

**Samaritans of Plymouth,
East Cornwall and South West Devon
(Charity No. 1173658)**

Charitable Incorporated Organisation (CE011204)

**Trustees' Annual Report
and Receipts and Payments Accounts**

For the year from 1 April 2023 to 31 March 2024

Samaritans of Plymouth, East Cornwall and South West Devon

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Samaritans of Plymouth, East Cornwall and South West Devon

Trustees' Annual Report

For the period from 1 April 2023 to 31 March 2024

Samaritans of Plymouth, East Cornwall and South West Devon (Charity No.1173658) is a Charitable Incorporated Organisation (CIO) and was established on the 3 July 2017 with the Charity Commission for England and Wales. The principal address is 20-21 Oxford Place, Plymouth, Devon PL1 5AJ.

Objects of the charity

The objects of the charity are:-

- (a) To enable persons in Plymouth, East Cornwall and South West Devon and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and reduce the incidence of suicide,
- (b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and,
- (c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

Public Benefit

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe the main activities undertaken to further the charity's purposes for the public benefit.

Structure, governance and management

The charity's governing document is the Constitution approved on 7 May 2017.

Trustees who have served in the period to date of approval of these accounts are:-

Paul Sherratt	Chair	(appointed 6 July 2023)
Susan Anderson		(appointed 6 July 2023)
Diana Barclay		(resigned 6 July 2023)
Thomas Caylor		
Alexandros Christaki		(passed away 28 April 2023)
David Green		
Stephen Hale		
Norman Holmes		(resigned 6 July 2023)
David Pearce		
Charles Pitman		(appointed 6 July 2023)
Janet Sheriff		(resigned 6 July 2023)
Jacqueline Stockman		
Caroline Thistlethwaite		
Robert Waghorn		

Samaritans of Plymouth, East Cornwall and South West Devon

Trustees' Annual Report continued

Main activities in the period

The Charity had another busy year fulfilling its role providing support to people experiencing emotional distress. During the year, the Charity's volunteers answered over 13,000 calls and 2,500 emails and provided over 4,000 hours in direct support, in each case ahead of performance in the previous year.

The Charity remains in a good position to continue to provide non-judgemental support to those in need throughout the remainder of 2024 and beyond.

Financial review

An excess of expenditure over income of £1,774 was recorded in the year ended 31 March 2024 as grants received in the previous year were spent and a loan was repaid to its subsidiary.

Income overall decreased to £74,851 compared to £86,246 the previous year during which its financially successful Anniversary Ball was held. Volunteers claimed over £31,000 in travel expenses and then donated them back to the branch enabling gift aid to be claimed on those amounts.

The Charity maintained close control of its expenditure in the period.

As a result cash in bank at 31 March 2024 stood at a very healthy £102,249.

Professional Advisers

Bank: Lloyds Bank Plc & United Trust Bank Limited

Independent Examiners: Northcott Trumfield, Chartered Accountants

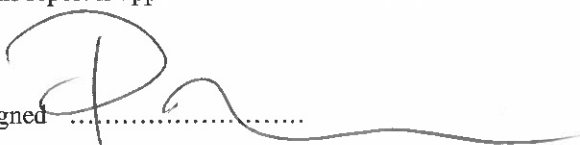
Contact Details

Telephone : 01752 253950

E-mail : Admin@plymouthsamaritans.org.uk

Website: www.samaritans.org.uk

This report is approved on behalf of the board of trustees on 26 September 2024 by Paul Sherratt

Signed 

Samaritans of Plymouth, East Cornwall and South West Devon

Receipts and Payments For the period from 1 April 2023 to 31 March 2024


	Note	Unrestricted	Restricted Central Samaritans Prison Fund	Restricted Big Lottery Fund	2024 Total	2023 Total
		£	£	£	£	£
Receipts						
Donations		65,912	-	-	65,912	28,316
Grants		-	4,179	-	4,179	12,370
Interest received		919	-	-	919	-
Fundraising activities		3,841	-	-	3,841	45,560
Total receipts		70,672	4,179	-	74,851	86,246
Payments						
Charitable activities:						
Rates and water		1,828	-	-	1,828	1,340
Insurance		1,821	-	-	1,821	1,712
Light and heat		3,460	-	-	3,460	2,810
Telephone		3,971	-	-	3,971	3,138
Postage and stationery		129	-	-	129	88
Photocopier and computer		723	-	-	723	495
Sundries		1,852	-	-	1,852	743
Volunteer training		180	-	-	180	424
Volunteer travel		34,568	250	-	34,818	1,822
Repairs		1,019	-	-	1,019	615
Community support and outreach		2,797	200	2,330	5,327	-
Housekeeping		3,433	-	-	3,433	4,044
Contribution to SW Region		300	-	-	300	1,567
Donation to local Samaritans Branch		7,974	-	-	7,974	5,000
		64,055	450	2,330	66,835	23,798
Fundraising activities:						
Fundraising		2,364	-	-	2,364	9,262
Governance costs:						
Accountancy		630	-	-	630	1,020
Asset and investment purchases:						
Loan to subsidiary		2,426	-	-	2,426	(2,426)
Assets purchased		-	-	4,370	4,370	-
		2,426	-	4,370	6,796	(2,426)
Total payments		69,475	450	6,700	76,625	31,654
Net receipts/(payments)		1,197	3,729	(6,700)	(1,774)	51,592
Transfer between funds	3	1,690	(1,690)	-	-	-
Cash funds last year end		97,323	-	6,700	104,023	52,431
Cash funds this year end		100,210	2,039	-	102,249	104,023

Samaritans of Plymouth, East Cornwall and South West Devon

Statement of Assets and Liabilities As at 31 March 2024

	Unrestricted Funds £	2024 Restricted National Lottery Fund £	Total £	2023 Total £
Cash funds				
Current bank accounts	100,200	2,039	102,249	104,023
Other monetary assets				
HMRC Gift Aid debtor	-	-	-	-
Investment assets				
Subsidiary loan : Sam's Place (Plymouth) Limited	15,000	-	15,000	15,000
Assets retained for the charity's own use				
Freehold land and buildings at net book value	136,070	-	136,070	136,070
Equipment at net book value	13,653	-	13,653	9,283
	149,723	-	149,723	145,353
Liabilities				
Loan to subsidiary	-	-	-	2,426
Independent Examination	720	-	720	600
	720	-	720	3,026
Net Assets	264,213	2,039	266,252	261,350

Signed on behalf of the trustees

Signed 

Name: Paul Sherratt

Date: 26 September 2024

Samaritans of Plymouth, East Cornwall and South West Devon

Notes to the Accounts For the year from 1 April 2023 to 31 March 2024

1. Guarantees and debts

The trustees confirm, in accordance with the Charitable Incorporated Organisations Act (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

2. Trustee remuneration

Trustees are not remunerated. Seven trustees were paid travel and other incurred on behalf of the Charity totalling £10,509 in the year. Of this amount £10,201 was donated back to the Charity and gift aid claimed on those donations. There were no related party transactions.

3. Transfer between funds

The transfer of £1,690 from Restricted Central Prison Fund to Unrestricted Funds is to cover costs of delivering the service.

The remainder of the National Lottery Community grant of £6,700 is used to support outreach projects in the local community.

Samaritans of Plymouth, East Cornwall and South West Devon

Independent Examiner's Report to the Trustees of Samaritans of Plymouth, East Cornwall and South West Devon

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 3 to 5.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Guy Ian Northcott
Institute of Chartered Accountants in England and Wales
FCA, Bsc(Econ) Hons, DChA
For and on behalf of:
Northcott Trumfield
Chartered Accountants
Devonshire Villa
52 Stuart Road
Stoke
Plymouth
PL3 4EE

Date: 26 September 2024