

THE YOUTH COUNSELLING PROJECT

Registered Charity 1174102

Annual Report and Financial Statements for Year Ending 31 July 2021

Prepared by:
The Youth Counselling Project
19 Upper Belgrave Rd
SEAFORD
East Sussex
BN25 3SQ

The Youth Counselling Project

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The Youth Counselling Project

Reference and Administrative Details

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road
SEAFORD
East Sussex
BN25 3SQ

Phone: 07435 872231

E-mail Address office@tycp.org.uk

Website www.tycp.org.uk

Trustees:	Mrs Julia Hancock	Chair
	Mrs Mairin Colleary	Secretary
	Mrs Josephine Stone	Treasurer
	Mrs Susan Silvester	
	Mrs Christine McAllen	(Appointed 1 August 2020)

Independent Examiner: X5 Chartered Accountants
2 Upperton Gardens
EASTBOURNE
East Sussex
BN21 2AH

The Youth Counselling Project

Trustees' Report - 1st August 2020 to 31st July 2021

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 4th year of operation.

The charity is run by 5 Trustees supported by a small Management Team, each with specific tasks, who are all volunteers. We appointed a new Trustee this year. There is a wider group of local people who help mainly with fundraising.

3 Therapists, skilled in counselling children, are paid on a sessional basis to work with the children. One of these is responsible for liaison with the schools, supervising the other counsellors and providing evaluation reports.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Agreements between the Youth Counselling Project and the schools and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, we provided 752 one to one sessions for 80 different children. Most have 10 sessions, but this can vary.

A pilot scheme to provide counselling in small groups of up to 8 young people at Seaford Head was started to cater for a growing need, but this was disrupted by lockdown and school bubbles. We plan to continue and evaluate this project in the next academic year.

Students from 4 Seaford schools have benefitted from our input, Seaford Head Secondary School and 3 primary schools, Chyngton School, Cradle Hill School and Seaford Primary School.

We have provided counselling for children facing a range of issues, including self-harm, bereavement, neglect, low mood, and anxiety. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework.

Our counsellors continued to adapt to the challenges thrown up by Covid, offering counselling through text messaging, phone calls or face to face when allowed. We have been able to be more flexible according to the need of individuals. Lockdowns and the resulting disruption of education has caused many problems for our young people. There has been a sharp rise in referrals since the beginning of the pandemic, specifically for increased social anxiety, worry about exams and education, and for those coping with bereavement, changes in household situations and domestic violence.

Covid prevented us from running any fundraising events, but we raised a total of £61,268 during the year, £51,250 from grant applications, £9,213 from donations and £805 from invoiced activity. We use the services of a Grant Administer.

Due to the pandemic, this has been a particularly difficult time to fundraise and there has been fierce competition for emergency grants. We were delighted to be awarded 10 grants out of 22 applications from The National Lottery Community Fund, Sussex Community Foundation (Lawson & Crisis Funds), The Foyle Foundation, The Newby Trust, Sussex Police Community Safety Fund, Garfield Weston Foundation, The Edward Gosling Foundation and The Grace Trust. Seaford Town Council have awarded us a grant for 2021-22.

The Youth Counselling Project

Trustees' Report - 1st August 2020 to 31st July 2021 cont'd

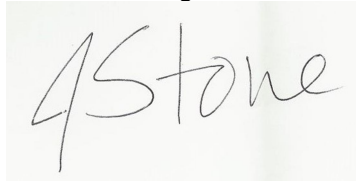
Locally, we have received support from Seaford Martello Rotary Club and Seaford Rotary Club, Lewes Lottery, Santander Bank, Seaford and were one of the Mayor of Seaford's nominated charities,

We are fully funded for 2021-22, any new funding will enable us to expand and continue our work in future years.

Approved by the Trustees on 21st August 2021 and signed on their behalf by:

A handwritten signature in black ink on a light grey background. The signature reads "Julia Hancock" in a cursive script.

Mrs Julia Hancock (Chair)

A handwritten signature in black ink on a light yellow background. The signature reads "J Stone" in a cursive script.

Mrs Josephine Stone (Treasurer)

The Youth Counselling Project

Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2021 which are set out on the following pages.

Respective responsibilities of trustee and examiner

The trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions as given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material aspect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

X5 Chartered Accountants

x5 Chartered Accountants

kevin@x5accountants.com (Kevin Alderton)

X5 Chartered Accountants (Dec 10, 2021 14:27 GMT)

10/12/21

2 Upperton Gardens

Eastbourne, BN21 2AH

The Youth Counselling Project

Statement of Financial Activities for Year Ended 31 July 2021

		Unrestricted funds £	Restricted funds £	Total funds £	Prior year funds £
Incoming Resources	(Note 3)				
Donations and legacies		8,863	51,600	60,463	38,269
Charitable activities		805	-	805	3,522
Other trading activities			-	-	-
Total		9,668	51,600	61,268	41,791
Resources expended	(Note 6)				
Expenditure on:					
Raising funds			-	-	820
Charitable activities		8,300	31,983	40,283	27,643
Separate material item of expense			-	-	5,060
Other			-	-	591
Total		8,300	31,983	40,283	34,114
Net movement in funds		1,368	19,617	20,985	7,677
Reconciliation of funds:					
Total funds brought forward		17,003	20,851	37,854	30,177
Total Funds Carried Forward		18,371	40,468	58,839	37,854

All incoming resources and resources expended derive from continuing activities
The charity has no recognised gains or losses for the year other than the results above.

The Youth Counselling Project

Balance Sheet at 31 July 2021

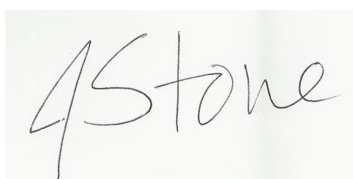
		Unrestricted funds £	Restricted funds £	Total this year £	<i>Total last year £</i>
Current assets					
Stocks	(Note 18)	-	-	-	-
Debtors	(Note 19)	1,950	-	1,950	735
Cash at bank and in hand	(Note 24)	9,668	47,221	56,889	40,004
Total current assets		11,618	47,221	58,839	40,739
Creditors: amounts falling due within one year	(Note 20)	-	-	-	2,885
Net current assets/(liabilities)		11,618	47,221	58,839	37,854
Total assets less current liabilities		11,618	47,221	58,839	37,854
Total net assets or liabilities		11,618	47,221	58,839	37,854
Funds of the Charity					
Restricted income funds			40,468	40,468	20,851
Unrestricted funds		18,371		18,371	17,003
Total funds		18,371	40,468	58,839	37,854

Signed on behalf of the Trustees by:

Date: 21st August 2021



Mrs Julia Hancock (Chair)



Mrs Josephine Stone (Treasurer)

The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2021

Note 1: Accounting Policies

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Fund Accounting Policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Note 2: Incoming resources

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

Note 2: Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever do so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2021 cont'd

Note 3: Analysis of Income	Unrestricted funds	Restricted funds	Total funds	Prior year
	£	£	£	£
Donations and gifts	8,863	350	9,213	11,369
Gift Aid	-	-	-	-
Legacies	-	-	-	-
General grants provided by government/other charities	-	51,250	51,250	26,900
Membership subscriptions and sponsorships which are in substance donations	-	-	-	-
Donated goods, facilities and services	-	-	-	-
Other	-	-	-	-
Total	8,863	51,600	60,463	38,269
Charitable Activities				
Accs receivable - Seaford Head School for extra sessions August 2020	765	-	765	3,522
Accs receivable - Therapist for DBS check	40	-	40	-
Other	-	-	-	-
Total	805	-	805	3,522
Fundraising Events organised by Charity	-	-	-	-
Other	-	-	-	-
Total	-	-	-	-
TOTAL INCOME	9,668	51,600	61,268	41,791

Other information

All income in the prior year was unrestricted except for: (please provide description and amounts)

Grants: £26,900. Restricted to costs related to provision of counselling service.

Note 4: Receipts of Government Grants

	This year	Last year
	£	£
National Lottery Community Fund	10,000	10,000
	-	-
Total	10,000	10,000

The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2021 cont'd

Note 6: Analysis of Expenditure	Unrestricted funds	Restricted funds	Total funds	Prior year
	£	£	£	£
<u>Expenditure on raising funds</u>				
Incurred seeking donations	-	-	-	-
Incurred seeking legacies	-	-	-	-
Incurred seeking grants	8,300	0	8,300	5,060
Staging fundraising events			-	820
Advertising, marketing, direct mail and publicity		-	-	390
	-	-	-	-
Total expenditure on raising funds	8,300	-	8,300	6,270
<u>Expenditure on Charitable Activities</u>				-
Counselling fees, admin, materials	-	31,193	31,193	27,110
Core/support costs		155	155	-
Governance		636	636	591
Total expenditure on charitable activities	-	31,983	31,983	27,701
Other	-	-	-	142
Total other expenditure	-	-	-	142
Total Resources Expended	8,300	31,983	40,283	34,113

Note 10: Independent Examiner Fees

There have not been any charges to date in any year to date. This is not to say that there will not be charges in the future.

Note 18: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately. However, we did have an insignificant amount of leaflets just received at the end of the prior year (see Note 6). These were distributed immediately at the start of this year.

The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2021 cont'd

Note 19: Debtors and Prepayments

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income - invoices (£1,800 & £150) incurred seeking grants for use in following year	1,950	735
Other debtors		
Total	<u>1,950</u>	<u>735</u>

Note 20: Creditors & Accruals

Amounts falling due within one year

	This year £	Last year £
20.1 Analysis of creditors		
Trade creditors	-	2,885
Other creditors	-	-
Total	<u>-</u>	<u>2,885</u>

Note 24 Cash at bank and in hand

	This year £	Last year £
Short term deposits	-	-
Cash at bank and on hand	56,889	40,004
Other	-	-
Total	<u>56,889</u>	<u>40,004</u>

The Youth Counselling Project