

**Samaritans of Plymouth,
East Cornwall and South West Devon
(Charity No. 1173658)**

Charitable Incorporated Organisation (CE011204)

**Trustees' Annual Report
and Receipts and Payments Accounts**

For the year from 1 April 2022 to 31 March 2023

Samaritans of Plymouth, East Cornwall and South West Devon

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Samaritans of Plymouth, East Cornwall and South West Devon

Trustees' Annual Report

For the period from 1 April 2022 to 31 March 2023

Samaritans of Plymouth, East Cornwall and South West Devon (Charity No.1173658) is a Charitable Incorporated Organisation (CIO) and was established on the 3 July 2017 with the Charity Commission for England and Wales. The principle address is 20-21 Oxford Place, Plymouth, Devon PL1 5AJ.

Objects of the charity

The objects of the charity are:-

- (a) To enable persons in Plymouth, East Cornwall and South West Devon and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and reduce the incidence of suicide,
- (b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and,
- (c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

Public Benefit

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe the main activities undertaken to further the charity's purposes for the public benefit.

Structure, governance and management

The charity's governing document is the Constitution approved on 7 May 2017.

Trustees who have served in the period to date of approval of these accounts are:-

Norman Holmes	Chair	
Susan Anderson		(resigned 22 July 2022)
Diana Barclay		(resigned 22 July 2022)
Thomas Caylor		
Alexandros Christaki		(passed away 28 April 2023)
David Green		(appointed 22 July 2022)
Stephen Hale		(appointed 22 July 2022)
Brian Hoskins		(resigned 22 July 2022)
David Pearce		(appointed 22 July 2022)
Janet Sheriff		
Jacqueline Stockman		(appointed 22 July 2022)
Caroline Thistlethwaite		(appointed 22 July 2022)
Robert Waghorn		

Samaritans of Plymouth, East Cornwall and South West Devon

Trustees' Annual Report continued

Main activities in the period

The Charity had another successful year fulfilling its role providing support to people experiencing emotional distress. During the year the Charity answered over 13,000 calls, 3,000 emails and totalled over 4,500 hours in direct support.

The Charity was proud to celebrate its 50th year of operations in Plymouth and the surrounding communities. We held a Celebration Ball which not only acknowledged our thanks to our volunteers and spread our message across the community but also raised a substantial sum that will help to secure our financial future for the foreseeable future.

In April of this year we received the tragic news of the untimely death of one of our Trustees and most loyal volunteers, Alex Christaki. He will be greatly missed.

The Charity remains in a strong position to continue to provide non-judgemental support to those in need throughout the remainder of 2023 and beyond.

Financial review

An excess of income over expenditure of £51,592 was recorded in the year ended 31 March 2023 (including £6,700 of grant monies that will be spent in the following financial year).

Income overall increased to £86,246 compared to £54,973 in the previous year. Third party donations increased to £28,316 from £15,719 last year but the Charity neither incurred the £20,111 travel expenses from its volunteers nor the donations of the same amount back. The Anniversary Ball was an outstanding financial success enabling fundraising activities to generate £45,560 in income and £33,298 in net funds raised.

The Charity maintained close control of its expenditure in the period.

As a result cash in bank at 31 March 2023 stood at a very healthy £104,023.

Professional Advisers

Bank:	Lloyds Bank Plc.
Independent Examiners:	Northcott Trumfield, Chartered Accountants

Contact Details

Telephone :	01752 253950
E-mail :	Admin@plymouthsamaritans.org.uk
Website:	www.samaritans.org.uk

This report is approved on behalf of the board of trustees on 6 July 2023 by Norman Holmes

Signed



Samaritans of Plymouth, East Cornwall and South West Devon

Receipts and Payments For the period from 1 April 2022 to 31 March 2023

Note	Unrestricted	Restricted Central Samaritans Prison Fund	Restricted The Pears Family Charitable Foundation Fund	Restricted National Lottery Fund	2023 Total	2022 Total
	£	£	£	£	£	£
Receipts						
Donations	28,316	-	-	-	28,316	35,830
Grants	-	2,670	-	9,700	12,370	14,156
Fundraising activities	45,560	-	-	-	45,560	4,987
Total receipts	73,876	2,670	-	9,700	86,246	54,973
Payments						
Charitable activities:						
Rates and water	1,340	-	-	-	1,340	1,862
Insurance	1,712	-	-	-	1,712	1,520
Light and heat	2,810	-	-	-	2,810	3,837
Telephone	3,138	-	-	-	3,138	3,053
Postage and stationery	88	-	-	-	88	118
Photocopier and computer	495	-	-	-	495	91
Sundries	743	-	-	-	743	670
Volunteer training	424	-	-	-	424	238
Volunteer travel	1,525	297	-	-	1,822	22,261
Repairs	134	-	481	-	615	3,759
Advertising and publicity	-	-	-	-	-	24
Housekeeping	4,044	-	-	-	4,044	4,139
Equipment	-	-	-	-	-	4,544
Contribution to SW Region	1,567	-	-	-	1,567	3,285
Donation to local Samaritans Branch	5,000	-	-	-	5,000	-
	23,020	297	481	-	23,798	49,401
Fundraising activities:						
Fundraising	9,262	-	-	3,000	12,262	1,562
Governance costs:						
Accountancy	1,020	-	-	-	1,020	600
Asset and investment purchases:						
Income owed to subsidiary	(2,426)	-	-	-	(2,426)	15,000
Total payments	30,876	297	481	3,000	34,654	66,563
Net receipts/(payments)	43,000	2,373	(481)	6,700	51,592	(11,590)
Transfer between funds	3	2,373	(2,373)	-	-	-
Cash funds last year end		51,950	-	481	-	52,431
Cash funds this year end		97,323	-	-	6,700	52,431

Samaritans of Plymouth, East Cornwall and South West Devon

Statement of Assets and Liabilities As at 31 March 2023

	Unrestricted Funds £	2023 Restricted National Lottery Fund £	Total £	2022 Total £
Cash funds				
Current bank accounts	<u>97,323</u>	<u>6,700</u>	<u>104,023</u>	<u>52,431</u>
Other monetary assets				
HMRC Gift Aid debtor	<u>-</u>	<u>-</u>	<u>-</u>	<u>6,115</u>
Investment assets				
Subsidiary loan : Sam's Place (Plymouth) Limited	<u>15,000</u>	<u>-</u>	<u>15,000</u>	<u>15,000</u>
Assets retained for the charity's own use				
Freehold land and buildings at net book value	136,070	-	136,070	136,070
Equipment at net book value	<u>9,283</u>	<u>-</u>	<u>9,283</u>	<u>9,283</u>
	<u>145,353</u>	<u>-</u>	<u>145,353</u>	<u>145,353</u>
Liabilities				
Owed to subsidiary	2,426	-	2,426	-
Independent Examination	<u>600</u>	<u>-</u>	<u>600</u>	<u>1,020</u>
	<u>3,026</u>	<u>-</u>	<u>3,026</u>	<u>1,020</u>
Net Assets	<u>254,650</u>	<u>6,700</u>	<u>261,350</u>	<u>217,879</u>

Signed on behalf of the trustees

Signed

Name: Norman Holmes

Date: 6 July 2023

Samaritans of Plymouth, East Cornwall and South West Devon

Notes to the Accounts For the year from 1 April 2022 to 31 March 2023

1. Guarantees and debts

The trustees confirm, in accordance with the Charitable Incorporated Organisations Act (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

2. Trustee remuneration

Trustees are not remunerated. Three trustees were paid travel expenses totalling £5,088 and £5,088 was gift aided to the charity. There were no related party transactions in the period.

3. Transfer between funds

The transfer of £2,373 from Restricted Central Prison Fund to Unrestricted Funds is to cover costs of delivering the service. The Pears Family Charitable Foundation Fund was used to refurbish a room.

The National Lottery Community grant of £9,700 is to be used in part (£3,000) to support the Anniversary Ball with the remainder to support outreach projects in the local community.

Samaritans of Plymouth, East Cornwall and South West Devon

Independent Examiner's Report to the Trustees of Samaritans of Plymouth, East Cornwall and South West Devon

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 3 to 5.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Guy Ian Northcott
Institute of Chartered Accountants in England and Wales
FCA, Bsc(Econ) Hons, DChA
For and on behalf of:
Northcott Trumfield
Chartered Accountants
Devonshire Villa
52 Stuart Road
Stoke
Plymouth
PL3 4EE

Date: 6 July 2023