

STEEL BONES

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2023

CHARITY NO. 1174189

STEEL BONES
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

INDEX TO ACCOUNTS

	Page
Trustees' Report	1 - 6
Report of the Independent Examiner	7
Receipts and Payments Account	8
Statement of Assets and Liabilities	9

STEEL BONES
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees are pleased to present their report, together with the financial statements for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATION

Steel Bones is a registered charity, number 1174189.

Address of Charity

Stirling House
3 Abbeyfields
Bury St Edmunds
Suffolk
IP33 1AQ

Trustees

C Phelps	(Chairman)
L Joy-Staines	(Vice Chair)
M Deer	
C Trinder	
A Tilbrook	
K Skinner	(appointed 6 February 2023)
L Mason-Mackay	(appointed 6 February 2023)
E Bye	(appointed 6 February 2023)
S Gibbons	(appointed 6 February 2023)
B Lawler	(appointed 22 October 2022)

Bankers

Barclays Bank Plc
58 High Street
Newmarket
CB8 8NH

Independent Examiner

Jamie Norton FCCA
Lovewell Blake LLP
The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on 9 August 2017.

According to the Charity's constitution, the Board of Trustees should consist of at least three Trustees.

All new Trustees will be provided with copies of:

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustees' job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- The essential trustee: what you need to know, what you need to do

The Annual General Meeting is usually held in November with meetings held when required.

The Charity employs Emma Joy-Staines, who is the wife of Leigh Joy-Staines a trustee of the charity, and that Leigh plays no part in setting Emma's remuneration.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

OBJECTIVES AND ACTIVITIES

- To relieve poverty and distress and to promote the health and rehabilitation of persons who have suffered the loss of a limb or part of a limb.
- To relieve the social, emotional and mental needs of the families, supporters and carers of persons who have suffered the loss of a limb or part of a limb.
- To advance public education regarding amputation and its implications and to promote greater awareness of the needs of amputees, their families, supporters and carers.
- To inspire proactive, healthy lifestyles, signposting sports clubs and motivating sports activities.

ACHIEVEMENTS AND PERFORMANCE

As for many charities, 2022/2023 continued to be fraught with difficulties and uncertainties due to the ongoing fallout from the Pandemic, war in Ukraine and the rise in the cost-of-living crisis. Many Steel Bones families continue to experience delayed surgeries, limited access to prosthetic service, ongoing delays with adaptations and benefit claims. To their fortitude, Family Mentor Volunteers have continued to work with their allocated families to provide a constant source of support and check in with them throughout these difficult times. This has been key to combatting an epidemic in isolation and loneliness by providing some hope in the toughest of times.

Trustees were thrilled to discover in March 2022 that the Lottery application had been successful after an intensive application process. The process enabled us to work collaboratively with the National Lottery Reaching Communities Team who enabled us to thoroughly assess all aspects of our strategy and what was specifically needed to make the vision a reality. Whilst it was an extended process, it was an extremely worthwhile process. We are now at the end of the first year and the infrastructure has transformed to enable us to help many more people efficiently and involve more volunteers.

In 2022/2023, Steel Bones Team and Trustees began implementing year 1 of our business plan and the National Lottery Application as well as securing further funders which have enabled us to properly plan and forecast activities and finances. A key focus has been to broaden the NHS collaborations ensuring that those amputees who most need our support are aware of what we can do to help them.

Some key highlights of 2022/2023 were as follows:

Activities and Communications

There are a total of 832 amputees and their families registered with Steel Bones as of 31 March 2023 and we have provided 126 hours of 1-2-1 support via telephone and emails. Together with our Family Mentor Benefits Volunteer who has helped to secure benefits and/or assist with successful appeals for 35 different families.

Steel Bones continued to work with Glasspool and submitted 10 successful applications for families in need of essential household goods. This has provided much needed immediate relief for families.

Our annual Celebration Day was held for the entire community and there were 254 attendees. Unfortunately, due to the day being hosted on the hottest day, we lost 100 booked attendees due to health concerns in the heat.

Our hosted meet ups continue in Kings Lynn, Bury St Edmunds, Cambridge, Peterborough and London and Steel Bones volunteers have hosted an additional 43 weekly coffee catch up sessions online, totalling 83 hours. A summer break took place for Trustees to review the catch ups and look how to improve these whilst also training up a meet up team of 4 to enable it to continue.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

Steel Bones' presence has increased through the media, with the director and 2 volunteers participating in an hour-long debate on prosthetics on BBC Radio Cambridgeshire. Other interviews took place, with the Chairman being interviewed on Radio West Suffolk FM and the Legal and Benefits Support Volunteer with Kings Lynn Press.

The Steel Bones shop has been expanded to include Christmas cards, knitwear and silicone wristbands and a new support book was launched to be included in our support packs which are received by newly registered families.

Team

Steel Bones looked to expand the team over this financial year and a new Part Time Administrator Coordinator was recruited. The position received 241 applications and a shortlist of 93 candidates was identified. 25 candidates progressed to the next stage with 10 being interviewed with 4 candidates being called back for a second interview.

Due to the high number of applications the process doubled in duration. Trustees were also keen not to rush the process either so appointment was delayed by 3 months. There were at least 5 people we wanted in the team with various skills. The process enabled us to see what skills we really do need and want in the team.

The Weekly Ops Hub was formally launched with 4 members, who are amputees and are safeguarding officers with the highest discretion and confidence. The group assist the employed team in managing day to day running of the organisation and working out how to meet different requests from members.

15 Family Mentors were recruited and trained with 5 more to be trained within the final months of 2023 after a delay of ill health and operations. Induction training for all 53 Steel Bones volunteers was delivered and a newsletter specifically for volunteers was launched by the Administrator and Coordinator.

4 new Trustees were recruited in February 2023 to join the 6 already standing making a total of 10 Trustees by the end of 2023. The new Trustees consist of an additional amputee and the other 3 Trustees are family members of amputees.

Governance

Trustee recruitment continues and advertisements for this vacancy have been placed across the amputee community, health and social care and voluntary networks. Following the AGM, the committee will meet the applicants interested in the role on 22 November 2023.

Steel Bones continues to review all policies with the safeguarding and organisational policies being the main priority. A road safety policy and risk assessments were drawn to ensure all volunteers drive with best due care and attention whilst carrying out Steel Bones activities.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

Further governance documents were drawn with a fundraising strategy and growth strategy both adopted. A Community Culture document was also adopted, and a review of the finance procedures was completed to prepare for the growth of Steel Bones.

Funding

Steel Bones launched our first Legal Partnership which formalised our collaborations with Tees Law, Irwin Mitchell and CFG Law. Funding was also secured from Evelyn Trust, Arts Council England, St James Place Wealth Management and the Community Foundations. Tesco Community Grants remain key funders of our local activities and hubs.

ICT

A new database was designed which amalgamated the charity's original databases. The new database will enable local communications to happen much more frequently and easily as all Meet Up Volunteers can access it securely. Funding was used to purchase 4 new laptops and the organisation's first desktop computer which are used frequently by the Trustees and volunteers.

IT Support was appointed, and consequently cyber security was installed. Reviews of infrastructure and systems was completed to ensure systems work more efficiently.

A review of the charity's cloud phone system was completed and a change in supplier was agreed to improve reliability and efficiency. The website was also revamped and created a clearer events page including a gallery for many more photos from our activities.

10 E-newsletters were sent to registered amputees and their families as well as followers, providing a much wider audience for the work completed by Steel Bones.

Wider Amputee Community Activities

Steel Bones have attended 15 external events in the amputee community to raise awareness. Alongside this, Steel Bones gave a talk to Luton User Group requested by NHS staff and to University of Salford to the prosthetics students. Steel Bones have been asked to speak to first and second years now as they were very grateful for our input.

Steel Bones continue to extend our work with the NHS and other agencies. This year has seen us develop relationships with Lister Hospital Physiotherapy Team and Vascular surgeons which has led to us collaborating on a patient survey together on peer support and presenting these findings in November 2022, at the Vascular Society Conference in Dublin.

Work with Clinical Commissioning Groups, Patient Participatory Groups, HealthWatch Physical Disability Board continues. Steel Bones joined the Suffolk Health and Wellbeing Network as well as the Suffolk Family Carers Network. We continue to build on our networks and connections with community nursing and social prescribers.

Volunteers continued to provide a weekly zoom coffee catch up online. This remains a crucial support to those isolating.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

Steel Bones continued to build partnerships with fellow charities and agencies. Coordinating meetings for the voluntary user groups such as carers charities and disability charities to ensure we provide the best support to our families. Steel Bones maintained the Amputee User Groups Alliance (AGUA) meetings. Uniting all those volunteers across England and Wales.

School workshops have taken with the help of Limbpower and Richard Whitehead in every school that a young person who registered with Steel Bones attends. A further school workshop in Newcastle took place with the Richard Whitehead Foundation.

Steel Bones have maintained the Amputee User Groups Alliance (AUGA) meetings. Uniting all those volunteers across England and Wales. We have 1/3 of NHS centres represented and now working hard together to pull in the further 2/3 with 1-2-1 approaches.

FINANCIAL REVIEW

The Charity's principal sources of funding are:

- Fund raising events
- Grants and donations

The Charity's main expenses are project costs, wages, office expenses and event costs.

The total receipts amounted to £125,965 and, after payments of £135,169, the net loss for the period amounted to £9,204.

The Trustees consider the year end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

Reserves

At the year end, the Charity's bank balance totalled £22,750 and together with current and fixed assets of £10,541 and deduction of current liabilities of £7,057 there were positive reserves of £26,234.


The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees :

C Phelps
(Chairman)


Date :

A Tilbrook
(Trustee)


Date : 9/01/2024

INDEPENDENT EXAMINER'S REPORT OF THE TRUSTEES OF STEEL BONES

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2023 which are set out on pages 8 and 9.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. Accounting records were not held in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this respect in order to enable a proper understanding of the accounts to be reached.



Jamie Norton FCCA
Independent Examiner
Lovewell Blake LLP
Chartered Accountants

The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

Date: 23rd January 2024

STEEL BONES

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Receipts				
Donations	13,562	-	13,562	6,479
Fundraising	1,664	-	1,664	2,498
Grants	<u>16,650</u>	<u>94,089</u>	<u>110,739</u>	<u>45,719</u>
Total receipts	<u>31,876</u>	<u>94,089</u>	<u>125,965</u>	<u>54,696</u>
Payments				
Project costs	-	36,990	36,990	36,729
Marketing materials	4,611	1,777	6,388	1,639
Events	1,742	11,878	13,620	46
Purchase of new assets	8,400	2,466	10,866	309
Legal, professional, subscriptions and note taking	6,219	1,555	7,774	6,078
Wages and pension costs	-	48,693	48,693	36,618
Stationery and software costs	<u>6,990</u>	<u>3,848</u>	<u>10,838</u>	<u>9,354</u>
Total payments	<u>27,962</u>	<u>107,207</u>	<u>135,169</u>	<u>90,773</u>
Net receipts/(payments)	<u>3,914</u>	<u>(13,118)</u>	<u>(9,204)</u>	<u>(36,077)</u>
Cash funds as at 31 March 2022	<u>9,680</u>	<u>22,274</u>	<u>31,954</u>	<u>68,031</u>
Cash funds as at 31 March 2023	<u>13,594</u>	<u>9,156</u>	<u>22,750</u>	<u>31,954</u>

STEEL BONES

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2023

	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Cash Funds				
Current Account	13,574	8,406	21,980	30,664
Advance Account	20	-	20	1,290
Prepaid Card	-	750	750	-
Total cash funds	<u>13,594</u>	<u>9,156</u>	<u>22,750</u>	<u>31,954</u>
Assets retained for charity's own use			Current Value £	Current Value £
Bespoke family database	7,175	-	7,175	-
Mobile phones	325	-	325	407
Laptops	<u>1,175</u>	<u>1,866</u>	<u>3,041</u>	<u>2,748</u>
Total assets retained for charity's own use	<u>8,675</u>	<u>1,866</u>	<u>10,541</u>	<u>3,155</u>
Liabilities				
Independent Exam	2,000	-	2,000	1,500
Bookkeeping	4,189	-	4,189	1,608
Project costs	648	-	648	-
Pension Payable	<u>220</u>	<u>-</u>	<u>220</u>	<u>172</u>
	<u>7,057</u>	<u>-</u>	<u>7,057</u>	<u>3,280</u>

These financial statements were approved by the Trustees on 9-1-24 and are signed on their behalf by:

CD Phelps

C Phelps
(Chairman)

A Tilbrook
(Trustee)

A Tilbrook