

CAPEL PARISH NURSES

England & Wales · Charity number 1173638

Details

Other names	CAPEL PARISH NURSING
Status	Registered
Legal form	CIO
Registered	2017-06-30
Register	View on the Charity Commission register

Contact

Address	5 Homefield Capel St. Mary Ipswich Ipswich Suffolk
Phone	01473311479
Email	nurses@capelparishnurses.org.uk
Website	http://www.capelparishnurses.org.uk/

Activities

Objects: THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH, IN ACCORDANCE WITH A CHRISTIAN ETHOS, AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN AND AROUND CAPEL ST. MARY, IPSWICH, SUFFOLK BY THE PROVISION OF PARISH NURSES.

Activities: The relief of sickness and the preservation of health, in accordance with a Christian ethos, among people residing permanently or temporarily in and around Capel St Mary, Ipswich, Suffolk by the provision of Parish Nurses.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£12,482	£13,636	-	-
2024-08-31	£14,345	£9,628	-	-
2023-08-31	£4,654	£9,120	-	-
2022-08-31	£7,734	£8,098	-	-
2021-08-31	£5,253	£8,261	-	-

Trustees

Name	Role	Appointed
Andrew Roland Vellacott		2022-09-01
Caroline Taylor		2026-03-03
Gillian Anne Durrant		2017-06-30
Michael Hole		2026-03-24
Sarah Ann Kelland		2026-03-03
james kelland		2026-03-03

CAPEL PARISH NURSES

England & Wales - Charity number 1173638

Accounts

Report of the Trustees, the examined accounts
for the period 1 September 2024 to 31 August 2025
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2024 to 31 August 2025

CHARITY INFORMATION as at 31 August 2025

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mr Andrew Vellacott (Trustee) (appointed 1 September 2022)

Mrs Gillian Durrant (Chair and Treasurer) (re-appointed 30 June 2021)

Mrs Jan Cavanah (Minutes Secretary) (appointed 10 May 2024)

Trustee resignations

There were no Trustee resignations during the period this report covers

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2024 to 31 August 2025

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2025 and the governing document are detailed in the charity information on page 2
- a. New trustees are appointed by the existing trustees.
- b. New trustees are inducted by the existing trustee body.

2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were appointing a new Registered Nurse following the resignation of the one appointed the previous year. The Parish Nurses are currently investigating new opportunities within the area. We struggled with Grant Funding but after an unsuccessful application were fortunate to receive £3000 from the Birkettes Grant Making Programme. We are mindful that we need to seek more funding for the forthcoming year.

- a. The fortnightly meetings of the Dementia Café have continued to grow in attendance.
- b. The clinics held at our local supported living complex also continue to be supported.
- c. We no longer run a Craft Club and following 2 courses of Kintsugi Hope this has been paused through lack of support.
- d. The Parish Nurses are planning to hold a Death Awareness information day in the new year. They have introduced the 'Bottle in the Fridge Scheme' and are working together to plan outreach appropriate to the needs of the residents in the area.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves. We have this at present.

5. Funds

We have been fortunate in that Golden Sunset Trust continue to faithfully support us. A grant from Birkettes Grant Making Programme through Suffolk Community Foundation has enabled us to meet our Budget. We have also received some smaller donations which have helped to improve our financial position.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees

GA Durrant

Date 10.9.2025

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2024 to 31 August 2025

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

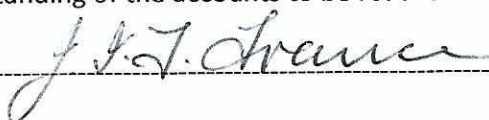
and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date

9th October 2025

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2025

	year to 31 August 2025	year to 31 August 2024
	£	£
Receipts		
IONIS refund		1.40
Private Donations	540.00	1,200.00
Group Donations	24.00	80.00
Donations - Craft Club	0.00	75.00
Donations - Dementia Café	170.00	866.16
Donations - Bottle in the Fridge	38.00	n/a
Gift Aid	301.51	75.73
Grants: Golden Sunset Trust	6,000.00	6,000.00
Suffolk Community Foundation - Pargiter	0.00	4,997.00
Grants: Parish Council	1,000.00	1,000.00
HMRC Tax Refund	1,378.40	n/a
Suffolk Community Foundation - Birketts Grantmaking	3,000.00	n/a
Mobile Network Discout	30.00	n/a
Donations - Kintsugi	0.00	50.00
Total Receipts	<u>12,481.91</u>	<u>14,345.29</u>
Salary	9,733.50	6,285.10
Employers Pension Contritiution	235.28	106.32
Equipment	271.73	413.10
Admin	366.68	195.22
Travel Expenses	194.67	0.00
Training	595.00	0.00
PNMUK - Membership	595.00	595.00
Insurance	742.24	711.66
Library Hire (Dementia Café)	790.00	659.00
Dementia Café Expenses	112.28	168.22
Craft Club Expenses	0.00	294.00
Kintsugi Hope Expenses	0.00	199.93
Total Expenses	<u>13,636.38</u>	<u>9,627.55</u>
Net of receipts/(payments)	-1,154.47	4,717.74
Cash funds from previous year	8,488.42	3,770.68
Cash funds this year end	<u>7,333.95</u>	<u>8,488.42</u>

CAPEL PARISH NURSES

England & Wales - Charity number 1173638

Accounts

Report of the Trustees, the examined accounts
for the period 1 September 2023 to 31 August 2024
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2023 to 31 August 2024

CHARITY INFORMATION as at 31 August 2024

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mr Andrew Vellacott (Trustee) (appointed 1 September 2022)

Mrs Gillian Durrant (Chair and Treasurer) (re-appointed 30 June 2021)

Mrs Jan Cavanah (Minutes Secretary) (appointed 10 May 2024)

Trustee resignations

Mrs Carole Almond (Chair and Secretary) (resigned 27 February 2024)

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2023 to 31 August 2024

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2024 and the governing document are detailed in the charity information on page 2
- a. New trustees are appointed by the existing trustees.
- b. New trustees are inducted by the existing trustee body.

2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were appointing a Registered Nurse to replace the retired Parish OT and work alongside our existing Nurse. We also received a substantial Grant from the Pargiter Trust to support our work with the over 65's.

We have been pleased to appoint a Line Manager for the Parish Nurses meaning we are now fully compliant with the requirements of Parish Nursing Ministries UK.

- a. The fortnightly meetings of the Dementia Café have continued to grow in attendance.
- b. The clinics held at our local supported living complex also continue to be well attended.
- c. The Craft Club aimed at tackling loneliness has met less frequently but is well supported.
- d. A second Kintsugi Hope 10-week course was held. It is hoped to continue running these periodically.
- e. Unfortunately our newly appointed Nurse resigned after a year in position and we are currently advertising this post again.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves. We have this at present.

5. Funds

We have been fortunate in that our supporters Golden Sunset Trust have doubled their support for which we are very grateful. We have also received some smaller donations which have helped to improve our financial position.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees

GADunvant

Date 21/10/24

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2022 to 31 August 2023

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed J. J. F. France Date 11th October 2024

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2024

	year to 31 August 2024	year to 31 August 2023
		£
		£
Receipts		
IONIS refund	1.40	
Private Donations	1,200.00	310.00
Group Donations	80.00	38.96
Donations - Craft Club	75.00	45.00
Donations - Dementia Café	866.16	177.60
Gift Aid	75.73	82.08
Grants: Golden Sunset Trust	6,000.00	3,000.00
Suffolk Community Foundation - Pargiter	4,997.00	0.00
Grants: Parish Council	1,000.00	1,000.00
Donations - Kintsugi	50.00	
Total Receipts	<u>14,345.29</u>	<u>4,653.64</u>
Payments		
Salary	6,285.10	5,423.30
Employers Pension Contribution	106.32	104.74
Equipment	413.10	0.00
Admin	195.22	462.76
Travel Expenses	0.00	0.00
Training	0.00	542.00
PNMUK - Membership	595.00	595.00
Insurance	711.66	754.19
Library Hire (Dementia Café)	659.00	660.00
Dementia Café Expenses	168.22	89.16
Craft Club Expenses	294.00	308.00
Kintsugi Hope Expenses	199.93	181.00
Total Expenses	<u>9,627.55</u>	<u>9,120.15</u>
Net of receipts/(payments)	4,717.74	-4,466.51
Cash funds from previous year	3,770.68	8,237.19
Cash funds this year end	<u>8,488.42</u>	<u>3,770.68</u>

CAPEL PARISH NURSES

England & Wales - Charity number 1173638

Accounts

Report of the Trustees, the examined accounts
for the period 1 September 2022 to 31 August 2023
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2022 to 31 August 2023

CHARITY INFORMATION as at 31 August 2023

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mr Andrew Vellacott (Trustee) (appointed 1 September 2022)

Mrs Carole Almond (Chairperson) (re-appointed 30 June 2022)

Mrs Gillian Durrant (Treasurer) (re-appointed 30 June 2021)

Trustee resignations

There were no resignations this year.

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2022 to 31 August 2023

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2023 and the governing document are detailed in the charity information on page 2
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2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were continuing to restore the quality of the service in the aftermath of COVID 19. Also the recruitment of a Registered Nurse following the retirement of the Parish OT.

- a. The fortnightly meetings of the Dementia Café continue to be supported.
- b. The drop-in clinics held at our local supported living complex recommenced in April when restrictions on visitors was lifted.
- c. The Craft Club aimed at tackling loneliness has met less frequently but is well supported.
- d. A Kintsugi Hope 10-week course was held. It is hoped to run a further course shortly.
- e. We have continued to serve the community of Capel St Mary by the provision of advocacy support, health education, increasing and maintaining safety and independence within the home. Monthly articles have continued to be written in the local news magazine.
- f. Due to the retirement of our Parish OT there was uncertainty about our future leading to us waiting until a new appointment was made before pursuing Grant Funding. Unfortunately, we were unsuccessful in three applications. Currently we have an application pending and another due for submission shortly. We were grateful of a £1000 grant from the Parish Council and we continue to be very grateful for the annual funding of £3000 that we have received from the Golden Sunset Trust.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves. We do not have this as present.

5. Funds

We urgently need to secure Grant Funding, not for new projects but to cover our core costs. This is our current priority.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees

GADunwest

Date 27.11.2023

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2022 to 31 August 2023

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act); and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed J. J. France Date 5th January 2023.

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2023

	year to 31 August 2023		year to 31 August 2022	
	£	£	£	£
Receipts				
Private Donations		310.00		335.00
Group Donations		38.96		50.00
Donations - Craft Club		45.00		145.00
Donations - Dementia Café		177.60		40.00
Gift Aid		82.08		164.02
Grants: Golden Sunset Trust		3,000.00		3,000.00
Restricted Grant: Suffolk Giving Fund		0.00		2,000.00
Grants: Parish Council		1,000.00		0.00
Grants: The Albert Hunt Trust		0.00		2,000.00
Total Receipts		<u>4,653.64</u>		<u>7,734.02</u>
Payments				
Salary	5,423.30		4,437.00	
Employers Pension Contribution	104.74		96.84	
Equipment	0.00		72.96	
Admin	462.76		61.94	
Travel Expenses	0.00		186.30	
Training	542.00		590.00	
PNMUK - Membership	595.00		595.00	
Insurance	754.19		627.15	
Library Hire (Dementia Café)	660.00		617.50	
Dementia Café Expenses	89.16		89.69	
Craft Club Expenses	308.00		724.00	
Kintsugi Hope Expenses	181.00			
Total Expenses	<u>9,120.15</u>		<u>8,098.38</u>	
Net of receipts/(payments)		-4,466.51		-364.36
Cash funds from previous year		8,237.19		8601.55
Cash funds this year end		<u>3,770.68</u>		<u>8237.19</u>

CAPEL PARISH NURSES

England & Wales - Charity number 1173638

Accounts

Report of the Trustees, the examined accounts
for the period 1 September 2021 to 31 August 2022
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2021 to 31 August 2022

CHARITY INFORMATION as at 31 August 2022

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mrs Beverley Dowsett (Chair) (appointed 14 March 2020)

Mrs Carole Almond (Secretary) (appointed 30 June 2017)

Mrs Gillian Durrant (Treasurer) (re-appointed 30 June 2021)

Trustee resignations

Mrs Beverley Dowsett resigned on 31 August 2022.

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2021 to 31 August 2022

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2022 and the governing document are detailed in the charity information on page 2
- a. New trustees are appointed by the existing trustees.
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2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were restoring the quality of the service following the impact of COVID 19.

- a. The fortnightly meetings of the Dementia Café were re-introduced with resounding success.
- b. The drop-in clinics held at our local supported living complex have been unable to recommence due to restrictions on visitors. It is planned that this will change from September 2022 and the clinic will restart.
- c. The Craft Club aimed at tackling loneliness met again in person. Hope Hub to support those with mental health issues was discontinued due to the resignation of the Parish Nurse Mental Health OT.
- d. We have continued to serve the community of Capel St Mary by the provision of advocacy support, health education, increasing and maintaining safety and independence within the home. Monthly articles have continued to be written in the local news magazine.
- e. We have been fortunate to receive a donation of £2000 to support core costs from The Albert Hunt Trust. We have also received a restricted grant from the Suffolk Giving Fund for £2000 to aid the introduction of Kintsugi Hope courses that the Nurses plan to run throughout the coming year. Together with the annual funding of £3000 that we have received from the Golden Sunset Trust we have been able to cover our costs.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves.

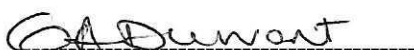
5. Funds

We intend to apply for further grant funding this year as we seek to continue to uphold our aims and objectives within the community of Capel St Mary.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees



Date 6 October 2022

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2021 to 31 August 2022

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed  Date 5th November 2022

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2022

	year to 31 August 2022		year to 31 August 2021	
	£	£	£	£
Receipts				
Private Donations		335.00		508.25
Group Donations		50.00		0.00
Donations - Craft Club		145.00		105.00
Donations - Dementia Café		40.00		0.00
Gift Aid		164.02		140.04
Grants: Golden Sunset Trust		3,000.00		3,000.00
Restricted Grant: Suffolk Giving Fund		2,000.00		500.00
Grants: Persimmon Homes		0.00		1,000.00
Grants: The Albert Hunt Trust		2,000.00		
Total Receipts		<u>7,734.02</u>		<u>5,253.29</u>
Payments				
Salary	4,437.00		4,960.55	
Employers Pension Contribution	96.84		121.00	
Equipment	72.96		166.32	
Admin	61.94		46.99	
Travel Expenses	186.30		67.05	
Training	590.00		0.00	
PNUK - Membership	595.00		595.00	
Insurance	627.15		622.38	
Library Hire (Dementia Café)	617.50		0.00	
Dementia Café Expenses	89.69		117.36	
Craft Club Expenses	724.00		1,502.00	
Gift Aid Overpayment			62.50	
Total Expenses	<u>8,098.38</u>		<u>8,261.15</u>	
Net of receipts/(payments)		-364.36		-3007.86
Cash funds from previous year		8,601.55		11609.41
Cash funds this year end		<u>8,237.19</u>		<u>8601.55</u>

CAPEL PARISH NURSES

England & Wales - Charity number 1173638

Accounts

Report of the Trustees, the examined accounts
for the period 1 September 2020 to 31 August 2021
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2020 to 31 August 2021

CHARITY INFORMATION as at 16 September 2021

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mrs Beverley Dowsett (Chair) (appointed 14 March 2020)

Mrs Carole Almond (Secretary) (appointed 30 June 2017)

Mrs Gillian Durrant (Treasurer) (re-appointed 30 June 2021)

Trustee resignations

There were no resignations during this financial year.

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2020 to 31 August 2021

1. Structure, management and governing document

- a. The trustees who held office during the period 30 June 2017 to 31 August 2021 and the governing document are detailed in the charity information on page 2
- a. New trustees are appointed by the existing trustees.
- b. New trustees are inducted by the existing trustee body.

2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were limited due to the impact of COVID 19.

- a. From September 2020 our Parish Nurse reduced her hours from 10 per week to 4 per week. This was due to her increased hours of work for the NHS.
- b. The fortnightly meetings of the Dementia Café were discontinued throughout the year. When restrictions permitted the members met for walks in a secure environment at Vauxhall Farm. Contact was also maintained via newsletter, phone contact and the loan of equipment.
- c. The Craft Club aimed at tackling loneliness continued through zoom for most of the year. It was generally held more frequently during the lockdown period. Hope Hub to support those with mental health issues also continued via zoom as did the Journaling Club.
- d. We have still not held a service of recognition for our Parish Mental Health OT due to the pandemic restrictions in our church.
- e. We have continued to serve the community of Capel St Mary by the provision of advocacy support, health education, increasing and maintaining safety and independence within the home although this has been in a non-contact form since the beginning of the pandemic. Telephone and other social media contact has been used, articles have been written in the local news magazine and some socially distanced contact has been maintained.
- f. We have been fortunate to receive a donation from Persimmon Homes for £1000 and a grant from Suffolk Community Foundation for £500. Together with the annual funding of £3000 that we receive from the Golden Sunset Trust and the Coronavirus support funding of £5000, received during the last financial year, from Suffolk Community Foundation we have been able to cover our core costs plus other unplanned costs that have arisen due to adaptations caused by the pandemic. This has enabled us to keep specific funding for the activities which have been on hold.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves.

5. Funds

We intend to apply for further grant funding this year as we seek new ways to work within the community of Capel St Mary in the 'new normal'.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees

C. A. Durrant

Date 16 - 9 - 2021

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2020 to 31 August 2021

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed J. J. France Date 18th October 2021.

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2021

	year to 31 August 2021		year to 31 August 2020	
	£	£	£	£
Receipts				
Private Donations		508.25		480.00
Group Donations		0.00		0.00
Donations - Craft Club		105.00		245.00
Donations - Dementia Café		0.00		50.00
Gift Aid		140.04		102.81
Grants: Capel Methodist Church		0.00		5,000.00
Grants: Golden Sunset Trust		3,000.00		2,250.00
Grants: Suffolk Community Foundation - Suffolk Giving Fund		500.00		3,500.00
Grants: Suffolk Community Foundation - Coronavirus Community Fund		0.00		5,000.00
HMRC Furlough Grant		0.00		403.00
HMRC Tax Refund		0.00		817.60
Grants: Persimmon Homes		1,000.00		
Total Receipts		<u>5,253.29</u>		<u>17848.41</u>
Payments				
Salary	4,960.55		9952.51	
Employers Pension Contribution	121.00		221.65	
Equipment	166.32		37.12	
Admin	46.99		250.57	
Travel Expenses	67.05		0.00	
Training	0.00		689.46	
PNUK - Membership	595.00		595.00	
Insurance	622.38		622.38	
Library Hire (Dementia Café)	0.00		225.00	
Dementia Café Expenses	117.36		7.15	
Craft Club Expenses	1,502.00		1296.00	
Gift Aid Overpayment	62.50			
Total Expenses	<u>8,261.15</u>	<u>8,261.15</u>	<u>13,896.84</u>	<u>15932.74</u>
Net of receipts/(payments)		-3,007.86		3951.57
Cash funds from previous year		11,609.41		7657.84
Cash funds this year end		<u>8,601.55</u>		<u>11609.41</u>