

HOPE AND SOUL

England & Wales · Charity number 1173832

Details

Status Registered

Legal form CIO

Registered 2017-07-14

Register [View on the Charity Commission register](#)

Contact

Address 38 Keats Close
Waterlooville
PO8 8LA

Phone 07972211122

Email hopeandsoultanzania@gmail.com

Website <https://hopeandsoul.org.uk/about-us/>

Activities

Objects: TO ADVANCE THE EDUCATION AND SUPPORT THE WELLBEING OF THE CHILDREN AT WOMENÆS CHRISTIAN ORPHANAGE BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES [NOT REQUIRED TO BE PROVIDED BY THE LOCAL AUTHORITY] FOR EDUCATION AND WELLBEING OF THE CHILDREN.FOR THE PUBLIC BENEFIT TO PROMOTE THE EDUCATION (INCLUDING SOCIAL AND PHYSICAL TRAINING) OF PEOPLE [UNDER THE AGE OF 25 YEARS] IN TANZANIA IN SUCH WAYS AS THE CHARITY TRUSTEES THINK FIT, INCLUDING BY:- AWARDING TO SUCH PERSONS SCHOLARSHIPS, MAINTENANCE ALLOWANCES OR GRANTS TENABLE AT ANY UNIVERSITY, COLLEGE OR INSTITUTION OF HIGHER OR FURTHER EDUCATION.PROVIDING THEIR EDUCATION, TO UNDERTAKE TRAVEL IN FURTHERANCE OF THAT EDUCATION OR TO PREPARE FOR ENTRY TO ANY OCCUPATION, TRADE OR PROFESSION ON LEAVING ANY EDUCATIONAL ESTABLISHMENT.THE PREVENTION OR RELIEF OF POVERTY IN TANZANIA BY PROVIDING: HOUSING, GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF REHABILITATION OR MEDICAL FACILITIES.

Activities: PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES FOR EDUCATION AND WELLBEING OF THE CHILDREN.FOR THE PUBLIC BENEFIT TO PROMOTE THE EDUCATION OF PEOPLE IN TANZANIA IN SUCH WAYS AS THE CHARITY TRUSTEES THINK FIT, INCLUDING BY:-AWARDING SCHOLARSHIPS, MAINTENANCE ALLOWANCES OR GRANTS.THE PREVENTION OR

Classification

- **How:** Makes Grants To Individuals, Provides Buildings/facilities/open Space, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Accommodation/housing
- **Who:** Children/young People

Geography

- Tanzania

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£133,484	£115,665	-	-
2023-12-31	£130,020	£127,237	-	-
2022-12-31	£104,257	£101,100	-	-
2021-12-31	£73,292	£80,408	-	-
2020-12-31	£46,966	£41,431	-	-

Trustees

Name	Role	Appointed
Amy Bowles		2019-01-12
CAROLINE PROSSER		2017-07-14
DAWN TRIMBY		2025-05-12
Ian Barter		2022-05-03
Jacqueline Barter		2022-05-03
Mark Gidney		2024-05-13
Philippa Dickin		2025-05-12
Richard Dickin		2025-05-12
Susan Gidney		2024-05-13

HOPE AND SOUL

England & Wales - Charity number 1173832

Accounts

Charity number 1173832

Hope and Soul
Financial Statements
for the year ended 31 December 2024

Charity Information

Charity Name:	Hope and Soul
Charity registration number:	1173832
Address:	38 Keats Close Waterlooville Hampshire PO8 8LA

Bankers:	Lloyds Bank 272 London Road Waterlooville Portsmouth PO7 7HN
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Trustees

Hope Prosser (resigned 12 May 2025) Caroline Prosser Ian Barter Mark Gidney (appointed 19 May 2024) Dawn Trimby (appointed 12 May 2025) Richard Dickin (appointed 12 May 2025)	Graham Prosser (resigned 12 May 2025) Amy Bowles Jacqueline Barter Susan Gidney (appointed 19 May 2024) Philippa Dickin (appointed 12 May 2025)
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The trustees are pleased to present their report and the financial statements of the charity for the year ended 31 December 2024.

The Trustees Report for the year ended 31 December 2024

The Trustees present their report and accounts for the year ended 31 December 2024.

Status

Hope and Soul is a Charitable Incorporated Organisation (CIO) and is a registered Charity (number 1173832).

Constitution and Objectives

The objectives of the CIO are:

- For the public benefit, the relief and assistance of orphaned children aged up to 18 years old living in Tanzania, by the provision of a safe housing facility.
- To advance the education and support the wellbeing of children in Tanzania by providing and assisting in the provision of appropriate facilities. Specifically street connected children who lack access to public school services due primarily to poverty.
- The prevention or relief of poverty in Tanzania for "at risk" single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Activities

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

Our mission at Hope and Soul is to alleviate poverty by creating sustainable solutions that foster self-sufficiency and improve the quality of life for children and single mothers living in poverty.

We are dedicated to supporting physical, mental, emotional, and spiritual needs.

Our aim is to improve access to education, and to support disadvantaged families in meeting their basic needs.

We believe that every child has the right to a quality education and that by investing in their futures, we can create a brighter and more equitable world.

We provide a child sponsorship programme that offers comprehensive support. This support may include school fees, providing school uniforms, ensuring access to food, facilitating transportation, supplying clothes and shoes, school bags and books, taking care of healthcare costs, and providing counselling. Additionally, we organise social outings for the children.

We deliver a diverse range of support to "at risk" single mothers. This support may include assisting with rent payments, providing a weekly food allowance, covering healthcare expenses, supporting college fees, offering training opportunities, providing funding for business start-ups, and offering counselling services.

Achievements and Developments

2024 Impact Summary

In 2024, Hope and Soul Tanzania:

- Funded education for 101 children and young people — from daycare to university — who had no other way to access learning.
- Launched a free daycare centre for **15** vulnerable children, creating five local jobs.
- Supported every child at Christian Women Orphanage Care with education, essentials, and joyful celebrations.
- Helped two young people transition off the streets into stable education and safe housing.
- Enabled six mothers to work towards financial independence through small business training and start-up funding.
- Built a permanent home for a single mother and her five children, reducing the family's vulnerability and need for ongoing rental support.

Achievement #1 – Transforming Futures Through Education and Early Childhood Care

In 2024, Hope and Soul Tanzania ensured 101 children and young people could pursue their education — children who otherwise would have had no path to school or higher learning.

- 78 children attended primary school with all fees, uniforms, resources, and boarding supplies provided. Most were placed in English-medium schools to maximise their chances of progressing through ordinary level and beyond.
- 23 young people were supported through ordinary level, advanced level, and university studies, receiving everything they needed to succeed.
- Every beneficiary was carefully assessed to confirm they had no other means to access education, making our continued support truly life-changing.

In August, we launched a free daycare centre in Sakina, Matejoo, Kwa Giriki, serving 15 children aged 1–5 from the most vulnerable local families. This safe, nurturing space enables parents — especially single parents — to work and provide for their families, knowing their children are cared for. The daycare has also created five local jobs, further strengthening the community.

We were proud to receive three places for “fit person” training from Arusha City Social Welfare. Four trained carers now provide dedicated foster care for children unable to live with their families — ensuring safety, love, and stability for our most vulnerable cases.

Achievement #2 – Caring for Children at Christian Women Orphanage Care

Throughout 2024, we stood alongside every child living at Christian Women Orphanage Care in Uswalini, Arusha:

- Provided uniforms, shoes, school bags, books, and stationery.

- Covered key school costs — including food, remedial lessons, exam fees, and specialist teaching contributions.
- Funded private tuition during school breaks to help children keep up and thrive.

Beyond academics, the children enjoyed the companionship of international volunteers, developing social and emotional skills through play and teamwork. Volunteers also brought clothing, shoes, games, and learning resources.

At Christmas, thanks to sponsorship, each child received new clothes and shoes, festive meals, decorations, games, and gifts — a celebration filled with joy and dignity.

Two young people graduated from secondary school this year and transitioned from the orphanage with our ongoing commitment to guide them into higher education and independent living. Recognising the growing emotional needs of older residents, we plan to introduce counselling services in 2025.

Achievement #3 – Changing the Story for Young People in Further Education

Among the 23 young people we supported in higher education were two who had once lived full-time on the streets of Arusha. With consistent care, safe housing during school breaks, nutritious meals, clothing, counselling, and extracurricular opportunities, both are now thriving students — successfully completing Form Three in 2024.

Our team also works to rebuild family connections, laying the groundwork for long-term re-integration and stability.

Achievement #4 – Building Self-Reliance and Sustainable Futures

In 2024, we focused on reducing long-term dependence on NGO support by helping beneficiaries build their own livelihoods.

With donor funding, we launched a small business project for six mothers currently supported by Hope and Soul Tanzania. Beginning in August, participants completed six weeks of business training with a local consulting firm, developing tailored business plans. By December, four had successfully launched enterprises — including a stationery shop, convenience store, grain shop, and second-hand clothing business — and will begin gradual reductions in charity support from January 2025.

We also completed construction of a permanent home for a single mother with five children. This safe, adequate housing not only transformed the family's living conditions but also eliminated the need for ongoing rent payments, reducing financial dependency on the NGO.

Review of Financial Activities

The Statement of Financial Activities shows that the income has increased since last year, which has enabled the charity to increase both the expenditure on its activities and the funds available for future expenditure.

Statement of the Trustees' Responsibilities

The Trustees are required under the constitution of the charity to prepare financial statements for each financial year of the charity and of its results for that period.

The Trustees are responsible for keeping proper accounting records, which disclose with

reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management statement

The trustees have identified and assessed the major risks to which the charity is exposed and have established systems and procedures to mitigate those risks and manage them effectively on an ongoing basis.

Reserves Policy

Our policy is to maintain a reserve of £12k-£15k to cover 3 months expenditure on staff salaries, school fees and expenses.

Accounting Policies

The accounting policies are detailed in the notes to the accounts.

Trustees known as The Board

Those who have served or are currently serving as members of the Board are shown in the Charity Information page.

Date signed as authorised by the Trustees

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Independent Examiner's Report on the Accounts

Report to the trustees of Hope and Soul on the accounts for the year ended 31 December 2024 set out on pages 7 to 11.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

18/09/2025

Name:

Peter Evans

Relevant professional qualification(s) or body (if any):

MAAT

Address:

The Quadrant Centre

Limes Road

Weybridge

Surrey, KT13 8DH

Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2024
Income			
<i>Income from charitable activities:</i>			
Donations	87,599	32,976	120,575
Gift Aid received	11,517	-	11,517
Fundraising	1,387	-	1,387
	<u>100,503</u>	<u>32,976</u>	<u>133,479</u>
 <i>Investment income:</i>			
Interest received	5	-	5
Total income	<u>100,508</u>	<u>32,976</u>	<u>133,484</u>
 Expenditure			
<i>Charitable expenditure:</i>			
Family support	42,228	6,686	48,914
Street children	9,777	1,548	11,325
Orphanage	1,440	228	1,668
Housebuild	-	2,009	2,009
Daycare	-	11,199	11,199
Microfinance	3,214	509	3,723
Other charitable expenses	7,889	4,972	12,861
	<u>64,548</u>	<u>27,151</u>	<u>91,699</u>
Decrease in loan from trustee	18,030	-	18,030
Administrative expenses	4,796	-	4,796
Governance costs	1,140	-	1,140
Total Expenditure	<u>88,514</u>	<u>27,151</u>	<u>115,665</u>
Net movement in funds for the year	11,994	5,825	17,819
Funds b/fwd	5,161	16,490	21,651
Transfer	-	-	-
Funds c/fwd	<u>17,155</u>	<u>22,315</u>	<u>39,470</u>

All activities of the charity are classified as continuing.

Signed as authorised by the Trustees

..... Date

..... Date

Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2023
Income			
<i>Income from charitable activities:</i>			
Donations	73,071	41,881	114,952
Gift Aid received	15,063	-	15,063
	<u>88,134</u>	<u>41,881</u>	<u>130,015</u>
<i>Investment income:</i>			
Interest received	5	-	5
Total income	<u>88,139</u>	<u>41,881</u>	<u>130,020</u>
Expenditure			
<i>Charitable expenditure:</i>			
Family support	58,666	9,080	67,746
Street children	5,548	-	5,548
Orphanage	4,859	3,316	8,175
Housebuild	-	12,995	12,995
Other charitable expenses	15,349	-	15,349
	<u>84,422</u>	<u>25,391</u>	<u>109,813</u>
Decrease in loan from trustee	11,776	-	11,776
Administrative expenses	4,568	-	4,568
Governance costs	1,080	-	1,080
Total Expenditure	<u>101,846</u>	<u>25,391</u>	<u>127,237</u>
Net movement in funds for the year	(13,707)	16,490	2,783
Funds b/fwd	18,868	-	18,868
Transfer	-	-	-
Funds c/fwd	<u>5,161</u>	<u>16,490</u>	<u>21,651</u>

**Statement of Assets and Liabilities
as at 31 December 2024**

	Notes	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	TOTAL 2023
Cash funds					
Current accounts		17,155	22,315	39,470	21,651
Total cash funds		<u>17,155</u>	<u>22,315</u>	<u>39,470</u>	<u>21,651</u>
Other monetary assets					
Gift aid claim y.e. 31.12.2023		-	-	-	6,238
Gift aid claim y.e. 31.12.2024			-		-
		<u>-</u>	<u>-</u>	<u>-</u>	<u>6,238</u>
Liabilities					
Loan from trustee		-	-	-	(317)
Total liabilities		<u>-</u>	<u>-</u>	<u>-</u>	<u>(317)</u>

Signed as authorised by the Trustees

..... Date

..... Date

Notes on the accounts**1 Accounting Policies**

The principal accounting policies adopted in the preparation of the financial statements are as follows:

Basis of preparation

As a charity registered in England and Wales that is not a company and with gross income of less than £250,000, Hope and Soul is allowed under section 133 of the Charities Act 2011 ('the Charities Act') to prepare receipts and payments accounts.

The financial statements have been prepared on that basis.

Preparation of the accounts on a going concern basis

It is assumed that the charity as a going concern, it has sufficient available resources (financial, volunteers and support) to continue the operations that it carries out at present and those that are planned for the foreseeable future.

Income

Income is recognised when the charity receives the funds and any performance conditions attached to the item of income have been met.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. At present, all the funds of the charity are included in this category.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work.

Expenditure and irrecoverable VAT

Expenditure is recognised once payment has been made.

The trustees have reassessed the disclosure of the expenses in the Statement of Financial Activity and as such the expense headings used have changed from the previous period in order to better reflect the operations of the charity. The comparative figures have not been reanalysed as to do so is considered not to be cost efficient.

The charity is not registered for VAT and irrecoverable VAT on expenditure is charged as a cost against the activity for which that expenditure was incurred.

No trustees received any remuneration in the year, nor were any expenses paid by the charity to members of the Board in respect of their duties as trustees of the charity.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs and governance costs which support the charity's activities.

Cash at bank and in hand

Cash at bank and cash in hand includes all bank accounts (including the PayPal account) and cash on hand.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

Foreign currency

Transactions in currencies other than the functional currency of the charity are recorded at the rates of exchange prevailing on the dates of the transactions. At each balance sheet date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at closing exchange rates.

Gains and losses arising on the retranslation of monetary assets and liabilities are included in the statement of financial activities.

2 Legal status of the charity

The charity is an independent charity, registered at the Charity Commission under Charity Number 1173832. The registered contact is Ms Hope Prosser.

3 Staff expenses

No trustees received any remuneration or benefits in the period.

4 Related party transactions

There are no related party transactions to be reported.

HOPE AND SOUL

England & Wales - Charity number 1173832

Accounts

Charity number 1173832

Hope and Soul
Financial Statements
for the year ended 31 December 2023

Charity Information

Charity Name:	Hope and Soul
Charity registration number:	1173832
Address:	38 Keats Close Waterlooville Hampshire PO8 8LA

Bankers:	Lloyds Bank 272 London Road Waterlooville Portsmouth PO7 7HN
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Trustees

Hope Prosser Caroline Prosser Ian Barter (appointed 3 May 2023) Mark Gidney (appointed 19 May 2024)	Graham Prosser Amy Bowles Jacqueline Barter (appointed 3 May 2023) Susan Gidney (appointed 19 May 2024)
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The trustees are pleased to present their report and the financial statements of the charity for the year ended 31 December 2023.

The Trustees Report for the year ended 31 December 2023

The Trustees present their report and accounts for the year ended 31 December 2023.

Status

Hope and Soul is a Charitable Incorporated Organisation (CIO) and is a registered Charity (number 1173832).

Constitution and Objectives

The objectives of the CIO are:

- For the public benefit, the relief and assistance of orphaned children aged up to 18 years old living in Tanzania, by the provision of a safe housing facility.
- To advance the education and support the wellbeing of children in Tanzania by providing and assisting in the provision of appropriate facilities. Specifically street connected children who lack access to public school services due primarily to poverty.
- The prevention or relief of poverty in Tanzania for "at risk" single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Activities

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

Our mission at Hope and Soul is to alleviate poverty by creating sustainable solutions that foster self-sufficiency and improve the quality of life for children and single mothers living in poverty.

We are dedicated to supporting physical, mental, emotional, and spiritual needs.

Our aim is to improve access to education, and to support disadvantaged families in meeting their basic needs.

We believe that every child has the right to a quality education and that by investing in their futures, we can create a brighter and more equitable world.

We provide a child sponsorship programme that offers comprehensive support. This support may include school fees, providing school uniforms, ensuring access to food, facilitating transportation, supplying clothes and shoes, school bags and books, taking care of healthcare costs, and providing counselling. Additionally, we organise social outings for the children.

We deliver a diverse range of support to "at risk" single mothers. This support may include assisting with rent payments, providing a weekly food allowance, covering healthcare expenses, supporting college fees, offering training opportunities, providing funding for business start-ups, and offering counselling services.

Achievements and Developments

We provide support to approximately 100 children, young people, and single mothers.

During the year, we have enabled children to access education and supported their welfare needs.

We have supported single parents towards self-sufficiency by enabling training and business-starts ups.

We have improved the infrastructure of some of the children and families' homes, making them safe spaces.

Our commitment to local community is evident in various ways. We have hired staff locally and utilise services from the community. Our substantial weekly expenditure at local markets contributes to the enhancement of the local economy.

Review of Financial Activities

The Statement of Financial Activities shows that the income has increased since last year, which has enabled the charity to increase both the expenditure on its activities and the funds available for future expenditure.

Statement of the Trustees' Responsibilities

The Trustees are required under the constitution of the charity to prepare financial statements for each financial year of the charity and of its results for that period.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accounting Policies

The accounting policies are detailed in the notes to the accounts.

Trustees known as The Board

Those who have served or are currently serving as members of the Board are shown in the Charity Information page.

Date signed as authorised by the Trustees



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Independent Examiner's Report on the Accounts

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Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

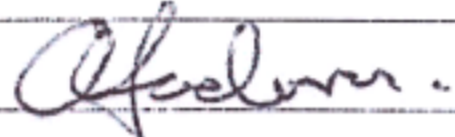
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

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- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

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Name:

Andrew Gadoros

Relevant professional qualification(s) or body (if any):

FCA

Address:

The Quadrant Centre

Limes Road

Weybridge

Surrey, KT13 8DH

Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2023
Income			
<i>Income from charitable activities:</i>			
Donations	73,071	41,881	114,952
Gift Aid received	15,063	-	15,063
	<u>88,134</u>	<u>41,881</u>	<u>130,015</u>
 <i>Investment income:</i>			
Interest received	5	-	5
Total income	<u>88,139</u>	<u>41,881</u>	<u>130,020</u>
 Expenditure			
<i>Charitable expenditure:</i>			
Family support	58,666	9,080	67,746
Street children	5,548	-	5,548
Orphanage	4,859	3,316	8,175
Housebuild	-	12,995	12,995
Other charitable expenses	15,349	-	15,349
	<u>84,422</u>	<u>25,391</u>	<u>109,813</u>
Decrease in loan from trustee	11,776	-	11,776
Administrative expenses	4,568	-	4,568
Governance costs	1,080	-	1,080
Total Expenditure	<u>101,846</u>	<u>25,391</u>	<u>127,237</u>
Net movement in funds for the year	(13,707)	16,490	2,783
Funds b/fwd	18,868	-	18,868
Transfer	-	-	-
Funds c/fwd	<u>5,161</u>	<u>16,490</u>	<u>21,651</u>

All activities of the charity are classified as continuing.

Signed as authorised by the Trustees



Date 02.09.2024



Date 02.09.2024


Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2022
Income			
<i>Income from charitable activities:</i>			
Donations	53,035	27,389	80,424
Fundraising events	12,163	-	12,163
Other revenue	-	-	-
Gift Aid received	8,484	-	8,484
	<u>73,682</u>	<u>27,389</u>	<u>101,071</u>
Increase in loan from trustee	3,186	-	3,186
<i>Investment income:</i>			
Interest received	-	-	-
Total income	<u>76,868</u>	<u>27,389</u>	<u>104,257</u>
Expenditure			
<i>Charitable expenditure:</i>			
Family support	37,624	12,642	50,266
Street children	7,483	-	7,483
Orphanage	10,969	-	10,969
Housebuild	-	14,682	14,682
Other charitable expenses	14,667	65	14,732
	<u>70,743</u>	<u>27,389</u>	<u>98,132</u>
Administrative expenses	2,668	-	2,668
Governance costs	300	-	300
Total Expenditure	<u>73,711</u>	<u>27,389</u>	<u>101,100</u>
Net movement in funds for the year	3,157	-	3,157
Funds b/fwd	15,711	-	15,711
Transfer	-	-	-
Funds c/fwd	<u>18,868</u>	<u>-</u>	<u>18,868</u>

**Statement of Assets and Liabilities
as at 31 December 2023**

	Notes	Unrestricted Funds 2023	Restricted Funds 2023	Total Funds 2023	TOTAL 2022
Cash funds					
Current accounts		5,161	16,490	21,651	18,868
Total cash funds		<u>5,161</u>	<u>16,490</u>	<u>21,651</u>	<u>18,868</u>
Other monetary assets					
Gift aid claim y.e. 31.12.2020					1,539
Gift aid claim y.e. 31.12.2022					2,673
Gift aid claim y.e. 31.12.2023					4,005
Gift aid claim y.e. 31.12.2024		6,238	-	6,238	-
		<u>6,238</u>	<u>-</u>	<u>6,238</u>	<u>7,217</u>
Liabilities					
Loan from trustee		(317)	-	(317)	(12,093)
Total liabilities		<u>(317)</u>	<u>-</u>	<u>(317)</u>	<u>(12,093)</u>

Signed as authorised by the Trustees


.....

Date 02.09.2024
.....


.....

Date 02.09.2024
.....

Notes on the accounts

1 Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are as follows:

Basis of preparation

As a charity registered in England and Wales that is not a company and with gross income of less than £250,000, Hope and Soul is allowed under section 133 of the Charities Act 2011 ('the Charities Act') to prepare receipts and payments accounts.

The financial statements have been prepared on that basis.

Preparation of the accounts on a going concern basis

It is assumed that the charity as a going concern, it has sufficient available resources (financial, volunteers and support) to continue the operations that it carries out at present and those that are planned for the foreseeable future.

Income

Income is recognised when the charity receives the funds and any performance conditions attached to the item of income have been met.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. At present, all the funds of the charity are included in this category.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work.

Expenditure and irrecoverable VAT

Expenditure is recognised once payment has been made.

The trustees have reassessed the disclosure of the expenses in the Statement of Financial Activity and as such the expense headings used have changed from the previous period in order to better reflect the operations of the charity. The comparative figures have not been reanalysed as to do so is considered not to be cost efficient.

The charity is not registered for VAT and irrecoverable VAT on expenditure is charged as a cost against the activity for which that expenditure was incurred.

No trustees received any remuneration in the year, nor were any expenses paid by the charity to members of the Board in respect of their duties as trustees of the charity.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs and governance costs which support the charity's activities.

Cash at bank and in hand

Cash at bank and cash in hand includes all bank accounts (including the PayPal account) and cash on hand.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

Foreign currency

Transactions in currencies other than the functional currency of the charity are recorded at the rates of exchange prevailing on the dates of the transactions. At each balance sheet date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at closing exchange rates.

Gains and losses arising on the retranslation of monetary assets and liabilities are included in the statement of financial activities.

2 Legal status of the charity

The charity is an independent charity, registered at the Charity Commission under Charity Number 1173832. The registered contact is Ms Hope Prosser.

3 Staff expenses

During the year Hope Prosser, one of the trustees received £6,532 in support costs to provide her with accommodation and subsistence during the course of her charitable work in Tanzania. This funding was secured specifically for this purpose and is included in the restricted funds in the SOFA.

No trustees received any remuneration or benefits in the period.

4 Related party transactions

There are no related party transactions to be reported.

HOPE AND SOUL

England & Wales - Charity number 1173832

Accounts

Charity number 1173832

Hope and Soul
Financial Statements
for the year ended 31 December 2022

Charity Information

Charity Name:	Hope and Soul
Charity registration number:	1173832
Address:	38 Keats Close Waterlooville Hampshire PO8 8LA

Bankers:	Lloyds Bank 272 London Road Waterlooville Portsmouth PO7 7HN
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Trustees

Hope Prosser Noel Mooney (resigned 10 May 2022) Caroline Prosser Ian Barter (appointed 3 May 2022)	Graham Prosser Charlotte Gibson (resigned 5 May 2022) Amy Bowles Jacqueline Barter (appointed 3 May 2022)
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The trustees are pleased to present their report and the financial statements of the charity for the year ended 31 December 2022.

The Trustees Report for the year ended 31 December 2022

The Trustees present their report and accounts for the year ended 31 December 2022.

Status

Hope and Soul is a Charitable Incorporated Organisation (CIO) and is a registered Charity (number 11738327).

Constitution and Objectives

The objectives of the CIO are:

- For the public benefit, the relief and assistance of orphaned children aged up to 18 years old living in Tanzania, by the provision of a safe housing facility.
- To advance the education and support the wellbeing of children in Tanzania by providing and assisting in the provision of appropriate facilities. Specifically street connected children who lack access to public school services due primarily to poverty.
- The prevention or relief of poverty in Tanzania for "at risk" single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Activities

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

Our mission at Hope and Soul is to alleviate poverty by creating sustainable solutions that foster self-sufficiency and improve the quality of life for children and single mothers living in poverty.

We are dedicated to supporting physical, mental, emotional, and spiritual needs.

Our aim is to improve access to education, and to support disadvantaged families in meeting their basic needs.

We believe that every child has the right to a quality education and that by investing in their futures, we can create a brighter and more equitable world.

We provide a child sponsorship programme that offers comprehensive support. This support may include school fees, providing school uniforms, ensuring access to food, facilitating transportation, supplying clothes and shoes, school bags and books, taking care of healthcare costs, and providing counselling. Additionally, we organise social outings for the children.

Single mothers

We deliver a diverse range of support to single mothers. This support may include assisting with rent payments, providing a weekly food allowance, covering healthcare expenses, supporting college fees, offering training opportunities, providing funding for business start-ups, and offering counselling services.

Achievements and Developments

We provide support to approximately 100 children, young people, and single mothers.

During the year, we have enabled children to access education and supported their welfare needs.

We have supported single parents towards self-sufficiency by enabling training and business-starts ups.

We have improved the infrastructure of some of the children and families’ homes, making them safe spaces.

Our commitment to local community is evident in various ways. We have hired staff locally and utilise services from the community. Our substantial weekly expenditure at local markets contributes to the enhancement of the local economy.

Review of Financial Activities

The Statement of Financial Activities shows that the income has increased since last year, which has enabled the charity to increase both the expenditure on its activities and the funds available for future expenditure.

Statement of the Trustees’ Responsibilities

The Trustees are required under the constitution of the charity to prepare financial statements for each financial year of the charity and of its results for that period.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accounting Policies

The accounting policies are detailed in the notes to the accounts.

Trustees known as The Board

Those who have served or are currently serving as members of the Board are shown in the Charity Information page.

Date signed as authorised by the Trustees

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.....

Independent Examiner’s Report on the Accounts

Report to the trustees of Hope and Soul on the accounts for the year ended 31 December 2022 set out on pages 6 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner’s statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a ‘true and fair’ view, and the report is limited to those matters set out in the statement below.

Independent Examiner’s Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Date:

Name:

Relevant professional qualification(s) or body (if any):

Address:

Statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2022
Income			
<i>Income from charitable activities:</i>			
Donations	53,035	27,389	80,424
Fundraising events	12,163	-	12,163
Other revenue	-	-	-
Gift Aid received	8,484	-	8,484
	<u>73,682</u>	<u>27,389</u>	<u>101,071</u>
Increase in loan from trustee	3,186	-	3,186
<i>Investment income:</i>			
Interest received	-	-	-
Total income	<u>76,868</u>	<u>27,389</u>	<u>104,257</u>
Expenditure			
<i>Charitable expenditure:</i>			
Family support	37,624	12,642	50,266
Street children	7,483	-	7,483
Orphanage	10,969	-	10,969
Housebuild	-	14,682	14,682
Other charitable expenses	14,667	65	14,732
	<u>70,743</u>	<u>27,389</u>	<u>98,132</u>
Administrative expenses	2,668	-	2,668
Governance costs	300	-	300
Total Expenditure	<u>73,711</u>	<u>27,389</u>	<u>101,100</u>
Net movement in funds for the year	3,157	-	3,157
Funds b/fwd	15,711	-	15,711
Transfer	-	-	-
Funds c/fwd	<u>18,868</u>	<u>-</u>	<u>18,868</u>

All activities of the charity are classified as continuing.

Signed as authorised by the Trustees

..... Date

..... Date

Statement of Financial Activities

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2021
Income				
<i>Income from charitable activities:</i>				
Donations		32,333	30,064	62,397
Fundraising events		1,849	-	1,849
Other revenue		140	-	140
		<u>34,322</u>	<u>30,064</u>	<u>64,386</u>
Loan from trustee		8,907	-	8,907
		<u>43,229</u>	<u>30,064</u>	<u>73,292</u>
<i>Investment income:</i>				
Interest received		-	-	-
Total income		<u>43,229</u>	<u>30,064</u>	<u>73,292</u>
Expenditure				
<i>Charitable expenditure:</i>				
Food		4,306	1,753	6,059
Street children		4,416	3,156	7,572
Medicines		1,047	113	1,160
Family support		19,584	20,428	40,012
Orphanage		859	3,237	4,096
Other expenses		20,131	1,377	21,508
		<u>50,344</u>	<u>30,064</u>	<u>80,408</u>
Asset and investment purchases		-	-	-
Total expenditure		<u>50,344</u>	<u>30,064</u>	<u>80,408</u>
Net movement in funds for the year		(7,115)	-	(7,115)
Funds b/fwd		20,143	2,683	22,826
Transfers		2,683	(2,683)	-
Funds c/fwd		<u><u>15,711</u></u>	<u><u>-</u></u>	<u><u>15,711</u></u>

**Statement of Assets and Liabilities
as at 31 December 2022**

	Notes	Unrestricted Funds 2022	Restricted Funds 2022	Total Funds 2022	TOTAL 2021
Cash funds					
Current accounts		18,868	-	18,868	15,711
Total cash funds		18,868	-	18,868	15,711
Other monetary assets					
Gift aid claim y.e. 31.12.2019		-	-	-	5,117
Gift aid claim y.e. 31.12.2020		1,539	-	1,539	2,866
Gift aid claim y.e. 31.12.2021		2,673	-	2,673	3,143
Gift aid claim y.e. 31.12.2022		4,005	-	4,005	-
		7,217	-	7,217	11,126
Investment assets					
Total investment assets		-	-	-	-
Liabilities					
Loan from trustee		(12,093)	-	(12,093)	(8,907)
Total liabilities		(12,093)	-	(12,093)	(8,907)

Signed as authorised by the Trustees

..... Date

..... Date

Notes on the accounts

1 Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are as follows:

Basis of preparation

As a charity registered in England and Wales that is not a company and with gross income of less than £250,000, Hope and Soul is allowed under section 133 of the Charities Act 2011 ('the Charities Act') to prepare receipts and payments accounts.

The financial statements have been prepared on that basis.

Preparation of the accounts on a going concern basis

It is assumed that the charity as a going concern, it has sufficient available resources (financial, volunteers and support) to continue the operations that it carries out at present and those that are planned for the foreseeable future.

Income

Income is recognised when the charity receives the funds and any performance conditions attached to the item of income have been met.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. At present, all the funds of the charity are included in this category.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work.

Expenditure and irrecoverable VAT

Expenditure is recognised once payment has been made.

The trustees have reassessed the disclosure of the expenses in the Statement of Financial Activity and as such the expense headings used have changed from the previous period in order to better reflect the operations of the charity. The comparative figures have not been reanalysed as to do so is considered not to be cost efficient.

The charity is not registered for VAT and irrecoverable VAT on expenditure is charged as a cost against the activity for which that expenditure was incurred.

No trustees received any remuneration in the year, nor were any expenses paid by the charity to members of the Board in respect of their duties as trustees of the charity.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs and governance costs which support the charity's activities.

Cash at bank and in hand

Cash at bank and cash in hand includes all bank accounts (including the PayPal account) and cash on hand.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

2 Legal status of the charity

The charity is an independent charity, registered at the Charity Commission under Charity Number 1173832. The registered contact is Ms Hope Prosser.

3 Staff expenses

The trustees received no expenses, remuneration or benefits in the period.

4 Related party transactions

There are no related party transactions to be reported.

HOPE AND SOUL

England & Wales - Charity number 1173832

Accounts



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

HOPE AND SOUL

**On accounts for the year
ended**

31 DECEMBER 2021

**Charity no
(if any)**

1173832

Set out on pages

1-10

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2021.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

31/10/2022

Name:

Dominic Currie

**Relevant professional
qualification(s) or body
(if any):**

Member of the Association of Certified Chartered Accountants

Address:

12 Firs Avenue

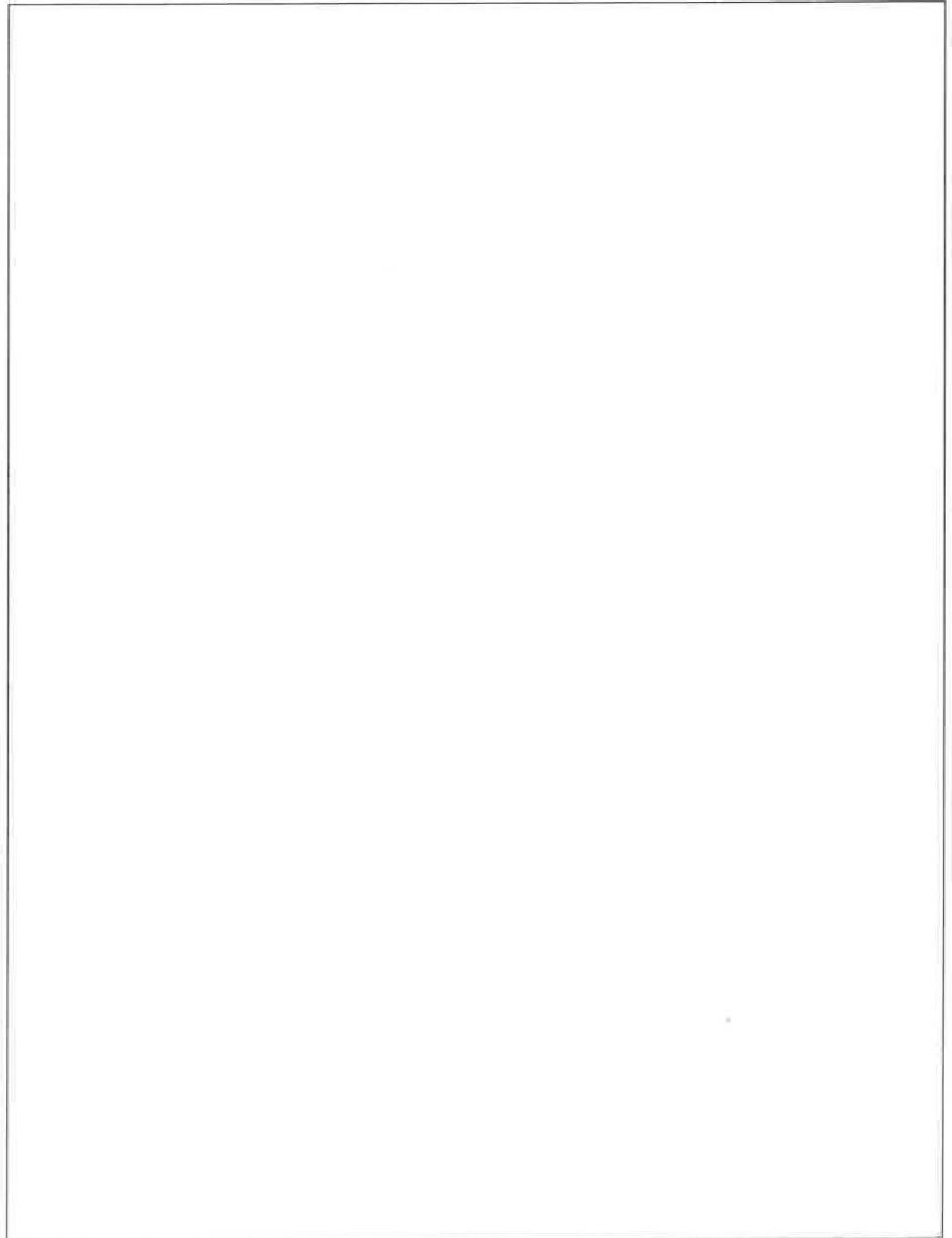
Waterlooville, Hampshire

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





Trustees' Annual Report for the period

	Period start date			Period end date		
	1st	January	2021	31st	December	2021
From			T			
			O			

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address	38 Keats Close	
	Waterlooville	
	Hampshire	
	Postcode	PO88LA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Hope Prosser			
2	Noel Mooney			
3	Caroline Prosser			
4	Graham Prosser			
5	Jodie Meakin		01/01/2021-16/09/2021	
6	Charlotte Gibson			

7 Amy Bowles

8

9

10

11

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO foundation model constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are,

For the public benefit, the relief and assistance of orphaned children aged 0-18 years living in Tanzania by the provision of a safe housing facility.

To advance the education and support the wellbeing of the children in Tanzania by providing and assisting in the provision of facilities for education and wellbeing of the children. Specifically street- connected children who lack access to public school services due primarily to poverty.

The prevention or relief of poverty in Tanzania for at risk single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

With respect to events in early 2020 the following main activities have also been planned and undertaken with respect to Coronavirus (COVID-19) guidance for the charity sector 2020 guidance. This guidance has supported our choice to host remote trustee meetings with respect to ongoing risk of COVID variants. We additionally continue to plan measures for financial resilience should it be needed.

Sponsorship programme providing support and relief to children within Women's Christian Orphanage a Tanzanian orphanage facility reliant on donations without government support. Aiding the children aged 0-18 years with educational costs including school meals, examination fees, uniform, footwear and stationary. To promote positive wellbeing through celebration of life events, educational play, field trips and learning new skills. This year due to ongoing COVID restrictions no full time volunteers were present however we were fortunate to have an outside volunteer teach about dental hygiene for one afternoon. The children had further trips in the local city including multiple excursions to the cinema. Resources needed for education purposes purchased on demand and additional resources to enrich the play time at the home.

Four former street children/ youth continued in full time rehabilitation facilities. One graduated and was provided with a small farming business through support of purchasing land. Another former full time rehabilitation member was given a small business driving a tuk-tuk used as a taxi service around the local city. One former street youth completed tourism college with A-C grades and much improved employability. Three former street children finished Primary school in November 2021 with A-C grades and qualified to progress to Secondary School.

Continuing with adding and supporting single parent families in need. Assistance with rent, food, clothing, medical care and education given to the children and their care givers. Each family assessed on an individual basis and support set up accordingly. In 2021 seventeen children added for sponsorship through daycare and eighteen children added for sponsorship through school, life changing support provided.

Promoting family reunification and the importance of children remaining in family units when possible. To avoid children leaving home for life in a street associated manner or being institutionalised in orphanage facilities.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Hope and Soul trustees have continued to make improvements to record keeping, end use of funds, account documentation and child protection policies. The use of an online account database continues to provide further accuracy and accountability to record keeping. Receipt filing in Tanzania up to date and supports accountability for end use of funds.

Last year due to the corona virus pandemic the trustees decided it was unsafe to consider accepting any further Tanzania based volunteer enquiries based on the uncertainty of travel and the pandemic. As the continued risk of new variants has been ongoing there were no volunteers present with Hope and Soul in 2021. Sponsors continued to be generous and sent additional donations to support Birthdays, Christmas and other needs identified within the charity to support families and children in need.

For easter we launched a new 'alternative gift voucher' for school uniform which had a positive uptake and supported ongoing costs of purchasing uniform. The annual Christmas fundraiser very successfully provided funds needed to build a house for a family in need and construction started in December 2021.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Growing recognition of Hope and Soul within the UK and other parts of the world, more international sponsorship secured. Social Media presence specifically Website traffic and Instagram followers have organically grown.

Chicken house built and delivered to a family in need to house five chickens as a way of providing a support to income and food. Two house renovations completed providing improved levels of safety and hygiene to two families in need. Construction on a new house started in December 2021 for a family of seven in need, construction due to finish early 2022. One shop construction completed to provide a small business for a family to support themselves in a sustainable way.

Nutrition support provided that covered the cost of daily school meals for thirty children for one year at a local Primary School.

At risk child (under five years) continues in safe foster home setting, needs met, health maintained and attending local daycare. No further risks at present. At risk children (under eighteen years) in boarding school participating in supported structured visits with family members every month. Five children at a local Secondary school identified with extremely hard home circumstances provided with hygiene supplies, uniform, food at school, education support supplies, monthly food for home and structured welfare support sessions.

Social Worker employed full time to assist with ongoing increasing workload and responsibilities of the charity. Hope and Soul Tanzania officially registered as an International Non Governmental Organisation in Tanzania.

Three families added to weekly food shops, providing support for nutrition needs for single parent families at highest risk.

One high risk single mother and two young children removed from current unsafe housing and rehired into a safe place. Similarly a high risk single mother with one young child provided with a safe place and opportunity to return to secondary education.

Two over eighteen youths given a further opportunity to continue in higher education. One in mechanics and one in accounting. This support will provide employability following completion.

Four classrooms at a local primary school completely renovated with ceiling board construction, plaster, flooring, paint and windows providing a completely new learning environment.

Medical care provided on demand for all sponsor children and families throughout the year. Additionally one elderly woman with multiple health needs supported on a weekly basis for three months and additional hospital care costs covered as required. Providing relief for her full time carer (grandchild studying in primary school) and family in severe poverty. Ultimately providing end of life care throughout December.

Christmas voucher campaign provided valuable support for family food shops, medical care, small business start ups and clothing for street children. All children in sponsorship programme gifted with clothing and shoes for Christmas.

In 2021 seventeen children added for sponsorship through daycare and eighteen children added for sponsorship through school, life changing support provided. Including one child with special education needs and nine children in absolute poverty at severe risk of becoming street associated children without Hope and Soul intervention.

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees do not have a reserves policy

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) **H.Prosser**



Full name(s) Miss Hope Prosser

Mr Noel Mooney

**Position (eg Secretary,
Chair, etc)**

TRUSTEE

CHAIR

Date

31st October 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

HOPE AND SOUL	1173832
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Receipts and payments accounts


CC16a

For the period from	01-Jan-21	To	31/12/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	32,333	30,064	-	62,397	44,581
Fundraising events	1,849	-	-	1,849	2,119
Other revenue	140	-	-	140	266
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	34,322	30,064	-	64,386	46,966
A2 Asset and investment sales, (see table).					
Loan from Trustee	8,907	-	-	8,907	12,431
	-	-	-	-	-
Sub total	8,907	-	-	8,907	12,431
Total receipts	43,229	30,064	-	73,292	59,397
A3 Payments					
Food	4,306	1,753	-	6,059	7,150
Street Children	4,416	3,156	-	7,572	7,095
Medicine	1,047	113	-	1,160	1,602
Other expenses	20,131	1,377	-	21,508	7,393
Family support	19,584	20,428	-	40,012	14,219
Orphanage	859	3,237	-	4,096	3,972
	-	-	-	-	-
Sub total	50,344	30,064	-	80,408	41,431
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	50,344	30,064	-	80,408	41,431
Net of receipts/(payments)	- 7,115	-	-	- 7,115	17,966
A5 Transfers between funds	2,683	2,683	-	-	-
A6 Cash funds last year end	20,143	2,683	-	22,826	4,860
Cash funds this year end	15,711	-	-	15,711	22,826

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	15,711	-	-
		-	-	-
	Total cash funds	15,711	-	-
	payments account(s)	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	Gift aid claim to period end 31/12/19	5,117	-	-
	Gift aid claim to period end 31/12/20	2,866	-	-
	Gift aid claim to period end 31/12/21	3,143	-	-
		-	-	-
	-	-	-	
	-	-	-	
B3 Investment assets	Details			
		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details			
		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details			
	Loan from Trustee	Unrestricted	-	
	Other creditors	Unrestricted	-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Noel Michael James Mooney	31.10.22

HOPE AND SOUL

England & Wales - Charity number 1173832

Accounts



Section A Independent Examiner's Report

Report to the trustees/ members of	HOPE AND SOUL		
On accounts for the year ended	31 DECEMBER 2020	Charity no (if any)	1173832
Set out on pages	1-10		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2020.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 05/01/22

Name: Dominic Currie

**Relevant professional
qualification(s) or body
(if any):** Member of the Association of Certified Chartered Accountants

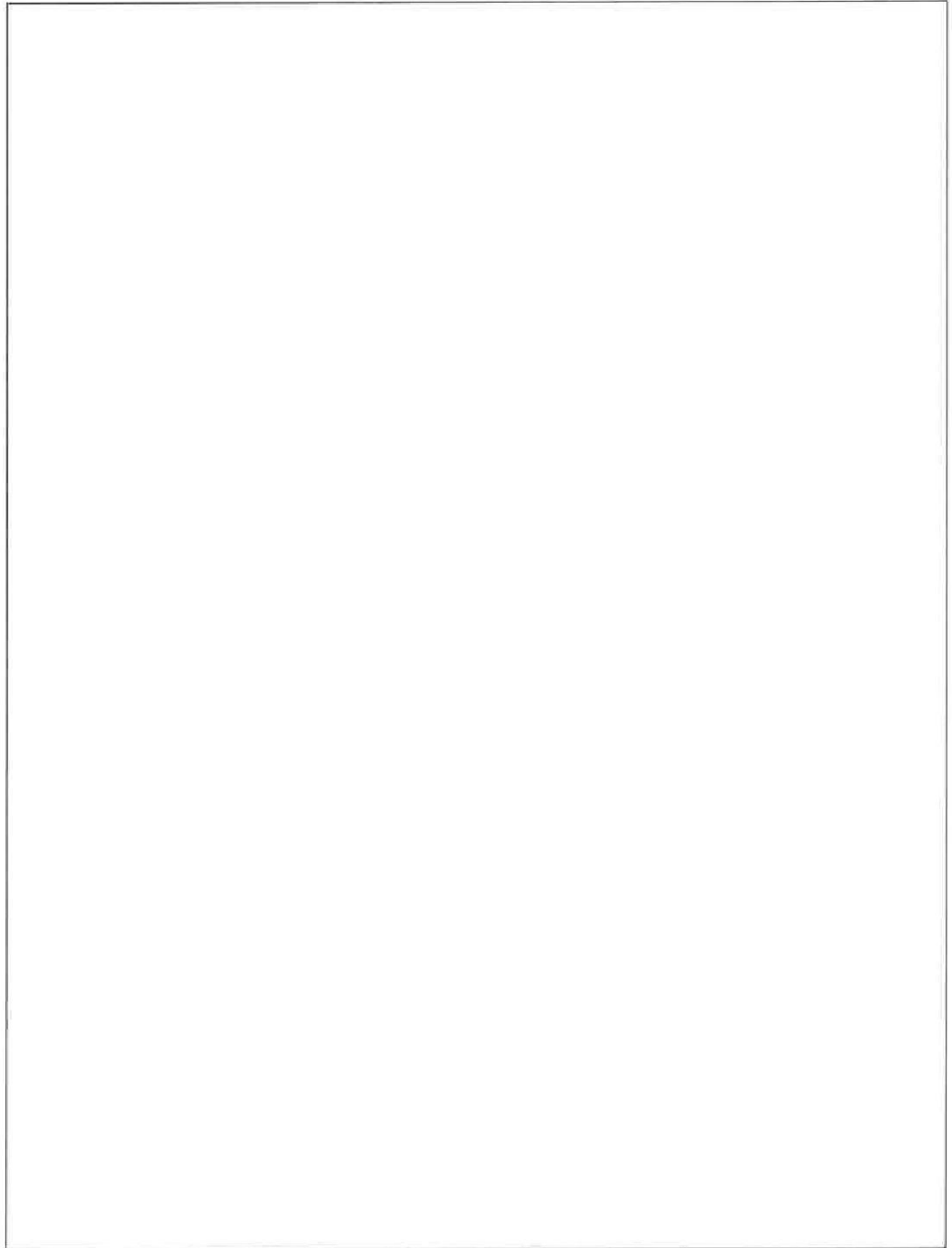
Address: 12 Firs Avenue
Waterlooville, Hampshire

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





Trustees' Annual Report for the period

	Period start date			Period end date		
	1st	January	2020	31st	December	2020
From				To		

Section A Reference and administration details

Charity name

Hope and Soul

Other names charity is known by

Registered charity number (if any)

1173832

Charity's principal address

38 Keats Close

Waterlooville

Hampshire

Postcode

PO88LA

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Hope Prosser			
2 Noel Mooney			
3 Caroline Prosser			
4 Graham Prosser			
5 Jodie Meakin			
6 Charlotte Gibson			
7 Amy Bowles			

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19
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO foundation model constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are,

For the public benefit, the relief and assistance of orphaned children aged 0-18 years living in Tanzania by the provision of a safe housing facility.

To advance the education and support the wellbeing of the children in Tanzania by providing and assisting in the provision of facilities for education and wellbeing of the children. Specifically street- connected children who lack access to public school services due primarily to poverty.

The prevention or relief of poverty in Tanzania for at risk single parent families and young people by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following main activities have been planned and undertaken with consideration to the Charities Act and the Charities (Accounts and Reports) 2008 Regulations, specifically Section 17(5). This guidance on public benefit has been read and reviewed by all trustees and our charity objectives are in accordance with the public benefit. We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

With respect to events in early 2020 the following main activities have also been planned and undertaken with respect to Coronavirus (COVID-19) guidance for the charity sector 2020 guidance. This guidance has supported our choice to host remote trustee meetings and plan measures in financial resilience should it be needed.

Sponsorship programme providing support and relief to children within Women's Christian Orphanage a Tanzanian orphanage facility reliant on donations without government support. Aiding the children aged 0-18 years with educational costs including school meals, examination fees, uniform, footwear and stationary. To promote positive wellbeing through celebration of life events, educational play, field trips, learning new skills and interaction with sponsors.

Giving single parent families or single working parent families with full school scholarship for children starting primary and or secondary education. Preferably English medium schools that will provide high quality education that will ultimately provide the child with skills for higher education and good employment opportunities. Additionally the opportunity to provide small business start up funds to provide further economical stability to families.

Providing safe housing and guardianship of street children who no longer live with family or caregivers, providing for basic needs and counselling support. Reintegration back into education and providing an opportunity away from life on the street.

Giving clothing and food to people in poverty: Providing clothing gifts to street-associated children and young people.

Rehabilitation for people who have drug and alcohol addictions: Through residential rehabilitation programmes provide relief to children and young people with substance misuse addictions to safely overcome addiction and provide relief to others in society.

Promoting family reunification and the importance of children remaining in family units when possible. To reunite children with parents where possible and support the family unit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Hope and Soul trustees have continued to make improvements to record keeping, end use of funds, account documentation and child protection policies. The use of an online account database continues to provide further accuracy and accountability to record keeping. Introduction of a formatted incident reporting system.

During 2020 Hope and Soul hosted two volunteers pre-pandemic and one volunteer in October after travel restrictions were lifted. Due to the corona virus pandemic the trustees decided it was unsafe to consider accepting any further Tanzania based volunteer enquiries based on the uncertainty of travel and the pandemic.

Volunteers have contributed to a variety of aspects of Hope and Soul projects based on our objectives. Provided gifts such as clothing, shoes and educational toys. The volunteers have actively participated in the education of our children and support of learning, positive wellbeing and good relationships.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Growing recognition of Hope and Soul within the UK and other parts of the world, more international sponsorship secured. Social Media presence specifically Web-site traffic and Instagram followers have organically grown.

Five of the children rescued from the street and returned to primary school in 2019 continued their studies and successfully passed the first level exam (standard four) and consequently qualified to bypass two school years to start the final primary school year (standard seven) in 2021. Visits to the family members of these children planned and supported throughout the year to help preserve and build relationships and communication.

Two further children rescued from the street in 2019 continued in full time rehabilitation. The total number receiving recovery sponsorship under Hope and Soul in 2020 was four with a plan for two to transition from the programs support in 2021.

Six young adults aged 18+ given individual support, two through recovery sponsorship as mentioned above and four with higher education, small business and employment support. One completed college education, one was given a small 'kibanda' to use as a local shop - a profitable small business, one was given volunteering opportunities within Hope and Soul and one finished a recognised qualification in Tourism.

One at risk child transitioned from unsafe home environment into full time foster support with the help of local services. Relationships with local services and local leaders improved and recognition of Hope and Soul contributions within the Arusha community.

Medical care subsidised for one mother after sustaining a life changing injury from a motorcycle accident. Family given full support and a carer employed to assist in the home. Medical support provided for multiple charity recipients and additional community members including but not limited to a broken thumb, broken arm, infected leg ulcer and screening and health checks.

A very successful COVID fundraising campaign launched through social media to support with food supplies, hand soap, hand washing stations and face masks. Over thirty families benefited from the additional fundraising and at the end of 2020 all charity recipients remained healthy with no confirmed COVID cases.

Labour ward outreach to a small local hospital in Arusha city. A generous donor supplied the funds for a brand new doppler machine that would provide life saving support on the ward, monitoring for fetal heart distress. Over twenty mothers also gifted with individual support bags containing clothing, hygiene supplies, food and a cuddly toy which provided such joy to the new mothers.

Continuing with and establishing new sponsorship for families in need. Assistance with rent, food, clothing, medical care and education given to the children and their care givers. Each family assessed on an individual basis and support set up accordingly. Very impactful weekly 'family shop' that gives a necessary support for food but in a way the charity can monitor and ensure end use of funds compared to monthly monetary gifts.

Donations of clothing and shoes given to street children from funds raised in the Christmas 2019 voucher campaign. The Christmas voucher campaign additionally provided valuable support for family food shops, medical care and small business start ups.

Women's Christian Orphanage had multiple educational trips including swimming and a safari. Christmas 2020 more renovation work completed including new ceiling boards in the main communal area and a complete new paintwork and seating area. Children thoroughly enjoyed Christmas Day and continue to thrive with Hope and Soul support. Two children transitioned out of the orphanage after reaching 18 years of age and safely set out into higher education.

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees do not have a reserves policy

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information


Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *H.Prosser*



Full name(s) Miss Hope Prosser

Mr. NOEL MOONEY

**Position (eg Secretary,
Chair, etc)**

TRUSTEE	CHAIR
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Date

05 / 01 / 22



Receipts and payments accounts


CC16a

For the period from	01-Jan-20	To	31-Dec-20
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	27,627	16,954	-	44,581	29,087
Fundraising events	2,119	-	-	2,119	3,840
Other revenue	266	-	-	266	1,119
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	30,012	16,954	-	46,966	34,046
A2 Asset and investment sales, (see table).					
Loan from Trustee	12,431	-	-	12,431	1,510
	-	-	-	-	-
Sub total	12,431	-	-	12,431	1,510
Total receipts	42,443	16,954	-	59,397	35,555
A3 Payments					
Food	4,822	2,328	-	7,150	6,883
Rehab	959	285	-	1,244	3,378
Wages	-	-	-	-	623
Petrol/gas	-	-	-	-	511
Medicine	1,102	500	-	1,602	2,212
Sundry	1,611	-	-	1,611	1,485
Rent	3,020	-	-	3,020	2,210
School fees	3	1,050	-	1,053	2,926
Transport	1,965	-	-	1,965	2,294
Charges	1,212	-	-	1,212	1,195
Family support	1,934	2,338	-	4,272	2,980
Home set up	243	811	-	1,054	2,918
Fundraising	104	-	-	104	1,436
Website costs	304	-	-	304	504
Orphanage	892	3,080	-	3,972	2,200
Clothing	496	585	-	1,081	1,873
Daycare	-	288	-	288	236
Business support	681	454	-	1,135	709
Subscriptions	259	-	-	259	43
Sanawari boys	683	2,252	-	2,935	-
Youth support	2,916	-	-	2,916	-
Christmas	329	1,531	-	1,860	-
COVID-19	-	456	-	456	-
Leadership sponsor	428	-	-	428	-
Repayment of loan to Trustee	1,510	-	-	1,510	-
	-	-	-	-	-
Sub total	25,473	15,958	-	41,431	36,616
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,473	15,958	-	41,431	36,616
Net of receipts/(payments)	16,970	996	-	17,966	- 1,061
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,173	1,687	-	4,860	5,921
CCXX R1 accounts (SS) Cash funds this year end	20,143	1 2,683	-	22,826	05/01/2022 4,860

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	20,143	2,683	-
		-	-	-
	Total cash funds	20,143	2,683	-
	payments account(s)			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	Gift aid claim to period end 31/12/19	5,117	-	-
	Gift aid claim to period end 31/12/20	2,866	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loan from Trustee	Unrestricted	12,431	
	Other creditors	Unrestricted	139	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Noel Michael James Mooney	05/01/22