

DUFFUS CANCER FOUNDATION

England & Wales · Charity number 1173774

Details

Other names DUFFUS COMMUNITY FOUNDATION

Status Registered

Legal form CIO

Registered 2017-07-11

Register [View on the Charity Commission register](#)

Contact

Address Duffus Community Foundation
Weatherill House Business Centre
New South Quarter
23 Whitestone Way
Croydon
CR0 4WF

Phone 07956429277

Email INFO@DUFFUSFOUNDATION.ORG

Website www.duffusfoundation.org

Activities

Objects: TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE TO IMPROVE CONFIDENCE, SELF-ESTEEM, RESILIENCE, COMMUNICATION AND RELATIONSHIPS WHILE DEVELOPING INDEPENDENCE. TO MAKE A POSITIVE DIFFERENCE TO YOUNG PEOPLE'S LIVES BY PROVIDING: 1. RECREATIONAL ACTIVITIES TO ENABLE YOUNG PEOPLE TO HAVE FUN, DEVELOP CREATIVITY AND INCREASE SOCIAL INCLUSION 2. 121 SUPPORT TO ENABLE YOUNG PEOPLE TO BUILD THEIR SELF-ESTEEM, COMMUNICATION SKILLS AND RELATIONSHIPS 3. WORKSHOPS TO DEVELOP TOOLS, TECHNIQUES AND COPING STRATEGIES.

Activities: Duffus Community Foundation aims to make a positive difference to children & young people's wellbeing through groupwork and 121 activities. Our group programmes support young people to meet others and learn tools and techniques to boost wellbeing. We empower young people to share their ideas and shape provision around their interests and requirements.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Recreation
- **Who:** Children/young People

Geography

- Bromley
- Croydon
- Merton
- Sutton

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£117,005	£90,167	-	-
2023-12-31	£95,074	£93,664	-	-
2022-12-31	£43,796	£75,875	-	-
2021-12-31	£61,364	£63,793	-	-
2020-12-31	£71,502	£21,066	-	-

Trustees

Name	Role	Appointed
Dr Anneline Flood		2023-09-25
Mikala Ayres		2024-05-03
Nile Byrne Cook		2025-07-29
Shannel Miller-Gayle		2023-04-05
Sylvia Werner		2026-03-16
Ying Dai		2026-03-16

Accounts

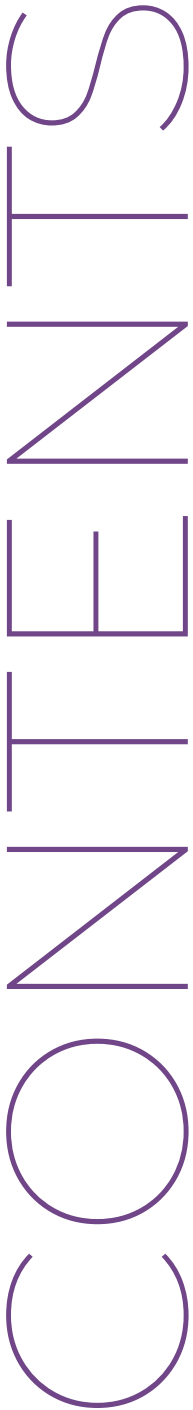


DCF Trustees' Annual Report



2024

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Thank you

Charity Name	Duffus Cancer Foundation
Working Name	Duffus Community Foundation
Registration Number	1173774
Postal Address	23 Whitestone Way Weatherill House Business Centre New South Quarter Croydon CR0 4WF
Trustees	Brian Duffus (CEO) Geoff Gostt (Chair) Rebecca Duffus Shannel Miller-Gayle Anneline Flood Mikala Ayres Carl Roberts Kathryn Vincent

We make a positive difference to children & young people's wellbeing through groupwork and 121 activities. Our group programmes support young people to meet others and learn tools and techniques to boost wellbeing. We empower young people to share their ideas and shape provision around their interests and requirements.

DCF also work in schools delivering our resilience programme through 121 befriender support that gives young people some of the tools needed to navigate life's challenges.

Projects include:

- Your Space youth group
- Croydon Schools 121 Befrienders
- Merton School 121s
- COOP Outdoor Activities
- Unity Junction Community Hub

[Visit our website by clicking here](#)

What we strive to achieve

Core Values:

The five areas focus on: having an internal and external family approach within the team and with our beneficiaries; demonstrating and delivering an inclusive and fair service; supporting and embracing difference; working towards improving young people's personal development; providing our youth with many opportunities to have a voice and to impact change.

Practice Outcomes

We work to achieve the following outcomes:

- Support young people to have fun and experience positive feeling
- Improve confidence & self-esteem
- Improve resilience & independence
- Support positive communication & relationships



Unity Junction Aims & Objectives:

In October 2024, we opened and piloted our own community space in Sutton, called Unity Junction. The aim was to provide a space that youth and adults could access. The vision is to:

- Provide a safe space for Young People to learn & socialise
- Promote inclusion and reduce social isolation
- Promote positive wellbeing
- Provide advice & information to the public and collaborate with community partners.



ADMINISTRATIVE INFORMATION AND MANAGEMENT

Governing Document

Duffus Cancer (Community) Foundation (DCF) is a charitable organisation which first met as a committee on 30th January 2017 and registered as a charity on 11th July 2017. It is governed by its constitution as a Charitable Incorporated Organisation.

Organisational Structure

The Board of Trustees meets monthly 10 times a year and monitors financial performance and strategic planning facilitated by the CEO. The Youth Steering Group, which consists of young people (accessing/who have accessed our service) and young volunteers, meets monthly/quarterly. Other ad-hoc sub-committees are formed as required.

Staffing

During this period, DCF had a paid part-time youth worker, working on the Croydon Relief In Need School Programme and one paid part-time youth worker working on our Merton School Programme until the end of May. In addition to this, we had a full time CEO leading on strategy, staff performance and youth provision and one staff member leading on communication and community youth provision across DCF.

In our community programmes, we had eleven sessional volunteers and a further ten volunteers who supported with fundraising, events, marketing and film making.

Responsibilities

The responsibilities for fulfilling objectives as a registered charity fall on the DCF Board of Trustees, as outlined above.

Staff/Volunteer Induction and Training

All new staff and volunteers undertake an induction and training programme. Existing staff/volunteer training requirements are reviewed via Planning Meetings and 121s/Supervision sessions.

Trustees are also encouraged to have any additional training as is relevant to their roles and requirements. In 2024 we appointed three new trustees and two Ambassadors.

Risk Management

All major risks are identified and reviewed by Trustees on a monthly/bi-monthly basis. During this process, systems and procedures are put in place to manage any risk.

CHARITY PROJECTS



Your Space Youth Group & Trips

In 2024, our monthly community youth group had 58 young people attend the youth groups and half term trips. This included bowling, rock climbing, karaoke, art sessions, trampolining, a theatre trip, a cinema trip and more. The core funding for our monthly sessions and trips came thanks to Caterham Roundtable.

Croydon School 121s

For 2024, we supported 60 young on our 121 mentoring programme in Croydon from Jan-Dec, across Primary & Secondary Schools. We received positive feedback from students, schools and parents regarding the support delivered on this programme. This project was funded by Croydon Relief in Need.

Merton School 121s

For 2024, we supported 24 young people on our 121 mentoring programme in Merton (Jan-June) across two primary schools and one secondary school. This project was funded by Merton Giving Fund.

COOP Outdoor Activities

Our COOP fund allowed us to take our young people on trips to enjoy outdoor experiences. We delivered 9 experiences including a day trip to Littlehampton, a Mindful Cupcake workshop, Crazy Golf, Paddleboarding, a Canal boat ride, Camden Market, an Easter Scavenger Hunt, Christmas Markets, and Winter Wonderland.



Unity Junction Community Hub

October 2024 saw the opening of our own community space in Sutton. From a youth perspective, we delivered after school club group drop-ins and events. We also provided hire opportunities to other charity and community groups which contributed to our space providing access to 385 young people between October to December.



DCF YOUTH STEERING GROUP

Our Youth Steering Group had a successful 2024. They worked on a campaign which involved giving back to their community by volunteering their time once a month to other local community groups.



The Steering Group also supported DCF with grant applications, volunteering on fundraising events and supporting our junior members.

The above picture shows members of our Steering Group, alongside board members and community partners at the Civic Mayor's Gala Fundraiser.

FUNDRAISING & DONATIONS



In 2023/24 we were the Croydon Civic Mayor's chosen Charity of the Year. During this time the Mayor carried out a number of fundraising events which raised an incredible £13,500 for DCF.

In the summer of 2024, we hosted a Quiz Night for over 70 participants which raised just over £1,900.



On our 7th birthday we received £400 from our longstanding supporters, Bibra.



Siblings, and friends of the charity, Samra and Yubal raised over £400 for DCF after engaging in 5 & 10k runs to help raise funds to support our community programmes.

Our CEO worked hard to build partnerships to help sustainability. Caterham Roundtable provided us with £7,774 to assist with our Your Space delivery.



We received additional funds and public donations from the Giving Lottery, People's Fundraising, monthly donor sponsors, one off donations and through Facebook and easyfundraising, which helped to raise just under £5000



COMMUNITY COLLABORATIONS



Caterham Round Table supported our community delivery.



Manju Shahul Foundation were supported by our Youth Steering Group.



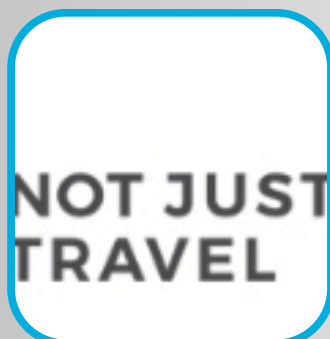
Jigsaw 4 U collaboration taking young people to Crystal Palace games.



Newbridge Talent Associates and Donnelly Finance, delivered business workshop.



Asian Resource Centre Croydon, fundraiser for the Mayor's charities.



Partnership with Not Just Travel, agency for discounted holidays for members.



Collaborations with local artist Scene in London and art charity UYC Academy.



Partnership support from Coversure Insurance, Donnelly Finance, Newbridge Talent and Installation, Refurbishment Solutions Limited for fundraising event.



Start Up Croydon provided us with digital media creation and Croydon Vision supported with venue and transport facilitation.



From Sutton, we partnered with Time Out Youth Project and Sutton Volunteer Centre.

OUR IMPACT IN 2024

60

School Support:

24

young people accessed
our Croydon 121
mentoring support
programme

young people accessed
our Merton school 121
befriender support
programme.

Wellbeing is measured using the accredited Stirling Wellbeing Scale
or the Warwick-Edinburgh Mental Well-being Scale (WEMW).



100%

Have fun & experience
increased positive
feeling

81%

showed increased use of
coping strategies in
everyday life

100%

Have developed a better
understanding of mental
health & resilience

Community Support:

193

young people accessed our
community support across Croydon &
Sutton, with a further 250 attending
our community space.



"I USED TO NOT BE ABLE TO
RESIST RETALIATING AGAINST
PEOPLE WHO IRRITATED ME BUT
NOW I DO"

"I LIKED LEARNING HOW TO
HELP MYSELF WITH
HANDLING MY ANGER BY
USING THE TRAFFIC LIGHTS
EXERCISES"

"I LIKED TALKING ABOUT MY
FEELINGS, PLAYING NEW
GAMES AND LEARNING WHY
I'M UNIQUE"

"ON BEHALF OF HARRIS CRYSTAL PALACE, I
WOULD LIKE TO EXTEND OUR HEARTFELT
APPRECIATION FOR YOUR UNWAVERING
SUPPORT AND FLEXIBILITY IN WORKING WITH
OUR STUDENTS AND THE LOCAL COMMUNITY.
YOUR DEDICATION AND COMMITMENT HAVE
MADE A SIGNIFICANT IMPACT ON THE LIVES OF
MANY"

"COMING TO DUFFUS IS SO FUN!
I'M REALLY ENJOYING THE
SESSIONS AT SCHOOL"

MY CHILD BECAME MORE
CONFIDENT AND ALOT
HAPPIER IN HIMSELF"

FINANCIAL SUMMARY

INCOME		2024
Donations		28,830
Grants		88,175
TOTAL		117,005
EXPENDITURE		2024
Charitable activities		90,167
TOTAL		90,167
NET INCOME/ (EXPENDITURE)		26,838

The year ending 31st December 2024 showed a net income of £26,838. Our total income was £117,005 compared with expenditure of £90,167. Net funds for the charity now stand at £48,991.

FINANCIAL SUMMARY

INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Duffus Cancer Foundation (the charity) for the year ended 31 December 2024.

Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Name: *BRIAN WINGATE*

Relevant qualifications: *BSc.CEng MI MechE*

Address: *7 TIMBERTOP ROAD, BIGGIN HILL, KENT, TN16 3AR*

STATEMENT OF FINANCIAL ACTIVITIES

STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 December 2024 (incorporating an income and expenditure account)

	General Funds £	Restricted Funds £	Total funds 2024 £
Income from:			
Donations and subscriptions	28,830	88,175	117,005
Charitable activities	0	0	0
Total	28,830	88,175	117,005
Expenditure on:			
Raising funds	0	0	0
Charitable activities	13,548	76,619	90,167
Total	13,548	76,619	90,167
Net income / (Expenditure)	15,282	11,556	26,838
Transfer between funds	2,710	-2,710	-
Net movement in funds	17,992	8,846	26,838
Reconciliation of funds			
Total fund brought forward	1,983	20,170	22,153
Total fund carried forward	19,975	29,016	48,991

No corporation tax was payable by the Group or Charity for the year ended 31 December 2024 (2023: £nil).

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 8 to the financial statements.

BALANCE SHEET

BALANCE SHEET

As at 31 December 2024

	Total funds 2024 £	Total funds 2023 £
Fixed assets		
Tangible fixed assets	2,247	290
Current assets		
Cash at bank and in hand	53,916	25,278
Other debtors and prepayments	766	400
	54,682	25,678
Current liabilities		
Creditors: amounts falling due within 1 year	7,939	3,816
Net current assets	46,743	21,862
Net assets	48,990	22,152
Funds of the charity		
Restricted income funds	29,016	20,170
Unrestricted funds	19,975	1,983
Total fund carried forward	48,990	22,152

Approved by the board of Trustees on 23rd October 2025



Geoff Gostt – Chairman

A BIG THANK YOU

HOW TO REACH US

DCF
23 Whitestone Way,
Weatherill House Business Centre,
New South Quarter, Croydon
CR0 4WF

www.duffusfoundation.org
info@duffusfoundation.org



We are so grateful to our staff, volunteers and trustees who work tirelessly to continue our Founder Leroy's legacy and improve young people's wellbeing.

We would also like to thank the donors and organisations who support us, enabling us to make a positive difference to more young people's lives:



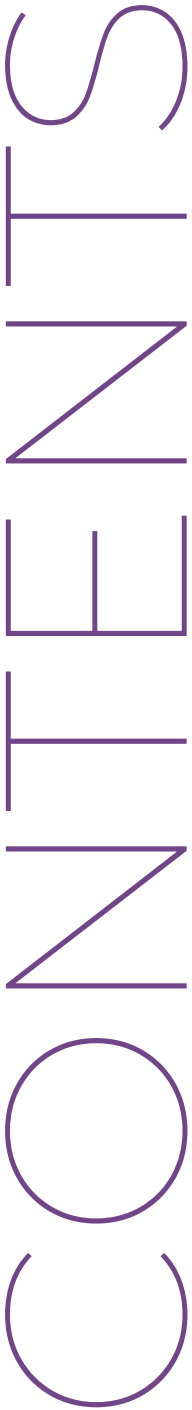
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Thank you

Charity Name	Duffus Cancer Foundation
Working Name	Duffus Community Foundation
Registration Number	1173774
Postal Address	23 Whitestone Way Weatherill House Business Centre New South Quarter Croydon CR0 4WF
	Brian Duffus (CEO)
Trustees	Geoff Gostt (Chair) Mark Hamilton (Treasurer) - Stood down December Rebecca Duffus Philip Dainton - Stood down May Shannel Miller-Gayle (joined April) Anneline Flood (joined September)

We make a positive difference to children & young people's wellbeing through groupwork and 121 activities. Our group programmes support young people to meet others and learn tools and techniques to boost wellbeing. We empower young people to share their ideas and shape provision around their interests and requirements.

DCF also work in schools delivering our resilience programme and 121 befriender support that gives young people some of the tools needed to navigate life's challenges.

Projects include:

- Your Space youth group
- Right Track Programme
- Croydon Schools 121 Befrienders
- Merton Schools 121 Befrienders

[Visit our website by clicking here](#)

(Anywhere there are underlined sections in this document, this is a clickable link.)

What we strive to achieve

New Core Values:

In January 2023 our newly appointed CEO developed new core values for the Foundation to have a clearer emphasis on our charitable ethos and strengths. The five areas focus on: having an internal and external family approach within the team and with our beneficiaries; demonstrating and delivering an inclusive and fair service; supporting and embracing difference; working towards improving young people's personal development; providing our youth with many opportunities to have a voice and to impact change.



Practice Outcomes

We work to achieve the following outcomes:

- Support young people to have fun and experience positive feeling
- Improve confidence & self-esteem
- Improve resilience & independence
- Support positive communication & relationships

ADMINISTRATIVE INFORMATION AND MANAGEMENT

Governing Document

Duffus Cancer (Community) Foundation (DCF) is a charitable organisation which first met as a committee on 30th January 2017 and registered as a charity on 11th July 2017. It is governed by its constitution as a Charitable Incorporated Organisation.

Organisational Structure

The Board of Trustees meets monthly 10 times a year and monitors financial performance and strategic planning facilitated by the CEO. The Youth Steering Group, which consists of young people (accessing/who have accessed our service) and young volunteers, meets monthly/quarterly. Other ad-hoc sub-committees are formed as required.

Staffing

During this period, DCF had three paid part-time youth workers working on the Croydon Right Track School Programme until the end of March. In addition to this, we had a newly appointed full time CEO leading on strategy, staff performance and youth provision and one staff member leading on communication across DCF.

In our community programmes, we had five ad-hoc youth workers and ten volunteers who supported with group sessions, marketing, events and film making.

Responsibilities

The responsibilities for fulfilling objectives as a registered charity fall on the DCF Board of Trustees, as outlined above.

Staff/Volunteer Induction and Training

All new staff and volunteers undertake Induction and Training programme. Existing staff/volunteer training requirements are reviewed via Planning Meetings and 121s/Supervision sessions.

Trustees are also encouraged to have any additional training as is relevant to their roles and requirements. In 2023 we had two trustees step down and we appointed two new trustees.

Risk Management

All major risks are identified and reviewed by Trustees on a monthly/bi-monthly basis. During this process, systems and procedures are put in place to manage any risk.

SCHOOL INTERVENTIONS



In January we attended a coffee morning at St Joseph's Primary School and spoke to parents and carers about how to support their young people's wellbeing.



We later facilitated an assembly for their 'Wellbeing Week' programme, delivering sessions to 225 pupils.

The Right Track Croydon Schools Programme, funded by Croydon Community Fund came to an end in March. During the first three months of the year we supported 96 pupils with group work delivery and 4 pupils with 121 support. We continued to be able to support schools in Croydon by offering 121 Befriender Sessions from May funded by Croydon Relief In Need.



We were also able to start offering support in Merton Schools via our Merton 121 Befriender Sessions funded by the Merton Giving Fund where we've been able to support 30 young people.

CROYDON AND MERTON BEFRIENDERS

These sessions focus on supporting young people with anxiety or those needing wellbeing support. We use a range of tools and strategies including CBT (Cognitive Behavioural Therapy) style games, boxing, photography and resilience-focused activities.



Our Croydon Relief In Need 121 project in Croydon focused on those who have been affected by poverty or emotional hardship. The project has supported young people who have been identified by schools, parents or professionals. In 2023 we supported 36 young people in less than a year of this 2 year project across 8 schools.

Young people session feedback:

"I learned that if I get too frustrated, I can walk away or do breathing exercises."

"I learned the box breathing technique and a mindfulness technique to help me control my thoughts."

"I learnt what angry is and a wellbeing exercise to help me write about my worries."

"I learnt how to express your feeling - if you can explain it, you can draw it."



Our Merton 121 project also focused on those who have been affected by emotional hardship. We supported 30 young people across 3 schools by the end of 2023 of this one year project concluding in 2024.

Young people session feedback:

"I learnt about resilience - overcoming challenges and keeping on pushing."

"I learned about resilience and how it is about your mental health. I learned the things I like to do to be more resilient."

"I liked learning about the wellbeing keys (mental health, physical, social health)."

COMMUNITY ACTIVITIES: CROYDON YOUR SPACE



In the community we continued to deliver our monthly flagship youth group session called 'Your Space' which changed venues in March from Matthews Yard, to Bedford Hall in West Croydon.

During half term we hosted a number trips and outings providing our young people with access to recreational activities to help increase their level of positive feeling and experiences.

LocalGiving's Magic Little Grants provided funding for us to take a group of young people to Twist Museum in central London. This helped us to provide our young people with the opportunity to engage and learn from an exhibition based on Art and Science.

In June we were presented with the news that we had been chosen by Croydon Council as one of their Charities of the Year for 2023-24.

Feedback.

"I love coming to Your Space because it feels like I'm meeting up with family and I get to learn new things and go on trips."

DCF YOUTH STEERING GROUP

Our Youth Steering Group relaunched in 2023, working with the CEO to re-write their group Terms of Reference and setting out a social action / value plan for the up coming year of 2024.

Two Co-Chairman were appointed in October and a new leadership team was formed.



Steering group meetings were held at Croydon Council courtesy of the Civic Mayor's hospitality

FUNDRAISING



In 2019, Anthony Pearce did a sponsored walk for DCF and this year again donned his boots, this time to walk the 'Coleridge Way' in Somerset and Devon. He walked 51 miles from Nether Stowey to Lynmouth and raised £408!

Thanks so much Tony!

In September, we held our 'Tea, Biscuit and Cake' (TBC) Annual afternoon tea fundraiser in memory of our late Founder, Leroy Duffus. This year we put on quite a spread (with help from some local catering businesses) and held the event at Braithwaite Hall with both the Civic and Executive Mayor as guests of honour. The event raised over £800.



Tom Breza, who has been running a marathon every month of this year, chose DCF to support in November and raised £206 for DCF while running in Bury St Edmunds. Thank you Tom!

Norbury Hill Cubs Nursery held a fantastic Christmas Party & Fundraiser for DCF raising a whopping £810 for DCF! Big thank you to Sara, Zak and the team.



We received additional funds and public donations from the Giving Lottery, People's Fundraising, monthly donor sponsors, one off donations and through Facebook birthday donations.

COMMUNITY COLLABORATIONS



Trustee Rebecca & CEO Brian feature on Reach Radio Podcast



Brian is interviewed on Croydon FM



Rebecca & Brian take part in the Walk for Peace 5K walk starting at the Baitul Futuh Mosque



DCF support Croydon BME Forum with social media posts for Black History Month



West Bakes Cookies, donated their cookies for our TBC Fundraiser event



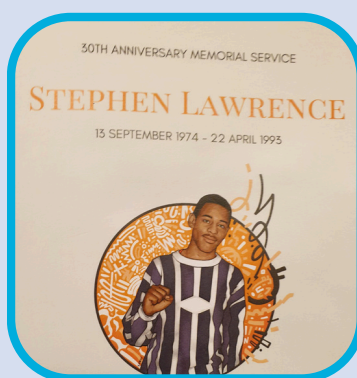
Simply Lunch donated their sandwiches for our TBC Fundraiser



Stennings Bakery donated scones for our TBC afternoon tea fundraiser



Helen, Brian & Rebecca support Greenshaw High School with interview techniques



Stephen Lawrence Day Foundation invited us to celebrate the 30 year anniversary of Stephen.



Dell Technologies invited us to their headquarters to deliver a employment workshop

OUR IMPACT IN 2023

School Support:

70

young people accessed
our 121 mentoring
across three
programmes

96

young people accessed
our school workshop
programme

225

accessed our school
wellbeing themed
assemblies

Wellbeing is measured using the accredited Stirling Wellbeing Scale
or the Warwick-Edinburgh Mental Well-being Scale (WEMW).



Community Support:

100%

using strategies
discussed at least once
a week

100%

showed improvement on
the wellbeing scales and
enjoyed the sessions

55

young people accessed
our community support



We facilitated 8 school holiday trips: Twist Museum, Flip Out, Putt Putt Karaoke and Mini Golf, Dell Technologies, Black Tech Day, PIG (Pamper, Indulge, Give) Agricultural Workshop, Cinema, Visit to the Civic Mayor's Chambers, Ludoquist games cafe.

"I FEEL LIKE THE SESSIONS GIVE
ME THE CHANCE TO WORK ON
HOW TO RESPOND TO MY
EMOTIONS."

"COMING TO YOUR SPACE HAS
HELPED ME TO SPEAK MORE
OPENLY AROUND PEOPLE."

"I TALK MORE AT SCHOOL NOW
BECAUSE I DON'T FEEL SO SHY. I
CAN BE MYSELF."

FINANCIAL SUMMARY

INCOME		2023
Donations		5,498
Grants		79,641
Charitable activities		9,935
TOTAL		95,074
EXPENDITURE		2023
Charitable activities		93,664
TOTAL		93,664
NET INCOME/ (EXPENDITURE)		1,411

The year ending 31st December 2023 showed a net income of £1,411. Our total income was £95,074 compared with expenditure of £93,664. Net funds for the charity now stand at £22,153.

FINANCIAL SUMMARY

INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Duffus Cancer Foundation (the charity) for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Name: DANIEL GOSTT

Relevant qualifications: MATT level 4, Managing Director

Address: Total Support Services

Unit 20.

57A CROYDON ROAD

CROYDON

SURREY

CR0 4WQ.



STATEMENT OF FINANCIAL ACTIVITIES

STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 December 2023 (incorporating an income and expenditure account)

	Note	General Funds £	Restricted Funds £	Total funds 2023 £	Total Funds 2022 £
Income from:	2				
Donations and subscriptions		5,498	79,641	85,139	6,047
Charitable activities		-	9,935	9,935	37,749
Total		<u>5,498</u>	<u>89,576</u>	<u>95,074</u>	<u>43,796</u>
Expenditure on:	3				
Raising funds		-	-	-	154
Charitable activities		17,466	76,197	93,664	75,721
Total		<u>17,466</u>	<u>76,197</u>	<u>93,664</u>	<u>75,875</u>
Net income / (Expenditure)		<u>(11,968)</u>	<u>13,379</u>	<u>1,411</u>	<u>(32,079)</u>
Transfer between funds		-	-	-	-
Net movement in funds		<u>(11,968)</u>	<u>13,379</u>	<u>1,411</u>	<u>(32,079)</u>
Reconciliation of funds					
Total fund brought forward		<u>13,951</u>	<u>6,791</u>	<u>20,742</u>	<u>52,821</u>
Total fund carried forward		<u>1,983</u>	<u>20,170</u>	<u>22,153</u>	<u>20,742</u>

No corporation tax was payable by the Group or Charity for the year ended 31 December 2023 (2022: £nil).

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 8 to the financial statements. The notes later in this report form part of these financial statements.

BALANCE SHEET

BALANCE SHEET

As at 31 December 2023

	Note	Total funds 2023 £	Total funds 2022 £
Fixed assets			
Tangible fixed assets	5	290	784
Current assets			
Cash at bank and in hand	8	25,278	22,088
Other debtors and prepayments	6	400	-
		25,678	22,088
Current liabilities			
Creditors: amounts falling due within 1 year	7	3,816	2,130
Net current assets		21,862	19,958
Net assets		22,152	20,742
Funds of the charity			
Restricted income funds	9	20,170	6,791
Unrestricted funds		1,983	13,951
Total fund carried forward		22,153	20,742

Approved by the board of Trustees on 28th October 2024



Geoff Gostt – Chairman

NOTES TO THE ACCOUNTS

NOTES TO THE ACCOUNTS

1. Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. On this basis the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Deferred income

No material item of deferred income has been included in the accounts.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £250. They are valued at cost less of any depreciation and any impairment losses. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Office equipment 33.3% per annum on a straight line basis

2. Income

Analysis of income	General Funds £	Restricted Funds £	Total funds 2023 £	Total funds 2022 £
Income from donations				
Donations and gifts	5,498	-	5,498	5,547
Grants provided by other charities	-	79,641	79,641	500
Total	5,498	79,641	85,139	6,047
Income from charitable activities				
Croydon Council Schools Project	-	9,935	9,935	37,749
Total	-	9,935	9,935	37,749
Total income	5,498	89,576	95,074	43,796

All income in the prior year was unrestricted.

3. Expenses

	General Funds £	Restricted Funds £	Total funds 2022 £	Total Funds 2022 £
Expenditure on raising funds:				
Advertising and marketing	154	-	-	154
Expenditure on charitable activities:				
<u>Direct costs</u>				
Advertising and marketing costs	-	1,481	1,481	1,101
Depreciation	-	163	163	429
Insurance costs	-	80	80	236
ITC costs	-	958	958	1,270
Printing, postage, and stationary costs	-	257	257	296
Professional and consultancy costs	-	69	69	96
Project costs	520	443	963	7,584
Regulatory and compliance costs	-	148	148	100
Rent	-	109	109	380
Staff costs	-	72,489	72,489	55,875
Return of funds	-	-	-	3,911
<u>Support costs</u>				
Advertising and marketing costs	-	-	15	15
Depreciation	330	-	330	-
ITC costs	150	-	150	1,221
Printing, postage and stationary costs	-	-	-	4
Professional and consultancy costs	1,305	-	1,305	970
Other costs	31	-	31	7
Rent	4,963	-	4,963	420
Staff costs	10,167	-	10,167	1,806
Total	17,466	76,197	93,664	75,721
Total expenditure	17,466	76,197	93,664	75,875

£4,597 of expenditure in the prior year was attributable to unrestricted funds and £71,278 was attributable to restricted funds.

4. Paid employees

The average number of employees and full time equivalent during the year was as follows:

	2023	2022
Employed staff	5	5
Casual workers	5	5
	<u>10</u>	<u>10</u>
Full time equivalent staff	<u>2</u>	<u>2</u>
Total remuneration was:		
Wages and salaries (£)	<u>82,643</u>	<u>57,581</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

5. Tangible fixed assets

	Office equipment £
Cost at 31 December 2022	1,776
Additions	-
At 31 December 2023	<u>1,776</u>
Depreciation and impairment at 31 December 2022	992
Depreciation charged in the year	494
At 31 December 2023	<u>1,486</u>
Carrying amount At 31 December 2023	<u>290</u>
At 31 December 2022	<u>784</u>

6. Debtors and prepayments

	2023 £	2022 £
Prepayments	<u>400</u>	<u>-</u>

7. Creditors and accruals

	2023 £	2022 £
Taxation and social security	3,086	2,130
Pension	<u>730</u>	<u>-</u>
	<u>3,816</u>	<u>2,130</u>

8. Cash at bank and in hand

	2023 £	2022 £
Cash at bank	24,702	22,088
	576	
Petty cash	<u>-</u>	<u>-</u>
	<u>25,278</u>	<u>22,088</u>

9. Movement in funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance 1 Jan 23 £	Income £	Expenditure £	Transfer between funds £	Balance 31 Dec 23 £
Restricted funds					
Croydon Council – Community	1,094	-	-	-	1,094
Croydon Council – Schools	1,069	9,935	11,004	-	-
Big Lottery – Managers Fund	4,563	-	4,563	-	-
Local Giving Fund	110	500	349	-	261
Big Lottery - CEO	-45	44,142	40,037	-	4,060
Croydon CRIN	-	14,999	9,133	-	5,866
Merton	-	10,000	6,181	-	3,819
Big Lottery - Comms	-	10,000	4,930	-	5,070
Total	<u>6,791</u>	<u>89,576</u>	<u>76,197</u>	<u>-</u>	<u>20,170</u>

10. Transactions with Trustees and related parties

Trustee remuneration and benefits

None of the other trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

Trustees' expenses

No trustee expenses have been paid in the year (2022 – nil).]

HOW TO REACH US

DCF
23 Whitestone Way,
Weatherill House Business Centre,
New South Quarter, Croydon
CR0 4WF

www.duffusfoundation.org
info@duffusfoundation.org



We are so grateful to our staff, volunteers and trustees who work tirelessly to continue our Founder Leroy's legacy and improve young people's wellbeing.

We would also like to thank the donors and organisations who support us, enabling us to make a positive difference to more young people's lives:



A BIG THANK YOU

- Bongi at Empower Agency
- Anthony Pearse
Chris Carter
- Colm & Jean
- Ashleigh at Bibra Technologies
- Bella
- Family and friends of Trevor Smith
- Olivia T
- Theresa Cameron
- Stephen Lawrence Day Foundation
- Mark Krycki, Victor Films
- Croydon Start Up
- Croydon Vision
- Matthew's Yard
- Dell Technologies
- Jenni Steele & Reach Radio
- Pamper Give Indulge
- Black Tech Day
- West Bakes
- Stennings Bakery
- Simply Lunch
- Norbury Hill Cubs
- Civic Mayor Cllr Tony Pearson
- Tom Breza
- Kitan Ogunfeibo



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DUFFUS CANCER FOUNDATION

England & Wales - Charity number 1173774

Accounts

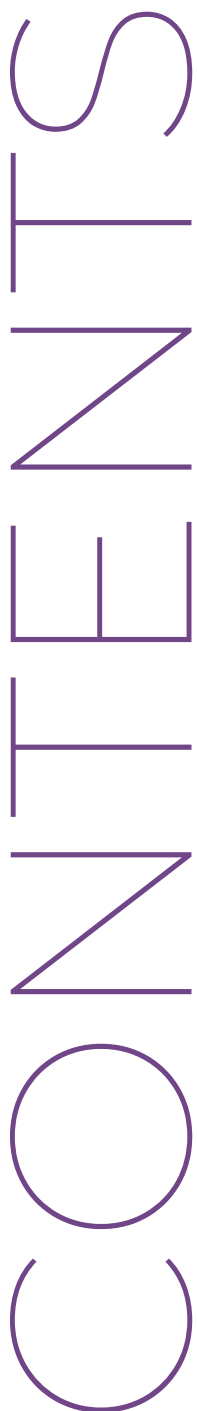


DCF Trustees' Annual Report

2022



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Thank you

Charity Name	Duffus Cancer Foundation
Trading Name	Duffus Community Foundation
Registration Number	1173774
Postal Address	CVA, 82 London Road, Croydon CCR0 2TB
Trustees	Geoff Gostt (Chair) Brian Duffus (Acting CEO) Mark Hamilton (Treasurer) Rebecca Duffus Philip Dainton Matthew Stickley (Stepped down in June 2022) Candice McCausland (Stepped down in March 2022)

We make a positive difference to children & young people's wellbeing through groupwork and 121 activities. Our group programmes support young people to meet others and learn tools and techniques to boost wellbeing. We empower young people to share their ideas and shape provision around their interests and requirements. DCF also work in schools delivering our resilience programme that gives young people some of the tools needed to navigate life's challenges.

Groups include:

- [Your Space youth group](#)
- Dance Space - Ended in February
- Your Vision Media Project
- [Right Track resilience programme](#)
- [Right Track Croydon School Programme](#)

(Anywhere there are underlined sections in this document, this is a clickable link.)

[Visit our website by clicking here!](#)



Duffus Community Foundation

ADMINISTRATIVE INFORMATION AND MANAGEMENT

Governing Document

Duffus Cancer Foundation (DCF) is a charitable organisation which first met as a committee on 30th January 2017 and registered as a charity on 11th July 2017. It is governed by its constitution as a Charitable Incorporated Organisation.

Organisational Structure

The Board of Trustees meets monthly and monitors financial performance and strategic planning. The Youth Steering Group, which consists of young people (accessing/who have accessed our service) and young volunteers, meets quarterly. Other ad-hoc sub-committees are formed as required.

Staffing

During this period, DCF continued to have four paid part-time youth workers working on the Croydon Right Track School Programme. In addition to this, we had a part time Acting CEO leading on strategy and one staff member leading on communication across DCF.

In our community programmes, we had five part-time youth workers and ten volunteers who supported with group sessions, marketing, events and social media. We had one person on a week-long work experience and we also paid for ad-hoc support from a film-maker.

Responsibilities

The responsibilities for fulfilling objectives as a registered charity fall on the DCF Board of Trustees, as outlined above.

Staff/Volunteer Induction and Training

All new staff and volunteers undertake the Induction and Training programme. Existing staff/volunteer training requirements are reviewed via Planning Meetings and 121s/Supervision sessions.

Trustees are also encouraged to have any additional training as is relevant to their roles and requirements. In 2022 we had two trustees step down.

Risk Management

All major risks are identified and reviewed by Trustees on a monthly/bi-monthly basis. During this process, systems and procedures are put in place to manage any risk.

SUMMARY OF THE YEAR

2022 saw DCF brandish a new look and new uniform following our logo being updated.



The community Youth Workers wear black t-shirts & sweatshirts



Our school's team wear purple T-shirts and our volunteers wear white T-shirts.

You can check out our [**team photoshoot here!**](#)

YOUR SPACE

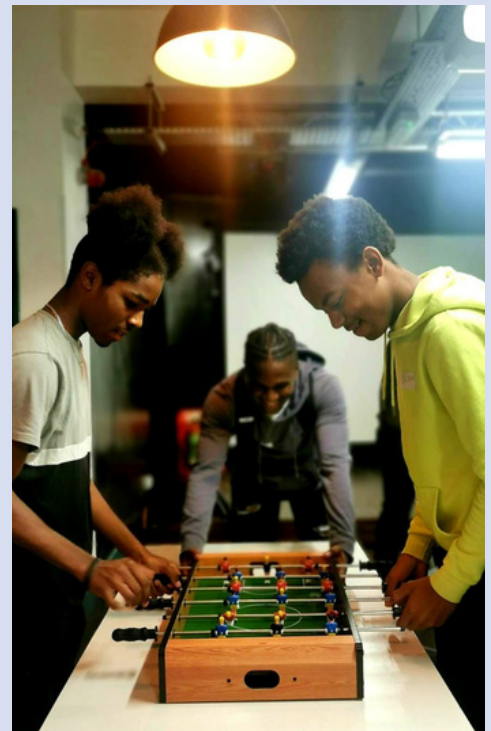


We delivered our flagship monthly Junior & Senior Your Space youth group sessions at Matthew's Yard.

[Watch here!](#)

Each month the groups engaged in fun activities whilst learning new things that further enhance their knowledge on wellbeing and everyday life.

In March, the Junior group sent positive messages to the children of Ukraine via an initiative setup by the National Youth Agency.



Our senior group created a number of video podcasts and promotional videos on why they enjoy Your Space.

[Take a look here!](#)



RIGHT TRACK SCHOOL PROGRAMME



[Watch here!](#)

Over the year of 2022, we worked with 301 young people in a mixture of Croydon Primary and Secondary schools. We developed our sessions based on the needs of the students and included additional topics such as communication.



81% of the pupils we worked with showed an improvement in their wellbeing following the programme. 100% fed back that they enjoyed the sessions and found them useful.

In addition to the workshops, we worked with 15 young people providing a series of 121 befrienders, supporting them to better understand their emotions, target set and take steps to improve their wellbeing.



RIGHT TRACK COMMUNITY PROGRAMME

In April and August we supported young people in the community through delivering our Right Track Refresher Programme which was delivered at Start Up Croydon.



The programme provided an opportunity for young people who have already gone through the programme to have a refresher. The programme was also attended by new participants.



121 BEFRIENDER SESSIONS

Watch here!



The team delivered 121 befriender sessions to a number of young people in Croydon. We particularly supported pupils from St Joseph's Primary School and Kenley Primary School.

Support included bespoke sessions creating personalised intervention plans for each individual based on their needs and interests.



YOUR VISION MEDIA

Some of our young people and youth volunteers were involved in creating two fantastic video projects. The first project involved creating a promotional video for the charity 'Kiwanis Club Croydon'.

Watch here!



The second project that the young people created and produced was one to help promote our 121 befriender offer.

An additional video was also created as a gesture to say thank you to the Ecclesiastical Benefact Trust group, for a public donation we received that enabled us to buy work mobile phones for our youth workers.

SCHOOL HOLIDAY TRIPS

2022 saw DCF provide eight activity trips during the school holidays from January to October.

In January, we attended Hampton Court outdoor ice skating rink seen on the right.



in February, the Junior and Senior groups attended London's most unique arcade /gaming lounge, 'The Heart of Gaming' on the left.

We also had fun at the Oxygen Trampolining park in February, with a mixture of young people from our Junior and Senior groups seen on the right.



In May the team took a group to Ludoquist board game café on the left.

SCHOOL HOLIDAY TRIPS



Our young people enjoyed a fabulous new experience at Go Ape adventure park in Battersea Park. A lot of our group members conquered their fears by taking part in high ropes activities.



Continuing with new experiences, we took a group of Seniors to engage in Paddleboarding at the Surrey Hills Adventure Company Lagoon.



To conclude the Summer holidays, DCF hosted a 'Park Day' event in Croydon and we provided a number of fun in the sun activities. On the right, we took a group to the Escape Rooms in October.

ONLINE WELLBEING CONTENT



In 2022 we created a number of wellbeing tip videos on YouTube & on Instagram. The video on the left was a tip video on mindful exercises which you can [watch here!](#)

Our School Team also created videos in the Spring on topics such as positive affirmations, finding silver linings and positive outlets. These videos featured on Instagram & Facebook.



One of our work experience volunteers co-produced a tip video on 'Awe' which features on our YouTube channel. You can [watch it here!](#)



Another one of our volunteers created a video highlighting the importance of 'acts of kindness' which featured on our social media platforms.

ONLINE WELLBEING CONTENT

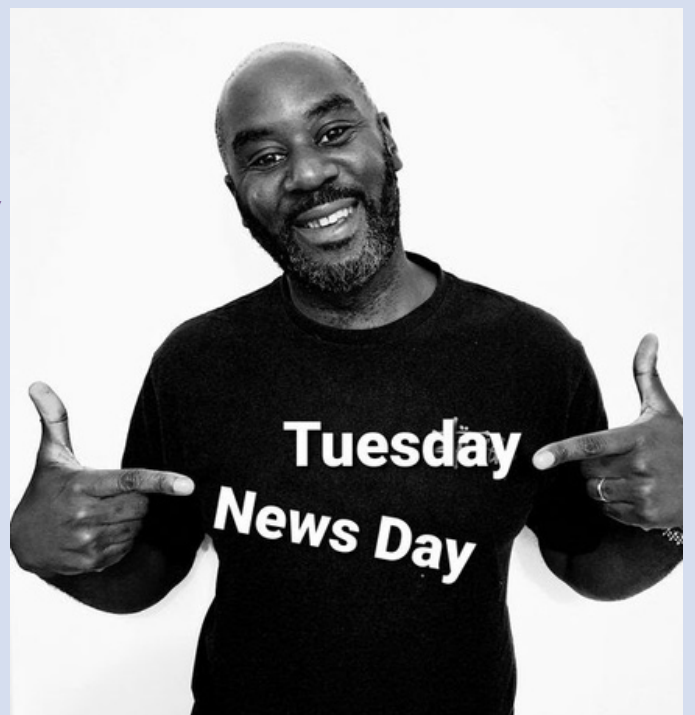


September saw DCF start two new features on our social media platforms: 'Tuesday News Day' & Thursday Thoughts.

Thursday Thoughts is a weekly tips segment provided by Rebecca Duffus which focused on a variety of wellbeing topics to help our service users.

Brian Duffus' Tuesday News Day is a quick 90 second round up of DCF news and updates. Both segments were delivered for 4 weeks and they were well received.

DCF also provided a monthly newsletter for the community, supporters and partners with general updates.



WELLBEING PODCAST

Students from The Quest Academy carried out a social action project to raise awareness of a local chosen charity. These pupils chose DCF and participated in a group debate alongside other classes. The students won the debate and donated £1000 to DCF as part of their First Give project.



To say thank you, DCF supported the pupils from The Quest Academy to produce their own video podcast on positive wellbeing in December 2022.
You can view it here!

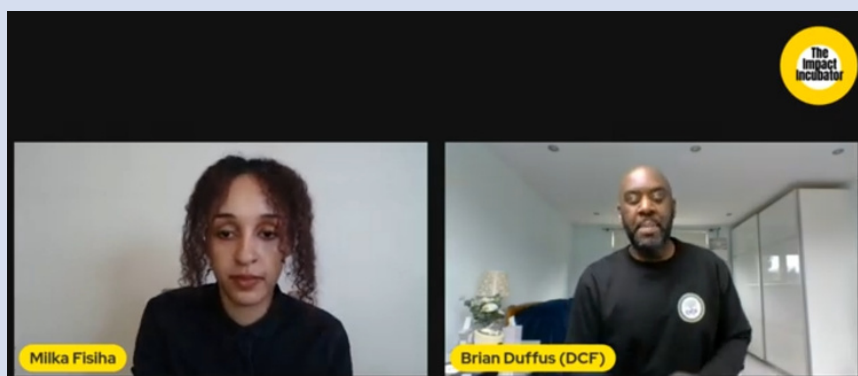


COMMUNITY COLLABORATIONS



In 2022 DCF attended Croydon 'My Ends' meetings as part of collaboration opportunities with partnership agencies .

DCF completed an online interview with Equal Equity Impact Incubator as part of their YouTube podcast in partnership with the National Youth Agency.



In the Autumn DCF were invited to a networking event in Lambeth by 'Young Black Shining Star & Juvenis. This was a great opportunity to discuss the work being carried out in local boroughs.

In September, acting CEO Brian Duffus, met with Croydon's Community Safety Councillor, Ola Kolade, to discuss DCF and community safety .



COMMUNITY COLLABORATIONS



In October, we were contacted by the social media platform 'Black Things UK' (BTUK).

BTUK were keen to showcase the wellbeing work we do in the community so they shared information about us on their Instagram page on 19th October

Start Up Croydon continued to be a solid partner in providing us with work space. In November, our acting CEO was invited to speak as a panel member at Start Up's International Men's Day event.



Matthew's Yard continued to be our home for community sessions every month and firm supporters of our Foundation.

COMMUNITY COLLABORATIONS



In the summer, two of our young people got to meet Strictly Come Dancing contestant and Kiss DJ, Tyler West, as a reward for their hard work creating media projects for DCF.

In February, our young people supported Kiwanis Club Croydon by creating a promotional video for their charity.



In October, our acting CEO met with Celestia, CEO of 'Role Model Academy', a service based in Leicester to discuss potential future collaboration.

OTHER PARTNERSHIPS



We received a generous donation of £500 from Bibra, after they attended a cake sale and found out about the work we do. Generosity like this has helped us a great deal to produce trips and initiatives for young people.

Cognus continued to support us as their Staff Charity of the Year for an extended period in 2022 due to the impact on Covid.



Thank you Cognus!



Cognus held a staff raffle and raised a grand total of £448!



They held a staff cake sale in May which raised over £200. In July Cognus held a staff raffle which raised £448. The support we received from Cognus in 2021 & 2022 has been truly valuable for our cause.

FUNDRAISING & PROMOTIONAL EVENTS



We received £500 via the Asda green token scheme through public voting.

Are you a school, part of an office or a club?

Why not host a cake sale for DCF in your playground, staffroom, office or with friends?

Ask people to make and donate cakes and then donate all proceeds to DCF.

Not a fan of cake? Why not host a cheese, cocktail, craft or cinema evening?

Fundraising packs available, this includes; bunting, balloons, leaflets and much more.

DM us or contact us on the following if interested or for more information:
Email: helen@duffusfoundation.org
Call: 07856 482888



Woodcote High School raised over £500 for DCF as part of their Mufti Day fundraiser.

The Quest Academy Year 8s chose DCF as their charity of choice through the First Give programme and won us £1000.



Members of the public helped us to win £1000 in the Movement for Good awards.

FUNDRAISING & PROMOTIONAL EVENTS CONT.



We received generous donations from supporters throughout the year through one off contributions or monthly direct debit payments.

Supporters via the GivingLottery are another source of yearly donations, which all help DCF to make a positive difference.



We are registered with Amazon Smile so that customers can generate free donations through this platform.

SOCIAL MEDIA ANNUAL CELEBRATIONS

Children's Mental Health Week 2022
2/2
7-13th February 2022

This year's theme is Growing Together.

Aiming to encourage children (and adults) to consider how they have grown and how they can help others to grow.





DCF provide group-work and 121 sessions to improve the wellbeing of children and young people.

We have the following programmes and services...

- Your Space Youth Groups
- Your Vision
- Right Track Community
- 121 Befriender sessions
- Right Track Schools Programme
- Digital Resources

For more information, please contact:
helen@duffusfoundation.org
call 07856 482888 or Direct Message

SMALL
CHARITY WEEK 2022





International Youth Day 2022
Celebrated annually on August 12th.

Bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today's global society.

This years theme is **Intergenerational Solidarity: Creating a World for All Ages.**







Mental Health Awareness Week 2022
Theme: Loneliness



Volunteers' Week 2022

How long have you volunteered at DCF and why did you apply?
I have volunteered at DCF for 4-months. I decided to apply as I thought it was a great cause to contribute to as part of my DoI/E.

Zayd

What have you gained from volunteering at DCF?
I have gained even more experience of being around young children and have enjoyed being around them!

What do you love most about volunteering for DCF?
I love the community spirit the most as it is always enjoyable being with DCF members!




World Mental Health Day

Safely Gaming
Happiness
Stretching

Link in bio!

Did you know that DCF has DIGITAL RESOURCES covering different wellbeing topics?




Anti-bullying Week
Positive Affirmations

Here are some antibullying positive affirmations, that you can use to affirm yourself if you experience bullying.

There are also numerous helplines to support you if you experience bullying, check out our caption for more information

ANTI-BULLYING ALLIANCE




TRUSTEES WEEK
1/5

Meet Philip!




Wednesday Wisdom
Black History Month Edition

"If they don't give you a seat at the table, bring a folding chair."

- Shirley Chisholm





CELEBRATION OCCASIONS 2022



In June DCF, were invited to Westminster Abbey to attend a thanksgiving celebration which was organised by Ecclesiastical and the Benefact Group. Special guest of honour was Prince Charles.

We were delighted to meet special guest Jay Blades (from the Repair Shop) who was a guest speaker at the event, as well as Karen Gibson, Conductor of the 'Kingdom Choir'



In May, DCF attended a special thanksgiving dinner facilitated by 'Walk for Peace' in honour of Her Majesty the Queen's Platinum Jubilee. This event was held in Morden Mosque which is Western Europe's largest Mosque.

WORK EXPERIENCE

This year we took on a work experience candidate for 5 days through 'Changing Education'. Our candidate, Alex, did an amazing job and contributed to creating two wellbeing videos on our YouTube channel and supporting our school's team and communications lead in delivering the service that we provide.



Here are some comments from Alex:

"I have really enjoyed the past week at DCF, it has all been a very new experience for me. I am able to walk away having learnt new skills."

"My favourite moment was when I joined the 121 session at Ecclesbourne Primary School as it was like nothing I had done before. It felt good walking away from something knowing that it may have helped someone."

ANNUAL TBC & 5TH BIRTHDAY

On September 17th we held our annual TBC event (Tea, Biscuit or Cake) to celebrate the life of our Founder, Leroy Duffus, and raise awareness of the work DCF do.



July marked our 5th anniversary as a charity. To mark the occasion members of the team came together to celebrate and reflect on our Founder's creation.

NEW FUNDING FOR LEADERSHIP ROLE

At the end of 2022, DCF were grateful to hear we had secured funding from the National Lottery Community Fund. This funding will enable the Foundation to build on the development of the charity by having a permanent CEO in place for 2023.

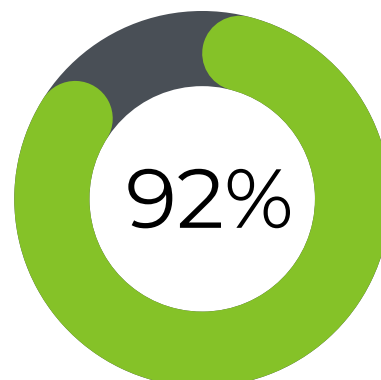
In December, following an application process, Duffus Community Foundation appointed Brian Duffus as the new CEO.



OUR IMPACT:

COMMUNITY PROGRAMMES

Percentage of young people whose confidence has increased by 2 points or more on a 5 point scale



Feedback

"IT'S AWAY FROM MY NORMAL LIFE, SOMETHING DIFFERENT. IT'S A NICE BREAK - I HAVE FUN."

"I LEARN HOW TO SPEAK WITH DIFFERENT PEOPLE. I WOULD DEFINITELY RECOMMEND DCF AS YOU CAN MAKE NEW FRIENDS AND LEARN A LOT MORE STUFF."

"EVEN IF YOU DON'T WANT TO PARTICIPATE THAT MUCH AT THE BEGINNING, PEOPLE HELP YOU JOIN IN WITH EVERYONE ELSE."

"IT HELPS ME WITH SOCIALISING AS BEFORE THIS WHEN IT COMES TO FIRST MEETING PEOPLE, I LITERALLY COULDN'T GET MY WORDS OUT."

100%



using strategies discussed at least once a week

Percentage of young people using wellbeing coping strategies following sessions.

CASE STUDY:

THE IMPACT DCF HAS MADE ON MY DAUGHTER

//

My daughter was first introduced to DCF, through a school participation project called Right Track.

She took part in all the sessions and thoroughly enjoyed taking part. She also extended how lovely, kind, and friendly the facilitators were.

At the end of the project, she was really sad that they were coming to an end because she was having so many challenges fitting in at school and her self-esteem and confidence were very low. I could see that participating in the project was having a positive impact on her overall well-being.

Thankfully, we made contact with Helen (communications lead) to partake in other activities DCF has to offer.

I got in touch and Helen had an exuberant personality that I loved, and know that my daughter needs people like this in her life.



//

CASE STUDY CONT.

“

My daughter has since taken part in the young person session every month and thoroughly looks forward to every session. When a new month comes in she would be excited because she knows that she will be going to DCF. Recently, she mentioned that it would be nice to have more than one session per month. She has participated in the outings being held by the team, which also helps her to make friends and have fun.

Thanks to the DCF input, it's evident to see my daughter has started growing in confidence through group participation/ outings. Her self-esteem has improved greatly. She can have fun- which has enhanced her mental health and well-being.

Thank you to the team for making this all so possible. I hope in the future when the opportunity arises, she will be able to give back to the foundation.

Continue to impart and impact young people's lives.
We appreciate all that you do.



”

OUR IMPACT: SCHOOL PROGRAMMES

301

young people
accessed our school
programme

81%

showed improvement
in their wellbeing

100%

reported that they
enjoyed the sessions
and found them useful

Wellbeing is measured using the accredited Stirling Wellbeing Scale or the Warwick-Edinburgh Mental Well-being Scale (WEMW).

All of the students enjoyed it and engaged with all of the activities. I liked the facilitators a lot and so did the students, they really made sure that everybody had a chance to get involved and all were included, and the course was pitched well for their age group and experiences they might be going through. The students learnt new things that they could take away with them such as positive self-talk and how to meditate - Mr Edwards (Head of Year 8, Woodcote High School)

What I liked about the session was the relationships built with students. Most pupils engaged really well and have talked positively about their experiences with members of staff - Sam Gosling (Head of Year 8, Coombe Wood School)

What a session! The children enjoyed it so much and are so excited for it to continue next week. We even had some tears from some children who aren't going on this round, but will for the next round - and who were so desperate to attend today! A huge thank you to your team who were fizzing with enthusiasm and had instant connections with the children." - Benedict Academy (Felicity Gilmore - Head of School)

OUR IMPACT CONT.

School Programme Befriender Sessions:

15

young people
accessed our
befriender sessions

100%

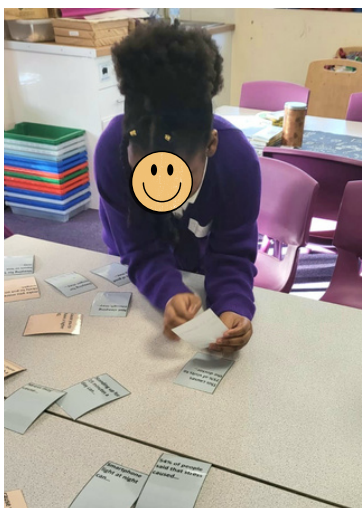
rated the sessions 4 or
5 out of 5

It helped me think how I could
express my feelings.
-M (young person)

It's nice to talk about
how I feel.
-L (young person)

It has made them happier,
and think about things more
clearly in annoying
situations, giving them
techniques to manage
difficult situations. -
Benedict Academy (Chante
Clarke - Class Teacher)

It helped me think of ways
to deal with things so I don't
get in trouble. Also, things
that help me calm down.
-J (young person)



" CASE STUDY: ST JOSEPH'S

St Joseph's have welcomed the involvement of the Duffus Community Foundation over the past few years. The Youth workers have always been very enthusiastic in the delivery of The Right Track Workshops and provided our children in Key Stage 2 with a space to learn and explore their wellbeing. They have also been able to deliver 1-2-1 sessions with many of our students which has had a long-lasting positive impact on many. Our children have thoroughly enjoyed working with DCF and look forward to seeing the Youth workers around the school. The Wellbeing assembly that the Foundation prepared and delivered for us gave the whole of Key Stage 2 the chance to experience their infectious and passionate message and was the subject of much discussion in the following days.

To give a few examples of the impact that Duffus has had on St Joseph's, here is a snapshot of 4 children who have had the pleasure to work with the Youth Workers.

Ain Upper Key Stage 2 has had 2 of the 1-2-1 sessions in the last 12 months. I referred her the first time and she requested a second session the following term. Staff commented that she came back from the sessions smiling and she was happy. She was able to focus better in the classroom and was more open in speaking to adults around the school and identified 2 adults in particular who she felt she could speak to if she was feeling anxious or overwhelmed. Since then she has become very empathetic to other children and is always ready to help them if they are upset or hurt. She has become more mature in her attitude towards her learning and in how she speaks to those around her. Mum was happy with the sessions

//

B

in Lower Key Stage 2 has been to one of the 1-2-1 sessions. He was apprehensive at first but really enjoyed the session and spoke about how brilliant Nicholas was for a long time. The session helped him to be able to focus on being positive and how to look after his own wellbeing. This had a positive impact on his behaviour for several weeks. Mum was really happy with the impact it had on him.

C

in Lower Key Stage 2 took part in The Right Track Programme. She enjoyed the sessions and particularly focussed on what she could do to help her wellbeing. As a child with a lot of anxieties this was particularly important for her. This ran alongside the ELSA programme in school which also helped to give her more support in coping with her emotional needs. The impact was very positive and set her on the path of becoming more resilient and open to speak to adults about her feelings before getting to the point of meltdown. Mum was able to continue to use the strategies at home that she had been shown.

D

in Upper Key Stage 2 has been to one of the 1-2-1 sessions. She had been having problems making the right choices and at times her behaviour and attitude to her learning had become challenging. She was happy to go to the session as her friend had been previously and said that she like going. D said that it was a positive experience and she liked the fact that she could speak to someone who didn't know anything about her and would not 'judge' her. This gave her more of a positive outlook on life.

//

FINANCIAL SUMMARY

INCOME	2022	2021
Donations	5,547	7,771
Grants	500	20,284
Charitable activities	37,749	33,309
TOTAL	43,796	61,364
EXPENDITURE	2022	2021
Charitable activities	71,278	61,262
Support costs	4,443	2,531
Fundraising activities	154	-
TOTAL	75,875	63,793
NET INCOME/ (EXPENDITURE)	(32,079)	(2,429)

The year ending 31st December 2022 showed a net expenditure of (£32,079). Our total income was £43,796 compared with expenditure of £75,875. Net funds for the charity now stand at £20,742.

FINANCIAL SUMMARY

Income

Income was via funding sources including fundraising events and donations from supporters and organisations. General donations were down 29% from £7.8k to £5.4k, to address this issue the Charity is looking for alternative funding sources to help increase this in future years. Furthermore, charitable grants were also down in the year by 98%, from £20.3k to £0.5k. This is due to a number of long term grants finishing in the year, including those from BBC Children in Need and The National Lottery Community Fund (TNLCF). However the Charity has been working on a number of new grant applications, one from TNLCF which will start in 2023 and is for a further 5 years. The Charity continues to operate its 3-year contract supporting wellbeing in schools in the Croydon borough, income from this increased in the year by 13% from £33.3k to £37.7k. This is due to Croydon Council being in a position where they could return the funding to the full agreed level. Further details are shown in the annual accounts.

Expenditure

Expenditure in the accounts is grouped under fundraising activities and charitable activities, however most of the fundraising work continues to be completed by Trustees without incurring expenses. Other expenses have risen year on year, this is primarily due to salary costs which were up 27% from £45.3k to £57.7k. This is due to an increased role for the Communications Lead and due to having a full year of the part time CEO role. Beyond this, costs have been tightly controlled in the year with most costs falling year on year. Additionally, there was a one off return of funds of £3.9k which was due to underspend on a project because of the pandemic.

Net movement in funds

The Charity's net funds have decreased from £52,821 in 2021 to £20,742 in 2022. Of these funds £6.8k are restricted and £13.9k are unrestricted (2021; £37.5k restricted, £15.3k unrestricted). This fall in funds, despite being significant, was entirely expected. Through the pandemic the Charity was unable to deliver its services in the normal way, which resulted in a build up of funds. When they were able to operate in a normal way the Charity went back to delivering the services in a normal way and utilised the funds available. The Trustees are mindful that they need to build reserves to ensure consistency of service delivery through the current challenging macroeconomic environment. Details in the movements of restricted funds are detailed in the annual accounts.

FINANCIAL SUMMARY

INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Duffus Cancer Foundation (the charity) for the year ended 31 December 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

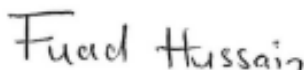
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Name:

Fuad Hussain



Relevant qualifications: BA Management of Business information, PG Dip in computer science, Diploma in Accounting and Business

Address:

2 Moore Close, Mitcham, Surrey, CR4 1BW

STATEMENT OF FINANCIAL ACTIVITIES

STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 December 2022 (incorporating an income and expenditure account)

	Note	General Funds £	Restricted Funds £	Total funds 2022 £	Total Funds 2021 £
Income from:	2				
Donations and subscriptions		5,547	500	6,047	28,055
Charitable activities		-	37,749	37,749	33,309
Total		5,547	38,249	43,796	61,364
Expenditure on:	3				
Raising funds		154	-	154	-
Charitable activities		5,738	69,983	75,721	63,793
Total		5,892	69,983	75,875	63,793
Net income / (Expenditure)		(345)	(31,734)	(32,079)	(2,429)
Transfer between funds		(1,028)	1,028	-	-
Net movement in funds		(1,373)	(30,706)	(32,079)	(2,429)
Reconciliation of funds					
Total fund brought forward		15,324	37,497	52,821	55,250
Total fund carried forward		13,951	6,791	20,742	52,821

No corporation tax was payable by the Group or Charity for the year ended 31 December 2022 (2021: £nil).

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 8 to the financial statements. The notes later in this report form part of these financial statements.

BALANCE SHEET

BALANCE SHEET

As at 31 December 2022

	Note	Total funds 2022 £	Total Funds 2021 £
Fixed assets			
Tangible fixed assets	5	784	723
Current assets			
Cash at bank and in hand	7	22,088	54,020
Current liabilities			
Creditors: amounts falling due within 1 year	6	2,130	1,922
Net current assets		19,958	52,098
Net assets		20,742	52,821
Funds of the charity			
Restricted income funds	8	6,791	37,497
Unrestricted funds		13,951	15,324
Total fund carried forward		20,742	52,821

Approved by the board of Trustees on 12 June 2023



Geoff Gostt – Chairman



Mark Hamilton – Treasurer

NOTES TO THE ACCOUNTS

NOTES TO THE ACCOUNTS

1. Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. On this basis the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Deferred income

No material item of deferred income has been included in the accounts.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £250. They are valued at cost less of any depreciation and any impairment losses. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Office equipment	33.3% per annum on a straight line basis
------------------	--

2. Income

Analysis of income	General Funds £	Restricted Funds £	Total funds 2022 £	Total Funds 2021 £
Income from donations				
Donations and gifts	5,547	-	5,547	7,771
Grants provided by other charities	-	500	500	20,284
Total	<u>5,547</u>	<u>500</u>	<u>6,047</u>	<u>28,055</u>
Income from charitable activities				
Croydon Council Schools Project	-	37,749	37,749	33,309
Total	<u>-</u>	<u>37,749</u>	<u>37,749</u>	<u>33,309</u>
Total income	<u>5,547</u>	<u>38,249</u>	<u>43,796</u>	<u>61,364</u>

All income in the prior year was unrestricted.

3. Expenses

	General Funds £	Restricted Funds £	Total funds 2022 £	Total Funds 2021 £
Expenditure on raising funds:				
Advertising and marketing	154	-	-	-
Expenditure on charitable activities:				
<u>Direct costs</u>				
Advertising and marketing costs	-	1,101	1,101	2,295
Depreciation	-	429	429	429
Insurance costs	-	236	236	236
ITC costs	-	1,270	1,270	3,402
Printing, postage, and stationary costs	-	296	296	364
Professional and consultancy costs	-	96	96	652
Project costs	-	7,584	7,584	8,729
Regulatory and compliance costs	-	100	100	13
Rent	-	380	380	0
Staff costs	-	55,875	55,875	45,142
Return of funds	-	3,911	3,911	-
<u>Support costs</u>				
Advertising and marketing costs	15	-	15	172
Insurance costs	-	-	-	21
ITC costs	1,221	-	1,221	382
Printing, postage and stationary costs	4	-	4	143
Professional and consultancy costs	970	-	970	1,030
Other costs	7	-	7	-
Rent	420	-	420	618
Staff costs	1,806	-	1,806	165
Total	4,443	71,278	75,721	63,793
Total expenditure	4,597	71,278	75,875	63,793

£2,531 of expenditure in the prior year was attributable to unrestricted funds and £61,262 was attributable to restricted funds.

4. Paid employees

The average number of employees and full time equivalent during the year was as follows:

	2022	2021
Employed staff	5	5
Casual workers	5	2
	<u>10</u>	<u>7</u>
Full time equivalent staff	<u>2</u>	<u>2</u>
Total remuneration was:		
Wages and salaries (£)	<u>57,581</u>	<u>44,137</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

5. Tangible fixed assets

	Office equipment £
Cost at 31 December 2021	1,286
Additions	490
At 31 December 2022	<u>1,776</u>
Depreciation and impairment at 31 December 2021	563
Depreciation charged in the year	429
At 31 December 2022	<u>992</u>
Carrying amount	
At 31 December 2022	<u>784</u>
At 31 December 2021	<u>723</u>

6. Creditors and accruals

	2022 £	2021 £
Taxation and social security	<u>2,130</u>	<u>1,922</u>

7. Cash at bank and in hand

	2022 £	2021 £
Cash at bank	22,088	53,897
Petty cash	-	123
	<u>22,088</u>	<u>54,020</u>

8. Movement in funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance 1 Jan 21 £	Income £	Expenditure £	Transfer between funds £	Balance 31 Dec 21 £
Restricted funds					
Croydon Council – Community	1,094	-	-	-	1,094
BBC Children in Need	5,479	-	5,511	32	-
Big Lottery – Youth Conference	3,911	-	3,911	-	-
Co-op	2,472	-	3,428	956	-
Croydon Council – Schools	11,406	37,749	48,086	-	1,069
Children in Need – Booster	-40	-	-	40	-
Big Lottery – Managers Fund	13,179	-	6,441	-	4,563
Local Giving Fund	-4	500	504	-	110
Big Lottery - CEO	-	-	45	-	-45
Total	<u>37,497</u>	<u>38,249</u>	<u>69,983</u>	<u>1,028</u>	<u>6,791</u>

An amount of £3,911 was returned to the Big Lottery in relation to the Youth Conference funding. This was not spent due to the impact of COVID.

9. Transactions with Trustees and related parties

Trustee remuneration and benefits

During the year the Trustees approved one of the Trustees taking on a paid role within the charity as a strategic lead role for the charity on a part time basis.

Other than the above point none of the other trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

Trustees' expenses

No trustee expenses have been paid in the year (2021 – nil).

HOW TO REACH US

DCF, c/o CVA,
82 London Road,
Croydon, CR0 2TB

www.duffusfoundation.org
info@duffusfoundation.org

07856482888



We are so grateful to our staff, volunteers and trustees who work tirelessly to continue our Founder Leroy's legacy and improve young people's wellbeing.

We would also like to thank the organisations who support us, enabling us to make a positive difference to more young people's lives:



Matthews Yard
CROYDON

STARTUP
CROYDON
A Croydon Business Venture



A BIG THANK YOU

- Kiwanis of Croydon
- Bibra Toxicology advice & Consulting
- Fiona from St Joseph's Primary School
- Woodcote High School
- Quest Academy
- Ecclesiastical and the Benefact Group
- Walk For Peace
- Mark Krycki, Victor Films
- Saffron & Start Up Croydon Team
- Leoni, Saif & team, Matthew's Yard
- Tyler West
- Kiss FM
- Black Things UK
- Equal Equity Impact Incubator
- National Youth Agency
- Amanda Star
- Jenni Steele
- Surrey Hills Adventure Park
- Go Ape Battersea
- Ludoquist
- Anthony Pearse
- Olivia Twardowski
- Kitan Ogunfeibo



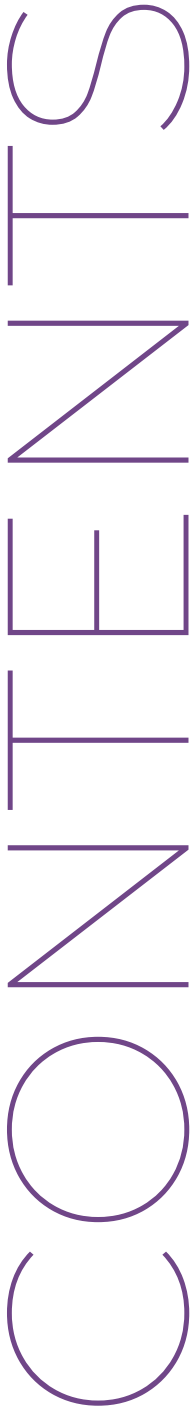
Accounts



DCF Trustees' Annual Report

2021

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Thank you

Charity Name	Duffus Cancer Foundation
Trading Name	Duffus Community Foundation
Registration Number	1173774
Postal Address	CVA, 82 London Road, Croydon CCR0 2TB
Trustees	Geoff Gostt (Chair) Brian Duffus Mark Hamilton (Treasurer) Denise Duffus (stepped down in April) Rebecca Duffus Philip Dainton Matthew Stickley Candice McCausland (joined in June)

We make a positive difference to children & young people's wellbeing through groupwork and 121 activities. Our group programmes support young people to meet others and learn tools and techniques to boost wellbeing. We empower young people to share their ideas and shape provision around their interests and requirements. DCF also work in schools delivering our resilience programme that gives young people some of the tools needed to navigate life's challenges.

Groups include:

- [Your Space youth group](#)
- Dance Space virtual street dance session
- Your Vision film project
- [Right Track resilience programme](#)
- [Right Track Croydon School Programme](#)

(Anywhere there are underlined sections in this document, this is a clickable link.)

[Visit our website by clicking here:](#)



Duffus Community Foundation

ADMINISTRATIVE INFORMATION AND MANAGEMENT

Governing Document

Duffus Cancer Foundation (DCF) is a charitable organisation which first met as a committee on 30th January 2017 and registered as a charity on 11th July 2017. It is governed by its constitution as a Charitable Incorporated Organisation.

Organisational Structure

The Board of Trustees meets monthly/6 weekly and monitors financial performance and strategic planning. The Youth Steering Group, which consists of young people (accessing/who have accessed our service) and young volunteers, meets monthly/quarterly. Other ad-hoc sub-committees are formed as required.

Staffing

During this period, DCF continued to have four paid part-time youth workers working on the Croydon Right Track School Programme. In addition to this, one staff member leads on communication across DCF.

In our community programmes, we had five part-time youth workers and ten volunteers who supported with group sessions, marketing, events and social media. We also paid for ad-hoc support from a film-maker.

Responsibilities

The responsibilities for fulfilling objectives as a registered charity fall on the DCF Board of Trustees, as outlined above.

Staff/Volunteer Induction and Training

All new staff and volunteers undertake the Induction and Training programme. Existing staff/volunteer training requirements are reviewed via Planning Meetings and 121s/Supervision sessions.

Trustees are also encouraged to have any additional training as is relevant to their roles and requirements. At the start of this period, we gained one new trustee and one stepped down in April.

Risk Management

All major risks are identified and reviewed by Trustees on a monthly/bi-monthly basis. During this process, systems and procedures are put in place to manage any risk.

SUMMARY OF THE YEAR

As with 2020, 2021 did not come without its struggles in terms of national lockdowns.



We started the year with sessions being delivered virtually, but were later able to move back to face-to-face delivery.



Our Dance Space sessions continued virtually throughout the year.

From February, we confirmed the new Matthew's Yard as the setting for future in person sessions.



YOUR SPACE



Junior Your Space sessions launched for 8-13 year olds (alongside the Senior group).



Junior Your Space

A Monthly Youth Group
First Thursday of the month
6:15- 7:15pm

Location:
Matthews Yard
166 North End
Croydon
CR0 1UF

For Ages 8 - 12

Face to face sessions

Providing a safe and positive environment. With fun activities, wellbeing advice and guidance, that focuses on areas important

Next session - Thursday June 3rd

For more information, please contact:
info@duffscancerfoundation.org or call 07856 482888

Charity Number: 1173774
Registered address: CVA, 82 London Road, Croydon, CR0 2TB

Supported by **Children in Need**

[Watch our video here](#)



RIGHT TRACK SCHOOL PROGRAMME



Due to lockdown restrictions we started the year with adaptations to our delivery, offering schools access to online befriender sessions.

We worked with 83 young people providing a series of 121 befrienders, supporting them to better understand their emotions, target set and take steps to improve their wellbeing.



When we were able to deliver programmes again, 114 young people completed a Right Track programme with us.



[Watch our video here](#)



RIGHT TRACK COMMUNITY PROGRAMME

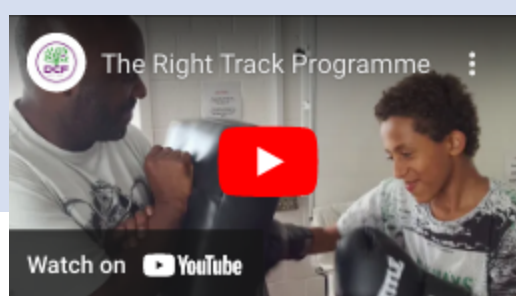
We continued to support young people in the community through our Right Track community programme.



We were aware of the growing need for wellbeing support during the extended lockdown period at the start of the year, so we adapted our programme so that it could be delivered virtually.

We sent the young people packs in advance so that they could still access physical resources and enjoy these elements of the programme. This was very well received.

[Watch our video here](#)



121 BEFRIENDER SESSIONS

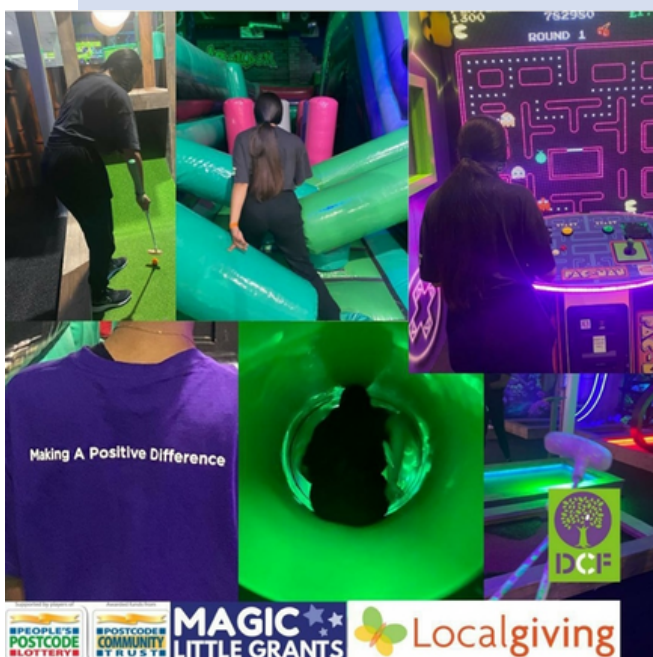


We received a one-off pot of funding to deliver a series of 121 sessions to support young people to boost self-confidence and overall wellbeing by having specific sessions with an allocated youth worker.

Support included bespoke sessions creating personalised artwork, using an art-based approach, alongside time outside, to boost wellbeing.



Sessions were youth-led and tailored to the young person's interests.



[Watch our video here](#)



YOUR VISION

Young people engaged with three Your Vision media projects across the year.



We worked with a group of Y12 students from Trinity School in Croydon, who created a short film showcasing their school and the support it offers students.

The pupils wanted to highlight how engaging in physical activity can improve your overall health and emotional wellbeing.



[Watch here](#)

YOUR VISION

A documentary written, produced, filmed and co-edited by young people as part of their personal project to highlight the impact of youth crime in their hometown of Croydon.



In their quest for solutions they speak to respected figures of the Croydon community, youth workers and the Police.
[Watch here.](#)

Gifty, was originally a young person accessing our services and is now a DCF staff member.



'Gifty', is a short film created and told through the eyes of a young person who sadly lost her mother to cancer. Gifty's story is not only a reflection on her feelings about

this unexpected tragedy, but is also a tribute to her mother's life and testimony. Through her powerful words, Gifty explains how it feels to think about what could have been and the memories she holds dear.

[Watch here](#)

SCHOOL HOLIDAY TRIPS



We are always keen to provide young people with new and exciting opportunities, so during the Summer break, we took a group of young people to see 'Six the Musical' in London.

in the Autumn we arranged for a group trip to go bowling, which was enjoyed by all, and provides a new environment for young people to communicate and develop confidence.



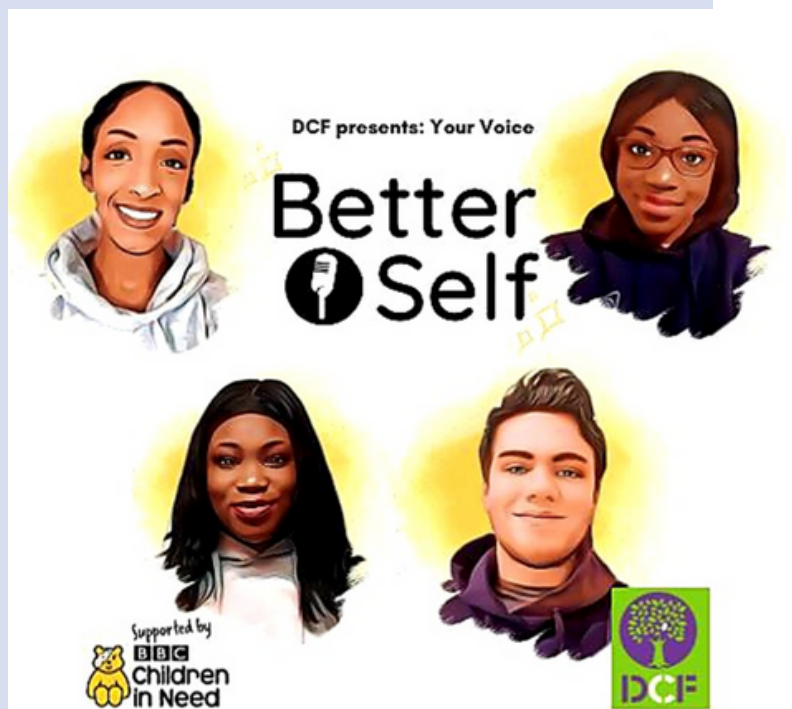
We also had fun at the Oxygen Trampolining park in July, with a mixture of young people from our Junior and Senior groups.

WELLBEING PODCAST

We are always striving to find new and innovative ways to provide support, and our young people play a major part in this.



As a trial, we created four episodes of a [wellbeing_podcast](#), named 'Better Self'. This featured DCF volunteers, youth workers and young people and focused on topics that were important to them.



YOUTUBE WELLBEING CONTENT



Another area for support that young people identified was around gaming. One of our youth workers worked with our film-maker to create two videos to increase understanding around safe gaming and provide tips to protect your wellbeing when gaming.

Our school team also created a series of wellbeing videos that could be used alongside the Right Track programme, by young people, parents and schools.



These included movement based videos and those focused on wellbeing strategies, such as writing a gratitude journal.



DUFFUS MEETS



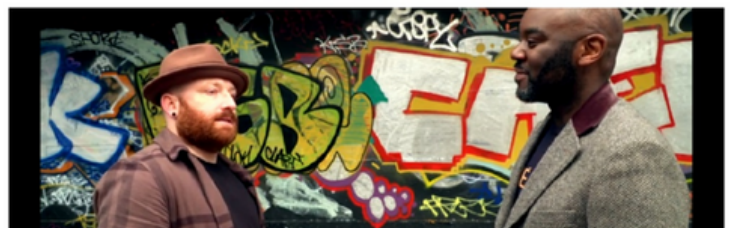
Three new episodes of Duffus Meets were created, featuring local, inspiring creatives.

Episodes featured:

*Alec LDN, local artist sharing his journey and thoughts on wellbeing.

*DJ Flight reflecting on her career and achievements.

*Right Honourable Stuart Lawrence speaking about his new book and empowering young people.

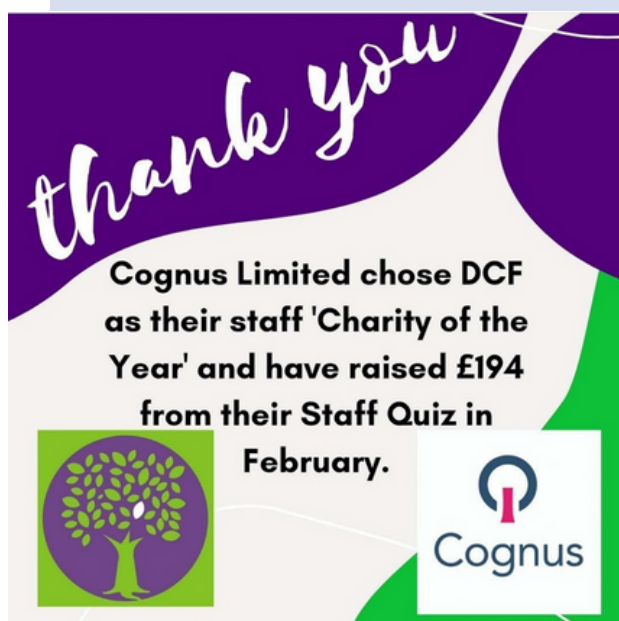


OTHER PARTNERSHIPS



Our Communications Lead created 3 wellbeing tips videos in partnership with the Stephen Lawrence Day Foundation for use in schools across London.

Cognus continued to support us as their Staff Charity of the Year throughout 2021.



They held a staff raffle in March which raised £362, and a staff quiz in February, raising £194.

INFORMATION DAY



Our Youth Steering Group organised a Summer Information Day to help advertise the work DCF do to support young people.

This was held at Matthew's Yard and reached local professionals, families and passers by.

The group also gained prizes and hosted a raffle that everyone attending was entered into.



ANNUAL TBC FOR DCF

We held our annual TBC event (Tea, Biscuit or Cake) to celebrate the life of our Founder, Leroy Duffus, and raise awareness of the work DCF do.

A green poster for the 'TBC for DCF' event. At the top, a row of icons shows various cakes, biscuits, and cups of tea. On the left, a portrait of Leroy Duffus is framed. Below it, a calendar icon and the text 'FRIDAY 17TH SEPTEMBER 2021' are shown. A hashtag '#TBCforDCF' is next to a cookie icon. In the center, a black box with white text reads: 'JOIN US! TO HONOUR THE ANNIVERSARY OF OUR FOUNDER, LEROY DUFFUS, WE WOULD LIKE TO INVITE YOU TO GET INVOLVED WITH TBC FOR DCF!'. Below this, another black box says: 'WHAT: TAKE SOME TIME OUT WITH FRIENDS. FAMILY. COLLEAGUES OR SOLO TO ENJOY ONE OF LEROY'S FAVOURITE PASTIMES'. At the bottom, a white box lists 'TEA BISCUIT CAKE - ALTERNATIVES ACCEPTED!' with icons of a cup, a biscuit, and a cake. The DCF logo is on the right. At the very bottom, small text provides the website 'www.duffuscancerfoundation.org', 'Charity Number: 1173774', and 'Registered address: CVA, 82 London Road, Croydon, CRO 2TB'.

JOIN US!

TO HONOUR THE ANNIVERSARY OF OUR FOUNDER, LEROY DUFFUS, WE WOULD LIKE TO INVITE YOU TO GET INVOLVED WITH TBC FOR DCF!

WHAT: TAKE SOME TIME OUT WITH FRIENDS. FAMILY. COLLEAGUES OR SOLO TO ENJOY ONE OF LEROY'S FAVOURITE PASTIMES

TEA
BISCUIT
CAKE - ALTERNATIVES ACCEPTED!

DCF

www.duffuscancerfoundation.org Charity Number: 1173774 Registered address: CVA, 82 London Road, Croydon, CRO 2TB

A green poster with a collage of photos from the event. The photos show people smiling, holding cakes, and social media posts. In the center, the DCF logo is displayed. Above it, a black box with white text reads: 'THANK YOU FOR JOINING US!'. Below the logo, a hashtag '#TBCforDCF' is next to a cookie icon. Two large yellow smiley face emojis are on either side of the DCF logo.

THANK YOU FOR JOINING US!

DCF

#TBCforDCF

It was a pleasure to see so many different people take part and 'raise a cuppa' in memory of Leroy.

FUNDRAISING & PROMOTIONAL EVENTS

DCF Valentine's Raffle



With kind donations from local businesses, we held a Valentine's Raffle which helped raise funds as well as awareness of DCF.

We also held a virtual Quiz Night which got many brains thinking, and gained some new supporters.

THANK YOU FOR JOINING
US FOR THE DCF
QUIZ NIGHT



GIVEAWAY



GIVEAWAY

GIVEAWAY

GIVEAWAY



This year we developed our Fundraising and Marketing Strategies, which includes ideas to reach more people on social media. Our giveaway on Instagram (a DCF hoodie) was very successful.

FUNDRAISING & PROMOTIONAL EVENTS CONT.

THANK YOU KATE!



"I thought about the charity loads over those last few miles and you carried me through ❤️"

Thank you for the privilege of running for you."



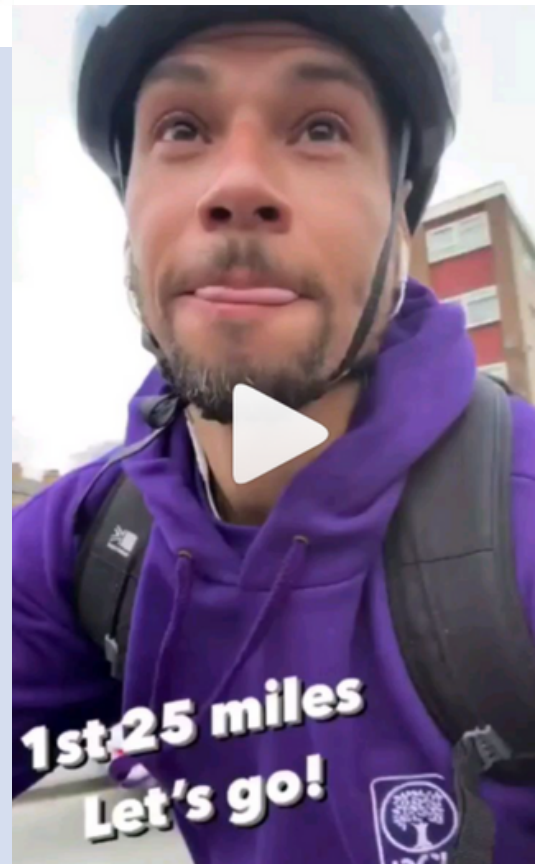
One kind (and brave!) supporter chose to run the London Marathon for DCF. It was great to see her supporting DCF and raising funds in the process.

Another supporter chose to cycle 400 miles over a month to raise money for DCF.

Kiwanis of Croydon were keen to hear more about the work we do locally and as a result, made a very generous donation of £2,000.



We really appreciate all of these fundraising efforts.



FUNDRAISING & PROMOTIONAL EVENTS CONT.



www.givinglottery.org.uk

support@GivingLottery.org.uk

Supporters via the GivingLottery are another source of yearly donations, which all help DCF to make a positive difference.

We are registered with Amazon Smile so that customers can generate free donations through this platform.



This year we have also been promoting birthday fundraisers via Facebook which has been another great source of donations.



Theresa's birthday fundraiser for Duffus Cancer Foundation

Fundraiser for Duffus Community Foundation by Theresa Marple

COMMUNITY COLLABORATIONS



**IAN - BEATS &
EATS
YOUR SPACE DJ
WORKSHOP**



**LAURA & SARA
WE ARE THE
CRONX**



**JOEL SYDENHAM
CHIDI3S ART**



**JULIET GEE
SUPREME FM**

DUFFUS MEETS SEASON 2



ALEC LDN



DJ FLIGHT

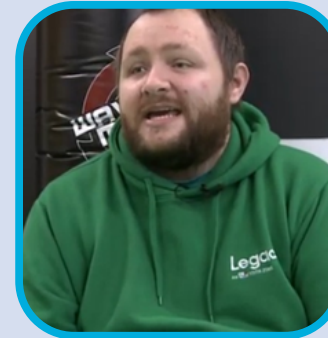


**STUART
LAWRENCE**

YOUR VISION (YOUTH VIOLENCE PROJECT)



**DONNA
MURRAY-
TURNER**



**JASON -
LEGACY YOUTH
ZONE**



**CHIEF
SUPERINTENDENT
JEFF BOOTHE**



**LEE
TOWNSEND**

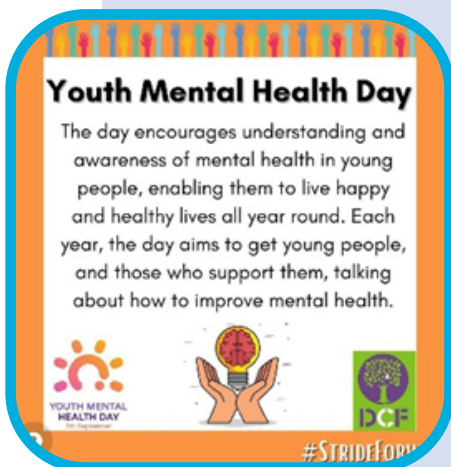


**TRISTAN -
LEGACY YOUTH
ZONE**



**ELLIE & KEELEIGH -
LIVES NOT KNIVES**

SOCIAL MEDIA ANNUAL CELEBRATIONS

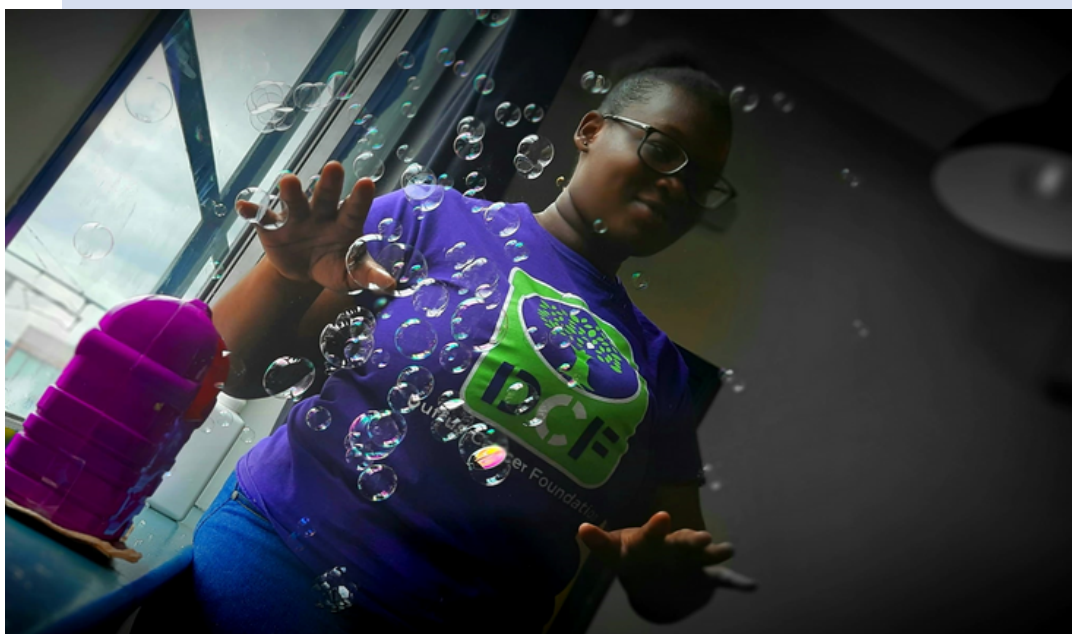


NOMINATION FOR THE 'APPRECIATION AWARDS 2021'



Following our work this year networking with other local organisations on social media, we were contacted by the Appreciation Awards, a new concept for 2021. The aim of the event was to recognise the individuals and organisations doing great things in their local community. We were honoured to be nominated for this awards and it was great to meet some of these other organisations in real life!

YOUNG PERSON, TURNED YOUTH WORKER, FEATURED IN BBC SHORT FILM



Gifty joined DCF as a young person and has since become a volunteer and now a staff member! She appeared in a [BBC Bitesize short film](#), sharing her journey to becoming a youth worker.

Gifty, sessional youth officer



There's no better feeling, just to see I'm making a positive impact in their life, especially with their wellbeing

Gifty's top tip

If anyone wants to do a job like mine, I would suggest doing volunteering work. It will just give you a glimpse of what a youth worker job is like. And, if you do become a youth worker, I hope you love it and enjoy it as much as I do. So, good luck!



STAFF AND VOLUNTEERS

This year we have seen developments in our staff team, with our Communications Lead role being extended to 30 hours per week, and the introduction of our new part-time Strategic Coordinator role.



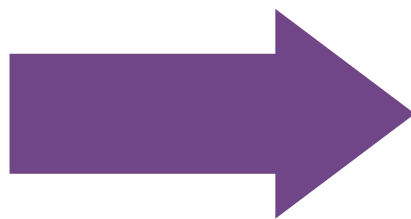
Our Right Track School team has had two new additions and we have welcomed a team of seven new volunteers who have been vital in delivering our community programmes.

REFINING OUR IDENTITY

When we were first established as a charity in 2017, we were originally focusing on children and young people who have been indirectly affected by cancer. Our support always aimed to provide young people with the tools needed to navigate life's challenges, in a way that was fun and didn't seem like work.

We soon found that (especially with the events of the last few years), many other young people were keen to access our support, having been through other life events, but not linked with cancer.

We were keen to ensure our support was accessible to all and provides the tools needed for life, whatever challenges you face.



Credit: Gemma Kao -
Graphic Designer

Therefore, at the end of the year we decided to launch a new logo and change our trading name to:

Duffus Community Foundation

CASE STUDY: X

X's parents made a referral to DCF as they were looking for support for their son to build his confidence and develop ways to boost his self-esteem. He had been struggling at school and had been referred to various agencies, including CAMHS for an assessment for autism. At school he had anger outbursts, he didn't feel his teachers understood him, and he wasn't able to communicate how he was feeling with them. He didn't have many positive relationships with peers in school.

X was very anxious ahead of the first session, so we made sure we liaised with parents in advance to find out what support we could offer to help him prepare for the group. We sent visuals to help him to feel less anxious about where he was going, the room the session was going to be in and who was going to be there. Following the first session, we received the following feedback from parents:

“ Firstly thank you for the opportunity for X to be able to join you. Despite his anxiety before coming I can honestly say I have never seen him so engaged and buzzing after anything. He actually told me parts of what he found particularly good (not just the cake) which in itself is incredibly rare as his normal response is 'can't remember'! ”

X continued attending our monthly Your Space sessions and really enjoyed our outings (bowling and escape-rooms). These were potentially overwhelming situations for him due to his sensory sensitivities, but again with preparation in advance, and knowing he had the support of his peers and staff, X fully engaged and enjoyed the new experience.

CASE STUDY CONT.

Following a year of support with DCF, his parents have reported:

“ Since X joined the Duffus Foundation, his communication skills and confidence have developed far greater than we could possibly of hoped for with family and teachers alike. Throughout Lockdown the sessions have continued via Zoom which has given us a glimpse of how he reacts and contributes within the DCF community, priceless for him to have that security and inclusion. His aspirations for when he is older are to become a team leader and help children like himself. ”

Staff commented:

“ We have all seen a difference in X –he is visibly calm and relaxed and is confident to contribute, despite being the youngest. His school experience is now much more positive as he has grown in confidence and with his communication skills. ”

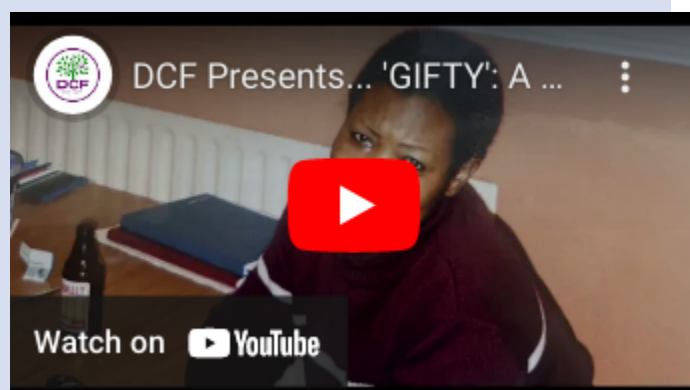


CASE STUDY: GIFTY

Gifty was referred to us in 2019 when her mother was ill with terminal cancer. She started attending our Your Space sessions to give herself some time out in a safe environment, and have opportunities to speak to youth workers about what she was going through. Gifty was at the upper end of our age bracket for support, but we were keen to ensure she could still be part of the DCF family on an ongoing basis.

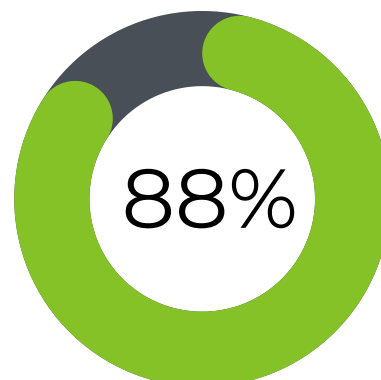
Fast forward to the end of 2020 and Gifty started volunteering for DCF in order to support other young people and still access support herself. To help her process the loss of her mother, Gifty created a short film mentioned above.

In 2021, Gifty became a DCF staff member, developing her skills as a youth worker. Through this, she has worked with many other young people who may be struggling to develop confidence, self-esteem or struggling with their own wellbeing.



OUR IMPACT: COMMUNITY PROGRAMMES

Percentage of young people
whose confidence has
increased by 2 points or more
on a 5 point scale



Feedback

"COMING TO YOUR SPACE HAS
HELPED ME TO SPEAK MORE
OPENLY AROUND PEOPLE."

"I FEEL LIKE THE SESSIONS GIVE
ME THE CHANCE TO WORK ON
HOW TO RESPOND TO MY
EMOTIONS."

"I TALK MORE AT SCHOOL NOW
BECAUSE I DON'T FEEL SO SHY. I
CAN BE MYSELF."

"I'M HAPPIER THAN I WAS
BEFORE JUST SITTING AROUND
DOING NOTHING. I ENJOYED THE
INTERACTION."

100%



using strategies
discussed at least once
a week

Percentage of young
people using wellbeing
coping strategies following
sessions

OUR IMPACT

School Programme:

114



young people
accessed our school
programme

83%



showed improvement
in their wellbeing

100%



reported that they
enjoyed the sessions
and found them useful

Wellbeing is measured using the accredited Warwick-Edinburgh Mental Well-being Scale (WEMW or Multidimensional Students Life Satisfaction Scale score (brief).



OUR IMPACT CONT.

School Programme Befriender Sessions:

83



young people
accessed our
befriender sessions

92%



rated the sessions 4 or
5 out of 5



FINANCIAL SUMMARY

INCOME	2021	2020
Donations	7,771	13,767
Grants	20,284	29,301
Charitable activities	33,309	28,434
TOTAL	61,364	71,502

EXPENDITURE	2021	2020
Charitable activities	61,262	18,842
Support costs	2,531	2,224
TOTAL	63,793	21,066

NET INCOME/ (EXPENDITURE)	(2,429)	50,436
--------------------------------------	----------------	---------------

The year ending 31st December 2021 showed a net income of (£2,429). Our total income was £61,364 compared with expenditure of £63,793. Net funds for the charity now stand at £52,821.

FINANCIAL SUMMARY

Income

Income was via funding sources including fundraising events and donations from supporters and organisations. General donations were down, however a significant donation was received from the IOC in 2020 to help support the strategy of the charity. Therefore, with the IOC amount stripped out, in 2021 the Charity has significantly increased its general donations through several fundraising initiatives and leveraging support from its increasing network. The Charity also continued to receive grants from BBC Children in Need and the Big Lottery Fund for various projects aimed at delivering and improving the Charity's service delivery. In addition, a new grant was received from the Local Giving Fund. The Charity continues to operate its 3-year contract supporting wellbeing in schools in the Croydon borough. Further details are shown in the annual accounts.

Expenditure

Expenditure in the accounts is grouped under fundraising activities and charitable activities, however most of the fundraising work continues to be completed by Trustees without incurring expenses. Salary costs have continued to rise as the Croydon Schools project has now had a full year of delivery, verses only part of the year in 2020. Also, as the Charity looks to evolve and increase the number of people its services reach, a part time CEO role was created to help drive the strategic vision of the charity. Furthermore, other costs of delivering the Charity's services have increased post pandemic, as the Charity moved back to in-person delivery, compared to being predominately virtual in 2020.

Net movement in funds

The Charity's net funds have decreased from £55,250 in 2020 to £52,821 in 2021. Of these funds £37,497 are restricted and £15,324 are unrestricted (2020; £45,166 restricted, £10,084 unrestricted), but the restrictions are focused around continuing to deliver the services the charity has become known for and broadening the reach of its services by the Croydon Schools project. The increase in unrestricted funds is due to the Charity looking to build reserves to ensure consistency of service delivery through a challenging macroeconomic environment. Details in the movements of restricted funds are detailed in the annual accounts.

FINANCIAL SUMMARY

INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Duffus Cancer Foundation (the charity) for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

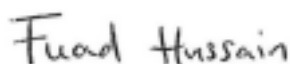
Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Name: Fuad Hussain



Relevant qualifications: BA Management of Business Information, PG Dip in computer science, Diploma in Accounting and Business

Address: 2 Moore Close, Mitcham, Surrey, CR4 1BW

STATEMENT OF FINANCIAL ACTIVITIES

STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 December 2021 (incorporating an income and expenditure account)

	Note	General Funds £	Restricted Funds £	Total funds 2021 £	Total Funds 2020 £
Income from:	2				
Donations and subscriptions		7,771	20,284	28,055	43,068
Charitable activities		-	33,309	33,309	28,434
Total		<u>7,771</u>	<u>53,593</u>	<u>61,364</u>	<u>71,502</u>
Expenditure on:	3				
Raising funds		-	-	-	-
Charitable activities		2,531	61,262	63,793	21,066
Total		<u>2,531</u>	<u>61,262</u>	<u>63,793</u>	<u>21,066</u>
Net income / (Expenditure)		5,240	(7,669)	(2,429)	50,436
Transfer between funds		-	-	-	-
Net movement in funds		<u>5,240</u>	<u>(7,669)</u>	<u>(2,429)</u>	<u>50,436</u>
Reconciliation of funds					
Total fund brought forward		10,084	45,166	55,250	4,814
Total fund carried forward		<u>15,324</u>	<u>37,497</u>	<u>52,821</u>	<u>55,250</u>

No corporation tax was payable by the Group or Charity for the year ended 31 December 2021 (2020: £nil).

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 8 to the financial statements. The notes later in this report form part of these financial statements.

BALANCE SHEET

BALANCE SHEET

As at 31 December 2021

	Note	Total funds 2021 £	Total Funds 2020 £
Fixed assets			
Tangible fixed assets	5	723	1,152
Current assets			
Cash at bank and in hand	7	54,020	54,384
Current liabilities			
Creditors: amounts falling due within 1 year	6	1,922	286
Net current assets		52,098	54,098
Net assets		52,821	55,250
Funds of the charity			
Restricted income funds	8	37,497	45,166
Unrestricted funds		15,324	10,084
Total fund carried forward		52,821	55,250

Approved by the board of Trustees on 21 September 2022



Geoff Gostt – Chairman



Mark Hamilton – Treasurer

NOTES TO THE ACCOUNTS

1. Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. On this basis the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Deferred income

No material item of deferred income has been included in the accounts.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £250. They are valued at cost less of any depreciation and any impairment losses. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Office equipment 33.3% per annum on a straight line basis

2. Income

Analysis of income	General Funds £	Restricted Funds £	Total funds 2021 £	Total Funds 2020 £
Income from donations				
Donations and gifts	7,771	-	7,771	13,767
Grants provided by other charities	-	20,284	20,284	29,301
Total	7,771	20,284	28,055	43,068
Income from charitable activities				
Croydon Council Schools Project	-	33,309	33,309	28,434
Total	-	33,309	33,309	28,434
Total income	7,771	53,593	61,364	71,502

All income in the prior year was unrestricted.

3. Expenses

	General Funds £	Restricted Funds £	Total funds 2021 £	Total Funds 2020 £
Expenditure on raising funds:				
Advertising and marketing	-	-	-	-
Expenditure on charitable activities:				
<u>Direct costs</u>				
Advertising and marketing costs	-	2,295	2,295	320
Depreciation	-	429	429	134
Insurance costs	-	236	236	229
ITC costs	-	3,402	3,402	866
Printing, postage, and stationary costs	-	364	364	1,071
Professional and consultancy costs	-	652	652	149
Project costs	-	8,729	8,729	2,727
Regulatory and compliance costs	-	13	13	204
Rent	-	0	0	34
Staff costs	-	45,142	45,142	13,108
<u>Support costs</u>				
Advertising and marketing costs	172	-	172	576
Insurance costs	21	-	21	70
ITC costs	382	-	382	632
Printing, postage and stationary costs	143	-	143	27
Professional and consultancy costs	1,030	-	1,030	495
Project costs	-	-	-	94
Rent	618	-	618	330
Staff costs	165	-	165	-
Total	2,531	61,262	63,793	21,066
Total expenditure	2,531	61,262	63,793	21,066

£2,224 of expenditure in the prior year was attributable to unrestricted funds and £18,842 was attributable to restricted funds.

4. Paid employees

The average number of employees and full time equivalent during the year was as follows:

	2021	2020
Employed staff	5	4
Casual workers	<u>2</u>	<u>2</u>
	<u>7</u>	<u>6</u>
Full time equivalent staff	<u>2</u>	<u>1</u>
Total remuneration was:		
Wages and salaries (£)	<u>44,137</u>	<u>13,108</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

5. Tangible fixed assets

	Office equipment £
Cost at 31 December 2020	1,286
Additions	-
At 31 December 2021	<u>1,286</u>
Depreciation and impairment at 31 December 2020	134
Depreciation charged in the year	<u>429</u>
At 31 December 2021	<u>563</u>
Carrying amount	
At 31 December 2021	<u>723</u>
At 31 December 2020	<u>1,152</u>

6. Creditors and accruals

	2021 £	2020 £
Taxation and social security	<u>1,922</u>	<u>286</u>

7. Cash at bank and in hand

	2021 £	2020 £
Cash at bank	53,897	54,361
Petty cash	<u>123</u>	<u>23</u>
	<u>54,020</u>	<u>54,384</u>

8. Movement in funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance 1 Jan 21 £	Income £	Expenditure £	Balance 31 Dec 21 £
Restricted funds				
Croydon Council – Community	1,094	-	-	1,094
BBC Children in Need	7,893	9,800	12,214	5,479
Big Lottery – Youth Conference	3,911	-	-	3,911
Co-op	6,765	-	4,293	2,472
Croydon Council – Schools	13,383	33,309	35,286	11,406
Children in Need – Booster	2,484	-	2,524	-40
Big Lottery – Managers Fund	9,636	9,984	6,441	13,179
Local Giving Fund	<u>0</u>	<u>500</u>	<u>504</u>	<u>-4</u>
Total	<u>45,166</u>	<u>53,593</u>	<u>61,262</u>	<u>37,497</u>

9. Transactions with Trustees and related parties

Trustee remuneration and benefits

During the year the Trustees approved one of the Trustees taking on a paid role within the charity as a strategic lead role for the charity on a part time basis.

Other than the above point none of the other trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

Trustees' expenses

No trustee expenses have been paid in the year (2020 – nil).

HOW TO REACH US

DCF

82 London Road,
Croydon, CR0 2TB

www.duffusfoundation.org

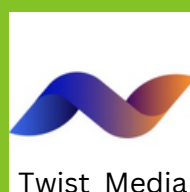
info@duffusfoundation.org

07856482888



We are so grateful to our staff, volunteers and trustees who work tirelessly to continue our Founder Leroy's legacy and improve young people's wellbeing.

We would also like to thank the organisations who support us, enabling us to make a positive difference to more young people's lives:



A BIG THANK YOU

- Stephen Lawrence Day Foundation
- Kiwanis of Croydon
- Gemma Kao, Graphic Designer
- Mark Krycki, Victor Films
- Anton Lawrence, Dance Space
- Saffron & team, Croydon Start Up
- Leoni, Saif & team, Matthew's Yard
- DJ Flight
- Alec LDN
- Legacy
- Lives Not Knives
- Lee Townsend
- Donna Murray –Turner
- Chief Superintendent Jeff Boothe
- HON Stuart Lawrence
- We are the Cronx
- Juliet Gee
- Anthony Pearse
- Kitan Ogunfeibo
- Danny Thomas
- Kate Leyshon
- Trinity School
- Ian from -Beats N Eats
- Next
- Oxygen Free Jumping
- Jelly Bean
- Experience Days
- Greggs
- Buyagift



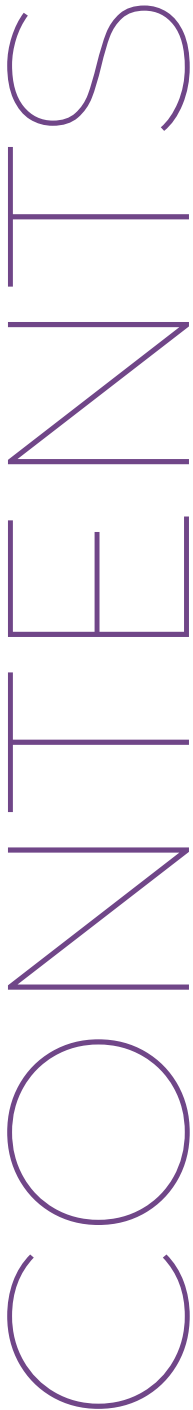
Accounts



DCF Trustees' Annual Report

2020

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Thank you

Anywhere there are underlined sections in this document, this is a clickable link.

Charity Name	Duffus Cancer Foundation
Registration Number	1173774
Postal Address	CVA, 82 London Road, Croydon CCR0 2TB
Trustees	Geoff Gostt (Chair) Brian Duffus Mark Hamilton (Treasurer) Denise Duffus Pat Tracy (Secretary) – stepped down in June 2020 Rebecca Duffus Philip Dainton Matthew Stickley

DCF are a local charity that supports children and young people's wellbeing. We hold group programmes and offer 121 support to young people to build resilience, confidence and self-esteem. Our group programmes support young people to meet others and learn tools and techniques to boost wellbeing. We empower young people to share their ideas and shape provision around their interests and requirements.

Groups include:

- Your Space youth group
- Dance Space virtual street dance session (new this year)
- Your Vision film project (new this year)
- Right Track resilience programme
- Right Track Croydon School Programme (new this year)

[Watch our story here!](#)

(Anywhere there are underlined sections in this document, this is a clickable link.)

ADMINISTRATIVE INFORMATION AND MANAGEMENT

Governing Document

Duffus Cancer Foundation (DCF) is a charitable organisation which first met as a committee on 30th January 2017 and registered as a charity on 11th July 2017. It is governed by its constitution as a Charitable Incorporated Organisation.

Organisational Structure

The Board of Trustees meets monthly/6 weekly and monitors financial performance and strategic planning. The Youth Steering Group, which consists of young people (accessing/who have accessed our service) and young volunteers, meets monthly/quarterly. Other ad-hoc sub-committees are formed as required.

Staffing

During this period, DCF appointed four new paid part-time staff members to work on the Croydon Right Track School Programme. Of this team, one staff member leads on communication across DCF and the other three are youth workers. In our community programmes, we had three part-time youth workers and eight volunteers who supported with group sessions, marketing, events and social media. We also paid for ad-hoc support from a film-maker.

Responsibilities

The responsibilities for fulfilling objectives as a registered charity fall on the DCF Board of Trustees, as outlined above.

Staff/Volunteer Induction and Training

All new staff and volunteers undertake the Induction and Training programme. Existing staff/volunteer training requirements are reviewed via Planning Meetings and 121s/Supervision sessions.

Trustees are also encouraged to have any additional training as is relevant to their roles and requirements. At the start of this period, we gained two new trustees and one stepped down in the middle of the year.

Risk Management

All major risks are identified and reviewed by Trustees on a monthly/bi-monthly basis. During this process, systems and procedures are put in place to manage any risk.

THE YEAR

2020 was a year like no other. With a third of the year spent in complete national lockdown, and with additional local lockdowns affecting our area, our work had to adapt significantly.

JANUARY - MARCH

Group Programmes

- Monthly Your Space sessions at Matthew's Yard
- Trips to Bowling and Escape Rooms
- Children in Need monitoring visit

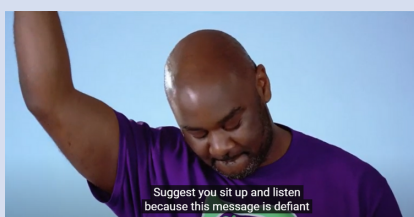


“ It was such a pleasure to meet the team, the young people and their parents. It was not only impressive to watch their fantastic team game skills, but also see how supportive, encouraging and kind the group was with each other. The parents spoke so warmly about the change they've seen in their children and the positive impact both Right Track and Your Space have had, which was lovely to hear.

Olivia from BBC Children in Need



”



- We teamed up with Cancer Central and 16 other charities to make a special film for World Cancer Day
- New trustees and volunteers appointed
- Coop Community Fund payment received to allow us to start delivering the Your Vision film and media programme for young people to create short films about their community or things that matter to them
- Notification of successful grant application from Croydon Community Fund for the Croydon School Right Track Programme
- Attendance at Croydon SENCo Cluster groups to advertise the upcoming programme

APRIL - JUNE

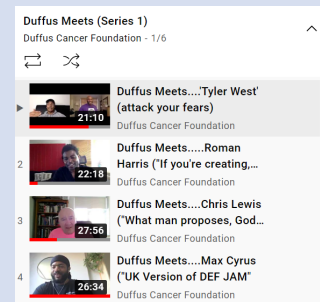


Virtual Sessions

- Your Space sessions move online via Zoom
- NEW! Dance Space virtual street dance sessions launch

Duffus Meets... Launches

This series is led by Brian Duffus, who interviews inspiring and interesting people about their lockdown life. Hear their story and gain tips for good mental health
Funded by Children in Need.



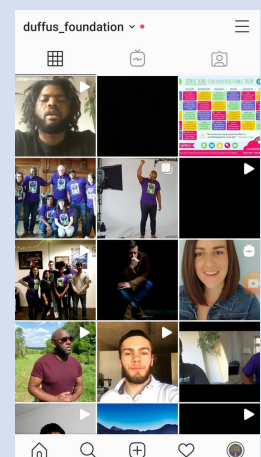
Croydon School Right Track Programme

Due to start in schools from April but schools were closed to visitors due to the pandemic, with most children learning from home.

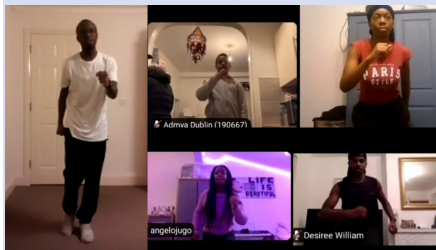
Adaptations to offer 121 virtual 'befriender' sessions rather than group programmes. Delays to recruitment due to the pandemic.

General Developments

- Launched our Instagram page @duffus_foundation meaning we can reach more people and importantly, engage with young people
- Set up Youth Steering Group with clear terms of reference to give young people a voice to directly feed into provision and content we are creating
- Video diary for Children in Need
- Set up with Giving Lottery.



JULY - SEPTEMBER

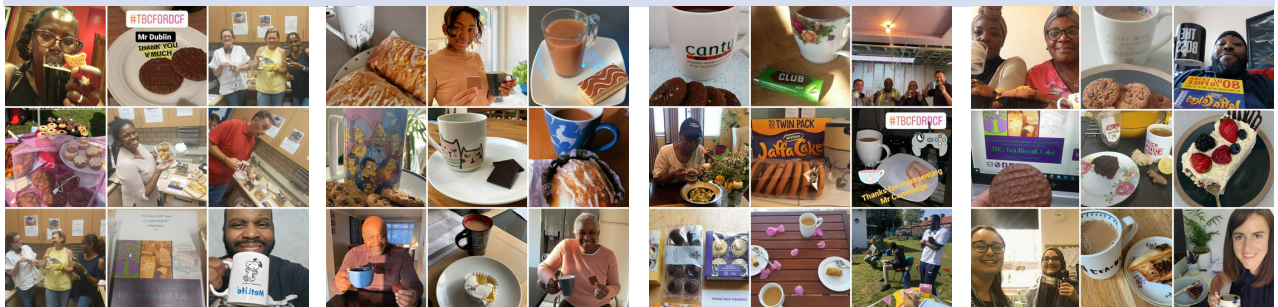


Virtual Sessions

- Your Space sessions continue online
- Dance Space virtual street dance sessions continue

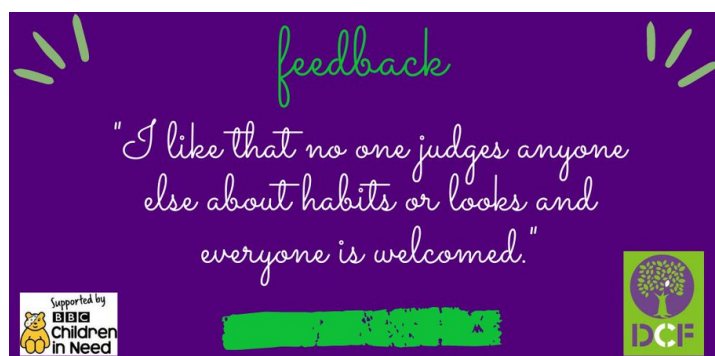
Our First TBC for DCF

To acknowledge the anniversary of our Founder, Leroy Duffus, we invited our supporters and followers to take some time out of their day to engage in one of Leroy's favourite pastimes: tea and cake!

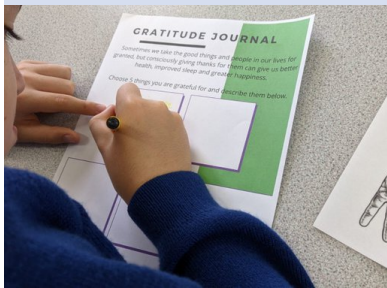


General Developments

- Acquired Covid Booster Grant from BBC Children in Need which will allow us to fund additional content for our social media and YouTube Channels including wellbeing videos
- Schools reopen to visitors meaning we are able to start our Right Track School programme again
- Communications Lead worker in place



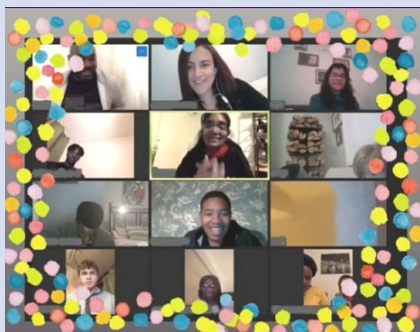
OCTOBER - DECEMBER



Croydon School Right Track Programme

- 10 Right Track programmes completed in the Autumn Term
- 4x 6 week 121 befriender sessions completed
- Wellbeing workbooks given to all young people at the end of the programme

Community Groups



A national lockdown in November, and our area moving into Tier 2 meant our groups faced further restrictions. We continued with our virtual Your Space and Dance Space but our Your Vision film project and the community Right Track sessions were postponed. We used the time to develop online content for future sessions.

General Developments



- Promotion in store for Coop members to find out more about DCF as their chosen charity as part of the Coop Community Fund
- Students from Trinity School volunteered with us to promote DCF locally
- Cognus Limited chose us as their Staff Charity of the Year
- Funding received from Institute of Cemetery & Crematorium Management (ICCM) Charity Scheme
- Trustees met to assess budgets for a part time Coordinator Role
- National Lottery Community Fund Covid Grant received to fund part of the coordinator role



CASE STUDY

“ Since joining the Right Track program, Isaac has found somewhere that has given him a confidence and self worth that he didn't possess before, his social confidence and ability to talk to everyone is unrecognisable.

The Duffus Charity provides him with a safe, inclusive environment where his neurodiversity is celebrated as a wonderful strength and the opportunity for him to be accepted for who he truly is without needing to conform to perceived norms.

For us, his family, we benefit from his happiness and this impacts our daily lives. Thank you”

”



CASE STUDY

"

T was a young girl we supported on our Right Track programme. She had experienced a succession of traumatic events including losing her best friend to cancer and then another friend to suicide. T had a diagnosis of autism and ADHD, which impacted on her ability to ask for help at school. She needed time and space to develop relationships with supportive adults, and therefore one-to-one counselling was too time-limited and intensely focused.

In school, although they knew she had experienced traumatic events, there was little resource available to support her, other than on a one to one, 'check-in', which did not appeal to T. T's mother found out about the Right Track programme through a local parent's forum and thought it would be perfect for T, but T was understandably nervous about coming to join a group of new people. A member of DCF spoke to T's mother in advance, in order to gather information on her past experiences and the impact this had had on her. They also explored how T interacted with others, including her likes and dislikes, so that the youth workers could tailor the session to her needs and preferences.

T came to the first session and quickly relaxed, building good relationships with the adults in the group. She was one of the older participants which meant the youth workers could build on this, giving her roles of responsibility within the group and therefore purpose and a feeling of 'status'. T explained that she found that the group dynamics of the Right Track programme meant that she felt safer and was more able to share her experiences and take on additional strategies. As the group was much smaller than her usual class sizes, she was able to develop a confident role within this, therefore boosting her self-esteem.

Her mother reported that she was amazed at how confident T seemed in the group, and that each week she would happily get herself ready and want to come, which was quite rare for her mother to see. T reported that she enjoyed having this time with understanding adults, who made the sessions fun, but also gave useful tools to help in daily life. Both T and her mother rated her well-being to have significantly increased as a result of the programme.

T now comes to our monthly Your Space group, meaning she has a regular opportunity to check-in with adults she knows well and can build on existing relationships with peers she has met through the programme. As she knows the environment well, it feels safe, and so she is confident to meet new people that have also joined the group.

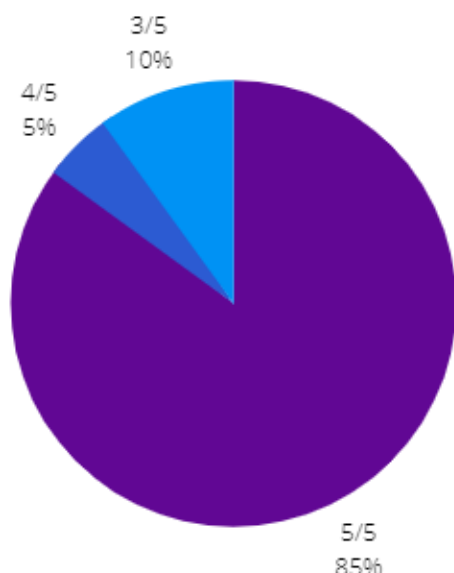
"

OUR IMPACT

Community Programmes: Average confidence scores out of 5



Community Programmes: Average enjoyment scores



"Don't change anything."
"I want to come back every time!"
"I'm going to bring my friends next time!"

I liked the sessions as we spoke about how to deal with our thoughts: it taught me what I should do to be happy spiritually, physically and mentally."

"I think the sessions really helped me know how I should cope in certain situations. It made me realise I should start to talk more to my family about anything that is bothering me."

Community Programmes: Wellbeing coping strategies

93%



using strategies
discussed at least 3
times a week

45%

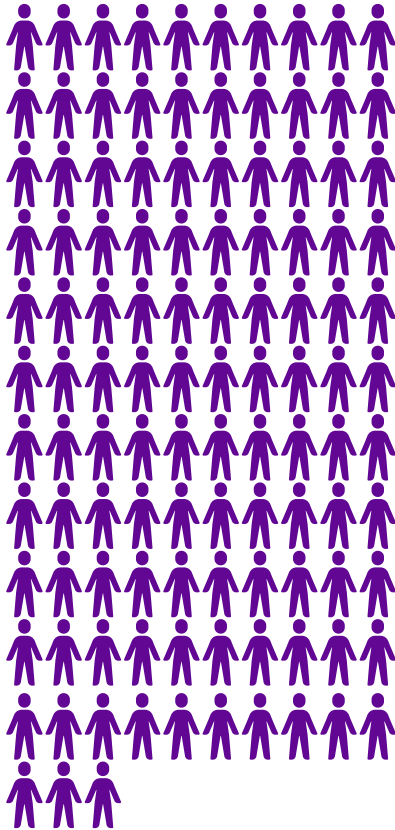


using strategies
every day

OUR IMPACT

School Programme:

113



young people
accessed our school
programme

78%



showed improvement
in their wellbeing

100%



reported that they
enjoyed the sessions
and found them useful

121 Befriender Sessions



4 young people

accessed an additional
programme of 6 x 121
befriender sessions



FINANCIAL SUMMARY

INCOME	2020	2019
Donations	13,767	7,468
Grants	29,301	-
Charitable activities	28,434	-
TOTAL	71,502	7,468

EXPENDITURE	2020	2019
Charitable activities	18,842	10,645
Support costs	2,224	7,978
TOTAL	21,066	18,623

NET INCOME/ (EXPENDITURE)	50,436	(11,155)
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The year ending 31st December 2018 showed a net income of £50,436. Our total income was £71,502 compared with expenditure of £21,066. Net funds for the charity now stand at £55,250.

FINANCIAL SUMMARY

Income

Income was via funding sources including fundraising events and donations from supporters and organisations. General donations were down, however a significant donation was received from the IOC to help support the strategy of the charity. In terms of grants the charity received its next tranche of funding from BBC Children in Need, as well as a number of other new and top up grants. Significantly the charity was awarded a 3 year contract by Croydon Council to operate its well being programme in schools within the borough. Further details are shown in then annual accounts.

Expenditure

Expenditure in the accounts is grouped under fundraising activities, charitable activities, however most of the fundraising work has been completed by Trustees without incurring expenses. Salary costs have significantly increased due to the Croydon contract, however these are now all incurred completing charitable activities and none incurred as support costs unlike in 2019 when salaries included £1,974 of support costs.

Additionally, and due to the pandemic, the charity has made significant savings on rent costs which made up a large part of the support costs in the 2019 (£4,622) and it has also been delivering its services through virtual methods meaning there was no rental costs for the space required to carry out its services.

Net movement in funds

The charity net funds have increased from £4,814 in 2019 to £55,250 in 2020. Of these funds £45,166 are restricted, but the restrictions are focused around continuing to deliver the services the charity has become known for and broadening the reach of its services by the Croydon Schools project. Details in the movements of restricted funds are detailed in the annual accounts.

FINANCIAL SUMMARY

INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Duffus Cancer Foundation (the charity) for the year ended 30 April 2020.

Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the financial statements to be reached.

Signed: *Fuad Hussain*

Name: Fuad Hussain

Relevant qualifications: BA Management of Business information, PG Dip in computer science, Diploma in Accounting and Business

Address: 2 Moore Close, Mitcham, Surrey, CR4 1BW

STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 December 2020 (incorporating an income and expenditure account)

	Note	General Funds £	Restricted Funds £	Total funds 2020 £	Total Funds 2019 £
Income from:	2				
Donations and subscriptions		13,767	29,301	43,068	7,468
Charitable activities		-	28,434	28,434	-
Total		13,767	57,735	71,502	7,468
Expenditure on:	3				
Raising funds		-	-	-	-
Charitable activities		2,224	18,842	21,066	18,623
Total		2,224	18,842	21,066	18,623
Net income / (Expenditure)		11,543	38,893	50,436	(11,155)
Transfer between funds		-	-	-	-
Net movement in funds		11,543	38,893	50,436	(11,155)
Reconciliation of funds					
Total fund brought forward		(1,459)	6,273	4,814	15,969
Total fund carried forward		10,084	45,166	55,250	4,814

No corporation tax was payable by the Group or Charity for the year ended 31 December 2020 (2019: £nil).

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 8 to the financial statements. The notes later in this report form part of these financial statements.

BALANCE SHEET

As at 31 December 2020

	Note	Total funds 2020 £	Total Funds 2019 £
Fixed assets			
Tangible fixed assets	5	1,152	-
Current assets			
Cash at bank and in hand	7	54,384	4,814
Current liabilities			
Creditors: amounts falling due within 1 year	6	286	-
Net current assets		54,098	4,814
Net assets		55,250	4,814
Funds of the charity			
Restricted income funds	8	45,166	6,273
Unrestricted funds		10,084	(1,459)
Total fund carried forward		55,250	4,814

Approved by the board of Trustees on 29 October 2021



Geoff Gostt – Chairman



Mark Hamilton – Treasurer

NOTES TO THE ACCOUNTS

1. Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. On this basis the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Deferred income

No material item of deferred income has been included in the accounts.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £250. They are valued at cost less of any depreciation and any impairment losses. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Office equipment	33.3% per annum on a straight line basis
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2. Income

Analysis of income	General Funds £	Restricted Funds £	Total funds 2020 £	Total Funds 2019 £
Income from donations				
Donations and gifts	13,767	-	13,767	7,468
Grants provided by other charities	-	29,301	29,301	-
Total	13,767	29,301	43,068	7,468
Income from charitable activities				
Croydon Council Schools Project	-	28,434	28,434	-
Total	-	28,434	28,434	-
Total income	13,767	57,735	71,502	7,468

All income in the prior year was unrestricted.

3. Expenses

	General Funds £	Restricted Funds £	Total funds 2020 £	Total Funds 2019 £
Expenditure on raising funds:				
Advertising and marketing	-	-	-	-
Expenditure on charitable activities:				
<u>Direct costs</u>				
Advertising and marketing costs	-	320	320	2,938
Depreciation	-	134	134	-
Insurance costs	-	229	229	-
ITC costs	-	866	866	607
Printing, postage, and stationary costs	-	1,071	1,071	111
Professional and consultancy costs	-	149	149	-
Project costs	-	2,727	2,727	3,662
Regulatory and compliance costs	-	204	204	-
Rent	-	34	34	282
Staff costs	-	13,108	13,108	3,595
<u>Support costs</u>				
Advertising and marketing costs	576	-	576	382
Insurance costs	70	-	70	258
ITC costs	632	-	632	549
Printing, postage and stationary costs	27	-	27	4
Professional and consultancy costs	495	-	495	110
Project costs	94	-	94	79
Rent	330	-	330	4,622
Staff costs	-	-	-	1,974
Total	2,224	18,842	21,066	18,623
Total expenditure	2,224	18,842	21,066	18,623

£7,978 of expenditure in the prior year was attributable to unrestricted funds and £10,645 was attributable to restricted funds.

4. Paid employees

The average number of employees and full time equivalent during the year was as follows:

	2020	2019
Employed staff	4	-
Casual workers	2	6
	6	6
Full time equivalent staff	1	-
Total remuneration was:		
Wages and salaries (£)	13,108	5,569

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

5. Tangible fixed assets

	Office equipment £
Cost	-
Additions	1,286
At 31 December 2020	1,286
Depreciation and impairment	
Depreciation charged in the year	134
At 31 December 2020	134
Carrying amount	
At 31 December 2020	1,152

6. Creditors and accruals

	2020 £	2019 £
Taxation and social security	286	-

7. Cash at bank and in hand

	2020 £	2019 £
Cash at bank and in hand	54,384	4,814

8. Movement in funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance 1 Jan 20 £	Income £	Expenditure £	Balance 31 Dec 20 £
Restricted funds				
Croydon Council – Community	1,094	-	-	1,094
BBC Children in Need	1,268	9,900	3,275	7,893
Big Lottery – Youth Conference	3,911	-	-	3,911
Co-op	-	6,765	-	6,765
Croydon Council – Schools	-	28,434	15,051	13,383
Children in Need – Booster	-	3,000	516	2,484
Big Lottery – Managers Fund	-	9,636	-	9,636
Total	6,273	57,735	18,842	45,166

9. Transactions with Trustees and related parties

Trustee remuneration and benefits

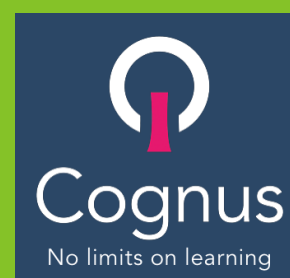
None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

Trustees' expenses

No trustee expenses have been paid in the year (2019 – nil).

We are so grateful to our staff, volunteers and trustees who work tirelessly to continue our Founder Leroy's legacy and improve young people's wellbeing.

We would also like to thank the organisations who support us, enabling us to make a positive difference to more young people's lives:



HOW TO REACH US

DCF
82 London Road,
Croydon, CR0 2TB

www.duffuscancerfoundation.org
info@duffuscancerfoundation.org

07856482888

