



ANNUAL REPORT 2021

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Report of the trustees for the year ended 30th March 2021

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2021. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

I. Administrative details

Charity Name: MEDyARTE

Registration number: 1174295

Registration Date: 17/8/2017

Address of the principal office of the charity

Nower Hayes

The Drive,

Tyrrells Wood

Leatherhead

KT22 8QW

The names of the trustees

Malgorzata Trubshaw – Chairmen

Elizabeth Gunning- Treasurer

Tomasz Mazur

Charity does not have any corporate trustees

Charity does not have ownership of any property

II. Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

1) A library in Marang, Borneo

This is the first of our ongoing projects on Borneo in Indonesia.

Following a recognisance visit to Borneo at the end of 2017 we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we have created a children's library on the banks of the Ruanga river in Central Kalimantan which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme will hopefully, on a long term basis, help shield children from the (often harmful) temptations of the everyday world and give them unrivalled opportunities.

Over the period of the last year despite significant challenges created by the coronavirus pandemic the library continued to provide support to the local community. As per Indonesian government guidelines the facility had to close for a few months but reopened as soon as it was feasible. For nearly the entire year the state provided teaching in Indonesia was delivered online. However, many families in rural areas did not have access to computers, knowledge of how to operate them or had an internet supply to participate in the online lessons or complete set

homework. The teacher funded by MEDyARTE Charity was able to optimize this situation. He offered internet on site of the library to anyone with their own device, taught children how to operate computers and how to use teaching platforms, facilitated access to a computer available on the premises which allowed children to achieve majority of their objectives during this year. For many it meant a difference between continuing with their education and losing a complete year in their studies. We are incredibly proud of an immense impact the library facility had on the education of the children in the area and of the exemplary commitment and hard work of the teachers.

Outbreak of the pandemic has yet again put a stop to the Trustees' monitoring visit to Indonesia which was planned for the beginning of June 2021. This visit has been now postponed to 2022/23. Regardless, the Charity is in constant communication with its partner NGO in Indonesia and gets regular updates on the progress of the project.

2) Dance and music project at the Marang Library

During the visit to Marang Library in Summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge before it is too late as well as promoting culture and tradition which could be irreversibly lost.

MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating a dance and music teacher and set up a programme for teaching these skills to the children of all ages. The teaching started immediately prior to the outbreak of COVID pandemic and thereafter unfortunately had to be temporarily suspended for several months. In the more recent period however it has been successfully restarted and the teacher continues to travel with the floating library to all the surrounding villages as well as provides regular music and dance sessions on the premises of the library in Marang. In consequence of the government regulations requiring any gatherings to be limited to

only a few individuals a demand on the main teacher employed in the library was too great and the dance and music teacher was able provides additional general teaching support. This help was most welcome.

3) Traditional shepherd's instruments, Poland

The third project this year involved funding of a third batch of traditional shepherds' music instruments such as double bases and horns for a mountaineer's music school in Poland. These are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind this project is to revive these forgotten skills amongst the next generations. Instruments were once again commissioned from the local artisans as in the previous year.

The music school for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progresses afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

Since starting the specialist traditional instrument tuition, the shepherd's instruments have become very popular in the school and participants have shown a high level of commitment and enthusiasm for their studies. The head of the school has created a book of exercises and music written specifically for shepherd's instruments which was published and is currently used as an official aid to teaching. Throughout the year students have participated in some online local and national competitions. The school has remained opened throughout the majority of the pandemic although had to readjust its protocols reducing class sizes and introducing social distancing as well as practicing outdoors.

The purchase of the shepherds' instruments by MEDyARTE had a positive impact on students' understanding and perception of

music and the appreciation of their heritage. The students learning to play these instruments became outstanding at interpreting traditional music with its specific style and techniques. There has been a great interest amongst other students to have the opportunity to learn these instruments as well.

Charity trustees managed to visit the school in September 2020. Following a very positive assessment and discussion with both the Director of the Cultural Centre “Jutrzenka” as well as the Head of Music in the school the trustees agreed to support funding of the third batch of instruments for the School. The instruments have been now manufactured and made available to the students. New classes offering teaching playing on these instruments will start in September 2021. The Charity plans another visit to Zakopane in October 2021.

4) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and purchase of medication and clinic equipment to allow operation of a medical clinic in Nar village. All the provisions were successfully delivered and the clinic opened its doors to patients at the beginning of November 2019.

The village of Nar lies at an altitude of 4110m in the north western part of Nepal and has a population of 550 people. In the vicinity there is also a village called Phu with 350 inhabitants along with smaller settlements of Metha, Zunam, Chague and Kang. The people there have no access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies including food and household goods on their backs. Chame is also the closest place with a state-run medical centre.

The MEDyARTE clinic building lies on the premises of the Nar Monastery which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery is in charge of the entire project. He is supported by a Health Assistant who originally comes from the local village of Nar and is currently studying in Kathmandu to become a Public Health

Specialist. The local government supports the operation of the project. This combination of skills and governing circumstances hopefully will ensure the long-term success of the clinic.

The first two years of the operation of the Medical Clinic have been incredibly successful. There has been significant reduction in morbidity and mortality amongst the local population. The challenges included logistics of transportation of the medication to the clinic, different health beliefs of the population and alternative management strategies in Nepal in comparison to European standards. Nevertheless, with the help of the Health Assistant and ongoing education all these issues gradually are being resolved allowing for seamless operation of the Clinic.

During the last year MEDyARTE Charity in addition to funding an employment of a Health Assistant and medication for the clinic use, invested in a laptop for use in the Clinic to help in record keeping and data collection.

Planned activities

1) Medical Clinic, Nepal

In 2021/22 MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication. Recently purchased laptop hopefully will allow to establish patients' register and implement more effective management of long-term conditions as well as will help to put more stress on prevention. This is one of the new aims for the Clinic for this year. Previous research based on the cases presenting at the clinic suggested that areas which need to be addressed in the future include dental care, diagnostic testing and treatment of gastritis as well as ophthalmological care. Although in the first instance the Charity was planning to purchase gastritis testing kit and carry out testing across the population to establish prevalence of infection with *Helicobacter Pylori* and provide appropriate eradication therapy for the whole area this aim become unrealistic in the face of the coronavirus pandemic restrictions. Hopefully such testing alongside Dental and Ophthalmological camps will become more realistic over the following years.

5) Traditional shepherd's instruments in Poland

We will continue supporting the programme of revival of traditional shepherd's instruments in the Polish mountains. In

autumn 2021 Charity representatives plan to undertake an on-site assessment of the progress made so far and evaluate the engagement of the children and staff involved in this project. To date, the charity has sponsored several types of shepherd instruments. Further discussions with the Head of the Cultural Centre as well as the Head of Music will indicate future direction of the Charity's support.

6) Marang Library and dance and music programme

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO, MEDyARTE Charity would like to provide ongoing support to both programmes. We hope to be able to make a site visit in 2022/3 to reassess the situation at first hand.

7) Mantawai Islands art project, Indonesia

Trustees are planning to visit Mantawai Islands in Indonesia to assess the possibility of starting a new art programme in association with IEF (Indigenous Educational Foundation). There are several potential avenues of cooperation including funding the construction of a cultural learning hub or financially supporting teachers' salary or educational materials. Alternative projects include the purchase of traditional instruments and supporting educational programme which focus on instrument making and cultural souvenir making. Due to Coronavirus Pandemic this visit has been postponed to 2022/3.

8) "Ancestral Chest Project", Kyrgyzstan

Trustees are in the final stages of preparation of the project in Baktuu Dolonoty, Kyrgyzstan. The project involves purchasing glass showcases and stands for the Issyk-Kul Regional State Historical and Cultural Museum with a view of displaying the museum collection, preservation and protection of cultural heritage, and attracting visitors. The aim of the project is an improvement of knowledge of Kyrgyz culture nationally and internationally and a facilitation of self-identification of the population as bearers of a great ancient nomadic civilisation heritage which will help to revive the lost spiritual values and will give an opportunity for the population to be proud of its past.

Currently the museum is in possession of significant number of items of great historical value which are unprotected and cannot be displayed as a result of lack of facilities.

The Foundation plans within the next few months to provide funding for show cases and aims to make a site visit in August 2022 to assess at first hand progress of the programme. At the time of their visit Trustees additionally hope to meet and interview local artisans such as craftsmen making music instruments, working with felt, leather, jewellery, wood or other traditional media either on site in the museum or in their workshops to learn and understand Kyrgyz culture and tradition both from the perspective of objects used in daily life as well as in a wider sense of the word. They also hope to participate in workshops, cultural celebrations, musical activities to allow the Foundation to prepare appropriate documentation to promote the culture internationally and seek out further potential deserving project ideas in the area.

9) Traditional musical instruments teaching for children, Bolivia

Over the last year MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and started planning a project together which will involve introducing children in the rural areas to the traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world also in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians who currently run an orchestra for adults in the capital but are keen to engage in teaching children in other parts of the country. They have already had significant experience in this area and have been very successful.

The plan is to provide workshops for 10-20 participants each, on twice weekly basis, which would take place in educational or social facilities in various areas. The workshops would teach 3 different instruments Sikus (Panpipes), Tarkas (flutes) and pinkillos (Flutes). The instruments would be supplied to all the participants from a charitable fund provided by MEDyARTE, they would be commissioned from artisans from the Indigenous Community of Jach'a Walata known for its tradition in the construction of music instruments. The Charity would also cover the cost of the tuition in the workshops.

Children would be encouraged to participate in local festivals and celebrations to promote the native music and culture. Individuals who prove to be particularly capable would be then offered an opportunity to participate in the Youth Orchestra events in La Paz.

This project has been significantly hindered by coronavirus pandemic and related restrictions. The Trustees were so far unable to visit the location and establish strong relationships with the leaders of the *Orquesta Experimental de Instrumentos Nativos*. Equally group events and teaching has been prohibited in Bolivia over the last year. MEDyARTE Charity is planning a site visit in spring 2022 and hopes that the programme can start at around the same time

III. Achievements and performance

MEDyARTE has been pleased with the progress of all its projects despite very difficult situation caused by the coronavirus pandemic. All projects are now well established and run very smoothly. The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports. Due to travel restrictions trustees were unable to make planned monitoring visits to Nepal or Indonesia to assess progress at first hand however succeeded in visiting Culture Centre in Poland. Data has been gathered remotely to look at the effectiveness of the interventions. There have been significant benefits to the local populations which support and fully engage with the projects. There has been effective cooperation with the organisations which are responsible for the running of all projects.

During the last year the trustees met remotely on a regular basis to review the progress of all charity projects, to review the charity's financial situation, to consider any arising problems and look into future plans.

IV. Financial review

At the beginning of this year Charity had £43,484.27 in reserve. Total expenses equalled £9,916.68. Total income from donations including HMRC Gift Aid repayments equalled £25,235.27. At the end of the financial year 2019/20 the Charity has in reserve £58,802.86.

Charity Trustees are very pleased with the increase in the reserve funds which can be used for variety of planned projects which unfortunately could not be started this year due to the Coronavirus Pandemic. Providing that the international travel restarts Charity is planning an increased activity during the next financial year to make up for the lost opportunities this year.

V. Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution.

The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for an initial period of four years; and
- Elizabeth Gunning for an initial period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

VI. Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

VII. Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

VIII. Declaration

The trustees declare that they have approved the trustees' report above.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
MEDYARTE

1174295

Receipts and payments accounts

For the period from	Period start date 4/1/2020	To	Period end date 3/31/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
HMRC	5,005	-	-	5,005
Virgin money- website	230	-	-	230
Malgorzata Trubshaw	20,000	-	-	20,000
		-	-	-
		-	-	-
	-	-	-	-
	-	-	-	-
last year funds	-	-	-	-
Sub total (Gross income for AR)	25,235	-	-	25,235
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	25,235	-	-	25,235
A3 Payments				
1&1 internet	157	-	-	157
Nar Satek Thrang	6,666	-	-	6,666
PO Box	284	-	-	284
Ransel Buku	2,810	-	-	2,810
		-	-	-
		-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	9,917	-	-	9,917
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	9,917	-	-	9,917
Net of receipts/(payments)	15,318	-	-	15,318
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	43,484	-	-	43,484
Cash funds this year end	58,802	-	-	58,802

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	58,802	-
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets			-
			-
			-
			-
			-
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	

CC16a

Last year
to the nearest £

-
-
-
-
-
-
-
-
43,484
43,484

-
-

43,484

-
-
-
-
-
-
-
-
-
-

-

-

43,484
-
-
43,484



**Endowment
funds**

to nearest £

-
-
-
-

OK

**Endowment
funds**

to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

**Date of
approval**

Independent examiner's report to the trustees of MEDyARTE

I report to the trustees on my examination of the accounts of the MEDyARTE Trust (the Trust) for the year ended 30 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Iain Row

Relevant professional qualification or membership of professional bodies (if any):

Fellow of the Institute of Chartered Accountants in England and Wales
Membership Number: 9145734

Address: 15 Silverthorne Lofts
400 Albany Road
London
SE5 0DJ

Date: 24th September 2021