

MAKE IT BEAT

England & Wales · Charity number 1173304

Details

Other names	MIB
Status	Registered
Legal form	CIO
Registered	2017-06-07
Register	View on the Charity Commission register

Contact

Address	386 Green Lane Ilford IG3 9JU
Phone	02085979039
Email	info@makeitbeat.org.uk
Website	www.makeitbeat.org.uk

Activities

Objects: 1) THE PRESERVATION AND PROTECTION OF HEALTH AND THE SAVING OF LIVES BY PROVIDING AND ASSISTING IN THE PROVISION OF TRAINING FOR THE PUBLIC IN CARDIO PULMONARY RESUSCITATION (CPR).2) THE PREVENTION OR RELIEF OF POVERTY ANYWHERE IN THE WORLD BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.3) THE RELIEF OF FINANCIAL NEED AND SUFFERING AMONG VICTIMS OF NATURAL OR OTHER KINDS OF DISASTER IN THE FORM OF MONEY (OR OTHER MEANS DEEMED SUITABLE) FOR PERSONS, BODIES, ORGANISATIONS AND/OR COUNTRIES AFFECTED INCLUDING THE PROVISION OF MEDICAL AID.

Activities: The preservation of health saving of life by providing and assisting in the provision of training in CPR. The prevention or relief of poverty any where in the world by providing grants, service to individuals in need. The relief of financial need and suffering among victims of natural or other kind of disasters in the form of money for persons.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£388	£3,275	-	-
2024-03-31	£5,037	£1,495	-	-
2023-03-31	£5,037	£1,495	-	-
2022-03-31	£6,781	£20,807	-	-
2021-03-31	£33,871	£30,973	-	-

Trustees

Name	Role	Appointed
Rabinder BHANOT JP	Chair	2017-01-24
KRISHNA BHANOT		2017-01-24
PRANAV BHANOT		2017-01-24
RAVINA BHANOT		2017-01-24
SHEFALI DAVDA		2017-01-24
SUSHMA BHANOT		2017-01-24
VARUN BHANOT		2017-01-24

MAKE IT BEAT

England & Wales - Charity number 1173304

Accounts



Trustees' Annual Report for the period

From: 01/04/2024 to 31/03/2025

Charity name: MAKE IT BEAT

Charity registration number: 1173304

Objectives and Activities

<p>Summary of the purposes of the charity as set out in its governing document</p>	<ul style="list-style-type: none"> • The preservation and protection of health and the saving of lives by providing and assisting in the provision of training for the public in Cardio Pulmonary Resuscitation (CPR). • The Prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and /or charities, or other organisations working to prevent or relieve poverty. • The relief of disaster in the form of money (or other means deemed suitable). For persons, bodies, organisations and/or countries affected by including the provision of medical aid.
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<ul style="list-style-type: none"> • General Charitable Purposes • Education/training • The Advancement Of Health Or Saving Of Lives • The Prevention Or Relief Of Poverty
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Yes, the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>Policy on grant making</p>	
<p>Policy on social investment including program related investment</p>	

Contribution made by volunteers	
Other	

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>The charity has helped provide food packages to the poor and vulnerable people.</p> <p>The charity has helped cook & deliver hot meals to the homeless in Holborn.</p> <p>The charity trained lay people CPR.</p>
---	---

Financial Review

Review of the charity's financial position at the end of the period	
Statement explaining the policy for holding reserves stating why they are held	Sometimes reserves are required for larger projects.
Amount of reserves held	Zero
Reasons for holding zero reserves	The money the charity has at the moment are purely for running the charity. So reserves for this year zero.
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	The charities' principal sources are donations and fund raising.
Investment policy and objectives including any social investment policy adopted	N/A
A description of the principal risks facing the charity	N/A
Other	

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed , royal charter)	Trust Deed
How is the charity constituted? (e.g. unincorporated association , CIO)	Unincorporated
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	N/A

Reference and Administrative details

Charity name	Make It Beat
Other name the charity uses	
Registered charity number	1173304
Charity's principal address	386 Green Lane, Ilford, IG3 9JU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Ravi Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mr Ravi Bhanot
2	Mrs Sushma Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mrs Sushma Bhanot
3	Mrs Krishna Kumari Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
4	Mr Pranav Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
5	Mr Varun Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
6	Mr Ravina Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
7	Mrs Shefali Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Ravi Bhanot</i>	
Full name(s)	Mr Ravi Bhanot	
Position (eg Secretary, Chair, etc)	Chairman	
Date	26/12/2025	

Make it Beat
Income & Expenditure Statement
As at 31/03/2025

		Amount £	Amount£
Income			
Donation		388.19	
Total Income			388.19
Expenditure			
Website - Domain & Webcosting		0	
Accountancy Fee		0	
Promotion & Advert		0	
Charity Donation		3,005.00	
Admin Expenses		270	
Total Expenditure			3,275.00
Surplus Income			3,542.89

| |

MAKE IT BEAT

England & Wales - Charity number 1173304

Accounts



Trustees' Annual Report for the period

From: 01/04/2023 to 31/03/2024

Charity name: MAKE IT BEAT

Charity registration number: 1173304

Objectives and Activities

<p>Summary of the purposes of the charity as set out in its governing document</p>	<ul style="list-style-type: none"> • The preservation and protection of health and the saving of lives by providing and assisting in the provision of training for the public in Cardio Pulmonary Resuscitation (CPR). • The Prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and /or charities, or other organisations working to prevent or relieve poverty. • The relief of disaster in the form of money (or other means deemed suitable). For persons, bodies, organisations and/or countries affected by including the provision of medical aid.
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<ul style="list-style-type: none"> • General Charitable Purposes • Education/training • The Advancement Of Health Or Saving Of Lives • The Prevention Or Relief Of Poverty
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Yes, the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>Policy on grant making</p>	
<p>Policy on social investment including program related investment</p>	

Contribution made by volunteers	
Other	

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>The charity has helped provide food packages to the poor and vulnerable people.</p> <p>The charity has helped cook & deliver hot meals to the homeless in Holborn.</p> <p>The charity trained lay people CPR.</p>
---	---

Financial Review

Review of the charity's financial position at the end of the period	
Statement explaining the policy for holding reserves stating why they are held	Sometimes reserves are required for larger projects.
Amount of reserves held	Zero
Reasons for holding zero reserves	The money the charity has at the moment are purely for running the charity. So reserves for this year zero.
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	The charities' principal sources are donations and fund raising.
Investment policy and objectives including any social investment policy adopted	N/A
A description of the principal risks facing the charity	N/A
Other	

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed , royal charter)	Trust Deed
How is the charity constituted? (e.g. unincorporated association , CIO)	Unincorporated
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	N/A

Reference and Administrative details

Charity name	Make It Beat
Other name the charity uses	
Registered charity number	1173304
Charity's principal address	386 Green Lane, Ilford, IG3 9JU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Ravi Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mr Ravi Bhanot
2	Mrs Sushma Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mrs Sushma Bhanot
3	Mrs Krishna Kumari Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
4	Mr Pranav Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
5	Mr Varun Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
6	Mr Ravina Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
7	Mrs Shefali Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Ravi Bhanot</i>	
Full name(s)	Mr Ravi Bhanot	
Position (eg Secretary, Chair, etc)	Chairman	
Date	13/01/2025	

Make it Beat
Income & Expenditure Statement
 As at 31/03/2024

		Amount £	Amount£
Income			
Donation		5,037.89	
Total Income			5,037.89
Expenditure			
Website - Domain & Webcosting		350	
Accountancy Fee		250	
Promotion & Advert		0	
Charity Donation		245.00	
Admin Expenses		650	
Total Expenditure			1,495.00
Surplus Income			3,542.89

MAKE IT BEAT

England & Wales - Charity number 1173304

Accounts



Trustees' Annual Report for the period

From: 01/04/2022 To: 31/03/2023

Charity name: **MAKE IT BEAT**

Charity registration number: 1173304

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	<ul style="list-style-type: none">• The preservation and protection of health and the saving of lives by providing and assisting in the provision of training for the public in Cardio Pulmonary Resuscitation (CPR).• The Prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and /or charities, or other organisations working to prevent or relieve poverty.• The relief of disaster in the form of money (or other means deemed suitable). For persons, bodies, organisations and/or countries affected by including the provision of medical aid.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<ul style="list-style-type: none">• General Charitable Purposes• Education/training• The Advancement Of Health Or Saving Of Lives• The Prevention Or Relief Of Poverty
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Yes, the trustees have had regard to the guidance issued by the Charity Commission on public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

Policy on grant making	
Policy on social investment including program related investment	

Contribution made by volunteers	
Other	

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>The charity has helped provide food packages to the poor and vulnerable people.</p> <p>The charity has helped cook & deliver hot meals to the homeless in Holborn.</p> <p>The charity trained lay people CPR.</p>
---	---

Financial Review

Review of the charity's financial position at the end of the period	
Statement explaining the policy for holding reserves stating why they are held	Sometimes reserves are required for larger projects.
Amount of reserves held	Zero
Reasons for holding zero reserves	The money the charity has at the moment are purely for running the charity. So reserves for this year zero.
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	The charities' principal sources are donations and fund raising.
Investment policy and objectives including any social investment policy adopted	N/A
A description of the principal risks facing the charity	N/A
Other	

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed , royal charter)	Trust Deed
How is the charity constituted? (e.g. unincorporated association , CIO)	Unincorporated
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	N/A

Reference and Administrative details

Charity name	Make It Beat
Other name the charity uses	
Registered charity number	1173304
Charity's principal address	386 Green Lane, Ilford, IG3 9JU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Ravi Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mr Ravi Bhanot
2	Mrs Sushma Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	Mrs Sushma Bhanot
3	Mrs Krishna Kumari Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
4	Mr Pranav Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
5	Mr Varun Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
6	Mr Ravina Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
7	Mrs Shefali Bhanot	386 Green Lane, Ilford, IG3 9JU	Whole year	
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Ravi Bhanot</i>	
Full name(s)	Mr Ravi Bhanot	
Position (eg Secretary, Chair, etc)	Chairman	
Date	02/08/2024	

Make it Beat
Income & Expenditure Statement
As at 31/03/2023

		Amount £	Amount£
Income			
Donation		5,037.89	
Total Income			5,037.89
Expenditure			
Website - Domain & Webcosting		350	
Accountancy Fee		250	
Promotion & Advert		0	
Charity Donation		245.00	
Admin Expenses		650	
Total Expenditure			1,495.00
Surplus Income			3,542.89

MAKE IT BEAT

England & Wales - Charity number 1173304

Accounts

Make It Beat
Profit & Loss
April 2021 through March 2022

	<u>Apr '21 - Mar...</u>
Ordinary Income/Expense	
Income	
Gifts and Donations Inc...	6,781.80
Total Income	<u>6,781.80</u>
Expense	
Bank Charges	36.00
Education Charity (India)	250.00
Empowerment Education	800.00
Feeding Homeless	692.80
Fund Raising Expense	8,322.20
Homeless Project	3,696.00
Inspiring Women	300.00
IT expense	514.00
Miscellaneous Expense	5,762.00
Water Bill	434.00
Total Expense	<u>20,807.00</u>
Net Ordinary Income	<u>-14,025.20</u>
Profit for the Year	<u><u>-14,025.20</u></u>

MAKE IT BEAT

England & Wales - Charity number 1173304

Accounts

**Make it Beat
Income & Expenditure Statement
As at 31/03/2021**

	Amount £	Amount£
Income		
Donation Received - Local Council	10,200.00	
Donation Received	23,670.84	
Total Income		33,870.84
Expenditure		
Donation out Going - Students	10,950.00	
Donation out Going	18,112.20	
Other Expenses	1,910.67	
Total Expenditure		30,972.87
Surplus Income (-+)		2,897.97

**Make it Beat
Balance Sheet
As at 31/03/2021**

Assets and Liabilities

Debtors	0.00
Debtors and Bank Balance B/FWD	14,733.05
Current Year Receipts	33,870.84
Current Year Expenditure	-30,972.87
Creditors	0.00
Total Debtors less Liabilities	17,631.02

Payments to Charities and Expenses

Bank

Balance B/FWD	14,733.05	
Current Year Receipts	33,870.84	48,603.89
Payments (Current Year)		-30,972.87
Balance C/FWD		17,631.02

**Being a family run Small charity We do not feel
that we need to have any internal control or
Audit report for this year.**