DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

England & Wales · Charity number 1173622

Details

Status	Registered
Legal form	CIO
Registered	2017-06-29
Register	View on the Charity Commission register

Contact

Address	Newham Leisure Centre 281 Prince Regent Lane London E13 8SD
Phone	07852855711
Email	marian@dostcentre.co.uk
Website	www.dostcentre.co.uk

Activities

Objects: TO ADVANCE IN LIFE AND RELIEVE THE NEEDS OF YOUNG PEOPLE, IN PARTICULAR MIGRANTS,REFUGEES AND THOSE SEEKING ASYLUM, BY PROVIDING INFORMATION AND ADVICE.TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 LIVING IN THE UK BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS.TO ADVANCE THE EDUCATION OF THE PUBLIC IN GENERAL ABOUT THE ISSUES RELATING TO MIGRANTS, ESPECIALLY REFUGEES AND THOSE SEEKING ASYLUM.TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF YOUNG MIGRANTS, ESPECIALLY THOSE SEEKING ASYLUM.THE PROMOTION OF SOCIAL INCLUSION FOR THE PUBLIC BENEFIT AMONG PEOPLE WHO ARE REFUGEES, ASYLUM SEEKERS AND MIGRANTS WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF THEIR SOCIAL AND ECONOMIC POSITION, BY PROVIDING SOCIAL AND RECREATIONAL FACILITIES AND EVENTS INVOLVING THE LOCAL COMMUNITY.

Activities: Sports and social activities and one to one and group support for young refugees and migrants.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£77,382	£99,997	-	-
2024-03-31	£155,067	£104,156	-	-
2023-03-31	£109,118	£118,031	-	-
2022-03-31	£83,134	£79,681	-	-
2021-03-31	£75,379	£55,719	-	-

Trustees

Name	Role	Appointed
Adis Birhanu Girma		2025-11-06
Aneesa Ali		2025-11-04
Bejal Shah		2023-07-27
JIM MINTON		2017-08-01
MICHAEL THOMAS HAVARD		2017-08-01
Noah Leul		2025-11-06
Thomas Edwards		2018-11-28
Winnie Sham		2022-07-06

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DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

England & Wales - Charity number 1173622

Accounts

dost

Centre for Young Refugees and Migrants

Annual Report 2025

Dost Centre for Young Refugees and Migrants

Newham Leisure Centre

281 Prince Regent Lane

London, E13 8SD

www.dostcentre.co.uk

Tel: 07852855711

Insta: dost_centre

Charity Number: 1173622

Welcome from the Board

Welcome to the 2024/25 Annual Report for Dost Centre for Young Refugees and Migrants. During this period, demand for support has evolved in the face of a challenging political climate; Dost's commitment to its' core mission became even more important: providing a safe, supportive space for activities and services to empower and equip young people from a refugee and migrant background, from all over London, to reach their full potential and to feel included within society.

The number of young people forced to leave their home countries has continued to grow, with many arriving in the UK alone, without family or friends, overcoming unimaginable migration journeys.

Sadly, the political narrative against migration has continued to grow even more hostile, with targeted protests at hotels, the symbolic raising of the British flag and the growing voice of far-right groups becoming more present in the mainstream, creating an intimidating and unsafe environment where young refugees and migrants are feeling excluded and at risk.

This has accentuated the importance of what the Dost Centre offers. A home. A family. A place where young people can feel safe and supported. When you read the testimonies in this report, you can hear the transformative impact that Dost Centre has had on these young people's lives.

Marian, the staff and the volunteer team are true change makers and as the Board of Trustees, we couldn't be more proud of the wonderful work the team does.

Work that has seen the incredible Marian, the Director, awarded an MBE, recognising the extraordinary work and advocacy she continues to do.

No one is more deserving of such an honour.

Our twice-weekly youth club sport sessions have seen us find a new home at Shipman Youth Zone, as well as continuing to deliver sessions at Newham Leisure Centre which provide the chance for young people to connect and meet like minded peers.

Our huge range of trips provide unique cultural experiences to help connect young people with each other and their new country and our range of exciting residentials build resilience and confidence.

Our English lessons and project-based learning build skills and qualifications to help young people in their future pursuits.

We also hear about the value of our programme from our vested stakeholders: carers, local services and partners.

They testify to the vital lifeline that Dost Centre offers, helping young people feel a sense of belonging.

We continue to strengthen our funding streams, securing more grants, in-kind partnerships and individual donors, helping secure our financial sustainability.

We are incredibly grateful to all of these funders and supporters because without them, this work simply wouldn't be possible.

We aim to continue pushing boundaries, showing flexibility and dynamism in an ever changing climate, making sure we continue to preserve our mission of supporting our young people through fun and inspiring activities.

We hope you enjoy this report, which is a tribute to their strengths and an invitation for continued collaboration as we work towards a more inclusive, compassionate future and we welcome anyone who would like to work in partnership to achieve this or to help fund our future programmes.

Thank you - Tommy Edwards - Trustee since 2018
On behalf of the Board of Trustees

Welcome from the Director

2025 has been another busy year at Dost with 232 sessions and 455 young people taking part in the programme. We have continued to provide a wide variety of sessions and activities to cater to as many young people as possible and to provide choice and opportunities at all levels of engagement with Dost.

In May 2025, we moved to Shipman Youth Zone to run our English Class and one of our weekly Youth Club sports sessions.
This has allowed us to offer more activities due to the facilities at the centre - we can do cooking sessions and offer hot food, we can use the gym and do boxing sessions, we can run workshops, such as sexual health and substance misuse sessions and can do art and creative sessions, such as film making.
In the future, we also have options to use other spaces in the centre and do different activities. As it's a more sociable space, we've also been able to get to know the young people better and for them to spend time with each other, away from the football pitch or sports hall.
This year we have also done cooking courses with two local organisations, which have helped the young people to learn new cooking skills, to help them become more independent.

As always, we have gone on a lot of day trips and residentials! These opportunities really allow the young people to experience the postive aspects of being in the UK; to learn about their new country; to respect and appreciate others, to develop new skills and to feel a real sense of belonging, whilst being able to grow in a safe space.
I was humbled and very surprised to receive an MBE in June, from King Charles III and was very glad that three of the young people came with me to Buckingham Palace to recieve my award. (as it was quite a nerve wracking experience and way out my comfort zone!).
Every year, Dost changes and develops a little and it's great to still be on that journey and to see us grow, learn and adapt alongside the young people who attend.
Thanks to all the staff, trustees, volunteers, funders and partners who make it all possible and thanks to all the young people who make it fun and never boring and who give us a reason to keep going!

Marian Spiers, MBE, Director- since June 2009

Dost: (which means friend in a number of languages); Pashtu, Dari, Hindi, Urdu), was established as an independent Charity in 2017.

Our aim is to advance in life and relieve the needs of young people from a refugee and migrant background and those seeking asylum.

We work with around 500 young people a year; aged 13-19 years of age, from all across London; to help them feel empowered and equipped to reach their full potential.
We do this by providing a varied and diverse programme of physical and educational activities in order to reduce their isolation, improve physical and mental well-being and increase their skills, their access to opportunities and to develop capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals and ensure they are not excluded on the grounds of their social and economic position.

Our Aims

Our Impact in 2025

455 Young People

253 new young people

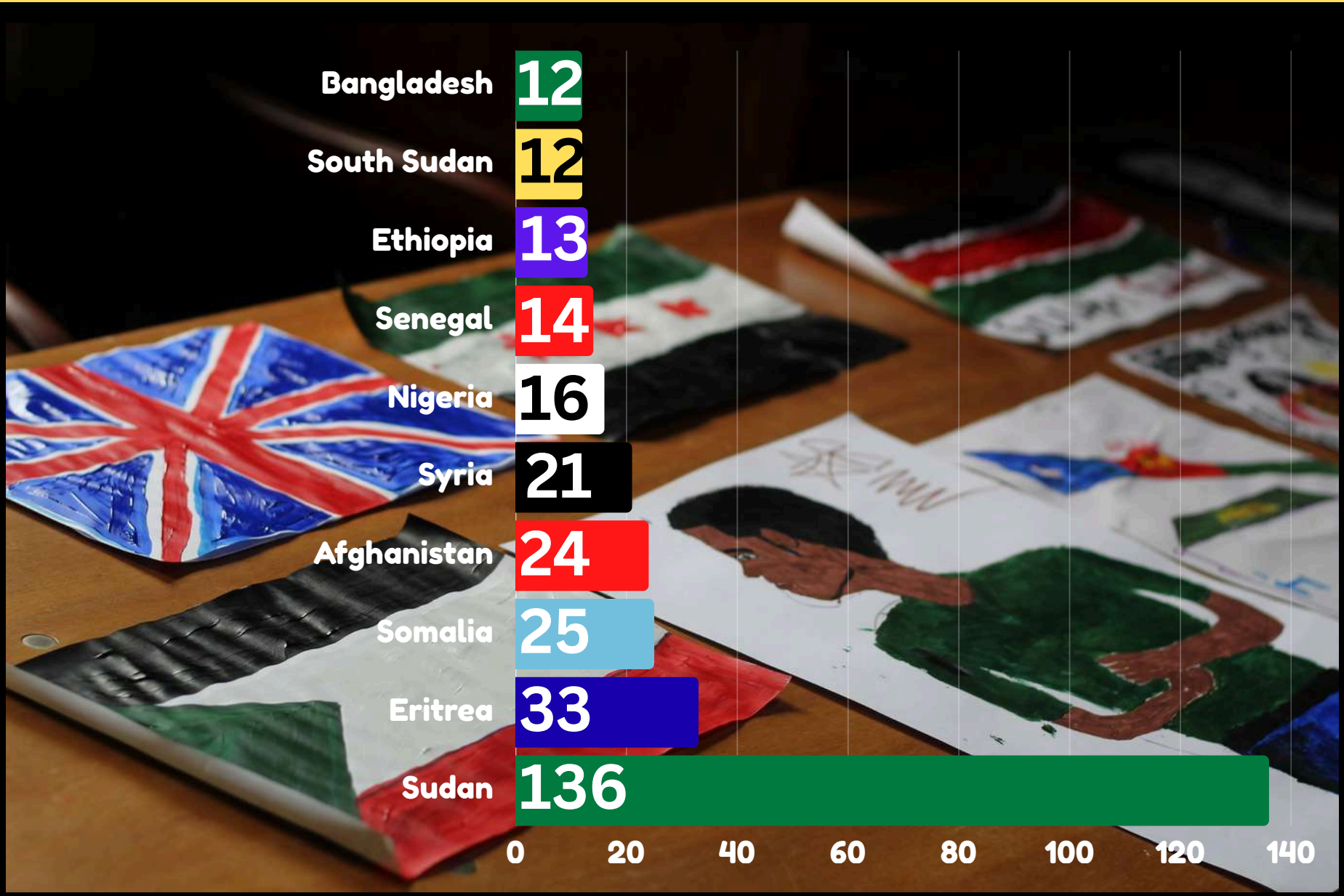
439 Male

16 Female

6565 Individual Attendances

232 Sessions

60 Nationalities



89 Youth Club Sessions

41 Day Trips

50 English Classes

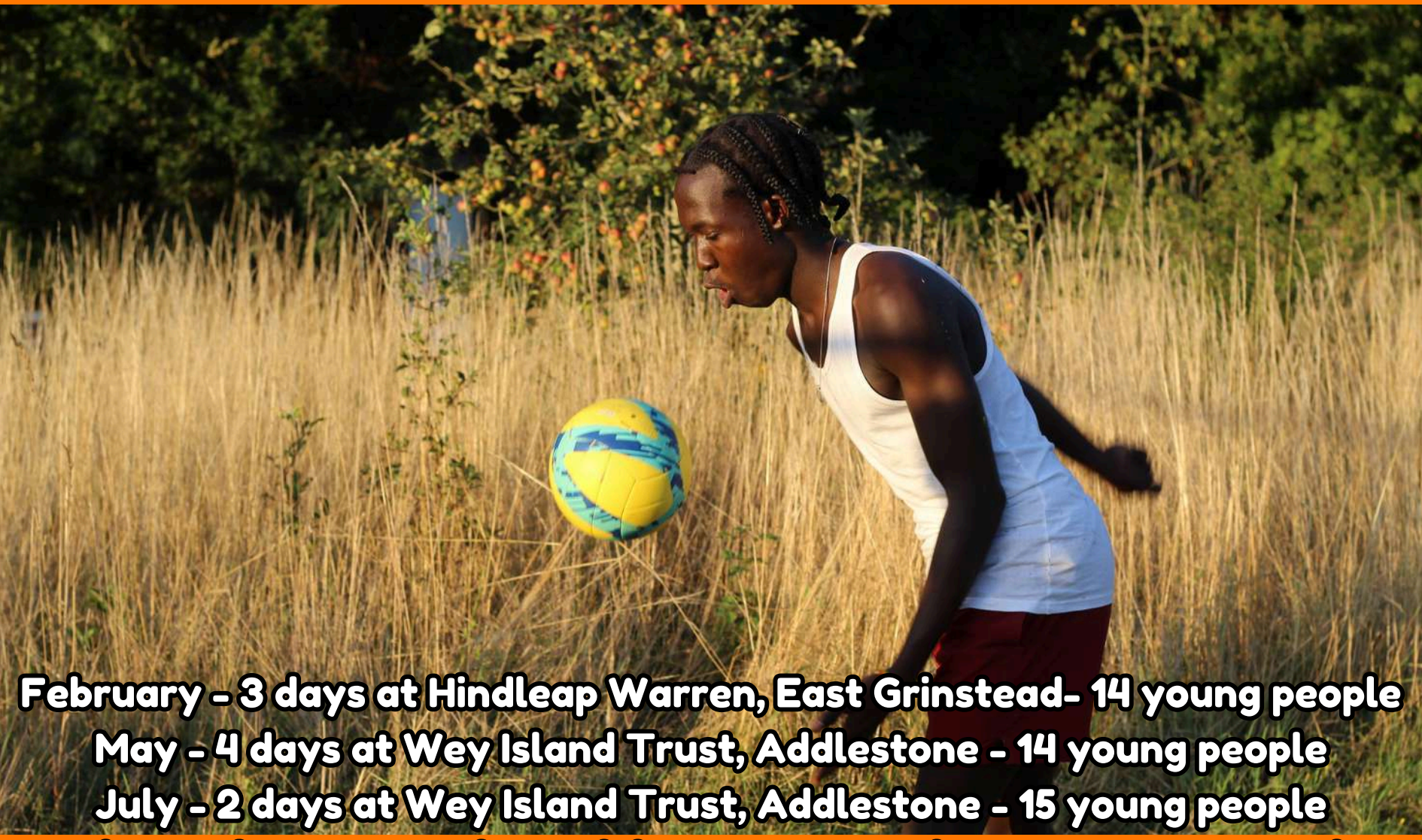
20 Bike Referrals

6 Residentials
21 days away

9 Jack Petchey Award Winners

19 Breadwinners Graduates

6 Residentials in 2025



February - 3 days at Hindleap Warren, East Grinstead- 14 young people

May - 4 days at Wey Island Trust, Addlestone - 14 young people

July - 2 days at Wey Island Trust, Addlestone - 15 young people

July - 3 days at Woodrow High House, Amersham - 25 young people

August - 5 days at the Quadrangle, Kent - 18 young people

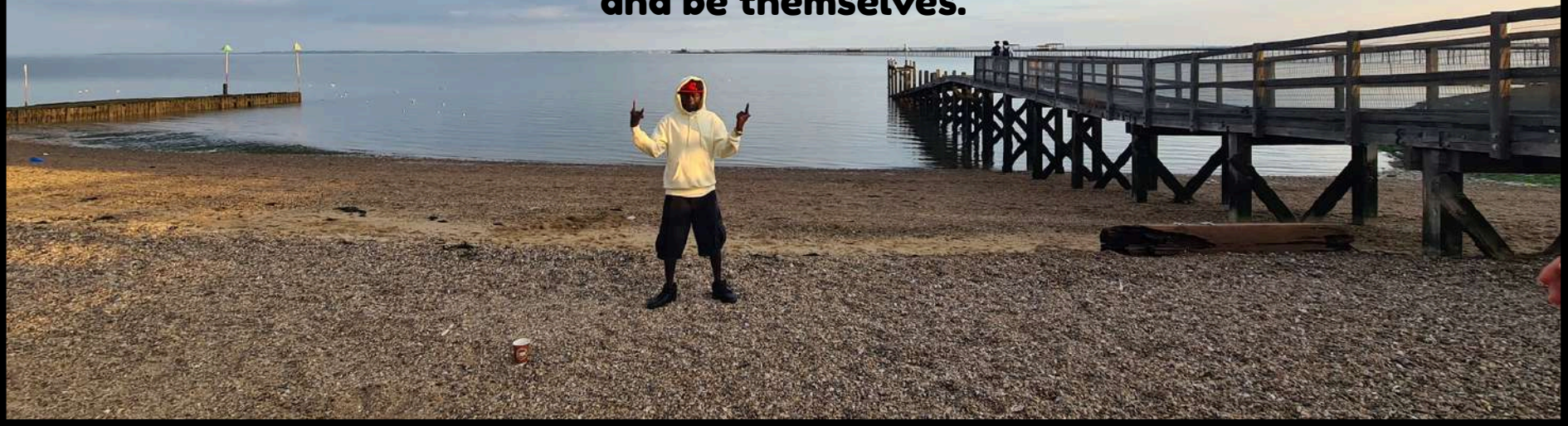
December - 3 days at the Quadrangle, Kent - 17 young people

41 Day Trips in 2025

Ice-skating
Football Tournaments
Basketball Tournaments
Football Matches
Theatre Trips
Boat Trips
Paddleboarding
Speedboating
Brighton
Eastbourne Beachy Head
BMX'ing
Swimming
Waterpark
Cinema
10 Pin Bowling
Restuarants
Water Wipeout
Watching Football Matches
Southend Pleasure Beach
Supercar Event
F1 Driving Arcade
London Zoo
Outdoor Sauna

Let’s hear from the young people!

“My name is Fthawi. I come to Dost because it’s a friendly and welcoming place where I can meet new people and learn new things.
I like that everyone here is kind and supportive – it feels like a small community.
I especially enjoy talking with friendly people, playing football, and sometimes learning about fun activities like ice skating.
Dost is important because it gives young people a safe space to connect, grow, and be themselves.



I also want to say thank you to my teacher, Marian, who is kind, patient, and always ready to help.
She makes learning enjoyable and encourages everyone to do their best.
Dost has made a big difference in my life, and I’m really glad to be part of it.”

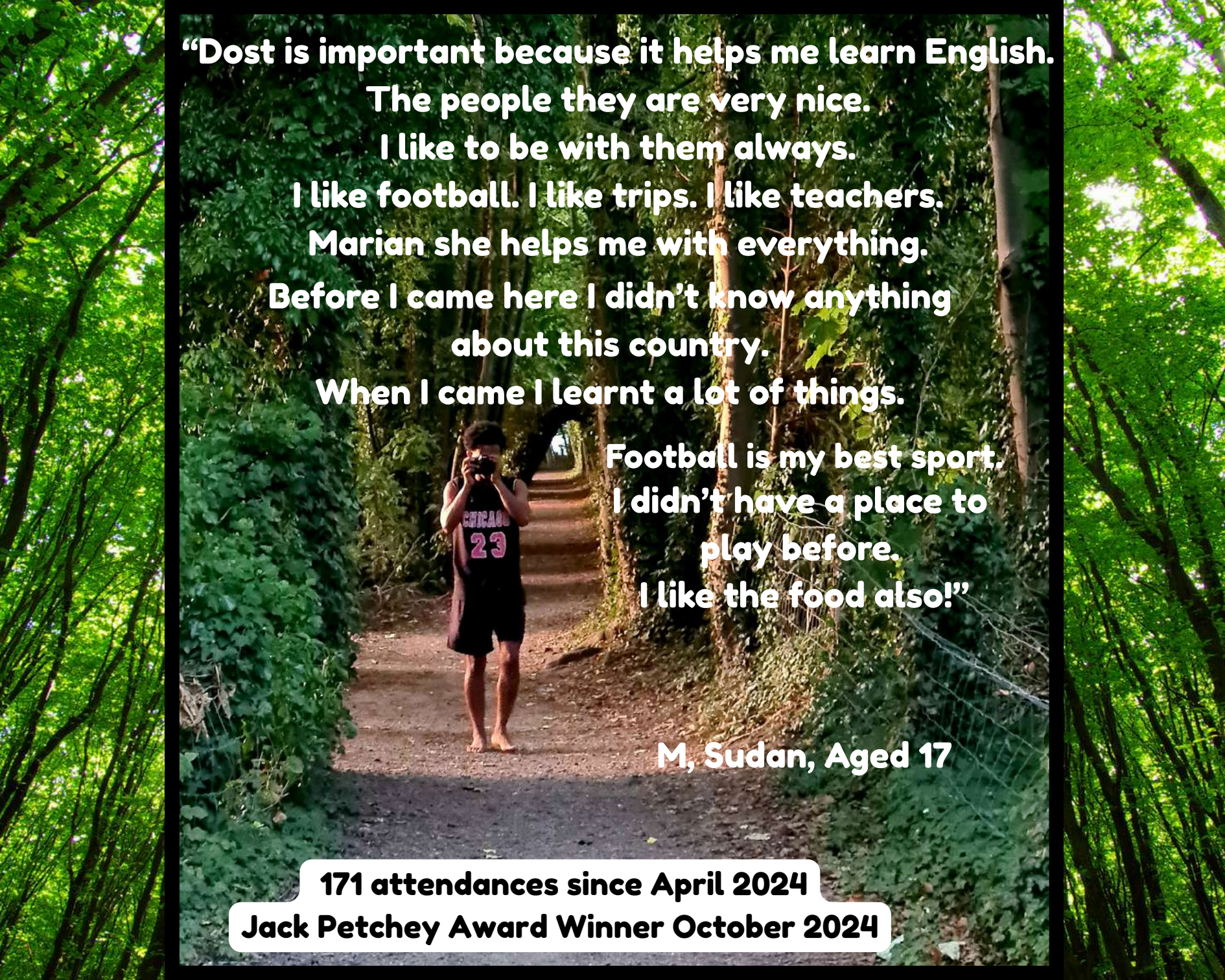
F, Eritrea, Aged 19

81 attendances, since June 2025
Jack Petchey Award Winner September 2025

“I like coming to Dost because it’s friendly and welcoming.
We get to go on nice trips, eat out, and do lots of activities, which I really enjoy.
Dost is important to me because it gives support and a place to feel part of a community.
I’m really thankful for everything Dost does.”

D, Eritrea, Aged 17

94 attendances since January 2025
Jack Petchey Award Winner 2025

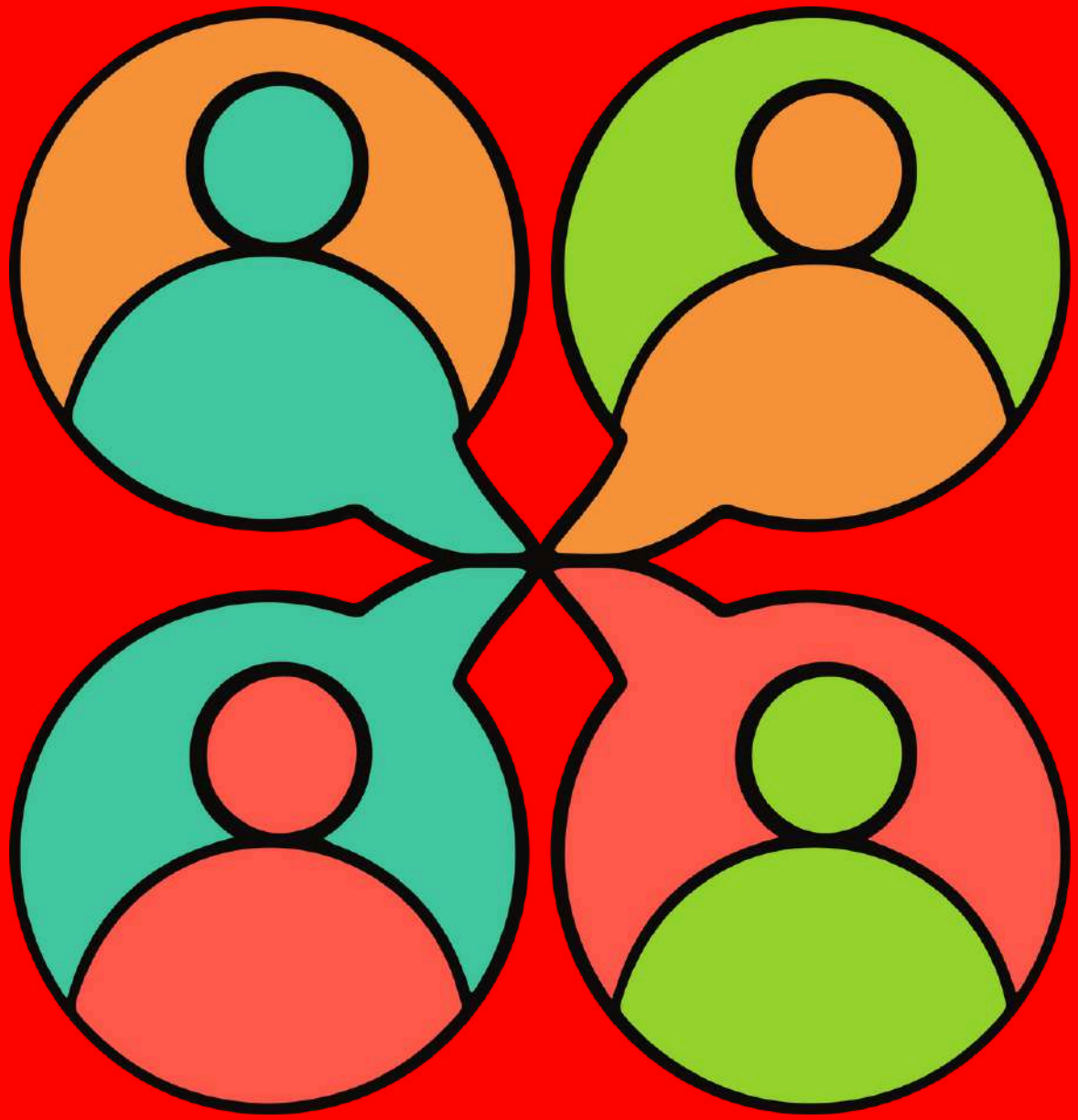

“Dost is important because it helps me learn English.
The people they are very nice.
I like to be with them always.
I like football. I like trips. I like teachers.
Marian she helps me with everything.
Before I came here I didn’t know anything
about this country.
When I came I learnt a lot of things.
Football is my best sport.
I didn’t have a place to
play before.
I like the food also!”
M, Sudan, Aged 17
171 attendances since April 2024
Jack Petchey Award Winner October 2024

“I’m really happy and I’m always proud of Dost because I learnt more things. I learn how to be a friend with a different people and how to cook. Play football - I did a lot of exercise I couldn’t did it when I was in my country.

In holiday, we used to go outside London trip, also we visit many places areas in the UK.
I’m really happy for that special Marian, she’s always take care of us, show us the good way, that we can live with a different people, respect, kindness.”

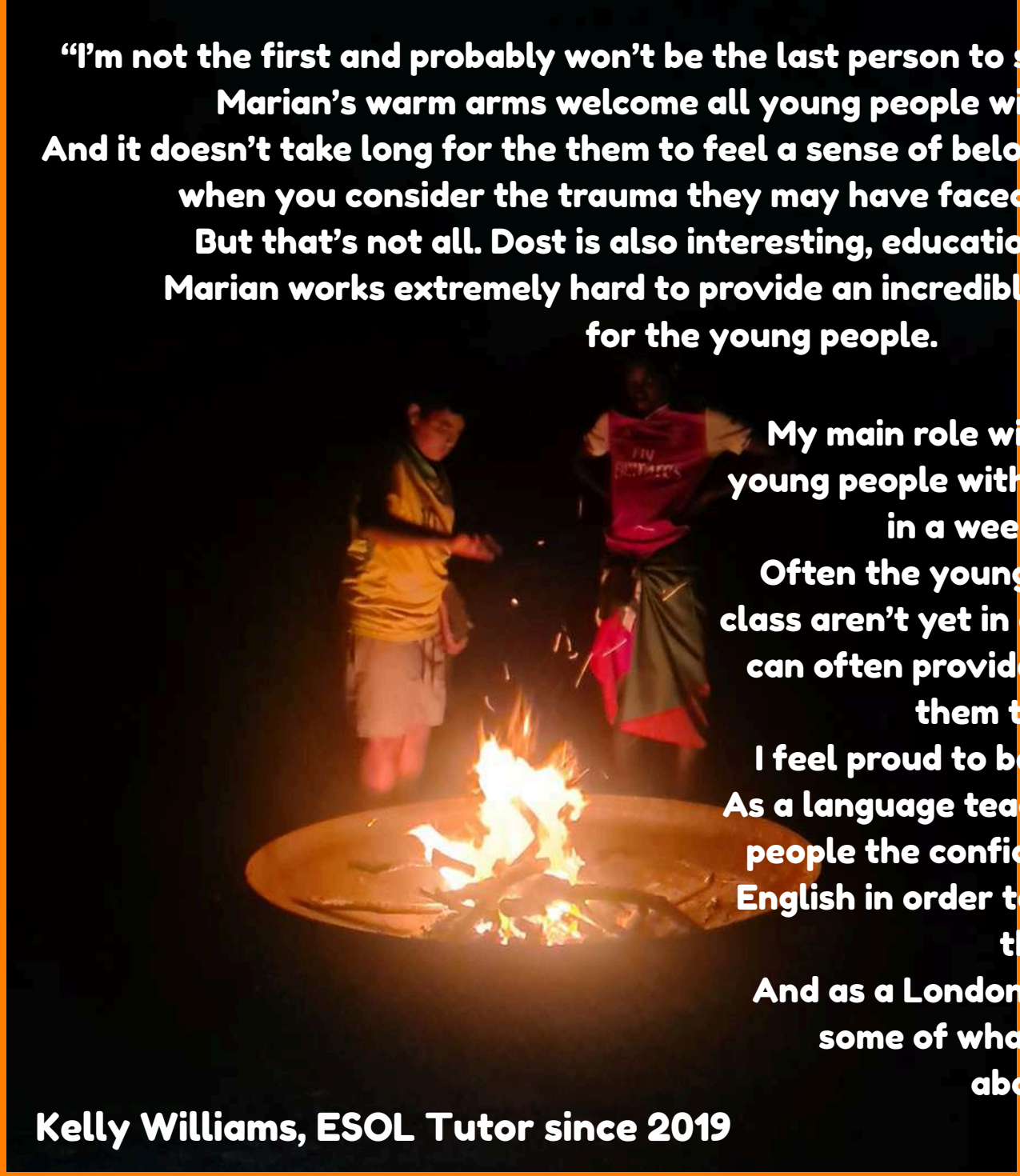
A, South Sudan, Aged 17

95 attendances, since March 2025
Jack Petchey Award Winner September 2025



Let’s hear from Staff/ Volunteers!

“I’m not the first and probably won’t be the last person to say that Dost is like family.
Marian’s warm arms welcome all young people without judgement.
And it doesn’t take long for the them to feel a sense of belonging - especially important when you consider the trauma they may have faced in the young lives.
But that’s not all. Dost is also interesting, educational and great fun!
Marian works extremely hard to provide an incredible range of activities for the young people.



My main role with Dost is to support the young people with English language learning in a weekly drop-in class.
Often the young people who come to the class aren’t yet in education, so crucially Dost can often provide the first opportunity for them to learn English.
I feel proud to be part of the Dost family.
As a language teacher I hope I give the young people the confidence to continue to learn English in order to feel settled and happy in the the UK.
And as a Londoner, I hope that I represent some of what’s positive and good about my city.”

Kelly Williams, ESOL Tutor since 2019

My Story at Dost

"The first time I came to Dost was in 2021, soon after I arrived in this country.
I asked my social worker if there was a place where I could spend time with young people, play, and do activities.
That's how I found Dost.
When I first came, I didn't know anyone, but very quickly I met other young people, played sports, and joined in lots of exercises and activities.
I remember feeling nervous at the beginning, but Dost gave me a safe space to meet friends and feel part of a community.
Since then, I've been involved in many different things – football, trips, English classes, and youth club sessions.
Each time I come, I learn something new and enjoy myself.
Dost has helped me so much: I've improved my English, I've made good friends, and I've built confidence.
For me, Dost is more than a club – it feels like family.
By nature, I like to help people. I don't need a reason – I simply enjoy giving my time and support, and it makes me happy. Every time I help someone, I feel joy inside.
I don't only help at Dost – I like to help people everywhere. It's just part of who I am.
Volunteering gives me a chance to live this out and to share kindness with others.

I'm also inspired by Marian.
She helps so many people freely, without expecting anything back.
She is always smiling, friendly, and caring – like a mother to everyone.
Seeing her happiness makes me want to be like her: happy, giving, and full of love for people.
That's why I enjoy volunteering. It's not only about helping others, but also about becoming a happier person myself.
I decided to volunteer at Dost because Dost has helped me in so many ways. When I first came here, they gave me time, support, and a safe place to grow. That meant a lot to me, and now I want to give something back.
I like to help people, and I enjoy being there for others the same way Dost was there for me.
Volunteering gives me the chance to support young people, share my time, and make a difference.

For me, it's not only about giving back, but also about the joy of helping others.
Every time I volunteer, I feel happy and proud to be part of the Dost family.

As a volunteer at Dost, I take part in the Monday and Thursday sessions.
I help prepare food and drinks for the young people, support activities, and make sure everyone feels welcome at the centre.
I also join trips – sometimes outside London or during the summer – where I help Marian and the team.
On trips, I might prepare food, support the young people, or take part in different activities to make sure everything runs smoothly.
I've also attended meetings and supported in many other small ways around the centre.
Overall, I've done a lot of different things, and I want to continue helping in the future wherever I can.

Volunteering at Dost has helped me in many ways.
By joining the Monday and Thursday sessions, football tournaments, special celebrations, and trips – even the longer 4–5 day trips – I've learned so much.
It has improved my skills, like writing and communication, and given me more confidence.
I've also built stronger friendships and feel part of a community.

Most of all, volunteering makes me happy.

Helping others gives me energy, and I feel proud to give my time back to the place that has supported me."

Adis, 19, Young Person to Volunteer, to Trustee
2021 - Present

“October 2024 I casually found Dost online, searching for a placement as an erasmus trainee. (coming to London for 3 months from Italy).
First on my course ever doing this, I didn't really know what I was going to do and what to expect.
On the other side being able to be full time and to observe and learn, to be part of the team and to engage in youth work.. was news!
Starting in July I found myself a bit lost in this new reality.
Big chaotic city, a different environment, different challenges, and all the little things that make you feel uncomforable in a new place. I felt overwhelmed and not able to make it.
But the fear and sense of discomfort were swept away with time at Dost, thanks to all the people that make it the wonderful reality it is.
From Marian that has been an amazing mentor and example, to the staff and volunteers that made me part of the team from the beginning and to all the young people that shared experiences and connected with me.
In the end the longing of home became a desire to stay and spend more time together.
I think that is what Dost is: a comfortable space of being, with ourselves and with others; a safe space where you can share, connect and also be brave and vulnerable.
During three months I have been all around with Dost, tried new activities, visited many places, met lots of people and got to know some of them better, learned words in different languages (also taught some of the Italian ones), practiced English, shared thoughts, skills and uniqueness of cultures and personalities.
I have learned lots about a different reality educational-wise, but most of all I have learnt and shared from being present to one another, by being close to each other.
I can't be more happy to have been in Dost and to have created bonds and relationships built to last.
This is only a ciao, not a goodbye, as I have seen is for all the people that came to Dost.”

Chiara Giudici, Erasmus Student
July - September 2025

“I'm from Sudan and a mother of two sons, aged 12 and 14.
Upon arriving in Newham, I received incredible support and respect from the local community, which filled me with deep gratitude and the desire to give back.
Special thanks go to Emad, (Dost football coach), who encouraged me to involve my children in Dost and that inspired my volunteering journey.
My bond with the organisation grew as I witnessed the happiness of all the boys.
I truly feel they are my children, no different from my own sons. Although I have little to offer, volunteering became my way of saying thank you, and I became part of a wonderful team supporting migrant youth, where the atmosphere is full of warmth, positivity, and inspiration.
Dost will proudly remain in our memories as one of the happiest and most joyful experiences I have lived, giving my children and me laughter-filled moments, and every day we spend there adds a beautiful memory to our lives; it is not just a place for fun, but a place of belonging and safety that we will always cherish in our hearts.
Marian is like an angel in her kindness and care, making the experience even more meaningful.
Here I feel part of a big family.
My skills grow day by day, and my heart is filled with joy and pride through this remarkable experience.”

“2025 has demonstrated how fast the world around us is changing, ranging from natural disasters, conflicts, displacement, rapid shifts political sentiment and the unrelenting barrage of 'questionable' news, to name but a few.
Much like a turbulent and stormy sea, we find ourselves with our cohorts navigating these waves and tumultuous conditions with one another hopeful to survive, to find calmer waters in the figmental boat we find ourselves aboard, attempting to make sense and establish comfort within the uncertainty.

Amongst the strong winds and thrashing rain we see in the distance, a literal ray of light, guiding and illuminating.
The lighthouse, tattered and torn, weathered and worn, yet steadfast in its ultimate objective, a beacon to light the way to safe harbour and to warn of the hazards that lie in waiting, like Rocky shorelines.

Much like 'Dost Centre for Young Refugees and Migrants', the lighthouse stands as an enduring metaphor, that even in the darkest circumstances, a light can be found to lead you home.

I have purposefully likened Dost to a lighthouse as the Dost team, (staff and volunteers) have demonstrated 'Guidance and Direction', providing a clear and consistent path. 'Safety and Security', offering a safe space to deal with life's challenges. 'Resilient and Steadfast' enduring where other clubs may fall short, inspiring hope through their resilience to weather any challenge. 'Guidance', the hope they offer is the ability to avoid disaster and navigate around obstacles successfully.

This I have witnessed first hand to no end during my attendance at Dost in 2025.

This annual report is an opportunity for me to acknowledge Dost and the magical people that make it happen.

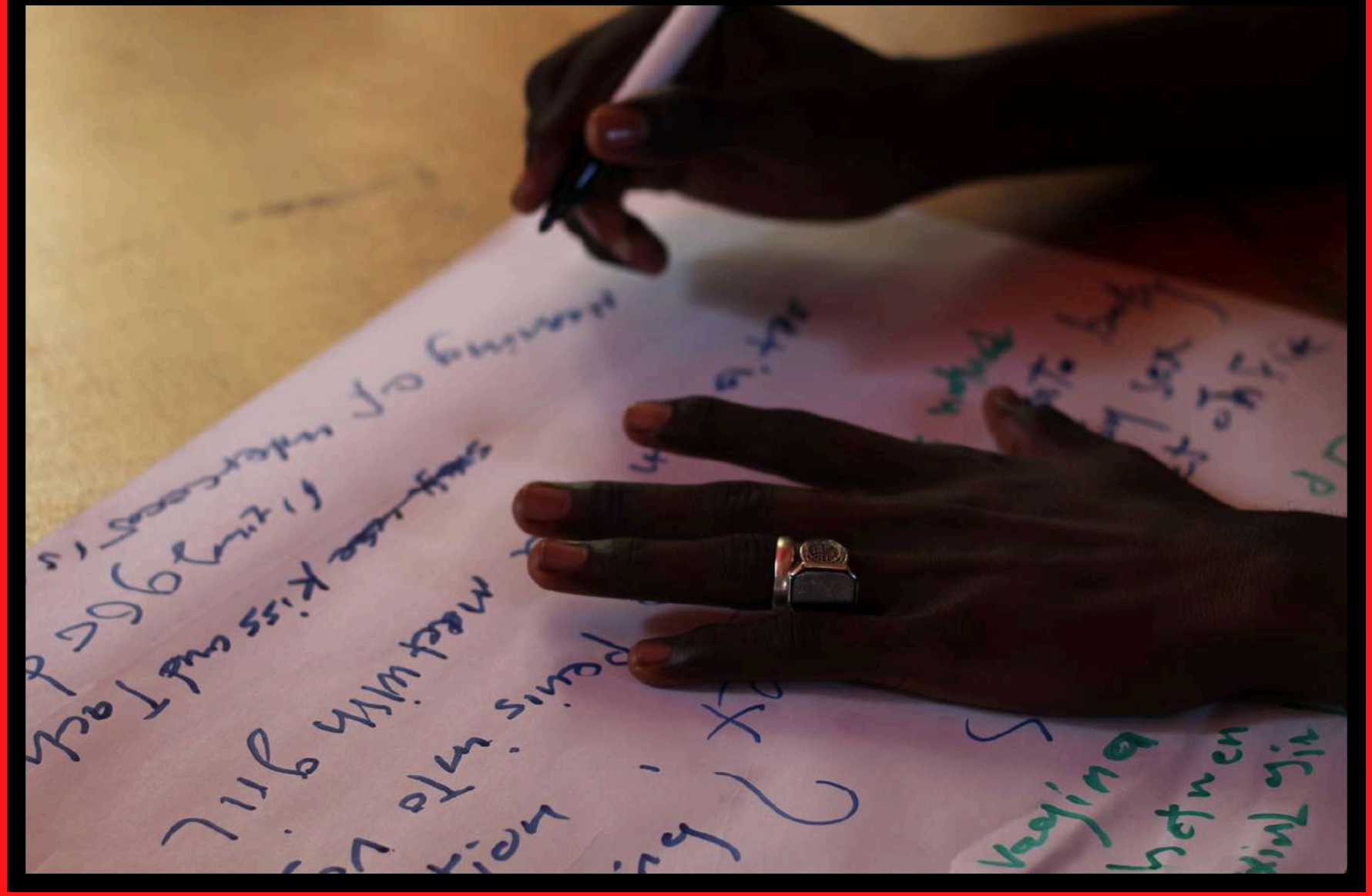
I am honoured and humbled to be surrounded by and work closely alongside these wonderful people (especially one of whom deservedly received an MBE this year 😉😗).

To have finally met them is like a solar eclipse...

Very rare...But ALWAYS special!"

Carl Reyes, Volunteer to Staff

2022 - present


penis
vagina

Let’s hear from the Board!

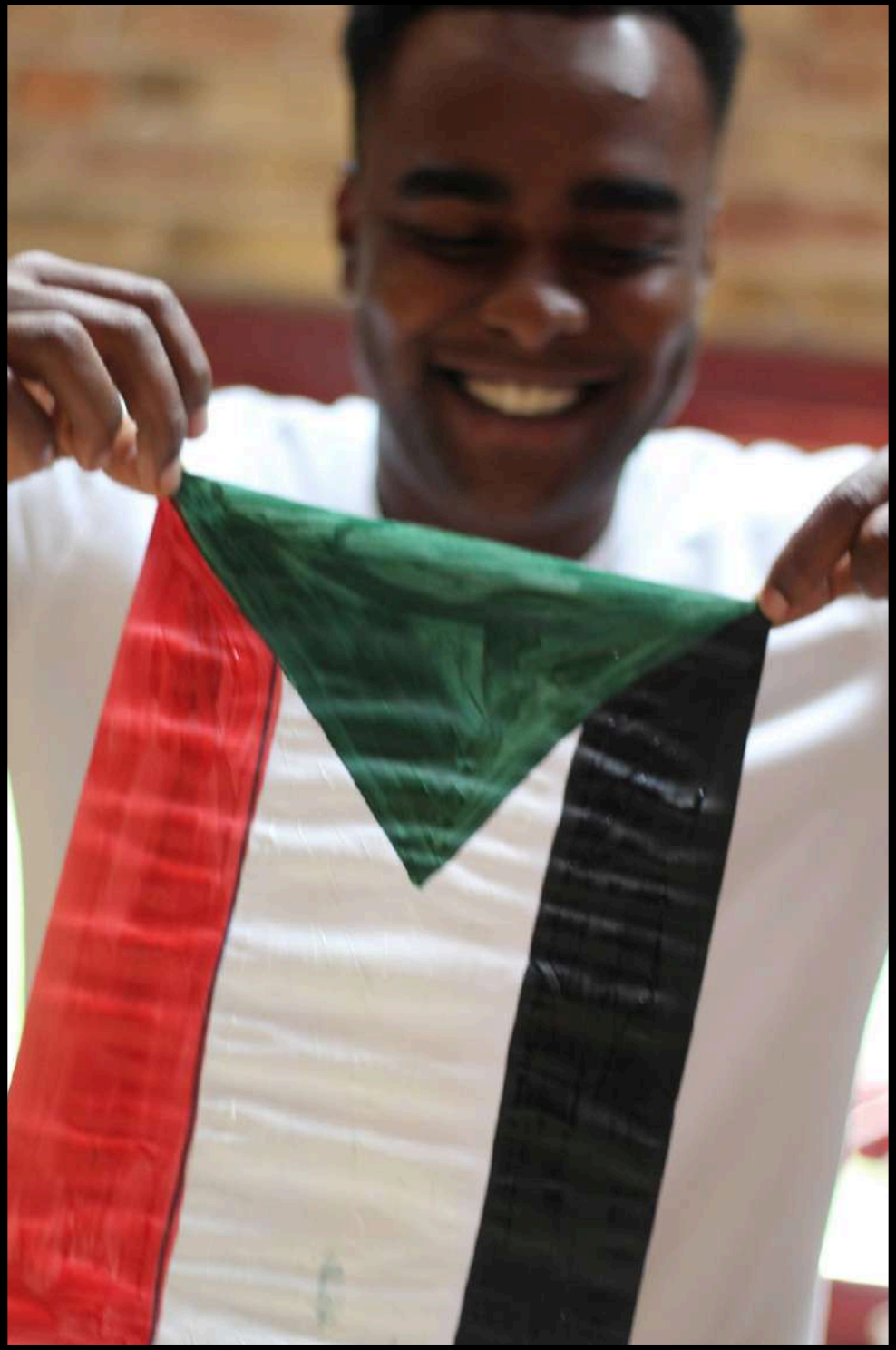
Winnie Sham
Trustee since 2022

**“In a world where we are inundated with endless news cycles,
Dost continues to be a beacon of hope.**

As a trustee, I'm proud of what our organisation stands for, as an antidote to an increasingly polarized discourse on immigration, migration and asylum. Youth Club sessions, English classes, residential trips, and much more - these activities allow young people to just be themselves.

**Marian, staff, and volunteers have delivered again.
What's more, Marian was awarded an MBE this year for her outstanding work with young people,
a truly special recognition of her dedication to youth work.**

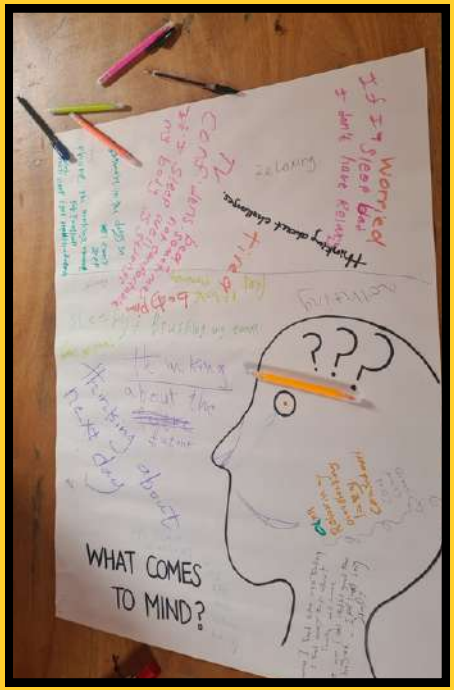
Congratulations to Marian, and well done everyone!”

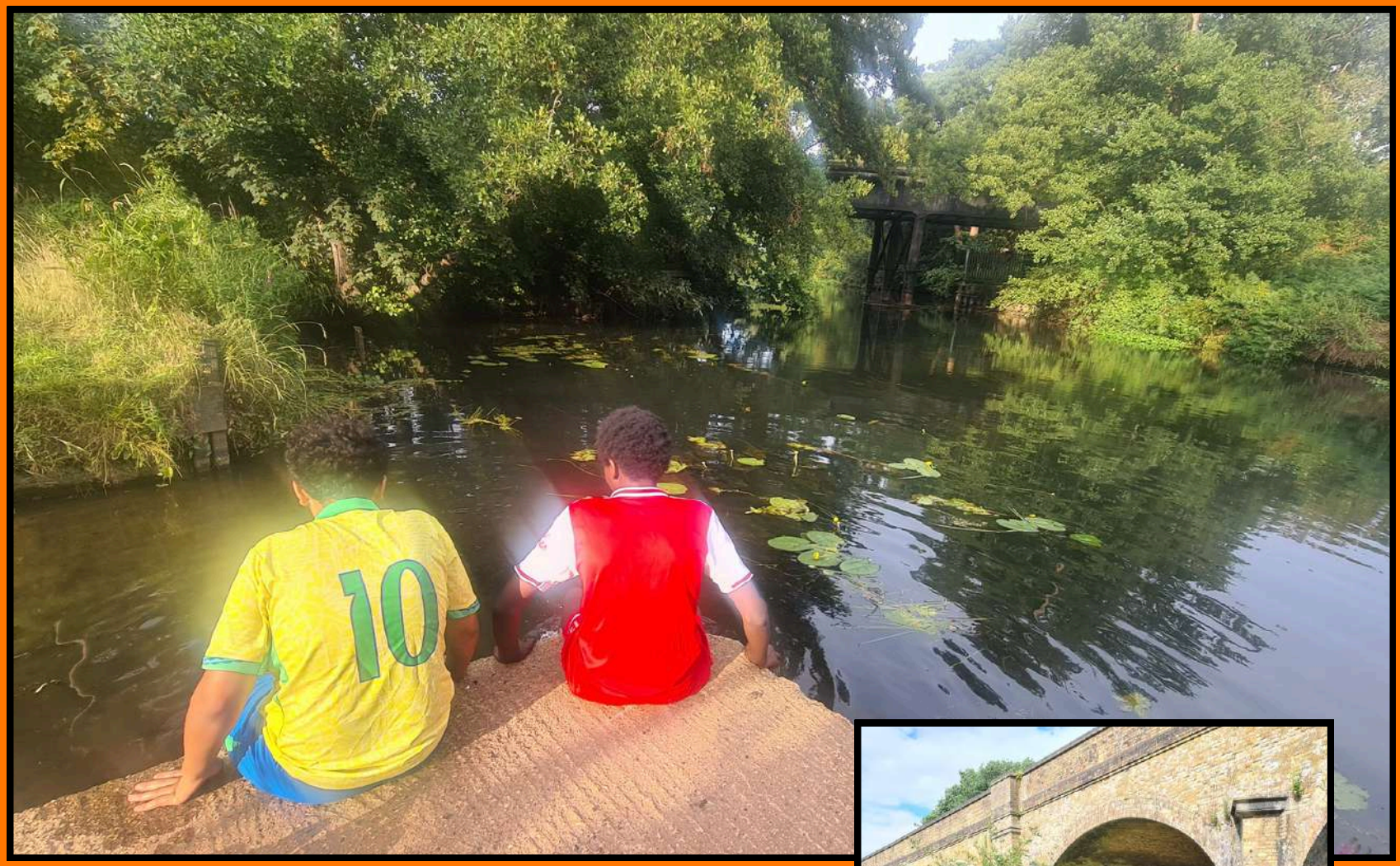


“As a trustee of the Dost Centre for Young Refugees and Migrants, I’m constantly inspired by the resilience and optimism of the young people we support.

Dost's work is so special - the activities, space and support create a genuine sense of belonging, which has never been more vital than in these times of aggression and fear being stirred up across the country. Being part of a team that helps young people feel valued and to realise their potential is a privilege, and it reminds me every day why community and compassion truly matter in our society.”

Bejal Shah
Trustee since 2023

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Let’s hear from partners/ funders!

“Shine/All East have been involved with Dost for many years now and have most recently provided monthly drop in sessions.
In 2025 we also delivered workshops at the Quadrangle residential in partnership with the Specialist Children & Young People's Services (ELFT).

During the residential at The Quadrangle, young people participated in interactive, translated, Relationships and Sex Education workshops.
They were able to reflect on, develop and share their perspectives on healthy relationships.
They also gained a lot of factual information to bring them up to scratch with the mandatory Relationships and Sex Education curriculum in the UK.
Condoms, c-cards and STI screens were offered to help the young people, and their partners to stay safe and healthy. Engagement was fantastic.
I think participants had a lot of fun.

At monthly drop-ins, the young people take part in educational activities and basic sexual health provision. They are becomming more familiar with NHS sexual health services, and we are slowly but surely reducing stigma and misinformation.

I am always met with infectious smiles, handshakes and a real appreciation for what I am offering at the stall. It has been a joy to work with such a lovely group of truly inspirational young people.
Working with Dost is a real pleasure and a beautiful experience.”

Madeleine Pritchard
Shine Outreach Worker, All East Sexual Health Service

"Working with Dost has been a great joy and privilege. We were able to run wellbeing workshops during one of the residential trips.
It was humbling and joyful to see what a warm and welcoming community Dost has created, where every young person feels celebrated and valued."

Dr Helena Kaliniecka

Clinical Psychologist with the NHS HIYA (Health & Care Improvement for Young Asylum Seekers) Project

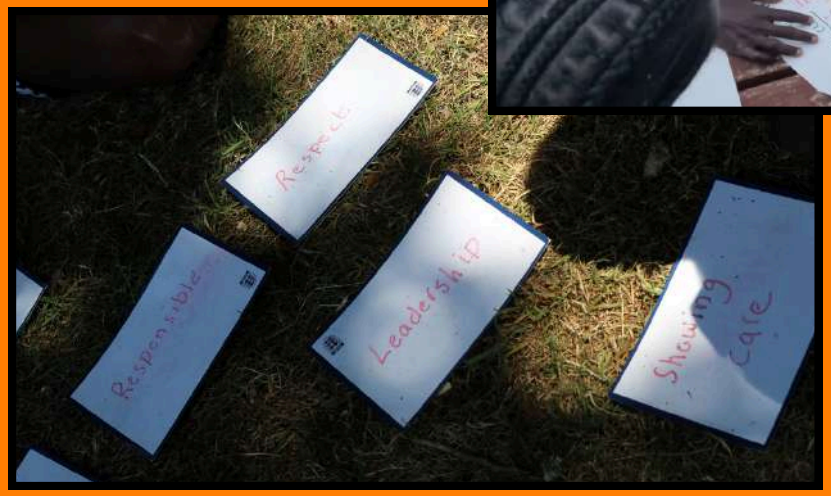
“Dost and the work that Marian leads to support young people is truly inspiring. We first met in 2024, and over the past year have had the pleasure of partnering with them and hosting several of their residential programmes at The Quadrangle – our workshop and retreat space in Kent. The creative and educational programmes have been brilliant: rich, inclusive, and thoughtfully designed to create a sense of belonging, safety, and playfulness for the young people – something so deeply needed for these young refugees and migrants. The Dost team have been a joy to work with, and we very much hope to continue collaborating with them for years to come. We are in awe of the vital and compassionate work they do to support these young people who have already been through so much.”

Jessie Teggin, Director, The Quadrangle

“Visiting Dost earlier this year was an absolute privilege. Their dedication to supporting young refugees and migrants shines through in everything they do.

Celebrating their Achievement Award winners at our October medallion ceremony was a truly inspiring moment that reflects the incredible impact they’ve had since joining the scheme in 2003.”

Mary Bealt, Grants Officer, Jack Petchey Foundation



“Dost has been such a positive for the young people that I have brought to attend over the years.

Dost is a positive place that allows young people to play sports and socialise, which helps them grow both physically and mentally. Playing sports keeps them active and healthy, teaching them the value of exercise, teamwork, and discipline.

It also builds confidence as they learn new skills and achieve goals.

The young people are asylum seekers who have all made their way to the UK and have experienced negative things.

The young people get to socialise which allows them to make friends, communicate better, and feel part of a community. This can reduce feelings of loneliness and improve mental wellbeing by giving them a sense of belonging.

Finally the staff at Dost are amazing; they ensure all the young people are happy and enjoying themselves, the young people at Supporting Young Futures look forward to every Thursday where they can attend Dost, see the staff, the friends they have made and enjoy playing sports together.”

Troy Richards, Senior Support Worker
Supporting Young Futures (SYF)

Our Trustees

Jim Minton - Chair
June 2017 - present

Michael Havard - Treasurer
June 2017 - present

Tommy Edwards - Trustee
December 2018 - present

Stella Ogunlade - Trustee
January 2021 - August 2025

Winnie Sham - Trustee
June 2022 - present

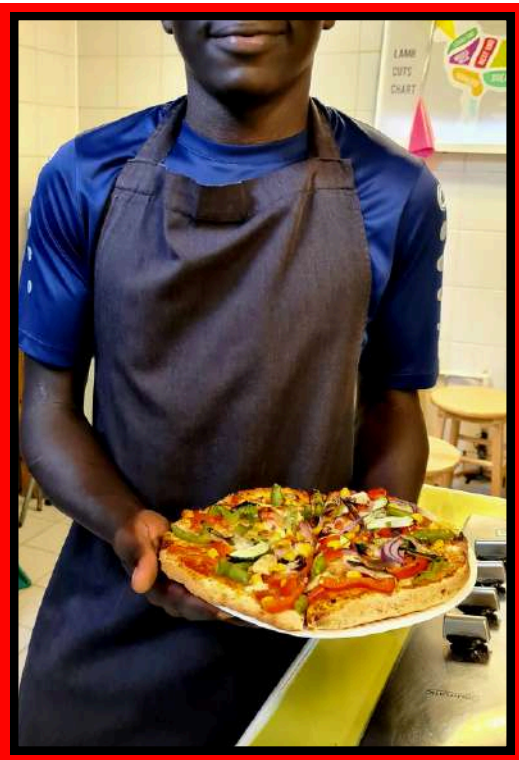
Zoe Mellis - Trustee
February 2023 - July 2025

Bejal Shah - Trustee
July 2023 - present

Aneesa Ali - Trustee
November 2025 - present

Noah Leul - Trustee
November 2025 - present

Adis Birhanu Girma - Trustee
November 2025 - present



Our Staff

Marian Spiers – Director 2009 – present

Richard Shittu - Volleyball Coach/Youth Worker 2010 - present

Wendy Lee - Accountant 2018 - present

Kelly Williams - ESOL Tutor/ Youth Worker 2019 - present

Coltrane Morley-Williams - Football Coach 2019 - Feb 2025

Ali Abbas Alshimari - Football Coach/ Youth Worker 2021 - present

Emad Hamid - Football Coach 2022 - present

Carl Reyes - Youth Worker 2023 - present

Donnell-Andre Roach - April 2025 - Nov 2025

Our Volunteers

Adis Birhanu Girma
Ahmed Naji
Anei Atem Akoon
Abdalbari Mohamed Emam
Charlotte Clements
Chiara Guidici
Fabrizio Radice
George Rutter
Jude Darwich
Kanan Thiyagarjah
Kazeem Anifowose
Khaled Moqbel
Moath Ali
Mohamed Easa Ahmed Ibrahim
Noah Leul
Rawia Yousef
Rosie Murdoch
Samuel Abraha
Thomas Madrell

Our Supporters and Partners

Capital Kids Cricket
Counterculture
Custom House Library
Lee Valley Regional Park Authority
Goods for Good
Newham Libraries
Aquapaddle
Thames Rib Experience
Wey Island Trust
Parliament Hill Lido
The Bike Project
Surrey Hills and Rivers
Breadwinners
Mouth That Roars
Migrant Help
Refugee Council
Sadlers Wells
More Life Home
Brighton Table Tennis Club
Wholesome Help
Mayors Fund for London
Thread Ahead
CGL
NHS HIYA
Shipman Youth Zone

Newham Youth Partnership
Vodaphone Charities Connected
Nutrition Kitchen
Jimmys O2 Buffet
Better
Moo Canoes
MMARAP
Estudiantes
The Quadrangle
Woodrow High House
Calling London
Gary Huggan
Community Sauna Baths
Newham Leisure Centre
London Zoo
London Youth
Lewisham Lanes
Cadbury
HR Owen
Football United
Disney
Clockit Boxing
PEACH
SHINE
The Running Charity
The London FA

Our Funders and Donors

BBC CHILDREN IN NEED
JACK PETCHEY
L.B. NEWHAM
UK YOUTH/ PEARS FOUNDATION
MIGRATIONWORK TRUST/ WEAVING BONDS
OUR NEWHAM LEARNING AND SKILLS/ONLS
BRYAN GUINNESS CHARITABLE TRUST
MIGRANT HELP – BEPS FUND
CELTIC F.C. FOUNDATION
PROJECT CASTING LTD
CAMDEN GIVING

STORM BRYSON
GARY MEEK
WILLIAM KRAEMER
LEILA DOUZ
ARUNAN GUKATHASAN
LARA CASALOTTI AND FAMILY
FRENCHWOOD FAMILY TRUST
LAREB NASEEM

Charity Structure and Governance

The Trustees confirm that they have referred to the Guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives and in planning all future activities.

Dost is a Charitable Incorporated Organisation (CIO) and our governing document is based on the Charity Commission's model Constitution for a CIO whose only voting members are its' Trustees.

We received our independent charity registration and approval for this governing document in August 2017.

In line with the model constitution, we can have a maximum of 12 trustees and a minimum of 5, all of whom must be over 16 years of age.
For the period covered by the 2025 Report, we had 7 Trustees from April 2024 till July 2025, when one left and another left in August 2025, then three joined in November 2025. All are over 16 years of age.
As we are a small and relatively new charity, (as an independent entity), we have used a variety of mechanisms to recruit trustees, all permitted by our governing document.
Trustees may join the Board because they are known to Dost or other trustees or are directly involved in volunteering/ attending Dost or may be recruited through another organisation and all bring an expertise, skill or interest which is helpful to the charity and we aim to have as many people with lived experience leading us, as is possible.

As the charity grows and develops, the trustees may look at other methods for recruitment to match the skills and experience needs of the charity.
All trustees are appointed by the Board, with a resolution noted in the minutes, to ensure they have been formally approved.
All trustees can nominate and elect to post.
Their details are then uploaded onto the Charity Commission database.

Overview from Chair

“I’ve been lucky to have been involved in Dost since 2017, when we first became independent and over that time have seen so much positive impact and opportunity for the young people, thanks to the dedication of Marian and her team.

Over the past 12 months, as the media and political climate for refugees and migrants has got more confrontational and unwelcoming - which feels at odds with the generosity that most people show to newcomers to London and to their communities more generally, Dost has been an essential source of support for young people through that time, helping them make new friends, build their confidence to speak English, learn new skills and have fun together.

It has been great to have the continued support from so many funders, partners and friends through that time.

I hope this report gives you a sense of the powerful impact that Dost has every day.”

Jim Minton

Chair of the Board since June 2017

Financial

Despite the fact that this is a challenging fundraising environment for all charities, we are pleased that Dost is currently in a position of some financial security, although our income has been considerably less than last year, mostly due to applying for less funding this year.

We do not get any regular statutory funding or have any endowment or guarantor so need to raise all the income we spend each year, whilst trying to build a working reserve.

We are hugely grateful to all of our funders, in particular, BBC Children in Need who have continued to support Dost over many years.

Safeguarding

We are proud that despite the challenges and trauma that some young people face, and the pressures that they find themselves under whilst new to London; at Dost they can enjoy the activities and support in safety.

Although of course we have instances when young people have picked up small injuries whilst playing sport or other activities, we have had no significant or reportable incidents.

All of our team and trustees are DBS checked every 2 years and receive regular training and refreshers on safeguarding.

We have a strong culture of safety and support and keeping young people safe is our highest priority.

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Dost Centre for Young Refugees and Migrants		
On accounts for the year ended	31st March 2025	**Charity no (if any)**	1173622
Set out on pages	Above		
Responsibilities and basis of report	I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2025**. As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.		
Independent examiner's statement	I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in any material respect: • accounting records were not kept in accordance with section 130 of the Act or • the accounts do not accord with the accounting records I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached. ** Please delete the words in the brackets if they do not apply.*		
Signed:	Milox	**Date:**	19/12/2025
Name:	Tomas Wilcox		
Relevant professional qualification(s) or body (if any):	FCIE		
Address:	Counterculture Partnership LLP 23 St Leonards Road Bexhill on Sea, East Sussex, TN40 1HH		

CHARITY COMMISSION FOR ENGLAND AND WALES

Dost Centre for Young Refugees and Migrants — 1173622

Receipts and payments accounts — CC16a

For the period from 01-Apr-24 To 31-Mar-25

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and legacies	21,621	55,761	-	77,382	155,067
Sub total*(Gross income for AR)*	21,621	55,761	-	77,382	155,067
Sub total	-	-	-	-	-
Total receipts	21,621	55,761	-	77,382	155,067
A3 Payments					
Wages / Salaries		41,665	-	41,665	54,693
Rent / Room Hire		14,073	-	14,073	13,466
Insurance	647		-	647	675
Bank Fees	97		-	97	78
Coaching & Youth Fees		22,745	-	22,745	16,312
Subscriptions / Other	3,204	4,217	-	7,421	10,654
Travel/ Trips	3,015	8,122	-	11,136	6,672
Equipment	37	345	-	382	296
Accounting Fees	1,830		-	1,830	1,310
Sub total	8,829	91,167	-	99,997	104,156
Total payments	8,829	91,167	-	99,997	104,156
Net of receipts/(payments)	12,792	-35,407	-	-22,615	50,911
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	60,113	55,304	-	115,417	64,506
Cash funds this year end	72,905	19,897	-	92,802	115,417

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash at Bank / in Hand	72,905	19,897	-

No trustees were remunerated or received any expenses or payments during the year.

Our Charity insurance provides Trustee Indemnity cover against executive risks to the sum of £500,000.

Our Public Liability covers us to £5,000,000 and £10,000,000 for Employers Liability.

Our reserves at year end were £92,802 of which £19,897 were restricted and £72,905 were unrestricted.

Dost's reserves policy balances the need to build up long term reserves against the need for short term spending on core activities.

The Charity's reserves exist to provide short term protection against downward fluctuations in annual revenues.

The trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's trustees.

Signed by Chair of Trustees:

JIM MINTON

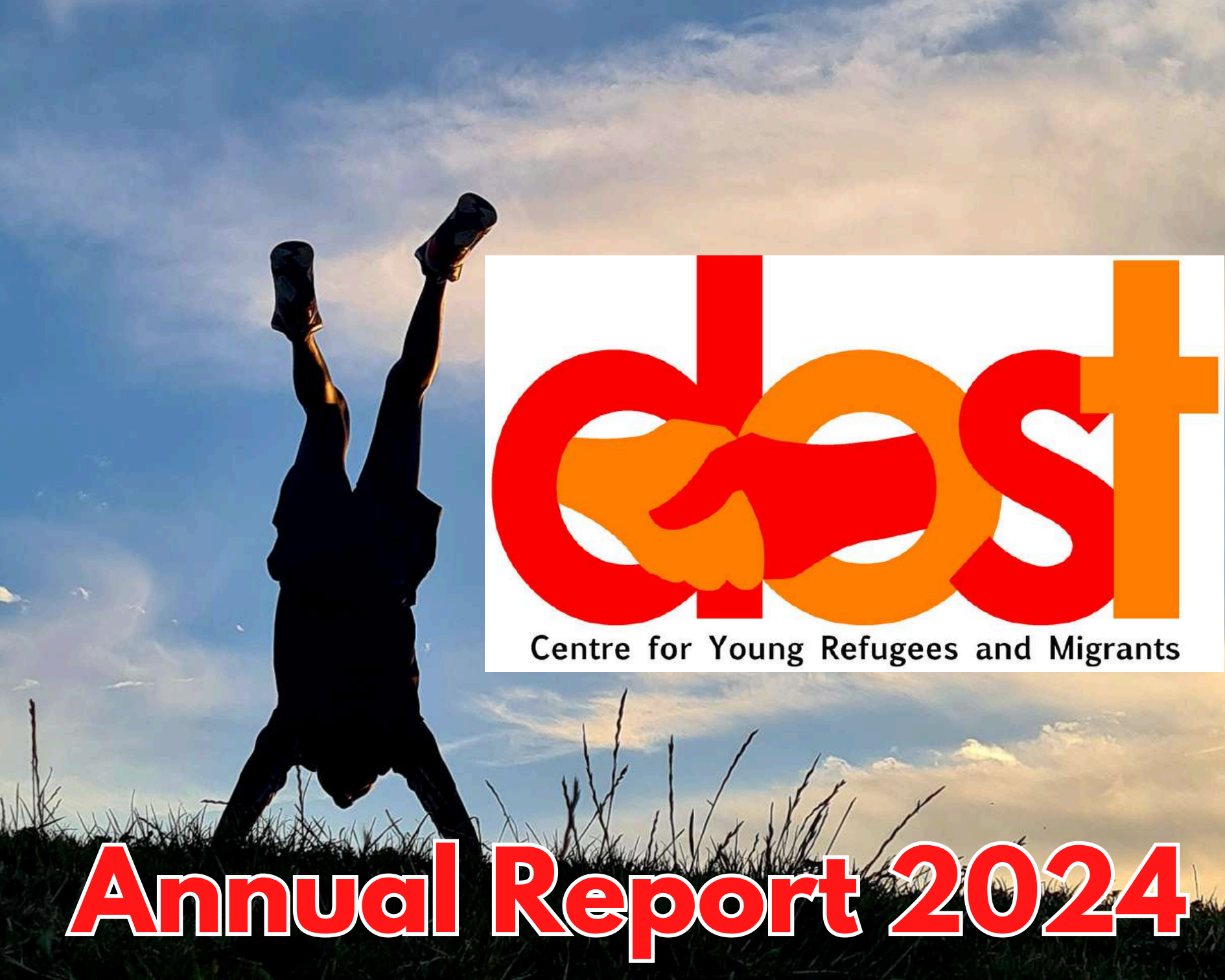
Dated: 19.12.2025

Thank you to everyone who has supported Dost and who make it possible for us to continue to provide all our sessions/ services.
And thank you to all the young people who make us smile and inspire us!

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

England & Wales - Charity number 1173622

Accounts



dost

Centre for Young Refugees and Migrants

Annual Report 2024

Dost Centre for Young Refugees and Migrants

Newham Leisure Centre
281 Prince Regent Lane
London, E13 8SD

www.dostcentre.co.uk
Tel: 07852855711
Insta: dost_centre
Charity Number: 1173622

Welcome from the Board

Welcome to the 2023/24 Annual Report for Dost Centre for Young Refugees and Migrants.

During the 2023/24 period, as the demand for support grew, so too did Dost's commitment to its core mission: providing safe and supportive space and services for young people from refugee and migrant backgrounds from all over London, to feel empowered and equipped to reach their full potential.

More and more young people continue to be forced to leave their home countries, many arriving in the UK without family and having survived unimaginable migration journeys.

As the UK asylum system, as well as narratives around those seeking refuge, grow more hostile, Dost Centre recognises the need not only for support to navigate the complexities of building a life here, but also for a place that offers emotional support, trust and community connection.

The numbers, testimonies and successes highlighted in this report offer an insight into the highly impactful service that Dost Centre has once again delivered this year, that Marian and the staff and volunteer team have worked so hard to achieve, and that we as Trustees are immensely proud of.

Dost Centre punches well above its weight with the range and number of holistic and inclusive activities being provided - twice weekly youth club sessions, trips, residentials, English classes and other skill-building projects – during which we see the young people develop, learn, build friendships and create memories.

We hear from them, as well as from carers, local services and partners, how invaluable these provisions are in fostering hope, agency and a sense of belonging and fun. This year, we were also privileged to strengthen our network of partners, funders and donors, all of whom play an essential role in making our work possible and opening up more pathways for these young individuals to thrive.

These partnerships are a testament to the strength that collective action brings, and we are deeply grateful for each contributor's dedication.

At the very heart of Dost Centre are people and relationships. The Trustees cannot thank the staff and volunteers enough, for their commitment to building trusted relationships with each individual and supporting Marian to deliver a truly engaging service.

As we look forward to the coming year, we are inspired to continue pushing boundaries, exploring new ways to support, and in creating spaces where every young refugee and migrant feels valued and supported.

We hope you enjoy this report, which is a tribute to their strengths and an invitation for continued collaboration as we work toward a more inclusive, compassionate future.

If you'd like to get involved, or find out more about Dost Centre,please get in touch.

Thank you - Bejal Shah - Trustee since July 2023, On behalf of the Board of Trustees

Welcome from the Director

It's been another busy year at Dost, with 224 sessions over the year and 517 young people attending.
This number has gone down since last year, which may be due to changes in Social Workers, Foster Carers, Supported Housing Providers and new staff not knowing about Dost as well as the fact that many Oyster Cards for young people didn't work for over 2 months, which meant that travel was not subsided or free.
It would also appear that less young people are being housed in London and more seem to be losing their age assessments and being moved to Hotels or other cities. It's still a lot of young people!

Our staff team has remained the same since last year, with most staff working at Dost for more than 2 years and up to 14 years, which means that we have a consistent team who can offer the young people stability and some kind of sense of security and we can build much stronger, more meaningful relationships.
Our volunteers also remain committed and volunteer regularly, which is beneficial both for themselves and for the young people and for Dost as an organisation.
At every level of Dost, we listen to and involve the young people and have members on the Board, the staff and volunteer team who have lived experience of being in the asylum system, (either in the past or at present)'; therefore we are able to ensure that we remain relatable to the young people and have people who can directly identify with their situation and can often speak their language as well.
Being able to plan and run so many trips and residentials with and for the young people, means that we get to really know them and see them in a relaxed environment, where they feel safe enough to open up and to be themselves; that's what I love most about Dost! I've been on around 120 residentials whilst at Dost and they are all an experience, if nothing else!

So much of what we do and why we are successful at it, is due to the relationships; often very long term, that we build up with the young people and I love being able to watch them grow up, develop, build in confidence and make their way in life; it really is amazing when you see and hear what they have achieved, given all the obstacles they have had to overcome..well done to you all! Here's to next year!

Marian Spiers, Director
Director - since June 2009

Our Aims

Dost: (which means friend in a number of languages); Pashtu, Dari,Hindi, Urdu) , was established as an independent Charity in 2017 and has gone from strength to strength, seeing around 500-600 young people each year with constant new arrivals.

Our aim is to advance in life and relieve the needs of young people from a refugee and migrant background and those seeking asylum.

We work with young people, aged 13-19 years of age, from all across London, to feel empowered and equipped to reach their full potential, by providing a varied and diverse programme of physical and educational activities in order to reduce their isolation, improve physical and mental well-being and increase their skills, access to opportunities and to develop capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals and ensure they are not excluded on the grounds of their social and economic position.

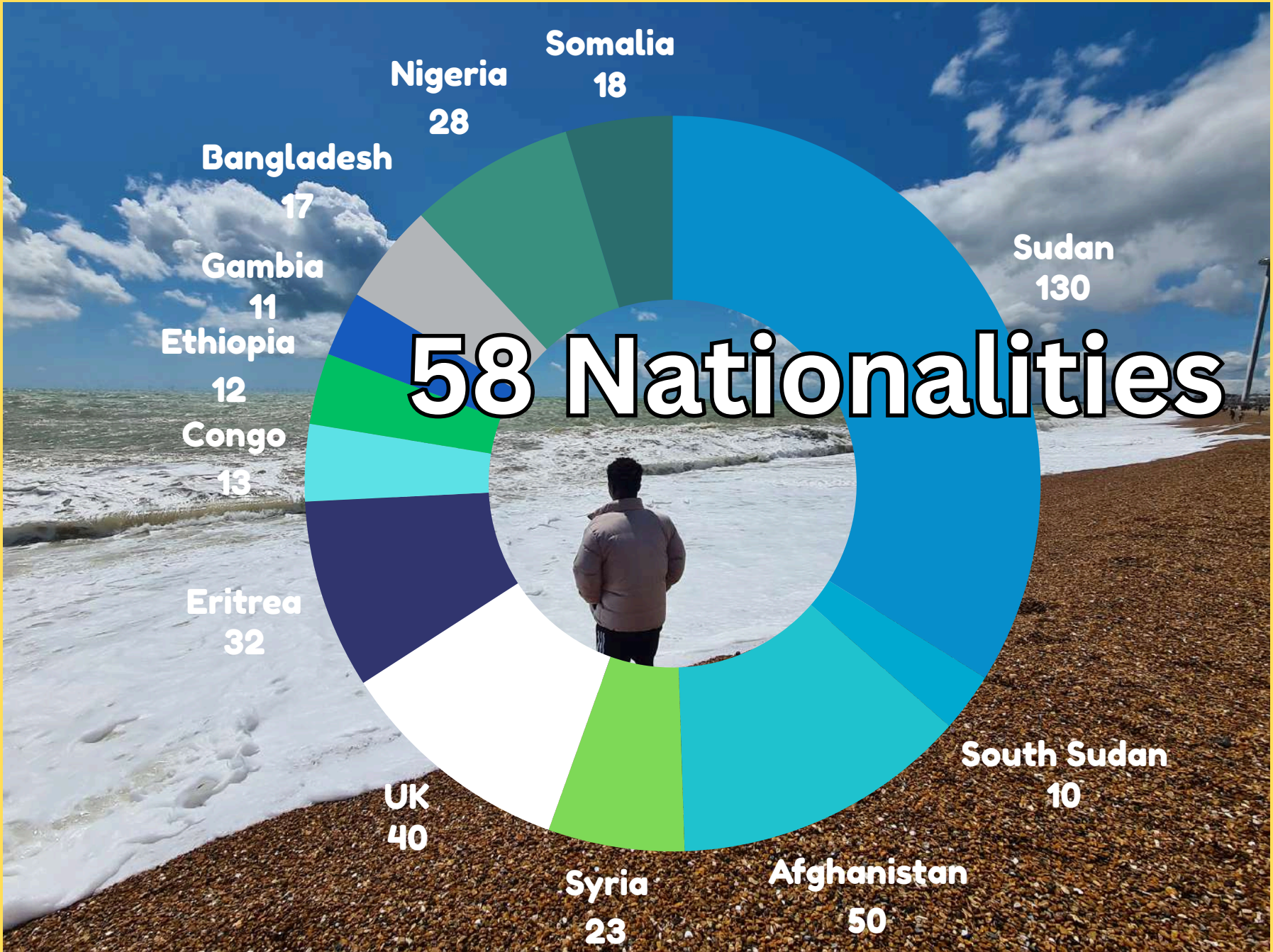
Our Impact in 2024

517 Young People

497 Male
20 Female

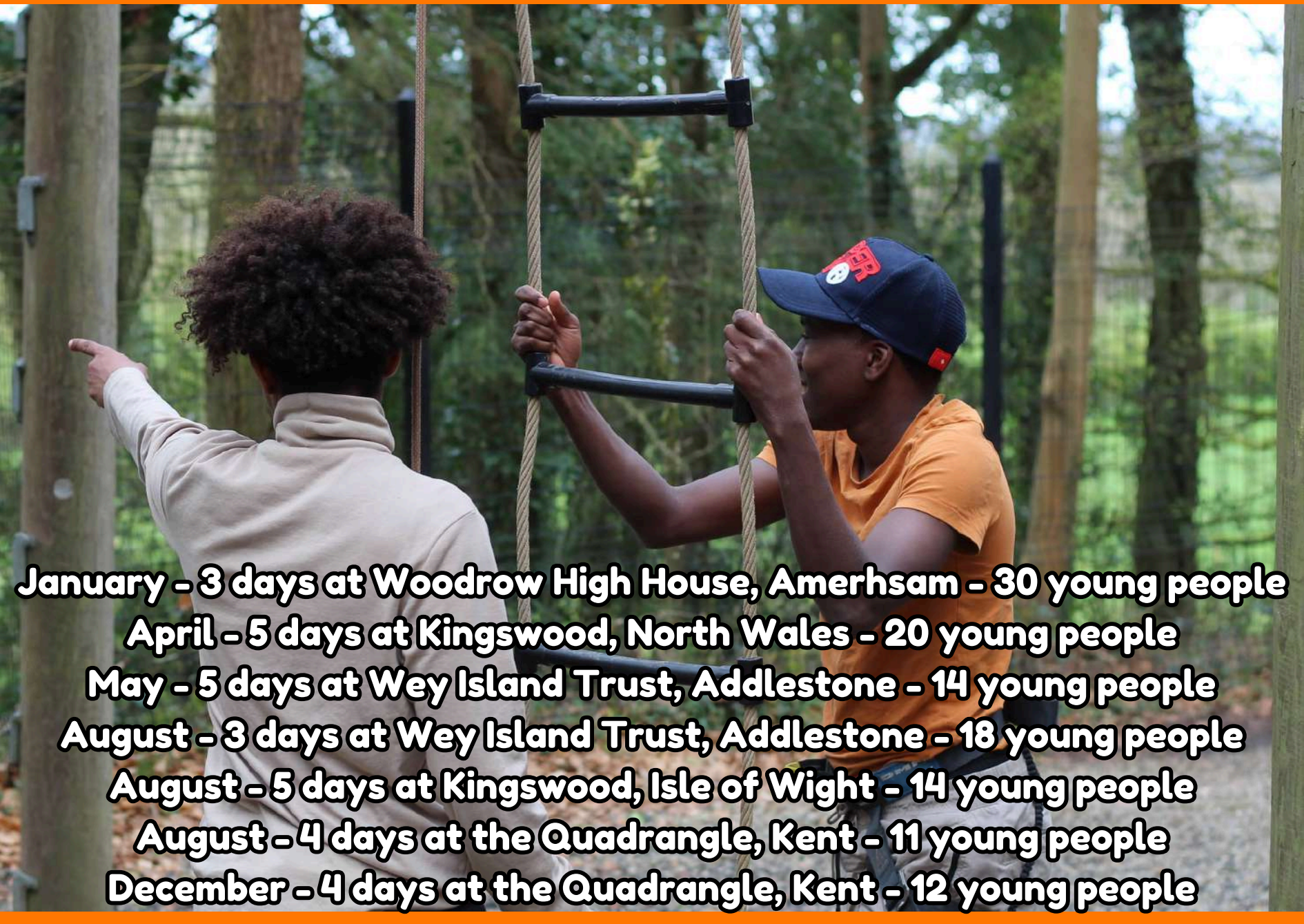
6434 Individual Attendances

224 Sessions


58 Nationalities
Somalia
18
Nigeria
28
Bangladesh
17
Gambia
11
Ethiopia
12
Congo
13
Eritrea
32
UK
40
Syria
23
Afghanistan
50
South Sudan
10
Sudan
130

90 Youth Club Sessions
7 Residential Trips
29 days away
9 Jack Petchey Award Winners
3 Film making Sessions
33 English Classes
50 Bike Referrals (to Bike Project)
9 Employability Sessions
7 Breadwinners Graduates
42 Day Trips

Our Residentials in 2024



January - 3 days at Woodrow High House, Amerhsam - 30 young people
April - 5 days at Kingswood, North Wales - 20 young people
May - 5 days at Wey Island Trust, Addlestone - 14 young people
August - 3 days at Wey Island Trust, Addlestone - 18 young people
August - 5 days at Kingswood, Isle of Wight - 14 young people
August - 4 days at the Quadrangle, Kent - 11 young people
December - 4 days at the Quadrangle, Kent - 12 young people

Our Day Trips in 2024

Ice-skating
Skateboarding
Football Tournament/ matches
Theatre Trips
Boat Trips
Paddleboarding
Speedboating
Brighton
Cambridge
BMX'ing
Swimming/ Waterpark
Cinema
10 Pin Bowling
Toca Social
First Aid Session
Restuarants
Water Wipeout
London Zoo
Watching Football/ Basketball/ Baseball Matches

Let’s hear from the young people!

Dost is like....
well it's like coming to my family...
with communication and lots of fun.
We can learn new things in Dost and make friends and have lots of celebrations and enjoying.
I like when we go to the cinema and 10 pin bowling ..when we watch a movie we can learn new words and in bowling we do team work, which is one of the best things in my life, because its important for my future.
Now we understand how to communicate to people and the public outside and if we go to work, we will know what we have to do.

M, Iran, Aged 16

116 attendances since July 2023

93 attendances since May 2024

I want to learn something.
I enjoy playing football, pool and the trips.
We went to the Isle of Wight and went to the beach and to the mountains.
I have learned reading and I make friends here.
All staff and all people are good here.

E, South Sudan
Aged 16

I like the people and I like everything.
I have so much fun. I did ice-skating for the first time and I liked it and I fell over!
My English is getting better.

H, Senegal, Aged 18

29 attendances since July 2024

I come to Dost to meet my friends and I enjoy my time and I get a lovely time with them.
I learn a lot of experience when I come here - you have to be patient in this life and you have to be humble with people.
I enjoy because I practise my English and I learn new words from people.
I like the staff because they are so kind with us, (especially Marian).
I come here for sport - football, basketball and pool.
I get a lot of things from the trips and I visit new places around the UK, like Wey Island and Isle of Wight.

We love Dost like our Mother.

Z, Sudan, Aged 16

115 attendances since April 2024
Jack Petchey Award Winner October 2024

DMM
AN DIG R

Hi, I'm talking about the about Dost today.
Dost is wonderful people - staff and the young people, all the people from the Dost they're sooo good and lovely people and kindly people and also they're helping you, they will support you, especially Miss Marian and Emad, Khaled, there's a lot of staff they are so amazing, all staff from Dost they're so amazing.

Also, we did a lot of activities and trips.
I liked many of the trips we went - every time when we went to trips with Dost, we would play football, tennis, badminton, cleaning, cooking.
We knew each other different people ,we had a good communication and I will say thank you for everything.
Thank you for supporting us and thank you for so much from me.

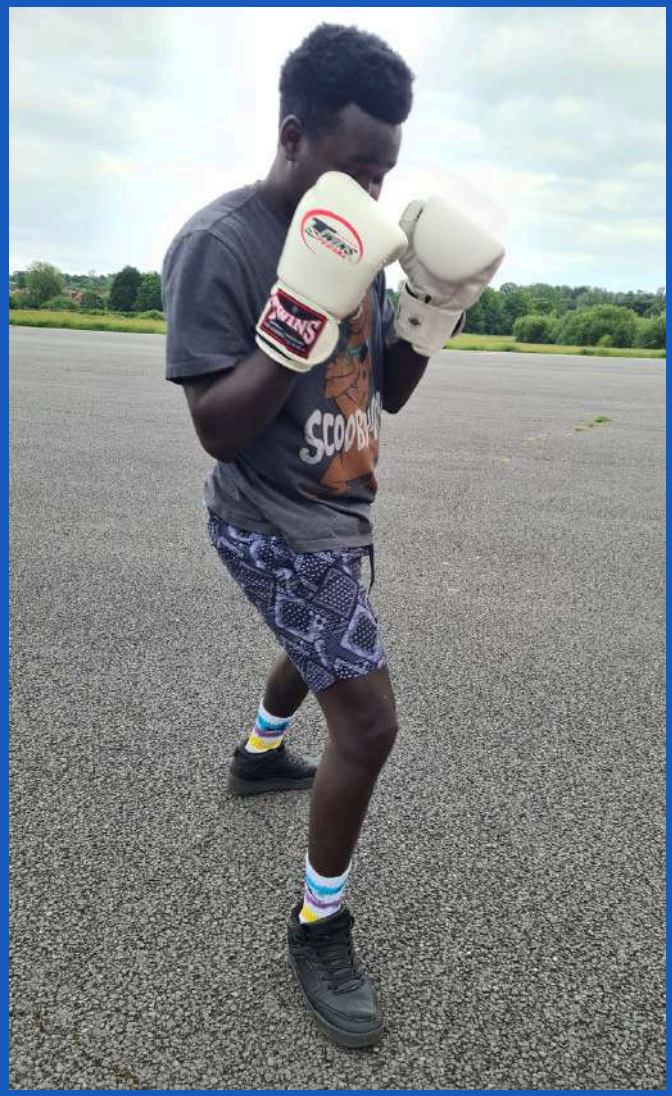
A, Somalia, Aged 18

149 attendances, since February 2023
Jack Petchey Award Winner October 2024

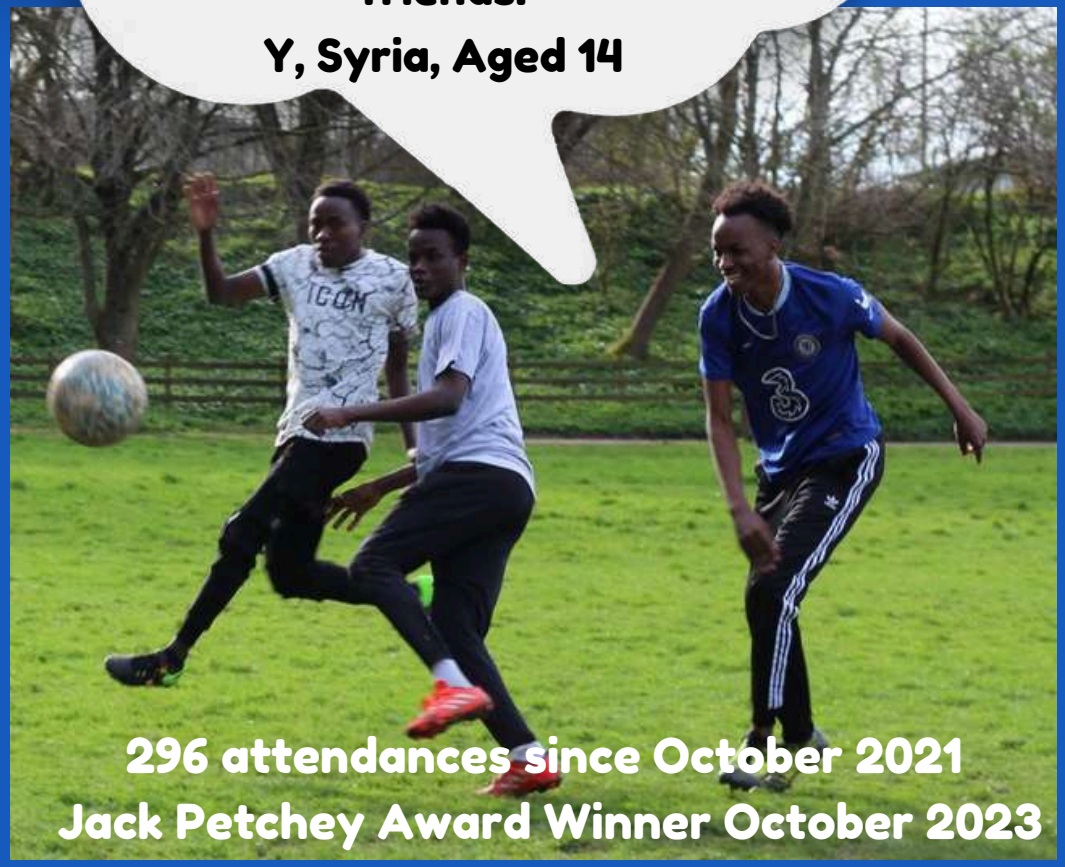
We play football. I see my new friends, from my country.
All people are good, all friendly. All trips good and Dost help me with everything.
I learn English. Kelly good teacher - don't be shy, just speak English!
I am very, very happy to win Jack Petchey Award. I appreciate.
I always enjoy 5 day holidays.

A, Sudan, Aged 17

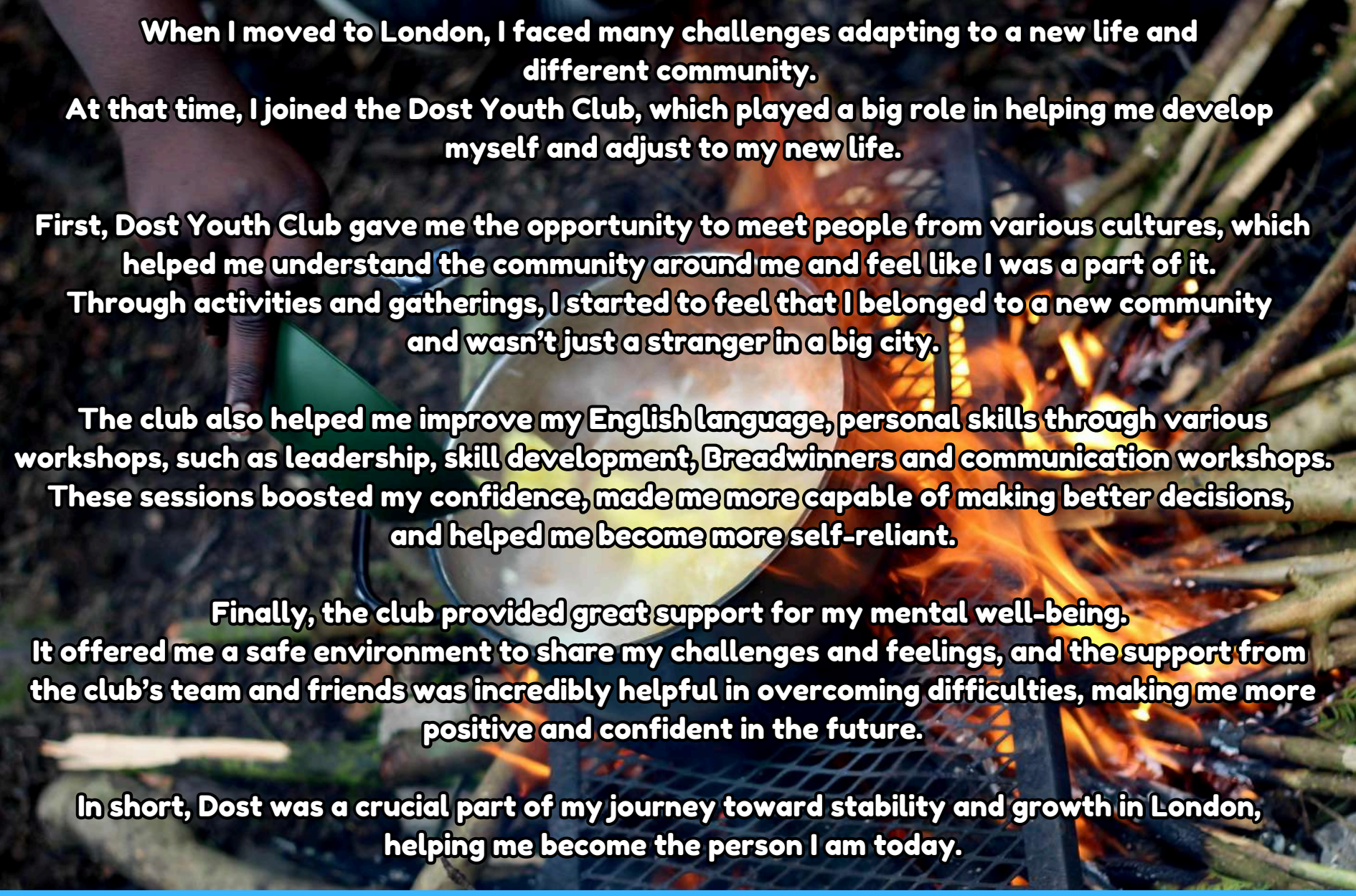
96 attendances since June 2024
Jack Petchey Award Winner October 2024



I come here to play football
and see my friends and see Marian.
I enjoy the trips, especially when we
go on the 5 day day trips.
I made new friends here and I
improved my English.
Before I came to Dost, I didn't have
friends.
Y, Syria, Aged 14



296 attendances since October 2021
Jack Petchey Award Winner October 2023



When I moved to London, I faced many challenges adapting to a new life and different community.
At that time, I joined the Dost Youth Club, which played a big role in helping me develop myself and adjust to my new life.

First, Dost Youth Club gave me the opportunity to meet people from various cultures, which helped me understand the community around me and feel like I was a part of it.
Through activities and gatherings, I started to feel that I belonged to a new community and wasn't just a stranger in a big city.

The club also helped me improve my English language, personal skills through various workshops, such as leadership, skill development, Breadwinners and communication workshops.
These sessions boosted my confidence, made me more capable of making better decisions, and helped me become more self-reliant.

Finally, the club provided great support for my mental well-being.
It offered me a safe environment to share my challenges and feelings, and the support from the club's team and friends was incredibly helpful in overcoming difficulties, making me more positive and confident in the future.

In short, Dost was a crucial part of my journey toward stability and growth in London, helping me become the person I am today.

M, Sudan, Aged 18

124 attendances since May 2023
Jack Petchey Award Winner February 2024

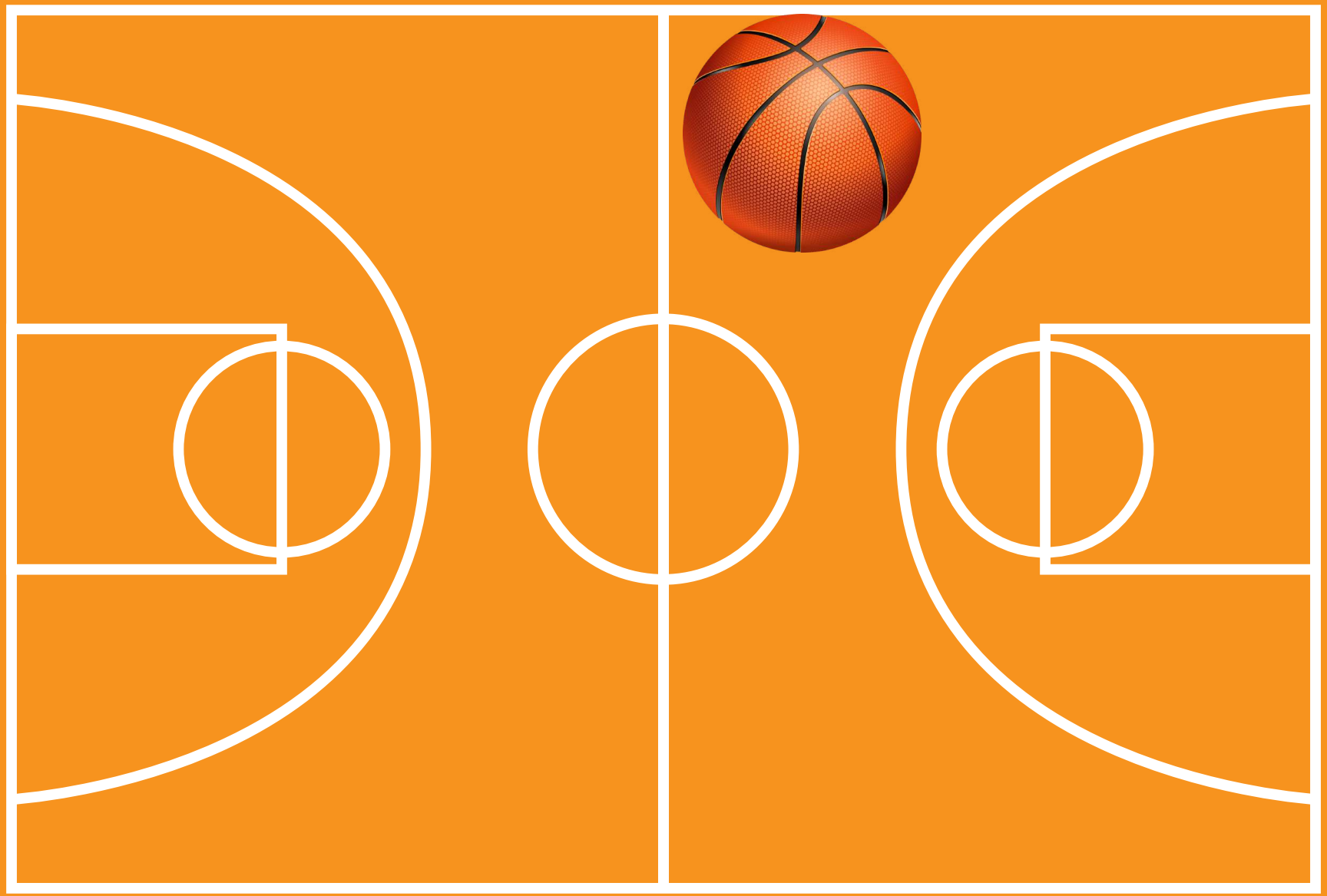
I like to going dost because I like to play football with young people from dost, they are very friendly and now they are like brothers and I want to go with them to trip to make fun and I learn from Dost.

Dost helping people who have any problems and communication.

Dost is good for young people - helping to good communication with new people and clubs.

D, Eritrea, Aged 19

214 attendances since December 2021
Jack Petchey Award Winner October 2023



Let’s hear from Staff/ Volunteers!

"I started with Dost as a young player, and now I'm enjoying coaching and inspiring here.
I love seeing young people stay active, make friends, and feel like they belong. Dost gives them a safe space to grow, and I'm proud to be part of it."

Emad Hamid

Young person, volunteer and staff member since June 2022

"Working with Dost, first as a volunteer and now as a staff member, has always been rewarding and fun.

It's especially rewarding working closely with the young people in the weekly English class. I think that the language learning that the Dost class provides, not only helps the young people in their daily lives, but also to feel more confident and at ease with life in the UK generally.

It's fun working at Dost, because there's always humour involved in whatever Dost does!"

Kelly Williams, Volunteer and ESOL Tutor since 2019

“I enjoy volunteering at Dost, it's a part of my week I look forward to.
I'm proud that Dost support and champion young people facing great adversity.
Sessions are consistent and reliable giving attendees a safe place to count on.
Young people have the opportunity to enjoy themselves and build strong friendships.
Dost is important because joy is recognised as a fundamental part of wellbeing.”

Charlotte Clements , Volunteer since April 2023

**“My name is Khaled and I’m from Yemen and I came to the UK last year as a refugee.
When I first heard about the Dost club, I didn’t know much about it,
but I was eager to get involved.
Volunteering here has been an incredible experience.
Life at the club feels so natural, with friendly interactions between the manager,
coaches, volunteers, and, of course, the children/ young people.**

**The kids are wonderful and there’s always something fun happening.
We have activities like football, basketball, volleyball, and even
table games that keep everyone engaged.
I’ve also had the chance to go on trips with the club, exploring places like
Wey Island, Brighton, and Cambridge.
We’ve spent time in parks, gone swimming and enjoyed so many memorable outings together.**

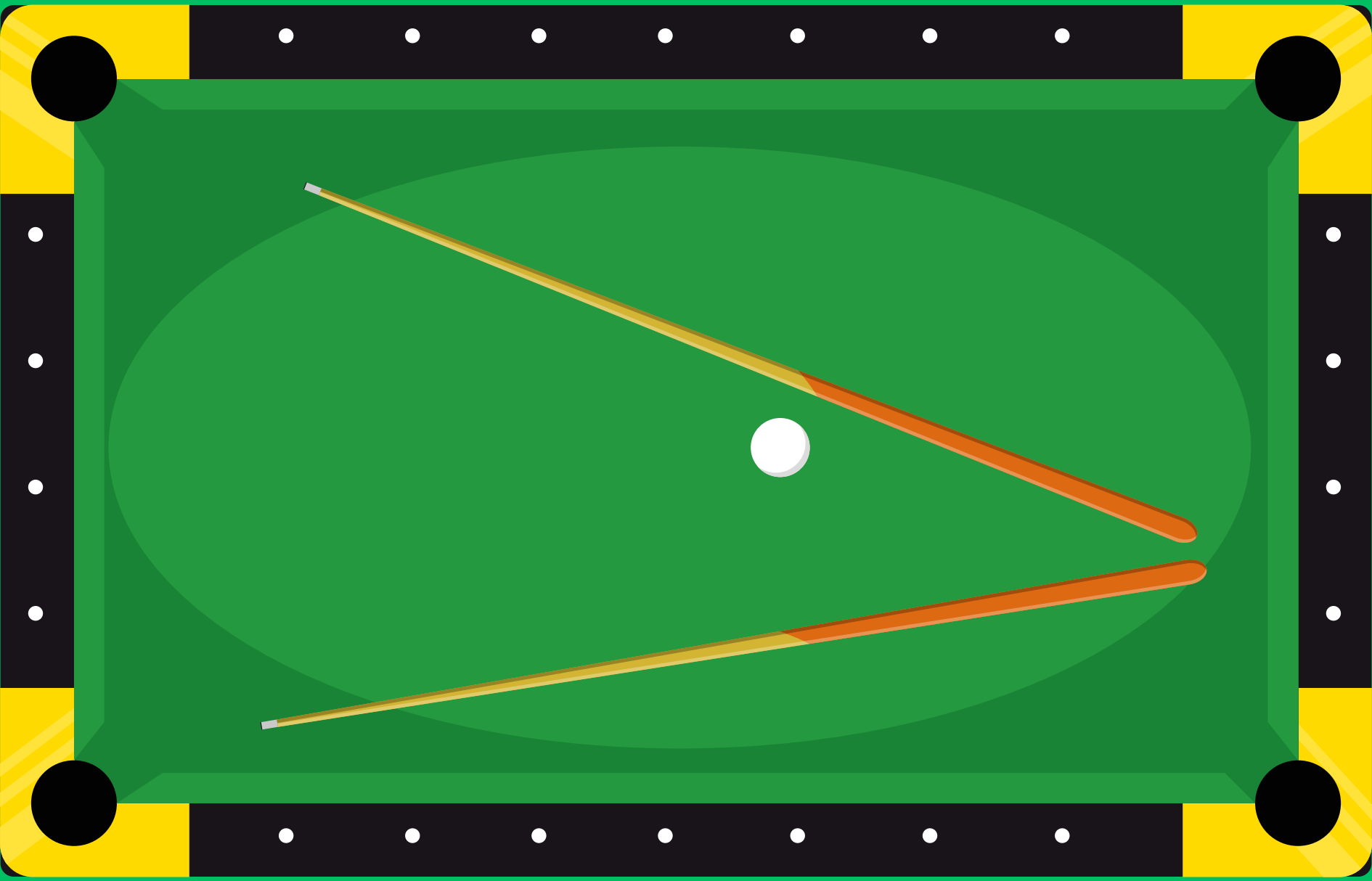
**What stands out most is the strong sense of family. I feel like I’m not just watching
over the children/ young people but also sharing these experiences with my colleagues.
We’ve truly become one big family.
I want to extend my sincere thanks to the manager, Marian, for giving me this opportunity to volunteer. Her support and dedication have made such a positive impact on my experience here.**

It’s inspiring to see her commitment to the club and to all the children / young people we work with. I truly appreciate the chance to be part of this team.

**I wish everyone at the club, from my fellow volunteers to all the wonderful kids, all the best in their journeys.
This experience has shown me the strength of community and the joy of giving back, and I hope we continue to grow together as one family.”**

Khaled, Abdul Rahman, Volunteer since May 2024

Let’s hear from the Board!



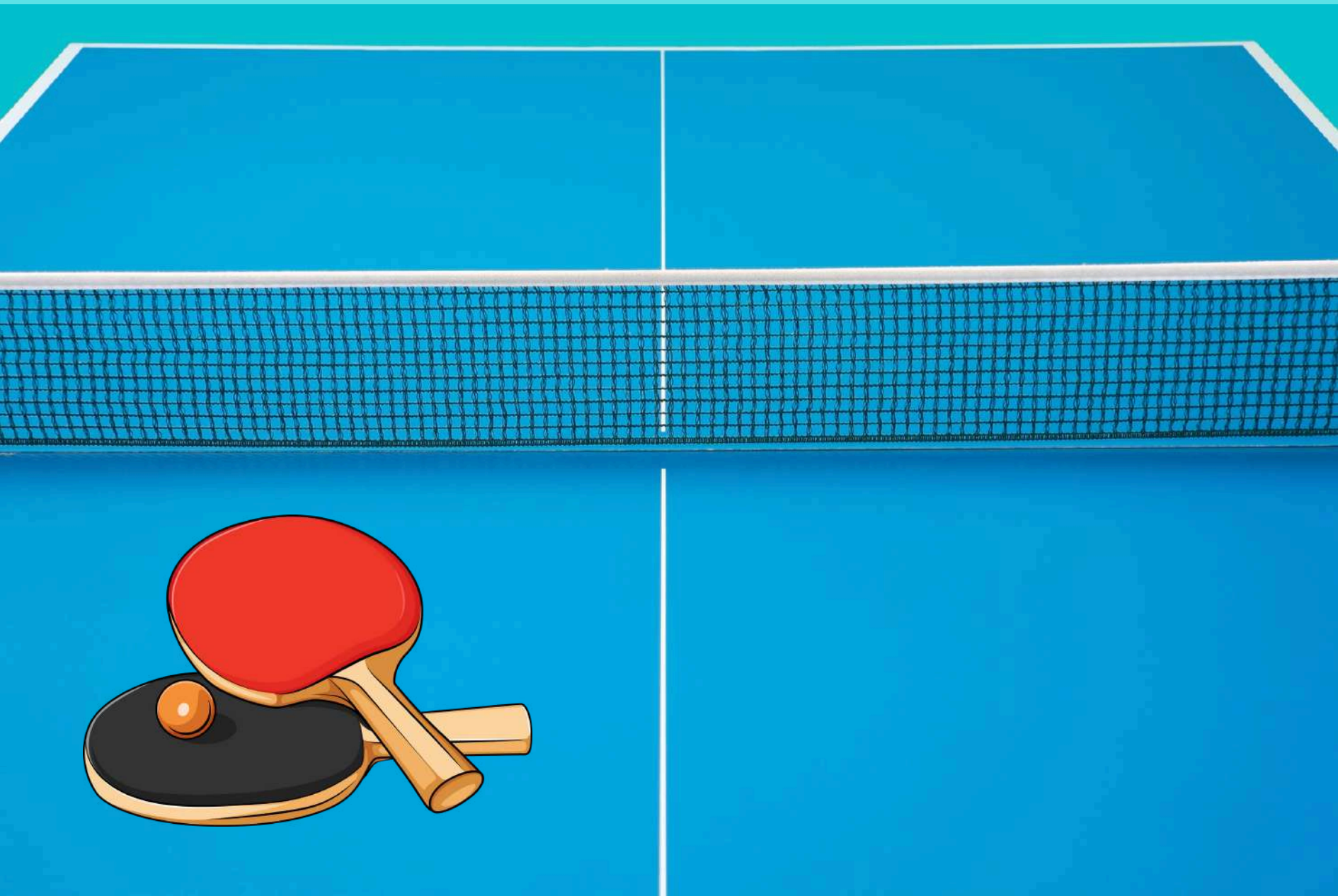
“Being part of Dost is a great privilege.
Marian and the team bring together so many young people who have faced great difficulties.
Through a packed programme at the youth club and a variety of trips and breaks away, Dost creates spaces that offer a chance to connect, have fun and learn. This year, the centre feels more important than ever since the young people, on top of the challenges they have already met, are increasingly faced with a culture of anger and hostility, rather than compassion and care.”

Michael Havard, Trustee since June 2017

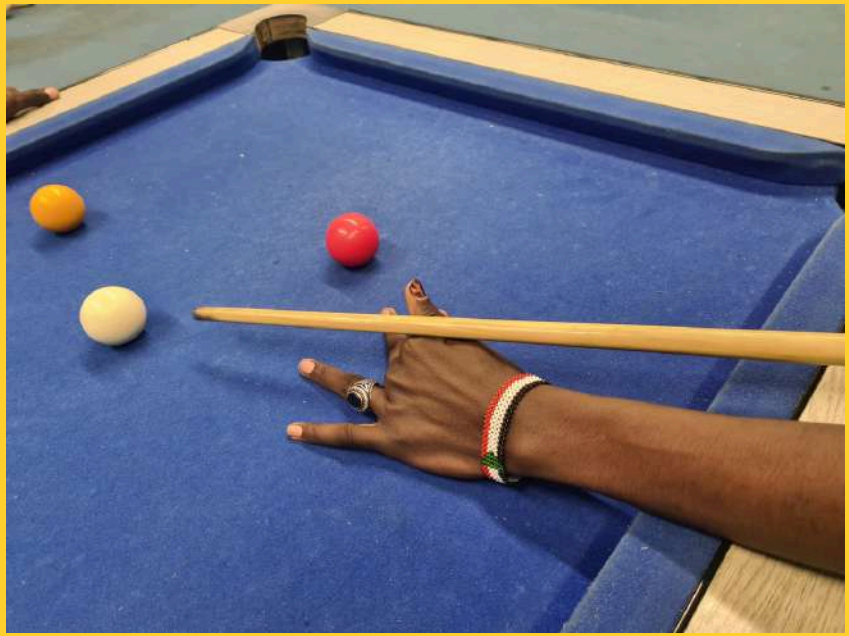
“Dost does amazing work to support young refugees from all over the world.
As a Trustee, it’s great to be able to support Marian and the team, helping them steer the organisation and offering support where I can.”

Zoe Mellis, Trustee - since February 2023

Let’s hear from partners/ funders!



“As the Sports Development Officer at London Youth,
I see firsthand how Dost’s work transforms lives by empowering young refugees and asylum seekers in our communities.
Dost, as a valued member of London Youth, consistently attends our training sessions and sports events, demonstrating an inspiring commitment to the holistic development of the youth they serve.
Their approach exemplifies the impact of high-quality youth work—providing a safe space, advocacy, and support for young people navigating challenging transitions.
By addressing the unique needs of refugees, Dost not only offers critical resources but fosters a sense of belonging, resilience, and positive identity, helping young people thrive against the odds.
Their work is a powerful reminder of how compassionate, well-structured support can unlock potential and build a stronger, more inclusive society.”
Carl Reid, Sports Development Officer, London Youth
Funder



“Dost Centre plays an important role in helping young refugees find a place where they feel safe, connected, and genuinely welcomed. It’s not just about helping them settle in—it’s about creating a community where they can start to feel at home, make friends, and find the support they need to thrive in a new country.
We’ve seen first-hand through People Powered Places just how impactful the Dost Centre is, not just for these young people but for everyone in Newham, creating a more connected, welcoming community.”

Natasha Abankwah
Community Neighbourhood Senior Officer | Plaistow
London Borough of Newham
Funder

"As a charity based in London that also works with young people, we are in awe of the work Dost is doing to help young people.
From talking to many of the young people who have been a part of Dost over the last 5 years, it is clear how thankful they are to Dost for helping them when they arrive in London.
It provides an opportunity for young people to feel a sense of belonging when they arrive and to access opportunities and a network that can allow them to choose positive pathways for their future.
It is no coincidence that the best of our student athletes in the last 5 years have been students from Dost.
Having been involved in youth development in London for the last 8 years, in our opinion Dost is making the biggest impact of any organisation we have seen in that time.

The impact and provision is absolutely remarkable.
The fact that young people travel across London to attend Dost activities is testament to the friendly and supportive environment Marian and Dost provide.
Her commitment to helping young people is astonishing."

Darren Wiltshire, co-founder, Estudiantes

Partner

Our Trustees

Jim Minton - Chair
June 2017 - present

Michael Havard - Treasurer
June 2017 - present

Tommy Edwards - Trustee
December 2018 - present

Stella Ogunlade - Trustee
January 2021 - present

Winnie Sham - Trustee
June 2022 - present

Zoe Mellis - Trustee
February 2023 - present

Bejal Shah - Trustee
July 2023 - present

Our Staff

Marian Spiers – Director 2009 – present

Richard Shittu - Volleyball Coach/Youth Worker 2010 - present

Wendy Lee - Accountant 2018 - present

Kelly Williams - ESOL Tutor/ Youth Worker 2019 - present

Coltrane Morley-Williams - Football Coach 2019 - present

Ali Abbas Alshimari - Football Coach/ Youth Worker 2021 - present

Emad Hamid - Football Coach 2022 - present

Carl Reyes - Youth Worker 2023 - present

Our Volunteers

Khaled Moqbel
Charlotte Clements
Mohamed Easa Ahmed Ibrahim
Thomas Madrell
Abdalbari Mohamed Emam
Anei Atem Akoon
Fabrizio Radice
Kanan Thiyagarjah
Marielle Le Masle
Lex Karlin
Sofia Weber Sheldon
Alexa Sheldon
Rukkaya Khan
Rosamond Murdoch
Kazeem Anifowose

Our Supporters and Partners

Capital Kids Cricket
Counterculture
Custom House Library
Lee Valley Regional Park Authority
Goods for Good
Newham Libraries
Iroko Theatre Company
Aquapaddle
Toca Social
Thames Rib Experience
Wey Island Trust
Parliament Hill Lido
The Bike Project
Surrey Hills and Rivers
Odeon Cinema
Hollywood Bowl
Breadwinners
Mouth That Roars
Migrant Help
TableTennis England
Sadlers Wells
Kingswood
Brighton Table Tennis Club

Mayors Fund for London
Newham Leisure Centre
London Zoo
Ben Monro
Sal's Shoes
Jimmys O2 Buffet
Bulk
Better
Moo Canoes
Skate Haven
Inclusive Audiences
Pop Up Arcade
MMARAP
Estudiantes
Tarryn Algar
The Quadrangle
Woodrow High House
Sports Fun 4 All
London Lions
Care4Calais
YourStance
Calling London
Mental Health UK
Vodaphone Charities Connected

Our Funders and Donors

BBC CHILDREN IN NEED
STREETGAMES
JACK PETCHEY
LONDON YOUTH
LONDON SPORT
L.B. NEWHAM
SPORTED
GROCERS HALL
ALBERT HUNT TRUST
UK YOUTH/ PEARS FOUNDATION
MIGRATIONWORK TRUST/ WEAVING BONDS
LYLE'S LOCAL FUND
BARCLAYS COMMUNITY FOOTBALL FUND
THE BRYAN GUINNESS CHARITABLE TRUST
LONDON MARATHON CHARITABLE TRUST
BASKTEBALL ENGLAND
FOOTBALL FOUNDATION
LONDON CHURCHES REFUGEE FUND
THE NATIONAL LOTTERY – AWARDS FOR ALL ENGLAND
THE NATIONAL LOTTERY – COMMUNITY FUND
OUR NEWHAM LEARNING AND SKILLS/ONLS
KFC FOUNDATION
RESETTLEMENT UK

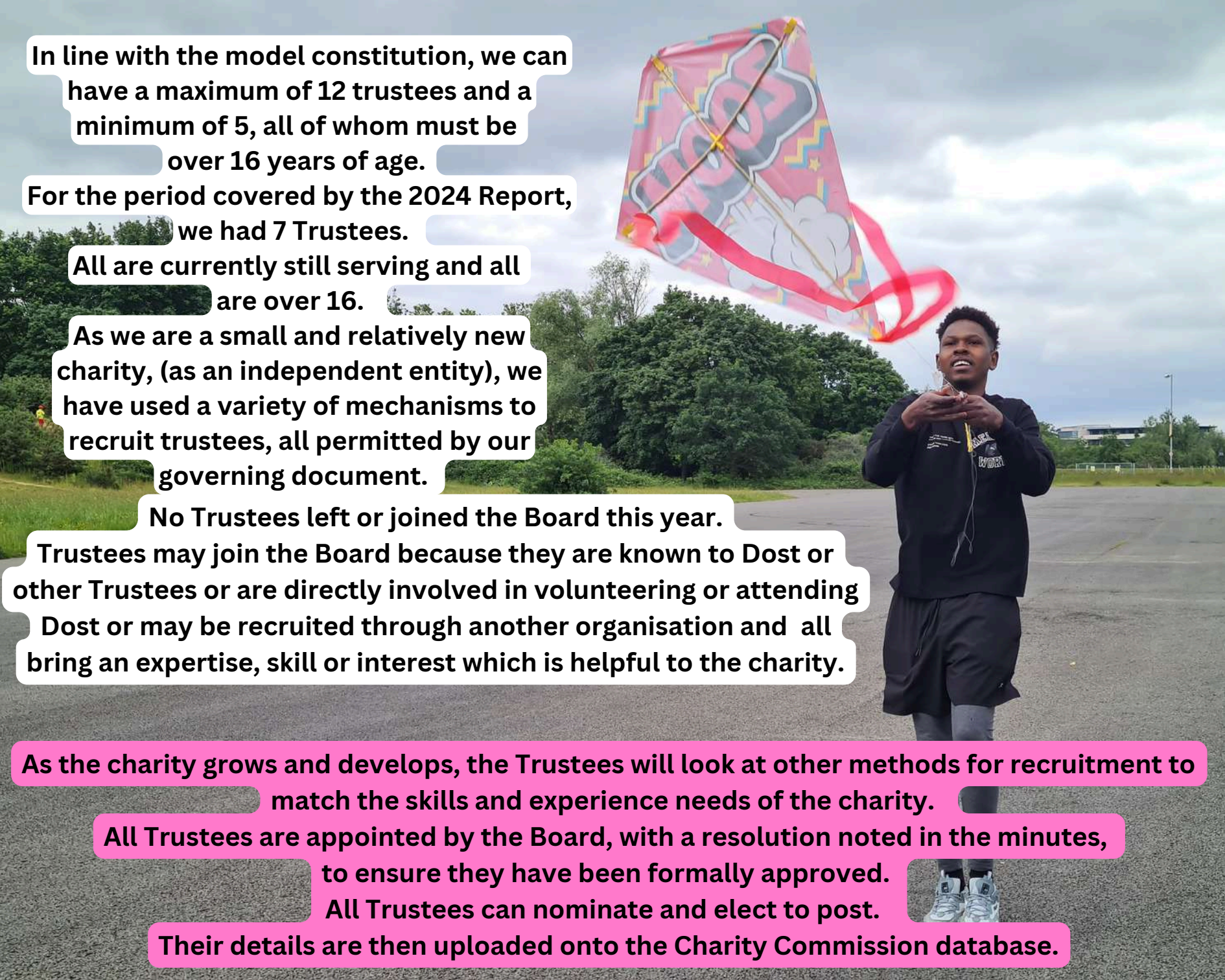
STORM BRYSON
KATIE SHAKERIFAR
NAVJOT SINGH
SOPHIE WHITE
THOMAS MADRELL
MARK HAMSTEAD
SANDRA KOURTSOUNIOTI
JOE EDWARDS
CAROLINE BARNETT
LUCIA LIMB
ANDREW MCINTOSH
CHRISTINE MINTON
GARY MEEK
JEREMY MINTON
ELLEN O'NEILL
RALPH BOER
LARA CASALOTTI AND FAMILY
FRENCHWOOD FAMILY TRUST

Charity Structure and Governance

The Trustees confirm that they have referred to the Guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives and in planning all future activities.

Dost is a Charitable Incorporated Organisation (CIO) and our governing document is based on the Charity Commission's model Constitution for a CIO whose only voting members are its' Trustees.

We received our independent charity registration and approval for this governing document in August 2017.



In line with the model constitution, we can have a maximum of 12 trustees and a minimum of 5, all of whom must be over 16 years of age.

For the period covered by the 2024 Report, we had 7 Trustees.

All are currently still serving and all are over 16.

As we are a small and relatively new charity, (as an independent entity), we have used a variety of mechanisms to recruit trustees, all permitted by our governing document.

No Trustees left or joined the Board this year.

Trustees may join the Board because they are known to Dost or other Trustees or are directly involved in volunteering or attending Dost or may be recruited through another organisation and all bring an expertise, skill or interest which is helpful to the charity.

As the charity grows and develops, the Trustees will look at other methods for recruitment to match the skills and experience needs of the charity.

All Trustees are appointed by the Board, with a resolution noted in the minutes, to ensure they have been formally approved.

All Trustees can nominate and elect to post.

Their details are then uploaded onto the Charity Commission database.

Overview from Chair

We hope you have enjoyed this Annual Report, and it has given you a sense of the excellent and vital work done by Marian and the team over the year.

All of them show huge dedication, with Marian in particular holding everything together with incredible dedication, ably backed by her talented team.

Thank you to all the young people who have participated in Dosts' activities and residentials over the year: central to the ethos of Dost is the idea that all young people from whatever background should find a welcoming, supportive place, and enjoy the opportunities we offer for fun and personal development.

In a year where global disruption has caused huge challenges, forcing young people and families to flee many countries to seek safety, and too often politics in Britain has been dominated by debate about immigration, the need for Dost as a place of safety and support feels more important than ever.

As Trustees, we have been very proud to work together to help the charity continue to develop and thrive, so that more young people can be supported into the future.

Financial

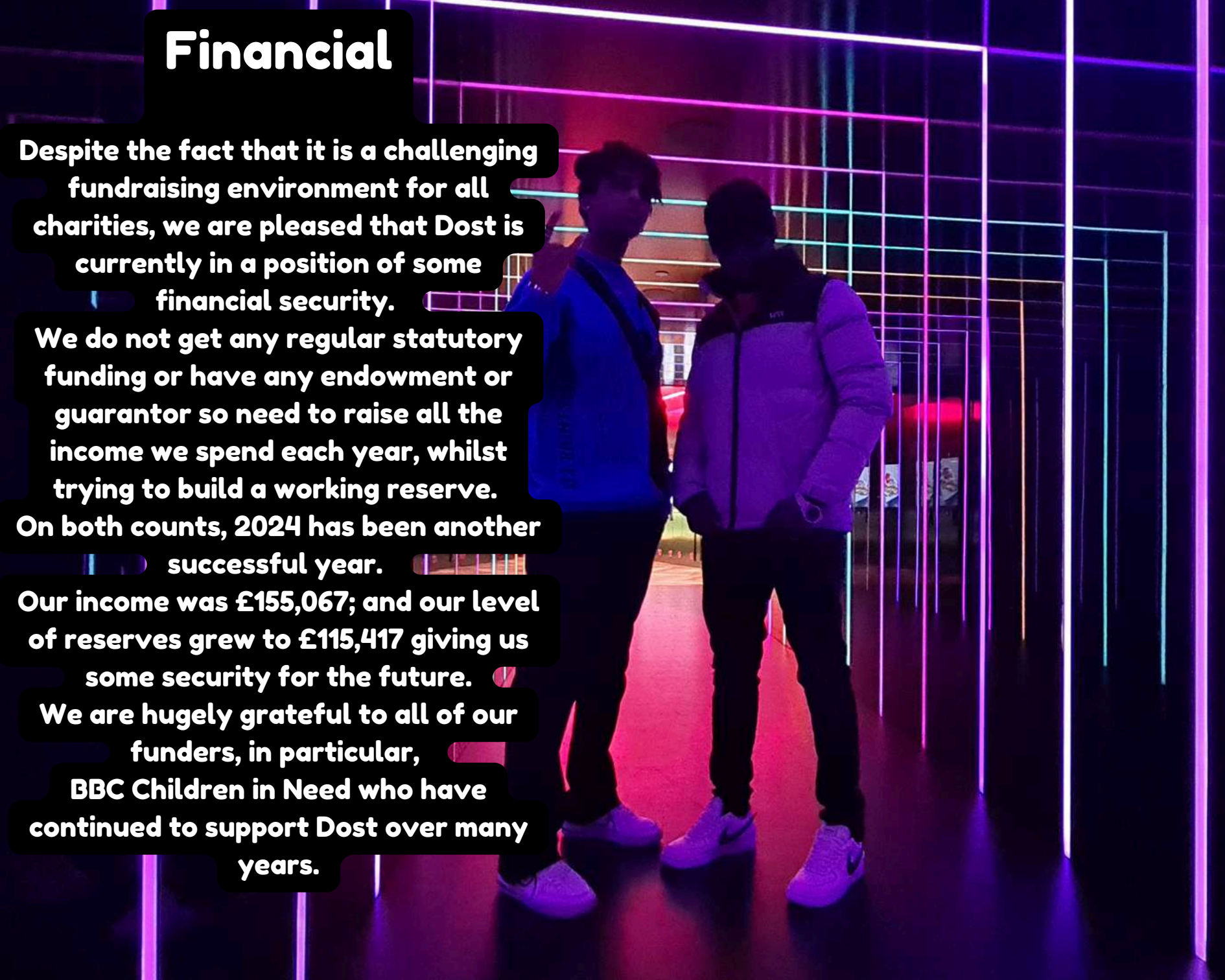
Despite the fact that it is a challenging fundraising environment for all charities, we are pleased that Dost is currently in a position of some financial security.

We do not get any regular statutory funding or have any endowment or guarantor so need to raise all the income we spend each year, whilst trying to build a working reserve.

On both counts, 2024 has been another successful year.

Our income was £155,067; and our level of reserves grew to £115,417 giving us some security for the future.

We are hugely grateful to all of our funders, in particular, BBC Children in Need who have continued to support Dost over many years.



Safeguarding

We are proud that despite the challenges and trauma that some young people face, and the pressures that they find themselves under whilst new to London; at Dost they can enjoy the activities and support in safety.

Although of course we had instances when young people picked up small injuries while playing sport or other activities, we had no significant or reportable incidents.

All of our team and Trustees are DBS checked every 2 years and receive regular training and refreshers on safeguarding.

We have a strong culture of safety and support and keeping young people safe is our highest priority.

Looking Forward

We hope that we are able to continue our positive work into the future.
Our base at Newham Leisure Centre changed hands in 2023/4, and we are enjoying the new relationship with Better (Greenwich Leisure CIC) who now provide the service.
We hope to keep evolving our services in response to need; and a Strategy day in October saw us commit to building the staff team to give Marian more support, so that she can focus on developing new opportunities for the young people.
Dost provides such a vital service and source of support for young people, and we are grateful to everyone who has supported us or been involved in any way, and look forward to continuing to work with you in the future.

Jim Minton
Chair of the Board since June 2017

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A **Independent Examiner's Report**

Report to the trustees/ members of	Dost Centre for Young Refugees and Migrants		
On accounts for the year ended	31st March 2024	**Charity no (if any)**	1173622
Set out on pages	Above		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2024**.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:	Milex	**Date:**	27/11/2024
Name:	Tomas Wilcox		
Relevant professional qualification(s) or body (if any):	FCIE		
Address:	Counterculture Partnership LLP Bank Chambers, Main Street Hawes, North Yorkshire, DL8 3QL		

CHARITY COMMISSION FOR ENGLAND AND WALES

Dost Centre for Young Refugees and Migrants | 1173622

Receipts and payments accounts

For the period from 01-Apr-23 To 31-Mar-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations and legacies	28,404	126,663	-	155,067
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total *(Gross income for AR)*	28,404	126,663	-	155,067
A2 Asset and investment sales, (see table).				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total receipts	28,404	126,663	- 0	155,067
A3 Payments				
Wages / Salaries	6,046	48,646	-	54,693
Rent / Room Hire		13,466	-	13,466
Insurance	675		-	675
Bank Fees	78		-	78
Coaching & Youth Fees	1,053	15,260	-	16,312
Subscriptions / Other	6,198	4,456	-	10,654
Travel/ Trips	679	5,993	-	6,672
Equipment	74	222	-	296
Accounting Fees	1,310		-	1,310
Sub total	16,113	88,043	-	104,156
A4 Asset and investment purchases, (see table)				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total payments	16,113	88,043	- 0	104,156
Net of receipts/(payments)	12,291	38,620	-	50,911
A5 Transfers between funds			-	-
A6 Cash funds last year end	47,822	16,684	-	64,506
Cash funds this year end	60,113	55,304	-	115,417

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds

No Trustees were remunerated or received any expenses or payments during the year.

Our Charity insurance provides Trustee Indemnity cover against executive risks to the sum of £250,000.

Our Public Liability covers us to £5,000,000 and £10,000,000 for Employers Liability.

Our reserves at year end were £115,417 of which £55,304 were restricted and £60,113 were unrestricted.

Dost's reserves policy balances the need to build up long term reserves against the need for short term spending on core activities.

The Charity's reserves exist to provide short term protection against downward fluctuations in annual revenues.

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's Trustees.

Signed by Chair of Trustees:
JIM MINTON
Dated: 16.12.2024

Thank you to everyone who has supported Dost and who make it possible for us to continue to provide all our sessions/ services.
And thank you to all the young people who bring their energy, positivity and fun and who make Dost a great place to be!

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

England & Wales - Charity number 1173622

Accounts

Centre for Young Refugees and Migrants

Annual Report 2023

Dost Centre for Young Refugees and Migrants

Newham Leisure Centre
281 Prince Regent Lane
London, E13 8SD

www.dostcentre.co.uk
Tel: 07852855711
Insta: dost_centre
Charity Number: 1173622

Welcome from the Board

Welcome to the 2023 Annual Report for Dost Centre for Young Refugees and Migrants.

During this past year, conflict internationally continues, forcing unaccompanied young people from around the world to seek refuge; to find a safe place away from political unrest and instability, that often puts their lives at risk.

However, there has also been profound challenges affecting the inclusion of these young people in the UK, with the cost of living crisis having a detrimental impact; creating food insecurity, housing issues and growing mental health problems; leading to a political climate centred around austerity, that limits the opportunities for young people from a refugee and migrant background.

We, as Trustees couldn't be more grateful for the incredible work that Marian and her team do to help bridge that important gap of integration.

Dost Centre is committed to providing a safe and supportive space for some of the most vulnerable young people, giving them the opportunity to socialise, develop new skills and experience new and enriching activities with fun at the centre of everything - allowing young people to just be young people.

In this report, you will get a full flavour of the diverse activities that Marian and the Dost team offer; from the weekly youth sessions that run all year round, to the residential trips to sites across the country, to the incredible partnerships with highly esteemed organisations.

The number of young people who attend is vast, with new young people coming every week, brought by their friends who recommend the amazing activities offered by Dost.

Highly thought of by children's services, education and care providers; Dost offers a haven to their service users and students. The range of sessions means that there is something for everyone and helps build a true sense of inclusion.

As a group of Trustees, we are incredibly proud of the impact the work Marian and Dost does with the young people, as demonstrated in this report.

We are massively grateful as well to our funders, partners and donors who make this work possible.

Furthermore, we are hugely appreciative to the incredible sessional staff and volunteers who give their time to support and inspire the young people; from the youth workers who attend weekly sessions, building invaluable relationships, to the coaches and facilitators who teach new skills, to the mentors who help build that pathway to integration.

We hope you enjoy this report and please get in touch if you would like to find out any more about Dost Centre and how you can get involved or support us.

Thank you - Tommy Edwards - Trustee

On behalf of the Board of Trustees

Welcome from the Director

Being at Dost for the last 14 years, has really been amazing.
I have met the most incredible young people, worked alongside great staff and volunteers and been supported by a committed, diverse Board of Trustees.

I have been able to watch the young people grow, develop and thrive and have joined them on their new journeys and always try to ensure they have as positive an experience as possible when they come to Dost....I see it as a safe, fun, welcoming place, where people from all walks of life, backgrounds and diverse groups come together to share, to learn, to play and to really get to know and respect each other, whilst creating memories that will last and will allow the young people to continue on their future journeys, wherever and whatever they may be, having built a stronger foundation, through being at Dost.
It's always lovely to be a part of their adventures, be it for weeks, months or often for many years.
Sadly, we are no longer running our Mentoring Programme.

I was very humbled to recently win the London Youth - Youth Professional of the Year Award 2023 and to be recognised for the service that I have aimed to provide to all the young people I've worked with and I hope to continue providing a quality service to them for many years to come!

Marian Spiers, Director

Our Aims

Dost (which means friend in a number of languages), was established as an independent Charity in 2017 and has gone from strength to strength, every year getting busier and busier. We have seen around 250 more young people this year than we did 2 years ago, so continuously growing!

Our aim is to advance in life and relieve the needs of young people from a refugee and migrant background and those seeking asylum.
We work with young people, aged 13-19 years of age, from all across London to feel empowered and equipped to reach their full potential, by providing a varied and diverse programme of physical and educational activities in order to reduce their isolation, improve physical and mental well-being and increase their skills, access to opportunities and to develop capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals and ensure they are not excluded on the grounds of their social and economic position.

Our Impact in 2023

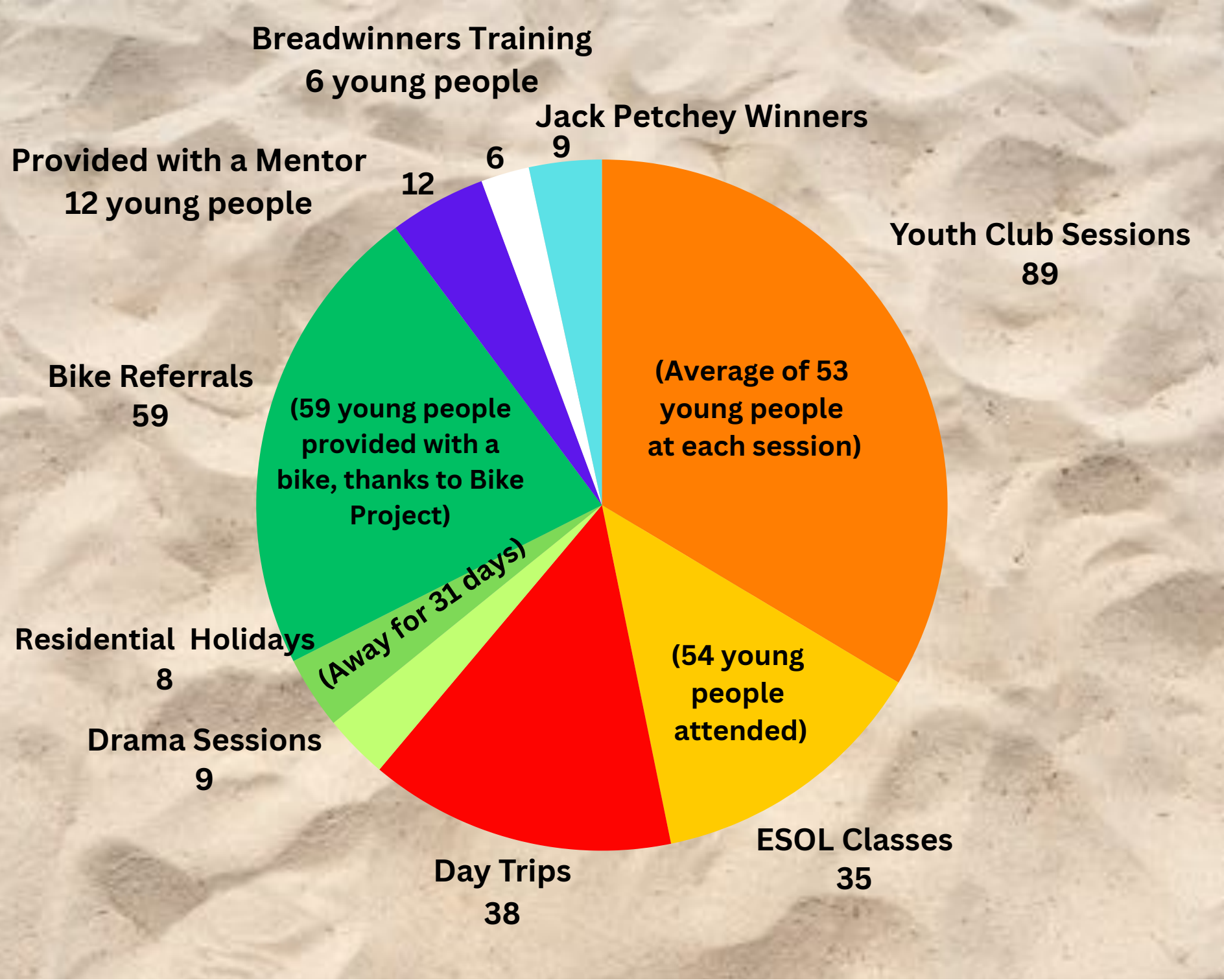
619 Young People

578 Male

41 Female

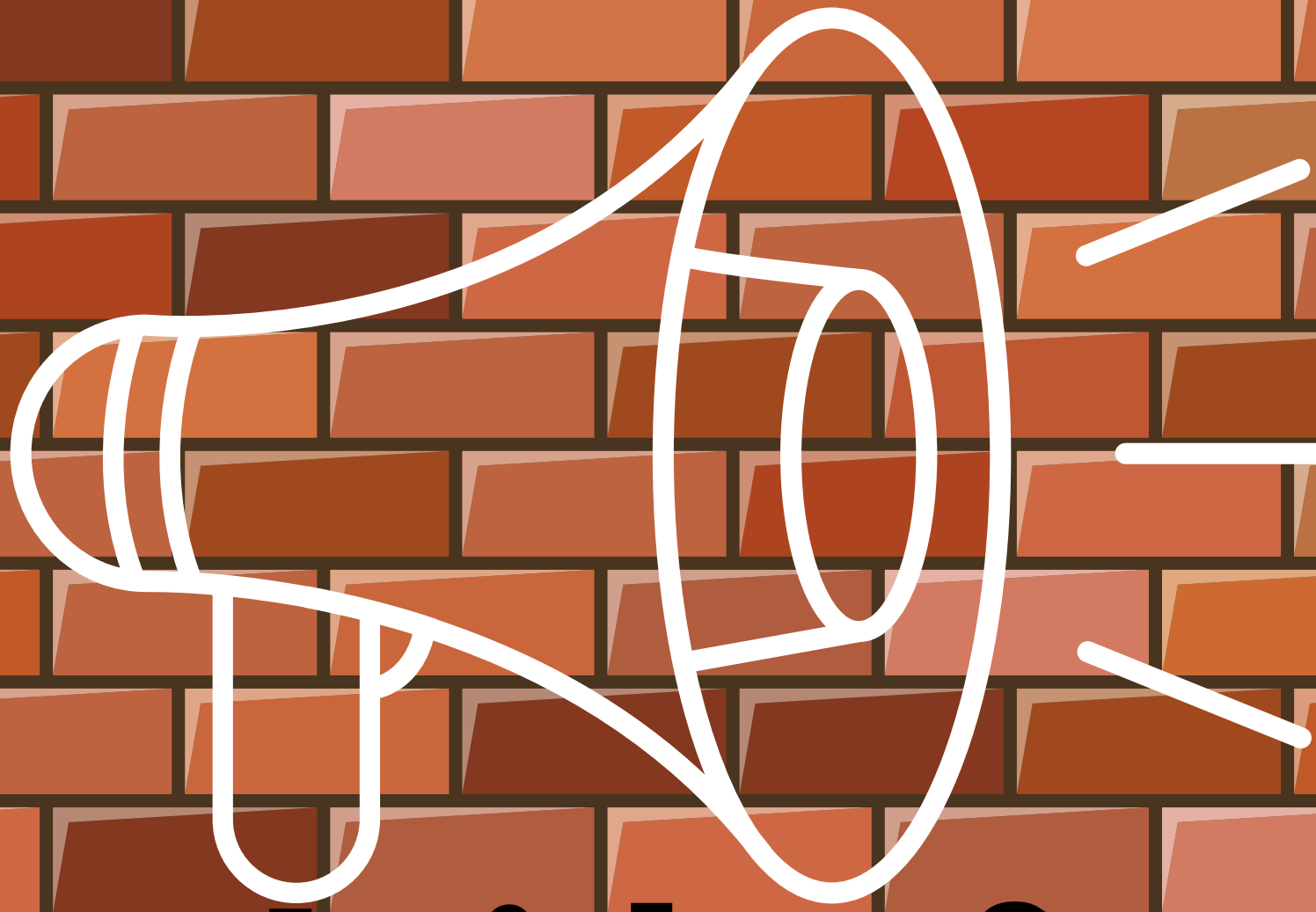
6561 Individual Attendances

233 Sessions

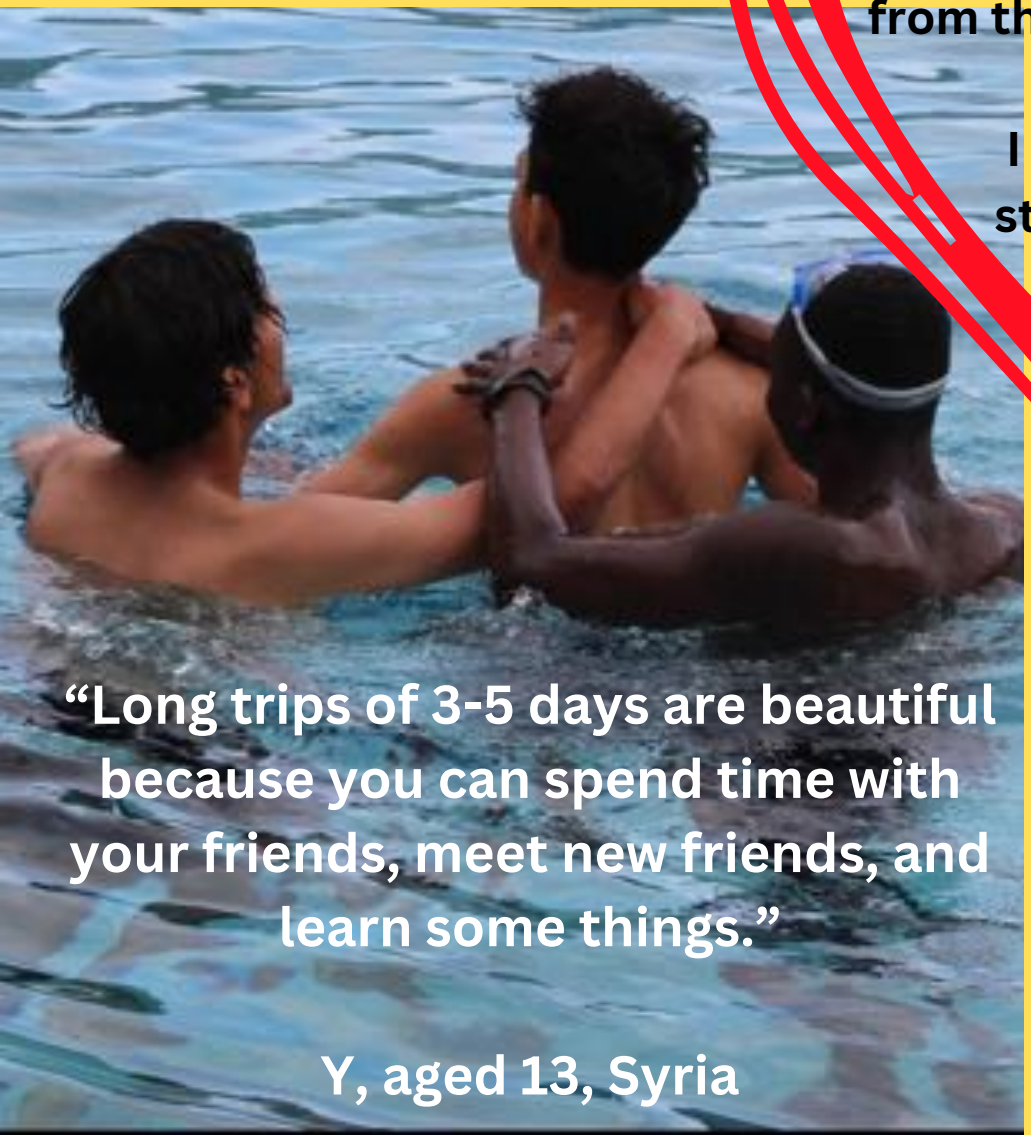

Breadwinners Training
6 young people
Jack Petchey Winners
9
Provided with a Mentor
12 young people
6
12
Youth Club Sessions
89
(Average of 53 young people at each session)
Bike Referrals
59
(59 young people provided with a bike, thanks to Bike Project)
(Away for 31 days)
Residential Holidays
8
Drama Sessions
9
(54 young people attended)
ESOL Classes
35
Day Trips
38

Guinea-Bissau
Afghanistan
Sudan
Gambia
Eritrea
Nigeria
Senegal
54 Nationalities
Iran
Iraq
Chad
Syria
Ethiopia
Ghana
Honduras
Somalia
India
DR Congo

Football Matches/ tournaments
Basketball Tournament
Swimming at Lido
London Zoo
Central London
Rollerblading
Theatre
Brighton
38 day
trips
Waterpark
Cinema
BMX'ing
Lasertag
Ice-skating
Toca Social
Dance Session
Water wipeout
First Aid Course
Boxing Matches
10 Pin Bowling
Speedboating



Let’s hear from the young people!



“Long trips of 3-5 days are beautiful because you can spend time with your friends, meet new friends, and learn some things.”

Y, aged 13, Syria

“Because it makes me feel psychologically comfortable and free from the pressure, hustle and bustle of London.
I like the behavior of the staff and the atmosphere of laughter and fun”.

A, aged 16,
Sudan

“Let say in dost I like to be with all the guys and go on trips with them so we can talk and have fun.
Let's say they collected me from 0 to where I am today, meet people with a good heart and fun, everyone feels welcome there.
The bad thing about it is that went we are going to a sport trip we only eat crisps and banana: we need more support for that.”

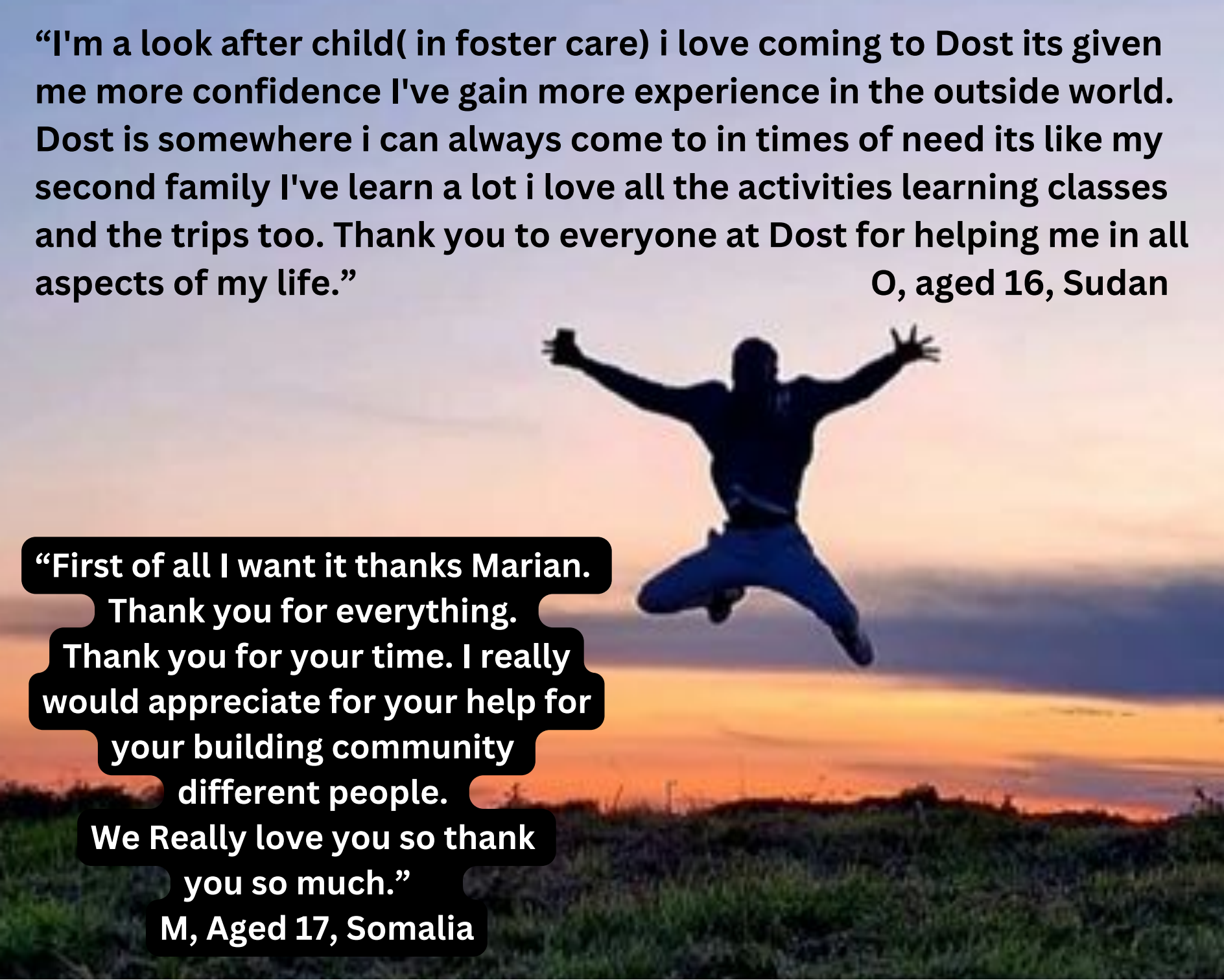
C, aged 17, Portugal

“It is a way to explore new places we having been to and it is a way for us to experience new things that we don't normally get to do, example the speed boat riding.
There's almost nothing to change about the center it is just to give more money to Marian so we could do all these things that we want to do.
I love the people at the dost center.”

M, Aged 15, The Gambia

“I like the trips because they are making lifelong memories also help me develop confidence and independence.
I love to return the favour may be volunteering and help them as much as I can.
Firstly I want to thank all the staff and Marian especially that they did much brilliant thing to us.”

A, Aged 18, Sudan



“I'm a look after child(in foster care) i love coming to Dost its given me more confidence I've gain more experience in the outside world. Dost is somewhere i can always come to in times of need its like my second family I've learn a lot i love all the activities learning classes and the trips too. Thank you to everyone at Dost for helping me in all aspects of my life.”

O, aged 16, Sudan

“First of all I want it thanks Marian. Thank you for everything. Thank you for your time. I really would appreciate for your help for your building community different people. We Really love you so thank you so much.”

M, Aged 17, Somalia

“On my personal opinion, I think Dost is one of the best place in London.
You can meet the beautiful personalities.
Especially, people like Mariam, who's always having smiley face and looks after the people who need support.
Also, other Friendly and kind staff members.
The trips that I have been from the Dost community were amazing.
It is unbelievable that you can experience different activities and make your holiday’s perfect to be remembered for the rest of your life and all these activities doesn’t cost any money!

Before joining Dost, I used to feel quite alone but then I started coming to Dost and I found friends.
It is very nice for those, who has recently came to London.
Thank you so much Dost for all this beautiful memories and fun that we are having and we received!” 😍

A, aged 17, Afghanistan

I like the English Classes because it helps me learn the language faster and I also receive help in solving my homework and I find enough confidence to speak English.
I would like to thank all the Dost staff for being so kind and courteous to us, and special thanks to Marian for treating us, helping us with everything, taking care of us, and trying to make us happy. I can't describe how I feel inside to thank her. Thank you.

M, Aged 17, Sudan

It brings everyone together and for me personally who has been there for just over 6 years it has changed my life and took me and my friends off the streets.
It's fun and enjoyable and it's always affordable thanks to Marian and the sponsorships.
It takes my mind off on all the stress I go through in the real life world like word,school and stuff.its like a fancy getaway.
Since it's anything I'd like to say thank you Marian,you basically grew me up so if it weren't for you I wouldn't know where I'd be right now even though you can be annoying sometimes.

C, Aged 18, Nigeria

**“You are always in my heart, I love you Marian.
You were and will be the best teacher and mother of my life.
I am very grateful for making me a good person and also for teaching me how to respect people and how to communicate with each other.”**

U, Aged 18, Afghanistan

“Dost is a cosmopolitan place where you can meet new people from all over the world.
It is a place where you can teach one thing, but be taught many others.
I really enjoy the activities that Dost offers such as trips, tournaments, educational courses etc.
Moreover, Dost provides English classes; which are really helpful for most of the boys.
Dost is a safe, convenient and a great place to spend some of your time at!”

Ali Alshamari
Football Coach/ Youth Worker

Let’s hear from Staff/ Volunteers!

“Dost is important and is essential for creating a safe environment that encourages social interactions and provides opportunities to learn different skills.
Working at Dost is an amazing and fun experience, where you not only make a positive difference in the lives of others, but also find personal fulfillment and joy in giving back to the community.”

Richard Shittu
Volleyball Coach/ Youth Worker

"Working at Dost Centre Youth Club has been an inspiring journey, where I've witnessed the power of community and the potential for positive change.
Dost is not just a place; it's a beacon of hope, providing a safe space for young minds to grow and thrive."

Emad Hamid
Football Coach

“Relating to others and forming new relationships is difficult, even for most adults; but Dost has proven to be a catalyst for building and bringing people together, especially for our young refugees and migrant attendees. As a volunteer I witness these new adolescents arrive, hesitant, timid, shy but within minutes made to feel welcome…and more importantly part of the Dost community.

Dost offers an invaluable platform to be able to communicate and establish relationships with peers and compatriots, with staff and volunteers enthusiastically facilitating this connection.

I’m sure you will appreciate the importance of finding your ‘tribe’, these groups provide a sense of purpose, a reason to interact with others and even proven health and well being benefits. Dost centre (and its attendees) is an archetypal instance of ‘finding community and a sense of ‘belonging’.

My fellow Dost volunteers and the Dost staff have evidently made me part of their ‘tribe/ community’ as we share an intrinsic value of community, togetherness, and compassion; this strengthens my vigour to continue promoting and attending.

This benefit to myself is equally shared amongst all those present.

Dost Centre provides a haven in an otherwise tough and challenging outside world, which most of our attendees have regrettably experienced at such a young and susceptible age.

Brighter horizons from bleak beginnings.”

Carl Reyes

Former Volunteer to Youth Worker

“What I truly value about working at Dost is the unwavering commitment to empowering and nurturing the youth. The supportive community and the genuine care for each individual's growth make it a unique and inspiring place. Dost's dedication to fostering positive change in young lives is a driving force behind my passion for working here.”
Doan Remzi
Football Coach

“Volunteering at Dost is fun and wonderful, specially when you meet new people from different countries, and through it I was able to make new friends, and learn new skills.

Also we have a wonderful staff. All we have to do is make young people safe, healthy, and happy. I’m very happy working at Dost.

Thank you , Marian.”

Abdalbari Emam
Volunteer

“As a volunteer at Dost I love connecting with young people in London and helping them feel at home. Whether we are chatting between games, teaching each other pool trick shots or cheering on our friends during a match, we are always having so much fun! I feel so lucky to belong to such a joyful and kind community where we can support each other and make life-long friends!”

Alexa Sheldon, Volunteer

Let's hear from the Board!

As a former Dost service user, there has always been a sense of community and unity amongst the staff and young people, regardless of where you are from or your language.

Dost has been a space where I felt safe and welcomed.

My journey in this country has not been smooth sailing but it was always fun and positive being in Dost.

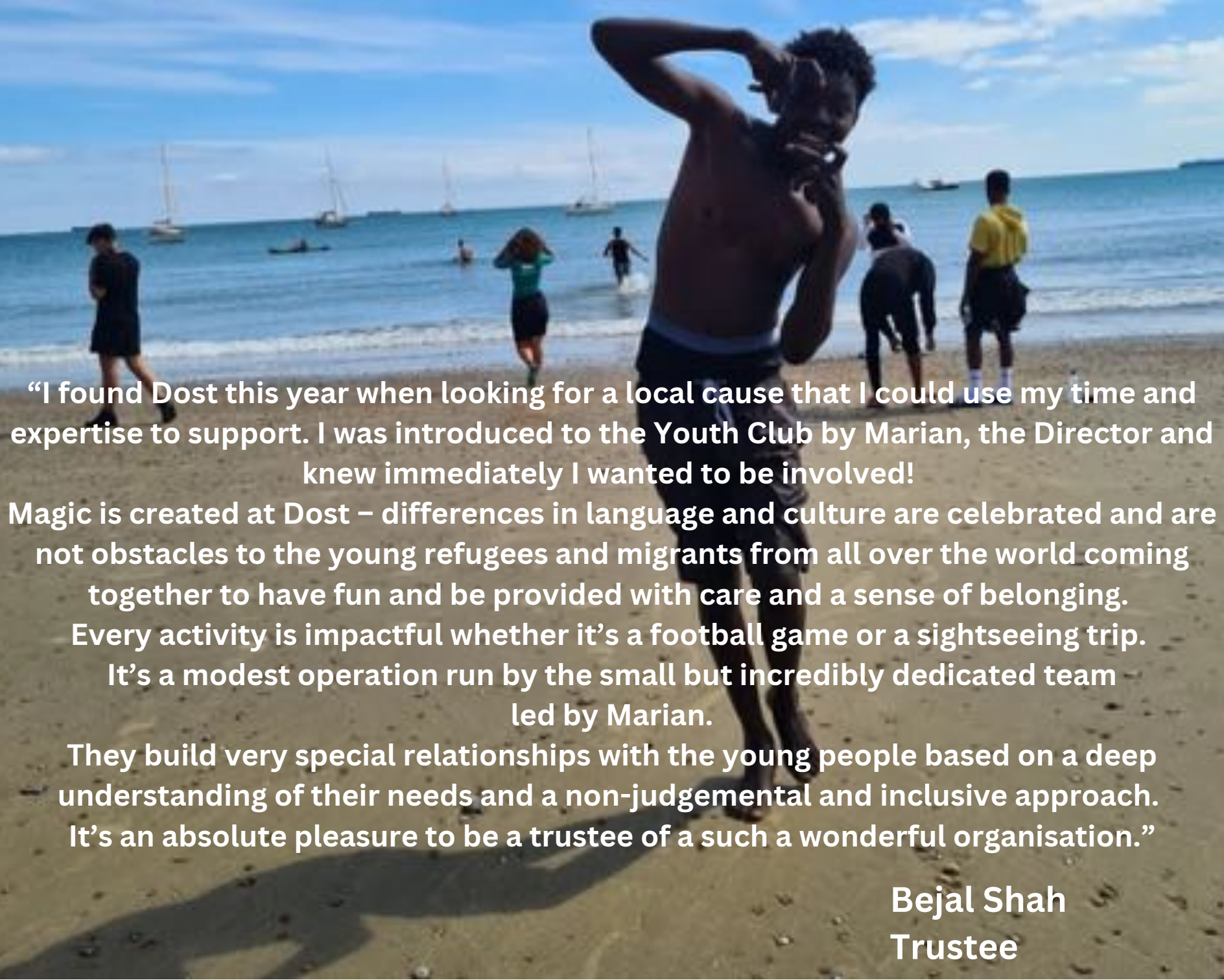
With the support of Marian and the amazing team I have been able to build my confidence, communication and social skills.

I know first-hand the transformative impact Dost has in the lives of young people, and thus I wanted to get involved as a Trustee in order to help support the charity and to ensure the voices of the young people are always at the centre in all decision-making.

Dost continues to embrace diversity and inclusivity throughout its approach and ensures the safety and wellbeing of the young migrants and refugees. I am grateful to be part of a charity which strives to create a space for young people to learn, be creative and feel welcomed.

Stella Ogunlade,

Former Service User/ Trustee/ Phycologist



“I found Dost this year when looking for a local cause that I could use my time and expertise to support. I was introduced to the Youth Club by Marian, the Director and knew immediately I wanted to be involved!

Magic is created at Dost – differences in language and culture are celebrated and are not obstacles to the young refugees and migrants from all over the world coming together to have fun and be provided with care and a sense of belonging.

Every activity is impactful whether it’s a football game or a sightseeing trip.

It’s a modest operation run by the small but incredibly dedicated team led by Marian.

They build very special relationships with the young people based on a deep understanding of their needs and a non-judgemental and inclusive approach.

It’s an absolute pleasure to be a trustee of a such a wonderful organisation.”

Bejal Shah
Trustee

Let’s hear from our partnerships and referrers!

“I cannot praise Dost enough. I am so thankful to this organisation for what they have done and continue to do for my foster children. Dost has given the children an opportunity that is tailored to each child's individual needs. My children have grown so much in so many ways since being a part of Dost. The care, dedication, support that the Dost team, (especially Marian), give to each child is exceptional. They teach the children so many different life skills in a fun and safe way. The team and Marian are always approachable and are so accommodating to everyone's needs. It is always reassuring when I know my children are with Dost as I know they are with people who genuinely want what's best for them. Thank you to everyone at Dost! Thank you Marian. You make my job as a Foster Carer so much easier.”

Atabur Rahman
Foster Carer

Dost Centre
is an essential lifeline
for young people,
providing them with a community,
and the opportunities and guidance they need.
We proudly stand alongside Dost Centre,
witnessing their inspiring dedication to
empowering young individuals."

Martin Cosarinsky
Director of Breadwinners

“I always feel safe when my sons come to Dost
and they are always happy there.”

Syrian Mum of 2 boys who come to Dost

“Dost has provided a safe space for young refugees in London, a space where they can connect with other refugees and integrate into the multicultural life London offers. As a social worker of young people who attend I have attended Dost on a few occasions to observe the work and promote the service for new child asylum seekers arriving in the UK. Dost offers educational awareness in helping young people understand the support systems in place for them in the UK and most importantly deters them from the streets where this cohort of young people are particularly vulnerable given the language barriers and age as these are often used by exploiters in recruiting young people for criminal purposes..

Dost provides a sense of belonging which is vital for teenagers and a sense of belonging. It is these types of charities that is needed to support the next generation of young people thrive in their communities.”

Sophie White
Senior Social Worker UASC

“The work Dost does with young people who are newly arrived in the country is not just important, but crucial. Dost is a single front door to support, a sense of safety and a range of sports and activities that have a sustainable, positive impact on the outcomes of some of our most vulnerable kids.

Marian’s determination and advocacy are second to none- StreetGames is proud to be a partner with Dost and will continue to support them in any way we can.”

Lyndsey Phillips
Community Safety Manager, Streetgames

“At OSH we've been working with Dost for over 5 years now, and in that time, I've seen the massive range of opportunities, experiences and support that Marian works so hard to provide her young people with.

Dost is a wonderful place where young people with extremely challenging past and present experiences, can come and be safe, play games, have fun and make friends. Marian works tirelessly to give young people opportunities to make new friends, build support networks, learn new things, have fun and have experiences they otherwise wouldn't be able to access. She always goes the extra mile to make young people feel welcome in this country and city, when they otherwise might not.

Since OSH began in 2018, Dost has brought countless young people onto OSH residential programmes, events and leadership training.
OSH owes a huge thank you to Marian for her massive amounts of work she has put in to supporting OSH as an organisation, and the support she's given to our staff, volunteers and young people. “

Alon Harshak
Programmes Manager, Our Second Home

‘We’re so proud to be working with Dost, who are providing such vital support to young people seeking asylum. Through this partnership, we’ve managed together to provide not only bikes to over 50 young people they work with, but also the feeling of independence, community, joy and good health that cycling can bring.’ Here’s to getting more bikes out together!”

Ryshel Patel
Fundraising Manager
The Bike Project

“Dost is a fantastic place for unaccompanied asylum seekers. Marian and her team really work hard to create a safe place for all those young people. It’s a one of a kind place and as far as I’m aware, the only youth club for asylum seekers and refugees in East London. More should be done to support this charity”.

Marielle LeMasle
Specialist Family Navigator
Welcome Newham

“Dost has been a fabulous place for our young person! The residential trip was a wonderful opportunity for him to get to know people, like him, who have endured so much trauma and upheaval in their lives. The initial shyness, and guarded behaviour quickly melted away, it allowed a rare moment for them to be a kid again! The staff/ volunteers were wonderful in making him feel a part of this adventure and it did wonders for his confidence! Dost was able to offer not just him, but all the young people a fun time and one that will remain forever a wonderful memory for them.”

Suky Crewal, Education Coordinator
Shine Fostering Agency

“I am taken aback by how far Marian Spiers from Dost has gone to support a deeply vulnerable young asylum seeker. Had she (and Dost) not been there for him through thick and thin, we would not have achieved the positive outcome we did, finally establishing that he is the age he claims to be after a bitter dispute with the local authority running for nearly 3 years. It is the remarkable people on the ground like Marian and those at Dost who enable the lives of vulnerable young asylum seekers to be directed on a course where they may have a positive and successful future in the UK.
Words cannot describe how imperative their work is.”

Ed Taylor
Senior Associate Solicitor, Osbornes Law

“It’s always so lovely to see Dost group come into Custom House Library to do their sessions. The sessions are very fun and majorly helpful to the young adults. We enjoy overhearing them playing their games. Members of the public are always asking us about the sessions and how they can get involved. The young adults learn a great deal with all the Dost team support which helps them to build up their confidence.”

Sabiya Khan
Senior Library Assistant
Custom House Library

Our Trustees

Jim Minton - Chair
June 2017 - present

Michael Havard - Treasurer
June 2017 - present

Tommy Edwards - Trustee
December 2018 - present

Stella Ogunlade - Trustee
January 2021 - present

Winnie Sham - Trustee
6th July 2022 - present

Zoe Mellis - Trustee
10th February 2023 - present

Bejal Shah - Trustee
27th July 2023 - present

Our Staff

Marian Spiers – Director 2009 – present

Richard Shittu - Volleyball Coach/Youth Worker 2010 - present

Wendy Lee - Accountant 2018 - present

Kelly Williams - ESOL Tutor/ Art Tutor/ Youth Worker 2019 - present

Coltrane Morley-Williams - Football Coach 2019 - present

Ali Abbas Alshimari - Football Coach/ Youth Worker 2021 - present

Emad Hamid - Football Coach 2022 - present

Carl Reyes - Youth Worker 2023 - present

Doan Remzi - Football Coach 2023 - 2023

Lex Karlin - Mentoring/ Education Lead 2022 - 2023

Our Volunteers

Alexa Sheldon
Rukkaya Khan
Thomas Madrell
Carl Reyes
Doan Remzi
Mohammed Hakmaoui
Charlotte Clements
Abdalbari Mohamed Emam

Fabrizio Radice
Hevenly Padron
Ella Sandelson
Francescia Johnson
Giorgio Frare
Kanan Thiyagarjah

Mehrevah Ghiyasvand
Marielle Le Masle
Lex Karlin
Ashkan Mohammadian
Beatrice Dahl
Benazir Palmer
Callum Akass
Callum Clark
Celine Shamdasani
David Mulligan
Gertrude Sai
Prosha Ahmed
Selam Gebrehiwot

Our Supporters and Partners

Brighton Table Tennis Club
Capital Kids Cricket
Counterculture
OSH
Custom House Library
Lee Valley Regional Park Authority
Goods for Good
Newham Libraries
Charity Boots
Resettlement
Iroko Theatre Company
Aquapaddle
Royal Opera House
Sadlers Wells
Toca Social
Thames Rib Experience
TJ Birdi
St John's Ambulance
NCS/ Kingswood
Big Impact Labs
BASE (British Association for Screen Entertainment)
DEGI (Digital Entertainment Group International)

Wey Island Trust
Parliament Hill Lido
Newham Powerleague
The Bike Project
Surrey Hills and Rivers
Odeon Cinema
Hollywood Bowl
Breadwinners
The Young Vic
Go Live! Theatre Projects
The Foundling Museum
Newham Leisure Centre
Zoonation
IPYG UK
MK Internazionales
Mayors Fund for London
Lush
UCL
London Zoo
Ben Monro
George Watson
Sal's Shoes

Our Funders and Donors

BBC CHILDREN IN NEED
LONDON MARATHON CHARITABLE TRUST
ST JOHN'S C OF E PRIMARY SCHOOL
STREETGAMES
JACK PETCHEY
LONDON YOUTH
LONDON SPORT
L.B. NEWHAM
SPORTED
CELTIC FOUNDATION
ESTUDIANTES
BASKETBALL ENGLAND
FOOTBALL FOUNDATION
FOUNDATION FOR FUTURE LONDON
LONDON CHURCHES REFUGEE FUND
GROCERS HALL
ALBERT HUNT TRUST
UK YOUTH/ PEARS FOUNDATION
WEB USABILITY
MIGRATIONWORK TRUST/ WEAVING BONDS
LYLE'S LOCAL FUND

STORM LONSDALE
LARA CASALOTTI AND FAMILY
ELLEN O'NEILL
FRENCHWOOD FAMILY TRUST
KATIE SHAKERIFAR
ELHUM SHAKERIFAR
NAVJOT SINGH
SOPHIE WHITE
THOMAS MADRELL
GLORIA HO
MARK HAMSTEAD
SANDRA KOURTSOUNIOTI
RALPH BOER
LUCIA LIMB
ANDREW MCINTOSH
CHRISTINE MINTON
GARY MEEK
MARGARET SPIERS
JEREMY MINTON

A Special Thanks!

A huge thank you and congratulations to all Year 5 and 6 pupils from St John's Primary School in Buckhurst Hill, Essex for doing a sponsored walk, both last year and this year and raising around £2700 for Dost!
Amazing job everyone!

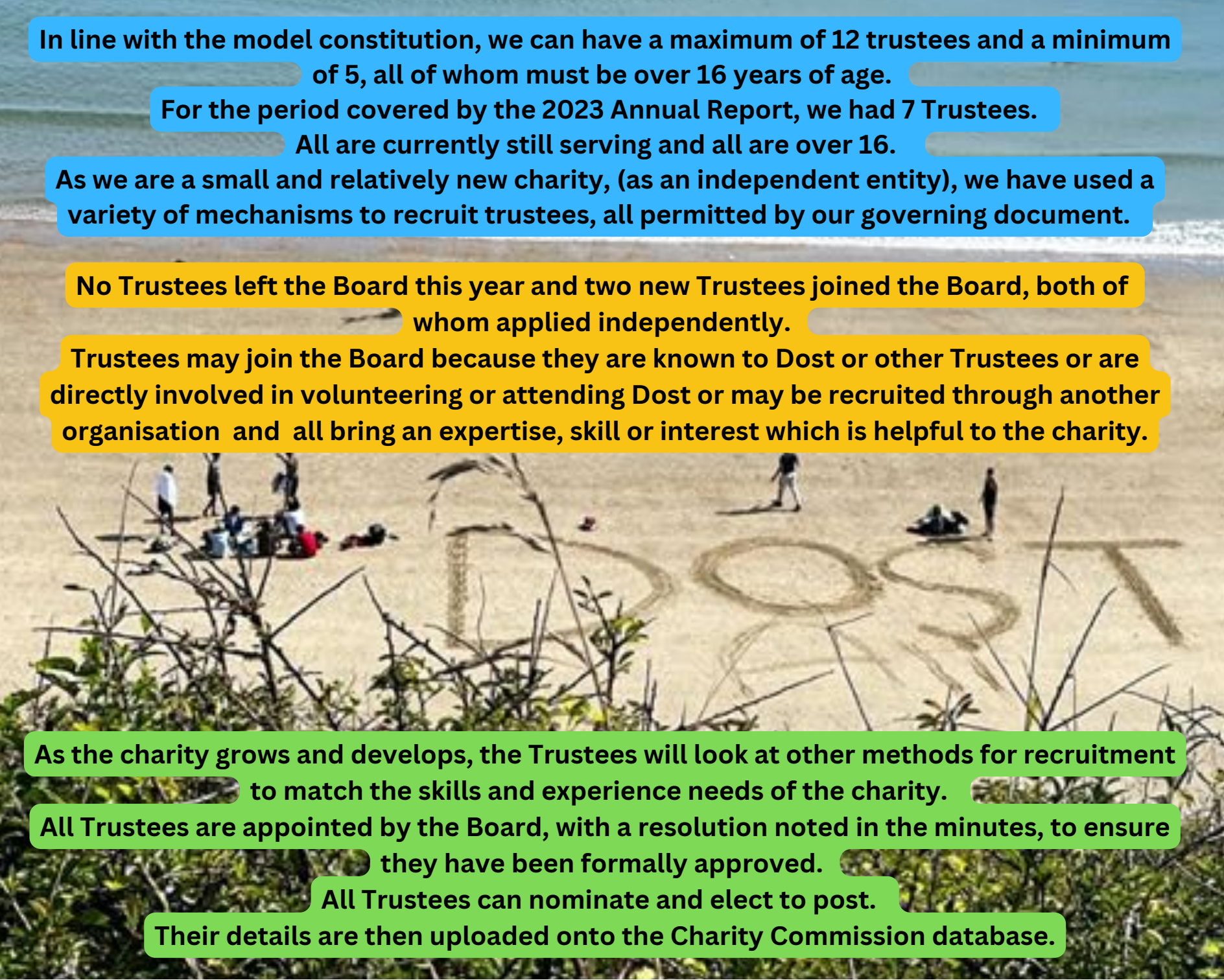
Three young people from Dost also had the opportunity to go to the School and do a session and quiz about Dost, their countries and what would be difficult about needing to leave your country and what could help...
A great learning experience for both groups and much appreciated!

Charity Structure and Governance

The Trustees confirm that they have referred to the Guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives and in planning all future activities.

Dost is a Charitable Incorporated Organisation (CIO) and our governing document is based on the Charity Commission’s model Constitution for a CIO whose only voting members are its' Trustees.

We received our independent charity registration and approval for this governing document in August 2017.



In line with the model constitution, we can have a maximum of 12 trustees and a minimum of 5, all of whom must be over 16 years of age.

For the period covered by the 2023 Annual Report, we had 7 Trustees.

All are currently still serving and all are over 16.

As we are a small and relatively new charity, (as an independent entity), we have used a variety of mechanisms to recruit trustees, all permitted by our governing document.

No Trustees left the Board this year and two new Trustees joined the Board, both of whom applied independently.

Trustees may join the Board because they are known to Dost or other Trustees or are directly involved in volunteering or attending Dost or may be recruited through another organisation and all bring an expertise, skill or interest which is helpful to the charity.

As the charity grows and develops, the Trustees will look at other methods for recruitment to match the skills and experience needs of the charity.

All Trustees are appointed by the Board, with a resolution noted in the minutes, to ensure they have been formally approved.

All Trustees can nominate and elect to post.

Their details are then uploaded onto the Charity Commission database.

CHARITY STRUCTURE

Board of Trustees
(minimum 5 members)

Director
(Full time)

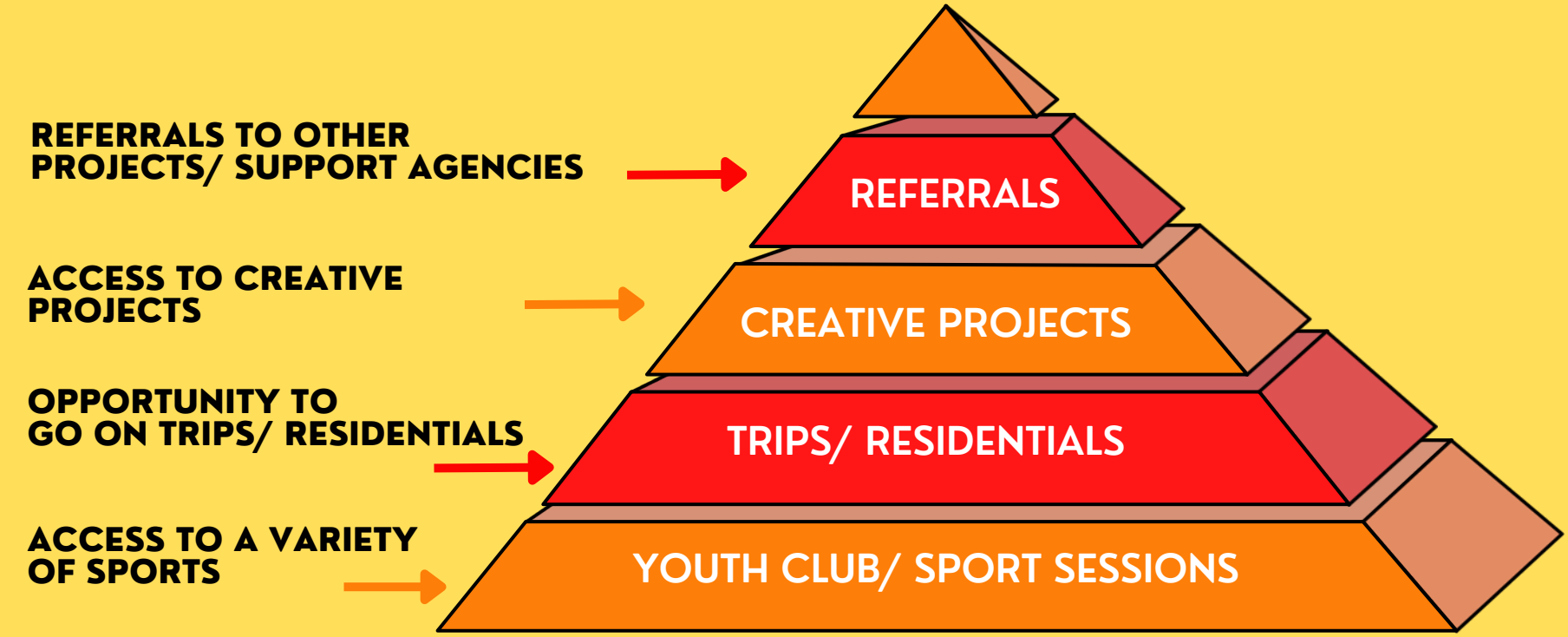
Youth Team and Coaches
(Sessional)

Youth Team Volunteers

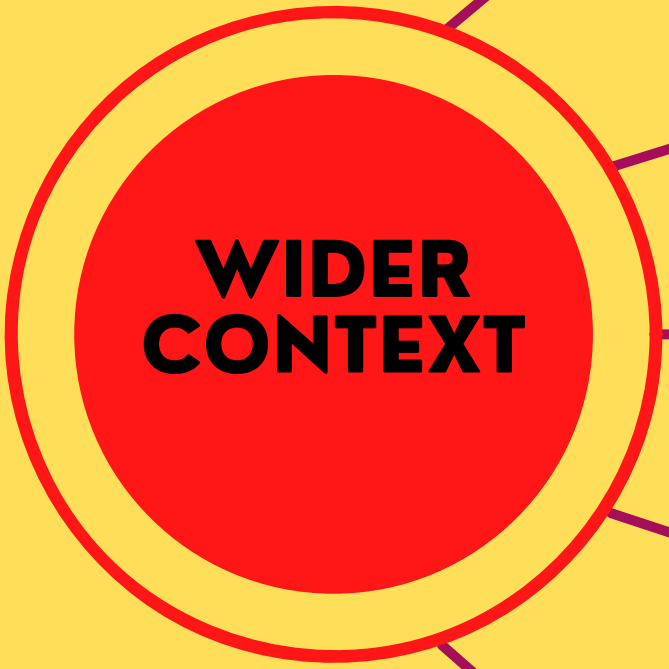
ESOL Tutor
(Sessional)

ESOL Volunteers

DOST'S SERVICES

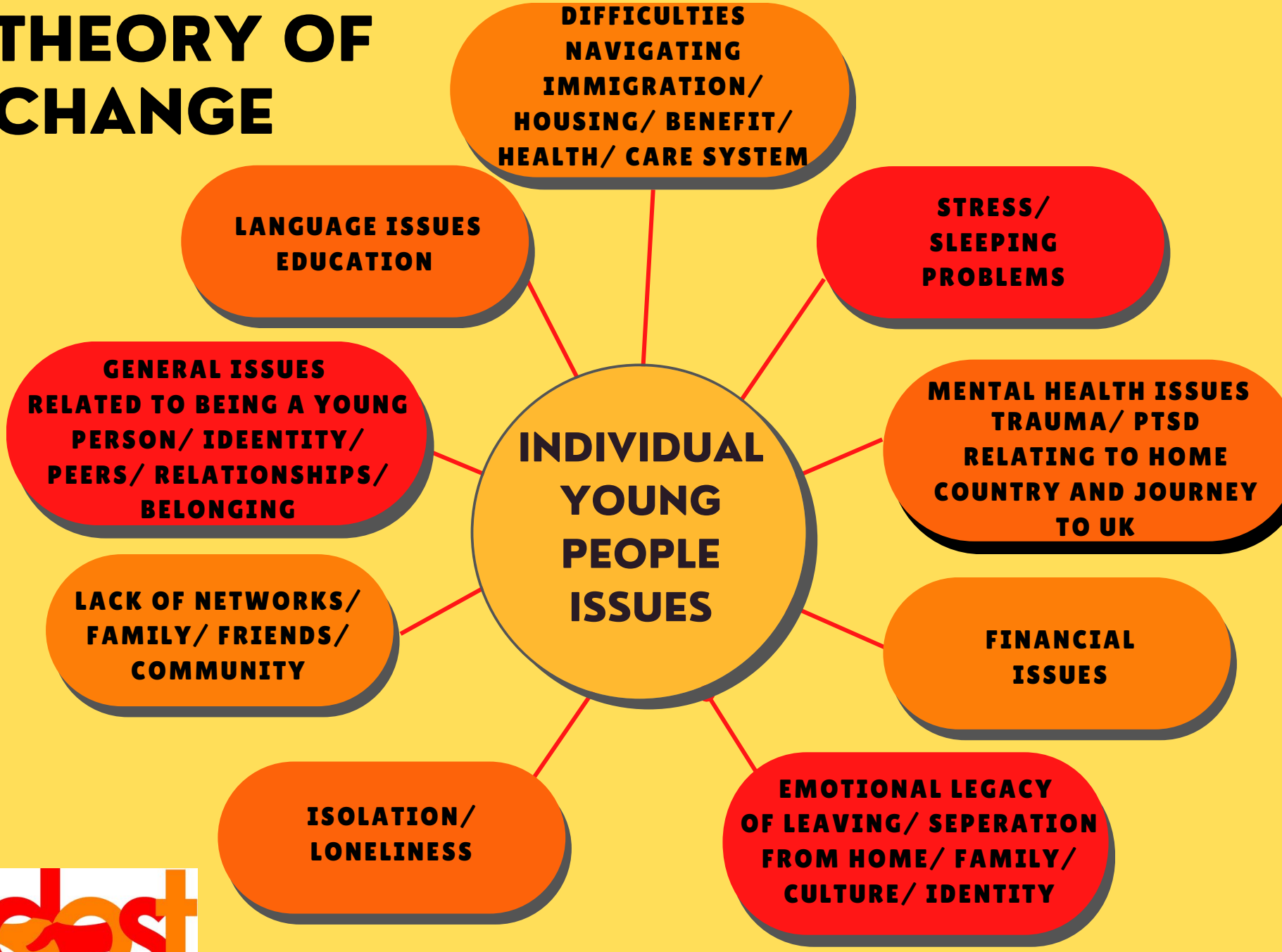


THEORY OF CHANGE

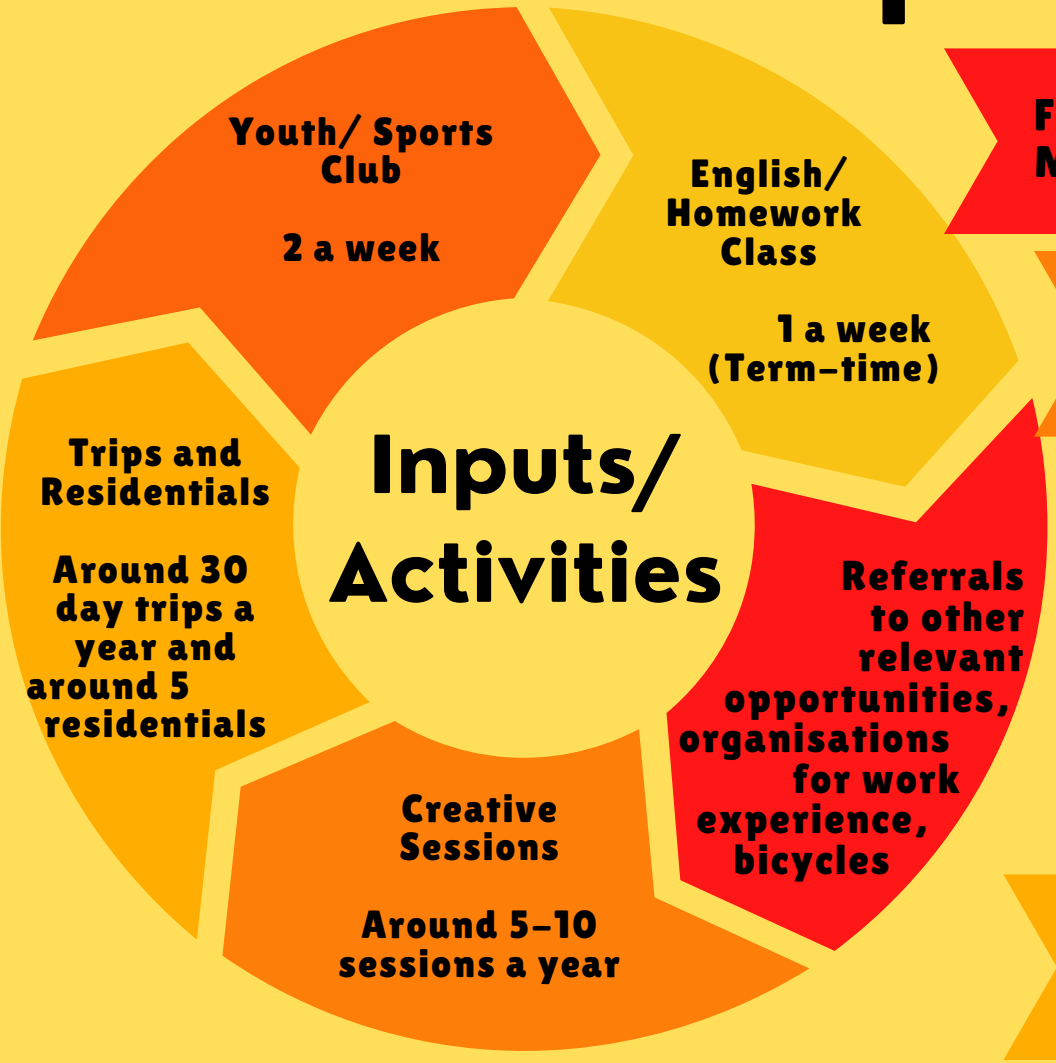


1. Unaccompanied asylum-seeking children
2. General issues affecting young people (identity/ peer relationships/ adolescence)
3. Discrimination/ racism/hostile environment
4. Deprivation/under resourced services
5. More competition for funding pots/ access to services

THEORY OF CHANGE



Outputs/ outcomes



Fun/ enjoyment/ positive memories
Mental/ physical health improved

Stronger networks/ friendships
More opportunitities to employment/ education/ social

Improved confidence/ skills
Greater self worth

Opportunities to navigate/ gain understanding of London/ UK

Improved social skills
Increased social contact with peers and more tolerant and open to difference

Impact

Young people can advocate for themselves
Young people feel more equipped to participate more in society
More familiarity/ knowledge of/with services

Overview from Chair

It has been an incredible year at Dost and huge credit to the young people, our partners, our funders, my fellow trustees, and of course Marian and the team for this.

The recognition Marian achieved at the London Youth awards in November 2023, when she was announced as London's Youth Professional of the Year was a huge testament to her skill and dedication and the connections she has built up with so many young people in and around Dost, over very many years.

Staffing

This year Marian grew the team of volunteers and sessional staff, and for part of 2023 we continued to work on a mentoring programme. Thanks are due to Lex who ran this programme, and while the work is now ended, we'll continue to look for creative ways to support and engage young people.

Financial Overview

The additional costs of the mentoring programme are reflected in our annual financial statement, where this year our expenditure was slightly more than our income. We have strong reserves and in fact some of the deficit was due to delays in funding coming through, so as trustees we are very confident that we are a going concern and during 2024 we will return to a break even position.

Governance

We have grown our trustee board, and it is now a diverse group bringing wide experience of youth work, risk management, programme design and delivery, fundraising, charity and organisational management and finance, as well a number of trustees with long term connections to Dost in a range of capacities.

Safeguarding

We have a clear and up to date set of safeguarding policies and a number of trustees are trained in safeguarding issues, including our designated safeguarding trustee. Our strong systems, well trained and experienced staff/ volunteer team ensure that young people can enjoy their time at Dost in safety and we have had no serious incidents in 2023 across any of the huge number of activities we have offered to the young people.

Looking Forward

2024 will continue to bring challenges for young people from a refugee background. The environment continues to be hostile, the cost of living crisis is having huge impact, and immigration will continue to be a key political issue.

At Dost we will continue to be there for young people, offering them space, support, the opportunity to connect and make friends, and to become settled and happy young adults who can make the most of life in their new country.

We're hugely proud of what Marian and the team have achieved and very grateful for all the support of our many funders and friends.

Jim Minton, Chair of the Board

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Steel Centre for Young Refugees and Migrants — 1170626

Receipts and payments accounts

CC16a

For the period from 01-Apr-22 to 31-Mar-23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and legacies	15,264	73,850	-	189,114	83,134
	-	-	-	-	-
Sub total (Gross income for AR)	15,264	73,850	-	189,114	83,134
A2 Asset and investment sales, (see table)					
	-	-	-	-	
Sub total	-	-	-	-	-
Total receipts	15,264	73,850	-	189,114	83,134
A3 Payments					
Wages - Salaries	12,270	30,634	-	58,907	46,766
Rent - Room hire	8,836	2,115	-	14,049	16,243
Insurance	852		-	852	630
Bank Fees	-		-	-	89
Coaching & Youth Fees	15,478	4,282	-	14,761	11,184
Subscriptions - Other	8,236	7,510	-	15,746	8,836
Travel, Trips	3,847	3,472	-	8,919	8,217
Equipment	-	-	-	-	240
Accounting Fees	1,768		-	3,168	1,599
Sub total	43,907	74,074	-	116,631	78,881
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	43,907	74,074	-	116,631	78,881
Net of receipts/(payments)	- 8,669	- 223	-	- 8,312	3,453
A5 Transfers between funds	- 6,325	6,325	-	-	-
A6 Cash funds last year end	62,940	10,379	-	73,419	69,966
Cash funds this year end	47,922	16,484	-	64,906	73,419

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash at Bank / in Hand	47,922	16,484	-
		-	-	-
		-	-	-
	Total cash funds	47,922	16,484	-
	(agree balances with receipts and payments accounts)	-	-	-
		Unrestricted funds	**Restricted funds**	**Endowment funds**
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	PAYE Payable	Children & Young	4,667	
	Pensions Payable	Children & Young	168	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		JIM MINTON		18.12.2023

No Trustees were remunerated or received any expenses or payments during the year.

Our Charity insurance provides Trustee Indemnity cover against executive risks to the sum of £250,000.

Our reserves at year end were £64,506 of which £16,684 were restricted and £47,822 were unrestricted.

Dost's reserves policy balances the need to build up long term reserves against the need for short term spending on core activities.

The Charity's reserves exist to provide short term protection against downward fluctuations in annual revenues.

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's Trustees.

Signed by Chair of Trustees:
JIM MINTON

Dated: 1.12.23

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Dost Centre for Young Refugees and Migrants		
On accounts for the year ended	31st March 2023	**Charity no (if any)**	1173622
Set out on pages	1-49 Above		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2023.**

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

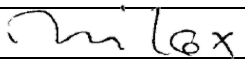
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	14/12/2023
Name:	Tomas Wilcox		
Relevant professional qualification(s) or body (if any):	FCIE		
Address:	Counterculture Partnership LLP Unit 115 Ducie House, Ducie Street Manchester, M1 2JW		

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Thank you to everyone who has supported Dost and who make it possible for us to continue to provide all our sessions/ services.

And thank you to all the young people who bring their energy, positivity and fun and who make Dost a great place to be!

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

England & Wales - Charity number 1173622

Accounts

Centre for Young Refugees and Migrants

ANNUAL REPORT 2022

WELCOME FROM THE CHAIR OF THE BOARD

Welcome to Dost's Annual Report for 2021–22.

These have been exceptionally tough years for young people in London, with ongoing disruptions to education and other aspects of normal life; and now the extraordinary pressures of the cost of living crisis. For young refugees, times have been even harder.

International conflict and pressures continue to drive unaccompanied young people to seek refuge; while an ever harsher political climate limits their options and the support they can expect. In this climate, we as Trustees are hugely grateful to Marian and the dedicated team at Dost, for providing constant support, week in, week out for those young people, drawn from many nations and backgrounds, and all offered the opportunity to learn, to socialise, and to begin to build their confidence, skills and networks for life in the UK.

In this report, you will get a flavour of the range of activities we offer, and partnerships we enjoy. The young people choose to come to Dost, and often introduce their friends and relatives to join sessions. Children's Services, schools and carers look to Marian and the team to provide essential support and guidance for the young people – and give them the chance to have fun, play sport, make new friends, and progress in education with new skills. As a group of Trustees, we are very proud of the impact Marian and the team make, as reflected in this report.

We are also extremely grateful to all the funders and partners who support our work. And of course also thankful to the young people for their participation, their trust and their huge contribution to making Dost what it is. We hope you enjoy the report and do get in touch if you want to find out more – or offer your support in any way! thank you, on behalf of all the Dost Trustees.

Jim Minton, December 2022

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

Newham Leisure Centre
281 Prince Regent Lane
London
E13 8SD

07852855711
www.dostcentre.co.uk
dost_centre
charity no: 1173622

Centre for Young Refugees and Migrants

ANNUAL REPORT 2022

"Having been at Dost since 2009 and running it since 2017, I can honestly say that it's the best job in the world...

I get to meet and know and work with amazing young people every day, who inspire and motivate me and make me laugh...they are so positive, fun, strong and never cease to surprise me and I am so grateful that I get to go on lots of great trips and make so many happy memories with them, which I hope will stay with them for a long time. I get to watch them grow up and develop and join them on some of their new journey, often over many years.

The young people dictate everything we do at Dost and they are the heart and soul of Dost and we aim to include them at every stage.

The staff and volunteers are not too bad either!

This year we employed a Mentoring Lead, – Lex; to run a Mentoring Project for the young people at Dost, which provides yet another service for them and gives them long–term one–to–one support when required."

Marian, Director

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362 SESSIONS IN 2022!

90 Youth Club sessions

53 ESOL English classes

79 Football sessions

ACTIVITIES

34 day trips

- Buffet Meal at the O2
- Go-karting
- Wembley and Copper Box to watch Basketball
- Tournament at St George's Park
- Trampolining
- Swimming at Parliament Hill Lido and Coralreef
- Aquaaction Water Park
- 10 Pin Bowling
- Music Concert at Barbican
- Boat trip on Thames
- Theatre to watch Lion King, Wicked, Oklamhoma, Mohanaed and Peter
- Cable Cars
- Wembley to watch England and Arsenal Game
- Central London
- Oxford
- Museums and Exhibitions
- Cinema
- BMX'ing at the Olympic Park
- Brighton
- O2 and Wembly to see Boxing Match

7 Residentials 28 days!

- Hindleap Warren — 3 days — 29 young people
- OSH — 3 days — 14 young people
- OSH — 5 days — 23 young people
- Wey Island — 4 days — 20 young people
- OSH — 4 days — 27 young people
- Wey Island — 4 days — 15 young people
- OSH — 5 days — 25 young people

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30 young people referred to Bike Project for a free bike

9 young people awarded a Jack Petchey Award

23 young people provided with a mentor

4 young people completed the StreetSoccer Programme

7 young people taken part in Breadwinners Programme

3 long term creative projects in poetry, pottery, painting, printing and photography

41 young people taken part in paid research interviews

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STATS ON YOUNG PEOPLE

499 YOUNG PEOPLE FROM 47 COUNTRIES

465 BOYS
34GIRLS

6896 NO OF ATTENDANCES OVERALL

SUDAN 87
AFGHANISTAN 58
ERITREA 43
SYRIA 27
SOMALI 26
BRITAIN 24
ETHIOPIA 22
VIETNAM 17
IRAN 16
NIGERIA 13
BANGLADESH 11
GAMBIA 10
DR CONGO 7
YEMEN 6
KUWAIT 6
MALI 5
ALBANIA 5
ROMANIA 5
CHAD 5
AND MANY MORE!

Dost (which means friend in a number of languages), was established as an independent Charity in 2017 and has gone from strength to strength, with 2022 being our busiest year ever, with 155 more young people than last year.

We provide young refugees and migrants, aged 13–19 years of age, from all across London,with a varied and diverse programme of physical and educational activities in order to reduce their isolation and increase their skills, opportunities, capabilities and to support them to reach their full potential.

AIMS OF DOST CENTRE

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TRUSTEES

Jim Minton
Chair – June 2017 – present

Michael Havard
Truste/Treasurer – June 2017 – present

Maymuna Osman
Trustee – August 2018 – November 2022

Gabriele Gestautaite
Trustee – October 2018 – June 2022

Tommy Edwards
Trustee – December 2018 – present

Stella Ogunlade
Trustee – January 2021 – present

Zeinab Maalow
Trustee – September 2021 – August 2022

Winnie Sham
Trustee – June 2022 – present

STAFF

Marian Spiers – Director 2009 – present
Richard Shittu – Volleyball Coach/Youth Worker 2010 – present
Wendy Lee – Accountant 2018 – present
Kelly Williams – ESOL Tutor/ Art Tutor/ Youth Worker 2019 – present
Coltrane Morley–Williams – Football Coach 2019 – present
Ali Abbas Alshimari – Football Coach/ Youth Worker 2021 – present
Emad Hamid – Football Coach 2022 – present
Alon Harshak – Football coach 2022 – 2022
Ali Ghaderi – Youth Worker 2022 – 2022
Lex Karlin – Mentoring and Education Project Lead 2022 – present

VOLUNTEERS AND MENTORS

THANK YOU!

Sandra Kourtsounioti
Alexa Sheldon
Amber Daly
Carl Reyes
Doan Remzi
Ashkan Mohammadian
Ayah Khan
Hira Mehtab
Asma Vhora
Eva Ahmed
Rozren Ahmed
Lyndsey Phillips
Fabrizio Radice
Marielle Le Masle
Deborah Peck
Juhee Kong
Brandon Lawrence
Rukkaya Khan
Amina Jahan Ali
Amy–Leigh Hatton
Beatrice Dahl
Chris Wainwright
Freddie Yauner
John Stokes
Karuna Soni
Lizzie Pettitt
Lorenzo Wong
Luke Warren
Manuela Gomez Bedoya
Matthew Hodges
Mevish Alj
Muhammed–Farooque–Al
Ryan Gallagher
Sibyl Zao–Sanders
Anaida Fernando
Taya Cooper
Tejal Shah
Terry Wedd
Thomas Mardell
Valentina Vanore
Virginia Ambrosio

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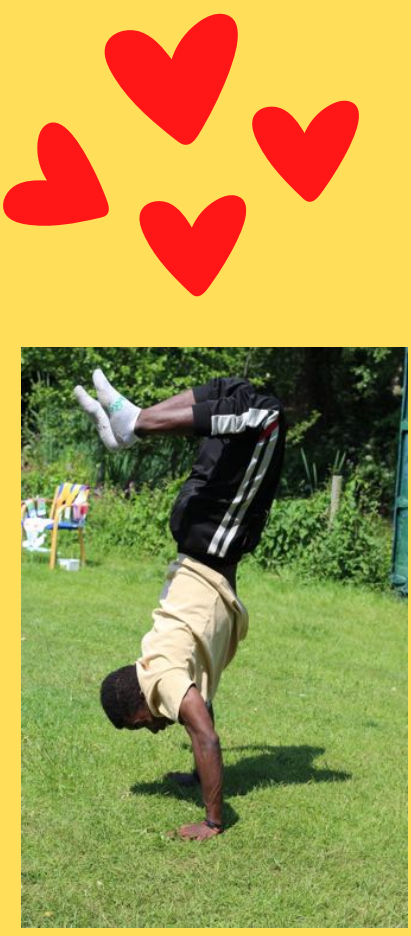
PARTNERSHIPS AND SUPPORTERS

Big Impact Labs
Brighton Table Tennis Club
Tottenham Hotspur Foundation
Capital Kids Cricket
Counterculture
OSH
Custom House Library
Capital Karts
Lee Valley Regional Park Authority
Goods for Good
Newham Libraries
Charity Boots
The Lyceum Theatre
Iroko Theatre Company
Shepherd Manyika
ELBA
Aquapaddle
REIN
Chloe Morgan
Stratford Picture House



Wey Island Trust
Parliament Hill Lido
Newham Powerleague
Street Soccer Foundation
Aquaaction
The Bike Project
Surrey Hills and Rivers
Odeon Cinema
Hollywood Bowl
Compass Collective
Psyche Delight Company
Breadwinners
The Young Vic
Mousetrap
The Foundling Museum
Laila Sumpton
Compost London
Magnum Photos
Newham Leisure Centre
Webusability

Thanks to everyone who fund us, support us, who give us discounts to activities, who give the young people equipment or opportunities or provide us with space or services that mean we can run Dost to the best of our ability and for as many young people as possible.
Much appreciated!!!

DONORS AND FUNDERS

BBC CHILDREN IN NEED
FOUNDATION FOR FUTURE LONDON
BARCLAYS COMMUNITY FOOTBALL FUND
LONDON MARATHON CHARITABLE TRUST
ST JOHN'S C OF E PRIMARY SCHOOL
ESMEE FAIRBAIRN FOUNDATION
LONDON SCHOOL OF ECONOMICS
STREETGAMES
JACK PETCHEY
LONDON YOUTH
LONDON SPORT
NEWHAM COUNCIL
SPORTED

STORM LONSDALE
LARA CASALOTTI AND FAMILY
ELLEN O'NEILL
FRENCHWOOD FAMILY TRUST
KATIE SHAKERIFAR
ELHUM SHAKERIFAR
ROGER TAYLOR
NAVJOT SINGH

THANK YOU!

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CHARITY STRUCTURE AND GOVERNANCE

The Trustees confirm that they have referred to the Guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives and in planning all future activities.

Dost is a Charitable Incorporated Organisation (CIO) and our governing document is based on the Charity Commission's model Constitution for a CIO whose only voting members are its' Trustees.

We received our independent charity registration and approval for this governing document in August 2017.

In line with the model constitution, we can have a maximum of 12 trustees, all of whom must be over 16 years of age.

For the period covered by the 2021–20212 Annual Report, we had 7 Trustees.

Five are currently still serving and all are over 16.

As we are a small and relatively new charity, (as an independent entity), we have used a variety of mechanisms to recruit trustees, all permitted by our governing document.

Three Trustees left the Board this year and one new Trustee joined the Board, recruited through ELBA and comes from a financial risk management background.

Trustees may join the Board because they are known to Dost or other trustees or are directly involved in volunteering or attending Dost or may be recruited through another organisation and all bring an expertise, skill or interest which is helpful to the charity.

As the charity grows and develops, the Trustees will look at other methods for recruitment to match the skills and experience needs of the charity. All Trustees are appointed by the Board, with a resolution noted in the minutes, to ensure they have been formally approved. All Trustees can nominate and elect to post. Their details are then uploaded onto the Charity Commission database.

"Having first worked with the incredible young people and team at Dost as a serviceprovider back in 2018, seeing the transformative impact of this truly unique provision was so inspiring. I wanted to continue to be involved to help support and develop the journey of the charity, helping solidify the vital activities and access to a supportive, safe space that Dost provides for 100's young migrants and refugees. I am so proud to be part of this continued growth and see that Dost, meaning friend, continues to embody that friendship centred ethos in everything it does, providing a space for people from all over to make connections and friends and feel a greater sense of inclusion in their new environments."

Tommy Edwards,
Trustee since 2018

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At the heart of Dost is community. Within that community the young people experience the very best of what London has to offer, friendship, fun and culture.
In essence Dost is a positive starting block from which the young people can embark on their lives in London or the UK.

Kelly Williams,
ESOL Teacher

Dost provides a great space for a mix of young people from different countries and different backgrounds to socialise, practice English and take part in a variety of activities. The atmosphere is relaxed and friendly and everyone is happy to be there and feels free and encouraged to take part. Clubs like this are so important for young people to give them a chance to have fun and socialise, build their networks and lay a platform for their future.

Tommy Madrell,
Volunteer

Working with my mentee has been so rewarding and fulfilling. We meet weekly and have built a strong rapport – initially via google translate and now chatting away. Learning to support my young person in a way that suits them has sometimes been tricky but together we have learnt how to make the best of our time together. The support from Dost has been brilliant and I'm excited to continue the work for as long as I can be of use.

Freddie Yauner,
Mentor

Perseverance + Hard Work + Happiness = Dost.
Dost has it all. My favourite part of volunteering at Dost is connecting with youth to establish positive relationships with them in an environment where we form supportive peer friendships for mutual enjoyment and success.

Doan Remzi,
Volunteer

Mentoring has been an enriching experience. I have enjoyed working one to one to with my mentee to draw out their strengths and guide them in their personal and professional development. And it's been brilliant to be a part of Dost and get to know the team, young people and volunteers.

Amy–Leigh Hatton,
Mentor

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"I've been coming to Dost for 4 years because I really enjoy coming here, it gives me time to spend with friends. I don't think I will ever stop coming!"
I, Aged 17, Somalia

"I had good time and bad time in my life, but I am so happy to be with your group, Maria. I forgot everything what happened to me.. I start new life....glad to have you."
S, Aged 19, Ethiopia

"I like to come and speak to my friends and have fun. Nothing could make Dost better!"
Y, aged 13, Syria

"I love all the activities and I hope it will always be like this and I thank all the volunteers for this good work. Thank you very much. I learned a lot of activities, including many places and I also learned how to use camera and how to swim.

Whenever I go to activities, I am happy and feel safe."
H, Aged 17, Sudan

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"Dost has helped me with my English and make friends while waiting for a place at school."
A, Aged 15, Afghanistan

"Dost is the best place and it really fun and you can make a lot of friends and improve your English and visit lots of places."
A, Aged 17, Syria

"It's a good organisation, keep what you're doing and helping us as always."
E, Aged 18, Eritrea

"Everything is amazing..there is no place like Dost Centre. Keep it up!"
N, Aged 18, Eritrea

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"I can say it's the best amazing place in London. And I'm thankful for you guys. I want yo say Marian is the funny and support full person. And the trips are was helping me in my situation..I feels bettered."
M, Aged 18, Yemen

"Thank you Dost for everything you have give me ...I won't forget that in my life"
R, Aged 18, Sudan

"I enjoyed, had fun ,liked all the trips as it allowed me to communicate and pick up new skills. Further to sharing and partaking, it also allowed me to have my own space and be sociable with own friends."
A, Aged 17, Eritrea

"Dost is a community that brings people from different countries together and is the best place to be because you get the chance to learn new things perhaps even learn their language. So all I can say is everything Dost offer us is incredible. However, even though Dost has fewer girls according to what I know, they should provide us girls with something we can also do to entertain ourselves. There is nothing much to say about Dost because everything you deliver to us is for us to be happy and feel like we have a family to lean on. All I want to say is thank you so much for everything !"
L, Aged 18, Ghana

"I really enjoyed all the trips. Brighton was fantastic, I swam in the sea, played football on the beach and eat fish and chips on the sand. I also enjoyed the Central London trip. All the trips were favoutire to me."
S, Aged 15, South Sudan

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"It's the best place to be in, to be honest, you have a lot of fun, you feel safe, you get treated like a family and you get to see one of the best people and the funniest (Marian). Dost really changed my life, it gave me a lot of opportunities, confidence, fun times and a lot more. Without Dost I wouldn't been where I'm now and I wouldn't do all the things, through the past 4 years. I'm so glad to meet such a wonderful woman as you Marian and I'm very thankful for Dost for making my life better.

I wish I came to all the trips but unfortunately, I was busy with work, however even though I went to a few I really enjoyed them, your trips Marian, never disappoint and I know how hard for you to control and to be honest I don't know how you manage to do all this but it's impressive and you do it because you love it and you want others to have fun. I hope I can come for the upcoming trips because I enjoy each trip with you, anyways keep up the hard work and I love you. "

K, aged 21, Syria

"We did many activities which we hadn't done before like paddle boarding and also many other activities that were exciting for everyone, like canoeing and cycling.

Also, we had many games that were engaging and competitive, but it was so charming to see that what people were looking for was not to win but to have fun. The environement of Wey Island was very freindly, comfortable and homey and certainly spending time with the lovely members of Dost in that lovely place and lovely weather, was priceless to me and it saved me."

A, Aged 18, Iran

"Dost managers such like Marian are the best people I have met in my life ..they changed my life into right way, they helped me a lot and I really appreciate that." ♥

M, Aged 18, Somalia

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"I enjoyed the meal...it was very delicious, and the buffet experience was new to me, so I loved it. The cinema was also very good since it refreshed my mind, and the movie was very interesting. I really appreciate you for being there for the young people."
D, Aged 16, Uganda

"It was my first time going to cinema and I really enjoyed it because it was fun and gave me the opportunity to meet new people. The food was very delicious, and the movie was a banger. It was a great time and I can't wait for more. If I didn't come or knew about these activities, I would've been home all day by myself using my phone or watching films but now that I know about those activities and get notification on my phone, I'm up for that. This activities has really helped me make a lot of friends, have fun, spend special moment with my friends and explore something new every single day. I'm looking forward to doing more activities and spend enjoyable time together with my Dost friends and finally I would like to say thanks to Marian for planning all activities, supporting and showing us love."
F, Aged 20, Eritrea

"Hy everyone, I am very happy that I joined Dost Centre, I like very much Marian and I like all the staff very much, like reason is this when I came London so I don't was understand a single word of English, then teachers helped me and slowly slowly my English start better, but now I speaking English is very well. And finally thanks for the trips and new, new activities. I enjoyed every trip and thank you very much to all team."
U, Aged 16, Afghanistan

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No Trustees were remunerated or received any expenses or payments during the year.

Our Charity insurance provides Trustee Indemnity cover against executive risks to the sum of £250,000.

Our reserves at year end were £73,418 of which £16,908 were restricted and £56,510 were unrestricted.

Dost's reserves policy balances the need to build up long term reserves against the need for short term spending on core activities.

The Charity's reserves exist to provide short term protection against downward fluctuations in annual revenues.

ACCOUNTS

Receipts and payments accounts — CC16a

For the period from 01 Apr 21 to 31 Mar 22

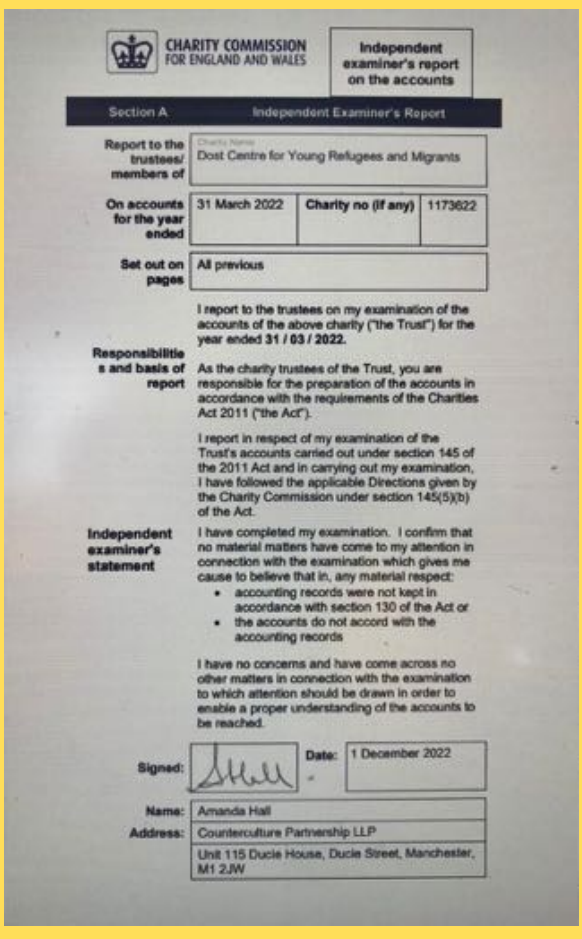
Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and legacies	36,188	46,945	-	83,134	
	-	-	-	-	
	-	-	-	-	
	-	-	-	-	
Sub total (Gross income for AR)	36,188	46,945	-	83,134	73,379
A2 Asset and investment sales, (see table)	-	-	-	-	
Sub total	-	-	-	-	
Total receipts	36,188	46,945	-	83,134	73,379
A3 Payments					
Wages / Salaries	4,380	35,127	-	39,507	35,259
Rent / Room Hire	1,121	9,149	-	10,270	720
Insurance	638	-	-	638	540
Bank Fees	85	-	-	85	108
Coaching & Youth Fees	2,699	8,695	-	11,394	7,477
Subscriptions / Other	1,488	7,149	-	8,637	5,107
Travel Trips	1,500	4,377	-	5,877	3,249
Equipment	25	265	-	290	2,949
Accounting Fees	1,038	-	-	1,038	-
Sub total	13,374	65,019	-	78,393	55,719
A4 Asset and investment purchases, (see table)	-	-	-	-	
Sub total	-	-	-	-	
Total payments	13,374	65,019	-	78,393	55,719
Net of receipts/(payments)	22,427	(18,074)	-	4,741	17,660
A5 Transfers between funds	-	-	-	-	
A6 Cash funds last year end	34,083	35,982	-	70,065	52,405
Cash funds this year end	56,510	16,908	-	73,418	70,065

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash at Bank / In Hand		16,908	
		-	-	-
		-	-	-
	Total cash funds	56,510	16,908	
	Upper balances with receipts and payments accounting			
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				-
				-
				-
				-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				-
				-
				-
				-
	Details	Fund to which liability	Amount due (optional)	When due (optional)
B5 Liabilities	PAYE Payable	Children in Need	3,000	
	Pensions Payable	Children in Need	100	
	Loan Rates	Others	84	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		JIM MINTON		01.12.2022

The Trustees declare that they have approved the Trustees Annual Report above on 01/12/2022



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of: Dost Centre for Young Refugees and Migrants

On accounts for the year ended: 31 March 2022 — Charity no (if any): 1173622

Set out on pages: All previous

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2022.**

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Date: 1 December 2022

Name: Amanda Hall

Address: Counterculture Partnership LLP, Unit 115 Ducie House, Ducie Street, Manchester, M1 2JW

Signed on behalf of the Charity's Board of Trustees

Full name: JIM MINTON

Signature:

Position: Chair of Board of Trustees

Dated: 1.12.2022

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England & Wales - Charity number 1173622

Accounts

Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

WELCOME FROM CHAIR

Thank you for reading this Annual Report, which we hope reflects the value of the incredible work done by Marian and her team at Dost during 2020 and 2021.
We also hope you will feel the enormous contribution that the young people bring to being part of Dost, and the resilience, friendship and shared successes that they enjoy through taking part in the wide range of activities and opportunities each week

Without experiencing the huge challenges that young refugees and migrants face, it is hard to imagine just how important the offer of support and safe spaces for learning, personal development and fun can be.
But the team at Dost work tirelessly to ensure that those young people do have opportunities to connect and to fulfil their potential and make new opportunities for themselves.

2021 has been, of course, another very challenging year. The lockdowns meant that Marian and the team had to continue to offer remote services; help with homework; pastoral support; online exercise/art/creative classes and ensure there was somewhere for the young people to turn to even when physical connection wasn't possible.

And gradually as restrictions ended we could return to helping those young people safely readjust to activities, outdoors at first and then gradually in indoor spaces to do sport, arts, learning, outdoor adventure and skills building together.
The pandemic may have changed many things - but the pressures that force people to leave their country and seek refuge in the UK and other places are just as strong as ever.

Marian and the team have ensured that Dost has always been able to offer a welcome place for young refugees: and as global conflict and disruption continue - most recently in Afghanistan, Dost has continued to play a vital role in supporting those who find themselves in a new country, uncertain and often alone.
As Trustees we feel very privileged to work with Marian and her team of staff and volunteers and to be part of the special place that Dost has for young refugees.

We are, as always, very grateful to all our funders/ partners for trusting in Dost and supporting our work and enabling us to fulfil our aims and our visions and in being able to continue to support so many young people. Thank you!

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

Newham Leisure Centre
281 Prince Regent Lane
London
E13 8SD

Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

2021 has been a busy one at Dost! We have continued to provide a service to many young people, both long term attenders and newly referred/ arrived young people.
Like everyone else, we started the year online, running English and Homework sessions and weekly Quiz nights with another group. We covered topics such as personal safety, drugs and alcohol, stop and search, relationships, immigration and general knowledge.
These were lively sessions, with lots of discussions and prizes!

ACHIEVEMENTS AND CHALLENGES

In March, we started our face to face sessions again, which consisted of a diverse range of trips and leisure activities that included:

- Football and volleyball sessions delivered at various sites in East London, including a football tournament at Newham Powerleague where we invited two other Refugee Organisations to join in and a tournament at St George's Park, where we won the Cup!
- Canoeing trips to the Laburnum Boat Club with another Youth Project
- History tour of Central London and boat ride to Greenwich
- Day trips to Cambridge where we punted down the river and met with University students and to Brighton to play beach volleyball, lasertag, football and table tennis at the Brighton Table Tennis Club
- Swimming and fun on giant slides and inflatables at Parliament Hill Lido, Aquabounce and Coral Reef Waterworld
- Entertainment events - Radio 1 'Out Out Gig' at Wembley and a theatre trip to see Phosphoros performing a show about being a displaced person as well as a Pantomime to see Jack and the Beanstalk
- Adrenaline fueled activities including BMX'ing at the Olympic Velodrome, go-karting around a race track and trampolining.

Newham Leisure Centre reopened in July and we returned to our twice weekly sports sessions, with football, volleyball, table tennis, pool, badminton, basketball and cricket as well as satellite services from SHINE (Sexual Health Service).
We have continued to play weekly football at Newham Powerleague and continue to access football sessions by Tottenham FC and have restarted our weekly sessions at Decathlon.

In October, we opened our English/ Homework sessions at Custom House Library and these have been proving very popular and a hugely vital resource for our young people.

We also have provided 4 residentials including 3 to Wey Island Trust for a total of 10 days. There we did activities such as canoeing, raft-building, tie-dying, BBQ's, camp fires, cooking, baking, photography / film making, bingo nights, a stop and search workshop with the Police and lots of general fun and group bonding!

We also brought a large group of young people to the OSH 5 day residential where we took part in African drumming, workshops on community, identity and leadership, talent nights, dancing and lots of games and arts! A group of past Dost attendees also led as Leaders on this years camp and did a great job!

Seven young people completed the Street Soccer, 10 week training course focused around football and personal development and another eight are currently attending the next programme.

Thanks to London Sport, we managed to buy 14 bikes for some of the young people struggling during lockdown and also managed to get bikes for some others through the Bike Project and then did cycle trips.

Our challenges are around staffing, volunteers and the ever increasing demand on our services as more young people arrive or attend and the ever increasing problem of young people being age-assessed and placed in inappropriate adult accommodation often with no access to education or financial support, who need our service more than ever but present with numerous needs and in need of extra support.

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

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Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

YOUNG PEOPLE

YOUNG PEOPLE FROM 44 COUNTRIES

SUDAN 71

ERITREA 53

AFGHANISTAN 36

SYRIA 24

IRAN 18

VIETNAM 17

ETHIOPIA 16

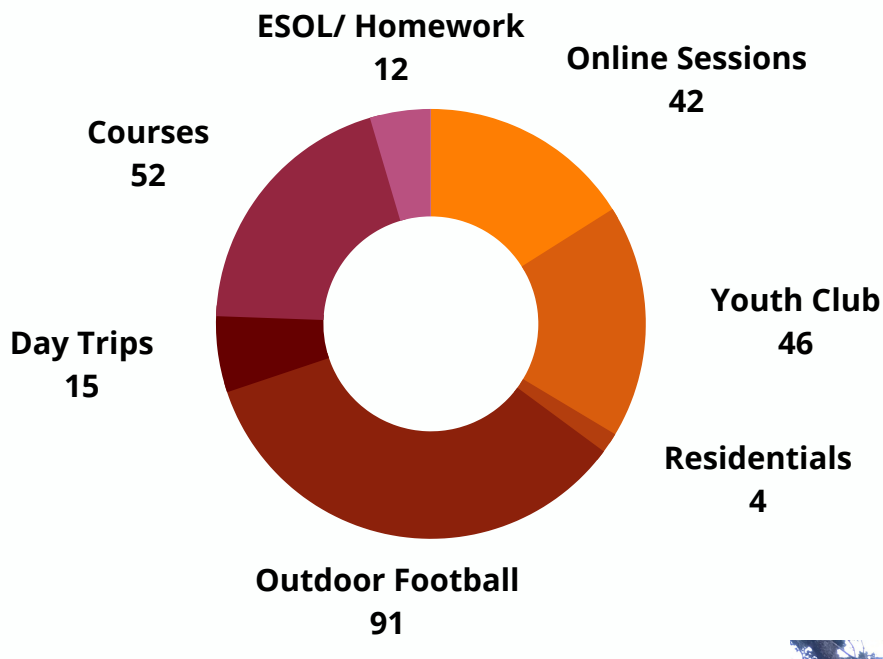
SOMALIA 14

AND MANY MORE!

341 YOUNG PEOPLE

317 BOYS

24 GIRLS



296 SESSIONS

SESSIONS AND ACTIVITIES

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

Newham Leisure Centre

281 Prince Regent Lane

London

E13 8SD

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Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

PARTNERSHIPS AND SUPPORTERS

Big Impact Labs
Brighton Table Tennis Club
Tottenham Hotspur Foundation
Capital Kids Cricket
Football United
Counterculture
OSH
Custom House Library
Capital Karts
Lee Valley Regional Park Authority
Purezza Pizza
Evelyn Oldfield Unit
Goods for Good
Knights Youth Centre
Hackney Empire
Newham Libraries
Sal's Shoes
Rerun
Antz Digital Lifeline
Charity Boots
Wempower

Phosphoros Theatre
Wey Island Trust
Parliament Hill Lido
Newham Powerleague
Decathlon
Street Soccer Foundation
Laburnum Boat Club
Aquabounce
SHINE
The Bike Project
Juvenis
Surrey Hills and Rivers

THANK YOU

DONORS AND FUNDERS

BBC CHILDREN IN NEED
TUDOR TRUST
ESMEE FAIRBAIRN
STREETGAMES
JACK PETCHEY
PARENT ZONE
UK YOUTH
LONDON YOUTH
STRONGER COMMUNITIES FUND
LONDON SPORT
BT SPORT
ARTS COUNCIL– LIBRARIES CONNECTED
MONOCOT PRODUCTIONS

STORM LONSDALE
SHAMSER SINHA
ELLEN O'NEILL
FRENCHWOOD FAMILY TRUST
TAMITZA TOROYAN
KATIE SHAKERIFAR
PAUL MORAN
ELHUM SHAKERIFAR
NAVJOT SINGH
SOPHIE MAYOR

Watch our Dost promotional Video by Monocot Productions here!

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Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

AIMS OF DOST CENTRE

Dost (which means friends in a number of languages), was established as an independent Charity in 2017 and has gone from strength to strength.
We provide young refugees and migrants, aged 13–19 years of age, from all across London, with a varied and diverse programme of physical and educational activities in order to reduce their isolation and increase their skills and capabilities and to support them to reach their full potential.

CHARITY STRUCTURE AND GOVERNANCE

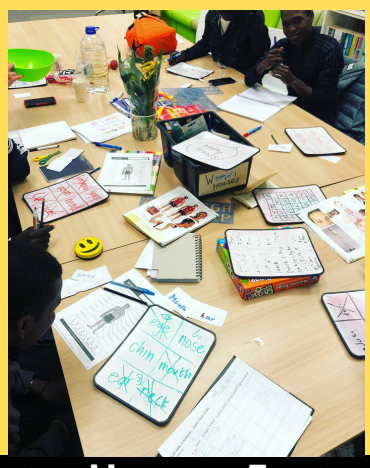
The Trustees confirm that they have referred to the Guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives and in planning all future activities.

Dost is a Charitable Incorporated Organisation (CIO) and our governing document is based on the Charity Commission's model Constitution for a CIO whose only voting members are its' Trustees. We received our independent charity registration and approval for this governing document in August 2017.

In line with the model constitution we can have a maximum of 12 trustees, all of whom must be over 16 years of age. For the period covered by the 2020–2021 Report, we had 7 Trustees.
All are currently still serving and all are over 16.
As we are a small and relatively new charity, (as an independent entity), we have used a variety of mechanisms to recruit trustees, all permitted by our governing document.

Two new Trustees have joined the Board this year; one is a past member of Dost who has gone on to achieve amazing things and the other is newly joined and also has lived experience of being involved in Dost as a member. Trustees join the Board because they are known to staff members or other trustees or are directly involved in volunteering or attending Dost and all bring an expertise, skill or interest which is helpful to the charity.

As the charity grows and develops, the Trustees will look at other methods for recruitment to match skills and experience needs of the charity. All Trustees are appointed by the Board ,with a resolution noted in the minutes, to ensure they have been formally approved.
All Trustees can nominate and elect to post. Their details are then uploaded onto the Charity Commission database.



If anyone would like to get involved with Dost and become a Trustee we'd be delighted to hear from you!

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

www.dostcentre.co.uk

dost_centre

charity no: 1173622

Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

TRUSTEES

Jim Minton
Chair – June 2017 – present

Michael Havard
Trustee – June 2017 – present

Maymuna Osman
Trustee – August 2018 – present

Gabriele Gestautaite
Trustee – October 2018 – present

Tommy Edwards
Trustee – December 2018 – present

Stella Ogunlade
Trustee – January 2021 – present

Zeinab Maalow
Trustee – September 2021 – present

STAFF

Marian Spiers – Youth Work Programme Manager 2009 – present
Richard Shittu – Volleyball Coach/Youth Worker 2010 – present
Kelly Williams – ESOL Tutor/ Art Tutor/ Youth Worker 2019 – present
Coltrane Morley–Williams – Football Coach 2019 – present
Leila Seguin – Youth Worker 2020 – present
Ali Abbas Alshimari – November 2021 – present
Wendy Lee – Accountant 2018 – present
Constantine Hadjipateras – Youth Worker 2020 – 2021

VOLUNTEERS

In loving memory of Lara Casalotti who very sadly passed away in 2021 and who was an amazing Dost volunteer and volunteer to many charities...sadly missed

Ali Abbas Alshimari
Alon Harshak
Lex Karlin
Noah Leul for making our Dost film!

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

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Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

WHAT DO THE YOUNG PEOPLE THINK?!

Dost has been apart of me from a young age, Dost was a place where I met new people, learnt valuable socialising skills as well as becoming more confident as a person. With great members of staff from all different backgrounds Dost was like a second home to me. It was such a welcoming place with a great atmosphere.

Pardeep,
Member of Dost since 2010

I've been a Dost member for over 12 years now. Being a member of Dost, is one of the best experience ever. During the years at Dost, I have met loads of individuals from different background and cultures. This has enhanced my skills on how to talk to different groups of people. I've learned life expertise, on how to communicate and how to be a socially active person with everybody.

Dost provides a range of activities, which are very unique and skill building. Due to this experience, I have managed to set up my own business, from the skills and knowledge at the centre. Last but not least, Dost is my second home, where you're welcome all the time and it's all worth it.

Danish, Member of Dost since 2009

I am very happy to coming to Youth Club Dost Centre because we enjoy and you can have a lot of friends. You can learn many things. You can play games. We go to new places and its very important for young people and Dost Centre helps young people to speak English and helps people to know London.
I liked to go to Wey Island and go-karting and swimming.
I am feeling very happy when I come to Dost.

Hassane, Member of Dost since 2021

We play sports for free and we went on a lot of trips. We play a lot of games, meet other people, make new friends. We learn English and get to speak English with other people. I'm happy here because I don't have family here.

Mujahid, Member of Dost since 2021

What I like about Dost is everyone is friendly and every session we have we really enjoy. Also, I appreciate Marian's effort and hard-working because she always there to make sure everyone is happy and having fun
During my 3 years at Dost I've learnt a lot of things, improved a lot of skills, gained a lot of knowledge and met new friends and I just felt Dost is my 2nd home and family.

Love you Marian for everything you doing for us... we really appreciate you ❤

Khaled, Member of Dost since 2018

Dost Centre is everything to me (us). The place we forget our problems, have fun, make new friends, learn and get help.....

Bonsa, Member of Dost since 2018

Dost is very nice because gave us good time to make our friends...
And we met new friends, also it gave us greater activities. Also we learnt more about football and other activities.....how I say thanks I don't know because I say thanks it's not enough it needs many thanks.

Ibrahim, Member of Dost since 2021

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

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Centre for Young Refugees and Migrants

ANNUAL REPORT 2021

ACCOUNTS

No Trustees were remunerated or received any expenses or payments during the year.

Our Charity insurance provides Trustee Indemnity cover against executive risks to the sum of £250,000.

Our reserves at year end were £69,965 of which £35,882 were restricted and £34,083 were unrestricted.

Dost's reserves policy balances the need to build up long term reserves against the need for short term spending on core activities .

The Charity's reserves exist to provide short term protection against downward fluctuations in annual revenues.

CHARITY COMMISSION FOR ENGLAND AND WALES

Dost Centre for Young Refugees and Migrants	1173622	CC16a

Receipts and payments accounts

For the period from	01-Apr-20	To	31-Mar-21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and legacies	6,906	68,473	-	75,379	87,002
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,906	68,473	-	75,379	87,002
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,906	68,473	-	75,379	87,002
A3 Payments					
Wages / Salaries		35,205	-	35,205	40,024
Rent / Room Hire		720	-	720	12,958
Insurance	545		-	545	498
Bank Fees	108		-	108	197
Coaching & Youth Fees	25	7,452	-	7,477	18,367
Subscriptions / Other	3,516	1,991	-	5,507	6,503
Travel/ Trips	944	2,305	-	3,249	5,172
Equipment	100	2,808	-	2,908	2,464
	-	-	-	-	-
Sub total	5,239	50,480	-	55,719	86,183
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	5,239	50,480	-	55,719	86,183
Net of receipts/(payments)	1,667	17,993	-	19,660	819
A5 Transfers between funds	- 7,399	7,399	-	-	-
A6 Cash funds last year end	39,815	10,490	-	50,305	49,486
Cash funds this year end	34,083	35,882	-	69,965	50,305

CCXX R1 accounts (SS) 1 01/12/2021

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank / in Hand	34,083	35,882	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	34,083	35,882	-
		Must be	Must be	Must be

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Jim Minton	01/12/2021

CCXX R2 accounts (SS) 2 01/12/2021

The Trustees declare that they have approved the Trustees Annual Report above on 01/12/2021

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name: Dost Centre for Young Refugees and Migrants		
On accounts for the year ended	31 March 2021	**Charity no (if any)**	1173622
Set out on pages	All previous		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2021.**

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: **Date:**

Name: Amanda Hall

Address: Counterculture Partnership LLP
Unit NH.204, E1 Business Studios,
7 Whitechapel Road
London E1 1DU

Signed on behalf of the Charity's Board of Trustees.

Full name: JIM MINTON

Signature:

Position: Chair of Board of Trustees

Dated: 10th December 2021

DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

www.dostcentre.co.uk

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charity no: 1173622

CHARITY COMMISSION FOR ENGLAND AND WALES

Dost Centre for Young Refugees and Migrants	1173622

Receipts and payments accounts

For the period from	01-Apr-20	To	31-Mar-21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations and legacies	6,906	68,473	-	75,379
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total *(Gross income for AR)*	6,906	68,473	-	75,379
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	6,906	68,473	-	75,379
A3 Payments				
Wages / Salaries		35,205	-	35,205
Rent / Room Hire		720	-	720
Insurance	545		-	545
Bank Fees	108		-	108
Coaching & Youth Fees	25	7,452	-	7,477
Subscriptions / Other	3,516	1,991	-	5,507
Travel/ Trips	944	2,305	-	3,249
Equipment	100	2,808	-	2,908
	-	-	-	-
Sub total	5,239	50,480	-	55,719
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	5,239	50,480	-	55,719
Net of receipts/(payments)	1,667	17,993	-	19,660
A5 Transfers between funds	- 7,399	7,399	-	-
A6 Cash funds last year end	39,815	10,490	-	50,305
Cash funds this year end	34,083	35,882	-	69,965

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
	Cash at Bank / in Hand	34,083	35,882
		-	-
		-	-
	Total cash funds	**34,083**	**35,882**
	(agree balances with receipts and payments account(s))	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)
		-
		-
		-
		-
		-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)
		-
		-
		-
		-
		-
		-
		-
		-
		-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)
PAYE Payable	Children In Need	1,482
Pensions Payable	Children In Need	125
		-
		-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name

CC16a

[redacted]

Last year
to the nearest £
87,002
-
-
-
-
-
-
-
87,002

-
-
87,002

40,024
12,958
498
197
18,367
6,503
5,172
2,464
-
86,183

-
86,183
819
-
49,486
50,305

[redacted]

Endowment funds to nearest £
-
-
-
-

OK

Endowment funds to nearest £
-
-
-
-
-
-

Current value (optional)
-
-
-
-
-

Current value (optional)
-
-
-
-
-
-
-
-
-

When due (optional)

Date of approval

Fund Name	B/Fwd 01-Apr-19	Income	Expenditure
Unrestricted:			
Tudor	£11,098.76	£0.00	-£12,182.22
Esme	£20,000.00	£0.00	£0.00
Other	£8,716.44	£6,905.77	-£454.97
Total Unrestricted	**£39,815.20**	**£6,905.77**	**-£12,637.19**
Restricted:			
Tudor (pre reclassification as unrestricted)	£0.00	£0.00	£0.00
BBC CIN	£0.00	£43,410.25	-£27,122.27
Door Step Sport	£1,410.62	£7,600.00	-£4,001.89
Groundwork		£4,900.00	-£700.00
London Sports		£3,673.00	-£2,661.80
JP Leader	£1,504.22		-£1,125.00
JP YP	£759.48	£3,000.00	-£1,604.26
Greenboard	£1.59	£0.00	£0.00
London Youth	£0.00	£4,000.00	-£225.00
LS Badminton	£994.00		-£350.00
LS Volleyball	£819.00		-£644.00
Parent & Family		£1,890.00	-£1,155.00
UK Youth Gen	£5,000.00		-£3,493.60
Total Restricted	**£10,488.91**	**£68,473.25**	**-£43,082.82**
Total Funds	**£50,304.11**	**£75,379.02**	**-£55,720.01**

Transfers	C/Fwd 31-Mar-20	
£0.00	-£1,083.46	
£0.00	£20,000.00	
£0.00	£15,167.24	
£0.00	**£34,083.78**	
£0.00	£0.00	
£0.00	£16,287.98	
£0.00	£5,008.73	
£0.00	£4,200.00	
£0.00	£1,011.20	
£0.00	£379.22	
£0.00	£2,155.22	
£0.00	£1.59	
£0.00	£3,775.00	
£0.00	£644.00	
£0.00	£175.00	
	£735.00	
£0.00	£1,506.40	
£0.00	**£35,879.34**	
£0.00	**£69,963.12**	Equates to cash held in hand and at bank

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Dost Centre for Young Refugees and Migrants		
On accounts for the year ended	31 March 2021	**Charity no (if any)**	1173622
Set out on pages	All previous		

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- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	

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