

KING'S LYNN SAMARITANS

England & Wales · Charity number 1173636

Details

Status Registered

Legal form CIO

Registered 2017-06-30

Register [View on the Charity Commission register](#)

Contact

Address 26 Queen Street
King's Lynn
PE30 1HT

Phone 07341304625

Email klsamsec@gmail.com

Website samaritans.org/kingslynn

Activities

Objects: TO WORK FOR THE ASSISTANCE OF PERSONS IN DESPAIR OR DISTRESS AS SET OUT IN RULE 2 OF THE CONSTITUTION DATED 9TH OCTOBER 1974.

Activities: To enable persons in Kings Lynn and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Norfolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£38,327	£75,044	-	-
2024-03-31	£38,327	£75,044	-	-
2023-03-31	£30,132	£86,780	-	-
2022-03-31	£60,845	£64,169	-	-
2021-03-31	£57,485	£92,618	-	-

Trustees

Name	Role	Appointed
Clare Margaret Beswick		2025-06-17
Edward George Kenny		2024-04-11
Georgina Billings		2024-12-03
Jacqueline Brenda Row		2024-08-27
Jane Elizabeth Mace		2024-04-11
Jennifer Winifred Storf		2023-12-03
Jill Penelope Goddard		2026-04-14
Nigel Gareth Clark		2023-12-03

Linked charities

- THE SAMARITANS OF KING'S LYNN (1173636-1)

KING'S LYNN SAMARITANS

England & Wales - Charity number 1173636

Accounts

KING'S LYNN SAMARITANS
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025

Charity Registration Number: 1173636

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KING'S LYNN SAMARITANS
LEGAL AND ADMINISTRATIVE DETAILS

Registered Charity No: 1173636

Address: 26 Queen Street
King's Lynn
Norfolk
PE30 1HT

Trustees:

Mr David Conner - Chair	(Resigned 01/09/24)
Ms Zoe Callender - Secretary	(Resigned 18/07/24)
Mr Nigel Clark	
Mrs Kelly Fox	(Resigned 15/07/25)
Mrs Jill Goddard - Treasurer	
Mr Nicholas Packer	
Mrs Jennifer Storf	
Mr David Watkins	(Resigned 13/10/24)
Mr Edward Kenny	(Appointed 11/04/24)
Mrs Jane Mace - Treasurer	(Appointed 11/04/24)
Mrs Jacqueline Row - Chair	(Appointed 27/08/24)
Ms Georgina Billings	(Appointed 03/12/24)

Independent Examiners: Hayhow and Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

KING'S LYNN SAMARITANS TRUSTEES REPORT

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide;
- To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

TRUSTEES AND ORGANISATIONAL MATTERS

The trustees of the charity during the year are shown in the legal and administrative section.

The Trustees of the charity comprise of ordinary and ex officio members elected by the members of the branch including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2024 and the 31st March 2025, our volunteers dealt with 16,147 contacts by telephone, spending a total of 4,813 hours on the phone. This was an average of 200 calls and 100 hours per active listening volunteer.

Samaritans began an Email Central Hub service in 2022 which has members from all over the country and some branches, including King's Lynn, have stopped the email service in the last year. This means that currently all volunteer shifts are answering phone calls only. An Online Chat service is being developed and volunteers will be trained to cover this once the pilot project has been evaluated.

The Branch has been able to engage in several 'outreach' activities during this financial year including: -

- Working with local schools to deliver emotional health training to student cohorts via our schools talk team
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Talks to local groups and organisations
- Publicity stands at 'well-being' events

Volunteers attended King's Lynn railway station on 'Blue Monday', which the organisation has renamed 'Brew Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added.

The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day.

The Branch prison team has maintained regular visits to the two prisons we cover (HMP Whitemoor and HMP Wayland) to support and train carefully selected prisoners who become Listeners and provide confidential support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2025 was 95, comprising of 82 active listening volunteers, a further 8 in training, and 5 support volunteers.

FINANCIAL REVIEW AND RESERVES

The branch was able to return to regular fundraising activities such as sponsored events and collections at retail outlets towards the second half of the financial year.

At the end of the financial year the branch held £309,016 in its reserves, of which £157,494 is the value of tangible assets.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure (e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)

STATEMENT OF RESPONSIBILITIES OF TRUSTEES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.

.....
J Row Chair of the Board of Trustees and Branch Director
Date:

KING'S LYNN SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2025

	Notes	Revaluation Reserve	Restricted Fund 2025 £	Unrestricted Fund 2025 £	Total 2025 £	Total 2024 £
<u>Incoming Resources</u>						
Donations and Legacies	3a	-	4,079	11,976	16,055	22,406
Income from investments	3b	-	-	2,019	2,019	2,120
Charitable activities	3c	-	-	15,027	15,027	13,506
Other income		-	-	-	-	295
Total		-	4,079	29,022	33,101	38,327
<u>Resources Expended</u>						
Charitable activities	4	-	4,199	49,878	54,077	75,044
Total			4,199	49,878	54,077	75,044
Net income/(expenditure)		-	(120)	(20,856)	(20,976)	(36,717)
Transfer			(24,133)	24,133	-	-
Total funds brought forward		73,192	27,880	232,254	333,326	370,043
Total funds carried forward		73,192	3,627	235,531	312,350	333,326

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 11 form part of these accounts

**KING'S LYNN SAMARITANS
BALANCE SHEET
YEAR ENDED 31 MARCH 2025**

	Notes	2025		2024	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Fixed Assets	6		157,494		158,325
<u>CURRENT ASSETS</u>					
Debtors	7	6,502		2,554	
Cash at bank and in hand		<u>162,630</u>		<u>173,173</u>	
			169,132		175,727
<u>CREDITORS</u>					
Amounts falling due within one year	8		14,276		726
<u>NET CURRENT ASSETS</u>			<u>154,856</u>		<u>175,001</u>
<u>NET ASSETS</u>			<u>312,350</u>		<u>333,326</u>
<u>FUNDS</u>					
Unrestricted			235,531		232,254
Restricted			3,627		27,880
Revaluation Reserve			73,192		73,192
<u>TOTAL FUNDS</u>		9	<u>312,350</u>		<u>333,326</u>

Approved by the Board of Trustees on and signed on its behalf by:

.....
J Row
Chair of the Board of Trustees and Branch Director

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

2.2 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

2.3 Resources Expended

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

2.4 Tangible Fixed Assets and Depreciation

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

3. Incoming Resources

	<u>Restricted</u> <u>2025</u> £	<u>Unrestricted</u> <u>2025</u> £	<u>Total</u> <u>2025</u> £	<u>Total</u> <u>2024</u> £
a) Donations and legacies				
Donations and legacies	-	11,976	11,976	17,413
Prison Grant	4,079	-	4,079	4,993
	<u>4,079</u>	<u>11,976</u>	<u>16,055</u>	<u>22,406</u>
b) Investment Income				
Interest received	-	2,019	2,019	2,120
	<u>-</u>	<u>2,019</u>	<u>2,019</u>	<u>2,120</u>
c) Charitable Activities				
Fund Raising	-	7,749	7,749	8,237
Gift Income	-	7,278	7,278	5,269
	<u>-</u>	<u>15,027</u>	<u>15,027</u>	<u>13,506</u>
	<u>4,079</u>	<u>29,022</u>	<u>33,101</u>	<u>38,032</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

4. Charitable activities

	<u>Restricted</u> <u>2025</u> £	<u>Unrestricted</u> <u>2025</u> £	<u>Total</u> <u>2025</u> £	<u>Total</u> <u>2024</u> £
Publicity	-	517	517	464
Telephone	-	1,879	1,879	2,082
Training & Conference	-	2,577	2,577	2,257
Travelling & befriending expenses	3,391	15,225	18,616	21,728
Housekeeping	-	2,754	2,754	2,345
Repairs and maintenance	-	4,564	4,564	6,414
Electricity, gas and water	-	3,913	3,913	6,529
Insurance	-	1,745	1,745	1,626
Depreciation	611	220	831	1,109
Computer costs	-	506	506	445
Stationery and postage	110	457	567	616
Subscriptions	-	35	35	35
Branch Affiliation Fee	-	13,424	13,424	28,147
General Expenses	87	749	836	328
Gift Expenditure	-	184	184	490
Room Hire	-	817	817	135
Accountancy	-	312	312	294
	<u>4,199</u>	<u>49,878</u>	<u>54,077</u>	<u>75,044</u>

5. Fees for examination of the accounts

	<u>2025</u> £	<u>2024</u> £
Independent examiner's fees	<u>312</u>	<u>294</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

6. Tangible Fixed Assets

	<u>Land & Buildings</u>	<u>Other Assets</u>	<u>Total</u>
Cost:	£	£	£
At 1 April 2024	171,290	50,965	222,255
Additions	-	-	-
Revaluation	-	-	-
At 31 March 2025	<u>171,290</u>	<u>50,965</u>	<u>222,255</u>
Depreciation:			
At 1 April 2024	16,290	47,640	63,930
Provision for the year	-	831	831
On disposals	-	-	-
At 31 March 2025	<u>16,290</u>	<u>48,471</u>	<u>64,761</u>
Net book value at 31 March 2025	<u>155,000</u>	<u>2,494</u>	<u>157,494</u>
Net book value at 31 March 2024	<u>155,000</u>	<u>3,325</u>	<u>158,325</u>

A valuation was carried out for 26 Queen Street, in October 2022 by Savills who are independent qualified surveyors.

7. Debtors

	<u>2025</u>	<u>2024</u>
	£	£
Debtors	6,070	2,194
Prepayments	432	360
	<u>6,502</u>	<u>2,554</u>

8. Creditors – Amounts Falling Due within One Year

	<u>2025</u>	<u>2024</u>
	£	£
Creditor	13,424	-
Accruals and deferred income	852	726
	<u>14,276</u>	<u>726</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

9. Analysis of Net Assets between Funds

	<u>Restricted</u> <u>Funds</u>	<u>Revaluation</u> <u>Reserve</u>	<u>General</u> <u>Funds</u>	<u>Total</u>
Tangible fixed assets	-	73,192	84,302	157,494
Current assets	3,627	-	165,505	169,132
Current liabilities	-	-	(14,276)	(14,276)
	3,627	73,192	235,531	312,350

9a. Unrestricted Fund

	<u>Balance</u> <u>At 1.4.24</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Transfers</u> £	<u>Balance</u> <u>at 31.03.25</u> £
General Fund	232,254	29,022	49,878	24,133	235,531

	<u>Balance</u> <u>At 1.4.24</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Transfers</u> £	<u>Balance</u> <u>at 31.03.25</u> £
9b. Restricted Funds					
Prison Fund	23,642	4,079	3,588	(24,133)	-
Restricted Asset fund	4,238	-	611		3,627
	27,880	4,079	4,199	(24,133)	3,627

Revaluation Reserve	73,192	-	-	-	73,192
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Total	333,326	33,101	54,077	-	312,350
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9c. Purpose of restricted funds

Prison Fund	- to provide support for prisoners
Restricted asset fund	- income spent on capital items to be depreciated

A transfer from the prison grant has been made as the grant is given to support branch operating costs whilst also running a listening scheme at two HMPPS prisons. Therefore any surplus can be used a general funds.

10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

11. Related Party Transactions

The charity is controlled by its board of trustees.

KING'S LYNN SAMARITANS

England & Wales - Charity number 1173636

Accounts

KING'S LYNN SAMARITANS

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024**

Charity Registration Number: 1173636

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KING'S LYNN SAMARITANS
LEGAL AND ADMINISTRATIVE DETAILS

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Address: 26 Queen Street
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PE30 1HT

Trustees:

Mr David Conner - Chair	(Resigned 01/09/24)
Ms Zoe Callender - Secretary	
Mr Nigel Clark	(Appointed 03/12/2023)
Mrs Kelly Fox	(Appointed 03/12/2023)
Mrs Jill Goddard - Treasurer	(Ceased as Treasurer on 11/04/24)
Mr Nicholas Packer	
Mrs Jennifer Storf	(Appointed 03/12/2023)
Mr David Watkins	
Mr Edward Kenny	
Mr Richard James	(Resigned 03/12/2023)
Mrs Valerie Woods	(Resigned 03/12/2023)
Mrs Jane Mace - Treasurer	(Appointed 11/04/24)
Mrs Jackie Row - Chair	(Appointed 02/09/24)

Independent Examiners: Hayhow and Co
Chartered Certified Accountants and Business Advisers
19 King Street
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**KING'S LYNN SAMARITANS
TRUSTEES REPORT**

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES

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- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide;
- To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

TRUSTEES AND ORGANISATIONAL MATTERS

The trustees of the charity during the year are shown in the legal and administrative section.

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ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2023 and the 31st March 2024, our volunteers dealt with 18,156 contacts by telephone, spending a total of 4,617 hours on the phone. This was an average of 255 calls and 65 hours per active listening volunteer.

Samaritans began an Email Central Hub service in 2022 which has members from all over the country and some branches, including King's Lynn, have stopped the email service in the last year. This means that currently all volunteer shifts are answering phone calls only. However, due to the amount of email contacts, branches will again be answering email from late 2024. An Online Chat service is being developed and volunteers will be trained to cover this within the next year.

The Branch has been able to engage in several 'outreach' activities during this financial year including: -

- Working with local schools to deliver emotional health training to student cohorts via our schools talk team
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Talks to local groups and organisations
- Publicity stands at 'well-being' events
- Working with West Norfolk Befrienders to help their volunteers in opening up difficult conversation

Volunteers attended King's Lynn railway station on 'Blue Monday', which the organisation has renamed 'Brew Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added. Talks with Queen Elizabeth Hospital to provide a support presence in A&E continue. The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day in the last few months, reaching 745 followers to date.

The Branch prison team has maintained regular visits to the two prisons we cover (HMP Whitemoor and HMP Wayland) to support and train carefully selected prisoners who become Listeners and provide confidential support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2024 was 97, comprising of 82 active listening volunteers, a further 5 in training, and 10 support volunteers.

**KING'S LYNN SAMARITANS
TRUSTEES REPORT**

FINANCIAL REVIEW AND RESERVES

The branch was able to return to regular fundraising activities such as sponsored events and collections at retail outlets towards the second half of the financial year.

At the end of the financial year the branch held £333,326 in its reserves, of which £158,325 is the value of tangible assets.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
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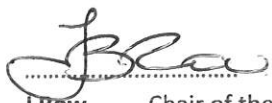
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The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.



J Row Chair of the Board of Trustees and Branch Director

Date: 13/10/24

KING'S LYNN SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2024

	Notes	Revaluation Reserve	Restricted Fund 2024 £	Unrestricted Fund 2024 £	Total 2024 £	Total 2023 £
<u>Incoming Resources</u>						
Donations and Legacies	3a	-	4,993	17,413	22,406	19,946
Income from investments	3b	-	-	2,120	2,120	1,100
Charitable activities	3c	-	-	13,506	13,506	9,086
Other income		-	-	295	295	-
Revaluation		-	-	-	-	73,192
Total		-	4,993	33,334	38,327	103,324
<u>Resources Expended</u>						
Charitable activities	4	-	3,395	71,649	75,044	86,780
Total			3,395	71,649	75,044	86,780
Net income/(expenditure)		-	1,598	(38,315)	(36,717)	16,544
Total funds brought forward		73,192	26,282	270,569	370,043	353,499
Total funds carried forward		73,192	27,880	232,254	333,326	370,043

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 12 form part of these accounts

KING'S LYNN SAMARITANS
BALANCE SHEET
YEAR ENDED 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Fixed Assets	6		158,325		159,434
<u>CURRENT ASSETS</u>					
Debtors	7	2,554		7,677	
Cash at bank and in hand		<u>173,173</u>		<u>203,661</u>	
			175,727		211,338
<u>CREDITORS</u>					
Amounts falling due within one year	8		726		729
<u>NET CURRENT ASSETS</u>			<u>175,001</u>		<u>210,609</u>
<u>NET ASSETS</u>			<u>333,326</u>		<u>370,043</u>
<u>FUNDS</u>					
Unrestricted			232,254		270,569
Restricted			27,880		26,282
Revaluation Reserve			73,192		73,192
<u>TOTAL FUNDS</u>	9		<u>333,326</u>		<u>370,043</u>

Approved by the Board of Trustees on 13/10/24 and signed on its behalf by:



J Row
Chair of the Board of Trustees and Branch Director

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

2.2 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

2.3 Resources Expended

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

2.4 Tangible Fixed Assets and Depreciation

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

3. Incoming Resources

	<u>Restricted</u> <u>2024</u> £	<u>Unrestricted</u> <u>2024</u> £	<u>Total</u> <u>2024</u> £	<u>Total</u> <u>2023</u> £
a) Donations and legacies				
Donations and legacies	-	17,413	17,413	13,460
Prison Grant	4,993	-	4,993	6,486
	<u>4,993</u>	<u>17,413</u>	<u>22,406</u>	<u>19,946</u>
b) Investment Income				
Interest received	-	2,120	2,120	1,100
	<u>-</u>	<u>2,120</u>	<u>2,120</u>	<u>1,100</u>
c) Charitable Activities				
Fund Raising	-	8,237	8,237	5,503
Gift Income	-	5,269	5,269	3,583
	<u>-</u>	<u>13,506</u>	<u>13,506</u>	<u>9,086</u>
	<u>4,993</u>	<u>33,039</u>	<u>38,032</u>	<u>30,132</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

4. Charitable activities

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2024</u>	<u>2024</u>	<u>2024</u>	<u>2023</u>
	£	£	£	£
Publicity	-	464	464	846
Telephone	-	2,082	2,082	1,660
Training & Conference	-	2,257	2,257	6,044
Travelling & befriending expenses	2,552	19,176	21,728	17,212
Housekeeping	-	2,345	2,345	2,118
Repairs and maintenance	-	6,414	6,414	1,006
Electricity, gas and water	-	6,529	6,529	3,748
Insurance	-	1,626	1,626	1,579
Depreciation	815	294	1,109	1,478
Computer costs	-	445	445	809
Stationery and postage	28	588	616	358
Subscriptions	-	35	35	35
Branch Affiliation Fee	-	28,147	28,147	47,016
General Expenses	-	328	328	184
Gift Expenditure	-	490	490	497
Room Hire	-	135	135	60
Legal and Professional Fees	-	-	-	1,800
Accountancy	-	294	294	330
	<u>3,395</u>	<u>71,649</u>	<u>75,044</u>	<u>86,780</u>

5. Fees for examination of the accounts

	<u>2024</u>	<u>2023</u>
	£	£
Independent examiner's fees	<u>294</u>	<u>330</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

6. Tangible Fixed Assets

	<u>Land & Buildings</u>	<u>Other Assets</u>	<u>Total</u>
	£	£	£
Cost:			
At 1 April 2023	171,290	50,965	222,255
Additions	-	-	-
Revaluation	-	-	-
At 31 March 2024	<u>171,290</u>	<u>50,965</u>	<u>222,255</u>
Depreciation:			
At 1 April 2023	16,290	46,531	62,821
Provision for the year	-	1,109	1,109
On disposals	-	-	-
At 31 March 2024	<u>16,290</u>	<u>47,640</u>	<u>63,930</u>
Net book value at 31 March 2024	<u>155,000</u>	<u>3,325</u>	<u>158,325</u>
Net book value at 31 March 2023	<u>155,000</u>	<u>4,434</u>	<u>159,434</u>

A valuation was carried out for 26 Queen Street, in October 2022 by Savills who are independent qualified surveyors.

7. Debtors

	<u>2024</u>	<u>2023</u>
	£	£
Debtors	2,194	5,739
Prepayments	360	1,938
	<u>2,554</u>	<u>7,677</u>

8. Creditors – Amounts Falling Due within One Year

	<u>2024</u>	<u>2023</u>
	£	£
Accruals and deferred income	726	729
	<u>726</u>	<u>729</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

9. Analysis of Net Assets between Funds

	<u>Restricted Funds</u>	<u>Revaluation Reserve</u>	<u>General Funds</u>	<u>Total</u>
Tangible fixed assets	4,238	73,192	80,895	158,325
Current assets	23,642	-	152,085	175,727
Current liabilities	-	-	(726)	(726)
	27,880	73,192	232,254	333,326

9a. Unrestricted Fund

	<u>Balance At 1.4.23</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.24</u>
	£	£	£	£	£
General Fund	270,569	33,334	71,649	-	232,254

	<u>Balance At 1.4.23</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.24</u>
	£	£	£	£	£
9b. Restricted Funds					
Prison Fund	21,229	4,993	2,580		23,642
Restricted Asset fund	5,053	-	815		4,238
	26,282	4,993	3,395	-	27,880
Revaluation Reserve	73,192	-	-	-	73,192
Total	370,043	38,327	75,044	-	333,326

9c. Purpose of restricted funds

Prison Fund - to provide support for prisoners
 Restricted asset fund - income spent on capital items to be depreciated

10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

11. Related Party Transactions

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
KINGS LYNN SAMARITANS
YEAR ENDED 31 MARCH 2024**

I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2024, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :-

examine the accounts under section 145 of the Charities Act;

to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Companies Act; and

to state whether particular matters have come to my attention.

Basis of independent examiner's statement


My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 130 of the Act ;or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Kezia Benefer FCCA
Hayhow & Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

Date: 27 November 24

KING'S LYNN SAMARITANS

England & Wales - Charity number 1173636

Accounts

KING'S LYNN SAMARITANS
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

Charity Registration Number: 1173636

KING'S LYNN SAMARITANS
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Balance sheet	6
Notes to financial statements	7 to 12
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KING'S LYNN SAMARITANS
LEGAL AND ADMINISTRATIVE DETAILS

Registered Charity No: 1173636

Address: 26 Queen Street
King's Lynn
Norfolk
PE30 1HT

Trustees: Ms Rachel Goldsmith - Chair (Resigned)
Mr David Conner - Chair (Appointed 24/06/2022)
Mr Nicholas Packer
Mr Richard James
Mr Edward Kenny
Mrs Valerie Woods
Mr David Watkins
Ms Zoe Callender - Secretary
Mrs Jill Goddard - Treasurer

Independent Examiners: Hayhow and Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

**KING'S LYNN SAMARITANS
TRUSTEES REPORT**

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide.
- To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

TRUSTEES AND ORGANISATIONAL MATTERS

The trustees of the charity during the year are shown in the legal and administrative section.

The trustees of the charity comprise of ordinary and ex-officio members elected by Branch members including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

KING'S LYNN SAMARITANS TRUSTEES REPORT

ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2022 and the 31st March 2023, our volunteers dealt with:-

- 17,879 Contacts by telephone
- 261 Email contacts
- 0 Face to face contacts (due to Covid-19 restrictions)

Telephone contracts were considerably higher than the previous year (16,548). Samaritans began an email central hub service this year which has members from all over the country and some branches, including King's Lynn, have stopped the email service. This means that currently all volunteer shifts are answering phone calls only. An online chat service is being developed and volunteers will be trained to cover this within the next year. The Branch has been able to engage in more of the usual 'outreach' activities following the lifting of strict Covid-19 restrictions during this financial year including:-

- Working with local schools to deliver emotional health training to student cohorts
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Talks to local groups and organisations
- Publicity stands at 'well-being' events

Also, volunteers attended King's Lynn railway station on 'Blue Monday', which the organisation has renamed 'Brew Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added. Talks with Queen Elizabeth Hospital to provide a support presence in A&E continue. The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day in the last few months, reaching 708 followers to date.

The Branch prison team has maintained visits to the two prisons we cover (Whitemoor and Wayland) to support and train inmates who become listeners and provide support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2023 was 95, comprising of 77 active listening volunteers, a further 7 in training, and 11 support volunteers.

**KING'S LYNN SAMARITANS
TRUSTEES REPORT**

FINANCIAL REVIEW AND RESERVES

The branch was able to return to regular fundraising activities such as sponsored events and collections at retail outlets towards the second half of the financial year.

At the end of the financial year the branch held £370,043 in its reserves.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure (e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)

STATEMENT OF RESPONSIBILITIES OF TRUSTEES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.



D Conner Chair of the Board of Trustees and Branch Director

Date: 12 OCTOBER 2023

KING'S LYNN SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2023

	Notes	Revaluation Reserve	Restricted Fund 2023 £	Unrestricted Fund 2023 £	Total 2023 £	Total 2022 £
<u>Incoming Resources</u>						
Donations and Legacies	3a	-	6,486	13,460	19,946	26,274
Income from investments	3b	-	-	1,100	1,100	1,466
Charitable activities	3c	-	-	9,086	9,086	33,105
Revaluation		73,192	-	-	73,192	-
Total		73,192	6,486	23,646	103,324	60,845
<u>Resources Expended</u>						
Charitable activities	4	-	5,400	81,380	86,780	64,169
Total			5,400	81,380	86,780	64,169
Net income/(expenditure)		73,192	1,086	(57,734)	16,544	(3,324)
Total funds brought forward		-	25,196	328,303	353,499	356,823
Total funds carried forward		73,192	26,282	270,569	370,043	353,499

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 12 form part of these accounts

**KING'S LYNN SAMARITANS
BALANCE SHEET
YEAR ENDED 31 MARCH 2023**

	Notes	2023		2022	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Fixed Assets	6		159,434		87,720
<u>CURRENT ASSETS</u>					
Debtors	7		7,677		6,720
Cash at bank and in hand			<u>203,661</u>		<u>260,151</u>
			211,338		266,871
<u>CREDITORS</u>					
Amounts falling due within one year	8		729		1,092
<u>NET CURRENT ASSETS</u>			<u>210,609</u>		<u>265,779</u>
<u>NET ASSETS</u>			<u><u>370,043</u></u>		<u><u>353,499</u></u>
<u>FUNDS</u>					
Unrestricted			270,569		328,303
Restricted			26,282		25,196
Revaluation Reserve			73,192		-
<u>TOTAL FUNDS</u>		9	<u><u>370,043</u></u>		<u><u>353,499</u></u>

Approved by the Board of Trustees on 12/10/23 and signed on its behalf by:



.....
D Conner
Chair of the Board of Trustees and Branch Director

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

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General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

2.3 Resources Expended

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

2.4 Tangible Fixed Assets and Depreciation

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

3. Incoming Resources

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>
	£	£	£	£
a) Donations and legacies				
Donations and legacies	-	13,460	13,460	17,635
Prison Grant	6,486	-	6,486	8,639
	<u>6,486</u>	<u>13,460</u>	<u>19,946</u>	<u>26,274</u>
b) Investment Income				
Interest received	-	1,100	1,100	1,466
	<u>-</u>	<u>1,100</u>	<u>1,100</u>	<u>1,466</u>
c) Charitable Activities				
Friends of the Samaritans	-	-	-	15,075
Fund Raising	-	5,503	5,503	13,581
Gift Income	-	3,583	3,583	4,449
	<u>-</u>	<u>9,086</u>	<u>9,086</u>	<u>33,105</u>
	<u>6,486</u>	<u>23,646</u>	<u>30,132</u>	<u>60,845</u>

3e) Friends of the Samaritans - Statement of Financial Activities

	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
Fundraising Income		
Cycle ride	-	-
Collections	-	-
Donation	-	-
Fund raising	-	504
	<u>-</u>	<u>504</u>
Expenditure		
Transfers to Samaritans	-	15,075
Fundraising Costs	-	10
	<u>-</u>	<u>15,085</u>
Net incoming/(expenditure) for the year	<u>-</u>	<u>(14,581)</u>
Bal B/Fwd	-	14,581
Bal C/Fwd	<u>-</u>	<u>-</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

4. Charitable activities

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>
	£	£	£	£
Publicity	120	726	846	991
Telephone	-	1,660	1,660	2,058
Training & Conference	-	6,044	6,044	504
Travelling & befriending expenses	4,174	13,038	17,212	14,588
Housekeeping	-	2,118	2,118	2,306
Repairs and maintenance	-	1,006	1,006	5,379
Electricity, gas and water	-	3,748	3,748	3,628
Insurance	-	1,579	1,579	1,360
Depreciation	1,086	392	1,478	3,933
Computer costs	-	809	809	567
Stationery and postage	20	338	358	610
Subscriptions	-	35	35	-
Branch Affiliation Fee	-	47,016	47,016	27,158
General Expenses	-	184	184	-
Gift Expenditure	-	497	497	775
Room Hire	-	60	60	-
Legal and Professional Fees	-	1,800	1,800	-
Accountancy	-	330	330	312
	<u>5,400</u>	<u>81,380</u>	<u>86,780</u>	<u>64,169</u>

5. Fees for examination of the accounts

	<u>2023</u>	<u>2022</u>
	£	£
Independent examiner's fees	<u>330</u>	<u>312</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

6. Tangible Fixed Assets

	<u>Land & Buildings</u>	<u>Other Assets</u>	<u>Total</u>
	£	£	£
Cost:			
At 1 April 2022	98,098	50,965	149,063
Additions	-	-	-
Revaluation	73,192	-	73,192
At 31 March 2023	<u>171,290</u>	<u>50,965</u>	<u>149,063</u>
Depreciation:			
At 1 April 2022	16,290	45,053	61,343
Provision for the year	-	1,478	1,478
On disposals	-	-	-
At 31 March 2023	<u>16,290</u>	<u>46,531</u>	<u>62,821</u>
Net book value at 31 March 2023	<u>155,000</u>	<u>4,434</u>	<u>159,434</u>
Net book value at 31 March 2022	<u>81,808</u>	<u>5,912</u>	<u>87,720</u>

A valuation was carried out for 26 Queen Street, in October 2022 by Savills who are independent qualified surveyors.

7. Debtors

	<u>2023</u>	<u>2022</u>
	£	£
Debtors	5,739	4,916
Prepayments	1,938	1,804
	<u>7,677</u>	<u>6,720</u>

8. Creditors – Amounts Falling Due within One Year

	<u>2023</u>	<u>2022</u>
	£	£
Accruals and deferred income	729	1,092
	<u>729</u>	<u>1,092</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

9. Analysis of Net Assets between Funds

	<u>Restricted Funds</u>	<u>Revaluation Reserve</u>	<u>General Funds</u>	<u>Total</u>
Tangible fixed assets	5,053	73,192	81,189	159,434
Current assets	21,229	-	190,109	211,338
Current liabilities	-	-	(729)	(729)
	<u>26,282</u>	<u>73,192</u>	<u>270,569</u>	<u>370,043</u>

9a. Unrestricted Fund

	<u>Balance At 1.4.22</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.23</u>
	£	£	£	£	£
General Fund	<u>328,303</u>	<u>23,646</u>	<u>81,380</u>	-	<u>270,569</u>

	<u>Balance At 1.4.22</u>	<u>Income Resources</u>	<u>Outgoing Resources</u>	<u>Transfers</u>	<u>Balance at 31.03.23</u>
	£	£	£	£	£
9b. Restricted Funds					
Prison Fund	19,057	6,486	4,314		21,229
Restricted Asset fund	6,139	-	1,086		5,053
	<u>25,196</u>	<u>6,486</u>	<u>5,400</u>	-	<u>26,282</u>
Revaluation Reserve	-	<u>73,192</u>	-	-	<u>73,192</u>
Total	<u>353,499</u>	<u>30,132</u>	<u>86,780</u>	-	<u>370,043</u>

9c. Purpose of restricted funds

Prison Fund - to provide support for prisoners
Restricted asset fund - income spent on capital items to be depreciated

10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

11. Related Party Transactions

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
KINGS LYNN SAMARITANS
YEAR ENDED 31 MARCH 2023**

I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2023, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

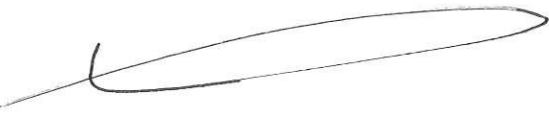
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. Independent examiner's statement

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 130 of the Act
;or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Kezia Benefer FCCA
Hayhow & Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

Date: 16 Oct 2023

KING'S LYNN SAMARITANS

England & Wales - Charity number 1173636

Accounts

KING'S LYNN SAMARITANS
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2022

Charity Registration Number: 1173636

**KING'S LYNN SAMARITANS
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KING'S LYNN SAMARITANS
LEGAL AND ADMINISTRATIVE DETAILS

Registered Charity No: 1173636

Address: 26 Queen Street
King's Lynn
Norfolk
PE30 1HT

Trustees: Ms Rachel Goldsmith - Chair
Mr Nicholas Packer
Mr Richard James
Mr Edward Kenny
Mrs Valerie Woods
Mr David Watkins
Mrs Kathleen Clark Resigned
Ms Zoe Callender - Secretary
Mrs Jill Goddard - Treasurer

Independent Examiners: Hayhow and Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2021 and the 31st March 2022, our volunteers dealt with:-

- 16,548 Contacts by telephone
- 1,356 Email contacts
- 0 Face to face contacts (due to Covid-19 restrictions)

Telephone contacts were similar to the previous year (16,880), this year more absences happened due to the increased Covid cases following the end of lockdown, which could mean listening shifts had to be closed at short notice.

It is important to stress that many volunteers did contribute more than the normal expectation of time during both lockdowns in order to keep the effect as low as possible.

Samaritans began an Email Central Hub service this year which has members from all over the country and therefore there has been a reduction in those being answered in branches.

The branch has been unable to engage in most of the usual 'outreach' activities due to Covid-19 restrictions during this financial year including:-

- Working with local schools to deliver emotional health training to student cohorts
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Continued monthly presence at the Queen Elizabeth Hospital
- Talks to local groups and organisations
- Publicity stands at 'well-being' events

As Covid restrictions relaxed in February, volunteers have attended King's Lynn railway station on 'Blue Monday' to provide information and awareness to travellers and staff. Events, both awareness and fundraising focussed, have been set up for the new financial year and more will be added. Talks with Queen Elizabeth Hospital to provide a support presence in A&E continue. The regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day in the last few months, reaching 624 followers to date.

The Branch prison team has resumed visits to the two prisons we cover (Whitemoor and Wayland) to support and train inmates who become listeners and provide support for other inmates. Prison staff and Listeners have been supported by telephone.

The number of volunteers at 31st March 2022 was 105, comprising 96 listening volunteers and 9 support volunteers.

The fundraising work of the Friends Committee during previous years has been unable to resume this year and they have decided to disband. However members of the group have remained as support volunteers and will be working as part of the fundraising team where their experience will be invaluable.

KING'S LYNN SAMARITANS TRUSTEES REPORT

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide
- To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

TRUSTEES AND ORGANISATIONAL MATTERS

The trustees of the charity during the year are shown in the legal and administrative section.

The trustees of the charity comprise of ordinary and ex-officio members elected by Branch members including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

**KING'S LYNN SAMARITANS
TRUSTEES REPORT**

FINANCIAL REVIEW AND RESERVES

Despite several of the normal fundraising events being unattainable due to the pandemic, the branch has been successful in obtaining special grants and funding to assist with the shortfall.

At the end of the financial year the branch held £353,499 in its reserves.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure (e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)

STATEMENT OF RESPONSIBILITIES OF TRUSTEES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.



R Goldsmith

Chair of the Board of Trustees and Branch Director

Date:

25/10/22

KING'S LYNN SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2022

	Notes	Restricted Fund 2022 £	Unrestricted Fund 2022 £	Total 2022 £	Total 2021 £
<u>Incoming Resources</u>					
Donations and Legacies	3a	8,639	17,635	26,274	30,830
Income from investments	3b	-	1,466	1,466	2,054
Charitable activities	3c	-	33,105	33,105	12,809
Covid-19 Grants	3d	-	-	-	10,000
Total		8,639	52,206	60,845	55,693
<u>Resources Expended</u>					
Charitable activities	4	5,324	58,845	64,169	52,041
Total		5,324	58,845	64,169	52,041
Net income/(expenditure)		3,315	(6,639)	(3,324)	3,652
Total funds brought forward		21,881	334,942	356,823	353,171
Total funds carried forward		25,196	328,303	353,499	356,823

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 12 form part of these accounts

KING'S LYNN SAMARITANS
BALANCE SHEET
YEAR ENDED 31 MARCH 2022

	Notes	2022		2021	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Fixed Assets	6		87,720		91,653
<u>CURRENT ASSETS</u>					
Debtors	7		6,720		3,303
Cash at bank and in hand			<u>260,151</u>		<u>262,213</u>
			266,871		265,516
<u>CREDITORS</u>					
Amounts falling due within one year	8		1,092		346
<u>NET CURRENT ASSETS</u>			<u>265,779</u>		<u>265,170</u>
<u>NET ASSETS</u>			<u>353,499</u>		<u>356,823</u>
<u>FUNDS</u>					
Unrestricted			328,303		334,942
Restricted			25,196		21,881
<u>TOTAL FUNDS</u>		9	<u>353,499</u>		<u>356,823</u>

Approved by the Board of Trustees on 25/6/22 and signed on its behalf by:

R Goldsmith

R Goldsmith
Chair of the Board of Trustees and Branch Director

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

2.2 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

2.3 Resources Expended

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

2.4 Tangible Fixed Assets and Depreciation

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

3. Incoming Resources

	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
	<u>2022</u>	<u>2022</u>	<u>2022</u>	<u>2021</u>
	£	£	£	£
a) Donations and legacies				
Donations and legacies	-	17,635	17,635	27,647
Prison Grant	8,639	-	8,639	3,183
	<u>8,639</u>	<u>17,635</u>	<u>26,274</u>	<u>30,830</u>
b) Investment Income				
Interest received	-	1,466	1,466	2,054
	<u>-</u>	<u>1,466</u>	<u>1,466</u>	<u>2,054</u>
c) Charitable Activities				
Friends of the Samaritans	-	15,075	15,075	-
Fund Raising	-	13,581	13,581	5,439
Gift Income	-	4,449	4,449	7,370
	<u>-</u>	<u>33,105</u>	<u>33,105</u>	<u>12,809</u>
d) Government Grants				
BCKLWN Grant	-	-	-	10,000
	<u>-</u>	<u>-</u>	<u>-</u>	<u>10,000</u>
	<u>8,639</u>	<u>52,206</u>	<u>60,845</u>	<u>45,693</u>

KING'S LYNN SAMARITANS
 NOTES TO THE FINANCIAL STATEMENTS
 YEAR ENDED 31 MARCH 2022

3e) Friends of the Samaritans - Statement of Financial Activities

	<u>Total</u> <u>2022</u> £	<u>Total</u> <u>2021</u> £
Fundraising Income		
Cycle ride	-	-
Collections	-	147
Donation	-	250
Fund raising	504	70
	<u>504</u>	<u>467</u>
Expenditure		
Transfers to Samaritans	15,075	-
Fundraising Costs	10	49
	<u>15,085</u>	<u>49</u>
Net incoming/(expenditure) for the year	<u>(14,581)</u>	<u>418</u>
Bal B/Fwd	<u>14,581</u>	<u>14,163</u>
Bal C/Fwd	<u>-</u>	<u>14,581</u>

KING'S LYNN SAMARITANS
 NOTES TO THE FINANCIAL STATEMENTS
 YEAR ENDED 31 MARCH 2022

4. Charitable activities

	<u>Restricted</u> <u>2022</u> £	<u>Unrestricted</u> <u>2022</u> £	<u>Total</u> <u>2022</u> £	<u>Total</u> <u>2021</u> £
Publicity	108	883	991	207
Telephone	-	2,058	2,058	1,502
Training & Conference	-	504	504	-
Travelling & befriending expenses	3,514	11,074	14,588	10,628
Housekeeping	-	2,306	2,306	2,204
Repairs and maintenance	-	5,379	5,379	3,020
Electricity, gas and water	-	3,628	3,628	1,985
Insurance	-	1,360	1,360	1,272
Depreciation	1,488	2,445	3,933	4,590
Computer costs	-	567	567	550
Stationery and postage	214	396	610	272
Branch Affiliation Fee	-	27,158	27,158	24,903
General Expenses	-	-	-	80
Gift Expenditure	-	775	775	516
Accountancy	-	312	312	312
	<u>5,324</u>	<u>58,845</u>	<u>64,169</u>	<u>52,041</u>

5. Fees for examination of the accounts

	<u>2022</u> £	<u>2021</u> £
Independent examiner's fees	<u>312</u>	<u>312</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

6. Tangible Fixed Assets

	<u>Land & Buildings</u>	<u>Other Assets</u>	<u>Total</u>
	£	£	£
Cost:			
At 1 April 2021	98,098	50,965	149,063
Additions	-	-	-
At 31 March 2022	<u>98,098</u>	<u>50,965</u>	<u>149,063</u>
Depreciation:			
At 1 April 2021	14,328	43,082	57,410
Provision for the year	1,962	1,971	3,933
On disposals	-	-	-
At 31 March 2022	<u>16,290</u>	<u>45,053</u>	<u>61,343</u>
Net book value at 31 March 2022	<u>81,808</u>	<u>5,912</u>	<u>87,720</u>
Net book value at 31 March 2021	<u>83,770</u>	<u>7,883</u>	<u>91,653</u>

7. Debtors

	<u>2022</u>	<u>2021</u>
	£	£
Debtors	4,916	1,729
Prepayments	1,804	1,574
	<u>6,720</u>	<u>3,303</u>

8. Creditors – Amounts Falling Due within One Year

	<u>2022</u>	<u>2021</u>
	£	£
Accruals and deferred income	1,092	346
	<u>1,092</u>	<u>346</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

9. Analysis of Net Assets between Funds

	<u>Restricted</u> <u>Funds</u>	<u>Designated</u> <u>Funds</u>	<u>General</u> <u>Funds</u>	<u>Total</u>
Tangible fixed assets	6,139	-	81,581	87,720
Current assets	19,057	-	247,814	266,871
Current liabilities	-	-	(1,092)	(1,092)
	25,196	-	328,303	353,499

9a. Unrestricted Fund

	<u>Balance</u> <u>At 1.4.21</u>	<u>Income</u> <u>Resources</u>	<u>Outgoing</u> <u>Resources</u>	<u>Transfers</u>	<u>Balance</u> <u>at 31.03.22</u>
	£	£	£	£	£
General Fund	334,942	52,206	58,845	-	328,303

	<u>Balance</u> <u>At 1.4.21</u>	<u>Income</u> <u>Resources</u>	<u>Outgoing</u> <u>Resources</u>	<u>Transfers</u>	<u>Balance</u> <u>at 31.03.22</u>
	£	£	£	£	£
9b. Restricted Funds					
Prison Fund	14,254	8,639	3,836		19,057
Restricted Asset fund	7,627	-	1,488		6,139
	21,881	8,639	5,324	-	25,196
Total	356,823	60,845	64,169	-	353,499

9c. Purpose of restricted funds

Prison Fund - to provide support for prisoners
 Restricted asset fund - income spent on capital items to be depreciated

10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

11. Related Party Transactions

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
KINGS LYNN SAMARITANS
YEAR ENDED 31 MARCH 2022**

I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2022, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. Independent examiner's statement

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 130 of the Act
;or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Kezia Benefer FCCA
Hayhow & Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB**

Date: 6 July 2022

KING'S LYNN SAMARITANS

England & Wales - Charity number 1173636

Accounts

KING'S LYNN SAMARITANS
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2021

Charity Registration Number: 1173636

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KING'S LYNN SAMARITANS
LEGAL AND ADMINISTRATIVE DETAILS

Registered Charity No: 1173636

Address: 26 Queen Street
King's Lynn
Norfolk
PE30 1HT

Trustees: Ms Rachel Goldsmith - Chair
Mrs Samantha Kiff - Treasurer - Resigned 11 June 2020
Mr Nicholas Packer
Mr Richard James
Mr Edward Kenny
Mrs Valerie Woods
Mr David Watkins
Mrs Kathleen Clark
Mr Henry Kilvert - Resigned 20 August 2020
Ms Zoe Callender - Secretary
Mrs Jill Goddard - Treasurer co-opted 15 October 2020
and confirmed at AGM 29 December 2020

Independent Examiners: Hayhow and Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

KING'S LYNN SAMARITANS
TRUSTEES REPORT

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES

The objectives of the charity, as set out in its constitution are:

- To enable persons in King's Lynn and the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night, in order to improve their emotional health and to reduce the incidence of suicide
- To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- To collaborate with and support Samaritans' central charity and its affiliated branches in fulfilling these objectives

TRUSTEES AND ORGANISATIONAL MATTERS

The trustees of the charity during the year are shown in the legal and administrative section.

The trustees of the charity comprise of ordinary and ex-officio members elected by Branch members including the Director who is also Chair of Trustees.

Trustees undertake specialist training to support them in their role.

The collective body of the trustees is known as the Board of Trustees and its meetings are chaired by the Branch Director.

The trustees attend regular board meetings throughout the year to make financial decisions, monitor the budget, oversee premises development, maintenance and health and safety and deal with other governance issues.

The conduct of board meetings and the rules governing how trustees make decisions are set out in the constitution.

ACHIEVEMENTS AND PERFORMANCE DURING THE YEAR

Between the 1st April 2020 and the 31st March 2021, our volunteers dealt with:-

- 16,880 Contacts by telephone
- 2,711 Email contacts
- 0 Face to face contacts (due to Covid-19 restrictions)

A total of 19,591 contacts compared to a total of 22,194 in the previous year, which is a decrease of 12%. The decrease is mainly due to decreased availability of volunteers due to the first major lockdown.

It is important to stress that many volunteers did contribute more than the normal expectation of time during both lockdowns in order to keep the effect as low as possible.

The branch has been unable to engage in most of the usual 'outreach' activities due to Covid-19 restrictions during this financial year including:-

- Working with local schools to deliver emotional health training to student cohorts
- Supporting local schools with advice and resources to allow them to foster emotional wellbeing within educational settings
- Continued support of the national Network Rail partnership with railway station events
- Continued monthly presence at the Queen Elizabeth Hospital
- Talks to local groups and organisations
- Publicity stands at 'well-being' events

However, the regular features in local publications and local radio to promote awareness of the branch and the emotional support services offered by Samaritans has continued and an active Twitter account has put out a message at least once a day in the last few months, reaching 531 followers to date.

Once Covid-19 restrictions are relaxed more, it is intended to resume outreach activities and trustees have already been in meetings to set up a service for Queen Elizabeth Hospital.

The Branch prison team has been unable to make regular visits during the last year to two prisons (Whitemoor and Wayland) to support and train inmates who become listeners and provide support for other inmates. Prison staff and Listeners have been supported by telephone. Prison visits are resuming from May 21 subsequent to the easing of restrictions.

The number of volunteers at 31st March 2021 was 109, comprising 95 listening volunteers and 14 support volunteers.

The invaluable fund raising work of the Friends Committee during previous years has been missing again this year, again due to Covid-19 restrictions, as their activity is based on face to face work with the general public. In addition, this committee plays an important part in raising public awareness of Samaritans.

FINANCIAL REVIEW AND RESERVES

Despite several of the normal fundraising events being unattainable due to the pandemic, the branch has been successful in obtaining special grants and funding to assist with the shortfall.

At the end of the financial year the branch held £356,823 in its reserves.

The unrestricted funds are used for the general purposes within the charity.

The level of reserves is monitored and reviewed at the regular trustees meetings.

The trustees' first priority is to safeguard the future delivery of the services provided to the local community and will always strive to ensure the branch holds sufficient financial reserves to:

- meet up to 3 years gross expenditure
- invest in the promotion and development of its services
- meet longer term expenditure (e.g. boiler replacement, equipment replacement and modernisation, building maintenance etc)

STATEMENT OF RESPONSIBILITIES OF TRUSTEES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UKGAAP).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements
- prepare the accounts on a going concern basis unless it is inappropriate to assume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011.

.....
R Goldsmith Chair of the Board of Trustees and Branch Director
Date:

**KING'S LYNN SAMARITANS
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2021**

	Notes	Restricted Fund 2021 £	Unrestricted Fund 2021 £	Total 2021 £	Total 2020 £
<u>Incoming Resources</u>					
Donations and Legacies	3a	3,183	27,647	30,830	40,469
Income from investments	3b	-	2,054	2,054	2,038
Charitable activities	3c	-	12,809	12,809	14,978
Covid-19 Grants	3d	-	10,000	10,000	-
Total		3,183	52,510	55,693	57,485
<u>Resources Expended</u>					
Charitable activities	4	2,532	49,509	52,041	92,618
Total		2,532	49,509	52,041	92,618
Net income/(expenditure)		651	3,001	3,652	(35,133)
Total funds brought forward		21,230	331,941	353,171	388,304
Total funds carried forward		21,881	334,942	356,823	353,171

The statement of financial activities includes all gains and losses recognised in the year. All income resources and resources expended derive from continuing activities.

The notes on pages 7 to 12 form part of these accounts

**KING'S LYNN SAMARITANS
BALANCE SHEET
YEAR ENDED 31 MARCH 2021**

	Notes	2021		2020	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Fixed Assets	6		91,653		96,243
<u>CURRENT ASSETS</u>					
Debtors	7		3,303		4,494
Cash at bank and in hand			<u>262,213</u>		<u>252,836</u>
			265,516		257,330
<u>CREDITORS</u>					
Amounts falling due within one year	8		346		402
<u>NET CURRENT ASSETS</u>			<u>265,170</u>		<u>256,928</u>
<u>NET ASSETS</u>			<u>356,823</u>		<u>353,171</u>
<u>FUNDS</u>					
Unrestricted			334,942		331,941
Restricted			21,881		21,230
<u>TOTAL FUNDS</u>		9	<u>356,823</u>		<u>353,171</u>

Approved by the Board of Trustees on and signed on its behalf by:

.....
R Goldsmith
Chair

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The trustees consider the charity to be a going concern and have considered a period of twelve months from the date of approval of the accounts.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when expected.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

2.2 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of general objectives of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

2.3 Resources Expended

All expenditure is included on an accruals basis and is recognised when there is legal or constructive obligations to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities. Governance costs are those incurred in connection with administration of the charity.

2.4 Tangible Fixed Assets and Depreciation

Depreciation is calculated to write off the costs of each asset over its estimated useful life at the following rates:-

Freehold land and buildings	Straight line basis over 50 years
Equipment	25% reducing balance basis

3. Incoming Resources

	<u>Restricted</u> <u>2021</u> £	<u>Unrestricted</u> <u>2021</u> £	<u>Total</u> <u>2021</u> £	<u>Total</u> <u>2020</u> £
a) Donations and legacies				
Donations and legacies	-	27,647	27,647	31,170
Prison Grant	3,183	-	3,183	9,299
	3,183	27,647	30,830	40,469
b) Investment Income				
Interest received	-	2,054	2,054	2,038
	-	2,054	2,054	2,038
c) Charitable Activities				
Friends of the Samaritans	-	-	-	8,500
Fund Raising	-	5,439	5,439	1,475
Gift Income	-	7,370	7,370	4,603
Compensation	-	-	-	100
Sale of equipment	-	-	-	300
	-	12,809	12,809	14,978
d) Government Grants				
BCKLWN Grant	-	10,000	10,000	-
	-	10,000	10,000	-
	3,183	52,510	55,693	57,485

3e) Friends of the Samaritans - Statement of Financial Activities

	<u>Total</u> <u>2021</u> £	<u>Total</u> <u>2020</u> £
Fundraising Income		
Cycle ride	-	1,234
Collections	147	4,575
Donation	250	3,411
Fund raising	70	3,149
	<u>467</u>	<u>12,369</u>
Expenditure		
Transfers to Samaritans	-	8,500
Fundraising Costs	49	555
	<u>49</u>	<u>9,055</u>
Net incoming for the year	<u>418</u>	<u>3,314</u>
Bal B/Fwd	14,163	10,849
Bal C/Fwd	<u>14,581</u>	<u>14,163</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

4. Charitable activities

	<u>Restricted</u> <u>2021</u> £	<u>Unrestricted</u> <u>2021</u> £	<u>Total</u> <u>2021</u> £	<u>Total</u> <u>2020</u> £
Publicity		207	207	3,268
Telephone		1,502	1,502	1,383
Training & Conference		-	-	4,600
Travelling & befriending expenses	443	10,185	10,628	26,249
Housekeeping		2,204	2,204	2,057
Repairs and maintenance		3,020	3,020	2,810
Electricity, gas and water		1,985	1,985	2,163
Insurance		1,272	1,272	850
Depreciation	1,969	2,621	4,590	5,466
Computer costs		550	550	564
Stationery and postage	120	152	272	1,220
Branch Affiliation Fee		24,903	24,903	40,010
General Expenses		80	80	538
Fundraising		-	-	954
Gift Expenditure		516	516	182
Accountancy	-	312	312	304
	<u>2,532</u>	<u>49,509</u>	<u>52,041</u>	<u>92,618</u>

5. Fees for examination of the accounts

	<u>2021</u> £	<u>2020</u> £
Independent examiner's fees	<u>312</u>	<u>304</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

6. Tangible Fixed Assets

	<u>Land & Buildings</u>	<u>Other Assets</u>	<u>Total</u>
Cost:	£	£	£
At 1 April 2020	98,098	50,965	149,063
Additions	-	-	-
At 31 March 2021	<u>98,098</u>	<u>50,965</u>	<u>149,063</u>
Depreciation:			
At 1 April 2020	12,366	40,454	52,820
Provision for the year	1,962	2,628	4,590
On disposals	-	-	-
At 31 March 2021	<u>14,328</u>	<u>43,082</u>	<u>57,410</u>
Net book value at 31 March 2021	<u>83,770</u>	<u>7,883</u>	<u>91,653</u>
Net book value at 31 March 2020	<u>85,732</u>	<u>10,511</u>	<u>96,243</u>

7. Debtors

	<u>2021</u>	<u>2020</u>
	£	£
Debtors	1,729	4,494
Prepayments	1,574	-
	<u>3,303</u>	<u>4,494</u>

8. Creditors – Amounts Falling Due within One Year

	<u>2021</u>	<u>2020</u>
	£	£
Accruals and deferred income	346	402
	<u>346</u>	<u>402</u>

KING'S LYNN SAMARITANS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

9. Analysis of Net Assets between Funds

	<u>Restricted</u> <u>Funds</u>	<u>Designated</u> <u>Funds</u>	<u>General</u> <u>Funds</u>	<u>Total</u>
Tangible fixed assets	7,627	-	84,026	91,653
Current assets	14,254	-	251,262	265,516
Current liabilities	-	-	(346)	(346)
	21,881	-	334,942	356,823

9a. Unrestricted Fund

	<u>Balance</u> <u>At 1.4.20</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Transfers</u> £	<u>Balance</u> <u>at 31.03.21</u> £
General Fund	331,941	52,510	49,509	-	334,942

9b. Restricted Funds

	<u>Balance</u> <u>At 1.4.20</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Transfers</u> £	<u>Balance</u> <u>at 31.03.21</u> £
Prison Fund	11,634	3,183	563		14,254
Restricted Asset fund	9,596	-	1,969		7,627
	21,230	3,183	2,532	-	21,881
Total	353,171	55,693	52,041	-	356,823

9c. Purpose of restricted funds

Prison Fund - to provide support for prisoners
 Restricted asset fund - income spent on capital items to be depreciated

10. Trustees remuneration

The Trustees neither received or waived any emoluments during this period.

11. Related Party Transactions

The charity is controlled by its board of trustees.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
KINGS LYNN SAMARITANS
YEAR ENDED 31 MARCH 2021**

I report to the trustees on my examination of the accounts of the King's Lynn Samaritans for the year ended 31 March 2021, charity number 1173636, which are set out on pages 1 to 12.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. Independent examiner's statement

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 130 of the Act ;or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kezia Benefer FCCA
Hayhow & Co
Chartered Certified Accountants and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

Date: