



ANNUAL REPORT 2022

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30th March 2022**

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2022. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

I. Administrative details

Charity Name: MEDyARTE

Registration number: 1174295

Registration Date: 17/8/2017

Address of the principal office of the charity

Nower Hayes

The Drive

Tyrrells Wood

Leatherhead

KT22 8QW

The names of the trustees

Malgorzata Trubshaw - Chairman

Cecilia Harrington - Treasurer

Tomasz Mazur

Charity does not have any corporate trustees

Charity does not have ownership of any property

II. Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

1) A library in Marang, Borneo

This is an ongoing project on Borneo in Indonesia which started in 2018.

Following a reconnaissance visit to Borneo at the end of 2017, we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we have created a children's library on the banks of the Ruanga river in Central Kalimantan, which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme, on an ongoing basis, helps to shield children from the (often harmful) temptations of the everyday world and gives them unrivalled opportunities.

Over the period of the last year, despite significant challenges created by the coronavirus pandemic, the library continued to provide support to the local community and gradually returned to its normal function with health protocols in place as per requirement by the Indonesian government. One of the teachers unfortunately had to leave the library for family reasons, however

we were lucky to be able to replace her with another very competent teacher who works alongside the music and dance teacher. The library boasts many achievements this year including improved reading, writing and comprehension across all grades. The children have become more confident, developed greater communication skills and learned more about book care. The teachers, with great enthusiasm, have taken on a task of environmental education including recycling waste materials, learning about flora and fauna and preservation of the environment. Additionally, topics of healthy life style and girls' reproductive health have been tackled. The music and dance teacher had great success in arousing cultural identity in children and sparked a lot of interest in learning traditional dance and music making on traditional instruments. Finally, the library started a new working relationship with the local children's protection agency to look into and develop protocols concerning children's rights and make sure that the child protection in the community is at the forefront of all activities.

The outbreak of the pandemic has yet again put a stop to the Trustees' monitoring visit to Indonesia, which was planned for the beginning of June 2021. This visit has now been postponed to 2023. Regardless, the Charity is in constant communication with its partner NGO in Indonesia and gets regular updates on the progress of the project.

2) Dance and music project at the Marang Library

During the visit to Marang Library in summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In the Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge before it is too late as well as promoting culture and tradition, which could be irreversibly lost.

MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating a dance and music teacher and set up a programme for teaching these skills to the children of all ages. The teacher travels with the floating library to all the surrounding villages as well as providing regular music and dance sessions on the premises of the library in Marang. This programme has been extremely successful in rekindling the

interest of the younger generation in Indonesian music and dance. The intervention has been so effective that a group of most accomplished children is now being frequently invited to other surrounding villages for various celebrations and official performances.

3) Water filters, Borneo

In 2018, MEDARTE Charity provided Katimpun, a village of 400 people, with water filters. This intervention was undertaken after the realisation that there was a high disease burden in the population as a result of lack of sanitation in the village and use of river water for drinking, often without sterilisation. As a result, there has been a 50% reduction in the frequency of diarrhoeal illness in the area according to the data collected by the local healthcare worker. This initiative was accompanied by educational events focussing not only on how to operate filters but also on more general health and well-being issues such as hand and food hygiene and methods of disease transmission.

As well as the clear health benefits of the water filters, their introduction brought financial and environmental benefits: villagers no longer needed to buy bottled water thereby reducing yearly household expenditure by at least 120\$ and the volume of single use plastic. Also, there was no need to boil the water, which added additional cost savings.

Following the great success of this programme, MEDyARTE Charity decided to purchase 200 water filters for a second village, Marang, as well as 120 replacement filtration candles for the water filters in Katimpun village. The reports from both villages are very encouraging. Inhabitants of both villages use the filters on a daily basis, which makes a great impact on their health and financial situation.

4) Traditional shepherd's instruments, Poland

Over the previous three years, MEDyARTE Charity funded a variety of traditional musical instruments for a mountaineer's music school in Poland and facilitated classes for children to learn to play these instruments, which are currently ongoing. These instruments are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind this project is to revive these forgotten skills amongst the

next generations. Instruments were commissioned from the local artisans.

The music school, for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progress afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

Since starting the specialist traditional instrument tuition, the shepherd's instruments have become very popular in the school and participants have shown a high level of commitment and enthusiasm for their studies. The head of the school has created a book of exercises and music written specifically for shepherd's instruments which was published and is currently used as an official aid to teaching. Throughout the year students have participated in some local and national competitions. The school was able to go back to regular activity following the pandemic. The purchase of the shepherds' instruments by MEDyARTE had a positive impact on students' understanding and perception of music and the appreciation of their heritage. The students learning to play these instruments became outstanding at interpreting traditional music with its specific style and techniques. There has been a great interest amongst other students to have the opportunity to learn these instruments as well.

5) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal, MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and the purchase of medication and clinic equipment to allow the operation of a medical clinic in Nar village. All the provisions were successfully delivered and the clinic opened its doors to patients at the beginning of November 2019.

The village of Nar lies at an altitude of 4110m in the north western part of Nepal and has a population of 550 people. In the

vicinity there is also a village called Phu, with 350 inhabitants, along with the smaller settlements of Metha, Zunam, Chague and Kang. The people there have no access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies, including food and household goods, on their backs. Chame is also the closest place with a state-run medical centre.

The MEDyARTE clinic building lies on the premises of the Nar Monastery, which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery is in charge of the entire project. He is supported by a Health Assistant, who originally comes from the local village of Nar and has just graduated from the University in Kathmandu as a Public Health Specialist. The local government supports the operation of the project. This combination of skills and governing circumstances will hopefully ensure the long-term success of the clinic.

Since the opening of the clinic there has been significant reduction in morbidity and mortality amongst the local population. We have been lucky to be able to obtain the services of a Health Assistant, who is keen to continue working in the clinic for a third year running. This offers continuity of care and allows the development of invaluable trust between the medical practitioner and the local population.

6) “Ancestral Chest Project”, Kyrgyzstan

In 2022, the MEDyARTE Charity has successfully started a cooperation with the Issyk-Kul Regional State Historical and Cultural Museum in Cholpon Ata. The project so far involved purchasing glass showcases and stands for the museum with a view of displaying the museum collection, preservation and protection of cultural heritage and attracting visitors. The aim of the project was an improvement of knowledge of Kyrgyz culture nationally and internationally and a facilitation of self-identification of the population as bearers of a great ancient nomadic civilisation heritage, which will help to revive the lost spiritual values and will give an opportunity for the population to be proud of its past.

Until recently, the museum was in possession of a significant number of items of great historical value, which were unprotected

and could not be displayed as a result of lack of facilities. The new display cabinets have significantly improved this situation. This will be further enhanced by a new building, funded by the State, which is planned in the next 2 years.

The Foundation made a site visit to the museum in August 2022 to assess, at first hand, progress of the programme. Trustees were impressed to see a great commitment on behalf of the museum director to promote the new art installation, as well as her involvement in actively spreading knowledge and love of Kyrgyz culture throughout the country. During the visit, the Founder and one of the Associated Members met and interviewed local artisans such as craftsmen working with felt, horse hair and other traditional media. They also participated in masterclasses to learn and understand Kyrgyz culture and tradition, both from the perspective of objects used in daily life as well as in a wider sense of the word.

Planned activities

1) Medical Clinic, Nepal

In 2022/23, MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication.

During the visit to the clinic three years ago, it was noted that a significant percentage of patients had been suffering with incapacitating symptoms of gastritis. After three years of planning, in October 2022, one of the Associated Members alongside the Founder of MEDARTE Charity are going visit the Nar-Phu Valley and lead a project involving population testing for this condition and offering eradication therapy. This effort will hopefully change significantly the disease burden in the locality and will help to formulate a long term plan for management strategy. It is the first of several medical projects planned for the clinic.

7) Traditional shepherd's instruments in Poland

We will continue supporting the programme of revival of traditional shepherd's instruments in the Polish mountains. In autumn 2023, Charity representatives plan to undertake an on-site assessment of the progress made so far and evaluate the engagement of the children and staff involved in this project. To date, the charity has sponsored several types of shepherd's instruments. Further discussions with the Head of the Cultural Centre, as well as the Head of Music, will indicate future direction of the Charity's support.

8) Marang Library and dance and music programme

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO, MEDyARTE Charity would like to provide ongoing support to both programmes.

In 2023, we are hoping to find new premises for the Marang library in view of the fact that the current building has been flooded on a yearly basis.

Inhabitants of another community on Borneo have been so impressed by achievements of the library project that recently they have enquired into a possibility of opening a library facility there as well. MEDyARTE Charity will consider supporting this option once an appropriate building has been found for this purpose.

From the perspective of the Dance and Music programme, in the coming year we hope to provide traditional outfits for a group of children, who are now frequently travelling to perform in other villages, to augment the impact and underline recognition of the importance of local culture.

We hope to be able to make a site visit in 2023/4 to reassess the situation at first hand.

9) Mantawai Islands art project, Indonesia

Trustees are planning to visit Mantawai Islands in Indonesia to assess the possibility of starting a new art programme in association with IEF (Indigenous Educational Foundation). There are several potential avenues of cooperation including funding the construction of a cultural learning hub or financially supporting teachers' salaries or educational materials. Alternative projects include the purchase of traditional instruments and supporting educational programmes which focus on instrument making and cultural souvenir making. Due to the Coronavirus Pandemic, this visit, which was originally planned for 2019, has been postponed to spring 2023.

10) "Ancestral Chest Project", Kyrgyzstan

Following the recent visit to Kirgystan, the Charity Trustees are in the process of analysing data from this experience in order to decide if a new long term project involving the artisans could be created in this area.

11) Traditional musical instruments teaching for children, Bolivia

Over the last two years, MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and started planning a project together, which would involve introducing children in the rural areas to the traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world, in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians, who currently run an orchestra for adults in the capital but are keen to engage in teaching children in other parts of the country. They have already had significant experience in this area and have been very successful.

The plan is to provide workshops for 10-20 participants each, on a twice weekly basis, which would take place in educational or social facilities in various areas. The workshops would teach 3 different instruments: Sikus (panpipes), Tarkas (flutes) and Pinkillos (flutes). The instruments would be supplied to all the participants from a charitable fund provided by MEDyARTE. They would be commissioned from artisans from the Indigenous Community of Jach'a Walata, known for its tradition in the construction of music instruments. The Charity would also cover the cost of the tuition in the workshops.

Children would be encouraged to participate in local festivals and celebrations to promote the native music and culture. Individuals, who prove to be particularly capable, would then be offered an opportunity to participate in the Youth Orchestra events in La Paz.

This project has been significantly hindered by the coronavirus pandemic and related restrictions. Nevertheless, the Founder was finally able to visit the location and establish good relationships with the leaders of the *Orquesta Experimental de Instrumentos Nativos* in June 2022. We are very much hopeful that the project will finally take off the ground in 2023. We are currently waiting for our partner to obtain an official group registration for the Orchestra and open a group bank account, which would allow us to start the project.

III. Achievements and performance

MEDyARTE is proud of the progress of all its projects, which has been smooth, and is pleased that activity in various parts of the world is gradually returning to normal following disruption caused by the coronavirus pandemic. The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports with all Partners. As the travel restrictions have been lifted, the Charity Trustees were able to undertake a monitoring visit to Kyrgyzstan and a reconnaissance visit to Bolivia. The visit to the clinic in Nepal which will involve extended management strategies is planned for October 2023 and the monitoring visit to Borneo in June 2023. Additionally, data has been gathered remotely to look at the effectiveness of all the interventions. There have been significant benefits to the local populations which support and fully engage with the projects. There has been effective cooperation with the organisations which are responsible for the running of all projects.

During the last year, the trustees met remotely on a regular basis to review the progress of all charity projects, the charity's financial situation, to consider any arising problems and look into future plans. The forthcoming Charity meeting in October is going to be face to face.

IV. Financial review

At the beginning of this year the Charity had £58,802.86 in reserve. Total expenses equalled £20,188.44. Total income from donations including HMRC Gift Aid repayments equalled £25,016.17. At the end of the financial year 2021/22 the Charity has in reserve £63,488.78.

The Charity Trustees are very pleased with the increase in the reserve funds which can be used for a variety of ongoing and newly planned projects.

V. Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution.

The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for an initial period of four years; and

Newly appointed trustee

- Cecilia Harrington for a period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

VI. Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

VII. Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

VIII. Declaration

The trustees declare that they have approved the trustees' report above.

Charity Name MEDYARTE	
Receipts and pay	
For the period from	Period start date 04/01/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £
A1 Receipts		
HMRC	5,016	-
Malgorzata Trubshaw	20,000	-
		-
		-
	-	-
	-	-
last year funds	-	-
AR)	25,016	-
A2 Asset and investment sales, (see table).		
	-	-
	-	-
Sub total	-	-
Total receipts	25,016	-
A3 Payments		
Nepal Clinic Nar Satek	5,055.00	-
Jutrzenka	2,240.00	-
PO Box	283.50	-
Ransel Buku	2,570.00	-
1@1internet	174.06	-
Stanislaw Piwowarczyk instruments	673.82	-
Kyrgyzstan museum	4,360.01	-
PTSocial Impact water filters	4,832.05	-
	-	-
Sub total	20,188.44	-
A4 Asset and investment purchases, (see table)		
	-	-
	-	-
Sub total	-	-

Total payments	20,188.44	-
Net of receipts/(payments)	4,827.73	-
A5 Transfers between funds	-	-
A6 Cash funds last year end	58,802.86	-
Cash funds this year end	63,630.59	-

Section B Statement of assets and liabilities a

Categories	Details
B1 Cash funds	
	Total cash funds (agree balances with receipts and payments account(s))
B2 Other monetary assets	Details
B3 Investment assets	Details
B4 Assets retained for the charity's own use	Details

B5 Liabilities

Details

Signed by one or two trustees on
behalf of all the trustees

Signature

	1174295	CC16a
ments accounts		
To	Period end date 03/31/2022	

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Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
-	5,016	5,005
-	20,000	230
-	-	20,000
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	25,016	25,235

-	-	
-	-	-
-	-	-
-	25,016	25,235

-	5,055	157
-	2,240	6,666
-	283	284
-	2,570	2,810
-	174	-
-	674	-
-	4,360	-
-	4,832	-
-	-	-
-	20,188	9,917

-	-	
-	-	
-	-	-

-	20,188	9,917
-	4,828	15,318
-	-	-
-	58,803	43,485
-	63,630.59	58,802.86

at the end of the period

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-
-	-	-
-	-	-
63,631	-	-
OK	OK	OK

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-

	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-

Fund to which liability relates	Amount due (optional)	When due (optional)
	-	
	-	
	-	
	-	
	-	

Print Name	Date of approval

Independent examiner's report to the trustees of MEDyARTE

I report to the trustees on my examination of the accounts of the MEDyARTE Trust ("the Trust") for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Iain Row

Relevant professional qualification or membership of professional bodies (if any):

Fellow of the Institute of Chartered Accountants in England and Wales

Membership Number: 9145734

Address: 15 Silverthorne Lofts
400 Albany Road
London
SE5 0DJ

Date: 14th October 2022