



REGISTERED CHARITY NO. 1173640

Annual report and financial statement for the period ended 30 April 2022

GREEN HEALTH THAMES VALLEY

Contents of the Financial Statements

for the Year Ended 30 April 2022

- Report of the trustees
- Independent Examiner's Report
- Receipts and Payments Accounts
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GREEN HEALTH THAMES VALLEY

Contents of the Financial Statements for the Year Ended 30 April 2022

1. Establishment and Purpose

A Trust Deed dated 21 January 2017 established Green Health Thames Valley (GHTV) as a Charitable Incorporated organisation (CIO).

The Charity's main purpose is to relieve sickness and protect mental health through the provision of therapeutic horticulture to those with, or vulnerable to, mental health problems. Also to protect physical health through encouraging horticulture-related physical activity and by promoting healthy eating to individuals and organisations.

2. Trustees and Officers

During the year the following served as trustees:-

Richard Byard	Chair
Gerald Stormont	Treasurer
Tricia Odell	
Mike Taylor	(resigned 7 April 2022)
Ralph Godbold	

The trustees met four times during the year. They also communicated frequently in between formal meetings.

The number of trustees may not be fewer than three. The appointment and removal of trustees is in the power of the trustees.

3. Address

The principal address of the charity is

12A Southview Park
Marsack Street
Reading RG4 5AF

We deliver activities on site at
The Well Centre, Dawlish Road, Reading, RG2 7SD

4. Independent Examiner

Chaweevan Williams FCCA

Chartered Certified Accountants

Verdant Accountants Limited

20-22 Wenlock Road, London N1 7GU

GREEN HEALTH THAMES VALLEY

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5. Object and Main Activity

Under its governing document the objects of the trust are to relieve sickness and protect mental health through the provision of therapeutic horticulture. This is mainly done through the site at The Well Church in Whitley, Reading.

Coming out of earlier waves of Covid the charity provided a combination of face to face and online support, recognising that face to face was preferable but also that some clients still lacked confidence to use public transport and to mix with others. We maintained robust Covid-19 safety measures and supported those clients that were comfortable meeting outdoors in the garden. The rise in referrals because of the pandemic continued into 21/22 and we also introduced a successful social prescribing pilot in partnership with Ridgeline Trust that saw a new strategic relationship formed with a local GP surgery who continued to refer clients after the completion of the pilot project.

We also introduced mental health and wellbeing workshops – delivered by a local specialist provider, and specialist nutrition support that enabled us to provide a holistic range of support to clients.

6. Financial Review

For the year ended 30th April 2022 GHTV continued its work as a registered charity balancing needs, against financial resources. Trustees' work to ensure the sustainability of the charity has increased budgeted expenditure and has led to an increase in income from charity grants.

7. Risk Assessment

The charity exists to provide therapeutic horticulture and health and wellbeing support for users facing mental health challenges.

The major source of income is grants from grant-making trusts and organisations. The trustees consider that the greatest risk to the charity's ability to continue its activities is that the availability of grant income is reduced. Were income to decrease substantially the charity would have to reduce the level of its activities and services.

The trustees consider that existing internal controls provide reasonable assurance regarding the risk of losses arising from dishonest activities or negligence on the part of officers or trustees.

8. Reserves Policy

In keeping with good practice the Trustees reviewed the reserves policy in 2021 and agreed to increase the reserve to £12,000, approximately 4 months running costs. The trustees also recommended that any agreement to significant capital developments should occur only if nine months free reserves were held, or specific designated funds were obtained

9. Use of volunteers

The charity continues to work with no employees on payroll, although acknowledges the considerable and essential input of independent contractors. The charity requires additional voluntary help in project management, marketing and fundraising and this voluntary work is acknowledged and appreciated. We look forward to increasing the number of volunteers as we return to post pandemic times, their contribution is a vital source of support and experience and adds significant value.

GREEN HEALTH THAMES VALLEY

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Trustees' responsibilities in relation to the financial statements

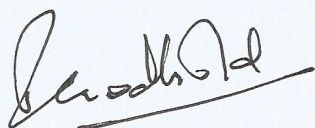
The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards. Charity law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for:

- keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity.
- safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.
- the maintenance and integrity of the corporate and financial information included on the website.

Approved by the trustees on 12th February 2023 and signed on their behalf by:



Ralph Godbold
Trustee



CHARITY COMMISSION
FOR ENGLAND AND WALES

GREEN HEALTH THAMES VALLEY

1173640

Receipts and payments accounts

CC16a

For the period
from

Period start
01/05/2021

To

30/04/2022

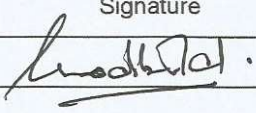
Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
	-	-	-	-	-
Grants	34,151	21,410	-	55,561	53,319
Donations	2,289	-	-	2,289	3,439
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	36,440	21,410	-	57,850	56,758
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	36,440	21,410	-	57,850	56,758
A3 Payments					
	-	-	-	-	-
SERVICE PROVISION	27,176	2,752	-	29,928	25,916
SITE & FACILITIES	1,803	273	-	2,076	6,640
FUND RAISING & PROMOTION	3,274	-	-	3,274	-
RENT	-	-	-	-	2,342
CONSUMABLES	-	-	-	-	1,493
GOVERNANCE	810	-	-	810	-
	-	-	-	-	-
Sub total	33,063	3,025	-	36,088	36,391
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	33,063	3,025	-	36,088	36,391
Net of receipts/(payments)	3,377	18,385	-	21,762	20,367
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	25,439	-	-	25,439	-
Cash funds this year end	28,816	18,385	-	47,201	25,439

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	28,816	18,385	-
		-	-	-
		-	-	-
	Total cash funds	28,816	18,385	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
	Examiner's fees x 2		-	
	13 month's rent		-	
	One month's fees		-	
			-	
			-	

Details	Fund to which liability relates	Amount due (optional)	When due (optional)

Signature	Print Name	Date of approval
	RALPH GODBOLD	13 Feb. 23



Section A

Independent Examiner's Report

Report to the trustees/
members of

GREEN HEALTH THAMES VALLEY

On accounts for the year
ended

30 April 2022

Charity no
(if any)

1173640

Set out on page

1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 30 April 2022.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

20 February 2023

Name:

Chaweevan Williams FCCA

Relevant professional
qualification(s) or body :

Chartered Certified Accountants

Address:

Verdant Accountants Limited

20-22 Wenlock Road, London N1 7GU