

# **2nd Chanzi Mobile Hub Activity Report: 2021/2022**

## **Introduction**

The years 2021/2022 has been extremely hard but also challenging in that it has forced the charity to think outside the box to find ways and means to build a resilience for the business to survive, thrive and be of service to those in the community in need. The ever-growing queues for food and requests for assistance are a bellwether of things to come, whilst the cost of living affects all people, but it affects mostly lower income groups working and non-working with 25-55 years age group hit the hardest with far reaching hardships with regards financial resilience and health.

The elephant in the room Covid 19 raptured finances, captured existing and potential workforces and this has been further compounded by the full-blown effects of the cost-of-living crisis, fuel costs and all the things we know to affect disposable income. Subsequent restrictions in gatherings and ill health reduced the charity's ability to raise funds through the traditional fund-raising methods rendering it very difficult for the charity to deliver its objectives. Hence the necessity for creative methods to achieve these goals and collaborations with other charities. Online marketing tools like e-commerce used to sell products online and reaching wider audiences worldwide. Hence online sales and online funding raising has become the bedrock of our fund-raising activities.

## **Let us Feed Each Other programme.**

It is estimated that one in five people {nearly 13 million people} live below the poverty line. The poorest of UK families would need to spend 47 percent of their disposable income on food to meet the cost of the government recommended healthy diet in comparison with the well-off who need to spend only 11 percent.

As a community driven charity, the harsh reality of cost-of-living crisis the procurement of food and distribution has been the focus as this was and is the most acute need in the community now. There's so much pressure on the disposable income as families are forced into having to stretch falling real incomes as many are falling behind with bill payments and having to make tough decisions between food and heating hence levels of debts are rising as people struggle for the basics like food and energy.

To this end the charity has rallied in the community to alleviate the chronic hunger caused by the Cost-of-living crisis and the covid 19 pandemic. Our food for people program has seen the charity link up with supermarkets and our donations boxes dotted in places of London. On a weekly basis food hampers and food bags are handed out to needy families. The collection and distribution have become the key component in our delivery to ensure that outreach is possible.

### **Let us Inspire Each Other: Technology Access for the elderly!**

Human contact, love and close relationships are essential no matter the age and with the advent of the digital technology age many seniors are struggling and missing out on communication technology especially with touch screen due to a condition called leathery fingers and many experience reduced mobility and a lower income, making it challenging to meet friends in person. As many as 77% of seniors sighted that they require assistance when learning how use a smartphone or tablet.

Modern day modes of communication have meant methods such as email, what's up, Facebook, Instagram, Tik Tok etc is like a foreign language to the elderly and with isolations compounded with covid the need to communicate has been exacerbated as the traditional face to face communication channels are closed. Even though Age Concern gives many I-pads to the elderly many are gathering dust in the house because they do not know how to use them. The charity identifies these individuals and go in their homes and teach

them the basics of how to use the communication gadgets. By teaching them in the comfort of their home they are more relaxed in familiar environment and familiar gadgets.

### **Let us Heal Each Other: Women Talk with Expressions Programme-Menopause for Women.**

The forgotten condition that affects so many and so many suffer silently for being labelled fussy, yet this is a natural phenomenon that can derail so many lives. Through public workshops and publicity, the charity is bringing ordinary women who were suffering in silence and talking about their condition, sharing their cope mechanism, and not feeling alone and frustrated. Testimony after testimony the women are feeling the benefits through sharing home remedies as well as professional help and dealing with employers and informing them of the conditions.

### **Let us Look After Each Other: Aging Gracefully Programme**

For the few getting old is a seamless transition where all resources are availed for the process to be smooth and gracious. This unfortunately for many is a constant struggle especially given the cutbacks into social spending and general uncertainty regarding pension funds and the huge hikes in the cost of living globally. State pensions were often considered as the “bedrock” of retirement and usually make up most of the income for older people but new estimates for a state pension will be a lot less than minimum wage hence the need to assist. This is a very popular program with so many coming for our group walks, group talks and group excursions.

We believe you are what you eat and the lifestyles you lead contributes to the wellbeing of your mind and body and soul hence by working on these and as the saying goes “an apple a day keeps the doctor away” goes a long way in keeping away common sedentary diseases like blood pressure, diabetes, heart attacks, slips and falls and many more. Prevention is better than cure and every little helps hence the project initiatives.



# 2nd Chanzi Mobile Hub Charity

## Financial Activities

19 May, 2019 - 18 May, 2020

	TOTAL
Income	
Charitable activities	220.00
Donations and legacies	208.34
In-kind contributions	5.00
Services	80.00
<b>Total Income</b>	<b>£513.34</b>
TOTAL	<b>£513.34</b>
Expenditures	
<b>Total Expenditures</b>	
NET OPERATING INCOME	<b>£513.34</b>
NET INCOME/(EXPENDITURE)	<b>£513.34</b>