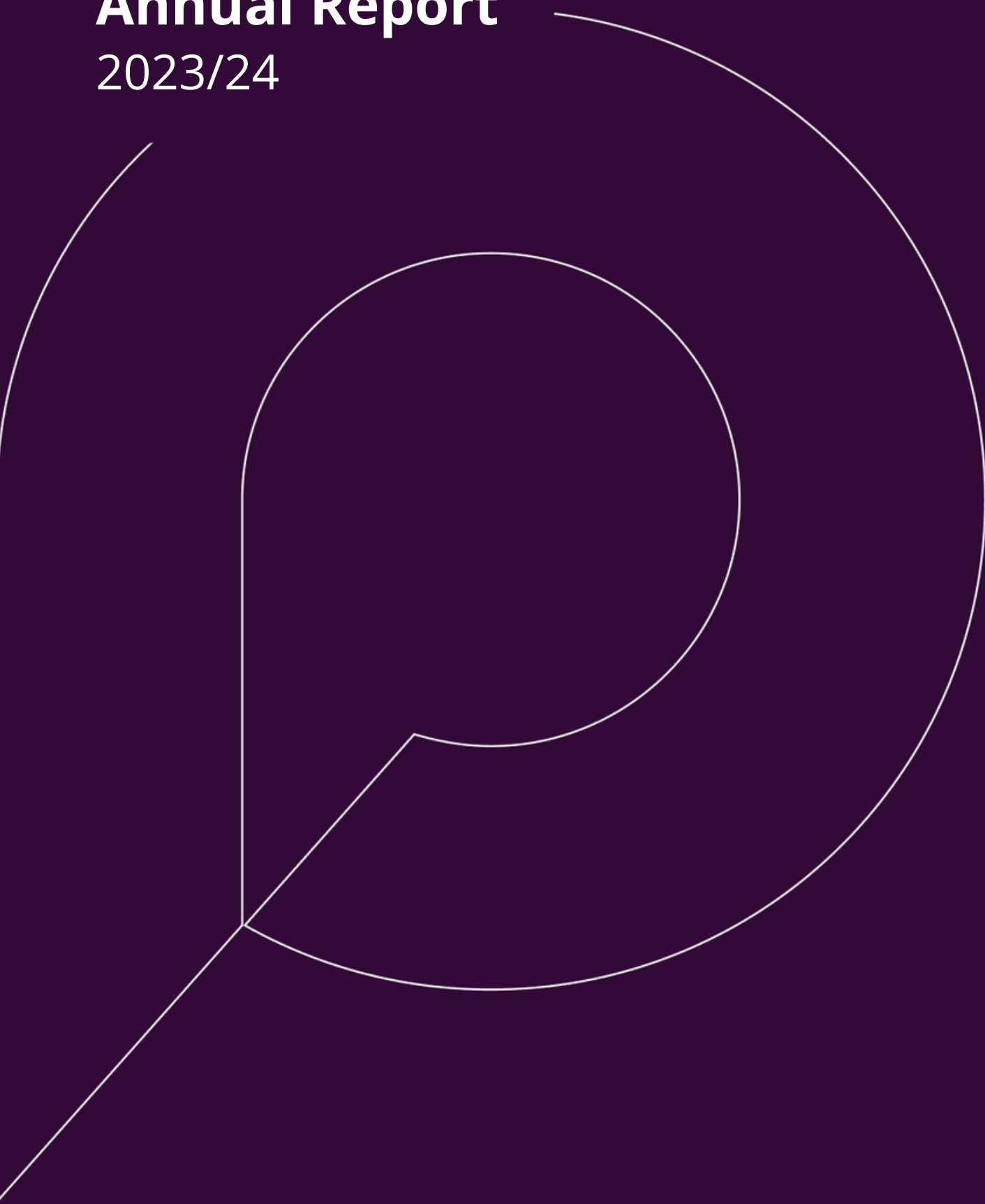




Annual Report

2023/24



Vision

A world where every person recognises the value of rehabilitation.

Mission

Equitable access to rehabilitation knowledge worldwide.



Contents

A year in summary	3
Values	4
Looking back, looking forward	5
From the team	7
Physiopedia awards 2023	9
Physiopedia top contributions 2023/24	10
What we do	12
Who we do it with	13
Global broadcast	14
Governance	15
Trustees	16
Contributors	17
Thank you!	18
Finance report	19



A year in summary

This is Physiopedia's sixth annual report

Covering the period of June 1, 2023 through May 31, 2024

As we reflect on the remarkable achievements of 2023/24, we're reminded that every step forward represents countless lives touched by our mission. This year has been transformative, marked by bold initiatives, expanded horizons, and deepening global connections. Our commitment to democratising rehabilitation knowledge continues to break down barriers and build bridges across continents, bringing evidence-based practice to every corner of the world.

The World Physiotherapy Congress in Dubai was a defining moment in our year. This international gathering gave us a wonderful opportunity to meet face-to-face with members of our global community - many for the first time. The energy and enthusiasm were palpable as we shared our work through presentations, posters, and symposiums. Our Physiopedia stand became a vibrant hub where digital connections transformed into meaningful personal relationships, reminding us of the power of in-person collaboration and the real impact of our work.

Our volunteer community exemplifies the power of collective purpose. We've undergone a remarkable transformation, evolving from a physiotherapy-focused platform to become a vibrant hub for diverse rehabilitation professionals. Occupational therapists, prosthetists, orthotists, and other specialists now enrich our knowledge base with their unique perspectives. This evolution reached a new milestone when our November orientation course welcomed 32 therapists from 16 countries - our largest cohort yet. Their collective expertise has helped expand our content to over 5,500 pages of vital, evidence-based knowledge.

In an era where artificial intelligence dominates headlines, we've taken a purposeful stance: embracing technology while maintaining our unwavering commitment to human expertise. Every piece of content on Physiopedia represents the collective wisdom of practicing professionals from across the globe. This dedication to authentic, expert-reviewed information has earned the trust of over 4 million monthly visitors who rely on us for authoritative rehabilitation knowledge.

Our commitment to innovative learning reached new heights this year. The launch of our 'Basic Rehabilitation Techniques' course attracted an incredible 11,331 participants from 111 countries, demonstrating the global appetite for quality rehabilitation education. We've pioneered a groundbreaking approach to clinical skills development through our hands-on training initiatives in Pakistan, Myanmar, and Uganda. These programs, supported by sophisticated remote mentorship, prove that geographical boundaries need not limit professional development.

Our influence in shaping global rehabilitation policy grew significantly through strategic partnerships. Taking our seat at the World Health Organisation's Rehabilitation 2030 meeting and becoming a founding member of the World Rehabilitation Alliance positioned us at the forefront of international rehabilitation advocacy. These milestone achievements reflect our expanding role in shaping the future of global rehabilitation practice.

Looking ahead, we're energised by the momentum of our achievements and the endless possibilities they create. To each volunteer who has contributed their expertise, every partner who has shared our vision, and all users who have made us part of their professional journey: thank you. Together, we're not just sharing knowledge - we're transforming rehabilitation practice across the globe.

Values



Passion

We demonstrate commitment in heart and mind in all that we do.



Altruism

We all have something to give. We are devoted to the wellbeing of others



Excellence

We go above and beyond to exceed expectations. We pursue quality and promote leadership and growth.



Collaboration

We respect all rehabilitation stakeholders. We believe in the power of working together to leverage collective expertise.



Innovation

We are curious to discover. We relentlessly pursue creative solutions to improve our work and our services for our community.



Community

We value sharing. We encourage connection and communication to strengthen positive relationships



Impact

We are a small team with big ambitions. In everything that we do we aim to achieve compelling results.



Integrity

Do no harm. We respectfully and ethically interact with each other and those we serve.



Looking back, looking forward

This year has opened my eyes to the extraordinary reach and impact of Physiopedia in ways that continue to inspire me. The World Physiotherapy Congress in Dubai brought this home powerfully - seeing our digital community come to life through personal connections and conversations was truly remarkable. As physiotherapists gathered at our stand to share their stories of how they use Physiopedia in their daily practice, it reinforced why we do what we do.

Our commitment to embracing interprofessional inclusivity has transformed how we work. Connections with international organisations like WFOT and ISPO has shown us how meaningful Physiopedia can be for all rehabilitation professions. These connections have enriched our understanding and opened new pathways for collaboration that will benefit the entire rehabilitation community.

The emergence of AI has reinforced the value of our human-centered approach. While we embrace technology as a tool for growth, our strength lies in the expertise of our global volunteer community. Their commitment to creating and reviewing evidence-based content ensures Physiopedia remains a trusted source for over 4 million monthly visitors.

Our involvement in global initiatives, from the WHO's Rehabilitation 2030 meeting to becoming founding members of the World Rehabilitation Alliance, has strengthened our role in shaping rehabilitation's future. The academic, regulatory and professional growth strategies that we have employed in Pakistan, Myanmar, Ukraine and Uganda demonstrate how effectively we can combine digital resources with hands-on learning to support workforce development worldwide.

Looking ahead, I'm filled with optimism about our growing impact. Our achievements this year have laid a solid foundation for expanding our reach and influence. To every volunteer, partner, and user who has been part of this journey: thank you. Your dedication makes it possible for us to continue breaking down barriers to rehabilitation knowledge access globally.

Rachael Lowe

Co-Founder, Trustee & Chair

Rachael qualified as a physiotherapist in 1998 from Sheffield Hallam University. Before turning her attention to providing technology solutions for the physiotherapy profession she successfully founded a private musculoskeletal physiotherapy service in the United Kingdom.

Now, in a voluntary capacity, Rachael oversees the day to day activities at the Physiopedia charity. She is also co-founder and CEO of Physiopedia Plus, Physiopedia's supporting online professional development platform.

A large, stylized white quotation mark icon consisting of two slanted parallel bars, positioned on the left side of the image.

“The team at Physiopedia is doing an excellent job. Information which may not otherwise be available to myself and others is readily available as a result of Physiopedia. I feel like a better prepared physiotherapist as a result of Physiopedia...”

~ Physiopedia user



Kim Jackson

Physiopedia Manager

As Physiopedia Manager, Kim is responsible for ensuring the quality of the Physiopedia content and leading the volunteer team that create that content. Together they work to maintain high-quality and up-to-date rehabilitation information and make it available for all. She is committed to promoting global health through sharing rehabilitation knowledge and resources.

From the team

This year has been transformative for our team, setting new benchmarks in how we create, share and deliver rehabilitation knowledge globally. Our community has grown both in numbers and diversity, embracing professionals from across the rehabilitation spectrum who share our vision of making evidence-based knowledge freely accessible worldwide

June 2023 provided invaluable opportunities at the World Physiotherapy Congress in Dubai to transform virtual connections into lasting professional relationships with our team sharing through presentations, posters, and symposiums. We also visited Uganda where we continued work to strengthen academic programs, regulation and professional development strategies. Topic of the Month (TOTM) focused on 'Lumbar Spine', reaching 5,128 pages. With 3,692,856 visitors and 7,355,932 page views, we proudly achieved a ranking of #27 among global medical-related websites. Solomon Gebbie's outstanding contributions and our team's expansion to 62 members marked significant progress.

July marked strategic advancements as Rachael represented Physiopedia at the World Health Organisation's Rehabilitation 2030 meeting in Geneva. Our acceptance as a founding member of the World Rehabilitation Alliance strengthened our position in global rehabilitation policy. Our team chose 'Pain' for ToTM adding 32 new pages and bringing the total to 5,164. We were also joined by students from the University of Nottingham and Queen's University as part of content development projects. Ahmed Diab was our top contributor.

August saw our clinical skills training initiative unfold in Myanmar, where physiotherapists from Yangon enhanced their expertise in stroke patient management. The team developed 29 new pages focused on Occupational Therapy, bringing our total to 5,193. Our global reach continued to expand with 4,045,531 users generating 8,105,527 page views, solidifying our position among the top medical and health sites globally. Lauren Heydenrych was our top contributor.

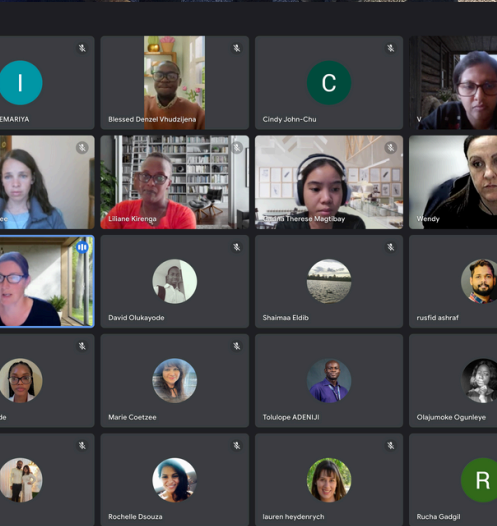
September showcased our educational impact through the launch of the Basic Rehabilitation Techniques MOOC. Parallel to this, we coordinated three significant ReLAB-HS training events across Uganda, Myanmar, and Pakistan, demonstrating our commitment to on-the-ground rehabilitation education. We expanded our content to 5,215 pages while maintaining consistent engagement with 3,797,833 visitors and 7,891,648 page views. Our top contributor was Annemarie Frank.

October took us to Poland where we organised an interprofessional gathering of rehabilitation professionals from Ukraine to discuss their workforce development strategies. TOTM was 'Neurology' where we added 22 new pages, making a total of 5,237. The top contributor was Paola Marturano, who works tirelessly translating pages.

November demonstrated the growing appeal of our volunteer program, with our orientation course welcoming a large and diverse cohort of motivated professionals. TOTM focused on Oncology and Palliative Care where we added 80 new pages helping to expand our content to 5,314 pages, reaching 3,500,255 readers across 191 countries through 7,808,683 page views. Our top contributor this month was Stacy Schiurring.



From the team



December balanced strategic development with practical education through an in-person training session in Yangon, Myanmar. We welcomed 37 new volunteers from the November orientation course. The team's focus on anatomy content resulted in 35 new pages, further enriching our educational resources bringing the total number of pages to 5,314.

January 2024 began with renewed purpose, featuring an interprofessional workshop in Uganda to forward our work related to strengthening the countries rehabilitation workforce and in-person clinical skills training in Pakistan. Students from Arkansas University contributed fresh perspectives through their content development project, while Ziya "Z" Altug was our top contributor advancing our nature-based therapy resources.

February combined clinical skills training in Pakistan with valuable networking at the Combined Sections Meeting in Boston. TOTM expanded our Learning Disabilities content by 34 pages, maintaining steady growth with 3,446,489 visitors and 7,023,990 page views. Greg Slater one of our tech masters was the top contributor.

March found the team immersed in abstract preparations for the World Physiotherapy Congress 2025, developing compelling abstracts to showcase our work. Alongside this, we hosted another successful clinical skills training event in Pakistan. The TOTM focused on Pain Management, while students from Cairo University brought fresh perspectives through their technology in Rehabilitation project. Kateryna Tymruk-Skoropad's was our top contributor.

April sent us to Pakistan again to progress work with academic institutions and professional associations to collaboratively strengthen the rehabilitation workforce. Our TOTM focus on Biomechanics expanded our content to 5,469 pages Khloud Shreif from the volunteer content team was our top contributor.









May closed our year with another successful clinical skills training event in Uganda. During our team meeting, we tackled important discussions about burnout and shared strategies for maintaining wellbeing - a reminder that our team's health is as important as our mission. Our 'Spring Cleaning' TOTM added 40 new pages, bringing our total to 5,509. Over 3.2 million visitors accessed nearly 7 million pages this month alone. Top contributor was Uchekwuku Chukwuemeka, a dedicated volunteer since 2018.

Our team's dedication to professional development and global education continues to drive Physiopedia forward. Each achievement represents countless hours of collaboration, expertise sharing, and commitment to improving rehabilitation knowledge worldwide.



Physiopedia Awards 2023

Recognising outstanding
contributions

Award Recipients	Award for
 Aminat Abolade	Top Contributor -made the most contributions to Physiopedia content
 Wendy Walker	Physiopedia Superstar – outstanding contributions by an individual
 Tony Verela	Best Project – most impactful content development project
 Ahmed Diab	Social Media Impact Award – most impact made through social media
 Khin (Maung) Win	Physioplus Superstar – individual has who collected the most Physioplus points
 Scott Buxton	Physiospot Superstar – individual with the most posts and contributions on Physiospot
 Vidya Acharya	Outstanding Leadership – the individual that demonstrates great leadership as any part of the Physiopedia project
 Daphne Xuan	Impact Award – the contribution that has made the greatest impact on physiotherapy practice



Physiopedia Top Contributors 2023 - 2024

Recognising outstanding
contributions

Month	Top Contributor
May 2024	Carina Therese Magtibay
April 2024	Khloud Shreif
March 2024	Kateryna Tymruk-Skoropad
February 2024	Greg Slater
January 2024	Ziya "Z" Altug
December 2023	Pam Versfeld
November 2023	Stacy Schiurring
October 2023	Paola Marturano
September 2023	Annemarie Frank
August 2023	Lauren Heydenrych
July 2023	Ahmed Diab
June 2023	Solomon Gebbie



**I feel much more prepared and
have a greater understanding
of trauma-informed care,
specifics regarding displaced
persons, and how PT can best
treat these patients**

~ Massive Online Open Course Participant



What we do

Making meaningful impact for the global rehabilitation community

In order to satisfy its mission, the strategic plan highlights 6 key strategies that guide our activities:

Gather the sum of all physical rehabilitation knowledge and make this freely available to all.

Physiopedia proudly hosts over 5,500 pages of evidence-based, practical rehabilitation-related content. Through our dedicated volunteer team's continuous review and updates, this knowledge remains freely accessible worldwide. We maintain our commitment to human-generated, expert-reviewed content, ensuring reliable information is available to all, regardless of location.

Reach and involve rehabilitation professionals throughout the world.

As an open-access platform, Physiopedia continues to expand its global reach, evidenced by over 37 million visitors in the past year. We actively engage with all rehabilitation professions worldwide, fostering an inclusive environment that transcends professional and geographical boundaries.

Foster international collaboration to empower global rehabilitation professions.

Our partnerships with international organisations have yielded targeted strategies for enhancing workforce capacity. Working alongside universities, professional associations, and service providers, we develop sustainable resources that strengthen the rehabilitation workforce.

Lead in providing educational opportunities to rehabilitation professionals throughout the world.

Through strategic partnerships with universities and member organisations, Physiopedia has created a platform that seamlessly integrates into innovative educational initiatives. Our success in delivering online courses and hands-on clinical skills training programs proves our ability to deliver high-quality education, especially valuable in resource-limited settings.

Improve health care and therefore make a positive contribution to global health.

Physiopedia facilitates knowledge exchange globally. Our founding membership in the World Rehabilitation Alliance and participation in WHO's Rehabilitation 2030 initiative demonstrate our growing influence in shaping rehabilitation practice and improving healthcare delivery worldwide.

Promote the profession to the wider health care community and the public globally.

Our robust communications strategy has successfully broadened our reach beyond physiotherapy. With increasing visitors from diverse healthcare backgrounds and the general public, we're effectively showcasing the value of rehabilitation. This expanded reach enriches understanding across the healthcare spectrum while making rehabilitation knowledge more accessible to those who need it.

Who we do it with

Making meaningful partnerships to positively impact global health

Physiopedia values, respects and encourages collaborative activities that contribute towards global health.

Strengthening Rehabilitation in Health Systems

As a key partner in ReLAB-HS (Learning, Acting and Building for Rehabilitation in Health Systems), led by Johns Hopkins University and funded by USAID, Physiopedia continues to advance rehabilitation workforce development worldwide. A cornerstone of this work has been the development of IRETT (International Rehabilitation Education and Training Toolkit), a comprehensive framework designed to strengthen rehabilitation education and training globally. While applicable to any setting, we've been piloting its implementation in Pakistan, Uganda, and Myanmar, demonstrating its effectiveness in strengthening academic programs, professional regulation, and clinical skills development.

Emergency Response and System Strengthening

Our collaboration with Momentum Wheels for Humanity through the USAID-funded SRSBS activity has been crucial in supporting Ukraine's rehabilitation sector. Beyond providing immediate response resources, we've implemented IRETT to strengthen academic programs, professional regulation and professional development pathways. This dual approach ensures both immediate crisis response and long-term system strengthening, providing rehabilitation professionals with the tools and knowledge they need in challenging circumstances.

Shaping Global Rehabilitation Policy

Our involvement in global initiatives has expanded significantly through active participation in the World Health Organisation's Rehabilitation 2030 initiative and our founding membership in the World Rehabilitation Alliance. These partnerships allow us to contribute to high-level policy discussions and help shape the future of global rehabilitation services, while ensuring our resources align with international standards and emerging needs.

Advancing Professional Education

Educational institutions and professional associations worldwide have integrated Physiopedia's resources into their teaching and professional development strategies. This collaboration enhances educational delivery through evidence-based content, while providing opportunities for students and professionals to contribute to global knowledge development. These partnerships create innovative learning experiences that bridge the gap between academic knowledge and clinical practice.

Expanding Professional Networks

Our interprofessional collaborations, including partnerships with organisations like the World Federation of Occupational Therapists (WFOT) and the International Society for Prosthetics and Orthotics (ISPO), continue to enrich our content and expand our impact across rehabilitation professions. These relationships ensure our resources reflect diverse perspectives and practices, supporting comprehensive rehabilitation care worldwide.

Global Broadcast

→ In the 2023/24 financial year between 1 June 2023 and 31 May 2024 Physiopedia received:

86,455,740
page views

37,309,490
users, from
every country
in the world.



Top ten visiting countries were:

United States, India, United Kingdom, Australia, Canada, Philippines, Indonesia, Pakistan, Malaysia, and Egypt.

Rehabilitation 2030 Meeting in Geneva

Physiopedia attended the Rehabilitation 2030 meeting at the World Health Organisation in Geneva.

Rehabilitation Workforce Development Meeting

The team attended a meeting in Warsaw with rehabilitation stakeholders from Ukraine to strategise on workforce development.

Clinical Skills Training in Pakistan

As part of the ReLAB-HS initiative we held an event that provided practical training to rehabilitation professionals and strengthened our on-ground impact.

In-person clinical skills training in Burma

Physiotherapists from Yangon had the opportunity to upgrade their knowledge and skills in managing stroke patients.

Over 11,000 people registered for the MOOC

Our massive open online course was Understanding Basic Rehabilitation Techniques. Over 11,000 people registered, from 111 countries.

Interprofessional workshops in Uganda

Implementing the IRETT to promote workforce strengthening activities

World Physiotherapy Congress

Our team attended the congress in Dubai, sharing innovative projects and connect with the global physiotherapy community.

Governance

Physiopedia is registered with the Charity Commission (registration number 1173185) and complies with the Charities Act 2011. The objects of the charity are, for the public benefit, to improve health globally by advancing education in relation to physiotherapy and improving access to physiotherapy knowledge.

Under UK law, the Physiopedia Charity is subject to the Companies Act 2006 and operates as a company limited by guarantee and not having share capital. It is bound by the articles of association last amended in 2017.

The Physiopedia Trustees have responsibility for the control and direction of the affairs of the charity. The Trustees are supported in their governance function by the Advisory Council. The Trustees and Advisory Council receive no remuneration for their duties.

Advisory Council

We have a panel of respected professionals on whose knowledge and experience we draw to further the objects of Physiopedia.

Barbara Rau

Head of International Relation at Haute Ecole de Sante de Geneve.

Sue Eitel

Rehabilitation consultant at Eitel Global.

Nancy Kelly

Founder and Executive Director of Health Volunteers Overseas

Tim Wright

Lawyer and Partner at Fladgate

Michael Rowe

Associate Professor in the Department of Physiotherapy at the University of the Western Cape.

Pree Kolari

Pree is a cross-functional design leader

Trustees



Antony Lowe
MEng, PhD

Tony has worked as an e-learning consultant for nearly 20 years, he now specialises in health and is cofounder of Physiopedia.



Brenda Myers
BSc, MHSA

Brenda served as the Secretary General of the WCPT from 1995- 2016. Prior to this she was Executive Director of the Canadian Physiotherapy Association.



Elaine Lonnemann
DPT, OCS, MTC, FAAOMPT

Elaine is the Executive Liaison for Community Outreach and DPT Program Faculty Member at the University of St. Augustine for Health Sciences in the USA.



Rachael Lowe
BSc Hons

Rachael is a physiotherapist and technology specialist, she is cofounder of Physiopedia.

Contributors

Strategic Partners

Humanity & Inclusion
The International Committee of the Red Cross
World Physiotherapy
Health Volunteers Overseas
Clinically Relevant Technologies
Primal Pictures

Content Partners

Queens University
University of Nottingham
University of British Columbia
Arkansas Colleges of Health Education
Reedemer's University
Environmental Physiotherapy Association
Integrative Lifestyle Medicine

Volunteers

A Aishwarya
Aanal Bhuvu
Abdullah Mahmoud Fahmy
Aditya Khachane
Ahmed Diab
Alicia Fernandes
Alyssa Brooks-Wells
Aminat Abolade
Ananya Bunglae Sudindar
Angeliki Chorti
Anne Dixie Lim
Anthonia Abraham
Aya Alhindi
Ayodeji Mark-Adewunmi
Bianca Rus
Blessed Vhudzjena
Boluwatife Williams
Bruce Knudsen
Bruno Serra
Candace Goh Xiao Huey
Carina Therese Magtibay
Chelsea McLene
Chloe Waller
Cindy John-Chu
David Olukayode
Fatma Elzahraa Elbayomi
Giulia Neculaes
Grace Barla

Habibu Salisu
BadamsiHagar Abd El-
Raziq
Hayaa Yousri
Ines Musabyemariya
Jeremy Bryan
Jonathan Wong
Justin Bryan
Kalyani Yajnanarayan
Kapil Narale
Khloud Shreif
Laura Ritchie
Laura Tighe
Lauren Heydenrych
Libby Mcconnell
Lilian Ashraf
Liliane Kirenga
Lucinda Hampton
Mahbubur Rahman
Maram Salem
Mason Trauger
Matt Huey
Matt Ross
Melissa Coetsee
Memoona Awan
Merihan Mahmoud
Hussein
Mohamed Abdelraof

Mohamed Hassanin
Mohit Chand
Momina Khalid
Nehal Shah
Nicolette Chamberlain-Simon
Niyati Jhaveri Shah
Nnenna Nina Chigbo
Nupur Shah
Olajumoke Ogunleye
Oluwasegun Ajenipa
Oyemi Sillo
Pacifique Dusabeyezu
Pacifique Mizero
Peace Samuel
Prashna Singh
Rahma Bhbh
Rasha Moghanam
Ravi Kumar
Rebecca Willis
Reem Ramadan
Rishika Babburu
Roberta Villar Baffa
Capobiango
Rochelle Dsouza
Romy Hageman
Rucha Gadgil
Ruchi Patel
Rujuta Naik

Rusfid FM
Sai Kripa
Saliu Balogun
Salma Ashraf
Saud Alghamdi
Sehriban Ozmen
Shaimaa Eldib
Shreya Pavaskar
Sixbert Habimana
Sonal Joshi
Stella Constantinides
Syeda Bushra Zehra Zaidi
Tanvi Korba
Tolulope Adeniji
Trista Chan
Uchekukwu Chukwuemeka
Vidhi Dinesh Kumar Jain
Vidya Acharya
Wendy Snyders
Wendy Walker
Yahya Al-Razi
Zsofia Laszlo

Thank you!

To everyone that contributed
to Physiopedia in 2023/24

//

Never doubt that a small
group of thoughtful,
committed citizens can
change the world;
indeed, it is the only
thing that ever has.

~ Margaret Mead

Finance Report

This statement of contributions and expenses relates to the year ending 31 May 2024.

Year ended	31 May 2024 £	31 May 2023 £
Income		
Sales	178	0
Marketing services	5,000	5,000
Donations - public	4,970	479
Donations - Physioplus	59,082	90,000
	69,230	95,479
Expenses		
Support and administration	50,400	19,600
Computer software and consumables	9,321	13,050
Website costs	6,602	297
Professional fees	1,274	1,240
Subscriptions	35	0
Bank charges	482	115
Insurance	447	437
Travel expenses	128	0
Exhibitions	0	1,504
	68,689	36,243
Surplus (deficit) for the year	541	59,236

£ 541

For the future

Surplus funds will be used in the next financial year to forward the Physiopedia mission.

There will be a focus on maintaining a sustainable editorial team to manage the content on the Physiopedia website. Our flagship knowledge resource will continue to provide high quality information for the professional development of physiotherapists all over the world.

There will continue to be a focus on developing new partnerships with universities, clinics and professional organisations. We will create professional development opportunities for their students, staff and members.

Having evidenced the ability to be nimble we will continue to respond to world events that require fast development of physiotherapy knowledge and skills.

Notes

- General:** Physiopedia is a charitable company limited by guarantee and is incorporated in United Kingdom (registration number 08530802). The registered office address is 10 Queen St Place, London, EC4R 1BE.
- Public benefit entity:** The charitable company meets the definition of a public benefit entity under FRS 102.
- Going concern:** The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.
- Personnel:** As at 31 May 2024, the Charity had no staff members employed. The Trustees receive no remuneration for their duties. Expenses can be reimbursed.

Related Parties: Rachael Lowe and Antony Lowe are directors and shareholders of Physiopedia Plus Ltd, which provides support services to Physiopedia free of charge. The cost of these services, where quantifiable, is included in the accounts both as costs and as a donation. The directors of Physiopedia Plus Ltd also devote a substantial part of their time to the activities of the charity entirely on a voluntary basis. The value of these services has not been quantified.

**PHYSIOPEDIA
DIRECTORS' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024**

Physiopedia Contents

	Page
Company Information	1
Directors' Report	2
Accountant's Report	3
Income and Expenditure Account	4
Balance Sheet	5
Notes to the Financial Statements	6—7
The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	8

**Physiopedia
Company Information
For The Year Ended 31 May 2024**

Directors	Ms Elaine Lonnemann Mr Antony Lowe Ms Brenda Myers Mrs Rachael Lowe
Company Number	08530802
Registered Office	10 Queen Street Place London EC4R 1BE
Accountants	Devtrain Ltd t/a Sue Whitter ICPA Lymm Business Centre Davies Way Lymm WA13 0QW

Physiopedia
Company No. 08530802
Directors' Report For The Year Ended 31 May 2024

The directors present their report and the financial statements for the year ended 31 May 2024.

Directors

The directors who held office during the year were as follows:

Ms Elaine Lonnemann
Mr Antony Lowe
Ms Brenda Myers
Mrs Rachael Lowe

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Mrs Rachael Lowe

Director

06/02/2025

**Physiopedia
Accountant's Report
For The Year Ended 31 May 2024**

Independent examiner's report to the trustees of Physiopedia

I report to the charity trustees on my examination of the accounts of Physiopedia (the Company) for the year ended 31 May 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed

Sue Whitter ICPA (Fellow)

06/02/2025

Devtrain Ltd t/a Sue Whitter ICPA
Lymm Business Centre
Davies Way
Lymm
WA13 0QW

Physiopedia
Income and Expenditure Account
For The Year Ended 31 May 2024

	Notes	2024 £	2023 £
TURNOVER		69,230	95,479
Cost of sales		(50,400)	(19,600)
		<hr/>	<hr/>
GROSS SURPLUS		18,830	75,879
Administrative expenses		(18,289)	(16,643)
		<hr/>	<hr/>
OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL YEAR		541	59,236
		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 6 to 7 form part of these financial statements.

**Physiopedia
Balance Sheet
As At 31 May 2024**

		2024	2023
	Notes	£	£
FIXED ASSETS			
CURRENT ASSETS			
Debtors	5	55,000	80,780
Cash at bank and in hand		128,342	99,351
		183,342	180,131
Creditors: Amounts Falling Due Within One Year	6	(7,353)	(4,683)
NET CURRENT ASSETS (LIABILITIES)		175,989	175,448
TOTAL ASSETS LESS CURRENT LIABILITIES		175,989	175,448
NET ASSETS		175,989	175,448
Income and Expenditure Account		175,989	175,448
MEMBERS' FUNDS		175,989	175,448

For the year ending 31 May 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Mrs Rachael Lowe

Director

06/02/2025

The notes on pages 6 to 7 form part of these financial statements.

Physiopedia
Notes to the Financial Statements
For The Year Ended 31 May 2024

1. General Information

Physiopedia is a private company, limited by guarantee, incorporated in England & Wales, registered number 08530802. The registered office is 10 Queen Street Place, London, EC4R 1BE.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	25% reducing balance
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3. Average Number of Employees

Average number of employees, including directors, during the year was: 2 (2023: 2)

4. Tangible Assets

	Computer Equipment £
Cost	
As at 1 June 2023	1,658
As at 31 May 2024	1,658
Depreciation	
As at 1 June 2023	1,658
As at 31 May 2024	1,658
Net Book Value	
As at 31 May 2024	-
As at 1 June 2023	-

Physiopedia
Notes to the Financial Statements (continued)
For The Year Ended 31 May 2024

5. Debtors

	2024	2023
	£	£
Due within one year		
Trade debtors	5,000	5,000
Prepayments and accrued income	50,000	75,780
	<u>55,000</u>	<u>80,780</u>

6. Creditors: Amounts Falling Due Within One Year

	2024	2023
	£	£
Trade creditors	4,200	1,530
Accruals and deferred income	3,153	3,153
	<u>7,353</u>	<u>4,683</u>

7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

Physiopedia
Detailed Income and Expenditure Account
For The Year Ended 31 May 2024

	2024		2023	
	£	£	£	£
TURNOVER				
Sales		178		-
Marketing services		5,000		5,000
Donations		64,052		90,479
		<u>69,230</u>		<u>95,479</u>
COST OF SALES				
Support and administration costs	<u>50,400</u>		<u>19,600</u>	
		<u>(50,400)</u>		<u>(19,600)</u>
GROSS SURPLUS		18,830		75,879
Administrative Expenses				
Travel expenses	128		-	
Computer software, consumables and maintenance	9,321		13,050	
Insurance	447		437	
Exhibitions	-		1,504	
Website costs	6,602		297	
Legal fees	364		330	
Professional fees	910		910	
Subscriptions	35		-	
Bank charges	<u>482</u>		<u>115</u>	
		<u>(18,289)</u>		<u>(16,643)</u>
OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL YEAR		<u>541</u>		<u>59,236</u>

Independent examiner's report to the trustees of Physiopedia

I report to the charity trustees on my examination of the accounts of Physiopedia (the Company) for the year ended 31 May 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Susan Whitter

Relevant professional qualification or membership of professional bodies: ICPA (Fellow)

Address: Devtrain Ltd, Lymm Business Centre, Davies Way, Lymm, WA13 0QW

Date: 06/02/2025