# WINCHESTER AND DISTRICT BRANCH OF SAMARITANS

England & Wales · Charity number 1173634

## Details

| | |
|---|---|
| **Status** | Registered |
| **Legal form** | CIO |
| **Registered** | 2017-06-30 |
| **Register** | View on the Charity Commission register |

## Contact

| | |
|---|---|
| **Address** | The Treasurer<br>Winchester Samaritans<br>13 Upper High Street<br>Winchester<br>SO23 8UT |
| **Phone** | 01962852555 |
| **Email** | winchester.director@samaritans.org |
| **Website** | www.winchestersamaritans.org.uk |

## Activities

**Objects:** TO ENABLE PERSONS IN WINCHESTER AND THE SURROUNDING AREA AS WELL AS ELSEWHERE WHO ARE EXPERIENCING FEELINGS OF DISTRESS OR DESPAIR, INCLUDING THOSE WHO MAY BE AT RISK OF SUICIDE, TO RECEIVE CONFIDENTIAL EMOTIONAL SUPPORT AT ANY TIME OF THE DAY OR NIGHT IN ORDER TO IMPROVE THEIR EMOTIONAL HEALTH AND TO REDUCE THE INCIDENCE OF SUICIDE;TO PROMOTE A BETTER UNDERSTANDING IN SOCIETY OF SUICIDE, SUICIDAL BEHAVIOUR AND THE VALUE OF EXPRESSING FEELINGS WHICH MAY OTHERWISE LEAD TO SUICIDE OR IMPAIRED EMOTIONAL HEALTH; ANDTO COLLABORATE WITH AND SUPPORT SAMARITANS CENTRAL CHARITY AND ITS AFFILIATED BRANCHES IN FULFILLING THESE OBJECTS.

**Activities:** To enable persons in Winchester & the surrounding area, as well as elsewhere, who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of day or night in order to improve their emotional health and to reduce the incidence of suicide.

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## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

- Hampshire

## Finances

| Period end | Income | Expenditure | Assets | Employees |
|---|---|---|---|---|
| 2025-03-31 | £51,400 | £55,034 | - | - |
| 2024-03-31 | £40,507 | £60,040 | - | - |
| 2023-03-31 | £51,201 | £72,415 | - | - |
| 2022-03-31 | £37,858 | £58,868 | - | - |
| 2021-03-31 | £51,923 | £63,237 | - | - |

## Trustees

| Name | Role | Appointed |
|---|---|---|
| ANNE PENELOPE DIVER | | 2020-09-17 |
| Peter Walker | | 2022-10-04 |
| Russ Bunnage | | 2026-04-27 |
| Sarah Wiles | | 2026-04-17 |
| William Michael Giles | | 2022-10-04 |
| andrea mackie | | 2026-04-27 |

## Linked charities

- WINCHESTER AND DISTRICT BRANCH OF SAMARITANS (1173634-1)

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**WINCHESTER AND DISTRICT BRANCH OF SAMARITANS**

England & Wales - Charity number 1173634

# Accounts

SAMARITANS

Winchester & District

# Whatever you're facing

## We're here to listen

Annual Report 2024–25

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SAMARITANS

# Our vision



Every life lost to suicide is a tragedy, and our vision is that fewer people die by suicide.

# Our mission



To be there for anyone who needs someone. To give people ways to cope and be there for others. And to campaign to make suicide prevention a priority.

# Our values



### Listening

Exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them.

### Confidentiality

If people feel safe, they are more likely to be open about their feelings.

### Non-judgmental

We want people to be able to talk to us without fear of prejudice or rejection.

### People making their own decisions

We believe that people have the right to find their own solution and that telling people what to do takes responsibility away from them.

### Human contact

Giving people time, undivided attention and empathy meets a fundamental emotional need and reduces distress and despair.

A registered charity

# DIRECTOR'S REPORT

On behalf of the Trustees, and the Joint Leadership team, I want to thank everyone for another exceptional year at our branch. This has been a year of transition and strong commitment to our vision, and it's only been possible because of the incredible dedication shown by our volunteering team.

Our rota has remained strong throughout the year, even through the summer holiday dips and challenging national disruptions. We continued to run over 95% of scheduled duties, with our brilliant Day Leader team ensuring volunteers were well supported.

A huge thank you to our volunteers for maintaining a high level of service and care. It was especially heartening to receive praise from the Central Quality Team for a call described as "exceptional quality". I was very proud to receive feedback from a grateful caller that our Listener "saved his life". A powerful reminder of the profound impact each conversation can have.

During the year, branch volunteers answered 18,754 calls which was 6% more than last year and gave 5,616 hours of listening time to people in need of our support – 247 hours more than last period.

We are particularly proud that 34% of our listening hours on the phone (1,911 hrs) were carried out during the hours-of-need – twilight (23:00-02:00) & overnight (02:00-06:00). Throughout the year we maintained an average of 96 active listening volunteers.

As part of our continued strong Outreach presence in the community, we also launched the Winchester Workplace Wellbeing Network (WWWN) for local businesses and have received a great response.

Our extended family of Prison Listeners in HM Winchester Prison, supported by the Prison Team, had 1,127 contacts with callers, totalling over 832 hrs. Top concerns were mental health, family and self-harm.

We were delighted to participate in the 2024 Volunteer Voice Survey, with over half our branch responding. The results were amazing. Respondents reported a 100% engagement score. 100% Winchester Samaritans respondents said they:

- Are proud to volunteer with Samaritans
- Would recommend it to others
- Intend to still be with us in 12 months

Our branch scored above the national average across the board, with strong results for leadership confidence, training quality, and communication.

This was a year of significant operational change:

- The IT team carried out vital work moving us from the old BT analogue lines to broadband, to enable a successful shift to VoIP to underpin the transition to the new Listening Centre
- Our transition to the new Listening Centre platform was a major milestone. This significantly improved audio quality with clearer caller experiences. Any technical hiccups but were expertly handled by Peter 1050 and the IT team (Lee 1840, and Howard 1619) to ensure a seamless transition. The feedback from volunteers has been overwhelmingly positive.
- Enhanced DBS checks were completed for all volunteers, with exceptional support and care from Carol 1578
- The branch implemented the new national Email Service Level Agreement (SLA) to support the new service strategy
- The On-Going Mentoring process was smoothly delivered, with strong engagement, led by the amazing Penny 1550
- Compliance and Governance were maintained to a high standard. Thanks to Michael 1770, Peter 1050, and Chris 1612 for their significant efforts.

Our branch off-site day, centred around the Branch Renovation Project, confirmed our direction. However, progress has been frustratingly slow due to our focus on operational changes and challenges in engaging building contractors to cost the proposed work. Addressing the issues with the operations room environment remains a priority.

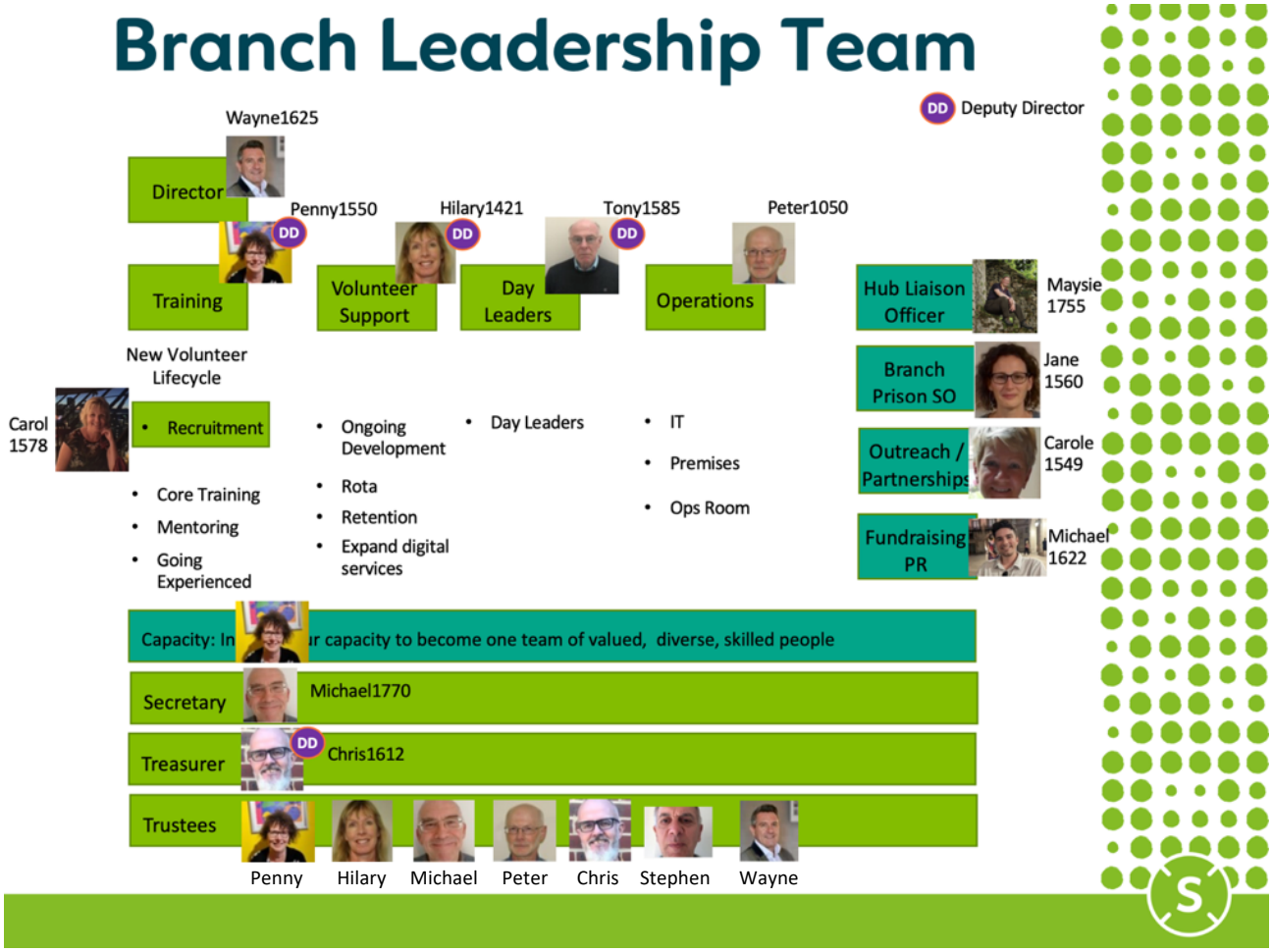
This year has shown how deeply committed and capable our branch is. Every volunteer, whether Listening or Supporting, plays a vital role. A heartfelt thank you to our Joint Leadership Team who have remained strong, steady, and unwavering in their support throughout this year of change.

Finally, I'd like to recognise and honour the Samaritans that we have sadly lost and thank those who moved on during the year.

Thank you for your unwavering support and your commitment to our vision.

**Wayne 1625**

## Branch Leadership Team



# TREASURY REPORT

During the reporting period we have:

- Maintained a smooth-running Treasury function, processing over 480 payments during the financial year
- Renegotiated the branch gas and electricity supply from British Gas to EDF saving over £1,400 in the first year
- Terminated the long-standing Vodafone contract following adoption of the new listening centre VOIP service which will save approximately £2,000 a year
- Managed the Branch investments ensuring maturing bonds are reinvested appropriately to maximise returns

Winchester and District Branch of Samaritans is an affiliated branch. Responsibility for managing the branch finances rests with the branch trustees, to ensure the branch has sufficient funds to be able to provide the Samaritan service to callers now and in the future.

As a branch, we rely on the generosity of our donors, the work of our fundraisers, income from our flat rental and deposit interest. We have no regular income other than the flat rental and we therefore hold cash reserves so that the branch can continue to operate now and in the future.

## Fundraising and Income Generation

We are extremely grateful for the donations we have received from generous donors including many Winchester Samaritans who have supported the branch with donations, kindly contributed expenses back to the branch or covered expenditures incurred by the branch. Thanks also goes to the Winchester Samaritans who have conducted fundraising activities for the branch raising over £10,700 and the 27 donors who make recurring monthly donations. We ran a successful Carol Concert in December that generated a profit of over £2,000.

We were fortunate to receive donations from some high value donors, local churches and trusts. We are particularly grateful to the Catholic Women's League, the Emilienne Charitable Trust, St Lawrence with St Swithuns Church, St Luke's Church and St Barnabas Church for the kind support. In addition we received grants to continue running our prison listening scheme at Winchester Prison. We would also like to say a special thank you to the donors who wished to remain anonymous but gave very generously to support our branch activities.

Overall donated income increased by 28% over the prior year to £30,972. Whilst higher value income from major donors and grant-makers declined, there was an increase in lower value donations and support for fundraising activities. Unfortunately we were forced to cancel a planned dragon boat race fundraising event due to a lack of response from local

businesses to participate. Rental income increased to £14,787. Overall, we generated £51,400, representing a 27% increase over the prior year.

**Expenditure**

Analysis of expenditure shows the branch spent £55,034 in FY24/25, a -8% reduction over the prior year. This reduction is driven by:

- Reduced fundraising costs due to the cancellation of the dragon boat race. We received refunds in FY 2024/25 for fundraising expenses incurred in the prior financial year. This has had the effect of reducing our fundraising expenditure this year.
- Renegotiated gas and electricity supply costs moving our account from British Gas to EDF
- Reduced telephone and broadband costs due to the cancellation of Vodafone contracts when VOIP connections were installed as part of the new Samaritans Listening Centre
- Flat maintenance work being deferred to align with the branch renovation project taking place in FY 2025/26

Volunteer expenses accounted for 32% of branch expenditure. The branch has a large footprint and many volunteers make round trips of more than 30 miles to conduct a duty. This has an impact on mileage claims. Winchester Council provides some free parking permits for evening duties and this has helped reduce the amount of expense claims covering parking charges.

We also make an annual payment to the Central Charity (SCC) by way of the New Branch Contribution (NBC) which will be £7,521 (£4,985 in FY23/24). The increased NBC is due to increased levels of income and reduced branch expenditures which increases our required contribution.

**Chris 1612**

## Summarised Statement of Financial Activities

| | 2024/25 £ | 2023/24 £ |
|---|---|---|
| Prison Grant, Donations, Legacies, In Memoriam | 13,248 | 18,451 |
| Other Charitable Activities - Fundraising | 17,724 | 5,772 |
| Investment Income-Rent and Deposit Interest | 20,428 | 16,284 |
| **TOTAL INCOME** | **51,400** | **40,507** |

| | | |
|---|---|---|
| Costs of Raising Funds | 116 | 2,144 |
| Expenditure on Charitable Activities | 54,918 | 57,896 |
| **TOTAL EXPENDITURE** | **55,034** | **60,040** |
| **NET EXPENDITURE FOR THE PERIOD** | **-3,634** | **-19,533** |
| **TOTAL FUNDS carried forward** | **694,855** | **714,388** |

| | | |
|---|---|---|
| Unrestricted Funds – General Fund | 534,636 | 538,270 |
| Revaluation Reserve | 156,585 | 156,585 |
| **TOTAL CHARITY RESERVES** | **691,221** | **694,855** |

# TRAINING REPORT

In 2024/5 we welcomed 18 new Samaritans in to the Branch, out of 23 who started Core Training. This was the lowest number within memory and reflects an increasingly challenging climate nationally to recruit and retain new volunteers. I am very grateful to all the new volunteers who completed the training. The energy, enthusiasm and different perspectives of new Listeners really benefits the whole branch.

Core Training continues to be delivered as a hybrid model with:

- Face-to-face sessions at the beginning, middle and end of the course
- Weekly online sessions facilitated over 2 months

I am hugely grateful to all the Training Team for their commitment and time in delivering Core Training, Embedding Training and supporting other training activities. This year these included train-the-trainer sessions for the Prison team and continuous development on mental health.

Thanks also to our incredible team of role players who continue to provide the highlight of the training experience for our new Listeners!

In addition, during the year I trained an enthusiastic group of Student Well-being Hub volunteers at Winchester University in October, building on the strong relationship already established there.

We monitored the successful completion of Equity, Diversity and Inclusion online learning and coordinated the successful completion of On-Going Mentoring by all active Listeners in the Branch.

**Penny 1550**

# OUTREACH REPORT




We continued to build on our Outreach work, ensuring Winchester & District Samaritans remains visible and present in our community.

Through strong partnerships, local events, and a growing team of committed volunteers, we have extended our reach to new audiences and deepened our support in familiar places.

**Outreach Events Supported**



- **Probus Presentation – The Flower Pots:** (30 attendees)
    - Chris1612 delivered an Introduction to Samaritans and the power of listening

- **Workplace Workshop – DWP Job Centre Winchester:** (20 attendees)
    - Wayne1625 presented an Introduction to Samaritans and the power of listening




- **Jobs and Opportunities Fair**
    - Invited by Winchester City Council, we hosted a stall and made key contacts with Peter Symonds College, the Probation Service, and Citizens Advice

- **Mela Festival**
    - We returned to this vibrant community event in Eastleigh, speaking to diverse audiences and strengthening inclusion in our outreach

- **Hampshire Foster Carers Network**: (25 attendees)
    - Wayne1625 delivered an Introduction to Samaritans and the power of listening

- **Winchester University – Recharge Days and Wellbeing Café:** (200 attendees)
    - Across the year we attended two Recharge Days and engaged in ongoing discussions with the Students' Union

- **Pies & Puds Group**: (25 attendees)
    - Wayne1625 gave an awareness talk at St Peter's

- **Michaelmas Fair**
    - Our first appearance at this event allowed us to promote who we are and encourage new volunteers

- **Carol Concert**
    - Our much-loved annual Carol Concert at St Peter's Church brought together around 120 people, including our new MP Danny Chambers and Honorary Samaritans President, Felicity Varah-Harding

- **Brew Monday – Winchester Train Station:** (160 attendees)
    - Carole1549 and team engaged with around 164 people, gave out branded tea bags, lollipops, pens, and Samaritans literature




- **Small Talk Saves Lives**
    - For the first time, we extended our activity beyond Winchester to include Alton station. Both events were well received by passengers and staff

- **Winchester Workplace Wellbeing Network (WWWN)**
    - We hosted the first WWWN attended by 20 businesses and organisations in the Winchester area to discuss mental health issues in the workplace

- **Winchester University Nursing Students Seminar**
    - For the third year, we ran a seminar for nursing students to discuss approaches to supporting people struggling to cope emotionally

Our collaboration with Network Rail at Winchester station has now evolved into something new: following an incident in March, we provided on-site emotional support, which was so appreciated that we will begin a regular monthly presence at the station; our new "Feet on the Platform" initiative.

A huge thank you to this special group of volunteers who are committed to reaching out to our people in the community.

**Wayne 1625 & Carole 1549**

**HMP Winchester Prison**

Our partnership with HMP Winchester remains a vital and highly dedicated part of our Outreach. Our Prison Team provide on-going training and support for prisoner Listeners, enabling them to offer peer support on the prison wings.

Between 1 April 2024 and 31 March 2025 there were 1,127 contacts between Listeners and Callers, totalling 832 hours and 44 minutes of listening time. The top concerns raised were mental health (22%), family (21%) and self-harm (14%).

We ran three training courses during the year—training four Listeners in July, 13 in September, and 11 in February. This reflects the high turnover at Winchester Prison as a remand prison. At the time of writing, there are 15 trained Listeners. Hugh 1368 continues to do a fantastic job of organising and running the training programme.

Our Branch Prison Team is made up of nine core volunteers with two more supporting the training programme. We are also pleased to have volunteers from further afield, including Basingstoke and Southampton branches, contributing to this vital work.

**Jane 1560**

# Samaritans - Winchester and District Branch

# Report of the Trustees for the year ended 31 March 2025

The Trustees present their Report and Accounts for the year ended 31 March 2025.

## Registered Charity number

1173634 under the Governing Document dated 30 June 2017

## Trustees

The Trustees who served as a trustee in the reporting period were:

- S. Allen (appointed October 2024)
- H. Byford
- A. Diver
- W. Fletcher
- W. Giles
- P. Walker
- C. Washington-Sare

## Objects and Activities of the Charity

The purposes of the charity as set out in its governing document

In accordance with the objectives set out in the constitution of the charity, the charity has the following objects:

- To work for the assistance of persons who are suicidal, despairing or in distress by providing a service primarily intended for the benefit of persons in Winchester and the surrounding area to enable persons to receive immediate help, compassion and befriending from members of the Charity.
- To support the national Samaritans Charity in the aid and establishment of new and other branches.
- To advance education by providing society with a better understanding of suicide; suicidal behaviour and the value of expressing feelings that may lead to suicide.

## Structure, Governance and Management of the Charity

### The Methods Used to Recruit and Appoint new Charity Trustees

The Trustee Committee members are elected at an Annual General Meeting. The Trustee Committee consists of the following members:

- Elected members, who must be Samaritans, other than ex-officio members
- Ex-officio members who shall be the Director, a Deputy Director (appointed by the Director), the Secretary, the Publicity Officer, the Treasurer and the Chair of the Friends of Winchester and District Branch of Samaritans
- Co-opted members up to a maximum of one third of the committee (excluding co-opted members)

### The Policies and Procedures for the Induction and Training of Trustees

- All trustees are trained in house, with each receiving a copy of the Charity Commission guidance booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking.
- The Trustee Committee meets regularly, at least 4 times per year.
- All trustees receive regular financial reports throughout the year.
- Any queries that trustees may have, are aired at the Trustee Committee meetings and resolved appropriately.
- The training of trustees is on an informal basis and is on-going throughout the period of their office.
- No trustee is paid.

### The Charity's Organisational and Decision-Making Structure

Elected members, excluding ex-officio members, comprise a majority of the Trustee Committee and are entitled to vote at meetings. All questions at any meeting are determined by simple majority votes cast by members present, with each member (except co-opted members) having one vote. In any event of an equality of votes, the Chair may exercise a second vote as a casting vote. Elected Trustee Committee members may not serve on the committee for more than three consecutive years.

### The Charity as a Part of a Wider Network

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support.

**Policies on Reserves**

The trustees have resolved to keep a sufficient level of resources to provide for future activities. The policy on reserves is that the existing assets are retained to produce income which is wholly utilised to support existing activities. There is no intention in the long term to either increase or reduce the capital significantly. The policy is justified in that it is necessary to preserve income at the present levels in order to maintain the activities of the charity.

Approved by order of the board of trustees on 10 September 2025 and signed on its behalf by:



W. Fletcher

Director and Chairman of Trustees

# Independent Examiner's Report to the Trustees of the Winchester and District Branch of Samaritans on the Financial Statements for the Year Ended 31 March 2025

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed and I am qualified to undertake the examination by being a qualified member of the association of accounting technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act
- To state whether particular matters have come to my attention.

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act; and
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kenneth John Stratton FMAAT
Kimball Smith Limited
Brewery House, High Street
Twyford, Winchester SO21 1RG

10 September 2025

**Samaritans - Winchester and District**

**Statement of Financial Activities**

**for the year ended 31 March 2025**

(Incorporating an Income and Expenditure Account)

| | Notes | Unrestricted £ | Restricted £ | 2025 Total funds £ | 2024 Total funds £ |
|---|---|---|---|---|---|
| **Income** | | | | | |
| Donations legacies and prison grant | 2 | 13,248 | - | 13,248 | 18,451 |
| Other activities | 3 | 17,724 | - | 17,724 | 5,772 |
| Rental income | | 14,787 | - | 14,787 | 13,465 |
| Interest receivable | | 5,641 | - | 5,641 | 2,819 |
| **Total Income** | | 51,400 | - | 51,400 | 40,507 |
| **Expenditure on:** | | | | | |
| Raising funds | | 116 | - | 116 | 2,144 |
| **Charitable activities:** | | | | | |
| Expenditure on Charitable Activities | | 54,918 | - | 54,918 | 57,896 |
| **Total Expenditure** | | 55,034 | - | 55,034 | 60,040 |
| **Net Income/ (Expenditure)** | | (3,634) | - | (3,634) | (19,533) |
| Transfers between funds | | - | - | - | - |
| Gain on revaluation of investment assets | | - | - | - | - |
| **Net movement in funds** | | (3,634) | - | (3,634) | (19,533) |
| **Reconciliation of funds** | | | | | |
| Total funds brought forward | 9 | 694,855 | - | 694,855 | 714,388 |
| **Total funds carried forward** | | 691,221 | - | 691,221 | 694,855 |

## Samaritans - Winchester and District

## Balance Sheet

## As at 31 March 2025

| | Notes | Unrestricted £ | Restricted £ | 2025 Total funds £ | 2024 Total funds £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 6 | 556,632 | - | 556,632 | 564,825 |
| | | 556,632 | - | 556,632 | 564,825 |
| **Current assets** | | | | | |
| Debtors | 7 | 1,416 | - | 1,416 | 1,220 |
| Cash at bank and in hand | | 142,826 | | 142,826 | 137,415 |
| | | 144,242 | - | 144,242 | 138,635 |
| **Creditors: amounts falling due within one year** | 8 | (9,653) | - | (9,653) | (8,605) |
| **Net current assets** | | 134,589 | - | 134,589 | 130,030 |
| **Net assets** | | 691,221 | - | 691,221 | 694,855 |
| **Funds of the Charity** | 9 | | | | |
| **Unrestricted funds:** | | | | | |
| General fund | | | | 534,636 | 538,270 |
| Revaluation reserve | | | | 156,585 | 156,585 |
| | | | | 691,221 | 694,855 |
| **Restricted funds** | | | | - | - |
| **Total funds** | | | | 691,221 | 694,855 |

The charitable company is entitled to exemption from audit under Section 145 of the Charities Act 2011 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit in accordance with Section 144 of the Charities Act 2011.

The trustees acknowledge their responsibilities for complying with the requirements of Section 130 of the Charities Act 2011 with respect to accounting records and the preparation of accounts.



C Washington-Sare
Treasurer
Approved by the board of Trustees 10 September 2025

**Notes to the Financial Statements**

**For the year ended 31 March 2025**

## 1. Accounting policies

### Basis of preparation

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

### Going concern

The accounts have been prepared on a going concern basis. There are no material uncertainties about the charities ability to continue.

### Income
### Recognition of Income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

### Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

### Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

### Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

### Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

### Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

### Expenditure and liabilities

### Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

### Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

### Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

### Assets

#### Tangible fixed assets for use by charity

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land and rental property, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

- Land and Buildings 2% straight line
- Furniture & Fittings 25% straight line

### Investments

Fixed asset investments in quoted shares, traded bonds and similar investments are valued initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

### Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### 2 Donations and legacies

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| Donations and legacies and prison grant | 11,832 | 17,324 |
| Gift Aid | 1,416 | 1,127 |
| | 13,248 | 18,451 |

### 3 Other activities

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| Fundraising & events | 17,724 | 5,772 |

### 4 Fees for examination of accounts

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| Independent Examiner's fees | 1,440 | 1,440 |

### 5 Trustees remuneration and benefits

Trustees or persons connected with them did not receive any renumeration from the charity. Some trustees were reimbursed for expenses incurred on behalf of the charity.

## 6 Tangible fixed assets

| | Land and buildings £ | Investment Property £ | Furniture, fittings & office equipment £ | Total £ |
|---|---|---|---|---|
| **Cost** | | | | |
| At 1 April 2024 | 452,715 | 220,586 | 2,433 | 675,734 |
| Additions | - | - | - | - |
| At 31 March 2025 | 452,715 | 220,586 | 2,433 | 675,734 |
| **Depreciation** | | | | |
| At 1 April 2024 | 108,611 | - | 2,298 | 110,909 |
| Charge for the year | 8,193 | - | - | 8,193 |
| At 31 March 2025 | 116,804 | - | 2,298 | 119,102 |
| **Net book value** | | | | |
| At 31 March 2025 | 335,911 | 220,586 | 135 | 556,632 |
| At 31 March 2024 | 344,104 | 220,586 | 135 | 564,825 |

The historical cost of the charitable use freehold buildings is £296,130. The investment property is shown at cost of £220,586

Charitable use property is included at the Trustees' informal valuation,some years ago, and the split between this charitable use property and the investment flat, all at 13 and 13 a Upper High Street, Winchester is on the basis of their relative areas. This valuation of the charitable use freehold building creates the revaluation reserve of £156,585.

## 7 Debtors

| | 2025 £ | 2024 £ |
|---|---|---|
| Debtors | - | 93 |
| Prepayments | - | - |
| Gift aid receivable | 1,416 | 1,127 |
| | 1,416 | 1,220 |

| 8 | **Creditors: amounts falling due within one year** | **2025** £ | **2024** £ |
|---|---|---|---|
| | Creditors | 2,132 | 3,620 |
| | Samaritans Central Charity | 7,521 | 4,985 |
| | | 9,653 | 8,605 |

**9 Movement in funds**

**Current Year**

| | **At 1 April 2024** £ | **Net movement in funds** £ | **Transfers between funds** £ | **At 31 March 2025** £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 538,270 | (3,634) | - | 534,636 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 694,855 | (3,634) | - | 691,221 |
| **Restricted funds** | | | | |
| Restricted funds | | - | - | - |
| **Total funds** | 694,855 | (3,634) | - | 691,221 |

Net movement in funds, included in the above are as follows:

| | **Incoming resources** £ | **Resources expended** £ | **Gains and losses** £ | **Movement in funds** £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 51,400 | (55,034) | - | (3,634) |
| Revaluation reserve | - | - | - | - |
| | 51,400 | (55,034) | - | (3,634) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 51,400 | (55,034) | - | (3,634) |

**Comparative Year**

| | At 1 April 2023 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2024 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 557,803 | (19,533) | - | 538,270 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 714,388 | (19,533) | - | 694,855 |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 714,388 | (19,533) | - | 694,855 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 40,507 | (60,040) | - | (19,533) |
| Revaluation reserve | - | - | - | - |
| | 40,507 | (60,040) | - | (19,533) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 40,507 | (60,040) | - | (19,533) |

**10 Other information**

Samaritans - Winchester and District is a Charitable Incorporated Organisation (CIO) incorporated in England. Its registered office is:
13 Upper High street
Winchester
SO23 8UT

# We're here to listen

Call free day or night on

## 116 123

Email
jo@samaritans.org

Web
samaritans.org/winchester

Write to us
Freepost SAMARITANS LETTERS

SAMARITANS

Winchester and District Branch of Samaritans is a Charitable Incorporated Organisation registered in England and Wales (1173634). Our registered office is located at 13 Upper High Street, Winchester, Hampshire SO23 8UT.

**WINCHESTER AND DISTRICT BRANCH OF SAMARITANS**

England & Wales - Charity number 1173634

# Accounts

SAMARITANS

Winchester & District

# Whatever you're facing

## We're here to listen

Annual Report 2023–24

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SAMARITANS

# Our vision



Every life lost to suicide is a tragedy, and our vision is that fewer people die by suicide.

# Our mission



To be there for anyone who needs someone. To give people ways to cope and be there for others. And to campaign to make suicide prevention a priority.

# Our values



### Listening

Exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them.

### Confidentiality

If people feel safe, they are more likely to be open about their feelings.

### Non-judgmental

We want people to be able to talk to us without fear of prejudice or rejection.

### People making their own decisions

We believe that people have the right to find their own solution and that telling people what to do takes responsibility away from them.

### Human contact

Giving people time, undivided attention and empathy meets a fundamental emotional need and reduces distress and despair.

A registered charity

# DIRECTOR'S REPORT

On behalf of the Trustees, we extend our heartfelt gratitude to everyone for making 2023–2024 an outstanding year for the branch. The incredible work done by this branch with some 125 volunteers is truly reflected in the reach we've achieved. Over the period April 2023 – March 2204 the Winchester Samaritans:

- Answered 17,729 calls which was 14% more than previous year. We provided 5,369 hours of listening to people in need of our support, which is 807 hours more than last period.
- We are particularly proud that 36% of our listening hours on the phone (1,938hrs) were carried out during the hours-of-need; twilight (23:00-02:00) & overnight (02:00-06:00).
- Increased our Outreach presence in the community, including Feet-on-the-Street, recording reaching hundreds more people to make them aware of our valuable service.
- Increased our publicity with media interviews/articles, revived website with news items, and increased our social media following on X (Twitter).
- Achieved an average of 96 active listening volunteers through the year (higher than the prior period), with a well-supported rota that has enabled us to hold >95% of Actual vs Scheduled hours open. The primary reason we have to close shifts is due to volunteer illness.
- Continued to provide a vital email service while the Email Hub is being established, replying to 1,135 emails. This was reduced from last period given fewer trained volunteers and the uncertainty of the outcome of the Email Hub service strategy.

We celebrated an impressive 70 years of Samaritans service and with that I want to extend my heartfelt thanks to every one of our branch members, which includes our amazing Prison Listener team in HM Winchester Prison, who do incredible work and are an extension of our branch family.

Your dedication and compassion form the backbone of our special community, and it is your commitment that allows us to be there for those who need it most. Your impact is felt every single day of the year. Volunteering is not always easy; it often requires personal sacrifices and the strength to face challenging situations. Yet, despite these challenges, you continue to devote your time with empathy and dedication, making a profound difference in the lives of our callers.

Let's also be thankful for the many critical roles that keep our branch running smoothly and ensure we can continue to provide our vital services. Thank you to:

- Those who organise and lead our shifts: You have our back and ensure our callers have someone to talk to. Your guidance and support through difficult calls is the foundation that enables us to rise to the challenge and serve our callers.
- The invisible heroes who keep our records straight, our reports filed, and our processes running efficiently. Without you, we'd be buried under a mountain of paperwork!

- The people who maintain our premises and take care of our branch supplies: Thanks to your efforts, our environment is clean, welcoming, and safe for everyone. You ensure we have a pleasant space to carry out our important work.
- The volunteers that raise funds and manage donations. Your tireless efforts ensure we have the resources we need to continue our mission. From running to cycling to singing, organising fundraising events to managing our finances, you keep us financially healthy and able to support our community.
- The teams that help us grow. Your dedication and hard work to recruit, interview, train, and mentor new volunteers and offer ongoing support ensures we all feel prepared and confident in our roles. You feed our volunteer pool and protect our future.
- The people who promote our branch and Outreach effort. Your work in spreading the word about our services and reaching out to the community ensures that people know we are there for anyone who needs us. You nurture and support our extended branch family who do incredible work in HM Winchester Prison. You amplify our message and expand our reach.

Thank you for your unwavering support, and your commitment to our vision.

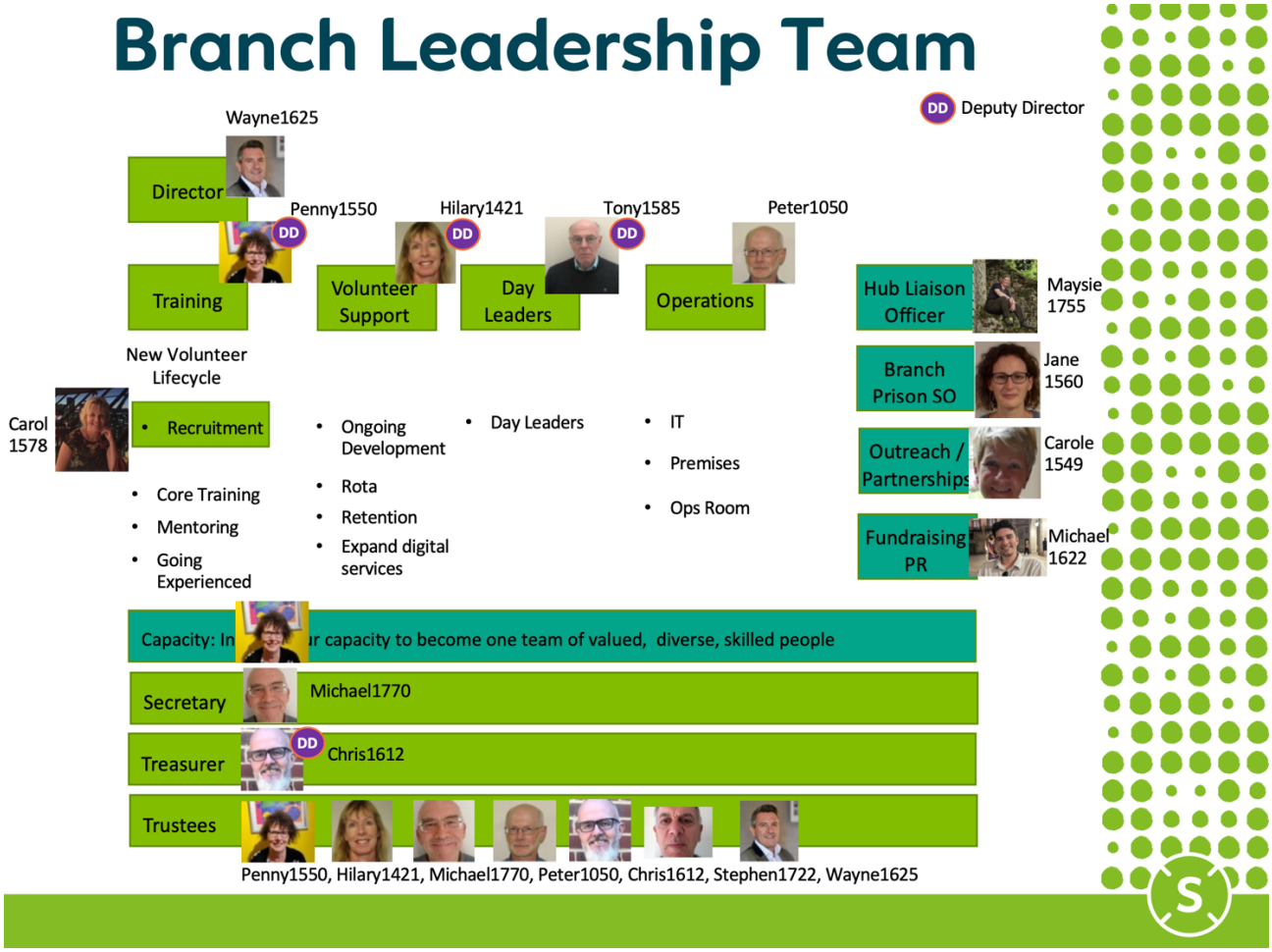
With this, it's also important to acknowledge that we have lost several Samaritans due to life changes, and I hope you will join me in remembering and thanking them for all they did while they were with us.

As a new leadership team, we conducted a volunteer survey and held a Branch Development Day offsite in September 2023 to actively engage our volunteers in our vision, objectives, and challenges. This initiative was instrumental in our Central Charity Quality Review process, where we proudly received an excellent rating from Samaritans Board of Trustees. The insights and feedback gathered during this event have since formed the basis of our collaborative path forward.

It was a real pleasure to welcome three new members to our leadership team (Maysie 1755 as Hub Liaison Officer, Michael 1622 as PR, Stephen 1772 as Trustee), who will further strengthen our capacity to continue to serve our branch, as we have a number of significant change processes in the coming year including new enhanced criminal records checks, implementation of a new phone system and our Branch Renovation.

**Wayne 1625**

## Branch Leadership Team



# TREASURY REPORT

## Key Achievements

During the reporting period we have:

- Migrated the branch banking arrangements to a new banking provider, CAF, to enable the more efficient processing of online payments
- Migrated the expenses claims process from a manual cheque process on online bank transfers
- Created an online treasury repository for all accounting records – the entire treasury process is now completely digitised, saving a significant amount of administrative and travel time
- Consolidated and streamlined our investments, providing a clearer overview of our investment portfolio

Winchester and District Branch of Samaritans is an affiliated branch. Responsibility for managing the branch finances rests with the branch trustees, to ensure the branch has sufficient funds to be able to provide the Samaritan service to callers now and in the future.

As a branch, we rely on the generosity of our donors, the work of our fundraisers, income from our flat rental and deposit interest. We have no regular income other than the flat rental and we therefore hold cash reserves so that the branch can continue to operate now and in the future.

## Fundraising and Income Generation

We are extremely grateful for the donations we have received from generous donors including many volunteers who have supported Winchester Samaritans with donations or kindly contributed their expenses back to the branch.

Whilst we can't list everyone by name we are very grateful for the support we received. We were fortunate to receive donations from some high value donors, local churches and trusts. We are particularly grateful to St Lawrence with St Swithuns Church, St Luke's Church, St Martin's PCC, St Mary the Virgin Micheldever, St Mary's Church, St Barnabas Church, Mr R Niddrie and the Emilienne Charitable Trust for the kind support they have provided. We also ran a successful Carol Concert in December that generated over £3,000.

In addition we received grants to continue running our prison listening scheme and to conduct Outreach activities at Winchester Station. We would also like to say a special thank you to the donors who wished to remain anonymous but gave very generously to support our branch activities.

Despite the generosity of our donors, the financial year has been challenging for fundraising activities. Overall donated income to £18,451 from £23,493. Rental and interest income generated £16,284 (£15,778 in the prior year). This means that overall, we were able to generate £40,507 compared with £51,201 in the prior year.

## Expenditure

Top line analysis of expenditure shows the branch spent £60,040 in FY23/24, a reduction from the prior year (£72,415). However this result is somewhat skewed because the branch did not have to incur high flat repair costs as it did in prior years. Whilst utility costs have declined slightly, business rates, cleaning costs, insurance and telephone costs have all increased. Fundraising costs have increased compared with prior years due to more proactive investment in fundraising activities.

Unfortunately the cost-of-living crisis has had an impact on the expenses claims made by volunteers to cover mileage and parking expenses. Volunteers are actively encouraged to claim expenses as this reflects the true cost of running the branch. The branch has a large footprint and many volunteers make round trips of more than 30 miles to conduct a duty. This has an impact on mileage claims. In addition, Winchester Council introduced 24 hr parking charges which had a significant impact on expenses claims. We are grateful to the Council for providing some free parking permits for evening duties.

We also make an annual payment to the Central Charity (SCC) by way of the New Branch Contribution (NBC) which was £4,985 for FY23/24. Due to the challenging income generation environment in FY 23/24, we are unable to make additional contributions to support other branches or SCC initiatives.

**Chris 1612**

## Summarised Statement of Financial Activities

| | 2023/24 £ | 2022/23 £ |
|---|---|---|
| Prison Grant, Donations, Legacies, In Memoriam | 18,451 | 23,493 |
| Other Charitable Activities - Fundraising | 5,772 | 11,930 |
| Investment Income-Rent and Deposit Interest | 16,284 | 15,778 |
| **TOTAL INCOME** | **40,507** | **51,201** |

| | | |
|---|---|---|
| Costs of Raising Funds | 2,144 | 340 |
| Expenditure on Charitable Activities | 57,896 | 72,075 |
| **TOTAL EXPENDITURE** | **60,040** | **72,415** |
| **NET INCOME FOR THE PERIOD** | **-19,533** | **-21,214** |
| **TOTAL FUNDS carried forward** | **714,388** | **735,602** |

| | | |
|---|---|---|
| Unrestricted Funds – General Fund | 538,270 | 557,803 |
| Revaluation Reserve | 156,585 | 156,585 |
| **TOTAL CHARITY RESERVES** | **694,855** | **714,388** |

# TRAINING REPORT

It has been a busy year for everyone involved in training new Samaritans and supporting the Continuous Development of all listeners in the Branch.

For Core and Embedding Training it has been very much a 'Business as usual' year with only a few tweaks to the facilitated modules but I am so very, very grateful to all on the Training team including our amazing cast of Role Players. Huge thanks are also due to the Mentors without whose support and commitment it would be impossible to deliver training. It has been lovely to see their numbers grow this year.

In terms of numbers, we have trained fewer new volunteers than in recent years as we made the decision to reduce the pressure on roles across the Branch by reducing cohorts from four to three. In total 16 people completed Core Training. It has been brilliant to work with these individuals and it is so rewarding for the Training team to see people develop and move through to the Ops room.

In addition to Core Training, the team has facilitated training in Outreach and in Train the Trainer for both Core and Prison teams.

In March, we held a Continuous Development Day, following a Survey to consult on preferred topics, with workshops on Mental Health, Caller Support and Supporting Prison Callers. We were really lucky to have the support of Dave, Darren and Doug, service user representatives from Solent Mind, whose insights were both profound and humbling. Each of them have also supported follow-up workshops for those unable to attend the day.

Brian, as ever, has been immense in the team in doing so much behind the scenes to ensure we all know what we are doing and when.

My final recognition in this report is to Don, who died this year and who taught me so much, both when I started out and when I joined the Training team. His wisdom still permeates through so much of what we do

**Penny 1550**

# OUTREACH REPORT

We continued to build on our Outreach efforts this year, enhancing our presence and visibility in key areas. As well as strengthening our well-established Prison and Rail Partnerships we also focused on support for local media and effectively utilising our social media channels and website. As a result, we successfully reached a record number of over 3,000 people.

It's wonderful that we have a pool of 20 volunteers trained in Outreach that we can call on to provide emotional support outside of the branch and essential support in our community.

One of the great benefits of engaging in our community is hearing first-hand how many people are grateful for our service. I want to convey to everyone just how much our service is genuinely appreciated by those we help.

## Outreach Events Attended



**RUN41M: Apr 23:** Our branch team welcomed and supported Josh Patterson's RUN41M for his 63rd marathon run in Winchester, which was a great opportunity for us to have coverage in the Hampshire Chronicle.




**Brew Monday Winchester Station: Jan 24:** We were a presence at Winchester Railway station from 08:00 - 12:30 and again from 15:00 - 19:30. 17 Samaritans worked shifts of one and a half hours in teams of three. During this time, we gave out approximately 800 tea bags and spoke to about 500 people.

**NHS CAMHS Conference: Nov 23:** We attended a conference on Suicide Prevention with 120 attendees mainly drawn from school staff. As well as having a stand to hand out lots of awareness material, we also delivered two Listening Skills Workshop sessions to about 20 people. Our Step-by-Step team (Geoff & Richard) also delivered workshops on critical incident planning which were very well received.

**Winchester Wellbeing Fayre: Jun 23:** We had a stand at this event with our new Jenga blocks and Connect games which helped us to attract many people.




**Small Talk Saves Lives Campaign Winchester Station: Mar 24:** We made contact with approximately 500+ people and gave away over 700 items of merchandise. We were also interviewed by the Hampshire Chronicle.




**Eastleigh Pride: Sep 23:** Although sited away from the main area we did have some very good contacts with over 100 people. Once again, our two giant garden games attracted a variety of people, young and old, which enabled us to engage in some meaningful conversations.

**Andover College: Jun 23:** Recruitment and Awareness at a volunteer recruitment fair for students and the public at Andover College and engaged with over 100 young people.

**Mela Festival: Jun 23:** Asian Welfare and Cultural Association (AWCA) multicultural Festival at Eastleigh. Awareness, PR, Recruitment (Diversity & Inclusion). This was our first time at this event and engaged with some 150 people.

**Unity101 Radio Interview: Sep 23** Asian Community radio interview covering our history and the overview of the service we provide work we view. We also used this as a recruitment message for volunteering roles.

**Hosted local MP Steve Brine visit to the branch: Sep 23:** Steve seems genuinely passionate about mental health and in particular men's mental health. He was impressed by the work we do in the community.

**University of Winchester: Oct 23:** Student Listening Scheme: A team of 9 Students received a full day of training by STEP (Samaritans Training & Engagement Programme) as part of the peer-peer Student Listening Scheme.

**BBC Local Radio: Nov 23:** Interview to mark our 70-year anniversary.

**Winchester Radio: Nov 23:** Interview to mark our 70-year anniversary.

**South Central Ambulance Service (SCAS): Mar 24**: We delivered Looking After Ourselves And Each Other workshop content as part of SCAS Wellbeing Week.

**Wayne 1625 & Carole 1549**

## HM Winchester Prison

We were particularly proud as a branch for one of our volunteers, Hugh Sanderson, to be awarded the High Sheriff of Hampshire Community Award. It is a mark of distinction for an individual volunteer who has made a significant contribution to safety and/or social cohesion in Hampshire. Only 10 to 25 awards are given out for the whole of Hampshire each year so it's an incredible achievement.

HMP Winchester Governor, James Bourke, wrote a letter of thank you to Hugh and the Prison Support team, which captures the reason for the award:

> *"You and the team are working in this environment training, coaching and supporting our prisoner Listeners. You are regularly in the prison helping our Listeners, supporting staff and particularly Safer Custody, and contributing in a fundamentally important way.*
>
> *I appreciate it has not been easy with problems such as regime issues or attendance, but your unfailing enthusiasm has made it work. I wanted to write this to formally recognise the Prison Team as providing an incredible public service that really matters.*
>
> *The Team is volunteering to provide prisoners with a service that is saving lives, reducing harm, and providing hope. Equally those trained as Listeners are learning excellent transferable skills, gaining confidence and providing an important public service."*

A huge thank you to this special group of volunteers who are committed to reaching out to our people in the community.

**Wayne 1625**

# Samaritans - Winchester and District Branch

# Report of the Trustees for the year ended 31 March 2024

The Trustees present their Report and Accounts for the year ended 31 March 2024.

## Registered Charity number

1173634 under the Governing Document dated 30 June 2017

## Trustees

The Trustees who served as a trustee in the reporting period were:

- S. Allen (appointed October 2023)
- H. Byford
- A. Diver
- W. Fletcher
- W. Giles
- J. Harrison (retired September 2023)
- P. Walker
- C. Washington-Sare

## Objects and Activities of the Charity

The purposes of the charity as set out in its governing document

In accordance with the objectives set out in the constitution of the charity, the charity has the following objects:

- To work for the assistance of persons who are suicidal, despairing or in distress by providing a service primarily intended for the benefit of persons in Winchester and the surrounding area to enable persons to receive immediate help, compassion and befriending from members of the Charity.
- To support the national Samaritans Charity in the aid and establishment of new and other branches.
- To advance education by providing society with a better understanding of suicide; suicidal behaviour and the value of expressing feelings that may lead to suicide.

## Structure, Governance and Management of the Charity

### The Methods Used to Recruit and Appoint new Charity Trustees

The Trustee Committee members are elected at an Annual General Meeting. The Trustee Committee consists of the following members:

- Elected members, who must be Samaritans, other than ex-officio members

Ex-officio members who shall be the Director, a Deputy Director (appointed by the Director), the Secretary, the Publicity Officer, the Treasurer and the Chair of the Friends of Winchester and District Branch of Samaritans

- Co-opted members up to a maximum of one third of the committee (excluding co-opted members)

### The Policies and Procedures for the Induction and Training of Trustees

- All trustees are trained in house, with each receiving a copy of the Charity Commission guidance booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking.
- The Trustee Committee meets regularly, at least 4 times per year.
- All trustees receive regular financial reports throughout the year.
- Any queries that trustees may have are aired at the Trustee Committee meetings and resolved appropriately.
- The training of trustees is on an informal basis and is on-going throughout the period of their office.
- No trustee is paid.

### The Charity's Organisational and Decision-Making Stucture

Elected members, excluding ex-officio members, comprise a majority of the Trustee Committee and are entitled to vote at meetings. All questions at any meeting are determined by simple majority votes cast by members present, with each member (except co-opted members) having one vote. In any event of an equality of votes, the Chair may exercise a second vote as a casting vote. Elected Trustee Committee members may not serve on the committee for more than three consecutive years.

### The Charity as a Part of a Wider Network

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support.

**Policies on Reserves**

The trustees have resolved to keep a sufficient level of resources to provide for future activities. The policy on reserves is that the existing assets are retained to produce income which is wholly utilised to support existing activities. There is no intention in the long term to either increase or reduce the capital significantly. The policy is justified in that it is necessary to preserve income at the present levels in order to maintain the activities of the charity.

Approved by order of the board of trustees on 7 September 2024 and signed on its behalf by:



W. Fletcher

Director and Chairman of Trustees

# Independent Examiner's Report to the Trustees of the Winchester and District Branch of Samaritans on the Financial Statements for the Year Ended 31 March 2022

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed and I am qualified to undertake the examination by being a qualified member of the association of accounting technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act
- To state whether particular matters have come to my attention.

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act; and
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kenneth John Stratton FMAAT
Kimball Smith Limited
Brewery House, High Street
Twyford, Winchester SO21 1RG

7 September 2024

**Samaritans - Winchester and District**

**Statement of Financial Activities**

**for the year ended 31 March 2024**

(Incorporating an Income and Expenditure Account)

| | Notes | Unrestricted £ | Restricted £ | 2024 Total funds £ | 2023 Total funds £ |
|---|---|---|---|---|---|
| **Income** | | | | | |
| Donations legacies and prison grant | 2 | 18,451 | - | 18,451 | 23,493 |
| Other trading activities | 3 | 5,772 | - | 5,772 | 11,930 |
| Rental income | | 13,465 | - | 13,465 | 13,990 |
| Interest receivable | | 2,819 | - | 2,819 | 1,788 |
| **Total Income** | | 40,507 | - | 40,507 | 51,201 |
| **Expenditure on:** | | | | | |
| Raising funds | | 2,144 | - | 2,144 | 340 |
| **Charitable activities:** | | | | | |
| Expenditure on Charitable Activities | | 57,896 | - | 57,896 | 72,075 |
| **Total Expenditure** | | 60,040 | - | 60,040 | 72,415 |
| **Net Income/ (Expenditure)** | | (19,533) | - | (19,533) | (21,214) |
| Transfers between funds | | - | - | - | - |
| Gain on revaluation of investment assets | | - | - | - | - |
| **Net movement in funds** | | (19,533) | - | (19,533) | (21,214) |
| **Reconciliation of funds** | | | | | |
| Total funds brought forward | 9 | 714,388 | - | 714,388 | 735,602 |
| **Total funds carried forward** | | 694,855 | - | 694,855 | 714,388 |

## Samaritans - Winchester and District

## Balance Sheet

## As at 31 March 2024

| | Notes | Unrestricted £ | Restricted £ | 2024 Total funds £ | 2023 Total funds £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 6 | 564,825 | - | 564,825 | 573,018 |
| | | 564,825 | - | 564,825 | 573,018 |
| **Current assets** | | | | | |
| Debtors | 7 | 1,220 | - | 1,220 | 3,238 |
| Cash at bank and in hand | | 137,415 | | 137,415 | 143,261 |
| | | 138,635 | - | 138,635 | 146,499 |
| **Creditors: amounts falling due within one year** | 8 | (8,605) | - | (8,605) | (5,129) |
| **Net current assets** | | 130,030 | - | 130,030 | 141,370 |
| **Net assets** | | 694,855 | - | 694,855 | 714,388 |
| **Funds of the Charity** | 9 | | | | |
| **Unrestricted funds:** | | | | | |
| General fund | | | | 538,270 | 557,803 |
| Revaluation reserve | | | | 156,585 | 156,585 |
| | | | | 694,855 | 714,388 |
| **Restricted funds** | | | | - | - |
| **Total funds** | | | | 694,855 | 714,388 |

The charitable company is entitled to exemption from audit under Section 145 of the Charities Act 2011 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit in accordance with Section 144 of the Charities Act 2011.

The trustees acknowledge their responsibilities for complying with the requirements of Section 130 of the Charities Act 2011 with respect to accounting records and the preparation of accounts.



C Washington-Sare
Treasurer
Approved by the board of Trustees 7 September 2024

**Notes to the Financial Statements**

**For the year ended 31 March 2024**

## 1. Accounting policies

### Basis of preparation

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

### Going concern

The accounts have been prepared on a going concern basis. There are no material uncertainties about the charities ability to continue.

### Income
### Recognition of Income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

### Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

### Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

### Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

### Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

### Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

### Expenditure and liabilities

### Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

### Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

### Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

### Assets

### Tangible fixed assets for use by charity

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land and rental property, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

- Land and Buildings 2% straight line
- Furniture & Fittings 25% straight line

### Investments

Fixed asset investments in quoted shares, traded bonds and similar investments are valued initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

### Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Donations and legacies**

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| Donations and legacies and prison grant | 17,324 | 21,928 |
| Gift Aid | 1,127 | 1,565 |
| | 18,451 | 23,493 |

**3 Other trading activities**

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| Fundraising & events | 5,772 | 11,930 |

**4 Fees for examination of accounts**

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| Independent Examiner's fees | 1,440 | 1,440 |

**5 Trustees Remuneration and Benefits**

Trustees or persons connected with them did not receive any renumeration from the charity. Some trustees were reimbursed for expenses incurred on behalf of the charity.

## 6 Tangible fixed assets

| | Land and buildings £ | Investment Property £ | Furniture, fittings & office equipment £ | Total £ |
|---|---|---|---|---|
| **Cost** | | | | |
| At 1 April 2023 | 452,715 | 220,586 | 2,433 | 675,734 |
| Additions | - | - | - | - |
| At 31 March 2024 | 452,715 | 220,586 | 2,433 | 675,734 |
| **Depreciation** | | | | |
| At 1 April 2023 | 100,418 | - | 2,298 | 102,716 |
| Charge for the year | 8,193 | - | - | 8,193 |
| At 31 March 2024 | 108,611 | - | 2,298 | 110,909 |
| **Net book value** | | | | |
| At 31 March 2024 | 344,104 | 220,586 | 135 | 564,825 |
| At 31 March 2023 | 352,297 | 220,586 | 135 | 573,018 |

The historical cost of the charitable use freehold buildings is £296,130. The investment property is shown at cost of £220,586

Charitable use property is included at the Trustees' informal valuation,some years ago, and the split between this charitable use property and the investment flat, all at 13 and 13 a Upper High Street, Winchester is on the basis of their relative areas. This valuation of the charitable use freehold building creates the revaluation reserve of £156,585.

## 7 Debtors

| | 2024 £ | 2023 £ |
|---|---|---|
| Debtors | 93 | - |
| Prepayments | - | 2,189 |
| Gift aid receivable | 1,127 | 1,049 |
| | 1,127 | 3,238 |

## 8 Creditors: amounts falling due within one year

| | 2024 £ | 2023 £ |
|---|---|---|
| Creditors | 3,620 | 1,194 |
| Samaritans Central Charity | 4,985 | 3,935 |
| | 8,605 | 5,129 |

## 9 Movement in funds

**Current Year**

| | At 1 April 2023 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2024 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 557,803 | (19,533) | - | 538,270 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 714,388 | (19,533) | - | 694,855 |
| **Restricted funds** | | | | |
| Restricted funds | | - | - | - |
| **Total funds** | 714,388 | (19,533) | - | 694,855 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 40,507 | (60,040) | - | (19,533) |
| Revaluation reserve | - | - | - | - |
| | 40,507 | (60,040) | - | (19,533) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 40,507 | (60,040) | - | (19,533) |

| | At 1 April 2022 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2023 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 579,017 | (21,214) | - | 557,803 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 735,602 | (21,214) | - | 714,388 |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 735,602 | (21,214) | - | 714,388 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 51,201 | (72,415) | - | (21,214) |
| Revaluation reserve | - | - | - | - |
| | 51,201 | (72,415) | - | (21,214) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 51,201 | (72,415) | - | (21,214) |

**10 Other information**

Samaritans - Winchester and District is a Charitable Incorporated Organisation (CIO) incorporated in England. Its registered office is:
13 Upper High street
Winchester
SO23 8UT

# We're here to listen

Call free day or night on

## 116 123

Email
jo@samaritans.org

Web
samaritans.org/winchester

Write to us
Freepost SAMARITANS LETTERS

SAMARITANS

Winchester and District Branch of Samaritans is a Charitable Incorporated Organisation registered in England and Wales (1175634). Our registered office is located at 13 Upper High Street, Winchester, Hampshire SO23 8UT.

**WINCHESTER AND DISTRICT BRANCH OF SAMARITANS**

England & Wales - Charity number 1173634

# Accounts

SAMARITANS

Winchester & District

# Whatever you're facing

## We're here to listen

Annual Report 2022–23

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SAMARITANS

# Our vision



Every life lost to suicide is a tragedy, and our vision is that fewer people die by suicide.

# Our mission



To be there for anyone who needs someone. To give people ways to cope and be there for others. And to campaign to make suicide prevention a priority.

# Our values



### Listening

Exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them.

### Confidentiality

If people feel safe, they are more likely to be open about their feelings.

### Non-judgmental

We want people to be able to talk to us without fear of prejudice or rejection.

### People making their own decisions

We believe that people have the right to find their own solution and that telling people what to do takes responsibility away from them.

### Human contact

Giving people time, undivided attention and empathy meets a fundamental emotional need and reduces distress and despair.

A registered charity

# DIRECTOR'S REPORT

On behalf of the Trustees, a huge thank you to everyone for making 2022-2023 a great year for the branch and being able to help even more people who needed us. The work this branch does is amazing, and the figures say it all:

- We answered 15,439 calls which was 8% more than last year and we gave 4,562 hours listening to people in need of our support
- Continued to provide vital email service while the Email Hub is being established, replying to 1,941 emails.
- Restarted Feet-on-the-Street and Outreach service recording 7 meaningful contacts for support, as well as reaching hundreds more people to make them aware of our valuable service
- Our Actual vs Scheduled hours open started to stabilise at >95% as we finally seemed to pull clear of the COVID tail and having to close shifts at short notice due to illness
- Throughout the year we had, on average, 94 active listening volunteers, supported by a critical team of support volunteers (silent heroes) that make everything happen behind the scenes to keep our operations and organisation running as smoothly as possible

I've said this before, but it's worth reflecting again in this annual report. It's through the extraordinary commitment of every branch volunteer that we are able to provide emotional support for anyone who is struggling to cope and to help save lives every single day.

Not every role in the branch is a listening volunteer, but every role in the branch is essential to keep our branch running, which, I can assure you, has a real, direct impact on our callers.

We all volunteer for Winchester Samaritans for many different reasons. To help others, to give something back, to do something meaningful, or because we believe in the vision of Samaritans. We may have gone through difficult times of our own or with someone close to us. Whatever the reason, we learn from talking to people from all walks of life, we develop new skills and we reach a better understanding of ourselves. It's great to be part of a such supportive community of committed and dedicated people. To our branch volunteers I say: We simply couldn't do our work without you; please know how much you are valued for all the time you give to help others.

With this, it's also important to acknowledge that we have lost several Sams due to life changes, and I hope you will join me in remembering and thanking them for all they did while they were with us.

A new Branch Director selection process was started through the last quarter of this year, which meant, sadly, we had to say goodbye to our previous Director, Janet. As you know Janet, kindly, and bravely, stepped in as Interim Director and was incredible, giving tirelessly to ensure that our branch was the best it can be.

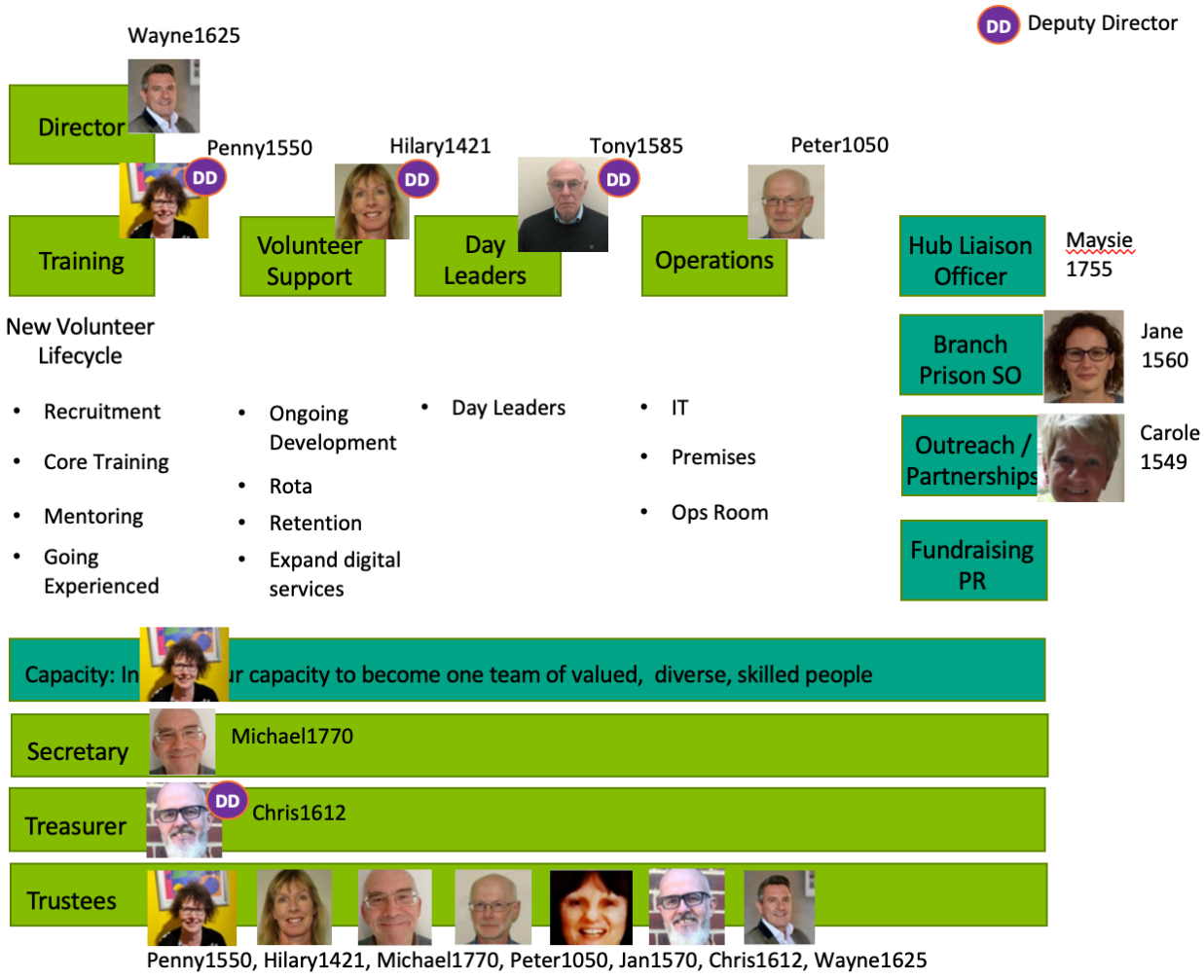
On behalf of the Trustees and Branch Leadership Team we want to thank Janet for stepping up to provide excellent leadership at a time of need. Janet's dedication and hard work was inspiring, and we are truly grateful for all she achieved and laying down a solid platform for the new leadership team. I'm pleased for our callers that Janet still continues her amazing work at the Stratford branch.

A huge thank you also goes to the incredible, talented, leadership team members that supported Janet and have handed over the baton to new leadership:  Ann741 (Treasurer & Trustee); Jan1570 (Planning & Succession, Branch Hub Liaison Officer); and Hugh1368 (Branch Prison Support Officer).

A new Branch Leadership Team is now in place, and we are looking forward to taking up the challenge over the next few years to continue building a thriving team of volunteers that feel highly valued, engaged, and empowered to connect with our callers.

**Wayne 1625**

## Branch Leadership Team



# TREASURY REPORT

Winchester and District Branch of Samaritans is an affiliated branch so that responsibility for managing the branch finances rests with the branch trustees, to ensure the branch has sufficient funds to keep our branch centre open in Winchester, and for us to be able to provide the Samaritan service to callers now and in the future.

Last year 2021/22 marked the second Covid pandemic year, with this year 2022/23 being the first since the beginning of the pandemic that we have been able to return to some normality.

As a branch, we rely for our income on the generosity of our donors, the work of our fundraisers, and investment income from our flat rental and deposit interest. We have no regular income other than the flat rental and we therefore hold cash reserves so that the branch can continue to operate now and in the future. As Covid restrictions have eased we can look forward to resuming fundraising with events which help us raise funds and also to meet the public.

The summarised accounts for 2022/23 show that total income was £51,202 – an increase of £13,344 compared with 2021/22. Grants, donations and legacies were up by £4,983, fundraising up by £ 5,677 and investment income up by £2,684 against the prior year

Total expenditure for 2022/23 also rose- from £58,868 to £72,416, an increase of £13,548. Our costs include an increase in direct volunteer costs, to £19,947 for the year for travel and training. Our volunteers have been encouraged to claim their travel costs as these reflect their return to branch for duties as Covid restrictions have eased. Our volunteer travel costs also reflect the branch being based in Winchester but covering a much wider area including Alresford, Andover etc.

We also make an annual payment to the Central Charity by way of the New Branch Contribution (NBC) which was £3,935 for 2022/23. The trustees also continued to offer support to the SCC (Samaritans Central Charity) for special projects being run centrally, and our expenditure in 2022/23 includes payment of £5,000 to the SCC to support the Festival Branch. Andrew, a Festival Branch Samaritan, joined us at our AGM in 2022 to speak about their work.

With total income of £51,202 and total expenditure of £72.416, we ended the year with a deficit of £21,214 (a very similar result to 2021/22 when we had a deficit of £21,010). We will again meet the deficit from our cash reserves, which we hold to see us through these “lean” years, and which remain sufficient for the ongoing operation of the branch.

Our 2022/23 accounts include the annual depreciation charge for our Centre at 2% per annum. No depreciation is charged for the flat as this is an investment property built to provide a regular income for the branch.

## Summarised Statement of Financial Activities

| | 2022/23 £ | 2021/22 £ |
|---|---|---|
| Prison Grant, Donations, Legacies, In Memoriam | 23,494 | 18,511 |
| Other Charitable Activities - Fundraising | 11,930 | 6,253 |
| Investment Income-Rent and Deposit Interest | 15,778 | 13,094 |
| **TOTAL INCOME** | **51,202** | **37,858** |
| | | |
| Costs of raising funds | 340 | 1,182 |
| Expenditure on Charitable Activities | 72,076 | 57,686 |
| **TOTAL EXPENDITURE** | **72,416** | **58,868** |
| **NET INCOME FOR THE PERIOD** | **-21,214** | **-21,010** |
| | | |
| TOTAL FUNDS brought forward | 735,602 | 756,612 |
| **TOTAL FUNDS carried forward** | **714,388** | **735,602** |

**SUMMARISED BALANCE SHEET AT 31 MARCH 2023**

**Tangible Assets**

| | | |
|---|---|---|
| Freehold Land and Buildings, Fixtures and Fittings | 573,018 | 581,211 |
| Current Assets-Cash at Bank, Debtors less Creditors | 141,370 | 154,391 |
| **TOTAL CHARITY FUNDS** | **714,388** | **735,602** |

Financial help from our supporters ensures the branch can continue to provide the Samaritan service to callers. In 2022/23 we had support from individuals, churches, companies and groups – we are so grateful for your support.

Whilst we can't list everyone by name we are very grateful for the support we received from:

| | |
|---|---|
| Trusts | William Brake Charitable Trust<br>Emilienne Charitable Trust |
| Individuals | Tim Cain<br>P W Ferris<br>R C Niddrie<br>M S Thomas<br>Michael Wakefield<br>plus £1,000 from a donor who wishes to remain anonymous |
| Churches | St Barnabas<br>St Lawrence with St Swithun<br>St Luke with St Martin |
| Companies, Groups and Shops | Arrows Stores<br>Triangulate<br>Vodafone |
| Prison Grant | Prison Grant re our support of HM Prison Winchester |
| In Memoriam | We also received £3,000 from the estate of the late Diane Cawston |

I retired on 31 March 2023 after 37 years as a Samaritan, including many years as your branch treasurer, so this is my final treasury report. I would like to thank Sue 1281 Assistant Treasurer for her invaluable help in maintaining the branch financial records, in helping me prepare these 2022/23 accounts, and for agreeing to continue in post. I would like to welcome Chris 1612 who has taken over as Branch Treasurer with effect from 1 April 2023. My best wishes to you all.

**Ann 741S -retired**

# FUNDRAISING REPORT

This year, again, we have not had a Fundraising Lead within the branch. However, our local Samaritans have really outdone themselves and raised an enormous amount towards our funds.

In total, we raised nearly £11,930 – which is almost double what we managed last year! I would like to take this opportunity to say a special thank you to our fundraising Samaritan cyclists who between them raised £8,619 for the branch! Thank you Piers who took part in the Samaritans 2022 Heritage Ride and Imogen, who with partner Ian, undertook the Land's End to John O'Groats Cycle Ride.

We were lucky to be offered a fundraising opportunity at a Sarah Millican event which collecting donations as people left the venue. This raised over £850 – many thanks to all involved.

Other funds came from: Car Boot Sale; Carol Singing; Gift Aid as well as many smaller items such as EasyFundraising.

Many thanks to all our fundraisers for all their hard work during the year, we are as always very grateful.

**Sue 1281**

# TRAINING REPORT

Between April 2022 and March 2023 30 Samaritans across four cohorts (160-163), started and completed CORE training. Of these 25 are now doing regular duties in the branch.

Our hybrid model of delivering CORE training, comprising three face-to-face and seven Zoom sessions over eight weeks, continues to work well. Embedding Training, which comprises a further four modules, was also facilitated to all cohorts.

The training team held two continuous development face-to-face 'events' for Emotional Support in Other Settings (ESOS) and on Applying our Key Policies. Smaller sessions were facilitated for those unable to attend the day at the Holiday Inn.

We completed On-going Mentoring (OGM) for all listeners in the branch for the first time since lockdown and offered additional support from the training team for anyone wanting to refresh their skills ahead of mentoring.

As ever, the key challenge for the Recruitment, Training and Mentoring teams is how we balance the resources we already have in the branch in our small teams with ensuring we are supporting enough new Samaritans into the branch to maintain the level of service we offer to our callers – as well as to future proof those three teams. This has become quite a conundrum for us.

I am hugely grateful to the many colleagues who have been involved with recruiting, training and mentoring our 30 new Samaritans over the year and this includes our phenomenal pool of 'actors' who join by Zoom to terrify and support in equal measure those doing skills practice.

Thanks too to all of you in 160, 161, 162 and 163 for being such fun to train and for your curiosity and openness when being introduced to some pretty intense concepts.

Above all else my thanks go to Brian, for all the work he has continued to do behind the scenes and in the training room/s and to Don, who retired from the Training team this year, and who we sorely miss for his wisdom and support after all the many years he gave to the branch.

**Penny 1550**

# OUTREACH REPORT

After the constraints imposed by the Covid lockdowns, it was great to finally get back to do some real outreach work within our community, where we have reached out to some 2,000 people who may not have known about our service, or called. We had tremendous support from volunteers wanting to engage and support events. We also strengthened our pool of ESOS trained volunteers to 20. A big thank you to everyone who gave their time.

One of the advantages of conducting outreach activities is that we get to hear directly from people who want to thank us for the help we've given them. We do not always get that perspective in the operations room, so I just want to pass on to all our branch volunteers that so many people out there really, really appreciate our service.

Feet-on-the-Street was re-established on the rota where we are available one Friday evening every month. National Rail appreciated us being back to support their campaigns and have a presence on the platforms at Winchester station.

We continued to build partnerships with NHS Child & Adolescent Mental Health Services (CAMHS), and the University of Winchester, where we are gaining traction to set up a Student Listening Service.

It's proven more difficult to build momentum and build relationships with Schools/Colleges to offer the work we can do in youth settings, and will be something we need to review going forward.

**Outreach Events Supported**

- **Aug 2022: South Western Railway's Week of Action:** Branch volunteers were at Winchester station on 4 August supporting the Samaritans and South Western Railway's (SWR) national Week of Action campaign to raise awareness of support that is available to anyone vulnerable or struggling to cope. We had around 200 contacts with people at Winchester station. The activity was being coordinated in response to an increase in the number of 'concern for welfare' incidents at stations. SWR invited all their charity partners to this including the Railway Children and Missing People.
- **Oct 2022: Eastleigh Pride:** We had around 1,000 contacts and gave away a over 3Kg of leaflets, posters and cards for workplaces. We also had c. six serious interests for volunteering. There were lots of deep-felt thanks for the work we do, with four meaningful conversations about how people are feeling.
- **Oct 2022: NHS Child and Adolescent Mental Health Services (CAMHS) Sand Timer Event:** We represented Samaritans at the launch of the NHS sand timer installation at Winchester Cathedral to raise awareness of suicide. We had a 15min speaking slot at the formal launch to talk about the work of the Samaritans and a stand to be able to interact with the public and raise awareness about the work we do.
- **Oct 2022: Andover Museum and Museum of Iron Age:** We had an introductory talk with the museum and provided printed materials.
- **Nov 2022: Talk at the University of Winchester:** A successful talk was given to about 100 2nd year students on the Mental Health Nursing course. We did an introduction followed by a Q&A session and then demonstrated the listening wheel through a

role play. The feedback has exceeded expectations and will help us form a stronger relationship with the University. We also received good PR on Twitter and a couple of expression of interests to become a volunteer.

- **Feb 2023: Brew Monday at Winchester Train Station:** Supporting our national campaign with c.100 contacts
- **Mar 2023: NHS Child and Adolescent Mental Health Support (CAMHS):** Meeting at NHS CAMHS Avalon House to explore a project to develop a guide for schools to support young people and prevent suicide

As we do not currently support face-to-face, walk-in callers at the branch, it's important we leverage our outreach work going forward so we can have that presence and visibility where people are. This could be particularly relevant as we develop our partnership with Winchester University to provide an ESOS presence there (like Feet-on-the-Street) and explore developing a Student Listening Service in collaboration with our Samaritans Training Team.

**Wayne 1625**

# Samaritans - Winchester and District Branch

# Report of the Trustees for the year ended 31 March 2022

The Trustees present their Report and Accounts for the year ended 31 March 2022.

## Registered Charity number

1173634 under the Governing Document dated 30 June 2017

## Trustees

The Trustees who served as a trustee in the reporting period were:

- J. Allen (resigned)
- H. Byford
- P. Diver
- W. Fletcher
- W. Giles (appointed 4.10.2022)
- A. Gossling (resigned)
- J. Harrison
- P. Jackson (resigned)
- P. Walker (appointed 4.10.2022)
- C. Washington-Sare (appointed 20.03.2023)

## Objects and Activities of the Charity

The purposes of the charity as set out in its governing document

In accordance with the objectives set out in the constitution of the charity, the charity has the following objects:

- To work for the assistance of persons who are suicidal, despairing or in distress by providing a service primarily intended for the benefit of persons in Winchester and the surrounding area to enable persons to receive immediate help, compassion and befriending from members of the Charity.
- To support the national Samaritans Charity in the aid and establishment of new and other branches.
- To advance education by providing society with a better understanding of suicide; suicidal behaviour and the value of expressing feelings that may lead to suicide.

## Structure, Governance and Management of the Charity

### The Methods Used to Recruit and Appoint new Charity Trustees

The Trustee Committee members are elected at an Annual General Meeting. The Trustee Committee consists of the following members:

- Elected members, who must be Samaritans, other than ex-officio members

Ex-officio members who shall be the Director, a Deputy Director (appointed by the Director), the Secretary, the Publicity Officer, the Treasurer and the Chair of the Friends of Winchester and District Branch of Samaritans

- Co-opted members up to a maximum of one third of the committee (excluding co-opted members)

### The Policies and Procedures for the Induction and Training of Trustees

- All trustees are trained in house, with each receiving a copy of the Charity Commission guidance booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking.
- The Trustee Committee meets regularly, at least 4 times per year.
- All trustees receive regular financial reports throughout the year.
- Any queries that trustees may have are aired at the Trustee Committee meetings and resolved appropriately.
- The training of trustees is on an informal basis and is on-going throughout the period of their office.
- No trustee is paid.

### The Charity's Organisational and Decision-Making Stucture

Elected members, excluding ex-officio members, comprise a majority of the Trustee Committee and are entitled to vote at meetings. All questions at any meeting are determined by simple majority votes cast by members present, with each member (except co-opted members) having one vote. In any event of an equality of votes, the Chair may exercise a second vote as a casting vote. Elected Trustee Committee members may not serve on the committee for more than three consecutive years.

### The Charity as a Part of a Wider Network

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support.

**Policies on Reserves**

The trustees have resolved to keep a sufficient level of resources to provide for future activities. The policy on reserves is that the existing assets are retained to produce income which is wholly utilised to support existing activities. There is no intention in the long term to either increase or reduce the capital significantly. The policy is justified in that it is necessary to preserve income at the present levels in order to maintain the activities of the charity.

Approved by order of the board of trustees on 2 September 2023 and signed on its behalf by:



W. Fletcher

Director and Chairman of Trustees

# Independent Examiner's Report to the Trustees of the Winchester and District Branch of Samaritans on the Financial Statements for the Year Ended 31 March 2022

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed and I am qualified to undertake the examination by being a qualified member of the association of accounting technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act
- To state whether particular matters have come to my attention.

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act; and
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kenneth John Stratton FMAAT
Kimball Smith Limited
Brewery House, High Street
Twyford, Winchester SO21 1RG

2 September 2023

**Samaritans - Winchester and District**

**Statement of Financial Activities**

**for the year ended 31 March 2023**

(Incorporating an Income and Expenditure Account)

| | Notes | Unrestricted £ | Restricted £ | 2023 Total funds £ | 2022 Total funds £ |
|---|---|---|---|---|---|
| **Income** | | | | | |
| Donations legacies and prison grant | 2 | 23,493 | - | 23,493 | 18,511 |
| Other trading activities | 3 | 11,930 | - | 11,930 | 6,253 |
| Rental income | | 13,990 | - | 13,990 | 11,940 |
| Interest receivable | | 1,788 | - | 1,788 | 1,154 |
| | | 51,201 | | 51,201 | 37,858 |
| **Expenditure on:** | | | | | |
| Raising funds | | 340 | - | 340 | 1,182 |
| Expenditure on Charitable Activities | | 72,075 | - | 72,075 | 57,686 |
| **Total Expenditure** | | 72,415 | - | 72,415 | 58,868 |
| **Net Income/ (Expenditure)** | | (21,214) | - | (21,214) | (21,010) |
| Transfers between funds | | - | - | - | - |
| **Net movement in funds** | | (21,214) | - | (21,214) | (21,010) |
| **Reconciliation of funds** | | | | | |
| Total funds brought forward | 9 | 735,602 | - | 735,602 | 756,612 |
| **Total funds carried forward** | | 714,388 | - | 714,388 | 735,602 |

**Samaritans - Winchester and District**

**Balance Sheet**

**As at 31 March 2023**

| | Notes | Unrestricted £ | Restricted £ | 2023 Total funds £ | 2022 Total funds £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 6 | 573,018 | - | 573,018 | 581,211 |
| **Current assets** | | | | | |
| Debtors | 7 | 3,238 | - | 3,238 | 4,547 |
| Cash at bank and in hand | | 143,261 | | 143,261 | 162,546 |
| | | 146,499 | - | 146,499 | 167,093 |
| **Creditors: amounts falling due within one year** | 8 | (5,129) | - | (5,129) | (12,702) |
| **Net current assets** | | 141,370 | - | 141,370 | 154,391 |
| **Net assets** | | 714,388 | - | 714,388 | 735,602 |
| **Funds of the Charity** | 9 | | | | |
| **Unrestricted funds:** | | | | | |
| General fund | | | | 557,803 | 579,017 |
| Revaluation reserve | | | | 156,585 | 156,585 |
| | | | | 714,388 | 735,602 |
| **Total funds** | | | | 714,388 | 735,602 |

The charitable company is entitled to exemption from audit under Section 145 of the Charities Act 2011 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit in accordance with Section 144 of the Charities Act 2011.

The trustees acknowledge their responsibilities for complying with the requirements of Section 130 of the Charities Act 2011 with respect to accounting records and the preparation of accounts.



C. Washington-Sare
Treasurer
Approved by the board of Trustees on 2 September 2023

**Notes to the Financial Statements**

**For the year ended 31 March 2023**

## 1. Accounting policies

### Basis of preparation

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

### Going concern

The accounts have been prepared on a going concern basis. There are no material uncertainties about the charities ability to continue.

### Income
### Recognition of Income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

### Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

### Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

### Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

### Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

### Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

### Expenditure and liabilities

### Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

### Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

### Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

### Assets

### Tangible fixed assets for use by charity

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land and rental property, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

- Land and Buildings 2% straight line
- Furniture & fittings 25% straight line

### Investments

Fixed asset investments in quoted shares, traded bonds and similar investments are valued initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

### Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### 2 Donations and legacies

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Donations and legacies and prison grant | 21,928 | 15,885 |
| Gift Aid | 1,565 | 2,626 |
| | 23,493 | 18,511 |

### 3 Other trading activities

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Fundraising & events | 11,930 | 6,253 |

### 4 Fees for examination of accounts

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Independent Examiner's fees | 1,200 | 900 |

### 5 Trustees Remuneration and Benefits

Trustees or persons connected with them did not receive any renumeration from the charity. Some trustees were reimbursed for expenses incurred on behalf of the charity.

## 6 Tangible fixed assets

| | Land and buildings £ | Investment Property £ | Furniture, fittings & office equipment £ | Total £ |
|---|---|---|---|---|
| **Cost** | | | | |
| At 1 April 2022 | 452,715 | 220,586 | 2,433 | 675,734 |
| At 31 March 2023 | 452,715 | 220,586 | 2,433 | 675,734 |
| **Depreciation** | | | | |
| At 1 April 2022 | 92,225 | - | 2,298 | 94,523 |
| Charge for the year | 8,193 | - | - | 8,193 |
| At 31 March 2023 | 100,418 | - | 2,298 | 102,716 |
| **Net book value** | | | | |
| At 31 March 2023 | 352,297 | 220,586 | 135 | 573,018 |
| At 31 March 2022 | 360,490 | 220,586 | 135 | 581,211 |

The historical cost of the charitable use freehold buildings is £296,130.

Charitable use property is included at the Trustees' informal valuation, and the split between this charitable use property and the investment flat, all at 13 and 13 a Upper High Street, Winchester, is on the basis of their relative areas. During the last year year professional valuers Carter Jonas valued the combined properties shown above at £720,000 for insurance purposes.

## 7 Debtors

| | 2023 £ | 2022 £ |
|---|---|---|
| Prepayments | 2,189 | 3,473 |
| Gift aid receivable | 1,049 | 1,074 |
| | 3,238 | 4,547 |

## 8 Creditors: amounts falling due within one year

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Creditors | 1,194 | 5,286 |
| Samaritans Central Charity | 3,935 | 7,416 |
| | 5,129 | 12,702 |

## 9 Funds

**Current Year**

| | At 1 April 2022 | Net movement in funds | Transfers between funds | At 31 March 2023 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 579,017 | (21,214) | - | 557,803 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 735,602 | (21,214) | - | 714,388 |
| **Restricted funds** | | | | |
| Restricted funds | | - | - | - |
| **Total funds** | 735,602 | (21,214) | - | 714,388 |

Net movement in funds, included in the above are as follows:

| | Incoming resources | Resources expended | Gains and losses | Movement in funds |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 51,201 | (72,415) | - | (21,214) |
| Revaluation reserve | - | - | - | - |
| | 51,201 | (72,415) | - | (21,214) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 51,201 | (72,415) | - | (21,214) |

**Comparative Year**

| | At 1 April 2021 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2022 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 604,889 | (25,872) | - | 579,017 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 761,474 | (25,872) | - | 735,602 |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 761,474 | (25,872) | - | 735,602 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 46,202 | (72,074) | - | (25,872) |
| Revaluation reserve | - | - | - | - |
| | 46,202 | (72,074) | - | (25,872) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 46,202 | (72,074) | - | (25,872) |

## 10 Other information

Samaritans - Winchester and District is a Charitable Incorporated Organisation (CIO) incorporated in England. Its registered office is: 13 Upper High Street, Winchester SO23 8UT

# We're here to listen

Call free day or night on

## 116 123

Email
jo@samaritans.org

Web
samaritans.org/winchester

Visit us
13 Upper High Street
Winchester
SO23 8UT

SAMARITANS

Winchester and District Branch of Samaritans is a Charitable Incorporated Organisation registered in England and Wales (1173634). Our registered office is located at 13 Upper High Street, Winchester, Hampshire SO23 8UT.

**WINCHESTER AND DISTRICT BRANCH OF SAMARITANS**

England & Wales - Charity number 1173634

# Accounts

Registered charity number
1173634

# Samaritans - Winchester and District

## Report and Unaudited Financial Statements

## 31 March 2022

**Samaritans - Winchester and District**
**Financial Statements**
**Contents**
**for the year ended 31 March 2022**


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SAMARITANS

Winchester & District

# Whatever you're facing

## We're here to listen

Annual report 2021–22

SAMARITANS

WINCHESTER & DISTRICT

# ANNUAL REPORT 2021-2022

**Our vision is that fewer people die by suicide. Our mission is to make sure there's someone there for anyone who needs someone, to give people ways to cope and the skills to be there for others, and to campaign to make suicide prevention a national and local priority. Together we can make change that saves lives.**

**Registered Charity 1173634**

## Winchester & District Samaritans

| | | |
|---|---|---|
| **Patrons**: | The Mayor of Winchester: | Cllr Derek Green |
| | The Bishop of Winchester: | Rt Revd Debbie Sellin (acting) |
| **Samaritans**: | Director: | Janet 1510 |
| | Deputy Directors: | Hilary 1421 (Volunteer Support) |
| | | Jan 1570 (Planning & Succession) |
| | | Penny 1550 (Training) |
| | | Wayne 1625 (Outreach) |
| **Joint Leadership Team:** | | |
| | Chair: | Janet 1510 (Trustee) |
| | Secretary: | Vacancy |
| | Treasurer: | Ann 741 (Trustee) |
| | Other Trustees: | Hilary 1421 (Trustee) |
| | | Jan 1570 (Trustee) |
| | | Penny 1550 (Trustee) |
| | | Wayne 1625 (Trustee) |
| | Recruitment Lead: | Carol 1578 |
| | Prison Lead (BPSO): | Hugh 1368 |
| **Independent Examiners**: | | Kimball Smith Ltd |
| **Solicitors:** | | Blake Morgan |

## Director's Report - Janet 1510



As usual, 2021-22 has been a busy year for the branch.

Unfortunately Paul 821 had to step down as director for health reasons. He is currently concentrating on his health, but hopes to return to the branch in the future. He had led the branch since April 2019, overseeing changes in processes and technology, and of course including the immensely challenging period of covid lockdowns and restrictions. I and the trustees are so grateful for all his work in leading the branch during such a challenging period, and we all wish him a speedy recovery.

I was honoured to be appointed as interim director after discussions between the deputy directors, trustees and the regional director. An interim director has exactly the same authority as someone selected through the usual Branch Director Selection Process but serves for a shorter term usually of 12 months. In this case, I have been appointed until the end of the current directorate team, that is until the end of March 2023. The selection process for the new director from April 2023 will be commencing shortly, so do have a think about who you would like to see in this role.

### CHANGES IN BRANCH

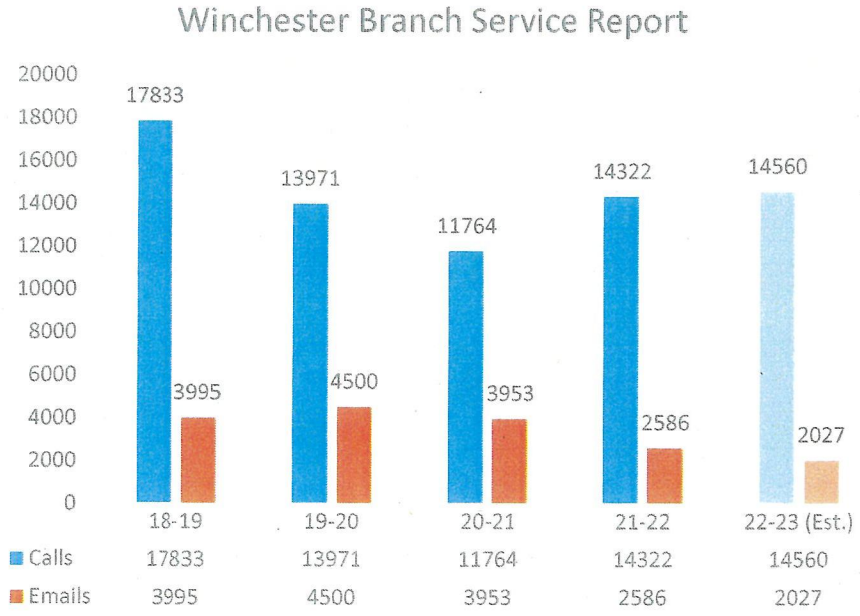
Since last year's report, the main change for the branch has been the further introduction of mandatory training, much of it done online. We all want to perform our Samaritans activities to the very best of our abilities so we need to update ourselves on policies, especially when they change over time.

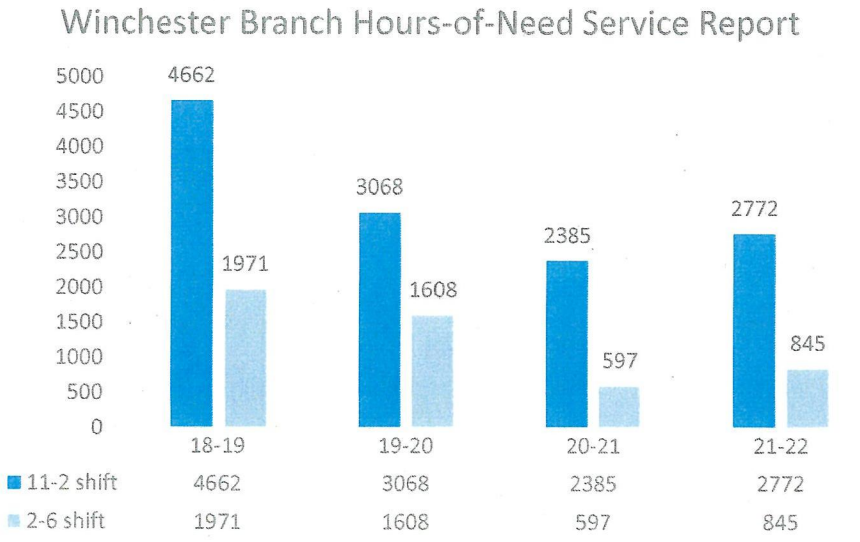
Another change coming soon is the way we respond to emails in branch. As the Email Hub has got underway, it has become clear that that it will take longer to get to the required capacity than original anticipated. The branches are therefore asked to continue with emails for a little longer, as the hub gradually takes on more. We have been selected to be a transition branch, continuing to do emails until at least the end of 2023.

### SERVICE STATISTICS

The following charts show the Winchester branch calls and emails answers for the periods 2018-19 (before the pandemic), 2019-20, 2020-21, 2021-22 and projections for the current year 2022-23. The first chart shows totals, and the second chart shows calls answered specifically during the hours of need 11-2 at night and 2-6 late night, when so many of our callers sadly fail to get through.

The charts show that although we are recovering from the pandemic and that our calls answered are now increasing, they are not back to the pre-pandemic levels. This is more starkly the case during the night time. To achieve more, we need to continue to recruit, train and retain volunteers, and we need everyone who is willing and able to do so, to try to fit in those night time duties.



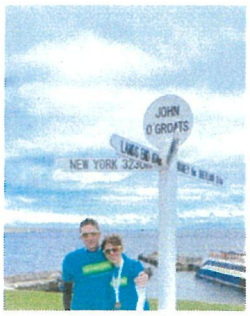




## ACTIVITIES

Covid restrictions have now fortunately opened up quite a lot, and it is exciting to see fundraising and outreach activities starting to ramp up in the branch again. Despite not having a fundraising lead at the moment, many people have stepped up to run events for us. This is a great opportunity, not only to raise funds for the branch, but also to raise awareness and have fun! Since the last AGM, various members have taken part in all kinds of activities, including:

- Samaritans heritage cycle ride - Cutty Sark to York Minster (Piers 1480)
- Cycle ride Land's End to John O'Groats (Imogen 356 and partner Ian)
- Car Boot Sale (Rosemary 1474, Carole 1549 and Pauline)
- Sarah Millican Fundraiser (Chris 1612, Carole 1549, Julia 1370 and Esther 1725)
- Samarathon (Wayne 1625)













There is a fundraising report covering the accounting year 2021/22 later.

**SUPPORT TO OTHER BRANCHES**

I am delighted to report that we currently have a good reserve of funds, and we have been able to support the Samaritans festival branch with a donation of £5000. Festival branch operates 24-hours a day over the period of a festival and it is a great way to raise awareness again, and to be there for festival-goers who may not know much about us. It costs them around £2,500 per event, so this should be a great help.

**IT**

On the IT side, there has been little change this year, other than the replacement of our aging and very slow training computer with a much faster new one. As luck would have it, just as we had done that, the big screen failed, and so we had to replace that too. It was replaced with a somewhat larger one, so should now be a really great facility for in-branch training activities.

**GOODBYES**

Finally, with great sadness, we have had to say goodbye to former secretary Martin Thomson, former director Dee Tuffill, and Fiona Littlejohn (Fiona 839) who both passed last Summer.

Martin worked mainly behind-the-scenes as a trustee and as our branch secretary. His contribution was a hugely valuable support to the branch.

Dee was one of the founder members of our branch when it formed in 1976, operating from a small premises in Stockbridge Road She was Branch Director between 1986 and '89 and continued as a Volunteer until 1997. However Dee's association with us didn't end then as she had periods of time as Chair of Friends (fundraising) and co-ordinator of the Ex Sams club. She continued to support the branch at fundraising events and was present at the

Carol Concert in St Peter's in 2018.

Fiona was a Sam for 35 years and was a stalwart of the branch. Over the years she was a trainer, a member of the prison team and a wonderful day leader who gave support to our listening volunteers. In addition, she was a inspirational mentor to many of us. We are indebted to her and hugely grateful for her contribution to the branch. Her friendship, experience and caring nature will be very much missed. Her husband Anthony said that Fiona regarded Samaritans as part of her 'family' and our thoughts are with him and with all Fiona's loved ones.

---

## Treasurer's Report - Ann 741[S]



### Financial Year 2021/22 -Year to 31 March 2022

As an affiliated branch of Samaritans responsibility for managing the branch finances rests with the branch trustees to ensure the branch has sufficient funds to keep our branch centre open in Winchester and for us to be able to provide the Samaritans service to callers now and in the future.

When I presented my Treasurer's Report last year for 2020/21 we had experienced the first year of the pandemic Covid-19. This financial year 2021/22 marked the 2nd pandemic year, with the branch continuing to face uncertainty as the "one off" Covid grants we received last year of £15,912 were not repeated. We were again fortunate to have fundraising by supporters and our volunteers (see separate fundraising report) so that fundraising income was only slightly down by £25 on the previous year. With our income reducing from £51,923 to £37,858 -a reduction of £14,065 -and expenditure of £58,868 we ended the year with a deficit of £21,010, which is met from our reserves held to cover these "lean years".

As a branch we rely on the generosity of our donors, our fundraisers, and investment income from our flat rental and deposit interest. We have no regular income other than this investment income, and therefore hold cash reserves so that the branch can continue to operate now and in the future. With Covid restrictions easing (now rare to see mask wearing everywhere) we will return to our usual fundraising events which also enable us to meet the public.

Our 2021/22 accounts include the annual depreciation charge for our Centre at 2% per annum. No depreciation is charged for the flat as this is an investment property built to provide a regular income for the branch.

Looking at the summarised accounts for 2021/22 you will see that total income at £37,858 fell by £14,065 compared to 2020/21, with grants, donations and legacies down by £12,492, fundraising down slightly £25 ,and investment income down by £1,548.

Total expenditure in 2021/22 fell by £4,369 from £63,237 to £58,868. Our costs included direct volunteer costs at £12,636 for travel and training- these costs reflect our volunteers returning for duties as Covid restrictions eased, and travel costs reflect the branch being based in Winchester but covering a much wider area including Alresford, Andover etc. We also make an annual payment to the Central Charity by way of the NBC or New Branch Contribution. Last year we provided £12,326 for this charge, but the actual charge was reduced by £3,115, so that our accounts for 2021/22 include a net £4,301 for the NBC - £7,416 the payment due for the year offset by the £3,115 overprovision in 2020/21. The trustees also continued to offer support to the SCC (Samaritans Central Charity) for special projects being run centrally, and our expenditure in 2021/22 includes payment of £10,000 to the SCC for these projects. We have also continued this support in the current financial year 2022/23 with £5,000 support for Festival Branch.

With total income of £37,858 and total expenditure of £58,868 we ended the year with a deficit of £21,010 (compared with the deficit of £11,314 in 2020/21) and we will again meet this deficit from our cash reserves, which remain sufficient for the ongoing operation of the branch.

Once again I express my thanks to Sue 1281S Assistant Treasurer for her support and who has been invaluable in helping me close the accounts for 2021/22 and in preparing for our External Examination.

Financial help from our supporters ensures the branch can continue to provide the Samaritans service to our callers. In 2021/22 we had support from individuals and groups – we are so grateful for your support. We can't list everyone here, but donations came from among the following:

| | |
|---|---|
| Statutory: | Prison Grant re HM Prison Winchester |
| Trusts and Funds: | William Brake Charitable Trust; Emilienne Charitable Trust |
| Churches: | St Barnabas; St Lawrence with St Swithun; St Luke with St Martin; and the Catholic Womens League |
| Businesses/Clubs/Groups: | Arrows Stores |
| Individuals including: | Piers Armstrong; P W Ferris; R C Niddrie; Donald Sherriff; M S Thomas, Michael Wakefield; and from our volunteers donating back their expenses; plus our Anonymous Donors- we thank you all for your support. |

We also had income from Memoriams- for Mrs Jean Yvonne Kelly

**SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES -SOFA**

| | 2021/22 £ | 2020/21 £ |
|---|---|---|
| **INCOME** | | |
| Prison Grant, Donations,Legacies,Memoriams | 18,511 | 31,003 |
| Other Charitable Activities- Fundraising | 6,253 | 6,278 |
| Investment Income-Rent and Deposit Interest | 13,094 | 14,642 |
| **TOTAL INCOME** | **37,858** | **51,923** |
| | | |
| Costs of raising funds | 1,182 | 571 |
| Expenditure on Charitable Activities | 57,686 | 62,666 |
| **TOTAL EXPENDITURE** | **58,868** | **63,237** |
| **NET INCOME FOR THE PERIOD (- LOSS)** | **-21,010** | **-11,314** |
| **TOTAL FUNDS brought forward** | **756,612** | **767,926** |
| **TOTAL FUNDS carried forward** | **735,602** | **756,612** |
| | | |
| **SUMMARISED BALANCE SHEET AT 31 MARCH 2022** | | |
| **Tangible Assets** | | |
| **Freehold Land and Buildings, Fixtures and Fittings** | **581,211** | **589,404** |
| **Net Current Assets-Cash at Bank, Debtors less Creditors** | **154,391** | **167, 208** |
| **TOTAL CHARITY FUNDS** | **735,602** | **756,612** |

(The accounts are subject to external examination by our Examiner)

Finally I have a personal note to add. After many years as a Listening Samaritan, as a Fundraiser and a Support Samaritan I am giving notice of my retirement by the end of the current financial year 2022/23. It has been a privilege to serve such a worthwhile organisation as Samaritans in my several roles.

## Fundraising Report – Sue 1281[S]



It has been another challenging year for fundraising – though at least this year we were able to do carol singing, the car boot sale and a Winchester Street collection. We had to cancel other regular events such as the Alresford collection. In total we raised £6,253 including Gift Aid of £335.

Fortunately, we have had some amazing fundraising from our volunteers. The Samarathon in July raised nearly £1700 with volunteers walking, running or rambling a marathon distance over the month. Many thanks to Wayne 1625, Sue 1281, Bridget 1300 and Chris 1612 for their fantastic efforts.

Emma 1558 raised nearly £1,000 with a cycle ride – thanks to Emma for her great endeavours and for also making a generous donation herself!

Piers 1480 has also done a bike ride and in these accounts had raised £330 – with much, much more to come in the next financial year – thank-you Piers.

Thanks also to all our fantastic fundraisers – it's a lot of work to organise sales and collections and we're really grateful to everyone who has played their part.

Something urgently needed for Fundraising is a person to lead the team! We have managed to keep things running with best endeavours from many people, but having a lead for this area would enable us to do so much more.

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## Outreach Report – Wayne 1625



Outreach was significantly impacted by the pandemic, so this period was focussed on rebuilding our capacity to be able to carry out this valuable work and reach more people who need us.

We now have a new pool of some 17 volunteers trained to provide Emotional Support in Other Settings (ESOS) which enables us to restart activities to support our callers outside of the branch, safely and confidently in line with new requirements. With this we have a schedule of events planned to re-engage key projects with National Rail at Winchester & Shawford, and our Feet-on-the-Street (FotS) initiative.

We also have a new lead for Education with a pool of some 6 volunteers trained in the new formal Branch Education Training. We're looking forward to going back into schools and educating young people about emotional health and helping them develop positive coping strategies.

Despite the challenging circumstances we can be proud that we delivered an innovative programme during this period that exceeded all expectations. Our funded Hampshire and Isle of Wight Suicide Prevention outreach programme was a collaboration with Basingstoke, Southampton, and Winchester branches. Our branch provided programme leadership of over 20 volunteers across the 3 branches and was key in delivering this work.

The programme objective was to reduce suicide risk in men, particularly hard to reach men aged 35-55, and directly engage with 1,250 men in this cohort. The team created & developed new powerful workshop content showing how important it is, particularly for men – to talk about how they are feeling, and to look after ourselves and each other. Workshops were held with Managers and Mental Health First Aiders across IBM (4 events), AT Jones, NATS, RAF Odiham, Twining Tea, and Womble Dickenson. The feedback was very

positive, and this new content has been incorporated into our ongoing branch outreach activities. It was also great to forge stronger relationships with Basingstoke and Southampton branches and volunteers.

Other events during this period:

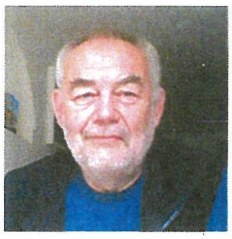
- Nov 2021: Hampshire NHS Child and Adolescent Mental Health Services (CAMHS) face-face conference attended by Schools, Social Services, GPs, Police, and youth organisations. We had a stand to raise awareness of our services and promote our Step by Step service (see photo).
- Mar 2022: We gave a 90min talk to the Winchester Bereavement Support group to raise awareness of the Samaritans' work and share our methods using the listening wheel.




We are excited to now be in a position to get back to full engagement with this work during 2022/23.

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## Prison Listener Scheme Report – Hugh 1368



Members of the Prison Team have supported a listening scheme in Winchester Prison for about 25 years. This involves training and supporting prisoners to be Samaritans listeners for other prisoners in the prison and is complementary to the provision of telephone or letter writing support. Nearly all of the approximately 100 prisons in the UK and RoI have such a listener scheme supported by their local Samaritans branch.

The Winchester Prison team consists of eleven volunteers, (ten from Winchester and one from Southampton). Over the last year we were sorry to lose three very experienced volunteers (Anne 1190, Roberta 1249 and Fiona 835) but we have gained Geoff 2038 (Southampton), Ann 1565, Pat 1695 and Susan 1635.

Because Winchester is a Local and Remand prison, turnover is rapid and few prisoners stay more that 1-2 years. That means that listeners rarely stay in Winchester for more than six to eight months so we need to recruit and train listeners two to three times a year.

During the pandemic it was difficult to run the listener scheme as for extended periods face to face meetings between prisoners were not allowed, nor were we able to go into the prison to train new listeners or provide face to face support meetings for them. As a result, over the last year, listener numbers and activity has fluctuated widely. Between December

2021 and February 2022, there were very few listeners and only four calls occurred, however, after a training course for 10 listeners in March, activity returned to normal levels and in the six months from March to August 2022, there were 356 calls to the listeners. The reasons for calls to the listeners vary widely but, in the last year, the top four topics of concern were family, mental health, sentencing and first time in prison.

A further course for 10 listeners will take place in September and we anticipate that they will continue to provide the listening service for the prison over the next few months.

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## Training Report – Penny 1550



It has been another really busy year for the training team, role players and on either side of us the recruitment and mentoring teams. One of our biggest challenges is to balance our resources with knowing that those waiting enthusiastically to join us are sometimes having to wait many months before accessing a training course. We currently have enough trainers and mentors to, realistically, train around 30 new Sams each year which, a very wise and experienced Sam in the branch once told me is enough to 'stand still' in terms of our numbers. It can be frustrating when we know we are struggling to fill the rota and have 'Sams in waiting', not to be able to put in additional cohorts of Trainees in the year but I am so very, very grateful to everyone involved with the time and commitment you give that there really are fine lines to be walked between duties we can offer in the branch and not overworking everyone involved in recruiting, training and mentoring! As ever we are there for our callers but also there to look after each other too.

In the 2021-22 year we welcomed cohorts 156, 157, 158 and 159. As we were still almost entirely training over Zoom we limited numbers starting to 6/7. This meant 25 new Sams started training of whom 23 completed CORE training and 19 at the time of writing in July are still active.

Zoom continued to work well for us as a means of delivery and in particular for skills practice. Feedback is very positive but we are fortunate to work with really good training materials from the Centre. We have taken on board feedback, in particular introducing written feedback following role plays. All new Sams have an eight week programme of CORE before moving in to the Ops room with their mentors and then joining together for 5 monthly embedding training sessions.

We delivered face to face Continuous Development modules in July – Ending calls, and in February – Supporting Callers Experiencing Loneliness, and also offered a number of Zoom safeguarding sessions with the introduction of new Policies in the summer. All of these were well attended and it is always lovely to experience the buzz and warmth of the branch coming together.

It remains an enormous privilege to lead this area of what we do, working with incredible Sams in the branch who give so much time to ensuring new Sams have a positive experience and are equipped with the confidence and skills to take calls. It can make me feel quite emotional being part of the first session when a cohort starts and then sending them off in to the Ops room at the end of CORE looking forward with apprehension to their first mentored duties yet with so much more confidence and skills than they had only 8 weeks before!

So many people make this possible: 43 of the branch are involved in Training, Role playing and/or Mentoring. Some of you wear all 3 hats! I am so very, very grateful to each of you. Training involves significant preparation and administration as well as delivery, Role playing involves getting familiar with your role, incredible acting and also providing feedback to trainees, and Mentoring is a very significant commitment across two or three months and beyond. Special thanks go to: Rosemary and Julia for the coordination of mentors, Liz for her role in Continuous Development but more than I can say also to Brian who keeps the wheels of the training team oiled, ensuring that we have all sessions covered and that new Sams have the information they need before they start CORE, during it and through to embedding. He also puts all those incredible schedules on our wiki!

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**Words of Wisdom from Chad Varah – Samaritans' Founder**

The most precious thing that you can give another human being is total undivided benevolent attention. To be recognized as a worthwhile human being and loved by a stranger; that is a life-saving experience.

**Samaritans - Winchester and District**
**Report of the Trustees**
**for the year ended 31 March 2022**

The Trustees present their Report and Accounts for the year ended 31 March 2022.

**Registered Charity number**
1173634 under the Governing Document dated 30 June 2017

**Trustees**
The Trustees who served as a trustee in the reporting period were:

A Diver
H Byford
A Gossling
P Jackson
C Washington-Sare (resigned)
J Allen
J Harrison
M Thomson (resigned)
W Fletcher (appointed September 2021)

**Objects and activities of the charity**

***The purposes of the charity as set out in its governing document.***

In accordance with the objectives set out in the constitution of the charity, the charity has the following objects:

To work for the assistance of persons who are suicidal, despairing or in distress by providing a service primarily intended for the benefit of persons in Winchester and the surrounding area, to enable persons to receive immediate help, compassion and befriending from members of the Charity.

To support the national Samaritans Charity in the aid and establishment of new and other branches.

To advance education by providing society with a better understanding of suicide; suicidal behaviour and the value of expressing feelings that may lead to suicide.

**Structure, governance and management of the charity**

***The methods used to recruit and appoint new charity trustees.***

The committee are elected at an Annual General Meeting and consists of the following members:

a) elected members, who must be Samaritans, other than ex-officio members

b) ex-officio members who shall be the Director, a Deputy Director ( appointed by the Director), the Secretary, the Publicity Officer, the Treasurer and the Chair of the Friends of Winchester and District Branch of Samaritans

c) co-opted members up to a maximum of one third of the committee (excluding co-opted members)

***The policies and procedures for the induction and training of trustees***

All trustees are trained in house with each receiving a copy of the CC ( Charity Commission) booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking.

The Committee meets regularly, at least 4 times per year.

All trustees receive regular financial reports throughout the year.

Any queries which trustees may have are aired at the Committee meetings and resolved.

The training of trustees is on an informal basis and is ongoing throughout the period of their office.

No trustee is paid.

***The charity's organisational and decision making stucture***

Elected members excluding ex-officio members shall comprise a majority of the committee entitled to vote at meetings. All questions at any meeting are determined by simple majority votes cast by members present, with each member ( except co-opted members) having one vote. In any event of an equality of votes, the Chair may exercise a second vote as a casting vote. Elected committee members may not serve on the committee for more than three consecutive years.

***The charity as a part of a wider network.***

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support.

***Policies on reserves***

The trustees have resolved to keep sufficient level of resources to provide for future activities. The policy on reserves is that the existing assets are retained to produce income which is wholly utilised to support existing activities. There is no intention in the long term to either increase or reduce the capital significantly. The policy is justified in that it is necessary to preserve income at the present levels in order to maintain the activities of the charity.

Approved by order of the board of trustees on 4 October 2022 and signed on its behalf by:

J Allen

Janet Allen
Director and Chairman of Trustees

## Independent Examiner's Report to the Trustees of Samaritans -Winchester and District on the financial statements for the year ended 31 March 2022 set out on pages 4-12

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed and I am qualified to undertake the examination by being a qualified member of the association of accounting technicians.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Ken Stratton

Kenneth John Stratton FMAAT
Kimball Smith Limited
Brewery House
High Street
Twyford
Winchester
SO21 1RG

Date: 4 October 2022

**Samaritans - Winchester and District**
**Statement of Financial Activities**
**for the year ended 31 March 2022**
(Incorporating an Income and Expenditure Account)

| | Notes | Unrestricted £ | Restricted £ | 2022 Total funds £ | 2021 Total funds £ |
|---|---|---|---|---|---|
| **Income** | | | | | |
| Donations legacies and prison grant | 2 | 18,511 | - | 18,511 | 31,003 |
| Other trading activities | 3 | 6,253 | - | 6,253 | 6,278 |
| Rental income | | 11,940 | - | 11,940 | 11,940 |
| Interest receivable | | 1,154 | - | 1,154 | 2,702 |
| | | 37,858 | | 37,858 | 51,923 |
| **Expenditure on:** | | | | | |
| Raising funds | | 1,182 | - | 1,182 | 1,699 |
| Expenditure on Charitable Activities | | 57,686 | - | 57,686 | 61,538 |
| **Total Expenditure** | | 58,868 | - | 58,868 | 63,237 |
| **Net Income** | | (21,010) | - | (21,010) | (11,314) |
| Transfers between funds | | - | - | - | - |
| **Net movement in funds** | | (21,010) | - | (21,010) | (11,314) |
| **Reconciliation of funds** | | | | | |
| Total funds brought forward | 9 | 756,612 | - | 756,612 | 767,926 |
| **Total funds carried forward** | | 735,602 | - | 735,602 | 756,612 |

**Samaritans - Winchester and District**
**Registered number: 1173634**
**Balance Sheet**
**as at 31 March 2022**

| | Notes | Unrestricted £ | Restricted £ | 2022 Total funds £ | 2021 Total funds £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 6 | 581,211 | - | 581,211 | 589,404 |
| **Current assets** | | | | | |
| Debtors | 7 | 4,547 | - | 4,547 | 3,382 |
| Cash at bank and in hand | | 162,546 | | 162,546 | 178,661 |
| | | 167,093 | - | 167,093 | 182,043 |
| **Creditors: amounts falling due within one year** | 8 | (12,702) | - | (12,702) | (14,835) |
| **Net current assets** | | 154,391 | - | 154,391 | 167,208 |
| **Net assets** | | 735,602 | - | 735,602 | 756,612 |
| **Funds of the Charity** | 9 | | | | |
| **Unrestricted funds:** | | | | | |
| General fund | | | | 579,017 | 600,027 |
| Revaluation reserve | | | | 156,585 | 156,585 |
| | | | | 735,602 | 756,612 |
| **Total funds** | | | | 735,602 | 756,612 |

The charitable company is entitled to exemption from audit under Section 145 of the Charities Act 2011 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit in accordance with Section 144 of the Charities Act 2011.

The trustees acknowledge their responsibilities for complying with the requirements of Section 130 of the Charities Act 2011 with respect to accounting records and the preparation of accounts.

Ann Gossling
Treasurer
Approved by the board of Trustees on 4 October 2022

## 1 Accounting policies

### Basis of preparation

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS102. Assets and liabilities are intially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

### Going concern

The accounts have been prepared on a going concern basis. There are no material uncertainties about the charities ability to continue.

### Income

#### Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

#### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

#### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

#### Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

#### Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

#### Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

#### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

#### Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

**Investment gains and losses**
This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

## Expenditure and liabilities

**Liability recognition**
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

**Governance costs**
Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**Taxation**
The charity is exempt from corporation tax on its charitable activities.

**Creditors**
The charity has creditors which are measured at settlement amounts less any trade discounts.

**Provisions for liabilities**
A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

## Assets

**Tangible fixed assets for use by charity**
Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land and rental property, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

| | |
|---|---|
| Land and Buildings | 2% straight line |
| Furniture & fittings | 25% straight line |

**Investments**
Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

**Debtors**
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Donations and legacies**

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Donations and legacies and prison grant | 15,885 | 28,377 |
| Gift Aid | 2,626 | 2,626 |
| | 18,511 | 31,003 |

**3 Other trading activities**

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Fundraising & events | 6,253 | 6,278 |

**4 Fees for examination of accounts**

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Independent Examiner's fees | 930 | 660 |

**5 Trustees Remuneration and Benefits**

No trustees or persons connected with them received any renumeration from the charity.

## 4 Tangible fixed assets

| | Land and buildings £ | Investment Property £ | Furniture, fittings & office equipment £ | Total £ |
|---|---|---|---|---|
| **Cost** | | | | |
| At 1 April 2021 | 452,715 | 220,586 | 2,433 | 675,734 |
| At 31 March 2022 | 452,715 | 220,586 | 2,433 | 675,734 |
| **Depreciation** | | | | |
| At 1 April 2021 | 84,032 | - | 2,298 | 86,330 |
| Charge for the year | 8,193 | - | - | 8,193 |
| At 31 March 2022 | 92,225 | - | 2,298 | 94,523 |
| **Net book value** | | | | |
| At 31 March 2022 | 360,490 | 220,586 | 135 | 581,211 |
| At 31 March 2021 | 368,683 | 220,586 | 135 | 589,404 |

The historical cost of the charitable use freehold buildings is £296,130.

Charitable use property is included at the Trustees' informal valuation, and the split between this charitable use property and the investment flat, all at 13 and 13 a Upper High Street, Winchester, is on the basis of their relative areas. During the year professional valuers Carter Jonas valued the combined properties shown above at £720,000 for insurance purposes.

## 5 Debtors

| | 2022 £ | 2021 £ |
|---|---|---|
| Prepayments | 3,473 | 2,647 |
| Gift aid receivable | 1,074 | 735 |
| | 4,547 | 3,382 |

## 6 Creditors: amounts falling due within one year

| | 2022 £ | 2021 £ |
|---|---|---|
| Creditors | 5,285 | 2,509 |
| Samaritans Central Charity | 7,416 | 12,326 |
| | 12,701 | 14,835 |

## 9 Funds

**Current Year**

| | At 1 April 2021 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2022 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 600,027 | (21,010) | - | 579,017 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 756,612 | (21,010) | - | 735,602 |
| **Restricted funds** | | | | |
| Restricted funds | | - | - | - |
| **Total funds** | 756,612 | (21,010) | - | 735,602 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 37,858 | (58,868) | - | (21,010) |
| Revaluation reserve | - | - | - | - |
| | 37,858 | (58,868) | - | (21,010) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 37,858 | (58,868) | - | (21,010) |

**Comparative Year**

| | At 1 April 2020 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2021 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 611,341 | (11,314) | - | 600,027 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 767,926 | (11,314) | - | 756,612 |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 767,926 | (11,314) | - | 756,612 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 51,923 | (63,237) | - | (11,314) |
| Revaluation reserve | - | - | - | - |
| | 51,923 | (63,237) | - | (11,314) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 51,923 | (63,237) | - | (11,314) |

## 7 Other information

Samaritans - Winchester and District is a Charitable Incorporated Organisation (CIO) incorporated in England. Its registered office is:
13 Upper High street
Winchester
SO23 8UT

**WINCHESTER AND DISTRICT BRANCH OF SAMARITANS**

England & Wales - Charity number 1173634

# Accounts

Registered charity number
1173634

# Samaritans - Winchester and District

## Report and Unaudited Financial Statements

## 31 March 2021

**Samaritans - Winchester and District**
**Financial Statements**
**Contents**
**for the year ended 31 March 2021**


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| Balance sheet | 5 |
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SAMARITANS

Winchester & District

Registered Charity 1173634

# ANNUAL REPORT 2020 – 2021

## (1st April 2020 – 31st March 2021)


Free Phone - 116 123

E Mail: jo@samaritans.org

SMS –Text - 07725 909090

Website www.samaritans.org/winchester

13 Upper High Street, Winchester SO23 8UT


| | | |
|---|---|---|
| Patrons: | The Mayor of Winchester | Cllr Patrick Cunningham |
| | The Bishop of Winchester | Rt Revd Tim Dakin |

Joint Leadership Team:

| | | |
|---|---|---|
| Trustees: | Director/Chair | Paul 821 |
| | Secretary | Martin 1564(S) |
| | Treasurer | Ann 741(S) |
| | Deputy Director Volunteer Support & Day Leaders | Hilary 1421 |
| | Deputy Director Caller Support | Jan 1570 |
| | Deputy Director Training | Penny 1550 |
| | Deputy Director IT & Administration | Janet 1510 |
| | Fundraising Lead | Chris 1612 |

| | | | |
|---|---|---|---|
| Functional Leads: | Outreach | | Wayne 1625 |
| Recruitment | Carol 1578 | Prison (BPSO) | Hugh 1368 |
| | Publicity | | Vacant |

| | |
|---|---|
| Independent Examiners: | Kimball Smith Ltd |
| Solicitors: | Blake Morgan |



The new 'social" area (with coffee machine) in the Training Room

# Director's Report – Paul 821

Much has been said about the impact of Coronavirus on our way of life and like every organisation Samaritans has had to find ways to respond to its challenges. It has been inspiring to see our dedicated volunteers working through the crisis, answering the phones, responding to emails and finding ways to help keep the branch running well. From April 2020 to March 2021, volunteers at the branch answered over 10000 phone calls and replied to over 4000 emails from callers who needed our help. Many support volunteers were involved in keeping things running smoothly. My thanks and appreciation go to everyone who contributed so much to keeping the service going throughout the pandemic period.

Many volunteers needed to self-isolate to protect themselves during this period and were encouraged to do so where needed or where they felt safer doing so. It is good to see many of these volunteers now returning to active duties following vaccinations.

Since March 2020, we've all been working hard to keep the Centre a Covid-safe environment in which to carry out our duties. Thanks to the care and diligence of all volunteers, we have had to my knowledge no incidents of infection or transmission at the Centre.

The last year was one with a new leadership team with myself as new Director. This was a remarkable time to be stepping into our new roles and I'd like to thank everyone who took on new roles for their contributions over this challenging year, as well as grateful thanks to a smaller number from the previous team who provided valuable continuity and experience.

## INITIATIVES FROM CENTRAL OFFICE

There have been quite a few changes to our ways of working over the last year. Central Office have provided us with new Ops room computers – involving a move from Windows to ChromeOS – and this transition seems to have gone smoothly. Around the same time, we moved on from the increasingly unreliable 'Connect' call distribution system to its replacement known as 'Link', which after settling in proved to have been a good move.

We have been involved in our first home working initiatives namely 'Email from Home' and the Support Service for NHS and Social Care workers. We would have liked more people at the branch to have been involved but availability was limited – there will hopefully be more opportunities in future for those interested in contributing from home.

With all these changes, we are inevitably moving to a more online way of working. To aid anyone who needs help with this process, we are fortunate to have the IT support of Susanna 1622 who can provide individual support to anyone who can benefit.

## BRANCH QUALITY REVIEW

A new-style branch review was held over 2020/21 and I am pleased to report we received very good feedback. This is a testament to everyone in the branch who contributes so much to our way of working :- Day Leaders, The Leadership Team and Deputy Directors and every listening and support volunteer. Thanks also to the previous leadership team for handing the branch over in such good order.

## PREMISES

Storms and heavy rain tested our building in the winter of 2019/20, and it was clear some repairs were needed. Temporary repairs were made but unfortunately the pandemic intervened and it proved difficult to arrange full repairs – these had to wait until autumn 2020 for successful completion.

Coronavirus air-born transmission, which is believed to be one of the main covid risk factors, has caused us to review airflow within our building. Currently we've fitted fire-safe door stops to the Ops room and emphasised to volunteers the need to open doors and windows to ensure good airflow. We will keep this under review.

## FUNDRAISING AND OUTREACH

All face-to-face activities were suspended for most of the year, resulting in Outreach and Fundraising being severely curtailed. The branch has been successful in applying for some Covid-related grants intended for Charities and other organisations in this situation. We have more recently introduced a 'text to donate' service.

RECRUITMENT, TRAINING AND NEW VOLUNTEERS

The recruitment, training, mentoring and role player members of the branch have been doing a wonderful job of bringing new volunteers into the branch throughout the pandemic. This has been accomplished by moving all of these activities online – a significant challenge that was achieved through the motivation and dedication of everyone involved.

25 new volunteers joined us in the 2020/21 representing 30% of our active volunteers, and I'd like to warmly welcome them all to the branch. They are: Andy 1634, Anna 1637, Caroline 1680, Charles 1675, Charlotte 1702, Claire 1701, Emma 1704, Georgia 1692, Grace 1672, Hannah 1706, Helen 1638, Hetty 1693, Isabel 1699, Jane 1685, Jessica 1640, John 1619, Kevin 1682, Nicholas 1641, Pat 1695, Paul 1705, Rex 1697, Richard 1691, Susanna 1622, Trish 1639, Victoria 1703.

We are always sad when volunteers leave – as is normal this year it was for a variety of reasons such as life changes, job and location moves. Two volunteers felt the time was right to move on after very long service of around 30 years – namely Helen 813 and Jane 728. They go with our best wishes and thanks for the many years they spent with us.

SOCIAL EVENTS

One of the socially isolating factors of this year was the restriction on volunteers meeting each other face to face. We've worked to try to overcome this, by introducing initiatives such as Virtual Coffee Mornings and online meetups (via Zoom) and the Call-a-Sam rota, where day leaders would have monthly telephone contact with volunteers who were unable to come into the branch. These seem to have been appreciated by those involved, but we are all looking forward to the times ahead when we can meet In person.

## Training Report – Penny 1550

'Zoom????' I queried in late March, 2021 'What is Zoom????' A year later I know lots (but by no means everything in a techy sense) about Zoom and it has been invaluable in our delivering Core Training to 28 Sams in-waiting during the year.

I am so proud of my fellow trainers who have gone along with me, after tentative and somewhat anxious beginnings, to show what can be done and what each of us was capable of when it came down to the challenge of either risking the branch shrinking during Covid and loosing those who were ready and waiting to start their training, or Zooming ahead with curiosity about what we could do.

During the year we have welcomed cohorts 152, 153, 154 and 155. 152-4 have completed Core and 155 will start in the Ops Room in May. Of 28 who have started Core during this very strange year we have lost only one along the way, two completed and subsequently moved areas and one gave it a go but decided it was not for her. This is a welcomely high rate of Sams 'staying the course' and has given the Training team increased confidence that digital delivery can work.

The key thing we have not been able to deliver by Zoom is the 'bonding' of physical contact but over the year as everyone, including new Sams, have got more comfortable with interacting digitally as part of life, this seems to have got easier and we have introduced keeping the 'Zoom room' open whilst trainers leave at the end of each session. Another 'down side' has been around integration in to the Ops room as during the mentoring period new Sams have only been able to meet their mentor rather than have the benefit of listening in and learning from the Sam on the other duty station.

Another thing that has not been possible this year has been 'Continuous Development' (formerly OGT) activities or Ongoing Mentoring. We have a plan for both in the coming months but will be guided by Social Distancing advice. We facilitated a 'Reconnect/best practice' session in March which around a third of the branch attended via Zoom.

On the up side no one has to travel in and skills practice replicates much more effectively the 'real' situation of taking a call and is not constrained by the number of cubby holes we can find in the Centre to do it! In a 'post Covid' world we are looking forward to finding a model of delivery that combines the advantages of both forms of delivery.

I am very privileged to have such a fantastic Training team and we are always mindful of the numbers of new Sams who the amazing recruitment team are always getting through and who we do not want to keep waiting and potentially losing interest, and our own resources and time to keep delivering. We are also very aware of trying to keep ahead of the curve in terms of those leaving the branch and those joining. With a number of newer Sams having to self-isolate and not being back in the branch yet it is hard to assess accurately the 'goings vis a vis comings' in the branch but looking back over

Sams who started training between 2018-2020 only 42% are now active. Quite a sobering thought and one that means the training team will keep on doing all they can to enable the branch to maximise the numbers of Listeners we have to provide a service to our Callers.

We could not do this without the support of some other amazing teams and it is a privilege to work with you, Rosemary and Julia leading the mentors, Carol in recruitment with Anne 1190 on DBS.

Thanks to all the large band of you that are Role Players for embracing the new technology and for Zooming in and out week in and week out and taking on multiple personalities with compassion and humour!

The training team have been simply amazing this year. They took a leap of faith in going with Zoom and we were one of the first branches in the country to do this. It has been fun to learn it together and see us all grow in confidence. So thank you so very much – Don, Nuala, Hugh, Paul 1618, Liz, Veronica, Peter 1050, Anne 1455 and Russ and special thanks to Brian for his incredible Coordination and Administration. We have made it happen together.

## IT/Administration Report – Janet 1510

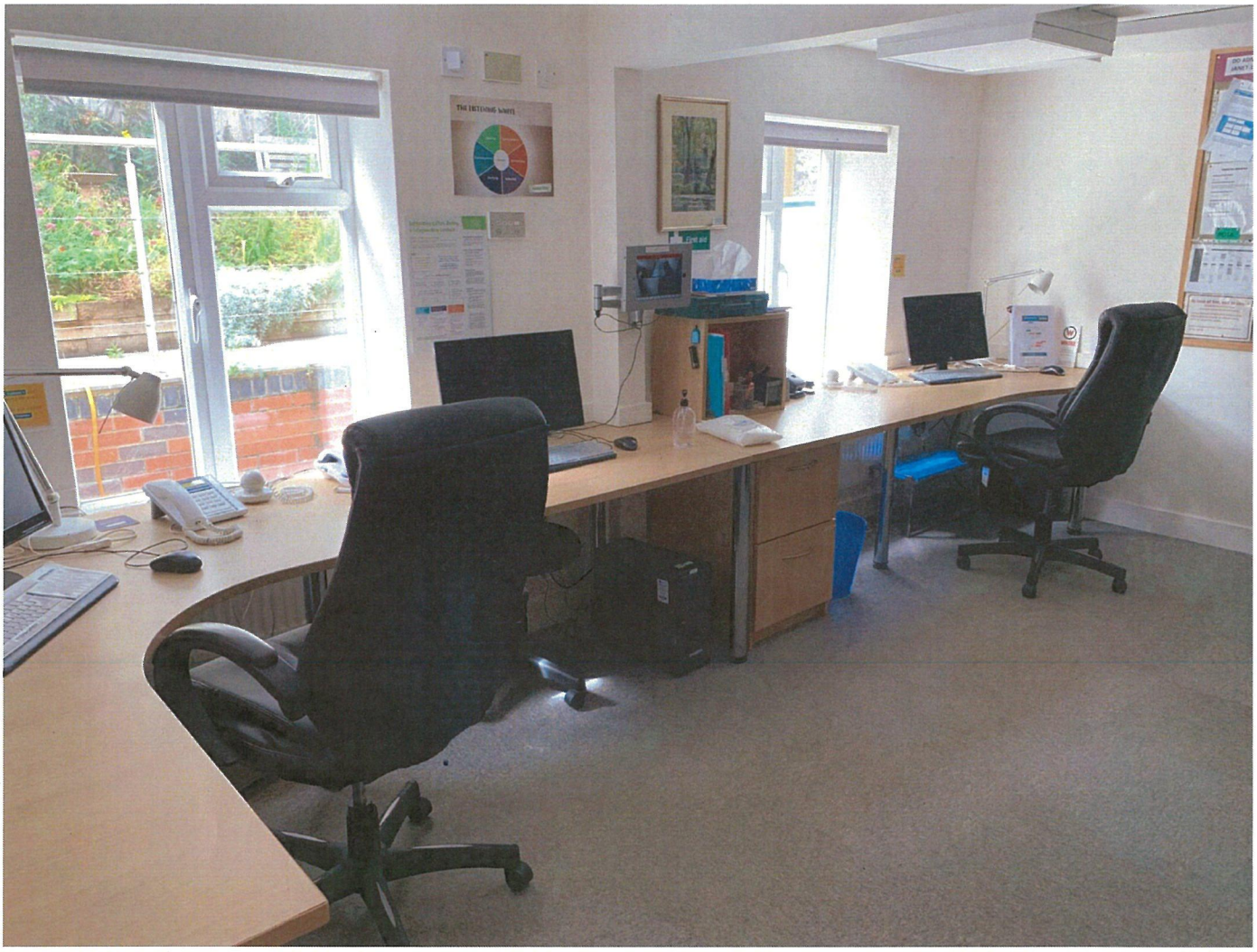
As you have no doubt noticed, there have been a lot of changes this year with regard to both operations and admin.

On the admin front, we have introduced a number of measures to increase covid-security within the branch, many funded by the DCMS grant we were fortunate to receive. These include:

- Procedures to avoid volunteers mixing at the start/end of shifts
- Restricting the ops room to 2 volunteers at a time
- The provision of wipes, hand sanitiser, paper towels, keyboard covers, disposable gloves, face masks and disposable sheets
- The provision of a dual office phone in the ops room to avoid sharing
- The provision of a sanitiser station at the entrance to the branch
- Procedures for cleaning surfaces at the start/end of shifts
- The loan of individual headsets to volunteers who prefer to use them

Also on the admin front, the rota itself has been changed over time as the number of available volunteers has fluctuated. The aim has always been to open as many shifts as possible, while protecting the hours of need (11pm – 6am) as much as possible.

However, the biggest changes have been on the operations side, with very visible changes due to the introduction of equipment from the There for Everyone programme, and less visible changes generally upgrading our technology.



Winchester Ops Room

We introduced the new geemarc phone with enhanced amplification (provided as part of the There for Everyone programme) at each workstation, in addition to the normal phone, so volunteers can choose the most appropriate phone for their needs. The connect system was withdrawn early in 2020 and replaced with link – an online system that each volunteer has access to on their workstation, without needing to scoot across to another terminal. Link is itself accessed via the Samaritans home website, so that too was a change. There were a few teething problems as the new software was tweaked in response to comments from volunteers across the country, but it seems to have bedded in now. Our volunteers have had to learn the new systems and, in this pandemic age, without the aid of face-to-face training, but they have risen to the challenge magnificently!

The old Windows duty stations have now been replaced by new chromebox PCs from the There-forEveryone programme. These are managed by SCO and on login, take the volunteer directly to the web page with their online tools ready for the shift. So much easier than searching the windows desktop for icons that seem to be in a different place each time you look. The new workstations are also quicker to start up, and almost silent. The old connect PC in the middle has been replaced with a chromebook laptop, which is managed like the duty stations, and can be used as backup station if needed. This was also provided as part of the There-for-Everyone programme.

In addition, we were able to use further DCMS funding to replace the Admin PC with a more modern windows PC, and to provide laptops for training. Less visibly, the broadband has been upgraded and is now considerably faster and the internal network has been upgraded to have more coverage and also provide more security.

## Prison Report – Hugh 1368

This has been a difficult year for listeners at HMP Winchester due to Covid-19. During most of the year face to face listening has been permitted, but because of movement restrictions within the prison, it has not always been possible for listeners and callers to be moved to the listening suites and increasingly staff have encouraged prisoners to use their in-cell phone to call the Samaritans helpline. It has been a difficult time for prisoners too as the lock down regime in place

for much of the year has meant more time spent in cells, reduced opportunities for work and education and no visiting by friends and relatives.

During the initial period of lockdown from April to July, the regular weekly listener meetings were suspended and contact was maintained with the listeners by using a dedicated mobile phone which could be forwarded to different members of the branch Prison Support Team. The listeners were asked to make their calls at specific times in the week and this initially worked well, but became more erratic as time went on. During this time however, the number of listeners declined and it became necessary to train new listeners. Eight new listeners were trained in July using the gym with a Risk management protocol agreed between the branch and the prison. Following completion of the course it was possible to restart the weekly listener meetings and these continued until October when the prison went in to lockdown again. Meetings recommenced briefly in December, but after Christmas there was a serious outbreak of infection in the prison and all listening activity and visits were suspended again until 8th March.

Once again, the number of listeners has declined and a new training course is planned for April.

Through all of this time, the Safer Custody staff have been a vital link between the Prison Support Team of volunteers and the Listeners. This has also been difficult at times as the shortages of staff due to illness and self-isolating have meant that Safer Custody staff have often been redeployed on the wings so it has been difficult for them to maintain the communication between the listeners and Samaritans.

## Fundraising Report – Chris 1612

Unsurprisingly our public fundraising efforts were significantly impacted by the Covid lockdowns and we were unable to conduct our street collections, car boot sale or carol singing collections. Despite these trying circumstances we are very thankful to all the people who chose to either raise funds or donate in the last financial year. Overall, the Winchester Branch raised £6,278 (which includes £445 in Gift Aid) in fundraised gifts from members of the public.

Our thanks go to:

- The volunteers participating in the 2.6 Challenge that was conducted April 2020: o David1555 raised £1,695 by going the extra mile literally and walking 28,416 steps (that's about 13.5 miles!)
  o Piers1480 cycled 26 miles and raised £709 (including a £104 gift from the Poyser Foundation o Ann1555 raised £426 to cover the cost of 26 calls (and then some!) o Chris1612 ran 10km (26 k divided by 2.6) and raised £148
- The Waitrose Community Fund for a donation of £333 kindly arranged by Sarah1538.
- All the volunteers and friends who raised £286 by selling Christmas cards kindly organised by Pauline1394
- All the JustGiving and Virgin Money Donors who gave over £2,000
- All the people who made Samarathon donations totalling £445

There will, of course, be fundraising events throughout 2021/22 and these will be published as soon as details have been finalised and Covid 19 restrictions lifted.




The Listening Walker outside the Centre with John 1026

## Treasurer's Report – Ann 741(S)

As an affiliated branch of Samaritans the branch trustees are responsible for managing our finances to ensure the branch has sufficient funds to keep our Centre open in Winchester and for us to be able to provide the Samaritans service to callers now and in the future. When I presented my Treasurer's Report last year, we were at the start of the pandemic Covid-19, but none of us could have imagined that the whole of this financial year 2020/21 would have been affected. The branch faced uncertainty as we were unable to fundraise in our usual way by meeting the public via street collections, carol singing, car boot sales, organised walks, the annual Christmas Concert - all these events had to be cancelled. But we were fortunate in applying for and receiving Covid Grant Aid to help us through this unprecedented time. These special grants totalled £15,912 - DCMS/Pears grant of £5,912 (to be spent in the year on upgrading computer equipment and facilities for volunteers), Winchester City Council £5,000 Covid grant, and £5,000 from the William Brake Charitable Trust (as part of their total grant of £7,000). This special "one off" support enabled us to reduce the annual deficit from £25,182 in 2019/20 to £11,314 for 2020/21.

As a branch we continue to rely on the generosity of our donors, our fundraisers, and investment income from our flat rental and deposit interest. We have no regular income other than this, and therefore hold cash reserves so that we can ensure the branch can continue to operate now and in the future. Our 2020/21 accounts include the annual depreciation charge for our Centre at 2% per annum. No depreciation is charged for the flat as this is an investment property built to provide a regular income for the branch.

Looking at the summarised accounts for 2020/21 you will see that total income at £51,923, increased by £10,403 compared to 2019/20, with grants, donations and legacies up by £15,769 (reflecting the "one off" Covid grants), fundraising down by £4,951, and a decrease of £415 in investment income as interest rates fall.

Total expenditure in 2020/21 fell by £3,465 from £66,702 to £63,237. Our costs included direct volunteer costs at £8,357 for travel and training - these costs reduced in 2020/21 reflecting many volunteers self- isolating and not travelling in for duties. We also make an annual contribution to the SSC (Samaritans Central Charity) by way of the NBC (New Branch Contribution) and our 2020/21 accounts include £12,326 for this charge. The branch trustees also offered support to the SCC for special projects being run centrally and our expenditure in 2020/21 includes payment of £7,500 to the SCC for these projects.

With total income of £51,923 and total expenditure of £63,237 we ended the year with a deficit of £11,314 (compared with the deficit of £25,182 in 2019/20) and we will meet this deficit from our cash reserves, which remain sufficient for the ongoing operation of the branch.

Again, I express my thanks to Sue 1281(S), our Assistant Treasurer, for her support especially during my self-isolating and for being the treasury team representative in branch. She has also fully supported me in closing the accounts and preparing for our External Examination.

We thank all our supporters - your financial help ensures the branch can continue to provide the Samaritans service to our callers. In 2020/21 we had support from individuals and groups with donations from among the following:

- Statutory: Prison Grant re HM Prison Winchester
- Covid Grants: DCMS/Pears; Winchester City Council, William Brake Charitable Trust
- Trusts and Funds: William Brake Charitable Trust; Emilienne Charitable Trust and The Suicide Prevention Innovation Fund
- Churches: St Barnabas; St Lawrence with St Swithun; St Luke with St Martin
- Businesses/Clubs/Groups: Waitrose Community Fund
- Individuals including: Tim Cain; A Littlejohn; R Murphy; J Fry; Audrey Griffiths; P W Ferris: Tim Pattinson; Richard Rogers: Chris and Caesar Slattery; MS Thomas ; and from our volunteers donating back their expenses, and all those Anonymous Donors-we thank you all for your support.
- Memoriams: we also had income from Memoriams for Susan Nelmes and Pam Denham (both former Samaritans at Winchester) and Gordon Saunders.

| Summarised Statement of Financial Activities (SOFA) | FUNDS 2020/21 | FUNDS 2019/20 |
|---|---|---|
| INCOME | £ | £ |
| Prison Grant. Covid Grants, Donations, Legacies, Memoriams | 31,003 | 15,234 |
| Income from Other Charitable Activities-Fundraising | 6,278 | 11,229 |
| Investment Income-Rent and Deposit Interest | 14,642 | 15,057 |
| TOTAL INCOME | 51,923 | 41,520 |
| | | |
| Costs of raising funds | 571 | 2,345 |
| Expenditure on Charitable Activities | 62,666 | 64,357 |
| TOTAL EXPENDITURE | 63,237 | 66,702 |
| NET INCOME FOR THE PERIOD | -11,314 | -25,182 |
| TOTAL FUNDS brought forward | 767,926 | 793,108 |
| TOTAL FUNDS carried forward | 756,612 | 767,926 |

| SUMMARISED BALANCE SHEET AT 31 MARCH 2021 | 2020/21 | 2019/20 |
|---|---|---|
| Tangible Assets | £ | £ |
| Freehold Land and Buildings, Fixtures and Fittings | 589,404 | 597.597 |
| Current Assets-Cash at Bank plus Debtors | 182,043 | 182,353 |
| less Creditors | -14,835 | -12,024 |
| Net Current Assets | 167,208 | 170.329 |
| Total Net Assets of the Charity-funded as follows | 756,612 | 767,926 |
| | | |
| Capital and Reserves | | |
| Unrestricted Funds | 600,027 | 611,341 |
| Revaluation Reserve | 156,585 | 156,585 |
| TOTAL CHARITY FUNDS | 756,612 | 767,926 |

## And finally,

Your Branch Leadership Team still smiling at the end of a long but worthwhile Zoom meeting:




## Words of Wisdom from Chad Varah – Samaritans' Founder

The most precious thing that you can give another human being is total undivided benevolent attention. To be recognised as a worthwhile human being and loved by a stranger; that is a life-saving experience.

**Samaritans - Winchester and District**
**Report of the Trustees**
**for the year ended 31 March 2021**

The Trustees present their Report and Accounts for the year ended 31 March 2021.

**Registered Charity number**
1173634 under the Governing Document dated 30 June 2017

**Trustees**
The Trustees who served as a trustee in the reporting period were:

A Diver (appointed September 2020)
H Byford (appointed September 2020)
A Gossling
P Jackson
C Washington-Sare (appointed September 2020)
J Allen (appointed September 2020)
J Harrison (appointed September 2020)
M Thomson

## Objects and activities of the charity

***The purposes of the charity as set out in its governing document.***

In accordance with the objectives set out in the constitution of the charity, the charity has the following objects:

To work for the assistance of persons who are suicidal, despairing or in distress by providing a service primarily intended for the benefit of persons in Winchester and the surrounding area, to enable persons to receive immediate help, compassion and befriending from members of the Charity.

To support the national Samaritans Charity in the aid and establishment of new and other branches.

To advance education by providing society with a better understanding of suicide, suicidal behaviour and the value of expressing feelings that may lead to suicide.

## Structure, governance and management of the charity

***The methods used to recruit and appoint new charity trustees.***

The committee are elected at an Annual General Meeting and consists of the following members:

a) elected members, who must be Samaritans, other than ex-officio members

b) ex-officio members who shall be the Director, a Deputy Director ( appointed by the Director), the Secretary, the Publicity Officer, the Treasurer and the Chair of the Friends of Winchester and District Branch of Samaritans

c) co-opted members up to a maximum of one third of the committee (excluding co-opted members)

***The policies and procedures for the induction and training of trustees***

All trustees are trained in house with each receiving a copy of the CC ( Charity Commission) booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking.

The Committee meets regularly, at least 4 times per year.

All trustees receive regular financial reports throughout the year.

Any queries which trustees may have are aired at the Committee meetings and resolved.

The training of trustees is on an informal basis and is ongoing throughout the period of their office.

No trustee is paid.

***The charity's organisational and decision making stucture***

Elected members excluding ex-officio members shall comprise a majority of the committee entitled to vote at meetings. All questions at any meeting are determined by simple majority votes cast by members present, with each member ( except co-opted members) having one vote. In any event of an equality of votes, the Chair may exercise a second vote as a casting vote. Elected committee members may not serve on the committee for more than three consecutive years.

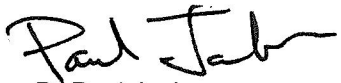
***The charity as a part of a wider network.***

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support.

***Policies on reserves***

The trustees have resolved to keep sufficient level of resources to provide for future activities. The policy on reserves is that the existing assets are retained to produce income which is wholly utilised to support existing activities. There is no intention in the long term to either increase or reduce the capital significantly. The policy is justified in that it is necessary to preserve income at the present levels in order to maintain the activities of the charity.

Approved by order of the board of trustees on 16 August 2021 and signed on its behalf by:



Dr Paul Jackson
Director and Chairman of Trustees

**Independent Examiner's Report to the Trustees of**
**Samaritans -Winchester and District**
**on the financial statements for the year ended 31 March 2021**
**set out on pages 4-12**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed and I am qualified to undertake the examination by being a qualified member of the association of accounting technicians.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Ken Stratton

Kenneth John Stratton FMAAT
Kimball Smith Limited
Brewery House
High Street
Twyford
Winchester
SO21 1RG

Date: 9 September 2021

**Samaritans - Winchester and District**
**Statement of Financial Activities**
**for the year ended 31 March 2021**
(Incorporating an Income and Expenditure Account)

| | Notes | Unrestricted £ | Restricted £ | 2021 Total funds £ | 2020 Total funds £ |
|---|---|---|---|---|---|
| **Income** | | | | | |
| Donations legacies and prison grant | 2 | 31,003 | - | 31,003 | 15,234 |
| Other trading activities | 3 | 6,278 | - | 6,278 | 11,229 |
| Rental income | | 11,940 | - | 11,940 | 11,940 |
| Interest receivable | | 2,702 | - | 2,702 | 3,117 |
| | | 51,923 | | 51,923 | 41,520 |
| **Expenditure on:** | | | | | |
| Raising funds | | 571 | - | 571 | 2,345 |
| Expenditure on Charitable Activities | | 62,666 | - | 62,666 | 64,357 |
| **Total Expenditure** | | 63,237 | - | 63,237 | 66,702 |
| **Net Income** | | (11,314) | - | (11,314) | (25,182) |
| Transfers between funds | | - | - | - | - |
| **Net movement in funds** | | (11,314) | - | (11,314) | (25,182) |
| **Reconciliation of funds** | | | | | |
| Total funds brought forward | 9 | 767,926 | - | 767,926 | 793,108 |
| **Total funds carried forward** | | 756,612 | - | 756,612 | 767,926 |

**Samaritans - Winchester and District**
**Registered number: 1173634**
**Balance Sheet**
**as at 31 March 2021**

| | Notes | Unrestricted £ | Restricted £ | 2021 Total funds £ | 2020 Total funds £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 6 | 589,404 | - | 589,404 | 597,597 |
| **Current assets** | | | | | |
| Debtors | 7 | 3,382 | - | 3,382 | 5,320 |
| Cash at bank and in hand | | 178,661 | | 178,661 | 177,033 |
| | | 182,043 | - | 182,043 | 182,353 |
| **Creditors: amounts falling due within one year** | 8 | (14,835) | - | (14,835) | (12,024) |
| **Net current assets** | | 167,208 | - | 167,208 | 170,329 |
| **Net assets** | | 756,612 | - | 756,612 | 767,926 |
| **Funds of the Charity** | 9 | | | | |
| **Unrestricted funds:** | | | | | |
| General fund | | | | 600,027 | 611,341 |
| Revaluation reserve | | | | 156,585 | 156,585 |
| | | | | 756,612 | 767,926 |
| **Total funds** | | | | 756,612 | 767,926 |

The charitable company is entitled to exemption from audit under Section 145 of the Charities Act 2011 for the year ended 31 March 2021.

The members have not required the charitable company to obtain an audit in accordance with Section 144 of the Charities Act 2011.

The trustees acknowledge their responsibilities for complying with the requirements of Section 130 of the Charities Act 2011 with respect to accounting records and the preparation of accounts.

Ann Gossling
Treasurer
Approved by the board of Trustees on 16 August 2021

## 1 Accounting policies

### Basis of preparation

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS102. Assets and liabilities are intially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

### Going concern

The accounts have been prepared on a going concern basis. There are no material uncertainties about the charities ability to continue.

### Income

#### Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

#### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

#### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

#### Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

#### Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

#### Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

#### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

#### Income from interest, royalties and dividends

This Is Included in the accounts when receipt is probable and the amount receivable can be measured reliably.

**Investment gains and losses**
This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

## Expenditure and liabilities

**Liability recognition**
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

**Governance costs**
Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**Taxation**
The charity is exempt from corporation tax on its charitable activities.

**Creditors**
The charity has creditors which are measured at settlement amounts less any trade discounts.

**Provisions for liabilities**
A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

## Assets

**Tangible fixed assets for use by charity**
Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land and rental property, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

| | |
|---|---|
| Land and Buildings | 2% straight line |
| Furniture & fittings | 25% straight line |

**Investments**
Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

**Debtors**
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2 Donations and legacies**

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Donations and legacies and prison grant | 28,377 | 12,349 |
| Gift Aid | 2,626 | 2,885 |
| | 31,003 | 15,234 |

**3 Other trading activities**

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Fundraising & events | 6,278 | 11,229 |

**4 Fees for examination of accounts**

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Independent Examiner's fees | 660 | 951 |

**5 Trustees Remuneration and Benefits**

No trustees or persons connected with them received any renumeration from the charity.

## 6 Tangible fixed assets

| | Land and buildings £ | Investment Property £ | Furniture, fittings & office equipment £ | Total £ |
|---|---|---|---|---|
| **Cost** | | | | |
| At 1 April 2020 | 452,715 | 220,586 | 2,433 | 675,734 |
| At 31 March 2021 | 452,715 | 220,586 | 2,433 | 675,734 |
| **Depreciation** | | | | |
| At 1 April 2020 | 75,839 | - | 2,298 | 78,137 |
| Charge for the year | 8,193 | - | - | 8,193 |
| At 31 March 2021 | 84,032 | - | 2,298 | 86,330 |
| **Net book value** | | | | |
| At 31 March 2021 | 368,683 | 220,586 | 135 | 589,404 |
| At 31 March 2020 | 376,876 | 220,586 | 135 | 597,597 |

The historical cost of the charitable use freehold buildings is £296,130.

Charitable use property is included at the Trustees' informal valuation, and the split between this charitable use property and the investment flat, all at 13 and 13 a Upper High Street, Winchester, is on the basis of their relative areas.

## 7 Debtors

| | 2021 £ | 2020 £ |
|---|---|---|
| Prepayments | 2,647 | 3,929 |
| Gift aid receivable | 735 | 1,391 |
| | 3,382 | 5,320 |

## 8 Creditors: amounts falling due within one year

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Creditors | 2,509 | 2,761 |
| Samaritans Central Charity | 12,326 | 9,263 |
| | 14,835 | 12,024 |

## 9 Funds

### Current Year

| | At 1 April 2020 | Net movement in funds | Transfers between funds | At 31 March 2021 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 611,341 | (11,314) | - | 600,027 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 767,926 | (11,314) | - | 756,612 |
| **Restricted funds** | | | | |
| Restricted funds | | - | - | - |
| **Total funds** | 767,926 | (11,314) | - | 756,612 |

Net movement in funds, included in the above are as follows:

| | Incoming resources | Resources expended | Gains and losses | Movement in funds |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 51,923 | (63,237) | - | (11,314) |
| Revaluation reserve | - | - | - | - |
| | 51,923 | (63,237) | - | (11,314) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 51,923 | (63,237) | - | (11,314) |

**Comparative Year**

| | At 1 April 2019 £ | Net movement in funds £ | Transfers between funds £ | At 31 March 2020 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 636,523 | (25,182) | - | 611,341 |
| Revaluation reserve | 156,585 | - | - | 156,585 |
| | 793,108 | (25,182) | - | 767,926 |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 793,108 | (25,182) | - | 767,926 |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 41,520 | (66,702) | - | (25,182) |
| Revaluation reserve | - | - | - | - |
| | 41,520 | (66,702) | - | (25,182) |
| **Restricted funds** | | | | |
| Restricted funds | - | - | - | - |
| **Total funds** | 41,520 | (66,702) | - | (25,182) |

**10 Other information**

Samaritans - Winchester and District is a Charitable Incorporated Organisation (CIO) incorporated in England. Its registered office is:
13 Upper High street
Winchester
SO23 8UT