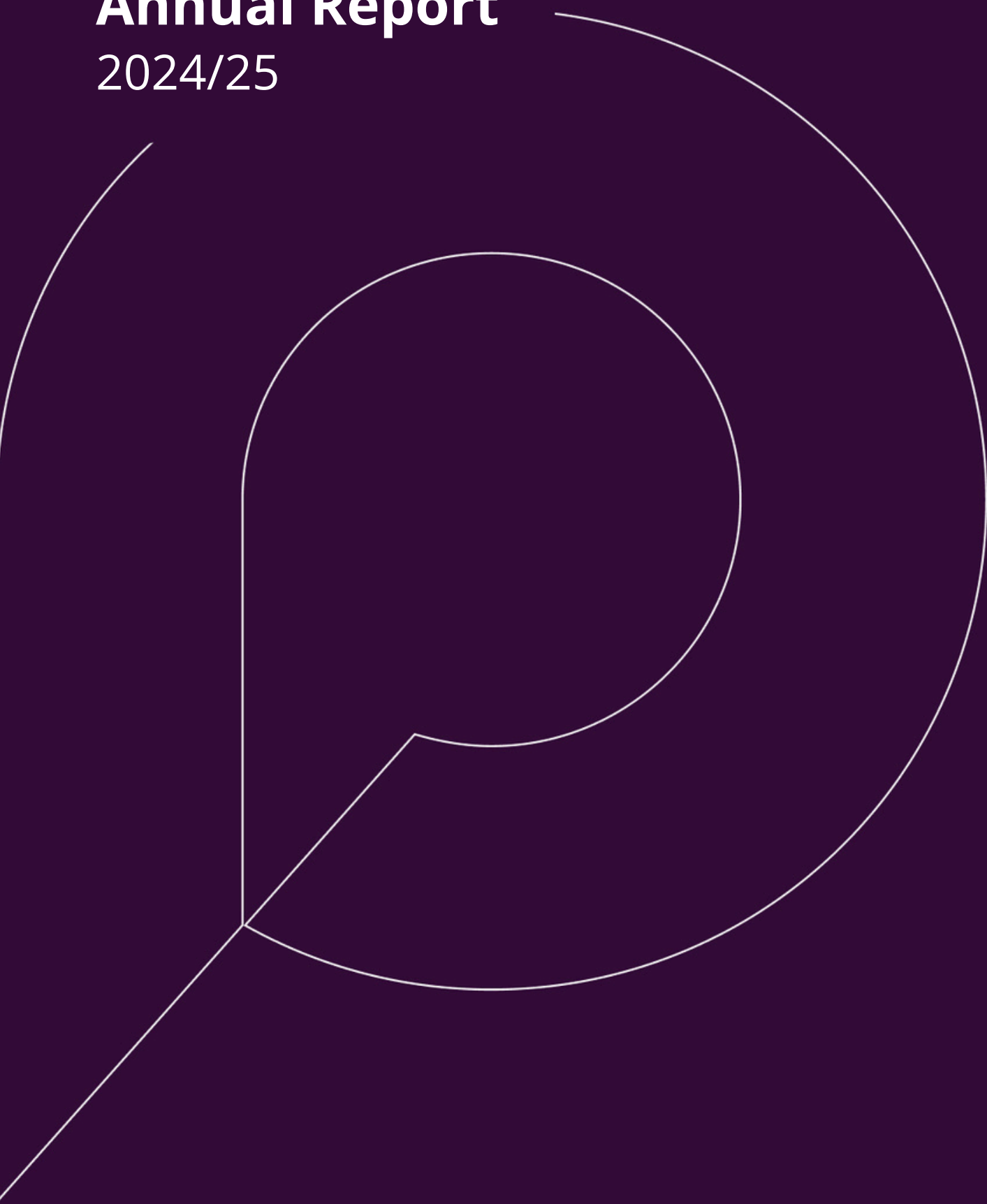




# Annual Report

## 2024/25

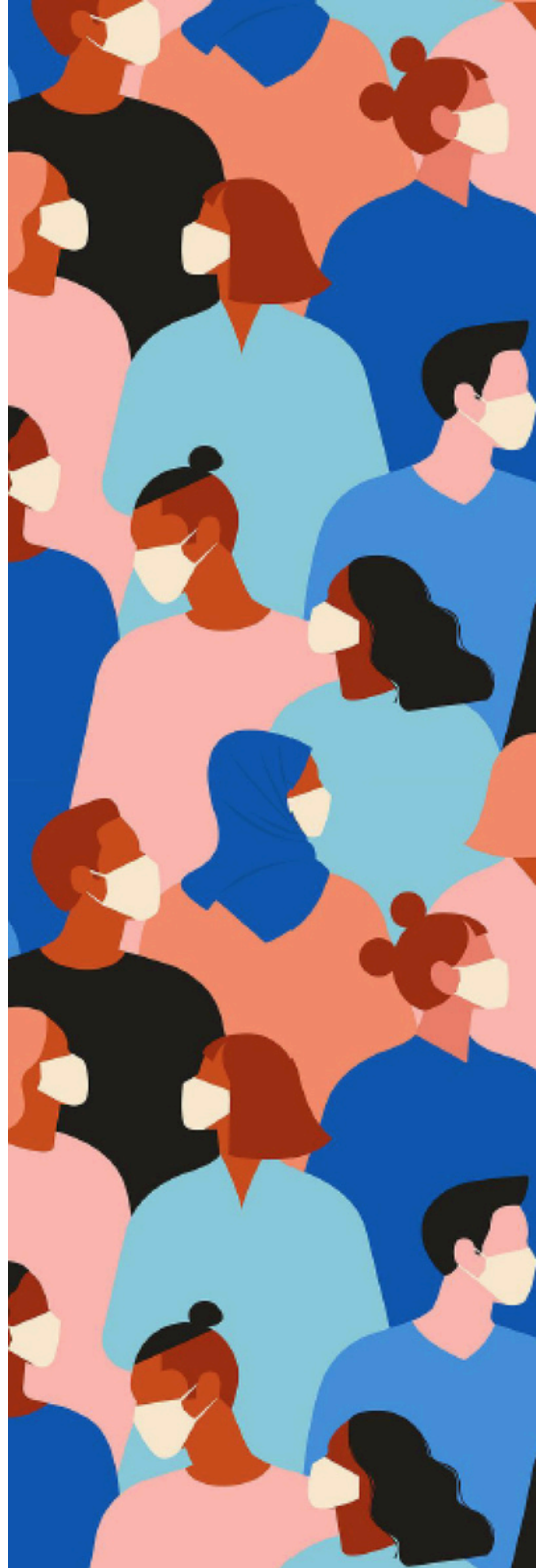


# Vision

A world where every person recognises the value of physiotherapy.

# Mission

Equitable access to physiotherapy knowledge worldwide.



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# A year in summary

## This is Physiopedia's seventh annual report

Covering the period of June 1, 2024 through May 31, 2025

Looking back on 2024/25, we've witnessed the perfect convergence of human expertise and technological innovation. In a year when artificial intelligence transformed industries worldwide, we pioneered our own path, proving that technology amplifies rather than replaces the human wisdom essential to rehabilitation practice. This philosophy has guided every milestone, from launching groundbreaking AI tools to welcoming our largest-ever volunteer cohort, all whilst maintaining the trust of millions who depend on us for evidence-based knowledge.

Our Physiopedia AI Assistant (PAI) has redefined what's possible in rehabilitation support. Launched in June, PAI quickly evolved from a helpful tool to what users describe as "an experienced, human-like physiotherapy mentor." PAI demonstrates how technology can enhance clinical practice without losing the human touch. The enthusiastic adoption confirms we've created AI that serves practitioners rather than replacing them.

September's volunteer orientation course shattered records with 89 participants from 19 countries, our most diverse cohort ever. These passionate professionals, alongside stalwarts like Vidya Acharya earning our prestigious Black Belt award, expanded our content to over 5,700 expert-reviewed pages. Their dedication shines through in stories of impact across Ukraine, Uganda, and beyond.

International recognition has amplified our voice beyond rehabilitation circles. BBC's "People Fixing the World" brought our story to millions of listeners, whilst publications in multiple peer-reviewed journals established our research credentials. Our translation breakthrough, with over 500 pages in Italian, German, and Ukrainian, plus 400 in French, breaks down language barriers that have historically limited access to quality knowledge.

Through the World Rehabilitation Alliance, we've shaped global policy on rehabilitation for non-communicable diseases and advocated for quality education standards. Our IRETT framework gained national media attention in Pakistan, whilst our research on supporting forcibly displaced persons influenced international humanitarian responses. The sudden halt to USAID funding brought our international development work through ReLAB-HS to an unexpected end. Yet this challenge reinforced the importance of sustainable approaches to global rehabilitation development.

The numbers tell a powerful story with 30 million visitors generating over 70 million page views across 241 countries and territories. Yet behind every statistic lies a human story; Malaysian physiotherapists refining national protocols, Ukrainian educators maintaining excellence despite war, or parents finding hope through evidence-based guidance for their children with cerebral palsy.

As we look forward, we're energised by the foundation we've built. By embracing AI whilst keeping human expertise central, we've created a model for the future of professional knowledge sharing. To our volunteers, partners, and millions of users who trust us daily: thank you. Together, we're defining what ethical, human-centred innovation looks like in global healthcare.

# Values



## Passion

We demonstrate commitment in heart and mind in all that we do.



## Altruism

We all have something to give. We are devoted to the wellbeing of others



## Excellence

We go above and beyond to exceed expectations. We pursue quality and promote leadership and growth.



## Collaboration

We respect all rehabilitation stakeholders. We believe in the power of working together to leverage collective expertise.



## Innovation

We are curious to discover. We relentlessly pursue creative solutions to improve our work and our services for our community.



## Community

We value sharing. We encourage connection and communication to strengthen positive relationships



## Impact

We are a small team with big ambitions. In everything that we do we aim to achieve compelling results.



## Integrity

Do no harm. We respectfully and ethically interact with each other and those we serve.





## Rachael Lowe

Co-Founder, Trustee & Chair

Rachael qualified as a physiotherapist in 1998 from Sheffield Hallam University. Before turning her attention to providing technology solutions for the physiotherapy profession, she successfully founded a private musculoskeletal physiotherapy service in the UK.

Now, in a voluntary capacity, Rachael oversees the day to day activities at the Physiopedia charity. She is also co-founder and CEO of Physiopedia Plus, Physiopedia's supporting online professional development platform.

# Looking back, looking forward

This has been a year of profound change in healthcare. As artificial intelligence suddenly dominated every conversation in our profession, I found myself returning again and again to a fundamental question: how do we embrace innovation without compromising the human expertise that makes physiotherapy effective? The answer, I've learned from our community, isn't about choosing between technology and humanity. It's about being intentional. Every decision we made came back to one principle: does this serve our community whilst protecting what matters most?

What has struck me most profoundly is the resilience I've witnessed across our global community. Ukrainian contributors maintaining excellence whilst their world is torn apart. Volunteers in resource-limited settings finding creative solutions. Parents in remote areas using Physiopedia because they have no other options. These aren't just success stories, they're lessons in what's possible when people are committed to making a difference.

This year also tested our own resilience. The sudden halt to USAID funding turned the world of international development upside down. Our own contributions through ReLAB-HS came to an abrupt end. It was a stark reminder that even the most valuable work can be disrupted by forces beyond our control. Yet this challenge also clarified what truly matters and reinforced our commitment to finding sustainable pathways forward.

Looking ahead, I'm clear-eyed about the landscape we're navigating. Healthcare systems will continue to face pressure. Funding will shift unpredictably. Yet through the World Rehabilitation Alliance and our research, we're contributing to policy discussions that shape how rehabilitation is understood globally. Being held up as an example of ethical practice in the age of AI means every decision carries weight, and we must continue to earn the trust placed in us.

What gives me confidence is what our community demonstrates every day - that it's possible to innovate responsibly, to maintain high standards whilst remaining freely accessible, and that when one door closes, committed people find another way forward.

To everyone who's been part of this journey - our volunteers, our partners, and the millions who trust us with professional knowledge. Thank you. The foundation we've built together isn't just technological, it's philosophical. And that's what will carry us forward.

“

**“The team at Physiopedia is doing an excellent job. Information which may not otherwise be available to myself and others is readily available as a result of Physiopedia. I feel like a better prepared physiotherapist as a result of Physiopedia...”**

~ Physiopedia user



## Kim Jackson

### Physiopedia Manager

As Physiopedia Manager, Kim is responsible for ensuring the quality of the Physiopedia content and leading the volunteer team that create that content. Together they work to maintain high-quality and up-to-date rehabilitation information and make it available for all. She is committed to promoting global health through sharing rehabilitation knowledge and resources.

# From the team

This year has been nothing short of extraordinary for our team. We've pushed boundaries, sparked innovation, and truly transformed how rehabilitation knowledge is created and shared across the globe. Our community has grown in both size and diversity, bringing together passionate professionals who share our dream of making quality, evidence-based knowledge freely available to everyone, everywhere.

**June 2024** gave us our most innovative tech launch. We introduced the Physiopedia AI Assistant (PAI). This game changing tool is already revolutionising how therapists find reliable information. The IRETT made headlines in Pakistan (literally!), with national media recognising our work to strengthen rehabilitation education. Our Topic of the Month on Parkinson's Disease was brought to life through Bhanu Ramaswamy's live webinar, where she demonstrated clinical decision-making skills with a real patient. With 3.8 million visitors and 7.7 million page views, our global impact continues to grow. Olha Kovalchuk was our top contributor – despite the ongoing war in Ukraine, she works tirelessly to align Ukrainian academic programs with international standards .

**July** Our Uganda team helped speech and language professionals refine skills for supporting children with cerebral palsy. The PP Power Hour on "Finding Evidence" turned into a treasure trove of resource-sharing. Our content grew to approximately 5,350 pages, reaching nearly 4 million visitors. Neelum Zehra stole the spotlight as our top contributor, with her leadership inspiring colleagues worldwide.

**August** World Humanitarian Day gave us a moment to reflect on our efforts in crisis settings. Users celebrated new features in PAI, including conversation management tools. Our visitor count reached 4.1 million with over 8.2 million page views. Herbert Omoding was our shining star – his leadership in Uganda has created waves of positive change through multiple in-person trainings and collaborations.

**September** The Volunteer Orientation Course began with 89 participants from 19 countries. Our team represented Physiopedia at three international conferences, sparking important conversations about rehabilitation and technology. Registration opened for our AI-focused MOOC, promising to turn participants into AI experts. Jorge Rodríguez engaged audiences at the Second All-Ukrainian Congress with insights on AI's revolutionary potential. Our content expanded to approximately 5,380 pages, reaching 3.9 million visitors. Hsu Wai Mon Oo earned top contributor honors for her passionate community-building in Myanmar.

**October** saw the successful launch of our AI Masterclass, with participants sharing awesome reviews about its practical approach. Team PP Uganda inspired at the SASP conference, showcasing their work addressing critical gaps. Kateryna Tymruk-Skoropad moved audiences with her presentation on improving physical therapy education in wartime Ukraine. Our content grew to 5,400 pages, welcoming 4 million visitors. Martina Lukin amazed us all as top contributor, managing multiple projects while balancing life as a Prosthetist and Orthotist, a true wonder woman!

**November** saw us making waves with our BMJ Open study highlighting global CPD challenges. Applications opened for our IRETT Mentor Training Programme, promising positive change in workforce development. With 3.9 million visitors generating 8 million page views, our global reach remains strong. Alicia Fernandes won our hearts as top contributor – balancing content creation with caring for two young children while never losing her enthusiasm!



# From the team



**December** Angeliki Chorti represented us at the 20th Greek PMR Conference in Athens. Our team huddle focused on future strategy amid rapid technological changes. We wrapped the year with 3.7 million visitors and 7.8 million page views, maintaining our position among top medical resources globally. Our conversations about AI, learning, and professional wisdom have set the perfect foundation for an exciting 2025.



**January 2025** started with a powerful message about embracing AI while staying at the forefront of global healthcare. Despite USAID project suspensions affecting our work in Ukraine, we saw inspiring examples of impact – from Malaysian physiotherapists using our resources to refine national care protocols to heartwarming user testimonials. Our MOOC research publication in BMC Medical Education showcased how we're preparing professionals to meet the needs of forcibly displaced persons. With nearly 5.9 million page views across 241 countries, our global reach continues to soar. Saud was our top contributor, impressively juggling multiple roles while making significant platform contributions.

**February** brought exciting updates to PAI. Users love these tools, with one describing PAI as "like talking to an experienced, human-like physiotherapy mentor." We also shared more about content development process with "Six Steps to a Physiopedia Page." With 5.5 million page views, our trusted platform continues to thrive. Yara Peterko was celebrated as our top contributor, her achievements inspiring the entire team.



**March** saw us publishing research on global CPD access and the rehabilitation competency framework while contributing to the World Rehabilitation Alliance's policy brief on rehabilitation for non-communicable diseases. We launched the PAI "SMART Goal Setting" task, helping clinicians create more effective treatment plans. With almost 6 million page views, Melanie Harding and her 30 years of spinal cord rehabilitation expertise was recognised as our top contributor.

**April** brought global recognition through our BBC "People Fixing The World" podcast appearance. We published research on pediatric physical therapy and began exploring AI-generated podcast versions of popular content. Our mobile app received a spotlight as "Physiopedia in your pocket," highlighting its role for professionals worldwide. With 5.4 million page views across 237 countries, Angela Patterson was our top contributor for her exceptional occupational therapy expertise.

**May** We launched a strategic planning survey while celebrating translation milestones over 500 pages now available in Italian, German, and Ukrainian, and over 400 in French. Two upcoming conferences will showcase our work in interprofessional collaboration and workforce development.

Looking back at this year, we're immensely proud of what our global community has accomplished. From launching PAI to being featured on BBC, from research publications to translation milestones, we've transformed how rehabilitation knowledge reaches those who need it most. Each achievement represents countless hours of collaboration from volunteers spanning six continents.










As we balance innovation with human expertise, our passion for improving global health through sharing knowledge is as strong as ever. The foundation we've built together sets the stage for even greater impact in the year ahead!





# Physiopedia Awards 2024

Recognising outstanding  
contributions

Award Recipients	Award for
 Sehriban Ozmen	<b>Top Contributor</b> -made the most contributions to Physiopedia content
 Angeliki Chorti	<b>Physiopedia Superstar</b> – outstanding contributions by an individual
 Filip Maric	<b>Best Project</b> – most impactful content development project
 Ewa Jaraczewska	<b>Social Media Impact Award</b> – most impact made through social media
 Josef Windhofer	<b>Physioplus Superstar</b> – individual has who collected the most Physioplus points
 Jason Geisbrecht	<b>Physiospot Superstar</b> – individual with the most posts and contributions on Physiospot
 Jorge Rodriguez	<b>Outstanding Leadership</b> – the individual that demonstrates great leadership as any part of the Physiopedia project
 Greg Slater	<b>Innovation Award</b> – most forward thinking and creative contributions.
 Kateryna Tymruk-Skoropad	<b>Impact Award</b> – the contribution that has made the greatest impact on physiotherapy practice



# Physiopedia Top Contributors 2024 - 2025

Recognising outstanding  
contributions

Month	Top Contributor
May 2025	Cheryl Footer
April 2025	Angela Patterson
March 2025	Melanie Harding
February 2025	Yara Peterko
January 2025	Saud Alghamdi
December 2024	Larisa Hoffman
November 2024	Alicia Fernandes
October 2024	Martina Lukin
September 2024	Hsu Wai
August 2024	Herbert Omoding
July 2024	Neelum Zehra
June 2024	Olha Kovalchuk





**n our department we  
have 12 computers, one  
of those computers is a  
dedicated Physiopedia  
computer.**





# What we do

## Making meaningful impact for the global rehabilitation community

In order to satisfy its mission, the strategic plan highlights 6 key strategies that guide our activities:

### **Gather the sum of all physical rehabilitation knowledge and make this freely available to all.**

Physiopedia proudly hosts over 5,500 pages of evidence-based, practical rehabilitation-related content. Through our dedicated volunteer team's continuous review and updates, this knowledge remains freely accessible worldwide. We maintain our commitment to human-generated, expert-reviewed content, ensuring reliable information is available to all, regardless of location.

### **Reach and involve rehabilitation professionals throughout the world.**

As an open-access platform, Physiopedia continues to expand its global reach, evidenced by over 30 million visitors in the past year. We actively engage with all rehabilitation professions worldwide, fostering an inclusive environment that transcends professional and geographical boundaries.

### **Foster international collaboration to empower global rehabilitation professions.**

Our partnerships with international organisations have yielded targeted strategies for enhancing workforce capacity. Working alongside universities, professional associations, and service providers, we develop sustainable resources that strengthen the rehabilitation workforce.

### **Lead in providing educational opportunities to rehabilitation professionals throughout the world.**

Through strategic partnerships with universities and member organisations, Physiopedia has created a platform that seamlessly integrates into innovative educational initiatives. Our success in delivering online courses and hands-on clinical skills training programs proves our ability to deliver high-quality education, especially valuable in resource-limited settings.

### **Improve health care and therefore make a positive contribution to global health.**

Physiopedia facilitates knowledge exchange globally. Our founding membership in the World Rehabilitation Alliance and participation in WHO's Rehabilitation 2030 initiative demonstrate our growing influence in shaping rehabilitation practice and improving healthcare delivery worldwide.

### **Promote the profession to the wider health care community and the public globally.**

Our robust communications strategy has successfully broadened our reach beyond physiotherapy. With increasing visitors from diverse healthcare backgrounds and the general public, we're effectively showcasing the value of rehabilitation. This expanded reach enriches understanding across the healthcare spectrum while making rehabilitation knowledge more accessible to those who need it.

# Who we do it with

## Making meaningful partnerships to positively impact global health

**Physiopedia values, respects and encourages collaborative activities that contribute towards global health.**

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### **International Development Partners**

This year, our work with Johns Hopkins University through ReLAB-HS and with Momentum Wheels for Humanity through SRSHS brought meaningful change to rehabilitation systems in Pakistan, Uganda, Myanmar and Ukraine. Together, we implemented the IRETT, our comprehensive education and training toolkit, strengthening academic programmes, professional regulation and clinical skills development. The sudden end to USAID funding in early 2025 brought these partnerships to a close, yet the frameworks and resources we co-created continue supporting rehabilitation professionals facing challenging circumstances worldwide.

### **Global Health Leadership Organisations**

Our partnerships with the World Health Organisation have expanded this year. Beyond our ongoing contribution to the Rehabilitation 2030 initiative, we collaborated on developing digital platforms and online courses that make evidence-based knowledge accessible to practitioners and policymakers globally. As founding members of the World Rehabilitation Alliance, we've contributed to shaping education recommendations for rehabilitation and influencing high-level policy discussions that determine how rehabilitation is understood, resourced and delivered internationally.

### **Professional Associations and Member Organisations**

International professional organisations are key partners in extending our reach. The World Federation of Occupational Therapists and the International Society for Prosthetics and Orthotics recommend our resources to their members, delivering accredited learning that maintains professional standards across borders. Professional associations worldwide use Physiopedia for continuing professional development programmes, creating pathways for their members to both learn from and contribute to our global knowledge base. These partnerships create sustainable models where professional development strengthens the profession as a whole.

### **Educational Institutions and Healthcare Providers**

Universities across continents embed Physiopedia into their teaching, giving students access to current, evidence-based content whilst training the next generation of contributors. Clinics and hospitals deploy our educational offerings for staff development, ensuring teams maintain contemporary practice standards. These partnerships demonstrate how freely accessible knowledge can enhance formal education and workplace learning simultaneously, benefiting students, practitioners and ultimately the patients they serve.

# Global Broadcast

→ In the 2024/25 financial year between 1 June 2024 and 31 May 2025 Physiopedia received:

70 Million  
page views

30 Million  
users



From 241 countries and territories, the top ten being:

United States, India, United Kingdom, Australia, Canada, Philippines, Vietnam, Indonesia, Pakistan, and Malaysia.

## Greek PMR Conference in Athens

Physiopedia was represented, connecting with European physiotherapy professionals and sharing our global mission.

## Ukrainian Rehabilitation Workforce Development Meeting

The team attended a meeting in Krakov with rehabilitation stakeholders from Ukraine to strategise on workforce development.

## Interprofessional workforce development Pakistan

Implementing IRETT to strengthen academic programmes, professional Strengthening rehabilitation education and regulation through collaborative IRETT implementation with multiple professional groups.

## AI Masterclass MOOC

Thousands joined our AI-focused course that equipped participants with practical skills, receiving outstanding reviews from global learners.

## Interprofessional workforce development Uganda

Implementing IRETT to strengthen academic programmes, professional regulation and clinical skills across rehabilitation professions.

## SASP Conference

Team Physiopedia and Uganda stakeholders showcased work addressing critical rehabilitation workforce gaps and capacity-building initiatives.

# Governance

**Physiopedia is registered with the Charity Commission (registration number 1173185) and complies with the Charities Act 2011. The objects of the charity are, for the public benefit, to improve health globally by advancing education in relation to physiotherapy and improving access to physiotherapy knowledge.**

**Under UK law, the Physiopedia Charity is subject to the Companies Act 2006 and operates as a company limited by guarantee and not having share capital. It is bound by the articles of association last amended in 2017.**

**The Physiopedia Trustees have responsibility for the control and direction of the affairs of the charity. The Trustees receive no remuneration for their duties.**



# Trustees

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**Antony Lowe**  
MEng, PhD

Tony has worked as an e-learning consultant for nearly 20 years, he now specialises in health and is cofounder of Physiopedia.



**Brenda Myers**  
BSc, MHSA

Brenda served as the Secretary General of the WCPT from 1995- 2016. Prior to this she was Executive Director of the Canadian Physiotherapy Association.



**Elaine Lonnemann**  
DPT, OCS, MTC, FAAOMPT

Elaine is the Executive Liaison for Community Outreach and DPT Program Faculty Member at the University of St. Augustine for Health Sciences in the USA.



**Rachael Lowe**  
BSc Hons

Rachael is a physiotherapist and technology specialist, she is cofounder of Physiopedia.

# Contributors

## Strategic Partners

World Physiotherapy  
World Federation of Occupational Therapists  
International Society for Prosthetics and Orthotics  
Humanity & Inclusion  
The International Committee of the Red Cross  
Primal Pictures

## Content Partners

University of British Columbia  
Environmental Physiotherapy Association  
Integrative Lifestyle Medicine

## Volunteers

A Aishwarya  
Aanal Bhuva  
Abdelrahman Attia  
Ahmed Abdelaal  
Ahmed Diab  
Ahmed Nassef  
Ali Gomaa  
Alicia Fernandes  
Alyssa Brooks-Wells  
Aminat Abolade  
Ananya Bunglae Sudindar  
Angeliki Chorti  
Aya Alhindi  
Ayodeji Mark-Adewunmi  
Bukola Agoro  
Candace Goh Xiao Huey  
Carina Therese Magtibay  
Deepmala Jadwani  
Dinalize Purcell  
Ines Musabyemariya  
Ishita Pareek  
Janine van Dyk  
Joey Pease  
Jonathan Wong

Juwayriah Dalvi Dalvi  
Kalyani Yajnanarayan  
Kapil Narale  
Kehinde Peter Agunbiade  
Khloud Shreif  
Lania Smith  
Laura Ritchie  
Lauren Heydenrych  
Liliane Kirenga  
Lucinda Hampton  
Mahbubur Rahman  
Mahnoor Zubair  
Maitreyi Nachuri  
Maram Salem  
Maria Kerlos  
Mason Trauger  
Matt Huey  
Matteo Ghezzi  
Memoona Awan  
Merve Demirayak  
Misha Ahir  
Mmesoma Eyisi  
Mohamed Hassanin  
Mohit Chand

Mohssan Mujeeb  
Momina Khalid  
Narayani Nagare  
Nehal Shah  
Nivedita Raut  
Nupur Shah  
Okeakpu Chioma Clara  
Pacifique Dusabeyezu  
Peace Samuel  
Rajshri Suryavanshi  
Rana Algarhy  
Rana Muhammad Tahir Aslam  
Rishab Mishra  
Rishika Babburu  
Romy Hageman  
Rucha Gadgil  
Ruchita Parikh  
Safiya Naz  
Saud Alghamdi  
Sehriban Ozmen  
Shahd Mohammed  
Abdelhafeez Hamed  
Sonal Joshi  
Stacy Lawrence  
Swati Singh

Syeda Bushra Zehra Zaidi  
Tolulope Adeniji  
Trista Chan  
Uchechukwu Chukwuemeka  
Ujjwal Tiwary  
Umamah Ejaz  
Veena Panicker  
Vidya Acharya  
Wendy Walker  
Winrose Windsor  
Yahya Al-Razi  
Yasmin Verzosa  
Youssef Mohamed

# Thank you!

To everyone that contributed  
to Physiopedia in 2024/25



Caution, joining the  
team at Physiopedia  
could irreversibly change  
your professional life. I  
would strongly  
recommend doing the  
same for supporting the  
development of our  
global physiotherapy  
community.

# Finance Report

This statement of contributions and expenses relates to the year ending 31 May 2025.

Year ended	31 May 2025 £	31 May 2024 £
Income		
Sales	242	178
Marketing services	10,000	5,000
Donations - public	6,997	4,970
Donations - Physiopedia Plus	8,796	59,082
	26,035	69,230
Expenses		
Support and administration	53,748	50,400
Computer software and consumables	9,234	9,321
Website costs	-	6,602
Professional fees	1,908	1,274
Subscriptions	35	35
Bank charges	587	482
Insurance	1,141	447
Travel expenses	50	128
Consultancy Fees	2,750	0
	69,453	68,689
(Deficit) / Surplus for the year	(43,418)	541

## Looking Ahead

This year's deficit reflects the sudden cessation of USAID funding and strategic investments in innovation, particularly our Physiopedia AI Assistant. Reserves built from previous years' surpluses ensure we can continue our mission whilst adapting to a changed funding landscape.

Our priority remains maintaining a sustainable editorial team to manage content on the Physiopedia website. Our flagship knowledge resource will continue to provide high quality information for the professional development of rehabilitation professionals worldwide.

We remain committed to developing partnerships with universities, clinics and professional organisations, creating professional development opportunities for their students, staff and members. These collaborations are central to our sustainable future.

Having demonstrated resilience and agility this year, we will continue responding to world events that require rapid development of rehabilitation knowledge and skills, whilst building more diverse and sustainable funding models for long-term stability.

### Notes

- General:** Physiopedia is a charitable company limited by guarantee and is incorporated in United Kingdom (registration number 08530802). The registered office address is 10 Queen St Place, London, EC4R 1BE.
- Public benefit entity:** The charitable company meets the definition of a public benefit entity under FRS 102.
- Going concern:** The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.
- Personnel:** As at 31 May 2025, the Charity had no staff members employed. The Trustees receive no remuneration for their duties. Expenses can be reimbursed.

**Related Parties:** Rachael Lowe and Antony Lowe are directors and shareholders of Physiopedia Plus Ltd, which provides support services to Physiopedia free of charge. The cost of these services, where quantifiable, is included in the accounts both as costs and as a donation. The directors of Physiopedia Plus Ltd also devote a substantial part of their time to the activities of the charity entirely on a voluntary basis. The value of these services has not been quantified.



**PHYSIOPEDIA  
TRUSTEES' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2025**

## PHYSIOPEDIA Contents

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**PHYSIOPEGIA**  
**Company No. 08530802**  
**Trustees' Report For The Year Ended 31 May 2025**

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The trustees present their report and the financial statements for the year ended 31 May 2025.

## **Objectives and Activities**

### **Aims and Objectives**

The objects of the charity are, for the public benefit, to improve health globally by advancing education in relation to physiotherapy and improving access to physiotherapy knowledge.

### **Public Benefit**

Making meaningful impact for the global rehabilitation community.

In order to satisfy our mission, the strategic plan highlights 6 key strategies that guide our activities:

1. Gather the sum of all physical rehabilitation knowledge and make this freely available to all.
2. Lead in providing educational opportunities to rehabilitation professionals throughout the world.
3. Reach and involve rehabilitation professionals throughout the world.
4. Improve health care and therefore make a positive contribution to global health.
5. Foster international collaboration to empower global rehabilitation professions.
6. Promote the profession to the wider health care community and the public globally.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

## **Reference and Administrative Details**

### **Trustees**

Mr Antony Lowe  
Ms Elaine Lonnemann  
Ms Brenda Myers  
Mrs Rachael Lowe

### **Charity Number**

1173185

### **Company Number**

08530802

### **Registered Office**

86-90 Paul Street  
London  
EC2A 4NE

### **Independent Examiner**

Sue Whitter ICPA  
Devtrain Ltd t/a Sue Whitter ICPA  
Lymm Business Centre  
Davies Way  
Lymm  
WA13 0QW

**PHYSIOPEDIA**  
**Trustees' Report (continued)**  
**For The Year Ended 31 May 2025**

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**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

Mrs Rachael Lowe

Trustee

20/10/2025



**PHYSIOPEGIA**  
**Independent Examiner's Report to the Trustees of PHYSIOPEGIA**  
**For The Year Ended 31 May 2025**

---

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2025.

**Responsibilities and Basis of Report**

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sue Whitter ICPA  
20/10/2025  
Lymm Business Centre  
Davies Way  
Lymm  
WA13 0QW

**PHYSIOPEDIA**  
**Statement of Financial Activities (including Income and Expenditure Account)**  
**For The Year Ended 31 May 2025**

		2025	2024
		Unrestricted funds	Unrestricted funds
	Notes	£	£
<b>INCOME AND ENDOWMENTS FROM:</b>			
Donations and legacies	3	15,793	64,052
Other trading activities	4	10,242	5,178
		<u>26,035</u>	<u>69,230</u>
<b>EXPENDITURE ON:</b>			
Raising funds	5	(69,453)	(68,689)
<b>NET (EXPENDITURE)/INCOME</b>		<u>(43,418)</u>	<u>541</u>
<b>NET MOVEMENT IN FUNDS</b>		<u>(43,418)</u>	<u>541</u>
<b>RECONCILIATION OF FUNDS:</b>			
Total funds brought forward		175,989	175,448
<b>TOTAL FUNDS CARRIED FORWARD</b>	11	<u><u>132,571</u></u>	<u><u>175,989</u></u>

The notes on pages 7 to 10 form part of these financial statements.

**PHYSIOPEdia**  
**Statement of Financial Position**  
**As At 31 May 2025**

		2025	2024
		Unrestricted funds	Total funds
	Notes	£	£
<b>FIXED ASSETS</b>			
<b>CURRENT ASSETS</b>			
Debtors	9	-	55,000
Cash at bank and in hand		136,984	128,342
		136,984	183,342
<b>Creditors: Amounts Falling Due Within One Year</b>	10	(4,413)	(7,353)
<b>NET CURRENT ASSETS (LIABILITIES)</b>		132,571	175,989
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		132,571	175,989
<b>NET ASSETS</b>		132,571	175,989
<b>FUNDS OF THE CHARITY</b>			
Unrestricted Funds		132,571	175,989
<b>TOTAL FUNDS</b>	11	132,571	175,989

For the year ending 31 May 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Mrs Rachael Lowe

Trustee  
20/10/2025

The notes on pages 7 to 10 form part of these financial statements.

**PHYSIOPEDIA**  
**Statement of Cash Flows**  
**For The Year Ended 31 May 2025**

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	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Net cash generated from/(used in) operations	1	8,642	(47,106)
Net cash generated from/(used in) operating activities		8,642	(47,106)
Increase/(decrease) in cash and cash equivalents		8,642	(47,106)
Cash and cash equivalents at beginning of year	2	128,342	-
Cash and cash equivalents at end of year	2	136,984	(47,106)

**PHYSIOPEDIA**  
**Notes to the Statement of Cash Flows**  
**For The Year Ended 31 May 2025**

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**1. Reconciliation of (expenditure)/income to cash generated from/(used in) operations**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Net (expenditure)/income	(43,418)	541
<i>Movements in working capital:</i>		
Decrease/(increase) in trade and other debtors	55,000	(55,000)
(Decrease)/increase in trade and other creditors	(2,940)	7,353
Net cash generated from/(used in) operations	<u>8,642</u>	<u>(47,106)</u>

**2. Cash and cash equivalents**

Cash and cash equivalents, as stated in the Statement of Cash Flows, relates to the following items in the Balance Sheet:

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Cash at bank and in hand	<u>136,984</u>	<u>128,342</u>

**3. Analysis of changes in net funds**

	<b>As at 1 June 2024</b>	<b>Cash flows</b>	<b>As at 31 May 2025</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Cash at bank and in hand	<u>128,342</u>	<u>8,642</u>	<u>136,984</u>



**PHYSIOPEDIA**  
**Notes to the Financial Statements**  
**For The Year Ended 31 May 2025**

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**1. General Information**

PHYSIOPEDIA is a company limited by guarantee, incorporated in England & Wales, registered number 08530802 and registered charity number 1173185. The registered office is 86-90 Paul Street, London, EC2A 4NE.

**2. Accounting Policies**

**2.1. Basis of Preparation of Financial Statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

**2.2. Incoming Resources**

Incoming resources include voluntary donations from members of the public and corporations. Any legacies or restricted donations are accounted for separately. Income from charitable activities includes merchandise sales and consultancy services provided by the charity.

**2.3. Resources Expended**

Resources expended are recorded according to the nature of the expenditure.

**2.4. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	25% reducing balance
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**2.5. Cash and Cash Equivalents**

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

**3. Income from Donations and Legacies**

	2025	2024
	Unrestricted	Total
	funds	funds
	£	£
Donations and gifts	15,793	64,052

**4. Income from Other Trading Activities**

	2025	2024
	Unrestricted	Total funds
	funds	
	£	£
Consultancy services	10,000	5,000
Shop income	242	178
	10,242	5,178

**PHYSIOPEGIA**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 May 2025**

**5. Analysis of Expenditure**

		<b>2025</b>	
	<b>Activities undertaken directly</b>	<b>Support costs (see note 6)</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	53,798	15,655	69,453
		<b>2024</b>	
	<b>Activities undertaken directly</b>	<b>Support costs (see note 6)</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	50,528	18,161	68,689

**6. Support Costs**

		<b>2025</b>
		<b>Raising funds</b>
		<b>£</b>
General administration		15,655
		<b>2024</b>
		<b>Raising funds</b>
		<b>£</b>
General administration		18,161

**7. Average Number of Employees**

Average number of employees during the year was: 2 (2024: 2)

**8. Tangible Assets**

		<b>Computer Equipment</b>
		<b>£</b>
<b>Cost</b>		
As at 1 June 2024		1,658
As at 31 May 2025		1,658
<b>Depreciation</b>		
As at 1 June 2024		1,658
As at 31 May 2025		1,658
<b>Net Book Value</b>		
As at 31 May 2025		-
As at 1 June 2024		-

**PHYSIOPEDIA**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 May 2025**

**9. Debtors**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Due within one year</b>		
Trade debtors	-	5,000
Other debtors	-	50,000
	<u>-</u>	<u>55,000</u>

**10. Creditors: Amounts Falling Due Within One Year**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	1,260	4,200
Accruals and deferred income	3,153	3,153
	<u>4,413</u>	<u>7,353</u>

**11. Movement in Funds**

	<b>As at 1 June 2024</b>	<b>Income</b>	<b>Expenditure</b>	<b>As at 31 May 2025</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	175,989	26,035	(69,453)	132,571
<b>Total funds</b>	<u>175,989</u>	<u>26,035</u>	<u>(69,453)</u>	<u>132,571</u>

	<b>As at 1 June 2023</b>	<b>Income</b>	<b>Expenditure</b>	<b>As at 31 May 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	175,448	69,230	(68,689)	175,989
<b>Total funds</b>	<u>175,448</u>	<u>69,230</u>	<u>(68,689)</u>	<u>175,989</u>

**12. Transactions with Trustees**

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

**13. Related Party Disclosures**

There have been no related party transactions in the reporting period that require disclosure.

**14. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

## **Independent examiner's report to the trustees of Physiopedia**

I report to the charity trustees on my examination of the accounts of Physiopedia (the Company) for the year ended 31 May 2025.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Susan Whitter

Relevant professional qualification or membership of professional bodies: ICPA (Fellow)

Address: Devtrain Ltd, Lymm Business Centre, Davies Way, Lymm, WA13 0QW

Date: 20/10/2025