

**Samaritans of Plymouth, East Cornwall and South West Devon
(Charity No. 1173658)**

Charitable Incorporated Organisation (CE011204)

Trustees' Annual Report and Receipts and Payments Accounts

For the year from 1 April 2021 to 31 March 2022

Samaritans of Plymouth, East Cornwall and South West Devon

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Samaritans of Plymouth, East Cornwall and South West Devon

Trustees' Annual Report

For the period from 1 April 2021 to 31 March 2022

Samaritans of Plymouth, East Cornwall and South West Devon (Charity No.1173658) is a Charitable Incorporated Organisation (CIO) and was established on the 3 July 2017 with the Charity Commission for England and Wales. The principle address is 20-21 Oxford Place, Plymouth, Devon PL1 5AJ.

Objects of the charity

The objects of the charity are:-

- (a) To enable persons in Plymouth, East Cornwall and South West Devon and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and reduce the incidence of suicide,
- (b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and,
- (c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

Public Benefit

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe the main activities undertaken to further the charity's purposes for the public benefit.

Structure, governance and management

The charity's governing document is the Constitution approved on 7 May 2017.

Trustees who have served in the period to date of approval of these accounts are:-

Norman Holmes	Chair
Susan Anderson	
Diana Barclay	
Thomas Caylor	
Alexandros Christaki	
Brian Hoskins	
Rachel Lyddon	(resigned 17 May 2021)
Janet Sheriff	
Robert Waghorn	

Samaritans of Plymouth, East Cornwall and South West Devon

Trustees' Annual Report continued

Main activities in the period

Despite another challenging year in a COVID climate, the charity was proud to continue to fulfil its vital mission to provide support to people experiencing emotional distress. During the year the branch answered over 12,000 calls, 2,500 emails and totalled over 4,000 hours in direct support.

Covid provided many challenges in the year but our volunteers proved highly adaptable and hence were able in addition to continue to recruit and train new volunteers, to provide outreach support to the community and Dartmoor prison and to open up our first charity shop which is trading pleasingly well.

As noted below the Charity has continued to raise funds where possible and control expenditure such that it remains financially secure.

We are in a strong position to continue to provide non-judgemental support to those in need in the community throughout 2022 and beyond.

Financial review

Excluding the loan to the shop discussed below, an excess of income of expenditure of £3,410 was recorded in the year ended 31 March 2022 compared to an excess of income over expenditure of £36,655 in the previous year.

Income decreased to £54,973 from £70,563 in the previous year which had benefitted from a large legacy of £32,286 and two large donations totalling £10,000. The current year's income was boosted by grants received of £14,156 and volunteers who donated back £20,111 from travel expenses they had incurred. A gift aid claim of £6,115 was received just after the year end and will be recognised in 2022/23 statement of receipts and payments.

Total costs were £51,563 including the travelling expenses which were then donated back and spending of the grants received. As discussed elsewhere in this report, the charity established its first shop during the year. The charity has loaned £15,000 to the shop to help fund fit out and other start-up costs. It is anticipated that the loan will be repaid in future years and thereafter for the shop to provide an income source for the charity.

Despite the shop loan, cash at bank stood at £52,431 at 31 March 2022.

Professional Advisers

Bank:	Lloyds Bank Plc.
Independent Examiners:	Northcott Trumfield, Chartered Accountants

Contact Details

Telephone :	01752 253950
E-mail :	Admin@plymouthsamaritans.org.uk
Website:	www.samaritans.org.uk

This report is approved on behalf of the board of trustees on 22 July 2022 by Norman Holmes

Signed 

Samaritans of Plymouth, East Cornwall and South West Devon

Receipts and Payments For the period from 1 April 2021 to 31 March 2022

		2022			2021
	Note	Unrestricted	Restricted Central Samaritans Prison Fund	Restricted The Pears Family Charitable Foundation Fund	Total
		£	£	£	£
Receipts					
Donations		35,830	-	-	35,830
Legacies		-	-	-	32,286
Grants		1,549	5,387	7,220	14,156
Fundraising activities		4,987	-	-	4,987
Total receipts		42,366	5,387	7,220	54,973
Payments					
Charitable activities:					
Rates and water		1,862	-	-	1,862
Insurance		1,520	-	-	1,520
Light and heat		3,837	-	-	3,837
Telephone		3,053	-	-	3,053
Postage and stationery		118	-	-	118
Photocopier and computer		91	-	-	91
Sundries		670	-	-	670
Volunteer training		238	-	-	238
Volunteer travel		20,012	2,249	-	22,261
Repairs		947	-	2,812	3,759
Advertising and publicity		24	-	-	24
Housekeeping		4,139	-	-	4,139
Equipment		617	-	3,927	4,544
Contribution to SW Region		3,285	-	-	3,285
		40,413	2,249	6,739	49,401
Fundraising activities:					
Fundraising		1,562	-	-	1,562
Governance costs:					
Accountancy		600	-	-	600
Asset and investment purchases:					
Loan to subsidiary		15,000	-	-	15,000
Total payments		57,575	2,249	6,739	66,563
Net receipts/(payments)		(15,209)	3,138	481	(11,590)
Transfer between funds	3	3,138	(3,138)	-	-
Cash funds last year end	4	64,021	-	-	64,021
Cash funds this year end		51,950	-	481	52,431

Samaritans of Plymouth, East Cornwall and South West Devon

Statement of Assets and Liabilities As at 31 March 2022

	Unrestricted Funds	2022 Restricted The Pears Family Charitable Foundation Fund	Total	2021 Total
	£	£	£	£
Cash funds				
Current bank accounts	51,950	481	52,431	64,021
Other monetary assets				
HMRC Gift Aid debtor	6,115	-	6,115	-
Investment assets				
Subsidiary loan : Sam's Place (Plymouth) Limited	15,000	-	15,000	-
Assets retained for the charity's own use				
Freehold land and buildings at net book value	136,070	-	136,070	136,070
Equipment at net book value	9,283	-	9,283	4,739
	145,353	-	145,353	140,809
Liabilities				
Independent Examination	1,020	-	1,020	600
Net Assets	217,398	481	217,879	204,230

Signed on behalf of the trustees

Signed

Name: Norman Holmes

Date: 22 July 2022

Samaritans of Plymouth, East Cornwall and South West Devon

Notes to the Accounts For the year from 1 April 2021 to 31 March 2022

1. Guarantees and debts

The trustees confirm, in accordance with the Charitable Incorporated Organisations Act (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

2. Trustee remuneration

Trustees are not remunerated. Three trustees were paid travel expenses totalling £5,088 and £5,088 was gift aided to the charity. There were no related party transactions in the period.

3. Transfer between funds

The transfer of £3,138 from Restricted Central Prison Fund to Unrestricted Funds is to cover costs of delivering the service. The Pears Family Charitable Foundation Fund of £7,220 was used to refurbish a room and £6,739 was spent in 2022.

Samaritans of Plymouth, East Cornwall and South West Devon

Independent Examiner's Report to the Trustees of Samaritans of Plymouth, East Cornwall and South West Devon

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 3 to 5.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Guy Ian Northcott
Institute of Chartered Accountants in England and Wales
FCA, Bsc(Econ) Hons, DChA
For and on behalf of:
Northcott Trumfield
Chartered Accountants
Devonshire Villa
52 Stuart Road
Stoke
Plymouth
PL3 4EE

Date: 22 July 2022