

Charity registration number: 1174222  
Company registration number: 8212122

**AGE CYMRU POWYS**  
(A company limited by guarantee  
and not having a share capital)

**ANNUAL REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**AGE CYMRU POWYS**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2022**

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## AGE CYMRU POWYS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees are pleased to present their Annual Directors' Report together with the Financial Statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **Chair's Introduction**

This year we have already started working hard to combat the cost-of-living crisis as we understand the challenges that older people on a low income will experience. Almost one in five older people in Wales are living in poverty before the cost-of-living crisis and soaring energy bills. Now they will be driven further into poverty over the coming months, putting their health at significant risk.

Age Cymru Powys been supporting the most deprived, vulnerable, frail and isolated, helping them apply and gain the benefits they are entitled. Minimising the impact on choosing between heating and eating, enabling them to stay healthy, reducing demand on NHS and Local Authority services by early interventions to avoid hospital admissions.

Age Cymru Powys dedicated team delivers a life-changing services, providing wrap-around care to make sure older Powys people get the help they desperately need to live full lives and sustain their independence for longer.

Our quality-accredited service is relied upon by statutory and non-statutory organisations to fill fundamental gaps in service provision for older people. We work with Adult Social Services, Safeguarding Teams and the NHS to deliver needs assessments and tailored packages of support.

This year the team of staff and volunteers helped many older people, their families, and their carers changing many lives. It still amazes me as Chair that so many people are helped, supported, enabled and grateful to the few.

On behalf of my fellow trustees I would like to thank the incredible dedication, hard work of our staff and volunteers.

Christopher Eatherton  
Chair of Trustees

#### **OBJECTIVES AND ACTIVITIES**

Age Cymru Powys will work to improve quality of life for older people\* in Powys.

\*All people can be in need of help at certain times of their lives. Older people in need will be those who are isolated geographically, socially or economically in Powys or who have health needs which impact upon their lives. This will be the group for whom our services will be focused.

The aim of Age Cymru Powys (ACP) is to provide excellent quality services tailored to the needs of older people in Powys. To raise the profile of age issues and enable the voices of older people to positively influence policy and provision.

#### **Be the valued, effective, reputable and expert provider of services**

We will:

- Involve older people in what we plan, deliver and evaluate, positively promote older age and deliver services that are relevant for older people in Powys
- Maximise the use of volunteers in supporting our organisation and our service delivery
- Achieve Age UK I&A Quality Programme, Standards for Health Services in Wales, Quality Performance Mark
- Monitor and evaluate all aspects of our work and of the organisation and measure the impact we have on older people
- Make the most effective and efficient use of our limited resources and seek to broaden our funding base to increase our sustainability
- Continue to promote and invest in learning and development opportunities for our staff
- Ensure good governance and legal compliance through investment in and support for trustees

#### **We work to collaborate with other organisations across Powys and Wales enhancing services and avoiding duplication**

We will:

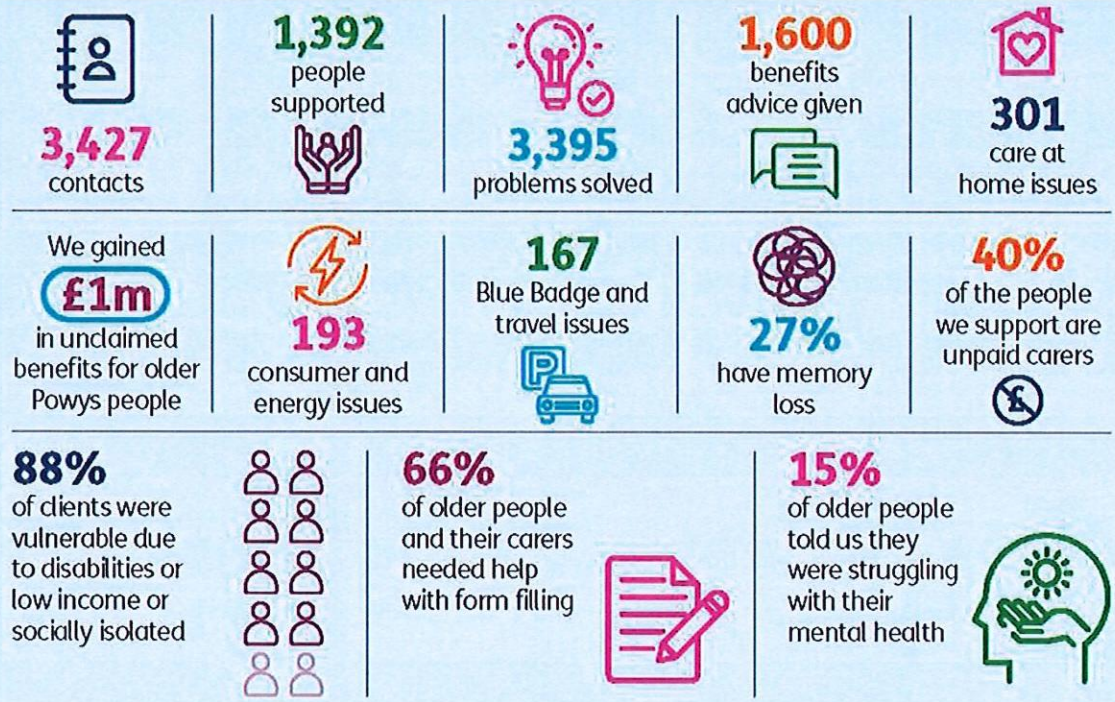
- Continue to develop our knowledge and awareness of services available to support older people and make links with these services to enable effective signposting and referrals
- Maintain our existing links with services we refer into
- Develop further effective partnerships to holistically meet the needs of vulnerable older people
- Attend and contribute positively to relevant networks within Powys and Wales
- Consider all service development proposals as potential partnerships

# Our Impact

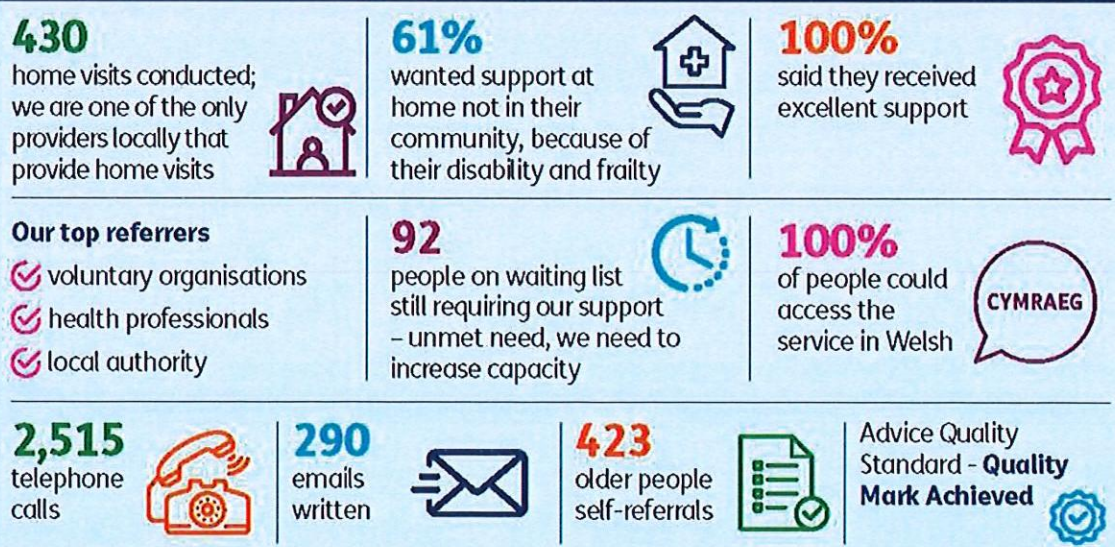
## 2021-2022



### Impact of Information, Advice & Assistance services including specialist support for Veterans and Farmers



### How we provided support





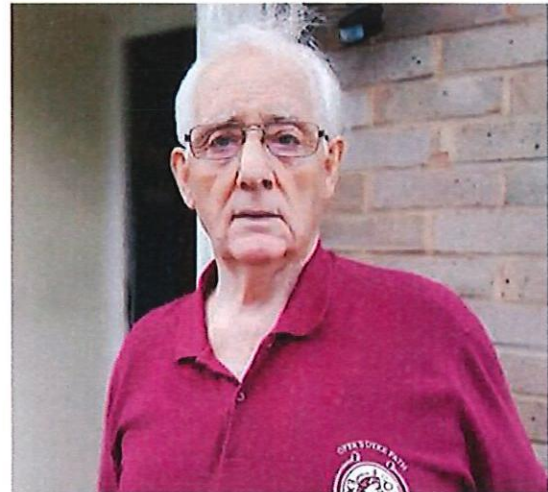
# Case Study: Donald's TV Licence



## Helping Donald to claim his financial entitlements

Whilst having his toenails cut at our Simply Nails clinic, Donald mentioned he was worried about paying for his TV licence.

Our Outreach Worker telephoned Donald, and they spent some time discussing what additional support he may be entitled to and what help would make his life better and easier.



### What help is available?

The Age Cymru Powys Outreach Worker carried out a Financial Check for Donald which showed he was entitled to Pension Credit.

As Donald's health needs had changed, she advised he may also be missing out on claiming Attendance Allowance.

The Outreach Worker completed the paperwork with Donald over the telephone due to COVID-19.

### What was the result?

The Pension Credit application was successful, meaning that in addition to extra money in his pocket, Donald no longer has to worry about paying for his TV licence – as he's now entitled to it free of charge.

The Pension Credit award also ensures that Donald receives the Warm Home Discount automatically.

Donald was also awarded Attendance Allowance – so he can now afford a cleaner to help him out around the house.

**We offer  
immediate practical  
support for older  
Powys residents.**



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Tel: 01686 623707  
E-mail: [enquiries@acpowys.org.uk](mailto:enquiries@acpowys.org.uk)  
[www.agecymru.org.uk/powys](http://www.agecymru.org.uk/powys)

#### Follow us on:

- [facebook.com/agecymrupowys](https://facebook.com/agecymrupowys)
- [twitter.com/agecymrupowys](https://twitter.com/agecymrupowys)
- [instagram.com/agecymrupowys](https://instagram.com/agecymrupowys)

Age Cymru Powys is a registered charity 1174222  
and limited by guarantee 08212122  
We are local, we are independent, just in Powys.



**AGE CYMRU POWYS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**Information, Advice, Assistance**

Age Cymru Powys operates a free, confidential information and advice service for people aged 65+ but the focus of our work is for vulnerable older people who are marginalised. We also support their carers and families.

Age Cymru Powys can offer information and/or advice on the following:

**Benefits and money**

- ☐ Carry out a benefit check – covering pensions, means-tested benefits and disability related benefits.
- ☐ Consumer issues including support to save money on energy bills, switching supplier, accessing grants to combat fuel poverty.
- ☐ Provide support in claiming benefits or helping the older person access other financial help.
- ☐ Challenge benefit authorities if the decision is not in their favour – or refer on to an independent advice agency to do so.

**Social care**

- ☐ Advise users on statutory and non-statutory social care services available, on eligibility criteria (financial and non-financial) and whether they may be eligible and what other options are available.
- ☐ Provide support in gaining access to social care services and equipment.
- ☐ Challenge statutory authorities if user has difficulty gaining their rights – or refer on to Local Authority or Health Board funded Advocacy Service.

**Housing options**

- ☐ Use advice skills to help users assess their housing needs. Help users access other local independent advice agencies if available.
- ☐ Make available to client's details of local sheltered housing and residential care options, and other housing and maintenance options.
- ☐ Refer on to national level specialist support where appropriate.

**Local Services and support**

- ☐ Keep up to date and make available to users, details of local services and support, both statutory and non-statutory, which are appropriate and beneficial for older people.

Support is provided face to face, at home over the telephone and in communities. Delivering holistically based on needs for older people with disabilities.

Age Cymru Powys has alternative office status granted by DWP and all of our advice staff are pension service nominated officers and are able to verify documents and are able to help with filling out forms, avoiding the need for clients to send sensitive information through the post.

**Mamwald** – Information, Advice, Advocacy service for older farmers and their families across Powys. Collaborative working with Care and Repair Powys, our work targets the farming community who are naturally independent and reluctant to seek help. Enabling them to plan for later life and to access support that is holistic to their needs. Supporting those on a low income and can be asset rich, providing benefits support and assistance to reduce poverty.

**Veterans** – The aim of this project was to ensure that the most socially and physically isolated older Veterans in Powys have access to support services to improve their quality of life. Through collaborative working with other partners in Powys it targeted the Veteran community who are naturally independent and reluctant to seek help. We provided Information, Advice, Advocacy service for older veterans across Powys, enabling them to access support to improve the quality of life, identify unclaimed benefits preventing poverty. In addition support tackling loneliness and isolation by providing wellbeing activities in communities across Powys.

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022

**Warm Home Initiative Home Energy Checks**

Age Cymru Powys was funded by Age UK and EON to support vulnerable older people check if they were staying warm and offering a home energy check. The home energy check was either delivered over the telephone or at the home address. The Home energy officer would holistically discuss home energy and would install small measures to save money of the vulnerable older persons energy bills. Items installed, were light bulbs, radiator foils, draft excluders, timers, boiler jackets. We also would refer them to providers if we identified they may benefit from a new boiler or other energy efficiency scheme.

The Home Energy Officer provided practical advice in the home on:

- General: electrical safety; health and cold, damp housing.
- Behaviour-change: energy use and energy saving practices.
- Systems, appliances and devices: safe, energy-efficient usage; temperature controls and timers.
- Money matters: income maximisation (benefits, winter fuel payments, warm home discount, cold weather payments) and budgeting; bills and smart metres; energy debts and solutions (supplier and hardship funds) ; access to loans and grants (Nest, Arbed, ECO schemes etc).
- Energy suppliers: legal rights/responsibilities; payment methods; tariffs, capping and priority services register; switching.
- Building/technical: energy efficiency improvements; water ingress, damp, condensation and air quality solutions.
- Private tenants: legal rights to supply, systems, appliances and energy efficiency improvements.
- 'Warm' referrals to relevant services.

During this period 94 Home Energy Checks were provided across Powys.

**Simply Nails**

Simply Nails delivering footcare and nail cutting since 2010. The service is mainly for people over the age of 50 with disabilities, who are no longer able to reach their feet due to several health reasons such as sight impairment, arthritis, hip operations or simply find it impossible cut their nails. Most of our clients are aged between 75+ to 94+. 9 trained volunteers supporting the service  
Active service in 9 communities every month

The service provided a massive 1450 individual toenail-cutting appointments during April 21 – March 2022.  
Delivering 103 community sessions  
363 new clients attended.

- Health and wellbeing checks at each appointment.
- Professionally delivered Qualified Foot Care Practitioner overseeing project.
- The service provides a critical and much-needed service for older people in Powys.
- The service reduces the likelihood of falls and the associated cost for health services.
- The service enables access to older people, who may not otherwise engage e.g., on vaccines, falls prevention, aid, and adaptations.
- The service undertakes 'early identification' of future potential issues e.g. physical and mental health, isolation, Protection of Vulnerable Adults, poor access to other required services, thereby preventing escalation of needs to critical levels.
- The Simply Nails service is provided as part of a holistic package to older people by Age Cymru Powys, including information and advice and advocacy
- The service reduces isolation, by giving people the opportunity to access telephone befriending calls and community volunteering.
- The service has established referral routes and partnerships with other key delivery agencies in the statutory and voluntary sector e.g., Care and Repair, social care, GP's.
- The service offers a range of opportunities for volunteers including developing new skills, knowledge and experience, increased employment prospects.
- Encourage older people to become more independent.
- Prevent falls and are therefore a huge cost saving to the NHS.
- Encourage cross networking; Simply Nails volunteers refer to the GP or POD if they see any suspicious marks on legs, which could become a lot worse.

**Volunteering**

Volunteers provided much valued help, time, and skills enabling older people to remain independent and to be less lonely and isolated. 66 volunteers give their time and support older people across Powys.

In October 2020 in response to the pandemic we developed Check in & Chat and Community Volunteering. We worked collaboratively with other services and communities plugging gaps in provision. We employed our very first volunteer coordinator and set about rapidly responding to the needs of older people. Volunteers regularly call our clients and brighten up their day. Many volunteers contact several clients each week.

## AGE CYMRU POWYS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### Organisation achievements

In November 2018 we successfully achieved Age UK Organisational Quality Mark which is endorsed by the Charity Commission. Also achieving the Advice and Quality Mark in September 2021.

#### Staff

Gail Colbridge	- Chief Officer
Sarah Bone	- Operations Officer
Amy Greaves	- Information and Advice Outreach Officer
Louise Croad	- Information and Advice Outreach Officer
Paul Colbridge	- Information and Advice/ Mamwlad Officer
Gethin Edwards	- Mamwlad Officer
Mary Evans	- Mamwlad Officer
Gwyneth Barrowclough	- Veterans Wellbeing Officer
Nikki Trow	- Information and Advice Trainee
Yvonne Buffon	- Simply Nails Co-ordinator
Steve Cadwallader Jones	- Home Energy Officer
Cath Midgley	- Volunteer Coordinator

#### PARTNERSHIP

##### Partnerships and networks

Employees and trustees of Age Cymru Powys attend the following partnership and network meetings: Older Peoples Partnership Board

- Farming Network
- Powys Advocacy Network
- Dementia Friendly Communities Group
- Age Cymru Information and Advice Network
- Age Cymru Chief Officer's Network
- Age Cymru Advocacy Network

##### Wider networks

Age Cymru Powys is committed to working in partnership across the County of Powys, within Wales, the UK, and with the wider Age Cymru movement. We are a member of voluntary sector umbrella organisations; Powys Association of Voluntary Organisations (PAVO) and Wales Council for Voluntary Action (WCVA). Employees and trustees are members of a wide variety of networks, partnerships and working groups covering a range of topics from advocacy, adult protection, I&A and public affairs.

#### FINANCIAL REVIEW

Total Incoming Resources in the year were £232,895 (2021 - £460,714). Expenditure was £283,655 compared to £264,613 for the previous year. Net expenditure for the year was £50,760 compared to net income of £196,101 for the previous year. The net movement in funds were net expenditure for Restricted Funds of £42,585 (2021 - net income of £115,583) and net expenditure for Unrestricted Funds of £8,175 (2021 - Net income £80,518) details of which are provided in the notes to the Financial Statements.

##### Principal Funding Sources

Details of principal funding sources for the year ended 31 March 2022 are provided in note 2 of the Financial Statements.

##### Reserves Policy

The Trustees will establish a policy whereby the unrestricted funds not committed or invested in tangible fixed assets, or held in designated funds, ('the free reserves') held by the Charity should be between three and six months of budgeted expenditure which is estimated currently would be £150,000. At this level the Trustees feel they would be able to continue the current activities of the Charity in the event of a significant drop in funding. The actual free reserves at 31 March 2021 were £133,313 (2021 - £138,842). which falls below the target level at this date. However, the trustees are aware of this and have a strategy to build reserves through planned operating surpluses in future years.



**AGE CYMRU POWYS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Age Cymru Powys is a registered charity, number 1174222 (formerly number 1149048) and is a private limited company, number 8212122, which was registered with Companies House on 12 September 2012.

**Key Management Personnel**

The trustees and the Chief Officer are the key management personnel. During the year, all trustees gave their time freely and no trustee received any remuneration.

The Chief Officer's salary is benchmarked against senior staff in other similar voluntary organisations, including other equivalent sized local Age Cymru partners. Our policy is to review the pay of the senior staff member on an annual basis. Where funding allows, we will seek to increase salary in accordance with average earnings.

**Major risks**

Age Cymru Powys undertook a comprehensive strategic planning during covid19 pandemic. This identified possible risks and opportunities for the organisation. The subsequent risk register is reported to Board meetings. Actions have been taken to reduce risks and develop possible opportunities. For example, dependency on certain funding streams has been addressed by seeking funding from a wider variety of sources and undertaking fundraising for unrestricted funds.

**REFERENCE AND ADMINISTRATIVE DETAILS**

Charity Name:	Age Cymru Powys	
Registered Charity Number:	1174222	
Registered Company Number:	8212122	
Registered Office:	Old Warehouse Parker Lane Newtown Powys SY16 2LT	
Trustees:	Christopher Eatherton Michael Harris Gwyneth Bird Adrian Foulkes	Chair
Secretary:	Gail Colbridge	
Bankers:	HSBC plc The Cross 1 Broad Street Newtown Powys SY16 2LX	
Independent Examiner:	A C Jones BSc (Econ), FCA Andrew Jones & Co The Old Surgery Spa Riad Llandrindod Wells Powys LD1 5EY	

**AGE CYMRU POWYS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**ACKNOWLEDGEMENTS**

**Thank you**

Thanks, must be given to the following for the support we have received over the year. We are grateful for funding from all our funders in the year from, Powys Teaching Health Board, PAVO, Moondance, Welsh Government, Age Cymru, Age UK, Western Power Distribution and Armed Forces Covenant Trust to fund our services. Thanks also to all those individuals who have kindly donated money and their time to support the work of Age Cymru Powys throughout the year.

**RESPONSIBILITIES OF THE BOARD OF TRUSTEES**

The trustees (who are also directors of Age Cymru Powys for the purposes of company law) are responsible for preparing the Trustees' Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these Financial Statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Report of the Trustees has been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities (SORP 2015) and in accordance with special provisions of Part 15 to the Companies Act 2006 relating to small companies.

Approved by the Board of Trustees on 7 December 2022 and signed on its behalf by:



Christopher Eatherton  
Chair

## AGE CYMRU POWYS

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF AGE CYMRU POWYS

I report on the accounts of the Charitable Company for the year ended 31 March 2022, which are set out on pages 10 to 18.

#### Respective Responsibilities of Trustees and Examiner

The Charity's Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
  - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006 and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and have not been met; or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts be reached.

A C Jones BSc (Econ) FCA  
Andrew Jones & Co  
Chartered Accountants  
The Old surgery  
Spa Road  
Llandrindod Wells  
Powys  
LD1 5EY

7 December 2022

## AGE CYMRU POWYS

STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31/03/2022 £	Total Funds Year Ended 31/03/2021 £
<b>INCOME</b>					
Donations and Legacies		1,981	-	1,981	3,138
Charitable Activities		41,417	163,395	204,812	435,970
Other Trading Activities		26,097	-	26,097	21,602
Investment Income		5	-	5	4
<b>TOTAL INCOME</b>	<b>2</b>	<b>69,500</b>	<b>163,395</b>	<b>232,895</b>	<b>460,714</b>
<b>EXPENDITURE</b>					
Costs of Raising Funds		1,320	-	1,320	875
Charitable Activities		76,936	205,399	282,335	263,738
<b>TOTAL EXPENDITURE</b>	<b>3</b>	<b>78,256</b>	<b>205,399</b>	<b>283,655</b>	<b>264,613</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>(8,756)</b>	<b>(42,004)</b>	<b>(50,760)</b>	<b>196,101</b>
Transfers Between Funds	<b>4</b>	<b>581</b>	<b>(581)</b>	<b>-</b>	<b>-</b>
<b>NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS FOR THE YEAR</b>		<b>(8,175)</b>	<b>(42,585)</b>	<b>(50,760)</b>	<b>196,101</b>
Total Funds Brought Forward		146,927	152,459	299,386	103,285
Total Funds Carried Forward		138,752	109,874	248,626	299,386

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 12 to 18 form an integral part of these Financial Statements.



## AGE CYMRU POWYS

BALANCE SHEET  
AT 31 MARCH 2022

	Note	2022		2021	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	6		6,223		9,615
			<hr/>		<hr/>
			6,223		9,615
<b>CURRENT ASSETS</b>					
Debtors	8	84,245		78,128	
Cash at Bank and In Hand		171,861		228,562	
		<hr/>		<hr/>	
		256,106		306,690	
<b>LIABILITIES</b>					
Creditors falling due within one year	9	(13,703)		(16,919)	
		<hr/>		<hr/>	
<b>NET CURRENT ASSETS</b>			242,403		289,771
			<hr/>		<hr/>
<b>NET ASSETS</b>	12		248,626		299,386
			<hr/>		<hr/>
<b>THE FUNDS OF THE CHARITY</b>					
Unrestricted Income Funds:					
General Funds		138,752		146,927	
		<hr/>		<hr/>	
	10	138,752		146,927	
Restricted Funds		109,874		152,459	
		<hr/>		<hr/>	
<b>TOTAL FUNDS</b>	12		248,626		299,386
			<hr/>		<hr/>

For the year in question, the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the accounts.

Approved by the Trustees on 7 December 2022 and signed on their behalf by:



Christopher Eatherton  
Chair

Company registration No. 8212122

The notes on pages 12 to 18 form an integral part of these Financial Statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**1 ACCOUNTING POLICIES****Basis of Preparation**

The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The charity is not required to prepare a Statement of Cash Flows.

The charity constitutes a public benefit entity as defined by FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Preparation of Accounts on a Going Concern Basis**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**Exemption from Preparing a Cash Flow Statement**

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

**General Funds**

These funds are available for the general purpose of the charity, to be used in accordance with the charitable objects at the discretion of the trustees.

**Restricted funds**

These are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when a specific donor or when the funds are raised for a particular purpose.

**Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

The charity is fortunate in the level of support it receives from volunteers, without which considerable expense would be incurred. It is not thought meaningful or practicable to put a monetary value on this support, but the trustees are extremely grateful to those who provide it.

**Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Charitable activities**

This includes all expenditure directly related to the aims of the charity.

**Governance costs**

These costs include the costs of governance arrangements, which relate to the general running of the charity as opposed to the direct management functions inherent in generating funds, service delivery and programme of project work. These include such items as external Independent Examination, legal advice for trustees and 10% of the salary cost of the Development Manager for time spent on dealing with constitutional and statutory requirements.

Expenditure by the charity in the year has been split between Unrestricted Funds and Restricted Funds and analysed between charitable activities, governance costs and the cost of generating funds.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**ACCOUNTING POLICIES (CONTINUED)**

**Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided so as to write off the cost of an asset over its useful economic life, which is considered to be between 3 and 5 years at 33.33% and 20% straight line.

**Cash and cash equivalents**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Basic financial liabilities**

Liabilities are recognised in the Statement of Financial Activities as they become payable.

**Retirements benefits**

The charity operates a defined contribution scheme for the benefit of its employees. The assets of the scheme are held separately from those of the charity. Contributions payable are charged to the profit and loss account in the year they are payable and are charged against unrestricted funds.

**Leases**

Rental costs under operating leases are charged to the statement of financial activities in equal amounts over the period of the lease

**Taxation**

As a registered charity, Age Cymru Powys is entitled to the exemption from taxation in respect to income and capital gains received with sections 478-489 of the corporation tax Act 2010 and section 256 of the Taxation Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects purposes only.

**Debtor**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discount due.

**Creditor and provisions**

Creditor and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party at the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discount due.

## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

## 2 INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31/03/2022 £	Total Funds Year Ended 31/03/2021 £
<b>Donations and Legacies:</b>				
Donations and Gifts	1,981	-	1,981	3,138
	<u>1,981</u>	<u>-</u>	<u>1,981</u>	<u>3,138</u>
<b>Income from Charitable Activities:</b>				
Grants Receivable	10,000	163,395	173,395	397,109
Service Contracts	31,417	-	31,417	38,861
	<u>41,417</u>	<u>163,395</u>	<u>204,812</u>	<u>435,970</u>
<b>Other Trading Activities:</b>				
Fundraising Income	604	-	604	196
Session Income	25,012	-	25,012	17,437
Other Income	481	-	481	3,969
	<u>26,097</u>	<u>-</u>	<u>26,097</u>	<u>21,602</u>
<b>Investment Income:</b>				
Interest Received	5	-	5	4
	<u>5</u>	<u>-</u>	<u>5</u>	<u>4</u>
<b>TOTAL INCOME</b>	<u>69,500</u>	<u>163,395</u>	<u>232,895</u>	<u>460,714</u>

<b>GRANTS</b>	Unrestricted Funds £	Restricted Funds £	Year Ended 31/03/2022 £	Year Ended 31/03/2021 £
Grants received in the year were as under:				
Powys Training Health Board	-	23,319	23,319	30,825
Big Lottery Fund	-	-	-	48,923
Age Cymru / UK	10,000	41,842	51,842	82,754
Veterans Project	-	-	-	57,256
WCVA	-	-	-	41,461
Community Fund	-	-	-	39,479
Mamwlad	-	61,888	61,888	36,748
Jobs Growth Wales	-	-	-	2,559
Severn Water	-	-	-	2,000
Margaret Davies	-	-	-	5,000
Powys County Council	-	-	-	10,000
Citizens Advice Ceredigion	-	17,500	17,500	2,500
Moondance	-	-	-	33,920
Individual Grants	-	-	-	225
HMRC CJRS	-	-	-	3,459
EngAge	-	12,300	12,300	-
Western Power	-	6,546	6,546	-
	<u>10,000</u>	<u>163,395</u>	<u>173,395</u>	<u>397,109</u>



AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

3 EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31/03/2022 £	Total Funds Year Ended 31/03/2021 £
<b>Costs of Raising Funds:</b>				
Fund Raising	1,320	-	1,320	875
	<hr/> 1,320	<hr/> -	<hr/> 1,320	<hr/> 875
<b>Charitable Activities</b>				
<b>Costs Directly Allocated to Activities:</b>				
Staff Costs	39,841	170,751	210,592	203,693
Building Costs	10,555	6,567	17,122	11,546
Staff Travel and Subsistence	4,638	11,444	16,082	9,015
Office Costs	7,576	7,078	14,654	16,080
Direct Project Costs	2,164	4,773	6,937	8,135
Professional and Legal Fees	2,327	1,800	4,127	4,481
Sundry Costs	668	-	668	340
Depreciation of Owned Fixed Assets	3,498	746	4,244	2,821
Governance Costs (See below)	5,669	2,240	7,909	7,627
	<hr/> 76,936	<hr/> 205,399	<hr/> 282,335	<hr/> 263,738
<b>Analysis of Governance Costs</b>				
Staff Costs	1,869	2,240	4,109	3,826
Independent Examination	600	-	600	600
Accountancy	1,500	-	1,500	1,650
Legal Fees	1,333	-	1,333	1,223
Trustee Expenses	130	-	130	86
Bank Charges	237	-	237	242
	<hr/> 5,669	<hr/> 2,240	<hr/> 7,909	<hr/> 7,627

4 STAFF COSTS

There was an average of 11 employees including part-time (2021 - 13) during the year, whose costs were as under:

	2022 £	2021 £
Salaries	199,101	193,145
Employers National Insurance	10,224	8,806
Staff Pension Costs	5,376	5,568
	<hr/> 214,701	<hr/> 207,519

## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**5 TRANSFER BETWEEN FUNDS**

The transfer between funds in the year are:

	Unrestricted Funds £	Restricted Funds £
Transfer of Core costs from Unrestricted Funds to Restricted Funds	588	(588)
Transfer of Core Funds from Unrestricted Funds to Restricted Funds	(7)	7
	<hr/> 581	<hr/> (581)

**6 TANGIBLE FIXED ASSETS****Cost or Revaluation**

	Office Equipment £	Total £
At 1 April 2021	23,983	23,983
Additions	852	852
Disposals	-	-
	<hr/> 24,835	<hr/> 24,835

At 31 March 2022

**Depreciation**

At 1 April 2021	14,368	14,368
Charge for year	4,244	4,244
On Disposals	-	-
	<hr/> 18,612	<hr/> 18,612

At 31 March 2022

**Carrying Amount**

At 31 March 2022	6,223	6,223
At 31 March 2021	9,615	9,615

**7 DEBTORS**

	2022 £	2021 £
Grants Receivable	27,068	30,825
Prepayments and Accrued Income	57,177	47,303
	<hr/> 84,245	<hr/> 78,128

**8 CREDITORS: Amounts falling due within one year**

	2022 £	2021 £
Creditors	6,482	10,580
Accruals and Deferred Income	2,884	2,454
Tax and Social Security	4,337	3,885
	<hr/> 13,703	<hr/> 16,919

## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

9 UNRESTRICTED FUNDS	At 01/04/2021 £	Income £	Expenditure £	Transfers £	At 31/03/2022 £
<b>Unrestricted Funds:</b>					
General Funds	146,927	69,500	(78,256)	581	138,752
<b>Total Unrestricted Funds</b>	<b>146,927</b>	<b>69,500</b>	<b>(78,256)</b>	<b>581</b>	<b>138,752</b>
<b>10 RESTRICTED FUNDS</b>	<b>At 01/04/2021 £</b>	<b>Incoming Resources £</b>	<b>Outgoing Resources £</b>	<b>Transfers £</b>	<b>At 31/03/2022 £</b>
<b>Restricted Income Funds:</b>					
EngAGE	85	12,301	(12,386)	-	-
Simply Nails	-	11,500	(11,500)	-	-
Tesco Bags of Help	253	-	-	-	253
Aging Well Mature Movers	2,207	-	-	-	2,207
Age UK Isolation and Loneliness	1,000	-	-	-	1,000
Veterans Project	47,621	10,272	(19,737)	-	38,156
Age Cymru / UK - Emergency	11,563	-	(51)	-	11,512
Severn Water	548	-	(548)	-	-
Margaret Davies	1,368	-	(1,368)	-	-
Hope Project 1 and 2	5,126	2,400	-	-	7,526
WCVA - Emergency	1,902	-	(91)	-	1,811
Community Fund	39,479	-	(38,859)	-	620
ICF Powys D2RA	857	11,819	(12,676)	-	-
Advicelink	2,500	17,500	(15,628)	-	4,372
Dementia Advocacy Hosting	2,500	5,000	-	-	7,500
Moondance	33,920	-	(2,349)	-	31,571
Mamwlad	-	61,888	(61,300)	(588)	-
Winter Pressure 21 / 22	-	23,163	(23,170)	7	-
Western Power	-	6,546	(4,990)	-	1,556
Age UK Volunteering	-	1,006	-	-	1,006
	<b>150,929</b>	<b>163,395</b>	<b>(204,653)</b>	<b>(581)</b>	<b>109,090</b>
<b>Restricted Capital Funds:</b>					
Margaret Davies Trust	23	-	(23)	-	-
ICF I & A	473	-	(237)	-	236
Veterans Project	1,034	-	(486)	-	548
	<b>1,530</b>	<b>-</b>	<b>(746)</b>	<b>-</b>	<b>784</b>
<b>Total Restricted Funds</b>	<b>152,459</b>	<b>163,395</b>	<b>(205,399)</b>	<b>(581)</b>	<b>109,874</b>

## AGE CYMRU POWYS

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

The purposes of Restricted Income Funds are:

**EngAGE** - grant supports over 50 forum and represents members' views at strategic level.

**Simply Nails** - grant is provided for a Toe Nail cutting service for people aged 50 plus. The project is run by a volunteer coordinator who trains under the guidance of the NHS Podiatry Service local volunteers. We currently operate clinics at Llandrindod Wells, Builth Wells, Brecon, Crickhowell, Llanidloes, Newtown, Llangantffraid, Welshpool, Knighton and Ystradgynlais.

**Tesco Bags of Help** - is funding received for the Happy Feet project to purchase specialised equipment for Simply Nails.

**Aging Well Mature Movers** - funding for Aging Well Mature Movers.

**Age UK Isolation and Loneliness** - funding an Isolation and Loneliness project.

**Veterans Project** - identifying older veterans who may need support providing low level advocacy.

**Age Cymru / UK Emergency** - rapid response and scale up work in response to covid 19.

**Severn Water** - to support older vulnerable people in Powys in response to covid 19.

**Margaret Davies** - to support older vulnerable people in Powys in response to covid 19 pandemic.

**Hope Project 1 and 2** - working together to deliver low level advocacy provision across Wales through partnership working with brand partners and Age Connects across Wales.

**WCVA Emergency** - to support older vulnerable people in Powys in response to covid 19 pandemic.

**Community Fund** - to support older vulnerable people in Powys in response to covid 19 pandemic.

**ICF Powys D2RA** - to support older vulnerable people in Powys in response to covid 19 pandemic and to scale up offering home from hospital support and I&A advice.

**Advicelink** - delivering I&A provision in collaboration with Citizens Advice in West Wales and Age Cymru Dyfed.

**Dementia Advocacy Hosting** - Working together as a network to deliver dementia advocacy provision across Wales through partnership working with brand partners across Wales.

**Moondance Foundation** - to support vulnerable older people at home and in their communities by providing information, Advice and Assistance

**Mamwlad** - funded by Welsh Government to support older farmers and their families in Powys.

**Winter Pressure 21/22** - to support safe hospital discharge and prevent hospital admissions. Providing information, advice and assistance working with Age Cymru Powys befriending project to enable older people to remain safe and healthy.

**Western Power** - to support energy advocacy across North Powys to vulnerable older people at risk of fuel poverty

**Age UK Volunteering** - to support a Wales-wide strategic volunteering approach to enable better support, processes and training for volunteers.

#### 11 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted Funds - General Funds	5,439	133,313	138,752
Restricted Funds	784	109,090	109,874
	6,223	242,403	248,626

#### 12 TRUSTEES REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the Charity was paid or payable in the year to any Trustee or to any person or persons known to be connected with any of them (2021 - £Nil).

No expenses were paid to Trustees in the year ended 31 March 2022 (2021 - £Nil).

#### 13 TAXATION

The company is registered as a charity and is therefore not liable to Corporation Tax.



Charity registration number: 1174222  
Company registration number: 8212122

**AGE CYMRU POWYS**  
(A company limited by guarantee  
and not having a share capital)

**ANNUAL REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**AGE CYMRU POWYS**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2022**

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## AGE CYMRU POWYS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees are pleased to present their Annual Directors' Report together with the Financial Statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **Chair's Introduction**

This year we have already started working hard to combat the cost-of-living crisis as we understand the challenges that older people on a low income will experience. Almost one in five older people in Wales are living in poverty before the cost-of-living crisis and soaring energy bills. Now they will be driven further into poverty over the coming months, putting their health at significant risk.

Age Cymru Powys been supporting the most deprived, vulnerable, frail and isolated, helping them apply and gain the benefits they are entitled. Minimising the impact on choosing between heating and eating, enabling them to stay healthy, reducing demand on NHS and Local Authority services by early interventions to avoid hospital admissions.

Age Cymru Powys dedicated team delivers a life-changing services, providing wrap-around care to make sure older Powys people get the help they desperately need to live full lives and sustain their independence for longer.

Our quality-accredited service is relied upon by statutory and non-statutory organisations to fill fundamental gaps in service provision for older people. We work with Adult Social Services, Safeguarding Teams and the NHS to deliver needs assessments and tailored packages of support.

This year the team of staff and volunteers helped many older people, their families, and their carers changing many lives. It still amazes me as Chair that so many people are helped, supported, enabled and grateful to the few.

On behalf of my fellow trustees I would like to thank the incredible dedication, hard work of our staff and volunteers.

Christopher Eatherton  
Chair of Trustees

#### **OBJECTIVES AND ACTIVITIES**

Age Cymru Powys will work to improve quality of life for older people\* in Powys.

\*All people can be in need of help at certain times of their lives. Older people in need will be those who are isolated geographically, socially or economically in Powys or who have health needs which impact upon their lives. This will be the group for whom our services will be focused.

The aim of Age Cymru Powys (ACP) is to provide excellent quality services tailored to the needs of older people in Powys. To raise the profile of age issues and enable the voices of older people to positively influence policy and provision.

#### **Be the valued, effective, reputable and expert provider of services**

We will:

- Involve older people in what we plan, deliver and evaluate, positively promote older age and deliver services that are relevant for older people in Powys
- Maximise the use of volunteers in supporting our organisation and our service delivery
- Achieve Age UK I&A Quality Programme, Standards for Health Services in Wales, Quality Performance Mark
- Monitor and evaluate all aspects of our work and of the organisation and measure the impact we have on older people
- Make the most effective and efficient use of our limited resources and seek to broaden our funding base to increase our sustainability
- Continue to promote and invest in learning and development opportunities for our staff
- Ensure good governance and legal compliance through investment in and support for trustees

#### **We work to collaborate with other organisations across Powys and Wales enhancing services and avoiding duplication**

We will:

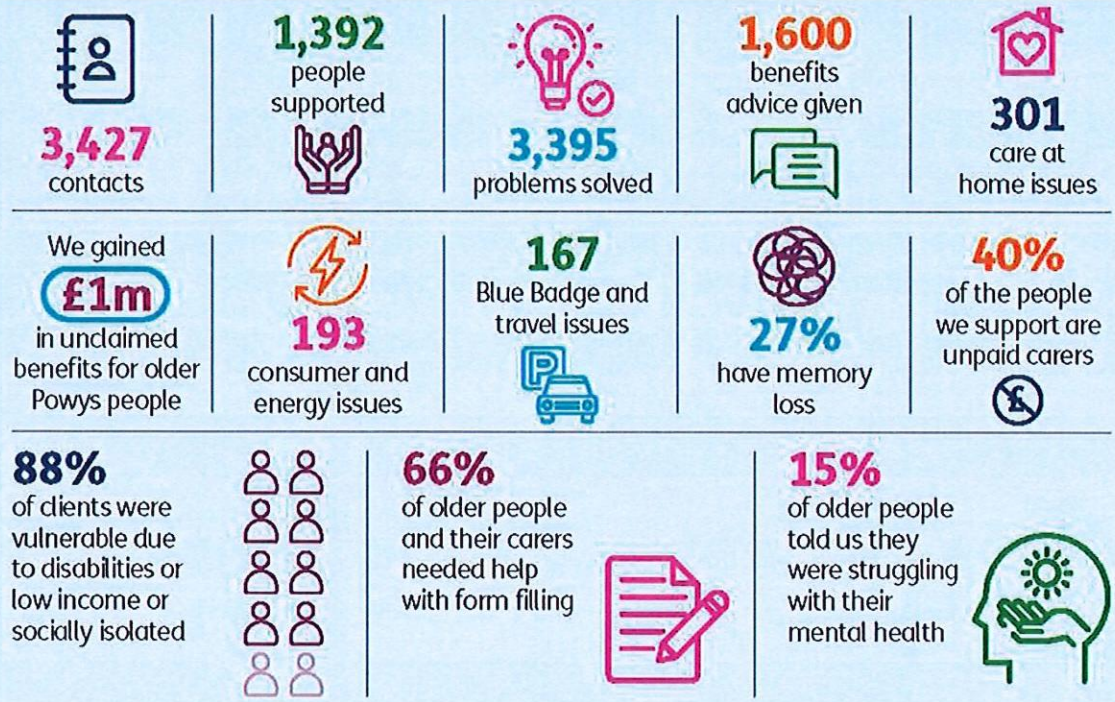
- Continue to develop our knowledge and awareness of services available to support older people and make links with these services to enable effective signposting and referrals
- Maintain our existing links with services we refer into
- Develop further effective partnerships to holistically meet the needs of vulnerable older people
- Attend and contribute positively to relevant networks within Powys and Wales
- Consider all service development proposals as potential partnerships

# Our Impact

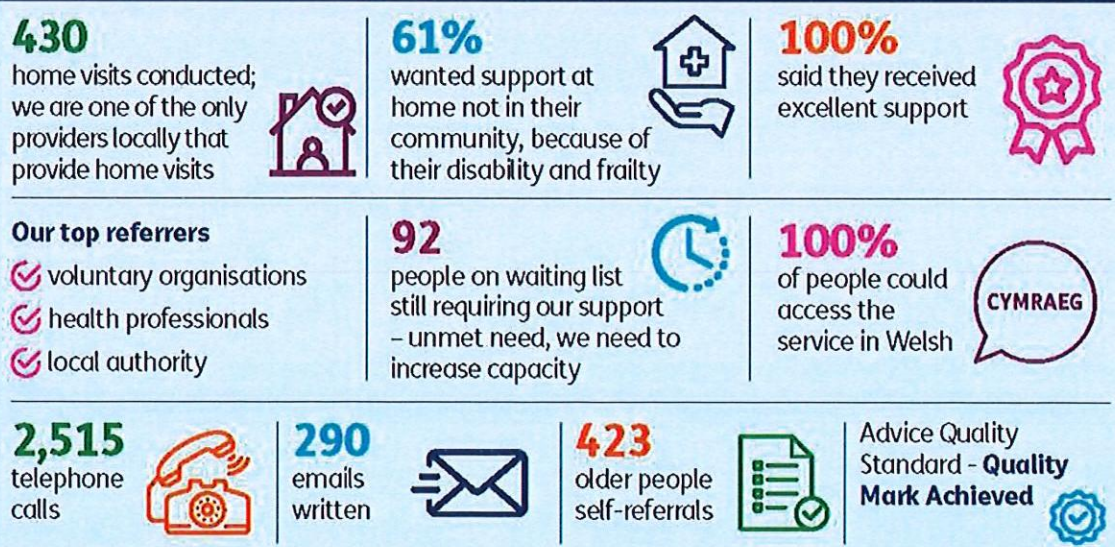
## 2021-2022



### Impact of Information, Advice & Assistance services including specialist support for Veterans and Farmers



### How we provided support





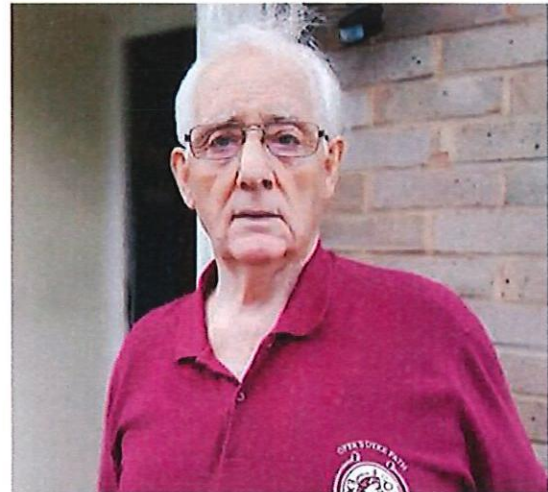
# Case Study: Donald's TV Licence



## Helping Donald to claim his financial entitlements

Whilst having his toenails cut at our Simply Nails clinic, Donald mentioned he was worried about paying for his TV licence.

Our Outreach Worker telephoned Donald, and they spent some time discussing what additional support he may be entitled to and what help would make his life better and easier.



### What help is available?

The Age Cymru Powys Outreach Worker carried out a Financial Check for Donald which showed he was entitled to Pension Credit.

As Donald's health needs had changed, she advised he may also be missing out on claiming Attendance Allowance.

The Outreach Worker completed the paperwork with Donald over the telephone due to COVID-19.

### What was the result?

The Pension Credit application was successful, meaning that in addition to extra money in his pocket, Donald no longer has to worry about paying for his TV licence – as he's now entitled to it free of charge.

The Pension Credit award also ensures that Donald receives the Warm Home Discount automatically.

Donald was also awarded Attendance Allowance – so he can now afford a cleaner to help him out around the house.

**We offer  
immediate practical  
support for older  
Powys residents.**



Age Cymru Powys, Old Warehouse,  
Parkers Lane, Newtown, Powys, SY16 2LT  
Tel: 01686 623707  
E-mail: [enquiries@acpowys.org.uk](mailto:enquiries@acpowys.org.uk)  
[www.agecymru.org.uk/powys](http://www.agecymru.org.uk/powys)

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- [instagram.com/agecymrupowys](https://instagram.com/agecymrupowys)

Age Cymru Powys is a registered charity 1174222  
and limited by guarantee 08212122  
We are local, we are independent, just in Powys.



**AGE CYMRU POWYS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**Information, Advice, Assistance**

Age Cymru Powys operates a free, confidential information and advice service for people aged 65+ but the focus of our work is for vulnerable older people who are marginalised. We also support their carers and families.

Age Cymru Powys can offer information and/or advice on the following:

**Benefits and money**

- ☐ Carry out a benefit check – covering pensions, means-tested benefits and disability related benefits.
- ☐ Consumer issues including support to save money on energy bills, switching supplier, accessing grants to combat fuel poverty.
- ☐ Provide support in claiming benefits or helping the older person access other financial help.
- ☐ Challenge benefit authorities if the decision is not in their favour – or refer on to an independent advice agency to do so.

**Social care**

- ☐ Advise users on statutory and non-statutory social care services available, on eligibility criteria (financial and non-financial) and whether they may be eligible and what other options are available.
- ☐ Provide support in gaining access to social care services and equipment.
- ☐ Challenge statutory authorities if user has difficulty gaining their rights – or refer on to Local Authority or Health Board funded Advocacy Service.

**Housing options**

- ☐ Use advice skills to help users assess their housing needs. Help users access other local independent advice agencies if available.
- ☐ Make available to client's details of local sheltered housing and residential care options, and other housing and maintenance options.
- ☐ Refer on to national level specialist support where appropriate.

**Local Services and support**

- ☐ Keep up to date and make available to users, details of local services and support, both statutory and non-statutory, which are appropriate and beneficial for older people.

Support is provided face to face, at home over the telephone and in communities. Delivering holistically based on needs for older people with disabilities.

Age Cymru Powys has alternative office status granted by DWP and all of our advice staff are pension service nominated officers and are able to verify documents and are able to help with filling out forms, avoiding the need for clients to send sensitive information through the post.

**Mamwald** – Information, Advice, Advocacy service for older farmers and their families across Powys. Collaborative working with Care and Repair Powys, our work targets the farming community who are naturally independent and reluctant to seek help. Enabling them to plan for later life and to access support that is holistic to their needs. Supporting those on a low income and can be asset rich, providing benefits support and assistance to reduce poverty.

**Veterans** – The aim of this project was to ensure that the most socially and physically isolated older Veterans in Powys have access to support services to improve their quality of life. Through collaborative working with other partners in Powys it targeted the Veteran community who are naturally independent and reluctant to seek help. We provided Information, Advice, Advocacy service for older veterans across Powys, enabling them to access support to improve the quality of life, identify unclaimed benefits preventing poverty. In addition support tackling loneliness and isolation by providing wellbeing activities in communities across Powys.

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022

**Warm Home Initiative Home Energy Checks**

Age Cymru Powys was funded by Age UK and EON to support vulnerable older people check if they were staying warm and offering a home energy check. The home energy check was either delivered over the telephone or at the home address. The Home energy officer would holistically discuss home energy and would install small measures to save money of the vulnerable older persons energy bills. Items installed, were light bulbs, radiator foils, draft excluders, timers, boiler jackets. We also would refer them to providers if we identified they may benefit from a new boiler or other energy efficiency scheme.

The Home Energy Officer provided practical advice in the home on:

- General: electrical safety; health and cold, damp housing.
- Behaviour-change: energy use and energy saving practices.
- Systems, appliances and devices: safe, energy-efficient usage; temperature controls and timers.
- Money matters: income maximisation (benefits, winter fuel payments, warm home discount, cold weather payments) and budgeting; bills and smart metres; energy debts and solutions (supplier and hardship funds) ; access to loans and grants (Nest, Arbed, ECO schemes etc).
- Energy suppliers: legal rights/responsibilities; payment methods; tariffs, capping and priority services register; switching.
- Building/technical: energy efficiency improvements; water ingress, damp, condensation and air quality solutions.
- Private tenants: legal rights to supply, systems, appliances and energy efficiency improvements.
- 'Warm' referrals to relevant services.

During this period 94 Home Energy Checks were provided across Powys.

**Simply Nails**

Simply Nails delivering footcare and nail cutting since 2010. The service is mainly for people over the age of 50 with disabilities, who are no longer able to reach their feet due to several health reasons such as sight impairment, arthritis, hip operations or simply find it impossible cut their nails. Most of our clients are aged between 75+ to 94+. 9 trained volunteers supporting the service  
Active service in 9 communities every month

The service provided a massive 1450 individual toenail-cutting appointments during April 21 – March 2022.  
Delivering 103 community sessions  
363 new clients attended.

- Health and wellbeing checks at each appointment.
- Professionally delivered Qualified Foot Care Practitioner overseeing project.
- The service provides a critical and much-needed service for older people in Powys.
- The service reduces the likelihood of falls and the associated cost for health services.
- The service enables access to older people, who may not otherwise engage e.g., on vaccines, falls prevention, aid, and adaptations.
- The service undertakes 'early identification' of future potential issues e.g. physical and mental health, isolation, Protection of Vulnerable Adults, poor access to other required services, thereby preventing escalation of needs to critical levels.
- The Simply Nails service is provided as part of a holistic package to older people by Age Cymru Powys, including information and advice and advocacy
- The service reduces isolation, by giving people the opportunity to access telephone befriending calls and community volunteering.
- The service has established referral routes and partnerships with other key delivery agencies in the statutory and voluntary sector e.g., Care and Repair, social care, GP's.
- The service offers a range of opportunities for volunteers including developing new skills, knowledge and experience, increased employment prospects.
- Encourage older people to become more independent.
- Prevent falls and are therefore a huge cost saving to the NHS.
- Encourage cross networking; Simply Nails volunteers refer to the GP or POD if they see any suspicious marks on legs, which could become a lot worse.

**Volunteering**

Volunteers provided much valued help, time, and skills enabling older people to remain independent and to be less lonely and isolated. 66 volunteers give their time and support older people across Powys.

In October 2020 in response to the pandemic we developed Check in & Chat and Community Volunteering. We worked collaboratively with other services and communities plugging gaps in provision. We employed our very first volunteer coordinator and set about rapidly responding to the needs of older people. Volunteers regularly call our clients and brighten up their day. Many volunteers contact several clients each week.

## AGE CYMRU POWYS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### Organisation achievements

In November 2018 we successfully achieved Age UK Organisational Quality Mark which is endorsed by the Charity Commission. Also achieving the Advice and Quality Mark in September 2021.

#### Staff

Gall Colbridge	- Chief Officer
Sarah Bone	- Operations Officer
Amy Greaves	- Information and Advice Outreach Officer
Louise Croad	- Information and Advice Outreach Officer
Paul Colbridge	- Information and Advice/ Mamwlad Officer
Gethin Edwards	- Mamwlad Officer
Mary Evans	- Mamwlad Officer
Gwyneth Barrowclough	- Veterans Wellbeing Officer
Nikki Trow	- Information and Advice Trainee
Yvonne Buffon	- Simply Nails Co-ordinator
Steve Cadwallader Jones	- Home Energy Officer
Cath Midgley	- Volunteer Coordinator

#### PARTNERSHIP

##### Partnerships and networks

Employees and trustees of Age Cymru Powys attend the following partnership and network meetings: Older Peoples Partnership Board

- Farming Network
- Powys Advocacy Network
- Dementia Friendly Communities Group
- Age Cymru Information and Advice Network
- Age Cymru Chief Officer's Network
- Age Cymru Advocacy Network

##### Wider networks

Age Cymru Powys is committed to working in partnership across the County of Powys, within Wales, the UK, and with the wider Age Cymru movement. We are a member of voluntary sector umbrella organisations; Powys Association of Voluntary Organisations (PAVO) and Wales Council for Voluntary Action (WCVA). Employees and trustees are members of a wide variety of networks, partnerships and working groups covering a range of topics from advocacy, adult protection, I&A and public affairs.

#### FINANCIAL REVIEW

Total Incoming Resources in the year were £232,895 (2021 - £460,714). Expenditure was £283,655 compared to £264,613 for the previous year. Net expenditure for the year was £50,760 compared to net income of £196,101 for the previous year. The net movement in funds were net expenditure for Restricted Funds of £42,585 (2021 - net income of £115,583) and net expenditure for Unrestricted Funds of £8,175 (2021 - Net income £80,518) details of which are provided in the notes to the Financial Statements.

##### Principal Funding Sources

Details of principal funding sources for the year ended 31 March 2022 are provided in note 2 of the Financial Statements.

##### Reserves Policy

The Trustees will establish a policy whereby the unrestricted funds not committed or invested in tangible fixed assets, or held in designated funds, ('the free reserves') held by the Charity should be between three and six months of budgeted expenditure which is estimated currently would be £150,000. At this level the Trustees feel they would be able to continue the current activities of the Charity in the event of a significant drop in funding. The actual free reserves at 31 March 2021 were £133,313 (2021 - £138,842). which falls below the target level at this date. However, the trustees are aware of this and have a strategy to build reserves through planned operating surpluses in future years.

**AGE CYMRU POWYS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Age Cymru Powys is a registered charity, number 1174222 (formerly number 1149048) and is a private limited company, number 8212122, which was registered with Companies House on 12 September 2012.

**Key Management Personnel**

The trustees and the Chief Officer are the key management personnel. During the year, all trustees gave their time freely and no trustee received any remuneration.

The Chief Officer's salary is benchmarked against senior staff in other similar voluntary organisations, including other equivalent sized local Age Cymru partners. Our policy is to review the pay of the senior staff member on an annual basis. Where funding allows, we will seek to increase salary in accordance with average earnings.

**Major risks**

Age Cymru Powys undertook a comprehensive strategic planning during covid19 pandemic. This identified possible risks and opportunities for the organisation. The subsequent risk register is reported to Board meetings. Actions have been taken to reduce risks and develop possible opportunities. For example, dependency on certain funding streams has been addressed by seeking funding from a wider variety of sources and undertaking fundraising for unrestricted funds.

**REFERENCE AND ADMINISTRATIVE DETAILS**

Charity Name:	Age Cymru Powys	
Registered Charity Number:	1174222	
Registered Company Number:	8212122	
Registered Office:	Old Warehouse Parker Lane Newtown Powys SY16 2LT	
Trustees:	Christopher Eatherton Michael Harris Gwyneth Bird Adrian Foulkes	Chair
Secretary:	Gail Colbridge	
Bankers:	HSBC plc The Cross 1 Broad Street Newtown Powys SY16 2LX	
Independent Examiner:	A C Jones BSc (Econ), FCA Andrew Jones & Co The Old Surgery Spa Riad Llandrindod Wells Powys LD1 5EY	



**AGE CYMRU POWYS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**ACKNOWLEDGEMENTS**

**Thank you**

Thanks, must be given to the following for the support we have received over the year. We are grateful for funding from all our funders in the year from, Powys Teaching Health Board, PAVO, Moondance, Welsh Government, Age Cymru, Age UK, Western Power Distribution and Armed Forces Covenant Trust to fund our services. Thanks also to all those individuals who have kindly donated money and their time to support the work of Age Cymru Powys throughout the year.

**RESPONSIBILITIES OF THE BOARD OF TRUSTEES**

The trustees (who are also directors of Age Cymru Powys for the purposes of company law) are responsible for preparing the Trustees' Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these Financial Statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Report of the Trustees has been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities (SORP 2015) and in accordance with special provisions of Part 15 to the Companies Act 2006 relating to small companies.

Approved by the Board of Trustees on 7 December 2022 and signed on its behalf by:



Christopher Eatherton  
Chair

**AGE CYMRU POWYS**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES  
OF AGE CYMRU POWYS**

I report on the accounts of the Charitable Company for the year ended 31 March 2022, which are set out on pages 10 to 18.

**Respective Responsibilities of Trustees and Examiner**

The Charity's Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of Independent Examiner's Report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
  - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006 and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and have not been met; or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts be reached.

A C Jones BSc (Econ) FCA  
Andrew Jones & Co  
Chartered Accountants  
The Old surgery  
Spa Road  
Llandrindod Wells  
Powys  
LD1 5EY

7 December 2022



## AGE CYMRU POWYS

STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31/03/2022 £	Total Funds Year Ended 31/03/2021 £
<b>INCOME</b>					
Donations and Legacies		1,981	-	1,981	3,138
Charitable Activities		41,417	163,395	204,812	435,970
Other Trading Activities		26,097	-	26,097	21,602
Investment Income		5	-	5	4
<b>TOTAL INCOME</b>	<b>2</b>	<b>69,500</b>	<b>163,395</b>	<b>232,895</b>	<b>460,714</b>
<b>EXPENDITURE</b>					
Costs of Raising Funds		1,320	-	1,320	875
Charitable Activities		76,936	205,399	282,335	263,738
<b>TOTAL EXPENDITURE</b>	<b>3</b>	<b>78,256</b>	<b>205,399</b>	<b>283,655</b>	<b>264,613</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>(8,756)</b>	<b>(42,004)</b>	<b>(50,760)</b>	<b>196,101</b>
Transfers Between Funds	<b>4</b>	<b>581</b>	<b>(581)</b>	<b>-</b>	<b>-</b>
<b>NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS FOR THE YEAR</b>		<b>(8,175)</b>	<b>(42,585)</b>	<b>(50,760)</b>	<b>196,101</b>
Total Funds Brought Forward		146,927	152,459	299,386	103,285
Total Funds Carried Forward		138,752	109,874	248,626	299,386

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 12 to 18 form an integral part of these Financial Statements.

## AGE CYMRU POWYS

BALANCE SHEET  
AT 31 MARCH 2022

	Note	2022		2021	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	6		6,223		9,615
			<hr/>		<hr/>
			6,223		9,615
<b>CURRENT ASSETS</b>					
Debtors	8	84,245		78,128	
Cash at Bank and In Hand		171,861		228,562	
		<hr/>		<hr/>	
		256,106		306,690	
<b>LIABILITIES</b>					
Creditors falling due within one year	9	(13,703)		(16,919)	
		<hr/>		<hr/>	
<b>NET CURRENT ASSETS</b>			242,403		289,771
			<hr/>		<hr/>
<b>NET ASSETS</b>	12		248,626		299,386
			<hr/>		<hr/>
<b>THE FUNDS OF THE CHARITY</b>					
Unrestricted Income Funds:					
General Funds		138,752		146,927	
		<hr/>		<hr/>	
	10	138,752		146,927	
Restricted Funds		109,874		152,459	
		<hr/>		<hr/>	
<b>TOTAL FUNDS</b>	12		248,626		299,386
			<hr/>		<hr/>

For the year in question, the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the accounts.

Approved by the Trustees on 7 December 2022 and signed on their behalf by:



Christopher Eatherton  
Chair

Company registration No. 8212122

The notes on pages 12 to 18 form an integral part of these Financial Statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**1 ACCOUNTING POLICIES****Basis of Preparation**

The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The charity is not required to prepare a Statement of Cash Flows.

The charity constitutes a public benefit entity as defined by FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Preparation of Accounts on a Going Concern Basis**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**Exemption from Preparing a Cash Flow Statement**

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

**General Funds**

These funds are available for the general purpose of the charity, to be used in accordance with the charitable objects at the discretion of the trustees.

**Restricted funds**

These are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when a specific donor or when the funds are raised for a particular purpose.

**Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

The charity is fortunate in the level of support it receives from volunteers, without which considerable expense would be incurred. It is not thought meaningful or practicable to put a monetary value on this support, but the trustees are extremely grateful to those who provide it.

**Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Charitable activities**

This includes all expenditure directly related to the aims of the charity.

**Governance costs**

These costs include the costs of governance arrangements, which relate to the general running of the charity as opposed to the direct management functions inherent in generating funds, service delivery and programme of project work. These include such items as external Independent Examination, legal advice for trustees and 10% of the salary cost of the Development Manager for time spent on dealing with constitutional and statutory requirements.

Expenditure by the charity in the year has been split between Unrestricted Funds and Restricted Funds and analysed between charitable activities, governance costs and the cost of generating funds.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**ACCOUNTING POLICIES (CONTINUED)**

**Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided so as to write off the cost of an asset over its useful economic life, which is considered to be between 3 and 5 years at 33.33% and 20% straight line.

**Cash and cash equivalents**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Basic financial liabilities**

Liabilities are recognised in the Statement of Financial Activities as they become payable.

**Retirements benefits**

The charity operates a defined contribution scheme for the benefit of its employees. The assets of the scheme are held separately from those of the charity. Contributions payable are charged to the profit and loss account in the year they are payable and are charged against unrestricted funds.

**Leases**

Rental costs under operating leases are charged to the statement of financial activities in equal amounts over the period of the lease

**Taxation**

As a registered charity, Age Cymru Powys is entitled to the exemption from taxation in respect to income and capital gains received with sections 478-489 of the corporation tax Act 2010 and section 256 of the Taxation Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects purposes only.

**Debtor**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discount due.

**Creditor and provisions**

Creditor and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party at the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discount due.

## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

## 2 INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31/03/2022 £	Total Funds Year Ended 31/03/2021 £
<b>Donations and Legacies:</b>				
Donations and Gifts	1,981	-	1,981	3,138
	<u>1,981</u>	<u>-</u>	<u>1,981</u>	<u>3,138</u>
<b>Income from Charitable Activities:</b>				
Grants Receivable	10,000	163,395	173,395	397,109
Service Contracts	31,417	-	31,417	38,861
	<u>41,417</u>	<u>163,395</u>	<u>204,812</u>	<u>435,970</u>
<b>Other Trading Activities:</b>				
Fundraising Income	604	-	604	196
Session Income	25,012	-	25,012	17,437
Other Income	481	-	481	3,969
	<u>26,097</u>	<u>-</u>	<u>26,097</u>	<u>21,602</u>
<b>Investment Income:</b>				
Interest Received	5	-	5	4
	<u>5</u>	<u>-</u>	<u>5</u>	<u>4</u>
<b>TOTAL INCOME</b>	<u>69,500</u>	<u>163,395</u>	<u>232,895</u>	<u>460,714</u>

<b>GRANTS</b>	Unrestricted Funds £	Restricted Funds £	Year Ended 31/03/2022 £	Year Ended 31/03/2021 £
Grants received in the year were as under:				
Powys Training Health Board	-	23,319	23,319	30,825
Big Lottery Fund	-	-	-	48,923
Age Cymru / UK	10,000	41,842	51,842	82,754
Veterans Project	-	-	-	57,256
WCVA	-	-	-	41,461
Community Fund	-	-	-	39,479
Mamwlad	-	61,888	61,888	36,748
Jobs Growth Wales	-	-	-	2,559
Severn Water	-	-	-	2,000
Margaret Davies	-	-	-	5,000
Powys County Council	-	-	-	10,000
Citizens Advice Ceredigion	-	17,500	17,500	2,500
Moondance	-	-	-	33,920
Individual Grants	-	-	-	225
HMRC CJRS	-	-	-	3,459
EngAge	-	12,300	12,300	-
Western Power	-	6,546	6,546	-
	<u>10,000</u>	<u>163,395</u>	<u>173,395</u>	<u>397,109</u>

## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

## 3 EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31/03/2022 £	Total Funds Year Ended 31/03/2021 £
<b>Costs of Raising Funds:</b>				
Fund Raising	1,320	-	1,320	875
	<u>1,320</u>	<u>-</u>	<u>1,320</u>	<u>875</u>
<b>Charitable Activities</b>				
<b>Costs Directly Allocated to Activities:</b>				
Staff Costs	39,841	170,751	210,592	203,693
Building Costs	10,555	6,567	17,122	11,546
Staff Travel and Subsistence	4,638	11,444	16,082	9,015
Office Costs	7,576	7,078	14,654	16,080
Direct Project Costs	2,164	4,773	6,937	8,135
Professional and Legal Fees	2,327	1,800	4,127	4,481
Sundry Costs	668	-	668	340
Depreciation of Owned Fixed Assets	3,498	746	4,244	2,821
Governance Costs (See below)	5,669	2,240	7,909	7,627
	<u>76,936</u>	<u>205,399</u>	<u>282,335</u>	<u>263,738</u>
<b>Analysis of Governance Costs</b>				
Staff Costs	1,869	2,240	4,109	3,826
Independent Examination	600	-	600	600
Accountancy	1,500	-	1,500	1,650
Legal Fees	1,333	-	1,333	1,223
Trustee Expenses	130	-	130	86
Bank Charges	237	-	237	242
	<u>5,669</u>	<u>2,240</u>	<u>7,909</u>	<u>7,627</u>

## 4 STAFF COSTS

There was an average of 11 employees including part-time (2021 - 13) during the year, whose costs were as under:

	2022 £	2021 £
Salaries	199,101	193,145
Employers National Insurance	10,224	8,806
Staff Pension Costs	5,376	5,568
	<u>214,701</u>	<u>207,519</u>

## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**5 TRANSFER BETWEEN FUNDS**

The transfer between funds in the year are:

	Unrestricted Funds £	Restricted Funds £
Transfer of Core costs from Unrestricted Funds to Restricted Funds	588	(588)
Transfer of Core Funds from Unrestricted Funds to Restricted Funds	(7)	7
	<hr/> 581	<hr/> (581)

**6 TANGIBLE FIXED ASSETS****Cost or Revaluation**

	Office Equipment £	Total £
At 1 April 2021	23,983	23,983
Additions	852	852
Disposals	-	-
	<hr/> 24,835	<hr/> 24,835

At 31 March 2022

**Depreciation**

At 1 April 2021	14,368	14,368
Charge for year	4,244	4,244
On Disposals	-	-
	<hr/> 18,612	<hr/> 18,612

At 31 March 2022

**Carrying Amount**

At 31 March 2022	6,223	6,223
At 31 March 2021	9,615	9,615

**7 DEBTORS**

	2022 £	2021 £
Grants Receivable	27,068	30,825
Prepayments and Accrued Income	57,177	47,303
	<hr/> 84,245	<hr/> 78,128

**8 CREDITORS: Amounts falling due within one year**

	2022 £	2021 £
Creditors	6,482	10,580
Accruals and Deferred Income	2,884	2,454
Tax and Social Security	4,337	3,885
	<hr/> 13,703	<hr/> 16,919



## AGE CYMRU POWYS

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

9 UNRESTRICTED FUNDS	At 01/04/2021 £	Income £	Expenditure £	Transfers £	At 31/03/2022 £
<b>Unrestricted Funds:</b>					
General Funds	146,927	69,500	(78,256)	581	138,752
<b>Total Unrestricted Funds</b>	<b>146,927</b>	<b>69,500</b>	<b>(78,256)</b>	<b>581</b>	<b>138,752</b>
<b>10 RESTRICTED FUNDS</b>	<b>At 01/04/2021 £</b>	<b>Incoming Resources £</b>	<b>Outgoing Resources £</b>	<b>Transfers £</b>	<b>At 31/03/2022 £</b>
<b>Restricted Income Funds:</b>					
EngAGE	85	12,301	(12,386)	-	-
Simply Nails	-	11,500	(11,500)	-	-
Tesco Bags of Help	253	-	-	-	253
Aging Well Mature Movers	2,207	-	-	-	2,207
Age UK Isolation and Loneliness	1,000	-	-	-	1,000
Veterans Project	47,621	10,272	(19,737)	-	38,156
Age Cymru / UK - Emergency	11,563	-	(51)	-	11,512
Severn Water	548	-	(548)	-	-
Margaret Davies	1,368	-	(1,368)	-	-
Hope Project 1 and 2	5,126	2,400	-	-	7,526
WCVA - Emergency	1,902	-	(91)	-	1,811
Community Fund	39,479	-	(38,859)	-	620
ICF Powys D2RA	857	11,819	(12,676)	-	-
Advicelink	2,500	17,500	(15,628)	-	4,372
Dementia Advocacy Hosting	2,500	5,000	-	-	7,500
Moondance	33,920	-	(2,349)	-	31,571
Mamwlad	-	61,888	(61,300)	(588)	-
Winter Pressure 21 / 22	-	23,163	(23,170)	7	-
Western Power	-	6,546	(4,990)	-	1,556
Age UK Volunteering	-	1,006	-	-	1,006
	<b>150,929</b>	<b>163,395</b>	<b>(204,653)</b>	<b>(581)</b>	<b>109,090</b>
<b>Restricted Capital Funds:</b>					
Margaret Davies Trust	23	-	(23)	-	-
ICF I & A	473	-	(237)	-	236
Veterans Project	1,034	-	(486)	-	548
	<b>1,530</b>	<b>-</b>	<b>(746)</b>	<b>-</b>	<b>784</b>
<b>Total Restricted Funds</b>	<b>152,459</b>	<b>163,395</b>	<b>(205,399)</b>	<b>(581)</b>	<b>109,874</b>

## AGE CYMRU POWYS

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

The purposes of Restricted Income Funds are:

**EngAGE** - grant supports over 50 forum and represents members' views at strategic level.

**Simply Nails** - grant is provided for a Toe Nail cutting service for people aged 50 plus. The project is run by a volunteer coordinator who trains under the guidance of the NHS Podiatry Service local volunteers. We currently operate clinics at Llandrindod Wells, Builth Wells, Brecon, Crickhowell, Llanidloes, Newtown, Llangantffraid, Welshpool, Knighton and Ystradgynlais.

**Tesco Bags of Help** - is funding received for the Happy Feet project to purchase specialised equipment for Simply Nails.

**Aging Well Mature Movers** - funding for Aging Well Mature Movers.

**Age UK Isolation and Loneliness** - funding an Isolation and Loneliness project.

**Veterans Project** - identifying older veterans who may need support providing low level advocacy.

**Age Cymru / UK Emergency** - rapid response and scale up work in response to covid 19.

**Severn Water** - to support older vulnerable people in Powys in response to covid 19.

**Margaret Davies** - to support older vulnerable people in Powys in response to covid 19 pandemic.

**Hope Project 1 and 2** - working together to deliver low level advocacy provision across Wales through partnership working with brand partners and Age Connects across Wales.

**WCVA Emergency** - to support older vulnerable people in Powys in response to covid 19 pandemic.

**Community Fund** - to support older vulnerable people in Powys in response to covid 19 pandemic.

**ICF Powys D2RA** - to support older vulnerable people in Powys in response to covid 19 pandemic and to scale up offering home from hospital support and I&A advice.

**Advicelink** - delivering I&A provision in collaboration with Citizens Advice in West Wales and Age Cymru Dyfed.

**Dementia Advocacy Hosting** - Working together as a network to deliver dementia advocacy provision across Wales through partnership working with brand partners across Wales.

**Moondance Foundation** - to support vulnerable older people at home and in their communities by providing information, Advice and Assistance

**Mamwlad** - funded by Welsh Government to support older farmers and their families in Powys.

**Winter Pressure 21/22** - to support safe hospital discharge and prevent hospital admissions. Providing information, advice and assistance working with Age Cymru Powys befriending project to enable older people to remain safe and healthy.

**Western Power** - to support energy advocacy across North Powys to vulnerable older people at risk of fuel poverty

**Age UK Volunteering** - to support a Wales-wide strategic volunteering approach to enable better support, processes and training for volunteers.

#### 11 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted Funds - General Funds	5,439	133,313	138,752
Restricted Funds	784	109,090	109,874
	6,223	242,403	248,626

#### 12 TRUSTEES REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the Charity was paid or payable in the year to any Trustee or to any person or persons known to be connected with any of them (2021 - £Nil).

No expenses were paid to Trustees in the year ended 31 March 2022 (2021 - £Nil).

#### 13 TAXATION

The company is registered as a charity and is therefore not liable to Corporation Tax.

7 December 2022

Andrew Jones & Co  
The Old Surgery  
Spa Road  
LLANDRINDOD WELLS  
Powys  
LD1 5EY

Dear Sirs

### Age Cymru Powys

We confirm to the best of our knowledge and belief and having made appropriate enquiries of other trustees and officials of the charitable company, the following representations given to you in connection with your preparation of the charitable company's accounts for the year ended 31 March 2022.

1. We acknowledge as trustees our responsibility for the accounts, which you have prepared for the charitable company, and we consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. All the accounting records have been made available to you for the purpose of your review and all the transactions undertaken by the charitable company have been properly reflected and recorded in the accounting records.
2. We confirm that there have been no changes in the accounting policies other than those disclosed in the accounts. In our opinion, the accounting policies are appropriate to the charitable company and conform with generally accepted accounting principles. We confirm that all transactions and balances have been accounted for in accordance with these accounting policies.
3. We confirm that all assets have been included in the balance sheet.
4. We confirm that all assets included in the balance sheet exist.
5. We confirm that the charitable company owns all the assets included in the balance sheet, unless otherwise stated in the accounts.
6. We confirm that the cost or value of all the assets in the balance sheet are fairly stated.
7. We confirm that depreciation has been provided on all fixed assets with a limited economic life in accordance with the stated accounting policy. In our opinion, the rates of depreciation are reasonable.
8. We confirm that all liabilities have been fully recorded in the balance sheet.


**Newtown Office** We confirm that all liabilities recorded in the balance sheet are properly those of the  
Old Warehouse Office, Parkers Lane  
Newtown  
Powys SY16 2LT  
Ff/T 01686 623707e enquiries@acpowys.org.uk  
[www.agecymru.org.uk/powys](http://www.agecymru.org.uk/powys)

10. We confirm that all liabilities have been recorded at a fair value.
11. We confirm that there has been no netting off of assets and liabilities.
12. We confirm that all income and expenses have been fully recorded and correctly classified in the correct fund.
13. We confirm the specific representations made to you during the course of the review, as under;
  - i) We have advised you of all restricted funds received for restricted purposes as disclosed in the Financial Statements.
  - ii) We have advised you of Direct Charitable expenditure funded by Restricted Funds and of the expenditure funded by each Restricted Fund in the year.
14. The charitable company has had at no time during the year any arrangement, transaction or agreement to provide credit facilities (including loans, quasi-loans or credit transactions) for trustees, nor to guarantee or provide security for such matters.
15. The charitable company has no contingent liabilities other than those disclosed in the accounts.
16. There has been no event since the balance sheet date which requires disclosing or which would materially affect the amounts in the accounts, other than those already disclosed or included in the accounts.
17. The charitable company has not contracted for, nor authorised, any capital expenditure other than as disclosed in the accounts.

Yours sincerely



Trustee



Trustee

Signed on behalf of the Trustees

7 December 2022