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**KING'S LYNN SAMARITANS**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2025**

**KING'S LYNN SAMARITANS**  
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**KING'S LYNN SAMARITANS**  
**LEGAL AND ADMINISTRATIVE DETAILS**

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Registered Charity No: 1173636

Address: 26 Queen Street  
King's Lynn  
Norfolk  
PE30 1HT

Trustees:

Mr David Conner - Chair	(Resigned 01/09/24)
Ms Zoe Callender - Secretary	(Resigned 18/07/24)
Mr Nigel Clark	
Mrs Kelly Fox	(Resigned 15/07/25)
Mrs Jill Goddard - Treasurer	
Mr Nicholas Packer	
Mrs Jennifer Storf	
Mr David Watkins	(Resigned 13/10/24)
Mr Edward Kenny	(Appointed 11/04/24)
Mrs Jane Mace - Treasurer	(Appointed 11/04/24)
Mrs Jacqueline Row - Chair	(Appointed 27/08/24)
Ms Georgina Billings	(Appointed 03/12/24)

Independent Examiners: Hayhow and Co  
Chartered Certified Accountants and Business Advisers  
19 King Street  
King's Lynn  
Norfolk  
PE30 1HB

## **KING'S LYNN SAMARITANS**

### **TRUSTEES REPORT**

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The trustees present their annual report and financial statements of the charity for the year ended 31st March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

#### **OBJECTIVES**

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide;
- To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

#### **TRUSTEES AND ORGANISATIONAL MATTERS**

The trustees of the charity during the year are shown in the legal and administrative section.

The Trustees of the charity comprise of ordinary and ex officio members elected by the members of the branch including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

### **ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR**

Between the 1st April 2024 and the 31st March 2025, our volunteers dealt with 16,147 contacts by telephone, spending a total of 4,813 hours on the phone. This was an average of 200 calls and 100 hours per active listening volunteer.

Samaritans began an Email Central Hub service in 2022 which has members from all over the country and some branches, including King's Lynn, have stopped the email service in the last year. This means that currently all volunteer shifts are answering phone calls only. An Online Chat service is being developed and volunteers will be trained to cover this once the pilot project has been evaluated.

The Branch has been able to engage in several 'outreach' activities during this financial year including: -

- Working with local schools to deliver emotional health training to student cohorts via our schools talk team
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Talks to local groups and organisations
- Publicity stands at 'well-being' events

Volunteers attended King's Lynn railway station on 'Blue Monday', which the organisation has renamed 'Brew Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added.

The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day.

The Branch prison team has maintained regular visits to the two prisons we cover (HMP Whitemoor and HMP Wayland) to support and train carefully selected prisoners who become Listeners and provide confidential support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2025 was 95, comprising of 82 active listening volunteers, a further 8 in training, and 5 support volunteers.

## **FINANCIAL REVIEW AND RESERVES**

The branch was able to return to regular fundraising activities such as sponsored events and collections at retail outlets towards the second half of the financial year.

At the end of the financial year the branch held £309,016 in its reserves, of which £157,494 is the value of tangible assets.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure ( e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)

## **STATEMENT OF RESPONSIBILITIES OF TRUSTEES**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.

.....  
**J Row**      Chair of the Board of Trustees and Branch Director  
**Date:**

**KING'S LYNN SAMARITANS**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**YEAR ENDED 31 MARCH 2025**

	Notes	Revaluation Reserve	Restricted Fund 2025 £	Unrestricted Fund 2025 £	Total 2025 £	Total 2024 £
<b><u>Incoming Resources</u></b>						
Donations and Legacies	3a	-	4,079	11,976	16,055	22,406
Income from investments	3b	-	-	2,019	2,019	2,120
Charitable activities	3c	-	-	15,027	15,027	13,506
Other income		-	-	-	-	295
Total		-	<b>4,079</b>	<b>29,022</b>	<b>33,101</b>	<b>38,327</b>
<b><u>Resources Expended</u></b>						
Charitable activities	4	-	4,199	49,878	54,077	75,044
Total			<b>4,199</b>	<b>49,878</b>	<b>54,077</b>	<b>75,044</b>
Net income/(expenditure)		-	(120)	(20,856)	(20,976)	(36,717)
Transfer			(24,133)	24,133	-	-
Total funds brought forward		73,192	27,880	232,254	333,326	370,043
Total funds carried forward		<b>73,192</b>	<b>3,627</b>	<b>235,531</b>	<b>312,350</b>	<b>333,326</b>

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 11 form part of these accounts

**KING'S LYNN SAMARITANS**  
**BALANCE SHEET**  
**YEAR ENDED 31 MARCH 2025**

	Notes	2025		2024	
		£	£	£	£
<b><u>FIXED ASSETS</u></b>					
Tangible Fixed Assets	6		157,494		158,325
<b><u>CURRENT ASSETS</u></b>					
Debtors	7	6,502		2,554	
Cash at bank and in hand		<u>162,630</u>		<u>173,173</u>	
			169,132		175,727
<b><u>CREDITORS</u></b>					
Amounts falling due within one year	8		14,276		726
<b><u>NET CURRENT ASSETS</u></b>			<u>154,856</u>		<u>175,001</u>
<b><u>NET ASSETS</u></b>			<u>312,350</u>		<u>333,326</u>
<b><u>FUNDS</u></b>					
Unrestricted			235,531		232,254
Restricted			3,627		27,880
Revaluation Reserve			73,192		73,192
<b><u>TOTAL FUNDS</u></b>	9		<u>312,350</u>		<u>333,326</u>

Approved by the Board of Trustees on ..... and signed on its behalf by:

.....  
**J Row**  
**Chair of the Board of Trustees and Branch Director**



## **1. Principal Accounting Policies**

### **1.1 Basis of Preparation**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

### **1.2 Going concern**

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

## **2. Accounting Policies**

### **2.1 Incoming Resources**

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

### **2.2 Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

## **2.3 Resources Expended**

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

## **2.4 Tangible Fixed Assets and Depreciation**

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

## **3. Incoming Resources**

	<u><b>Restricted</b></u> <u><b>2025</b></u> <b>£</b>	<u><b>Unrestricted</b></u> <u><b>2025</b></u> <b>£</b>	<u><b>Total</b></u> <u><b>2025</b></u> <b>£</b>	<u><b>Total</b></u> <u><b>2024</b></u> <b>£</b>
<b>a) Donations and legacies</b>				
Donations and legacies	-	11,976	11,976	17,413
Prison Grant	4,079	-	4,079	4,993
	<u><b>4,079</b></u>	<u><b>11,976</b></u>	<u><b>16,055</b></u>	<u><b>22,406</b></u>
<b>b) Investment Income</b>				
Interest received	-	2,019	2,019	2,120
	<u><b>-</b></u>	<u><b>2,019</b></u>	<u><b>2,019</b></u>	<u><b>2,120</b></u>
<b>c) Charitable Activities</b>				
Fund Raising	-	7,749	7,749	8,237
Gift Income	-	7,278	7,278	5,269
	<u><b>-</b></u>	<u><b>15,027</b></u>	<u><b>15,027</b></u>	<u><b>13,506</b></u>
	<u><b>4,079</b></u>	<u><b>29,022</b></u>	<u><b>33,101</b></u>	<u><b>38,032</b></u>

**KING'S LYNN SAMARITANS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

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**4. Charitable activities**

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2025</u>	<u>2025</u>	<u>2025</u>	<u>2024</u>
	£	£	£	£
Publicity	-	517	517	464
Telephone	-	1,879	1,879	2,082
Training & Conference	-	2,577	2,577	2,257
Travelling & befriending expenses	3,391	15,225	18,616	21,728
Housekeeping	-	2,754	2,754	2,345
Repairs and maintenance	-	4,564	4,564	6,414
Electricity, gas and water	-	3,913	3,913	6,529
Insurance	-	1,745	1,745	1,626
Depreciation	611	220	831	1,109
Computer costs	-	506	506	445
Stationery and postage	110	457	567	616
Subscriptions	-	35	35	35
Branch Affiliation Fee	-	13,424	13,424	28,147
General Expenses	87	749	836	328
Gift Expenditure	-	184	184	490
Room Hire	-	817	817	135
Accountancy	-	312	312	294
	<u>4,199</u>	<u>49,878</u>	<u>54,077</u>	<u>75,044</u>

**5. Fees for examination of the accounts**

	<u>2025</u>	<u>2024</u>
	£	£
Independent examiner's fees	<u>312</u>	<u>294</u>

**KING'S LYNN SAMARITANS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

**6. Tangible Fixed Assets**

	<u>Land &amp; Buildings</u>	<u>Other Assets</u>	<u>Total</u>
Cost:	£	£	£
At 1 April 2024	171,290	50,965	222,255
Additions	-	-	-
Revaluation	-	-	-
At 31 March 2025	<u>171,290</u>	<u>50,965</u>	<u>222,255</u>
Depreciation:			
At 1 April 2024	16,290	47,640	63,930
Provision for the year	-	831	831
On disposals	-	-	-
At 31 March 2025	<u>16,290</u>	<u>48,471</u>	<u>64,761</u>
Net book value at 31 March 2025	<u>155,000</u>	<u>2,494</u>	<u>157,494</u>
Net book value at 31 March 2024	<u>155,000</u>	<u>3,325</u>	<u>158,325</u>

A valuation was carried out for 26 Queen Street, in October 2022 by Savills who are independent qualified surveyors.

<b>7. Debtors</b>	<u>2025</u>	<u>2024</u>
	£	£
Debtors	6,070	2,194
Prepayments	432	360
	<u>6,502</u>	<u>2,554</u>

<b>8. Creditors – Amounts Falling Due within One Year</b>	<u>2025</u>	<u>2024</u>
	£	£
Creditor	13,424	-
Accruals and deferred income	852	726
	<u>14,276</u>	<u>726</u>

**KING'S LYNN SAMARITANS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

**9. Analysis of Net Assets between Funds**

	<u>Restricted</u> <u>Funds</u>	<u>Revaluation</u> <u>Reserve</u>	<u>General</u> <u>Funds</u>	<u>Total</u>
Tangible fixed assets	-	73,192	84,302	157,494
Current assets	3,627	-	165,505	169,132
Current liabilities	-	-	(14,276)	(14,276)
	<b>3,627</b>	<b>73,192</b>	<b>235,531</b>	<b>312,350</b>

**9a. Unrestricted Fund**

	<u>Balance</u> <u>At 1.4.24</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Transfers</u> £	<u>Balance</u> <u>at 31.03.25</u> £
General Fund	<b>232,254</b>	<b>29,022</b>	<b>49,878</b>	<b>24,133</b>	<b>235,531</b>

	<u>Balance</u> <u>At 1.4.24</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Transfers</u> £	<u>Balance</u> <u>at 31.03.25</u> £
<b>9b. Restricted Funds</b>					
Prison Fund	23,642	4,079	3,588	(24,133)	-
Restricted Asset fund	4,238	-	611		3,627
	<b>27,880</b>	<b>4,079</b>	<b>4,199</b>	<b>(24,133)</b>	<b>3,627</b>

<b>Revaluation Reserve</b>	<b>73,192</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>73,192</b>
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<b>Total</b>	<b>333,326</b>	<b>33,101</b>	<b>54,077</b>	<b>-</b>	<b>312,350</b>
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**9c. Purpose of restricted funds**

Prison Fund	- to provide support for prisoners
Restricted asset fund	- income spent on capital items to be depreciated

A transfer from the prison grant has been made as the grant is given to support branch operating costs whilst also running a listening scheme at two HMPPS prisons. Therefore any surplus can be used a general funds.

**10. Trustees remuneration**

The Trustees neither received or waived any emoluments during this period.

**11. Related Party Transactions**

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
KINGS LYNN SAMARITANS  
YEAR ENDED 31 MARCH 2025**

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I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2025, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

**Respective Responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :-

examine the accounts under section 145 of the Charities Act;

to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Companies Act; and

to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 130 of the Act ;or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Kezia Benefer FCCA**  
**Hayhow & Co**  
**Chartered Certified Accountants and Business Advisers**  
**19 King Street**  
**King's Lynn**  
**Norfolk**  
**PE30 1HB**

**Date:**