

**HEALTHWATCH ISLINGTON
DIRECTORS' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Healthwatch Islington
Directors' Report and Unaudited Financial Statements
For The Year Ended 31 March 2023

Contents

	Page
Company Information	1
Directors' Report	2
Accountant's Report	3
Income and Expenditure Account	4
Balance Sheet	5
Notes to the Financial Statements	6—7
The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	8

**Healthwatch Islington
Company Information
For The Year Ended 31 March 2023**

Directors

Mr Ralph Hughes
Mr Ewan MacLeod
Ms Kate Overall
Ms Chloe Wright
Mr Owen O'Sullivan
Miss Charlotte Sivanathan
Mr Nathan Allcott-Watson
Mr Stephen Adjaidoo

Secretary Ms Emma Whitby

Company Number 08407852

Registered Office

6-9 Manor Gardens
London
N7 6LA

Accountants

D S Burge & Co Ltd
Chartered Accountants
23 Chiltern Drive
Surbiton
Surrey
KT5 8LP

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
HEALTHWATCH ISLINGTON

Independent examiner's report to the trustees of Healthwatch Islington ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

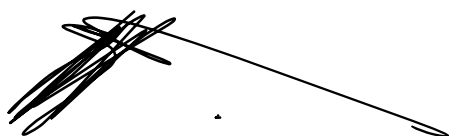
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of The Association of Certified Chartered Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sophie Jones FCCA
The Association of Certified Chartered Accountants
Robert A. Price F. C. C. A.
39 Etchingham Park Road
Finchley
London
N3 2DU

Date: 4th September 2023

Healthwatch Islington

Trustee's report

For The Year Ended 31 March 2023

It's been a great year of growth for Healthwatch Islington. This year, we've worked with Healthwatch across North Central London to promote the importance of a healthy lifestyle. Talking to residents about the risks of high blood pressure (which affects as many as one in five of us in Islington and can lead to stroke and heart attack), we reached around 800 residents through stalls at Chapel Market, events with local community partners and targeted work with our Diverse Communities Health Voice (DCHV) partners. We worked with these same partners and with Mind to promote Motivational Interviewing (a form of counselling that helps people to make positive behaviour change).

In addition, through our Mental Health Partnerships Coordinator, we linked DCHV partners with Population Health Nurses to offer health checks to 100 residents in local community settings. This developed into more focussed mental health themed workshops covering topics including sleeplessness, drug use and depression. These sessions have been very much welcomed by residents. Together with statutory partners (Camden and Islington NHS Foundation Trust, Whittington Health, our local GP lead for mental health, and Islington Council) and voluntary sector colleagues (Diverse Communities Health Voice partners, Maya Centre, Nafsiyat and Mind) we have produced a guide to promoting diversity and inclusion. Commissioners are asking potential providers of local services to reference this guide when bidding to deliver services in the borough.

We've extended our digital inclusion work, to include supporting four organisations to support residents in a wider range of languages, and we've secured £17,000 worth of free or subsidised equipment to support residents for whom finances are one of the barriers. We also piloted a scheme to support 50 residents in North 1 Primary Care Network to get online. We continued our community engagement raising around £150,000 to diversify our reach by sub-contracting community partners. We investigated primary care access, awareness of cancer screening and lung disease in a range of ethnic minority communities and experiences of residents who identify as LGBTQI+. We'll be following up on the findings in the coming year.

Finally, two of our trustees moved on from Healthwatch Islington. Jana Witt had been with Healthwatch since it started and made a wonderful contribution to our culture and achievements. Angelica Larkin joined us in the pandemic, only meeting colleagues in person two years into her term, but she showed a real passion for supporting our staff team. We wish them both all the best. It is an honour to step into the Chair at Healthwatch Islington, and I'll be supported by Vice Chair Chloe Wright and our committed and knowledgeable Board

Financially, overall income for the year increased considerably. This was mainly due to additional contracts for partnership work through the Integrated Care Board, including work on hypertension with our North Central London Healthwatch colleagues, engagement on cancer screening, GP access and experiences of LGBTQI+ residents with our long-standing Diverse Communities Health Voice partners and new partners Voluntary Action Islington and Mind Islington.

This increase in income is reflected in an increase in partnership contracting and staffing costs. However, we are now reviewing the existing staffing structure to ensure that we have sufficient capacity to meet demand. We've worked hard to minimise all other costs despite inflation. However, we need to review our office space as the current office space doesn't accommodate our post-pandemic working practice, and hasn't grown to meet the demands of our increasing staff team.

For more information, see our Annual Report to the Secretary of State for Health:

[HWI annual report 2022-23.pdf \(healthwatchislington.co.uk\)](https://healthwatchislington.co.uk/hwi-annual-report-2022-23.pdf)

Risk and Reserves policy

Board members regularly review our risk register and take a proactive approach to risk management. A risk assessment is carried out for all new work, this includes consideration of safeguarding implications, and data impact assessments.

We aim to use the resources available to us in the most effective ways possible and Healthwatch Islington holds reserves as part of its responsible approach to finance. The Board decides what should be held and why and reviews this on a regular basis. The Board may agree to draw down on reserves where emergencies or unforeseen circumstances arise. At year end March 23 our unrestricted, undesignated reserves stood at £181,725. Full reserves stood at £202,725 including £21,000 of carried forward restricted reserves and £60,000 of designated reserves to cover costs including potential legal costs and potential redundancy liability.

Our Board are all acting in a voluntary capacity, and although we cover reasonable out-of-pocket expenses, we have not made any payments to trustees.

Healthwatch Islington
Company No. 08407852
Directors' Report For The Year Ended 31 March 2023

The directors present their report and the financial statements for the year ended 31 March 2023.

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors

The directors who held office during the year were as follows:

Dr Jana Witt	Resigned	01/04/2023
Mr Ralph Hughes		
Mrs Angelica Larkin	Resigned	01/04/2023
Mr Ewan MacLeod		
Ms Kate Overall		
Ms Chloe Wright		
Mr Owen O'Sullivan	Appointed	26/07/2022
Miss Charlotte Sivanathan	Appointed	27/09/2022
Mr Nathan Allcott-Watson	Appointed	31/01/2023
Mr Stephen Adjaidoo	Appointed	13/09/2023

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Mr Ralph Hughes

Director

19/09/2023

**Healthwatch Islington
Accountant's Report
For The Year Ended 31 March 2023**

Chartered Accountant's report to the directors on the preparation of the unaudited statutory accounts of Healthwatch Islington for the year ended 31 March 2023

In order to assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the accounts of Healthwatch Islington for the year ended 31 March 2023 which comprise the Income and Expenditure Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given to us.

As a practising member of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the directors of Healthwatch Islington, as a body, in accordance with the terms of our engagement letter dated . Our work has been undertaken solely to prepare for your approval the accounts of Healthwatch Islington and state those matters that we have agreed to state to the directors of Healthwatch Islington, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Healthwatch Islington and its directors, as a body, for our work or for this report.

It is your duty to ensure that Healthwatch Islington has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit or loss of Healthwatch Islington. You consider that Healthwatch Islington is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit of the accounts of Healthwatch Islington. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

D S Burge & Co

12/09/2023

D S Burge & Co Ltd
Chartered Accountants
23 Chiltern Drive
Surbiton
Surrey
KT5 8LP

**Healthwatch Islington
Income and Expenditure Account
For The Year Ended 31 March 2023**

	Notes	2023 £	2022 £
TURNOVER		497,243	265,062
Cost of sales		<u>(157,946)</u>	<u>(33,188)</u>
GROSS SURPLUS		339,297	231,874
Administrative expenses		<u>(266,757)</u>	<u>(205,849)</u>
OPERATING SURPLUS		72,540	26,025
Other interest receivable and similar income		<u>769</u>	<u>30</u>
SURPLUS FOR THE FINANCIAL YEAR		<u><u>73,309</u></u>	<u><u>26,055</u></u>

The notes on pages 6 to 7 form part of these financial statements.

**Healthwatch Islington
Balance Sheet
As At 31 March 2023**

		2023	2022
	Notes	£	£
FIXED ASSETS			
Tangible Assets	3	3,059	597
		3,059	597
CURRENT ASSETS			
Debtors	4	11,974	47,569
Cash at bank and in hand		206,613	171,955
		218,587	219,524
Creditors: Amounts Falling Due Within One Year	5	(13,667)	(85,451)
NET CURRENT ASSETS (LIABILITIES)		204,920	134,073
TOTAL ASSETS LESS CURRENT LIABILITIES		207,979	134,670
NET ASSETS		207,979	134,670
Income and Expenditure Account		207,979	134,670
MEMBERS' FUNDS		207,979	134,670

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mr Ralph Hughes

Director

19/09/2023

The notes on pages 6 to 7 form part of these financial statements.

Healthwatch Islington

Notes to the Financial Statements

For The Year Ended 31 March 2023

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	4 years
Computer Equipment	4 years

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 7 (2022: 5)

3. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 1 April 2022	989	4,066	5,055
Additions	1,330	2,221	3,551
As at 31 March 2023	2,319	6,287	8,606
Depreciation			
As at 1 April 2022	392	4,066	4,458
Provided during the period	534	555	1,089
As at 31 March 2023	926	4,621	5,547
Net Book Value			
As at 31 March 2023	1,393	1,666	3,059
As at 1 April 2022	597	-	597

Healthwatch Islington
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2023

4. Debtors

	2023	2022
	£	£
Due within one year		
Prepayments and accrued income	11,855	47,353
Net wages	119	216
	<u>11,974</u>	<u>47,569</u>

5. Creditors: Amounts Falling Due Within One Year

	2023	2022
	£	£
Trade creditors	-	849
Other taxes and social security	1,529	1,320
Other creditors	7,251	2,897
Accruals and deferred income	4,887	80,385
	<u>13,667</u>	<u>85,451</u>

6. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

7. General Information

Healthwatch Islington is a private company, limited by guarantee, incorporated in England & Wales, registered number 08407852. The registered office is 6-9 Manor Gardens, London, N7 6LA.

The company's charity number with the Charity Commission is 1173157.

Healthwatch Islington
Detailed Income and Expenditure Account
For The Year Ended 31 March 2023

	2023		2022	
	£	£	£	£
TURNOVER				
Sales		497,243		265,062
COST OF SALES				
Subcontractor costs	155,786		30,970	
Other direct costs	2,160		2,218	
		(157,946)		(33,188)
GROSS SURPLUS		339,297		231,874
Administrative Expenses				
Wages and salaries	210,555		162,107	
Employers NI	16,131		11,832	
Employers pensions - defined contributions scheme	10,458		8,058	
Recruitment costs	359		-	
Volunteer training and expenses	678		388	
Staff training	634		280	
Travel and subsistence expenses	168		5	
Volunteer recognition	1,002		160	
Rent	6,763		5,016	
Cleaning	162		-	
Computer software, consumables and maintenance	3,596		2,316	
Insurance	1,590		1,406	
Printing, postage and stationery	549		708	
Advertising and marketing costs	3,789		2,242	
Telecommunications and data costs	3,037		3,607	
Accountancy fees	3,576		3,480	
Legal fees	335		371	
Consultancy fees	2,050		2,255	
Subscriptions	-		163	
Bank charges	153		143	
Depreciation	1,090		1,264	
Sundry expenses	82		48	
		(266,757)		(205,849)
OPERATING SURPLUS		72,540		26,025
Other interest receivable and similar income				
Bank interest receivable	769		30	
		769		30
SURPLUS FOR THE FINANCIAL YEAR		73,309		26,055