

Report and Accounts

For the Year Ending

31st July 2022



Charity Details

Name: The Dylan Howells Foundation

Registered charity number: 1174188

Address: 28 Oaken Lane, Claygate, Esher, Surrey, KT10 0RG

Trustees:

Brian Howells (Chair) (Appointed 9th August 2017)

Bethan Howells (Appointed 9th August 2017)

Warren Saunders (Appointed 9th August 2017)

Garry Taylor (Appointed 9th August 2017)

Martin Wingfield (Appointed 9th August 2017)

Treasurer & Bank Details:

Malcolm Watts (Appointed 10 January 2021)

Account held at - Metrobank, Unit 1, Chiswick House, Festival Place, Basingstoke, RG21 7LD

Trustees Annual Report and Accounts for the year ending 31st July 2022

What Is The Dylan Howells Foundation?

The charity was set-up by family and friends of Dylan Howells who tragically passed away suddenly in July 2016 aged 41 from a heart arrhythmia, leaving behind him a wife and two children. Passionate about sport in all forms, Dylan competed nationally and internationally in Triathlon and Aquathlon, becoming the Welsh National Aquathlon Champion in 2007 and finishing 6th in age group in the 2010 ITU Aquathlon World Championships in Budapest.

Dylan was also a football fan and keen supporter of many sports including swimming, athletics, boxing and rugby. As well as spectating and participating he was committed to helping others maximise their own potential, working with countless children and young adults who competed and trained at sports clubs in the South West London and Surrey area. It is our aim in the DHF to continue the work he started, by funding aspiring young athletes across a range of disciplines, helping them to achieve their goals and maximise their competitive potential. We also provide funding to sports clubs in need of equipment and sponsor events to encourage participation with a view to inspiring communities through activity, teamwork, achievement and most importantly – fun.

Our aims for our fifth year of operation ending 31st July 2022

The Dylan Howells Foundation entered its fifth year as COVID restrictions began to ease, allowing children and adults alike to compete again and meet in a sporting environment. As such we have been able to reactivate our funding and fund raising through 2021 and into 2022. This included reinstating the Gala Dinner which remains our biggest fund-raising event. While we were still unable to do so in Summer 2021, we also brought back the fun run in 2022 and, while this remains more an awareness driver than a fund raiser it was highly successful on those terms. This coupled with a few further activities (to be outlined

below) meant that we were able to continue to fund existing beneficiaries as well as taking on a few new ones and finish the year with a strong balance sheet, having funded appropriately but prudently through a period of continued uncertainty.

As can be seen from the included accounts we were able to raise over £15,000 in the year to 31st July 2022, compared to less than £2000 in the previous year. This meant we were able to fund to a total of over £20,000 and although this resulted in a net loss for the FY, we still hold a healthy amount in the bank and expect to continue to be able to raise and distribute funds as we did pre-COVID in the coming financial year. We have seen a couple of our athletes drop out, while others have continued to thrive. In summary the charity continues to deliver on its vision and achieve its aims in a sustainable way, with very limited outgoings and an ongoing commitment to support local athletes and sporting clubs.

Gala Dinner - October 2021

Following the cancellation of the 2020 event due to COVID it was good to be able to re-commence the Gala Dinner which took place on October 4th. Format remains as it has done, same venue (Hilton Doubletree, Kingston) and a combination of live auction and live music. Strong attendance and engagement meant that we were able to generate £12k profit on the night, despite around 7k of costs. The ability to highlight the achievements of our athletes and raise funds in an effective and financially efficient way means that this event will continue to be the key part of our fund-raising calendar. The 2022 dinner is already planned for October and tickets are already almost sold out.

Fun Run – July 2022

For the second time in the life of the foundation we decided to set up a fun run in the summer of 2022, moving the event to Imber Court sports ground in Thames Ditton we had over 140 children and adults taking part over 2k and 5k courses. The fun run is more of a community outreach effort than a fund raiser – and indeed it was break even from a financial perspective – but as an event in keeping with the ethos of the foundation it should be deemed a success.

Other Fund-Raising Activities

In addition to the dinner and the fun run, we were able to generate over £3500 through other one off and ad-hoc activities. These included a sponsored walk carried out by one of the trustees (Bethan Smith) which raised £1165, a one-off donation from Hoare Trustees and fund raising at the funeral of Glen Stirling which raised almost £800. We are also set up via Amazon Smile and generated small sums through this. All these funds are gratefully received, and we hope that we will see similar donations and sponsored events moving forward. Each of these activities demonstrates the way in which our aims and ambitions continue to resonate within the local community.

Beneficiaries

In 2021/22 we said goodbye to a small number of beneficiaries, who in some cases we had supported for multiple years, due to either their moving on from their chosen sports to focus on academic studies or moving outside of the catchment area. They include Maddie Harris, para-swimmer, Nathan Kosbab, Rugby league player, cyclist Charlie Bailey and the Ameresakere family. We wish them well with their future endeavors and remain open to working with them in the future should circumstances change.

Beneficiary from March 2018 – The Kinetic Foundation – Football

The Kinetic Foundation, based in Croydon work with disadvantaged and/or disengaged young people, delivering a wide range of educational opportunities for them to learn new skills and improve their employment potential. Focusing on community togetherness and using sport as the hook for participation, they offer free sport sessions regardless of gender, ability, financial situation or ethnicity, which deliver structured, engaging, coaching and competition. The Dylan Howells Foundation are helping to fund coaches and equipment with a view to helping the foundation deliver on its commitments to giving access to sport for young, disenfranchised youth who could otherwise turn to crime or other anti-social behaviour. The DHF believe passionately in the importance of what Kinetic are trying to achieve from both



a sporting and societal perspective and as such it remains our biggest single beneficiary, with a further £7,500 contributed in the year to end of July 2022. Kinetic's work has been challenged by the various lockdowns and restrictions during the period, but such issues and their effects on communities and individuals only make the work they do more important.

Beneficiary from May 2018 - Finian Morris – Sailing

Finian Morris is a young sailor from Weybridge in Surrey, who has been passionate about sailing for as long as he can remember. He competes in the "29er" class and competed in the European championships at this level in the summer of 2022. He has also subsequently competed in both the World and UK national championships where despite challenging conditions he was able finish 3rd in the under 17s. Due to a lack of activity in the year 2020/21 we did not fund Finian but returned to funding in 2022 to the value of £1,165. Moving forward Finian and his family are planning to move out of the area and as such he will no longer be eligible for funding. However we will continue to track his progress with interest and look forward to seeing him develop within the sport moving forward.

Beneficiary from July 2018 – Dan Morley – Boxing

In July 2018 we announced our support for Daniel Morley, a local boxer from Epsom who had recently turned professional winning both of his first two fights, after a strong amateur career in which he won regional titles and competed in national tournaments. The Dylan Howells Foundation has helped fund both training and medical bills as Dan progresses in his career towards boxing success, funding a further £1500 in 2021/22. Since we began funding Dan in mid 2018 he has won all his professional bouts convincingly. However on the cusp of a major broadcast sponsorship deal with Sky in the summer of 2022, Dan unfortunately decided to step back from the sport. Dan has been a passionate ambassador for the Foundation and we wish him the best for all his future endeavours.

Beneficiary from May 2020 – Lilian Musgrove – Figure Skater

14-year-old Lilian has been skating since the age of 3, and qualified for the British Championships in 2020 – coming first at intermediate level. This year, our third of working with Lilian, she has been accepted into the GB development squad, meaning she is able to enter international ISU skating competitions at Advanced Novice Level when selected by British Ice Skating. In her first international ISU competition she came 3rd overall against 22 other international skaters.

Lilian has continued to attend European skate camps in the summer of 2022 in France (June) and Italy (August) where she will have leading coaches help in her development. These critical training activities would not be possible without the support of the Dylan Howells Foundation, and we remain proud of our continued association with her as she continues her journey in the sport.

Beneficiary from May 2021 – Dixie Lindsay – Artistic Gymnast

Dixie is a 15-year-old Women's Artistic Gymnast. She has been involved in Gymnastics since the age of 5 and started competing regionally at the age of 8. She qualified for every National Final on her Regional Team and was ranked 9th in Great Britain the year she turned 10. Since 2016 she has trained with Carla Gale-Parks at TGC. She has grown as a gymnast and matured as a person since starting there. In our second year of funding, we have continued to support the costs of travel which have increased because of her mother no longer being able to drive due to illness. Since lockdown has eased Dixie has competed widely across the UK and Europe and has achieved several podium finishes during that time.

Beneficiary from May 2021 – Joseph Clifton – Karate

Joseph Clifton is a 20-year-old para karate student, living in Surrey with his parents and sister. Never letting his disability hold him back he enjoyed a wide range of sports activities from a young age, including karate, football, basketball, horse riding and swimming. Beginning by joining a local club at the age of 13, by 2019 Joseph was attending national training sessions, aiming for selection for the para team in the

2020 Commonwealth Games, until the pandemic hit. However, in our second year of funding Joseph and his career has gone from strength to strength, with his selection to represent England at the Commonwealth Karate Championships in September 2022. The DHF continues to fund Joseph and family to help with the extensive costs associated with training, competing and travel and looks forward to continuing our work with him in 2023 and beyond.

Beneficiary from July 2021 – Elmbridge Eagles – Rugby League Club

In July 2021 the Dylan Howells Foundation agreed to become shirt sponsor for the Elmbridge Eagles U15s Girls Rugby League team. The Elmbridge Eagles Rugby Club is one of the oldest Amateur Community Rugby League Clubs in the London and Surrey area with a 40-year history. Recently the club were very pleased and proud to start their first Girls U15s Rugby League team, going unbeaten in their first competitive season during 2021. As well as being shirt sponsor for the girls playing kit the DHF logo will also appear on the wider clubs training shirt. The expenditure associated with this sponsorship appears in the 2021/2022 although we committed to this at the end of the previous financial year.

NEW - Beneficiary from July 2021 - Carwyn Davies – Rowing

Carwyn came to us through the local secondary school in Hinchley Wood, having recently given up rugby to focus fully on rowing. His major achievement in 2021 was in his category at the National Schools Regatta where his four comfortably won a gold medal. The training commitment level is significant and has paid off with an invite to the GB trials. We funded Carwyn £1000 to help with the costs of training and equipment and look forward to continuing to work with him in future years.

NEW - Beneficiary from May 2022 - Matt & Emily Hutt – BMX

Matt and Emily Hutt are BMX racing siblings from Ashford Middlesex who compete both nationally and internationally at their sport. Emily won a silver medal in the Junior Women category at the European BMX Championships in Dessel in July 2022, unfortunately due to injury Matt was unable to compete, but further events are taking place throughout the remainder of 2022, and both are well positioned for further medals.

NEW - Beneficiary in 2022 Foley Boxing Club

Foley Boxing club is a long-established local boxing club which provides valuable support for the local community. The DHF have funded the required medicals for several of their young boxers this year, through a donation of £300.

Finances & Admin

The Charity met regularly during the year – with meetings of the trustees held on a quarterly basis as a rule, but more frequently around key events and where decisions on funding had to be made. We have decided to keep the stable of athletes relatively stable in terms of numbers and bring new athletes on board as others move out. We are lucky that our income has returned to pre-pandemic levels and is consistent as we now have a ‘formula’ for our key events which works well and brings in a decent amount of revenue which can then be distributed through the year. This regular cadence and scale fits well with the trustees and volunteers none of whom are paid or draw any funding from the charity, enabling us to remain 100% focused on our athletes. New beneficiaries such as Joseph Clifton and Matt and Emily Hutt give us plenty of scope to continue to grow and work closely with athletes at the top of their game and taking steps into international competition.

The trustees would again like to thank the tireless efforts of new treasurer Malcolm Watts, Mark Hards, Lee Martin, Michael Smith and of course Julia Howells who have put in an enormous amount of work in the year ending July 2022 and without whom the charity would not have been able to achieve its goals.



Looking forward to the next year

With no further lockdowns or restrictions expected, we look forward to a strong and predictable year 2022/23 and plans are already to run the gala dinner in October as usual. We will take a decision on the fun run in early 2023 and continue to take on new athletes as one or two of our existing portfolio come to an end (Finian Morris and Dixie Lindsay for example). At current scale we expect an ongoing income of between 15 and 20k, with similar outgoings. We believe that fundamentally the scale of the charity remains optimal in terms of the efforts required and ability to generate support and fund athletes, however we will continue to look to see if there is more we can do moving forward to optimize this. In essence our goals remain, as they always have, true to our vision of enabling and encouraging young talent in the sporting arena. As we enter a period of likely recession, we believe these activities remain more critical than ever and are 100% committed to continuing the work that we do, having seen the positive impact it has had on young lives since we set the DHF up in 2017.

Signed on behalf of the Trustee Board

Signed:

Date:

Brian Howells, Chair

Signed:

Date:

Warren Saunders, Trustee

Independent examiner's report to the Trustee Board of The Dylan Howells Foundation

I report on the accounts of The Dylan Howells Foundation for the fifth year of their operation ending 31st July 2022, which is set out on pages 13 to 14.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for the year under section 144(2) of the Charities Act 2011 (the 2011 Act) and whilst an independent examination is also not required, the trustees wish such an examination to be undertaken.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters require my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purposes. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my examination work, for this report, or for the statements that I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit

and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

1. which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the 2011 Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name and Address of Independent examiner:

Date:

Receipts and Payments – For the Year Ending 31st July 2022

		2022	2021
		£	£
	Note	Total Funds	Total Funds
Receipts			
General Funds		15,618	1,758
Bank Interest		3	11
Total Receipts		15,621	1,769
Payments			
Funding recipient:			
Carwyn Davies		-1,000	-1,000
Dan Morley		-1,500	
Dixie Lindsay		-2,000	-1,000
Elmbridge Eagles		-800	
Finian Morris		-1,165	
Foley Boxing		-300	
Joseph Clifton		-2,000	-1,000
Kinetic Foundation		-7,500	-7,500
Lilian Musgrove		-2,000	
Maddie Harris			-580
Matt & Emily Hutt		-2,000	
Expenses to run events			
Committee expenses		-150	
Bank Charges		-265	-240
Total Payments		-20,680	-11,320
Net receipts for the Period		-5,059	-9,551

Funds

Balance brought forward	20,364	29,915
Net receipts for the Period	-5,059	-9,551
Closing balance	15,305	20,364

Balance Sheet

as at 31st July 2022

	2022	2021
	£	£
Current Assets		
Deposits	1,000	1,000
Cash in Bank	14,305	19,364
Net Assets	15,305	20,364
Funds		
General Funds	15,305	20,364
Balance of Funds at Period End	15,305	20,364
	0	0

Notes to the Accounts

Accounting Policies

Accounting Convention

Financial statements are prepared on a receipts and payments basis, under the historical cost convention. This is consistent with Charity Commission Guidelines whereby CIOs with income less than £250,000 can prepare receipts and payments accounts.

Fixed Assets

At 31st July 2022, The Dylan Howells Foundation had no fixed assets. The policy is:

- To recognise fixed assets if they can be used for more than one year, recording them at cost or, if gifted, at the value to the charity on receipt; and
- To write them off on a straight-line basis over their estimated useful lives.

Income Recognition

Income is recognised upon receipt.