

**Samaritans of Plymouth,  
East Cornwall and South West Devon  
(Charity No. 1173658)**

**Charitable Incorporated Organisation (CE011204)**

**Trustees' Annual Report  
and Receipts and Payments Accounts**

**For the year from 1 April 2024 to 31 March 2025**

## **Samaritans of Plymouth, East Cornwall and South West Devon**

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# **Samaritans of Plymouth, East Cornwall and South West Devon**

## **Trustees' Annual Report**

**For the period from 1 April 2024 to 31 March 2025**

Samaritans of Plymouth, East Cornwall and South West Devon (Charity No.1173658) is a Charitable Incorporated Organisation (CIO) and was established on the 3 July 2017 with the Charity Commission for England and Wales. The principal address is 20-21 Oxford Place, Plymouth, Devon PL1 5AJ.

### **Objects of the charity**

The objects of the charity are:-

- (a) To enable persons in Plymouth, East Cornwall and South West Devon and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and reduce the incidence of suicide,
- (b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and,
- (c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

### **Public Benefit**

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe the main activities undertaken to further the charity's purposes for the public benefit.

### **Structure, governance and management**

The charity's governing document is the Constitution approved on 7 May 2017.

Trustees who have served in the period to date of approval of these accounts are:-

Paul Sherratt	Chair
Susan Anderson	
Susan Buchanan	(appointed 26 September 2024)
Thomas Caylor	
David Green	(resigned 26 September 2024)
Amanda Gregory	(appointed 26 September 2024)
Stephen Hale	(resigned 26 September 2024)
David Pearce	
Charles Pitman	(resigned 26 September 2024)
Andrew Pusey	(appointed 26 September 2024)
Jacqueline Stockman	(resigned 26 September 2024)
Caroline Thistlethwaite	
Ian Trotter	(appointed 26 September 2024)
Robert Waghorn	
Randall Williams	(appointed 28 May 2025)

# **Samaritans of Plymouth, East Cornwall and South West Devon**

## **Trustees' Annual Report continued**

### **Main activities in the period**

The Charity had another busy year fulfilling its role providing support to people experiencing emotional distress. During the year, the Charity's volunteers answered over 15,000 calls and 2,900 emails and provided over 10,000 hours in direct support, in each case ahead of performance in the previous year.

The Charity remains in a good position to continue to provide non-judgemental support to those in need throughout the remainder of 2025 and beyond.

### **Financial review**

An excess of income over expenditure of £17,469 was recorded in the year ended 31 March 2025.

Income overall decreased marginally to £70,385 compared to £74,851 in the previous year. The charity continued to benefit from the support of the community in donations. In addition the charity shop owned by the charity donated its profit of circa £19,000 to the charity in the year. Volunteers donated over £19,000 in travel expenses back to the charity enabling gift aid to be claimed on these amounts.

The charity maintained close control over its expenditure in the year. The charity's strong financial position again allowed it to contribute a substantial sum - almost £6,000 - towards other Samaritans entities.

As a result cash in bank at 31 March 2025 stood at a very healthy £119,718. The trustees recognise that it is inappropriate for a charity to retain a higher level of reserves than is necessary to meet ongoing costs and provide a reasonable buffer against unforeseen circumstances. However, there is currently a specific reason to build up a much larger reserve: it is anticipated that significant expenditure will be necessary in the near future to improve or replace the premises currently used. The charity is reviewing options to refurbish its premises or move to new premises. It is expected that some of the cash reserves will be spent in pursuance of this project over the next two financial years.

The charity has for many years supported the listeners service operating within HMP Dartmoor, earning income to cover volunteers expenses in delivering this service. Following the temporary closure of HMP Dartmoor in July 2024, the service was suspended and it is unclear if and when it will resume.

### **Professional Advisers**

Bank: Lloyds Bank Plc & United Trust Bank Limited

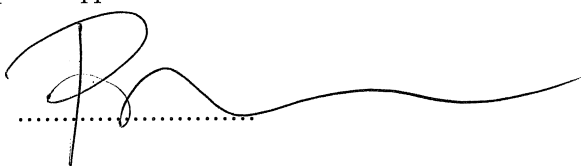
Independent Examiners: Northcott Trumfield, Chartered Accountants

### **Contact Details**

E-mail : Treasurer@plymouthsamaritans.org.uk

Website: www.samaritans.org.uk

This report is approved on behalf of the board of trustees on 17 July 2025 by Paul Sherratt

Signed 

# Samaritans of Plymouth, East Cornwall and South West Devon

## Receipts and Payments For the period from 1 April 2024 to 31 March 2025

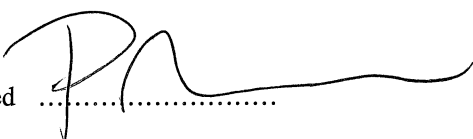
	Note	Unrestricted	Restricted Central Samaritans Prison Fund	2025 Total	2024 Total
		£	£	£	£
<b>Receipts</b>					
Donations		61,023	-	61,023	65,912
Grants		-	1,020	1,020	4,179
Interest received		4,475	-	4,475	919
Fundraising activities		3,867	-	3,867	3,841
<b>Total receipts</b>		<b>69,365</b>	<b>1,020</b>	<b>70,385</b>	<b>74,851</b>
<b>Payments</b>					
<b>Charitable activities:</b>					
Rates and water		2,131	-	2,131	1,828
Insurance		1,588	-	1,588	1,821
Light and heat		3,887	-	3,887	3,460
Telephone		3,916	-	3,916	3,971
Postage and stationery		1,836	-	1,836	129
Photocopier		702	-	702	723
Sundries		572	-	572	1,852
Volunteer training		132	-	132	180
Volunteer travel		22,810	441	23,251	34,818
Repairs		1,816	-	1,816	1,019
Community support and outreach		1,843	-	1,843	5,327
Housekeeping		4,323	-	4,323	3,433
Donation to local Samaritans Branch		5,953	-	5,953	8,274
		<b>51,509</b>	<b>441</b>	<b>51,950</b>	<b>66,835</b>
<b>Fundraising activities:</b>					
Fundraising		336	-	336	2,364
<b>Governance costs:</b>					
Accountancy		630	-	630	630
<b>Asset and investment purchases:</b>					
Loan to subsidiary		-	-	-	2,426
Assets purchased		-	-	-	4,370
		<b>-</b>	<b>-</b>	<b>-</b>	<b>6,796</b>
<b>Total payments</b>		<b>52,298</b>	<b>441</b>	<b>52,739</b>	<b>76,625</b>
<b>Net receipts/(payments)</b>		<b>16,890</b>	<b>579</b>	<b>17,469</b>	<b>(1,774)</b>
Transfer between funds	3	2,618	(2,618)	-	-
Cash funds last year end		<b>100,210</b>	<b>2,039</b>	<b>102,249</b>	<b>104,023</b>
<b>Cash funds this year end</b>		<b>119,718</b>	<b>-</b>	<b>119,718</b>	<b>102,249</b>

# Samaritans of Plymouth, East Cornwall and South West Devon

## Statement of Assets and Liabilities As at 31 March 2025

	2025 Unrestricted Funds £	Total £	2024 Total £
<b>Cash funds</b>			
Current bank accounts	<u>119,718</u>	<u>119,718</u>	<u>102,249</u>
<b>Investment assets</b>			
Subsidiary loan : Sam's Place (Plymouth) Limited	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
<b>Assets retained for the charity's own use</b>			
Freehold land and buildings at net book value	136,070	136,070	136,070
Equipment at net book value	<u>13,653</u>	<u>13,653</u>	<u>13,653</u>
	<u>149,723</u>	<u>149,723</u>	<u>149,723</u>
<b>Liabilities</b>			
Independent Examination	<u>720</u>	<u>720</u>	<u>720</u>
<b>Net Assets</b>	<u>283,721</u>	<u>283,721</u>	<u>266,252</u>

Signed on behalf of the trustees

Signed 

Name: Paul Sherratt

Date: 17 July 2025

# **Samaritans of Plymouth, East Cornwall and South West Devon**

## **Notes to the Accounts For the year from 1 April 2024 to 31 March 2025**

### **1. Guarantees and debts**

The trustees confirm, in accordance with the Charitable Incorporated Organisations Act (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

### **2. Trustee remuneration**

Trustees are not remunerated. Twelve trustees were paid travel and other expenses incurred on behalf of the Charity totalling £4,917 in the year. Of this amount £3,888 was donated back to the Charity and gift aid claimed on those donations. There were no related party transactions.

### **3. Transfer between funds**

The transfer of £2,618 from Restricted Central Prison Fund to Unrestricted Funds is to cover costs of delivering the service.

## **Samaritans of Plymouth, East Cornwall and South West Devon**

### **Independent Examiner's Report to the Trustees of Samaritans of Plymouth, East Cornwall and South West Devon**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which are set out on pages 3 to 5.

#### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

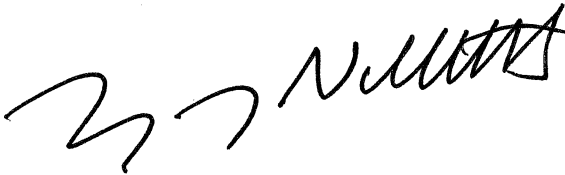
#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



**Guy Ian Northcott**  
**Institute of Chartered Accountants in England and Wales**  
**FCA, Bsc(Econ) Hons, DChA**  
**For and on behalf of:**  
**Northcott Trumfield**  
**Chartered Accountants**  
**Devonshire Villa**  
**52 Stuart Road**  
**Stoke**  
**Plymouth**  
**PL3 4EE**

**Date: 17 July 2025**