



REGISTERED CHARITY NO. 1173640

Annual report and financial statement for the period ended 30 April 2023

GREEN HEALTH THAMES VALLEY

Contents of the Financial Statements

for the period Ended 30 April 2023

- Report of the trustees
- Independent Examiner's Report
- Receipts and Payments Accounts
- Statement of Assets and Liabilities

GREEN HEALTH THAMES VALLEY

Contents of the Financial Statements for the period Ended 30 April 2023

1. Establishment and Purpose

A Trust Deed dated 21 January 2017 established Green Health Thames Valley (GHTV) as a Charitable Incorporated organisation (CIO).

The Charity's main purpose is to relieve sickness and protect mental health through the provision of therapeutic horticulture to those with, or vulnerable to, mental health problems. Also to protect physical health through encouraging horticulture-related physical activity and by promoting healthy eating to individuals and organisations.

2. Trustees and Officers

During the year the following served as trustees:-

Richard Byard	Chair
Gerald Stormont	Treasurer
Tricia Odell	
Ralph Godbold	
Claire Cullen	

The trustees met 4 times during the year. They also communicate frequently between formal meetings.

The number of trustees may not be fewer than three. The appointment and removal of trustees is in the power of the trustees.

3. Address

The principal address of the charity is

12A Southview Park
Marsack Street
Reading RG4 5AF

We deliver activities on site at
The Well Centre, Dawlish Road, Reading, RG2 7SD

4. Independent Examiner

Chaweevan Williams FCCA

Chartered Certified Accountants

Verdant Accountants Limited

20-22 Wenlock Road, London N1 7GU

GREEN HEALTH THAMES VALLEY

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5. Object and Main Activity

Under its governing document the objects of the trust are to relieve sickness and protect mental health through the provision of therapeutic horticulture. This is mainly done through the site at the garden of The Well Church in Whitley, Reading,

Overview of 22-23 activities;

During this period we made new contacts within local agencies, including mental health referring organisations. We have continued and expanded our work with the nutritionist and courses and advice on healthy eating have proved popular with clients. The number of clients attending the garden has increased and increasing numbers have moved-on to new ventures.

Strategy meeting

Garden supervisors and trustees held a Saturday morning Away-Day meeting to review our current position and agree an outline strategy for the next three years.

New Garden Building:

Thanks to grant funding, we were able to build a garden room. This now provides office space for garden supervisors and clients, and in particular, it offers an inside space where clients can work on indoor craft-based projects during the colder winter months.

6. Policies:

Trustees are confident that we have all appropriate policies and these are reviewed annually. In view of the nature of the service we provide, the Safeguarding policy is regularly reviewed and updated.

7. Financial Review

For the period ended 30th April 2023 trustees continued to balance need against financial resources and the raising of funds to sustain our service continued to be a high priority. General cost increases, particularly staff costs, have caused us to examine our expenditure budget for savings and efficiencies, although there is little to save.

8. Risk Assessment

Grants from grant-making trusts and organisations form a major part of our annual income. The trustees consider that the greatest risk to the charity's continued operation is that the availability of grant income is reduced. Should income decrease substantially the charity would have to reduce the level of its activities and services.

The trustees consider that existing internal controls provide reasonable assurance regarding the risk of losses arising from dishonest activities or negligence on the part of officers or trustees.

9. Reserves Policy

The charity's reserve policy sets a designated fund of £12,000, approximately 4 months running costs, to help ensure the sustainability of our service. Trustees also recommended that any

agreement to significant capital developments should occur only if nine months free reserves are held, or specific designated funds are obtained.

10. Use of volunteers

As a small charity, volunteers make a valuable contribution towards the service that we offer. Whilst volunteer roles occur across the charity, the most frequent is for work in the garden, either in direct support of clients or in ensuring that the site is safe and welcoming

GREEN HEALTH THAMES VALLEY

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Trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statement in accordance with applicable law and United Kingdom Accounting Standards. Charity law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for:

- keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity.
- safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.
- the maintenance and integrity of the corporate and financial information included on the website.

Approved by the trustees on 11th July 2023 and signed on their behalf by:



Ralph Godbold



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

GREEN HEALTH THAMES VALLEY

No (if any)

1173640

Receipts and payments accounts

CC16a

For the period
from

Period start date
1st May 2022

To

Period end date
30th April 2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
	-	-	-	-	-
Grants	30,454			30,454	55,561
Donations	2,335			2,335	2,289
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	32,789	-	-	32,789	57,850
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	32,789	-	-	32,789	57,850
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
SERVICE PROVISION	31,005			31,005	29,928
SITE & FACILITIES	5,612	14,989		20,601	2,076
GOVERNANCE	1,522			1,522	810
PROMOTION	379			379	3,274
	-	-	-	-	-
	-	-	-	-	-
Sub total	38,518	14,989	-	53,507	36,088
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	38,518	14,989	-	53,507	36,088
Net of receipts/(payments)	- 5,729	- 14,989	-	- 20,718	21,762
A5 Transfers between funds	1,839	- 1,839	-	-	-
A6 Cash funds last year end	28,816	18,385	-	47,201	25,439
Cash funds this year end	24,926	1,557	-	26,483	47,201

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	24,926	1,557	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	24,926	1,557	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Examiner's fee		-	
	three months rent		-	
	one months fees		-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Ralph Godbold	31-Jul-23

**CHARITY COMMISSION
FOR ENGLAND AND WALES****Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

GREEN HEALTH THAMES VALLEY

**On accounts for the year
ended**

30 April 2023

**Charity no
(if any)**

1173640

Set out on page

1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 30 April 2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:**Date:** 01 August 2023**Name:**

Chaweevan Williams FCCA

**Relevant professional
qualification(s) or body :**

Chartered Certified Accountants

Address:

Verdant Accountants Limited

20-22 Wenlock Road, London N1 7GU