



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1st	December	2019		30th	November	2020

## Section A Reference and administration details

**Charity name** British Society for Research on Ageing

**Other names charity is known by**

**Registered charity number (if any)** 1174127

**Charity's principal address** Liverpool John Moores University, James Parsons Building,  
Byrom Street, Liverpool.

**Postcode** L3 3AF

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prof Claire Stewart	Chairperson		
2	Dr Myriam Chimen	Treasurer	Until July 2021	
3	Dr Neil Martin	Treasurer	As treasurer from July 2021	
4	Dr Cathy Slack	Secretary		
5	Prof Lynne Cox	Governance/Policy lead		
6	Prof Joao Pedro de Megalhaes			
7	Dr Marina Ezcurra	Communications editor		
8	Prof Lorna Harries			
9	Dr Adam Rolt			
10	Dr James Brown			
11	Miss Ursula Tanner			
12	Dr Bradley Elliot		From June 2021	
13	Dr Paul Morgan		From June 2021	
14	Mr Adrian Cull		From June 2021	
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Standard Registration
Trustee selection methods (eg. appointed by, elected by)	Election by the membership

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The objectives of the society are to:

1. To promote research into the processes, causes and effects of ageing and, as indicated, into means for counteracting these, both in human beings and in other organisms;
2. To publish the results of all such useful research;
3. To further public education therein.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

In accordance with the constitution of the society, the charity undertook the following activities between the 1<sup>st</sup> Dec. 2019 and the 30<sup>th</sup> Nov. 2020.

Promotion of research was undertaken by the continued funding of a PhD studentship (valued at up to £69,750 over three years). The student started their project in October 2016. In addition, the BSRA have also started to offer small grant opportunities, and in late 2020 we provided £104 to support the publication of a paper related to the biology of ageing. We hope to provide more funding in this arena in the coming years.

Diffusion of information on ageing research via: the charity website [www.bsra.org](http://www.bsra.org) and links with the society of biology.

Promotion of the awareness of ageing research via engagement with the public bodies and other charities. The BSRA was invited to provide input to the House of Lords Science and Technology Select Committee report on ageing science.

In 2020 the BSRA annual scientific meeting which promotes and disseminates scientific research on ageing was due to be held at Aston University, however due to the Covid-19 pandemic this was cancelled. BSRA was therefore also unable to award travel bursaries and prizes to award winners at the meeting, which are used to promote the Society and UK based ageing research in the USA via the annual award of a bursary to fund attendance of an early career research at the American Aging Association meeting.

New trustees are expected to read the guidance on public benefit issued by the charity commission, on appointment.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

When awarding grants the BSRA conforms to the AMRC principles of peer review guidelines, and utilises a minimum of 2 peer reviewers (for awards exceeding £2000) and an independent Scientific Advisory Board for selecting projects for funding. The BSRA is also committed to the 3Rs relating to the use of animals in research.

In addition to the scientific advisory board, the BSRA also has a development board comprised of volunteers, who are concerned with supporting our fundraising efforts through networking and trust fund applications.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Promotion of research was undertaken by the continuance of a PhD studentship (valued at up to £69,750 over three years). The student started their project at the University of Liverpool in October 2016 under the guidance of Prof A McArdle and Dr A Vassilaki.

The BSRA also launched its small grants awards, designated for early career researchers seeking funding for laboratory consumables, funds to help publish their work or funding to disseminate and promote the biology of ageing.

The Annual Scientific Meeting was organised and due to be hosted with the biochemical Society for the 2<sup>nd</sup> year, however it was cancelled due to Covid-19.

The BSRA continued to work mutually with the Springer Biogerontology Scientific Journal by guest editing a special issue based around the BSRA 2019 Annual Scientific meeting.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

At the end of the 2020 financial year the charity account balance was >£82,000, which is more than sufficient to cover its outstanding payments. Indeed, 2020 saw the final payment of ~£20,000 in support of a PhD studentship, was the BSRAs most significant outgoing in 2020. The considerable remaining funds are adequate to account for any fluctuations in outgoings in 2021. BSRA is focused on providing smaller grants in the coming years, and aims to increase its membership and fundraising to support future larger grants.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Fundraising is being undertaken by applications to trust funds and through personal gifts. We are very pleased to continue to be the SeaVets' identified preferred charity during this period.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Dr Neil Martin

Position (eg Secretary, Chair, etc)

Treasurer (from 1/7/2021)

**Date**

16/10/2021



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
British Society for Research on Ageing

No (if any)  
279932

CC16a

## Receipts and payments accounts

For the period from	Period start date 1st Dec 2019	To	Period end date 30th Nov 2020
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Membership subscriptions and Annual Scientific meeting registrations	3,666	-	-	3,666	6,413
Sponsorship	-	-	-	-	2,351
Donations	2,948	-	-	2,948	3,584
Other income	3,617	-	-	3,617	188
Interest	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>10,231</b>	<b>-</b>	<b>-</b>	<b>10,231</b>	<b>12,536</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>10,231</b>	<b>-</b>	<b>-</b>	<b>10,231</b>	<b>12,536</b>
<b>A3 Payments</b>					
Bank Charges	-	-	-	-	-
Travel expenses	568	-	-	568	429
Conference costs	-	-	-	-	5,224
Grants	20,045	-	-	20,045	18,775
Poster Prizes	-	-	-	-	2,268
Travel Bursaries	-	-	-	-	215
Subscriptions	652	-	-	652	644
Fundraising Costs	-	-	-	-	604
Professional Costs	500	-	-	500	2,100
Website Development	69	-	-	69	1,202
Other	-	-	-	-	-
<b>Sub total</b>	<b>21,834</b>	<b>-</b>	<b>-</b>	<b>21,834</b>	<b>31,461</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>21,834</b>	<b>-</b>	<b>-</b>	<b>21,834</b>	<b>31,461</b>
<b>Net of receipts/(payments)</b>	<b>- 11,603</b>	<b>-</b>	<b>-</b>	<b>- 11,603</b>	<b>- 18,925</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>94,004</b>	<b>-</b>	<b>-</b>	<b>94,004</b>	<b>112,929</b>
<b>Cash funds this year end</b>	<b>82,401</b>	<b>-</b>	<b>-</b>	<b>82,401</b>	<b>94,004</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
CCXX R1 accounts (SS)	1			01/11/2020



**B1 Cash funds**

Bank account	82,401	-	-
	-	-	-
	-	-	-
<b>Total cash funds</b>	<b>82,401</b>	<b>-</b>	<b>-</b>

(agree balances with receipts and payments account(s))

OK

OK

OK

**Unrestricted funds**  
to nearest £

**Restricted funds**  
to nearest £

**Endowment funds**  
to nearest £

**Details****B2 Other monetary assets**

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**Details****B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

**Details****B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**Details****B5 Liabilities**


Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

	Neil Martin	15/10/2021





Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
British Society for the Research into Ageing

On accounts for the year  
ended

30<sup>th</sup> November 2020

Charity no  
(if any)

279932

Set out on pages

1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination ~~(other than that disclosed below \*)~~ which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

20<sup>th</sup> May 2021

Name:

Tracy Rhys-Williams

Relevant professional  
qualification(s) or body

MAAT



(if any):

Address:

Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.