



Warwickshire Hearts  
(A Charitable Incorporated Organisation)

Report and Financial Statements  
for the Year Ending 28th April 2023

Charity number 1173425

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**Warwickshire Hearts**

## **Report of the Trustees and Executive Committee for the year ended April 2023**

The Trustees and Executive Committee present their report and financial statements for the financial year ended 30 April 2023

### **Attendees**

Helen Gregory: Steve Male; Hazel; Paull Rowlands; Tim Harrison; Tim Morrison; Mark Fenton; Ajay.

On the phone Alison: Jamie Ryan; Suzie.

Apologises: Judith Davidson; Vicky Larnar; Becki Coombes.

### **Reference and Administrative Information**

Charity Name: Warwickshire Hearts

Charity Registration number: 1173425

Registered Office: The Coach House, 7 St Gregorys Road, Stratford upon Avon, CV37 6UH

#### **Trustees:**

Mr Paul Rowlands Chair and Trustee

Mr Mark Fenton Treasurer & Trustee

Secretary & Trustee (Vacant)

Mrs Helen Gregory Trustee and CFR Co-ordinator

Dr Judith Davidson Trustee

Mr Tim Morris Trustee

#### **Executive Committee:**

Mr Jamie Ryan (Co-opted)

Bankers: CAF (Charitable Aid Foundation) Bank

## **Our Aims and Objectives**

### Purposes and Aims

The Purposes and Aims of the CIO are set out in the Charity's Constitution and have not changed since the Charity was set up. These are:

1. The provision of immediate medical care to any person involved in any medical emergency or injured in any accident in the area of Warwickshire or any area reasonably close thereto.
2. The preservation and protection of good health by the provision of first aid and emergency life support training to the general public and schools in Warwickshire or any area reasonably close thereto.
3. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

### Ensuring our work delivers our aims

The Executive Committee maintains a constant rolling review of our aims and objectives throughout the year. To date it has not felt they need to be changed.

This review looks at the success of each key activity in the 12 months of the financial year and the benefits brought to those we are set up to help. The chair reminded us Covid is still out there, and we still have some way to go to get back to previous levels of activity.

Our main objectives for the year continued to be the provision of immediate medical care and the delivery of emergency life support training to the community at large.

Taking the second objective first, whilst there has been an improvement since the last financial year in the level of activity on basic life support training in the community, we are still delivering only a small proportion of the sessions we were able to do in the past.

Our primary objective of the delivery of immediate medical care has improved throughout this year and is beginning to look something like the pre-pandemic arrangements, with newly trained CFR's completing their training with WMAS.

We have normally delivered this objective largely through the activities of our Community First Responder team.

This year we have begun to see an improvement in our ability to respond to 999 calls on behalf of WMAS. We have a number of keen and active new responders in place and they want to respond as much as possible.

## **Financial Review**

The main costs to the charity continue to be the running costs, insuring and maintaining the Response

Vehicle used by the CFRs and the rental costs for the unit we use to store our equipment. The provision of a second response car through the Charity 'Arrive Alive' is imminent which will impact the groups finances to have to insure two cars..

Income in the past has largely come from donations made as a result of our training activities and also from fund-raising activities such as the provision of events first aid and collections in supermarkets. Income has started to rise this last year, however, so has expenditure, largely as a result of the second car and the loss of previous support from Warwick Kia, who previously maintained the car at little or no cost, has now been sold and the arrangement has been terminated by the new owners.

We do not have a large reserve of funds from our activities, however the organisation currently remains financially viable, albeit that it has once again made a loss in this financial year.

We have not needed to apply for any capital grants or other external financial support during the period of this report but have we need to look for donations from Warwick Rotary, Kenilworth Rotary, Warwick Lions, Warwick Town Council, Leamington Spa Town Council and Kenilworth Town Council.

#### Plans for the future

It is our current view as Trustees that the Charity will need to concentrate on its first objective over the next couple of years in order to build its Community First Responder team back up to the point where it is both once again functioning as a team and has sufficient critical mass to be able to undertake other activities. There will also need to be significant effort put into fundraising in order to put the finances back into a position where income exceeds expenditure. The Charity needs to address the running of two cars, the replacement and the ageing Skoda Octavia in the near future, as maintenance costs are starting to become more of an issue as the car ages. The specialist electronics harness of an emergency vehicle fitted with warning lights and radio/ emergency despatch system (Terrafix) makes the maintenance costs higher than a normal car.

Despite all the difficulties outlined above, the Trustees are confident that the Charity has a good future and that the seeds of its recovery are beginning to sprout.

**Warwickshire Hearts**

## **Warwickshire Hearts**

### **Community First Responders Scheme Coordinators Report - 2023/24**

I would like to thank all the Trustees for their support over this year, it will be vital over the next 12 months for their ongoing support as the Scheme regroups, focuses, and takes on replacement CFR's.

During the year we have been available booking on and attending incidents on our community on behalf of West Midlands Ambulance Service. During the previous year there had been some difficulties at time due to the location of the car and this was resolved by the car being kept on a permanent basis at Stratford Fire Station, looked after by Mark Fenton.

Whilst this has caused some logistical issues it remains the best place due to security and accessibility currently. With regards to the future, we started looking at acquiring another car due to the age and condition of the present scheme car. This has now hopefully been resolved with a car being provided by Arrive Alive. This was due to have arrived at the end of 2023, but due to logistical issues with Arrive Alive's dealerships, the scheme hopes to take delivery of a new car at the end of February 2024.

There is then the issue of selling the old car.

We saw at the end of 2020 the number of active CFR's fall. The fall itself was a result of personal circumstances and WMAS recruitment embargo. The ongoing development of a new training course and qualification for CFR's has been implemented over the last 18 months and resulted in new CFRs have been recruited and undertaken their training. All new recruits once trained and having undertaken their 2 buddy shifts, will only be able to respond on the scheme car. There is also recruitment ongoing at present and we hope to recruit new CFRs from this recruitment drive.

There is presently training with all CFRs who had undertaken the FROS course in having to requalify every 3 years. The first of the groups CFRs will need to undertake this training in 2024. There are issues however with WMAS and training, as all new FROS courses and requalification FROS courses will only be run during weekdays Monday to Friday. This will inevitably mean that any future interested CFRs and any current CFRs may not be able to commit to this as it would mean them potentially using holiday to complete the training or in a job where dates are not compatible.

Over the last year the group has undertaken several events first aid cover, along with undertaking some BLS/AED training. The aim of group now needs to focus on replenishing the number of active CFRs before we can undertake further BLS/AED training in large numbers. With regards to future event first aid, we need to plan these carefully and have decided to undertake less of them which will enable us to provide a more professional coverage on those we do undertake and allow us to fully use our skill set. This has been built on over the last year,

although it proves challenging at times with limited numbers of CPRs to provide cover for the events.

The future, upon implementation of the new training and uplift of the skill sets will prove to be a great opportunity as well as a challenge, whilst rebuilding the group.

Helen Gregory

Scheme Coordinator Warwickshire Hearts

## Warwickshire Hearts

### Accounts for period 1st May 2022 to 30th April 2023

#### Income and Expenditure account

##### Income

	Total 1.5.22 to 30.04.23	Total 1.5.21 to 30.4.22
Donations	1355.00	772.40
Event Income	565.00	450.00
Grants		
Other Income	12.95	11.75
<b>Total Income</b>	<b>1932.95</b>	<b>1234.15</b>

##### Expenditure

Equipment	0.00	0.00
Uniform	0.00	0.00
Consumables	539.83	643.13
Insurance	780.00	380.00
Admin	1013.31	731.81
Website	0.00	0.00
Car Expenses	1149.42	2375.76



Event Expenses	0.00	236.37
Depreciation	376.96	670.15
<b>Total expenses</b>	<b>3,859.52</b>	<b>5,037.22</b>
<b>Balance of Income over Expenditure</b>	<b>-1,926.57</b>	<b>-3,803.07</b>

**Warwickshire Hearts**

Accounts for period 1st May 2022 to 30th April 2023

**Balance sheet as at 30th April 2023**

<b>Fixed Assets</b>	<b>Net Book Value at 30.4.23 30.4.23</b>	<b>Net Book Value at 30.4.22</b>
Skoda	1507.84	2010.45
<b>Current Assets</b>		
CAF Bank current a/c	1266.95	954.76
CAF Bank deposit a/c	4484.33	5151.47
Cash	0.00	0.00
Debtors	0.00	0.00
	<b>5751.28</b>	<b>6106.23</b>
<b>Current Liabilities</b>		
Creditors	0.00	
<b>Balance of Assets over Liabilities</b>	<b>7761.73</b>	<b>8116.68</b>

**Basis of accounting**

The accounts are prepared using a cash basis, i.e. income and expenses are included as they occur and are not apportioned over a period.

**Fixed Assets**

Fixed assets are stated at cost less accumulated depreciation. Assets costing less than £1000 are not capitalised. Depreciation is calculated to write off the cost of the asset over 4 years, except for vehicles where the depreciation is calculated on a reducing balance basis at 25% of the year end valuation.

**Depreciation**

Net Book Value of response vehicle at 30.4.2023

1507.84

Depreciation for the year      376.96

Net Book Value of response vehicle at 30.4.2022

2010.45

Depreciation for the year      502.61

**Trustee Remuneration and Related Party Transactions**

No trustees received any remuneration during the year or claimed any personal expenses. No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

**Taxation**

As a charity, Warwickshire Hearts is exempt from tax in income or gains if they are used to fund its charitable objects. No tax charges have arisen in the charity.

**Auditing**

The charity is not required to have the accounts audited or independently examined as the total income this year is below £25000.

These accounts are prepared in accordance with the Charity Commissions Statement of Recommended Practice.

Mark Fenton  
Community First responder/Treasurer  
Warwickshire Hearts  
20.02.2024

## Trustees

Name	Role	Length of Term remaining	Due for election?
Paul Rowlands	Trustee / Chairperson	2 years	No
Helen Gregory	Trustee / Coordinator		Yes
Mark Fenton	Trustee / Treasurer	2 years	No
Judith Davidson	Trustee	2 years	No
Tim Morris	Trustee	2 years	No

Only one Trustee was up for re-election, Helen Gregory.

The chair nominated Helen Gregory, this was seconded by Steve Male.

The chair recommended the minutes of the last meeting, which were seconded by Helen Gregory

The accounts were proposed by Mark Fenton and seconded by Paul Rowlands.

No further topics were raised and the meeting formally concluded at 19.30