<u>23,301</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		27,478	-	27,478	23,301
<b>NET ASSETS</b>		<u>27,478</u>	<u>-</u>	<u>27,478</u>	<u>23,301</u>
<b>FUNDS</b>	4				
Unrestricted funds				27,478	22,401
Restricted funds				-	900
<b>TOTAL FUNDS</b>				<u>27,478</u>	<u>23,301</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....06/06/24.....  
and were signed on its behalf by:



.....  
O Haque - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31 August 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2023 nor for the year ended 31 August 2022.

**Trustees' expenses**

The travel expenses include £1,476 paid for the Trustees travel for charitable projects.

Notes to the Financial Statements - continued  
for the Year Ended 31 August 2023

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	17,797	10,150	27,947
<b>EXPENDITURE ON</b>			
Raising funds	7,395	-	7,395
<b>Charitable activities</b>			
Sharing Wonders	-	9,100	9,100
Food & Water Programme	10,726	25,129	35,855
Other	178	-	178
<b>Total</b>	<u>18,299</u>	<u>34,229</u>	<u>52,528</u>
<b>NET INCOME/(EXPENDITURE)</b>	(502)	(24,079)	(24,581)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	22,903	24,979	47,882
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>22,401</u></u>	<u><u>900</u></u>	<u><u>23,301</u></u>

4. MOVEMENT IN FUNDS

	At 1/9/22 £	Net movement in funds £	At 31/8/23 £
<b>Unrestricted funds</b>			
General fund	22,401	5,077	27,478
<b>Restricted funds</b>			
Zakat	900	(900)	-
<b>TOTAL FUNDS</b>	<u><u>23,301</u></u>	<u><u>4,177</u></u>	<u><u>27,478</u></u>

**iHope Foundation**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2023**

**4. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	34,636	(29,559)	5,077
<b>Restricted funds</b>			
Zakat	1,210	(2,110)	(900)
<b>TOTAL FUNDS</b>	<u>35,846</u>	<u>(31,669)</u>	<u>4,177</u>

**Comparatives for movement in funds**

	<b>At 1/9/21 £</b>	<b>Net movement in funds £</b>	<b>At 31/8/22 £</b>
<b>Unrestricted funds</b>			
General fund	22,903	(502)	22,401
<b>Restricted funds</b>			
Zakat	24,979	(24,079)	900
<b>TOTAL FUNDS</b>	<u>47,882</u>	<u>(24,581)</u>	<u>23,301</u>

Comparative net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	17,797	(18,299)	(502)
<b>Restricted funds</b>			
Zakat	10,150	(34,229)	(24,079)
<b>TOTAL FUNDS</b>	<u>27,947</u>	<u>(52,528)</u>	<u>(24,581)</u>

## iHope Foundation

### Notes to the Financial Statements - continued for the Year Ended 31 August 2023

#### 4. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/21 £	Net movement in funds £	At 31/8/23 £
<b>Unrestricted funds</b>			
General fund	22,903	4,575	27,478
<b>Restricted funds</b>			
Zakat	24,979	(24,979)	-
<b>TOTAL FUNDS</b>	<u>47,882</u>	<u>(20,404)</u>	<u>27,478</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	52,433	(47,858)	4,575
<b>Restricted funds</b>			
Zakat	11,360	(36,339)	(24,979)
<b>TOTAL FUNDS</b>	<u>63,793</u>	<u>(84,197)</u>	<u>(20,404)</u>

#### 5. RELATED PARTY DISCLOSURES

During the year, the charity received £3,000 from Elanforest Limited and £1,200 from ABT Cafeteria Limited. The trustee Mr B Aqil is the director of both Elanforest Limited and ABT Cafeteria Limited.

The charity also received donations of £1,130 from trustee Mr O Haque, £670 from Mr O Haque's wife, and £165 from Mr O Haque's sisters.

The charity also received donations from the following trustees:

	£
Ms S Zaman	605
Mr I J Bhatti	1,005

**iHope Foundation****Detailed Statement of Financial Activities  
for the Year Ended 31 August 2023**

	31/8/23	31/8/22
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	35,846	27,947
<b>Total incoming resources</b>	<u>35,846</u>	<u>27,947</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Sundries	424	-
Website costs	2,385	1,448
Volunteers' overseas travel	1,476	5,947
	<u>4,285</u>	<u>7,395</u>
<b>Charitable activities</b>		
Grants to institutions	26,580	44,955
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	264	178
<b>Governance costs</b>		
Accountancy and legal fees	540	-
Total resources expended	<u>31,669</u>	<u>52,528</u>
<b>Net income/(expenditure)</b>	<u><u>4,177</u></u>	<u><u>(24,581)</u></u>

This page does not form part of the statutory financial statements

**IHOPE FOUNDATION**

England & Wales - Charity number 1174299

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 August 2022  
for  
iHope Foundation**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

**iHope Foundation**

**Contents of the Financial Statements  
for the Year Ended 31 August 2022**

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## **iHope Foundation**

### **Report of the Trustees for the Year Ended 31 August 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

To provide food distribution programme and water projects as set out by the trustees. This year we have operated our work mainly in The Gambia and have also trialled our second food distribution programme in Pakistan.

#### **ACHIEVEMENT AND PERFORMANCE**

During our financial year, we managed to deliver 7 water wells in The Gambia as well as delivering over 550 food packs to families and individuals through our tiered programme. The programme is to help and support single mothers, widowed, vulnerable people, elderly as well as orphans and people with disabilities. Each food pack contained enough ration to support a family of 4 for approximately a month (Pack contained the following 50kg rice, 10kg potatoes, 5kg sugar, 5kg onions, 5litres of oil. This benefited thousands of families across The Gambia in various regions).

Furthermore we also delivered our second trialled food pack project for Pakistan, through once again our tiered programme; We delivered 292 food packs to families and individuals containing 10 items. Each pack contained enough ration to last a family of 4 enough food for a month (20kg Flour, 10kg rice, 10kg potatoes, 5litres cooking oil, 5kg onions, 5kg sugar, 5kg gram flour, 2kg lentils, 1kg salt, 1kg fresh tea, 1kg dates, 1x rose water bottle, 1kg vermicelli, 0.5kg mixed nuts and raisin).

Both projects were overseen directly by the trustees on the ground, to ensure quality of the product, consistency as well as monitoring the direct delivery to the beneficiaries.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution dated 28 June 2022.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1174299

##### **Principal address**

Expressway, Office: I.I  
1 Dock road  
London  
E16 1AH

##### **Trustees**

B Aqil Trustee  
O Haque Trustee  
J Sarwar Trustee (resigned 12/8/2022)  
Ms S Zaman Trustee (appointed 17/6/2022)  
I J Bhatti Trustee (appointed 17/6/2022)


##### **Independent Examiner**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

**iHope Foundation**

**Report of the Trustees  
for the Year Ended 31 August 2022**

Approved by order of the board of trustees on .....19/06/23..... and signed on its behalf by:



.....

O Haque - Trustee

**Independent Examiner's Report to the Trustees of  
iHope Foundation**

**Independent examiner's report to the trustees of iHope Foundation**

I report to the charity trustees on my examination of the accounts of iHope Foundation (the Trust) for the year ended 31 August 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ahsan Khan

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

Date: ..... 19/06/2023 .....

**iHope Foundation**

**Statement of Financial Activities  
for the Year Ended 31 August 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		17,797	10,150	27,947	117,943
<b>EXPENDITURE ON</b>					
Raising funds		7,395	-	7,395	461
<b>Charitable activities</b>					
Orphans In Need		-	-	-	25,200
Sharing Wonders		-	9,100	9,100	45,400
Charity Right for Sudan		-	-	-	10,000
Amanah		-	-	-	4,000
Food Distribution Programme		10,726	25,129	35,855	-
Other		178	-	178	-
<b>Total</b>		<u>18,299</u>	<u>34,229</u>	<u>52,528</u>	<u>85,061</u>
<b>NET INCOME/(EXPENDITURE)</b>		(502)	(24,079)	(24,581)	32,882
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		22,903	24,979	47,882	15,000
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>22,401</u></u>	<u><u>900</u></u>	<u><u>23,301</u></u>	<u><u>47,882</u></u>

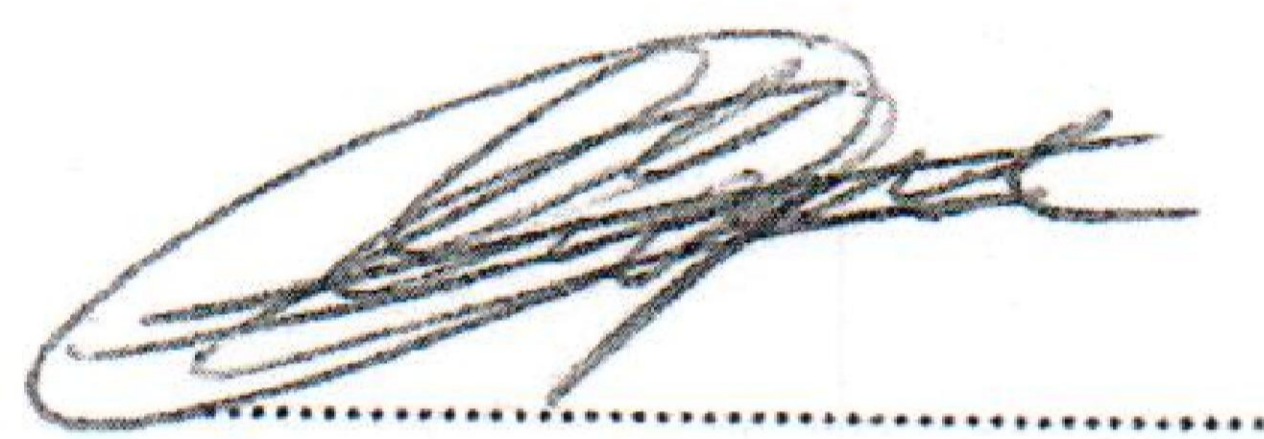
The notes form part of these financial statements

**iHope Foundation**

**Balance Sheet  
31 August 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		22,401	900	23,301	47,882
<b>NET CURRENT ASSETS</b>		<u>22,401</u>	<u>900</u>	<u>23,301</u>	<u>47,882</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		22,401	900	23,301	47,882
<b>NET ASSETS</b>		<u>22,401</u>	<u>900</u>	<u>23,301</u>	<u>47,882</u>
<b>FUNDS</b>	4				
Unrestricted funds				22,401	22,903
Restricted funds				900	24,979
<b>TOTAL FUNDS</b>				<u>23,301</u>	<u>47,882</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....19/06/23..... and were signed on its behalf by:



.....  
O Haque - Trustee

The notes form part of these financial statements

## **iHope Foundation**

### **Notes to the Financial Statements for the Year Ended 31 August 2022**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### **2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2022 nor for the year ended 31 August 2021.

##### **Trustees' expenses**

The travel expenses include £5,947 paid for the Trustees travel for charitable projects.

**iHope Foundation**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2022**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	13,564	104,379	117,943
<b>EXPENDITURE ON</b>			
Raising funds	461	-	461
<b>Charitable activities</b>			
Orphans In Need	-	25,200	25,200
Sharing Wonders	5,200	40,200	45,400
Charity Right for Sudan	-	10,000	10,000
Amanah	-	4,000	4,000
<b>Total</b>	<u>5,661</u>	<u>79,400</u>	<u>85,061</u>
<b>NET INCOME</b>	7,903	24,979	32,882
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	15,000	-	15,000
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>22,903</u></u>	<u><u>24,979</u></u>	<u><u>47,882</u></u>

**4. MOVEMENT IN FUNDS**

	At 1/9/21 £	Net movement in funds £	At 31/8/22 £
<b>Unrestricted funds</b>			
General fund	22,903	(502)	22,401
<b>Restricted funds</b>			
Zakat	24,979	(24,079)	900
<b>TOTAL FUNDS</b>	<u><u>47,882</u></u>	<u><u>(24,581)</u></u>	<u><u>23,301</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	17,797	(18,299)	(502)
<b>Restricted funds</b>			
Zakat	10,150	(34,229)	(24,079)
<b>TOTAL FUNDS</b>	<u><u>27,947</u></u>	<u><u>(52,528)</u></u>	<u><u>(24,581)</u></u>

iHope Foundation

Notes to the Financial Statements - continued  
for the Year Ended 31 August 2022

4. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/9/20 £	Net movement in funds £	At 31/8/21 £
<b>Unrestricted funds</b>			
General fund	15,000	7,903	22,903
<b>Restricted funds</b>			
Zakat	-	24,979	24,979
<b>TOTAL FUNDS</b>	<u>15,000</u>	<u>32,882</u>	<u>47,882</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	13,564	(5,661)	7,903
<b>Restricted funds</b>			
Zakat	104,379	(79,400)	24,979
<b>TOTAL FUNDS</b>	<u>117,943</u>	<u>(85,061)</u>	<u>32,882</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/20 £	Net movement in funds £	At 31/8/22 £
<b>Unrestricted funds</b>			
General fund	15,000	7,401	22,401
<b>Restricted funds</b>			
Zakat	-	900	900
<b>TOTAL FUNDS</b>	<u>15,000</u>	<u>8,301</u>	<u>23,301</u>

iHope Foundation

Notes to the Financial Statements - continued  
for the Year Ended 31 August 2022

4. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	31,361	(23,960)	7,401
<b>Restricted funds</b>			
Zakat	114,529	(113,629)	900
<b>TOTAL FUNDS</b>	<u>145,890</u>	<u>(137,589)</u>	<u>8,301</u>

5. RELATED PARTY DISCLOSURES

During the year, the charity received £2,500 from Elanforest Limited and £1,000 from ABT Cafeteria Limited. The trustee Mr B Aqil is the director of both Elanforest Limited and ABT Cafeteria Limited.

The charity also received donations of £1,525 from Mr O Haque, £10 from Mr O Haque's wife, and £690 from Mr O Haque's sisters. Mr O Haque is a trustee.

The charity also received donations from the following trustees:

	£
Ms S Zaman	200
Mr I J Bhatti	100

**iHope Foundation**

**Detailed Statement of Financial Activities  
for the Year Ended 31 August 2022**

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	27,947	117,943
<b>Total incoming resources</b>	<u>27,947</u>	<u>117,943</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Website costs	1,448	461
Volunteers' overseas travel	5,947	-
	<u>7,395</u>	<u>461</u>
<b>Charitable activities</b>		
Grants to institutions	44,955	84,600
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	178	-
	<u>52,528</u>	<u>85,061</u>
<b>Total resources expended</b>		
	<u>52,528</u>	<u>85,061</u>
<b>Net (expenditure)/income</b>	<u>(24,581)</u>	<u>32,882</u>

This page does not form part of the statutory financial statements

**IHOPE FOUNDATION**

England & Wales - Charity number 1174299

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 August 2021  
for  
Creams Foundation**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

**Creams Foundation**

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for the Year Ended 31 August 2021**

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**Creams Foundation**

**Report of the Trustees  
for the Year Ended 31 August 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 August 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1174299

**Principal address**

2nd Floor  
Roding House  
2 Cambridge Road  
Barking  
Essex  
IG11 8NL

**Trustees**

B Aqil Trustee  
O Haque Trustee  
J Sarwar Trustee

**Independent Examiner**

Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

Approved by order of the board of trustees on .....14/06/22..... and signed on its behalf by:



.....  
O Haque - Trustee

**Independent Examiner's Report to the Trustees of  
Creams Foundation**

**Independent examiner's report to the trustees of Creams Foundation**

I report to the charity trustees on my examination of the accounts of Creams Foundation (the Trust) for the year ended 31 August 2021.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ahsan Khan  
FCCA  
Cartwrights  
Chartered Accountants and Business Advisors  
Regency House  
33 Wood Street  
Barnet  
Hertfordshire  
EN5 4BE

Date: .....15/6/2022.....

**Creams Foundation****Statement of Financial Activities  
for the Year Ended 31 August 2021**

	Notes	Unrestricted fund £	Restricted fund £	31/8/21 Total funds £	31/8/20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		13,564	104,379	117,943	16,829
<b>EXPENDITURE ON</b>					
Raising funds		461	-	461	1,679
<b>Charitable activities</b>					
Orphans In Need		-	25,200	25,200	-
Forgotten Women		-	-	-	(5,000)
Sharing Wonders		5,200	40,200	45,400	13,000
Ethar Relief		-	-	-	9,708
Kort - Helping orphans prosper through education		-	-	-	39,000
Charity Right for Sudan		-	10,000	10,000	-
Amanah		-	4,000	4,000	-
<b>Total</b>		<u>5,661</u>	<u>79,400</u>	<u>85,061</u>	<u>58,387</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>7,903</u>	<u>24,979</u>	<u>32,882</u>	<u>(41,558)</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		15,000	-	15,000	56,558
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>22,903</u></u>	<u><u>24,979</u></u>	<u><u>47,882</u></u>	<u><u>15,000</u></u>

The notes form part of these financial statements

**Creams Foundation**

**Balance Sheet  
31 August 2021**

	Notes	Unrestricted fund £	Restricted fund £	31/8/21 Total funds £	31/8/20 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		22,903	24,979	47,882	15,000
<b>NET CURRENT ASSETS</b>		<u>22,903</u>	<u>24,979</u>	<u>47,882</u>	<u>15,000</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>22,903</u>	<u>24,979</u>	<u>47,882</u>	<u>15,000</u>
<b>NET ASSETS</b>		<u>22,903</u>	<u>24,979</u>	<u>47,882</u>	<u>15,000</u>
<b>FUNDS</b>					
Unrestricted funds	4			22,903	15,000
Restricted funds				24,979	-
<b>TOTAL FUNDS</b>				<u>47,882</u>	<u>15,000</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....14/06/22..... and were signed on its behalf by:



.....  
O Haque - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31 August 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2021 nor for the year ended 31 August 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 August 2021 nor for the year ended 31 August 2020.

**Creams Foundation**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2021**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund £</b>	<b>Restricted fund £</b>	<b>Total funds £</b>
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	16,829	-	16,829
<b>EXPENDITURE ON</b>			
Raising funds	1,679	-	1,679
<b>Charitable activities</b>			
Forgotten Women	-	(5,000)	(5,000)
Sharing Wonders	-	13,000	13,000
Ethar Relief	-	9,708	9,708
Kort - Helping orphans prosper through education	-	39,000	39,000
<b>Total</b>	<u>1,679</u>	<u>56,708</u>	<u>58,387</u>
<b>NET INCOME/(EXPENDITURE)</b>	<u>15,150</u>	<u>(56,708)</u>	<u>(41,558)</u>
<b>Transfers between funds</b>	<u>(1,212)</u>	<u>1,212</u>	<u>-</u>
<b>Net movement in funds</b>	13,938	(55,496)	(41,558)
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	1,062	55,496	56,558
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>15,000</u></u>	<u><u>-</u></u>	<u><u>15,000</u></u>

**4. MOVEMENT IN FUNDS**

	<b>At 1/9/20 £</b>	<b>Net movement in funds £</b>	<b>At 31/8/21 £</b>
<b>Unrestricted funds</b>			
General fund	15,000	7,903	22,903
<b>Restricted funds</b>			
Zakat	-	24,979	24,979
<b>TOTAL FUNDS</b>	<u><u>15,000</u></u>	<u><u>32,882</u></u>	<u><u>47,882</u></u>

**Cremps Foundation**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2021**

**4. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	13,564	(5,661)	7,903
<b>Restricted funds</b>			
Zakat	104,379	(79,400)	24,979
<b>TOTAL FUNDS</b>	<u>117,943</u>	<u>(85,061)</u>	<u>32,882</u>

**Comparatives for movement in funds**

	<b>At 1/9/19 £</b>	<b>Net movement in funds £</b>	<b>Transfers between funds £</b>	<b>At 31/8/20 £</b>
<b>Unrestricted funds</b>				
General fund	1,062	15,150	(1,212)	15,000
<b>Restricted funds</b>				
Zakat	55,496	(56,708)	1,212	-
<b>TOTAL FUNDS</b>	<u>56,558</u>	<u>(41,558)</u>	<u>-</u>	<u>15,000</u>

Comparative net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	16,829	(1,679)	15,150
<b>Restricted funds</b>			
Zakat	-	(56,708)	(56,708)
<b>TOTAL FUNDS</b>	<u>16,829</u>	<u>(58,387)</u>	<u>(41,558)</u>

**Creams Foundation**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2021**

**4. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/19 £	Net movement in funds £	Transfers between funds £	At 31/8/21 £
<b>Unrestricted funds</b>				
General fund	1,062	23,053	(1,212)	22,903
<b>Restricted funds</b>				
Zakat	55,496	(31,729)	1,212	24,979
<b>TOTAL FUNDS</b>	<u>56,558</u>	<u>(8,676)</u>	<u>-</u>	<u>47,882</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	30,393	(7,340)	23,053
<b>Restricted funds</b>			
Zakat	104,379	(136,108)	(31,729)
<b>TOTAL FUNDS</b>	<u>134,772</u>	<u>(143,448)</u>	<u>(8,676)</u>

**5. RELATED PARTY DISCLOSURES**

During the year, the charity received £75,876 from Creams Franchising Limited and Zoomex Limited. The trustees Mr B Aqil and Mr J Sarwar are directors of both, Creams Franchising Limited and Zoomex Limited.

The company also received donations of £23,000 from Veritas Point Limited, a company of which Mr J Sarwar is a director. Mr J Sarwar donated £3,502 and Mr B Aqil donated £11,000 during the year as well.

Mr O Haque's wife and daughter also donated £1,300 during the year.

**Creams Foundation**

**Detailed Statement of Financial Activities  
for the Year Ended 31 August 2021**

	<b>31/8/21</b>	<b>31/8/20</b>
	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	117,943	16,829
<b>Total incoming resources</b>	<u>117,943</u>	<u>16,829</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Website costs	461	741
Volunteers' overseas travel	-	938
	<u>461</u>	<u>1,679</u>
<b>Charitable activities</b>		
Grants to institutions	84,600	56,708
<b>Total resources expended</b>	<u>85,061</u>	<u>58,387</u>
<b>Net income/(expenditure)</b>	<u><u>32,882</u></u>	<u><u>(41,558)</u></u>

This page does not form part of the statutory financial statements

**IHOPE FOUNDATION**

England & Wales - Charity number 1174299

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# Accounts

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# Charity Commission Annual Return 2020

Charity registration number:

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2020.

## PART A - Charity information

### Financial period

Financial period start date

Financial period end date

### Income and spending

Income £

Spending £

### Fundraising - professional fundraiser

Did your charity raise funds from the public?

**Did the charity work with any professional fundraisers?****Fundraising - commercial participator****Did your charity work with any commercial participators?****Grantmaking****Was grant making the main way your charity carried out its purposes?****Government contracts****During the financial period for this annual return, did the charity receive income from contracts (other than grant agreements) with central government or local authorities?****Government grants****During the financial period for this annual return, did the charity receive income from grants from central government or local authorities?****Income from outside the UK****Did your charity receive income from outside the UK ?****Spending outside England & Wales****Did your charity operate outside England and Wales?****Total Spending outside England & Wales**

## Trading subsidiaries

Did the charity have any subsidiaries?

## Trustee payments

Did any of the trustees receive any remuneration, payments or benefits from the charity other than refunds of legitimate trustee expenses?

Did any of the trustees resign and then take up employment with the charity?

## Employees' salaries

Did any of your charity's staff receive total employee benefits of £60,000 or more? Select No if your charity does not have any staff or does not pay any staff.

For your highest paid member of staff only, what was the total value of their employee benefits?

(For example if your highest paid member of staff received £35,000 enter 35000). If you do not have any staff or did not pay any staff, enter 0 (zero)).

## Volunteers

How many UK volunteers, excluding trustees, did the charity have during the financial period?

## Financial controls

Did your charity review its internal financial controls?

## Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and
- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

- (a) update, consolidate, and improve the accuracy of our records;
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;
- (c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

## Declaration

**This annual return has not been submitted and no Declaration has been made**