

# WILD ABOUT OUR WOODS CIO

England & Wales · Charity number 1173958

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-07-26

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Flat 1  
239 Archway Road  
London  
N6 5BS

**Phone** 07743871289

**Email** [waowcio@yahoo.com](mailto:waowcio@yahoo.com)

**Website** [www.waowcio.org](http://www.waowcio.org)

## Activities

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**Objects:** 3. THE OBJECTS OF THE CIO ARE(A)TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF THE LONDON BOROUGHS OF BARNET AND HARINGEY AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, OR FOR THE PUBLIC AT LARGE, IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS;(B)TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE USE AND CONSERVATION OF NATURAL RESOURCES, AND IN THE ROLE OF WOODLANDS IN PROMOTING EMOTIONAL, SOCIAL AND PHYSICAL WELLBEING AND COGNITIVE DEVELOPMENT;(C)TO PROMOTE FOR THE BENEFIT OF THE PUBLIC THE CONSERVATION, PROTECTION AND IMPROVEMENT OF THE PHYSICAL AND NATURAL ENVIRONMENT;IN PARTICULAR BY ENCOURAGING AND FACILITATING ACCESS TO WOODLANDS AND BY ORGANISING RECREATIONAL,EDUCATIONAL, THERAPEUTIC AND SOCIAL ACTIVITIES WITHIN WOODLANDS.

**Activities:** It has been set up to advance the education of the public in the use and conservation of natural resources, and in the role of woodlands in promoting emotional, social and physical wellbeing and cognitive development in Barnet and Haringey.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Environment/conservation/heritage, Recreation
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

## Geography

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- Barnet
- Haringey

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-10-31	£45,352	£33,137	-	-
2023-10-31	£26,318	£25,644	-	-
2022-10-31	£31,483	£42,783	-	-
2021-10-31	£47,973	£29,089	-	-
2020-10-31	£26,800	£21,700	-	-

## Trustees

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Name	Role	Appointed
ALISON STAFFORD		2017-07-27
Chetna Patel		2022-10-04
SIMON JAMES DAVIS		2017-07-04

**WILD ABOUT OUR WOODS CIO**

England & Wales - Charity number 1173958

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# Accounts

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# **WILD ABOUT OUR WOODS CIO**

**Wild about our Woods CIO**

**Charity Number 1173958**

## **Report of the trustees for the year ending 31 October 2024**

We have been set up as a Charity Incorporated Organisation since 2017

### **OUR AIMS**

To create more social opportunities for people to engage with, enjoy and enhance our local woods for mutual wellbeing.

### **OUR OBJECTIVES**

(a) to promote for the benefit of the inhabitants of the London Boroughs of Barnet and Haringey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, or for the public at large, in the interests of social welfare and with the object of improving the condition of life of the said inhabitants;

(b) to advance the education of the public in the use and conservation of natural resources, and in the role of woodlands in promoting emotional, social and physical wellbeing and cognitive development;

(c) to promote for the benefit of the public the conservation, protection and improvement of the physical and natural environment; in particular by encouraging and facilitating access to woodlands and by organising recreational, educational, therapeutic and social activities within woodlands.

## **REVIEW OF ACTIVITIES AND ACHIEVEMENTS**

### **Introduction**

During the past year, our organisation directly supported the well-being of approximately 461 individuals across the London boroughs of Barnet and Haringey through nature-based activities. This represents a slight increase from the previous year, with 60 of the participants being adults. We are pleased to report that our reach has expanded into new geographical areas, including East Haringey (Tottenham) and High Barnet, through programmes developed as part of the Green Wellbeing Hub. We also delivered a number of smaller, more focused therapeutic sessions, enabling us to provide targeted support to those who may not otherwise have access to natural environments. Additionally, a dedicated community event for Ukrainian residents in Barnet received a high level of participation.

## **Key Programmes and Activities**

### **Woodland Wellbeing Project at Northside Primary School**

This two-term programme, running from June 2023 to February 2024, was developed to address a lack of access to green spaces for pupils at Northside Primary School in North Finchley. Over 40 sessions, we created outdoor learning opportunities in a local park, using trees and natural features to support children's physical health and mental wellbeing. In total, 90 children participated in these sessions. The project also included three outdoor learning sessions for whole classes and culminated in the training of a staff member to become a qualified Forest School Leader, ensuring the sustainability of the work.

The project had a total value of £5,502, with £4,952 being received and allocated to our accounts this year.

### **Forest School Training**

Demand for our Forest School training remained high throughout the year. We delivered three new courses and continued a fourth that began in October 2023. In total, 30 adults were trained, primarily to Level 3, which resulted in a higher income from this activity. The training generated a total income of £22,542. To promote accessibility and support the growth of the sector, two places were heavily subsidised for individuals who would not otherwise have been able to afford the training.

### **Forest Fridays at Somerford Adventure Playground**

Funded by a Haringey Adventure Play grant, this ongoing programme provides engaging, practical sessions designed to help young people connect with nature, themselves, and each other. The sessions take place in the adventure playground's wooded area and feature a range of activities that promote free play and choice, aligning with the playground's ethos. The total number of unique participants was 135, with weekly attendance ranging from 34 to 65 children aged 5 to 15. In addition to the structured Forest School activities, many more children engaged in campfire cooking and eating.

A selection of activities included fire lighting, outdoor cooking, wood chopping, whittling, crafting with natural materials, and using tools such as saws and knives in a safe, supervised environment. We also organised two off-site trips, including a visit to a nature reserve in Cheshunt and a rifle shooting day, which were enjoyed by 36 participants in total.

### **Free-to-Access Workshops**

Our organisation delivered workshops to 30 people through partnerships with Jackson's Lane and at an Eco Fair held in Pond Square, N6. The autumnal wreath-making workshop was a new offering that was particularly well-received.

## **New Programmes and Partnerships**

## **UK Youth – Adventures Away**

This government-funded programme allowed us to deliver six sessions to 75 students at secondary schools in March 2024. The programme, which had a value of £4,255, enabled us to establish a new partnership with a secondary school specialising in Social, Emotional, and Mental Health (SEMH) needs. We anticipate this will lead to future collaborative work.

## **Ukrainian Constitution Day**

This event aimed to host a vibrant community event celebrating Ukrainian Constitution Day in Friary Park, fostering cultural exchange and local unity. The event was held on Saturday June 29th, coinciding with the national holiday the day before, and will feature a range of activities suitable for all ages.

### **Impact:**

This event will:

- Celebrate Ukrainian culture and heritage within the local community.
- Provide a platform for cultural exchange and foster understanding between Ukrainians and residents of North Finchley.
- Promote a sense of community spirit and togetherness.
- Offer a family-friendly day out filled with fun and educational activities.

It also gave us a chance to work closely with two other local organisations; Friends of Friary Park and Bread and Butter. 60 people signed up to the event.

## **The Green Wellbeing Hub**

This initiative involves a collaboration with Strength and Learning Through Horses, an equine therapy charity in High Barnet. They have provided us with five acres of land for our programmes free of charge in exchange for our land management support. Our successful pilot programme on this land, funded by the Space to Grow 23 fund (£3,890), began in September and included a 10-week programme with The Orange Tree School and a 6-week programme with QE Girls. Additionally, we secured £2,000 from the Barnet Community Innovation Fund to purchase a composting toilet, a wooden shelter, and a tarp.

## **Haringey Learning Partnership**

This marks our third consecutive year of delivering a 6-week course for young people who have been excluded from mainstream schooling. The programme continues to successfully engage this challenging group and support their skill development.

## **Financial Summary**

We successfully secured a total of £45,352 in funding, which represents over £20,000 more than last year. Of this amount, £22,542 was generated through our Forest School training programmes. A total of £31,137 was spent on the delivery

of our programmes and on the general running of the charity. This figure includes expenditures from funds and programmes that began in the previous financial year. We also received two unrestricted donations of £5,000 each, which have been allocated to unfunded work.

At the end of the financial year on 31st October 2024, our account balance stood at £92,220. These funds have been pre-allocated to cover the costs of programmes scheduled to run after this date. A full copy of the end-of-year accounts is available upon request.

### Funding obtained

from who	month	amount	for what?	completed or to be completed
HARINGEY PLAY ASSOCIATION	July	£840.00	Forest Fridays	ongoing
YOUNG BARNET FDN	June	£1,758.00	Ukrainian fund	completed
FROM HARINGEY PLAY ASSOCIATION	June	£780.00	forest Fridays	ongoing
YOUNG BARNET FDN	June	£3,366.00	Nature Nurturing Young People in Barnet	completed
UK YOUTH	May	£1,495.00	outdoor learning	completed
JACKSONS LANE	February	£240.00	wreath making	completed
HARINGEY PLAY ASSOCIATION	February	£840.00	forest Fridays	ongoing
UK YOUTH	January	£2,760.00	outdoor learning	completed
YOUNG BARNET FOUNDATION	November	£250.00	CPD	completed

HARINGEY PLAY ASSOCIATION	November	£480.00	forest Fridays	ongoing
		£12,809.00		

## Future Plans

Our future plans include a focus on diversifying our funding streams beyond one-year grants. We are also keen to develop new collaborative partnerships that we have established in both Barnet and Haringey.

A key area of development is our work at the Green Wellbeing Hub. The site's enclosed nature and extensive potential offers us the opportunity to run a wide array of new programmes. We are actively seeking funding for initiatives including:

- Small therapeutic groups
- One-to-one support sessions
- Woodlands for wellbeing with adults
- A "Grow Health Together!" community herb garden
- Conservation work with volunteers and young offenders
- Programmes for young people with medical needs on our land

## CHARITY TRUSTEES

Simon Davis (Chair)

Alison Stafford (Treasurer),

Chetna Patel (Safeguarding Lead)

## CONTACT DETAILS

Charity: Wild about our woods CIO. Email; waowcio@yahoo.com

Bank: Santander account: Wild about our woods CIO

Insurance: Axa Policy                      SALSALIA/J178979/0332/20



## Receipts and payments accounts

CC16a

For the period from	01.11.2023	To	31.10.2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Forest School Training	22,543	-	-	22,543	13,300
vaious grants	-	12,809	-	12,809	13,017
donation	10,000	-	-	10,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>32,543</b>	<b>12,809</b>	<b>-</b>	<b>45,352</b>	<b>26,317</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>32,543</b>	<b>12,809</b>	<b>-</b>	<b>45,352</b>	<b>26,317</b>
<b>A3 Payments</b>					
forest school training associates	-	19,765	-	19,765	15,471
grant associate expenses	-	5,482	-	5,482	7,070
grant running expenses	-	2,782	-	2,782	558
forest school training running costs	4,170	-	-	4,170	411
charity running costs not associated to grants	840	-	-	840	840
refunds	100	-	-	100	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5,110</b>	<b>28,029</b>	<b>-</b>	<b>33,139</b>	<b>42,783</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>5,110</b>	<b>28,029</b>	<b>-</b>	<b>33,139</b>	<b>42,783</b>
<b>Net of receipts/(payments)</b>	<b>27,433</b>	<b>- 15,220</b>	<b>-</b>	<b>12,213</b>	<b>16,466</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>27,433</b>	<b>- 15,220</b>	<b>-</b>	<b>12,213</b>	<b>16,466</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

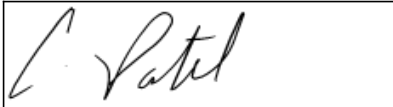

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 	Chetna Patel	25.8.25

*Alison Garvin*

Alison Garvin

25.8.25



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Wild about our woods CIO

On accounts for the year  
ended

October 2024  
Charity no (if any) 1173958

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 10 / 2024.

Responsibilities and  
basis of report

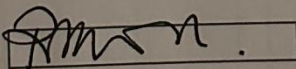
As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives me cause to believe that in, any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  Date: 25/08/25

Name: FIONA MOORCROFT

Relevant professional  
qualification(s) or body  
(if any):

Address:

43 RALEIGH ROAD  
PENGE  
LONDON, SE20 7JE

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**WILD ABOUT OUR WOODS CIO**

England & Wales - Charity number 1173958

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# Accounts

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# **WILD ABOUT OUR WOODS CIO**

**Wild about our Woods CIO**

**Charity Number 1173958**

**Report of the trustees for the year ending 31 October 2023**

We have been set up as a Charity Incorporated Organisation since 2017

## **OUR AIMS**

To create more social opportunities for people to engage with, enjoy and enhance our local woods for mutual wellbeing.

## **OUR OBJECTIVES**

(a) to promote for the benefit of the inhabitants of the London Boroughs of Barnet and Haringey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, or for the public at large, in the interests of social welfare and with the object of improving the condition of life of the said inhabitants;

(b) to advance the education of the public in the use and conservation of natural resources, and in the role of woodlands in promoting emotional, social and physical wellbeing and cognitive development;

(c) to promote for the benefit of the public the conservation, protection and improvement of the physical and natural environment; in particular by encouraging and facilitating access to woodlands and by organising recreational, educational, therapeutic and social activities within woodlands.

## **REVIEW OF ACTIVITIES AND ACHIEVEMENTS**

In the last year we have worked directly with approximately 444 people across Barnet and Haringey to support their well-being via nature connection activities. This a slight increase on last year. Of them 32 were adults engaging in Forest School Training and with record numbers qualifying this year the impact of our work increased forest school connections many times over.

We have forged new contacts and worked in new areas. We were pleased to be able to continue to work in the East part of Haringey (Tottenham) and also in the North Finchley, Barnet. We offered more smaller group, focused and therapeutic which allowed us to offer targeted support to these those who might not access nature otherwise. We had one community event which was well attended and offered heavily discounted training to a couple of learners to support their access to such training.

## **Programmes continuing from last year**

### **Community Innovation Fund**

The Nature Nurturing Education programme commissioned by Barent Council was to be practical, engaging and with a therapeutic thread in some of the activities so students are supported to learn to connect to themselves, each other and nature. This would in turn support their engagement with each other and build resilience for school life and wider community. It began in September 2022 where we were given £8232.30 in the last financial year to delivery it and **£914.70** at the end of the programme. We were to run a total of 36 sessions between the two schools.

The Friern Barnet Group started with 9 young people in September 2022, all from year 7 except one young man. This young person was replaced with another year 7. We continued with this group for a second term running until Easter 2023. We had twenty sessions with them. The group had planned a summer term of swimming during the slot we had for them so the ten weeks was offered to the Compton again, with eight young people in the group.

The second cohort from the Compton started relatively late in the new term on 13<sup>th</sup> October. It allowed the staff to identify who was in needs of some support in outdoor learning. Eight young people started in this group from year 7.

The third cohort from Compton school began in February and was made up of some of the same young people from the October group plus some new ones. Eight young people were part of this group and this cohort ran until the end of the summer term. An end of programme report captured some great outcomes and feedback.

### **Haringey Learning Partnership**

Four further sessions were carried out with this organisation at the start of the financial year. As an organisation they offer specialised teaching and support to students with complex needs so that they can achieve a safe, happy and independent future. Six to eight young people joined the programme each week. **£720** was paid during this time period.

## **New programmes**

### **Space to grow 27 / Woodland Wellbeing project at Northside Primary School**

Working with Northside Primary in North Finchley and delivering out of Friary Park we ran 20 weeks of sessions from June last year until February half term 2024. 40 sessions in total and 3 outdoor learning sessions for whole classes. Finally, training up a staff member to become a Forest School Leader and take the work forward. To the amount of £5502, with **£4952** being paid into the account this year.

The 2-term programme at Northside started in June 2023 and ran until February Half term 2024. The 'Woodland Wellbeing project' introduced an outdoor learning

programme based in nature to support children's physical health and mental wellbeing within the primary school community of Northside in Finchley. The programme was developed to support the pupils of the school access green spaces as many of them live in flats or do not have access to open spaces to play. The school has not green spaces either so the school lead Ms Millwood, understanding the importance of outdoor learning for physical and emotional wellbeing, wanted to address the nature deficit some of the pupils were subjected to.

In the local park, under trees, we created learning opportunities for 4 groups of pupils to attend 5 nature based sessions and a further class (in 2 groups) began its 10 nature based sessions each. 90 children were worked with to date. All sessions were for two hours each and included a 15/20 minute walk to and from the park. These includes scavenger hunts, tool use, using ropes and string to tie things, creating using natural materials and games,

### **Salisbury World**

We ran 2 one-off woodland events for asylum seekers and refugees in Brent (The Welsh Harp), one a primary group and the second a secondary group. Good connections made and children seemed to love it. **£245** was raised by these

### **Forest School Training**

Forest School training was very popular again last year. Two new courses were delivered and one continued from its October 2022 start. 32 people were trained and an income of £13,330 was gained, mainly training to Level 3 so the income generated was higher. 2 places were heavily subsidized to support those who can't afford to train to be part of the growth.

### **Programmes undertaken**

#### **Wild Play (aka Forest Fridays) at Sommerford Adventure Playground**

#### **The Bridgewater renewal Trust**

**£3,915 was given to continue our partnership with Haringey Play Association - Adventure playground on a Friday in Tottenham. The funding allowed for 30 sessions and ran until the end of December 2023. It included 3 out of centre sessions too which were run in the summer holidays and October half term**

The programme aimed to be practical and engaging so participants were supported to learn to connect to themselves, each other and nature. The sessions took place outside in the adventure Playground where there are trees, bushes and a fire place. The number of children attending the sessions each week were between 34-65, aged between 5-15. The total number taking part in Forest School activities was 240, while many more engaged with cooking and eating with us around the fire.

A main part Forest School programmes is that the young people are given responsibility and freedom simultaneously, and importantly the opportunity to build healthy relationships with each other, the environment and themselves. The programme is also based on free play and choice, both of which mould well with the ethos of play at Somerford. As a result we found that some children were engaged in

most, if not all, of the activities offered every week. Some dipped in and out of activities, while others may have only done a handful of activities. Which every was chosen by the participants each week many children engaged in activities offered to them.

Some of the activities included:

- Fire lighting skills, health and safety around a fire
- Outdoor cooking: pancakes, biscuits, burgers, bread, campfire doughnuts, Elderflower fritters marshmallows
- Wood chopping with axes
- Whittling – safely using knives
- Chopping up wood with knives and making an egg run
- Nail art – using hammers and nails
- Wool based crafts – ochos dios
- Summer slushies
- Fairy doors
- Conker games and crafts using palm drills
- May day crowns – using willow and flowers
- Planning vegetables and looking after them
- Hapa zome – leaf bashing
- Egg runs
- Using saws and horse saws.
- Celebrating different seasons around the fire.

The out of centre trips were well signed up to. We travelled to Cheshunt by train twice and roamed around their big nature reserve there. We also travelled on foot to Tottenham Marshes and explored the canal and surrounding green spaces. 36 participants enjoyed a holiday activity day this way.

## OUR FINANCES

We successful obtained £26,317 which was down 17% from last year. 51% came from Forest School training. £25,643 was spend on the delivery of programmes, from funds and programmes which began before this financial year, as well as running the charity. At the end of the financial year, 31<sup>st</sup> October 2022, £ 9267.92 remained in the account and has been allocated to programmes running after 31<sup>st</sup> October 2023. The Full end of year accounts can be accessed as well.

### Funding obtained

breakdown of grant income	from who	amount	for what?	completed or to be completed
	SALUSBURY WORLD	122.5	commissioned sessions	completed
	SALUSBURY WORLD	122.5	commissioned sessions	completed
	LON BOROUGH BARNET	914.7	community innovation fund	completed
	YOUNG BARNET FOUNDATION	4952	space to grow 27	ongoing
	Janine Young	300	refund	
	LON BOROUGH BARNET	901		
	LON BOROUGH BARNET	590		
	THE BRIDGE RENEWAL TRUST	3915	Forest Fridays	ongoing

	HARINGEY PLAY ASSOCIATION	480	Forest Fridays	ongoing
	HARINGEY LEARNING PARTNERSHIP	720	commissioned work	completed
	total income	13017.7		

## **FUTURE PLANS**

We still want to diversify our funding streams beyond one-year grants programmes. We have made new contacts and possible avenues for collaborative work in both Barnet and Haringey which we would like to develop. Janine has been working closely with the John Lyons Trust to develop such programmes to establish themselves with staff and impact.

## **CHARITY TRUSTEES**

Simon Davies (Chair)

Alison Stafford (Treasurer),

Chetna Patel (Safeguarding Lead)

## **CONTACT DETAILS**

Charity: Wild about our woods CIO. Email; waowcio@yahoo.com

Bank: Santander account: Wild about our woods CIO

Insurance: Axa Policy                      SALSALIA/J178979/0332/20



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Wild about our woods CIO

On accounts for the year  
ended

October 2023

Charity no  
(if any)

1173958

Set out on pages

Remember to include the page numbers of audited financials.

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 10 / 2023.

Responsibilities and  
basis of report

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Independent  
examiner's statement

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 30/08/2024

Name:

Fiona Pamela Moorcroft

Relevant professional  
qualification(s) or body  
(if any):

Teacher (Primary)

Address:

43 Raleigh Road

London

SE20 7JE

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Wild about our woods CIO

# 1173958

## Receipts and payments accounts

CC16a

For the period  
from

01.11.2022

To

31.10.2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Forest School Training	13,300	-	-	13,300	15,180
vaious grants	-	13,017	-	13,017	16,303
refund	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>13,300</b>	<b>13,017</b>	<b>-</b>	<b>26,317</b>	<b>31,483</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>13,300</b>	<b>13,017</b>	<b>-</b>	<b>26,317</b>	<b>31,483</b>
<b>A3 Payments</b>					
forest school training associates	15,471	-	-	15,471	15,471
grant associate expenses	-	7,070	-	7,070	11,992
grant running expenses	-	558	-	558	4,721
forest school training running costs	2,134	-	-	2,134	4,269
charity running costs not associated to grants	411	-	-	411	411
refunds	-	-	-	-	2,315
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>18,016</b>	<b>7,628</b>	<b>-</b>	<b>25,643</b>	<b>42,783</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>18,016</b>	<b>7,628</b>	<b>-</b>	<b>25,643</b>	<b>42,783</b>
<b>Net of receipts/(payments)</b>	<b>- 4,716</b>	<b>5,389</b>	<b>-</b>	<b>-</b>	<b>16,466</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>- 4,716</b>	<b>5,389</b>	<b>-</b>	<b>-</b>	<b>16,466</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

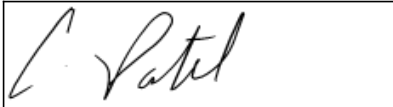
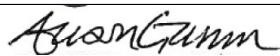
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 	Chetna Patel	23.8.24

*Alison Garvin*

Alison Garvin

23.8.24

**WILD ABOUT OUR WOODS CIO**

England & Wales - Charity number 1173958

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# Accounts

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# WILD ABOUT OUR WOODS CIO

**Wild about our Woods CIO**

**Charity Number 1173958**

**Report of the trustees for the year ending 31 October 2022**

We have been set up as a Charity Incorporated Organisation

## **OUR AIMS**

To create more social opportunities for people to engage with, enjoy and enhance our local woods for mutual wellbeing.

## **OUR OBJECTIVES**

(a) to promote for the benefit of the inhabitants of the London Boroughs of Barnet and Haringey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, or for the public at large, in the interests of social welfare and with the object of improving the condition of life of the said inhabitants;

(b) to advance the education of the public in the use and conservation of natural resources, and in the role of woodlands in promoting emotional, social and physical wellbeing and cognitive development;

(c) to promote for the benefit of the public the conservation, protection and improvement of the physical and natural environment; in particular by encouraging and facilitating access to woodlands and by organising recreational, educational, therapeutic and social activities within woodlands.

## **REVIEW OF ACTIVITIES AND ACHIEVEMENTS**

In the last year we have worked directly with 519 people across Barnet and Haringey to support their well-being via nature connection activities. This is down on last year but all of these includes face-to-face session that ran for more than 6 sessions. Of them 42 were adults engaging in Forest School Training which will mean that if they all went onto to work with 10 people this impact would be a massive 420 more forest school connections. We know that many of them are working regularly with others offering nature connection opportunities, so it is likely to be more than this rudimentary figure so this really is spreading our mission wide and far..

Of the 519 we worked with 62 adults offering either adult only sessions or mixed sessions. Four of these were volunteers who not only offered some invaluable

support to our programmes but also feedback that they had gained so much themselves.

All the programme offered were new and developing pilots we have run or were piloting a new area of work for us. Two programmes were funded as a direct result of funders being impressed with work, they have seen us do so approached us to develop work with them. We also brought in associates to deliver some of the programmes.

We have forged new contacts and worked in new areas. We were pleased to be able to work in the East part of Haringey and also in the East of Barnet. We offered more smaller group, focused and therapeutic which allowed us to offer targeted support to these those who had been affected more by the pandemic and lockdown restrictions.

We were invited to join a corporate gathering of creative movers and shakers, Join the Dots, to present our work and have them get into break out groups to work through some of our issues. They come up with some very plausible solutions which we now need to work through.

### **Forest School Training**

Forest School training was very popular last year. 4 courses were delivered. Two were open courses and 2 were commissioned closed courses. 42 people were trained and an income of £14,884.51 was gained, almost 60% increase on last year. 3 places were heavily subsidized to support those who can't afford to train to be part of the growth.

WAW were again successful in getting commissioned by Haringey Education Partnership (HEP) to deliver the Level 2 assistant training. Seven people started the programme in October 2021 with 5 training days to be completed in January 2022. One of the delivery days took place in the financial year but all payments from HEP will be received in the new accounting year.

### **Programmes undertaken**

#### **Wild Play (aka Forest School Fridays) at Sommerford Adventure Playground**

The London Borough of Haringey (via the Socio Economic Regeneration Team) initially commissioned us to work in partnership with Haringey Play Association to run 22 sessions at Sommerford Grove Adventure Playground in Tottenham. It included a day trip to Cheshunt in the October Half term and the training of a staff member in the Wild Passport. We began to work together in January 2022 and worked up and beyond October 2022. The amount of **£3689** was granted in this period

The programme aimed to be practical and engaging so participants were supported to learn to connect to themselves, each other and nature. The sessions took place outside in the adventure Playground where there are trees, bushes and a fire place. The number of children attending the sessions each week were between 34-65, aged between 5-15. The total number taking part in Forest School activities was 189, while many more engaged with cooking and eating with us around the fire.

A main part Forest School programmes is that the young people are given responsibility and freedom simultaneously, and importantly the opportunity to build healthy relationships with each other, the environment and themselves. The programme is also based on free play and choice, both of which mould well with the ethos of play at Somerford. As a result we found that some children were engaged in most, if not all, of the activities offered every week. Some dipped in and out of activities, while others may have only done a handful of activities. Which every was chosen by the participants each week many children engaged in activities offered to them.

Some of the activities included:

- Fire lighting skills, health and safety around a fire
- Outdoor cooking: pancakes, biscuits, burgers, bread, campfire doughnuts, Elderflower fritters marshmallows
- Wood chopping with axes
- Whittling – safely using knives
- Chopping up wood with knives and making an egg run
- Nail art – using hammers and nails
- Wool based crafts – ochos dios
- Summer slushies
- Fairy doors
- Conker games and crafts using palm drills
- May day crowns – using willow and flowers
- Planning vegetables and looking after them
- Hapa zome – leaf bashing
- Egg runs
- Using saws and horse saws.
- Celebrating different seasons around the fire.

The Wild Passport Training was delivered in May, June and July.

The away day took place in October half term. 16 young people accompanied by 3 adults travelled from Northumberland Park to Cheshunt to spend a day in the Lea Valley Park. We spent most of the day in the wooded area playing games, making dens, creating zip lines and rope bridges, swimming in hammocks and on swings. We went on an adventure walk after lunch and enjoyed exploring the local area as well as playing 'pooh sticks' over stream.

## **Community Innovation Fund**

The Nature Nurturing Education programme commissioned by Barent Council was to be practical, engaging and with a therapeutic thread in some of the activities so students are supported to learn to connect to themselves, each other and nature. This would in turn support their engagement with each other and build resilience for school life and wider community. We were given **£8232.30** in this financial year to delivery it.

We were commissioned to work with the same 8 young people for a whole term (12 weeks) working with them for 2 hours each session. The programme involved a mixture of undertaking physical and practical activities, learning, and socialising in nature over a 3 month period, for 2 hours each session giving them a unique learning experience outside in all weathers.

We were to run a total of 36 sessions between the two schools, with a few sessions with a young offender. Each session ran for 2 hours with between 6 and 9 students in each session.

The initial programme was led by us to work in collaboration with Hendon School and The Friends of Dollis Brook for one programme and the Young Offenders Service for the other, funded by Barnet Council. Working with small groups weekly on a Thursdays for 12 weeks, developing their emotional skills and resilience for their secondary education. Engaging them in green wood skills via the Wild Passport Programme.

The programme began in April 2022 as there was a delay in getting the programme up and running. Initially, we were commissioned to work with Hendon School but the partnership lead at the school who was supporting us during the proposal stage left and it became very challenging to get anyone from the school to support the programme. We went back to our funders and requested that we change our school partner which they agreed to.

We then went on to work with The Compton School who we had worked with before and who had Coppetts Wood behind their school which was easy to access.

We also initially had agreement from the Young Offenders Team in Barnet, another team we had worked with before. But once we had set up the working agreement they were not able to refer a regular group of young people to work with us, although we did work with one young person a few times.

We re-negotiated with the CIF commissioning team to work with a group of young people from the newly formed hub at Friern Barnet school which referred a really engaged group from September 2023. This was the newly formed Cognition and Learning Additional Resource Provision.

### **Haringey Learning Partnership**

2 pieces of work were carried out with this organisations over this financial year

### **Barnet Young Carers**

We worked with 2 groups of Barnet Young Carers over the summer holidays. Both groups came with 15 young people to Hadley Wood and Coppetts Wood to connect to nature and relax, have fun.

### **Carry over programmes from October 2021**

### **Fairway School – Nature nurturing education**

The year long programme at Fairway started in March 2021 due to Covid 19 restrictions allowing us to work in the school. **£994.50** was the final amount awarded at the end of the programme. It was completed before the February Half term 2022. We piloted a therapeutic programme based in nature to support children's wellbeing across the Fairway community: from parent and toddler, primary years to transition to secondary school. In the woodlands attached to the school we created social opportunities for pupils at Fairway Primary school and pre-school children and their parents to attend 12 'bubble' nature-based sessions. In the year period of November 2021 to February 2022 we worked with 48 individual pupils as part of the 12 week programme and 8 parents and toddlers attached to the nursery as part of a 6 week programme. A full outcomes and experiences report was created for The Young Barnet Foundation which collected some rich evidence of the impact of the programme. This was well received by the funders London Borough of Barnet Family Services & NHS North Central London Clinical Commissioning Group to support Mental Health Support Teams within the community.

### **CommUnity Barnet Giving Covid-19 Emergency Fund**

**£506** was granted at the end of this programme which started in April 2021. We worked with 2 groups of 12 children (24 children in total) for 12 weeks at an after-school group at Martin School. The last part of the programme was ran from September until December 2021 which covers this financial year.

Our aim was to run a weekly post-lockdown recovery programme with wellbeing focused Forest School sessions after school club for:

- Children with no direct access to outdoor space during lockdown - no garden
- BAME Children
- Children that have returned to school in March that are anxious, not themselves or struggling to settle back in
- Children that are currently not doing Forest School as part of their school day - we suggest working with Year 3 (or another Key Stage 2 age group)
- Children from lower-income groups

This was led by Charlotte Broadribb and assisted by Tim. The second cohort, made up year 3s, were more settled and engaged better with the programme. 12 children were engaged with for this part of the programme

### **Young Barnet Foundation – Holiday Activity and Food Fund**

We ran an Easter holiday schemes in Barnet offering a free woodland holiday club as an extension of the HAF programme run twice before. The fund of **£1140** was for school age children aged 5-16 years old. The primary beneficiaries of the programme were intended to be Free School Meal eligible children, but the programme included the support for children and young people facing hardship and to target geographical hotspots showing high levels of economic disadvantage, obesity and deprivation. It allowed us to widen our reach of working with children in Barent with 4 sessions were offered to 15 children each day. There was a shortfall of money needed to run this programme so we access the Co-op Local Community

Fund to do this. 60 children's spaces were booked up, Referrals coming from local schools.

**The Local Connections Fund** commissioned us to run the Deep Shoots, New Roots ran a pilot programme bringing children or young people and older adults together with the aim of improving intergenerational relationships. We ran this in partnership with Nature Explorers Barnet. It provided a variety of explorative play, walking trails, music and nature discovery sessions for adult of grandparent age, and 10 children in Year 1 class to enjoy together from May 2021 until the summer holidays. It was a joyful programme bringing the two age groups together, 6 older people joining us to learn alongside the children. From this programme we were funded to run another 6 week session from another funding pot. We received **£885** upon the successful completion of the pilot of this programme from Community Barnet in this time

**Haringey Giving Together We Can COVID-19 Fund** offered us £4991 to delivery a free, engaging and adventurous Woodland Holiday club (once a week during Easter, Whitsun and Summer holidays – 10 in total) for 18 BAMER (Black, Asian minority ethnic and refugee) children aged 5 – 11 years, living in Tottenham N17 in and around the Broadwater Farm Estate. They were also offered a free nutritious lunch. And an after school club running in the summer term (12 sessions) for 18 children aged 5 – 11. **Woodland adventures in Fox Forest** had 3 staff supporting its development and work and was a huge success. The culture of Forest School has flourished at Willow Primary School. The forest is now well maintained and often visited. The school is now equipped with waterproof PPE for the children and different tools and equipment like hammocks, ropes, mallets etc for more children to enjoy. This was led by Gladys with Simone and Meme supporting her.

## **OUR FINANCES**

We successful obtained £31,483, which was down from last year. £42883 was spend on the delivery of programmes and running the charity but still at the end of the financial year (31<sup>st</sup> October 2022) £ 8594.13 remained in the account and has been allocated to programmes running after 31<sup>st</sup> October 2022. The Full end of year accounts can be accessed as well.

## Funding obtained

					completed or to be completed
Training		14880			both
Grants	YOUNG BARNET FOUNDATION	250	Oct-22	Training grant	completed
	Barent Young Carers	245	Jul-22	summer activities	completed
	Community Barnet	885	Jul-22	last part of intergenerational grant	completing in December
	Haringey Council	1845	Jul-22	Somerford Adventure Playground	to be completed in December 2022
	YOUNG BARNET FOUNDATION	994.5	May-22	fairway school	completed
	Community Barnet	506	May-22	martin after school	completed
	YOUNG BARNET FOUNDATION	1140	Mar-22	Space to grow 8	completed
	Haringey Council	1845	Mar-22	Somerford Adventure Playground	to be completed in December 2022
	Barnet Council	8232.3	Feb-22	CIF	to be completed in 2023
	Haringey Learning Partnership	315	Nov-21	commissioned programme	completed in November 21

There were other trusts that we were not successful in gaining from and as you can see most of our funding came from local sources. We were pleased that the largest single grant came from London Borough of Barnet Family Services & NHS North Central London Clinical Commissioning Group to support Mental Health Support Teams within the community. Diversifying our funding streams was aspired to last year, with more than 1/3rd of it being realised.

## **FUTURE PLANS**

We still want to diversify our funding streams beyond one-year grants programmes. We have made new contacts and possible avenues for collaborative work in both Barnet and Haringey which we would like to develop. Janine has been working closely with a school and the John Lyons Trust to develop such programmes to establish themselves with staff and impact.

We are developing a relationship with Haringey Council to access core funding to work in the East of the borough in an adventure playground rather than woodland but using the same skills and Forest School Philosophy.

Janine undertook a train-the-trainer Wild Passport course develop outdoor learning skills rather than conventional Forest School which may open up more nature connection activities across the boroughs as it doesn't rely on being based in the woods.

We would like to develop and explore some of the ideas formulated by the Join the Dots gathering as a mean to develop sustainability in projects and programmes in the future.

## **CHARITY TRUSTEES**

Natasha Walter (Treasurer),

Alison Stafford (Safeguarding Lead)

Simon Davies (Chair)

## **CONTACT DETAILS**

Charity: wild about our woods. Email; waowcio@yahoo.com

Bank: Santander account: Wild about our woods CIO

Insurance: Axa Policy                      SALSALIA/J178979/0332/20



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Wild about our woods CIO

# 1173958

## Receipts and payments accounts

CC16a

For the period from	01.11.2021	To	31.10.2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Forest School Training	15,180	-	-	15,180	14,885
vaious grants	-	16,303	-	16,303	32,972
refund	-	-	-	-	116
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>15,180</b>	<b>16,303</b>	<b>-</b>	<b>31,483</b>	<b>47,973</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>15,180</b>	<b>16,303</b>	<b>-</b>	<b>31,483</b>	<b>47,973</b>
<b>A3 Payments</b>					
forest school training associates	15,452	-	-	15,452	7,506
grant associate expenses	-	11,992	-	11,992	19,555
grant running expenses	-	4,721	-	4,721	951
forest school training running costs	4,269	-	-	4,269	897
charity running costs not associated to grants	4,034	-	-	4,034	180
refunds	2,315	-	-	2,315	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>26,070</b>	<b>16,713</b>	<b>-</b>	<b>42,783</b>	<b>29,089</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>26,070</b>	<b>16,713</b>	<b>-</b>	<b>42,783</b>	<b>29,089</b>
<b>Net of receipts/(payments)</b>	<b>- 10,890</b>	<b>- 410</b>	<b>-</b>	<b>- 11,300</b>	<b>18,884</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>- 10,890</b>	<b>- 410</b>	<b>-</b>	<b>- 11,300</b>	<b>18,884</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK



Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 	Chetna Patel Alison Garvin	27.4.23  <b>27.4.23</b>



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Wild about our woods CIO

On accounts for the year  
ended

October 2022

Charity no  
(if any)

1173958

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 10 / 2022.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives me cause to believe that in, any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

29/08/2023

Name:

MR OLIVER MORETON

Relevant professional  
qualification(s) or body  
(if any):

N/A

Address:

FLAT 2A WEST AVENUE ROAD

WALTHAMSTOW

LONDON E17 9SE

**WILD ABOUT OUR WOODS CIO**

England & Wales - Charity number 1173958

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# Accounts

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# WILD ABOUT OUR WOODS CIO

**Wild about our Woods CIO      Charity Number 1173958**

**Report of the trustees for the year ending 31 October 2021**

We have been set up as a Charity Incorporated Organisation

## **OUR AIMS**

To create more social opportunities for people to engage with, enjoy and enhance our local woods for mutual wellbeing.

## **OUR OBJECTIVES**

(a) to promote for the benefit of the inhabitants of the London Boroughs of Barnet and Haringey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, or for the public at large, in the interests of social welfare and with the object of improving the condition of life of the said inhabitants;

(b) to advance the education of the public in the use and conservation of natural resources, and in the role of woodlands in promoting emotional, social and physical wellbeing and cognitive development;

(c) to promote for the benefit of the public the conservation, protection and improvement of the physical and natural environment; in particular by encouraging and facilitating access to woodlands and by organising recreational, educational, therapeutic and social activities within woodlands.

## **REVIEW OF ACTIVITIES AND ACHIEVEMENTS**

In the last year we have worked directly with 519 people across Barnet and Haringey to support their well-being via nature connection activities. This is down on last year but all of these includes face-to-face session that ran for more than 6 sessions. Of them 42 were adults engaging in Forest School Training which will mean that if they all went onto to work with 10 people this impact would be a massive 420 more forest school connections. We know that many of them are working regularly with others offering nature connection opportunities, so it is likely to be more than this rudimentary figure so this really is spreading our mission wide and far..

Of the 519 we worked with 62 adults offering either adult only sessions or mixed sessions. Four of these were volunteers who not only offered some invaluable support to our programmes but also feedback that they had gained so much themselves.

All the programme offered were new and developing pilots we have run or were piloting a new area of work for us. Two programmes were funded as a direct result of funders being impressed with work, they have seen us do so approached us to develop work with them. We also brought in associates to deliver some of the programmes.

We have forged new contacts and worked in new areas. We were pleased to be able to work in the East part of Haringey and also in the East of Barnet. We offered more smaller group, focused and therapeutic which allowed us to offer targeted support to these those who had been affected more by the pandemic and lockdown restrictions.

We were invited to join a corporate gathering of creative movers and shakers, Join the Dots, to present our work and have them get into break out groups to work through some of our issues. They come up with some very plausible solutions which we now need to work through.

### **Forest School Training**

Forest School training was very popular last year. 4 courses were delivered. Two were open courses and 2 were commissioned closed courses. 42 people were trained and an income of £14,884.51 was gained, almost 60% increase on last year. 3 places were heavily subsidized to support those who can't afford to train to be part of the growth.

WAOW were again successful in getting commissioned by Haringey Education Partnership (HEP) to deliver the Level 2 assistant training. Seven people started the programme in October 2021 with 5 training days to be completed in January 2022. One of the delivery days took place in the financial year but all payments from HEP will be received in the new accounting year.

### **Programmes undertaken**

#### **Fairway School – Nature nurturing education**

The year long programme at Fairway started in March 2021 due to Covid 19 restrictions allowing us to work in the school. **£8950** was awarded in 2020/21. We will run it until February Half term 2022. We have been able to pilot a therapeutic programme based in nature to support children's wellbeing across the Fairway community: from parent and toddler, primary years to transition to secondary school. In the woodlands attached to the school we created social opportunities for pupils at Fairway Primary school and pre-school children and their parents to attend 12 'bubble' nature-based sessions. We were able to delivery the full 42 days and 114 sessions as planned offering many children across the school community valuable nature connection time. 122 participants have been able to engage, enjoy and enhance the woodlands while making better connections to each other and in turn themselves. They have been able to form positive relationships with others, to develop growing awareness of their emotional needs and the needs of others, to learn to cooperate and work with their peers and adults and develop strategies in order to take risks within the boundaries of safety.

We were able to train up 2 members of staff in Forest School, one as a Forest School Leader and one as a Forest School Assistant who now deliver a Forest

School Programme to the rest of the school. We have been able to facilitate physical, educational, therapeutic and social activities to support their emotional wellbeing, helps to build resilience and self esteem beyond the programme. Participants fed back that they were able to engage, enjoy and enhance the woodlands while making better connections to each other and in turn themselves.

As the largest single grant we received, it was also funded by London Borough of Barnet Family Services & NHS North Central London Clinical Commissioning Group to support Mental Health Support Teams within the community. This was pleasing as we were wanting to be commissioned by Health based teams as part of the years funding strategy.

### **CommUnity Barnet Giving Covid-19 Emergency Fund**

**£5060** was granted for Waow to work with 2 groups of 12 children (24 children in total) for 12 weeks at an after-school group at Martin School.

Our aim was to run a weekly post-lockdown recovery programme with wellbeing focused Forest School sessions after school club for:

- Children with no direct access to outdoor space during lockdown - no garden
- BAME Children
- Children that have returned to school in March that are anxious, not themselves or struggling to settle back in
- Children that are currently not doing Forest School as part of their school day - we suggest working with Year 3 (or another Key Stage 2 age group)
- Children from lower-income groups

This was led by Charlotte Broadribb and assisted by Lavinia in the first 12 weeks and Tim in the second 12 weeks. The year 5 participants in the first cohort brought with them a few emotional issues which Charlotte, Lavinia and Janine supported, while the second cohort, made up year 3s, were more settled and engaged better with the programme. 216 children were engaged with for this programme

### **Young Barnet Foundation – Holiday Activity and Food Fund**

We ran 2 holiday schemes in Barnet offering a free woodland holiday club. The **£2850** funding of was for school age children aged 5-16 years old. The primary beneficiaries of the programme were intended to be Free School Meal eligible children, but the programme included the support for children and young people facing hardship and to target geographical hotspots showing high levels of economic disadvantage, obesity and deprivation. It allowed us to widen our reach of working with children in Barent and 10 sessions were offered in the summer and October holidays to 15 children each time. There was a shortfall of money needed to run this programme so we access the Co-op Local Community Fund to do this. 150 children's spaces were booked up, Referrals coming from local schools.

**Barnet Wellbeing Community Chest** agreed that the money it awarded us of **£1,770.00** last year could be carried forward but because of Covid to this year. Our Deep Shoots, New Roots ran a pilot programme bringing children or young people

and older adults together with the aim of improving intergenerational relationships. We ran this in partnership with Nature Explorers Barnet. It provided a variety of explorative play, walking trails, music and nature discovery sessions for adult of grandparent age, and 10 children in Year 1 class to enjoy together from May 2021 until the summer holidays. It was a joyful programme bringing the two age groups together, 6 older people joining us to learn alongside the children. From this programme we were funded to run another 6 week session from another funding pot.

We ran a **Weekend Wild things programme**, running for 10 weeks through the summer term, May to July, for young people in years 7/8/9 who attended the sessions to support their communication and emotional issues. It ran out of Coppetts Wood with 8 young people attending. We used the funding from the Co-op Local Community Fund to run it as well as the £500 from Magic Little Stars via Local Giving

We were successful in gaining **£2000** to provide support services to people affected by domestic violence and abuse in a woodland setting. This will be led by another Forest School Leader with experience of working with survivors of abuse. With an emphasis on eco-therapy and well being she delivered nature based outdoor activities, learning traditional skills, and experiencing Barnet's green spaces in a safe setting. With an aim to improve self confidence and change dynamics to a group of 6-10 individuals (including their children). Activities ran for a whole (3 hour) morning once a week, for a period of 6 weeks. £1500 was awarded in October 2020 and the rest in this accounting year.

**Haringey Giving Together We Can COVID-19 Fund** offered us £4991 to delivery a free, engaging and adventurous Woodland Holiday club (once a week during Easter, Whitsun and Summer holidays – 10 in total) for 18 BAMER (Black, Asian minority ethnic and refugee) children aged 5 – 11 years, living in Tottenham N17 in and around the Broadwater Farm Estate. They were also offered a free nutritious lunch. And an after school club running in the summer term (12 sessions) for 18 children aged 5 – 11. **Woodland adventures in Fox Forest** had 3 staff supporting its development and work and was a huge success. The culture of Forest School has flourished at Willow Primary School. The forest is now well maintained and often visited. The school is now equipped with waterproof PPE for the children and different tools and equipment like hammocks, ropes, mallets etc for more children to enjoy. This was led by Gladys with Simone and Meme supporting her.

### **The Grange Big Local**

We were awarded £3,594 to run 12 well being sessions for adults aged 55 plus to gather in a community woodland in East Finchley, Barnwood, during the summer term. This was commissioned out to Linda Royles who worked with Tim Young on the programme. 12 people attended this regularly

### **Live Unlimited**

A local charity working with children and young people who are looked after asked us to run a 6 week pilot for them on a Saturday in Barnet. It ran from May to July and

was well attended in Martin's woods. We had between 8-12 children and young people attend from 3-5 each week. Janine ran this programme with Simone.

## Ongoing programmes

### Fairway Nature Nurturing

We were funded run the Fairway programme (above) which ends in February 2022. We are on track to spend all the money offered and also engage with the groups agreed. Janine runs this with school staff and volunteers

### Deep Roots, New Shoots 2

This was funded for £1890 from the big Lottery community fund. Working in the same woods with another group of Year 1s and many of the same older people. It will run 10 sessions. Janine ran this with Tim.

## OUR FINANCES

We successful obtained £47857.41, up 56% from last year. Of this money £20,694 remained in the account and has been allocated to current programmes running after 31<sup>st</sup> October 2021. The Full end of year accounts can be accessed as well.

## Funding obtained

	The funders	Amount in £	month	Project name	completed or to be completed
Training	various	14884.5			both
Grants	YOUNG BARNET FOUNDATION	570	Oct-21	HAF	completed
	Community Barnet	500	sep	surviours of domestic abuse	completed
	TNL communities	1890	sep	deep roots 2	completing in December
	YOUNG BARNET FOUNDATION	2280	aug	Haf	completed
	community barnet	10397	July	GBL	completed
	community barnet	1410	june	fst and deep roots	completed
	community barnet	1797	may	GBL	completed
	community barnet	4554	april	Martin school	completed
	bridgehouse -	4991	marc h	haringey	completed

	YOUNG BARNET FOUNDATION	8950.50	dec	Fairway	completing in Feb 2022
	YBF	2163.41	Oct-20	Space to grow 10	completed March 2020
		31937.91			
Other	Live Unlimited	1035	july		

**Total income 47,857.41**

There were other trusts that we were not successful in gaining from and as you can see most of our funding came from local sources. We were pleased that the largest single grant came from London Borough of Barnet Family Services & NHS North Central London Clinical Commissioning Group to support Mental Health Support Teams within the community. Diversifying our funding streams was aspired to last year, with more than 1/3rd of it being realised.

**FUTURE PLANS**

We still want to diversify our funding streams beyond one-year grants programmes. We have made new contacts and possible avenues for collaborative work in both Barnet and Haringey which we would like to develop. Janine has been working closely with a school and the John Lyons Trust to develop such programmes to establish themselves with staff and impact.

We are developing a relationship with Haringey Council to access core funding to work in the East of the borough in an adventure playground rather than woodland but using the same skills and Forest School Philosophy.

Janine undertook a train-the-trainer Wild Passport course develop outdoor learning skills rather than conventional Forest School which may open up more nature connection activities across the boroughs as it doesn't rely on being based in the woods.

We would like to develop and explore some of the ideas formulated by the Join the Dots gathering as a mean to develop sustainability in projects and programmes in the future.

**CHARITY TRUSTEES**

Natasha Walter (Treasurer),

Alison Stafford (Safeguarding Lead)

Simon Davies (Chair)

**CONTACT DETAILS**

Charity: wild about our woods. Email; waowcio@yahoo.com

Bank: Santander account: Wild about our woods CIO

Insurance: Axa Policy

SALSALIA/J178979/0332/20



## Receipts and payments account

For the period from	01.11.2020	To
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
<b>A1 Receipts</b>			
Forest School Training	14,885	-	-
various grants	-	32,972	-
refunds	116	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
<b>Sub total</b> (Gross income for AR)	15,001	32,972	-
<b>A2 Asset and investment sales, (see table).</b>			
	-	-	-
	-	-	-
<b>Sub total</b>	-	-	-
<b>Total receipts</b>	15,001	32,972	-
<b>A3 Payments</b>			
forest school training associates	7,506	-	-
grant associate expenses	-	19,555	-
grant running expenses	-	951	-
forest school training running costs	897	-	-
charity running costs	180	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
<b>Sub total</b>	8,583	20,506	-
<b>A4 Asset and investment purchases, (see table)</b>			
	-	-	-
	-	-	-
<b>Sub total</b>	-	-	-
<b>Total payments</b>	8,583	20,506	-
<b>Net of receipts/(payments)</b>	6,418	12,466	-
<b>A5 Transfers between funds</b>	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-

<b><i>Cash funds this year end</i></b>	<b>6,418</b>	<b>12,466</b>	<b>-</b>
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# Section B Statement of assets and liabilities at the end of



Categories	Details	Unrestricted funds to nearest £	
<b>B1 Cash funds</b>		-	
		-	
		-	
	<b>Total cash funds</b>	<b>-</b>	
	(agree balances with receipts and payments account(s))	Agreement Error	
		<b>Unrestricted funds to nearest £</b>	
<b>B2 Other monetary assets</b>	<b>Details</b>		-
			-
			-
			-
			-
			-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	



Signed by one or two trustees on behalf of all the trustees

Signature

Print N

Natasha Alison C

1173958

# Accounts

31.10.2021

## CC16a



### Total funds

### Last year

to the nearest £

to the nearest £

14,885	-
32,972	21,074
116	5,760
-	-
-	-
-	-
-	-
-	-
47,973	26,834

-	-
-	-
-	-

47,973	26,834
--------	--------

7,506	8,295
19,555	4,456
951	976
897	3,317
180	351
-	-
-	-
-	-
-	-
29,089	17,395

-	-
-	-
-	-

29,089	17,395
--------	--------

18,884	9,439
-	-
-	-

**18,884**

**9,439**

# the period

## Restricted funds

to nearest £

-
-
-
-

Agreement Error

## Restricted funds

to nearest £

-
-
-
-
-
-

## Cost (optional)

-
-
-
-
-

## Cost (optional)

-
-
-
-
-
-
-
-
-

## Amount due (optional)

-
-

## Endowment funds

to nearest £

-
-
-
-

OK

## Endowment funds

to nearest £

-
-
-
-
-
-

## Current value (optional)

-
-
-
-
-

## Current value (optional)

-
-
-
-
-
-
-
-
-

## When due (optional)


-	
-	
-	

name	Date of approval
Walter	27.4.22
Garvin	<b>27.4.22</b>



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

WILD ABOUT OUR WOODS CIO

On accounts for the year ended

2021

Charity no (if any)

1173958

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
• the accounts did not accord with the accounting records; or
• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

24/08/2022

Name:

MR OLIVER MORETON

Relevant professional qualification(s) or body

N/A

**WILD ABOUT OUR WOODS CIO**

England & Wales - Charity number 1173958

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# Accounts

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# WILD ABOUT OUR WOODS CIO

**Wild about our Woods CIO**

**Charity Number 1173958**

**Report of the trustees for the year ending 31 October 2020**

We have been set up as a Charity Incorporated Organisation

## **OUR AIMS**

To create more social opportunities for people to engage with, enjoy and enhance our local woods for mutual wellbeing.

## **OUR OBJECTIVES**

(a) to promote for the benefit of the inhabitants of the London Boroughs of Barnet and Haringey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, or for the public at large, in the interests of social welfare and with the object of improving the condition of life of the said inhabitants;

(b) to advance the education of the public in the use and conservation of natural resources, and in the role of woodlands in promoting emotional, social and physical wellbeing and cognitive development;

(c) to promote for the benefit of the public the conservation, protection and improvement of the physical and natural environment; in particular by encouraging and facilitating access to woodlands and by organising recreational, educational, therapeutic and social activities within woodlands.

## **REVIEW OF ACTIVITIES AND ACHIEVEMENTS**

In the last year we have worked with over 850 people across Barnet and Haringey to support their well being via nature connection activities. We have forged new contacts and worked in new areas. Learning from funded programmes has supported Janine to thrive by developing and diversify our work through the pandemic. Successful pilots from past years has allowed us to go for long term funding this year resulting in new and exciting work for the year ahead.

Following the recommendations of the Board to continue in the development of delivering Forest School training has given WAOW an important trading stream of money and also new trained up staff to support the further delivery of programmes in years to come. We are proud to have been able to subsidise training for individuals to develop their skills, 50% of which are from the BAME community where representation of trained Forest School staff is low.

## **Programmes Undertaken**

### **Forest School Training**

With the development time from a grant last year Janine set up Wild about our woods as a training centre to deliver level 2 (Forest School Assistant Award) and Level 3 (Forest School Leader Certificate) qualifications. This was seen a useful development tool for the charity as a form of raising funds and develop capacity on other local people to deliver Forest School and reach our objectives above. A total of **£10,760** was raised through this new trading arm of the charity.

WAOW were successful in getting a grant from Haringey Education Partnership to deliver the first round of training. 8 people started the programme in October 2019 and completed the face-to-face training in January 2020. Three of the delivery days took place in the financial year and all payments from HEP were received in this time too. The students were supported in the next stages of their learning in completing their portfolios. Some of the money received from the programme was used to develop the level 3 programme and also supported one of the trainees move onto the Level 3 course. Most of the money was spent on delivery and ongoing support, assessing and associated costs to the training.

In September 2020 we ran a new course which would fund the charity's work. It was a combination of level 2 and 3 trainees. Two had subsidized places, one then upgraded to the Level 3 course and another trainee from a previous programme joined the programme. 5 of the 9 delivery days took place in this time period. Because of Covid 19 restrictions most of these trainees are still working on completing their portfolios.

### **School of Social Entrepreneurs**

Janine was successful in gaining a place on the School of Social Entrepreneurs Trade Up Programme. The Lloyds Bank Social Entrepreneurs Trade Up Programme is for those who have already established a social enterprise, and plan to increase their income and impact in the year ahead. They incentivised us to become more sustainable by developing our income from trading, supported by a Match Trading grant. We received the full £4,000 as we were able to demonstrate that we were able to gain traded income to that value but it turned out to be really important programme to support Janine through Covid 19 lockdown to continue in her development work.

The programme supported her to develop a practical project for the duration of the programme and beyond. She participated in 10 Learning Days, many of them virtually and 4 facilitated, and 1 self-facilitated, Action Learning Set (ALS) meetings. The network of delivery of the programme supported her to continue to develop the work of the charity even when we were not able to do face to face work. The money raised was used to further develop the training arm of our income generations and time spent writing funding bids. With some money left over to develop the training assessment area further. Once a whole cohort of training has successfully been completed there are plans to use the remaining money to become an Forest School

Association Endorsed Trainer. For a cost of £400 it will carry the prestige which will bring more interest to our training offer.

### **National Lottery Community Fund**

We were successful in our application to National Lottery Community Fund Covid Response Fund and was award **£9,235** to deliver two remote programmes. To reduce the feeling of isolation that the lockdown was affecting both older people and children in low income families we repurposed two successful activities created elsewhere but offered to us to use through successful networking during lockdown. The programme were as follows:

1. To address health, mental health and wellbeing 'The Great British Bug Hunt' supported 500 people over 65 who are self-isolating due to the pandemic. Providing them with purposeful and communicative activities based around nature to help them pass the time, we enabled them to feel valued, give them a sense of purpose and deliver social interaction to reduce feelings of loneliness and long term mental health issues. Each person received two large pollinator plants to plant in their garden, one to attract bees and the other to attract butterflies. These were accompanied by a beautifully illustrated A4 32 page nature booklet. The packages were distributed equally in both Barent and Haringey via community groups and sheltered housing programmes. The feedback from those giving out the plant packages was really positive. It also helped us to establish our organisation with older people's support agencies as we have to date focused on children, young people and families.
2. For 300 children aged 7-11 on free school meals we created a weekly family pack for 6 weeks with seasonal based ideas of nature connection games and activities which they could do in any indoor or outdoor space. The nature craft packs was mainly distributed via foodbanks providing on connecting with themselves and community through nature. Materials for craft activities were included and again those offering them out said take up was high.

### **Programme endings**

The work with Totteridge Academy was delivered until the end of March. This was all within the funding agreement from the Young Barnet Foundation. But when Covid 19 closed the school the programme which would have been funded by Grow to continue to the end of the year did not take place.

2 volunteers at Grow did however sign up to be trained up as Forest School Leaders in the September 2020 training.

We had a student from UCL's Arts, Nature and Wellbeing module evaluate part of the programme at the Totteridge academy. The module 'Non-clinical Interventions in Health', is a module currently being taught at University College London. The aims of this course is to challenge students to identify and critically assess connections between health, wellbeing and current cultural activities/interventions. A student was assigned to the Forest School project, with a focus in particular to do an impact

evaluation of this project. The final report offered us some really good evidence of how the programme was impacting on participants. It also offered us a literature review in the area of working with secondary students as well as introducing some useful methodology to gather impact information. The final report was well received from the funder too

### **Programmes deferred**

The following two programmes were deferred because of Covid 19.

Barnet Wellbeing Community Chest agreed to award your organisation the sum of **£1770.00**. in partnership with JOY (joining old and Young) to run Our deep shoots, new roots 2 pilot programmes bringing children or young people and older adults together with the aim of improving intergenerational relationships. It will provide a variety of explorative play, walking trails, music and nature discovery sessions for adult of grandparent age, parents and under 5s to enjoy together. This has never been undertaken in Barnet and we are excited to be able to pilot it. It was due to start in April but unfortunately it was put on hold once the rise of Corona made it obvious this would not be a safe thing to do. We plan to carry this over to Spring 2021. The money hasn't been accessed as yet.

In October 2019 we were told that we had been chosen to benefit from the Co-op Local Community Fund. The funding round opened on **27 October 2019** and close on **24 October 2020 and was based on local supports choosing to support our cause through their membership and shopping**. We were given £1062 in this time period (from a total of **£3,225.54**, the rest given in November 2020). We had planned to launch the work in April 2020 after the initial funding was deposited in our bank but this had to be put on hold because of the pandemic. We have been trying to negotiate with the local authority about booking space in the woods as our insurance is invalid without it but have not been successful in sorting this out yet. We have sought the support of the Young Barnet Foundation to help us in the quest.

At the end of October we gained **£500** from Magic Little Stars via Local Giving. This will contribute to the Coop programme above when it starts up

### **New programmes for next year:**

#### **Hammerson and the Brent Cross Community Support Scheme,**

We were successful in gaining **£2000** to provide support services to people affected by domestic violence and abuse in a woodland setting. This will be led by another Forest School Leader with experience of working with survivors of abuse. With an emphasis on eco-therapy and well being we will deliver nature based outdoor activities, learning traditional skills, and experiencing Barnet's green spaces in a safe setting. We aim to improve self confidence and change dynamics to a group of 6-10

individuals (including their children). Often physical outdoor space is needed to create a micro transformation within oneself, and an opportunity to view oneself and others in a different and capable light. We will help those affected by domestic violence, either individuals or families – we are open to both. Possibly those from an existing project or a single Refuge. Activities will be for a whole (3 hour) morning once a week, for a period of 6 weeks. We will have one Forest School Leader (with experience in working for Women’s Aid) staff member and one volunteer for this project. This is an exciting pilot as it will be the first set up and led by an associate other than Janine. The programme roll out will be from march 2021. The remainder of the money £500 will be given upon completion of the report.

## Funding obtained

community Barnet	£1,500.00
LOCALGIVING LTD,	£500.00
School of social entrepreneurs	£3,250.00
HEP	£5,000.00
Jackson's lane	£240.00
Big Lottery	£9,235.00
Young Barnet Foundation	£287.00
coop	£1,062.13
Forest School Training	
Norfolk House	£1,485.00
Eldon school	£1,700.00
Charlotte	£450.00
Coppetts Wood	£425.00
Grow	£1,700.00
<b>Total income for 2019/20</b>	<b>£26,834.13</b>

There were other trusts that we were not successful in gaining from but we also developed a good relationship from 2 fundraising specialists who helped us sourced and copy read funding bids

## FUTURE PLANS

We will be commencing a few new programmes carried over from last year and one that was successfully funded to this year. We have put in a few more funding bids which we await to hear from.

We will continue to develop our Forest School training delivery and work towards assessing and supporting the qualification of new Forest School Leaders. We want

to apply to become an endorsed Forest School Training provider with the FSA. We want to continue to identify and support local individuals from BAME communities and lower incomes to pursue Forest School training by offering bursaries and mentoring.

We want to diversify our funding streams beyond one-year grants programmes. We have made new contacts and possible avenues for collaborative work in both Barnet and Haringey which we would like to develop. By making time work through the funding streams that are available for marginalised children and young people and green programmes to establish a 3-year funding pot (such as the National Lottery Community Fund or the John Lyons Trust) to develop such programmes to establish themselves with staff and impact. By piloting public fund-raising campaigns via the Big Give as a means of diversifying our funding streams in the future.

Continuing on last years objectives we want to widen our geographical reach. West Barnet has some of the most deprived pockets in London, as well as Graham Park Estate and Dollis Valley so would like to base new projects in and around these areas. Similar in Haringey working in the East side of the borough is very appealing to reach our charity objectives. All have access to green and wooded spaces. We'd like to reduce well being inequalities and creating stronger, healthier communities in the wider community in the east part of Haringey too which also suffers from deprivation in comparison with its more affluent west side. Working in such areas will support our aspirations to secure funding from both Barnet and Haringey Clinical Commissioning Groups (CCGs)

## **OUR FINANCES**

We successful obtained £26,834 from November 2019 to end of October 2020 (this was only £5,943 in the previous year). Of this money £12,500 remained in the account and has been allocated to current programmes running after 31<sup>st</sup> October 2020. The Full end of year accounts can be accessed as well.

## **CHARITY TRUSTEES**

Natasha Walter (Treasurer),

Sonya Karafistan (Chair),

Alison Stafford (Safeguarding Lead)

Simon Davies

## **CONTACT DETAILS**

Charity: wild about our woods. Email; waowcio@yahoo.com

Bank: Santander account: Wild about our woods CIO

Insurance: Axa Policy                      SALSALIA/J178979/0332/20



<b>Charity Commission Accounts November 2019 - 31st October 2020</b>						
	<b>Name:</b> WAOW CIO	<b>Project name:</b> overall budget	<b>Date completed:</b> 31.10.20			
<b>Finance Report</b>						
<b>Budget Heading 1:</b>	<b>e.g. project costs/equipment</b>	<b>Budget Heading 2</b>	<b>e.g Running costs</b>	<b>Income</b>	<b>from grants and trading</b>	
<b>Actual Spend to date</b>				<b>from 1.11.19</b>		
		Upshot evaluation system	£240.00	community Barnet	£1,500.00	
Big Lottery community fund	£4,007.95	Website domain	£30.00	LOCALGIVING LTD,	£500.00	
Forest School training	£3,322.17	Website hosting	£150.00	School of social entrepreneurs	£3,250.00	
		Insurance	£351.00	HEP	£5,000.00	
Grow	£78.96			Jackson's lane	£240.00	
		staffing costs of delivery of programmes	£13,498.40	Big Lottery	£9,235.00	
total cost	£7,409.08	total running costs	£14,269.40	Young Barnet Foundation	£287.00	
				coop	£1,062.13	
				Forest School Training		
				Norfolk House	£1,485.00	
				Eldon school	£1,700.00	
				Charlotte	£450.00	
				Coppetts Wood	£425.00	
				Grow	£1,700.00	
						<b>TOTAL spend to date</b>
						<b>£21,678.48</b>
						<b>Actual TOTAL remaining in bank</b>
			<b>Total income for 2019/20</b>	<b>£26,834.13</b>	by these figures	<b>£11,750.39</b>
			<b>Money in account at year start</b>	<b>£6,594.74</b>		
			<b>total</b>	<b>£33,428.87</b>		

**B5 Liabilities**

Details

none

Fund to which liability relates

Amount due (optional)

-



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Wild about our woods CIO

On accounts for the year  
ended

2020

Charity no  
(if any)

1173958

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/10/2020.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

GKOL

Date:

24-08-21

Name:

GOPA KHOSLA

Relevant professional  
qualification(s) or body  
(if any):

Address:

29 LONG GROVE CLOSE,  
BROXBORNE, HERTS EN10 7NP