

MEDYARTE

England & Wales · Charity number 1174295

Details

Status Registered

Legal form CIO

Registered 2017-08-17

Register [View on the Charity Commission register](#)

Contact

Address Medyarte
PO Box 443
Leatherhead
KT22 2JJ

Phone 07711887664

Email gosiatribshaw@medyarte.org

Website www.medyarte.org

Activities

Objects: (A) THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE ANYWHERE IN THE WORLD;(B) THE PROMOTION OF ARTS, CRAFTS AND CULTURE ANYWHERE IN THE WORLD (SPECIFICALLY BUT NOT EXCLUSIVELY IN LATIN AMERICA AND INDONESIA);(C) THE RELIEF OF THOSE IN NEED BECAUSE OF YOUTH, LACK OF EDUCATION, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE BY PROVIDING FINANCIAL AND OTHER SUPPORT; AND(D) THE PROMOTION OF SUCH OTHER PURPOSES BEING EXCLUSIVELY CHARITABLE ACCORDING TO THE LAW OF ENGLAND AND WALES AS THE CHARITY TRUSTEES MAY FROM TIME TO TIME DETERMINE.

Activities: MEDyARTE is a Charitable Foundation operating across the entire world. It was set up with the view of providing an opportunity to lead a life with dignity to those who need financial support to achieve such a goal. True to the concepts of medicine and art contained in its name, it undertakes health projects and promoting development of artistic potential in individuals and whole communities.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Bolivia
- Colombia
- Ecuador
- El Salvador
- Guatemala
- Indonesia
- Nepal
- Peru
- Poland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£33,110	£34,566	-	-
2024-03-31	£20,500	£26,135	-	-
2023-03-31	£25,377	£19,703	-	-
2022-03-31	£25,016	£20,188	-	-
2021-03-31	£25,235	£9,917	-	-

Trustees

Name	Role	Appointed
Dr MALGORZATA EWA TRUBSHAW	Chair	2018-01-11
Anna Cecilia Harrington		2021-10-12
TOMASZ STANISLAW MAZUR		2017-08-17

MEDYARTE

England & Wales - Charity number 1174295

Accounts



ANNUAL REPORT 2025

CONTENT

I. Administrative details.....	3
Address of the principal office of the charity	3
The names of the trustees.....	3
II. Objectives and activities.....	4
Objectives.....	4
Activities.....	4
1) A library in Marang, Borneo	4
2) Dance and music project at the Marang Library	5
3) Water filters, Borneo	6
4) Traditional shepherd's instruments, Poland.....	6
5) Medical Clinic, Nepal	7
6) "Pad" Project Nepal.....	8
7) "Ancestral Chest Project" and "Coast of Craftsmen" projects, Kyrgyzstan	8
8) Traditional musical instruments teaching for children, Bolivia	9
9) Cervical Screening Project, Tanzania	10
Planned activities	11
1) Medical Clinic, Nepal	11
2) "Pad" project, Nepal	11
3) Traditional shepherd's instruments, Poland.....	11
4) Marang Library and dance and music programme, Borneo	11
5) Cultural Heritage Preservation in Chatkal Region project, Kyrgyzstan 11	
6) Traditional musical instruments teaching for children, Bolivia	11
III. Achievements and performance.....	12
IV. Financial review	12
V. Structure, governance and management	13
VI. Disclosure section.....	13
VII. Funds as a custodian trustee on behalf of others	13
VIII. Declaration	13

Report of the trustees for the year ended 30th March 2025

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2025. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

I. Administrative details

Charity Name: MEDyARTE
Registration number: 1174295
Registration Date: 17/8/2017

Address of the principal office of the charity

Nower Hayes
The Drive
Tyrrells Wood
Leatherhead
KT22 8QW

The names of the trustees

Malgorzata Trubshaw – Chairman
Cecilia Harrington - Treasurer
Tomasz Mazur

The charity does not have any corporate trustees.

The charity does not have ownership of any property.

II. Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

1) A library in Marang, Borneo

This is an ongoing project on Borneo in Indonesia, which started in 2018.

Following a reconnaissance visit to Borneo at the end of 2017, we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we created a children's library on the banks of the Ruanga river in Central Kalimantan, which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme has now been expanded to three locations, it helps to shield children from (often harmful) temptations of the everyday world and gives them unrivalled opportunities.

Over the period of the last year a range of services provided by the libraries continued to included:

- **Reading and Learning Activities** such as storytelling, guided reading, homework support, small-group learning for children of different age groups.
- **Creative Programs** including dance classes in Katimpun and Marang, art activities and play based early childhood engagement.
- **Health Programs** with sessions on hygiene, nutrition, and basic health awareness,
- **Environmental Programs** such as eco-printing, environmental awareness workshops, and nature-based learning to foster care and respect for the local environment.
- **Community Engagement** through meetings with parents and village leaders to encourage active participation and highlight the importance of education.

The libraries have experienced some challenges over the last year which needed to be addressed. The government introduced extended school time for the older children which meant that the children were too tired to attend the library in the afternoons. This led to a decline in library attendance in the latter part of the year. Additionally, one of the teachers employed in the libraries suffered with health problems and another had a change in personal circumstances resulting in leaving the area which added to the difficulties. Finally, a noticeable shift has occurred among children, with many spending more time on phones and digital devices due to increased access. Such change created a new competition for their attention, reducing interest in attending library and community activities. A thorough review of the underlying problems was carried out and after consultation with the local community various positive changes were implemented. A new teacher was employed at Katimpun library, extra support and mentoring was put in place for all the teachers, library programs were redesigned to suit younger children who finish school earlier. At the same time a pilot scheme of creative weekend and holiday sessions was introduced for older students, exploring ways to positively integrate technology, such as digital storytelling, while maintaining the library's core values of reading, creativity and community engagement.

On the positive side, one of the teachers who moved to a new location, was keen to open a new library in the village to which he was posted by the government. This remote community which still has only very limited contact with the rest of the country was judged to potentially derive significant benefit from such a development. MEDyARTE charity agreed therefore to support this proposal. The new library started the operation earlier on this year.

There has been a lot of praise and acknowledgement of work performed by the libraries expressed by various agencies and beneficiaries. The local village leaders and education offices have conveyed their appreciation for contribution of the libraries towards supporting literacy and providing safe after-school spaces. Partner organizations have acknowledged that the libraries are a unique community-based model, especially from the perspective of integration of education, culture, health, and environmental awareness. Some NGOs which cooperate with the project have praised the libraries as examples of grassroots initiatives that effectively combine learning with community development while parents consistently share that they feel reassured knowing their children have a safe place to go after school. Many note improvements in their children's reading ability, confidence, and creativity. Children themselves express enthusiasm for storytelling, dance and creative programs, with the younger children particularly enjoying the library as a fun and engaging environment. International visitors and individual supporters who have seen the libraries in action emphasize the warmth, inclusivity and creativity of the spaces. They also highlight the importance of sustaining leadership and expanding programs so that more children and communities can benefit.

2) Dance and music project at the Marang Library

During the visit to Marang Library in summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In the Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge before it is too late, as well as promoting culture and tradition, which could be irreversibly lost. MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating a dance and music teacher and setting up a programme for

teaching these skills to the children of all ages. For the last few years the teacher has been travelling with the floating library to all the surrounding villages, as well as providing regular music and dance sessions on the premises of the libraries in Marang and Katimpun. This programme has been extremely successful in rekindling the interest of the younger generation in Indonesian music and dance.

In 2023-24, the MEDyARTE Foundation has sponsored two further students from the villages to undergo several months' training with a Dance Academy in Palangkaraya. They now joined in providing dance lessons in the libraries and smaller villages accessed by the floating library. The cultural recognition achieved through this programme made a significant impact on the functioning of the entire community, making it more resilient and supportive towards one another.

3) Water filters, Borneo

In 2018, MEDyARTE Charity provided Katimpun, a village of 400 people, with water filters. This intervention was undertaken after the realisation that there was a high disease burden in the population as a result of lack of sanitation in the village and use of river water for drinking, often without sterilisation. As a result, there has been a 50% reduction in the frequency of diarrhoeal illness in the area according to the data collected by the local healthcare worker. This initiative was accompanied by educational events focussing not only on how to operate the filters but also on more general health and well-being issues, such as hand and food hygiene and methods of disease transmission.

As well as the clear health benefits, water filters brought also financial and environmental benefits: villagers no longer need to buy bottled water or boil water thereby reducing yearly household expenditure by at least 120\$ and the volume of single use plastic.

Following the great success of the original programme, MEDyARTE Charity in 2022 decided to purchase further 200 water filters for a second village, Marang, as well as 120 replacement filtration candles for the water filters in Katimpun village. The review in 2025 revealed that as a result of frequent flooding of the villages some of the water filters previously supplied were damaged and are no longer usable. As a result, replacement water filters were purchased and distributed to the families in need. In addition, the MEDyARTE Charity agreed to supply filters to a third village, Rewang Bahekang, where the third children's library was recently opened. The village lies in a remote area without any access to sanitation or clean water source so without a doubt the filters will help to improve health of the local population.

4) Traditional shepherd's instruments, Poland

Over the previous years, MEDyARTE Charity funded a variety of traditional musical instruments for a mountaineer's music school in Poland and facilitated classes for children to learn to play these instruments. In 2024/25 we have provided funds for purchase of further three traditional double bases.

All the instruments are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind

this project is to revive these forgotten skills amongst the next generations. Instruments were commissioned from the local artisans.

The music school, for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token, very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progress afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

There is continued interest among young people to learn playing traditional mountaineers instruments. The visit to the school by the trustees in 2025 and conversations with the children revealed unprecedented commitment and a desire to preserve local music for the future generations. The trustees were deeply impressed by the profound understanding of the value of culture in the mountaineer community showed by the students of various ages. It was heartening to see the enthusiasm of the young people and a very positive impact this project is making.

5) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal, MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and the purchase of medication and clinic equipment to allow the operation of a medical clinic in Nar village. The clinic opened its doors to patients at the beginning of November 2019 and was officially registered with the local authority.

The village of Nar lies at an altitude of 4,110m in the north western part of Nepal and has a population of 550 people. In the vicinity there is also a village called Phu, with 350 inhabitants, along with the smaller settlements of Metha, Zunam, Chague and Kang. The people there have little access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies, including food and household goods, on their backs.

The MEDyARTE clinic building lies on the premises of the Nar Monastery, which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery oversees the entire project. He is supported by a project manager, who originally comes from the local village of Nar and graduated from the University in Kathmandu as a Public Health Specialist.

Since the opening of the clinic, there has been significant reduction in morbidity and mortality amongst the target population. We have been able to obtain services of a Health Assistant, who lives on the premises of the monastery all year round, provides medical care in the clinic as well as visits surrounding villages to deliver care to those who are unable to walk to the clinic. Despite the remoteness of the post we have been lucky to employ the same Health Assistant for the last three years which offered continuity of care and developed invaluable trust between the medical practitioner and the local population.

In October 2022, we organised a series of medical camps in the Nar-Phu Valley focusing on population testing for *Helicobacter Pylori* infection and offering all affected individuals eradication therapy. We tested and treated 400 people in 4 different locations hopefully significantly relieving the burden of gastritis symptoms and associated complications. It was fascinating but shocking to find out that close to 90% of the population suffered with this infection.

The data gathered during the two-week project was presented in 2023 at an international medical conference in Rotterdam. Hopefully, this work will contribute to a better understanding of pathophysiology and management of this condition worldwide, in particular in deprived communities living at high altitudes.

In 2024/25 the clinic continued to operate successfully providing basic medical services to the population.

6) “Pad” Project Nepal

Rural Nepal suffers with significant deprivation and lack of basic provisions such as healthcare, sanitation, adequate nutrition and education. The majority of the population in the Himalayan regions works as subsistence farmers in the low yielding high altitude fields. Despite long hours of toil, the crops are not sufficient to sustain the families and certainly not enough to exchange the produce for more luxury items such as soap or other sanitary products. This problem affects negatively everyone, but especially the female part of the population, which struggles to keep clean during menstruation.

In Nepal, there is a strong taboo attached to menstruation, based around the persistent idea - rooted in religion - that menstruation “pollutes.” The practice of *chhaupadi* (“seclusion”) during a woman’s menstrual cycle persists despite nominal illegality. The practice involves the isolating menstruating women in sheds separate from their house. It is believed they will otherwise bring their family bad luck, or ill health. The tradition begins with an adolescent girl’s first menstrual cycle, during which she remains in the shed for up to fourteen days; afterwards, she must spend the duration of each monthly period in the shed, until she reaches menopause. Due to lack of sanitary items women either do not use anything at all or use dirty rags during menstruation. This commonly can lead to infections or even deaths.

Our project in the Ghorka region of Nepal aims to tackle all of these issues. Since 2023 once a year we provide reusable sanitary wear and soap to women living in villages at high altitude. Every year we offer the items to different villages and schools. We also organise educational meetings in all of these villages, with the support of the local nurses, to raise health awareness, provide information about hygiene, physiology of the menstrual cycle and contraception, as well as aiming to abolish deeply rooted taboos related to menstruation.

This year the distribution of the pads has been significantly hindered by the monsoon season. Heavy rain damaged access roads to locations we planned to visit making them inaccessible. Alternative destinations were chosen and we were able to successfully deliver sanitary ware to 2 schools and three villages. The interviews with the population already using the sanitary ware confirmed high level of satisfaction with the products and overall value of this projects. The leaders of the villages and heads of schools expressed deep gratitude for the help provided.

7) “Ancestral Chest Project” and “Coast of Craftsmen” projects, Kyrgyzstan

In 2022, MEDyARTE Charity successfully started a cooperation with the Issyk-Kul Regional State Historical and Cultural Museum in Cholpon-Ata. The initial project

(“Ancestral Chest Project”) involved purchasing glass showcases and stands for the museum with a view of displaying the museum collection, preservation and protection of cultural heritage and attracting visitors. The aim of the project was to enhance knowledge of Kyrgyz culture both nationally and internationally, and to support the self-identification of the Kyrgyz people as bearers of the ancient nomadic civilization. This, in turn, was hoped to help the revival of lost spiritual values and to provide an opportunity for the population to take pride in its past.

Until recently, the museum was in possession of a significant number of items of great historical value, which were unprotected and could not be displayed as a result of lack of facilities. The new display cabinets have significantly improved this situation. This will be further enhanced by a new building, funded by the State, which is undergoing construction at present.

Throughout 2023, MEDyARTE Charity has been working together with the Cultural Museum in Cholpon-Ata to develop a second programme (“Coast of Craftsmen”), which was designed to support the artisans in the area. The project involved purchase of several yurts, which would allow, on an ongoing basis, the participation of artisans in festivals, international gatherings and local art events. This project has been now completed. The yurts give artisans private space to create and display their products, as well as provide them with an opportunity to offer masterclasses, to both the local Kyrgyz population and tourists interested in learning about the traditional arts and crafts.

In 2024/25 the third project, Cultural Heritage Preservation in Chatkal Region, was started. Following a visit to this remote location and meeting with the local artisans the agreement was reached to purchase yurts for the local cooperative with the purpose of using them for manufacturing traditional items, displaying and selling of artisan products, organising educational courses for the local population, promoting ecotourism, preserving and protecting cultural heritage. The yurts were successfully delivered and set up in the village of Jenga Bazaar. The members of the cooperative have started to use the yurts and now hope to establish closer links with tour operators to develop ecotourism in the region.

8) Traditional musical instruments teaching for children, Bolivia

Over the last five years, MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and in 2023 started a project together, which involves introducing children in the rural areas to traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world, in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians, who are running an orchestra for adults in the capital but are also keen to engage in teaching children in other parts of the country.

This project started in March 2023. It originally provided two workshops for 20 participants each, on a twice weekly basis for an 8 month period, which took place in schools in rural areas outside La Paz. During 2024 following a great interest in this opportunity the number of workshops was increased to four to allow for different levels of ability, greater number of participants and was extending to a different area. The workshops teach three different instruments: Sikus (panpipes), Tarkas (flutes) and Pinkillos (flutes). The instruments are supplied to all the participants from a charitable

fund provided by MEDyARTE. They are commissioned from artisans from the Indigenous Community of Jach'a Walata, known for its tradition in the construction of music instruments. The Charity also covers the cost of the tuition in the workshops. Children are encouraged throughout the course to participate in local festivals and celebrations to promote the native music and culture. The tuition culminates in two official performances: one in the local area and the other in La Paz.

There have been some challenges associated with the project this year. There were difficulties in promotion of the activity in a new location and working together with schools to find adequate time and space for children to engage and benefit from this opportunity. These issues were however successfully resolved. Both the children and the parents have been incredibly proud of their achievements. The programme has entered into its third year with even higher number of participants in three different locations at different levels.

9) Cervical Screening Project, Tanzania

Cervical cancer is the fourth most common cancer in women globally, with over 500,000 new cases and 250,000 deaths each year. The burden of cervical cancer is disproportionately high in developing countries, which accounts for 85% of cases worldwide. In Tanzania, cervical cancer is the leading cause of female cancer with a striking 9,772 new cases and 6,695 deaths each year. Unlike other cancers, cervical cancer is almost 100% preventable when women receive quality screening and treatment of precancerous lesions. The Tanzanian Ministry of Health and Social Welfare launched VIA (visual inspection with acetic acid) cervical cancer screening and cryotherapy in over 300 sites nationally in 2001. However, the number of women screened remains low for multiple reasons. Firstly, there are limited resources available for this activity. Secondly, there is a lack of knowledge and understanding of the importance of screening in the population, but also, for many patients, a visit to a clinic, which can perform the test, means many hours walking in extreme heat and dust with a baby strapped to their back and with insufficient supplies of food and water.

In 2024 MEDyARTE Foundation decided to join forces with DCMC, a Christian Hospital in Dodoma, to boost screening for cervical cancer in the rural area outside of the city. The funding provided by the Foundation was supposed to allow an increase in the number of nurses employed to provide screening, and also promote the importance of screening among the local population.

Despite interim reporting, supervision and encouragement provided by Trustees of MEDyARTE Charity to Dodoma Hospital Project leader the review of the results at the end of the initial one year trial period were not encouraging. There have been no additional nurses employed to perform cervical screening, there has been no increase in number of cervical screens performed and there was no proof that any educational activity has been undertaken. Regretfully the MEDyARTE Charity decided to withdraw further support from this project and closed the cooperation with DCMC.

Planned activities

1) Medical Clinic, Nepal

In 2025/26, MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication.

In April 2026 Charity is organising Medical camps in four different villages in Nar Phu Valley which will be run by the Trustees and volunteers. They will focus on respiratory problems which are extremely common in the local population due to cooking on open fires, smoking and dust pollution. We are also planning to introduce computer records to our clinic at Nar Phedi Monastery improving long term quality of care.

MEDyARTE Foundation is also planning to fund a Dental Camp for the area in October 2026.

2) “Pad” project, Nepal

The Pad project has been very successful for the last two years. We would therefore like to continue supporting this project offering sanitary ware to further communities. The project will be undertaken in April/May 2026 to avoid monsoon season and associated transport difficulties.

3) Traditional shepherd’s instruments, Poland

We will continue supporting the programme of revival of traditional shepherd’s instruments in the Polish mountains. Following a review undertaken by the trustees in May 2025, we are in discussion with the school concerning purchase of further instruments for the school.

4) Marang Library and dance and music programme, Borneo

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO Ransel Buku, MEDyARTE Charity would like to provide ongoing support to both programmes. This will include donations towards the employment of the three early years teachers in three different libraries and three music and dance teachers.

5) Cultural Heritage Preservation in Chatkal Region project, Kyrgyzstan

The Charity Trustees are planning a visit Kyrgyzstan in the summer of 2026 to review the progress of the project and discuss with the head of the Culture Museum in Cholpon Ata as well as members of Cooperative in Chatkal Valley progress of the project. We would like to continue supporting artisans in Kyrgyzstan the further plans will be confirmed following the visit.

6) Traditional musical instruments teaching for children, Bolivia

This programme has proven to be very successful in 2023-25. The Foundation therefore decided to continue with an ongoing support and agreed to expand the project to a new location and various levels of ability.

III. Achievements and performance

MEDyARTE is proud of the progress of its projects. Majority of them went smoothly and any difficulties were successfully resolved in all but one instance. Unfortunately, lack of adequate cooperation and fulfilment of agreed obligations caused loss of trust leading to termination of the project in Tanzania.

The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports from all Partners.

In January 2025, two trustees visited libraries funded by MEDyARTE Charity on Borneo, in Indonesia. The visit was very productive as it revealed some developing difficulties triggered by changes to schools national curriculum, widespread access to mobile phones and social media by students as well as personal problems faced by various members of the team. Early intervention was implemented which hopefully will resolve the issues on the ongoing basis. Despite this there is a deep appreciation of the programme by the local population, government and the other NGOs and agencies involved. A new library has been opened in a remote village and water filters provided to all families in that location. Replacement filters were offered to the other villages previously supplied with filters which were damaged in the ever more frequent floods.

Finally, in May 2025, two trustees made a face to face review of the Shepherd's Instrument Music Project in Zakopane, in Poland. This, yet again, was a very rewarding experience in view of the high level of achievement and commitment of both the teachers and the children in the music school.

The data has been gathered to look at the effectiveness of all the projects undertaken.

There have been significant benefits to the local populations involved in various projects.

We are delighted and reassured that all the projects are fully supported and valued by the users. There has been effective cooperation with the organisations and individuals who are directly responsible for running of all projects on the ground.

During the last year, the trustees met twice remotely to review the progress of all charity projects, the charity's financial situation, to consider any arising problems and look into future plans.

IV. Financial review

At the beginning of this year the Charity had £63,668.63 in reserve. Total expenses equalled £34,565.54

Total income from donations equalled £32,929.98

At the end of the financial year 2023/24 the Charity has in reserve £62,212.84.

V. Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution. The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for a period of four years starting in August 2021 with an option of further extension; and

Newly appointed trustee

- Cecilia Harrington for a period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

VI. Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

VII. Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

VIII. Declaration

The trustees declare that they have approved the trustees' report above.



Receipts and payments account

For the period from	Period start date 01/04/2024	To
------------------------	---------------------------------	----

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
HMRC	10,450	-	-
Payroll	1,282	-	-
Malgorzata Trubshaw	20,000	-	-
direct payments for concert (via square)	366	-	-
cash income from concert	842	-	-
direct to bank account	170	-	-
		-	-
last year funds	-	-	-
Sub total (Gross income for AR)	33,110	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	33,110	-	-
A3 Payments			
1&1 internet	250	-	-
Nar Satek Thrang	8,512	-	-
PO Box	353	-	-
Ransel Buku	6,012	-	-
Elevate Nepal	2,647	-	-
Rada Placowki	3,100	-	-
Rural Crafts (Kyrgyzstan project)	5,892	-	-
Artemed Stiftung (Bolivia Project)	7,800	-	-
Tanzania project	-	-	-
Sub total	34,566	-	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	34,566	-	-
Net of receipts/(payments)	- 1,456	-	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	63,669	-	-

<i>Cash funds this year end</i>	62,213	-	-
--	---------------	----------	----------

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds		-
		-
		-
	Total cash funds	62,213
	(agree balances with receipts and payments account(s))	OK
B2 Other monetary assets		-
		-
		-
		-
		-
		-
B3 Investment assets		Fund to which asset belongs
B4 Assets retained for the charity's own use		Fund to which asset belongs
B5 Liabilities		Fund to which liability relates
CCXX R3 accounts (SS)	3	22/09/2025

Signed by one or two trustees on
behalf of all the trustees

Signature

Print N

174295

units

Period end date

31/03/2025

CC16a

Total funds

Last year

to the nearest £

to the nearest £

10,450	-
1,282	-
20,000	20,000
366	-
842	-
170	500
-	-
-	-
33,110	20,500

-	-
-	-
-	-

33,110	20,500
--------	--------

250	163
8,512	8,512
353	330
6,012	-
2,647	-
3,100	-
5,892	6,668
7,800	6,000
-	4,462
34,566	26,135

-	-
-	-
-	-

34,566	26,135
--------	--------

- 1,456	- 5,635
-	-
63,669	69,304

62,213	63,669
--------	--------

od

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
OK	OK

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due (optional)	When due (optional)
-	
-	

-	
-	
-	

ame	Date of approval

Independent Examiner's Report to the trustees of MEDyARTE

I report to the trustees on my examination of the accounts of the MEDyARTE Trust ("the Trust") for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination that would give me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act;
or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Iain Row

Relevant professional qualification or membership of professional bodies (if any):

Fellow of the Institute of Chartered Accountants in England and Wales

Membership number: 9145734

Address: 15 Silverthorne Lofts
400 Albany Road
London
SE5 0DJ

Date: 19th September 2025

MEDYARTE

England & Wales - Charity number 1174295

Accounts



ANNUAL REPORT 2024

CONTENT

I. Administrative details.....	3
Address of the principal office of the charity.....	3
Names of the trustees.....	3
II. Objectives and activities.....	4
Objectives.....	4
Activities.....	4
1) A library in Marang, Borneo.....	4
2) Dance and music project at the Marang Library.....	5
3) Water filters, Borneo.....	6
4) Traditional shepherd's instruments, Poland.....	6
5) Medical Clinic, Nepal.....	7
6) "Pad" Project Nepal.....	8
7) "Ancestral Chest Project" and "Coast of Craftsmen" projects, Kyrgyzstan.....	9
8) Traditional musical instruments teaching for children, Bolivia.....	10
9) Cervical Screening Project, Tanzania.....	10
Planned activities.....	11
1) Medical Clinic, Nepal.....	11
2) "Pad" project, Nepal.....	11
3) Traditional shepherd's instruments, Poland.....	11
4) Marang Library and dance and music programme, Borneo.....	12
5) "Coast of Craftsmen" project, Kyrgyzstan.....	12
6) Traditional musical instruments teaching for children, Bolivia.....	12
7) Community medical healthcare, Tanzania.....	12
III. Achievements and performance.....	13
IV. Financial review.....	13
V. Structure, governance and management....	14
VI. Disclosure section.....	14

VII.....Funds as a custodian trustee on behalf of others.....14

VIII.Declaration.....14

Report of the trustees for the year ended 30th March 2024

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2024. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

1) Administrative details

Charity Name: MEDyARTE

Registration number: 1174295

Registration Date: 17/8/2017

Address of the principal office of the charity

Nower Hayes
The Drive
Tyrrells Wood
Leatherhead
KT22 8QW

The names of the trustees

Malgorzata Trubshaw – Chairman

Cecilia Harrington - Treasurer

Tomasz Mazur

The charity does not have any corporate trustees.

The charity does not have ownership of any property.

2) Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

3) A library in Marang, Borneo

This is an ongoing project on Borneo in Indonesia, which started in 2018.

Following a reconnaissance visit to Borneo at the end of 2017, we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we have created a children's library on the banks of the Ruanga river in Central Kalimantan, which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme, on an ongoing basis, helps to shield children from the (often harmful) temptations of the everyday world and gives them unrivalled opportunities.

Over the period of the last year, there have been many positive developments. The children continued to improve their comprehension skills, overall reading ability and competency in

expressing themselves. The introduction of computers has been a particularly important and challenging issue due to the lack of internet service and the cost of the equipment. Nevertheless, the first steps have been taken and we have embarked on a path to empower children with the digital literacy expertise necessary to thrive in the modern age. The support provided aimed to enable them to explore educational resources, communicate effectively and navigate online spaces safely and responsibly.

From the perspective of environmental education, children were engaged in clearing of rubbish from the area, learning about recycling as well as being engaged in replanting trees on the riverbanks and along the roads. The tree initiative was started in an attempt to counteract the effects of the extractive industry in Kalimantan, which has had significant negative environmental impact causing destabilization of the entire ecosystem by triggering increased flooding and inducing unusual weather patterns.

The school also developed a working relationship with Palangkaraya Fisheries department and created a program aiming to educate the entire community about sustainable fishing and the importance of preserving the natural resources.

In collaboration with Regional Police, educational sessions were introduced to raise awareness about dangers of drug abuse, looking to develop preventative strategies and encourage the entire community to engage in the resolution of this problem. Finally, in collaboration with the Health Department, the school organised educational sessions focusing on nutrition in an attempt to address a concern about stunted growth in children and malnutrition in the elderly. Regular nurse lead clinics have been initiated to monitor and resolve this issue.

In consequence of all the above achievements the adult population has become more aware and appreciative of the positive impact education is having on their children. This has led to noticeable reduction in the number of children not attending school, as well as a decline in early marriages in the community.

4) Dance and music project at the Marang Library

During the visit to Marang Library in summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In the Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge

before it is too late, as well as promoting culture and tradition, which could be irreversibly lost.

MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating, initially, one dance and music teacher and set up a programme for teaching these skills to the children of all ages. The teacher has been travelling with the floating library to all the surrounding villages, as well as providing regular music and dance sessions on the premises of the library in Marang. This programme has been extremely successful in rekindling the interest of the younger generation in Indonesian music and dance. The intervention has been so effective that a group of the most accomplished children is being frequently invited to other surrounding villages for various celebrations and official performances, as well as participating in festivals and competitions.

In 2023-24, the MEDyARTE Foundation has sponsored two further young ladies from the villages to undergo several months' training with a Dance Academy in Palangkaraya. They are now able to help the other teacher with dance lessons in the libraries and smaller villages accessed by the floating library. The cultural recognition achieved through this programme made a significant impact on the functioning of the entire community, making it more resilient and supportive towards one another.

5) Water filters, Borneo

In 2018, MEDyARTE Charity provided Katimpun, a village of 400 people, with water filters. This intervention was undertaken after the realisation that there was a high disease burden in the population as a result of lack of sanitation in the village and use of river water for drinking, often without sterilisation. As a result, there has been a 50% reduction in the frequency of diarrhoeal illness in the area according to the data collected by the local healthcare worker. This initiative was accompanied by educational events focussing not only on how to operate filters but also on more general health and well-being issues, such as hand and food hygiene and methods of disease transmission.

As well as the clear health benefits of the water filters, their introduction brought financial and environmental benefits:

villagers no longer needed to buy bottled water, thereby reducing yearly household expenditure by at least 120\$ and the volume of single use plastic. Also, there was no need to boil the water, which added additional cost savings.

Following the great success of the original programme, MEDyARTE Charity decided in 2022 to purchase a further 200 water filters for a second village, Marang, as well as 120 replacement filtration candles for the water filters in Katimpun village. The recent review suggests that filters are being used on a daily basis by all the families, as a result of which the health of the villagers has significantly improved. In addition, the savings made from no need to buy or boil water are being spent on other essential household items improving the overall standard of living.

6) Traditional shepherd's instruments, Poland

Over the previous years, MEDyARTE Charity funded a variety of traditional musical instruments for a mountaineer's music school in Poland and facilitated classes for children to learn to play these instruments, which are currently ongoing. These instruments are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind this project is to revive these forgotten skills amongst the next generations. Instruments were commissioned from the local artisans.

The music school, for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token, very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progress afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of

pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

The children continue to approach music learning with great enthusiasm and commitment. As a result, they achieve many awards and distinctions in music competitions all over the country. The headmaster and the principal music teacher in the school works tirelessly to maintain a high standard of education and kindle love for the traditional music in the young generation. In 2024, MEDyARTE Foundation reviewed the progress in the school and was impressed by the overall ethos and hard work. As a result, it is committed to continue supporting the school and agreed to purchase further instruments in the forthcoming year.

7) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal, MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and the purchase of medication and clinic equipment to allow the operation of a medical clinic in Nar village. All the provisions were successfully delivered and the clinic opened its doors to patients at the beginning of November 2019.

The village of Nar lies at an altitude of 4,110m in the north western part of Nepal and has a population of 550 people. In the vicinity there is also a village called Phu, with 350 inhabitants, along with the smaller settlements of Metha, Zunam, Chague and Kang. The people there have no access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies, including food and household goods, on their backs. Chame is also the closest place with a state-run medical centre.

The MEDyARTE clinic building lies on the premises of the Nar Monastery, which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery is in charge of the entire project. He is supported by a Health Assistant, who originally comes from the local village of Nar and has just graduated from the University in Kathmandu as a Public Health Specialist. The local government supports the operation of

the project. This combination of skills and governing circumstances will hopefully ensure the long-term success of the clinic.

Since the opening of the clinic there has been significant reduction in morbidity and mortality amongst the local population. We have been lucky to be able to obtain the services of a Health Assistant, who is keen to continue working in the clinic for a third year running. This offers continuity of care and allows the development of invaluable trust between the medical practitioner and the local population.

During the visit to the clinic three years previously, it was noted that a significant percentage of patients had been suffering with incapacitating symptoms of gastritis. After three years of planning, in October 2022, one of the Associated Members alongside the Founder of MEDARTE Charity visited the Nar-Phu Valley and led a project involving population testing for this condition and offering eradication therapy. We tested 400 people in 4 different locations and treated the vast majority of them. It was fascinating but also shocking to find out that close to 90% of the population suffered with Helicobacter infection.

The findings gathered during the two-week project were presented in the summer of 2023 at an international medical conference in Rotterdam dealing with microbiota related health issues all over the world. Additionally, a paper detailing the findings was submitted to a medical magazine for publication. Hopefully, our work will contribute to a better understanding of pathophysiology and management of this condition and will make a significant difference to all, but in particular deprived communities living at high altitudes.

MEDyARTE Foundation continues to fund the employment of a health assistant, who resides in the clinic, as well as medication for use in the clinic throughout the year. Additionally, this year we provided funds for the purchase of a generator to be used in emergency situations when the local streams are frozen and the hydro energy is not available. This will make a significant difference to the clinic, as well as the monastery and all patients visiting the facility.

8) "Pad" Project Nepal

Rural Nepal suffers with significant deprivation and lack of basic provisions such as healthcare, sanitation, adequate nutrition and education. The majority of the population in the Himalayan regions works as subsistence farmers in the low yielding high altitude fields. Despite long hours of toil, the crops are not sufficient to sustain their families and certainly not enough to exchange the produce for more luxury items such as soap or other sanitary products. This problem affects everyone negatively, but especially the female part of the population, which struggles to keep clean during menstruation.

In Nepal, there is a strong taboo attached to menstruation, based around the persistent idea - rooted in religion - that menstruation "pollutes." The practice of *chhaupadi* ("seclusion") during a woman's menstrual cycle persists despite nominal illegality. The practice involves the sequestering of women in sheds separate from their house. It is believed they will otherwise bring their family bad luck, or ill health. The tradition begins with an adolescent girl's first menstrual cycle, during which she remains in the shed for up to fourteen days; afterwards, she must spend the duration of each monthly period in the shed, until she reaches menopause. Due to lack of sanitary items women either do not use anything at all or dirty rags during menstruation. This commonly can lead to infections or even deaths.

Our project in the Ghorka region of Nepal is aiming to tackle all of these issues. We provided reusable sanitary wear to all women living in six villages at high altitude. We also organised educational meetings in all of these villages, with the support of the local nurses, to raise health awareness, provide information about hygiene and supply soap to aid achieving this particular goal; to teach about the physiology of the menstrual cycle and contraception, as well as aiming to abolish deeply rooted taboos related to menstruation.

9) "Ancestral Chest Project" and "Coast of Craftsmen" projects, Kyrgyzstan

In 2022, MEDyARTE Charity successfully started a cooperation with the Issyk-Kul Regional State Historical and Cultural Museum in Cholpon-Ata. The project ("Ancestral Chest Project") involved purchasing glass showcases and stands for the museum with a view of displaying the museum collection, preservation and protection of cultural heritage and attracting visitors. The aim of

the project was an improvement of knowledge of Kyrgyz culture nationally and internationally, and a facilitation of self-identification of the population as bearers of a great ancient nomadic civilisation heritage, which will help to revive the lost spiritual values and will give an opportunity for the population to be proud of its past.

Until recently, the museum was in possession of a significant number of items of great historical value, which were unprotected and could not be displayed as a result of lack of facilities. The new display cabinets have significantly improved this situation. This will be further enhanced by a new building, funded by the State, which is planned in the next two years.

The Foundation made a site visit to the museum in August 2022 to assess, at first hand, progress of the programme. Trustees were impressed to see a great commitment on behalf of the museum director to promote the new art installation, as well as her involvement in actively spreading knowledge and love of Kyrgyz culture throughout the country. During the visit, the Founder and one of the Associated Members met and interviewed local artisans, such as craftsmen working with felt, horse hair and other traditional media. They also participated in masterclasses to learn and understand Kyrgyz culture and tradition, both from the perspective of objects used in daily life as well as in a wider sense of the word.

As a result of this visit, throughout 2023, MEDyARTE Charity has been working together with the Cultural Museum in Cholpon-Ata to develop a new programme (“Coast of Craftsmen”), which will further support the artisans in the area. The project involved the purchase of several yurts, which will allow, on an ongoing basis, the artisans’ participation in festivals, international gatherings and local art events. It will give them a private space to create and display their products, as well as provide them with an opportunity to offer masterclasses, to both the local Kyrgyz population and tourists interested in learning about the traditional arts and crafts. We hope that, in the longer term, the project will help to rekindle interest in Kyrgyz culture and protect it for the future generations and, in addition, will help the community to feel proud of its cultural heritage.

10) Traditional musical instruments teaching for children, Bolivia

Over the last four years, MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and planned a project together, which would involve introducing children in the rural areas to the traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world, in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians, who are running an orchestra for adults in the capital but were keen to engage in teaching children in other parts of the country. They had already had significant experience in this regard and had been previously very successful in organising courses for children.

This project started in March 2023. It provided two workshops for 20 participants each, on a twice weekly basis for an 8 month period, which took place in schools in rural areas outside La Paz. The workshops taught three different instruments: Sikus (panpipes), Tarkas (flutes) and Pinkillos (flutes). The instruments were supplied to all the participants from a charitable fund provided by MEDyARTE. They were commissioned from artisans from the Indigenous Community of Jach'a Walata, known for its tradition in the construction of music instruments. The Charity also covered the cost of the tuition in the workshops.

Children were encouraged throughout the course to participate in local festivals and celebrations to promote the native music and culture. The first year of this project was a great success. There was a considerable interest amongst the children and all the classes were oversubscribed. The year culminated in two official performances: one in the local area and the other in La Paz. Both the children and the parents were incredibly proud of their achievements. There is an ongoing interest to continue this programme amongst the population. In response, MEDyARTE Foundation agreed to fund the next year activities, which started in March 2024. The programme has also been extended to a new location.

Individuals, who prove to be particularly capable in the long term, will be offered an opportunity to participate in the Youth Orchestra events in La Paz.

11) Cervical Screening Project, Tanzania

Cervical cancer is the fourth most common cancer in women globally, with over 500,000 new cases and 250,000 deaths each year. The burden of cervical cancer is disproportionately high in developing countries, which accounts for 85% of cases worldwide. In Tanzania, cervical cancer is the leading cause of female cancer with a striking 9,772 new cases and 6,695 deaths each year. Unlike other cancers, cervical cancer is almost 100% preventable when women receive quality screening and treatment of precancerous lesions. The Tanzanian Ministry of Health and Social Welfare launched VIA (visual inspection with acetic acid) cervical cancer screening and cryotherapy in over 300 sites nationally in 2001. However, the number of women screened remains low for multiple reasons. Firstly, there are limited resources available for this activity. Secondly, there is a lack of knowledge and understanding of the importance of screening in the population, but also, for many patients, a visit to a clinic, which can perform the test, means many hours walking in extreme heat and dust with a baby strapped to their back and with insufficient supplies of food and water.

MEDyARTE Foundation decided to join forces with DCMC, a Christian Hospital in Dodoma, to boost screening for cervical cancer in the rural area outside of the city. The funding provided by the Foundation will allow an increase in the number of nurses employed to provide screening, and also make visits to surrounding villages possible, in order to talk to the village leaders and in public gatherings about the importance of the screening. Additionally, posters and information leaflets will be printed and distributed throughout several communities.

The Charity Trustees visited the Hospital and the outlying clinics in January 2024 to meet personally all the staff involved in the screening process and responsible for the organisation of the project. The project formally started in March 2024. With our programme, we are aiming to at least double the number of patients screened each month in five community centres.

Planned activities

1) Medical Clinic, Nepal

In 2024/25, MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication.

MEDyARTE Foundation is looking at funding a Dental Camp for the area in April 2025.

2) “Pad” project, Nepal

This project has been undertaken in July 2024. The official feedback has not been received as yet from the persons responsible for carrying it out on the ground. Providing there are no concerns, the Foundation plans to continue expanding the intervention to additional high altitude villages next year.

3) Traditional shepherd’s instruments, Poland

We will continue supporting the programme of revival of traditional shepherd’s instruments in the Polish mountains. Following a review undertaken by the trustees in May 2024, it has been agreed with the culture centre that the Foundation will provide funds to purchase three double bases to enhance programmes offered to the children at the music school.

4) Marang Library and dance and music programme, Borneo

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO Ransel Buku, MEDyARTE Charity would like to provide ongoing support to both programmes. This will include donations towards the employment of the two current teachers, as well as three further months of dance and music education, followed by the salary for the employment of a new teacher.

The Foundation recognises that progress in educational resources and strategies, as well as altering employer’s expectations all over the world, require from future employees at least basic understanding of computer operation. Taking this into account, the Foundation decided to fund the purchase of six laptop computers for use in both Libraries.

The communities of Petit Katimpun and Marang expressed a desire to learn Eco Printing (creating prints on fabric with

locally sourced materials) with a view of employing this skill as a way of raising funds for both villages from the tourist trade. This activity would provide sustainable income from an ecological source. It will be open to young people and adults in the two villages. The Foundation would like to support such a programme in both libraries and will fund the training of 20 participants for a duration of two months, including the cost of all materials.

5) “Coast of Craftsmen” project, Kyrgyzstan

The Charity Trustees are planning a visit to Cholpon Ata in the summer of 2024 to review the progress of the project and discuss with the head of the Culture Museum further steps. The decisions concerning the direction of the ongoing projects will be taken following this review.

6) Traditional musical instruments teaching for children, Bolivia

This programme has proven to be very successful in 2023/24. The Foundation therefore decided to continue with an ongoing support and agreed to expand the project to a new location. Moreover, in the previously established location a new group was created at a higher attainment level to allow for progress and aiming at encouraging available talent.

7) Community medical healthcare, Tanzania

This project has started in March 2024. It is too early to make any predictions concerning success of the intervention and fulfilment of the expectations. We are collecting data on a monthly basis and the data will be reviewed in March 2025, at which point further decisions will be made concerning continuation of the programme.

8) Achievements and performance

MEDyARTE is proud of the progress of all its projects, which has been smooth. The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports from all Partners.

In May 2023, two trustees visited libraries funded by the charity on Borneo, in Indonesia. The impact the libraries had on the local communities was impressive and overwhelming. Clearly, the population was in much better health and spirits. The children showed unwavering enthusiasm about reading, learning and keenness to attend the after-school facilities. The adult population was hugely appreciative of the opportunities offered to their children but also other activities involving the entire population. The project has caused a major shift in the community's perception of the importance of education. It has reduced significantly illiteracy, early marriage rate, drug abuse and is looking to reduce unemployment and poverty.

In January 2024, two trustees visited the hospital in Dodoma, in Tanzania, and finalised negotiations relating to the Cervical Screening project. It was a very successful visit as it allowed the trustees to meet all the people who are going to be organising the project on the Tanzanian side, as well as fully understand any obstacles and issues which need to be taken into consideration.

Finally, in May 2024, two trustees made a face to face review of the Shepherd's Instrument Music Project in Zakopane, in Poland. This, yet again, was a very rewarding experience in view of the high level of achievement and commitment of both the teachers and the children in the music school.

Additionally, the data has been gathered remotely to look at the effectiveness of all the interventions undertaken. There have been significant benefits to the local populations which support and fully engage with the projects. There has been effective cooperation with the organisations which are responsible for the direct running of all projects.

During the last year, the trustees met twice remotely to review the progress of all charity projects, the charity's financial situation, to consider any arising problems and look into future plans.

9) Financial review

At the beginning of this year the Charity had £69,303.49 in reserve. Total expenses equalled £26,134.86. Total income from

donations equalled £20,500. At the end of the financial year 2023/24 the Charity has in reserve £63,668.63.

10) Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution.

The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for a period of four years starting in August 2021 with an option of further extension; and

Newly appointed trustee

- Cecilia Harrington for a period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

11) Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

12) Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

13) Declaration

The trustees declare that they have approved the trustees' report above.

Accounts



ANNUAL REPORT 2023

CONTENT

I. Administrative details.....	3
Address of the principal office of the charity.....	3
The names of the trustees.....	3
II. Objectives and activities.....	4
Objectives.....	4
Activities.....	4
1) A library in Marang, Borneo.....	4
2) Dance and music project at the Marang Library.....	5
3) Water filters, Borneo.....	5
4) Traditional shepherd's instruments, Poland.....	6
5) Medical Clinic, Nepal.....	7
6) "Ancestral Chest Project" and "Coast of Craftsmen" projects, Kyrgyzstan.....	8
7) Traditional musical instruments teaching for children, Bolivia.....	9
Planned activities.....	9
1) Medical Clinic, Nepal.....	9
2) Traditional shepherd's instruments in Poland.....	9
3) Marang Library and dance and music programme, Borneo.....	10
4) "Coast of Craftsmen" project, Kyrgyzstan.....	10
5) Traditional musical instruments teaching for children, Bolivia.....	10
6) Community medical healthcare, Tanzania.....	10
III. Achievements and performance.....	11
IV. Financial review.....	11
V. Structure, governance and management....	12
VI. Disclosure section.....	12

VII.....Funds as a custodian trustee on behalf of others.....12**VIII. Declaration.....12****Report of the trustees for the year ended
30th March 2023**

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2023. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

1) Administrative details

Charity Name: MEDyARTE

Registration number:1174295

Registration Date:17/8/2017

Address of the principal office of the charity

Nower Hayes
The Drive
Tyrrells Wood
Leatherhead
KT22 8QW

The names of the trustees

Malgorzata Trubshaw - Chairman

Cecilia Harrington - Treasurer

Tomasz Mazur

Charity does not have any corporate trustees

Charity does not have ownership of any property

2) Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

3) A library in Marang, Borneo

This is an ongoing project on Borneo in Indonesia which started in 2018.

Following a reconnaissance visit to Borneo at the end of 2017, we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we have created a children's library on the banks of the Ruanga river in Central Kalimantan, which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme, on an ongoing basis, helps to shield children from the (often harmful) temptations of the everyday world and gives them unrivalled opportunities.

Over the period of the last year, the teaching continued at the libraries with doubled effort to make up for the time lost during

the pandemic. Further improvement of reading, writing and comprehension skills across all grades has been achieved. Notably there has been a significant shift in children's perception of the opportunities open to them in the future. Previously, commonly the girls were married at 14 or 15 years of age and their only prospect in life was to have a family. The boys would aim to support the family by subsistence fishing, working in the illegal gold mines or in the palm plantations. Currently the youngsters in the villages dream about becoming teachers and nurses and are working hard towards these aims. The whole population is healthier and more openminded when it comes to the direction the community should take in the future.

Thanks to the educational programmes provided by the libraries in the field of the environmental protection Marang village has won a grant from the government to support cleaning the area from plastic rubbish. Children collect all the debris on a monthly basis and deliver collected plastic to a recycling plant.

4) Dance and music project at the Marang Library

During the visit to Marang Library in summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In the Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge before it is too late as well as promoting culture and tradition, which could be irreversibly lost.

MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating a dance and music teacher and set up a programme for teaching these skills to the children of all ages. The teacher travels with the floating library to all the surrounding villages as well as providing regular music and dance sessions on the premises of the library in Marang. This programme has been extremely successful in rekindling the interest of the younger generation in Indonesian music and dance. The intervention has been so effective that a group of most accomplished children is now being frequently invited to other surrounding villages for various celebrations and official performances. The MEDyARTE foundation was able to enhance

this part of the programme in 2022-23 by funding elements of the traditional outfits required for the dances.

Moreover, more young people from the villages had expressed a wish to train as dance and music teachers to support the libraries in their endeavour to further these skills in the surrounding populations. MEDyARTE and Ranselbuku, the partner Indonesian Charity, developed therefore a relationship with a Dance Academy in Palangkaraya to achieve this aim in 2023. We have selected two most promising young ladies from the villages to train at the Academy with a view of becoming dance and music teachers in our libraries. They have already started their studies. The Dance Academy founder and leader is an inspirational character passionate about the local culture revival who possesses profound knowledge of the meaning and importance of performed pieces which he is keen to impart onto his pupils. The MEDyARTE Foundation is therefore very enthusiastic to support this programme.

5) Water filters, Borneo

In 2018, MEDyARTE Charity provided Katimpun, a village of 400 people, with water filters. This intervention was undertaken after the realisation that there was a high disease burden in the population as a result of lack of sanitation in the village and use of river water for drinking, often without sterilisation. As a result, there has been a 50% reduction in the frequency of diarrhoeal illness in the area according to the data collected by the local healthcare worker. This initiative was accompanied by educational events focussing not only on how to operate filters but also on more general health and well-being issues such as hand and food hygiene and methods of disease transmission.

As well as the clear health benefits of the water filters, their introduction brought financial and environmental benefits: villagers no longer needed to buy bottled water thereby reducing yearly household expenditure by at least 120\$ and the volume of single use plastic. Also, there was no need to boil the water, which added additional cost savings.

Following the great success of the original programme, MEDyARTE Charity decided in 2022 to purchase further 200

water filters for a second village, Marang, as well as 120 replacement filtration candles for the water filters in Katimpun village. The recent review suggests, that filters are being used on a daily basis by all the families as a result of which the health of the villagers has significantly improved. In addition, the savings made from no need to buy or boil water are being spent on other essential household items improving overall level of living.

6) Traditional shepherd's instruments, Poland

Over the previous years, MEDyARTE Charity funded a variety of traditional musical instruments for a mountaineer's music school in Poland and facilitated classes for children to learn to play these instruments, which are currently ongoing. These instruments are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind this project is to revive these forgotten skills amongst the next generations. Instruments were commissioned from the local artisans.

The music school, for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progress afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

Since starting the specialist traditional instrument tuition, the shepherd's instruments have become very popular in the school and participants have shown a high level of commitment and enthusiasm for their studies. Some of the instruments are proving to be a lot more challenging than others in mastery nevertheless

the headmaster and the main tutor does not give up his plan and dream of creating a cohort of experienced and professional young players who can pass the skill onto the future generations. The students yet again have participated this year in many national and international competitions with great success impressing with their profound understanding of the traditional music. The Charity trustees are planning a site visit in 2023 to discuss future plans and potential developments.

7) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal, MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and the purchase of medication and clinic equipment to allow the operation of a medical clinic in Nar village. All the provisions were successfully delivered and the clinic opened its doors to patients at the beginning of November 2019.

The village of Nar lies at an altitude of 4110m in the north western part of Nepal and has a population of 550 people. In the vicinity there is also a village called Phu, with 350 inhabitants, along with the smaller settlements of Metha, Zunam, Chague and Kang. The people there have no access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies, including food and household goods, on their backs. Chame is also the closest place with a state-run medical centre.

The MEDyARTE clinic building lies on the premises of the Nar Monastery, which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery is in charge of the entire project. He is supported by a Health Assistant, who originally comes from the local village of Nar and has just graduated from the University in Kathmandu as a Public Health Specialist. The local government supports the operation of the project. This combination of skills and governing circumstances will hopefully ensure the long-term success of the clinic.

Since the opening of the clinic there has been significant reduction in morbidity and mortality amongst the local population. We have been lucky to be able to obtain the services of a Health Assistant, who is keen to continue working in the clinic for a third year running. This offers continuity of care and allows the development of invaluable trust between the medical practitioner and the local population.

During the visit to the clinic three years previously, it was noted that a significant percentage of patients had been suffering with incapacitating symptoms of gastritis. After three years of planning, in October 2022, one of the Associated Members alongside the Founder of MEDARTE Charity visited the Nar-Phu Valley and led a project involving population testing for this condition and offering eradication therapy. We have tested 400 people in 4 different locations and treated the vast majority of them. It was fascinating but also shocking to find out that close to 90% of the population suffered with *Helicobacter* infection. This project will hopefully significantly reduce the disease burden in the locality. The findings gathered during the two-week project will be presented in an international conference dealing with microbiota health issues all over the world and will contribute to a better understanding of pathophysiology and management of this condition.

8) “Ancestral Chest Project” and “Coast of Craftsmen” projects, Kyrgyzstan

In 2022, MEDyARTE Charity successfully started a cooperation with the Issyk-Kul Regional State Historical and Cultural Museum in Cholpon-Ata. The project (“Ancestral Chest Project”) involved purchasing glass showcases and stands for the museum with a view of displaying the museum collection, preservation and protection of cultural heritage and attracting visitors. The aim of the project was an improvement of knowledge of Kyrgyz culture nationally and internationally and a facilitation of self-identification of the population as bearers of a great ancient nomadic civilisation heritage, which will help to revive the lost spiritual values and will give an opportunity for the population to be proud of its past.

Until recently, the museum was in possession of a significant number of items of great historical value, which were unprotected and could not be displayed as a result of lack of facilities. The new display cabinets have significantly improved this situation. This will be further enhanced by a new building, funded by the State, which is planned in the next 2 years.

The Foundation made a site visit to the museum in August 2022 to assess, at first hand, progress of the programme. Trustees were impressed to see a great commitment on behalf of the museum director to promote the new art installation, as well as her involvement in actively spreading knowledge and love of Kyrgyz culture throughout the country. During the visit, the Founder and one of the Associated Members met and interviewed local artisans such as craftsmen working with felt, horse hair and other traditional media. They also participated in masterclasses to learn and understand Kyrgyz culture and tradition, both from the perspective of objects used in daily life as well as in a wider sense of the word.

As a result of this visit throughout 2023 MEDyARTE Charity has been working together with the Cultural Museum in Cholpon-Ata to develop a new programme (“Coast of Craftsmen”) which will further support the artisans in the area.

9) Traditional musical instruments teaching for children, Bolivia

Over the last three years, MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and planned a project together, which would involve introducing children in the rural areas to the traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world, in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians, who are running an orchestra for adults in the capital but are keen to engage in teaching children in other parts of the country. They had already had significant experience in this area and had been very successful.

This project has started in March 2023. It provides two workshops for 20 participants each, on a twice weekly basis,

which take place in schools in rural areas outside La Paz. The workshops teach 3 different instruments: Sikus (panpipes), Tarkas (flutes) and Pinkillos (flutes). The instruments are supplied to all the participants from a charitable fund provided by MEDyARTE. They were commissioned from artisans from the Indigenous Community of Jach'a Walata, known for its tradition in the construction of music instruments. The Charity also covers the cost of the tuition in the workshops.

Children are encouraged throughout the course to participate in local festivals and celebrations to promote the native music and culture. Individuals, who prove to be particularly capable, will be then be offered an opportunity to participate in the Youth Orchestra events in La Paz.

Planned activities

1) Medical Clinic, Nepal

In 2023/24, MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication.

Additionally MEDyARTE Foundation has been carrying out negotiations with an international Dental Relief Foundation in an attempt to organise a dental Camp for the area in October 2023.

2) Traditional shepherd's instruments in Poland

We will continue supporting the programme of revival of traditional shepherd's instruments in the Polish mountains. In autumn 2023, Charity representatives plan to undertake an on-site assessment of the progress made so far and evaluate the engagement of the children and staff involved in this project. To date, the charity has sponsored several types of shepherd's instruments. Further discussions with the Head of the Cultural Centre, as well as the Head of Music, will indicate future direction of the Charity's support.

3) Marang Library and dance and music programme, Borneo

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO Ransel Buku, MEDyARTE Charity would like to provide ongoing support to both

programmes. This will include donations towards the employment of two current teachers as well as dance and music education for two new future teachers.

MEDyARTE Charity is also looking to sponsor over the next year some young people to enter Open University courses to study Early Childhood Education with a view to complete teaching degrees.

Additionally, inhabitants of a community on Papua, who has got close links with Ransel Buku, have been impressed by the achievements of the library project on Borneo and are keen to develop similar facilities locally. Currently negotiations are carried out by Ransel Buku with the community. MEDyARTE Charity will consider supporting this option once an appropriate building and teacher have been found.

4) “Coast of Craftsmen” project, Kyrgyzstan

After extensive consultations and discussions, it was concluded that the most effective way of achieving a preservation of cultural heritage in Cholpon-Ata area is through popularisation of the traditional crafts and opening opportunities for displaying of these crafts to the local population and tourists. It was decided that this could be facilitated through participation in international festivals, symposiums, conferences and development of eco- and ethno-tourism. The income created through these activities then could be reinvested into artisan courses for the local population. To this end MEDyARTE Charity has agreed to purchase traditional yurts for the use of the artisans during above mentioned events and for the teaching courses. This project will go ahead in the middle of 2023.

5) Traditional musical instruments teaching for children, Bolivia

This programme has only started in March 2023. The early indications suggest that the courses are very popular with children and oversubscribed. We are looking forward to seeing achievements over the next few months. If proven to have a positive impact on the community the Foundation will consider supporting this project on the long term basis.

6) Community medical healthcare, Tanzania

MEDyARTE Foundation is currently in the middle of discussions with Dodoma Christian Medical Centre concerning starting a Health Outreach programme to serve populations which have a higher disease burden and are less likely to use medical services in Tanzania. These populations tend to have a lack of access to transport, clean water, sanitation and nutrition. The programme would aim to improve the health of the population through activities such as health education, case management, basic health screening and facilitating access to services.

We are hoping to plan a successful project remotely which can then be reviewed by the trustees on the ground prior to the final go-ahead. The site visit is planned for early 2024.

7) Achievements and performance

MEDyARTE is proud of the progress of all its projects, which has been smooth. The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports from all Partners. In May 2022 two trustees visited Bolivia and met in person with representatives of *Orquesta Experimental de Instrumentos Nativos*. This visit allowed for starting of a new children's music programme in the outskirts of La Paz. In August 2022 two trustees visited Kyrgyzstan and reviewed outcomes of the original project in Cholpon-Ata which was led in association with a cultural museum. The success of this trip and a positive review resulted in planning and starting of a follow up new project "Coast of Craftsmen" aiming at effective support of the existing craftsmen and local culture. In October 2022 two Charity members visited Nepal and carried out four medical clinics in the mountains during which 400 patients were seen, tested and appropriately treated for a *Helicobacter Pylori* infection. Finally, the Charity Trustees were able to undertake a monitoring visit to Borneo in May/June 2023 which was an incredibly rewarding and happy occasion.

Additionally the data has been gathered remotely to look at the effectiveness of all the interventions undertaken. There have been significant benefits to the local populations which support and

fully engage with the projects. There has been effective cooperation with the organisations which are responsible for the direct running of all projects.

During the last year, the trustees met twice remotely and once in person to review the progress of all charity projects, the charity's financial situation, to consider any arising problems and look into future plans.

8) Financial review

At the beginning of this year the Charity had £63,488.78 in reserve. Total expenses equalled £19,703.81. Total income from donations including HMRC Gift Aid repayments equalled £25,376.71. At the end of the financial year 2022/23 the Charity has in reserve £69,303.49.

The Charity Trustees are very pleased with the increase in the reserve funds which can be used for a variety of ongoing and newly planned projects.

9) Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution.

The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for a period of four years starting in August 2021 with an option of further extension; and

Newly appointed trustee

- Cecilia Harrington for a period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

10) Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

11) Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

12) Declaration

The trustees declare that they have approved the trustees' report above.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
4/1/2022

To

Period end date
3/31/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
HMRC	5,013	-	-	5,013	5,016
Malgorzata Trubshaw	20,000	-	-	20,000	20,000
Paypal Cumulative individual donations	364	-	-	364	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	25,377	-	-	25,377	25,016
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	25,377	-	-	25,377	25,016
A3 Payments					
1&1website and email	208	-	-	208	174
Nar Satek clinic Nepal	8,981	-	-	8,981	5,055
post office PO box	300	-	-	300	284
Trustees travel expenses	300	-	-	300	-
Artemed Stiffung	4,250	-	-	4,250	-
Harapan Pendidikan (Ransel Buku)	5,665	-	-	5,665	2,570
Kyrgyzstan Museum	-	-	-	-	4,360
PT Social Impact	-	-	-	-	4,832
Jutrzenka	-	-	-	-	2,240
S Pivovaczyk instruments	-	-	-	-	674
Sub total	19,704	-	-	19,704	20,189
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,704	-	-	19,704	20,189
Net of receipts/(payments)	5,673	-	-	5,673	4,827
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	63,489	-	-	63,489	-
Cash funds this year end	69,162	-	-	69,162	4,827

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	69,162	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Independent examiner's report to the trustees of MEDyARTE

I report to the trustees on my examination of the accounts of the MEDyARTE Trust ("the Trust") for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Iain Row

Relevant professional qualification or membership of professional bodies (if any):

Fellow of the Institute of Chartered Accountants in England and Wales

Membership Number: 9145734

Address: 15 Silverthorne Lofts
400 Albany Road
London
SE5 0DJ

Date: 12th July 2023

MEDYARTE

England & Wales - Charity number 1174295

Accounts



ANNUAL REPORT 2022

CONTENT

I. Administrative details.....	3
Address of the principal office of the charity.....	3
The names of the trustees.....	3
II. Objectives and activities.....	4
Objectives.....	4
Activities.....	4
1) A library in Marang, Borneo.....	4
2) Dance and music project at the Marang Library.....	5
3) Water filters, Borneo.....	5
4) Traditional shepherd's instruments, Poland.....	6
5) Medical Clinic, Nepal.....	6
6) "Ancestral Chest Project", Kyrgyzstan.....	7
Planned activities.....	8
1) Medical Clinic, Nepal.....	8
2) Traditional shepherd's instruments, Poland.....	8
3) Marang Library and dance and music programme....	8
4) Mantawai Islands art project, Indonesia.....	9
5) "Ancestral Chest Project", Kyrgyzstan.....	9
6) Traditional musical instruments teaching for children, Bolivia.....	9
III. Achievements and performance.....	10
IV. Financial review.....	10
V. Structure, governance and management....	11
VI. Disclosure section.....	11
VII.....Funds as a custodian trustee on behalf of others.....	11

VIII. Declaration.....11**Report of the trustees for the year ended
30th March 2022**

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2022. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

I. Administrative details

Charity Name: MEDyARTE

Registration number:1174295

Registration Date:17/8/2017

Address of the principal office of the charity

Nower Hayes

The Drive

Tyrrells Wood

Leatherhead

KT22 8QW

The names of the trustees

Malgorzata Trubshaw - Chairman

Cecilia Harrington - Treasurer

Tomasz Mazur

Charity does not have any corporate trustees

Charity does not have ownership of any property

II. Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

1) A library in Marang, Borneo

This is an ongoing project on Borneo in Indonesia which started in 2018.

Following a reconnaissance visit to Borneo at the end of 2017, we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we have created a children's library on the banks of the Ruanga river in Central Kalimantan, which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme, on an ongoing basis, helps to shield children from the (often harmful) temptations of the everyday world and gives them unrivalled opportunities.

Over the period of the last year, despite significant challenges created by the coronavirus pandemic, the library continued to provide support to the local community and gradually returned to its normal function with health protocols in place as per requirement by the Indonesian government. One of the teachers unfortunately had to leave the library for family reasons, however

we were lucky to be able to replace her with another very competent teacher who works alongside the music and dance teacher. The library boasts many achievements this year including improved reading, writing and comprehension across all grades. The children have become more confident, developed greater communication skills and learned more about book care. The teachers, with great enthusiasm, have taken on a task of environmental education including recycling waste materials, learning about flora and fauna and preservation of the environment. Additionally, topics of healthy life style and girls' reproductive health have been tackled. The music and dance teacher had great success in arousing cultural identity in children and sparked a lot of interest in learning traditional dance and music making on traditional instruments. Finally, the library started a new working relationship with the local children's protection agency to look into and develop protocols concerning children's rights and make sure that the child protection in the community is at the forefront of all activities.

The outbreak of the pandemic has yet again put a stop to the Trustees' monitoring visit to Indonesia, which was planned for the beginning of June 2021. This visit has now been postponed to 2023. Regardless, the Charity is in constant communication with its partner NGO in Indonesia and gets regular updates on the progress of the project.

2) Dance and music project at the Marang Library

During the visit to Marang Library in summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In the Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge before it is too late as well as promoting culture and tradition, which could be irreversibly lost.

MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating a dance and music teacher and set up a programme for teaching these skills to the children of all ages. The teacher travels with the floating library to all the surrounding villages as well as providing regular music and dance sessions on the premises of the library in Marang. This programme has been extremely successful in rekindling the

interest of the younger generation in Indonesian music and dance. The intervention has been so effective that a group of most accomplished children is now being frequently invited to other surrounding villages for various celebrations and official performances.

3) Water filters, Borneo

In 2018, MEDARTE Charity provided Katimpun, a village of 400 people, with water filters. This intervention was undertaken after the realisation that there was a high disease burden in the population as a result of lack of sanitation in the village and use of river water for drinking, often without sterilisation. As a result, there has been a 50% reduction in the frequency of diarrhoeal illness in the area according to the data collected by the local healthcare worker. This initiative was accompanied by educational events focussing not only on how to operate filters but also on more general health and well-being issues such as hand and food hygiene and methods of disease transmission.

As well as the clear health benefits of the water filters, their introduction brought financial and environmental benefits: villagers no longer needed to buy bottled water thereby reducing yearly household expenditure by at least 120\$ and the volume of single use plastic. Also, there was no need to boil the water, which added additional cost savings.

Following the great success of this programme, MEDyARTE Charity decided to purchase 200 water filters for a second village, Marang, as well as 120 replacement filtration candles for the water filters in Katimpun village. The reports from both villages are very encouraging. Inhabitants of both villages use the filters on a daily basis, which makes a great impact on their health and financial situation.

4) Traditional shepherd's instruments, Poland

Over the previous three years, MEDyARTE Charity funded a variety of traditional musical instruments for a mountaineer's music school in Poland and facilitated classes for children to learn to play these instruments, which are currently ongoing. These instruments are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind this project is to revive these forgotten skills amongst the

next generations. Instruments were commissioned from the local artisans.

The music school, for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progress afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

Since starting the specialist traditional instrument tuition, the shepherd's instruments have become very popular in the school and participants have shown a high level of commitment and enthusiasm for their studies. The head of the school has created a book of exercises and music written specifically for shepherd's instruments which was published and is currently used as an official aid to teaching. Throughout the year students have participated in some local and national competitions. The school was able to go back to regular activity following the pandemic. The purchase of the shepherds' instruments by MEDyARTE had a positive impact on students' understanding and perception of music and the appreciation of their heritage. The students learning to play these instruments became outstanding at interpreting traditional music with its specific style and techniques. There has been a great interest amongst other students to have the opportunity to learn these instruments as well.

5) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal, MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and the purchase of medication and clinic equipment to allow the operation of a medical clinic in Nar village. All the provisions were successfully delivered and the clinic opened its doors to patients at the beginning of November 2019.

The village of Nar lies at an altitude of 4110m in the north western part of Nepal and has a population of 550 people. In the

vicinity there is also a village called Phu, with 350 inhabitants, along with the smaller settlements of Metha, Zunam, Chague and Kang. The people there have no access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies, including food and household goods, on their backs. Chame is also the closest place with a state-run medical centre.

The MEDyARTE clinic building lies on the premises of the Nar Monastery, which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery is in charge of the entire project. He is supported by a Health Assistant, who originally comes from the local village of Nar and has just graduated from the University in Kathmandu as a Public Health Specialist. The local government supports the operation of the project. This combination of skills and governing circumstances will hopefully ensure the long-term success of the clinic.

Since the opening of the clinic there has been significant reduction in morbidity and mortality amongst the local population. We have been lucky to be able to obtain the services of a Health Assistant, who is keen to continue working in the clinic for a third year running. This offers continuity of care and allows the development of invaluable trust between the medical practitioner and the local population.

6) “Ancestral Chest Project”, Kyrgyzstan

In 2022, the MEDyARTE Charity has successfully started a cooperation with the Issyk-Kul Regional State Historical and Cultural Museum in Cholpon Ata. The project so far involved purchasing glass showcases and stands for the museum with a view of displaying the museum collection, preservation and protection of cultural heritage and attracting visitors. The aim of the project was an improvement of knowledge of Kyrgyz culture nationally and internationally and a facilitation of self-identification of the population as bearers of a great ancient nomadic civilisation heritage, which will help to revive the lost spiritual values and will give an opportunity for the population to be proud of its past.

Until recently, the museum was in possession of a significant number of items of great historical value, which were unprotected

and could not be displayed as a result of lack of facilities. The new display cabinets have significantly improved this situation. This will be further enhanced by a new building, funded by the State, which is planned in the next 2 years.

The Foundation made a site visit to the museum in August 2022 to assess, at first hand, progress of the programme. Trustees were impressed to see a great commitment on behalf of the museum director to promote the new art installation, as well as her involvement in actively spreading knowledge and love of Kyrgyz culture throughout the country. During the visit, the Founder and one of the Associated Members met and interviewed local artisans such as craftsmen working with felt, horse hair and other traditional media. They also participated in masterclasses to learn and understand Kyrgyz culture and tradition, both from the perspective of objects used in daily life as well as in a wider sense of the word.

Planned activities

1) Medical Clinic, Nepal

In 2022/23, MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication.

During the visit to the clinic three years ago, it was noted that a significant percentage of patients had been suffering with incapacitating symptoms of gastritis. After three years of planning, in October 2022, one of the Associated Members alongside the Founder of MEDARTE Charity are going visit the Nar-Phu Valley and lead a project involving population testing for this condition and offering eradication therapy. This effort will hopefully change significantly the disease burden in the locality and will help to formulate a long term plan for management strategy. It is the first of several medical projects planned for the clinic.

7) Traditional shepherd's instruments in Poland

We will continue supporting the programme of revival of traditional shepherd's instruments in the Polish mountains. In autumn 2023, Charity representatives plan to undertake an on-site assessment of the progress made so far and evaluate the engagement of the children and staff involved in this project. To date, the charity has sponsored several types of shepherd's instruments. Further discussions with the Head of the Cultural Centre, as well as the Head of Music, will indicate future direction of the Charity's support.

8) Marang Library and dance and music programme

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO, MEDyARTE Charity would like to provide ongoing support to both programmes.

In 2023, we are hoping to find new premises for the Marang library in view of the fact that the current building has been flooded on a yearly basis.

Inhabitants of another community on Borneo have been so impressed by achievements of the library project that recently they have enquired into a possibility of opening a library facility there as well. MEDyARTE Charity will consider supporting this option once an appropriate building has been found for this purpose.

From the perspective of the Dance and Music programme, in the coming year we hope to provide traditional outfits for a group of children, who are now frequently travelling to perform in other villages, to augment the impact and underline recognition of the importance of local culture.

We hope to be able to make a site visit in 2023/4 to reassess the situation at first hand.

9) Mantawai Islands art project, Indonesia

Trustees are planning to visit Mantawai Islands in Indonesia to assess the possibility of starting a new art programme in association with IEF (Indigenous Educational Foundation). There are several potential avenues of cooperation including funding the construction of a cultural learning hub or financially supporting teachers' salaries or educational materials. Alternative projects include the purchase of traditional instruments and supporting educational programmes which focus on instrument making and cultural souvenir making. Due to the Coronavirus Pandemic, this visit, which was originally planned for 2019, has been postponed to spring 2023.

10) "Ancestral Chest Project", Kyrgyzstan

Following the recent visit to Kirgystan, the Charity Trustees are in the process of analysing data from this experience in order to decide if a new long term project involving the artisans could be created in this area.

11) Traditional musical instruments teaching for children, Bolivia

Over the last two years, MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and started planning a project together, which would involve introducing children in the rural areas to the traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world, in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians, who currently run an orchestra for adults in the capital but are keen to engage in teaching children in other parts of the country. They have already had significant experience in this area and have been very successful.

The plan is to provide workshops for 10-20 participants each, on a twice weekly basis, which would take place in educational or social facilities in various areas. The workshops would teach 3 different instruments: Sikus (panpipes), Tarkas (flutes) and Pinkillos (flutes). The instruments would be supplied to all the participants from a charitable fund provided by MEDyARTE. They would be commissioned from artisans from the Indigenous Community of Jach'a Walata, known for its tradition in the construction of music instruments. The Charity would also cover the cost of the tuition in the workshops.

Children would be encouraged to participate in local festivals and celebrations to promote the native music and culture. Individuals, who prove to be particularly capable, would then be offered an opportunity to participate in the Youth Orchestra events in La Paz.

This project has been significantly hindered by the coronavirus pandemic and related restrictions. Nevertheless, the Founder was finally able to visit the location and establish good relationships with the leaders of the *Orquesta Experimental de Instrumentos Nativos* in June 2022. We are very much hopeful that the project will finally take off the ground in 2023. We are currently waiting for our partner to obtain an official group registration for the Orchestra and open a group bank account, which would allow us to start the project.

III. Achievements and performance

MEDyARTE is proud of the progress of all its projects, which has been smooth, and is pleased that activity in various parts of the world is gradually returning to normal following disruption caused by the coronavirus pandemic. The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports with all Partners. As the travel restrictions have been lifted, the Charity Trustees were able to undertake a monitoring visit to Kyrgyzstan and a reconnaissance visit to Bolivia. The visit to the clinic in Nepal which will involve extended management strategies is planned for October 2023 and the monitoring visit to Borneo in June 2023. Additionally, data has been gathered remotely to look at the effectiveness of all the interventions. There have been significant benefits to the local populations which support and fully engage with the projects. There has been effective cooperation with the organisations which are responsible for the running of all projects.

During the last year, the trustees met remotely on a regular basis to review the progress of all charity projects, the charity's financial situation, to consider any arising problems and look into future plans. The forthcoming Charity meeting in October is going to be face to face.

IV. Financial review

At the beginning of this year the Charity had £58,802.86 in reserve. Total expenses equalled £20,188.44. Total income from donations including HMRC Gift Aid repayments equalled £25,016.17. At the end of the financial year 2021/22 the Charity has in reserve £63,488.78.

The Charity Trustees are very pleased with the increase in the reserve funds which can be used for a variety of ongoing and newly planned projects.

V. Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution.

The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for an initial period of four years; and

Newly appointed trustee

- Cecilia Harrington for a period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

VI. Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

VII. Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

VIII. Declaration

The trustees declare that they have approved the trustees' report above.

Charity Name MEDYARTE	
Receipts and pay	
For the period from	Period start date 04/01/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £
A1 Receipts		
HMRC	5,016	-
Malgorzata Trubshaw	20,000	-
		-
		-
	-	-
	-	-
last year funds	-	-
AR)	25,016	-
A2 Asset and investment sales, (see table).		
	-	-
	-	-
Sub total	-	-
Total receipts	25,016	-
A3 Payments		
Nepal Clinic Nar Satek	5,055.00	-
Jutrzenka	2,240.00	-
PO Box	283.50	-
Ransel Buku	2,570.00	-
1@1internet	174.06	-
Stanislaw Piwowarczyk instruments	673.82	-
Kyrgyzstan museum	4,360.01	-
PTSocial Impact water filters	4,832.05	-
	-	-
Sub total	20,188.44	-
A4 Asset and investment purchases, (see table)		
	-	-
	-	-
Sub total	-	-

Total payments	20,188.44	-
Net of receipts/(payments)	4,827.73	-
A5 Transfers between funds	-	-
A6 Cash funds last year end	58,802.86	-
Cash funds this year end	63,630.59	-

Section B Statement of assets and liabilities a

Categories	Details
B1 Cash funds	
	Total cash funds (agree balances with receipts and payments account(s))
B2 Other monetary assets	Details
B3 Investment assets	Details
B4 Assets retained for the charity's own use	Details

B5 Liabilities

Details

Signed by one or two trustees on
behalf of all the trustees

Signature

	1174295	CC16a
ments accounts		
To	Period end date 03/31/2022	

--

Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
-	5,016	5,005
-	20,000	230
-	-	20,000
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	25,016	25,235

-	-	
-	-	-
-	-	-
-	25,016	25,235

-	5,055	157
-	2,240	6,666
-	283	284
-	2,570	2,810
-	174	-
-	674	-
-	4,360	-
-	4,832	-
-	-	-
-	20,188	9,917

-	-	
-	-	
-	-	-

-	20,188	9,917
-	4,828	15,318
-	-	-
-	58,803	43,485
-	63,630.59	58,802.86

at the end of the period

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-
-	-	-
-	-	-
63,631	-	-
OK	OK	OK

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-

	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-

Fund to which liability relates	Amount due (optional)	When due (optional)
	-	
	-	
	-	
	-	
	-	

Print Name	Date of approval

Independent examiner's report to the trustees of MEDyARTE

I report to the trustees on my examination of the accounts of the MEDyARTE Trust ("the Trust") for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Iain Row

Relevant professional qualification or membership of professional bodies (if any):

Fellow of the Institute of Chartered Accountants in England and Wales

Membership Number: 9145734

Address: 15 Silverthorne Lofts
400 Albany Road
London
SE5 0DJ

Date: 14th October 2022

Accounts



ANNUAL REPORT 2021

CONTENT

I. Administrative details.....	3
Address of the principal office of the charity.....	3
The names of the trustees.....	3
II. Objectives and activities.....	3
Objectives.....	3
Activities.....	4
1) A library in Marang, Borneo.....	4
2) Dance and music project at the Marang Library.....	5
3) Traditional shepherd's instruments, Poland.....	5
4) Medical Clinic, Nepal.....	6
Planned activities.....	7
1) Medical Clinic, Nepal.....	7
2) Art project, El Salvador.....	7
3) Traditional shepherd's instruments in Poland.....	7
4) Marang Library and dance and music programme.....	8
5) Mantawai Islands art project, Indonesia.....	8
III. Achievements and performance.....	8
IV. Financial review.....	9
V. Structure, governance and management.....	9
VI. Disclosure section.....	10
VII.....Funds as a custodian trustee on behalf of others.....	10
VIII. Declaration.....	10

Report of the trustees for the year ended 30th March 2021

The trustees present their annual report and financial statements of the charity for the year ended 30th March 2021. The financial statements have been prepared in accordance with the charity's Constitution, the Charities Act 2016 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2015.

I. Administrative details

Charity Name: MEDyARTE

Registration number: 1174295

Registration Date: 17/8/2017

Address of the principal office of the charity

Nower Hayes

The Drive,

Tyrrells Wood

Leatherhead

KT22 8QW

The names of the trustees

Malgorzata Trubshaw – Chairmen

Elizabeth Gunning- Treasurer

Tomasz Mazur

Charity does not have any corporate trustees

Charity does not have ownership of any property

II. Objectives and activities

Objectives

MEDyARTE is a Charitable Incorporated Organisation.

The objects of the CIO as defined in the constitution are:

- a) the relief of sickness and the preservation of health among people anywhere in the world;
- b) to advance the education of the public anywhere in the world (specifically but not exclusively in Poland and the countries of South America) in the subject of art, crafts and culture by providing financial and other support to art and cultural organisations, projects and exhibitions; and
- c) the promotion of such other purposes being exclusively charitable according to the law of England and Wales as the charity trustees may from time to time determine.

Activities

1) A library in Marang, Borneo

This is the first of our ongoing projects on Borneo in Indonesia.

Following a recognisance visit to Borneo at the end of 2017 we have developed a working relationship with a small local non-governmental organisation (NGO) and with their help we have created a children's library on the banks of the Ruanga river in Central Kalimantan which was opened in May 2018. This facility serves not only as a library: it is a form of "educational after school club". It offers children in impoverished villages access to books but also teaches diverse subjects such as traditional local dance and music, environmental protection and provides health education, as well as giving supplementary teaching on topics covered by the standard school curriculum. This programme will hopefully, on a long term basis, help shield children from the (often harmful) temptations of the everyday world and give them unrivalled opportunities.

Over the period of the last year despite significant challenges created by the coronavirus pandemic the library continued to provide support to the local community. As per Indonesian government guidelines the facility had to close for a few months but reopened as soon as it was feasible. For nearly the entire year the state provided teaching in Indonesia was delivered online. However, many families in rural areas did not have access to computers, knowledge of how to operate them or had an internet supply to participate in the online lessons or complete set

homework. The teacher funded by MEDyARTE Charity was able to optimize this situation. He offered internet on site of the library to anyone with their own device, taught children how to operate computers and how to use teaching platforms, facilitated access to a computer available on the premises which allowed children to achieve majority of their objectives during this year. For many it meant a difference between continuing with their education and losing a complete year in their studies. We are incredibly proud of an immense impact the library facility had on the education of the children in the area and of the exemplary commitment and hard work of the teachers.

Outbreak of the pandemic has yet again put a stop to the Trustees' monitoring visit to Indonesia which was planned for the beginning of June 2021. This visit has been now postponed to 2022/23. Regardless, the Charity is in constant communication with its partner NGO in Indonesia and gets regular updates on the progress of the project.

2) Dance and music project at the Marang Library

During the visit to Marang Library in Summer 2018, the Trustees became aware that the local population was very keen to establish a formal traditional music and dance teaching programme for children. In Kalimantan area on Borneo traditional music and dance have virtually disappeared from daily life and only the oldest inhabitants still have any knowledge of it. The population realises the importance of reviving this knowledge before it is too late as well as promoting culture and tradition which could be irreversibly lost.

MEDyARTE Charity has therefore purchased traditional music instruments, was instrumental in educating a dance and music teacher and set up a programme for teaching these skills to the children of all ages. The teaching started immediately prior to the outbreak of COVID pandemic and thereafter unfortunately had to be temporarily suspended for several months. In the more recent period however it has been successfully restarted and the teacher continues to travel with the floating library to all the surrounding villages as well as provides regular music and dance sessions on the premises of the library in Marang. In consequence of the government regulations requiring any gatherings to be limited to

only a few individuals a demand on the main teacher employed in the library was too great and the dance and music teacher was able provides additional general teaching support. This help was most welcome.

3) Traditional shepherd's instruments, Poland

The third project this year involved funding of a third batch of traditional shepherds' music instruments such as double bases and horns for a mountaineer's music school in Poland. These are replicas of historically important instruments that time has almost forgotten, previously found only in museums and in private collections of local families. There are only a few people left in Poland who know how to play them and the idea behind this project is to revive these forgotten skills amongst the next generations. Instruments were once again commissioned from the local artisans as in the previous year.

The music school for which instruments have been provided, specialises in teaching traditional folklore music, dance and song and is set in the Culture Centre in Zakopane. It is open to all, age 7-20 and charges only a token very low subscription fee. Children can learn for four years in various chamber groups and orchestras as well as individually, dependent on their level of ability and dedication. Although the school is non-selective it manages to accommodate and enthuse all pupils, moreover many students flourish and progresses afterwards to mainstream secondary and higher music education. Groups participate in a variety of competitions and festivals locally, nationally and internationally with great success. Incredibly, at least 50% of pupils continue to play traditional music for the rest of their lives, both for tourists and for locally organised events.

Since starting the specialist traditional instrument tuition, the shepherd's instruments have become very popular in the school and participants have shown a high level of commitment and enthusiasm for their studies. The head of the school has created a book of exercises and music written specifically for shepherd's instruments which was published and is currently used as an official aid to teaching. Throughout the year students have participated in some online local and national competitions. The school has remained opened throughout the majority of the pandemic although had to readjust its protocols reducing class sizes and introducing social distancing as well as practicing outdoors.

The purchase of the shepherds' instruments by MEDyARTE had a positive impact on students' understanding and perception of

music and the appreciation of their heritage. The students learning to play these instruments became outstanding at interpreting traditional music with its specific style and techniques. There has been a great interest amongst other students to have the opportunity to learn these instruments as well.

Charity trustees managed to visit the school in September 2020. Following a very positive assessment and discussion with both the Director of the Cultural Centre “Jutrzenka” as well as the Head of Music in the school the trustees agreed to support funding of the third batch of instruments for the School. The instruments have been now manufactured and made available to the students. New classes offering teaching playing on these instruments will start in September 2021. The Charity plans another visit to Zakopane in October 2021.

4) Medical Clinic, Nepal

Following the reconnaissance visit in 2019 to the Nar-Phu Valley in Nepal MEDyARTE Charity took the decision to provide funds for the employment of a Health Assistant and purchase of medication and clinic equipment to allow operation of a medical clinic in Nar village. All the provisions were successfully delivered and the clinic opened its doors to patients at the beginning of November 2019.

The village of Nar lies at an altitude of 4110m in the north western part of Nepal and has a population of 550 people. In the vicinity there is also a village called Phu with 350 inhabitants along with smaller settlements of Metha, Zunam, Chague and Kang. The people there have no access to state provided healthcare or other basic services such as education, running water and sanitation.

It takes more than two and half days on foot to walk from the nearest town of Chame, along treacherous trails to reach the villages. Narpas, the local inhabitants, have to carry all supplies including food and household goods on their backs. Chame is also the closest place with a state-run medical centre.

The MEDyARTE clinic building lies on the premises of the Nar Monastery which is central in the entire valley and is perfectly suited for the purpose. The monk in charge of the monastery is in charge of the entire project. He is supported by a Health Assistant who originally comes from the local village of Nar and is currently studying in Kathmandu to become a Public Health

Specialist. The local government supports the operation of the project. This combination of skills and governing circumstances hopefully will ensure the long-term success of the clinic.

The first two years of the operation of the Medical Clinic have been incredibly successful. There has been significant reduction in morbidity and mortality amongst the local population. The challenges included logistics of transportation of the medication to the clinic, different health beliefs of the population and alternative management strategies in Nepal in comparison to European standards. Nevertheless, with the help of the Health Assistant and ongoing education all these issues gradually are being resolved allowing for seamless operation of the Clinic.

During the last year MEDyARTE Charity in addition to funding an employment of a Health Assistant and medication for the clinic use, invested in a laptop for use in the Clinic to help in record keeping and data collection.

Planned activities

1) Medical Clinic, Nepal

In 2021/22 MEDyARTE Charity would like to continue supporting the work of the Nar Clinic through providing funds for employment of a Health Assistant and purchase of medication. Recently purchased laptop hopefully will allow to establish patients' register and implement more effective management of long-term conditions as well as will help to put more stress on prevention. This is one of the new aims for the Clinic for this year. Previous research based on the cases presenting at the clinic suggested that areas which need to be addressed in the future include dental care, diagnostic testing and treatment of gastritis as well as ophthalmological care. Although in the first instance the Charity was planning to purchase gastritis testing kit and carry out testing across the population to establish prevalence of infection with *Helicobacter Pylori* and provide appropriate eradication therapy for the whole area this aim become unrealistic in the face of the coronavirus pandemic restrictions. Hopefully such testing alongside Dental and Ophthalmological camps will become more realistic over the following years.

5) Traditional shepherd's instruments in Poland

We will continue supporting the programme of revival of traditional shepherd's instruments in the Polish mountains. In

autumn 2021 Charity representatives plan to undertake an on-site assessment of the progress made so far and evaluate the engagement of the children and staff involved in this project. To date, the charity has sponsored several types of shepherd instruments. Further discussions with the Head of the Cultural Centre as well as the Head of Music will indicate future direction of the Charity's support.

6) Marang Library and dance and music programme

In view of the satisfactory progress of activities in Marang Library and effective cooperation with Indonesian NGO, MEDyARTE Charity would like to provide ongoing support to both programmes. We hope to be able to make a site visit in 2022/3 to reassess the situation at first hand.

7) Mantawai Islands art project, Indonesia

Trustees are planning to visit Mantawai Islands in Indonesia to assess the possibility of starting a new art programme in association with IEF (Indigenous Educational Foundation). There are several potential avenues of cooperation including funding the construction of a cultural learning hub or financially supporting teachers' salary or educational materials. Alternative projects include the purchase of traditional instruments and supporting educational programme which focus on instrument making and cultural souvenir making. Due to Coronavirus Pandemic this visit has been postponed to 2022/3.

8) "Ancestral Chest Project", Kyrgyzstan

Trustees are in the final stages of preparation of the project in Baktuu Dolonoty, Kyrgyzstan. The project involves purchasing glass showcases and stands for the Issyk-Kul Regional State Historical and Cultural Museum with a view of displaying the museum collection, preservation and protection of cultural heritage, and attracting visitors. The aim of the project is an improvement of knowledge of Kyrgyz culture nationally and internationally and a facilitation of self-identification of the population as bearers of a great ancient nomadic civilisation heritage which will help to revive the lost spiritual values and will give an opportunity for the population to be proud of its past.

Currently the museum is in possession of significant number of items of great historical value which are unprotected and cannot be displayed as a result of lack of facilities.

The Foundation plans within the next few months to provide funding for show cases and aims to make a site visit in August 2022 to assess at first hand progress of the programme. At the time of their visit Trustees additionally hope to meet and interview local artisans such as craftsmen making music instruments, working with felt, leather, jewellery, wood or other traditional media either on site in the museum or in their workshops to learn and understand Kyrgyz culture and tradition both from the perspective of objects used in daily life as well as in a wider sense of the word. They also hope to participate in workshops, cultural celebrations, musical activities to allow the Foundation to prepare appropriate documentation to promote the culture internationally and seek out further potential deserving project ideas in the area.

9) Traditional musical instruments teaching for children, Bolivia

Over the last year MEDyARTE Charity has established links with an *Orquesta Experimental de Instrumentos Nativos* from La Paz in Bolivia and started planning a project together which will involve introducing children in the rural areas to the traditional Bolivian instruments and music. Unfortunately, similarly to many other parts of the world also in Bolivia knowledge of the traditional music and instruments is dying out. The members of *Orquesta Experimental de Instrumentos Nativos* are skilled and devoted musicians who currently run an orchestra for adults in the capital but are keen to engage in teaching children in other parts of the country. They have already had significant experience in this area and have been very successful.

The plan is to provide workshops for 10-20 participants each, on twice weekly basis, which would take place in educational or social facilities in various areas. The workshops would teach 3 different instruments Sikus (Panpipes), Tarkas (flutes) and pinkillos (Flutes). The instruments would be supplied to all the participants from a charitable fund provided by MEDyARTE, they would be commissioned from artisans from the Indigenous Community of Jach'a Walata known for its tradition in the construction of music instruments. The Charity would also cover the cost of the tuition in the workshops.

Children would be encouraged to participate in local festivals and celebrations to promote the native music and culture. Individuals who prove to be particularly capable would be then offered an opportunity to participate in the Youth Orchestra events in La Paz.

This project has been significantly hindered by coronavirus pandemic and related restrictions. The Trustees were so far unable to visit the location and establish strong relationships with the leaders of the *Orquesta Experimental de Instrumentos Nativos*. Equally group events and teaching has been prohibited in Bolivia over the last year. MEDyARTE Charity is planning a site visit in spring 2022 and hopes that the programme can start at around the same time

III. Achievements and performance

MEDyARTE has been pleased with the progress of all its projects despite very difficult situation caused by the coronavirus pandemic. All projects are now well established and run very smoothly. The Charity carried out appropriate due diligence checks, signed detailed contracts and received interim monitoring reports. Due to travel restrictions trustees were unable to make planned monitoring visits to Nepal or Indonesia to assess progress at first hand however succeeded in visiting Culture Centre in Poland. Data has been gathered remotely to look at the effectiveness of the interventions. There have been significant benefits to the local populations which support and fully engage with the projects. There has been effective cooperation with the organisations which are responsible for the running of all projects.

During the last year the trustees met remotely on a regular basis to review the progress of all charity projects, to review the charity's financial situation, to consider any arising problems and look into future plans.

IV. Financial review

At the beginning of this year Charity had £43,484.27 in reserve. Total expenses equalled £9,916.68. Total income from donations including HMRC Gift Aid repayments equalled £25,235.27. At the end of the financial year 2019/20 the Charity has in reserve £58,802.86.

Charity Trustees are very pleased with the increase in the reserve funds which can be used for variety of planned projects which unfortunately could not be started this year due to the Coronavirus Pandemic. Providing that the international travel restarts Charity is planning an increased activity during the next financial year to make up for the lost opportunities this year.

V. Structure, governance and management

MEDyARTE is a Charitable Incorporated Organisation and is governed by a Constitution.

The first charity trustees are as follows:

- Malgorzata Ewa Trubshaw for so long as she is able and willing to act
- Tomasz Mazur for an initial period of four years; and
- Elizabeth Gunning for an initial period of three years.

Apart from the first charity trustees, every trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

At six monthly meetings trustees will agree the strategy for the coming months, approve projects, discuss any changes to current policies, review financial plans and identify potential upcoming problems. All trustees give their time freely and do not receive any remuneration. So far trustees have not claimed any travel expenses.

The charity will be potentially involved in projects with children and does have a Child Protection Policy. The Chair who is a lead on Child Protection will be doing regular yearly updates.

VI. Disclosure section

MEDyARTE does not have any disclosures or exemptions from disclosures.

VII. Funds as a custodian trustee on behalf of others

MEDyARTE does not hold any funds as a custodian trustee on behalf of others.

VIII. Declaration

The trustees declare that they have approved the trustees' report above.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
MEDYARTE

1174295

Receipts and payments accounts

For the period from	Period start date 4/1/2020	To	Period end date 3/31/2021
------------------------	-------------------------------	----	------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
HMRC	5,005	-	-	5,005
Virgin money- website	230	-	-	230
Malgorzata Trubshaw	20,000	-	-	20,000
		-	-	-
		-	-	-
	-	-	-	-
	-	-	-	-
last year funds	-	-	-	-
Sub total (Gross income for AR)	25,235	-	-	25,235
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	25,235	-	-	25,235
A3 Payments				
1&1 internet	157	-	-	157
Nar Satek Thrang	6,666	-	-	6,666
PO Box	284	-	-	284
Ransel Buku	2,810	-	-	2,810
		-	-	-
		-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	9,917	-	-	9,917
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	9,917	-	-	9,917
Net of receipts/(payments)	15,318	-	-	15,318
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	43,484	-	-	43,484
Cash funds this year end	58,802	-	-	58,802

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	58,802	-
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets			-
			-
			-
			-
			-
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	

CC16a

Last year
to the nearest £

-
-
-
-
-
-
-
-
43,484
43,484

-
-

43,484

-
-
-
-
-
-
-
-
-
-

-

-

43,484
-
-
43,484



**Endowment
funds**

to nearest £

-
-
-
-

OK

**Endowment
funds**

to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

**Date of
approval**

Independent examiner's report to the trustees of MEDyARTE

I report to the trustees on my examination of the accounts of the MEDyARTE Trust (the Trust) for the year ended 30 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Iain Row

Relevant professional qualification or membership of professional bodies (if any):

Fellow of the Institute of Chartered Accountants in England and Wales
Membership Number: 9145734

Address: 15 Silverthorne Lofts
400 Albany Road
London
SE5 0DJ

Date: 24th September 2021