



# Annual General Meeting Report 2023

(16<sup>th</sup> November 2023)

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# 1 Chairman's Remarks

This section reflects my personal remarks about the year. Again this has been an amazing year for Barking Churches Unite(BCU) and a challenging year for the UK and world. A year concerning the aftermath of Covid, the Ukraine and Israel wars, cost of living crisis, and energy, fuel, mortgage and food increases. However, it has been a year where we have engaged even more closely with the Council and this has been demonstrated through regular contact and financial support for the Source. It has been a year we have seen a big increase in guest numbers and the development of The Source Warehouse. In everything we give thanks to God for His favour and His leading in the work of BCU and The Source.

At the Barking Learning Centre (BLC) we have continued to be responsible for the Barking's Food Club supporting around 150 families a week (an increase of 50 families) and Pit Stop which supports, on average 150 guests each day (an increase of nearly 40 -50 guests a day). In November we hope to bring back sit down meals we are calling Pit Stop Diner and a warm space called Pit Stop Lounge in February 2024. The shop unit (now known as The Source Wellbeing Centre) tenancy at Vicarage Field Shopping Centre has also been extended to 2025, under the same rent-free conditions. This has allowed us to focus on well-being groups, including, bereavement, mental health, employment and drugs support. We now have monthly Communion sessions and Discipleship sessions every week at the BLC.

BCU has extended its team engaging Support Assistant contractors for Pit Stop, Barking Food Club, The Wellbeing Centre & The Source Warehouse. A third Warehouse Assistant has just been recruited to enable collections and deliveries on a Saturday. An Operations Manager and Finance Officer are being considered, when finances allow for The Source activities.

It has also been another year with the return of the Turning Mission across Barking & Dagenham, where people gave their lives to the Lord became Christians and received prayers of blessings. United Prayer gatherings have continued alongside street praying, intercessory prayer and leaders' prayer meetings.

Barking Churches Unite has also had its logo and branding reviewed and now has a more corporate logo, linking more clearly to The Source activities. Its website is now being redesigned in line with BCU's branding review.

We now have a Co-Chair, Antoinette Williamson, who is mainly the Lead Trustee for the BLC activities. Audrey Sutherland is the now the Lead Trustee for The Wellbeing Centre. It is my hope to have a second Co-Chair by the end of the year.

In 2024 there is a possibility (if God so leads) for the development of supported housing, in partnership with LBBD & Green Pastures. This project will help those who are unable to sustain themselves in independent housing and require additional support in enabling them to become fully independent in basic household and budgeting skills and in drug rehabilitation.

There has also been a move of God towards bringing church leaders and congregations in Dagenham to come together to pray and to develop a cohesive strategy to love the community under the umbrella of Dagenham Christians Together. It has now been a charity for around 18 months and now has established a Dagenham Food Club & Wellbeing Centre at the Dagenham Library called The Church Elm Hub. The Food Club supports around 90 families a week and The Wellbeing Centre provides support to around 80 guests a week and runs a number of diverse wellbeing groups. I have the privilege to be chair of Dagenham Christians Together and

to bring a holistic strategy between BCU & DCT. I thank God for this move and the future partnership of churches in Barking & Dagenham to work and pray together.

I reaffirm my comments of the 2020, 2021 & 2022 AGM remarks in that I believe that God is saying that it is through the United Church in society we can love the community back to life for God and bring about restoration and redemption. The pandemic and current crises have caused the church to review its biblical responsibility and call to 'Go' and love the community and to resemble the intention of the Lord's Prayer "On earth as in heaven". I believe the dream of God over our life is that we come alive in His presence within an intimate relationship with Him and through the Holy Spirit we are able to bring life back to every environment, bringing restoration and redemption, spilling contagious hope into a broken and hurting world. To live in our true identity in God as people who are Christlike and live in His footprints and live supernatural lives in God. The next move of God I believe is not a revival or movement in the church but a movement of the Christians in our towns and communities; God's kingdom being established in all the spaces that we travel such as our work space and street and establishing them to be Kingdom spaces. The call is to 'Go'. The call to churches and BCU is to release unstoppable, impassioned Spirit-filled Christians into our communities and outside spaces and to be Kingdom people. We will need to embrace the love of the 95% of the people outside our church walls, who are in our town and community. When Kingdom People show up, they carry His presence, hope and love. As Kingdom People we carry the culture of the Kingdom. We carry the authority of God as sons, daughters & High Priests. We carry the favour, honour and anointing of God, because the power of the Holy Spirit & presence of God is within us. I believe that God's heart is to for us to love our community and to release Christians to be shepherds to our town and community. If we are to reach our community, we must reposition ourselves. God is sending us out into the world. Our calling & mission is to carry the Kingdom beyond the church into the heart of the culture, or community.

As Christians we are to transform the culture of the world as by introducing God's kingdom. We carry the wind of the Holy Spirit bringing release and authority where we go. Kingdom People release the Kingdom everywhere, every day. We must see our involvement and engagement in structures and institutions, work spaces as Kingdom work. We must reject the idea that Kingdom work mainly takes place in church buildings.

Compassion and mission are inseparable. The spirit of mission is a spirit of mercy. Kingdom People go around doing good, releasing compassion and healing, because God is in them moving them. Kingdom People release blessing, love and peace in their town. Kingdom People become Fathers, Mothers and Shepherds to their town. Kingdom People partner with their town. Every environment & space alive in His presence.

Kingdom culture empowers believers to bring life to every space. We need to dream over our town for God. We need to be Kingdom People. This is our spiritual DNA. We need to Wake Up (Open our eyes and Arise), Prepare (See and Hear God's Heartbeat & Get Ready) and be Mobilised for Action (Shine the Light of Love and the culture of the Kingdom). We need to pray together over our land (2 Chronicles 7:14). We need to change the culture and spiritual landscape of our community. We need to partner together even more closely as the United Body of Christ.

The future of Barking Churches Unite is to facilitate Christians to pray and work together to be Kingdom People in all spaces of our community and helping them to be Kingdom and Prayer Spaces for God. To be culture changers. We are called to 'Go', Be witnesses, and make disciples. To 'Go' into the world and our community and fulfil the Great Commission. Let us love our community back to God. My prayer is that we make every space in Barking and the UK be a Kingdom Space, filled with the presence of God and the Holy Spirit through being Kingdom People.

## 2 Barking Churches Unite (BCU)

Barking Churches Unite is a charitable group of Christians from churches in Barking who are committed to working with churches, Christians and volunteers, praying together for the transformation of our community. BCU was established in 2010 and became a registered charity on 7th June 2017. Our charity number is 1173315. We are a Charitable Incorporated Organisation (CIO).

The Board of trustees includes the following:

Chair	Mick Mednick (Kings Church)
Co-Chair	Antoinette Williamson (Barking Baptist)
Treasurer	Theresa Ibrahim (St Erkenwald Church)
Secretary	Liz Mednick (Kings Church)
Warehouse	Bill Dear (St Erkenwald Church)
Wellbeing Centre	Audrey Sutherland (New Testament Assembly)
Grants/Food	Anne Dear (St Erkenwald Church)
Outreach	Michael Taylor (St Erkenwald Church)
Pastoral	Rev Unesu Chindabata (Christ Church)
Finance & Policies	Sandy Tomlinson

### Mission Statement

Barking Churches Unite is a registered charity working to bring about change in Barking through prayer, the relief of poverty and other initiatives that serve the community and express God's love. We are a group of Christians attending churches across Barking. Barking Churches Unite facilitates contact with the council and other agencies, connecting like-minded Christians in our local area.

### Basis of faith

We believe in one God, working as Father, Son and Holy Spirit. We believe in the Lordship of Jesus Christ, His death and resurrection and uphold the Evangelical Alliance Statement of Faith ([www.eauk.org](http://www.eauk.org)) Jesus prayed for unity (John 17:21), Paul commanded we make an effort to maintain it (Ephesians 4:3) and God the Father promises to bless it (Psalm 133) and bring healing to the community through it. (2 Chronicles 7:14).

### Organization

Barking Churches Unite is facilitated by a diverse group of Christian Trustees drawn from different church denominations, who include church leaders and Christians, seeking God's face for Barking. The trustees uphold the five-fold ministry and are led by a co-ordinator and chair of trustees. We facilitate communication between churches and among other agencies. Recently, and as a result of our work in the town the council and external bodies have communicated with us as a point of contact to engage with Christians who want to work in the community. We understand that unity is not uniformity and as such we are churches that have different expressions of our faith, believing that we are here to complement rather than compete with one

another, and that together as the Body of Christ in Barking we can fulfill God's purpose for our lives in our town.

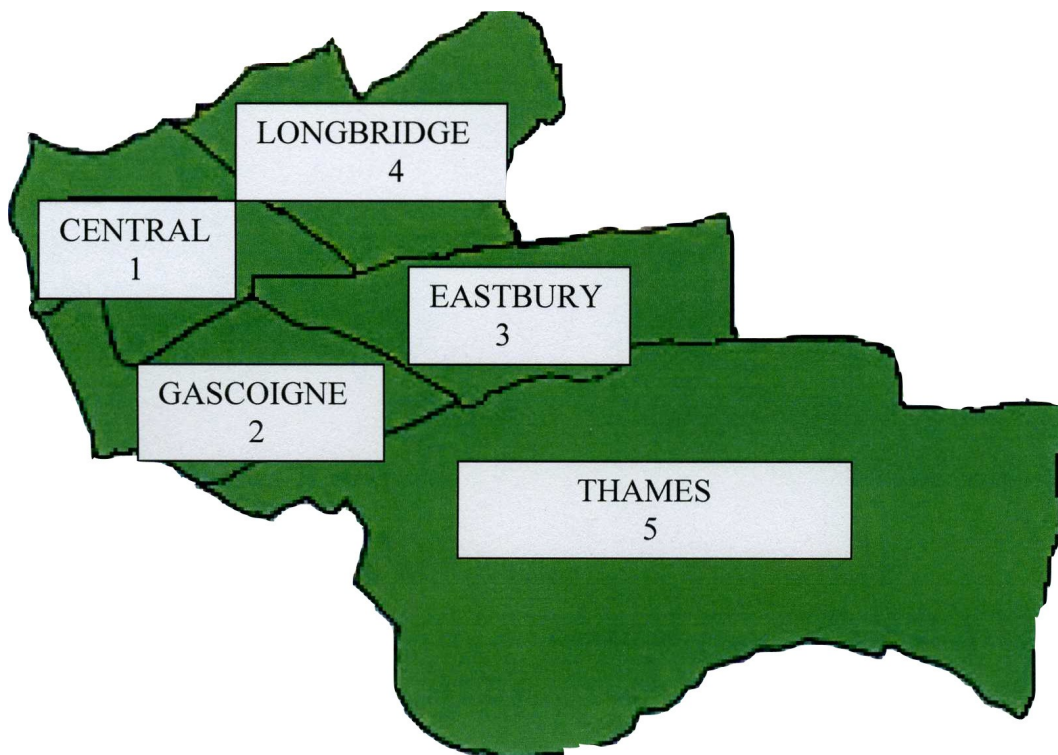
We see a church that will stand together in prayer to see social and spiritual transformation in our community. We see a church that will pray for one another and support one another practically as the need arises and resources allow. We see a church that will rejoice in what one another is doing and where possible promote that. We see a Church that will help facilitate and support the dreams of one another in order to advance God's Kingdom in Barking. We see a church that reaches out and meets the needs of the poor and the community, through joint ministries, initiatives and events.

Any Christian or/of Barking Church(s) that affirms the preceding statements can join us.

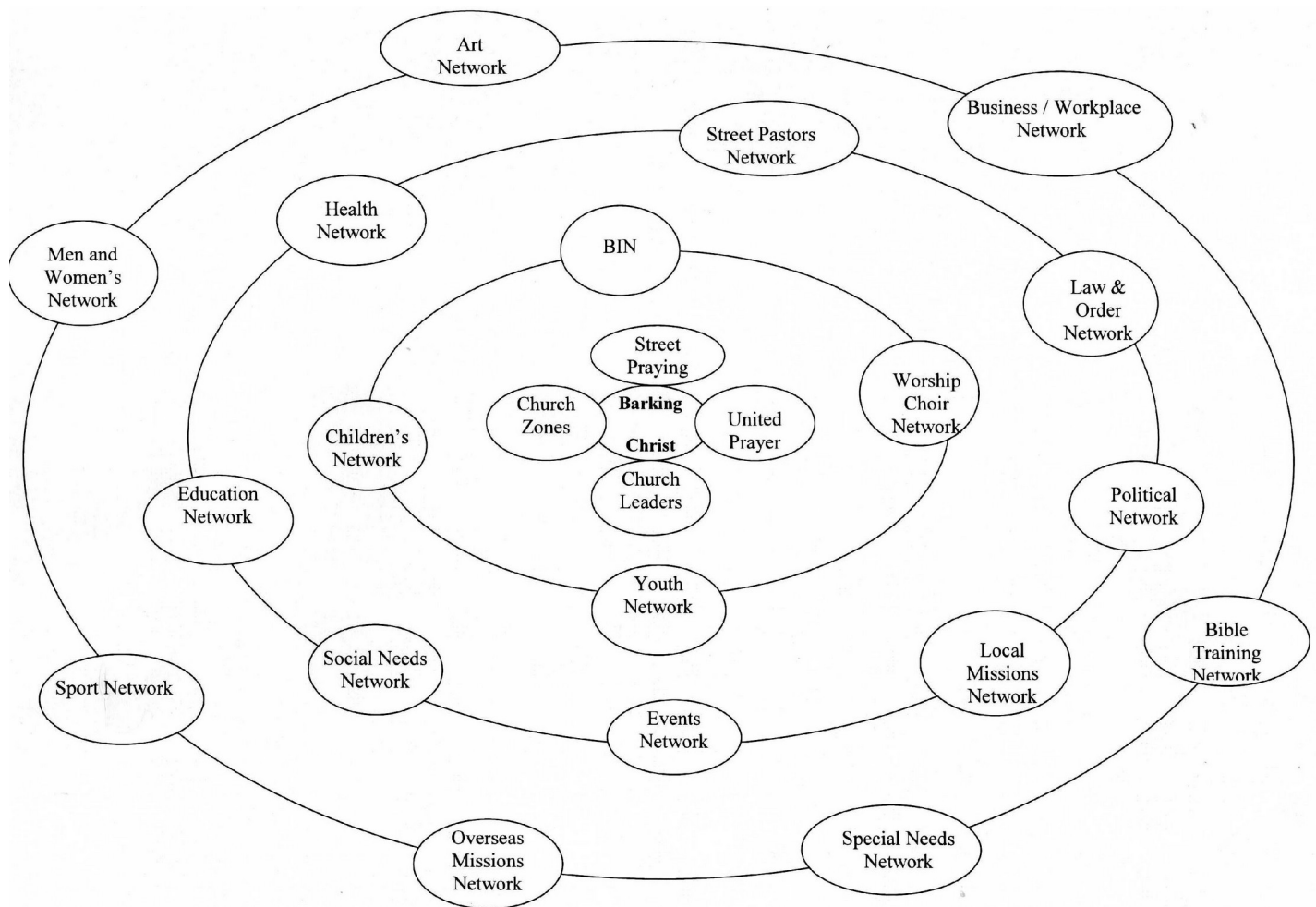
## Strategy

### 1.Prayer

The individual churches are grouped into five zones, loosely based on the council wards. We cover Barking in prayer, through different forms of prayer meetings; church leader meetings, regular prayer walks and corporate prayer meetings in each zone, an intercessors group comprised of people from different churches, and open to all Christians from across the borough.



We are hoping to increase the numbers of intercessors by forming community prayer networks across the borough (see Solar picture below).



## **Mission and relief of poverty\_**

Through an outpouring of God's love, The Source (Barking Learning Centre, Vicarage Field Shopping Centre & Riverside Industrial Estate) has been set up in Barking to support those in poverty, who are homeless and helpless to bring about hope, help and restoration in the community.

Through God's leading we have been involved in setting up and we continue to partner with other initiatives; the Food Bank, The Turning, and Kidz Klub.

We serve a big God and therefore have a big VISION of transformation to Barking. As we encourage and facilitate Christians to be released within their calling through the power of the Holy Spirit, we will see God move in a mighty way

## **Finance**

Finance comes from grants, Barking & Dagenham Council, businesses, personal and church-based donations and through fund raising. We do not apply for lottery or gambling-related funding.

## **Governance**

BCU has a constitutional document and a number of policies that are statutory and of good practice in its operation. These include Child Protection & Safeguarding, Health and Safety, GDPR, Food & Hygiene rating certificate, (Level 4 at BLC), Complaints procedures and Service Level agreements.

### 3 The story in the last 12 months

It has been a busy and challenging year for Barking Churches Unite. It has been another year where the charity has developed and grown by God's grace and favour. Throughout this period the Source has been open for weekdays and has been there to love our town with food, support and comfort.

The Source continues to operate out of three sites:

- Vicarage Field Shopping Centre – The Source Wellbeing Centre
- The Barking Learning Centre (a Council building that hosts all the Council services and local library) – Pit Stop & The Barking Food Club
- Riverside Industrial Estate, Thames View (a warehouse given to us by the Council) – The Source Warehouse

All the sites are provided rent free and the project receives 100% business rate relief from the Council.

Vicarage Field Shopping Centre site is hosting a Wellbeing Centre for community projects and key working activities and the Barking Learning Centre is responsible for food related projects. We have developed an even closer relationship and partnership with the Council and as result The Source started an emergency food parcel service (delivery where necessary), in response to the Council's concerns over the deficit of people while awaiting benefits. We are responsible for the Barking Community Food Club, which is the largest Food Club in the Borough at the BLC. The Warehouse is now fulfilling a mighty ministry, providing free furniture and white goods being delivered free of charge to those who are in need. We are now contracting 3 contractors to fulfil the work. We are hoping to extend this work to a Saturday.

We are hoping in 2024 to extend our infrastructure to two Co-Chair Trustees (one already appointed) and an Operations Manager. To move into supported housing and to have a warm space area (Pit Stop Lounge). A youth Café at the Wellbeing Centre on a Saturday is being established at the moment. The branding and new logo will hopefully make a real difference to the marketing of BCU / The Source.

We have also continued our prayer strategy of prayer gatherings through 3 meetings (Christ Church, Barking Baptist & St Erkenwald) and street praying. Zoom prayer intercession (BIN) meeting with Dagenham representatives have also regularly taken place.

### 4 The Source

The Source is located in three places. A shop unit in Vicarage Field Shopping Centre (VFSC) is now a Wellbeing Centre, the Barking Learning Centre (BLC) is the location of Pit Stop & together with the Barking Food Club and the Warehouse is located in Thames Road. It is a ministry which is part of Barking Churches Unite (BCU) that works across the London Borough of Barking & Dagenham to supports hundreds of people out of hopelessness, homelessness, disadvantage and isolation. The various locations are line-managed by a trustee - Audrey Sutherland (Wellbeing Centre, (VFSC) Bill Dear (Warehouse) and Antoinette Williamson (Pit Stop & Barking Food Club, BLC). All staff are contracted. Kay Thompson is our Lead Contractor for the Wellbeing Centre, and Suzanne Playle (Support Assistant); Lorraine Allen is the Pitstop Lead Contractor, and Shally Mol Jose (Support Assistant); Rebecca Hutchon is Lead Contractor for The Source Barking Food Club and Elyse Ali (Support Assistant); Joshua Twine is the Lead Contractor for the Source Warehouse and Allglory Deo-Gratis Amah and Mihai Girbea



(Warehouse Assistants). Shally Mol Jose is our finance Assistant contractor. A second Co-Chair is being considered and a Chief Executive Officer is required as soon as we have the funding.

We refuse to give up on anybody and believe that every person can have a bright future. We provide outreach, support and opportunity to help people out of poverty. We have a track record of seeing our visitors move away from life controlling unemployment, homelessness, mental illness, disability, marriage breakdowns, addictions, and therefore breaking the poverty-cycle and reliance on the benefits system. Over the past year many of our visitors moved out of hopelessness and into hopefulness. We have also seen many of our guests move into accommodation and employment following our support.

Over this past year we have seen an increase in opportunities to share our faith and pray with guests. We have seen several guests so grateful of the help they have had come back to offer their services. Recently one of the staff members had the opportunity of leading one guest into a relationship with Jesus. We now have a Communion service every month and a weekly discipleship group at the BLC.

### **Overview of our services at The Source in the past year**

#### **BLC**

- Pit Stop – a take away lunch and refreshments for those people who are homeless or in need, running weekdays (up to 150 people a day)
- Food Club (up to 150 families a week)
- GP checks (eg hepatitis B / flu / covid jabs)
- Referral centre to services and organisations
- Giving prayer support
- Clothes bank to guests
- Emergency food parcels

#### **Wellbeing Centre (Vicarage Field Shopping Centre)**

- Community groups including arts and crafts, sewing, computer café, Job club, chair Zumba, cookery classes
- Well-being support for those overcoming bereavement, mental illness, and loneliness
- Barking Business Chaplaincy – a ministry to provide support to managers and employees of local shops
- Referral centre to services and organisations
- Provide vouchers to the local Food Banks
- Information centre for events and local services
- Providing a mail box for those without permanent accommodation (around 100 people)
- Completing forms for those whose primary language is not English, or who struggle with literacy
- Providing telephone advocacy
- Telephone Help Lines – Rediscover (bereavement & grief), Reconnect (65+ and loneliness/isolation) & Reset (Mental ill health, depression & anxiety) 0300 302 3160
- Providing a listening ear over free refreshments
- Giving prayer support
- Office to Barking Churches Unite
- Key working guests
- A warm space

### **Warehouse (Riverside Industrial Park, 27, Thames Road)**

- Providing free furniture, white goods, cutlery, crockery
- Collecting furniture, white goods, cutlery, crockery free of charge
- Providing a listening ear
- Food collection & delivery
- Giving prayer support

### **Future ministries at the Source**

- Youth Café on a Saturday at the Wellbeing Centre
- A warm space at the BLC – Pit Stop Lounge
- Pit Stop Diner at the BLC (sit down provision) in November 2023
- Supported housing project
- Shower facilities at the BLC

Many of the guests visiting The Source have mental health conditions including depression, anxiety, post traumatic stress disorder or personality disorders; others have learning disabilities. Many suffer physical health issues particularly mobility difficulties or visual impairment, deafness, cancer, amputated limbs, brain tumor, heart conditions, epilepsy, HIV, diabetes; and many are unemployed, homeless, refugees and elderly.

We believe that every visitor deserves the chance to see their dreams realized, and that it is not enough to provide a hot meal as important as that is, but to get people out of poverty, feeling empowered in their circumstances and off the streets for good, we need to offer something that's relevant and sustainable.

To this end, we believe the solution is a service that supports those in poverty or in need and to restore broken lives and bring hope to the helpless, employment to the unemployed, homes to the homeless. We aim to provide a service that will provide activities to help those in desperate need and assistance to develop the activities, skills and resources for guests to realize their aspirations and become active and integrated members of their local community.

In other words; each of our services lead to guests being offered the opportunity to change their lives, attend courses, receive a free meal, find help to fill in forms, learning English, support into paid employment, - and that is what will change lives and get those in poverty back into employment, accommodation, and self belief and off the streets for good.

Over the past five years we have been working with those in poverty and need in Barking & Dagenham and in the centre of Barking. We are in an exceptional position to assist those who are in poverty and deprivation and we have a track record of seeing our visitors move away from life controlling addictions/offending and into lives they are able to control and feel proud of. We believe there is no such thing as a hopeless case, and that all deserve the chance to turn their lives around and come off the streets for good. What we have to offer is unique, carries excellent success rates, and is meeting a critical need in Barking.

In the past 12 months we have developed much closer links and regular contacts with the Council and other agencies, in order to work together for the positive outcomes of the guests.

## **5 Outcomes**

BCU provided a healthy and vital linking of local churches to ensure compliance of legal restrictions. BCU has had 3 united prayer meetings at Christ Church, Barking Baptist and St Erkenwald in churches and street praying sessions in this past year. The Barking Intercessors Network (BIN) has met around 6 times on Zoom. There have been regular leader's fellowship meetings on Zoom (Barking Leaders Connect).

The Source keeps a visit register from which we measure our success in how many people we were able to feed, refer on to other support agencies and move on into other sustainable options. We currently refer people for Food Bank, council departments, as well as providing free daily lunchtime meals and other activities. Success is just about being there and knowing that we have restored hope to many lives, and enabled them to find a way out of the situation they are in.

For our **guests**, success in soft outcomes is measured by their personal development, restoring self-esteem and self-belief and basic skills and the hard outcomes are measured through attendance, those gaining employment and accommodation. Our **monitoring** is supported through a wide range of different measures which include; activity registers, face-to-face repeat conversations and meetings.

Visitors to The Source include those of different nationality and ethnic origin, low incomes, unemployed, homeless, mental health issues, elderly, disabled, single parents, bereaved and those with complex issues. From The Source they receive emotional and practical support and have a location in the marketplace that is sympathetic to those in need and works to resolve their issues. Referrals to agencies are made and people receive support that others are unable to provide.

The Source is often seen as a place of refuge and sanctuary providing hope to the hopeless, demonstrating God's love and compassion. Within the community The Source is seen as a first stop and last resort and people in need are referred to The Source by the Police, Social Services, Housing Office, Citizens Advice Bureau, Teen Challenge to name a few.

The Source is connected to a number of food agencies providing free food. These include Costco, KFC, Greggs, Lidl, Aldi, Asda, Tesco, Neighbourly and Felix (Fareshare). We have excellent relationships with Vicarage Field Shopping Centre and the BLC and as a result of the work we provide, we receive free rent and business rates.

The table below shows that our visits have increased in 2023. The forecast for 2023 is around 55,000-60,000 visits. The table indicates the number of visitors attending The Source and how God is amazingly using The Source to reach people in Barking. You will note that visits have increased at The Source to receive free services. The Council have also waived the Business Council Tax, in recognition of the free services we offer on behalf of Barking and Dagenham residents.

## Impact

Over the past year the Source has seen people overcome extreme adversity and circumstances to go onto achieve incredible personal success. We refuse to give up on anybody and believe that every visitor / rough sleeper can have a bright future. We have seen guests become champions of the community. We believe in building people into a community where they feel safe and are resourced to contribute. We believe that we all have a role to play and that together we can end homelessness - The impact of our services is lives changed; more people who are without hope to regain their hope, lives that are broken to be restored, more homeless people off the streets, and into employment, which in turn ends the cycle of poverty and homelessness and has a positive effect on the community!

# 6 Future Thoughts

## **Forthcoming plans affecting BCU**

- The borough of Barking & Dagenham is facing over £65 million of cuts (before Covid19) in the next four years and looking to offload many of its services to the voluntary sector. The leader of the council has publicly stated that homelessness is one of its biggest concerns and acknowledged the significant contribution already made by BCU in addressing it.
- Discussions are underway to explore by the council the data for homelessness and rough sleepers
- To work with the Council and support our community through the energy and food crisis.
- Vicarage Field Shopping Centre is due to close between 2024-25; to be demolished and rebuilt similar to the design of Westfield, Stratford. We have a 3 year tenancy.
- The BLC have offered BCU additional space in the event of the closure of Vicarage Field Shopping Centre.
- Working with Dagenham Christians Together
- Pit Stop Diner & Pit Stop Lounge
- Supported housing

## **BCU proposed developments and activities**

- Further the Kingdom of God in Barking
- Maintain and extend the ministry of the Source wellbeing Centre
- Develop the warehouse project in the increase in collection and delivery of furniture & white goods to those in poverty
- Work with other places to help them model the BCU model
- Supported housing
- Logo & branding development
- Engage more closely with the Council
- Engage and partner with local businesses
- Work more closely to increase church unity & adoption of churches in BCU
- Develop discipleship spaces at BLC locations
- Support Dagenham Christian Together in developing The Church Elm Hub at Dagenham Library

# 7 How can YOU support Barking Churches Unite?

## **1 Praying**

- Attending the united prayer & street praying events
- Using the Prayer Diary daily at home
- Praying for the Source and community ministries
- Praying for church unity and each church
- Joining the BIN (Barking Intercessors Network)
- Joining different BCU prayer networks
- Encouraging your Church to pray for BCU and support its ministries

- Church leaders to join Leaders Network
- More workers and volunteers
- Funding

## 2 Volunteering

- Helping at the Source for a 3-4 hour session a week
- Picking up food from retail shops / supermarkets
- Attending the Christmas Tree and Easter Garden witnesses
- Attending the BCU at events
- Joining the BCU WhatsApp Information group
- Offering your talent to create or contribute to a community well-being group

## 3 Join

- Join the Well-Being groups at The Source Wellbeing Centre, Vicarage Field Shopping Centre
- Join us in united prayer & street praying
- Joining the BCU WhatsApp Information group

## 4 Donating

Supporting the Source by

- £15** provides additional refreshments for a week
- £20** Provides tea, coffee and milk for a week
- £100** Provides heating costs for a month
- £100** Provides a 8 hours part-time worker costs

- Non-Perishable food
- Toiletries
- Individual donations to sustain the work on a regular basis
- Church collections (ie Harvest festival, Christmas donation)
- Organising fund raising events
- Ask your employers to sponsor BCU
- Clothes
- Furniture & White Goods

# 8 Prayer Requests

- 1 For God to pour out His Holy Spirit on staff, guests and volunteers of those involved at the Source
- 2 For guidance and wisdom for the trustees in the leading of BCU
- 3 Volunteers to support the Source & The Source Warehouse
- 4 Christians to join the well-being groups
- 5 Safety of the team and guests.
- 6 For God's love, compassion and presence to be evident in all that BCU does
- 7 To use the activities of BCU to bring people to salvation and a deeper walk with God
- 8 For greater unity amongst the church in praying and working together
- 9 For greater links between agencies and the Council
- 10 For more support from the churches and individual Christians in Barking
- 11 For our broken community of Barking & Dagenham

## 9 Financial Report

### BCU Accounts Summary Jan 2018 to Dec 2022 and Budget for Jan 2023 – Dec 2023

Expenditure	Actual Jan - Dec 2018	Actual Jan - Dec 2019	Actual Jan - Dec 2020	Actual Jan - Dec 2021	Actual Jan - Dec 2022	Estimate Jan- Dec 2023
Service Providers	27,081	31,143	47,410	62,478	78,455	132,000
Key Worker	0	1,620	0	0	0	0
School Uniforms	0	0	0	0	1,366	2,500
Telephone	770	780	1,054	974	706	1,500
Heating & Light	1,891	1,860	656	520	939	1,500
Catering & Hospitality	2,347	2,409	3,851	3,717	16,204	30,000
Cleaning	1,278	1,021	0	N/A	N/A	N/A
Repairs and Maintenance	894	2,504	1,476	1,469	1,473	3,000
Insurance	508	500	522	704	915	1,000
Legal		100	100	100	125	150
ICT & Computer Expenses	206	98	1,336	350	209	2,000
Peaced Together	28	0	0	0	0	0
H4BD & Turning & DCT Donations	300	446	300	0	470	50
Misc -Postage, Travel, Training, Printing & Stationery	298	370	288	144	26	2,000
Gift Cards & Rewards		400	2,618	1,521	840	3,000
Mental Health			240	358	572	3,000
Clothing & Toiletries			217	2,378	4,758	6,000
Micah Supported Living				1,190	35	30,000
Warehouse				826	34,542	42,000
<b>Total Expenditure</b>	<b>35,601</b>	<b>43,250</b>	<b>60,070</b>	<b>76,730</b>	<b>141,465</b>	<b>259,700</b>
<b>Income</b>						
Peaced Together	150	0	0	0	0	0
Gift Aid	0	0	0	0	0	5,000
Grants	18,600	22,049	97,067	61,075	124,950	220,000
Donations - Personal	14,492	17,120	14,111	13,987	13,586	15,000
Donations - Church	4,813	5,282	6,457	6,966	4,945	5,400
Donations - Business/Uniforms/Homeless H		183			4,450	3,000
Other - MSL + Telephone + Warehouse		40	400	7,260	8,867	9,000
<b>Total Income</b>	<b>38,056</b>	<b>44,674</b>	<b>118,036</b>	<b>89,288</b>	<b>156,798</b>	<b>257,400</b>
<b>Expenditure over Income</b>	<b>2,45</b>	<b>1,42</b>	<b>57,96</b>	<b>12,5</b>	<b>15,33</b>	<b>-2,300</b>

## Independent Examiner

BCU appointed Leila Satar as the Independent Examiner (IE) of BCU accounts from 2019. She is a great supporter of the work of Barking Churches Unite, particularly we are grateful to her for all her work reviewing the accounts resulting in a successful 2022 IE report.



**In 2022, Grants were gratefully received from**

<b>Grant Body</b>	<b>Award Name</b>	<b>Amount</b>
Barking & Dagenham Council	Food & General Support	£37,500
Barking & Dagenham Council	Special Event	£2,500
Barking & Dagenham Council	Additional Restrictions Grant	£10,000
Barking & Dagenham Council	Warehouse Furniture	£25,000
Barking & Dagenham Council	Cooking Project	£2,500
Barking & Dagenham Council	Food at The Source	£9,950
Barking & Dagenham Council	Food at The Source	£30,000
Beatrice Laing	Grant for Warehouse Van	£5,000
Homeless Heroes	Homeless Heroes Aid	£1,750
Kingsley Hall	Community Wellbeing Project	£2,500
Toye Foundation	School Uniforms Grant	£1,500
Wates Family Enterprise Trust	100for500 Award	£500
	<b>Total</b>	<b>£128,700</b>

We are extremely grateful to all the grant making bodies above for their favour towards Barking Churches Unite, its guests, Service Providers, Volunteers, the community of Barking and its environs and recognise God's hand in keeping us abundantly ready for more work in this area.

# 10 Donation Form & Gift Aid Form



## Barking Churches Unite

The SOURCE. 37A, Vicarage Field Shopping Centre. Barking, Essex, IG118DH

Telephone: **020 8594 2404**

Email: [michael.mednick@barkingchurchesunite.org](mailto:michael.mednick@barkingchurchesunite.org)

Charity No: 1173315

### **STANDING ORDER MANDATE FORM**

Please return this form to your Bank and inform BCU / SOURCE of your decision

#### **Please debit the account of:**

Name:	<hr/>		
Bank:	<hr/>		
Branch:	<hr/>		
Full address:	<hr/>		
Account Name:	<hr/>		
Account Number:	<hr/>	Sort code:	<hr/>

#### **Please credit the account of:**

Bank:	CAF		
Account Name:	<hr/> Barking Churches Unite		
Account Number:	<hr/> 00035231	Sort code:	<hr/> 40-52-40

<b>The Sum of</b>	£	<hr/>
	Amount in words	<hr/>
<b>Commencing date</b>	From	<hr/>

<b>Last Payment</b>	To	_____
	£	_____
	Amount in words	_____
<b>Frequency</b>	Weekly	_____
	Monthly	_____

Signature: _____	Date: _____
------------------	-------------

## 11 Procedures for Questions

If after reading the report, you have any questions, please complete the slip below & email them back to the Source with AGM in the subject box by 5<sup>th</sup> November  
[Michael.mednick@barkingchurchesunite.org](mailto:Michael.mednick@barkingchurchesunite.org)) This will give time for a reply. You can provide a general comment if you wish. Questions not submitted before the meeting will be answered after the Annual General Meeting by email.

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### RESPONSE SLIP

Name \_\_\_\_\_ Church \_\_\_\_\_

Question

**Barking Churches Unite**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31st DECEMBER 2022**

# Barking Churches Unite

## Balance Sheet as at 31st Dec 2022

	2022 £	2021 £
<b>Current Assets</b>		
Cash in Hand and at Bank	102,139	84,990
<b>Total Assets</b>	<b>102,139</b>	<b>84,990</b>
<b>Liabilities</b>		
<b>Due within one year</b>		
Creditors	2,000	183
<b>Total Liabilities</b>	<b>2,000</b>	<b>183</b>
<b>Net Assets (Assets less Liabilities)</b>	<b>100,139</b>	<b>84,807</b>
<b>Capital and Reserves</b>	<b>£</b>	<b>£</b>
Reserves brought forward	84,807	72,249
Surplus/(Deficit)	15,332	12,557
<b>Total Equity</b>	<b>100,139</b>	<b>84,807</b>

The comparable figures for 2021 are for information only and do not form part of these accounts

The above accounts were approved by Barking Churches Unite Board on 23/10/2023

*JA Ibrahim*

Theresa Ibrahim  
Treasurer

*Michael Mednick*

Michael Mednick  
Chairman

**Barking Churches Unite**

**Income and Expenditure Statement for the year ended 31st December 2022**

	<u>2022</u>		<u>2021</u>	
	£	£	£	£
<b><u>Income</u></b>				
		156,798		89,288
<b><u>Less: Expenses</u></b>				
Service Providers	78,445		62,478	
Light and Heat	939		520	
Catering & Hospitality	16,204		3,717	
Micah Supported Living	35		1,190	
Telephone	706		974	
Repairs and Maintenance	1,473		1,469	
ICT	209		350	
Insurance	780		704	
Legal and Professional	135		100	
Postage, Printing, Stationery, Training, Travel	26		144	
Gift Cards & Rewards	840		1,521	
Donations DCT & Night Shelter	470		-	
Mental Health & Uniforms	1,903		358	
Warehouse	34,542		826	
Clothing, Shoes & Toiletries	4,758		2,378	
		(141,465)		(76,730)
<b>Surplus/(Deficit)</b>		<b>15,332</b>		<b>12,557</b>



## **Independent Examiner's Report to Barking Churches Unite**

This report on the financial statements of Barking Churches Unite (BCU) for the year ended 31 December 2022 which are set out on pages 1 and 2, is in respect of an examination carried out in accordance with the Church Accounting Regulations 2006 ('the Regulations') and s.43 of the Charities Act 1993 ('the Act').

### **Respective responsibilities of the Board of Barking Churches Unite and the Examiner**

As members of Barking Churches Unite, you are responsible for the preparation of the financial statements; you consider that the audit requirement of the Regulations and s.43 (2) of the Act does not apply. It is my responsibility to issue this report on those financial statements in accordance with the terms of the Regulations.

### **Basis of this report**

My examination was carried out in accordance with the General Directions given by the Charity Commission under s.43(b) of the Act and to be found in the Church guidance 2006 edition. That examination includes a review of the accounting records kept by BCU and a comparison of the accounts with those records. It also includes considering any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express on the view given by the accounts.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with s.41 of the Act; and to prepare financial statements in accordance with accounting records and comply with the requirements of the Act and Regulations have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



L Satar, FCCA