

Report of the Trustees, the examined accounts
for the period 1 September 2024 to 31 August 2025
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2024 to 31 August 2025

CHARITY INFORMATION as at 31 August 2025

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mr Andrew Vellacott (Trustee) (appointed 1 September 2022)

Mrs Gillian Durrant (Chair and Treasurer) (re-appointed 30 June 2021)

Mrs Jan Cavanah (Minutes Secretary) (appointed 10 May 2024)

Trustee resignations

There were no Trustee resignations during the period this report covers

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2024 to 31 August 2025

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2025 and the governing document are detailed in the charity information on page 2
- a. New trustees are appointed by the existing trustees.
- b. New trustees are inducted by the existing trustee body.

2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were appointing a new Registered Nurse following the resignation of the one appointed the previous year. The Parish Nurses are currently investigating new opportunities within the area. We struggled with Grant Funding but after an unsuccessful application were fortunate to receive £3000 from the Birkettes Grant Making Programme. We are mindful that we need to seek more funding for the forthcoming year.

- a. The fortnightly meetings of the Dementia Café have continued to grow in attendance.
- b. The clinics held at our local supported living complex also continue to be supported.
- c. We no longer run a Craft Club and following 2 courses of Kintsugi Hope this has been paused through lack of support.
- d. The Parish Nurses are planning to hold a Death Awareness information day in the new year. They have introduced the 'Bottle in the Fridge Scheme' and are working together to plan outreach appropriate to the needs of the residents in the area.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves. We have this at present.

5. Funds

We have been fortunate in that Golden Sunset Trust continue to faithfully support us. A grant from Birkettes Grant Making Programme through Suffolk Community Foundation has enabled us to meet our Budget. We have also received some smaller donations which have helped to improve our financial position.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees

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Date 10.9.2025

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2024 to 31 August 2025

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

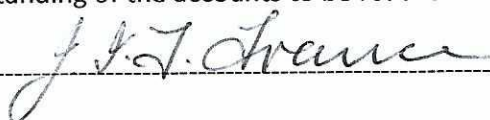
and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date

9th October 2025

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2025

	year to 31 August 2025	year to 31 August 2024
	£	£
Receipts		
IONIS refund		1.40
Private Donations	540.00	1,200.00
Group Donations	24.00	80.00
Donations - Craft Club	0.00	75.00
Donations - Dementia Café	170.00	866.16
Donations - Bottle in the Fridge	38.00	n/a
Gift Aid	301.51	75.73
Grants: Golden Sunset Trust	6,000.00	6,000.00
Suffolk Community Foundation - Pargiter	0.00	4,997.00
Grants: Parish Council	1,000.00	1,000.00
HMRC Tax Refund	1,378.40	n/a
Suffolk Community Foundation - Birketts Grantmaking	3,000.00	n/a
Mobile Network Discout	30.00	n/a
Donations - Kintsugi	0.00	50.00
Total Receipts	<u>12,481.91</u>	<u>14,345.29</u>
Salary	9,733.50	6,285.10
Employers Pension Contriution	235.28	106.32
Equipment	271.73	413.10
Admin	366.68	195.22
Travel Expenses	194.67	0.00
Training	595.00	0.00
PNMUK - Membership	595.00	595.00
Insurance	742.24	711.66
Library Hire (Dementia Café)	790.00	659.00
Dementia Café Expenses	112.28	168.22
Craft Club Expenses	0.00	294.00
Kintsugi Hope Expenses	0.00	199.93
Total Expenses	<u>13,636.38</u>	<u>9,627.55</u>
Net of receipts/(payments)	-1,154.47	4,717.74
Cash funds from previous year	8,488.42	3,770.68
Cash funds this year end	<u>7,333.95</u>	<u>8,488.42</u>