

Charity registration number 1174298

Company registration number 03219779 (England and Wales)

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Professor J Barlow	
	C Garcia	
	M Miele	
	R Balbernie	
	S Abse	(Appointed 1 January 2022)
	S Pritchard	(Appointed 28 January 2022)
	R Spencer	(Appointed 28 January 2022)
Charity number	1174298	
Company number	03219779	
Registered office	Chipping Campden Business Hub The Cambrook High Street Chipping Campden Gloucestershire United Kingdom GL55 6AT	

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

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ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Purposes and aims

AiMH UK's purposes are as set out in the objects contained in the company's Articles of Association:

'To advance education and research for the public benefit in the field of infant mental health and the emotional development of health of infants and young children, by: educating healthcare professionals, practitioners, policymakers and the general public, through strategic discussion, workshops, conferences and a website and publishing the useful results of such research'

AiMH UK is an interdisciplinary, not-for-profit organisation that promotes education, research and study of the effects of mental, emotional and social development during infancy.

AiMH UK is an affiliate of the World Association for Infant Mental Health (WAIMH).

The organisation is underpinned by evidence concerning the impact of the early nurturing environment on the infants later capacity for emotional regulation and their rapidly developing brain, and thereby for the future wellbeing of society.

Our values are underpinned by those of professional organisations involved in the delivery of care to families during the perinatal period and are aimed at promoting wellbeing at all times and the avoidance of harm.

AiMH UK seeks to provide evidence-based educational resources, to academic, scientific, clinical and service-led communities. It aims to promote and support research and practice in the field, as well as provide evidence-based publications. The organisation is underpinned by an acknowledgement of the impact of the early nurturing environment on the infant's later capacity for emotional regulation and their rapidly developing neurological system, and thereby on the long-term well-being of the child and wider society.

We aim to provide the means by which practitioners working with parents and their babies across the perinatal period can become accredited infant mental health practitioners.

Our vision is for a society in which there is recognition at all levels (e.g. policy and practice) of the factors that support the socio-emotional development of babies both pre and post birth, and in which all practitioners working with parents during the perinatal period are provided with evidence-based training, and access to continuing professional development that enables them to continue to update their skills.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

The focus of our work

Our focus and core activities of our work are:

- Provide a voice for practitioners at a national level
- Improve IMH practice through accreditation of infant mental health practitioners
- Develop and deliver evidence-based resources to promote knowledge and skills relating to infant mental health
- Offer support to the community of infant mental health practitioners through the development of communities of practice
- To promote and establish new projects and events. These include an Annual AiMH UK National Conference and a range of workshops and IMH Hub events.

AiMH UK increased their size of membership in 2021, rising from 311 to 490 - a growth rate of around 57% thereby supporting more practitioners in the field of infant mental health across the UK.

With the increase in membership, we have been able to support and produce more resources for practitioners in infant mental health including the following:

- Quarterly copies of the IJBPE, which will be available on the website for members to download. An archive of past issues will also be made available in the coming months
- Launch of Best Practice Guide 9 (BPG9) 'Enhancing parental reflective functioning across the perinatal period: What Works?'
- Ten Robin Balbernie Clinical Updates were emailed to our membership
- Regular newsletters were emailed to all members including updates on IMH events and resources across the country
- An infographic and carousel of '25 things every baby would want you to know' were created to celebrate our 25th anniversary and launched at our National Conference
- We developed 2 animated videos for marketing and information purposes on AiMH UK and the IMH CPD System
- Fifteen new documents were created to support practitioners to build their IMH portfolio on the IMH CPD System
- Our national conference in November focused on the use of culturally informed and inclusive practice.
- AiMH UK are part of the 1001 Days Movement steering group and during 2021 this group sent several letters to MPs and policy makers to identify the critical importance of the earliest years of life and concerns that more support and prioritised action is required to support babies and toddlers, particularly as we recover from the pandemic

The charity organised significantly more events than in 2020. Online eventing provided us with the opportunity to run more events easily and at less cost. The calendar for the year included 14 events with over 1000 practitioners attending. All events were accredited with CPD hours and certificates provided to the attendees.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 DECEMBER 2021***

The 2021 National conference was lower on numbers compared with 2020 but the event was an overwhelming success in terms of the feedback and generated wonderful comments such as: 'What a wonderful and deeply moving conference it was. The presentations were stunning in their honesty and impact. It felt like a very warm, inclusive community coming together to think about babies and families'

All attendees were sent a USB with the presentations and resources from AiMH UK as part of AiMH UK celebrating its 25th year.

We continued to develop regional AiMH UK Infant Mental Health Hubs throughout the UK, to enable practitioners to develop learning, engage in networking within their areas and to share news/events/information with each other. Scotland, London & Home Counties, Bristol & South-west regional IMH Hubs have ran successful events throughout the year despite the disruption of COVID-19. The East of England Hub was launched, and hubs in Devon, Cornwall and Warwick/Coventry were hoping to be launched. Hub leads meetings have been held bi-monthly, and the policies and procedures have been created to support the hubs in their work and the delivery of events.

A new Clinical Director was appointed to support the development and creation of new events and to increase the hubs across the UK along with an admin assistant to support the Director of Education and CPD.

AiMH UK continued to improve the IMH CPD System and the IMHRR. As part of piloting the AiMH UK IMH CPD System and IMHRR, 184 practitioners registered on the IMH CPD system with 169 working towards registration and building their IMH portfolios during 2021. AiMH UK have continued to work closely with training providers during 2021 to enable them to achieve the IMHRR Quality Assurance Mark. In recognition of the support the AIM Foundation has given our charity we launched The AIM Foundation CPD Award programme in 2021. Ten practitioners from across the UK were invited to take up the Bursary Award and will all be working towards Level 2 of the AIMH UK Competency Framework and creating their IMH Portfolio to be reviewed and submitted to the Infant Mental Health Recognition Register.

AiMH UK continues to broaden its representation on the Executive Committee both geographically and from across different professions and sectors to ensure that we provide a nationally representative 'voice'.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

Financial review

Summary

In 2021 the Aim Foundation continued to support AiMH UK and awarded the charity £25K. The service contract with Central Northwest London Foundation Trust with income of £23.5K continued to facilitate the 100 members of staff working towards IMHRR registration. The membership income increased, however our income from events was lower than expected. The charity operationally ran at a small loss due to the excessive costs of the website provider and the need to improve and widen our team internally to support the work of AiMH UK.

The Future

The Trustees will continue to work together to increase awareness and education in infant mental health. Our central aim is to promote the mental wellbeing and healthy development of infants, taking into account cultural, regional, and environmental variations, and to generate and disseminate scientific knowledge.

Over the next 12 months we plan to continue to expand our membership, and in particular encourage more 'early years workers' on lower salaries. In order to achieve this, we plan to introduce a new membership pricing structure. AiMH UK will be offering two membership price bands at £35 and £55 to start in May 2022.

In addition to promoting the registration of as many IMH practitioners as possible across the UK, we plan to proactively approach a range of national organisations to encourage them to take up group membership for their practitioners. This will involve us in working with more NHS Trusts (i.e., in addition to London (CNWL) who can commit to financing key members of their specialist teams to gain registration and support them in the mentoring process.

We also plan to further expand our team of individuals working with the CPD/Education Lead, to both mentor practitioners and oversee the registration process (i.e., assessing the IMH portfolios submitted for registration).

We will continue to progress the development of the IMHRR Quality Assurance Process for training providers, in which they map their training against the Competency Framework. We also plan to finalise the National Database of IMH training providers over the course of the next year.

We will continue to progress CPD accreditation against the IMHRR for all AiMH UK learning events and those organised by teaching and learning providers/royal colleges/professional bodies e.g., conferences/seminars/workshops (that have met the IMHRR Quality Assurance Process).

Following on from 2021 our calendar of events will continue to increase with localised networking events, Hub events and National events. This year we are excited to be launching lunchtime 'Skills Box' sessions free to our members. These will take place 3 or 4 times a year, and we will be inviting Infant Mental Health practitioners to share practical skills for enhancing parent infant relationships, which can be immediately transferred to their work with parents and infants.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

Structure, governance and management

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is guided by its governing document, a memorandum and articles of association dated 23 June 2017, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

The company was registered as a charity on 17 August 2017. Now based in the Cotswolds, the current structure consists of:

- Board of trustees - 7 trustees and 2 Honorary Advisors
- The Management team -Comprising of the President, the Clinical Director, The Director of CPD & Education and the Head of Admin and Finance. The management team meet weekly.
- Executive board - Consists of 18 members meeting quarterly to represent the voice of the professional and to coordinate the hub events and communities of practise

AiMH UK employs a full time Head of Admin and Finance, two part time (one day a week) Directors – the Clinical and CPD leads and an admin assistant part time.

Trustees

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Professor J Barlow

S Rance (Resigned 28 January 2022)

C Garcia

R Pardoe (Resigned 28 September 2021)

M Miele

R Balbernie

S Abse (Appointed 1 January 2022)

S Pritchard (Appointed 28 January 2022)

R Spencer (Appointed 28 January 2022)

Professor J Barlow is Chair of the charity.

The trustees' report was approved by the Board of Trustees.



Trustee

Dated:31.10.2022.....

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

I report to the trustees on my examination of the financial statements of Association for Infant Mental Health (U.K.) (the charity) for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stuart Christy FCA

Azets

Almswood House
93 High Street
Evesham
Worcestershire
WR11 4DU

Dated:

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes						
Income from:							
Donations and legacies	2	26,558	48,500	75,058	15,446	42,050	57,496
Charitable activities	3	6,575	-	6,575	18,007	-	18,007
Investments	4	3	-	3	18	-	18
Other income		-	-	-	18	-	18
Total income		33,136	48,500	81,636	33,489	42,050	75,539
Expenditure on:							
Raising funds	5	2,921	200	3,121	3,979	-	3,979
Charitable activities	6	37,274	44,463	81,737	39,933	23,373	63,306
Total expenditure		40,195	44,663	84,858	43,912	23,373	67,285
Net (outgoing)/incoming resources before transfers		(7,059)	3,837	(3,222)	(10,423)	18,677	8,254
Gross transfers between funds		12,620	(12,620)	-	-	-	-
Net income/(expenditure) for the year/ Net movement in funds		5,561	(8,783)	(3,222)	(10,423)	18,677	8,254
Fund balances at 1 January 2021		(11,390)	31,590	20,200	(967)	12,913	11,946
Fund balances at 31 December 2021		(5,829)	22,807	16,978	(11,390)	31,590	20,200

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

BALANCE SHEET

AS AT 31 DECEMBER 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	8		755		1,005
Current assets					
Debtors	9	1,724		1,946	
Cash at bank and in hand		24,800		20,061	
		<u>26,524</u>		<u>22,007</u>	
Creditors: amounts falling due within one year	10	<u>(10,301)</u>		<u>(2,812)</u>	
Net current assets			16,223		19,195
Total assets less current liabilities			<u>16,978</u>		<u>20,200</u>
Income funds					
Restricted funds	11		22,807		31,590
<u>Unrestricted funds</u>					
Designated funds		-		3,925	
General unrestricted funds		<u>(5,829)</u>		<u>(15,315)</u>	
			(5,829)		(11,390)
			<u>16,978</u>		<u>20,200</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 30th September 2022 Board Meeting

Janet Barber

Trustee

Company registration number 03219779

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

Charity information

Association for Infant Mental Health (U.K.) is a private company limited by guarantee incorporated in England and Wales. The registered office is Chipping Campden Business Hub, The Cambrook, High Street, Chipping Campden, Gloucestershire, GL55 6AT, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Charitable funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.3 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

(Continued)

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021 £	2021 £	2021 £	2020 £	2020 £	2020 £
Donations and gifts	400	-	400	450	50	500
Grants	-	48,500	48,500	-	42,000	42,000
Memberships	26,158	-	26,158	14,996	-	14,996
	<u>26,558</u>	<u>48,500</u>	<u>75,058</u>	<u>15,446</u>	<u>42,050</u>	<u>57,496</u>

3 Charitable activities

	Income from charitable activities 2021 £	Income from charitable activities 2020 £
Conference fees	<u>6,575</u>	<u>18,007</u>

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

4 Investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Deposit account interest	3	18

5 Raising funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2021	2021	2021	2020
	£	£	£	£
Fundraising and publicity				
Seeking donations, grants and legacies	1,252	200	1,452	144
Other fundraising costs	1,669	-	1,669	3,835
	<u>2,921</u>	<u>200</u>	<u>3,121</u>	<u>3,979</u>
Fundraising and publicity	<u>2,921</u>	<u>200</u>	<u>3,121</u>	<u>3,979</u>

6 Charitable activities

	Charitable expenditure	Charitable expenditure
	2021	2020
	£	£
Depreciation and impairment	251	175
Other charitable expenditure	53,810	63,131
Wages and salaries	27,580	-
Staff pension costs	96	-
	<u>81,737</u>	<u>63,306</u>
	<u>81,737</u>	<u>63,306</u>
Analysis by fund		
Unrestricted funds	37,274	39,933
Restricted funds	44,463	23,373
	<u>81,737</u>	<u>63,306</u>

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2021	3,812
At 31 December 2021	3,812
Depreciation and impairment	
At 1 January 2021	2,806
Depreciation charged in the year	251
At 31 December 2021	3,057
Carrying amount	
At 31 December 2021	755
At 31 December 2020	1,005

9 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Trade debtors	1,032	1,474
Other debtors	500	240
Prepayments and accrued income	192	232
	1,724	1,946

10 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	6,218	-
Trade creditors	2,511	1,310
Accruals and deferred income	1,572	1,502
	10,301	2,812

ASSOCIATION FOR INFANT MENTAL HEALTH (U.K.)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

11 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 January 2020	Incoming resources	Resources expended	Balance at 1 January 2021	Incoming resources	Resources expended	Balance at 31 December 2021
	£	£	£	£	£	£	£
AIM Foundation	12,863	20,000	(20,486)	12,377	12,380	(24,757)	-
AIMHigh Award	50	50	-	100	-	-	100
CNWL Partnership Project	-	22,000	(2,887)	19,113	23,500	(19,876)	22,737
	<u>12,913</u>	<u>42,050</u>	<u>(23,373)</u>	<u>31,590</u>	<u>35,880</u>	<u>(44,633)</u>	<u>22,807</u>

12 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 December 2021 are represented by:						
Tangible assets	-	755	755	65	940	1,005
Current assets/ (liabilities)	(5,829)	22,052	16,223	(11,455)	30,650	19,195
	<u>(5,829)</u>	<u>22,807</u>	<u>16,978</u>	<u>(11,390)</u>	<u>31,590</u>	<u>20,200</u>

13 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	Purchase of services in the year:	
	2021 £	2020 £
Business owned by close family member of trustee	8,725	16,774
	<u>8,725</u>	<u>16,774</u>