

**Charity number 1173832**

**Hope and Soul**  
**Financial Statements**  
**for the year ended 31 December 2024**

**Charity Information**

Charity Name:	Hope and Soul
Charity registration number:	1173832
Address:	38 Keats Close Waterlooville Hampshire PO8 8LA
Bankers:	Lloyds Bank 272 London Road Waterlooville Portsmouth PO7 7HN

**Trustees**

Hope Prosser (resigned 12 May 2025) Caroline Prosser Ian Barter Mark Gidney (appointed 19 May 2024) Dawn Trimby (appointed 12 May 2025) Richard Dickin (appointed 12 May 2025)	Graham Prosser (resigned 12 May 2025) Amy Bowles Jacqueline Barter Susan Gidney (appointed 19 May 2024) Philippa Dickin (appointed 12 May 2025)
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The trustees are pleased to present their report and the financial statements of the charity for the year ended 31 December 2024.

## The Trustees Report for the year ended 31 December 2024

The Trustees present their report and accounts for the year ended 31 December 2024.

### Status

Hope and Soul is a Charitable Incorporated Organisation (CIO) and is a registered Charity (number 1173832).

### Constitution and Objectives

The objectives of the CIO are:

- For the public benefit, the relief and assistance of orphaned children aged up to 18 years old living in Tanzania, by the provision of a safe housing facility.
- To advance the education and support the wellbeing of children in Tanzania by providing and assisting in the provision of appropriate facilities. Specifically street connected children who lack access to public school services due primarily to poverty.
- The prevention or relief of poverty in Tanzania for "at risk" single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

### Activities

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

Our mission at Hope and Soul is to alleviate poverty by creating sustainable solutions that foster self-sufficiency and improve the quality of life for children and single mothers living in poverty.

We are dedicated to supporting physical, mental, emotional, and spiritual needs.

Our aim is to improve access to education, and to support disadvantaged families in meeting their basic needs.

We believe that every child has the right to a quality education and that by investing in their futures, we can create a brighter and more equitable world.

We provide a child sponsorship programme that offers comprehensive support. This support may include school fees, providing school uniforms, ensuring access to food, facilitating transportation, supplying clothes and shoes, school bags and books, taking care of healthcare costs, and providing counselling. Additionally, we organise social outings for the children.

We deliver a diverse range of support to "at risk" single mothers. This support may include assisting with rent payments, providing a weekly food allowance, covering healthcare expenses, supporting college fees, offering training opportunities, providing funding for business start-ups, and offering counselling services.



**Achievements and Developments**

## 2024 Impact Summary

In 2024, Hope and Soul Tanzania:

- Funded education for 101 children and young people — from daycare to university — who had no other way to access learning.
- Launched a free daycare centre for **15** vulnerable children, creating five local jobs.
- Supported every child at Christian Women Orphanage Care with education, essentials, and joyful celebrations.
- Helped two young people transition off the streets into stable education and safe housing.
- Enabled six mothers to work towards financial independence through small business training and start-up funding.
- Built a permanent home for a single mother and her five children, reducing the family's vulnerability and need for ongoing rental support.

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**Achievement #1 – Transforming Futures Through Education and Early Childhood Care**

In 2024, Hope and Soul Tanzania ensured 101 children and young people could pursue their education — children who otherwise would have had no path to school or higher learning.

- 78 children attended primary school with all fees, uniforms, resources, and boarding supplies provided. Most were placed in English-medium schools to maximise their chances of progressing through ordinary level and beyond.
- 23 young people were supported through ordinary level, advanced level, and university studies, receiving everything they needed to succeed.
- Every beneficiary was carefully assessed to confirm they had no other means to access education, making our continued support truly life-changing.

In August, we launched a free daycare centre in Sakina, Matejoo, Kwa Giriki, serving 15 children aged 1–5 from the most vulnerable local families. This safe, nurturing space enables parents — especially single parents — to work and provide for their families, knowing their children are cared for. The daycare has also created five local jobs, further strengthening the community.

We were proud to receive three places for “fit person” training from Arusha City Social Welfare. Four trained carers now provide dedicated foster care for children unable to live with their families — ensuring safety, love, and stability for our most vulnerable cases.

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**Achievement #2 – Caring for Children at Christian Women Orphanage Care**

Throughout 2024, we stood alongside every child living at Christian Women Orphanage Care in Uswalini, Arusha:

- Provided uniforms, shoes, school bags, books, and stationery.

- Covered key school costs — including food, remedial lessons, exam fees, and specialist teaching contributions.
- Funded private tuition during school breaks to help children keep up and thrive.

Beyond academics, the children enjoyed the companionship of international volunteers, developing social and emotional skills through play and teamwork. Volunteers also brought clothing, shoes, games, and learning resources.

At Christmas, thanks to sponsorship, each child received new clothes and shoes, festive meals, decorations, games, and gifts — a celebration filled with joy and dignity.

Two young people graduated from secondary school this year and transitioned from the orphanage with our ongoing commitment to guide them into higher education and independent living. Recognising the growing emotional needs of older residents, we plan to introduce counselling services in 2025.

### Achievement #3 – Changing the Story for Young People in Further Education

Among the 23 young people we supported in higher education were two who had once lived full-time on the streets of Arusha. With consistent care, safe housing during school breaks, nutritious meals, clothing, counselling, and extracurricular opportunities, both are now thriving students — successfully completing Form Three in 2024.

Our team also works to rebuild family connections, laying the groundwork for long-term re-integration and stability.

### Achievement #4 – Building Self-Reliance and Sustainable Futures

In 2024, we focused on reducing long-term dependence on NGO support by helping beneficiaries build their own livelihoods.

With donor funding, we launched a small business project for six mothers currently supported by Hope and Soul Tanzania. Beginning in August, participants completed six weeks of business training with a local consulting firm, developing tailored business plans. By December, four had successfully launched enterprises — including a stationery shop, convenience store, grain shop, and second-hand clothing business — and will begin gradual reductions in charity support from January 2025.

We also completed construction of a permanent home for a single mother with five children. This safe, adequate housing not only transformed the family's living conditions but also eliminated the need for ongoing rent payments, reducing financial dependency on the NGO.

### Review of Financial Activities

The Statement of Financial Activities shows that the income has increased since last year, which has enabled the charity to increase both the expenditure on its activities and the funds available for future expenditure.

### Statement of the Trustees' Responsibilities

The Trustees are required under the constitution of the charity to prepare financial statements for each financial year of the charity and of its results for that period.

The Trustees are responsible for keeping proper accounting records, which disclose with



reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Risk Management statement**

The trustees have identified and assessed the major risks to which the charity is exposed and have established systems and procedures to mitigate those risks and manage them effectively on an ongoing basis.

**Reserves Policy**

Our policy is to maintain a reserve of £12k-£15k to cover 3 months expenditure on staff salaries, school fees and expenses.

**Accounting Policies**

The accounting policies are detailed in the notes to the accounts.

**Trustees known as The Board**

Those who have served or are currently serving as members of the Board are shown in the Charity Information page.

Date signed as authorised by the Trustees

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**Independent Examiner's Report on the Accounts**

Report to the trustees of Hope and Soul on the accounts for the year ended 31 December 2024 set out on pages 7 to 11.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

**Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

18/09/2025

Name:

Peter Evans

Relevant professional qualification(s) or body (if any):

MAAT

Address:

The Quadrant Centre

Limes Road

Weybridge

Surrey, KT13 8DH

**Statement of Financial Activities**

	Unrestricted Funds	Restricted Funds	Total Funds 2024
<b>Income</b>			
<i>Income from charitable activities:</i>			
Donations	87,599	32,976	120,575
Gift Aid received	11,517	-	11,517
Fundraising	1,387	-	1,387
	<u>100,503</u>	<u>32,976</u>	<u>133,479</u>
<i>Investment income:</i>			
Interest received	5	-	5
<b>Total income</b>	<u><b>100,508</b></u>	<u><b>32,976</b></u>	<u><b>133,484</b></u>
<b>Expenditure</b>			
<i>Charitable expenditure:</i>			
Family support	42,228	6,686	48,914
Street children	9,777	1,548	11,325
Orphanage	1,440	228	1,668
Housebuild	-	2,009	2,009
Daycare	-	11,199	11,199
Microfinance	3,214	509	3,723
Other charitable expenses	7,889	4,972	12,861
	<u>64,548</u>	<u>27,151</u>	<u>91,699</u>
Decrease in loan from trustee	18,030	-	18,030
Administrative expenses	4,796	-	4,796
Governance costs	1,140	-	1,140
<b>Total Expenditure</b>	<u><b>88,514</b></u>	<u><b>27,151</b></u>	<u><b>115,665</b></u>
<b>Net movement in funds for the year</b>	11,994	5,825	17,819
<b>Funds b/fwd</b>	5,161	16,490	21,651
Transfer	-	-	-
<b>Funds c/fwd</b>	<u><b>17,155</b></u>	<u><b>22,315</b></u>	<u><b>39,470</b></u>

All activities of the charity are classified as continuing.

Signed as authorised by the Trustees

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Date .....

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Date .....



## Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2023
<b>Income</b>			
<i>Income from charitable activities:</i>			
Donations	73,071	41,881	114,952
Gift Aid received	15,063	-	15,063
	<u>88,134</u>	<u>41,881</u>	<u>130,015</u>
<i>Investment income:</i>			
Interest received	5	-	5
<b>Total income</b>	<u><b>88,139</b></u>	<u><b>41,881</b></u>	<u><b>130,020</b></u>
<b>Expenditure</b>			
<i>Charitable expenditure:</i>			
Family support	58,666	9,080	67,746
Street children	5,548	-	5,548
Orphanage	4,859	3,316	8,175
Housebuild	-	12,995	12,995
Other charitable expenses	15,349	-	15,349
	<u>84,422</u>	<u>25,391</u>	<u>109,813</u>
Decrease in loan from trustee	11,776	-	11,776
Administrative expenses	4,568	-	4,568
Governance costs	1,080	-	1,080
<b>Total Expenditure</b>	<u><b>101,846</b></u>	<u><b>25,391</b></u>	<u><b>127,237</b></u>
<b>Net movement in funds for the year</b>	(13,707)	16,490	2,783
<b>Funds b/fwd</b>	18,868	-	18,868
Transfer	-	-	-
<b>Funds c/fwd</b>	<u><b>5,161</b></u>	<u><b>16,490</b></u>	<u><b>21,651</b></u>

**Statement of Assets and Liabilities  
as at 31 December 2024**

	Notes	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	TOTAL 2023
<b>Cash funds</b>					
Current accounts		17,155	22,315	39,470	21,651
<b>Total cash funds</b>		<u>17,155</u>	<u>22,315</u>	<u>39,470</u>	<u>21,651</u>
<b>Other monetary assets</b>					
Gift aid claim y.e. 31.12.2023		-	-	-	6,238
Gift aid claim y.e. 31.12.2024			-		-
		<u>-</u>	<u>-</u>	<u>-</u>	<u>6,238</u>
<b>Liabilities</b>					
Loan from trustee		-	-	-	(317)
<b>Total liabilities</b>		<u>-</u>	<u>-</u>	<u>-</u>	<u>(317)</u>

Signed as authorised by the Trustees

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Date .....

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Date .....

**Notes on the accounts****1 Accounting Policies**

The principal accounting policies adopted in the preparation of the financial statements are as follows:

**Basis of preparation**

As a charity registered in England and Wales that is not a company and with gross income of less than £250,000, Hope and Soul is allowed under section 133 of the Charities Act 2011 ('the Charities Act') to prepare receipts and payments accounts.

The financial statements have been prepared on that basis.

**Preparation of the accounts on a going concern basis**

It is assumed that the charity as a going concern, it has sufficient available resources (financial, volunteers and support) to continue the operations that it carries out at present and those that are planned for the foreseeable future.

**Income**

Income is recognised when the charity receives the funds and any performance conditions attached to the item of income have been met.

**Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

**Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity. At present, all the funds of the charity are included in this category.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work.

**Expenditure and irrecoverable VAT**

Expenditure is recognised once payment has been made.

The trustees have reassessed the disclosure of the expenses in the Statement of Financial Activity and as such the expense headings used have changed from the previous period in order to better reflect the operations of the charity. The comparative figures have not been reanalysed as to do so is considered not to be cost efficient.

The charity is not registered for VAT and irrecoverable VAT on expenditure is charged as a cost against the activity for which that expenditure was incurred.

No trustees received any remuneration in the year, nor were any expenses paid by the charity to members of the Board in respect of their duties as trustees of the charity.

**Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs and governance costs which support the charity's activities.



**Cash at bank and in hand**

Cash at bank and cash in hand includes all bank accounts (including the PayPal account) and cash on hand.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

**Foreign currency**

Transactions in currencies other than the functional currency of the charity are recorded at the rates of exchange prevailing on the dates of the transactions. At each balance sheet date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at closing exchange rates.

Gains and losses arising on the retranslation of monetary assets and liabilities are included in the statement of financial activities.

**2 Legal status of the charity**

The charity is an independent charity, registered at the Charity Commission under Charity Number 1173832. The registered contact is Ms Hope Prosser.

**3 Staff expenses**

No trustees received any remuneration or benefits in the period.

**4 Related party transactions**

There are no related party transactions to be reported.