

STEEL BONES

England & Wales · Charity number 1174189

Details

Status Registered

Legal form CIO

Registered 2017-08-09

Register [View on the Charity Commission register](#)

Contact

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Hall Barn Road
Isleham
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CB7 5QZ

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Activities

Objects: OBJECTIVES1. TO RELIEVE POVERTY AND DISTRESS AND TO PROMOTE THE HEALTH AND REHABILITATION OF PERSONS WHO HAVE SUFFERED THE LOSS OF A LIMB OR PART OF A LIMB.2. TO RELIEVE THE SOCIAL, EMOTIONAL, MENTAL NEEDS OF THE FAMILIES, SUPPORTERS AND CARERS OF PERSONS WHO HAVE SUFFERED THE LOSS OF A LIMB OR PART OF A LIMB.3. TO ADVANCE PUBLIC EDUCATION REGARDING AMPUTATION AND ITS IMPLICATIONS AND TO PROMOTE GREATER AWARENESS OF THE NEEDS OF AMPUTEES THEIR FAMILIES, SUPPORTERS AND CARERS.4. TO INSPIRE PROACTIVE, HEALTHY LIFESTYLE SIGNPOSTING SPORTS CLUBS AND MOTIVATING SPORTS ACTIVITIES

Activities: Steel Bones helps civil amputee families live life to the full, helped by a proactive peer community. The support we provide empowers the amputee and their family helping in moments of crisis. Steel Bones has a year-round calendar of events for amputees and their families. Passionately encouraging a fully inclusive society by publishing children's books and providing engaging school workshops.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£232,790	£188,770	-	-
2024-03-31	£158,715	£174,480	-	-
2023-03-31	£125,965	£135,269	-	-
2022-03-31	£54,696	£90,773	-	-
2021-03-31	£131,613	£112,949	-	-

Trustees

Name	Role	Appointed
Gary Hawksworth	Chair	2023-06-12
Adam Tilbrook		2020-01-22
BILLIE JOANNE LAWLER MISS		2022-10-22
Colin Phelps		2018-11-13
Hannah Claire Pont		2024-02-05
Kate Skinner		2023-02-06
LEIGH JOY-STAINES		2017-08-09
Lauren Mason-Mackay		2023-02-06
Nicholas Day		2024-10-10
Tracy Saunders		2025-05-01
Wendy Bearton		2024-11-18

STEEL BONES

England & Wales - Charity number 1174189

Accounts

Steel Bones

Charity No. 1174189

Trustees' Report and Unaudited Accounts

31 March 2025

Steel Bones

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Steel Bones

Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1174189

Trustees

The following trustees served during the year:

B.J. Lawler

W. Bearton

N. Day

G. Hawksworth

L. JOY-STAINES

L. Mason-Mackay

C. Phelps

H.C. Pont

K. Skinner

A. Tilbrook

Key Management Personnel

Chair

Gary Hawksworth

Vice Chair

Adam Tilbrook

Accountants

Solutions Accountancy & Bookkeeping Ltd

1 The Mews

Little Brunswick Street

Huddersfield

HD1 5JL

OBJECTIVES AND ACTIVITIES

Steel Bones exists:

- a) To relieve poverty, distress, and promote health and rehabilitation for amputees
- b) To support the social, emotional and mental wellbeing of amputee families and carers
- c) To advance public education on amputation and disability
- d) To promote inclusive physical activity and healthy lifestyles

During 2024/25 the Charity delivered a wide programme of support, including crisis intervention, peer mentoring, housing and benefits support, fitness clubs, online support, community meet-ups, and advocacy through NHS partnerships.

Steel Bones

Trustees Annual Report

ACHIEVEMENTS AND PERFORMANCE

Overview

The year marked the final phase of our Reaching Communities 3-year programme, and also a significant period of growth, diversification, and strategic development. We reached more families than ever before, expanded our national footprint, and strengthened our organisational resilience.

We now support over 1,300 amputees and their families, with an average of 20 new families registering each month

31 March 2025 saw our first multi year grant with National Lottery reaching Communities Fund conclude. However, we were thrilled to work with the Fund and extend this by another 5 years.

Expanding Community Reach

Since 2022, we have supported:

- 550 new amputees, plus 750 returning beneficiaries
- 433 individuals in acute crisis
- 2685 attendances at face-to-face meet-ups across the 3-year period
- 52 families regularly joining online coffee catch-ups

During 2024/25 we delivered:

- 84 local meet-ups
- 166 fitness clubs (334 hours)
- 39 online sessions (72 hours)
- 7 weekly fitness clubs nationally
- Launch of new hubs in Chichester, Colchester, Ipswich, Haverhill, and the North East
- Celebration Day attended by around 350 people

Our events programme has expanded nineteen-fold, from 12 events in 2021 to 228 events in 2024/25

Beneficiary Support

In 2024/25 Steel Bones provided:

- 218 cases of direct 1-to-1 support
- Benefits assistance for 135 families
- Housing advocacy for 45 families, including MP and Councillor interventions
- 995 hours of phone support over the 3-year grant period

Impact and Outcomes

Survey outcomes show:

- 73% said independence improved
- 89% felt more motivated
- 75% saw anxiety reduce from severe to low
- 80% said quality of life improved
- 81% said they no longer felt invisible
- 47% met another amputee for the first time through Steel Bones
- 87% said peer-support improved their wellbeing

These results demonstrate substantial improvements in mental wellbeing, connection, and independence across the community.

Steel Bones

Trustees Annual Report

NHS and Sector Partnerships

This year saw major progress in clinical partnerships:

- Steel Bones CEO now sits on the Cambridgeshire South Integrated Care Place Board, representing the voluntary sector.
- Collaborations with Addenbrookes and Lister Hospital
- Launch of NHS packs, NHS information hub and dedicated professional newsletters
- Strengthened role within regional disability networks, Suffolk Health Boards, Healthwatch, and amputee charity alliances

50–75% of participants in one project were unaware of the NHS prosthetic review or PALS advocacy; all are now registered and contributing to national consultations

Team and Volunteer Development

Key progress this year included:

- A pipeline of 33 trained or training Family Mentors/Monitors
- New admin support improving communications
- 11 wellbeing sessions and monthly catch-ups for volunteers
- Launch of new induction and training processes
- Relaunch of the weekly online meet-up after strengthened policies

Diversity and Inclusion

Ethnic minority registrations increased to 6%, with ongoing outreach to temples, mosques and cultural forums. Plans were initiated to recruit a Diversity Manager to proactively expand reach.

Income Generation

2024/25 was a transformational year for income generation:

- Annual income rose to £215,000, a four-fold increase since 2022
- National Lottery funding now accounts for 28% of income, down from 60%
- Individual fundraising grew tenfold
- The Canoe Challenge raised over £10,000 with only 10% costs and strong regional media coverage
- Major multi-year funding secured from Children in Need and Sport England

Reserves were rebuilt through careful cost control and best-value procurement. The Reserves are crucial foundations to enable Steel Bones to grow to match the demand and growing Limb loss and Limb difference community in the UK.

FINANCIAL REVIEW

Total income for the year increased to £232,790 (2024: £158,715). Expenditure totalled £188,770 (2024: £174,480), reflecting increased activity across charitable programmes and raising funds. The charity achieved a net surplus of £44,020 (2024: deficit of £15,765).

Unrestricted funds increased to £36,005 (2024: £20,035), strengthening the charity's reserves. Restricted funds closed at £15,000 (2024: £(13,050) deficit eliminated). Total funds at year end were £51,005 (2024: £6,985). The year end cash balance of £53,365 provides improved liquidity, with net current assets rising to £46,050. Fixed assets reduced to £4,955 due to depreciation.

The Trustees consider the year's financial performance positive and the overall financial position to be sound, with sufficient resources to continue delivering charitable activities in the coming year.

Steel Bones


Trustees Annual Report

Statement of trustees' responsibilities in relation to the financial statements

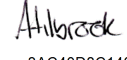
The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

Signed by:

CB15054CD926425...

G. Hawksworth
Trustee (Chairman)
12 January 2026

Signed by:

3AC40D8C1401409...

A. Tilbrook
Trustee (Vice Chairman)
12 January 2026

Steel Bones

Independent Examiners Report

Independent Examiner's Report to the trustees of Steel Bones

I report to the trustees on my examination of the financial statements of Steel Bones for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Vicky Newham CPAA
Solutions Accountancy & Bookkeeping Ltd
1 The Mews
Little Brunswick Street
Huddersfield

HD1 5JL
12 January 2026

Steel Bones

Statement of Financial Activities

for the year ended 31 March 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:					
Donations and legacies	3	33,694	-	33,694	10,428
Other trading activities	4	14,138	-	14,138	2,682
Other	5	12,280	172,678	184,958	145,605
Total		60,112	172,678	232,790	158,715
Expenditure on:					
Raising funds	6	18,540	32,446	50,986	48,535
Charitable activities	7	1,558	20,238	21,796	24,104
Other	8	24,044	91,944	115,988	101,841
Total		44,142	144,628	188,770	174,480
Net gains on investments		-	-	-	-
Net income/(expenditure)	9	15,970	28,050	44,020	(15,765)
Transfers between funds		-	-	-	-
Net income/(expenditure) before other gains/(losses)		15,970	28,050	44,020	(15,765)
Other gains and losses					
Net movement in funds		15,970	28,050	44,020	(15,765)
Reconciliation of funds:					
Total funds brought forward		20,035	(13,050)	6,985	22,750
Total funds carried forward		36,005	15,000	51,005	6,985

Steel Bones

Balance Sheet

at 31 March 2025

Charity No. 1174189

		2025	2024
		£	£
Fixed assets			
Tangible assets	11	4,955	6,430
		<u>4,955</u>	<u>6,430</u>
Current assets			
Stocks	12	-	500
Debtors	13	-	1,139
Cash at bank and in hand		53,365	6,985
		<u>53,365</u>	<u>8,624</u>
Creditors: Amount falling due within one year	14	(7,315)	(8,069)
Net current assets		<u>46,050</u>	<u>555</u>
Total assets less current liabilities		<u>51,005</u>	<u>6,985</u>
Net assets excluding pension asset or liability		<u>51,005</u>	<u>6,985</u>
Total net assets		<u><u>51,005</u></u>	<u><u>6,985</u></u>
The funds of the charity			
Restricted funds	15		
Restricted income funds		15,000	(13,050)
		<u>15,000</u>	<u>(13,050)</u>
Unrestricted funds	15		
General funds		36,005	20,035
		<u>36,005</u>	<u>20,035</u>
Reserves	15		
Total funds		<u><u>51,005</u></u>	<u><u>6,985</u></u>

Approved by the trustees on 12 January 2026

And signed on their behalf by:

Signed by:

CB15054CD926425...
 G. Hawksworth
 Trustee (Chairman)
 12 January 2026

Signed by:

3AC40D8C1401409...
 A. Tilbrook
 Trustee (Vice Chairman)
 12 January 2026

Steel Bones

Statement of Cash flows

for the year ended 31 March 2025

	2025	2024
	£	£
Cash flows from operating activities		
Net income/(expenditure) per Statement of Financial Activities	44,020	(15,765)
Adjustments for:		
Depreciation of property, plant and equipment	3,369	9,687
Dividends, interest and rents from investments	(184,958)	(145,605)
Other gains/losses	-	-
Decrease/(Increase) in stocks	500	(500)
Decrease/(Increase) in trade and other receivables	1,139	(1,139)
(Decrease)/Increase in trade and other payables	(754)	8,069
Net cash used in operating activities	<u>(136,684)</u>	<u>(145,253)</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(1,894)	(16,117)
Dividends, interest and rents from investments	184,958	145,605
Net cash from investing activities	<u>183,064</u>	<u>129,488</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase/(decrease) in cash and cash equivalents	46,380	(15,765)
Cash and cash equivalents at the beginning of the year	6,985	-
Cash and cash equivalents at the end of the year	<u>53,365</u>	<u>(15,765)</u>
Components of cash and cash equivalents		
Cash and bank balances	53,365	6,985
	<u>53,365</u>	<u>6,985</u>

Steel Bones

Notes to the Accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

During the year, the charity moved from the Receipts and Payments basis to the accruals basis of accounting in accordance with FRS 102 and the Charities SORP. This change was made to provide a more accurate and transparent reflection of the charity's financial performance and position. As part of the transition, prior-year balances were reviewed and an adjustment of £1,139 was recognised in Other Debtors within the opening balance sheet to reflect amounts relating to the prior period. These items have been allocated to the appropriate income and expenditure headings in the current year in line with the accruals concept. The revised basis has been applied from the start of the financial year, and the prior-year balance sheet has been updated accordingly. Comparative income and expenditure figures have not been restated.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the time of receipt of the gift aid.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.

Steel Bones

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Steel Bones

Notes to the Accounts

2 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Income and endowments from:			
Donations and legacies	10,378	50	10,428
Other trading activities	2,682	-	2,682
Other	14,743	130,862	145,605
Total	<u>27,803</u>	<u>130,912</u>	<u>158,715</u>
Expenditure on:			
Raising funds	5,632	42,903	48,535
Charitable activities	1,065	23,039	24,104
Other	14,665	87,176	101,841
Total	<u>21,362</u>	<u>153,118</u>	<u>174,480</u>
Net income	<u>6,441</u>	<u>(22,206)</u>	<u>(15,765)</u>
Net income before other gains/(losses)	6,441	(22,206)	(15,765)
Other gains and losses:			
Net movement in funds	<u>6,441</u>	<u>(22,206)</u>	<u>(15,765)</u>
Reconciliation of funds:			
Total funds brought forward	13,594	9,156	22,750
Total funds carried forward	<u>20,035</u>	<u>(13,050)</u>	<u>6,985</u>

3 Income from donations and legacies

	Unrestricted £	Total 2025 £	Total 2024 £
Donation Income	33,694	33,694	10,428
	<u>33,694</u>	<u>33,694</u>	<u>10,428</u>

4 Income from other trading activities

	Unrestricted £	Total 2025 £	Total 2024 £
Fundraising and Just Giving Income	14,138	14,138	2,682
	<u>14,138</u>	<u>14,138</u>	<u>2,682</u>

Steel Bones

Notes to the Accounts

5 Other income

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Lottery Grants	-	102,364	102,364	73,722
Grants				
Other Grants	12,280	70,314	82,594	71,883
	<u>12,280</u>	<u>172,678</u>	<u>184,958</u>	<u>145,605</u>

6 Expenditure on raising funds

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Costs of generating voluntary income</i>				
Project Costs	18,540	32,446	50,986	48,535
	<u>18,540</u>	<u>32,446</u>	<u>50,986</u>	<u>48,535</u>

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Event Costs	996	13,191	14,187	16,700
Marketing Costs	562	7,047	7,609	7,404
<i>Governance costs</i>				
	<u>1,558</u>	<u>20,238</u>	<u>21,796</u>	<u>24,104</u>

8 Other expenditure

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Employee costs	-	86,954	86,954	79,378
General administrative costs	7,430	4,120	11,550	13,449
Legal and professional costs	16,614	870	17,484	9,014
	<u>24,044</u>	<u>91,944</u>	<u>115,988</u>	<u>101,841</u>

9 Net income/(expenditure) before transfers

	2025	2024
	£	£
This is stated after charging:		
Independent Examiner's fee	2,100	2,000

Steel Bones

Notes to the Accounts

10 Staff costs

	2025	2024
Salaries and wages	86,954	79,378
	<u>86,954</u>	<u>79,378</u>

No employee received emoluments in excess of £60,000.

11 Tangible fixed assets

	£	£
Cost or revaluation		
At 1 April 2024	16,117	16,117
Additions	1,894	1,894
At 31 March 2025	<u>18,011</u>	<u>18,011</u>
Depreciation and impairment		
At 1 April 2024	9,687	9,687
Depreciation charge for the year	3,369	3,369
At 31 March 2025	<u>13,056</u>	<u>13,056</u>
Net book values		
At 31 March 2025	<u>4,955</u>	<u>4,955</u>
At 31 March 2024	<u>6,430</u>	<u>6,430</u>

12 Stocks

	2025	2024
	£	£
Finished goods	-	500
	<u>-</u>	<u>500</u>

13 Debtors

	2025	2024
	£	£
Other debtors	-	1,139
	<u>-</u>	<u>1,139</u>

14 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Trade creditors	3,124	1,556
Other taxes and social security	1,690	1,690
Other creditors	401	323
Accruals	2,100	4,500
	<u>7,315</u>	<u>8,069</u>

Steel Bones

Notes to the Accounts

15 Movement in funds

	At 1 April 2024	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2025 £
Restricted funds:				
Restricted income funds:				
Lottery Grants	(13,050)	102,364	(79,314)	10,000
Groundwork Uk	-	13,750	(10,750)	3,000
Suffolk Community	-	27,500	(25,500)	2,000
Douglas Bader Foundation	-	610	(610)	-
Sussex and Cambridgeshire Community Foundation	-	9,400	(9,400)	-
Peter Harrison	-	3,000	(3,000)	-
COOPOCT	-	1,064	(1,064)	-
CIN - BBC	-	14,990	(14,990)	-
<i>Total</i>	<u>(13,050)</u>	<u>172,678</u>	<u>(144,628)</u>	<u>15,000</u>
Unrestricted funds:				
General funds	20,035	60,112	(44,142)	36,005
Total funds	<u><u>6,985</u></u>	<u><u>232,790</u></u>	<u><u>(188,770)</u></u>	<u><u>51,005</u></u>

Purposes for restrictions in relation to the funds: All below grants were for local meet up activities besides children in need for young people's work and reaching communities for peer mentoring programme.

Restricted funds:

Lottery Grants

Groundwork Uk

Suffolk Community

Douglas Bader Foundation

Sussex and Cambridgeshire

Community Foundation

Peter Harrison

COOPOCT

CIN - BBC

Steel Bones

Notes to the Accounts

16 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Fixed assets	4,955	-	4,955
Net current assets	33,141	12,909	46,050
	<u>38,096</u>	<u>12,909</u>	<u>51,005</u>

17 Reconciliation of net debt

	At 1 April 2024	Cash flows	At 31 March 2025
	£	£	£
Cash and cash equivalents	6,985	46,380	53,365
	<u>6,985</u>	<u>46,380</u>	<u>53,365</u>
Net debt	<u>6,985</u>	<u>46,380</u>	<u>53,365</u>

Steel Bones

Detailed Statement of Financial Activities

for the year ended 31 March 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:				
Donations and legacies				
Donation Income	33,694	-	33,694	10,428
	<u>33,694</u>	<u>-</u>	<u>33,694</u>	<u>10,428</u>
Other trading activities				
Fundraising and Just Giving Income	14,138	-	14,138	2,682
	<u>14,138</u>	<u>-</u>	<u>14,138</u>	<u>2,682</u>
Other				
Lottery Grants	-	102,364	102,364	73,722
Grants				
Other Grants	12,280	70,314	82,594	71,883
	<u>12,280</u>	<u>70,314</u>	<u>82,594</u>	<u>71,883</u>
	<u>12,280</u>	<u>172,678</u>	<u>184,958</u>	<u>145,605</u>
Total income and endowments	60,112	172,678	232,790	158,715
Expenditure on:				
Costs of generating donations and legacies				
Project Costs	18,540	32,446	50,986	48,535
	<u>18,540</u>	<u>32,446</u>	<u>50,986</u>	<u>48,535</u>
Total of expenditure on raising funds	18,540	32,446	50,986	48,535
Charitable activities				
Event Costs	996	13,191	14,187	16,700
Marketing Costs	562	7,047	7,609	7,404
	<u>1,558</u>	<u>20,238</u>	<u>21,796</u>	<u>24,104</u>
Total of expenditure on charitable activities	1,558	20,238	21,796	24,104
Employee costs				
Salaries/wages	-	86,954	86,954	79,378
	<u>-</u>	<u>86,954</u>	<u>86,954</u>	<u>79,378</u>
General administrative costs, including depreciation and amortisation				
Software, IT support and related costs	7,430	4,120	11,550	13,449
	<u>7,430</u>	<u>4,120</u>	<u>11,550</u>	<u>13,449</u>
Legal and professional costs				

Steel Bones

Detailed Statement of Financial Activities

Other legal and professional costs	16,614	870	17,484	9,014
	<u>16,614</u>	<u>870</u>	<u>17,484</u>	<u>9,014</u>
Total of expenditure of other costs	<u>24,044</u>	<u>91,944</u>	<u>115,988</u>	<u>101,841</u>
Total expenditure	44,142	144,628	188,770	174,480
Net gains on investments	-	-	-	-
	<u>15,970</u>	<u>28,050</u>	<u>44,020</u>	<u>(15,765)</u>
Net income/(expenditure)				
Net income/(expenditure) before other gains/(losses)	<u>15,970</u>	<u>28,050</u>	<u>44,020</u>	<u>(15,765)</u>
Other Gains	-	-	-	-
	<u>15,970</u>	<u>28,050</u>	<u>44,020</u>	<u>(15,765)</u>
Net movement in funds				
Reconciliation of funds:				
Total funds brought forward	20,035	(13,050)	6,985	22,750
Total funds carried forward	<u>36,005</u>	<u>15,000</u>	<u>51,005</u>	<u>6,985</u>

STEEL BONES

England & Wales - Charity number 1174189

Accounts

STEEL BONES

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2024

CHARITY NO. 1174189

STEEL BONES
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

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STEEL BONES
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees are pleased to present their report, together with the financial statements for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATION

Steel Bones is a registered charity, number 1174189.

Address of Charity

C/O The Beeches
32 Mill Street
Isleham
Cambridgeshire
CB7 5RY

Trustees

C Phelps (Chairman)
L Joy-Staines (Vice Chair)
A Tilbrook
K Skinner
L Mason-Mackay
E Bye
B Lawler
H Pont (appointed 5 February 2024)
G Hawksworth (appointed 12 June 2023)

Bankers

Barclays Bank Plc
58 High Street
Newmarket
CB8 8NH

Independent Examiner

Jamie Norton FCCA
Lovewell Blake LLP
The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on 9 August 2017.

According to the Charity's constitution, the Board of Trustees should consist of at least three Trustees.

All new Trustees will be provided with copies of:

- The Charity's constitution.
- A copy of the minutes from the previous three board meetings.
- A Trustees' job description.
- Relevant policies, including social, financial, safeguarding and whistleblowing policies.
- The essential trustee: what you need to know, what you need to do.

The Annual General Meeting is usually held in November with meetings held when required.

The Charity employs Emma Joy-Staines, who is the wife of Leigh Joy-Staines a trustee of the charity, and that Leigh plays no part in setting Emma's remuneration.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

OBJECTIVES AND ACTIVITIES

- To relieve poverty and distress and to promote the health and rehabilitation of persons who have suffered the loss of a limb or part of a limb.
- To relieve the social, emotional and mental needs of the families, supporters and carers of persons who have suffered the loss of a limb or part of a limb.
- To advance public education regarding amputation and its implications and to promote greater awareness of the needs of amputees, their families, supporters and carers.
- To inspire proactive, healthy lifestyles, signposting sports clubs and motivating sports activities.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE

In 2023/2024, the Steel Bones team and trustees began implementing year 2 of our growth strategy as well as securing further funders enabling thorough forecasted activities and finances. A key focus has been to broaden the NHS collaborations ensuring we reach those amputees who most need our support.

In September, we reached the milestone of 1,000 members, seeing on average an additional 20 families registering each month. This remains primarily white families, so we continue to reach out to Temples, Mosques and local ethnic forums to ensure all are aware of the support they can access. We are seeing ethnic minority registrations increase with 6% of registrants being from an ethnic minority. We continue to find new ways and new partners to help us connect with the different communities.

One of our key aims in 2024 is to ensure we communicate all we do as clearly as possible, hence we underwent a communications workshop in January, facilitated by one of our Trustees with expert communications knowledge and skills through his skilled experience. This has enabled us to launch communications on post, telephone, email and social media.

The new Trustees have been a fantastic addition to the Board with much needed skills, expertise and ambition for the Charity's growth. We now work towards splitting into working parties to focus on different aspects.

Increasing our meet ups and activities has enabled us to extend our reach as the beneficiaries asked for this in the survey we completed January 2023. There are always more to launch and it remains a constant balancing act between resources, manpower and funding. We also want to ensure we maximise every opportunity and ensure that each meet up and activity has standard expectations of promotion and making sure local people have plenty of notice.

The benefits and housing support we provide continues to experience increasing demand. The benefits have increased tenfold with support given to 109 families. We urgently need to secure funding to extend the team working on this so that we can support more families and relieve the pressure on the current team. We have a survey in place so that families can feedback on this support.

Our NHS partnerships have progressed significantly. Partly, thanks to the support of the Vascular Team at Lister Hospital who collaborated on a survey to our community to help us quantify the impact we have on amputees. This collaboration led to them putting us forward for a talk at the Vascular Society Conference in Dublin in November where we will present the findings and have a stand. We secured one of the Health Innovation prizes from the Cambridgeshire and Peterborough Integrated Care Board which enabled us to work very closely with the Addenbrookes Physio and Prosthetics team. To cope with the demand from health professionals we launched an NHS pack in September and in January we launched:

- Health professionals' resources
- Health professionals E Newsletter
- NHS webpage: <https://steelbone.co.uk/nhs-support/>

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2024

Taking time to reflect, review and rethink our volunteering approach has been hugely beneficial to ascertaining what works best for the volunteers and beneficiaries. This was a team effort to find the best way forward for Steel Bones. Everyone's voices were heard, and it was a thorough, worthwhile process. We launched a new 3 tier volunteering system to ensure everyone can participate at whichever level suits them at the time, so it is a fluid process.

A key focus for the next 6 months is to diversify our income. Whilst our activities are in demand, balancing this demand with the need to ensure we are regularly submitting local applications to fund local activities is crucial as well as building income from businesses. We will be launching a business engagement strategy. We are now Charity Partners of Dorset Orthopaedic, Blatchford, and have received kind support from Anglia Translation Services and Sustainable Tech 4 Good. We will continue to build on this and will launch our Business Community webpage in April as well as our Business Community focussed E Newsletter in April. We are looking to do this on LinkedIn.

We have launched a Canoe Fundraiser which will have 25-30 participants. This will be our first fundraising challenge since 2018 and we anticipate it will raise in the region of £2,000-£3,000 to go towards helping more amputees nationally.

Beneficiary Support

65 local meet ups and 114 fitness clubs a minimum of 263 hours delivering face to face group support. Plus 39 online sessions which totals 78 hours of weekly online support in 2023/2024. We launched all 2024 dates in December. The following provides a run-down of activities and locations.

- 253 new amputee families have registered with us and received information and support packs.
- Provided 406.75 hours of 1-2-1 Phone support over 3931 phone calls. 30% of these were not answered, 6% of these were less than 5 minutes long and quick check ins with families and the remaining 64% were 10-60 minutes providing 1-2-1 family support.
- We have provided regular mentoring support to 441 families. 219 of whom were triaged as in most severe of crises in red, for instance, awaiting amputation, benefits support, isolated and 222 triaged as amber stage which means we have progressed their situation and they are awaiting full resolution.
- Our Benefits Volunteer has provided advice on benefits and reductions to 109 different families. Some of these families were assisted with appeals successfully and applying for benefits.
- Our Housing Support Worker assisted 15 different families with queries, emails to and from MPs and Councillors asking for their assistance in speedy and full resolutions for most cases.
- 14 E Newsletters now sent to 1085 beneficiaries and across all amputee-led social media and Facebook groups.

In our recent consultations with beneficiaries:

- 76% said we had improved their quality of life; 18% said we might have improved their quality of life.
- 69% felt Steel Bones had improved their independence; 20% said we might have increased their independence.
- 89% felt Steel Bones had made them feel more motivated.
- 78% found it helpful to share your experiences with other amputees and their families through Steel Bones.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2024

TEAM

- Recruited Volunteer Coordinator – 47 applicants, 4 reached second interview.
- Director participated in the Cranfield Trust Peer mentoring 121 programme and group peer network group.
- Established Celebration Day team.
- Completed cyber training.
- Completed social media training.
- 12 family mentor wellbeing sessions delivered.
- 12 team meetings held with family mentors.
- Established phone team, training procedures and monthly catch up.
- Established meet up hosts team and monthly catch up.
- Trustee team away evening facilitated by C CVS working through a SWOT analysis, reviewing risk register, trustee training and putting in place working parties for fundraising and risk.
- Attended challenging behaviour course with.
- BBQ with volunteers and briefing for celebration day funded by CFG Law and Tees Law
- Afternoon tea for volunteers funded by Irwin Mitchell.
- Launched new induction programme with packs sent out beforehand.
- Launched a regular quarterly online volunteer games night.
- Held NHS communications roundtable and will feed into review of our communications strategy Jan 2024.
- Launched Young Voices Committee to recognise the next generation formally.

Governance

Our new Trustees have been an invaluable addition to the Board, adding Human Resource, Marketing and Strategic skills. Steel Bones continues to review all policies with the safeguarding and organisational policies being the main priority. 2024/25 will see the development of the next 5 years business plan and growth strategy to prepare for the next stage of scaling up of Steel Bones across England and Wales.

Wider Amputee Community Activities

Steel Bones continued to build partnerships with fellow charities and agencies. Coordinating meetings for the voluntary user groups such as carers charities and disability charities to ensure we provide the best support to our families. Steel Bones supported meetings for the Amputee User Groups Alliance (AGUA) meetings, uniting all incredible volunteers in the amputee sector across England and Wales.

FINANCIAL REVIEW

The Charity's principal sources of funding are:

- Fund raising events.
- Grants and donations.

The Charity's main expenses are project costs, wages, office expenses and event costs.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2024

The total receipts amounted to £158,715 and, after payments of £174,480, the net loss for the year amounted to £15,765 (2023: a net loss of £9,204).

The Trustees consider the year end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

Reserves

At the year end, the Charity's bank balance totalled £6,985 and together with current and fixed assets of £6,931 and deduction of current liabilities of £8,069 there were positive reserves of £5,847.

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees:

B Lawler
(Trustee)



A Tilbrook
(Trustee)



Date: 29/1/2025

Date: 20/1/2025

**INDEPENDENT EXAMINER'S REPORT OF THE TRUSTEES OF
STEEL BONES
FOR THE YEAR ENDED 31 MARCH 2024**

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024 which are set out on pages 8 and 9.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not held in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this respect in order to enable a proper understanding of the accounts to be reached.

Jamie Norton FCCA
Independent Examiner
Lovewell Blake LLP
Chartered Accountants

The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

Date:

STEEL BONES
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Receipts				
Donations	10,378	50	10,428	13,562
Fundraising	2,682	-	2,682	1,664
Lottery fund grants	-	73,722	73,722	-
Grants	<u>14,743</u>	<u>57,140</u>	<u>71,883</u>	<u>110,739</u>
Total receipts	<u>27,803</u>	<u>130,912</u>	<u>158,715</u>	<u>125,965</u>
Payments				
Project costs	5,632	42,903	48,535	36,990
Marketing materials	501	6,903	7,404	6,388
Events	564	16,136	16,700	13,620
Purchase of new assets	-	-	-	10,866
Legal, professional, subscriptions and note taking	8,667	347	9,014	7,774
Wages and pension costs	-	79,378	79,378	48,693
Stationery and computer costs	<u>5,998</u>	<u>7,451</u>	<u>13,449</u>	<u>10,838</u>
Total Payments	<u>21,362</u>	<u>153,118</u>	<u>174,480</u>	<u>135,169</u>
Net receipts/(payments)	<u>6,441</u>	<u>(22,206)</u>	<u>(15,765)</u>	<u>(9,204)</u>
Cash funds at 31 March 2023	<u>13,594</u>	<u>9,156</u>	<u>22,750</u>	<u>31,954</u>
Cash funds at 31 March 2024	<u>20,035</u>	<u>(13,050)</u>	<u>6,985</u>	<u>22,750</u>

STEEL BONES

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Cash Funds				
Current account	20,015	(14,281)	5,734	21,980
Advance Account	20	-	20	20
Prepaid Card	<u>-</u>	<u>1,231</u>	<u>1,231</u>	<u>750</u>
Total cash funds	<u>20,035</u>	<u>(13,050)</u>	<u>6,985</u>	<u>22,750</u>
Assets retained for charity's own use			Current	Current
			Value	Value
			£	£
Stocks	500	-	500	-
Bespoke family database	5,075	-	5,075	7,175
Mobile phones	260	-	260	325
Laptops	<u>51</u>	<u>1,045</u>	<u>1,096</u>	<u>3,041</u>
Total assets retained for charity's own use	<u>5,886</u>	<u>1,045</u>	<u>6,931</u>	<u>10,541</u>
Liabilities				
Independent Exam	2,000	-	2,000	2,000
Bookkeeping	3,646	-	3,646	4,189
Project costs	410	-	410	648
PAYE	-	1,690	1,690	-
Pension Payable	<u>-</u>	<u>323</u>	<u>323</u>	<u>220</u>
	<u>6,056</u>	<u>2,013</u>	<u>8,069</u>	<u>7,057</u>

These financial statements were approved by the Trustees on ^{29/1/2025}.....and are signed on their behalf by:

B Lawler
(Trustee)



A Tilbrook
(Trustee)

Adam Tilbrook

Certificate Of Completion

Envelope Id: 088FAE40-A45A-49DB-830F-2D543717B035
 Subject: Steel Bones - Draft Accounts for the year ended 31 March 2024
 Source Envelope:
 Document Pages: 11
 Certificate Pages: 2
 AutoNav: Enabled
 Envelopeld Stamping: Disabled
 Time Zone: (UTC) Dublin, Edinburgh, Lisbon, London

Status: Completed
 Envelope Originator:
 Tracey Couzens
 Bankside 300, Peachman Way
 Broadland Business Park
 NORWICH, Norfolk NR7 0LB
 t.couzens@lovewell-blake.co.uk
 IP Address: 89.197.39.242

Record Tracking

Status: Original
 20 January 2025 | 10:43
 Holder: Tracey Couzens
 t.couzens@lovewell-blake.co.uk
 Location: DocuSign

Signer Events

Jamie
 j.norton@lovewell-blake.co.uk
 Lovewell Blake LLP
 Security Level: Email, Account Authentication
 (None)

Electronic Record and Signature Disclosure:
 Not Offered via DocuSign

Adam Tilbrook
 adam@steelbone.co.uk
 Security Level: Email, Account Authentication
 (None)

Electronic Record and Signature Disclosure:
 Not Offered via DocuSign


Billie Lawler
 bkins1971@gmail.com
 Security Level: Email, Account Authentication
 (None)

Electronic Record and Signature Disclosure:
 Not Offered via DocuSign

Signature

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Adam Tilbrook
 Signature Adoption: Pre-selected Style
 Using IP Address: 164.39.225.188


 Signature Adoption: Drawn on Device
 Using IP Address: 80.47.175.205

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 Signed: 20 January 2025 | 14:19

Sent: 20 January 2025 | 14:19
 Viewed: 20 January 2025 | 14:37
 Signed: 20 January 2025 | 14:54

Sent: 20 January 2025 | 14:55
 Viewed: 29 January 2025 | 07:59
 Signed: 29 January 2025 | 08:00

In Person Signer Events

Signature

Timestamp

Editor Delivery Events

Status

Timestamp

Agent Delivery Events

Status

Timestamp

Intermediary Delivery Events

Status

Timestamp

Certified Delivery Events

Status

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Status

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Carbon Copy Events**Status****Timestamp**

Emma
emma@steelbone.co.uk
Security Level: Email, Account Authentication
(None)

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Hana
hana@steelbone.co.uk
Security Level: Email, Account Authentication
(None)

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Certified Delivered	Security Checked	29 January 2025 07:59
Signing Complete	Security Checked	29 January 2025 08:00
Completed	Security Checked	29 January 2025 08:00

Payment Events**Status****Timestamps**

STEEL BONES

England & Wales - Charity number 1174189

Accounts

STEEL BONES

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2023

CHARITY NO. 1174189

**STEEL BONES
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

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STEEL BONES
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees are pleased to present their report, together with the financial statements for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATION

Steel Bones is a registered charity, number 1174189.

Address of Charity

Stirling House
3 Abbeyfields
Bury St Edmunds
Suffolk
IP33 1AQ

Trustees

C Phelps	(Chairman)
L Joy-Staines	(Vice Chair)
M Deer	
C Trinder	
A Tilbrook	
K Skinner	(appointed 6 February 2023)
L Mason-Mackay	(appointed 6 February 2023)
E Bye	(appointed 6 February 2023)
S Gibbons	(appointed 6 February 2023)
B Lawler	(appointed 22 October 2022)

Bankers

Barclays Bank Plc
58 High Street
Newmarket
CB8 8NH

Independent Examiner

Jamie Norton FCCA
Lovewell Blake LLP
The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on 9 August 2017.

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- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- The essential trustee: what you need to know, what you need to do

The Annual General Meeting is usually held in November with meetings held when required.

The Charity employs Emma Joy-Staines, who is the wife of Leigh Joy-Staines a trustee of the charity, and that Leigh plays no part in setting Emma's remuneration.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

OBJECTIVES AND ACTIVITIES

- To relieve poverty and distress and to promote the health and rehabilitation of persons who have suffered the loss of a limb or part of a limb.
- To relieve the social, emotional and mental needs of the families, supporters and carers of persons who have suffered the loss of a limb or part of a limb.
- To advance public education regarding amputation and its implications and to promote greater awareness of the needs of amputees, their families, supporters and carers.
- To inspire proactive, healthy lifestyles, signposting sports clubs and motivating sports activities.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE

As for many charities, 2022/2023 continued to be fraught with difficulties and uncertainties due to the ongoing fallout from the Pandemic, war in Ukraine and the rise in the cost-of-living crisis. Many Steel Bones families continue to experience delayed surgeries, limited access to prosthetic service, ongoing delays with adaptations and benefit claims. To their fortitude, Family Mentor Volunteers have continued to work with their allocated families to provide a constant source of support and check in with them throughout these difficult times. This has been key to combatting an epidemic in isolation and loneliness by providing some hope in the toughest of times.

Trustees were thrilled to discover in March 2022 that the Lottery application had been successful after an intensive application process. The process enabled us to work collaboratively with the National Lottery Reaching Communities Team who enabled us to thoroughly assess all aspects of our strategy and what was specifically needed to make the vision a reality. Whilst it was an extended process, it was an extremely worthwhile process. We are now at the end of the first year and the infrastructure has transformed to enable us to help many more people efficiently and involve more volunteers.

In 2022/2023, Steel Bones Team and Trustees began implementing year 1 of our business plan and the National Lottery Application as well as securing further funders which have enabled us to properly plan and forecast activities and finances. A key focus has been to broaden the NHS collaborations ensuring that those amputees who most need our support are aware of what we can do to help them.

Some key highlights of 2022/2023 were as follows:

Activities and Communications

There are a total of 832 amputees and their families registered with Steel Bones as of 31 March 2023 and we have provided 126 hours of 1-2-1 support via telephone and emails. Together with our Family Mentor Benefits Volunteer who has helped to secure benefits and/or assist with successful appeals for 35 different families.

Steel Bones continued to work with Glasspool and submitted 10 successful applications for families in need of essential household goods. This has provided much needed immediate relief for families.

Our annual Celebration Day was held for the entire community and there were 254 attendees. Unfortunately, due to the day being hosted on the hottest day, we lost 100 booked attendees due to health concerns in the heat.

Our hosted meet ups continue in Kings Lynn, Bury St Edmunds, Cambridge, Peterborough and London and Steel Bones volunteers have hosted an additional 43 weekly coffee catch up sessions online, totalling 83 hours. A summer break took place for Trustees to review the catch ups and look how to improve these whilst also training up a meet up team of 4 to enable it to continue.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

Steel Bones' presence has increased through the media, with the director and 2 volunteers participating in an hour-long debate on prosthetics on BBC Radio Cambridgeshire. Other interviews took place, with the Chairman being interviewed on Radio West Suffolk FM and the Legal and Benefits Support Volunteer with Kings Lynn Press.

The Steel Bones shop has been expanded to include Christmas cards, knitwear and silicone wristbands and a new support book was launched to be included in our support packs which are received by newly registered families.

Team

Steel Bones looked to expand the team over this financial year and a new Part Time Administrator Coordinator was recruited. The position received 241 applications and a shortlist of 93 candidates was identified. 25 candidates progressed to the next stage with 10 being interviewed with 4 candidates being called back for a second interview.

Due to the high number of applications the process doubled in duration. Trustees were also keen not to rush the process either so appointment was delayed by 3 months. There were at least 5 people we wanted in the team with various skills. The process enabled us to see what skills we really do need and want in the team.

The Weekly Ops Hub was formally launched with 4 members, who are amputees and are safeguarding officers with the highest discretion and confidence. The group assist the employed team in managing day to day running of the organisation and working out how to meet different requests from members.

15 Family Mentors were recruited and trained with 5 more to be trained within the final months of 2023 after a delay of ill health and operations. Induction training for all 53 Steel Bones volunteers was delivered and a newsletter specifically for volunteers was launched by the Administrator and Coordinator.

4 new Trustees were recruited in February 2023 to join the 6 already standing making a total of 10 Trustees by the end of 2023. The new Trustees consist of an additional amputee and the other 3 Trustees are family members of amputees.

Governance

Trustee recruitment continues and advertisements for this vacancy have been placed across the amputee community, health and social care and voluntary networks. Following the AGM, the committee will meet the applicants interested in the role on 22 November 2023.

Steel Bones continues to review all policies with the safeguarding and organisational policies being the main priority. A road safety policy and risk assessments were drawn to ensure all volunteers drive with best due care and attention whilst carrying out Steel Bones activities.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

Further governance documents were drawn with a fundraising strategy and growth strategy both adopted. A Community Culture document was also adopted, and a review of the finance procedures was completed to prepare for the growth of Steel Bones.

Funding

Steel Bones launched our first Legal Partnership which formalised our collaborations with Tees Law, Irwin Mitchell and CFG Law. Funding was also secured from Evelyn Trust, Arts Council England, St James Place Wealth Management and the Community Foundations. Tesco Community Grants remain key funders of our local activities and hubs.

ICT

A new database was designed which amalgamated the charity's original databases. The new database will enable local communications to happen much more frequently and easily as all Meet Up Volunteers can access it securely. Funding was used to purchase 4 new laptops and the organisation's first desktop computer which are used frequently by the Trustees and volunteers.

IT Support was appointed, and consequently cyber security was installed. Reviews of infrastructure and systems was completed to ensure systems work more efficiently.

A review of the charity's cloud phone system was completed and a change in supplier was agreed to improve reliability and efficiency. The website was also revamped and created a clearer events page including a gallery for many more photos from our activities.

10 E-newsletters were sent to registered amputees and their families as well as followers, providing a much wider audience for the work completed by Steel Bones.

Wider Amputee Community Activities

Steel Bones have attended 15 external events in the amputee community to raise awareness. Alongside this, Steel Bones gave a talk to Luton User Group requested by NHS staff and to University of Salford to the prosthetics students. Steel Bones have been asked to speak to first and second years now as they were very grateful for our input.

Steel Bones continue to extend our work with the NHS and other agencies. This year has seen us develop relationships with Lister Hospital Physiotherapy Team and Vascular surgeons which has led to us collaborating on a patient survey together on peer support and presenting these findings in November 2022, at the Vascular Society Conference in Dublin.

Work with Clinical Commissioning Groups, Patient Participatory Groups, HealthWatch Physical Disability Board continues. Steel Bones joined the Suffolk Health and Wellbeing Network as well as the Suffolk Family Carers Network. We continue to build on our networks and connections with community nursing and social prescribers.

Volunteers continued to provide a weekly zoom coffee catch up online. This remains a crucial support to those isolating.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2023

Steel Bones continued to build partnerships with fellow charities and agencies. Coordinating meetings for the voluntary user groups such as carers charities and disability charities to ensure we provide the best support to our families. Steel Bones maintained the Amputee User Groups Alliance (AGUA) meetings. Uniting all those volunteers across England and Wales.

School workshops have taken with the help of Limbpower and Richard Whitehead in every school that a young person who registered with Steel Bones attends. A further school workshop in Newcastle took place with the Richard Whitehead Foundation.

Steel Bones have maintained the Amputee User Groups Alliance (AUGA) meetings. Uniting all those volunteers across England and Wales. We have 1/3 of NHS centres represented and now working hard together to pull in the further 2/3 with 1-2-1 approaches.

FINANCIAL REVIEW

The Charity's principal sources of funding are:

- Fund raising events
- Grants and donations

The Charity's main expenses are project costs, wages, office expenses and event costs.

The total receipts amounted to £125,965 and, after payments of £135,169, the net loss for the period amounted to £9,204.

The Trustees consider the year end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

Reserves

At the year end, the Charity's bank balance totalled £22,750 and together with current and fixed assets of £10,541 and deduction of current liabilities of £7,057 there were positive reserves of £26,234.

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees :

C Phelps
(Chairman)

C D Phelps here

Date :

A Tilbrook
(Trustee)

A Tilbrook

Date : *9/01/2024*

**INDEPENDENT EXAMINER'S REPORT OF THE TRUSTEES OF
STEEL BONES**

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2023 which are set out on pages 8 and 9.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

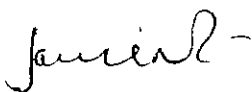
I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. Accounting records were not held in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this respect in order to enable a proper understanding of the accounts to be reached.



Jamie Norton FCCA
Independent Examiner
Lovewell Blake LLP
Chartered Accountants

The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

Date: 23rd January 2024

STEEL BONES
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023

	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Receipts				
Donations	13,562	-	13,562	6,479
Fundraising	1,664	-	1,664	2,498
Grants	<u>16,650</u>	<u>94,089</u>	<u>110,739</u>	<u>45,719</u>
Total receipts	<u>31,876</u>	<u>94,089</u>	<u>125,965</u>	<u>54,696</u>
Payments				
Project costs	-	36,990	36,990	36,729
Marketing materials	4,611	1,777	6,388	1,639
Events	1,742	11,878	13,620	46
Purchase of new assets	8,400	2,466	10,866	309
Legal, professional, subscriptions and note taking	6,219	1,555	7,774	6,078
Wages and pension costs	-	48,693	48,693	36,618
Stationery and software costs	<u>6,990</u>	<u>3,848</u>	<u>10,838</u>	<u>9,354</u>
Total payments	<u>27,962</u>	<u>107,207</u>	<u>135,169</u>	<u>90,773</u>
Net receipts/(payments)	<u>3,914</u>	<u>(13,118)</u>	<u>(9,204)</u>	<u>(36,077)</u>
Cash funds as at 31 March 2022	<u>9,680</u>	<u>22,274</u>	<u>31,954</u>	<u>68,031</u>
Cash funds as at 31 March 2023	<u>13,594</u>	<u>9,156</u>	<u>22,750</u>	<u>31,954</u>

STEEL BONES

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2023

	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Cash Funds				
Current Account	13,574	8,406	21,980	30,664
Advance Account	20	-	20	1,290
Prepaid Card	<u>-</u>	<u>750</u>	<u>750</u>	<u>-</u>
Total cash funds	<u>13,594</u>	<u>9,156</u>	<u>22,750</u>	<u>31,954</u>
Assets retained for charity's own use				
			Current Value £	Current Value £
Bespoke family database	7,175	-	7,175	-
Mobile phones	325	-	325	407
Laptops	<u>1,175</u>	<u>1,866</u>	<u>3,041</u>	<u>2,748</u>
Total assets retained for charity's own use	<u>8,675</u>	<u>1,866</u>	<u>10,541</u>	<u>3,155</u>
Liabilities				
Independent Exam	2,000	-	2,000	1,500
Bookkeeping	4,189	-	4,189	1,608
Project costs	648	-	648	-
Pension Payable	<u>220</u>	<u>-</u>	<u>220</u>	<u>172</u>
	<u>7,057</u>	<u>-</u>	<u>7,057</u>	<u>3,280</u>

These financial statements were approved by the Trustees on 9-1-24 and are signed on their behalf by:

CD Phelps

C Phelps
(Chairman)

A Tilbrook
(Trustee)

A Tilbrook

STEEL BONES

England & Wales - Charity number 1174189

Accounts

STEEL BONES

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2022

CHARITY NO. 1174189



STEEL BONES

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees are pleased to present their report, together with the financial statements for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATION

Steel Bones is a registered charity, number 1174189.

Address of Charity

Stirling House
3 Abbeyfields
Bury St Edmunds
Suffolk
IP33 1AQ

Trustees

C Phelps (Chairman)
L Joy-Staines (Vice Chair)
M Deer
C Trinder
A Tilbrook

Bankers

Barclays Bank Plc
58 High Street
Newmarket
CB8 8NH

Independent Examiner

Jamie Norton FCCA
Lovewell Blake LLP
The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on 9 August 2017.

According to the Charity's constitution, the Board of Trustees should consist of at least three Trustees.

All new Trustees will be provided with copies of :

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustees' job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- The essential trustee: what you need to know, what you need to do

The Annual General Meeting is usually held in November with meetings held when required.

The Charity employs Emma Joy-Staines, who is the wife of Leigh Joy-Staines a trustee of the charity, and that Leigh plays no part in setting Emma's remuneration.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

OBJECTIVES AND ACTIVITIES

- To relieve poverty and distress and to promote the health and rehabilitation of persons who have suffered the loss of a limb or part of a limb.
- To relieve the social, emotional and mental needs of the families, supporters and carers of persons who have suffered the loss of a limb or part of a limb.
- To advance public education regarding amputation and its implications and to promote greater awareness of the needs of amputees, their families, supporters and carers.
- To inspire proactive, healthy lifestyles, signposting sports clubs and motivating sports activities.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENTS AND PERFORMANCE

As for many charities, 2021/2022 continued to be fraught with difficulties and uncertainties due to the Pandemic. Many Steel Bones families continue to experience delayed surgeries, limited access to prosthetic service, ongoing delays with adaptations and benefit claims. Family Mentor Volunteers have continued to work with their allocated families to provide a constant source of support and check in with them throughout the Pandemic. This has been key to combatting isolation and loneliness and providing some hope in the toughest of times.

Trustees were forced to reduce spending significantly to ensure the Charity could continue to operate for as long as possible whilst we awaited a delayed funding decision from the National Lottery Reaching Communities Fund. Trustees felt it was not appropriate to apply for funding elsewhere until we knew we had secured multiyear funding. Our infrastructure was redundant and needed investment to ensure we worked as efficiently as possible before recruiting new team members and volunteers.

Trustees were thrilled to discover in March that the application had been successful after an intensive application process. The process enabled us to work collaboratively with the National Lottery Reaching Communities Team who enabled us to thoroughly assess all aspects of our strategy and what was specifically needed to make the vision a reality. Whilst it was an extended process, it was extremely worthwhile process.

The Business Plan designed with The Cranfield Trust in 2019, has been adapted to maintain continued growth with online activities. Steel Bones Trustees continue to implement this plan throughout 2021/2022 as well as recruiting more Volunteers to extend reach and help as many amputee families as possible.

Some key highlights of 2021/2022 were as follows:

- We continue to work with Glasspool and submitted 15 successful applications for families in need of essential household goods. This has provided much needed immediate relief for families.
- We continue to extend our work with NHS and other agencies. We continue working with Clinical Commissioning Groups, Patient Participatory Groups, HealthWatch Physical Disability Board. We joined the Suffolk Health and Wellbeing Network as well as the Suffolk family Carers Network. We continue to build on our networks and connections with community nursing and social prescribers.
- Continued to provide a weekly zoom coffee catch up online to adapt to the restrictions amidst Covid 19. This was crucial support to those isolating.
- We have continued to build partnerships with fellow charities and agencies. Coordinating meetings for the voluntary user groups in England and Wales and also a quarterly meeting for charities working with limb different people.
- Expanded Steel Bones Shop to include Christmas Cards and ran a Christmas Card Competition.
- We are collaborating with various other local and National organisations such as Carers Charities, Disability charities to ensure we provide the best support to our families.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2022

- Hosted Celebration Day online and we are planning Celebration Day in person for July 2022, the first time in 3 years.
- Hosted Christmas Party online and in person with our first Christmas Campfire event. Volunteers packed 750 packs which were received with great joy.
- We launched Support Book for our support packs to newly registered families.

FINANCIAL REVIEW

The Charity's principal sources of funding are:

- Fund raising events
- Grants and donations

The Charity's main expenses are marketing materials, fund raising expenditure, office expenses and wages.

The total receipts amounted to £54,696 and, after payments of £90,773, the net loss for the period amounted to £36,077.

The Trustees consider the year end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

Reserves

At the year end, the Charity's bank balance totalled £31,954 and together with current and fixed assets of £3,155 and deduction of current liabilities of £3,256 there were positive reserves of £31,853.

There were unrestricted funds amounting to £9,680.

PLANS FOR THE FUTURE

In 2022/2023, Steel Bones Team and Trustees look very forward to implementing all we have planned in the National Lottery Application as well as securing further multiyear funders which will enable us to properly plan and forecast activities and finances. We look very forward to bolstering the teams and infrastructure to help things work as efficiently as possible, ensuring we help as many amputees and their families as possible.

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees:

C Phelps
(Chairman)

C. Phelps

Date: 22/11/22

L Joy-Stalnes
(Trustee)

L Joy

Date: 22/11/22

INDEPENDENT EXAMINER'S REPORT OF THE TRUSTEES OF

STEEL BONES

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2022 which are set out on pages 7 and 8.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

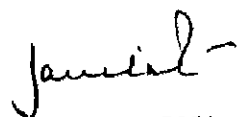
I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. Accounting records were not held in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this respect in order to enable a proper understanding of the accounts to be reached.



Jamie Norton FCCA
Independent Examiner
Lovewell Blake LLP
Chartered Accountants

The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

Date: 20th December 2022

STEEL BONES

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	2022 Unrestricted Funds £	2022 Restricted Funds £	2022 Total Funds £	2021 Total Funds £
Receipts				
Donations	6,479	-	6,479	11,112
Fundraising	2,498	-	2,498	105
Grants	<u>5,069</u>	<u>40,650</u>	<u>45,719</u>	<u>120,396</u>
Total receipts	<u>14,046</u>	<u>40,650</u>	<u>54,696</u>	<u>131,613</u>
Payments				
Project costs	26,221	10,508	36,729	57,857
Marketing materials	1,639	-	1,639	2,585
Events	46	-	46	3,156
Purchase of new assets	309	-	309	836
Legal and professional	6,078	-	6,078	4,624
Wages and pension costs	-	36,618	36,618	35,991
Stationery and software costs	<u>9,354</u>	<u>-</u>	<u>9,354</u>	<u>7,900</u>
Total payments	<u>43,647</u>	<u>47,126</u>	<u>90,773</u>	<u>112,949</u>
Net receipts/(payments)	<u>(29,601)</u>	<u>(6,476)</u>	<u>(36,077)</u>	<u>18,664</u>
Cash funds as at 31 March 2021	<u>39,281</u>	<u>28,750</u>	<u>68,031</u>	<u>49,367</u>
Cash funds as at 31 March 2022	<u>9,680</u>	<u>22,274</u>	<u>31,954</u>	<u>68,031</u>

STEEL BONES

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2022

	2022 Unrestricted Funds £	2022 Restricted Funds £	2022 Total Funds £	2021 Total Funds £
Cash Funds				
Current Account	30,664	-	30,664	62,794
Advance Account	<u>1,290</u>	<u>-</u>	<u>1,290</u>	<u>5,237</u>
Total cash funds	<u>31,954</u>	<u>-</u>	<u>31,954</u>	<u>68,031</u>
Assets retained for charity's own use			Current Value £	Current Value £
Mobile phones	407	-	407	508
Laptops	<u>2,748</u>	<u>-</u>	<u>2,748</u>	<u>3,114</u>
Total assets retained for charity's own use	<u>3,155</u>	<u>-</u>	<u>3,155</u>	<u>3,622</u>
Liabilities				
Independent Exam	1,500	-	1,500	1,170
Bookkeeping	1,584	-	1,608	1,470
Payroll	-	-	-	-
Pension Payable	<u>172</u>	<u>-</u>	<u>172</u>	<u>172</u>
	<u>3,256</u>	<u>-</u>	<u>3,256</u>	<u>2,812</u>

These financial statements were approved by the Trustees on behalf by:

and are signed on their

C Phelps
(Chairman)



L Joy-Staines
(Trustee)



STEEL BONES

England & Wales - Charity number 1174189

Accounts

STEEL BONES

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2021

CHARITY NO. 1174189

STEEL BONES

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

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STEEL BONES

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees are pleased to present their report, together with the financial statements for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATION

Steel Bones is a registered charity, number 1174189.

Address of Charity

Stirling House
3 Abbeyfields
Bury St Edmunds
Suffolk
IP33 1AQ

Trustees

C Phelps (Chairman)
L Joy-Staines (Vice Chair)
M Deer
C Trinder
A Tilbrook

Bankers

Barclays Bank Plc
58 High Street
Newmarket
CB8 8NH

Independent Examiner

Jamie Norton FCCA
Lovewell Blake LLP
The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on 9 August 2017.

According to the Charity's constitution, the Board of Trustees should consist of at least three Trustees.

All new Trustees will be provided with copies of :

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustees' job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- The essential trustee: what you need to know, what you need to do

The Annual General Meeting is usually held in November with meetings held when required.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

OBJECTIVES AND ACTIVITIES

- To relieve poverty and distress and to promote the health and rehabilitation of persons who have suffered the loss of a limb or part of a limb.
- To relieve the social, emotional and mental needs of the families, supporters and carers of persons who have suffered the loss of a limb or part of a limb.
- To advance public education regarding amputation and its implications and to promote greater awareness of the needs of amputees, their families, supporters and carers.
- To inspire proactive, healthy lifestyles, signposting sports clubs and motivating sports activities.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENTS AND PERFORMANCE

As for many charities, 2020/2021 continued to be fraught with difficulties and uncertainties due to the Pandemic. Many Steel Bones families continue to experience delayed surgeries, limited access to prosthetic service, ongoing delays with adaptations and benefit claims. Family Mentor Volunteers have continued to work with their allocated families to provide a constant source of support and check in with them throughout the Pandemic. This has been key to combatting isolation and loneliness and providing some hope in the toughest of times.

Trustees were most grateful for a grant from National Lottery Covid Emergency Response Fund of £50,624 which enabled us to continue providing the services we had developed, particularly as all future Reaching Communities Funding decisions had been put on hold. This grant was invaluable in ensuring we could continue providing direct support to the most vulnerable amputee families.

The Business Plan designed with The Cranfield Trust in 2019, has been adapted to maintain continued growth with online activities. We have continued to build partnerships with fellow charities and agencies. We maintain a consortium of amputee charities meeting regularly over Zoom including Blesma, Douglas Bader Foundation, Limbpower, Limbless Association and Finding Your Feet. We have launched a similar format for the user groups across England and Wales who are on the ground connecting amputees to their prosthetic centres and the wider community.

Steel Bones Trustees continue to implement this plan throughout 2020/2021 as well as recruiting more Volunteers to extend reach and help as many amputee families as possible. We now have 55 volunteers registered. In such uncertain times, we remain cautious, regularly reviewing activities and finances in line with numerous changes the Pandemic brings. We are very grateful to all the Steel Bones Team for their efforts in helping keep families connected and making the most of circumstances we find ourselves in.

Steel Bones celebrated its fifth birthday in 2020/2021 with the launch of a pilot of Carers Empowerment Programme, only possible thanks to funding from Suffolk Community Foundation. This programme is a collaboration of 10 carers working with the Development Manager creating the very best model of support for our amputee family members. It is the very best way possible to celebrate our 5th year in launching a programme which fully encompasses the entire family. We are excited for the future of this programme.

Some key highlights of 2020/2021 were as follows:

- Completed Pilot of Family Mentor Programme. The Family Mentor Volunteers support 700 families across England and Wales.
- Increased demand for our support packs. We now receive 40-50 new amputee family referrals each month.
- Secured £10,000 of Covid Emergency Funding for Suffolk amputee families which went directly into fuel, food, homeschooling and wellbeing packs along with essential household items.
- We have developed a relationship with Glasspool and submitted 20 successful applications for families in need of essential household goods. This has provided much needed immediate relief for families.

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2021

- Our Family Mentor Benefits Volunteer has helped secure benefits and/or assist with successful appeals for 23 different families.
- We collaborated on Scientific Centre for Limb Difference research with University of Essex.
- We continue to extend our work with NHS and other agencies. We continue working with Clinical Commissioning Groups and Patient Participatory Groups as well as joining the Healthwatch Physical Disability Board.
- Continued to provide all events online to adapt to the restrictions amidst Covid 19. Volunteers spent 613 hours on the phone to families throughout the Pandemic.
- Expanded Steel Bones Shop to include Christmas Cards and ran a Christmas Card Competition.
- We are collaborating with various other local and national organisations such as Carers charities and Disability charities to ensure we provide the best support to our families.
- Hosted Celebration Day online
- Hosted Christmas Party online, which saw us conduct the first ever mass pack mailout to each of our families. Volunteers packed 500 Christmas packs which were received with great joy.
- We launched new Support Book for our support packs to newly registered families.

FINANCIAL REVIEW

The Charity's principal sources of funding are:

- Fund raising events
- Grants and donations

The Charity's main expenses are marketing materials, fund raising expenditure, office expenses and wages.

The total receipts amounted to £131,613 and, after payments of £112,949, the net receipts for the period amounted to £18,664.

The Trustees consider the period end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

Reserves

At the year end, the Charity's bank balance totalled £68,031 and together with current and fixed assets of £3,622 and deduction of current liabilities of £2,812 there were positive reserves of £68,841. Included within these reserves are restricted funds of:

Suffolk Covid Fund	£3,000
Lottery Emergency Covid Fund	£4,500
Suffolk Carers Fund	£2,500

STEEL BONES

TRUSTEES' ANNUAL REPORT continued

FOR THE YEAR ENDED 31 MARCH 2021

Cambridge Community Fund	£1,400
Fitness Club Fund	£1,350
Linda Gomez Children's Book Donation	£10,000
Celebration Day	£5,000
School Events: Tesco	<u>£1,000</u>
	£28,750

There were also unrestricted funds amounting to £39,281. The Trustees took a prudent approach to spending in light of a potentially challenging 12 months and a decision was made to retain funds and reduce expenditure during 2021 to ensure charitable activities could be sustained throughout the coming year. It was also considered appropriate that the funds should be readily available whilst the Charity awaited delayed multi-year funding grant decisions due to the Pandemic.

PLANS FOR THE FUTURE

In 2021/2022, Steel Bones Team and Trustees will work towards securing multi year funding to provide long term stability and future growth planning. Providing Pandemic restrictions begin to lift we will relaunch 3-5 local hubs for amputees to meet with local families as well as relaunching our fitness clubs. We hope to host Christmas Party and Celebration Day face to face events. With long term funding secured, we will be able to recruit and train more Family Mentor Volunteers to help us meet the demand we are experiencing. We very much look forward to a time when the community can unite face to face.

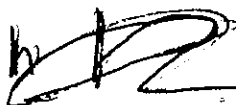
The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees :

C Phelps
(Chairman)



L Joy-Staines
(Trustee)



Date :

22/11/21

Date :

01/12/21

INDEPENDENT EXAMINER'S REPORT OF THE TRUSTEES OF

STEEL BONES

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021 which are set out on pages 7 and 8.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. Accounting records were not held in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this respect in order to enable a proper understanding of the accounts to be reached.



Jamie Norton FCCA
Independent Examiner
Lovewell Blake LLP
Chartered Accountants

The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

Date: 4th January 2022

STEEL BONES**RECEIPTS AND PAYMENTS ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2021**

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Receipts				
Donations	11,112	-	11,112	4,256
Fundraising	105	-	105	8,459
Events	-	-	-	1,170
Grants	<u>12,000</u>	<u>108,396</u>	<u>120,396</u>	<u>65,585</u>
Total receipts	<u>23,217</u>	<u>108,396</u>	<u>131,613</u>	<u>79,470</u>
Payments				
Project costs	1,028	56,829	57,857	16,866
Marketing materials	2,585	-	2,585	4,167
Events	3,156	-	3,156	9,946
Purchase of new assets	-	836	836	3,632
Legal and professional	4,624	-	4,624	2,360
Wages and pension costs	-	35,991	35,991	14,637
Stationery	<u>7,900</u>	<u>-</u>	<u>7,900</u>	<u>2,169</u>
Total Payments	<u>19,293</u>	<u>93,656</u>	<u>112,949</u>	<u>53,778</u>
Net receipts/(payments)	<u>3,924</u>	<u>14,740</u>	<u>18,664</u>	<u>25,692</u>
Transfers between funds	27,500	(27,500)	-	-
Cash funds at 31 March 2020	<u>7,857</u>	<u>41,510</u>	<u>49,367</u>	<u>23,675</u>
Cash funds at 31 March 2021	<u>39,281</u>	<u>28,750</u>	<u>68,031</u>	<u>49,367</u>

STEEL BONES

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2021

	2021 Unrestricted Funds £	2021 Restricted Funds £	2021 Total Funds £	2020 Total Funds £
Cash funds	34,044	28,750	62,794	48,813
Advance Account	<u>5,237</u>	-	<u>5,237</u>	<u>554</u>
Total cash funds	<u>39,281</u>	<u>28,750</u>	<u>68,031</u>	<u>49,367</u>
Assets retained for charity's own use			Current Value £	Current Value £
Mobile phones	508	-	508	-
Laptops	<u>3,114</u>	-	<u>3,114</u>	<u>3,581</u>
Total assets retained for charity's own use	<u>3,622</u>	-	<u>3,622</u>	<u>3,581</u>
Liabilities				
Independent Exam	1,170	-	1,170	1,110
Bookkeeping	1,470	-	1,470	1,092
Payroll	-	-	-	72
Pension Payable	<u>172</u>	-	<u>172</u>	<u>168</u>
	<u>2,812</u>	-	<u>2,812</u>	<u>2,442</u>

These financial statements were approved by the Trustees on *1/12/21* and are signed on their behalf by:

C Phelps
(Chairman)



L Joy-Staines
(Trustee)

