AFNO (ADVOCACY FOR THE NEPALESE ORGANISATION)

England & Wales · Charity number 1173816

Details

Status	Registered
Legal form	CIO
Registered	2017-07-13
Register	View on the Charity Commission register

Contact

Address	6A Montpelier Avenue London W5 2XP
Phone	07565978943
Email	info@afno.org.uk
Website	www.afno.org.uk

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH THE NEPALESE COMMUNITY, ESPECIALLY THE GURKHA COMMUNITY IN LONDON, WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF THEIR ETHNIC ORIGIN, TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY, IN PARTICULAR BY:· PROVIDING A LOCAL NETWORK GROUP THAT ENCOURAGES AND ENABLES MEMBERS OF THE NEPALESE COMMUNITY TO PARTICIPATE MORE EFFECTIVELY WITH THE WIDER COMMUNITY;· INCREASING, OR CO-ORDINATING, OPPORTUNITIES FOR MEMBERS OF THE NEPALESE COMMUNITY TO ENGAGE WITH SERVICE PROVIDERS, TO ENABLE THOSE PROVIDERS TO ADAPT SERVICES TO BETTER MEET THE NEEDS OF THAT COMMUNITY;· THE PROVISION OF, OR ASSISTANCE IN THE PROVISION OF, ENGLISH LANGUAGE CLASSES; AND· THE PROVISION OF CLASSES AND WORKSHOPS FOR THE GENERAL PUBLIC IN NEPALI LANGUAGE, ART, HERITAGE AND CULTURE.

Activities: the promotion of health and social well being, integration and social inclusion among Londons Nepalese Community, with emphasis on the Gurkha communityproviding an advocacy service provided through local drop in surgeries holding workshops and events throughout the year promoting statutory and non-statutory servicesAFNO operates pan London with all age groups

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£66	£635	-	-
2024-03-31	£1,248	£790	-	-
2023-03-31	£100	£554	-	-
2022-03-31	£2,382	£2,103	-	-
2021-03-31	£0	£406	-	-

Trustees

Name	Role	Appointed
Asmita Sharma		2019-04-28
Bhawana Rai		2019-04-28
Cima Pun		2019-04-28
DURGA GURUNG		2019-04-28
SUJATA GURUNG		2015-04-06
Sumita Ale		2019-04-28

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AFNO (ADVOCACY FOR THE NEPALESE ORGANISATION)

England & Wales - Charity number 1173816

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2024 Period start date To. 31/03/2025 Period end date

Charity name: AFNO (Advocacy for Nepalese Organisation)

Charity registration number: 1173816

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of health and social wellbeing, integration and social inclusion among London's Nepalese community, with emphasis on the Gurkha community providing an advocacy service provided through local drop-in surgeries holding workshops and events throughout the year promoting statutory and non-statutory services. AFNO operates mostly in the West London area with all age groups
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To promote social inclusion for the public benefit by working with the Nepalese community, especially the Gurkha community in London, who are socially excluded on the grounds of their ethnicity, to relieve the needs of such people and assist them to integrate into society in particular by ● Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community; ● Increasing or co-ordinating opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community; ● Organising events to encourage social interactions to tackle loneliness and promote well being among the isolated elderly individuals in the

		Nepalese community. ● Regularly learn about the needs of the elderly and vulnerable members of the Nepalese community and bring forth projects and events to address those needs. ● AFNO also has an open telephone line for anyone to contact us for any support or assistance or queries.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute the aims and objectives they have set.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	**N/A**
Policy on social investment including program related investment	Para 1.38	**N/A**
Contribution made by volunteers	Para 1.38	We have a three volunteers that participated in our monthly Chiya & Sangini sessions and our taster English class.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Chiya & Sangini" sessions, specifically designed for women from the Nepalese community in the London boroughs of Ealing, Harrow, Hillingdon, and Brent. These sessions have successfully created a safe and supportive environment where women can share their personal experiences and gain awareness on crucial topics such as mental health, various health conditions, well-being, and mindfulness. The achievements of these sessions are evident in the growing confidence of the attendees. Women are now more open in discussions, sharing their thoughts, views, and experiences with greater ease. The joy and gratitude expressed by the participants highlight the positive impact of these gatherings, as seen in their smiles and appreciation for AFNO's efforts. This year we had fire safety session run by an active firefighter. She provided comprehensive information regarding home fire safety in a very interactive session. The session was also delivered in Nepali that made it easy for all the participants to absorb the information. We also had a session run by a physician's assistant who discussed access to GP, services available in the GP and also had brief discussion about common health conditions.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	AFNO keeps an open phone helpline for any of our beneficiaries to contact us with any request of help and support. We continue to assist individuals in one - one support that could range anywhere from interpreting letters, to questions regarding medical appointments, benefits queries or housing support etc. This personalised support empowers individuals to overcome challenges and access the services they need, enhancing their overall well-being and quality of life.

Performance of fundraising activities against objectives set	Para 1.41	**N/A**
Investment performance against objectives	Para 1.41	**N/A**
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total Income- £66 Total Spending- £635
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**N/A**
Amount of reserves held	Para 1.22	**N/A**
Reasons for holding zero reserves	Para 1.22	**N/A**
Details of fund materially in deficit	Para 1.24	**N/A**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**None**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donation.
Investment policy and objectives including any social investment policy adopted	Para 1.46	**N/A**
A description of the principal risks facing the charity	Para 1.46	**N/A**
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Charitable Incorporated Organisation**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Election to post every 2 years at AGM**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Training Safeguarding Adults Training Safegurarding Children's Training Volunteer Induction Training Equality and Diversity Financial Management Trustee Training provided by local CVS Procedures: ● A role description outlining the duties of the Trustee. ● Copies of all the current up to date policies provided. ● Health & Safety policies. ● incident reporting. ● claiming expenses procedures. ● Data Protection/GDPR.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run mainly by its board members and trustees. In addition to the trustees, AFNO is supported by a small number of volunteers who contribute their time on an ad hoc basis. All decisions for the charity are taken by the charity's trustees. AFNO works in partnership with other Nepalese community groups with similar aims and objectives.
Relationship with any related parties	Para 1.51	**N/A**
Other		

Reference and Administrative details

Charity name	AFNO (Advocacy for Nepalese Organisation)
Other name the charity uses	
Registered charity number	**1173816**
Charity's principal address	6A Montpelier Avenue W5 2XP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Bhawana Rai	Chair		
2	Sumita Ale	Vice Chair		
3	Sujata Gurung	Secretary		
4	Durga Gurung	Treasurer		
5	Cima Pun	Trustee		
6	Asmita Sharma	Trustee		
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Durga Gurung	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	30/01/2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
AFNO	1173816

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2024		31/3/25

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Pop up Nepal	66		-	66	5,754
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total *(Gross income for AR)*	66	-	-	66	5,820
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts	66	- 0	- 0	66	5,820
A3 Payments					
Payment to Dinika Ale	49	-	-	49	-
Hall Booking - London Borough	376	-	-	376	-
Payment to Anita Ale Magar	56	-	-	56	-
Markel UK Annual	146	-	-	146	-
Payment to Kalpana Lammichhane	8	-	-	8	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total	635	-	-	635	5185
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	
Sub total	- 0	- 0	- 0	-	- 0
Total payments		- 0	- 0	-	
Net of receipts/(payments)	- 569	-	-		- 569
A5 Transfers between funds	- 0	-	-	-	
A6 Cash funds last year end	- 0	-	-	-	-
Cash funds this year end		-	-		5,185

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	5,185	-	-
	(agree balances with receipts and payments account(s))		OK	OK

	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Durga Gurung	30/01/2026

Comments

R&P Accounts

AFNO (ADVOCACY FOR THE NEPALESE ORGANISATION)

England & Wales - Charity number 1173816

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2023 Period start date To. 31/03/2024 Period end date

Charity name: AFNO (Advocacy for Nepalese Organisation)

Charity registration number: 1173816

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of health and social wellbeing, integration and social inclusion among London's Nepalese community, with emphasis on the Gurkha community providing an advocacy service provided through local drop-in surgeries holding workshops and events throughout the year promoting statutory and non-statutory services. AFNO operates mostly in the West London area with all age groups
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To promote social inclusion for the public benefit by working with the Nepalese community, especially the Gurkha community in London, who are socially excluded on the grounds of their ethnicity, to relieve the needs of such people and assist them to integrate into society in particular by ● Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community; ● Increasing or co-ordinating opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community; ● Organising events to encourage social interactions to tackle loneliness and promote well being among the isolated elderly individuals in the

		Nepalese community. ● Regularly learn about the needs of the elderly and vulnerable members of the Nepalese community and bring forth projects and events to address those needs. ● AFNO also has an open telephone line for anyone to contact us for any support or assistance or queries.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute the aims and objectives they have set.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	**N/A**
Policy on social investment including program related investment	Para 1.38	**N/A**
Contribution made by volunteers	Para 1.38	We have a cohort of volunteers that participated in fundraising and our monthly Chiya & Sangini sessions.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Chiya & Sangini" sessions, specifically designed for women from the Nepalese community in the London boroughs of Ealing, Harrow, Hillingdon, and Brent. These sessions have successfully created a safe and supportive environment where women can share their personal experiences and gain awareness on crucial topics such as mental health, various health conditions, well-being, and mindfulness. The stability of the venue in Harrow has been instrumental in ensuring that participants feel comfortable and confident in attending. This consistency has allowed women, including those who work or live alone, to find a reliable space for social interaction and support. The sessions have been particularly beneficial for elderly women and those who are widowed or living alone, providing them with a much-needed opportunity to connect with others. The achievements of these sessions are evident in the growing confidence of the attendees. Women are now more open in discussions, sharing their thoughts, views, and experiences with greater ease. The joy and gratitude expressed by the participants highlight the positive impact of these gatherings, as seen in their smiles and appreciation for AFNO's efforts. Beyond the immediate benefits to the attendees, these sessions have a broader positive impact on society. By providing information on health conditions and bringing in experts such as nutritionists and psychologists, AFNO helps raise community-level awareness in the participants' native language. This proactive approach not only enhances the well-being of the women but also reduces the pressure on health facilities by promoting preventative care. The improved well-

		being of the participants also positively influences their families, friends, and social circles, creating a ripple effect of enhanced health and happiness.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	AFNO keeps an open phone helpline for any of our beneficiaries to contact us with any request of help and support. We continue to assist individuals in one - one support that could range anywhere from interpreting letters, to questions regarding medical appointments, benefits queries or housing support etc. This personalised support empowers individuals to overcome challenges and access the services they need, enhancing their overall well-being and quality of life.
Performance of fundraising activities against objectives set	Para 1.41	To support and expand this valuable work, AFNO's trustees and volunteers undertook a charity hike of Mt. Snowdon in August 2023, raising funds to ensure the continuation and growth of these monthly sessions. This collective effort underscores the commitment to making a lasting difference in the lives of the Nepalese women and the wider community
Investment performance against objectives	Para 1.41	**N/A**
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total Income- £1248 Total Spending- £790
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**N/A**
Amount of reserves held	Para 1.22	**N/A**
Reasons for holding zero reserves	Para 1.22	**N/A**
Details of fund materially in deficit	Para 1.24	**N/A**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**None**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Fundraising hike in August 2023 and personal donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	**N/A**
A description of the principal risks facing the charity	Para 1.46	**N/A**
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Charitable Incorporated Organisation**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Election to post every 2 years at AGM**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Training Safeguarding Adults Training Safegurarding Children's Training Volunteer Induction Training Equality and Diversity Financial Management Trustee Training provided by local CVS Procedures: ● A role description outlining the duties of the Trustee. ● Copies of all the current up to date policies provided. ● Health & Safety policies. ● incident reporting. ● claiming expenses procedures. ● Data Protection/GDPR.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run mainly by its board members and trustees. In addition to the trustees, AFNO is supported by a small number of volunteers who contribute their time on an ad hoc basis. All decisions for the charity are taken by the charity's trustees. AFNO works in partnership with other Nepalese community groups with similar aims and objectives.
Relationship with any related parties	Para 1.51	**N/A**
Other		

Reference and Administrative details

Charity name	AFNO (Advocacy for Nepalese Organisation)
Other name the charity uses	
Registered charity number	**1173816**
Charity's principal address	6A Montpelier Avenue W5 2XP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Bhawana Rai	Chair		
2	Sumita Ale	Vice Chair		
3	Sujata Gurung	Secretary		
4	Durga Gurung	Treasurer		
5	Cima Pun	Trustee		
6	Asmita Sharma	Trustee		
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Durga Gurung	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	17/02/2024	

AFNO (ADVOCACY FOR THE NEPALESE ORGANISATION)

England & Wales - Charity number 1173816

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2022. Period start date To 31/03/2023 Period end date

Charity name: AFNO (Advocacy for Nepalese Organisation)

Charity registration number: 1173816

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of health and social wellbeing, integration and social inclusion among London's Nepalese community, with emphasis on the Gurkha community providing an advocacy service provided through local drop-in surgeries holding workshops and events throughout the year promoting statutory and non-statutory services. AFNO operates mostly in the West London area with all age groups.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To promote social inclusion for the public benefit by working with the Nepalese community, especially the Gurkha community in London, who are socially excluded on the grounds of their ethnicity, to relieve the needs of such people and assist them to integrate into society in particular by ● Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community; ● Increasing or co-ordinating opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community; ● Organising events to encourage social interactions to tackle loneliness and promote well being among the isolated elderly individuals in the Nepalese community. ● Regularly learn about the needs of the elderly and vulnerable members of the Nepalese community and bring forth projects and events to address those needs.

		● AFNO also has an open telephone line for anyone to contact us for any support or assistance or queries.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute the aims and objectives they have set.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	**N/A**
Policy on social investment including program related investment	Para 1.38	**N/A**
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	AFNO started a monthly session called "Chiya & Sangini" tailored specifically for women. The aim for this project was to create a safe space for women in the Nepalese community who live in the London boroughs of Ealing, Harrow, Hilingdon and Bret. It is a forum whereby women who attend can feel safe to share their personal experiences and are able to build their awareness on various topics such as - mental and physical health, well being, mindfulness amongst others. The venue was in Harrow which gave the women a reason to come out and socialise with others, especially for elderly ladies and those living on their own for various reasons e.g. widowed, live alone etc. The difference these monthly sessions have made to the women who attend has been apparent right from the beginning. People have made new friends, they learn about how to take better care of their own mental and physical health, it gives them an opportunity to express themselves and the women have often expressed how appreciative they are that we started these sessions. They look forward to the next session and they sometimes bring in new friends and share about it which shows they see the value and want others to benefit too. There are wider benefits to society because we inform them about certain health conditions and bring in health experts, nutritionist, psychologist so that they can receive tailored community level awareness and in their mother tongue. It definitely eases pressure of health facilities when we provide preventative information. The women have also mentioned they feel happier and in turn benefits their families, friends and social circles as their own wellbeing improves they will improve that of others too.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	AFNO keeps an open phone helpline for any of our beneficiaries to contact us with any request of help and support. We continue to assist individuals in one - one support that could range anywhere from interpreting letters, to questions regarding medical appointments, benefits queries or housing support etc.
Performance of fundraising activities against objectives set	Para 1.41	**N/A**

Investment performance against objectives	Para 1.41	**N/A**
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	**N/A**
A description of the principal risks facing the charity	Para 1.46	**N/A**
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Charitable Incorporated Organisation**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Election to post every 2 years at AGM**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Training Safeguarding Adults Training Safegurarding Children's Training Volunteer Induction Training Equality and Diversity Financial Management Trustee Training provided by local CVS Procedures: ● A role description outlining the duties of the Trustee. ● Copies of all the current up to date policies provided. ● Health & Safety policies. ● incident reporting. ● claiming expenses procedures. ● Data Protection/GDPR.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run mainly by its board members and trustees. In addition to the trustees, AFNO is supported by a small number of volunteers who contribute their time on an ad hoc basis. All decisions for the charity are taken by the charity's trustees. AFNO works in partnership with other Nepalese community groups with similar aims and objectives.
Relationship with any related parties	Para 1.51	**N/A**
Other		

Reference and Administrative details

Charity name	AFNO (Advocacy for Nepalese Organisation)
Other name the charity uses	
Registered charity number	**1173816**
Charity's principal address	6A Montpelier Avenue W5 2XP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Durga Gurung	Chair		
2	Sujata Gurung	Secretary/Vice Chair		
3	Bhawana Rai Shrestha	Vice Secretary		
4	Sumita Ale Gurung	Treasurer		
5	Cima Pun	Trustee		
6	Asmita Sharma	Trustee		
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Durga Gurung	
Position (eg Secretary, Chair, etc)	Chair	
Date	31/01/2024	

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
AFNO	1173816

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2022		31/3/23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
M Budhathoki	100		-	100	5,749
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total *(Gross income for AR)*	100	-	-	100	5,849
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts	100	- 0	- 0	100	5,849
A3 Payments					
Payment to Kalpana Lamichhane	82	-	-	82	-
Hall Booking - London Borough	285	-	-	285	-
Amazon - Chiya Sangini	30	-	-	30	-
Markel UK Annual	146	-	-	146	-
Amazon - Chiya Sangini	11	-	-	11	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total	554	-	-	554	5,295
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	
Sub total	- 0	- 0	- 0	-	- 0
Total payments		- 0	- 0	-	
Net of receipts/(payments)	- 454	-	-		- 454
A5 Transfers between funds	- 0	-	-	-	
A6 Cash funds last year end	- 0	-	-	-	-
Cash funds this year end		-	-		5,295

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	5,295	-	-
	(agree balances with receipts and payments account(s))		OK	OK

		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		SUMITA ALE	21-Feb-24

Comments

R&P Accounts

AFNO (ADVOCACY FOR THE NEPALESE ORGANISATION)

England & Wales - Charity number 1173816

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2021 Period start date To 31/03/2022 Period end date

Charity name: AFNO (Advocacy for Nepalese Organisation)

Charity registration number: 1173816

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of health and social wellbeing, integration and social inclusion among London's Nepalese community, with emphasis on the Gurkha community providing an advocacy service provided through local drop-in surgeries holding workshops and events throughout the year promoting statutory and non-statutory services. AFNO operates mostly in the West London area with all age groups.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To promote social inclusion for the public benefit by working with the Nepalese community, especially the Gurkha community in London, who are socially excluded on the grounds of their ethnicity, to relieve the needs of such people and assist them to integrate into society in particular by • Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community; • Increasing or co-ordinating opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community; • Organising events to encourage

		social interactions to tackle loneliness and promote well being among the isolated elderly individuals in the Nepalese community. • Regularly learn about the needs of the elderly and vulnerable members of the Nepalese community and bring forth projects and events to address those needs. • AFNO also has an open telephone line for anyone to contact us for any support or assistance or queries.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	**N/A**

Policy on social investment including program related investment	Para 1.38	**N/A**
Contribution made by volunteers	Para 1.38	Alice Shrestha continued to volunteer to lead the online yoga sessions for seniors on Sundays, which began on February 2021 during the Covid 19 pandemic.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	AFNO also organised one hour yoga sessions every Sunday, tailored specifically for seniors. This was done remotely. Regular exercise is beneficial for both mental and physical health. During covid-19 lockdown restrictions, this was one way to reach some of the isolated elderly individuals and involve them in some sort of physical activity that could be done at home.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	AFNO keeps an open phone helpline for any of our beneficiaries to contact us with any request of help and support. We continue to assist individuals in one-on-one support that could range anywhere from interpreting letters, to questions regarding medical appointments, benefits queries or housing support etc.
Performance of fundraising activities against objectives set	Para 1.41	On 3rd July 2021, we organised a fundraising event where members of the AFNO team went on 25 km hike to raise money for COVID relief effort in Nepal. We set up a gofundme page and donations were accepted directly as well.
Investment performance against objectives	Para 1.41	**N/A**
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We were able raise £1885 during the fundraising event on 3rd July 2021. We received £400 total in direct donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**N/A**
Amount of reserves held	Para 1.22	**N/A**
Reasons for holding zero reserves	Para 1.22	**N/A**
Details of fund materially in deficit	Para 1.24	**N/A**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**N/A**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	On 3rd July 2021, we organised a fundraising event where members of the AFNO team went on 25 km hike to raise money for COVID relief effort in Nepal. We set up a gofundme page and donations were accepted directly as well. We also received £400 total in direct donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	**N/A**
A description of the principal risks facing the charity	Para 1.46	**N/A**

Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Charitable Incorporated Organisation**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Election to post every 2 years at AGM**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Training Safeguarding Adults Training Safeguarding Children's Training Volunteer Induction Training Equality and Diversity Financial Management Trustee training provided by local CVS Procedures: • A role description outlining the duties of the Trustee • Copies of all the current up to date policies provided • Health & Safety policies • Incident Reporting • Claiming expenses procedures • Data Protection/GDPR

The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run mainly by its board members and trustees. In addition to the trustees, AFNO is supported by a small number of volunteers who contribute their time on an ad hoc basis. All decisions for the charity are taken by the charity's trustees. We have a project co-ordinator who assists the trustees in the day to day running of the charity on a part-time basis. AFNO works in partnership with other Nepalese community groups with similar aims and objectives.
Relationship with any related parties	Para 1.51	**N/A**
Other		

Reference and Administrative details

Charity name	AFNO
Other name the charity uses	Advocacy For Nepalese Organisation
Registered charity number	1173816
Charity's principal address	6A Montpelier Avenue W5 2XP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Durga Gurung	Chair		
2	Sujata Gurung	Secretary/Vice Chair		
3	Bhawana Rai Shrestha	Vice Secretary		
4	Sumita Ale Gurung	Treasurer		
5	Cima Pun	Trustee		
6	Asmita Sharma	Trustee		
7	Deva Thapa	Trustee		
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	**Dates acted if not for whole year**	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Durga Gurung	
Position (eg Secretary, Chair, etc)	Chair	
Date	13/03/2023	

CHARITY COMMISSION FOR ENGLAND AND WALES

AFNO			No (if any)	CC16a
			1173816	
Receipts and payments accounts				
For the period from	Period start date	To	Period end date	
	1/4/21		31/3/22	

Section A Receipts and payments	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
HIKE FUND RAISE	1,882	-	-	1,882	5,470
DONATION BUDHATHOKI M 26.05.21	100	-	-	100	-
DONATION BUDHATHOKI M 04.01.22	100	-	-	100	-
EALING REMITTANCE	200	-	-	200	-
MARKEL INTERNATION REFUND	100	-	-	100	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total*(Gross income for AR)*	2,382	-	-	2,382	7,852
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts		- 0	- 0		
A3 Payments					
SUMITA ALE, DONATION SENT	1,882	-	-	1,882	-
MARKEL INTERNATION PAYMENT	100	-	-	100	-
KALPANA LAMICHHANE, O2, 05.07.21	118	-	-	118	-
DIL MAYA LIMBU, 05.07.21	3	-	-	3	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total	2,103	-	-	2,103	5,749
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	
Sub total	- 0	- 0	- 0	-	- 0
Total payments	2,103	- 0	- 0	2,103	5,749
Net of receipts/(payments)	- 2,103	-	-	- 2,103	- 5,749
A5 Transfers between funds	- 0	-	-	-	-
A6 Cash funds last year end	- 0	-	-	-	-
Cash funds this year end	- 2,103	-	-	- 2,103	- 5,749

Section B Statement of assets and liabilities at the end of the period				
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		5,749	-	-
		-	-	-
		-	-	-
	Total cash funds	5,749	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	S. A.	SUMITA ALE		30.01.23

CHARITY COMMISSION FOR ENGLAND AND WALES

AFNO			No (if any)	CC16a
			1173816	
Receipts and payments accounts				
For the period from	Period start date	To	Period end date	
	1/4/21		31/3/22	

Section A Receipts and payments	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
HIKE FUND RAISE	1,882	-	-	1,882	5,470
DONATION BUDHATHOKI M 26.05.21	100	-	-	100	-
DONATION BUDHATHOKI M 04.01.22	100	-	-	100	-
EALING REMITTANCE	200	-	-	200	-
MARKEL INTERNATION REFUND	100	-	-	100	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total*(Gross income for AR)*	2,382	-	-	2,382	7,852
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts		- 0	- 0		
A3 Payments					
SUMITA ALE, DONATION SENT	1,882	-	-	1,882	-
MARKEL INTERNATION PAYMENT	100	-	-	100	-
KALPANA LAMICHHANE, O2, 05.07.21	118	-	-	118	-
DIL MAYA LIMBU, 05.07.21	3	-	-	3	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total	2,103	-	-	2,103	5,749
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	
Sub total	- 0	- 0	- 0	-	- 0
Total payments	2,103	- 0	- 0	2,103	5,749
Net of receipts/(payments)	- 2,103	-	-	- 2,103	- 5,749
A5 Transfers between funds	- 0	-	-	-	-
A6 Cash funds last year end	- 0	-	-	-	-
Cash funds this year end	- 2,103	-	-	- 2,103	- 5,749

Section B Statement of assets and liabilities at the end of the period				
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		5,749	-	-
		-	-	-
		-	-	-
	Total cash funds	5,749	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	S. A.	SUMITA ALE		30.01.23

Table 1

AFNO (ADVOCACY FOR THE NEPALESE ORGANISATION)

England & Wales - Charity number 1173816

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2020 Period start date To 31/03/2021 Period end date

Charity name: AFNO (Advocacy for Nepalese Organisation)

Charity registration number: 1173816

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of health and social wellbeing, integration and social inclusion among London's Nepalese community, with emphasis on the Gurkha community providing an advocacy service provided through local drop-in surgeries holding workshops and events throughout the year promoting statutory and non-statutory services. AFNO operates mostly in the West London area with all age groups.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To promote social inclusion for the public benefit by working with the Nepalese community, especially the Gurkha community in London, who are socially excluded on the grounds of their ethnicity, to relieve the needs of such people and assist them to integrate into society in particular by • Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community; • Increasing or co-ordinating opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community; • Organising events to encourage social interactions to tackle loneliness and promote well being among the isolated elderly individuals in the Nepalese community. • Regularly learn about the needs of the elderly and vulnerable members of the Nepalese community and bring forth projects and events to address those needs. • AFNO also has an open telephone line for anyone to contact us for any support or assistance or queries.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	**N/A**
Policy on social investment including program related investment	Para 1.38	**N/A**
Contribution made by volunteers	Para 1.38	The global onset of the Covid-19 pandemic led to government restrictions in the UK to prevent further spread of the virus. Public health measures in place in UK didn't allow any social gathering of people outside of one's own household. We couldn't hold any events or workshops during this time. We reached out to all the elderly Nepalese individuals that were in AFNO contacts. We did welfare calls regularly to check on them, to answer any questions they had and if needed, inform them on any new government guidelines for Covid-19. We were able to organise online yoga session on Sundays, beginning from 21st February, 2021. Alice Shrestha volunteered to lead the yoga sessions particularly for seniors.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The global pandemic meant that this financial period our charity couldn't be as active as we had hoped. Government restrictions meant all our projects and events planned had to be put on hold. Many of the beneficiaries who we work with are elderly Nepalese individuals, many of them living on their own. Covid-19 pandemic created this environment that added to their social isolation and loneliness. We have established that language is a key barrier for most of these individuals in their daily life. With changing guidelines, constant barrage of news in the media and new information, it caused confusion, uncertainty, and fear for many of us but it was even worse for isolated seniors who didn't speak English. Each AFNO team member had list of 3 or 4 elderly individuals and were responsible for providing regular welfare calls to our beneficiaries during the national lockdown. These welfare calls were to query after their health, provide them with information regarding any new guidelines, and support with anything else they needed. AFNO also organised one hour yoga sessions every Sunday, tailored specifically for seniors. This was done remotely. Regular exercise is beneficial for both mental and physical health. During covid-19 lockdown restrictions, this was one way to reach some of the isolated elderly individuals and involve them in some sort of physical activity that could be done at home.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	AFNO aims to promote health and wellbeing of the elderly among the Nepalese community. Due to the Covid-19 restrictions, many elderly individuals were even more isolated. AFNO arranged for welfare calls to provide any support if needed, provide information, or just social chat. AFNO also started weekly yoga sessions tailored for seniors remotely via Viber. During lockdown restrictions this provided a way to encourage physical activity in the comfort of their homes. This also provided a social connection for these individuals and many looked forward to the yoga sessions every week.

		AFNO keeps an open phone helpline for any of our beneficiaries to contact us with any request of help and support. We continue to assist individuals in one-on-one support that could range anywhere from interpreting letters, to questions regarding medical appointments, benefits queries or housing support etc.
Performance of fundraising activities against objectives set	Para 1.41	**N/A**
Investment performance against objectives	Para 1.41	**N/A**
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	**£5470**
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**N/A**
Amount of reserves held	Para 1.22	**N/A**
Reasons for holding zero reserves	Para 1.22	**N/A**
Details of fund materially in deficit	Para 1.24	**N/A**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**N/A**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	**N/A**
Investment policy and objectives including any social investment policy adopted	Para 1.46	**N/A**
A description of the principal risks facing the charity	Para 1.46	**N/A**
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Charitable Incorporated Organisation**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Election to post every 2 years at AGM**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Training Safeguarding Adults Training Safeguarding Children's Training Volunteer Induction Training Equality and Diversity Financial Management Trustee training provided by local CVS Procedures: • A role description outlining the duties of the Trustee • Copies of all the current up to date policies provided • Health & Safety policies • Incident Reporting • Claiming expenses procedures • Data Protection/GDPR
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run mainly by its board members and trustees. In addition to the trustees, AFNO is supported by a small number of volunteers who contribute their time on an ad hoc basis. All decisions for the charity are taken by the charity's trustees. We have a project co-ordinator who assists the trustees in the day to day running of the charity on a part-time basis. AFNO works in partnership with other Nepalese community groups with similar aims and objectives.
Relationship with any related parties	Para 1.51	**N/A**

Other		

Reference and Administrative details

Charity name	AFNO
Other name the charity uses	Advocacy For Nepalese Organisation
Registered charity number	1173816
Charity's principal address	6A Montpelier Avenue W5 2XP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Durga Gurung	Chair		
2	Sujata Gurung	Secretary/Vice Chair		
3	Bhawana Rai Shrestha	Vice Secretary		
4	Sumita Ale Gurung	Treasurer		
5	Cima Pun	Trustee		
6	Asmita Sharma	Trustee		
7	Deva Thapa	Trustee		
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DURGA GURUNG	
Position (eg Secretary, Chair, etc)	CHAIR	

Date	30/03/22

CHARITY COMMISSION FOR ENGLAND AND WALES

AFNO (Advocacy for Nepalese Organisation) | Charity No (if any) 1173816

Annual accounts for the period

Period start date 01/04/2020 To 31/03/2021

Section A Statement of financial activities

Recommended categories by activity	Guidance N	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	-	-	-	-	-
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-		-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	-	-	-	-	5,876
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	-	-	-	-	-
Separate material item of expense	S10	-	-	-	-	-
Other	S11	406	-	-		-
Total	S12	406	-	-		-
Net income/(expenditure) before investment gains/ (losses)	S13	- 406	-	-		
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 406	-	-		-
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 406	-	-		-
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	5,470	-	-		-
1						

Section B Balance sheet

	Guidance No	Unrestricted funds	Restricted income funds	Endowment funds	Total this year
		£	£	£	£
Fixed assets		F01	F02	F03	F04
Intangible assets (Note 15)	B01	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-
Investments (Note 17)	B04	-	-	-	-
Total fixed assets	B05	-	-	-	-
Current assets					
Stocks (Note 18)	B06	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-
Cash at bank and in hand (Note 24)	B09	-	-	-	-
Total current assets	B10	-	-	-	-
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-
Net current assets/(liabilities)	B12	-	-	-	-
Total assets less current liabilities	B13	-	-	-	-
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-
Provisions for liabilities	B15	-	-	-	-
Total net assets or liabilities	B16	-	-	-	-
Funds of the Charity					
Endowment funds (Note 27)	B17	-			-
Restricted income funds (Note 27)	B18		-		-
Unrestricted funds	B19			-	-
Revaluation reserve	B20				-
Total funds	B21	-	-	-	-

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name

Total last year		
£		
F05		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
-		
Date of approval dd/mm/yyyy		

Section C	Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	
Disclosure of any uncertainties that make the going concern assumption doubtful;	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	✓	* -Tick as appropriate
No*	✓	

Please disclose:

(i) the nature of the change in accounting policy;	
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*	✓	

Please disclose:	
(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*	✓	

Please disclose:	
(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

ont)

Section C	Notes to the accounts	(cont)		

Note 2 **Accounting policies**

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓	✓	✓
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	✓	✓	✓
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	✓	✓	✓
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓	✓	✓
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	✓	✓	✓
Government grants	The charity has received government grants in the reporting period	✓	✓	✓
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓	✓	✓
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	✓	✓	✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	✓	✓	✓
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	✓	✓	✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	✓	✓	✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	✓	✓	✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	✓	✓	✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	✓	✓	✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	✓	✓	✓
Support costs	The charity has incurred expenditure on support costs.	✓	✓	✓
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	✓	✓	✓
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓	✓	✓
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	✓	✓	✓
	Membership subscriptions which gives a member the right to buy services or other benefits are	Yes	No	N/a

	recognised as income earned from the provision of goods and services as income from charitable activities.	✓	✓	✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes ✓	No ✓	N/a ✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes ✓	No ✓	N/a ✓
2.3 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes ✓	No ✓	N/a ✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes ✓	No ✓	N/a ✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes ✓	No ✓	N/a ✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes ✓	No ✓	N/a ✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes ✓	No ✓	N/a ✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes ✓	No ✓	N/a ✓
Deferred income	No material item of deferred income has been included in the accounts.	Yes ✓	No ✓	N/a ✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes ✓	No ✓	N/a ✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes ✓	No ✓	N/a ✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes ✓	No ✓	N/a ✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes ✓	No ✓	N/a ✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes ✓	No ✓	N/a ✓
	They are valued at cost.	Yes ✓	No ✓	N/a ✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes ✓	No ✓	N/a ✓
	They are valued at cost.	Yes ✓	No ✓	N/a ✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes ✓	No ✓	N/a ✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes ✓	No ✓	N/a ✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes ✓	No ✓	N/a ✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes ✓	No ✓	N/a ✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract	Yes	No	N/a

	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓	✓	✓
		Yes	No	N/a
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓	✓	✓
		Yes	No	N/a
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	✓	✓	✓
		Yes	No	N/a
	They are valued at fair value except where they qualify as basic financial instruments.	✓	✓	✓
POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE				

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	-	-	-	-	-
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	-	-	-	-	-
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		-	-	-	-	-

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)								

Section C	Notes to the accounts	(cont)
Note 4	**Analysis of receipts of government grants**	
	Description	
Government grant 1		
Government grant 2		
Government grant 3		
Other		
		Total
	Description	
Government grant 1		
Government grant 2		
Government grant 3		
Other		
		Total
	This year	**Last y**
Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.		
	This year	**Last y**
Please give details of other forms of government assistance from which the charity has directly benefited.		

This year
£
-
-
-
-
-

Last year
£
-
-
-
-
-

ear

ear

Note 5 Donated goods, facilities and services

	This year
	£
Seconded staff	-
Use of property	-
Other	-
	-

	This year	Last y
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.		

[redacted]			
Last year			
£			
-			
-			
-			
-			
year			

Section C	Notes to the accounts				(cont)		
Note 6	**Analysis of expenditure**						
		This year				**Last year**	
Analysis	**Unrestricted funds**	**Restricted income funds**	**Endowment funds**	**Total funds**	**Unrestricted funds**	**Restricted income funds**	**Endowment funds**
Expenditure on raising funds:				**£**			
Incurred seeking donations	-	-	-	-	-	-	-
Incurred seeking legacies	-	-	-	-	-	-	-
Incurred seeking grants	-	-	-	-			
Operating membership schemes and social lotteries	-	-	-	-			
Staging fundraising events	-	-	-	-			
Fudraising agents	-	-	-	-			
Operating charity shops	-	-	-	-			
Operating a trading company undertaking non-charitable trading activity	-	-	-	-			
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-
Other trading activities	-	-	-	-			
Investment management costs:	-	-	-	-			
Portfolio management costs	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
Total expenditure on raising funds	-	-	-	-	-	-	-
Expenditure on charitable activities:							
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
Total expenditure on charitable activities	-	-	-	-	-	-	-
Separate material item of expense							
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-
Other							
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
Total other expenditure	-	-	-	-	-	-	-
TOTAL EXPENDITURE	-	-	-	-	-	-	-
Other information:							

Analysis of expenditure on charitable activities

Activity or programme	This year				Last year		
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs
	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-

Total funds
£
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-

Total last year
£
-
-
-
-

Section C	Notes to the accounts	(cont)

Note 7 **Extraordinary items**

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extrordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
	Total	-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please discose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C Notes to the accounts

Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total
	£	£	£	£	£
Governance	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Other	-	-	-	-	-
Total	-	-	-	-	-

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total
	£	£	£	£	£
Governance	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Other	-	-	-	-	-
Total	-	-	-	-	-

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Basis of allocation		
(Describe method)		
Basis of allocation		
(Describe method)		

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year	Last year
	£	£
Independent examiner's fees	-	-
Assurance services other than audit or independent examination	-	-
Tax advisory fees	-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	-	-

Section C	Notes to the accounts	(c

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year
	£
Salaries and wages	-
Social security costs	-
Pension costs (defined contribution scheme)	
Other employee benefits	-
Total staff costs	-

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding emp fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, pleas box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Band	Number of
	This year
£60,000 to £69,999	-
£70,000 to £79,999	-
£80,000 to £89,999	-
£90,000 to £99,999	-
£100,000 to £109,999	-

	This year
	£
Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	-

11.2 Average head count in the year

		This year
		Number
The parts of the charity in which the	Fundraising	-

employees work	Charitable Activities	-
	Governance	-
	Other	-
	Total	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	This year	
	Last year	
Please state the legal authority or reason for making the payment	This year	
	Last year	

	This year
	£
Please state the amount of the payment (or value of any waiver of a right to an asset)	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

	This year
	£
Total amount of payment	-
The nature of the payment (cash, asset etc.)	

	This year
	£
The extent of redundancy funding at the balance sheet date	-

Please state the accounting policy for any redundancy or termination payments	

Last year
£
-
-
-
-

loyer pension costs)
se enter 'true' in the

employees

Last year
-
-
-
-
-

Last year
£
-

Last year
Number
-

-
-
-
-

Last year
£
-

Last year
£
-

Last year
£
-

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	-	-
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.		

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	

Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

This year:

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	**-**	**-**	**-**	**-**

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	***Yes***	***Please provide details of charity's URL.***
	No	***Provide details below***

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		**-**
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Last year:

13.3 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	**-**
Activity or project 2	-	-	-	**-**
Activity or project 3	-	-	-	**-**

Activity or project 4	-	-	-	-
Total	**-**	**-**	**-**	**-**

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.4 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	***Yes***	***Please provide details of charity's URL.***
	No	***Provide details below***

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		**-**
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment
	£	£	£	£
At the beginning of the year	-	-	-	-
Additions	-	-	-	-
Revaluations	-	-	-	-
Disposals	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

14.2 Depreciation and impairments

****Basis**	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB
**** Rate**				
At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Depreciation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of the year	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:	**This year**
the effective date of the revaluation	
the name of independent valuer, if applicable	

the methods applied and significant assumptions		
the carrying amount that would have been recognised had the assets been carried under the cost model.		-

14.6 Other disclosures

				This year
				£
(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.				-
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.				-
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.				

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage a*

[redacted]	
Total	
£	
-	
-	
-	
-	
-	
-	
SL or RB	
-	
-	
-	
-	
-	
-	
-	
-	
-	
Last year	

-
Last year
£
-
-
please indicate the
nnual deduction.

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates	
Policies for the recognition of any capital development	

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

	This year	Last year
the effective date of the revaluation		
the name of independent valuer, if applicable		
the methods applied		
the carrying amount that would have been recognised had the assets been carried under the cost model.		

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.		
(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.		
(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.		
(iv) State the amount of research and development expenditure recognised as expenditure in the year.		
(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.		
(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.		

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Section C	Notes to the accounts	(cont)

Note 16 Heritage assets

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

	This year	Last year
(i) Explain the nature and scale of heritage assets held.		
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.		

16.2 Cost or valuation

	Heritage asset 1	Heritage asset 2	Heritage asset 3	Heritage asset 4	Total
	£	£	£	£	£
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis						Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of year	-	-	-	-	-	

16.4 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

	This year	**Last year**
the effective date of the revaluation		
the name of independent valuer, if applicable		
qualifications of independent valuer		
the methods applied and significant assumptions		
any significant limitations on the valuation		

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A	**At cost Group B**	**Total**
	£	**£**	**£**
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recoignised on the balance sheet)

	This year	**Last year**
(i) Explain the reason why heritage assets have not been recognised on the balance sheet.		
(ii) Describe the significance and nature of heritage assets.		
(iii) Disclose information that is helpful in assessing the value of heritage assets.		
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.		

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	- 0	- 0	- 0	- 0	- 0
Group B	- 0	- 0	- 0	- 0	- 0
Group C	- 0				
Other	- 0				
Donations					
Group A	- 0	- 0	- 0	- 0	- 0
Group B	- 0	- 0	- 0	- 0	- 0
Group C	- 0	- 0	- 0	- 0	- 0
Other	- 0	- 0	- 0	- 0	- 0
Total additions	**- 0**	**- 0**	**- 0**	**- 0**	**- 0**
Charge for impairment					
Group A	- 0	- 0	- 0	- 0	- 0
Group B	- 0	- 0	- 0	- 0	- 0
Group C	- 0	- 0	- 0	- 0	- 0
Other	- 0	- 0	- 0	- 0	- 0
Total charge for impairment	**- 0**	**- 0**	**- 0**	**- 0**	**- 0**
Disposals					
Group A - carrying amount	- 0	- 0	- 0	- 0	- 0
Group B - carrying amount	- 0	- 0	- 0	- 0	- 0
Group C	- 0	- 0	- 0	- 0	- 0
Other	- 0	- 0	- 0	- 0	- 0
Total disposals	**- 0**	**- 0**	**- 0**	**- 0**	**- 0**

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

***Please specify additions resulting from acquisitions through business combinations, if any.**

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowlegable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

This year:

Analysis of investments	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)	-	

Last year:

Analysis of investments	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)	-	

17.3 If your charity holds investment properties, please complete the following note:

	This year	Last year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity		
(ii) Name or independent valuer, if applicable, and relevant qualifications		
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds		
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements		

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments	This year	Last year
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

	This year	Last year
Please provide details and amount of any guarantee made to or on behalf of a third party		
Name of the entity or entities benefitting from those guarantees		
Please explain how the guarantee furthers the charity's aims		

17.6 Concessionary loans

	Description	**This year £**	**Last year £**
Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obsure significant information*).		-	-
		-	-
		-	-
		-	-
	Total	-	-

	Description	**This year £**	**Last year £**
Amount of concessionary loans received *(Multiple loans received may be disclosed in aggregate provided that such aggregation does not obsure significant information).*		-	-
		-	-
		-	-
	Total	-	-

	This year	Last year
Terms and conditions eg interest rate, security provided		
Value of any concessionary loans which have been committed but not taken up at the reporting date		
Amounts payable within 1 year		
Amounts payable after more than 1 year		
Amounts receivable within 1 year		
Amounts receivable after more than 1 year		

17.7 Additional information

	This year	Last year
Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.		
For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.		
Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.		

Section C Notes to the accounts (cont)

Note 18 Stocks

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

	This year	Last year
	£	£
18.2 Please specify the carrying amount of any stocks pledged as security for liabilities		

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors	This year	Last year
	£	£
	-	-
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total		

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year	Last year
	£	£
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
	-	-
Total	-	-

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falli more than
	This year	Last year	This year
	£	£	£
Accruals for grants payable	-	-	-
Bank loans and overdrafts	-	-	-
Trade creditors	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-
Accruals and deferred income	-	-	-
Taxation and social security	-	-	-
Other creditors	-	-	-
Total	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

	This year	Last y
Please explain the reasons why income is deferred.		

Movement in deferred income account	This year
	£
Balance at the start of the reporting period	-
Amounts added in current period	-
Amounts released to income from previous periods	-
Balance at the end of the reporting period	-

ng due after one year
Last year
£
-
-
-
-
-
-
-
-
year
Last year
£
-
-
-
-

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

	This year	Last year
	£	£
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.2 Please provide:	This year	Last year
- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;		
- an indication of the uncertainties about the amount or timing of those outflows; and		
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.		

	This year	Last year
21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).		
21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.		

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

	This year	Last year
22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.		
22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.		

Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabililities, please complete the following section unless the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

This year

Description of item	Estimate of financial effect

Last year

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

	This year	Last year
Explain any uncertainties relating to the amount or timing of settlement; and the possibilty of any reimbursement		
Where it is not practical to make one or more of these disclosures, please state this fact		

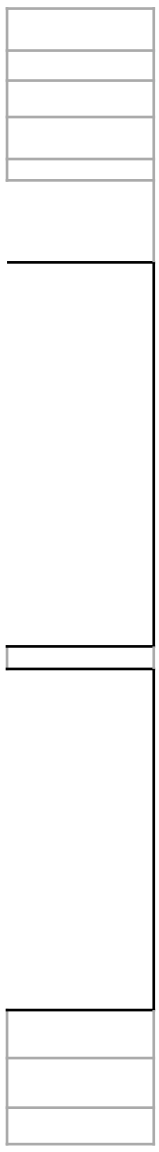
Section C	Notes to the accounts	(cont)

Note 24 Cash at bank and in hand

	This year	Last year
	£	£
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	-	-
Other	-	-
Total	-	-

Note 25 Fair value of assets and liabilities

	This year	Last year
25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.		
25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.		



Section C	Notes to the accounts	(cont)

Note 26 Events after the end of the reporting period

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period

	This year	Last year
Please provide details of the nature of the event		
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made		

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Section C	Notes to the accounts	(cont)

Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure belo reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted fu***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses
			£	£	£	£	£
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
			-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-
		Total Funds	-	-	-	-	-

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nds

Fund balances carried forward
£
-
-
-
-
-
-
-
-
-
-
-
-

Note 27 Charity funds (cont)

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
			£	£	£	£	£	£
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	-	-	-	-	-	-

Note 27 Charity funds (cont)

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

This year

Planned use	Purpose of the designation	Amount

Last year

Planned use	Purpose of the designation	Amount

Section C **Notes to the accounts** **(cont)**

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	-	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity		

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)	

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	
For any related party, please provide details of any guarantees given or received.	

Last year

There have been no related party transactions in the reporting period (True or False)	

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.								
For any related party, please provide details of any guarantees given or received.								

Section C **Notes to the accounts** **(cont)**

Note 29 **Additional Disclosures**

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.