

# TADS (THERAPIES FOR ANXIETY, DEPRESSION AND STRESS)

England & Wales · Charity number 1173392

## Details

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Other names	TADS, TADS (THERAPIES FOR ANXIETY, DEPRESSION AND STRESS, Hey! The Mental Health Charity For Children and Young People
Status	Registered
Legal form	CIO
Registered	2017-06-13
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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**Address** Hey! The Mental Health Charity  
Beechurst House  
189 Sheffield Road  
Barnsley  
South Yorkshire  
S70 4DE

**Phone** 01226872120

**Email** [admin@tadsbarnsley.co.uk](mailto:admin@tadsbarnsley.co.uk)

**Website** [www.heyletstalk.org](http://www.heyletstalk.org)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF PSYCHOLOGICAL HEALTH AND THE RELIEF OF NEED AND SUFFERING, IN EACH CASE AMONGST CHILDREN AND ADULTS, THROUGH THE RELIEF OF ANXIETY, DEPRESSION AND STRESS.

**Activities:** We are a mental health charity based in Barnsley, we have a team of staff and volunteers who support 5 to 25 year olds with mental health issues. The charity works within Schools, Colleges and through funders offers young people the following services...WellbeingPlay TherapyCounsellingLGBTQ support

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Barnsley
- Kirklees

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-09-30		-	-	-
2023-09-30		-	-	-
2022-09-30		-	-	-
2021-09-30	£59,688	£143,508		-
2020-09-30	£169,345	£130,753		-
2019-09-30	£184,258	£126,850		-
2018-09-30	£144,005	£113,426		-

## Trustees

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Name	Role	Appointed
<b>Councillor Joe Hayward</b>	Chair	2020-02-03
Balvinder Virk		2022-05-19
Thomas Jack Brennan		2018-04-09

**TADS (THERAPIES FOR ANXIETY, DEPRESSION AND STRESS)**

England & Wales - Charity number 1173392

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# Accounts

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REGISTERED COMPANY NUMBER: CE011050 (England and Wales)  
REGISTERED CHARITY NUMBER: 1173392

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 30 September 2021  
for  
TADS (Therapies for anxiety, depression  
and stress)**

Harris & Co Limited  
Chartered Accountants  
Marland House  
13 Huddersfield Road  
Barnsley  
South Yorkshire  
S70 2LW

**TADS (Therapies for anxiety, depression  
and stress)**

**Contents of the Financial Statements  
for the Year Ended 30 September 2021**

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**TADS (Therapies for anxiety, depression  
and stress)**

**Reference and Administrative Details  
for the Year Ended 30 September 2021**

<b>TRUSTEES</b>	T J Brennan A Lubelski (resigned 30/8/2021) J Hayward E Shaw (appointed 6/1/2021) (resigned 31/1/2022)
<b>REGISTERED OFFICE</b>	Beechurst House 189 Sheffield Road Barnsley South Yorkshire S70 4DE
<b>REGISTERED COMPANY NUMBER</b>	CE011050 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1173392
<b>INDEPENDENT EXAMINER</b>	Harris & Co Limited Chartered Accountants Marland House 13 Huddersfield Road Barnsley South Yorkshire S70 2LW

**TADS (Therapies for anxiety, depression  
and stress)**

**Report of the Trustees  
for the Year Ended 30 September 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year to 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The principle objective of TADS (Therapies for Anxiety, Depression and Stress) is the preservation and protection of psychological health and the relief of need and suffering, in each case amongst children and adults, through the relief of anxiety, depression and stress. The aims of the charity are:

- To encourage and improve the growth, development, inclusion and psychological health of vulnerable children and adults into mainstream society through the benefits of complementary therapies.
- To advance the education of parents/carers and users of the service by teaching them simple complementary therapy skills with the objective of improving their condition of life and the promotion of their psychological wellbeing.

**Public benefit**

In shaping the objectives for the year, the Trustees have paid due regard to the public benefit guidance published by the Charity Commission.

**TADS (Therapies for anxiety, depression  
and stress)**

**Report of the Trustees  
for the Year Ended 30 September 2021**

**ACHIEVEMENT AND PERFORMANCE**

TADS has undergone a full reconstruction following Covid 19. The Charity needed to become more tech savvy and a new manager was appointed to reopen the organisation following lockdown. This manager was shortly replaced by another and November 2020 saw the appointment of our new chief executive.

TADS was successful in achieving an IT grant with SYCF which allowed for new laptops to be purchased along with tablets to allow staff to provide face to face support as the pandemic continued to cause havoc with Covid guidelines, the rule of 6 and isolation.

Within two weeks of the grant landing from SYCF over 100 children were able to access vital mental health support online. A specialist was brought in to implement One Drive, shared files and this was the start of the organisation going paperless.

Our Chief Executive welcomed a Deputy in December of 2020 and between them they have reviewed all policies and procedures and implemented structured training to provide a high end service tailored to our service users. A HR consultant and training provider reviewed existing policies and the Chair of Trustees - Joe Hayward, welcomed the creation of new documents and a skilled workforce.

All policies are now up to date and all staff and trustees are now paediatric and adult first aid trained. Management welcomed staff to participate in additional qualifications and the organisation saw staff advance in ASD qualifications. A further two individuals joined TADS with higher qualifications to offer Play Therapy and Counselling at a higher level. The organisation was then able to see the advance from low level intervention to Tier 3 support.

TADS then needed to focus on funding avenues. The National Lottery application was reviewed and work was done to ensure continuation of previous funds. This application has taken some time and given the change in staff and management was not completed during this accounting period.

The Dearne area welcomed continued support and this has covered some resources, staff wages and delivered support to eight schools in the area.

In August 2021 a further grant from Awards For All, allowed for further IT resources to be purchased, this has given a further 8 laptops, stationary, laminator and cross shredders to be bought for the premises. This has allowed staff and young people to operate more efficiently and has created an IT hub for the organisation to use.

Further grants from Shaw Lands Trust, Mayoral Funds and donations have paid sessional staff to carry out further face to face and online support.

Management and Trustees made the decision to try and make the organisation more self sufficient and our offerings to schools was enhanced with specialist support staff, delivering a buy in service which saw over 20+ schools take the opportunity to buy mental health support for students.

The organisation has changed dramatically since Covid 19 and the charity is now beginning to thrive with a highly skilled workforce and driven management. The organisation has made plans to develop in 2021-2022, with several large funding applications in the pipeline to support the growing demand for mental health support for young people in Barnsley.

**FINANCIAL REVIEW**

**Financial position**

The financial statements are set out in pages 6 to 18. The Statement of Financial Activities shows a net income/(expenditure) for the year of (£83,820) (2020: £38,592). Total funds as at 30 September 2021 stand at £59,970 (2020: £143,790) which is made up of £42,035 (2020: £84,132) unrestricted funds and £17,935 (2020: £59,658) restricted funds.

**TADS (Therapies for anxiety, depression  
and stress)**

**Report of the Trustees  
for the Year Ended 30 September 2021**

**FINANCIAL REVIEW**

**Reserves policy**

The Trustees recognise the need to keep reserves at a level which will give the organisation stability to enable it to continue to operate in the future and meet all statutory obligations in the event of winding up. The Trustees aim to maintain an unrestricted reserve in the region of £35,877 at any one time which is equivalent to approximately 3 months running costs. At the year end the actual level of unrestricted reserves held was £42,035 (2020: £84,132).

**FUTURE PLANS**

Tads is currently looking to secure further funding for 2021/2022 by corporate sponsors, small grants and through self generated income from schools. The charity will also continue to pursue larger grants as well as offering even more schools the option to purchase our services in house.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

TADS (Therapies for Anxiety, Depression and Stress) is a Charitable Incorporated Organisation (CIO), incorporated on 13 June 2017 and registered as a charity (1173392). The CIO was formed under charity law and is governed by its constitution.

The charity is managed by a Management Committee of not less than three individuals (the Trustees) who are elected at the Annual General Meeting. Each new trustee is given a copy of the constitution and the latest trustees annual report and accounts, on or before appointment. The Trustees may co-opt up the three individuals onto the committee in an advisory and non-voting capacity to help fulfil the aims of TADS.

Membership of TADS is open to any individual without regards to disability, political or religious affiliation, race, sex or sexual orientation who is interested in helping TADS achieve its aims, willing to abide by the rules and willing to pay any subscription agreed by the Management Committee.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Financial risk is minimised by closely monitoring the financial position and level of reserves and through a system of internal financial controls. For other areas the charity has a risk management policy which is reviewed regularly by the Trustees. Safeguarding policies are in place and risk assessments are carried out for all activities.

Approved by order of the board of trustees on 28 July 2022 and signed on its behalf by:

Trustee *J. Hayward* - J. HAYWARD  
CHAIR OF TRUSTEES

**Independent Examiner's Report to the Trustees of  
TADS (Therapies for anxiety, depression  
and stress)**

**Independent examiner's report to the trustees of TADS (Therapies for anxiety, depression and stress)  
(‘the Company’)**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nichola Hawden  
ACA CTA  
Harris & Co Limited  
Chartered Accountants  
Marland House  
13 Huddersfield Road  
Barnsley  
South Yorkshire  
S70 2LW

28 July 2022

**TADS (Therapies for anxiety, depression  
and stress)**

**Statement of Financial Activities  
for the Year Ended 30 September 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations		4,869	-	4,869	12,864
<b>Charitable activities</b>					
Therapies		30,855	-	30,855	15,651
Grant income		1,000	22,964	23,964	140,830
<b>Total</b>		<u>36,724</u>	<u>22,964</u>	<u>59,688</u>	<u>169,345</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Therapies	3	45,037	35,567	80,604	67,199
Other		33,784	29,120	62,904	63,554
<b>Total</b>		<u>78,821</u>	<u>64,687</u>	<u>143,508</u>	<u>130,753</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(42,097)</u>	<u>(41,723)</u>	<u>(83,820)</u>	<u>38,592</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		84,132	59,658	143,790	105,198
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>42,035</u></u>	<u><u>17,935</u></u>	<u><u>59,970</u></u>	<u><u>143,790</u></u>

**CONTINUING OPERATIONS**

The Statement of Financial Activities includes all gains and losses in the period and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts related to continuing activities.

The notes form part of these financial statements

**TADS (Therapies for anxiety, depression  
and stress)**

**Balance Sheet  
30 September 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	10	5,484	(920)	4,564	798
<b>CURRENT ASSETS</b>					
Debtors	11	14,676	-	14,676	8,731
Cash at bank and in hand		26,234	21,097	47,331	136,569
		<u>40,910</u>	<u>21,097</u>	<u>62,007</u>	<u>145,300</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(4,357)	(2,244)	(6,601)	(2,308)
		<u>36,553</u>	<u>18,853</u>	<u>55,406</u>	<u>142,992</u>
<b>NET CURRENT ASSETS</b>					
		<u>42,037</u>	<u>17,933</u>	<u>59,970</u>	<u>143,790</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>42,037</u>	<u>17,933</u>	<u>59,970</u>	<u>143,790</u>
<b>NET ASSETS</b>					
		<u>42,037</u>	<u>17,933</u>	<u>59,970</u>	<u>143,790</u>
<b>FUNDS</b>					
	13				
Unrestricted funds				42,037	84,132
Restricted funds				17,933	59,658
				<u>59,970</u>	<u>143,790</u>
<b>TOTAL FUNDS</b>					
				<u>59,970</u>	<u>143,790</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TADS (Therapies for anxiety, depression  
and stress)

Balance Sheet - continued  
30 September 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 July 2022 and were signed on its behalf by:

Trustee

*J Hayward* - J HAYWARD  
CHAIR OF TRUSTEES

The notes form part of these financial statements

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements  
for the Year Ended 30 September 2021**

**1. STATUTORY INFORMATION**

TADS (Therapies for Anxiety, Depression and Stress) is a Charitable Incorporated Organisation (CIO), registered in England and Wales. The company's registered number and registered office address can be found on the company information page.

The presentation and functional currency of the financial statements in the Pound Sterling (£).

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)'. The financial statements have been prepared on a going concern basis under the historical cost convention.

The trustees aim to maintain unrestricted reserves of approximately 3 months operating costs, as noted in the report of the trustees the reserves at the year ended 30 September 2021 exceed this target despite the current year deficit of £83,820. The trustees' strategy has been to develop the charity to enable it to provide more services to meet local demand by investing in the charities systems and processes and rebranding, this was done by utilising excess unrestricted reserves resulting in the deficit in the year, on this basis, the trustees consider that it is appropriate to prepare the company's financial statements on a going concern basis.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost straight line
Computer equipment	- 25% on cost straight line

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**2. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**3. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 4) £	Support costs (see note 5) £	Totals £
Therapies	80,604	-	80,604

**4. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2021 £	2020 £
Staff costs	61,697	63,104
Advertising	13,000	214
Activities and events	1,862	687
Sessional staff	3,904	3,079
Volunteer costs	141	115
	<u>80,604</u>	<u>67,199</u>

**5. SUPPORT COSTS**

Other resources expended	Manageme £ <u>62,904</u>
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**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	1,718	347
Independent examination fees	<u>1,020</u>	<u>1,020</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 September 2021 nor for the year ended 30 September 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2020.

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**8. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2021	2020
Charitable Activity Staff	8	6
Support Work Staff	1	2
	9	8
	9	8

No employees received emoluments in excess of £60,000.

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations	12,864	-	12,864
<b>Charitable activities</b>			
Therapies	15,651	-	15,651
Grant income	10,000	130,830	140,830
	38,515	130,830	169,345
<b>Total</b>	38,515	130,830	169,345
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Therapies	5,824	61,375	67,199
Other	1,068	62,486	63,554
	6,892	123,861	130,753
<b>Total</b>	6,892	123,861	130,753
<b>NET INCOME</b>	31,623	6,969	38,592
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	52,509	52,689	105,198
	84,132	59,658	143,790
<b>TOTAL FUNDS CARRIED FORWARD</b>	84,132	59,658	143,790

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**10. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 October 2020	1,735	-	1,735
Additions	-	5,484	5,484
	<u>1,735</u>	<u>5,484</u>	<u>7,219</u>
At 30 September 2021			
<b>DEPRECIATION</b>			
At 1 October 2020	937	-	937
Charge for year	347	1,371	1,718
	<u>1,284</u>	<u>1,371</u>	<u>2,655</u>
At 30 September 2021			
<b>NET BOOK VALUE</b>			
At 30 September 2021	<u>451</u>	<u>4,113</u>	<u>4,564</u>
At 30 September 2020	<u>798</u>	<u>-</u>	<u>798</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade debtors	13,625	7,800
Prepayments and accrued income	1,051	931
	<u>14,676</u>	<u>8,731</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade creditors	2,374	-
Social security and other taxes	2,543	694
Pension control account	664	594
Accruals and deferred income	1,020	1,020
	<u>6,601</u>	<u>2,308</u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**13. MOVEMENT IN FUNDS**

	At 1/10/20 £	Net movement in funds £	At 30/9/21 £
<b>Unrestricted funds</b>			
General fund	84,132	(42,095)	42,037
<b>Restricted funds</b>			
Big Lottery	21,248	(21,248)	-
Coalfields Regeneration Trust	525	-	525
Carriers for Causes	19	-	19
Dan's Fund	510	-	510
BMBC Dearne Young People's Wellbeing	4,342	(3,090)	1,252
Paul Hamlyn Foundation	3,653	(2,608)	1,045
SYCF - Molly Fund	1,487	-	1,487
BMBC - Dearne Central Area	8,864	(4,977)	3,887
BMBC - Dearne South Area	814	(814)	-
Awards For All	1,387	6,154	7,541
National Lottery Uplift Grant	15,291	(15,291)	-
SYCF - Utilities	1,518	(1,518)	-
SYCF - Computers	-	1,667	1,667
	<u>59,658</u>	<u>(41,725)</u>	<u>17,933</u>
<b>TOTAL FUNDS</b>	<u>143,790</u>	<u>(83,820)</u>	<u>59,970</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	36,724	(78,819)	(42,095)
<b>Restricted funds</b>			
Big Lottery	-	(21,248)	(21,248)
BMBC Dearne Young People's Wellbeing	-	(3,090)	(3,090)
Paul Hamlyn Foundation	-	(2,608)	(2,608)
BMBC - Dearne Central Area	9,601	(14,578)	(4,977)
BMBC - Dearne South Area	-	(814)	(814)
Awards For All	8,500	(2,346)	6,154
National Lottery Uplift Grant	-	(15,291)	(15,291)
SYCF - Utilities	-	(1,518)	(1,518)
SYCF - Computers	4,863	(3,196)	1,667
	<u>22,964</u>	<u>(64,689)</u>	<u>(41,725)</u>
<b>TOTAL FUNDS</b>	<u>59,688</u>	<u>(143,508)</u>	<u>(83,820)</u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**13. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1/10/19 £	Net movement in funds £	At 30/9/20 £
<b>Unrestricted funds</b>			
General fund	52,509	31,623	84,132
<b>Restricted funds</b>			
Big Lottery	11,365	9,883	21,248
Coalfields Regeneration Trust	7,737	(7,212)	525
BMBC Carers Grant	312	(312)	-
Carriers for Causes	19	-	19
Dan's Fund	510	-	510
BMBC Dearne Young People's Wellbeing	5,510	(1,168)	4,342
Paul Hamlyn Foundation	15,468	(11,815)	3,653
SYCF - Molly Fund	3,058	(1,571)	1,487
BMBC - Dearne Central Area	636	8,228	8,864
BMBC - Dearne South Area	1,028	(214)	814
Awards For All	7,046	(5,659)	1,387
National Lottery Uplift Grant	-	15,291	15,291
SYCF - Utilities	-	1,518	1,518
	<u>52,689</u>	<u>6,969</u>	<u>59,658</u>
<b>TOTAL FUNDS</b>	<u>105,198</u>	<u>38,592</u>	<u>143,790</u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**13. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	38,515	(6,892)	31,623
<b>Restricted funds</b>			
Big Lottery	65,415	(55,532)	9,883
Coalfields Regeneration Trust	-	(7,212)	(7,212)
Dearne Working Together Fund	7,956	(7,956)	-
BMBC Carers Grant	-	(312)	(312)
BMBC Dearne Young People's Wellbeing	-	(1,168)	(1,168)
Paul Hamlyn Foundation	(1)	(11,814)	(11,815)
SYCF - Molly Fund	(1)	(1,570)	(1,571)
BMBC - Dearne Central Area	15,000	(6,772)	8,228
BMBC - Dearne South Area	2,055	(2,269)	(214)
Awards For All	(1)	(5,658)	(5,659)
National Lottery Uplift Grant	31,943	(16,652)	15,291
SYCF - Utilities	1,961	(443)	1,518
HMRC - Job Retention Scheme	6,503	(6,503)	-
	<u>130,830</u>	<u>(123,861)</u>	<u>6,969</u>
<b>TOTAL FUNDS</b>	<u>169,345</u>	<u>(130,753)</u>	<u>38,592</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/10/19 £	Net movement in funds £	At 30/9/21 £
<b>Unrestricted funds</b>			
General fund	52,509	(10,472)	42,037
<b>Restricted funds</b>			
Big Lottery	11,365	(11,365)	-
Coalfields Regeneration Trust	7,737	(7,212)	525
BMBC Carers Grant	312	(312)	-
Carriers for Causes	19	-	19
Dan's Fund	510	-	510
BMBC Dearne Young People's Wellbeing	5,510	(4,258)	1,252
Paul Hamlyn Foundation	15,468	(14,423)	1,045
SYCF - Molly Fund	3,058	(1,571)	1,487
BMBC - Dearne Central Area	636	3,251	3,887
BMBC - Dearne South Area	1,028	(1,028)	-
Awards For All	7,046	495	7,541
SYCF - Computers	-	1,667	1,667
	<u>52,689</u>	<u>(34,756)</u>	<u>17,933</u>
<b>TOTAL FUNDS</b>	<u>105,198</u>	<u>(45,228)</u>	<u>59,970</u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	75,239	(85,711)	(10,472)
<b>Restricted funds</b>			
Big Lottery	65,415	(76,780)	(11,365)
Coalfields Regeneration Trust	-	(7,212)	(7,212)
Dearne Working Together Fund	7,956	(7,956)	-
BMBC Carers Grant	-	(312)	(312)
BMBC Dearne Young People's Wellbeing	-	(4,258)	(4,258)
Paul Hamlyn Foundation	(1)	(14,422)	(14,423)
SYCF - Molly Fund	(1)	(1,570)	(1,571)
BMBC - Dearne Central Area	24,601	(21,350)	3,251
BMBC - Dearne South Area	2,055	(3,083)	(1,028)
Awards For All	8,499	(8,004)	495
National Lottery Uplift Grant	31,943	(31,943)	-
SYCF - Utilities	1,961	(1,961)	-
HMRC - Job Retention Scheme	6,503	(6,503)	-
SYCF - Computers	4,863	(3,196)	1,667
	<u>153,794</u>	<u>(188,550)</u>	<u>(34,756)</u>
<b>TOTAL FUNDS</b>	<u>229,033</u>	<u>(274,261)</u>	<u>(45,228)</u>

**14. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30 September 2021.

**15. RESTRICTED FUNDS**

- Big Lottery - This grant commenced on October 2015 and is a five year grant. It is to fund the full-time Project Manager and two part-time clerical/admin workers. The grant also covers recruitment costs, general running expenses, training, travel, sessional workers, consultancy and advise, volunteer costs, insurance, complimentary therapy costs, office equipment and other overheads.

- BMBC Carers Grant - A grant to provide complimentary therapy sessions to parents/carers of children and young people with disabilities.

- BMBC Dearne Young Peoples Well-being - This is a grant from Barnsley Metropolitan Borough Council and is part of the Dearne Well-being Project to help fund therapy sessions for young people in the Dearne Area.

- Paul Hamlyn Foundation - This is a two year grant which is to help fund the Young People Centre Project. It is to cover costs such as rent, rates and water, electricity, cleaning costs and insurance.

- Coalfields Regeneration Trust - A grant to provide therapeutic counselling, including the cost of a part-time trainee counsellor and associated training costs as well as counselling supervision costs for a qualified counsellor.

- Carriers for Causes - A grant to help purchase a TV and gaming equipment.

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2021**

**15. RESTRICTED FUNDS - continued**

- Dan's Fund - This is restricted donations from the family of a young volunteer who took his own life, aged 18 years.
- SYCF Molly Fund - A grant to enable TADS to provide 1:1 counselling sessions with young people aged 11 - 25.
- BMBC Dearne Central Area - This is a grant to provide 1:1 counselling sessions in two Central Barnsley secondary schools and associated primaries.
- BMBC Dearne South Area - A grant to enable TADS to provide 1:1 counselling sessions with children in Wombwell.
- Awards For All - This is a grant to pay for a counsellor to work with 18 - 30 year olds.
- National Lottery Uplift Grant - This grant was provided as part of the National Lottery's emergency COVID funding to help support the charity to continue to operate and support those in need during the global pandemic.
- SYCF Utilities - This grant is to cover the costs of heating and lighting.
- SYCF Computers - A grant to enable TADS to purchase some new IT equipment.

**TADS (Therapies for anxiety, depression  
and stress)**

**Detailed Statement of Financial Activities  
for the Year Ended 30 September 2021**

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations</b>		
Donations	4,869	12,864
<b>Charitable activities</b>		
Therapies	30,855	15,651
Grants	9,500	97,357
Local government grants	14,464	43,473
	<u>54,819</u>	<u>156,481</u>
<b>Total incoming resources</b>	59,688	169,345
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	60,268	59,962
Social security	-	1,554
Pensions	1,429	1,588
Advertising	13,000	214
Activities and events	1,862	687
Sessional staff	3,904	3,079
Volunteer costs	141	115
	<u>80,604</u>	<u>67,199</u>
<b>Support costs</b>		
<b>Management</b>		
Wages	30,877	31,628
Social security	-	1,601
Pensions	542	932
Rates and water	6,986	13,797
Insurance	1,173	1,142
Light and heat	1,120	1,592
Telephone	1,358	728
Postage and stationery	444	510
Sundries	1,671	599
Accountancy fees	2,538	3,049
Repairs	1,539	879
Computer costs	782	603
Staff training & recruitment	2,009	1,079
Legal and professional fees	10,147	5,068
Depreciation of tangible and heritage assets	1,718	347
	<u>62,904</u>	<u>63,554</u>
<b>Total resources expended</b>	143,508	130,753
<b>Net (expenditure)/income</b>	<u>(83,820)</u>	<u>38,592</u>

This page does not form part of the statutory financial statements

**TADS (THERAPIES FOR ANXIETY, DEPRESSION AND STRESS)**

England & Wales - Charity number 1173392

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# Accounts

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**REGISTERED COMPANY NUMBER: CE011050 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1173392**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 30 September 2020**  
**for**  
**TADS (Therapies for anxiety, depression**  
**and stress)**

Harris & Co Limited  
Chartered Accountants  
Marland House  
13 Huddersfield Road  
Barnsley  
South Yorkshire  
S70 2LW

**TADS (Therapies for anxiety, depression  
and stress)**

**Contents of the Financial Statements  
for the Year Ended 30 September 2020**

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**TADS (Therapies for anxiety, depression  
and stress)**

**Reference and Administrative Details  
for the Year Ended 30 September 2020**

<b>TRUSTEES</b>	D Foster (resigned 4/2/2020) T J Brennan D Gough (resigned 31/3/2020) A Lubelski D Sheard (appointed 8/4/2020) (resigned 30/6/2020) J Hayward (appointed 3/2/2020) A Toy (appointed 2/2/2020) (resigned 30/9/2020) R Burley (appointed 1/10/2019) (resigned 31/3/2020)
<b>REGISTERED OFFICE</b>	Beechurst House 189 Sheffield Road Barnsley South Yorkshire S70 4DE
<b>REGISTERED COMPANY NUMBER</b>	CE011050 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1173392
<b>INDEPENDENT EXAMINER</b>	Harris & Co Limited Chartered Accountants Marland House 13 Huddersfield Road Barnsley South Yorkshire S70 2LW

# **TADS (Therapies for anxiety, depression and stress)**

## **Report of the Trustees for the Year Ended 30 September 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year to 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

The principle objective of TADS (Therapies for Anxiety, Depression and Stress) is the preservation and protection of psychological health and the relief of need and suffering, in each case amongst children and adults, through the relief of anxiety, depression and stress. The aims of the charity are:

- To encourage and improve the growth, development, inclusion and psychological health of vulnerable children and adults into mainstream society through the benefits of complementary therapies.
- To advance the education of parents/carers and users of the service by teaching them simple complementary therapy skills with the objective of improving their condition of life and the promotion of their psychological wellbeing.

#### **Public benefit**

In shaping the objectives for the year, the Trustees have paid due regard to the public benefit guidance published by the Charity Commission.

### **ACHIEVEMENT AND PERFORMANCE**

The last twelve months have been incredibly trying for TADS, our main funding source came to it's end, we had many staff changes and then of course there was the unprecedented global pandemic that took the world by shock and changed everyones lives.

The National Lottery funding was to end in October 2020 and from September 2019 we have been putting together the best possible new application to ensure that we can stay open and continue to support the young people and families of Barnsley. In February 2020 we were accepted on to the next stage of the funding round but unfortunately in March 2020 the National Lottery pulled all of their funding streams to focus on Covid emergency funding, thus leaving TADS with a gaping hole for funds from October 2019.

The National Lottery threw us a lifeline with their Uplift Grant (emergency Covid funding). They granted us almost £32,000 to help us survive 6 months of Covid restricted activity, which was mainly online support. This allowed us to pause the use of our current grants to resume after this funding had been used. We currently have an ongoing application with the National Lottery and hope to secure further funding to help us continue.

I wish to thank you all for being part of this journey and for the commitment you have shown to the organisation.

We are now working in partnership with the following:

- South Yorkshire Community Foundation
- BSARC
- Creative Recovery
- Plus Me
- BMBC Area Integrated Care Teams
- Barnsley CVS
- Samaritans
- Liam Jones Legacy
- YMCA
- Improving Partnership Working CYP EWB - joint statutory and voluntary organisations for cyp

**TADS (Therapies for anxiety, depression  
and stress)**

**Report of the Trustees  
for the Year Ended 30 September 2020**

**FINANCIAL REVIEW**

**Financial position**

The financial statements are set out in pages 6 to 18. The Statement of Financial Activities shows a net income for the year of £38,592 (2019: £57,408). Total funds as at 30 September 2020 stand at £143,790 (2019: £105,198) which is made up of £84,132 (2019: £52,508) unrestricted funds and £59,658 (2019: £52,690) restricted funds.

**Reserves policy**

The Trustees recognise the need to keep reserves at a level which will give the organisation stability to enable it to continue to operate in the future and meet all statutory obligations in the event of winding up. The Trustees aim to maintain an unrestricted reserve in the region of £32,690 at any one time which is equivalent to approximately 3 months running costs. At the year end the actual level of unrestricted reserves held was £84,132 (2019: £52,508).

**FUTURE PLANS**

National Lottery Funding - We have gathered together all the evidence we have gained over the last four years and have hopefully wrote a winning application to the National Lottery to fund a further 3 or 5 years. We had a lengthy meeting with our Grant Manager, Ellen Cross around what information was required for stage 2 of the application process and we are confident we have done all we can.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

TADS (Therapies for Anxiety, Depression and Stress) is a Charitable Incorporated Organisation (CIO), incorporated on 13 June 2017 and registered as a charity (1173392). The CIO was formed under charity law and is governed by its constitution.

The charity is managed by a Management Committee of not less than three individuals (the Trustees) who are elected at the Annual General Meeting. Each new trustee is given a copy of the constitution and the latest trustees annual report and accounts, on or before appointment. The Trustees may co-opt up the three individuals onto the committee in an advisory and non-voting capacity to help fulfil the aims of TADS.

Membership of TADS is open to any individual without regards to disability, political or religious affiliation, race, sex or sexual orientation who is interested in helping TADS achieve its aims, willing to abide by the rules and willing to pay any subscription agreed by the Management Committee.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Financial risk is minimised by closely monitoring the financial position and level of reserves and through a system of internal financial controls. For other areas the charity has a risk management policy which is reviewed regularly by the Trustees. Safeguarding policies are in place and risk assessments are carried out for all activities.

Approved by order of the board of trustees on 16 July 2021 and signed on its behalf by:



Emma Shaw 26.7.2021

Trustee

**Independent Examiner's Report to the Trustees of  
TADS (Therapies for anxiety, depression  
and stress)**

**Independent examiner's report to the trustees of TADS (Therapies for anxiety, depression and stress)  
(‘the Company’)**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2020.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act;  
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nichola Hawden  
ACA CTA  
Harris & Co Limited  
Chartered Accountants  
Marland House  
13 Huddersfield Road  
Barnsley  
South Yorkshire  
S70 2LW

16 July 2021

**TADS (Therapies for anxiety, depression  
and stress)**

**Statement of Financial Activities  
for the Year Ended 30 September 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations		12,864	-	12,864	5,467
<b>Charitable activities</b>					
Therapies		15,651	-	15,651	29,025
Grant income		10,000	130,830	140,830	149,487
Other trading activities	3	-	-	-	150
Other income		-	-	-	129
<b>Total</b>		38,515	130,830	169,345	184,258
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Therapies	4	5,824	61,375	67,199	61,853
Other		1,068	62,486	63,554	64,997
<b>Total</b>		6,892	123,861	130,753	126,850
<b>NET INCOME</b>		31,623	6,969	38,592	57,408
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		52,509	52,689	105,198	47,790
<b>TOTAL FUNDS CARRIED FORWARD</b>		84,132	59,658	143,790	105,198

**CONTINUING OPERATIONS**

The Statement of Financial Activities includes all gains and losses in the period and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts related to continuing activities.

The notes form part of these financial statements

**TADS (Therapies for anxiety, depression  
and stress)**

**Balance Sheet  
30 September 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	11	-	798	798	1,145
<b>CURRENT ASSETS</b>					
Debtors	12	7,800	931	8,731	13,369
Cash at bank and in hand		76,332	60,237	136,569	93,289
		<u>84,132</u>	<u>61,168</u>	<u>145,300</u>	<u>106,658</u>
<b>CREDITORS</b>					
Amounts falling due within one year	13	-	(2,308)	(2,308)	(2,605)
		<u>84,132</u>	<u>58,860</u>	<u>142,992</u>	<u>104,053</u>
<b>NET CURRENT ASSETS</b>					
		<u>84,132</u>	<u>59,658</u>	<u>143,790</u>	<u>105,198</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>84,132</u>	<u>59,658</u>	<u>143,790</u>	<u>105,198</u>
<b>NET ASSETS</b>					
		<u>84,132</u>	<u>59,658</u>	<u>143,790</u>	<u>105,198</u>
<b>FUNDS</b>					
Unrestricted funds	14			84,132	52,509
Restricted funds				59,658	52,689
<b>TOTAL FUNDS</b>					
				<u>143,790</u>	<u>105,198</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**TADS (Therapies for anxiety, depression  
and stress)**

**Balance Sheet - continued  
30 September 2020**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 July 2021 and were signed on its behalf by:

 Emma Shaw 26.7.2021

Trustee

The notes form part of these financial statements

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements  
for the Year Ended 30 September 2020**

**1. STATUTORY INFORMATION**

TADS (Therapies for Anxiety, Depression and Stress) is a Charitable Incorporated Organisation (CIO), registered in England and Wales. The company's registered number and registered office address can be found on the company information page.

The presentation and functional currency of the financial statements in the Pound Sterling (£).

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)'. The financial statements have been prepared on a going concern basis under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings                    - 20% on cost straight line

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

<b>3. OTHER TRADING ACTIVITIES</b>	2020 £	2019 £
Fundraising events	-	150
	<u>          </u>	<u>          </u>
<b>4. CHARITABLE ACTIVITIES COSTS</b>		Direct Costs (see note 5) £
Therapies		67,199
		<u>          </u>
<b>5. DIRECT COSTS OF CHARITABLE ACTIVITIES</b>	2020 £	2019 £
Staff costs	63,104	39,009
Advertising	214	258
Activities and events	687	2,749
Sessional staff	3,079	19,095
Volunteer costs	115	742
	<u>          </u>	<u>          </u>
	<u>67,199</u>	<u>61,853</u>
<b>6. SUPPORT COSTS</b>		Management £
Other resources expended		63,554
		<u>          </u>
<b>7. NET INCOME/(EXPENDITURE)</b>		
Net income/(expenditure) is stated after charging/(crediting):		
	2020 £	2019 £
Depreciation - owned assets	347	347
Surplus on disposal of fixed assets	-	(129)
Independent examination fees	1,020	1,020
	<u>          </u>	<u>          </u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**8. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 September 2020 nor for the year ended 30 September 2019.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 September 2020 nor for the year ended 30 September 2019.

**9. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2020	2019
Charitable Activity Staff	6	5
Support Work Staff	2	1
	8	6
	8	6

No employees received emoluments in excess of £60,000.

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations	5,466	1	5,467
<b>Charitable activities</b>			
Therapies	29,025	-	29,025
Grant income	-	149,487	149,487
Other trading activities	150	-	150
Other income	1	128	129
<b>Total</b>	<b>34,642</b>	<b>149,616</b>	<b>184,258</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Therapies	-	61,853	61,853
Other	-	64,997	64,997
<b>Total</b>	<b>-</b>	<b>126,850</b>	<b>126,850</b>
<b>NET INCOME</b>	<b>34,642</b>	<b>22,766</b>	<b>57,408</b>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

<b>10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued</b>	<b>Unrestricted fund £</b>	<b>Restricted funds £</b>	<b>Total funds £</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	17,866	29,924	47,790
<b>TOTAL FUNDS CARRIED FORWARD</b>	52,508	52,690	105,198
 <b>11. TANGIBLE FIXED ASSETS</b>			
			<b>Fixtures and fittings £</b>
<b>COST</b>			
At 1 October 2019 and 30 September 2020			1,735
<b>DEPRECIATION</b>			
At 1 October 2019			590
Charge for year			347
At 30 September 2020			937
<b>NET BOOK VALUE</b>			
At 30 September 2020			798
At 30 September 2019			1,145
 <b>12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2020</b>	<b>2019</b>
		<b>£</b>	<b>£</b>
Trade debtors		7,800	12,488
Prepayments and accrued income		931	881
		8,731	13,369

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020	2019
	£	£
Social security and other taxes	694	1,095
Pension control account	594	490
Accruals and deferred income	1,020	1,020
	<u>2,308</u>	<u>2,605</u>

**14. MOVEMENT IN FUNDS**

	At 1/10/19 £	Net movement in funds £	At 30/9/20 £
<b>Unrestricted funds</b>			
General fund	52,509	31,623	84,132
<b>Restricted funds</b>			
Big Lottery	11,365	9,883	21,248
Coalfields Regeneration Trust	7,737	(7,212)	525
BMBC Carers Grant	312	(312)	-
Carriers for Causes	19	-	19
Dan's Fund	510	-	510
BMBC Dearne Young People's Wellbeing	5,510	(1,168)	4,342
Paul Hamlyn Foundation	15,468	(11,815)	3,653
SYCF - Molly Fund	3,058	(1,571)	1,487
BMBC - Dearne Central Area	636	8,228	8,864
BMBC - Dearne South Area	1,028	(214)	814
Awards For All	7,046	(5,659)	1,387
National Lottery Uplift Grant	-	15,291	15,291
SYCF - Utilities	-	1,518	1,518
	<u>52,689</u>	<u>6,969</u>	<u>59,658</u>
<b>TOTAL FUNDS</b>	<u>105,198</u>	<u>38,592</u>	<u>143,790</u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**14. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	38,515	(6,892)	31,623
<b>Restricted funds</b>			
Big Lottery	65,415	(55,532)	9,883
Coalfields Regeneration Trust	-	(7,212)	(7,212)
Dearne Working Together Fund	7,956	(7,956)	-
BMBC Carers Grant	-	(312)	(312)
BMBC Dearne Young People's Wellbeing	-	(1,168)	(1,168)
Paul Hamlyn Foundation	(1)	(11,814)	(11,815)
SYCF - Molly Fund	(1)	(1,570)	(1,571)
BMBC - Dearne Central Area	15,000	(6,772)	8,228
BMBC - Dearne South Area	2,055	(2,269)	(214)
Awards For All	(1)	(5,658)	(5,659)
National Lottery Uplift Grant	31,943	(16,652)	15,291
SYCF - Utilities	1,961	(443)	1,518
HMRC - Job Retention Scheme	6,503	(6,503)	-
	<u>130,830</u>	<u>(123,861)</u>	<u>6,969</u>
<b>TOTAL FUNDS</b>	<u><u>169,345</u></u>	<u><u>(130,753)</u></u>	<u><u>38,592</u></u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**14. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1/10/18 £	Net movement in funds £	At 30/9/19 £
<b>Unrestricted funds</b>			
General fund	17,866	34,643	52,509
<b>Restricted funds</b>			
Big Lottery	7,969	3,396	11,365
Coalfields Regeneration Trust	702	7,035	7,737
BMBC Carers Grant	-	312	312
Carriers for Causes	19	-	19
Dan's Fund	510	-	510
SYCF LGBT	851	(851)	-
SYCF Comic Relief	1,082	(1,082)	-
Wellspring Academy	5,147	(5,147)	-
BMBC Dearne Young People's Wellbeing	-	5,510	5,510
Paul Hamlyn Foundation	13,644	1,824	15,468
SYCF - Molly Fund	-	3,058	3,058
BMBC - Dearne Central Area	-	636	636
BMBC - Dearne South Area	-	1,028	1,028
Awards For All	-	7,046	7,046
	<u>29,924</u>	<u>22,765</u>	<u>52,689</u>
<b>TOTAL FUNDS</b>	<u><u>47,790</u></u>	<u><u>57,408</u></u>	<u><u>105,198</u></u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**14. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	34,642	1	34,643
<b>Restricted funds</b>			
Big Lottery	64,374	(60,978)	3,396
Coalfields Regeneration Trust	9,983	(2,948)	7,035
Dearne Working Together Fund	7,720	(7,720)	-
BMBC Carers Grant	1,000	(688)	312
SYCF LGBT	983	(1,834)	(851)
SYCF Comic Relief	-	(1,082)	(1,082)
Wellspring Academy	-	(5,147)	(5,147)
BMBC Dearne Young People's Wellbeing	14,945	(9,435)	5,510
Paul Hamlyn Foundation	30,000	(28,176)	1,824
SYCF - Molly Fund	4,601	(1,543)	3,058
BMBC - Dearne Central Area	5,000	(4,364)	636
BMBC - Dearne South Area	1,028	-	1,028
Awards For All	9,982	(2,936)	7,046
	<u>149,616</u>	<u>(126,851)</u>	<u>22,765</u>
<b>TOTAL FUNDS</b>	<u><u>184,258</u></u>	<u><u>(126,850)</u></u>	<u><u>57,408</u></u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**14. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/10/18 £	Net movement in funds £	At 30/9/20 £
<b>Unrestricted funds</b>			
General fund	17,866	66,266	84,132
<b>Restricted funds</b>			
Big Lottery	7,969	13,279	21,248
Coalfields Regeneration Trust	702	(177)	525
Carriers for Causes	19	-	19
Dan's Fund	510	-	510
SYCF LGBT	851	(851)	-
SYCF Comic Relief	1,082	(1,082)	-
Wellspring Academy	5,147	(5,147)	-
BMBC Dearne Young People's Wellbeing	-	4,342	4,342
Paul Hamlyn Foundation	13,644	(9,991)	3,653
SYCF - Molly Fund	-	1,487	1,487
BMBC - Dearne Central Area	-	8,864	8,864
BMBC - Dearne South Area	-	814	814
Awards For All	-	1,387	1,387
National Lottery Uplift Grant	-	15,291	15,291
SYCF - Utilities	-	1,518	1,518
	<u>29,924</u>	<u>29,734</u>	<u>59,658</u>
<b>TOTAL FUNDS</b>	<u><u>47,790</u></u>	<u><u>96,000</u></u>	<u><u>143,790</u></u>

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**14. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	73,157	(6,891)	66,266
<b>Restricted funds</b>			
Big Lottery	129,789	(116,510)	13,279
Coalfields Regeneration Trust	9,983	(10,160)	(177)
Dearne Working Together Fund	15,676	(15,676)	-
BMBC Carers Grant	1,000	(1,000)	-
SYCF LGBT	983	(1,834)	(851)
SYCF Comic Relief	-	(1,082)	(1,082)
Wellspring Academy	-	(5,147)	(5,147)
BMBC Dearne Young People's Wellbeing	14,945	(10,603)	4,342
Paul Hamlyn Foundation	29,999	(39,990)	(9,991)
SYCF - Molly Fund	4,600	(3,113)	1,487
BMBC - Dearne Central Area	20,000	(11,136)	8,864
BMBC - Dearne South Area	3,083	(2,269)	814
Awards For All	9,981	(8,594)	1,387
National Lottery Uplift Grant	31,943	(16,652)	15,291
SYCF - Utilities	1,961	(443)	1,518
HMRC - Job Retention Scheme	6,503	(6,503)	-
	<u>280,446</u>	<u>(250,712)</u>	<u>29,734</u>
<b>TOTAL FUNDS</b>	<u>353,603</u>	<u>(257,603)</u>	<u>96,000</u>

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30 September 2020.

**16. RESTRICTED FUNDS**

- Big Lottery - This grant commenced on October 2015 and is a five year grant. It is to fund the full-time Project Manager and two part-time clerical/admin workers. The grant also covers recruitment costs, general running expenses, training, travel, sessional workers, consultancy and advise, volunteer costs, insurance, complimentary therapy costs, office equipment and other overheads.

- Dearne Working Together Fund - This is a grant from Barnsley Metropolitan Borough Council and is to help fund the Dearne Well-being Project, to enable young people in the Dearne area to engage in therapy sessions.

- BMBC Carers Grant - A grant to provide complimentary therapy sessions to parents/carers of children and young people with disabilities.

**TADS (Therapies for anxiety, depression  
and stress)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2020**

**16. RESTRICTED FUNDS - continued**

- SYCF LGBT - A grant from South Yorkshire Community Foundation to help fund a LGBT support group and covers the cost of a sessional facilitator, volunteer costs, overheads for extended opening hours and refreshments for the group sessions.
- SYCF Comic Relief - A grant from South Yorkshire Community Foundation's Comic Relief Core Strength Local Communities Fund. This is to help cover operations costs of the charity such as gas, insurance and cleaning costs.
- Wellspring Academy - A grant to provide support for children with ASD.
- BMBC Dearne Young Peoples Well-being - This is a grant from Barnsley Metropolitan Borough Council and is part of the Dearne Well-being Project to help fund therapy sessions for young people in the Dearne Area.
- Paul Hamlyn Foundation - This is a two year grant which is to help fund the Young People Centre Project. It is to cover costs such as rent, rates and water, electricity, cleaning costs and insurance.
- Coalfields Regeneration Trust - A grant to provide therapeutic counselling, including the cost of a part-time trainee counsellor and associated training costs as well as counselling supervision costs for a qualified counsellor.
- South Yorkshire Community Foundation - A grant to enable TADS to offer counselling sessions to young people.
- Carriers for Causes - A grant to help purchase a TV and gaming equipment.
- Dan's Fund - This is restricted donations from the family of a young volunteer who took his own life, aged 18 years.
- SYCF Molly Fund - A grant to enable TADS to provide 1:1 counselling sessions with young people aged 11 - 25.
- BMBC Dearne Central Area - This is a grant to provide 1:1 counselling sessions in two Central Barnsley secondary schools and associated primaries.
- BMBC Dearne South Area - A grant to enable TADS to provide 1:1 counselling sessions with children in Wombwell.
- Awards For All - This is a grant to pay for a counsellor to work with 18 - 30 year olds.
- National Lottery Uplift Grant - This grant was provided as part of the National Lottery's emergency COVID funding to help support the charity to continue to operate and support those in need during the global pandemic.
- SYCF Utilities - This grant is to cover the costs of heating and lighting.
- HMRC Job Retention Scheme - A temporary initiative provided by the government that provided financial support to cover wages for employees who were unable to work during the global pandemic.
- BMBC Covid Support - This grant was provided as a one off grant during the global pandemic to help meet ongoing operational costs.

**TADS (Therapies for anxiety, depression  
and stress)**

**Detailed Statement of Financial Activities  
for the Year Ended 30 September 2020**

	2020 £	2019 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations</b>		
Donations	12,864	5,467
<b>Other trading activities</b>		
Fundraising events	-	150
<b>Charitable activities</b>		
Therapies	15,651	29,025
Grants	97,357	119,795
Local government grants	43,473	29,692
	156,481	178,512
<b>Other income</b>		
Gain on sale of tangible fixed assets	-	129
<b>Total incoming resources</b>	169,345	184,258
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	59,962	37,460
Social security	1,554	120
Pensions	1,588	1,429
Advertising	214	258
Activities and events	687	2,749
Sessional staff	3,079	19,095
Volunteer costs	115	742
	67,199	61,853
<b>Support costs</b>		
<b>Management</b>		
Wages	31,628	27,498
Social security	1,601	161
Pensions	932	1,352
Rates and water	13,797	24,350
Insurance	1,142	1,305
Light and heat	1,592	2,979
Telephone	728	990
Postage and stationery	510	153
Sundries	599	1,268
Accountancy fees	3,049	1,122
Carried forward	55,578	61,178

This page does not form part of the statutory financial statements

**TADS (Therapies for anxiety, depression  
and stress)**

**Detailed Statement of Financial Activities  
for the Year Ended 30 September 2020**

	2020 £	2019 £
<b>Management</b>		
Brought forward	55,578	61,178
Repairs	879	1,855
Computer costs	603	604
Staff training & recruitment	1,079	314
Legal and professional fees	5,068	699
Depreciation of tangible and heritage assets	347	347
	<u>63,554</u>	<u>64,997</u>
Total resources expended	<u>130,753</u>	<u>126,850</u>
<b>Net income</b>	<u>38,592</u>	<u>57,408</u>

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