

FALLOWFIELD AND WITHINGTON FOODBANK

England & Wales · Charity number 1173202

Details

Status Registered

Legal form CIO

Registered 2017-05-30

Register [View on the Charity Commission register](#)

Contact

Address c/o Union Chapel
Wellington Road
Fallowfield
Manchester
M14 6EQ

Phone 07411 077654

Email info@fallowfieldwithington.foodbank.org.uk

Website <http://fallowfieldwithington.foodbank.org.uk/>

Activities

Objects: TO RELIEVE PERSONS IN FALLOWFIELD AND WITHINGTON AND THE SURROUNDING AREA WHO ARE IN FINANCIAL HARDSHIP IN SUCH WAYS AS THE TRUSTEES FROM TIME TO TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:A) PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES, AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED AND FOR DISTRIBUTION BY CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY;B) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES.

Activities: To relieve persons in Fallowfield and Withington and the surrounding area that are in financial hardship in such ways as the Trustees from time to time think fit, in particular, but not exclusively by:a) providing emergency food, essential toiletries, and household items to individuals and families in need and for distribution by charities or other organisations working to prevent or relieve pov

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- Manchester City

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-03-31 | £129,857 | £109,355 | - | - |
| 2024-03-31 | £141,647 | £109,054 | - | - |
| 2023-03-31 | £87,617 | £72,435 | - | - |
| 2022-03-31 | £35,661 | £39,698 | - | - |
| 2021-03-31 | £82,323 | £39,439 | - | - |

Trustees

| Name | Role | Appointed |
|------------------------|-------|------------|
| Simon Nichol | Chair | 2022-12-06 |
| Alice Niamh Kennedy | | 2019-07-16 |
| DAVID COLIN WALKER | | 2017-01-04 |
| James Chukwuka Onyiwe | | 2025-06-03 |
| Linda Ann Mary Foley | | 2019-07-08 |
| Miles Dolman Treasurer | | 2025-03-04 |

FALLOWFIELD AND WITHINGTON FOODBANK

England & Wales - Charity number 1173202

Accounts



Trustees' Annual Report for the period

From **01/04/2024** Period start date To **31/03/2025** Period end date

Charity name: Fallowfield and Withington Foodbank

Charity registration number: 1173202

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | To relieve persons in Fallowfield and Withington and the surrounding area that are in financial hardship. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | Provide relief by: a) providing emergency food, essential toiletries, and household items to individuals and families in need and for distribution by charities or other organisations working to prevent or relieve poverty Collecting and distributing food donated by the public Preparing "food parcels" Engaging with referred clients, providing them with signposting to other agencies. Supporting community cooking projects and Organising residents in temporary accommodation. Liaison with local schools to provide targeted help to pupils in need. Provide in house budgeting and financial inclusion support via Citizens Advice. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | Our trustees have had regard to t h e C h a r i t y C o m m i s s i o n ' s guidance on public benefit. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
| Policy on grant making | Para 1.38 | N/a |
| Policy on social investment including program related investment | Para 1.38 | N/a |
| Contribution made by volunteers | Para 1.38 | Volunteers support in warehousing, donation collections and processing, operating our foodbank sessions and on our Organising and community outreach programmes |

Achievements and Performance

| | SORP reference | |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | Over the period we have provided 2,472 parcels that supported 5,746 people in crisis in our local area including over 2,000 children. Alongside our core provision we have also supported over 200 families across 7 primary schools with additional support across the Christmas and Summer holidays. This support is invaluable at a time when families in poverty are under extra pressure due to the lack of free school meals. Furthermore the foodbank has operated a community kitchen in partnership with a local church that has helped families in the local area not only with a free three course meal every fortnight but with a chance to come together and coalesce around issues that affect them, this has been particularly important for the many asylum seeker families who have been placed in the area over the past year. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|-------------------------------------|-----------|---|
| Achievements against objectives set | Para 1.41 | While we have no targets set for service usage we are pleased to to have been able to consistently provide quality support throughout the year. Overall demand for the services has increased significantly. |
|-------------------------------------|-----------|---|

| | | |
|--|-----------|--|
| Performance of fundraising activities against objectives set | Para 1.41 | We are pleased to note that we have received £23,988 of unrestricted donations over the period. This has supported our foodbank in the current calendar year. |
| Investment performance against objectives | Para 1.41 | N/a |

Financial Review

| | | |
|--|-----------|--|
| Review of the charity's financial position at the end of the period | Para 1.21 | <p>Against a backdrop of high demand we have maintained a strong balance sheet with cash increasing on the prior period.</p> <p>Our total funds at the end of the year are £101,106. This represents a relatively secure overall balance to support the demand for our services.</p> |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | <p>Sufficient funds have been ring fenced to enable the Foodbank to keep operating for up to 6 months if there is a significant reduction in donations and grants.</p> |
| Amount of reserves held | Para 1.22 | N/a |
| Reasons for holding zero reserves | Para 1.22 | N/a |
| Details of fund materially in deficit | Para 1.24 | N/a |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | N/a |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | <ul style="list-style-type: none"> • Donations from individuals and local organisations • Grants awarded by the Trussell Trust • Grant awarded by the Local Authority and subsidiaries |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | N/a |
| A description of the principal risks facing the charity | Para 1.46 | <p>Principal risks include:</p> <p>Significant and unsustainable increases in foodbank demand.</p> <p>Sudden loss of staff impacting day-to-day and medium term operations.</p> |
| Other | | N/a |

Structure, Governance and Management

| | | |
|---|-----------|--|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CIO Foundation |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CIO |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for effective administration of the CIO. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | N/a |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | Charity is a CIO. It is affiliated with the Trussel Trust network of foodbanks. |
| Relationship with any related parties | Para 1.51 | Several of our trustees are City Councillors. Their interests are known and declared at each Trustee meeting. |
| Other | | N/a |

Reference and Administrative details

| | |
|-----------------------------|--|
| Charity name | Fallowfield and Withington Foodbank |
| Other name the charity uses | |
| Registered charity number | 1173202 |
| Charity's principal address | c/o Union Chapel, 2b Wellington Road, Fallowfield, Manchester, M14 6EQ |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|------------------------|--|--|
| 1 | Linda Ann Mary Foley | | | |
| 2 | Simon Nichol | Chair | | |
| 3 | Alice Niamh Kennedy | | | |
| 4 | David Colin Walker | | | |
| 5 | Max Turton | | | |
| 6 | Miles Dolman | Treasurer | | |
| 7 | James Onyiwe | | | |
| 8 | Ali Ilyas | | | |
| 9 | | | | |
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| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | | |
|----------------------|--|--|
| N/a | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|---------------------|--|--|
| N/a | | |
| | | |
| | | |
| | | |
| | | |

Funds held as custodian trustees on behalf of others

| | |
|---|-----|
| Description of the assets held in this capacity | N/a |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/a |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/a |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|-----------------|------|---------|

| | | |
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| | | |

Name of chief executive or names of senior staff members (Optional information)

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|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|--|--------------|--|
| Signature(s) | | |
| Full name(s) | Simon Nichol | |
| Position (eg Secretary, Chair, etc) | Chair | |
| Date | 04/02/2025 | |



CHARITY COMMISSION
FOR ENGLAND AND WALES

| | |
|--|------------------------|
| Charity Name Fallowfield and Withington Food Bank | No (if any) 1173202 |
|--|------------------------|

CC16a

Receipts and payments accounts

| | | | |
|---------------------|---------------------------------|----|-------------------------------|
| For the period from | Period start date 01/04/2024 | To | Period end date 31/03/2025 |
|---------------------|---------------------------------|----|-------------------------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Grants | 2,750 | - | - | 2,750 | 3,411 |
| Regular donations | 6,457 | - | - | 6,457 | 6,099 |
| Other donations | 14,615 | - | - | 14,615 | 34,154 |
| Trussel Trust | 166 | 105,869 | - | 106,035 | 39,093 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 23,988 | 105,869 | - | 129,857 | 82,757 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 23,988 | 105,869 | - | 129,857 | 82,757 |
| A3 Payments | | | | | |
| Food/toiletries purchases | 34,599 | - | - | 34,599 | 27,102 |
| Equipment | 912 | - | - | 912 | 8,099 |
| Insurance/Fees | 1,437 | - | - | 1,437 | 982 |
| Venue costs | 2,400 | - | - | 2,400 | 900 |
| Salary costs | - | 70,007 | - | 70,007 | 56,197 |
| Training | - | - | - | - | 834 |
| Expenses | - | - | - | - | 346 |
| Goods transport | - | - | - | - | 1,440 |
| Schools project | - | - | - | - | - |
| Other costs | - | - | - | - | - |
| Sub total | 39,348 | 70,007 | - | 109,355 | 95,900 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 39,348 | 70,007 | - | 109,355 | 95,900 |
| Net of receipts/(payments) | - 15,360 | 35,862 | - | 20,502 | - 13,143 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 63,551 | 17,052 | - | 80,604 | 93,746 |
| Cash funds this year end | 48,191 | 52,914 | - | 101,106 | 80,603 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 48,191 | 52,914 | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|------------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Shelving | | 1,920 | - |
| | Secure store | | 1,440 | - |
| | Computer/phone | | 1,440 | - |
| | Bike transporter | | 6,500 | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------|--------------|------------------|
| | Simon Nichol | 04/02/2026 |
| | | |



Section A

Independent Examiner's Report

Report to the trustees

Fallowfield and Withington Food Bank

On accounts for the year
ended

31/03/2025

Charity no
(if any)

1173202

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/03/2025 (Y).

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

~~* Please delete the words in the brackets if they do not apply.~~

Signed:

[Signature box]

Date:

26/01/2026

Name:

Tristan Robinson

Relevant professional
qualification(s) or body

ICAEW Chartered Accountant (ACA)

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

FALLOWFIELD AND WITHINGTON FOODBANK

England & Wales - Charity number 1173202

Accounts



Trustees' Annual Report for the period

From **06/04/2023** Period start date To **05/04/2024** Period end date

Charity name: **Fallowfield and Withington Foodbank**

Charity registration number: **1173202**

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | To relieve persons in Fallowfield and Withington and the surrounding area that are in financial hardship. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | Provide relief by: a) providing emergency food, essential toiletries, and household items to individuals and families in need and for distribution by charities or other organisations working to prevent or relieve poverty Collecting and distributing food donated by the public Preparing "food parcels" Engaging with referred clients, providing them with signposting to other agencies. Supporting community cooking projects and Organising residents in temporary accommodation. Liaison with local schools to provide targeted help to pupils in need. Provide in house budgeting and financial inclusion support via Citizens Advice. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | Our trustees have had regard to the Charity Commission's guidance on public benefit. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
|--|----------------|--|

| | | |
|--|-----------|---|
| Policy on grant making | Para 1.38 | N/a |
| Policy on social investment including program related investment | Para 1.38 | N/a |
| Contribution made by volunteers | Para 1.38 | Volunteers support in warehousing, donation collections and processing, operating our foodbank sessions and on our Organising and community outreach programmes. |

Achievements and Performance

| | SORP reference | |
|---|----------------|--|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>From April 2023 to April 2024 the charity provided over 2405 emergency food parcels supporting 5754 people to overcome immediate food poverty.</p> <p>Uniform grants were again provided to the local Primary Schools as well as and expanded provision for our 'Holiday Hunger' project.</p> <p>15,989 kg of food/toiletries have been donated, collected, sorted and stored, showing the generosity of the local community and their desire to help their neighbours during these difficult times.</p> <p>29,632 kg of food/toiletries have been distributed.</p> |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|-----------|---|
| Achievements against objectives set | Para 1.41 | While we have no targets set for service usage we are pleased to to have been able to consistently provide quality support throughout the year. Overall demand for the services has increased significantly. |
| Performance of fundraising activities against objectives set | Para 1.41 | We are pleased to note that we have received £48,742 of unrestricted donations from 2023 to 2024. This has supported our foodbank in the current calendar year. |

| | | |
|---|-----------|-----|
| Investment performance against objectives | Para 1.41 | N/a |
|---|-----------|-----|

Financial Review

| | | |
|--|-----------|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | Against a backdrop of steeply rising demand the we have maintained a strong balance sheet. Our total funds for the end of year 2024, 80,603 (£), was a small decrease from the previous year and represents a relatively secure overall balance reflective of the rising demand and for implementing our ongoing services. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | Sufficient funds have been ring fenced to enable to Foodbank to keep operating for up to 6 months if there is a significant reduction in donations and grants. |
| Amount of reserves held | Para 1.22 | N/a |
| Reasons for holding zero reserves | Para 1.22 | N/a |
| Details of fund materially in deficit | Para 1.24 | N/a |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | N/a |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | <ul style="list-style-type: none"> - Donations from individuals and local organisations - Grants awarded by the Trussell Trust - Grant awarded by the Local Authority and subsidiaries. |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | N/a |
| A description of the principal risks facing the charity | Para 1.46 | Principal risks include: Significant and unsustainable increases in foodbank demand. Sudden loss of staff impacting day-to-day and medium term operations. |

| | | |
|-------|--|-----|
| Other | | N/a |
|-------|--|-----|

Structure, Governance and Management

| | | |
|---|-----------|--|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CIO Foundation |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CIO |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | N/a |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | Charity is a CIO. It is affiliated with the Trussell Trust network of foodbanks. |
| Relationship with any related parties | Para 1.51 | Several of our trustees our City Councillors. Their interests are know and declared at each Trustee meeting. |
| Other | | N/a |

Reference and Administrative details

| | |
|-----------------------------|--|
| Charity name | Fallowfield and Withington Foodbank |
| Other name the charity uses | |
| Registered charity number | 1173202 |
| Charity's principal address | c/o Union Chapel, 2b Wellington Road, Fallowfield, Manchester, M14 6EQ |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------------|-----------------|-----------------------------------|---|
| 1 | Linda Ann Mary Foley | | | |
| 2 | Claire Crawley | | | |
| 3 | Simon Nichol | Chair | | |
| 4 | Rachel Watson | | | |
| 5 | Alice Niamh Kennedy | | | |
| 6 | Rebecca Chambers | | | |
| 7 | Rebecca Kennedy | | | |
| 8 | David Colin Walker | Treasurer | | |
| 9 | Neelam Mehmood | | | |
| 10 | Max Turton | | | |
| 11 | | | | |
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| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| | | |
|----------------------|--|--|
| Director name | | |
| N/a | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|--------------|-----------------------------------|--|
| N/a | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Funds held as custodian trustees on behalf of others

| | |
|---|--|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|-----------------|------|---------|

| | | |
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| | | |

Name of chief executive or names of senior staff members (Optional information)

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| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
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| |
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

| | |
|--|--|
| | |
|--|--|

Full name(s)

| | |
|--|--|
| | |
|--|--|

Position (eg
Secretary, Chair, etc)

| | |
|--|--|
| | |
|--|--|

Date

| |
|--|
| |
|--|



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Fallowfield and Withington Food Bank

No (if any)
1173202

CC16a

Receipts and payments accounts

For the period from **4/1/23** To **3/30/24**

Section A Receipts and payments

| | Unrestricted funds | Restricted funds | Endowment funds | Total funds | Last year |
|---|--------------------|------------------|------------------|------------------|------------------|
| | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ |
| A1 Receipts | | | | | |
| Grants | 3,411 | - | - | 3,411 | 3,500 |
| Regular donations | 6,099 | - | - | 6,099 | 6,737 |
| Other donations | 27,489 | 6,665 | - | 34,154 | 31,901 |
| Trussel Trust | 11,743 | 27,350 | - | 39,093 | 45,479 |
| | - 0 | - | - | - | - |
| | - 0 | - | - | - | - |
| | - 0 | - | - | - | - |
| | - 0 | - | - | - | - |
| Sub total(Gross income for AR) | 48,742 | 34,015 | - | 82,757 | 87,617 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - 0 | - 0 | - 0 | - | - |
| | - 0 | - 0 | - 0 | - | - 0 |
| Sub total | - 0 | - 0 | - 0 | - | - 0 |
| Total receipts | 48,742 | 34,015 | - 0 | 82,757 | 87,617 |
| A3 Payments | | | | | |
| Food/toiletries purchases | 27,102 | - | - | 27,102 | 4,990 |
| Equipment | 1,436 | 6,663 | - | 8,099 | 391 |
| Insurance/Fees | 982 | - | - | 982 | 1,299 |
| Venue costs | 900 | - | - | 900 | 2,950 |
| Salary costs | 14,383 | 41,814 | - | 56,197 | 57,192 |
| Training | 834 | - | - | 834 | 320 |
| Expenses | 346 | - | - | 346 | 184 |
| Goods transport | 1,440 | - | - | 1,440 | 1,800 |
| Schools project | | | | | 3,076 |
| Other costs | - 0 | - | - | - | 233 |
| Sub total | 47,423 | 48,477 | - | 95,900 | 72,435 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - 0 | - 0 | - 0 | - | - |
| | - 0 | - 0 | - 0 | - | - |
| Sub total | - 0 | - 0 | - 0 | - | - 0 |
| Total payments | 47,423 | 48,477 | - 0 | 95,900 | 72,435 |
| Net of receipts/(payments) | 1,319 | - 14,462 | - | - 13,143 | 15,182 |
| A5 Transfers between funds | - 0 | - | - | - | - |
| A6 Cash funds last year end | 62,232 | 31,514 | - | 93,746 | 78,563 |
| Cash funds this year end | 63,551 | 17,052 | - | 80,603 | 93,745 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds | Restricted funds | Endowment funds |
|---|--|---------------------------------|-----------------------|--------------------------|
| | | to nearest £ | to nearest £ | to nearest £ |
| B1 Cash funds | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 63,551 | 17,052 | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |
| | Details | Unrestricted funds | Restricted funds | Endowment funds |
| | | to nearest £ | to nearest £ | to nearest £ |
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| B4 Assets retained for the charity's own use | Shelving | | 1,920 | - |
| | Secure store | | 1,440 | - |
| | Computer/phone | | 1,440 | - |
| | Bike transporter | | 6,500 | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval | |
| | | DAVID WALKER | 3/12/2024 | |



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Fallowfield and Withington Food Bank

On accounts for the year ended

30/03/2024

**Charity no
(if any)**

1173202

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/03/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

~~* Please delete the words in the brackets if they do not apply.~~

Signed: 

Date: 28/01/2025

Name: Tristan Robinson

Relevant professional qualification(s) or body

ICAEW ACA time and exam qualified; pending submission and admission to full membership

(if any):

Address:

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

FALLOWFIELD AND WITHINGTON FOODBANK

England & Wales - Charity number 1173202

Accounts



Trustees' Annual Report for the period

From **06/04/2022** Period start date To **05/04/2023** Period end date

Charity name: **Fallowfield and Withington Foodbank**

Charity registration number: **1173202**

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | To relieve persons in Fallowfield and Withington and the surrounding area that are in financial hardship. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | Provide relief by: a) providing emergency food, essential toiletries, and household items to individuals and families in need and for distribution by charities or other organisations working to prevent or relieve poverty Collecting food donated by the public Sorting and storing donations Preparing "food parcels" Engaging with referred clients, providing them with signposting to other agencies. Liaison n with local schools to provide targeted help to pupils in need. Provide in house budgeting and financial inclusion support via Citizens Advice. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | Our trustees have had regard to the Charity Commission's guidance on public benefit. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
|--|----------------|--|

| | | |
|--|-----------|---|
| Policy on grant making | Para 1.38 | N/a |
| Policy on social investment including program related investment | Para 1.38 | N/a |
| Contribution made by volunteers | Para 1.38 | Volunteers support in warehousing, donation collections and processing, operating our foodbank sessions and on our Organising and community outreach programmes. |

Achievements and Performance

| | SORP reference | |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>From April 2022 to March 2023 the charity provided over 1665 emergency food parcels supporting 3894 people to overcome immediate food poverty.</p> <p>Uniform grants were again provided to the local Primary Schools as well as and expanded provision for our 'Holiday Hunger' project.</p> <p>24,232kg of food/toiletries have been donated, collected, sorted and stored, showing the generosity of the local community and their desire to help their neighbours during these difficult times.</p> <p>27,946 kg of food/toiletries have been distributed.</p> |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|-----------|---|
| Achievements against objectives set | Para 1.41 | While we have no targets set for service usage we are pleased to to have been able to consistently provide quality support throughout the year. Overall demand for the services has increased significantly. |
| Performance of fundraising activities against objectives set | Para 1.41 | We are pleased to note that we have received £38,638 of unrestricted donations cross 2022 to 2023. This has supported our foodbank in the current calendar year. |

| | | |
|---|-----------|-----|
| Investment performance against objectives | Para 1.41 | N/a |
|---|-----------|-----|

Financial Review

| | | |
|--|-----------|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | Against a backdrop of steeply rising demand the we have maintained a strong balance sheet. Our total funds for the end of year 2023, 93,745 (£), is a significant increase from the previous year and represents a increasingly strong overall balance resilient to rising demand and for implementing our ongoing services. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | Sufficient funds have been ring fenced to enable to Foodbank to keep operating for up to 6 months if there is a significant reduction in donations and grants. |
| Amount of reserves held | Para 1.22 | N/a |
| Reasons for holding zero reserves | Para 1.22 | N/a |
| Details of fund materially in deficit | Para 1.24 | N/a |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | N/a |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | <ul style="list-style-type: none"> - Donations from individuals and local organisations - Grants awarded by the Trussell Trust - Grant awarded by the Local Authority and subsidiaries. |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | N/a |
| A description of the principal risks facing the charity | Para 1.46 | N/a |

| | | |
|-------|--|-----|
| Other | | N/a |
|-------|--|-----|

Structure, Governance and Management

| | | |
|---|-----------|--|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CIO Foundation |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CIO |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | N/a |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | Charity is a CIO. It is affiliated with the Trussell Trust network of foodbanks |
| Relationship with any related parties | Para 1.51 | Several of our trustees our City Councillors. Their interests are know and declared at each Trustee meeting. |
| Other | | N/a |

Reference and Administrative details

| | |
|-----------------------------|--|
| Charity name | Fallowfield and Withington Foodbank |
| Other name the charity uses | |
| Registered charity number | 1173202 |
| Charity's principal address | c/o Union Chapel, 2b Wellington Road, Fallowfield, Manchester, M14 6EQ |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------------|------------------------|--|--|
| 1 | Linda Ann Mary Foley | | | |
| 2 | Claire Crawley | | | |
| 3 | Simon Nichol | Chair | | |
| 4 | Rachel Watson | | | |
| 5 | Alice Niamh Kennedy | | | |
| 6 | Rebecca Chambers | | | |
| 7 | Rebecca Kennedy | | | |
| 8 | David Colin Walker | Treasurer | | |
| 9 | Neelam Mehmood | | | |
| 10 | Max Turton | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| | | |
|----------------------|--|--|
| Director name | | |
| N/a | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|--------------|-----------------------------------|--|
| N/a | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Funds held as custodian trustees on behalf of others

| | |
|---|--|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|-----------------|------|---------|

| | | |
|--|--|--|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

| | |
|--|--|
| | |
|--|--|

Full name(s)

| | |
|--|--|
| | |
|--|--|

Position (eg
Secretary, Chair, etc)

| | |
|--|--|
| | |
|--|--|

Date

| |
|--|
| |
|--|



CHARITY COMMISSION
FOR ENGLAND AND WALES

Fallowfield and Withington Foodbank

1173202

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2022

To

Period end date
31/03/2023

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|--|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Grants | 3,000 | 500 | - | 3,500 | 11,343 |
| Donations standing orders | 6,737 | - | - | 6,737 | 2,289 |
| Other donations | 31,901 | - | - | 31,901 | 20,945 |
| Trussel Trust | 6,636 | 38,843 | - | 45,479 | 1,085 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 48,273 | 39,343 | - | 87,617 | 35,662 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 48,273 | 39,343 | - | 87,617 | 35,662 |
| A3 Payments | | | | | |
| Food/toiletries purchases | 4,490 | 500 | - | 4,990 | - |
| Equipment | | 391 | - | 391 | - |
| Insurance/Fees | 1,299 | - | - | 1,299 | - |
| Venue costs | 2,950 | - | - | 2,950 | - |
| Schools project | 3,076 | - | - | 3,076 | - |
| Salary costs | 33,203 | 23,989 | - | 57,192 | - |
| Training | 320 | - | - | 320 | - |
| Expenses | 184 | - | - | 184 | - |
| Goods transport | 1,800 | - | - | 1,800 | - |
| Other costs | 233 | - | - | 233 | - |
| Sub total | 47,555 | 24,880 | - | 72,435 | - |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 47,555 | 24,880 | - | 72,435 | - |
| Net of receipts/(payments) | 719 | 14,464 | - | 15,182 | 35,662 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 61,513 | 17,050 | - | 78,563 | - |
| Cash funds this year end | 62,232 | 31,514 | - | 93,745 | 35,662 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|--|-------------------------|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Current account | 62,232 | 31,514 | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 62,232 | 31,514 | - |
| (agree balances with receipts and payments account(s)) | | OK | OK | OK |

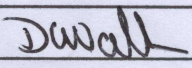
| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|-----------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Shelving | | 2,400 | - |
| | Secure store | | 1,800 | - |
| | Cupboards | | 456 | - |
| | Computers/Phone | | 1,807 | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|--------------|------------------|
|  | DAVID WALKER | 23.01.24 |



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

Fallowfield & Withington Foodbank

On accounts for the year
ended

2022-2023

Charity no
(if any)

1173202

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended ~~05 / 09 / 2023~~.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

23/01/2024

Name:

Nicholas James Wendell Prescott

Relevant professional
qualification(s) or body

N/A

(if any):

Address:

67 Victoria Mill, Houldsworth Street, Stockport, SK5 6AR

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

FALLOWFIELD AND WITHINGTON FOODBANK

England & Wales - Charity number 1173202

Accounts



Trustees' Annual Report for the period

From 01/04/2021
Period end date

Period start date To 31/03/2022

Charity name: Fallowfield and Withington Foodbank

Charity registration number: 1173202

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | To relieve persons in Fallowfield and Withington and the surrounding area that are in financial hardship. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | Provide relief by: a) providing emergency food, essential toiletries, and household items to individuals and families in need and for distribution by charities or other organisations working to prevent or relieve poverty; b) such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services. Collecting food donate by the public Sorting and storing donations Preparing "food parcels" Engaging with referred clients, providing them with appropriate "food parcels" and signposting to other agencies Liason with local schools to provide targeted help to pupils in need. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit. | Para 1.18 | Our trustees have had regard to the Charity Commission's guidance on public benefit. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
|--|----------------|--|

| | | |
|--|-----------|-----|
| Policy on grant making | Para 1.38 | N/a |
| Policy on social investment including program related investment | Para 1.38 | N/a |
| Contribution made by volunteers | Para 1.38 | N/a |
| Other | | N/a |

Achievements and Performance

| | SORP reference | |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>From April 2021 to March 2022 the charity provided emergency food parcels for 1774 people to overcome immediate food poverty.</p> <p>Uniform grants have again been provided to the local Primary Schools as well as new provision of "Covid-19" grants for arts and crafts activity packs, sports equipment and subsidised places on after-school clubs.</p> <p>21,683kg of food/toiletries have been donated, collected, sorted and stored, showing the generosity of the local community and their desire to help their neighbours during these difficult times. 18,349 kg of food/toiletries have been distributed.</p> |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|-------------------------------------|-----------|-----|
| Achievements against objectives set | Para 1.41 | N/a |
|-------------------------------------|-----------|-----|

| | | |
|--|-----------|------------|
| Performance of fundraising activities against objectives set | Para 1.41 | N/a |
| Investment performance against objectives | Para 1.41 | N/a |
| Other | | N/a |

Financial Review

| | | |
|--|-----------|--|
| Review of the charity's financial position at the end of the period | Para 1.21 | Against a backdrop of rising demand the we have maintained a strong balance sheet. Our total funds for the end of year 2022, 78,562 (£), is a small decrease from the previous year but represents a strong overall balance resilient to rising demand and for implementing our ongoing services. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | Sufficient funds have been ring fenced to enable to Foodbank to keep operating for up to 6 months if there is a significant reduction in donations and grants. |
| Amount of reserves held | Para 1.22 | None |
| Reasons for holding zero reserves | Para 1.22 | N/a |
| Details of fund materially in deficit | Para 1.24 | N/a |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | N/a |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | <ul style="list-style-type: none"> - Donations from individuals and local organisations - Grants awarded by the Trussell Trust |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | N/a |
| A description of the principal risks facing the charity | Para 1.46 | N/a |
| Other | | N/a |

Structure, Governance and Management

| | | |
|---|-----------|--|
| Description of charity's | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CIO Foundation |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CIO |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | N/a |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | Charity is a CIO. It is affiliated with the Trussell Trust network of Foodbanks |
| Relationship with any related parties | Para 1.51 | N/a |
| Other | | N/a |

Reference and Administrative details

| | |
|-----------------------------|-------------------------------------|
| Charity name | Fallowfield and Withington Foodbank |
| Other name the charity uses | |
| Registered charity number | 1173202 |

| | |
|-----------------------------|--|
| Charity's principal address | c/o Union Chapel, 2b Wellington Road, Fallowfield, Manchester, M14 6EQ |
| | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|--------------|-----------------------------------|--|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Funds held as custodian trustees on behalf of others

| | | |
|---|----------------|---------------------------------|
| Description of the assets held in this capacity | Not applicable | |
| <p>The trustees declare that they have approved the trustees' report above.</p> <p>Signed on behalf of the charity's trustees</p> | | |
| Name and address of charity on whose behalf the assets are held and how this falls within the custodian charity's objects | Signature(s) | Not applicable |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | | Not applicable |
| Full name(s) | | Nicholas James Wendell Prescott |

Additional information (Optional)

Position (eg Clerk, Secretary, Chair, etc)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|------------|
| | Date | 19/11/2022 |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Declarations



CHARITY COMMISSION
FOR ENGLAND AND WALES

Fallowfield and Withington Foodbank

No (if any)

Receipts and payments accounts

CC16a

| | | | |
|---------------------|-------------------|----|-----------------|
| For the period from | Period start date | To | Period end date |
| | 01/04/2021 | | 31/03/2022 |

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Grants | | 11,343 | - | 11,343 | 21,560 |
| Donations standing orders | 2,052 | - | - | 2,052 | 1,230 |
| Other donations | 21,181 | - | - | 21,181 | 59,533 |
| Tesco/Sainsbury donations | 1,085 | - | - | 1,085 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 24,318 | 11,343 | - | 35,661 | 82,323 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 24,318 | 11,343 | - | 35,661 | 82,323 |
| A3 Payments | | | | | |
| Food/toiletries purchases | 1,885 | - | - | 1,885 | 1,099 |
| Equipment | - | 1,416 | - | 1,416 | - |
| Insurance/Fees | 965 | - | - | 965 | 955 |
| Venue costs | 2,200 | - | - | 2,200 | 3,500 |
| Schools project | 4,592 | - | - | 4,592 | 12,767 |
| Salary costs | 22,777 | 4,877 | - | 27,654 | 20,870 |
| Training | 720 | - | - | 720 | - |
| Expenses | 266 | - | - | 266 | 200 |
| Other costs | - | - | - | - | 47 |
| Sub total | 33,405 | 6,293 | - | 39,698 | 39,438 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 33,405 | 6,293 | - | 39,698 | 39,438 |
| Net of receipts/(payments) | - 9,087 | 5,050 | - | 4,037 | 42,885 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 70,599 | 12,000 | - | 82,599 | - |
| Cash funds this year end | 61,512 | 17,050 | - | 78,562 | 42,885 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Current account | 61,512 | 12,000 | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 61,512 | 17,050 | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

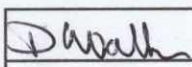
| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|-----------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Shelving | | 2,400 | 1,200 |
| | Secure store | | 1,800 | 1,040 |
| | Cupboards | | 456 | 365 |
| | Computers/Phone | | 1,416 | 1,123 |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| | | |
|---|--------------|------------------|
| Signature | Print Name | Date of approval |
|  | DAVID WALKER | |
| | | |



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

FALLOWFIELD AND WITHINGTON FOODBANK

On accounts for the year ended

2021/2022

Charity no (if any)

117302

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 12/12/2022

Name: Nicholas James Wendell Prescott

Relevant professional qualification(s) or body (if any):

N/A

Address: 48 Victoria Mill, Haulds worth Street, Stockport SK5 6AR

| |
|--|
| |
| |

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

FALLOWFIELD AND WITHINGTON FOODBANK

England & Wales - Charity number 1173202

Accounts



Trustees' Annual Report for the period

Period start date: Day 01, Month 04, Year 2020
 Period end date: Day 31, Month 03, Year 2021
From 01 04 2020 **To** 31 03 2021

Section A Reference and administration details

Charity name Fallowfield and Withington Foodbank

Other names charity is known by

Registered charity number (if any) 1173202

Charity's principal address c/o Union Chapel, 2b Wellington Road
 Manchester
Postcode M14 6EQ

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-----------------|-----------------|-----------------------------------|---|
| 1 | Susie Nicholson | Chair | | |
| 2 | David Walker | Treasurer | | |
| 3 | Becky Chambers | | | |
| 4 | Alice Kennedy | | | |
| 5 | Rachel Watson | | | |
| 6 | Rebecca Kennedy | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

| |
|--|
| |
|--|

Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|---|
| Type of governing document <i>(eg. incorporated charity, etc.)</i> | Charitable Incorporated Organisation |
| How the charity is constituted <i>(eg. trust, association, etc.)</i> | Trust |
| Trustee selection methods <i>(eg. appointed by, etc.)</i> | Trustees select individuals from the local community with the skills, knowledge and experience needed |

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Foodbank is part of the Trussell Trust network and receives help and guidance from the trust. This has been vital in providing guidelines to safe working during the pandemic.

During the covid crisis the Foodbank has worked closely with Manchester City Council to identify and help vulnerable households.

Close links have been established with neighbouring Foodbanks to discuss problems and share examples of good practice

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To help persons in Fallowfield and Withington that are in financial hardship, mainly through the provision of food parcels and signposting to other relevant organisations.

Collecting food donated by the public
Sorting and storing the donations
Preparing "food parcels"
Engaging with referred clients, providing them with appropriate "food parcels" and signposting to other agencies
Liaison with local schools to provided targeted help to pupils in need.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

The Foodbank has a dedicated team of volunteers and a Project Manager who have continued to provide their valuable contributions of time, energy and expertise during the pandemic. Without them Foodbank would not have been able to operate.

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

2 foodbank sessions of two hours run every week

1133 clients engaged with the Foodbank and given "food parcels" (to help 1777 adults and 1028 children) overcome their immediate food poverty - this is a 45% increase on last year.

Unfortunately, due to Covid restrictions, the Foodbank was only able to offer limited advice and signposting and operate from one centre.

Uniform grants have been given to the local Primary Schools as well as "Covid-19" grants for arts and crafts activity packs, sports equipment and laptops for children's home learning during the pandemic.

25,716 kg of food/toiletries have been donated, collected, sorted and stored – this is an increase of 75% on last year, showing the generosity of the local community and their desire to help their neighbours during these difficult times.

18,521 kg of food/toiletries have been distributed – an increase of 43%

Section E

Financial review

Brief statement of the charity's policy on reserves

Sufficient funds have been ring fenced to enable to Foodbank to keep operating for up to 6 months if there is a significant reduction in donations and grants.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Trussell Trust/Asda grants

Donations from individuals and local organisations – these have significantly increased over the last 12 months

Section F

Other optional information

The national lockdown in March 2020 meant the Foodbank had to change its operating practices. Sessions were reduced to 2 a week at a single venue so they could be held safely. Older and vulnerable volunteers could no longer help at the sessions but fortunately the other volunteers worked hard to ensure collection and distribution of food supplies continued to run smoothly. The local community responded by greatly increasing their donations of food and money. The Foodbank worked closely with Manchester City Council to provide home deliveries for vulnerable people in lockdown.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

D Walker

Full name(s)

David Walker

Position (eg Secretary, Chair, etc)

Treasurer

Date

4th July 2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Fallowfield and Withington Foodbank

No (if any)
1173202

Receipts and payments accounts

CC16a

| | | | |
|---------------------|------------|----|------------|
| For the period from | 01/04/2020 | To | 31/03/2021 |
|---------------------|------------|----|------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Grants | 5,000 | 16,560 | - | 21,560 | 24,169 |
| Tesco/Sainsbury's collections | - | - | - | - | 803 |
| Donations -standing orders | 1,230 | - | - | 1,230 | - |
| Other Donations | 47,533 | 12,000 | - | 59,533 | 19,599 |
| Social receipts | - | - | - | - | 2,164 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 53,763 | 28,560 | - | 82,323 | 46,735 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 53,763 | 28,560 | - | 82,323 | 46,735 |
| A3 Payments | | | | | |
| Food purchases | 1,099 | - | - | 1,099 | 1,981 |
| Collection costs | - | - | - | - | 50 |
| Equipment | - | - | - | - | 1,622 |
| Stationary/Phone | - | - | - | - | 52 |
| Volunteer expenses | 200 | - | - | 200 | 470 |
| Insurance and fees | 956 | - | - | 956 | 813 |
| Venue costs | 3,500 | - | - | 3,500 | 2,400 |
| Schools Project | 12,767 | - | - | 12,767 | - |
| Salary etc | 4,310 | 16,560 | - | 20,870 | 9,526 |
| Training/Publicity | - | - | - | - | - |
| Other costs | 47 | - | - | 47 | 2,140 |
| Sub total | 22,879 | 16,560 | - | 39,439 | 19,054 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 22,879 | 16,560 | - | 39,439 | 46,735 |
| Net of receipts/(payments) | 30,884 | 28,560 | - | 39,439 | 27,681 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | - | - | - | - | - |
| Cash funds this year end | 70,598 | - | - | - | 39,714 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|-------------------------|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Current account | 70,598 | 12,000 | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 70,598 | 12,000 | - |

(agree balances with receipts and payments account(s))

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|--------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Shelving | | 2,400 | 1,500 |
| | Secure store | | 1,800 | 1,300 |
| | Cupboards | | 456 | 320 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| | | |
|--|------------|--------------------------------|
| | D C Walker | Date of approval 31/08/2021 |
| | | |

Fallowfield and Withington Foodbank
Notes on accounts for the year ending 31st March 2021

1. Cash funds at 31st March 2020 were £39,714 and not £40,043 as shown in last year's accounts. This was due to putting a payment of £163.55 in the receipts column, instead of the payments column, on my spreadsheet and then not cross checking with the bank statement before preparing the accounts.
2. Grants this year were from The Trussel Trust and Asda. There were no Manchester City Council grants.
3. There were many donations of over £1000, mostly anonymous, but including from Fallowfield Browsers and The Cotton Industry War Memorial fund. Most of these are unlikely to be repeated.
4. Approximatey £2500 came from regular monthly donations.
5. Food stock value is an estimate. Stocktaking not possible due to covid restrictions.
6. £12000 of the unrestricted funds has been designated as a reserve to cover 6 months salary costs in case of loss of funding.



Section A Independent Examiner's Report

Report to the trustees/
members of

Fallowfield and Withington Foodbank

On accounts for the year
ended

31st March 2021

Charity no
(if any)

1173702

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

NCP

Date:

14 NOV 2021

Name:

Nicholas C Portch

Relevant professional
qualification(s) or body
(if any):

Address:

29 School Grove

Manchester M20 5RY