



Report and Accounts For the Year Ending 31st July 2023

**Charity Details**

Name: The Dylan Howells Foundation
Registered charity number: 1174188
Address: 28 Oaken Lane, Claygate, Esher, Surrey, KT10 0RG

Trustees:

Brian Howells (Chair)
Bethan Howells
Warren Saunders
Garry Taylor
Martin Wingfield

Treasurer & Bank Details:

Malcolm Watts
Account held at - Metrobank, Unit 1, Chiswick House, Festival Place, Basingstoke, RG21 7LD

Trustees Annual Report and Accounts for the year ending 31st July 2023**What Is The Dylan Howells Foundation?**

The charity was set-up by family and friends of Dylan Howells who tragically passed away suddenly in July 2016 aged 41 from a heart arrhythmia, leaving behind him a wife and two children. Passionate about sport in all forms, Dylan competed nationally and internationally in Triathlon and Aquathlon, becoming the Welsh National Aquathlon Champion in 2007 and finishing 6th in age group in the 2010 ITU Aquathlon World Championships in Budapest.

Dylan was also a football fan and keen supporter of many sports including swimming, athletics, boxing and rugby. As well as spectating and participating he was committed to helping others maximise their own potential, working with countless children and young adults who competed and trained at sports clubs in the Southwest London and Surrey area. It is our aim in the DHF to continue the work he started, by funding aspiring young athletes across a range of disciplines, helping them to achieve their goals and maximise their competitive potential. We also provide funding to sports clubs in need of equipment and sponsor events to encourage participation with a view to inspiring communities through activity, teamwork, achievement and most importantly – fun.



Our aims for our sixth year of operation ending 31st July 2023

As we review our sixth year in operation, we continue to operate on a relatively well-established routine, including our gala dinner, which remains our key fund-raising event, coupled with some smaller local activities which help to keep our profile raised. We maintain a small and manageable number of funded athletes who continue to deliver strong results, which would be impossible to achieve without the support we provide. We finish the period with a strong balance sheet and the ability to take on further athletes moving forward, while continuing to fund our current stable.

As can be seen from the included accounts we were able to raise almost £21,000 in the year to July 2023, over £6000 more than the prior year, in the main due to a very successful gala dinner. In addition to this Thames Turbo Triathlon Club raised £1600 at their annual BBQ in memory of Dylan – a sum significantly above that raised in previous years and which we are hugely grateful for. However, from a funding perspective we spent less in 2023 than in prior years, partly due to one or two athletes dropping out or the trustees deciding to cease support and partly because we have delayed this year's gala dinner until Spring 2024 and as such wanted to have funding available for our 2024 round. We end the year with over £20,000 available to fund athletes in Q1 2024 ahead of the dinner, now confirmed for March. In summary the charity continues to deliver on its vision and achieve its aims in a sustainable way, with very limited outgoings and an ongoing commitment to support local athletes and sporting clubs.

Gala Dinner - October 2022

The Gala Dinner format is now a "well-oiled machine" for the charity and continues to be the primary revenue source. Held on the 8th of October 2022 at the same venue (Hilton Doubletree Kingston), we balanced higher costs from the hotel by replacing the live band with a DJ which, coupled with a very successful auction (both live and silent) allowed us to raise almost £17k, £5000 ahead of the 2021 event. This evening remains critical to our fund raising as well as allowing us to celebrate the success of our athletes and put a spotlight on their achievements. Despite this, it was felt that we should postpone the 2023 event until Spring 2024 to keep it fresh and retain the goodwill of the participants who help us raise so much for the charity. As such we now plan to hold our next dinner on the 23rd of March 2024; moving forward we will continue to monitor the situation and decide whether this goes back to an annual event or if we move to every 18 months.

Other Fund-Raising Activities

In addition to the dinner, we raised a further £4000 through gift aid, smaller donations etc and the previously mentioned Thames Turbo event in June 2023. We did not carry out the fun run or other activities in year but will look to revisit this moving forward.

Beneficiaries

In 2022/23 we said goodbye to a number of beneficiaries, who in some cases we had supported for multiple years, due to either their moving on from their chosen sports to focus on academic studies or moving outside of the catchment area. They include rower Carwyn Davies, boxer Dan Morley, sailor Finian Morris and gymnast Dixie Lindsay. We have also paused our support for the Kinetic Foundation who continue to grow and support huge numbers of disadvantaged children. We wish them all well with their future endeavours and remain open to working with them moving forward should circumstances change. Indeed in 2022 we resumed funding for Eva O'Dwyer, having not supported her for two years and we are glad to have her back on board.

Beneficiary from May 2020 – Lilian Musgrove – Figure Skater

16-year-old Lilian has been skating since the age of 3 and qualified for the British Championships in 2020 – coming first at intermediate level. During this year, our third of working with Lilian, she has continued to grow in the sport and has represented GB on the international stage. In March she competed in a British National qualifier and came first with a new personal best, following which she won a Silver Medal at the British Championships. Lilian has continued to train both in the UK and in France and Italy where she has access to leading coaches who can help in her development. These critical training activities would not be possible without the support of the Dylan Howells Foundation, and we remain proud of our continued association with her as she continues her journey in the sport.

Beneficiary from May 2021 – Joseph Clifton – Karate

Joseph Clifton is a 21-year-old para karate student, living in Surrey with his parents and sister. Beginning by joining a local club at the age of 13, by 2019 Joseph was attending national training sessions, aiming for selection for the para team in the 2020 Commonwealth Games, until the pandemic hit. However not only achieved his aims by representing England at the Commonwealth Karate Championships in September 2022, but he also came away with two gold medals. This phenomenal achievement has led to further success in 2023 at the European Championships in March and he continues to go from strength to strength on the international stage.

Beneficiary from May 2022 – Lucy, Matt & Emily Hutt – BMX

Despite suffering 3 concussions during the year, Emily finished the 2023 season ranked 2nd in the overall UCI standings for the under 23 category and a silver medal in the World Championships held in Glasgow in the summer. Matt has continued to race nationally and regionally as much as possible as he now works full time and is focusing on coaching at his club the Runnymede Rockets. He picked up 2 wins in the southern regional series but the highlight for him this season was racing in the World Cup series at Papendal in Holland where he reached the semi-final. He would not have been able to compete in that event without the funding provided by the Dylan Howells foundation.



The DHF now also support youngest sibling Lucy who is now ranked #1 in the Female under 16 category, winning both the National Series and British Championships. She's really starting to fulfil her potential and will make the step up to the Elite category next season in national and regional competitions.

Beneficiary from January 2023 – Mai Sullivan – Ice Hockey

Mai is a 15-year-old ice hockey player living in Molesey. Since picking up the sport she has gone from strength to strength and is training with the UK team as well as playing for 3 local or regional teams. The constant travel and equipment requirements put a huge strain on family finances, and we have been happy to welcome her to the charity this year and the £3000 so far provided has made a huge difference. We look forward to continuing to support her into 2024 and hope she is able to take the step to competing at a national level in the coming year.

Beneficiary 2019 & 2022/23 - Eva O'Dwyer – Karate

The DHF is happy to welcome Eva back, having worked with her in 2019 – since when she has continued to grow in the sport taking on and beating older and more experienced competitors on the world stage. She began competing at the age of 6 and in late 2022 went to the European Championships in Florence Italy, taking home a gold medal, a feat she repeated at the World Championships in July of 2023. Still only 14 she has already competed in 91 competitions, winning 71 golds, 16 silver and 4 bronze medals. It is great to have her back on board and we can't wait to see what's next for her moving forward in the sport.

Beneficiary from September 2022 – Giorgio Visioli - Boxing

Giorgio is an up-and-coming talent in the boxing world, and we are proud to be associated with him in the current year. He has won the National Amateur Champion for two consecutive years at two different weight categories – which is a rare and exceptional achievement. His talent continues to grow and being offered a place on the team GB squad during 2023 is testament to the hard work he has put in so far. As we look towards the second half of 2023 and beyond Giorgio has the opportunity to take the next steps and turn professional, gaining sponsorship deals etc which will push him to the forefront of the sport. We are excited to play a small role in helping him achieve these aims and are excited to see where he goes from here.

Beneficiary from 2022 Foley Boxing Club

Foley Boxing club is a long-established local boxing club which provides valuable support for the local community. The DHF have funded the required medicals for several of their young boxers this year, through a donation of £300 – something we also did last year and which, for a small donation, makes a big difference to the young boxers for whom this would otherwise be a significant cost.



Finances & Admin

The Charity met regularly during the year – with meetings of the trustees held on a quarterly basis as a rule, but more frequently around key events and where decisions on funding had to be made. We have continued to keep the stable of athletes relatively consistent in terms of numbers and generally bring new athletes on board as others move out. Moving forward we will look to focus more clearly on cases where financial hardship is obvious, and funding is proven to be unavailable through other avenues. The gala dinner continues to be a strong fund raiser for us and delivers most of the funding we need for the scale of our charity ambitions at the current time. However, we do not wish to take the kind generosity of the guests at this event for granted, hence pushing the next one back by six months into the spring of 2024. New beneficiaries Mai Sullivan and Giorgio Visioli give us plenty of scope to continue to grow and work closely with athletes at the top of their game as both begin to take steps into international competition.

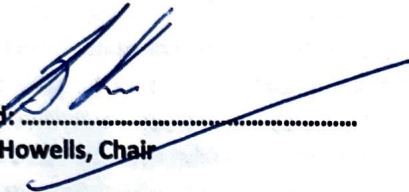
The trustees would again like to thank the efforts of treasurer Malcolm Watts, Mark Hards, Lee Martin, Michael Smith and of course Julia Howells who have put in an enormous amount of work in the year ending July 2023 and without whom the charity would not have been able to achieve its goals. We remain incredibly proud of the fact that we have a team of people with complementary skillsets that enable us to carry out all our activities and promotion without any cost to the charity, meaning that every penny is invested in the athletes and in fund raising.

Looking forward to the next year

As we look towards 2024, we will seek new clubs and individuals to fund and will step up local outreach through sports clubs and local authorities. We are comfortable with the scale and aims of the charity in its current form and incredibly proud of the £100k raised since its inception in 2017. With the next dinner planned for March 2024 and a possible return for the summer fun run we are well placed to follow our current path. We continually stress test the needs of our athletes to make sure that funding is well placed and gets to where most needed. At current scale we can expect an ongoing income of between £15k and £20k, with similar outgoings on an annualised basis. We believe that fundamentally the scale of the charity remains optimal in terms of both effort required and ability to generate support and fund local athletes. In essence our goals remain, as they always have, true to our vision of enabling and encouraging young talent in the sporting arena. As the cost of living continues to grow, whether through interest rate hikes or ongoing inflationary pressures, we believe these activities remain critical and are 100% committed to continuing the work that we do.



Signed on behalf of the Trustee Board

Signed: 
Brian Howells, Chair

Date: 16 December 2023

Signed: 
Warren Saunders, Trustee

Date: 16 DECEMBER 2023

Independent examiner's report to the Trustee Board of The Dylan Howells Foundation

I report on the accounts of The Dylan Howells Foundation for the fifth year of their operation ending 31st July 2023, which is set out on pages 13 to 14.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for the year under section 144(2) of the Charities Act 2011 (the 2011 Act) and whilst an independent examination is also not required, the trustees wish such an examination to be undertaken.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters require my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purposes. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my examination work, for this report, or for the statements that I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

1. which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the 2011 Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name and Address of Independent examiner:

ROGER MIDDLEM

14 COVELTS RD CLAYGATE

Date: 6.1.2024

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Receipts and payments

for the year ended 31st July 2023

	2022-23	2021-22
	£	£
	Total	Total
	Funds	Funds
RECEIPTS		
General Funds	28,885.49	22,971.61
Bank Interest	74.27	3.22
Total Receipts	28,959.76	22,974.83
PAYMENTS		
Funding recipient	-15,300.00	-20,265.00
Expenses to run events	-7,994.38	-7,353.69
Committee expenses		-150.00
Bank Charges	-240.00	-265.00
Total Payments	-23,534.38	-28,033.69
Net receipts for the Period	5,425.38	-5,058.86
Funds		
Balance brought forward	15,305.14	20,364.00
Net receipts for the Period	5,425.38	-5,058.86
Closing balance	20,730.52	15,305.14

Balance Sheet
as at 31st July 2023

	2023	2022
	£	£
Current Assets		
Deposits	0.00	1,000.00
Cash in Bank	20,730.52	14,305.14
Net Assets	20,730.52	15,305.14
Funds		
General Funds	20,730.52	15,305.14
Balance of Funds at Period End	20,730.52	15,305.14
	0.00	0.00

Notes to the Accounts

Accounting Policies

Accounting Convention

Financial statements are prepared on a receipts and payments basis, under the historical cost convention. This is consistent with Charity Commission Guidelines whereby CIOs with income less than £250,000 can prepare receipts and payments accounts.

Fixed Assets

At 31st July 2023, The Dylan Howells Foundation had no fixed assets. The policy is:

- To recognise fixed assets if they can be used for more than one year, recording them at cost or, if gifted, at the value to the charity on receipt; and
- To write them off on a straight-line basis over their estimated useful lives.

Income Recognition

Income is recognised upon receipt.