



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From: 01/04/2022 To: 31/03/2023**

**Charity name: MAKE IT BEAT**

**Charity registration number: 1173304**

### Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	<ul style="list-style-type: none"><li>• <b>The preservation and protection of health and the saving of lives by providing and assisting in the provision of training for the public in Cardio Pulmonary Resuscitation (CPR).</b></li><li>• <b>The Prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and /or charities, or other organisations working to prevent or relieve poverty.</b></li><li>• <b>The relief of disaster in the form of money (or other means deemed suitable). For persons, bodies, organisations and/or countries affected by including the provision of medical aid.</b></li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<ul style="list-style-type: none"><li>• <b>General Charitable Purposes</b></li><li>• <b>Education/training</b></li><li>• <b>The Advancement Of Health Or Saving Of Lives</b></li><li>• <b>The Prevention Or Relief Of Poverty</b></li></ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	<b>Yes, the trustees have had regard to the guidance issued by the Charity Commission on public benefit</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policy on grant making	
Policy on social investment including program related investment	

Contribution made by volunteers	
Other	

## Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p><b>The charity has helped provide food packages to the poor and vulnerable people.</b></p> <p><b>The charity has helped cook &amp; deliver hot meals to the homeless in Holborn.</b></p> <p><b>The charity trained lay people CPR.</b></p>

## Financial Review

Review of the charity's financial position at the end of the period	
Statement explaining the policy for holding reserves stating why they are held	<b>Sometimes reserves are required for larger projects.</b>
Amount of reserves held	<b>Zero</b>
Reasons for holding zero reserves	<b>The money the charity has at the moment are purely for running the charity. So reserves for this year zero.</b>
Details of fund materially in deficit	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	<b>N/A</b>

**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	<b>The charities' principal sources are donations and fund raising.</b>
Investment policy and objectives including any social investment policy adopted	<b>N/A</b>
A description of the principal risks facing the charity	<b>N/A</b>
Other	

**Structure, Governance and Management**

Description of charity's trusts:	
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	<b>Trust Deed</b>
How is the charity constituted? ( <a href="#">e.g. unincorporated association</a> , <a href="#">CIO</a> )	<b>Unincorporated</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	<b>N/A</b>

**Reference and Administrative details**

Charity name	Make It Beat
Other name the charity uses	
Registered charity number	1173304
Charity's principal address	386 Green Lane, Ilford, IG3 9JU

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Ravi Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mr Ravi Bhanot
2	Mrs Sushma Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mrs Sushma Bhanot
3	Mrs Krishna Kumari Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
4	Mr Pranav Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
5	Mr Varun Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
6	Mr Ravina Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
7	Mrs Shefali Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## **Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### **Additional information (optional)**

#### **Names and addresses of advisers (Optional information)**

<b>Type of adviser</b>	<b>Name</b>	<b>Address</b>

#### **Name of chief executive or names of senior staff members (Optional information)**

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## **Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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## **Other optional information**

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**Declarations**

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	<i>Ravi Bhanot</i>	
Full name(s)	Mr Ravi Bhanot	
Position (eg Secretary, Chair, etc)	Chairman	
Date	02/08/2024	

**Make it Beat**  
**Income& Expenditure Statement**  
**As at 31/03/2023**

		<b>Amount £</b>	<b>Amount£</b>
<b>Income</b>			
Donation		5,037.89	
<b>Total Income</b>			5,037.89
<b>Expenditure</b>			
Website - Domain & Webcosting		350	
Accountancy Fee		250	
Promotion & Advert		0	
Charity Donation		245.00	
Admin Expenses		650	
<b>Total Expenditure</b>			1,495.00
<b>Surplus Income</b>			<b>3,542.89</b>