

# THE YOUTH COUNSELLING PROJECT

England & Wales · Charity number 1174102

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-08-02

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 19 Upper Belgrave Road  
Seaford  
BN25 3SQ

**Phone** 07432 872231

**Email** [office@youthcounsellingproject.org.uk](mailto:office@youthcounsellingproject.org.uk)

**Website** [www.tycp.org.uk](http://www.tycp.org.uk)

## Activities

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**Objects:** 1) TO PROMOTE AND PROTECT THE MENTAL HEALTH OF CHILDREN ATTENDING EAST SUSSEX PRIMARY AND SECONDARY SCHOOLS THROUGH THE PROVISION OF PSYCHOTHERAPEUTIC COUNSELLING SERVICES. 2) TO ADVANCE THE EDUCATION OF TEACHERS, GOVERNORS, SUPPORT STAFF AND PARENTS AND CARERS IN ALL AREAS RELATING TO MENTAL HEALTH ISSUES EXPERIENCED BY CHILDREN ATTENDING EAST SUSSEX PRIMARY AND SECONDARY SCHOOLS, BY THE PROVISION OF PROFESSIONAL TRAINING AND SUPPORT SERVICES.

**Activities:** The Youth Counselling Project provides the funds for school based counselling by specialist counsellors to young people. The service offers emotional support in a safe and professional space where children can talk about their problems without shame or discrimination. Funds are raised through grant applications and local fund raising, and administered by Trustees and volunteers

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People

## Geography

- Area of benefit: LOCAL
- East Sussex

## Finances

| Period end | Income   | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-07-31 | £14,928  | £50,794     | -      | -         |
| 2024-07-31 | £26,366  | £52,690     | -      | -         |
| 2023-07-31 | £104,555 | £51,521     | -      | -         |
| 2022-07-31 | £58,592  | £57,124     | -      | -         |
| 2021-07-31 | £61,268  | £40,283     | -      | -         |
| 2020-07-31 | £42,000  | £34,000     | -      | -         |

## Trustees

| Name                 | Role  | Appointed  |
|----------------------|-------|------------|
| <b>JULIA HANCOCK</b> | Chair | 2017-02-23 |
| Alistair Campbell    |       | 2023-11-23 |
| Andrew Jones         |       | 2016-03-26 |
| Diane Lock           |       | 2024-07-11 |
| Michele Findlay      |       | 2022-10-18 |
| Myriam Otoide        |       | 2024-07-11 |
| Paul Vaesen          |       | 2022-10-18 |

**THE YOUTH COUNSELLING PROJECT**

England & Wales - Charity number 1174102

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# Accounts

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# **THE YOUTH COUNSELLING PROJECT**

**Registered Charity 1174102**

## **Annual Report and Financial Statements for Year Ending 31 July 2025**

Prepared by:  
The Youth Counselling Project  
19 Upper Belgrave Rd  
SEAFORD  
East Sussex  
BN25 3SQ

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## Reference and Administrative Details

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road  
SEAFORD  
East Sussex  
BN25 3SQ

E-mail Address [office@tycp.org.uk](mailto:office@tycp.org.uk)

Website [www.tycp.org.uk](http://www.tycp.org.uk)

|           |                      |           |
|-----------|----------------------|-----------|
| Trustees: | Mrs Julia Hancock    | Chair     |
|           | Mrs Myriam Otoide    | Treasurer |
|           | Mrs Michele Findlay  | Secretary |
|           | Mr Paul Vaesen       |           |
|           | Mr Alistair Campbell |           |
|           | Ms Diane Locke       |           |

Independent Examiner: Shoreline Accountants  
25 Clinton Place  
SEAFORD  
East Sussex  
BN25 1NP

## Trustees' Report - 1<sup>st</sup> August 2024 to 31<sup>st</sup> July 2025

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 8th year of operation.

The charity is run by volunteer Trustees, each with specific tasks. There is a wider group of local people who help mainly with fund-raising activities.

We use the services of 5 independent self-employed therapists to work with the children. They are paid on a sessional basis and liaise with the schools, each other and the Trustees.

This year, we also hired a self-employed project manager to assist the trustees with various tasks, from marketing to fundraising, etc.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Agreements between the Youth Counselling Project and the schools, and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, we provided over one-to-one sessions benefiting over 80 children. Over the last few years, we have had more complex cases referred for counselling. This is due to a growing number of young people suffering from severe and complex mental health issues and the lack of resources within CAMHS. Our usual allocation of 10 sessions per child is very often not enough to address the presenting issues and many children require considerably more time.

We provide a counselling service to all 4 Primary schools in Seaford and Seaford Head Secondary school. Children present with a range of issues, including self-harm, bereavement, neglect, low mood, and anxiety. They have identified the effects of the pandemic, financial instability, climate change and world unrest as contributing to their anxiety. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework.

We ask students for anonymous comments following their counselling, these are responses from two children from Seaford Head:

“I have found this very supportive. I have high anxiety and have found out a bit more about how I can cope. It's been a good place for me to be listened to, that doesn't happen very often.”

“This support has been really appreciated. I am going through unusual issues that my friends don't understand and I need a place to go and talk about them. It also helped me come to terms with issues around exams. I think all my friends need a x (counsellor's name) to talk to.”

#### School feedback

- Student's emotional literacy definitely improved.
- Behaviour slowly improving, definitely improved empathy and understanding.

During the year, we raised £14,928, the majority of which came from donations. We have been well supported by the local community in and around Seaford. Thank you to everyone, especially, Elizabeth and Prince Zaiger Trust, Salt Edge Arts, Correlli Ensemble and Seaford Striders amongst others.

In response to feedback from funders, we reduced our focus on active fundraising and grant applications this year. This approach was intended to bring us back to a stable financial position, maintaining a sensible level of reserves without holding excess funds.

Approved by the Trustees on 26<sup>th</sup> February 2026 and signed on their behalf by:

Mrs Julia Hancock (Chair)

Mrs Myriam Otoide (Treasurer)

## Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2025 which are set out on the following pages.

### **Respective responsibilities of trustee and examiner**

The trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions as given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent Examiner's statement**

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material aspect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

For Shoreline Accountants

## Statement of Financial Activities for Year Ended 31 July 2025

|   | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds | <i>Prior year<br/>funds</i> |
|---|-----------------------|---------------------|----------------|-----------------------------|
|   | £                     | £                   | £              | £                           |
| <b><u>Incoming Resources (Note 4)</u></b> |                       |                     |                |                             |
| Donations and legacies                    | 14,798                |                     | 14,798         | 23,803                      |
| Charitable activities                     |                       |                     | 0              | 4                           |
| Other trading activities                  | 130                   |                     | 130            | 2,559                       |
| Investments                               |                       |                     |                |                             |
| Separate material item of income          |                       |                     |                |                             |
| Other                                     |                       |                     |                |                             |
| <b>Total</b>                              | <b>14,928</b>         | <b>0</b>            | <b>14,928</b>  | <b>26,366</b>               |
| <b><u>Resources expended (Note 6)</u></b> |                       |                     |                |                             |
| Raising funds                             | 57                    |                     | 57             | 2,730                       |
| Charitable activities                     | 12,491                | 38,246              | 50,737         | 49,941                      |
| Separate material item of expense         |                       |                     |                |                             |
| Other                                     | 0                     |                     | 0              | 19                          |
| <b>Total</b>                              | <b>12,548</b>         | <b>38,246</b>       | <b>50,794</b>  | <b>52,690</b>               |
| <b>Other gains/(losses)</b>               |                       |                     | 0              | 0                           |
| <b>Net movement in funds</b>              | 2,380                 | -38,246             | -35,866        | -26,305                     |
| <b><u>Reconciliation of funds:</u></b>    |                       |                     |                |                             |
| Total funds brought forward               | 23,971                | 63,328              | 87,299         | 113,523                     |
| <b>Total funds carried forward</b>        | <b>26,351</b>         | <b>25,082</b>       | <b>51,432</b>  | <b>87,198</b>               |

## Balance Sheet at 31 July 2025

|  | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Funds<br>£ | <i>Prior<br/>year<br/>£</i> |
|--|----------------------------|--------------------------|---------------------|-----------------------------|
| Stocks (Note 7)  |                            |                          |                     | -                           |
| Debtors (Note 8)   |                            |                          |                     |                             |
| Cash at bank and in hand (Note 10)                         | 26,350                     | 25,082                   | 51,432              | <i>87,318</i>               |
| <b>Total current assets</b>                                | <b>26,350</b>              | <b>25,082</b>            | <b>51,432</b>       | <b><i>87,318</i></b>        |
| Creditors: amounts falling due within<br>one year (Note 9) | 240                        | 0                        | 240                 | <i>120</i>                  |
| <b>Net current assets/(liabilities)</b>                    | <b>26,110</b>              | <b>25,082</b>            | <b>51,192</b>       | <b><i>87,198</i></b>        |
| <b>Total assets less current liabilities</b>               | <b>26,110</b>              | <b>25,082</b>            | <b>51,192</b>       | <b><i>87,198</i></b>        |
| <b>Total net assets or liabilities</b>                     | <b>26,110</b>              | <b>25,082</b>            | <b>51,192</b>       | <b><i>87,198</i></b>        |
| <b>Funds of the Charity</b>                                |                            |                          |                     |                             |
| Restricted income funds                                    |                            | 25,082                   | 25,082              | <i>36,417</i>               |
| Unrestricted funds   | 26,110                     |                          | 26,110              | <i>50,801</i>               |
| <b>TOTAL FUNDS</b>   | <b>26,110</b>              | <b>25,082</b>            | <b>51,192</b>       | <b><i>87,198</i></b>        |

Signed on behalf of the Trustees by:

Date:

Mrs Julia Hancock (Chair)

Mrs Myriam Otoide (Treasurer)

# Notes to the Financial Statements for the Year Ended 31 July 2025

## **Note 1: Accounting Policies**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

### Fund Accounting Policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## **Note 2: Incoming resources**

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

## **Note 3: Resources Expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever does so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

| <b>Note 4: Analysis of Income</b>                     | <b>Unrestricted funds</b> | <b>Restricted funds</b> | <b>Total funds</b> | <b>Prior year</b> |
|---|---------------------------|-------------------------|--------------------|-------------------|
|   | <b>£</b>                  | <b>£</b>                | <b>£</b>           | <b>£</b>          |
| Donations and gifts                                   | 13,898                    | 0                       | 13,898             | 13,178            |
| Gift Aid  | 900                       | 0                       | 900                | 625               |
| Legacies  |                           |                         |                    |                   |
| General grants provided by government/other charities | 0                         | 0                       | 0                  | 10,000            |
| Other   |                           |                         |                    |                   |
| <b>Total</b>  | <b>14,798</b>             | <b>0</b>                | <b>14,798</b>      | <b>23,803</b>     |
| <u>Charitable activities:</u>                         |                           |                         |                    |                   |
| Other   | 0                         | 0                       | 0                  | 4                 |
| <b>Total</b>  | <b>0</b>                  | <b>0</b>                | <b>0</b>           | <b>4</b>          |
| <u>Other Trading Activities</u>                       |                           |                         |                    |                   |
| Fundraising Events organised by charity               | 100                       |                         | 100                | 2,559             |
| Savings Interest                                      | 30                        |                         | 30                 | 0                 |
| Other   |                           |                         |                    |                   |
| <b>Total</b>  | <b>130</b>                |                         | <b>130</b>         | <b>2,559</b>      |
| <b>TOTAL INCOME</b>                                   | <b>14,928</b>             | <b>0</b>                | <b>14,928</b>      | <b>26,366</b>     |

| <b>Note 5: Receipts of government grants</b> | <b>This year</b> | <b>Last year</b> |
|--|------------------|------------------|
|  | <b>£</b>         | <b>£</b>         |
| .  | 0                | 0                |
| <b>Total</b>                                 | <b>0</b>         | <b>0</b>         |

## Note 6: Analysis of Expenditure

| <b><u>Expenditure on raising funds:</u></b>           | <b>Unrestricted funds</b> | <b>Restricted funds</b> | <b>Total funds</b> | <b><i>Prior year</i></b> |
|---|---------------------------|-------------------------|--------------------|--------------------------|
|   | <b>£</b>                  | <b>£</b>                | <b>£</b>           | <b>£</b>                 |
| Incurring seeking grants                              | 0                         | 0                       | 0                  | <i>2,000</i>             |
| Staging fundraising events                            | 0                         | 0                       | 0                  | <i>668</i>               |
| Fundraising agents                                    | 0                         | 0                       | 0                  | <i>62</i>                |
| Advertising, marketing, direct mail and publicity     | 57                        | 0                       | 57                 |                          |
| <b>Total</b>  | <b>57</b>                 | <b>0</b>                | <b>57</b>          | <b><i>2,730</i></b>      |
| <b><u>Expenditure on charitable activities</u></b>    |                           |                         |                    |                          |
| Direct counselling costs                              | 10,509                    | 38,246                  | 48,755             | <i>48,626</i>            |
| Office Expenses                                       | 58                        |                         | 58                 | <i>4</i>                 |
| Governance - insurance, IE, charity mobile phone, Web | 1,422                     |                         | 1,422              | <i>1,311</i>             |
| Project Manager                                       | 502                       |                         | 502                | <i>0</i>                 |
| <b>Total</b>  | <b>12,491</b>             | <b>38,246</b>           | <b>50,737</b>      | <b><i>49,941</i></b>     |
| <b><u>Other</u></b>                                   |                           |                         |                    |                          |
| Other   | 0                         |                         |                    | <i>19</i>                |
| <b>Total</b>  | <b>0</b>                  | <b>0</b>                | <b>0</b>           | <b><i>19</i></b>         |
| <b>Total Resources Expended</b>                       | <b>12,548</b>             | <b>38,246</b>           | <b>50,794</b>      | <b><i>52,690</i></b>     |

## Note 7: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately.

## Note 8: Debtors and Prepayments

|                              | <b>This Year</b> | <b><i>Last Year</i></b> |
|------------------------------|------------------|-------------------------|
| Trade Debtors                | £0               | <i>£0</i>               |
| Prepayments & Accrued Income | £0               | <i>£0</i>               |
| Other Debtors                | £0               | <i>£0</i>               |
| <b>Total</b>                 | <b>£0</b>        | <b><i>£0</i></b>        |

## Note 9: Creditors & Accruals (Amounts due within 1 year)

|                 | <b>This Year</b> | <b><i>Last Year</i></b> |
|-----------------|------------------|-------------------------|
| Trade Creditors | £240             | <i>£120</i>             |
| Other Creditors | £0               | <i>£0</i>               |
| <b>Total</b>    | <b>£240</b>      | <b><i>£120</i></b>      |

**Note 10 Cash at bank and in hand**

|                          | This Year      | Last Year      |
|--------------------------|----------------|----------------|
| Short term deposits      | £0             | £0             |
| Cash at bank and on hand | £51,432        | £87,318        |
| <b>Total</b>             | <b>£51,432</b> | <b>£87,318</b> |

**THE YOUTH COUNSELLING PROJECT**

England & Wales - Charity number 1174102

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# Accounts

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# **THE YOUTH COUNSELLING PROJECT**

**Registered Charity 1174102**

## **Annual Report and Financial Statements for Year Ending 31 July 2024**

Prepared by:  
The Youth Counselling Project  
19 Upper Belgrave Rd  
SEAFORD  
East Sussex  
BN25 3SQ

# The Youth Counselling Project

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# The Youth Counselling Project

## Reference and Administrative Details

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road  
SEAFORD  
East Sussex  
BN25 3SQ

Phone: 07435 872231

E-mail Address [office@tycp.org.uk](mailto:office@tycp.org.uk)

Website [www.tycp.org.uk](http://www.tycp.org.uk)

|           |                       |            |          |
|-----------|-----------------------|------------|----------|
| Trustees: | Mrs Julia Hancock     | Chair      |          |
|           | Mrs Josephine Stone   | Treasurer  |          |
|           | Mrs Michele Findlay   | Secretary  |          |
|           | Mr Paul Vaesen        |            |          |
|           | Mr Alistair Campbell  | From       | 25/01/24 |
|           | Ms Myriam Otoide      | From       | 11/07/24 |
|           | Ms Diane Locke        | From       | 11/07/24 |
|           | Mrs Christine McAllen | Stood down | 31/07/24 |
|           | Mr Joseph Padfield    | Stood down | 09/05/24 |
|           | Mr David Bailey       | Stood down | 07/09/23 |

Independent Examiner: Shoreline Accountants  
25 Clinton Place  
SEAFORD  
East Sussex  
BN25 1NP

# The Youth Counselling Project

## Trustees' Report - 1<sup>st</sup> August 2023 to 31<sup>st</sup> July 2024

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 7th year of operation.

The charity is run by volunteer Trustees, each with specific tasks. There is a wider group of local people who help mainly with fund-raising activities. There has been some movement of Trustees with 3 stepping down and 3 joining the team.

We use the services of 5 independent self-employed therapists to work with the children. They are paid on a sessional basis and liaise with the schools, each other and the Trustees.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Agreements between the Youth Counselling Project and the schools, and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, we provided 985 one to one sessions benefiting 80 children. Over the last two years we have had more complex cases referred for counselling. This is due to a growing number of young people suffering from severe and complex mental health issues and the lack of resources within CAMHS. Our usual allocation of 10 sessions per child is very often not enough to address the presenting issues and many children require considerably more time.

We provide a counselling service to all 4 Primary schools in Seaford and Seaford Head Secondary school. Children present with a range of issues, including self-harm, bereavement, neglect, low mood, and anxiety. They have identified the effects of the pandemic, financial instability, climate change and world unrest as contributing to their anxiety. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework.

We ask students for anonymous comments following their counselling, these are responses from two children in primary school;

"I feel I love myself more and learnt to be kinder to myself which has made me so much happier. I have made some new friends and I'm feeling more confident in school"

"I found her (the counsellor) easy to talk to, she helped me understand my thoughts and feelings more. I was able to work with intrusive thoughts and found some coping techniques."

A parent commented;

"The counselling has been extremely helpful, his behaviour is slowly improving and he is showing much more empathy and understanding with his younger siblings. He is happier to attend school and staff have commented on his increased engagement in class"

During the year we raised £26,366, of which £10,000 was from grant applications, £13,803 from donations and £2,559 from fund raising activities.

Along with most charities fundraising has been more difficult this year due to the financial crisis and competition has been fierce. We use the services of a Grant Administrator to whom we pay 20% of successful bids. This year we have only been awarded with one grant out of eight applications. Thank you to the David Riddell Memorial CIO.

## The Youth Counselling Project

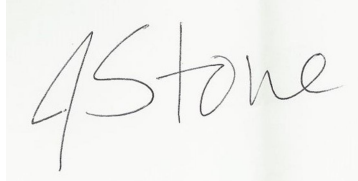
### *Trustees' Report 31 July 2024 .....continued*

We have been well supported by the local community in and around Seaford. Thank you to everyone, especially, Elizabeth and Prince Zaiger Trust, Salt Edge Arts, Ocean Adventures, Correlli Ensemble and Seaford Choral Society amongst others.

Approved by the Trustees on 6<sup>th</sup> August 2024 and signed on their behalf by:

Handwritten signature of Julia Hancock in black ink on a light grey background.

Mrs Julia Hancock (Chair)

Handwritten signature of Josephine Stone in black ink on a light green background.

Mrs Josephine Stone (Treasurer)

## The Youth Counselling Project

### Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2024 which are set out on the following pages.

#### Respective responsibilities of trustee and examiner

The trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

#### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions as given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material aspect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



For Shoreline Accountants

Date:

16TH AUGUST 2024

## The Youth Counselling Project

### Statement of Financial Activities for Year Ended 31 July 2024

|  | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds | Prior year<br>funds |
|--|-----------------------|---------------------|----------------|---------------------|
|  | £                     | £                   | £              | £                   |
| <b><u>Incoming Resources (Note 3)</u></b>  |                       |                     |                |                     |
| Donations and legacies                     | 13,803                | 10,000              | 23,803         | 38,220              |
| Charitable activities                      | 4                     |                     | 4              |                     |
| Other trading activities                   | 2,559                 |                     | 2,559          | 3,835               |
| Investments                                |                       |                     |                |                     |
| Separate material item of income           |                       |                     |                | 62,500              |
| Other                                      |                       |                     |                |                     |
| <b>Total</b>                               | <b>16,366</b>         | <b>10,000</b>       | <b>26,366</b>  | <b>104,555</b>      |
| <b><u>Resources expended (Note 6)</u></b>  |                       |                     |                |                     |
| Raising funds                              | 2,730                 |                     | 2,730          | 6,764               |
| Charitable activities                      | 4                     | 49,937              | 49,941         | 44,728              |
| Separate material item of<br>expense       |                       |                     |                |                     |
| Other                                      | 19                    |                     | 19             | 29                  |
| <b>Total</b>                               | <b>2,753</b>          | <b>49,937</b>       | <b>52,690</b>  | <b>51,521</b>       |
| <b>Other gains/(losses)<br/>( Note 19)</b> |                       |                     |                | <b>180</b>          |
| <b>Net movement in funds</b>               | <b>13,613</b>         | <b>-39,937</b>      | <b>-26,305</b> | <b>53,215</b>       |
| <b><u>Reconciliation of funds:</u></b>     |                       |                     |                |                     |
| Total funds brought forward                | 37,168                | 76,354              | 113,523        | 60,308              |
| <b>Total funds carried forward</b>         | <b>50,781</b>         | <b>36,417</b>       | <b>87,198</b>  | <b>113,523</b>      |

All incoming resources and resources expended derive from continuing activities

The charity has no recognised gains or losses for the year other than the results above.

# The Youth Counselling Project

## Balance Sheet at 31 July 2024

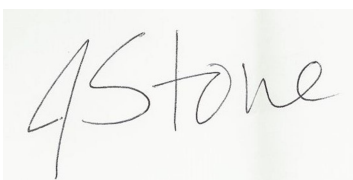
|   | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Funds<br>£ | Prior year<br>£ |
|---|----------------------------|--------------------------|---------------------|-----------------|
| Stocks<br>(Note 18)   |                            |                          |                     | -               |
| Debtors<br>(Note 19)  |                            |                          |                     |                 |
| Cash at bank and in hand<br>(Note 24)                       | 52,681.                    | 34,638                   | 87,318              | 113,643         |
| <b>Total current assets</b>                                 | <b>52,681</b>              | <b>34,638</b>            | <b>87,318</b>       | <b>113,643</b>  |
| Creditors: amounts falling due within<br>one year (Note 20) |                            | 120.                     | 120                 | 120             |
| <b>Net current assets/(liabilities)</b>                     | <b>52,681</b>              | <b>34,518</b>            | <b>87,198</b>       | <b>113,523</b>  |
| <b>Total assets less current liabilities</b>                | <b>52,681</b>              | <b>34,518</b>            | <b>87,198</b>       | <b>113,523</b>  |
| <b>Total net assets or liabilities</b>                      | <b>52,681.</b>             | <b>34,518</b>            | <b>87,198</b>       | <b>113,523</b>  |
| <b>Funds of the Charity</b>                                 |                            |                          |                     |                 |
| Restricted income funds (Note 27)                           |                            | 36,417                   | 36,417              | 76,354          |
| Unrestricted funds  | 50,781                     |                          | 50,801              | 37,168          |
| <b>TOTAL FUNDS</b>  | <b>50,781</b>              | <b>36,417</b>            | <b>87,198</b>       | <b>113,523</b>  |

Signed on behalf of the Trustees by:

Date: 6th August 2024



Mrs Julia Hancock (Chair)



Mrs Josephine Stone (Treasurer)

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2024

### Note 1: Accounting Policies

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Fund Accounting Policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### Note 2: Incoming resources

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

### Note 2: Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever do so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

## The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2024 ..... cont'd

| Note 3: Analysis of Income                            | Unrestricted funds<br>£ | Restricted funds<br>£ | Total funds<br>£ | <i>Prior year</i><br>£ |
|---|-------------------------|-----------------------|------------------|------------------------|
| Donations and gifts                                   | 13,178                  |                       | 13,178           | <i>59,955</i>          |
| Gift Aid  | 625                     |                       | 625              | <i>12,500</i>          |
| Legacies  |                         |                       |                  |                        |
| General grants provided by government/other charities |                         | 10,000                | 10,000           | <i>28,265</i>          |
| Other   |                         |                       |                  |                        |
| <b>Total</b>  | <b>13,803</b>           | <b>10,000</b>         | <b>23,803</b>    | <i>100,720</i>         |
| <u>Charitable activities:</u>                         |                         |                       |                  |                        |
| Other   | 4                       |                       | 4                | <i>0</i>               |
| <b>Total</b>  | <b>4</b>                |                       | <b>4</b>         | <i>0</i>               |
| <u>Other Trading Activities</u>                       |                         |                       |                  |                        |
| Fundraising Events organised by charity               | 2,559                   |                       | 2,559            | <i>3,836</i>           |
| Other   |                         |                       |                  |                        |
| <b>Total</b>  | <b>2,559</b>            |                       | <b>2,559</b>     | <i>3,836</i>           |
| <b>TOTAL INCOME</b>                                   | <b>16,366</b>           | <b>10,000</b>         | <b>26,366</b>    | <i>104,555</i>         |

All income in the prior year was unrestricted except for:

Grant Awards: £28,265 &  
£50,000 Restricted  
Donation

| Note 4: Receipts of government grants | This year<br>£ | <i>Last year</i><br>£ |
|---------------------------------------|----------------|-----------------------|
| .                                     | 0              | <i>0</i>              |
| <b>Total</b>                          | <b>0</b>       | <i>0</i>              |

## The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2024 ..... cont'd

### Note 6: Analysis of Expenditure

| <u>Expenditure on raising funds:</u>                  | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds | <i>Prior<br/>year</i> |
|---|-----------------------|---------------------|----------------|-----------------------|
|   | £                     | £                   | £              | £                     |
| Incurring seeking grants                              | 2,000.                |                     | 2,000          | <i>5,658</i>          |
| Staging fundraising events                            | 668                   |                     | 668            | <i>917</i>            |
| Fundraising agents                                    | 62                    |                     | 62             | <i>189</i>            |
| Advertising, marketing, direct mail and publicity     |                       |                     |                |                       |
| <b>Total</b>  | <b>2,730</b>          |                     | <b>2,730</b>   | <i>6,764</i>          |
| <br>  |                       |                     |                |                       |
| <u>Expenditure on charitable activities</u>           |                       |                     |                |                       |
| Direct counselling costs                              |                       | 48,626              | 48,626         | <i>43,782</i>         |
| Office Expenses                                       | 4                     |                     | 4              | <i>48</i>             |
| Governance - insurance, IE, charity mobile phone, Web |                       | 1,311               | 1,311          | <i>898</i>            |
| <b>Total</b>  | <b>4</b>              | <b>49,937</b>       | <b>49,941</b>  | <i>44,728</i>         |
| <br>  |                       |                     |                |                       |
| <u>Other</u>  |                       |                     |                |                       |
| Other   | 19                    |                     | 19             | <i>29</i>             |
| <b>Total</b>  | <b>19</b>             | <b>0</b>            | <b>19</b>      | <i>29</i>             |
| <br>  |                       |                     |                |                       |
| <b>Total Resources Expended</b>                       | <b>2,753</b>          | <b>49,937</b>       | <b>52,690</b>  | <i>51,521</i>         |

### Note 10.1 Fees for examination of the accounts

This Year

*Last Year*

120

*120*

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2024 ..... cont'd

### Note 18: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately.

### Note 19: Debtors and Prepayments

| 19.1 Analysis of debtors       | This year<br>£ | Last year<br>£ |
|--------------------------------|----------------|----------------|
| Trade debtors                  |                |                |
| Prepayments and accrued income |                |                |
| Other debtors                  | 0              | 180            |
| <b>Total</b>                   | <b>0</b>       | <b>180</b>     |

### Note 20: Creditors & Accruals

| 20.1 Analysis of creditors | Amounts falling due within one year |                |
|----------------------------|-------------------------------------|----------------|
|                            | This year<br>£                      | Last year<br>£ |
| Trade creditors            | 120                                 | 120            |
| Other Creditors            |                                     |                |
| <b>Total</b>               | <b>120</b>                          | <b>120</b>     |

### Note 24

#### Cash at bank and in hand

|                          | This year<br>£ | Last year<br>£ |
|--------------------------|----------------|----------------|
| Short term deposits      |                |                |
| Cash at bank and on hand | 87,318         | 113,643        |
| Other                    |                |                |
| <b>Total</b>             | <b>87,318</b>  | <b>113,643</b> |

## The Youth Counselling Project

**THE YOUTH COUNSELLING PROJECT**

England & Wales - Charity number 1174102

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# Accounts

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# **THE YOUTH COUNSELLING PROJECT**

**Registered Charity 1174102**

## **Annual Report and Financial Statements for Year Ending 31 July 2023**

Prepared by:  
The Youth Counselling Project  
19 Upper Belgrave Rd  
SEAFORD  
East Sussex  
BN25 3SQ

# **The Youth Counselling Project**

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| Trustees' Report                     | 4           |
| Independent Examiners Report         | 6           |
| Statement of Financial Activities    | 7           |
| Balance Sheet                        | 8           |
| Notes to the financial statements    | 9           |

# **The Youth Counselling Project**

## **Reference and Administrative Details**

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road  
SEAFORD  
East Sussex  
BN25 3SQ

Phone: 07435 872231

E-mail Address [office@tycp.org.uk](mailto:office@tycp.org.uk)

Website [www.tycp.org.uk](http://www.tycp.org.uk)

|           |                       |                               |
|-----------|-----------------------|-------------------------------|
| Trustees: | Mrs Julia Hancock     | Chair                         |
|           | Mrs Josephine Stone   | Treasurer                     |
|           | Mrs Christine McAllen |                               |
|           | Mrs Michele Findlay   | Secretary from August 2022    |
|           | Mr Joseph Padfield    | from August 2022              |
|           | Mr Paul Vaesen        | from August 2022              |
|           | Mr David Bailey       | September 2022 to 7 July 2023 |

Independent Examiner: Shoreline Accountants  
25 Clinton Place  
SEAFORD  
East Sussex  
BN25 1NP

## **The Youth Counselling Project**

### **Trustees' Report - 1<sup>st</sup> August 2022 to 31<sup>st</sup> July 2023**

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 6th year of operation.

The charity is run by Trustees supported by a small Management Team, each with specific tasks, who are all volunteers. There is a wider group of local people who help mainly with fundraising.

We use the services of 5 independent self-employed therapists to work with the children. They are paid on a sessional basis and liaise with the schools, each other and the Trustees.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Agreements between the Youth Counselling Project and the schools, and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, we provided 870 one to one sessions benefiting 83 children. Most have 10 sessions, but this can vary.

Following on from a pilot scheme of group sessions at Seaford Head School which had been disrupted by the pandemic, we ran some more which were positively received by the children, school and therapists involved. At least 20 children were included in these groups.

We provide a counselling service to all 4 Primary schools in Seaford and Seaford Head Secondary school. Children present with a range of issues, including self-harm, bereavement, neglect, low mood, and anxiety, they have identified the effects of the pandemic, financial instability and the war in Ukraine as contributing to their anxiety. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework.

We ask students for anonymous comments following their counselling, this is a typical response.

*"I found counselling calming, a space where someone could look beyond my behaviour."*

A teacher reported that after a child had finished their counselling that,

*"they had grown in self-understanding and confidence, finding it easier, for example to share tricky things and be more decisive in class and at home".*

During the year we raised £104,555, of which £28,265 was from grant applications, £72,455 from donations and £3,835 from fund raising activities.

We have been well supported by the local community in and around Seaford. They have been doing all sorts of things to raise money for us including swimming the channel, putting on a dance display, singing in retirement homes and organising raffles.

Thank you to everyone especially, Seaford Chamber of Commerce, Peacehaven Dance, Forresters Friendly Society, Seaford & Martello Rotary clubs Correlli Ensemble, Scoop and Weigh, other local churches, businesses and individuals, particularly to a very generous anonymous donor.

We ran a very successful fundraising event at Florence House in May with a Health Experience, (yoga, meditation and sound bath) during the day and a Film evening with fish and chip supper. It was very well attended and raised £2,600.

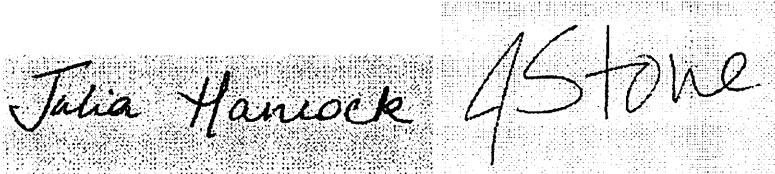
## **The Youth Counselling Project**

### ***Trustees' Report 31 July 2023 .....continued***

We use the services of a Grant Administer to whom we pay 20% of successful funding. She has submitted 11 applications of which 6 were successful.

Thank you to Sussex Community Fund, Ann Ryland Small Donations Programme of The Jules Thorne Trust, The Albert Trust The Edward Gostling Charitable Trust, Seaford Town Council & Ernest Kleinwort Charitable Trust.

Approved by the Trustees on 24 September 2023 and signed on their behalf by:

The image shows two handwritten signatures in black ink on a white background. The signature on the left is 'Julia Hancock' and the signature on the right is 'J Stone'. Both signatures are written in a cursive, flowing style.

Mrs Julia Hancock (Chair)

Mrs Josephine Stone (Treasurer)

## **The Youth Counselling Project**

### **Independent Examiner's Report to the Trustees of The Youth Counselling Project**

I report on the accounts of the Trust for the year ended 31 July 2023 which are set out on the following pages.

#### **Respective responsibilities of trustee and examiner**

The trustees are responsible for the preparation of the accounts.  
They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions as given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### **Independent Examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material aspect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

25/10/2023

## The Youth Counselling Project

### Statement of Financial Activities for Year Ended 31 July 2023

|   | Unrestricted funds | Restricted funds | Total funds    | Prior year funds |
|---|--------------------|------------------|----------------|------------------|
|   | £                  | £                | £              | £                |
| <b><u>Incoming Resources (Note 3)</u></b> |                    |                  |                |                  |
| Donations and legacies                    | 9,955              | 28,265           | 38,220         | 57,374           |
| Charitable activities                     |                    |                  | -              | 80               |
| Other trading activities                  | 3,836              |                  | 3,836          | 1,139            |
| Investments                               |                    |                  | -              |                  |
| Separate material item of income          | 12,500             | 50,000           | 62,500         |                  |
| Other                                     |                    |                  | -              |                  |
| <b>Total</b>                              | <b>26,290</b>      | <b>78,265</b>    | <b>104,555</b> | <b>58,593</b>    |
| <b><u>Resources expended (Note 6)</u></b> |                    |                  |                |                  |
| Raising funds                             | 6,764              |                  | 6,764          | 11,499           |
| Charitable activities                     |                    | 44,728           | 44,728         | 45,605           |
| Separate material item of expense         |                    |                  |                |                  |
| Other                                     | 29                 |                  | 29             | 20               |
| <b>Total</b>                              | <b>6,793</b>       | <b>44,728</b>    | <b>51,521</b>  | <b>57,124</b>    |
| <b>Other gains/(losses) (Note 19)</b>     |                    | 180              | 180            |                  |
| <b>Net movement in funds</b>              | <b>19,497</b>      | <b>33,717</b>    | <b>53,215</b>  | <b>1,469</b>     |
| <b><i>Reconciliation of funds:</i></b>    |                    |                  |                |                  |
| Total funds brought forward               | 17,671             | 42,637           | 60,308         | 58,839           |
| <b>Total funds carried forward</b>        | <b>37,168</b>      | <b>76,354</b>    | <b>113,523</b> | <b>60,308</b>    |

All incoming resources and resources expended derive from continuing activities

The charity has no recognised gains or losses for the year other than the results above.

## The Youth Counselling Project

### Balance Sheet at 31 July 2023


|   | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Funds<br>£ | Prior<br>year<br>£ |
|---|----------------------------|--------------------------|---------------------|--------------------|
| Stocks<br>(Note 18)   |                            |                          |                     | -                  |
| Debtors<br>(Note 19)  |                            |                          |                     |                    |
| Cash at bank and in hand<br>(Note 24)                       | 39,119                     | 74,524                   | 113,643             | 62,363             |
| <b>Total current assets</b>                                 | <b>39,119</b>              | <b>74,524</b>            | <b>113,643</b>      | <b>62,363</b>      |
| Creditors: amounts falling due within<br>one year (Note 20) |                            | 120                      | 120                 | 2,055              |
| <b>Net current assets/(liabilities)</b>                     | <b>39,119</b>              | <b>74,404</b>            | <b>113,523</b>      | <b>60,308</b>      |
| <b>Total assets less current liabilities</b>                | <b>39,119</b>              | <b>74,404</b>            | <b>113,523</b>      | <b>60,308</b>      |
| <b>Total net assets or liabilities</b>                      | <b>39,119</b>              | <b>74,404</b>            | <b>113,523</b>      | <b>60,308</b>      |
| <b>Funds of the Charity</b>                                 |                            |                          |                     |                    |
| Restricted income funds (Note 27)                           |                            | 76,354                   | 76,354              | 42,637             |
| Unrestricted funds  | 37,168                     |                          | 37,168              | 17,671             |
| <b>TOTAL FUNDS</b>  | <b>37,168</b>              | <b>76,354</b>            | <b>113,523</b>      | <b>60,308</b>      |

Signed on behalf of the Trustees by:

Date: 24 September 2023



Mrs Julia Hancock (Chair)



Mrs Josephine Stone (Treasurer)

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2023

### Note 1: Accounting Policies

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

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Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### Note 2: Incoming resources

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

### Note 2: Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever do so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

## The Youth Counselling Project

### Notes to the Financial Statements for the Year Ended 31 July 2023 ..... cont'd

| <b>Note 3: Analysis of Income</b>                     | <b>Unrestricted funds</b> | <b>Restricted funds</b> | <b>Total funds</b> | <b>Prior year</b> |
|---|---------------------------|-------------------------|--------------------|-------------------|
|   | <b>£</b>                  | <b>£</b>                | <b>£</b>           | <b>£</b>          |
| Donations and gifts                                   | 9,955                     | 50,000                  | 59,955             | 10,136            |
| Gift Aid  | 12,500                    |                         | 12,500             | 307               |
| Legacies  |                           |                         |                    |                   |
| General grants provided by government/other charities |                           | 28,265                  | 28,265             | 46,930            |
| Other   |                           |                         |                    |                   |
| <b>Total</b>  | <b>22,455</b>             | <b>78,265</b>           | <b>100,720</b>     | <b>57,374</b>     |
| <u>Charitable activities:</u>                         |                           |                         |                    |                   |
| Other   |                           |                         |                    | 80                |
| <b>Total</b>  |                           |                         |                    | <b>80</b>         |
| <u>Other Trading Activities</u>                       |                           |                         |                    |                   |
| Fundraising Events organised by charity               | 3,836                     |                         | 3,836              | 1,139             |
| Other   |                           |                         |                    |                   |
| <b>Total</b>  | <b>3,836</b>              |                         | <b>3,836</b>       | <b>1,139</b>      |
| <b>TOTAL INCOME</b>                                   | <b>26,290</b>             | <b>78,265</b>           | <b>104,555</b>     | <b>58,593</b>     |

All income in the prior year was unrestricted except for:

Grant Awards: £28,265 and a Restricted Donation: £50,000

| <b>Note 4: Receipts of government grants</b> | <b>This year</b> | <b>Last year</b> |
|--|------------------|------------------|
|  | <b>£</b>         | <b>£</b>         |
| National Lottery Community Fund              |                  | 10,000           |
| <b>Total</b>                                 | <b>-</b>         | <b>10,000</b>    |

## The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2023 ..... cont'd

### Note 6: Analysis of Expenditure

| <u>Expenditure on raising funds:</u>                     | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds | <i>Prior<br/>year</i> |
|--|-----------------------|---------------------|----------------|-----------------------|
|  | £                     | £                   | £              | £                     |
| Incurring seeking grants                                 | 5,657                 |                     | 5,657          | 11,336                |
| Staging fundraising events                               | 917                   |                     | 917            | 163                   |
| Fundraising agents                                       | 189                   |                     | 189            |                       |
| Advertising, marketing, direct mail<br>and publicity     |                       |                     |                |                       |
| <b>Total</b>   | <b>6,764</b>          | <b>-</b>            | <b>6,764</b>   | <b>11,499</b>         |
| <br>   |                       |                     |                |                       |
| <u>Expenditure on charitable<br/>activities</u>          |                       |                     |                |                       |
| Direct counselling costs                                 |                       | 43,782              | 43,782         | 44,460                |
| Office Expenses  |                       | 48                  | 48             | 150                   |
| Governance - insurance, IE, charity<br>mobile phone, Web |                       | 898                 | 898            | 995                   |
| <b>Total</b>   |                       | <b>44,728</b>       | <b>44,728</b>  | <b>45,605</b>         |
| <br>   |                       |                     |                |                       |
| <u>Other</u>   |                       |                     |                |                       |
| Goodwill gifts   | 29                    |                     | 29             | 20                    |
| <b>Total</b>   | <b>29</b>             |                     | <b>29</b>      | <b>20</b>             |
| <br>   |                       |                     |                |                       |
| <b>Total Resources Expended</b>                          | <b>6,793</b>          | <b>44,728</b>       | <b>51,521</b>  | <b>57,124</b>         |

|   | This year | Last year |
|---|-----------|-----------|
|   | £         | £         |
| <b>Note 10.1 Fees for examination of the<br/>accounts</b> |           |           |
| Independent examiner's fees                               | 120       | 0         |

## The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2023 ..... cont'd

### Note 18: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately.

### Note 19: Debtors and Prepayments

| <b>19.1 Analysis of debtors</b>                  | <b>This year</b> | <b>Last year</b> |
|--|------------------|------------------|
|  | <b>£</b>         | <b>£</b>         |
| Trade debtors                                    |                  |                  |
| Prepayments and accrued income                   |                  |                  |
| Other debtors - Therapist fees less than accrual | 180              |                  |
| <b>Total</b>                                     | <b>180</b>       |                  |

### Note 20: Creditors & Accruals

| <b>20.1 Analysis of creditors</b> | <b>Amounts falling due within one year</b> |                  |
|-----------------------------------|--|------------------|
|                                   | <b>This year</b>                           | <b>Last year</b> |
|                                   | <b>£</b>                                   | <b>£</b>         |
| Trade creditors                   | 120  | 2,055            |
| Other creditors                   |  |                  |
| <b>Total</b>                      | <b>120</b>                                 | <b>2,055</b>     |

### Note 24

#### Cash at bank and in hand

|                          | <b>This year</b> | <b>Last year</b> |
|--------------------------|------------------|------------------|
|                          | <b>£</b>         | <b>£</b>         |
| Short term deposits      |                  |                  |
| Cash at bank and on hand | 113,643          | 62,363           |
| Other                    |                  |                  |
| <b>Total</b>             | <b>113,643</b>   | <b>62,363</b>    |

## **The Youth Counselling Project**

**THE YOUTH COUNSELLING PROJECT**

England & Wales - Charity number 1174102

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# Accounts

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# **THE YOUTH COUNSELLING PROJECT**

**Registered Charity 1174102**

## **Annual Report and Financial Statements for Year Ending 31 July 2022**

Prepared by:  
The Youth Counselling Project  
19 Upper Belgrave Rd  
SEAFORD  
East Sussex  
BN25 3SQ

# The Youth Counselling Project

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# The Youth Counselling Project

## Reference and Administrative Details

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road  
SEAFORD  
East Sussex  
BN25 3SQ

Phone: 07435 872231

E-mail Address [office@tycp.org.uk](mailto:office@tycp.org.uk)

Website [www.tycp.org.uk](http://www.tycp.org.uk)

|           |                       |                                      |
|-----------|-----------------------|--------------------------------------|
| Trustees: | Mrs Julia Hancock     | Chair                                |
|           | Mrs Mairin Colleary   | Secretary. Stood down 3rd April 2022 |
|           | Mrs Josephine Stone   | Treasurer                            |
|           | Mrs Susan Silvester   | Stood down 28th February 2022        |
|           | Mrs Christine McAllen |                                      |

Independent Examiner: Shoreline Accountants  
25 Clinton Place  
SEAFORD  
East Sussex  
BN25 1NP

# The Youth Counselling Project

## Trustees' Report - 1<sup>st</sup> August 2021 to 31<sup>st</sup> July 2022

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 5th year of operation.

The charity is run by Trustees supported by a small Management Team, each with specific tasks, who are all volunteers. There is a wider group of local people who help mainly with fundraising. Two of the Trustees stepped down this year and, following a recruitment drive, we appointed four new Trustees who will take up posts in 2022-23 making a total of seven.

This year we appointed a new therapist making a total of five, who are skilled in counselling children. They are paid on a sessional basis to work with the children. One of these is responsible for liaison with the schools, supervising the other counsellors and providing evaluation reports.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Agreements between the Youth Counselling Project and the schools, and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, we provided 880 one to one sessions for 91 children. Most have 10 sessions, but this can vary.

Following on from a pilot scheme of group sessions at Seaford Head School which had been disrupted by the pandemic, we ran some more which were positively received by the children, school and therapists involved. Thirty-five children were included in these groups.

Children from all the Primary schools in Seaford now benefit from our input as we increased our service to include Annecy Primary School.

We work closely with the Special Educational Needs Co-ordinator (or equivalent) from all 5 schools, Annecy School, Chyngton School, Cradle Hill School, Seaford Primary School and Seaford Head Secondary School to ensure that we provide a quality service to the children who need it most. We have recently introduced a method of identifying those in greatest need from the many referrals.

We continue to provide counselling for children facing a range of issues, including self-harm, bereavement, neglect, low mood, and anxiety. Since the pandemic, more children are presenting with anxiety about school, exams and life generally; bereavement or change of circumstances through Covid; low mood due to uncertainty of the future. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework.

However, we do ask students for anonymous comments following their counselling, this is a typical response -

*" I have liked having somewhere calm to go and become more grounded. It has given me some ideas for helping with my anxiety. It has been good to have someone I can trust to talk to. I have been finding it easier to come to school.*

It has been a very difficult year for fundraising. Once we were able, we ran three pub quizzes but these were poorly attended. This seems to be the case for many other public events.

We continued to submit grant applications and have received several very welcome donations from local businesses and organisations.

## The Youth Counselling Project

### Trustees' Report - 1<sup>st</sup> August 2021 to 31<sup>st</sup> July 2022 ..... cont'd

During the year we raised £58,592, of which £46,930 was from grant applications, £10,444 from donations and £1,218 from other activity.

We use the services of a Grant Administer who has submitted 24 applications of which 9 were successful.

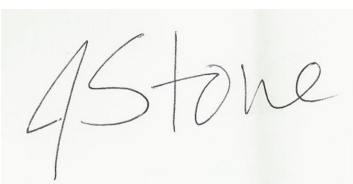
Thank you to The Henry Smith Charity, The Pixel Fund, Persimmon Homes, The Albert Hunt Trust, Sussex Community Foundation, The Hendy Foundation, The Grocers Trust, The National Lottery and Seaford Town Council for their support.

We have also received support from Martello & Seaford Rotary Clubs, Seaford Masons Lodge, The Royal Society of St George, The Breslaff Centre, Lewes Lottery, local businesses and local churches.

Approved by the Trustees on 24 August 2022 and signed on their behalf by:



Mrs Julia Hancock (Chair)



Mrs Josephine Stone (Treasurer)

# The Youth Counselling Project

## The Youth Counselling Project

### Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2021 which are set out on the following pages.

#### Respective responsibilities of trustee and examiner

The trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

#### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions as given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.


#### Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material aspect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 26/9/22.

## The Youth Counselling Project

### Statement of Financial Activities for Year Ended 31 July 2022

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total funds<br>£ | <i>Prior year<br/>funds<br/>£</i> |
|------------------------------------|----------------------------|--------------------------|------------------|-----------------------------------|
| <b>Incoming Resources (Note 3)</b> |                            |                          |                  |                                   |
| Donations and legacies             | 9,680                      | 47,694                   | 57,374           | 60,463                            |
| Charitable activities              | -                          | 80                       | 80               | 805                               |
| Other trading activities           | 1,139                      | -                        | 1,139            | -                                 |
| <b>Total</b>                       | <b>10,818</b>              | <b>47,774</b>            | <b>58,592</b>    | <b>61,268</b>                     |
| <b>Resources expended (Note 6)</b> |                            |                          |                  |                                   |
| <b>Expenditure on:</b>             |                            |                          |                  |                                   |
| Raising funds                      | 11,499                     | -                        | 11,499           |                                   |
| Charitable activities              |                            | 45,605                   | 45,605           | 40,283                            |
| Other                              | 20                         | -                        | 20               |                                   |
| <b>Total</b>                       | <b>11,519</b>              | <b>45,605</b>            | <b>57,124</b>    | <b>40,283</b>                     |
| <b>Net movement in funds</b>       | - 700                      | 2,169                    | 1,469            | 20,985                            |
| <b>Reconciliation of funds:</b>    |                            |                          |                  |                                   |
| Total funds brought forward        | 18,371                     | 40,468                   | 58,839           | 37,854                            |
| <b>Total funds carried forward</b> | <b>17,671</b>              | <b>42,637</b>            | <b>60,308</b>    | <b>58,839</b>                     |

All incoming resources and resources expended derive from continuing activities

The charity has no recognised gains or losses for the year other than the results above.

# The Youth Counselling Project

## Balance Sheet at 31 July 2022

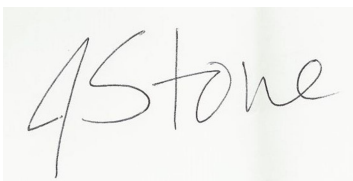
|  | Unrestricted funds | Restricted income funds | Total this year | Total last year |
|--|--------------------|-------------------------|-----------------|-----------------|
|  | £                  | £                       | £               | £               |
| Stocks (Note 18)   | -                  | -                       | -               | -               |
| Debtors (Note 19)  | -                  | -                       | -               | 1,950           |
| Cash at bank and in hand (Note 24)                       | 19,621             | 42,742                  | 62,363          | 56,889          |
| <b>Total current assets</b>                              | <b>19,621</b>      | <b>42,742</b>           | <b>62,363</b>   | <b>58,839</b>   |
| Creditors: amounts falling due within one year (Note 20) | -                  | 2,055                   | 2,055           |                 |
| <b>Net current assets/(liabilities)</b>                  | <b>19,621</b>      | <b>40,687</b>           | <b>60,308</b>   | <b>58,839</b>   |
| <b>Total assets less current liabilities</b>             | <b>19,621</b>      | <b>40,687</b>           | <b>60,308</b>   | <b>58,839</b>   |
| <b>Total net assets or liabilities</b>                   | <b>19,621</b>      | <b>40,687</b>           | <b>60,308</b>   | <b>58,839</b>   |
| <b>Funds of the Charity</b>                              |                    |                         |                 |                 |
| Restricted income funds                                  |                    | 42,637                  | 42,637          | 40,468          |
| Unrestricted funds                                       | 17,671             |                         | 17,671          | 18,371          |
| <b>Total funds</b>                                       | <b>17,671</b>      | <b>42,637</b>           | <b>60,308</b>   | <b>58,839</b>   |

Signed on behalf of the Trustees by:

Date: 30 August 2022



Mrs Julia Hancock (Chair)



Mrs Josephine Stone (Treasurer)

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2022

### Note 1: Accounting Policies

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Fund Accounting Policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### Note 2: Incoming resources

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

### Note 2: Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever do so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

# The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2022 ..... cont'd

## Note 3: Analysis of Income

|   | Unrestricted funds | Restricted funds | Total funds   | Prior year    |
|---|--------------------|------------------|---------------|---------------|
|   | £                  | £                | £             | £             |
| Donations and gifts                                   | 9,372              | 764              | 10,136        | 9,213         |
| Gift Aid  | 307                | -                | 307           |               |
| Legacies  | -                  | -                | -             |               |
| General grants provided by government/other charities | -                  | 46,930           | 46,930        | 51,250        |
| Membership subscriptions and sponsorships             | -                  | -                | -             |               |
| Donated goods, facilities and services                | -                  | -                | -             |               |
| Other   | -                  | -                | -             |               |
| <b>Total</b>  | <b>9,680</b>       | <b>47,694</b>    | <b>57,374</b> | <b>60,463</b> |
| <u>Charitable Activities</u>                          |                    |                  |               |               |
| Accs receivable: Therapist DBS checks                 |                    | 80               | 80            | 40            |
| Other   |                    | -                | -             |               |
| <b>Total</b>  | <b>-</b>           | <b>80</b>        | <b>80</b>     | <b>805</b>    |
| <u>Other Trading Activities</u>                       |                    |                  |               |               |
| Fundraising Events organised by charity               | 1,139              | -                | 1,139         |               |
| Other   | -                  | -                | -             |               |
| <b>Total</b>  | <b>1,139</b>       | <b>-</b>         | <b>1,139</b>  |               |
| <b>TOTAL INCOME</b>                                   | <b>10,818</b>      | <b>1,139</b>     | <b>58,592</b> | <b>61,268</b> |

### Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Grants: £46,930 restricted to costs related to provision of Counselling service. Donation: £764 restricted to equipment/materials only. Income from donations are rarely restricted or specified as to use.

## Note 4: Receipts of Government Grants

|                                 | This year<br>£ | Last year<br>£ |
|---------------------------------|----------------|----------------|
| National Lottery Community Fund | 10,000         | 10,000         |
|                                 | -              | -              |
| <b>Total</b>                    | <b>10,000</b>  | <b>10,000</b>  |

## The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2022 ..... cont'd

### Note 6: Analysis of Expenditure

|   | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds | <i>Prior<br/>year</i> |
|---|-----------------------|---------------------|----------------|-----------------------|
|   | £                     | £                   | £              | £                     |
| <u>Expenditure on raising funds:</u>              |                       |                     |                |                       |
| Incurring seeking donations                       |                       |                     |                | -                     |
| Incurring seeking legacies                        |                       |                     |                | -                     |
| Incurring seeking grants                          | 11,336                |                     | 11,336         | 8,300                 |
| Staging fundraising events                        | 163                   |                     | 163            | -                     |
| Advertising, marketing, direct mail and publicity |                       |                     |                |                       |
| <b>Total expenditure on raising funds</b>         | <b>11,499</b>         | <b>-</b>            | <b>11,499</b>  | <b>8,300</b>          |
| <u>Expenditure on charitable activities</u>       |                       |                     |                |                       |
| Direct counselling costs                          |                       | 44,460              | 44,460         | 31,193                |
| Support costs - office supplies, IT support       |                       | 150                 | 150            | 155                   |
| Governance - insurance & charity mobile phone     |                       | 995                 | 995            | 636                   |
| <b>Total expenditure on charitable activities</b> | <b>-</b>              | <b>45,605</b>       | <b>45,605</b>  | <b>31,984</b>         |
| <u>Other</u>                                      |                       |                     |                |                       |
| Goodwill Flowers - counselling team               | 20                    | -                   | 20             |                       |
| <b>Total other expenditure</b>                    | <b>20</b>             | <b>-</b>            | <b>20</b>      |                       |
| <b>Total Resources Expended</b>                   | <b>11,519</b>         | <b>45,605</b>       | <b>57,124</b>  | <b>40,283</b>         |

### Note 10: Independent Examiner Fees

We will incur a nominal fee which has been accrued in the accounts.

### Note 18: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately.

# The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2022 ..... cont'd

## Note 19: Debtors and Prepayments

| <b>19.1 Analysis of debtors</b> | <b>This year<br/>£</b> | <b>Last year<br/>£</b> |
|---------------------------------|------------------------|------------------------|
| Trade debtors                   | -                      | -                      |
| Prepayments and accrued income  | -                      | 1,950                  |
| Other debtors                   | -                      | -                      |
| <b>Total</b>                    | <b>-</b>               | <b>1,950</b>           |

## Note 20: Creditors & Accruals

| <b>20.1 Analysis of creditors</b>                 | <b>Amounts falling due within one<br/>year</b> |                        |
|---|--|------------------------|
|   | <b>This year<br/>£</b>                         | <b>Last year<br/>£</b> |
| Trade creditors - Therapist invoices July, IE fee | 2,055  | -                      |
| Other creditors                                   | -  | -                      |
| <b>Total</b>                                      | <b>2,055</b>                                   | <b>-</b>               |

## Note 24: Cash at bank and in hand

|                          | <b>This year<br/>£</b> | <b>Last year<br/>£</b> |
|--------------------------|------------------------|------------------------|
| Short term deposits      | -                      | -                      |
| Cash at bank and on hand | 62,363                 | 56,889                 |
| Other                    | -                      | -                      |
| <b>Total</b>             | <b>62,363</b>          | <b>56,889</b>          |

## The Youth Counselling Project

**THE YOUTH COUNSELLING PROJECT**

England & Wales - Charity number 1174102

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# Accounts

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# **THE YOUTH COUNSELLING PROJECT**

**Registered Charity 1174102**

## **Annual Report and Financial Statements for Year Ending 31 July 2021**

Prepared by:  
The Youth Counselling Project  
19 Upper Belgrave Rd  
SEAFORD  
East Sussex  
BN25 3SQ

# The Youth Counselling Project

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# The Youth Counselling Project

## Reference and Administrative Details

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road  
SEAFORD  
East Sussex  
BN25 3SQ

Phone: 07435 872231

E-mail Address [office@tycp.org.uk](mailto:office@tycp.org.uk)

Website [www.tycp.org.uk](http://www.tycp.org.uk)

|           |                       |                           |
|-----------|-----------------------|---------------------------|
| Trustees: | Mrs Julia Hancock     | Chair                     |
|           | Mrs Mairin Colleary   | Secretary                 |
|           | Mrs Josephine Stone   | Treasurer                 |
|           | Mrs Susan Silvester   |                           |
|           | Mrs Christine McAllen | (Appointed 1 August 2020) |

Independent Examiner: X5 Chartered Accountants  
2 Upperton Gardens  
EASTBOURNE  
East Sussex  
BN21 2AH

# **The Youth Counselling Project**

## **Trustees' Report - 1<sup>st</sup> August 2020 to 31<sup>st</sup> July 2021**

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 4th year of operation.

The charity is run by 5 Trustees supported by a small Management Team, each with specific tasks, who are all volunteers. We appointed a new Trustee this year. There is a wider group of local people who help mainly with fundraising.

3 Therapists, skilled in counselling children, are paid on a sessional basis to work with the children. One of these is responsible for liaison with the schools, supervising the other counsellors and providing evaluation reports.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Agreements between the Youth Counselling Project and the schools and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, we provided 752 one to one sessions for 80 different children. Most have 10 sessions, but this can vary.

A pilot scheme to provide counselling in small groups of up to 8 young people at Seaford Head was started to cater for a growing need, but this was disrupted by lockdown and school bubbles. We plan to continue and evaluate this project in the next academic year.

Students from 4 Seaford schools have benefitted from our input, Seaford Head Secondary School and 3 primary schools, Chyngton School, Cradle Hill School and Seaford Primary School.

We have provided counselling for children facing a range of issues, including self-harm, bereavement, neglect, low mood, and anxiety. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework.

Our counsellors continued to adapt to the challenges thrown up by Covid, offering counselling through text messaging, phone calls or face to face when allowed. We have been able to be more flexible according to the need of individuals. Lockdowns and the resulting disruption of education has caused many problems for our young people. There has been a sharp rise in referrals since the beginning of the pandemic, specifically for increased social anxiety, worry about exams and education, and for those coping with bereavement, changes in household situations and domestic violence.

Covid prevented us from running any fundraising events, but we raised a total of £61,268 during the year, £51,250 from grant applications, £9,213 from donations and £805 from invoiced activity. We use the services of a Grant Administrator.

Due to the pandemic, this has been a particularly difficult time to fundraise and there has been fierce competition for emergency grants. We were delighted to be awarded 10 grants out of 22 applications from The National Lottery Community Fund, Sussex Community Foundation (Lawson & Crisis Funds), The Foyle Foundation, The Newby Trust, Sussex Police Community Safety Fund, Garfield Weston Foundation, The Edward Gosling Foundation and The Grace Trust. Seaford Town Council have awarded us a grant for 2021-22.

## The Youth Counselling Project

### Trustees' Report - 1<sup>st</sup> August 2020 to 31<sup>st</sup> July 2021 ..... cont'd

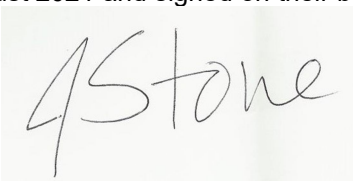
Locally, we have received support from Seaford Martello Rotary Club and Seaford Rotary Club, Lewes Lottery, Santander Bank, Seaford and were one of the Mayor of Seaford's nominated charities,

We are fully funded for 2021-22, any new funding will enable us to expand and continue our work in future years.

Approved by the Trustees on 21<sup>st</sup> August 2021 and signed on their behalf by:

Handwritten signature of Julia Hancock in black ink on a light grey background.

Mrs Julia Hancock (Chair)

Handwritten signature of Josephine Stone in black ink on a light green background.

Mrs Josephine Stone (Treasurer)

## The Youth Counselling Project

### Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2021 which are set out on the following pages.

#### Respective responsibilities of trustee and examiner

The trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

#### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions as given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material aspect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*X5 Chartered Accountants*

*x5 Chartered Accountants*

[kevin@x5accountants.com](mailto:kevin@x5accountants.com) (Kevin Alderton)

X5 Chartered Accountants (Dec 10, 2021 14:27 GMT)

*10/12/21*

*2 Upperton Gardens*

*Eastbourne, BN21 2AH*

## The Youth Counselling Project

### Statement of Financial Activities for Year Ended 31 July 2021

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total funds<br>£ | <i>Prior year<br/>funds<br/>£</i> |
|------------------------------------|----------------------------|--------------------------|------------------|-----------------------------------|
| <b>Incoming Resources</b> (Note 3) |                            |                          |                  |                                   |
| Donations and legacies             | 8,863                      | 51,600                   | 60,463           | <i>38,269</i>                     |
| Charitable activities              | 805                        | -                        | 805              | <i>3,522</i>                      |
| Other trading activities           |                            | -                        | -                | <i>-</i>                          |
| <b>Total</b>                       | <b>9,668</b>               | <b>51,600</b>            | <b>61,268</b>    | <i><b>41,791</b></i>              |
| <b>Resources expended</b> (Note 6) |                            |                          |                  |                                   |
| <b>Expenditure on:</b>             |                            |                          |                  |                                   |
| Raising funds                      |                            | -                        | -                | <i>820</i>                        |
| Charitable activities              | 8,300                      | 31,983                   | 40,283           | <i>27,643</i>                     |
| Separate material item of expense  |                            | -                        | -                | <i>5,060</i>                      |
| Other                              |                            | -                        | -                | <i>591</i>                        |
| <b>Total</b>                       | <b>8,300</b>               | <b>31,983</b>            | <b>40,283</b>    | <i><b>34,114</b></i>              |
| <b>Net movement in funds</b>       | <b>1,368</b>               | <b>19,617</b>            | <b>20,985</b>    | <i><b>7,677</b></i>               |
| <b>Reconciliation of funds:</b>    |                            |                          |                  |                                   |
| Total funds brought forward        | 17,003                     | 20,851                   | 37,854           | <i>30,177</i>                     |
| <b>Total Funds Carried Forward</b> | <b>18,371</b>              | <b>40,468</b>            | <b>58,839</b>    | <i><b>37,854</b></i>              |

All incoming resources and resources expended derive from continuing activities  
The charity has no recognised gains or losses for the year other than the results above.

# The Youth Counselling Project

## Balance Sheet at 31 July 2021

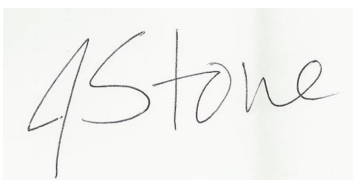
|  |           | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total this<br>year<br>£ | Total last<br>year<br>£ |
|--|-----------|----------------------------|--------------------------|-------------------------|-------------------------|
| <b>Current assets</b>                          |           |                            |                          |                         |                         |
| Stocks   | (Note 18) | -                          | -                        | -                       | -                       |
| Debtors  | (Note 19) | 1,950                      | -                        | 1,950                   | 735                     |
| Cash at bank and in hand                       | (Note 24) | 9,668                      | 47,221                   | 56,889                  | 40,004                  |
| <b>Total current assets</b>                    |           | <b>11,618</b>              | <b>47,221</b>            | <b>58,839</b>           | <b>40,739</b>           |
| Creditors: amounts falling due within one year | (Note 20) | -                          | -                        | -                       | 2,885                   |
| <b>Net current assets/(liabilities)</b>        |           | <b>11,618</b>              | <b>47,221</b>            | <b>58,839</b>           | <b>37,854</b>           |
| <b>Total assets less current liabilities</b>   |           | <b>11,618</b>              | <b>47,221</b>            | <b>58,839</b>           | <b>37,854</b>           |
| <b>Total net assets or liabilities</b>         |           | <b>11,618</b>              | <b>47,221</b>            | <b>58,839</b>           | <b>37,854</b>           |
| <b>Funds of the Charity</b>                    |           |                            |                          |                         |                         |
| Restricted income funds                        |           |                            | 40,468                   | 40,468                  | 20,851                  |
| Unrestricted funds                             |           | 18,371                     |                          | 18,371                  | 17,003                  |
| <b>Total funds</b>                             |           | <b>18,371</b>              | <b>40,468</b>            | <b>58,839</b>           | <b>37,854</b>           |

Signed on behalf of the Trustees by:

Date: 21st August 2021



Mrs Julia Hancock (Chair)



Mrs Josephine Stone (Treasurer)

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2021

### Note 1: Accounting Policies

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Fund Accounting Policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### Note 2: Incoming resources

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

### Note 2: Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever do so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2021 ..... cont'd

| <b>Note 3: Analysis of Income</b>  | <b>Unrestricted funds</b> | <b>Restricted funds</b> | <b>Total funds</b> | <b>Prior year</b> |
|--|---------------------------|-------------------------|--------------------|-------------------|
|  | <b>£</b>                  | <b>£</b>                | <b>£</b>           | <b>£</b>          |
| Donations and gifts  | 8,863                     | 350                     | 9,213              | 11,369            |
| Gift Aid   | -                         | -                       | -                  | -                 |
| Legacies   | -                         | -                       | -                  | -                 |
| General grants provided by government/other charities                      | -                         | 51,250                  | 51,250             | 26,900            |
| Membership subscriptions and sponsorships which are in substance donations | -                         | -                       | -                  | -                 |
| Donated goods, facilities and services                                     | -                         | -                       | -                  | -                 |
| Other  | -                         | -                       | -                  | -                 |
| <b>Total</b>   | <b>8,863</b>              | <b>51,600</b>           | <b>60,463</b>      | <b>38,269</b>     |
| <b>Charitable Activities</b>   |                           |                         |                    |                   |
| Accs receivable - Seaford Head School for extra sessions August 2020       | 765                       | -                       | 765                | 3,522             |
| Accs receivable - Therapist for DBS check                                  | 40                        | -                       | 40                 | -                 |
| Other  | -                         | -                       | -                  | -                 |
| <b>Total</b>   | <b>805</b>                | <b>-</b>                | <b>805</b>         | <b>3,522</b>      |
| Fundraising Events organised by Charity                                    | -                         | -                       | -                  | -                 |
| Other  | -                         | -                       | -                  | -                 |
| <b>Total</b>   | <b>-</b>                  | <b>-</b>                | <b>-</b>           | <b>-</b>          |
| <b>TOTAL INCOME</b>  | <b>9,668</b>              | <b>51,600</b>           | <b>61,268</b>      | <b>41,791</b>     |

### Other information

All income in the prior year was unrestricted except for: (please provide description and amounts)

Grants: £26,900. Restricted to costs related to provision of counselling service.

### **Note 4: Receipts of Government Grants**

|                                 | <b>This year</b> | <b>Last year</b> |
|---------------------------------|------------------|------------------|
|                                 | <b>£</b>         | <b>£</b>         |
| National Lottery Community Fund | 10,000           | 10,000           |
|                                 | -                | -                |
| <b>Total</b>                    | <b>10,000</b>    | <b>10,000</b>    |

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2021 ..... cont'd

| <b>Note 6: Analysis of Expenditure</b>            | <b>Unrestricted<br/>funds</b> | <b>Restricted<br/>funds</b> | <b>Total<br/>funds</b> | <b><i>Prior<br/>year</i></b> |
|---|-------------------------------|-----------------------------|------------------------|------------------------------|
|   | <b>£</b>                      | <b>£</b>                    | <b>£</b>               | <b>£</b>                     |
| <u>Expenditure on raising funds</u>               |                               |                             |                        |                              |
| Incurring seeking donations                       | -                             | -                           | -                      | -                            |
| Incurring seeking legacies                        | -                             | -                           | -                      | -                            |
| Incurring seeking grants                          | 8,300                         | 0                           | 8,300                  | 5,060                        |
| Staging fundraising events                        | -                             | -                           | -                      | 820                          |
| Advertising, marketing, direct mail and publicity | -                             | -                           | -                      | 390                          |
|   | -                             | -                           | -                      | -                            |
| <b>Total expenditure on raising funds</b>         | <b>8,300</b>                  | <b>-</b>                    | <b>8,300</b>           | <b>6,270</b>                 |
| <u>Expenditure on Charitable Activities</u>       |                               |                             |                        |                              |
| Counselling fees, admin, materials                | -                             | 31,193                      | 31,193                 | 27,110                       |
| Core/support costs                                | -                             | 155                         | 155                    | -                            |
| Governance  | -                             | 636                         | 636                    | 591                          |
| <b>Total expenditure on charitable activities</b> | <b>-</b>                      | <b>31,983</b>               | <b>31,983</b>          | <b>27,701</b>                |
| Other   | -                             | -                           | -                      | 142                          |
| <b>Total other expenditure</b>                    | <b>-</b>                      | <b>-</b>                    | <b>-</b>               | <b>142</b>                   |
| <b>Total Resources Expended</b>                   | <b>8,300</b>                  | <b>31,983</b>               | <b>40,283</b>          | <b>34,113</b>                |

### Note 10: Independent Examiner Fees

There have not been any charges to date in any year to date. This is not to say that there will not be charges in the future.

### Note 18: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately. However, we did have an insignificant amount of leaflets just received at the end of the prior year (see Note 6). These were distributed immediately at the start of this year.

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2021 ..... cont'd

### Note 19: Debtors and Prepayments

|  | This year<br>£ | <i>Last year</i><br>£ |
|--|----------------|-----------------------|
| Trade debtors  | -              | -                     |
| <b>Prepayments and accrued income</b> - invoices (£1,800 & £150) incurred seeking grants for use in following year | 1,950          | 735                   |
| Other debtors  |                |                       |
| <b>Total</b>   | <u>1,950</u>   | <u>735</u>            |

### Note 20: Creditors & Accruals

#### Amounts falling due within one year

| 20.1 Analysis of creditors | This year<br>£ | <i>Last year</i><br>£ |
|----------------------------|----------------|-----------------------|
| Trade creditors            | -              | 2,885                 |
| Other creditors            | -              | -                     |
| <b>Total</b>               | <u>-</u>       | <u>2,885</u>          |

### Note 24 Cash at bank and in hand

|                          | This year<br>£ | <i>Last year</i><br>£ |
|--------------------------|----------------|-----------------------|
| Short term deposits      | -              | -                     |
| Cash at bank and on hand | 56,889         | 40,004                |
| Other                    | -              | -                     |
| <b>Total</b>             | <u>56,889</u>  | <u>40,004</u>         |

## The Youth Counselling Project

**THE YOUTH COUNSELLING PROJECT**

England & Wales - Charity number 1174102

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# Accounts

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# **THE YOUTH COUNSELLING PROJECT**

**Registered Charity 1174102**

## **Annual Report and Financial Statements for Year Ending 31 July 2020**

Prepared by:  
The Youth Counselling Project  
19 Upper Belgrave Rd  
SEAFORD  
East Sussex  
BN25 3SQ

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# The Youth Counselling Project

## Reference and Administrative Details

Charity Name: The Youth Counselling Project

Registered Number: 1174102

Registered Address: 19 Upper Belgrave Road  
SEAFORD  
East Sussex  
BN25 3SQ

Phone: 07435 872231

E-mail Address [office@tycp.org.uk](mailto:office@tycp.org.uk)

Website [www.tycp.org.uk](http://www.tycp.org.uk)

|           |                     |           |
|-----------|---------------------|-----------|
| Trustees: | Mrs Julia Hancock   | Chair     |
|           | Mrs Mairin Colleary | Secretary |
|           | Mrs Josephine Stone | Treasurer |
|           | Mrs Susan Silvester |           |

Independent Examiner: X5 Chartered Accountants  
2 Upperton Gardens  
EASTBOURNE  
East Sussex  
BN21 2AH

## The Youth Counselling Project

### Trustees' Report - 1<sup>st</sup> August 2019 to 31<sup>st</sup> July 2020

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 3<sup>rd</sup> year of operation.

The charity has been run by 4 trustees this year who are part of a Management Team of 6-7. Each have specific roles and responsibilities and are all volunteers. There is a wider group of local volunteers who help mainly with fund raising events.

We have no paid staff. We engage 3 therapists with specialist training who invoice us on a monthly basis. One takes the lead and is responsible for liaison with the schools, supervision and providing evaluation reports.

The Trustees ensure that the charity is run according to Charity Commission guidelines. We have an annual and 3 year business plan, budget, relevant insurance and all required policies, including Safeguarding and GDPR/confidentiality. Contracts between The Youth Counselling Project and the schools, the therapists and the children are reviewed at least on an annual basis.

During this academic and financial year, we provided 667 sessions for 69 different children. Most have 10 sessions but this varies per case. The majority were from Seaford Head School and the rest from 3 primary schools, Seaford Primary, Chyngton Primary and Cradle Hill Primary.

The children face a range of issues including self harm, bereavement, neglect, low mood and anxiety. Counselling is performed on a strictly confidential basis so we cannot comment on individual clients or case work. This forms an important part of our commitment to our clients although an evaluation has shown marked improvement in behaviour, mood and attainment in many of the children.

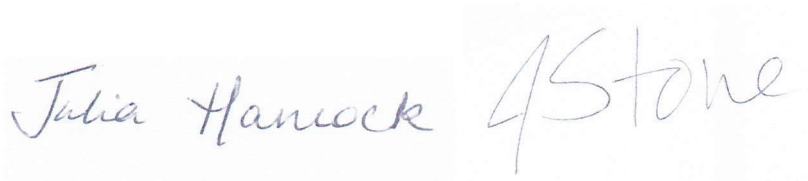
We raised a total of £41,791 this year: £26,900 from grants, £11,369 from donations and £3,522 from fund raising events.

We have appointed a new grant co-ordinator who we pay 20% of successful funding. We were pleased to be nominated one of the Seaford Mayor's and the Martello Rotary's charity for the year and benefit from the local Co-Operative Community Fund.

Our counsellors adapted quickly and efficiently to the challenges thrown up by Covid-19 and we were very pleased to have been able to continue counselling during lockdown and beyond using telephone, video or text. We were also able to increase our numbers and extend the service into the summer holidays to support many children who were particularly vulnerable.

All our fund raising events planned from March to July had to be cancelled but we were successful in securing emergency funding from National Lottery Community Fund, Sussex Community Crisis Fund, The Chalk Cliff Trust, Ernest Kleinwort Charitable Trust and The Hendy Foundation.

Approved by the Trustees on 21<sup>st</sup> August 2020 and signed on their behalf by:

The image shows two handwritten signatures in blue ink. The signature on the left is 'Julia Hancock' and the signature on the right is 'Josephine Stone'.

Mrs Julia Hancock (Chair)

Mrs Josephine Stone (Treasurer)

## Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2020 which are set out on the following pages.

### Respective responsibilities of trustee and examiner

The trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this financial year under section 144(2) of The Charities Act 2011 (the 2011 Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- State whether particular matters have come to my attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions as given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material aspect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:         L. N. Ald        

Date: 21/8/20

On behalf of  
X Chartered Accountants

2 Upperton Gardens  
Eastbourne BN21 2AH

## The Youth Counselling Project

### Statement of Financial Activities for Year Ended 31 July 2020

|                                      | Note | Unrestricted funds<br>£ | Restricted funds<br>£ | Total Year ended 31<br>July 2020<br>£ | Prior year<br>31 July<br>2019<br>£ |
|--------------------------------------|------|-------------------------|-----------------------|---------------------------------------|------------------------------------|
| <b>Incoming Resources</b>            |      |                         |                       |                                       |                                    |
| Donations and legacies               | 3    | 5,000                   | 33,269                | 38,269                                | 24,817                             |
| Other Trading Activities             |      | 3,522                   | -                     | 3,522                                 | 7,222                              |
| Charitable activities                |      | -                       | -                     | -                                     | -                                  |
| <b>Total</b>                         |      | <b>8,522</b>            | <b>33,269</b>         | <b>41,791</b>                         | <b>32,039</b>                      |
| <b>Resources expended</b>            |      |                         |                       |                                       |                                    |
| Raising funds                        | 6    | 820                     | -                     | 820                                   |                                    |
| Charitable activities                |      | 142                     | 27,501                | 27,643                                | 21,418                             |
| Separate material item of<br>expense |      | 1,000                   | 4,060                 | 5,060                                 | -                                  |
| Other                                |      |                         | 591                   | 591                                   | 544                                |
| <b>Total</b>                         |      | <b>1,962</b>            | <b>32,152</b>         | <b>34,114</b>                         | <b>21,962</b>                      |
| <b>Net movement in funds</b>         |      | <b>6,560</b>            | <b>1,117</b>          | <b>7,677</b>                          | <b>10,077</b>                      |
| <b>Reconciliation of funds:</b>      |      |                         |                       |                                       |                                    |
| Total funds brought forward          |      | 10,443                  | 19,734                | 30,177                                | 20,100                             |
| <b>Total funds carried forward</b>   |      | <b>17,003</b>           | <b>20,851</b>         | <b>37,854</b>                         | <b>30,177</b>                      |

All incoming resources and resources expended derive from continuing activities  
The charity has no recognised gains or losses for the year other than the results above.

# The Youth Counselling Project

## Balance Sheet at 31 July 2020

|   | Note | Unrestricted funds | Restricted income funds | Total this year | Total last year |
|---|------|--------------------|-------------------------|-----------------|-----------------|
|   |      | £                  | £                       | £               | £               |
| <b>Current assets</b>                                 |      |                    |                         |                 |                 |
| Stocks  | 18   | -                  | -                       | -               | 142             |
| Debtors   | 19   | -                  | 735                     | 735             | 405             |
| Cash at bank and in hand                              | 24   | -                  | 40,004                  | 40,004          | 29,630          |
| <b>Total current assets</b>                           |      | -                  | 40,739                  | 40,739          | 30,177          |
| <b>Creditors: amounts falling due within one year</b> |      |                    |                         |                 |                 |
|   | 20   | -                  | 2,885                   | 2,885           | -               |
| <b>Net current assets/(liabilities)</b>               |      | -                  | 37,854                  | 37,854          | 30,177          |
| <b>Total net assets or liabilities</b>                |      | -                  | 37,854                  | 37,854          | 30,177          |
| <b>Funds of the Charity</b>                           |      |                    |                         |                 |                 |
| Restricted income funds                               |      |                    | 20,851                  | 20,851          | 19,734          |
| Unrestricted income funds                             |      | 17,003             |                         | 17,003          | 10,443          |
| <b>Total charity funds</b>                            |      | 17,003             | 20,851                  | 37,854          | 30,177          |

Date:

Mrs Josephine Stone (Treasurer)

*J Stone*

21/08/2020

Mrs Julia Hancock (Chair)

*Julia Hancock*

21/08/2020

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2020

### Note 1: Accounting Policies

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

And with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Fund Accounting Policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### Note 2: Incoming resources

Donations and grants are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

The charity has received government grants during the period.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

The charity has incurred expenditure on support costs.

### Note 2: Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice including examination of accounts, insurance, trustee meetings, legal advice.

These include central functions and have been allocated to activity cost categories and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating staff costs by the time spent.

Stocks: The charity does not normally need to hold any stocks but if it ever do so, it would be held at the lower of cost and net realisable value.

Debtors: (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

# The Youth Counselling Project

## Notes to the Financial Statements for the Year Ended 31 July 2020 ..... cont'd

| Note 3: Analysis of Income                            | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total funds<br>£ | Prior<br>year<br>£ |
|---|----------------------------|--------------------------|------------------|--------------------|
| Donations and gifts                                   | -                          | 11,369                   | 11,369           | 9,337              |
| Gift Aid  | -                          | -                        | -                | -                  |
| Legacies  | -                          | -                        | -                | -                  |
| General grants provided by government/other charities | 5,000                      | 21,900                   | 26,900           | 15,480             |
| Other   | -                          | -                        | -                | -                  |
| <b>Total</b>  | <b>5,000</b>               | <b>33,269</b>            | <b>38,269</b>    | <b>24,817</b>      |
|   |                            |                          |                  |                    |
| Fundraising Events organised by charity               | 3,522                      | -                        | 3,522            | 7,222              |
| Other   | -                          | -                        | -                | -                  |
| <b>Total</b>  | <b>3,522</b>               | <b>-</b>                 | <b>3,522</b>     | <b>7,222</b>       |
|   |                            |                          |                  |                    |
| <b>Total Income</b>                                   | <b>8,522</b>               | <b>33,269</b>            | <b>41,791</b>    | <b>32,039</b>      |

### Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

£15,480 from grants. £9,337 was received from donations which mostly do not specify any restriction.

### Note 4: Receipts of Government Grants

|                                 | This year<br>£ | Last year<br>£ |
|---------------------------------|----------------|----------------|
| National Lottery Awards for All | -              | 9,180          |
| National Lottery Community Fund | 10,000         | -              |
|                                 | -              | -              |
|                                 | -              | -              |
| <b>Total</b>                    | <b>10,000</b>  | <b>9,180</b>   |

## The Youth Counselling Project

### Notes to the Financial Statements for the Year Ended 31 July 2020 ..... cont'd

| Note 6: Analysis of Expenditure                       | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ | Prior<br>year<br>£ |
|---|----------------------------|--------------------------|---------------------|--------------------|
| Incurring seeking donations                           | -                          | -                        | -                   | -                  |
| Incurring seeking legacies                            | -                          | -                        | -                   | -                  |
| Incurring seeking grants                              | 1,000                      | 4,060                    | 5,060               |                    |
| Staging fundraising events                            | 820                        |                          | 820                 | 3,498              |
| Advertising, marketing, direct mail and publicity     | 390                        | -                        | 390                 | 240                |
| <b>Total expenditure on raising funds</b>             | <b>2,210</b>               | <b>4,060</b>             | <b>6,270</b>        | <b>3,738</b>       |
|   | -                          | -                        | -                   | -                  |
| Counselling fees & admin                              | -                          | 27,110                   | 27,110              | 16,847             |
| Support costs   | -                          |                          | -                   | 833                |
| Governance  | -                          | 591                      | 591                 | 544                |
| <b>Total expenditure on charitable activities</b>     | <b>-</b>                   | <b>27,701</b>            | <b>27,701</b>       | <b>18,224</b>      |
| <b>Other</b>  |                            |                          |                     |                    |
| Stock held last year - expended immediately this year | -                          | 142                      | 142                 | -                  |
| <b>Total</b>  | <b>-</b>                   | <b>142</b>               | <b>142</b>          | <b>-</b>           |
| <b>Total Resources Expended</b>                       | <b>2,210</b>               | <b>31,903</b>            | <b>34,114</b>       | <b>21,962</b>      |

#### Note 10: Independent Examiner Fees

There have not been any charges to date in any year to date. This is not to say that there will not be charges in the future.

#### Note 18: Stock

The charity does not normally hold any stock. Any therapy or publicity materials ordered are distributed for use immediately. However, we did have an insignificant amount of leaflets just received at the end of the prior year (see Note 6). These were distributed immediately at the start of this year.

Notes to the Financial Statements for the Year Ended 31 July 2020 ..... cont'd

| Note 19: Debtors and Prepayments         | This year  | <i>Last year</i> |
|--|------------|------------------|
|  | £          | £                |
| Trade debtors (Seaford Head School July) | 735        | 405              |
| Prepayments and accrued income           |            |                  |
| Other debtors                            |            |                  |
| <b>Total</b>                             | <u>735</u> | <u>405</u>       |

| Note 20: Analysis of creditors                  | Amounts falling due within one year |                  |
|---|-------------------------------------|------------------|
|   | This year                           | <i>Last year</i> |
|   | £                                   | £                |
| Trade creditors (Counsellor invoices July 2020) | 2,885                               | -                |
| Other creditors                                 | -                                   | -                |
| <b>Total</b>                                    | <u>2,885</u>                        | <u>-</u>         |

| Note 24: Cash at bank and in hand | This year     | <i>Last year</i> |
|-----------------------------------|---------------|------------------|
|                                   | £             | £                |
| Short term deposits               | -             | -                |
| Cash at bank and on hand          | 40,004        | 29,630           |
| Other                             | -             | -                |
| <b>Total</b>                      | <u>40,004</u> | <u>29,630</u>    |