

RESTORE

England & Wales · Charity number 1173144

Details

Status Registered

Legal form CIO

Registered 2017-05-23

Register [View on the Charity Commission register](#)

Contact

Address 36 Vale View
Shaftesbury
Dorset
SP7 8TJ

Phone 07929029071

Email info@restore-bcr.co.uk

Website restore-bcr.co.uk

Activities

Objects: TO PRESERVE AND PROTECT THE HEALTH OF BREAST CANCER PATIENTS OR THOSE WHO ARE AT GREATERRISK OF BREAST CANCER DUE TO HAVING THE BRCA GENE AND WHO HAVE HAD OR WHO ARECONSIDERING BREAST RECONSTRUCTIVE SURGERY FOLLOWING MASTECTOMY FOR BREAST CANCER, INPARTICULAR BUT NOT EXCLUSIVELY BYA. PROVIDING INFORMATION, SUPPORT, PRACTICAL HELP AND ADVICE FOR THOSE CONSIDERINGBREAST RECONSTRUCTION INCLUDING OPPORTUNITIES TO SHARE THE RESULTS OF SUCHSURGERY AND RAISING AWARENESS ABOUT THE DIFFERENT TYPES OF RECONSTRUCTIONAVAILABLE; ANDB. WORKING WITH OTHER SUPPORT GROUPS TO SEEK IMPROVEMENT IN CONTINUITY OF CARE.

Activities: Restore is an information and support group for women contemplating breast reconstruction following a breast cancer diagnosis or those who have a faulty gene BRCA. We run Show & Tell events at Hospitals in East Grinstead, Dartford and Worthing where ladies can come along, meet women who have already been through breast reconstruction and see the results of their surgery in the flesh.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** The General Public/mankind

Geography

- Brighton And Hove
- Camden
- East Sussex
- Kent
- Southwark
- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£21,876	£13,215	-	-
2024-03-31	£12,758	£9,839	-	-
2023-03-31	£5,867	£3,344	-	-
2022-03-31	£3,735	£8,343	-	-
2021-03-31	£3,476	£6,705	-	-

Trustees

Name	Role	Appointed
CLAIRE SHELLEY	Chair	2017-05-23
ANNETTE HILDA STRUDWICK		2017-05-23
CAROLINE MIGO		2017-05-23
Martine Mills		2018-03-01
PAMELA GOLTON		2017-05-23
REBECCA SPENCER		2017-05-23
TRACY ANNE TWINN		2017-05-23
Vicky Brandle		2020-08-01

RESTORE

England & Wales - Charity number 1173144

Accounts

MINUTES OF AGM & COMMITTEE MEETING
Thursday 15th May 2025 - 7pm
Online - Zoom

Present:

Claire Shelley (CS)– Chair –Trustee	Barbara Messenger (BM)
Caroline Migo(CM) – Deputy Chair – Trustee	Roz Balthazor (RB)
Martine Mills (MM)- Trustee	Vicki Blamey (VB)
Annette Strudwick (AS) – Trustee	Gaynor Baugh (GB)
Vicky Brandle (VB) –Trustee	Rosalind Whiteman (RW)
Tracy Twinn (TT) – Trustee	Caroline Barker (CB)
Louise Keyzer (LK)	Angela Slater-Jones (ASJ)
Jane Webster (JW)	Karen Eke (KE)
Tanya Hutson (TH)	Julie Dixon (JD)
Dee Flower (DF)	

Apologies:

Pam Golton – Treasurer, Trustee & Breast Reconstruction CNS	Theresa Ferguson (TF)
Rebecca Spencer – Secretary, Trustee & Breast Reconstruction CNS	Tracey Watson
Margo Taskiran	Sue Bennett
Debbie Pile	Lin Luxford
Liz Stockton	Karen Goldstone
Jackie McDermott (JM) – Breast Cancer CNS, DVH	Donna Prescott (DP)
Jacky Shaxted	Sharon Tutt
Suzanne Alexander	Vicky Charles (VC)
	Sue Rowe

ITEM	ACTIONED BY:
<p>1. WELCOME & APOLOGIES</p> <p>CS welcomed everyone to the meeting and asked that all group leads emailed apologies to CM for the minutes.</p>	GROUP LEADS
<p>2. MINUTES OF LAST MEETING</p> <p>Minutes of last meeting were approved.</p>	
<p>3. CHAIR’S ANNUAL REPORT</p> <p>CS stated that it had been a really busy and successful year for the charity. CS went on to remind everyone about the decision last year to spend some time on consolidation and to concentrate our efforts on existing group Show & Tell events. However, due to the tremendous success of our events the word has spread and 2 new projects ‘have just happened’, they will be starting later in the year. It was agreed that this was the best</p>	

way for Restore to grow. It gives our volunteers who have been with us a long time and have been committed and loyal the opportunity to become more involved with the charity's Development Plan.

CS & CM expressed their pride and sincere thanks to all the Group Leads for taking on the responsibilities of running the individual groups and to all the dedicated volunteers who regularly give their time and energy at the Show & Tell events.

4. TREASURERS REPORT

In the absence of PG & RB CS stated that the charity has had an extremely positive year in terms of fundraising with donations coming in from several sources. This has allowed us to purchase the items we have for the hospitals during the year, it also allows us to continue to supply our much-appreciated comfort pack to patients going through breast cancer reconstruction along with our Show & Tell events.

Income & Expenditure 1 April 2024 – 31st March 2025

	Income	Expenditure	Balance
Balance at start of the year			£7,684.06
Comfort bag supplies		£3667.46	
Bras and support garments			
Merchandise		£562.52	
Website		£11.99	
Admin/Zoom monthly fees/domain fee		£968.90	
New group set up costs			
Surgical equipment/hospital donations		£6,973.69	
Misc		£1,030.17	
Donations from S&T events/Amazon Smile/Penny Pots/Merchandise & Refreshments	£21,875.58		
TOTAL	£21,875.58	£13,214.73	
Bank Balance on 31/03/2025			£16,344.91

5. MATTERS ARISING

- Kings X charity - Future Dreams:** TH explained that she volunteers for Future Dreams a couple of times a week. Set up by a mother and her daughter going through breast cancer the charity provides support in the form of holistic therapies, counselling, support groups, tutorials, cooking etc all in a high end, welcoming, safe space environment in a building in Kings Cross London. She is very excited about being able to bring two very similar charities together. Similar in ethos and the way both feel about women going through breast cancer.

TH reported that she has been contacted by one model from Guildford who wants to join her but she needs support from other groups to find more models for the planned Future Dreams events. CS stated that VB has kindly offered to support TH to find models for the events. CM stated it would be good to have a variety of

<p>reconstruction options to show - delayed, immediate and preventative/different age groups etc for the event planned later in the year.</p> <p>KE, who demonstrates a TUG, said she would be happy to model and another lady she knows from Restore also volunteers and wants to help out.</p> <ul style="list-style-type: none"> Bexhill – Sara Lee Trust: - DF reported on a chance meeting she had with the CEO of the Sara Lee Trust, a local charity that offers complimentary therapies to people suffering from cancer and other limiting illnesses. She explained that the Sara Lee Trust project was a partnership very similar to the Future Dreams one. Initially events will be run twice a year, the first one being held on the 30th October, another one in April of next year. DF & BM will be working together on this project. ASJ has offered to model. PG & RS have offered to find other models and RS has also offered to deal with all the bookings. <p>Initially there will be a cap of 20 people attending due to the venue and size of the room. DF also wanted to stress the importance of getting a variety of reconstructions options to show at these events. PG will be at the first event but after that the video produced by PG and RS will be used which is very informative and covers all the areas they cover in their normal introduction talk.</p> <p>CS thanked DF on behalf of Restore for all the hard work and sheer determination she has shown in getting this project up and running, congratulations was expressed by everyone.</p> <p>BM expressed concerns about addressing medical questions asked by patients at events where PG & RS were not present. It was agreed that questions should be directed back to their own breast care nurse as we are not medically qualified to answer them.</p> <p>Any marketing requirements DF should contact CM who will produce artwork for posters/flyers etc.</p> <p>AS stated that during her visits to Maidstone hospital a couple of doctors she had been talking to had expressed interest in Restore and the support it provided. CS suggested and AS agreed to get a contact name so we could send some of our leaflets for them to give out to patients there.</p>	<p>TH/VB</p> <p>DF/BM/ ASJ PG/RS</p> <p>PG</p> <p>DF/CM</p> <p>AS</p>
<p>6. FUNDRAISING</p> <ul style="list-style-type: none"> Curry Quiz Night in February: MM reported that the event was very successful raising £1,980 Steve Peppers quiz's Steve continues to do regular quiz's for us, which MM, VB, DP, DB and TF and VC go along, so a big thank you to them all for supporting us regularly at these events. Since June 2023 he has raised an amazing £9,970. Everyone expressed their gratitude for all of the time and effort he puts into running these events. 	

<ul style="list-style-type: none"> Emily Beswick – Virtual London Marathon Emily ran on behalf of her sister who came along to one of our Show & Tell events which she found very helpful and supportive during her treatment. CS stated that the final total had not been calculated yet as donations were still coming in but that it could be as much as £4,000. Amelia – Brighton Marathon RB reported that she thought the end total raised by Amelia would also be around the £4,000 mark. Her daughter had applied to her company for help with fundraising and she was waiting for them to come back to her at the end of May with the amount they would be donating, but she thought it would be around £1,000. <p>CM & CS suggested that because of the amazing size of these donations we come up with something special for these specific amounts, that will show in a visible/tangible way what the money has been spent on - we will be talking to the hospitals to ask for ideas. We would also like Emily and Amelia to be involved in some way with the formal presentations of donations. RB suggested going to the bank and getting the cheque in large format for the photos.</p> <p>CS expressed sincere thanks and congratulations to both Emily and Amelia on behalf of Restore for the amazing achievement of completing the respective Marathons as well as the incredible amounts raised.</p> <ul style="list-style-type: none"> London City Walk MM reported that last Saturday she and a party of St Thomas’ volunteers had taken part in a London City Walk arranged by Clwyd Roberts, husband of one of our Volunteers Jackie, which raised £170. <p>Forthcoming fundraising events:</p> <ul style="list-style-type: none"> Dog walk – 22nd June at Trosley Country Park, Gravesend. MM reported that one of our new volunteers, Vicky Charles, has applied to the company she works for, British Gas, to ask them for help with the fundraiser and they have confirmed they will match what we raise. <p>MM also wanted to remind everyone about the ‘Easy Fundraising’ scheme as an easy way to raise money whilst doing your everyday shopping/booking holidays etc online. To create an account (if anyone doesn’t have one) the link is: www.easyfundraising.org.uk and can also be easily accessed on Restore’s website.</p>	<p>PG/RS</p> <p>PG/RS</p> <p>CS/CM</p> <p>RB</p> <p>MM</p> <p>ALL</p>
<p>7. GROUP UPDATE:</p> <ul style="list-style-type: none"> GUILDFORD – JW reported that they had used the video produced by PG & RS for the first time at the last meeting, which had worked very well. She felt that in future it might be a good idea to warn ladies about the graphic content contained in the video before its shown. DF stated that it was good to know as she would be using the video. However, CS stated that she had attended the last Guildford S&T and none of the ladies present seemed to be phased by it. 	<p>JW/DF</p>

JW went on to say the group was running well, she has a couple of new models. CS reported that she has asked PG & RS to look out for a 'Delayed DIEP' to model as this was the one option missing from the group. JW also said that she really needs more implants as that is what they do at Guildford.

PG/RS

Unfortunately, due to the size of the room JW had to bump some ladies onto the next event in July as the last event was fully booked.

- **ST THOMAS** – VB reported that the group was running very smoothly and she couldn't ask for a better group of girls. They always let her know if they can model or not. She has volunteers who make the cushions for the comfort packs.

VB stated that normally the volunteers arrange to go out for lunch afterwards which makes a really nice day with them all.

- **DARENT VALLEY** – MM reported that she was very happy with the way her team continued to work well together particularly in their recently allocated new roles.

The new feedback forms are handed out as ladies arrive which seems to work very well and MM suggested that this personal touch might work at other groups too. MM said St Thomas' had already adopted this procedure and it has received a good response so far.

ALL

MM went on to say that due to the NHS staffing situation at DVH, DVH will only be able to hold 4 events a year which is a shame but that she was working around it. Also that the events would now be held on a Wednesday instead of a Monday from September in order to accommodate staffing rota's. MM wanted to thank JM, for all the hard work and dedication she has shown on behalf of Restore to ensure the continuation of the Show & Tell events at DVH. CS stated that we would also be looking into how we can run our events there using the video if staffing becomes an issue in the future. MM to progress and report back.

MM

- **QVH** – Annettee reported that Show & Tell events were now more or less running themselves with PG/RS doing all the booking in and the newly organised team with their respective roles working very well. She went on to say that she felt fully confident in the team she had put together to cover her absence during her chemo treatment.
- **GROUP DEVELOPMENT** – CS reminded everyone of the decision to put in place a group development plan for the Charity. She expressed the Trustees sincere thanks everyone for stepping up and volunteering to take on more responsibility for running the Show & Tells events. The group teams were working extremely well and this would ensure the continued survival and strategic growth of Restore. CS made the point that going forward this will be all our legacy.

CS ask CM to send out Restore's newly designed Organisation Chart with the minutes. CM is also currently putting together a Group Contact list (internal use only) and asked that instead of using personal email addresses everyone set up their own Restore gmail account (example to use *Annettes.restore@gmail.com*) and send

<p>her the details so she can include them on the contact sheet. AS & JW already have a gmail account so no need to send to CM.</p>	<p>MM/VB DF/TH</p>
<p>8. MARKETING MATERIALS & MERCHANDISE</p> <ul style="list-style-type: none"> <p>Marketing Materials - CM thought that it was about time to update our pull up banners as we will need two new ones for the new groups and had sufficient funds to do so. She thought it would be nice to have versions for each group with a photo of the volunteers who model for that particular group. However, we will need photos that can be reproduced to a better quality than those taken by mobile phones. She asked that the group leads arranged to have group photos taken using a camera which can then be sent to her to use when putting the artwork together. JW stated that she had a camera and could get to most of the groups to take photos. Group Leads to organise with JW.</p> <p>Merchandise – MM said she has a minimum order level of 10 to ensure the best price but it tends to be volunteers who order them mostly. CS suggested that the group leads mention that MM is looking to put in another order if anyone wants a T-Shirt to let her know. MM was asked to give the groups leads a rough idea of cost. CS suggested and it was agreed that Restore would pay the postage on volunteer’s orders.</p> 	<p>JW & GROUP LEADS</p>
<p>9. ANY OTHER BUSINESS</p> <ul style="list-style-type: none"> <p>Zoom – In her absence RS had asked CM to raise the issue of switching from using Zoom for our meetings to MS Teams.. The monthly cost has increased to £30.83 (from £26.89) and as we only use it twice a year now for committee/AGM it seems like an unnecessary cost. If we move to MS Teams its free. It was agreed that RS should go ahead and switch to MS Teams and cancel the Zoom subscription.</p> <p>Online booking facility CM reported that RS was also still looking into a facility for online bookings for each of the ‘show and tell’ sessions – especially as we are expanding. She is investigating setting something up on Event Brite or similar, so patients can book online then someone from each of the groups can log in to pull off an attendance list. She is hoping this facility is free, but if it costs something like £20-30 per month; is this something Restore would be prepared to do? It would take away some of the admin for the NHS staff at QVH/STH/DVH and RSCH in particular. Future Dreams already have their own booking facility. It was agreed that going forward this was well worth investing in and agreed that RS should go ahead and set up the facility.</p> <p>Refresher for models – DF raised the idea of refresher sessions for volunteer models. She suggested that it might be beneficial for models to sit in on a whole Show & Tell presentation every once in a while, to remind them about what they should cover during the ‘show’ part of the session. It was agreed that this would be a very good way for models to be able to fine tune their own story. CM suggested</p> 	<p>RS</p> <p>RS</p>

RESTORE

England & Wales - Charity number 1173144

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Income and expenditure sheet below are from 1st April 2023 – 31st March 2024	Income	Expenditure	Balance
Balance Start of Year			£ 4,898.70
Comfort Bag Supplies		£ 2,422.21	
Bras and support garments		£ 64.85	
Merchandise		£ 2,337.28	
Website			
Admin Costs Zoom Monthly fees, Domain fee, headed paper, leaflets		£ 1,779.81	
New location set up costs		£ 506.20	
Surgical equipment			
Miscellaneous (Summer Balls, Martine's chairs to C wing)		£ 2,728.21	
Donations from S&T events, Amazon Smile, Penny pots, Merchandise & Refreshments	£ 12,757.93		
Total	£ 12,757.93	£ 9,838.56	
Bank Balance on 31/03/2024			£ 7,818.52

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**ANNUAL REPORT AND ACCOUNTS MARCH
2022 – MARCH 2023**

1. TRESURERS REPORT FOR 01/04/23 – 31/03/23

RS presented on behalf of PG.

- Balance at start of the year - £2,375.69
- Expenditure:
 - Comfort bag supplies £1,616.57
 - Bras & support garments - £196.15
 - Admin (Zoom/Website/domain name etc) - £1,064.47
- Income total was £5,870.41
- Expenditure total was £3,347.40
- Total amount remaining as of 31/03/23 is £4,898.70

Donations include those from Gary Mill's sponsored marathon run.

Funds generated have been used to support the other 2-3 groups with purchasing mugs/refreshments etc. Future fundraising events planned will enable us to update our banners with the new logo and get more leaflets printed.

2. WEBSITE

Website continues to be developed with training planned so we are not reliant on one person to add and amend when necessary.

3. FUTURE FUNDRAISING EVENTS

Update on forthcoming fundraising events include:

- **Sunday 25th June – dog walk at Trosley County Park, Kent starting at 11am. Updated poster to be sent to RS for website with updated parking fees.**
- The Masons held a charity event in March where they intended to provide ½ the funds raised to Restore, and donated £1,350 as a result.
- Steve Pepper 'For Ashley Trust' is hosting a quiz and funds raised will kindly be donated to Restore.

4. MODELS & SHOW AND TELLS

Due to the increase in TUG, LUG and LD reconstructions we have experienced more demand for models who have had reconstructions using their thighs and breast implants.

WORTHING – first session back after COVID was held in March with 20-25 attendees. There were 8 models split into 2 groups with the attendees splitting up and rotating through.

DARENT VALLEY – Still awaiting date for return to events after Covid. However the plan is to hold it in the Empress Suite rather than the Phillip Farrant unit. There is no kitchen, but there is an urn and Restore will purchase coffee jugs. Marie (support worker) will help with admin/posters/advertising.

GUILDFORD

To date the idea of a new group has been well supported and encouraged by the plastic surgeons, however; the BCNs at Royal Surrey (RSCH) are unable to provide full support at this time due to staffing issues/sickness. The Fountain Centre at RSCH are very happy to support by providing a room & the owner can stay behind for a short time after work one evening for the events to take place. Wednesday or Thursday evenings likely to be the best day. Posters advertising the Show & Tell events to be displayed at RSCH / surrounding hospitals and the Fountain Centre in Guildford, encouraging those interested in attending to email the info@restore-bcr.co.uk address. Patient list will be collated by RS/PG and sent to the group co-ordinator Vicki. Leaflets/business cards to be supplied and posters will be sent to all Surrey hospitals as well as social media posts once first date has been finalised. VB is to be commended for getting Guildford up and running and the Trustees congratulated her

GUYS & ST THOMAS'

Guys & St Thomas' have expressed interest in becoming part of the Restore and hosting 'Show and tell' events. Two of the Trustees who are also Breast care nurse specialist have written to the Breast Reconstruction CNS at Guys to explain about Restore and what it entails. They will also be presenting at the 'Breast Reconstruction Nurse Network' on 23/05 about QVH and Restore.

IN SUMMARY

Restore continues to go from strength to strength with two very prestigious new groups due to start up in the coming months. We look forward to being able to support many more women as they go through their breast cancer reconstruction journey. We thank all the many volunteers who continue to support us and make this possible.

RESTORE

England & Wales - Charity number 1173144

Accounts

**MINUTES OF AGM & COMMITTEE
MEETING
Monday 23rd May 2022 - 7pm
Online - Zoom**

Present: Claire Shelley – Chair –Trustee
Caroline Migo – Deputy Chair - Trustee
Rebecca Spencer – Secretary, Trustee & Breast Reconstruction CNS
Pam Golton – Treasurer, Trustee & Breast Reconstruction CNS
Martine Mills - Trustee – Fundraising Coordinator
Tracy Twinn –Trustee
Annette Strudwick – Trustee & Model Coordinator for QVH
Vicky Brandle - Trustee
Roz Balthazor
Karen Goldstone
Karen Eke
Margo Taskiran

Apologies: Barbara Messenger
Sue Bennett
Lin Luxford
Liz Stockton
Hedwig Hegtermans

	ACTIONED BY:
1. WELCOME, INTRODUCTIONS & APOLOGIES	CM/CS
2. MINUTES OF LAST MEETING	CM/CS
<ul style="list-style-type: none"> • Minutes of last meeting were approved. 	
3. TRESURERS REPORT FOR 01/04/21 – 31/03/22	PG
<ul style="list-style-type: none"> • Balance at start of the year - £6,983.11 • Expenditure from <ul style="list-style-type: none"> - Comfort Bags £1,345.93 - Bras & support garments - £926.47 - Admin (Zoom/Website/domain name etc) - £858.55 - Surgical equipment donations - £4,758.46 • Income total was £3,735.02 • Expenditure total was £8,342.44 • Total amount remaining as of 31/03/22 is £2,375.69 	
<p>A massive thank you to Elise who raised funds through creation and selling of her Christmas chocolate boxes and her Mother's Day flowers.</p> <p>PG reminded everyone that we need to make a purchase of an item for the hospital in memory of Martine's mum.</p>	PG MM

4. EQUIPMENT DONATIONS

Restore have purchased the superfine microsurgery instruments which have now arrived from Japan and are sterilised ready for use. A photo of the surgeons displaying this purchase and an explanation of what they are was uploaded onto social media.

CM & CS concerned there was a significant price increase between the original quote and final cost. Post meeting RS forwarded the original email confirming the cost would be £3,425.10.

Restore also purchased some dopplers for the Admissions Lounge at QVH, photo of the manager with the items was uploaded onto social media with an explanation of what they are used for. This is helpful to people can see what their donations are spent on.

5. POST COVID SHOW & TELL EVENTS

QVH resumed face-to-face Show & Tell events in January 2022 – due to hospital Covid restrictions the events in January & March ran across x2 sessions with 15 attendees in each; one 10am-12noon and the other 1pm-3pm. We have since returned to just one morning session from 10am-12noon with 30 attendees, as restrictions are relaxing.

Remaining sessions for this year are as follows:

23rd July 10-12 noon

24th September 10-12 noon

26th November 10-12 noon

At the time of the meeting, RS/PG confirmed that there are still restrictions within the hospital – attendees should wear facemasks, but no longer needed to do LFTs before they came. As there is still a restriction on numbers, we should continue to just ask the woman to attend alone.

Post meeting (17/6/22) restrictions in the hospital have changed. Attendees no longer need to wear facemasks in non-clinical areas, do not need to wear LFTs or social distance. We plan to continue being cautious for July restricting numbers to 35/40 and single attendees only. Providing things continue to get back to normal, there is potential to open the Sept and Nov ones up to more attendees and partners/husbands too. RS/PG to keep everyone informed as things change.

AS tries very hard to mix up the models for each event to ensure there someone available who has had each different type of reconstruction and are at different stages. AS asked that we give her an idea of how many models are needed per session to help with planning. She is finding it difficult to plan.

6. REFERRALS BY CONSULTANTS TO ATTEND S&T

CM said that there are increasing numbers of women making contact who have been asked to attend S&T by their consultant. CM asked that RS/PG give the consultants Restore leaflets to take to their offsite clinics to provide to patients to make contact through social media rather than the email address. Emails are not always answered as quickly as social media posts, so if the patient is an immediate then there is potential for delay.

CM to design business card sized info cards with dates for surgeons to hand out as they already have a lot of things to carry offsite. These can also be posted out to referring BCNs to hand to patients.

CM/CS have compiled a list of models who are happy to be telephone buddies so can put prospective patients into contact with those models if necessary.

RS

CM/CS

RS / PG

AS

CM

CM

CM / CS

7. FUNDRAISING EVENTS UPDATE

MM confirmed that the charity dog walk at Trosley Park has been booked for Sunday 2nd October 2022. Poster has been circulating on social media. MM will start collating raffle prizes and plans to purchase 3-4 trophies for prizes, approx. £10-12 each.

MM confirmed that GM will be doing the sponsored marathon for Restore.

As MM's party could not take place due to Covid she plans to hold an event in June 2024 to celebrate instead.

MM suggested we start advertising around October time for people to make a small donation to Restore instead of sending Christmas cards this year. A few people did do it last year.

Christmas Party taking place on 3rd December with 22 people currently booked to attend. Everyone welcome to attend, liaise with MM for further details.

MM will have a think about the memorial for her mum for the hospital.

RS/PG to look into HSBC restrictions for adding a "donate" button to website/social media. Previous enquiries resulted in only be able to display sort code/account number, which is not secure. PG mentioned that QVH charity has a 'text to donate' facility which may work for Restore – PG/RS to look into this.

8. WORTHING & DARTFORD UPDATE

CS reported that the response from Worthing about restarting was pushed back due to the BCN workload. No response from Darent Valley Hospital (DVH) but they are also struggling.

CS will email again to suggest they plan to tentatively restart in Summer/Autumn now QVH are back up and running. She will also recommend that perhaps they attend a QVH one for a refresher if needed.

Liz Bowden will help SC with running the Worthing events. She had previously helped out at the EG sessions so is aware of how the sessions run. CM to renew contact and resend contact details to Sarah and copy CS into correspondence.

9. ANY OTHER BUSINESS

CM feels the website needs an overhaul and updating. PG/RS explained they are waiting for a response from PF. We are all extremely grateful to PF for everything he has done for us, but feel it is now time to hand over the reins to someone who has more time to dedicate to keeping it updated.

MT's niece runs a company called Bold Light who helps charities to communicate, including website design. She will speak to her about possibly taking the Restore website on.

10. DATE & VENUE FOR NEXT COMMITTEE MEETING

Monday 21st November at 7pm.

<https://us06web.zoom.us/j/87321403948?pwd=R3c0L04yMy9hbjF4bFdQQVpsN1RSZz09>

Meeting ID: 873 2140 3948
Passcode: 851567

MM

MM

PG/RS

CS

CM

MT

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Donations from S&T events,Amazon Smile, Penny pots, Merchandise & Refreshments	£ 3,735.02		
Admin Costs Zoom Monthly fees, Domain fee, headed paper,leaflets		£ 616.56	
Miscellaneous (Wrist bands, Storage for bras, Mugs, Glasses for ward, Tape measures)		£ 452.03	
Surgical Equipment Donation Super fine forceps & Dopplers		£ 4,759.46	
Total	£ 3,735.02	£ 8,342.44	
Bank Balance			£ 2,375.69

RESTORE

England & Wales - Charity number 1173144

Accounts

RESTORE

Breast Cancer Reconstruction

Information ❖ Inspiration ❖ Support

**Minutes of
Annual General Meeting (AGM)
Wednesday 19th May 2021 18.30-18.45
Online - Zoom**

Present: Claire Shelley – Chair –Trustee
Caroline Migo – Deputy Chair - Trustee
Rebecca Spencer – Secretary, Trustee & Breast Reconstruction CNS
Pam Golton – Treasurer, Trustee & Breast Reconstruction CNS
Tracy Twinn –Trustee
Martine Mills - Trustee - Fundraising
Annette Strudwick – Trustee & Model Coordinator for QVH
Vicky Brandle - Trustee
Karen Goldstone
Jacky Shaxted
Barbara Messenger

Apologies: Jackie McDermott – Breast Care Nurse, DVH
Sue Bennett – Model Coordinator, DVH
Linda Luxford
Paula Lennon

1. APOLOGIES FOR ABSENCE

2. CHAIR & SECRETARY REPORT

In the light of the COVID pandemic we are very proud that Restore continued to provide information and support to ladies throughout the year. We ran virtual sessions and ensured our website and social media pages had relevant and interesting updates. We also welcomed a new trustee onboard, Vicky Brandle, Vicky will add new skills to the group and we look forward to working with her. As we come out of lockdown we are taking a cautious approach as we plan future events and hope to return to face to face events in the near future.

3. TREASURERS REPORT:

- Balance at start of the year - **£10,212.06**
- Expenditure from 1st April 2020 – 31st March 2021 was **£6,705.07**
- Income from 1st April 2020 – 31st March 2021 was **£3,476.12**
- Total amount remaining as of 31st March 2021 is **£6,983.11**

Due to COVID-19 we have been unable to fundraise. As QVH was being utilised as a cancer hub for many Trusts across the South East, Restore kindly provided drain bags, cushions and bras. Due to lockdown shops were closed so women were unable to purchase support bras – having a stock of front fastening bras was extremely beneficial and all agreed we should continue to ensure there is a supply available. Another useful purchase was of the surgical forceps for the microsurgery in plastic surgery, and breast mounds for practicing micropigmentation techniques.

There was an increase in expenditure for things like website and Zoom

**ACTIONED
BY:**

CS

PG

RESTORE

Breast Cancer Reconstruction

Information ❖ Inspiration ❖ Support

due to moving the show and tells onto a virtual platform.

4. ANY OTHER BUSINESS:

Due to COVID-19 all 'show & tell' events, AGM & Committee Meetings continued to take place online via Zoom. Being able to continue the virtual 'show and tell' events helped to keep the charity alive and support a number of women going through a very difficult time in their lives.

5. ELECTION OF ADDITIONAL TRUSTEE

Vicky Brandle was co-opted as Trustee in August 2020.

6. NEXT AGM:

- May 2022 (date TBC)

CS

Income and expenditure sheet below are from 1st April 2020 - 31st March 2021

	Income	
Balance Start of Year		
Comfort Bag Supplies		
Bras		
Website		
Donations from S&T events,Amazon Smile, Penny pots, Merchandise & Refreshments	£	3,148.33
Merchandise	£	227.79
Admin Costs		
Miscellaneous (including fridge & breast mounds)		
Dog Walk 2020	£	100.00
Surgical Equipment Donation		
Total	£	3,476.12
Bank Balance		

Expenditure	Balance
	£ 10,212.06
£ 2,161.36	
£ 1,796.19	
£ 241.99	
£ 378.66	
£ 616.87	
£ 1,510.00	
£ 6,705.07	
	£ 6,983.11