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**KING'S LYNN SAMARITANS**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

KING'S LYNN SAMARITANS  
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**KING'S LYNN SAMARITANS**  
**LEGAL AND ADMINISTRATIVE DETAILS**

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Registered Charity No: 1173636

Address: 26 Queen Street  
King's Lynn  
Norfolk  
PE30 1HT

Trustees: Ms Rachel Goldsmith - Chair (Resigned)  
Mr David Conner - Chair (Appointed 24/06/2022)  
Mr Nicholas Packer  
Mr Richard James  
Mr Edward Kenny  
Mrs Valerie Woods  
Mr David Watkins  
Ms Zoe Callender - Secretary  
Mrs Jill Goddard - Treasurer

Independent Examiners: Hayhow and Co  
Chartered Certified Accountants and Business Advisers  
19 King Street  
King's Lynn  
Norfolk  
PE30 1HB

## **KING'S LYNN SAMARITANS**

### **TRUSTEES REPORT**

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The trustees present their annual report and financial statements of the charity for the year ended 31st March 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

#### **OBJECTIVES**

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide.
- To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

#### **TRUSTEES AND ORGANISATIONAL MATTERS**

The trustees of the charity during the year are shown in the legal and administrative section.

The trustees of the charity comprise of ordinary and ex-officio members elected by Branch members including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

## KING'S LYNN SAMARITANS TRUSTEES REPORT

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### ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2022 and the 31st March 2023, our volunteers dealt with:-

- 17,879 Contacts by telephone
- 261 Email contacts
- 0 Face to face contacts (due to Covid-19 restrictions)

Telephone contracts were considerably higher than the previous year (16,548). Samaritans began an email central hub service this year which has members from all over the country and some branches, including King's Lynn, have stopped the email service. This means that currently all volunteer shifts are answering phone calls only. An online chat service is being developed and volunteers will be trained to cover this within the next year. The Branch has been able to engage in more of the usual 'outreach' activities following the lifting of strict Covid-19 restrictions during this financial year including:-

- Working with local schools to deliver emotional health training to student cohorts
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Talks to local groups and organisations
- Publicity stands at 'well-being' events

Also, volunteers attended King's Lynn railway station on 'Blue Monday', which the organisation has renamed 'Brew Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added. Talks with Queen Elizabeth Hospital to provide a support presence in A&E continue. The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day in the last few months, reaching 708 followers to date.

The Branch prison team has maintained visits to the two prisons we cover (Whitemoor and Wayland) to support and train inmates who become listeners and provide support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2023 was 95, comprising of 77 active listening volunteers, a further 7 in training, and 11 support volunteers.

**KING'S LYNN SAMARITANS  
TRUSTEES REPORT**

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**FINANCIAL REVIEW AND RESERVES**

The branch was able to return to regular fundraising activities such as sponsored events and collections at retail outlets towards the second half of the financial year.

At the end of the financial year the branch held £370,043 in its reserves.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure ( e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)


**STATEMENT OF RESPONSIBILITIES OF TRUSTEES**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.

  
.....  
**D Conner** Chair of the Board of Trustees and Branch Director  
Date: 12 OCTOBER 2023

KING'S LYNN SAMARITANS  
STATEMENT OF FINANCIAL ACTIVITIES  
YEAR ENDED 31 MARCH 2023

	Notes	Revaluation Reserve	Restricted Fund 2023 £	Unrestricted Fund 2023 £	Total 2023 £	Total 2022 £
<b><u>Incoming Resources</u></b>						
Donations and Legacies	3a	-	6,486	13,460	19,946	26,274
Income from investments	3b	-	-	1,100	1,100	1,466
Charitable activities	3c	-	-	9,086	9,086	33,105
Revaluation		73,192	-	-	73,192	-
Total		<b>73,192</b>	<b>6,486</b>	<b>23,646</b>	<b>103,324</b>	<b>60,845</b>
<b><u>Resources Expended</u></b>						
Charitable activities	4	-	5,400	81,380	86,780	64,169
Total			<b>5,400</b>	<b>81,380</b>	<b>86,780</b>	<b>64,169</b>
Net income/(expenditure)		73,192	1,086	(57,734)	16,544	(3,324)
Total funds brought forward		-	25,196	328,303	353,499	356,823
Total funds carried forward		<b>73,192</b>	<b>26,282</b>	<b>270,569</b>	<b>370,043</b>	<b>353,499</b>

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 12 form part of these accounts

**KING'S LYNN SAMARITANS**  
**BALANCE SHEET**  
**YEAR ENDED 31 MARCH 2023**

	Notes	2023		2022	
		£	£	£	£
<b><u>FIXED ASSETS</u></b>					
Tangible Fixed Assets	6		159,434		87,720
<b><u>CURRENT ASSETS</u></b>					
Debtors	7		7,677		6,720
Cash at bank and in hand			<u>203,661</u>		<u>260,151</u>
			211,338		266,871
<b><u>CREDITORS</u></b>					
Amounts falling due within one year	8		729		1,092
<b><u>NET CURRENT ASSETS</u></b>			<u>210,609</u>		<u>265,779</u>
<b><u>NET ASSETS</u></b>			<u><u>370,043</u></u>		<u><u>353,499</u></u>
<b><u>FUNDS</u></b>					
Unrestricted			270,569		328,303
Restricted			26,282		25,196
Revaluation Reserve			73,192		-
<b><u>TOTAL FUNDS</u></b>	9		<u><u>370,043</u></u>		<u><u>353,499</u></u>

Approved by the Board of Trustees on 12/10/22 and signed on its behalf by:



D Conner  
Chair of the Board of Trustees and Branch Director



## **1. Principal Accounting Policies**

### **1.1 Basis of Preparation**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

### **1.2 Going concern**

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

## **2. Accounting Policies**

### **2.1 Incoming Resources**

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

### **2.2 Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**KING'S LYNN SAMARITANS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2023**

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**2.3 Resources Expended**

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

**2.4 Tangible Fixed Assets and Depreciation**

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

**3. Incoming Resources**

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>
	£	£	£	£
<b>a) Donations and legacies</b>				
Donations and legacies	-	13,460	13,460	17,635
Prison Grant	6,486	-	6,486	8,639
	<u>6,486</u>	<u>13,460</u>	<u>19,946</u>	<u>26,274</u>
<b>b) Investment Income</b>				
Interest received	-	1,100	1,100	1,466
	<u>-</u>	<u>1,100</u>	<u>1,100</u>	<u>1,466</u>
<b>c) Charitable Activities</b>				
Friends of the Samaritans	-	-	-	15,075
Fund Raising	-	5,503	5,503	13,581
Gift Income	-	3,583	3,583	4,449
	<u>-</u>	<u>9,086</u>	<u>9,086</u>	<u>33,105</u>
	<u>6,486</u>	<u>23,646</u>	<u>30,132</u>	<u>60,845</u>

3e) Friends of the Samaritans - Statement of Financial Activities

	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
<b>Fundraising Income</b>		
Cycle ride	-	-
Collections	-	-
Donation	-	-
Fund raising	-	504
	<u>-</u>	<u>504</u>
<b>Expenditure</b>		
Transfers to Samaritans	-	15,075
Fundraising Costs	-	10
	<u>-</u>	<u>15,085</u>
Net incoming/(expenditure) for the year	<u>-</u>	<u>(14,581)</u>
Bal B/Fwd	-	14,581
Bal C/Fwd	<u>-</u>	<u>-</u>

KING'S LYNN SAMARITANS  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2023

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4. Charitable activities

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>
	£	£	£	£
Publicity	120	726	846	991
Telephone	-	1,660	1,660	2,058
Training & Conference	-	6,044	6,044	504
Travelling & befriending expenses	4,174	13,038	17,212	14,588
Housekeeping	-	2,118	2,118	2,306
Repairs and maintenance	-	1,006	1,006	5,379
Electricity, gas and water	-	3,748	3,748	3,628
Insurance	-	1,579	1,579	1,360
Depreciation	1,086	392	1,478	3,933
Computer costs	-	809	809	567
Stationery and postage	20	338	358	610
Subscriptions	-	35	35	-
Branch Affiliation Fee	-	47,016	47,016	27,158
General Expenses	-	184	184	-
Gift Expenditure	-	497	497	775
Room Hire	-	60	60	-
Legal and Professional Fees	-	1,800	1,800	-
Accountancy	-	330	330	312
	<u>5,400</u>	<u>81,380</u>	<u>86,780</u>	<u>64,169</u>

5. Fees for examination of the accounts

	<u>2023</u>	<u>2022</u>
	£	£
Independent examiner's fees	<u>330</u>	<u>312</u>

KING'S LYNN SAMARITANS  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2023

6. Tangible Fixed Assets

	<u>Land &amp; Buildings</u>	<u>Other Assets</u>	<u>Total</u>
Cost:	£	£	£
At 1 April 2022	98,098	50,965	149,063
Additions	-	-	-
Revaluation	73,192	-	73,192
At 31 March 2023	<u>171,290</u>	<u>50,965</u>	<u>149,063</u>
Depreciation:			
At 1 April 2022	16,290	45,053	61,343
Provision for the year	-	1,478	1,478
On disposals	-	-	-
At 31 March 2023	<u>16,290</u>	<u>46,531</u>	<u>62,821</u>
Net book value at 31 March 2023	<u>155,000</u>	<u>4,434</u>	<u>159,434</u>
Net book value at 31 March 2022	<u>81,808</u>	<u>5,912</u>	<u>87,720</u>

A valuation was carried out for 26 Queen Street, in October 2022 by Savills who are independent qualified surveyors.

7. Debtors

	<u>2023</u>	<u>2022</u>
	£	£
Debtors	5,739	4,916
Prepayments	1,938	1,804
	<u>7,677</u>	<u>6,720</u>

8. Creditors – Amounts Falling Due within One Year

	<u>2023</u>	<u>2022</u>
	£	£
Accruals and deferred income	729	1,092
	<u>729</u>	<u>1,092</u>

## 9. Analysis of Net Assets between Funds

	<u>Restricted Funds</u>	<u>Revaluation Reserve</u>	<u>General Funds</u>	<u>Total</u>
Tangible fixed assets	5,053	73,192	81,189	159,434
Current assets	21,229	-	190,109	211,338
Current liabilities	-	-	(729)	(729)
	<u>26,282</u>	<u>73,192</u>	<u>270,569</u>	<u>370,043</u>

### 9a. Unrestricted Fund

	<u>Balance At 1.4.22</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.23</u>
	£	£	£	£	£
General Fund	328,303	23,646	81,380	-	270,569

	<u>Balance At 1.4.22</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.23</u>
	£	£	£	£	£
<b>9b. Restricted Funds</b>					
Prison Fund	19,057	6,486	4,314		21,229
Restricted Asset fund	6,139	-	1,086		5,053
	<u>25,196</u>	<u>6,486</u>	<u>5,400</u>	<u>-</u>	<u>26,282</u>
<b>Revaluation Reserve</b>	<u>-</u>	<u>73,192</u>	<u>-</u>	<u>-</u>	<u>73,192</u>
<b>Total</b>	<u>353,499</u>	<u>30,132</u>	<u>86,780</u>	<u>-</u>	<u>370,043</u>

### 9c. Purpose of restricted funds

Prison Fund	- to provide support for prisoners
Restricted asset fund	- income spent on capital items to be depreciated

## 10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

## 11. Related Party Transactions

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
KINGS LYNN SAMARITANS  
YEAR ENDED 31 MARCH 2023**

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I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2023, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

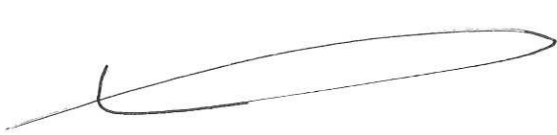
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. Independent examiner's statement

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1     accounting records were not kept in respect of the Trust as required by section 130 of the Act  
      ;or
- 2     the accounts do not accord with those records; or
- 3     the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Kezia Benefer FCCA  
Hayhow & Co  
Chartered Certified Accountants and Business Advisers  
19 King Street  
King's Lynn  
Norfolk  
PE30 1HB

Date: 16 Oct 2023