
KING'S LYNN SAMARITANS
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

Charity Registration Number: 1173636

KING'S LYNN SAMARITANS
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KING'S LYNN SAMARITANS
LEGAL AND ADMINISTRATIVE DETAILS

Registered Charity No: 1173636

Address: 26 Queen Street
King's Lynn
Norfolk
PE30 1HT

Trustees:	Mr David Conner - Chair	(Resigned 01/09/24)
	Ms Zoe Callender - Secretary	
	Mr Nigel Clark	(Appointed 03/12/2023)
	Mrs Kelly Fox	(Appointed 03/12/2023)
	Mrs Jill Goddard - Treasurer	(Ceased as Treasurer on 11/04/24)
	Mr Nicholas Packer	
	Mrs Jennifer Storf	(Appointed 03/12/2023)
	Mr David Watkins	
	Mr Edward Kenny	
	Mr Richard James	(Resigned 03/12/2023)
	Mrs Valerie Woods	(Resigned 03/12/2023)
	Mrs Jane Mace - Treasurer	(Appointed 11/04/24)
	Mrs Jackie Row - Chair	(Appointed 02/09/24)

Independent Examiners: Hayhow and Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

KING'S LYNN SAMARITANS

TRUSTEES REPORT

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide;
- To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

TRUSTEES AND ORGANISATIONAL MATTERS

The trustees of the charity during the year are shown in the legal and administrative section.

The Trustees of the charity comprise of ordinary and ex officio members elected by the members of the branch including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2023 and the 31st March 2024, our volunteers dealt with 18,156 contacts by telephone, spending a total of 4,617 hours on the phone. This was an average of 255 calls and 65 hours per active listening volunteer.

Samaritans began an Email Central Hub service in 2022 which has members from all over the country and some branches, including King's Lynn, have stopped the email service in the last year. This means that currently all volunteer shifts are answering phone calls only. However, due to the amount of email contacts, branches will again be answering email from late 2024. An Online Chat service is being developed and volunteers will be trained to cover this within the next year.

The Branch has been able to engage in several 'outreach' activities during this financial year including: -

- Working with local schools to deliver emotional health training to student cohorts via our schools talk team
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Talks to local groups and organisations
- Publicity stands at 'well-being' events
- Working with West Norfolk Befrienders to help their volunteers in opening up difficult conversation

Volunteers attended King's Lynn railway station on 'Blue Monday', which the organisation has renamed 'Brew Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added. Talks with Queen Elizabeth Hospital to provide a support presence in A&E continue. The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day in the last few months, reaching 745 followers to date.

The Branch prison team has maintained regular visits to the two prisons we cover (HMP Whitemoor and HMP Wayland) to support and train carefully selected prisoners who become Listeners and provide confidential support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2024 was 97, comprising of 82 active listening volunteers, a further 5 in training, and 10 support volunteers.

FINANCIAL REVIEW AND RESERVES

The branch was able to return to regular fundraising activities such as sponsored events and collections at retail outlets towards the second half of the financial year.

At the end of the financial year the branch held £333,326 in its reserves, of which £158,325 is the value of tangible assets.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure (e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)

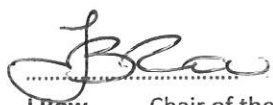
STATEMENT OF RESPONSIBILITIES OF TRUSTEES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.



J Row Chair of the Board of Trustees and Branch Director

Date: 13/10/24

KING'S LYNN SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2024

	Notes	Revaluation Reserve	Restricted Fund 2024 £	Unrestricted Fund 2024 £	Total 2024 £	Total 2023 £
<u>Incoming Resources</u>						
Donations and Legacies	3a	-	4,993	17,413	22,406	19,946
Income from investments	3b	-	-	2,120	2,120	1,100
Charitable activities	3c	-	-	13,506	13,506	9,086
Other income		-	-	295	295	-
Revaluation		-	-	-	-	73,192
Total		-	4,993	33,334	38,327	103,324
<u>Resources Expended</u>						
Charitable activities	4	-	3,395	71,649	75,044	86,780
Total			3,395	71,649	75,044	86,780
Net income/(expenditure)		-	1,598	(38,315)	(36,717)	16,544
Total funds brought forward		73,192	26,282	270,569	370,043	353,499
Total funds carried forward		73,192	27,880	232,254	333,326	370,043

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 12 form part of these accounts

KING'S LYNN SAMARITANS
BALANCE SHEET
YEAR ENDED 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Fixed Assets	6		158,325		159,434
<u>CURRENT ASSETS</u>					
Debtors	7	2,554		7,677	
Cash at bank and in hand		<u>173,173</u>		<u>203,661</u>	
			175,727		211,338
<u>CREDITORS</u>					
Amounts falling due within one year	8		726		729
<u>NET CURRENT ASSETS</u>			<u>175,001</u>		<u>210,609</u>
<u>NET ASSETS</u>			<u>333,326</u>		<u>370,043</u>
<u>FUNDS</u>					
Unrestricted			232,254		270,569
Restricted			27,880		26,282
Revaluation Reserve			73,192		73,192
<u>TOTAL FUNDS</u>			<u>333,326</u>		<u>370,043</u>

Approved by the Board of Trustees on 13/10/24 and signed on its behalf by:



J Row
Chair of the Board of Trustees and Branch Director

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

2.2 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

2.3 Resources Expended

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

2.4 Tangible Fixed Assets and Depreciation

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

3. Incoming Resources

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2024</u>	<u>2024</u>	<u>2024</u>	<u>2023</u>
	£	£	£	£
a) Donations and legacies				
Donations and legacies	-	17,413	17,413	13,460
Prison Grant	4,993	-	4,993	6,486
	4,993	17,413	22,406	19,946
b) Investment Income				
Interest received	-	2,120	2,120	1,100
	-	2,120	2,120	1,100
c) Charitable Activities				
Fund Raising	-	8,237	8,237	5,503
Gift Income	-	5,269	5,269	3,583
	-	13,506	13,506	9,086
	4,993	33,039	38,032	30,132

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

4. Charitable activities

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2024</u>	<u>2024</u>	<u>2024</u>	<u>2023</u>
	£	£	£	£
Publicity	-	464	464	846
Telephone	-	2,082	2,082	1,660
Training & Conference	-	2,257	2,257	6,044
Travelling & befriending expenses	2,552	19,176	21,728	17,212
Housekeeping	-	2,345	2,345	2,118
Repairs and maintenance	-	6,414	6,414	1,006
Electricity, gas and water	-	6,529	6,529	3,748
Insurance	-	1,626	1,626	1,579
Depreciation	815	294	1,109	1,478
Computer costs	-	445	445	809
Stationery and postage	28	588	616	358
Subscriptions	-	35	35	35
Branch Affiliation Fee	-	28,147	28,147	47,016
General Expenses	-	328	328	184
Gift Expenditure	-	490	490	497
Room Hire	-	135	135	60
Legal and Professional Fees	-	-	-	1,800
Accountancy	-	294	294	330
	<u>3,395</u>	<u>71,649</u>	<u>75,044</u>	<u>86,780</u>

5. Fees for examination of the accounts

	<u>2024</u>	<u>2023</u>
	£	£
Independent examiner's fees	<u>294</u>	<u>330</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

6. Tangible Fixed Assets

	<u>Land & Buildings</u>	<u>Other Assets</u>	<u>Total</u>
Cost:	£	£	£
At 1 April 2023	171,290	50,965	222,255
Additions	-	-	-
Revaluation	-	-	-
At 31 March 2024	<u>171,290</u>	<u>50,965</u>	<u>222,255</u>
Depreciation:			
At 1 April 2023	16,290	46,531	62,821
Provision for the year	-	1,109	1,109
On disposals	-	-	-
At 31 March 2024	<u>16,290</u>	<u>47,640</u>	<u>63,930</u>
Net book value at 31 March 2024	<u>155,000</u>	<u>3,325</u>	<u>158,325</u>
Net book value at 31 March 2023	<u>155,000</u>	<u>4,434</u>	<u>159,434</u>

A valuation was carried out for 26 Queen Street, in October 2022 by Savills who are independent qualified surveyors.

7. Debtors	<u>2024</u>	<u>2023</u>
	£	£
Debtors	2,194	5,739
Prepayments	360	1,938
	<u>2,554</u>	<u>7,677</u>

8. Creditors – Amounts Falling Due within One Year	<u>2024</u>	<u>2023</u>
	£	£
Accruals and deferred income	726	729
	<u>726</u>	<u>729</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

9. Analysis of Net Assets between Funds

	<u>Restricted Funds</u>	<u>Revaluation Reserve</u>	<u>General Funds</u>	<u>Total</u>
Tangible fixed assets	4,238	73,192	80,895	158,325
Current assets	23,642	-	152,085	175,727
Current liabilities	-	-	(726)	(726)
	27,880	73,192	232,254	333,326

9a. Unrestricted Fund

	<u>Balance At 1.4.23</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.24</u>
	£	£	£	£	£
General Fund	270,569	33,334	71,649	-	232,254

	<u>Balance At 1.4.23</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.24</u>
	£	£	£	£	£
9b. Restricted Funds					
Prison Fund	21,229	4,993	2,580		23,642
Restricted Asset fund	5,053	-	815		4,238
	26,282	4,993	3,395	-	27,880
Revaluation Reserve	73,192	-	-	-	73,192
Total	370,043	38,327	75,044	-	333,326

9c. Purpose of restricted funds

Prison Fund	- to provide support for prisoners
Restricted asset fund	- income spent on capital items to be depreciated

10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

11. Related Party Transactions

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
KINGS LYNN SAMARITANS
YEAR ENDED 31 MARCH 2024**

I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2024, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :-

examine the accounts under section 145 of the Charities Act;

to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Companies Act; and

to state whether particular matters have come to my attention.

Basis of independent examiner's statement


My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 130 of the Act ;or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Kezia Benefer FCCA
Hayhow & Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

Date:

27 November 24

