

Registered number: CE011177
Charity number: 1173621

**NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY
AND BARNET SAMARITANS)**
(A company limited by guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

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NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
 FOR THE YEAR ENDED 31 MARCH 2021**

Trustees

A McCormack
 J H Pyatt (appointed 24 November 2020)
 S Blankfield
 N Webster
 K J Shadbolt
 N Floyde (appointed 21 September 2020)
 S Free (appointed 4 July 2020)
 L A Ryder-Davies (appointed 4 July 2020)
 A Scoltock (resigned 18 January 2021)
 T Marshall (resigned 31 December 2020)
 K M Hartmann (resigned 8 December 2020)

Company registered number CE011177

Charity registered number 1173621

Registered office Shaftesbury Hall
 Herbert Road
 London
 N11 2QN

Company secretary N Webster

Director L A Ryder-Davies

Accountants James Cowper Kreston
 Chartered Accountants and Statutory Auditor
 Reading Bridge House
 George Street
 Reading
 Berkshire
 RG1 8LS

Bankers Barclays Bank plc
 20 The Town
 Enfield
 EN2 6LS

Barclays Bank plc
 3 Walthamstow
 Leicestershire,
 LE87 2BB

CAF Bank Ltd
 25 Kings Avenue
 Kings Hill
 West Malling
 Kent
 ME19 4JQ

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

MISSION, VISION AND VALUES

THE VISION

Samaritans **Vision** is that fewer people die by suicide.

THE MISSION

We work to achieve this Vision by making it our **Mission** to alleviate emotional distress and reduce the incidence of suicide feelings and suicidal behavior.

We do this by:

- **Being available 24 hours a day to provide emotional support** for people who are experiencing feelings of emotional distress or despair, including those which may lead to suicide;
- **Reaching out to high-risk groups and communities** to reduce the risk of suicide;
- **Working in partnership** with other organisations, agencies and experts to achieve our Vision;
- **Influencing public policy and raising awareness** of the challenges of reducing suicide

THE VALUES

We are committed to the following **Values**:

- **Listening**, because exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them;
- **Confidentiality**, because if people feel safe, they are more likely to be open about their feelings;
- **People making their own decisions** wherever possible, because we believe that people have the right to find their own solution and telling people what to do takes responsibility away from them;
- **Being non-judgmental**, because we want people to be able to talk to us without fear of prejudice or rejection;
- **Human contact**, because giving people time, undivided attention and empathy meets a fundamental emotional need and reduces distress and despair

MESSAGE FROM THE DIRECTOR

2020 - 2021 has been a testing year. We have successfully kept the branch operating for callers throughout the pandemic. Our volunteers were deemed to be Key Workers by the Government and had permission to travel during lockdown. We put in place a variety of measures to keep our volunteers safe and we have avoided having to close the branch. In addition to a rigorous cleaning protocol, we added fully glazed partitions between the workstations and provided supplementary heating so that the windows can be kept open on shift. Although we have 3 workstations, we have only staffed 2 stations per shift to allow for social distancing; this does mean a reduction in calls answered but it helps to keep volunteers safe and thereby keep the branch open. All Committee, Leadership Team and other team meetings have taken place via zoom.

Although we have continued to provide our phone call and email service, we have not been able to see face to face callers throughout the pandemic. Before the pandemic struck, we had a steady number of visitors who preferred to come in and talk to a volunteer.

The Hall was closed for a great deal of 2020 and the Hall Manager was furloughed. The loss of income caused by closing the hall was offset by hiring it to the Bounds Green Food bank who provided much needed help to a very large number of people for 8 weeks during the summer of 2020.

We have continued to recruit and train volunteers throughout the pandemic. The Training Team quickly learnt how to deliver training via Zoom and this has proved to be very successful. Members of the Training Team put in a lot of extra hours doing practice calls and emails with the group of trainees who had just finished training when lockdown happened and who weren't able to start their mentored shifts. We introduced specific mentoring shifts onto the rota to facilitate their entry into the branch.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

We now have 129 listening volunteers and 13 support volunteers who are important in assisting the various branch teams in performing their roles and responsibilities. We have had some volunteers leave us to relocate around the country but have had others transferring to us which has helped maintain the status quo. 22 new volunteers completed training and joined the branch between March 2020 and 2021, and 8 volunteers transferred from other branches. We are constantly looking at flexible ways to accommodate volunteers and we now share a number of volunteers with other branches which is proving very successful.

Retention of existing volunteers is as important as recruiting new ones and to this end we have tried to improve the surroundings, planting a garden with a seat where volunteers can go for a break whilst on shift. We have provided the Covid secure measures already mentioned and have added soundproofing panels to the duty room to improve the acoustics. The windows now have vertical blinds so that volunteers are no longer blinded by the sun whilst on shift. We have had new Chrome Box computers installed at each workstation. Sadly, we were not able to carry out any social activities during 2020, not even to say goodbye to John and Jacky at the end of their term as Director and Deputy.

The Rota Team has done a fantastic job in keeping shifts open, contacting every volunteer before their shift to check they are well enough to attend and facilitating finding replacements for those who had to self-isolate. We have an increased Shift Support Team which also has a major role in keeping shifts open.

The Branch continued to participate in the national initiative handling emails from prisoners at Wayland Prison in Norfolk which was extended.

We were not able to carry out any Outreach or Schools activities in 2020/21.

The Prison Team were not able to attend Pentonville Prison during lockdown and so supported the Listeners by phone during this period. When lockdown lifted the Prison Team went back into Pentonville as soon as it was deemed safe to do so. Special working arrangements were put in place for a reduced Prison Team to attend the prison.

The Branch Director and Team Leader for Outreach continued to attend Haringey Suicide Prevention Group meetings which took place via zoom.

Fundraising took on a different aspect during the pandemic and consisted of making bids for grants. We were successful in gaining a number of Covid specific grants which have enabled us to keep running in a year where we could not go out and fundraise in the traditional manner.

We had a Quality Review in December 2020 which happens within six months of a new Director coming into post. This took place over Zoom without the usual in person visit from the Quality Assessors. The report was very positive; here are a couple of excerpts:

North London volunteers are outward looking and innovative. They have taken part in organisation wide initiatives and are receptive to new ideas. Both listening and support volunteers feel secure and valued. They are well supported both practically through well-developed systems (as documented in the excellent Branch Handbook) and emotionally. The culture is one of openness, good communication and friendliness. A large number are involved in teams. Fundraising has been very successful despite the restrictions of the pandemic.

And:

Thank you to the Branch Leadership Team for engaging with us in such a positive way. One of the strengths that is not included above is the quality of the Branch Leadership Team. They clearly demonstrated during the Review that they are forward thinking, mutually supportive and enthusiastic. We have every confidence that the Branch will continue to thrive under their guidance.

I would like to take this opportunity to thank the Branch Committee, the Branch Leadership team, members of all of our branch teams and all our Support and Listening volunteers who have all put in an extra effort to support me and the branch during what has been a different and challenging year.

Lesley 805

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

COMMITTEE REPORT

The branch has performed amazingly well during the pandemic. We have had a very successful year and everyone stepped up to avoid cancelling shifts. Committee meetings moved to Zoom and have been well attended and productive.

There was quite a lot of movement among the Trustees during the year.

Outgoing

John 1219
Jacky 1104
Tracey 1288
Kristen 1354

Incoming

Lesley 805
Sarah 1298
Nazneen 1110
John 1219
Nat 1330

At the end of the year, the Trustees were

Lesley 805
Sarah 1298
Alison 1031
Nazneen 1110
Adam 1352S
Keith 1269
Sheila 1226
Nat 1330
John 1219

Alison1031

BRANCH MATTERS

EMOTIONAL SUPPORT

For the year to 31st March 2021 we responded to:

Phone Calls: 7,659
Emails: 5,720
Face to Face: 0
Total Contact: 13,379

As anticipated there has been a decrease in activity. The cessation of the SM Service coupled with the impact of the pandemic – reducing volunteers on shift from 3 to 2 and not being open to visitors has reduced the total number of contacts by 4,456 compared with last year. We are eagerly awaiting the roll out of Online Chat to all branches and are looking forward to welcoming visitors to the branch again.

Lesley 805

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

SHAFTESBURY HALL

Shaftesbury Hall had a disappointing and difficult year due to the Covid Pandemic and the Government's rules on lockdown. As a result, the Hall remained closed to all usual classes and activities from the 20th March 2020 until the 14th September 2020 and from November 2020 until well into 2021. During these periods the only use was by BPCA as a food bank for a 12-week period June 2020 to September 2020.

When the Hall was allowed to operate from September to November 2020 new Health and Safety assessments were carried out and a new cleaning regime was implemented. At all times the relevant government guidance for use of communal spaces was followed. This restricted the use of the Hall to a few children's activities only, where they were classed as early years support groups and wrap around childcare. There were no adult classes, social activities or Samaritan bookings (usually 15% of all bookings).

Our Hall Manager Nadia Youssof was furloughed on a full or flexible basis for the whole of the year.

Despite the limited use during the year the Hall Committee continued to closely monitor the situation. The operation of the Hall facility has been structured in a manner similar to that of a village hall, ensuring that it benefits the local community, by being available to a wide range of activities which are social, recreational or community-oriented in nature and complies with the advice of Bates Wells Braithwaite LLP provided on the 14th June 2018 and the terms of the HMRC VAT clearance letter dated the 11th August 2017. The Hall Committee is satisfied that the Hall operation has been consistent with that advice and clearance.

The Hall Committee consists of representatives of North London Samaritans (as the recipient of the Big Lottery Fund and other grants to enable the establishment of a hall facility available for hire for community activities) and members of the local community and hall users. The Committee monitors the type of activities carried on in the Hall and oversees the Hall Manager in the performance of her duties with regard to the day to day letting of Hall space and the maintenance and general upkeep of the building and ensuring that the Hall operated, when open, in compliance with the terms of the grants and in a manner consistent with the village hall principle.

We trust the Shaftesbury Hall Report for 2021/2022 will be more positive.

John 1219

FUNDRAISING

Considering our normal revenues were shut down due to Covid we managed to fundraise and apply for grants which would not have been available to us. The following figures do not include our regular donations from volunteers and smaller individual one-off donations.

Through the Bag for Life campaign which we applied to Tesco we managed to get a grant £500. The Co-op through their Community Matters raised £874. With the help of Julie1323 and Ben1408 we raised just over £6k on the Just Giving page. Local businesses raised £341 and our own Jack1355 who works for Bloomberg qualified for £4,074 from their charity grant. We further received £10k from Haringey council from applying to their business grant.

Through the generosity of our volunteers and grants we pulled through.

Let me take this opportunity to thank everyone who have helped me with fundraising in the last 5 years and in particular over the last 2 years. I am now stepping down from fundraising and Nat1330 has kindly agreed to take over.

Yasmine 1313

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

CALLER SUPPORT

Between April 2020 and March 2021, caller support continued to monitor and manage good practice by flagging poor email responses from Samaritans and making note of potential caller support plans to put in place. NLS had no active caller support plans given by the London Region. We continued to flag callers of concern to the regional branch as well as internally in our own branch.

Maya 1405

INFORMATION

The Information team comprised Brian 1359 during the year and was admirably supported by Arancha 1432 (S) - thank you.

Due to the looming impact of the Covid-19 pandemic and following the UK Government's decision to introduce 'lockdown' on 23rd March 2020, all Information events during the year were delivered on-line via Zoom.

Brian1359 presented a total of six on-line Information events as follows:

- 26th June 2020
- 3rd July 2020
- 20th August 2020
- 25th November 2020
- 9th February 2021
- 23rd March 2021

Many thanks to Barbara 1309 who contributed to the events delivered on 9th February 2021 and 23rd March 2021.

Potential volunteer enquiries to the branch during the 12 months were 868, and a total of 87 potential volunteers attended the above Information events.

We regularly have a significant number of potential volunteers waiting to attend Information events (the number of potential volunteers waiting has exceeded 100 on several occasions). As such, we will continue to need to find innovative and practical ways to accommodate those waiting. In the meantime, we will continue to manage potential volunteer expectations as regards the estimated wait times to attend an Information event, and then potentially move forward to Selection and Core Development Training

Brian 1359

SELECTION

April 19 – March 20

Katy 1277 continued to lead Selection for NLS branch until February 2021 when she handed over to Barbara 1309. Barbara will now carry the torch for Selection supported by Arancha 1432 (S) and will work with regional selection team to oversee the transition to the Branch Management Tool which is now being rolled out nationally.

Numbers of Potential Volunteers that were interviewed between 1st April 2020 - 31st March 2021 = **36** (including 2 support volunteers)

Number of Potential Volunteers put forward for training during 1st April 2020 - 31st March 2021 = **24** (for training courses starting in September 2020 and January 2021).

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

During this period the Selection team was underpinned by our dedicated core interviewers. Thank you to Brian 1359, Jane 1225, Lou 1337 and Sheila 1226.

Throughout this period, we continued to recruit and train new listening volunteers to become interviewers on our wider Selection team so that we can keep managing the steady pipeline of potential volunteers which grew exponentially during lockdown as people wanted to support North London Samaritans.

Covid-19 saw us pivot to Zoom interviews and we continue to deliver interviews regularly on this platform.

Barbara 1309

TRAINING

The Core Training spring April 2020 intake was not able to be mentored in the branch because of the pandemic so Sally 1074 and I continued to support them with a weekly session on Zoom and their course mentor continued to give them a weekly call practice.

The long and unavoidable wait for mentoring meant it wasn't practical to start offering Core Training to another group of trainees in the Summer.

In Autumn 2020 we began Core Training on Zoom. This seemed at first like an insurmountable challenge but the team were so well supported by Brian who managed the technical side that training ran smoothly. Out of 12 trainees 11 went into the branch.

In January 2021 we started our second Core Training on Zoom with 12 trainees. During the course 3 withdrew but we were able to put 9 New Samaritans into the branch.

The team has worked magnificently together. Sally 1074 continued to be the central figure in the complex organisation of Zoom breakout rooms and organising mentors while Brian 1359 looked after the technological aspect of the evening. Both Christian 1404 (who has now completed Training for Trainers, or rather its equivalent) and Deborah 1380 have now taken on a direct teaching role. We have continued to give each trainee a weekly practice call at home with their own mentor.

Our Training team over this period has been myself, Sally 1074, Christian 1404, Deborah 1380, Eliza 898, Keith 1269, Kirsty 1371, Hugh 1391, Joanne 1383, and Ruby 1339. Without the unstinting support and enthusiasm of the team we would not have been able to give our New Samaritans the personal mentoring, practice calls and encouragement that they need to become empathetic listeners.

Liz 939

EMBEDDING

This year we have transitioned from SIT2 to Embedding which follows the introduction of Samaritans Core Devolvement as opposed to SIT1.

The new course is over four evenings and is supported by online training.

We have run the course once which was a particular challenge due to Covid restrictions meaning the sessions were over Zoom; however, the feedback was largely positive with some learning for us to incorporate into future sessions. In particular we received a lot of positive comments about Active Learning Sets in which new Samaritans are asked to discuss an issue or call they have faced and open it up to their peers for discussion.

We would like to thank all the trainees who have attended SIT2 and Embedding this year. It's been massively rewarding to meet you all and to play a part of your journey to being full volunteers.

Andrew 1105, Jane 1225 and Sophie 1267

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

PRISON SUPPORT

The pandemic has had a huge impact on the jail and on our Listener scheme. There were lots of staff shortages. The jail worked on a very strict regime and was on 23.5 hour lockdown, showers every other day and yard time every other day. To start off with, the yard time was only 20 minutes.

During the pandemic remote meetings took place each Saturday between 1.30pm and 4.30pm. If the Listeners were unlocked when they were due to call us, they had to take the unlock as they wouldn't have been out of their cell for many hours and it could be the only opportunity to shower.

Two members of the branch Prison Team staffed the remote sessions to receive calls from Listeners for a 'how are you' and a full debrief of their contacts and calls.

The shift was supported by a shift supporter on the Prison Team. Listeners have in-cell phones and contacted us on the office phone number. This is so that the Listeners could debrief and be fully supported in the way they would normally be (from the branch as opposed to face-to-face in the jail). The Safer Custody department met with the Listeners weekly so they could voice anything that was going wrong within the Scheme.

A Listener Remote Rota was sent to the jail each week so that Listeners knew when to call. Sometimes it was difficult for the Listeners to remember when to call on the remote rota, because it was hard for them to know what time of day it is or even what day it is. The Safer Custody Department gave the rota to each Listener. We also sent in a jollier document (such as a crossword, wordsearch, origami, poem, etc.) so that the Listeners had something to do and felt more cared for.

It was required during the lockdown that we sent some Ongoing Training materials every now and again to support the Listener Remote Rota.

We provided continued support for the staff/jail. Procedures were in place for postvention to continue while we were working remotely. Any serious harm situation, self-inflicted death in custody (SIDIC) or death in custody (DIC) has the best postvention response possible remotely. During that time, the 116 123 Samaritans number was listed on the daily briefing so that each staff member could reach out to Samaritans in an easy way - by seeing the number and being reminded that support was there for them too. Also during that time, we requested that 116 123 contact cards were left in wing offices.

Emma 1315

PUBLICITY

The publicity team have continued to keep the branch Twitter page updated regularly. This has been spearheaded by Katy 1459, who has joined the team as a support volunteer, bringing expertise from her job in marketing.

We are also working with other teams in the branch to launch the night owl shift. The role of publicity here is to publicise the opportunity to people who are not currently Samaritans volunteers. So far this has only been a "soft launch", on social media, but we will work with selection and training to understand how many more cold recruits we need.

Beyond this, we continue to publicise ad hoc events and fundraising but these have been limited due to Covid restrictions.

Jess 6246

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

OUTREACH & SCHOOLS

All Outreach activity was suspended during the Pandemic; no face-to-face activities took place.

We continue to work with Network Rail and we aim to work much closer with them and have a presence at stations especially post traumatic events when we are able to resume face-to-face Outreach.

We attend Haringey Suicide Prevention Group (HSPG) meetings via Zoom. This was a great opportunity to network and learn more about the various organisations with whom we aim to work more closely.

We continue to grow and expand with energy and enthusiasm. Thank you to the Director and Branch volunteers for their continued support.

Cathy 1356 & Keith 1269

INCOME AND EXPENDITURE ACCOUNT

This year's income totalled £71,037, which was largely due to donations and grants, given that Shaftesbury Hall was closed for much of the period due to the Covid-19 pandemic.

Total expenditure, including the costs of operating the hall, was £59,461, leaving a surplus for the year of £11,575. To achieve a surplus in such a difficult year, with the Hall closed for most of the period and hence unable to generate any income, is reassuring.

This achievement would not have been possible without the support of some generous donations, notably from Haringey Council and the Pears Foundation, with the latter providing a grant for some welcome additional equipment for the call centre. As last year, we were able to offset some of the costs of running the Hall using the government's furlough scheme. Nevertheless, we will need to ensure that we continue to closely monitor our expenditure and fundraise to cover our costs.

In the financial year ended 31 March 2021, the trustees reiterated their decision to restrict the income from the Hall for the development and maintenance of the Hall. The Trustees will monitor the spending of these funds to ensure that the surplus is used to sustain the Hall so that it does not become a burden on the charity.

RESERVES POLICY

The policy of the Trustees is to maintain free unrestricted reserves equivalent to 18 months of charitable expenditure; this will ensure that the charity can continue to provide its services in the event of any disruption. At the balance sheet date the unrestricted reserves amounted to £91,104, which is a little above target on an historic basis. At the balance sheet date restricted funds, net of fixed assets, totalled £18,688. Unrestricted funds are held for the continuance of the Charity's objectives and activities. Restricted funds are held to cover expenditure that will be incurred in relation to specific projects, in particular the hall.

Adam 1352

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

ADMINISTRATIVE DETAILS

LEGAL STATUS

North London Samaritans (incorporating Enfield, Haringey and Barnet Samaritans) was a registered charity, with charity registration number 270761. In November 2017 we successfully became a CIO and have a new Charity number 1173621.

We are now governed by a constitution, adopted on 27 November 2017. We have retained the name North London Samaritans (incorporating Enfield, Haringey and Barnet Samaritans), although we intend to amend this to North London Samaritans in due course. At the same time we affiliated to the new central Samaritans charity.

North London Samaritans (incorporating Enfield, Haringey and Barnet Samaritans) is one of 201 charities within the Samaritans movement. Samaritans is a company limited by guarantee, governed by its memorandum and articles of association, and a registered charity. It was incorporated as a company on 11 April 1963 having been founded by Dr Chad Varah on 2 November 1953.

Legal ownership of Shaftesbury Hall is held by North London Samaritans (incorporating Enfield, Haringey and Barnet Samaritans) and a legal charge has been given to big Lottery Fund for 20 years.

GOVERNANCE

North London Samaritans (incorporating Enfield, Haringey and Barnet Samaritans) is, like all Samaritans branches, independently operated and funded, within the guidelines of the constitution. A directorate and a committee manage the branch.

The Branch Director heads the directorate and it is she or he who is ultimately responsible for all branch operations. The Director appoints co-directors who oversee all aspects of the branch involving callers, visitors and volunteers (this includes caller support, volunteer recruitment, selection and training, and volunteer mentoring). The Director is also an ex-officio member of the committee. She or he is chosen by a process of consultation with volunteers carried out by a working group, to serve for three years.

The Committee is responsible for fundraising and facilities, including the maintenance and administration of the branch premises. The Committee members are elected at Annual General Meetings and can serve for up to three years. The Committee can also co-opt members within the limits set by the Constitution. By the terms of the Constitution each member of the Committee is a trustee of the charity.

We moved to the new Branch Leadership Team at the First AGM of the CIO on 14th January 2019. The Branch Director took on the single leadership role and is chair of the Trustee Board and chair of the Leadership Team.

The trustees believe that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

This relates to Section 4 of the 2006 Act to have due regard to guidance on public benefit published by the Charity Commission.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Statement of trustees' responsibilities

The trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



Lesley Ryder-Davies 18 Jan 2022 16:18:07 GMT (UTC +0)

.....
L A Ryder-Davies

Director

Date: 18 January 2022

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
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**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

**Independent Examiner's Report to the Trustees of North London Samaritans (Incorporating
Enfield, Haringey and Barnet Samaritans) ('the Charity')**

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021.

Responsibilities and Basis of Report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:



Alexander Peal

Dated: 19 January 2022

BSc (Hons) FCA DChA

James Cowper Kreston

Chartered Accountants and Statutory Auditor
Reading Bridge House
George Street
Reading
Berkshire
RG1 8LS

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	2	23,725	47,286	71,011	64,856
Investments	3	-	26	26	104
Total income		23,725	47,312	71,037	64,960
Expenditure on:					
Charitable activities	4	27,924	31,537	59,461	40,120
Total expenditure		27,924	31,537	59,461	40,120
Net movement in funds		(4,199)	15,775	11,576	24,840
Reconciliation of funds:					
Total funds brought forward		825,165	75,329	900,494	875,654
Net movement in funds		(4,199)	15,775	11,576	24,840
Total funds carried forward		820,966	91,104	912,070	900,494

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 16 to 25 form part of these financial statements.

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)**(A company limited by guarantee)****REGISTERED NUMBER: CE011177****BALANCE SHEET
AS AT 31 MARCH 2021**

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	9	802,278	818,651
Current assets			
Debtors	10	9,128	928
Cash at bank and in hand		105,734	87,827
		114,862	88,755
Creditors: amounts falling due within one year	11	(5,070)	(6,912)
Net current assets		109,792	81,843
Total net assets		912,070	900,494
Charity funds			
Restricted funds	12	820,966	825,165
Unrestricted funds	12	91,104	75,329
Total funds		912,070	900,494

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Adam McCormack 18 Jan 2022 22:17:23 GMT (UTC +0)

A McCormack

Trustee

Date: 18 January 2022

The notes on pages 16 to 25 form part of these financial statements.

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash used in operating activities	15	17,881	(13,246)
		<hr/>	<hr/>
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(12,896)
Interest received		26	104
		<hr/>	<hr/>
Net cash provided by/(used in) investing activities		26	(12,792)
		<hr/>	<hr/>
Net cash inflow/(outflow) brought forward		17,907	(26,038)
		<hr/>	<hr/>
Cash flows from financing activities			
Change in cash and cash equivalents in the year		17,907	(26,038)
Cash and cash equivalents at the beginning of the year		87,827	113,865
		<hr/>	<hr/>
Cash and cash equivalents at the end of the year	16	105,734	87,827
		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 16 to 25 form part of these financial statements

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

North London Samaritans (Incorporating Enfield, Haringey and Barnet Samaritans) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

The recognition of income from legacies is dependent on establishing entitlement, the probability of receipt and the ability to estimate with sufficient accuracy the amount receivable. Evidence of entitlement to a legacy exists when the Charity has sufficient evidence that a gift has been left to them (through knowledge of the existence of a valid will and the death of the benefactor) and the executor is satisfied that the property in question will not be required to satisfy claims in the estate. Receipt of a legacy must be recognised when it is probable that it will be received and the fair value of the amount receivable, which will generally be the expected cash amount to be distributed to the Charity, can be reliably measured.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies (continued)

1.4 Government grants

Government grants, including Covid-19 related grants, are credited to the Statement of financial activities as the related expenditure is incurred.

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

1.6 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	-	2%
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1.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

1.10 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies (continued)

1.11 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

2. Income from donations and legacies

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Donations	7,000	37,286	44,286	40,205
Prison funding	4,012	-	4,012	3,214
Grants	-	10,000	10,000	500
Government grants	7,428	-	7,428	-
Hall income	5,285	-	5,285	20,937
	<u>23,725</u>	<u>47,286</u>	<u>71,011</u>	<u>64,856</u>
Total 2020	<u>24,151</u>	<u>40,705</u>	<u>64,856</u>	

3. Investment income

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Interest income	-	26	26	104
Total 2020	<u>16</u>	<u>88</u>	<u>104</u>	

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

4. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Expenditure on charitable activities	27,924	31,537	59,461	40,120
	<hr/>	<hr/>	<hr/>	<hr/>
Total 2020	12,227	27,893	40,120	
	<hr/>	<hr/>	<hr/>	

5. Analysis of expenditure by activities

	Activities undertaken directly 2021 £	Support costs 2021 £	Total funds 2021 £	Total funds 2020 £
Expenditure on charitable activities	27,841	31,620	59,461	40,120
	<hr/>	<hr/>	<hr/>	<hr/>
Total 2020	25,031	15,089	40,120	
	<hr/>	<hr/>	<hr/>	

Analysis of support costs

	Total funds 2021 £	Total funds 2020 £
Staff costs	12,717	12,227
Depreciation	16,373	-
Bank charges	266	410
Contribution to Head Office	2,264	2,452
	<hr/>	<hr/>
	31,620	15,089
	<hr/>	<hr/>

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

6. Independent examiner's remuneration

	2021	2020
	£	£
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	3,300	3,000

7. Staff costs

	2021	2020
	£	£
Wages and salaries	12,717	12,227

The average number of persons employed by the Charity during the year was as follows:

	2021	2020
	No.	No.
Employee	1	1

No employee received remuneration amounting to more than £60,000 in either year.

8. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £736).

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

9. Tangible fixed assets

	Freehold property £
Cost or valuation	
At 1 April 2020	818,651
At 31 March 2021	<u>818,651</u>
Depreciation	
At 1 April 2020	-
Charge for the year	16,373
At 31 March 2021	<u>16,373</u>
Net book value	
At 31 March 2021	<u><u>802,278</u></u>
At 31 March 2020	<u><u>818,651</u></u>

10. Debtors

	2021 £	2020 £
Due within one year		
Trade debtors	-	240
Other debtors	-	449
Prepayments and accrued income	9,128	239
	<u>9,128</u>	<u>928</u>

11. Creditors: Amounts falling due within one year

	2021 £	2020 £
Accruals	<u>5,070</u>	<u>6,912</u>

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

12. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
General Funds - all funds	75,329	47,312	(31,537)	91,104
	<hr/>	<hr/>	<hr/>	<hr/>
Restricted funds				
Hall development fund	822,677	12,713	(16,951)	818,439
Prison fund	2,488	4,012	(4,012)	2,488
Pears Foundation fund	-	7,000	(6,961)	39
	<hr/>	<hr/>	<hr/>	<hr/>
	825,165	23,725	(27,924)	820,966
	<hr/>	<hr/>	<hr/>	<hr/>
Total of funds	900,494	71,037	(59,461)	912,070
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
Unrestricted funds				
General Funds - all funds	45,698	40,623	(10,992)	75,329
	<hr/>	<hr/>	<hr/>	<hr/>
Restricted funds				
Hall development fund	829,956	20,953	(28,232)	822,677
Prison fund	-	3,384	(896)	2,488
	<hr/>	<hr/>	<hr/>	<hr/>
	829,956	24,337	(29,128)	825,165
	<hr/>	<hr/>	<hr/>	<hr/>
Total of funds	875,654	64,960	(40,120)	900,494
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

13. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
General funds	75,329	47,312	(31,537)	91,104
Restricted funds	825,165	23,725	(27,924)	820,966
	<u>900,494</u>	<u>71,037</u>	<u>(59,461)</u>	<u>912,070</u>

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
General funds	45,698	40,623	(10,992)	75,329
Restricted funds	829,956	24,337	(29,128)	825,165
	<u>875,654</u>	<u>64,960</u>	<u>(40,120)</u>	<u>900,494</u>

14. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	802,278	-	802,278
Current assets	18,688	96,174	114,862
Creditors due within one year	-	(5,070)	(5,070)
Total	<u>820,966</u>	<u>91,104</u>	<u>912,070</u>

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

14. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	818,650	1	818,651
Current assets	8,529	80,226	88,755
Creditors due within one year	(2,014)	(4,898)	(6,912)
Total	<u>825,165</u>	<u>75,329</u>	<u>900,494</u>

15. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income for the year (as per Statement of Financial Activities)	<u>11,576</u>	<u>24,840</u>
Adjustments for:		
Depreciation charges	16,373	-
Interest received	(26)	(104)
Increase in debtors	(8,200)	(928)
Decrease in creditors	(1,842)	(37,054)
Net cash provided by/(used in) operating activities	<u>17,881</u>	<u>(13,246)</u>

16. Analysis of cash and cash equivalents

	2021 £	2020 £
Cash in hand	105,734	87,827
Total cash and cash equivalents	<u>105,734</u>	<u>87,827</u>

NORTH LONDON SAMARITANS (INCORPORATING ENFIELD, HARINGEY AND BARNET SAMARITANS)
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

17. Analysis of changes in net debt

	At 1 April 2020	Cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	87,827	17,907	105,734
	<u>87,827</u>	<u>17,907</u>	<u>105,734</u>
	<u><u>87,827</u></u>	<u><u>17,907</u></u>	<u><u>105,734</u></u>