



Section A

Independent Examiner's Report

Report to the trustees/  
members of

HOPE AND SOUL

On accounts for the year  
ended

31 DECEMBER 2020

Charity no  
(if any)

1173832

Set out on pages

1-10

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2020.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

05/01/22

Name:

Dominic Currie

Relevant professional  
qualification(s) or body  
(if any):

Member of the Association of Certified Chartered Accountants

Address:

12 Firs Avenue

Waterlooville, Hampshire

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**



## Trustees' Annual Report for the period

	Period start date			Period end date		
	1st	January	2020	31st	December	2020
<b>From</b>				<b>To</b>		

### Section A Reference and administration details

Charity name

Hope and Soul

Other names charity is known by

Registered charity number (if any)

1173832

Charity's principal address

38 Keats Close

Waterlooville

Hampshire

Postcode

PO88LA

### Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Hope Prosser			
2 Noel Mooney			
3 Caroline Prosser			
4 Graham Prosser			
5 Jodie Meakin			
6 Charlotte Gibson			
7 Amy Bowles			

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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

## Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO foundation model constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

## Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The objects of the CIO are,

For the public benefit, the relief and assistance of orphaned children aged 0-18 years living in Tanzania by the provision of a safe housing facility.

To advance the education and support the wellbeing of the children in Tanzania by providing and assisting in the provision of facilities for education and wellbeing of the children. Specifically street- connected children who lack access to public school services due primarily to poverty.

The prevention or relief of poverty in Tanzania for at risk single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

With respect to events in early 2020 the following main activities have also been planned and undertaken with respect to Coronavirus (COVID-19) guidance for the charity sector 2020 guidance. This guidance has supported our choice to host remote trustee meetings and plan measures in financial resilience should it be needed.

Sponsorship programme providing support and relief to children within Women's Christian Orphanage a Tanzanian orphanage facility reliant on donations without government support. Aiding the children aged 0-18 years with educational costs including school meals, examination fees, uniform, footwear and stationary. To promote positive wellbeing through celebration of life events, educational play, field trips, learning new skills and interaction with sponsors.

Giving single parent families or single working parent families with full school scholarship for children starting primary and or secondary education. Preferably English medium schools that will provide high quality education that will ultimately provide the child with skills for higher education and good employment opportunities. Additionally the opportunity to provide small business start up funds to provide further economical stability to families.

Providing safe housing and guardianship of street children who no longer live with family or caregivers, providing for basic needs and counselling support. Reintegration back into education and providing an opportunity away from life on the street.

Giving clothing and food to people in poverty: Providing clothing gifts to street-associated children and young people.

Rehabilitation for people who have drug and alcohol addictions: Through residential rehabilitation programmes provide relief to children and young people with substance misuse addictions to safely overcome addiction and provide relief to others in society.

Promoting family reunification and the importance of children remaining in family units when possible. To reunite children with parents where possible and support the family unit.

**Additional details of objectives and activities (Optional information)**



You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Hope and Soul trustees have continued to make improvements to record keeping, end use of funds, account documentation and child protection policies. The use of an online account database continues to provide further accuracy and accountability to record keeping. Introduction of a formatted incident reporting system.

During 2020 Hope and Soul hosted two volunteers pre-pandemic and one volunteer in October after travel restrictions were lifted. Due to the corona virus pandemic the trustees decided it was unsafe to consider accepting any further Tanzania based volunteer enquiries based on the uncertainty of travel and the pandemic.

Volunteers have contributed to a variety of aspects of Hope and Soul projects based on our objectives. Provided gifts such as clothing, shoes and educational toys. The volunteers have actively participated in the education of our children and support of learning, positive wellbeing and good relationships.

## Section D

## Achievements and performance



**Summary of the main achievements of the charity during the year**

Growing recognition of Hope and Soul within the UK and other parts of the world, more international sponsorship secured. Social Media presence specifically Web-site traffic and Instagram followers have organically grown.

Five of the children rescued from the street and returned to primary school in 2019 continued their studies and successfully passed the first level exam (standard four) and consequently qualified to bypass two school years to start the final primary school year (standard seven) in 2021. Visits to the family members of these children planned and supported throughout the year to help preserve and build relationships and communication.

Two further children rescued from the street in 2019 continued in full time rehabilitation. The total number receiving recovery sponsorship under Hope and Soul in 2020 was four with a plan for two to transition from the programs support in 2021.

Six young adults aged 18+ given individual support, two through recovery sponsorship as mentioned above and four with higher education, small business and employment support. One completed college education, one was given a small 'kibanda' to use as a local shop - a profitable small business, one was given volunteering opportunities within Hope and Soul and one finished a recognised qualification in Tourism.

One at risk child transitioned from unsafe home environment into full time foster support with the help of local services. Relationships with local services and local leaders improved and recognition of Hope and Soul contributions within the Arusha community.

Medical care subsidised for one mother after sustaining a life changing injury from a motorcycle accident. Family given full support and a carer employed to assist in the home. Medical support provided for multiple charity recipients and additional community members including but not limited to a broken thumb, broken arm, infected leg ulcer and screening and health checks.

A very successful COVID fundraising campaign launched through social media to support with food supplies, hand soap, hand washing stations and face masks. Over thirty families benefited from the additional fundraising and at the end of 2020 all charity recipients remained healthy with no confirmed COVID cases.

Labour ward outreach to a small local hospital in Arusha city. A generous donor supplied the funds for a brand new doppler machine that would provide life saving support on the ward, monitoring for fetal heart distress. Over twenty mothers also gifted with individual support bags containing clothing, hygiene supplies, food and a cuddly toy which provided such joy to the new mothers.

Continuing with and establishing new sponsorship for families in need. Assistance with rent, food, clothing, medical care and education given to the children and their care givers. Each family assessed on an individual basis and support set up accordingly. Very impactful weekly 'family shop' that gives a necessary support for food but in a way the charity can monitor and ensure end use of funds compared to monthly monetary gifts.

Donations of clothing and shoes given to street children from funds raised in the Christmas 2019 voucher campaign. The Christmas voucher campaign additionally provided valuable support for family food shops, medical care and small business start ups.

Women's Christian Orphanage had multiple educational trips including swimming and a safari. Christmas 2020 more renovation work completed including new ceiling boards in the main communal area and a complete new paintwork and seating area. Children thoroughly enjoyed Christmas Day and continue to thrive with Hope and Soul support. Two children transitioned out of the orphanage after reaching 18 years of age and safely set out into higher education.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The trustees do not have a reserves policy

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)** *H. Prosser*



**Full name(s)** Miss Hope Prosser

Mr. NOEL MOONEY

**Position (eg Secretary,  
Chair, etc)**

TRUSTEE

CHAIR

**Date**

05/01/22



Receipts and payments accounts

CC16a

For the period from	01-Jan-20	To	31-Dec-20
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Section A Receipts and payments


	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	27,627	16,954	-	44,581	29,087
Fundraising events	2,119	-	-	2,119	3,840
Other revenue	266	-	-	266	1,119
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>30,012</b>	<b>16,954</b>	<b>-</b>	<b>46,966</b>	<b>34,046</b>
<b>A2 Asset and investment sales, (see table).</b>					
Loan from Trustee	12,431	-	-	12,431	1,510
	-	-	-	-	-
<b>Sub total</b>	<b>12,431</b>	<b>-</b>	<b>-</b>	<b>12,431</b>	<b>1,510</b>
<b>Total receipts</b>	<b>42,443</b>	<b>16,954</b>	<b>-</b>	<b>59,397</b>	<b>35,556</b>
<b>A3 Payments</b>					
Food	4,822	2,328	-	7,150	6,883
Rehab	959	285	-	1,244	3,378
Wages	-	-	-	-	623
Petrol/gas	-	-	-	-	511
Medicine	1,102	500	-	1,602	2,212
Sundry	1,611	-	-	1,611	1,485
Rent	3,020	-	-	3,020	2,210
School fees	3	1,050	-	1,053	2,926
Transport	1,965	-	-	1,965	2,294
Charges	1,212	-	-	1,212	1,195
Family support	1,934	2,338	-	4,272	2,980
Home set up	243	811	-	1,054	2,918
Fundraising	104	-	-	104	1,436
Website costs	304	-	-	304	504
Orphanage	892	3,080	-	3,972	2,200
Clothing	496	585	-	1,081	1,873
Daycare	-	288	-	288	236
Business support	681	454	-	1,135	709
Subscriptions	259	-	-	259	43
Sanawari boys	683	2,252	-	2,935	-
Youth support	2,916	-	-	2,916	-
Christmas	329	1,531	-	1,860	-
COVID-19	-	456	-	456	-
Leadership sponsor	428	-	-	428	-
Repayment of loan to Trustee	1,510	-	-	1,510	-
	-	-	-	-	-
<b>Sub total</b>	<b>25,473</b>	<b>15,958</b>	<b>-</b>	<b>41,431</b>	<b>36,616</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>25,473</b>	<b>15,958</b>	<b>-</b>	<b>41,431</b>	<b>36,616</b>
<b>Net of receipts/(payments)</b>	<b>16,970</b>	<b>996</b>	<b>-</b>	<b>17,966</b>	<b>1,061</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>3,173</b>	<b>1,687</b>	<b>-</b>	<b>4,860</b>	<b>5,921</b>
<b>CCXX R1 accounts (SS) Cash funds this year end</b>	<b>20,143</b>	<b>1 2,683</b>	<b>-</b>	<b>22,826</b>	<b>05/01/2022 4,860</b>



Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current account	20,143	2,683	-
		-	-	-
	<b>Total cash funds</b>	20,143	2,683	-
	payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
	Gift aid claim to period end 31/12/19	5,117	-	-
	Gift aid claim to period end 31/12/20	2,866	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loan from Trustee	Unrestricted	12,431	
	Other creditors	Unrestricted	139	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Noel Michael James Mooney	05/01/22