

Report of the Trustees, the examined accounts
for the period 1 September 2021 to 31 August 2022
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2021 to 31 August 2022

CHARITY INFORMATION as at 31 August 2022

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mrs Beverley Dowsett (Chair) (appointed 14 March 2020)

Mrs Carole Almond (Secretary) (appointed 30 June 2017)

Mrs Gillian Durrant (Treasurer) (re-appointed 30 June 2021)

Trustee resignations

Mrs Beverley Dowsett resigned on 31 August 2022.

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2021 to 31 August 2022

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2022 and the governing document are detailed in the charity information on page 2
- a. New trustees are appointed by the existing trustees.
- b. New trustees are inducted by the existing trustee body.

2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were restoring the quality of the service following the impact of COVID 19.

- a. The fortnightly meetings of the Dementia Café were re-introduced with resounding success.
- b. The drop-in clinics held at our local supported living complex have been unable to recommence due to restrictions on visitors. It is planned that this will change from September 2022 and the clinic will restart.
- c. The Craft Club aimed at tackling loneliness met again in person. Hope Hub to support those with mental health issues was discontinued due to the resignation of the Parish Nurse Mental Health OT.
- d. We have continued to serve the community of Capel St Mary by the provision of advocacy support, health education, increasing and maintaining safety and independence within the home. Monthly articles have continued to be written in the local news magazine.
- e. We have been fortunate to receive a donation of £2000 to support core costs from The Albert Hunt Trust. We have also received a restricted grant from the Suffolk Giving Fund for £2000 to aid the introduction of Kintsugi Hope courses that the Nurses plan to run throughout the coming year. Together with the annual funding of £3000 that we have received from the Golden Sunset Trust we have been able to cover our costs.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves.

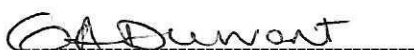
5. Funds

We intend to apply for further grant funding this year as we seek to continue to uphold our aims and objectives within the community of Capel St Mary.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees



Date 6 October 2022

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2021 to 31 August 2022

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed  Date 5th November 2022

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2022

	year to 31 August 2022		year to 31 August 2021	
	£	£	£	£
Receipts				
Private Donations		335.00		508.25
Group Donations		50.00		0.00
Donations - Craft Club		145.00		105.00
Donations - Dementia Café		40.00		0.00
Gift Aid		164.02		140.04
Grants: Golden Sunset Trust		3,000.00		3,000.00
Restricted Grant: Suffolk Giving Fund		2,000.00		500.00
Grants: Persimmon Homes		0.00		1,000.00
Grants: The Albert Hunt Trust		2,000.00		
Total Receipts		<u>7,734.02</u>		<u>5,253.29</u>
Payments				
Salary	4,437.00		4,960.55	
Employers Pension Contribution	96.84		121.00	
Equipment	72.96		166.32	
Admin	61.94		46.99	
Travel Expenses	186.30		67.05	
Training	590.00		0.00	
PNUK - Membership	595.00		595.00	
Insurance	627.15		622.38	
Library Hire (Dementia Café)	617.50		0.00	
Dementia Café Expenses	89.69		117.36	
Craft Club Expenses	724.00		1,502.00	
Gift Aid Overpayment			62.50	
Total Expenses	<u>8,098.38</u>		<u>8,261.15</u>	
Net of receipts/(payments)		-364.36		-3007.86
Cash funds from previous year		8,601.55		11609.41
Cash funds this year end		<u>8,237.19</u>		<u>8601.55</u>