THE KINGSTON TRUST CIO

England & Wales · Charity number 1173190

Details

Status	Registered
Legal form	CIO
Company number	CEO10917
Registered	2017-05-26
Register	View on the Charity Commission register

Contact

Address	Po Box 6457 Basingstoke Hampshire RG24 8LG
Phone	07411265653
Email	secretary@kingstontrust.org.uk
Website	kingstontrust.org.uk

Activities

Objects: THE RELIEF OF THOSE IN NEED, PARTICULARLY THOSE OVER THE AGE OF 16, WHO HAVE UNDERGONE SURGICAL INTERVENTION AS A RESULT OF, AND FOR THE RELIEF OF, ULCERATIVE COLITIS, CROHN'S DISEASE, CANCER, INFLAMMATION, INJURY OR ANY OTHER CONDITION RESULTING IN ILEOSTOMY OR ILEO-ANAL POUCH PROCEDURES, IN SUCH CHARITABLE WAYS AS THE TRUSTEES THINK FIT, INCLUDING THE PROVISION OF GRANTS, TEMPORARY ACCOMMODATION AND THE SPONSORING OF RESEARCH ASSOCIATED WITH ILEOSTOMY OR ILEO-ANAL POUCH

Activities: To provide financial assistance, in the form of grants, to people with an ileostomy or ileo-anal pouch aged 16 years or over

Classification

- **How:** Makes Grants To Individuals
- **What:** Education/training, Disability
- **Who:** Children/young People, Elderly/old People

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Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-15	£72,892	£51,754	-	-
2024-02-15	£133,349	£56,021	-	-
2023-02-15	£68,135	£46,058	-	-
2022-02-15	£66,003	£45,202	-	-
2021-02-15	£67,121	£51,560	-	-

Trustees

Name	Role	Appointed
JULIA ANNE DOOK	Chair	1994-04-01
BRENDAN MORAN		2000-03-01
CAROLYN FRANCES STAMMERS		2007-11-01
PAMELA ANN WEBBER		2014-10-01
Theresa Parr		2019-11-09
ZILLAH BRIDGET LEACH		2004-11-01

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THE KINGSTON TRUST CIO

England & Wales - Charity number 1173190

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	16	02	2024		15	02	2025

Section A Reference and administration details

Charity name	The Kingston Trust CIO
Other names charity is known by	
Registered charity number (if any)	1173190
Charity's principal address	PO Box 6457
	Basingstoke
Postcode	RG24 8LG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julia Dook	Chair & Trustee		Trustees
2	Brendan Moran	Trustee		Trustees
3	Carolyn Stammers	Trustee		Trustees
4	Zillah Leach	Trustee		Trustees
5	Julia Taylor	Trustee	Resigned 21-10-2024	Trustees
6	Pamela Webber	Trustee		Trustees
7	Theresa Parr	Trustee		Trustees
8				
9				
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16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Applicants must comply with 9.2 Eligibility for Trusteeship within the Constitution Applicants are interviewed and appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Business Plan and Policies now include the additional Objects stated within the Constitution for Charity No. 1173190

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of those in need, particularly those over the age of 16, who have undergone surgical intervention as a result of, and for the relief of, Ulcerative Colitis, Crohn's Disease, inflammation, injury or any other condition resulting in ileostomy or ileo-anal pouch procedures, in such charitable ways as the Trustees think fit, including the provision of grants and the sponsorship of research associated with an ileostomy or ileo-anal pouch.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continue to publicise the activities of The Kingston Trust CIO, Charity No. 1173190, at open events such as the Ileostomy and Internal Pouch Association and Member Groups throughout the UK, the Association of Stoma Nurse Conference with events in hospitals throughout the UK and Pouch Support Groups throughout the UK.

A Trustee is in attendance at these forum meetings, presenting and exhibiting the work of The Kingston Trust CIO and available in an advisory capacity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The Kingston Trust CIO approved 40 financial grant requests during the year, including 19 from new applicants, 13 from applicants under the age of 50 and 1 with an ileo-anal pouch.

Section E Financial review

Brief statement of the charity's policy on reserves	The Kingston Trust CIO is embracing the need to obtain a Reserve Bank Account in addition to money invested and managed by the Finance Advisors. The Trustees have identified the annual expenditure likely to be needed and this amount is being accumulated as the reserve.
Details of any funds materially in deficit	

Further financial review details (Optional information)

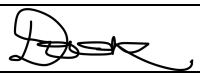
You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Julia A Dook	Barbara Foster
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date	02-05-25

THE KINGSTON TRUST CIO

Charity Number 1173190

FINAL ANNUAL ACCOUNTS
16 FEBRUARY 2024 TO 15 FEBRUARY 2025

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2024 TO 15 FEBRUARY 2025

	NOTE	TOTAL FUNDS 2025	TOTAL FUNDS 2024
INCOMING RESOURCES			
Incoming resources from generating funds			
Voluntary income	2	3,530	64,025
Investment income	3	69,362	69,324
TOTAL INCOMING RESOURCES		**72,892**	133,349
RESOURCES EXPENDED			
Charitable activities	4	-29,906	-36,666
Governance costs	5	-21,847	-19,355
TOTAL RESOURCES EXPENDED		**-51,754**	-56,021
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES		**21,138**	77,329
OTHER RECOGNISED GAINS AND LOSSES			
Investment Gains/(Losses) Unrealised	7	88,312	-77,452
TOTAL RECOGNISED GAINS AND LOSSES		**88,312**	-77,452
NET MOVEMENT IN FUNDS		**109,450**	-123
RECONCILIATION OF FUNDS			
		2,599,105	2,599,228
TOTAL FUNDS CARRIED FORWARD		**2,708,555**	2,599,105

THE KINGSTON TRUST CIO

BALANCE SHEET

16 FEBRUARY 2024 TO 15 FEBRUARY 2025

	NOTE		TOTAL FUNDS 2025	TOTAL FUNDS 2024
FIXED ASSETS				
Tangible assets (Net Book Value)	6		380	0
Investments	7		2,561,722	2,433,410
NET FIXED ASSETS			**2,562,102**	2,433,410
CURRENT ASSETS	8	146,480		165,695
CREDITORS Amounts falling due within one year	9	-27		0
NET CURRENT ASSETS			**146,453**	165,695
TOTAL ASSETS LESS CURRENT LIABILITIES			**2,708,555**	2,599,105
NET TOTAL ASSETS -	10		**2,708,555**	2,599,105
FUNDS				
Unrestricted income funds	11		**2,708,555**	2,599,105
TOTAL FUNDS			**2,708,555**	2,599,105

These financial statements were approved by the members of the Trust on 15th March 2025 and signed on their behalf by:

Mrs J. Dook
Chairman of the Board of Trustees

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 20224 TO 15 FEBRUARY 2025

NOTES TO THE FINANCIAL STATEMENTS

1 ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value

Fixed Assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value over its useful economic life as follows: Office Equipment – 33.33% straight line basis

2 VOLUNTARY INCOME

	Total Funds 2025	Total Funds 2024
Donations	3530	64025
Gifts		
TOTAL	**3,530**	64025

3 INVESTMENT INCOME

Investment Income	66,016	66,329
Bank Interest receivable	2,664	2,514
COIF interest receivable	681	481
TOTAL	**69,362**	69,324

4 COSTS OF CHARITABLE ACTIVITIES

Grants to individuals	**29,906**	36,666

5 GOVERNANCE COSTS

Wages & salaries	10,641	9,993
Employers NIC	0	0
Telephone	673	1,052
Printing, postage, stationery	1,605	993
Legal Fees	0	0
Conference fees and associated expenses	732	678
Meeting and office expenses	2,140	1,735
Depreciation	190	0
Advertising & Promotion	2,932	2,912
Insurance	882	835
Travel & Hotel	1,773	881
Research Fees	0	0
Bank Fees	280	276
Sundries	0	0
TOTAL	**21,847**	19,355

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

6 TANGIBLE FIXED ASSETS

	Office Equipment
COST	
At 15 February 2024	1,438
Additions	571
Disposals	0
At 15 Feb 2025	**2,008**
DEPRECIATION	
At 15 February 2024	1,438
Charge for the year	190
On disposals	
At 15 Feb 2025	**1,628**
NET BOOK VALUE	
At 15 Feb 2025	**380**

7 INVESTMENTS

Movement in fund value	**2025**	2024
Market value at February 2024	2,433,410	2,470,862
Transfer of funds from COIF Deposit Account	0	0
Transfer of funds from Cash at Bank	40,000	40,000
Unrealised gains/losses in market value during year	88,312	-77,452
Market value at 15 February 2025	**2,561,722**	**2,433,410**

Analysis of investments at 15 Feb 2022 between funds

	Total Funds 2025	Total Funds 2024
Linked investments		
Government Bonds	531,725	605,422
UK quoted investments	2,004,818	1,808,579
	2,536,543	2,414,001
Other investments		
UK cash held as part of Portfolio	**25,179**	19,409
Market value at 15 February 2024	**2,561,722**	**2,433,410**

8 CURRENT ASSETS

Cash in Bank - Current	53,737	51,297
Cash in Bank - Savings	80,596	102,932
COIF Deposit Account	12,148	11,466
	146,480	165,695

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2024 TO 15 FEBRUARY 2025

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

9 **CREDITORS Amounts falling due within one year**

	2025	2024
PAYE/NI - Jan 25	-3	0
Bankline - Feb 25	-25	
	-27	0

10 **UNRESTRICTED INCOME FUNDS**

	Balance B/F 15-Feb-24	**Incoming resources**	**Balance at 15-Feb-25**
11 Total funds	**2,599,105**	**109,450**	**2,708,555**

THE KINGSTON TRUST CIO
Charity Number 1173190

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE KINGSTON TRUST CIO

Respective responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Independent examiner's report to the Trustees of The Kingston Trust CIO

I report to the Trustees on my examination of the accounts of The Kingston Trust CIO (the Trust) for the year ended 15 February 2025.

Responsibilities and basis of report

As the charity Trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:
1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Stafford Napier

Address:
Foundry House
Dummer
Basingstoke
RG25 2AG

Date:

THE KINGSTON TRUST CIO

England & Wales - Charity number 1173190

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	16	02	2023	To	15	02	2024

Section A Reference and administration details

Charity name	The Kingston Trust CIO
Other names charity is known by	
Registered charity number (if any)	1173190
Charity's principal address	PO Box 6457
	Basingstoke
Postcode	RG24 8LG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julia Dook	Chair & Trustee		Trustees
2	Brendan Moran	Trustee		Trustees
3	Carolyn Stammers	Trustee		Trustees
4	Zillah Leach	Trustee		Trustees
5	Julia Taylor	Trustee		Trustees
6	Pamela Webber	Trustee		Trustees
7	Theresa Parr	Trustee		Trustees
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Applicants must comply with 9.2 Eligibility for Trusteeship within the Constitution Applicants are interviewed and appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Business Plan and Policies now include the additional Objects stated within the Constitution for Charity No. 1173190

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of those in need, particularly those over the age of 16, who have undergone surgical intervention as a result of, and for the relief of, Ulcerative Colitis, Crohn's Disease, inflammation, injury or any other condition resulting in ileostomy or ileo-anal pouch procedures, in such charitable ways as the Trustees think fit, including the provision of grants, temporary accommodation and the sponsorship of research associated with an ileostomy or ileo-anal pouch.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continue to publicise the activities of The Kingston Trust CIO, Charity No. 1173190, at open events such as the Ileostomy and Internal Pouch Association and Member Groups throughout the UK, the Association of Stoma Nurse Conference with events in hospitals throughout the UK and Pouch Support Groups throughout the UK.

A Trustee is in attendance at these forum meetings, presenting and exhibiting the work of The Kingston Trust CIO and available in an advisory capacity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The Kingston Trust CIO approved 48 financial grant requests during the year, including 27 from new applicants, 16 from applicants under the age of 50 and 1 with an ileo-anal pouch.

The Kingston Trust CIO is also supporting research projects in association with BDRF and the Ileostomy and Internal Pouch Association.

Section E Financial review

Brief statement of the charity's policy on reserves	The Kingston Trust CIO is embracing the need to maintain a Reserve Bank Account in addition to money invested and managed by the Finance Advisors. The Trustees have identified the annual expenditure likely to be needed and this amount is being accumulated as the reserve.
Details of any funds materially in deficit	

Further financial review details (Optional information)

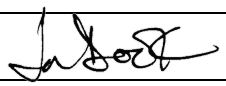
You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Julia A Dook	Barbara Foster
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date	19-09-2024

THE KINGSTON TRUST CIO

Charity Number 1173190

FINAL ANNUAL ACCOUNTS
16 FEBRUARY 2023 TO 15 FEBRUARY 2024

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2023 TO 15 FEBRUARY 2024

	NOTE	TOTAL FUNDS 2024	TOTAL FUNDS 2023
INCOMING RESOURCES			
Incoming resources from generating funds			
Voluntary income	2	64,025	0
Investment income	3	69,324	68,135
TOTAL INCOMING RESOURCES		**133,349**	68,135
RESOURCES EXPENDED			
Charitable activities	4	-36,666	-28,877
Governance costs	5	-19,355	-17,182
TOTAL RESOURCES EXPENDED		**-56,021**	-46,059
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES		**77,329**	22,076
OTHER RECOGNISED GAINS AND LOSSES			
Investment Gains/(Losses) Unrealised	7	-77,452	-61,629
TOTAL RECOGNISED GAINS AND LOSSES		**-77,452**	-61,629
NET MOVEMENT IN FUNDS		**-123**	-39,553
RECONCILIATION OF FUNDS			
		2,599,228	2,638,781
TOTAL FUNDS CARRIED FORWARD		**2,599,105**	2,599,228

THE KINGSTON TRUST CIO

BALANCE SHEET

16 FEBRUARY 2023 TO 15 FEBRUARY 2024

	NOTE		TOTAL FUNDS 2024	TOTAL FUNDS 2023
FIXED ASSETS				
Tangible assets (Net Book Value)	6		0	0
Investments	7		2,433,410	2,470,862
NET FIXED ASSETS			**2,433,410**	2,470,862
CURRENT ASSETS	8	165,695		128,809
CREDITORS Amounts falling due within one year	9	0		-443
NET CURRENT ASSETS			**165,695**	128,366
TOTAL ASSETS LESS CURRENT LIABILITIES			**2,599,105**	2,599,228
NET TOTAL ASSETS -	10		**2,599,105**	2,599,228
FUNDS				
Unrestricted income funds	11		**2,599,105**	2,599,228
TOTAL FUNDS			**2,599,105**	2,599,228

These financial statements were approved by the members of the Trust on 23rd March 2024 and signed on their behalf by:

Mrs J. Dook
Chairman of the Board of Trustees

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 20223 TO 15 FEBRUARY 2024

NOTES TO THE FINANCIAL STATEMENTS

1 ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value

Fixed Assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value over its useful economic life as follows: Office Equipment – 33.33% straight line basis

2 VOLUNTARY INCOME	**Total Funds 2024**	Total Funds 2023
Donations	64025	0
Gifts		
TOTAL	**64,025**	0

3 INVESTMENT INCOME		
Investment Income	66,329	67,621
Bank Interest receivable	2,514	408
COIF interest receivable	481	106
TOTAL	**69,324**	68,135

4 COSTS OF CHARITABLE ACTIVITIES		
Grants to individuals	**36,666**	28,877

5 GOVERNANCE COSTS		
Wages & salaries	9,993	8,812
Employers NIC	0	0
Telephone	1,052	927
Printing, postage, stationery	993	1,058
Legal Fees	0	0
Conference fees and associated expenses	678	0
Meeting and office expenses	1,735	1,463
Depreciation	0	0
Advertising	2,912	2,821
Insurance	835	902
Travel & Hotel	881	922
Research Fees	0	0
Bank Fees	276	276
Sundries	0	0
TOTAL	**19,355**	17,182

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

6 TANGIBLE FIXED ASSETS

	Office Equipment
COST	
At 15 February 2023	1,438
Additions	
Disposals	0
At 15 Feb 2023	**1,438**
DEPRECIATION	
At 15 February 2023	1,438
Charge for the year	0
On disposals	
At 15 Feb 2024	**1,438**
NET BOOK VALUE	
At 15 Feb 2024	**0**

7 INVESTMENTS

Movement in fund value	**2024**	2023
Market value at February 2023	2,470,862	2,532,491
Transfer of funds from COIF Deposit Account	0	
Transfer of funds from Cash at Bank	40,000	
Unrealised gains/losses in market value during year	-77,452	-61,629
Market value at 15 February 2024	**2,433,410**	**2,470,862**

Analysis of investments at 15 Feb 2022 between funds

	Total Funds 2024	Total Funds 2023
Linked investments		
Government Bonds	605,422	360,871
UK quoted investments	1,808,579	2,090,863
	2,414,001	2,451,734
Other investments		
UK cash held as part of Portfolio	**19,409**	19,128
Market value at 15 February 2024	**2,433,410**	**2,470,862**

8 CURRENT ASSETS

Cash in Bank - Current	51,297	37,406
Cash in Bank - Savings	102,932	80,418
COIF Deposit Account	11,466	10,985
	165,695	128,809

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2023 TO 15 FEBRUARY 2024

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

9 **CREDITORS Amounts falling due within one year**

	2024	2023
PAYE/NI - Jan 24		
IA Advertising Space - Dec		-443
	0	-443

10 **UNRESTRICTED INCOME FUNDS**

	Balance B/F 15-Feb-23	**Incoming resources**	**Balance at 15-Feb-24**
11 Total funds	**2,599,228**	**-123**	**2,599,105**

THE KINGSTON TRUST CIO
Charity Number 1173190

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE KINGSTON TRUST CIO

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Independent examiner's report to the trustees of Kingston Trust CIO

I report to the trustees on my examination of the accounts of the Kingston Trust CIO (the Trust) for the year ended 15 February 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:
1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Stafford Napier

Address:
Foundry House
Dummer
Basingstoke
RG25 2AG

Date: 2nd June 2024

THE KINGSTON TRUST CIO

England & Wales - Charity number 1173190

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	16	02	2022	To	15	02	2023

Section A Reference and administration details

Charity name	The Kingston Trust CIO
Other names charity is known by	
Registered charity number (if any)	1173190
Charity's principal address	PO Box 6457
	Basingstoke
Postcode	RG24 8LG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julia Dook	Chair & Trustee		Trustees
2	Brendan Moran	Trustee		Trustees
3	Carolyn Stammers	Trustee		Trustees
4	Zillah Leach	Trustee		Trustees
5	Julia Taylor	Trustee		Trustees
6	Pamela Webber	Trustee		Trustees
7	Theresa Parr	Trustee		Trustees
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17				
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19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Applicants must comply with 9.2 Eligibility for Trusteeship within the Constitution Applicants are interviewed and appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Business Plan and Policies now include the additional Objects stated within the Constitution for Charity No. 1173190

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of those in need, particularly those over the age of 16, who have undergone surgical intervention as a result of, and for the relief of, Ulcerative Colitis, Crohn's Disease, inflammation, injury or any other condition resulting in ileostomy or ileo-anal pouch procedures, in such charitable ways as the Trustees think fit, including the provision of grants, temporary accommodation and the sponsorship of research associated with an ileostomy or ileo-anal pouch.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continue to publicise the activities of The Kingston Trust CIO, Charity No. 1173190, at open events such as the Ileostomy and Internal Pouch Association and Member Groups throughout the UK, the Association of Stoma Nurse Conference with events in hospitals throughout the UK and Pouch Support Groups throughout the UK.

A Trustee is in attendance at these forum meetings, presenting and exhibiting the work of The Kingston Trust CIO and available in an advisory capacity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The Kingston Trust CIO approved 43 financial grant requests during the year, including 20 from new applicants, 9 from applicants under the age of 50 and 2 with an ileo-anal pouch.

The Kingston Trust CIO is also supporting research projects in association with BDRF and the Ileostomy and Internal Pouch Association.

Section E Financial review

Brief statement of the charity's policy on reserves	The Kingston Trust CIO is embracing the need to maintain a Reserve Bank Account in addition to money invested and managed by the Finance Advisors. The Trustees have identified the annual expenditure likely to be needed and this amount is being accumulated as the reserve.
Details of any funds materially in deficit	

Further financial review details (Optional information)

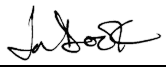
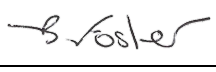
You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Julia A Dook	Barbara Foster
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date	10/05/23

THE KINGSTON TRUST CIO

Charity Number 1173190

FINAL ANNUAL ACCOUNTS
16 FEBRUARY 2022 TO 15 FEBRUARY 2023

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2022 TO 15 FEBRUARY 2023

	NOTE	TOTAL FUNDS 2023	TOTAL FUNDS 2022
INCOMING RESOURCES			
Incoming resources from generating funds			
Voluntary income	2	0	0
Investment income	3	68,135	66,003
TOTAL INCOMING RESOURCES		**68,135**	66,003
RESOURCES EXPENDED			
Charitable activities	4	-28,877	-30,568
Governance costs	5	-17,182	-14,633
TOTAL RESOURCES EXPENDED		**-46,058**	-45,201
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES		**22,077**	20,801
OTHER RECOGNISED GAINS AND LOSSES			
Investment Gains/(Losses) Unrealised	7	-61,629	64,238
TOTAL RECOGNISED GAINS AND LOSSES		**-61,629**	64,238
NET MOVEMENT IN FUNDS		**-39,552**	85,039
RECONCILIATION OF FUNDS			
		2,638,781	2,553,742
TOTAL FUNDS CARRIED FORWARD		**2,599,228**	2,638,781

THE KINGSTON TRUST CIO

BALANCE SHEET

16 FEBRUARY 2022 TO 15 FEBRUARY 2023

	NOTE		TOTAL FUNDS 2023	TOTAL FUNDS 2022
FIXED ASSETS				
Tangible assets (Net Book Value)	6		0	0
Investments	7		2,470,862	2,532,491
NET FIXED ASSETS			**2,470,862**	2,532,491
CURRENT ASSETS	8	128,809		106,869
CREDITORS Amounts falling due within one year	9	-443		-579
NET CURRENT ASSETS			**128,366**	106,290
TOTAL ASSETS LESS CURRENT LIABILITIES			**2,599,228**	2,638,781
NET TOTAL ASSETS -	10		**2,599,228**	2,638,781
FUNDS				
Unrestricted income funds	11		**2,599,228**	2,638,781
TOTAL FUNDS			**2,599,228**	2,638,781

These financial statements were approved by the members of the Trust on 25th March 2023 and signed on their behalf by:

Mrs J. Dook
Chairman of the Board of Trustees

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2022 TO 15 FEBRUARY 2023

NOTES TO THE FINANCIAL STATEMENTS

1 ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value

Fixed Assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value over its useful economic life as follows: Office Equipment – 33.33% straight line basis

2 VOLUNTARY INCOME	**Total Funds 2023**	Total Funds 2022
Donations	0.00	0
Gifts		
TOTAL	**0**	0

3 INVESTMENT INCOME		
Investment Income	67,621	65,991
Bank Interest receivable	408	10
COIF interest receivable	106	1
TOTAL	**68,135**	66,003

4 COSTS OF CHARITABLE ACTIVITIES		
Grants to individuals	**28,877**	30,568

5 GOVERNANCE COSTS		
Wages & salaries	8,812	8,196
Employers NIC	0	0
Telephone	927	845
Printing, postage, stationery	1,058	220
Legal Fees	0	0
Conference fees and associated expenses	0	0
Meeting and office expenses	1,463	1,382
Depreciation	0	0
Advertising	2,821	2,821
Insurance	902	843
Travel & Hotel	922	55
Research Fees	0	0
Bank Fees	276	271
Sundries		0
TOTAL	**17,182**	14,633

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

6 TANGIBLE FIXED ASSETS

	Office Equipment
COST	
At 15 February 2022	1,438
Additions	
Disposals	0
At 15 Feb 2022	**1,438**
DEPRECIATION	
At 15 February 2022	1,438
Charge for the year	0
On disposals	
At 15 Feb 2023	**1,438**
NET BOOK VALUE	
At 15 Feb 2023	**0**

7 INVESTMENTS

Movement in fund value	**2023**	2022
Market value at February 2022	2,532,491	2,468,253
Transfer of funds from COIF Deposit Account		
Transfer of funds from Cash at Bank		
Unrealised gains/losses in market value during year	-61,629	64,238
Market value at 15 February 2023	**2,470,862**	**2,532,491**

Analysis of investments at 15 Feb 2022 between funds

	Total Funds 2023	Total Funds 2022
Linked investments		
UK Government Bonds	360,871	387,452
UK quoted investments	2,090,863	2,120,764
	2,451,734	2,508,216
Other investments		
UK cash held as part of Portfolio	**19,128**	24,275
Market value at 15 February 2023	**2,470,862**	**2,532,491**

8 CURRENT ASSETS

Cash in Bank - Current	37,406	35,980
Cash in Bank - Savings	80,418	60,010
COIF Deposit Account	10,985	10,879
	128,809	106,869

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

9 **CREDITORS Amounts falling due within one year**

	2023	2022
PAYE/NI - Jan 23		-137
IA Advertising Space - Dec	-443	-443
	-443	-579

10 **UNRESTRICTED INCOME FUNDS**

	Balance B/F 15-Feb-22	**Incoming resources**	**Balance at 15-Feb-23**
11 Total funds	**2,638,781**	**-39,552**	**2,599,228**

THE KINGSTON TRUST CIO
Charity Number 1173190

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE KINGSTON TRUST CIO

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Independent examiner's report to the trustees of Kingston Trust CIO

I report to the trustees on my examination of the accounts of the Kingston Trust CIO (the Trust) for the year ended 15 February 2023.

Responsibilities and basis of report

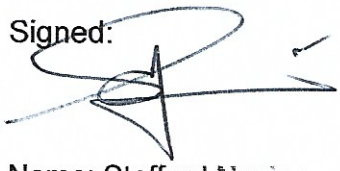
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:
1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Stafford Napier

Address:
Foundry House
Dummer
Basingstoke
RG25 2AG

Date: 4TH May 2023

THE KINGSTON TRUST CIO

England & Wales - Charity number 1173190

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	16	02	2021		15	02	2022

Section A Reference and administration details

Charity name	The Kingston Trust CIO
Other names charity is known by	
Registered charity number (if any)	1173190
Charity's principal address	PO Box 6457
	Basingstoke
Postcode	RG24 8LG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julia Dook	Chair & Trustee		Trustees
2	Brendan Moran	Trustee		Trustees
3	Carolyn Stammers	Trustee		Trustees
4	Zillah Leach	Trustee		Trustees
5	Julia Taylor	Trustee		Trustees
6	Pamela Webber	Trustee		Trustees
7	Theresa Parr	Trustee		Trustees
8				
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18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Applicants must comply with 9.2 Eligibility for Trusteeship within the Constitution Applicants are interviewed and appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Business Plan and Policies now include the additional Objects stated within the Constitution for Charity No. 1173190

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of those in need, particularly those over the age of 16, who have undergone surgical intervention as a result of, and for the relief of, Ulcerative Colitis, Crohn's Disease, inflammation, injury or any other condition resulting in ileostomy or ileo-anal pouch procedures, in such charitable ways as the Trustees think fit, including the provision of grants, temporary accommodation and the sponsorship of research associated with an ileostomy or ileo-anal pouch.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continue to publicise the activities of The Kingston Trust CIO, Charity No. 1173190, at open events such as the Ileostomy and Internal Pouch Association and Member Groups throughout the UK, the Association of Stoma Nurse Conference with events in hospitals throughout the UK and Pouch Support Groups throughout the UK.

A Trustee is in attendance at these forum meetings, presenting and exhibiting the work of The Kingston Trust CIO and available in an advisory capacity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The Kingston Trust CIO approved 41 financial grant requests during the year, including 23 from new applicants, 11 from applicants under the age of 50 and 1 with an ileo-anal pouch.

The Kingston Trust CIO is also supporting research projects in association with BDRF and the Ileostomy and Internal Pouch Association.

Section E Financial review

Brief statement of the charity's policy on reserves	The Kingston Trust CIO is embracing the need to obtain a Reserve Bank Account in addition to money invested and managed by the Finance Advisors. The Trustees have identified the annual expenditure likely to be needed and this amount is being accumulated as the reserve.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	JaDook	B Foster
Full name(s)	Julia A Dook	Barbara Foster
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	03-05-22	

THE KINGSTON TRUST CIO

Charity Number 1173190

FINAL ANNUAL ACCOUNTS
16 FEBRUARY 2021 TO 15 FEBRUARY 2022

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2021 TO 15 FEBRUARY 2022

	NOTE	TOTAL FUNDS 2022	TOTAL FUNDS 2021
INCOMING RESOURCES			
Incoming resources from generating funds			
Voluntary income	2	0	0
Investment income	3	66,003	67,121
TOTAL INCOMING RESOURCES		**66,003**	67,121
RESOURCES EXPENDED			
Charitable activities	4	-30,568	-35,668
Governance costs	5	-11,812	-15,892
TOTAL RESOURCES EXPENDED		**-42,380**	-51,560
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES		**23,622**	15,561
OTHER RECOGNISED GAINS AND LOSSES			
Investment Gains/(Losses) Unrealised	7	64,238	-123,097
TOTAL RECOGNISED GAINS AND LOSSES		**64,238**	-123,097
NET MOVEMENT IN FUNDS		**87,860**	-107,536
RECONCILIATION OF FUNDS			
		2,553,742	2,493,203
TOTAL FUNDS CARRIED FORWARD		**2,641,602**	2,385,667

THE KINGSTON TRUST CIO

BALANCE SHEET

16 FEBRUARY 2021 TO 15 FEBRUARY 2022

	NOTE		TOTAL FUNDS 2022	TOTAL FUNDS 2021
FIXED ASSETS				
Tangible assets (Net Book Value)	6		0	0
Investments	7		2,532,491	2,468,253
NET FIXED ASSETS			**2,532,491**	2,468,253
CURRENT ASSETS	8	106,869		85,624
CREDITORS Amounts falling due within one year	9	-579		-135
NET CURRENT ASSETS			**106,290**	85,489
TOTAL ASSETS LESS CURRENT LIABILITIES			**2,638,781**	2,553,742
NET TOTAL ASSETS -	10		**2,638,781**	2,553,742
FUNDS				
Unrestricted income funds	11		**2,641,602**	2,553,742
TOTAL FUNDS			**2,641,602**	2,553,742

These financial statements were approved by the members of the Trust on 5th March 2022 and signed on their behalf by:

Mrs J. Dook
Chairman of the Board of Trustees

THE KINGSTON TRUST CIO

STATEMENT OF FINANCIAL ACTIVITIES

16 FEBRUARY 2021 TO 15 FEBRUARY 2022

NOTES TO THE FINANCIAL STATEMENTS

1 ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value

Fixed Assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value over its useful economic life as follows: Office Equipment – 33.33% straight line basis

2 VOLUNTARY INCOME	**Total Funds 2022**	Total Funds 2021
Donations	0.00	0
Gifts		
TOTAL	**0**	0

3 INVESTMENT INCOME		
Investment Income	65,991	67,093
Bank Interest receivable	10	
COIF interest receivable	1	29
TOTAL	**66,003**	67,121

4 COSTS OF CHARITABLE ACTIVITIES		
Grants to individuals	**30,568**	35,668

5 GOVERNANCE COSTS		
Wages & salaries	8,196	8,600
Employers NIC	0	0
Telephone	845	808
Printing, postage, stationery	220	1,564
Legal Fees	0	0
Conference fees and associated expenses	0	48
Meeting and office expenses	1,382	1,426
Depreciation	0	0
Advertising		2,881
Insurance	843	687
Travel & Hotel	55	-192
Research Fees	0	0
Bank Fees	271	69
Sundries		0
TOTAL	**11,812**	15,892

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

6 TANGIBLE FIXED ASSETS

	Office Equipment
COST	
At 15 February 2021	1,438
Additions	
Disposals	0
At 15 Feb 2022	**1,438**
DEPRECIATION	
At 15 February 2021	1,438
Charge for the year	0
On disposals	
At 15 Feb 2022	**1,438**
NET BOOK VALUE	
At 15 Feb 2022	**0**

7 INVESTMENTS

Movement in fund value	**2022**	2021
Market value at February 2021	2,468,253	2,591,350
Transfer of funds from COIF Deposit Account		
Transfer of funds from Cash at Bank		
Unrealised gains/losses in market value during year	64,238	-123,097
Market value at 15 February 2022	**2,532,491**	**2,468,253**

Analysis of investments at 15 Feb 2022 between funds

	Total Funds 2022	Total Funds 2021
Linked investments		
UK Government Bonds	387,452	453,299
UK quoted investments	2,120,764	1,990,322
	2,508,216	2,443,621
Other investments		
UK cash held as part of Portfolio	**24,275**	24,632
Market value at 15 February 2022	**2,532,491**	**2,468,253**

8 CURRENT ASSETS

Cash in Bank - Current	35,980	74,747
Cash in Bank - Savings	60,010	
COIF Deposit Account	10,879	10,877
	106,869	85,624

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

9 **CREDITORS Amounts falling due within one year**

	2022	2021
PAYE/NI - Jan 22	-137	-135
IA Advertising Space	-443	
	-579	-135

10 **UNRESTRICTED INCOME FUNDS**

	Balance B/F 15-Feb-21	**Incoming resources**	**Balance at 15-Feb-22**
11 Total funds	**2,553,742**	**87,860**	**2,641,602**

THE KINGSTON TRUST CIO
Charity Number 1173190

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE KINGSTON TRUST CIO

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Independent examiner's report to the trustees of Kingston Trust CIO

I report to the trustees on my examination of the accounts of the Kingston Trust CIO (the Trust) for the year ended 15 February 2022.

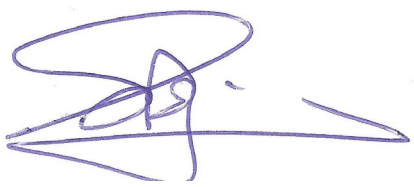
Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:
1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Stafford Napier
Address: Foundry House
Dummer
Basingstoke
RG25 2AG

Date: 20 April 2022