

Help Impact

Trustees' Annual report

For the period from 1 April 2024 to 31 March 2025

Charity no 1173140

Reference and administration details

Charity number 1173140

Principal address

24 Brewery Lane
Twickenham
TW1 1AW
United Kingdom

Bankers

HSBC Bank plc
Registered in England and Wales with registration number 14259
Registered office: 8 Canada Square London E14 5HQ

Trustees

Svetlana Savelyeva, Chair of Trustees
Veronika Sokolova
Yulia Kozlova

Structure, governance and management

Help Impact (the “Charity”) is a Charitable Incorporated Organisation whose only voting members are its trustees. The Charity’s governing document is its constitution dated 23 May 2017 and amended on 8 March 2024.

Help Impact currently has three trustees. During the financial year ending 31 March 2025 no other trustees were appointed. As per the Charity’s constitution every new trustee must be appointed by a resolution passed at a meeting of the Charity trustees.

When the Charity trustees appoint new trustees, they consider knowledge, skills and experience required for the management of the Charity. Trustees may be found through existing trustees’ recommendation or advertising. When new trustees are appointed, Help Impact provides a current version of its constitution, a copy of its latest annual report and statement of accounts, its policies and recent minutes of trustee meetings. The Charity also refers new trustees to the Charity Commission’s website for its “Essential Trustee” publication and further information, and to Help Impact’s website. In addition, all new trustees are given a detailed overview of the Charity’s current state of affairs and strategy.

During the financial year ending 31 March 2025 the trustees conducted two trustee meetings. At these meetings the trustees discussed Help Impact’s strategy, projects and other current activities, fundraising initiatives and plans for the future.

Help Impact does not employ any staff. The team of Help Impact consists of three trustees. The trustees did not receive any remuneration for the performance of the Charity related activities.

At Help Impact we always welcome volunteers to support our work. We would be happy to collaborate with people with different knowledge, skills and experience. Help Impact provides continuous support to its volunteers where required. The Charity provides an induction explaining what it does and how volunteers fit within the organisation. If applicable, the Charity also provides training to assist a volunteer to meet the expected standards. The Charity allocates a main point of contact for every volunteer. A volunteer has catch-ups with the main point of contact and, if required, with other team members to agree targets for the volunteering role and discuss any questions.

As per the Charity's Conflicts of Interest policy, the trustees must disclose any potential interest which may conflict with the interest of the Charity or their duties to the Charity. Any potential conflict must be identified, managed and minuted. The trustees confirmed that they did not have any conflicts of interest.

Objectives and activities

As per Help Impact's constitution the objectives of the Charity are the relief of sickness, preservation of health, relief of financial hardship, and the advancement of education either generally or individually of children, young people and their families worldwide including but not limited to the UK by raising funds and making grants of money for providing or paying for items, services or facilities.

The trustees confirm that they are aware and had due regard to the guidance on public benefit issued by the Charity Commission. Our main priorities for this year's strategy continued to be:

- Providing grants to charities in line with Help Impact's objectives and policies, and
- Continuing with fundraising activities.

Help Impact undertook the following activities to further its purposes for the public benefit:

- The Charity's projects were in advancement of the Charity's objectives and policies. The trustees carried out appropriate due diligence on NGOs which received the grants. This process included checking that funds reached their destination and are used for the purposes intended.
- Trustees continued raising awareness of the public in relation to Help Impact's activities and projects.
- Trustees reviewed and followed the Charity's policies.

Achievements and performance

Help Impact works with organisations around the world that have necessary skills and expertise to efficiently deliver a project maximising its value to beneficiaries while minimising its costs. Help Impact's trustees invest a lot of time in due diligence to ensure the funds reach those in true need of it.

During this financial year Help Impact had the following projects detailed below.

Our Projects

Music Therapy for Sick Children

Help Impact supported the work of Rosie's Rainbow Fund that organises music therapy sessions for sick children at John Radcliffe Hospital in Oxford, UK. Rosie's Rainbow Fund's music therapy sessions involve live, interactive, and developmentally appropriate music-making with children. The aim of the project is to facilitate expression of feelings, reduce distress and promote well-being.

Music therapy helps children to sleep or is comforting for children who are not feeling well enough to participate more actively. Playing and singing together helps to distract the young children during certain medical procedures.

For older children and teenagers, the sessions keep pace with the rapidly evolving way that music is developed and listened to across a range of devices. As part of this work, older children are encouraged and supported in writing and recording of music. Seriously ill teenagers use iPads and tablet devices to encourage creativity.

Help Impact's grant funds are used to pay for music therapy sessions at John Radcliffe Hospital.

Therapy for Disabled Children in Moldova

Help impact was happy to award a grant to the UK-based charity St Gregory's Foundation on a project to support disabled children in Calarashi, an hour from Chisinau, the capital of Moldova. St Gregory's Foundation works with Dorintsa, the centre for disabled and autistic children and young people in Calarashi. The centre was founded in 2001 by parents of a child with cerebral palsy.

In Calarashi children with special needs often face:

- Insufficient psychological and physical support to cover the needs of children with disabilities
- Lack of accessibility in general educational institutions
- Lack of social services and rehabilitation centres at district and local levels
- Delayed diagnosis and referrals.

The awarded funds help disabled children to access physical, cognitive and speech therapy at the only centre in the region of Calarash. They are able to socialise and communicate with their peers and reach their best potential. They benefit from social integration and greater independence. The beneficiaries of this project are children with DOWN syndrome, infantile cerebral palsy, undeveloped speech level, autistic spectrum disorder, motor deficiency and learning disabilities.

The aim of the project is to improve the children's:

- Self-care and personal hygiene skills
- Oral communication skills – children usually improve their active and passive vocabulary
- Management of emotions and behaviour
- Muscle strength, development of upper and lower fine and gross motor skills, relaxing of hypertonic muscles of the upper and lower limbs
- Metabolism, energy level and other core capacities.

Medications and medical supplies for children in Guatemala

Health&Help runs a non-profit clinic in the rural area where access to medical aid is very limited. It is the only free of charge medical centre within a 3-4 hour walking distance.

Help Impact provided funds to purchase medications and medical supplies for children and young people under 25 years old suffering from the following.

- Parasitic diseases – Quite often children cannot sleep because of itchiness all over their bodies, have persistent stomach pain and lice in their hair. These are the symptoms of very common parasitic diseases. The good news is that in most cases such parasitic diseases can be treated by only several pills within three days. After such a simple treatment children sleep better, digest food better and quite obviously but very importantly of course – stop experiencing persistent pain.
- Skin, eyes, lungs and intestinal infections – Children suffer from these infections all the time. This is primarily due to poor life conditions and very poor hygiene standards. Most of homes do not have a shower and a lot of homes do not have a floor or a toilet. The treatment for such infections is relatively straightforward. One course of antibiotics can treat a lot of these infections.
- Growth delay, anemia and lack of concentration – As children do not eat enough and do not receive enough vitamins, they experience growth delays, cannot concentrate and often fall asleep at school. They do not have enough haemoglobin which helps to carry oxygen throughout the body. From Health & Help children receive a course of vitamins and iron, and get their haemoglobin level checked. As a result, children's physical and mental development significantly improves.

There are no overhead costs. Health&Help's doctors are volunteers and also there are no other costs of running this project thanks to economies of scale. So all funds received from Help Impact are used to buy medications and medical supplies.

Risk management

The Charity trustees confirm that they:

Considered to the major risks to which the charity is exposed, and

Discussed and satisfied themselves that systems or procedures are established in order to manage those risks.

The Charity trustees confirm that they acted in line with Help Impact's risk management policy.

Financial review

Help Impact's income for the financial year ending 31 March 2025 was £10,680 as compared to the income of £21,017 in the previous year. £13,000 was awarded and paid as grants.

The Charity is planning to use the raised funds for its projects in the new financial year. Also

Help Impact aims to keep its operational costs to the very minimum.

The cash funds at the end of this financial year were £34,002.

Reserves policy

Trustees agree to keep the reserves equal to three to six months of planned operational costs.

Operational costs are defined as expenses related to the Charity's operation, i.e. costs of resources to maintain the Charity.

Operation costs for the financial year ended 31 March 2025 were £191.2.

The trustees confirm that the above reserves policy requirement was met.

Plans for the future

In the next financial year the trustees plan to perform the following activities:

- Provide grants in line with Help Impact's objects and policies
- Continue with fundraising activities
- Continue raising awareness about the Charity.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of all the Charity's trustees

Signature



Full name

YULIA KOZLOVA

Position

TRUSTEE

Date

26 June 2025

Signature



Full name

Svetlana Savelyeva

Position

Trustee

Date

6 July 2025



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Help Impact

On accounts for the year
ended

31st March 2025

Charity no
(if any)

1173140

Set out on pages

1-8

I report to the trustees on my examination of the accounts of the above charity ("the CIO") for the year ended 31/03/2025.

Responsibilities and
basis of report

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent
examiner's statement

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

26/10/2025

Name:

Stephen Hand

Relevant professional
qualification(s) or body
(if any):

Association of Certified Chartered Accountants

Address:

60 Bitterne Drive

Woking

Surrey

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Help Impact		1173140		CC16a
Receipts and payments accounts				
For the period from	01-Apr-24	To	31-Mar-25	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	10,680		-	10,680	21,017
Other income	-	-	-	-	-
Sub total (Gross income for AR)	10,680	-	-	10,680	21,017
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,680	-	-	10,680	21,017
A3 Payments					
Cost of fundraising events		-	-	-	-
Grants paid	13,000		-	13,000	8,000
Bank charges	90	-	-	90	77
Fundraising platform's processing fees	20	-	-	20	23
Other expenditure	131	-	-	131	59
Sub total	13,241	-	-	13,241	8,159
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,241	-	-	13,241	8,159
Net of receipts/(payments)	- 2,561	-	-	- 2,561	12,859
A5 Transfers between funds	-	-	-	-	
A6 Cash funds last year end	36,562	-	-	36,562	
Cash funds this year end	34,002	-	-	34,002	36,562



Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	34,002	-	-
	Total cash funds	34,002	-	-
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	

Note 1: There was no guarantee given by Help Impact, where any potential liability under the guarantee is outstanding at the date of the statement of assets and liabilities.

Note 2: There was no debt outstanding at the date of the statement of assets and liabilities which is owed by Help Impact and which is secured by an express charge on any of the assets of Help Impact.

Signed on behalf of all the trustees

Signature	Print Name	Date of approval
	JULIA KOZLOVA	26.06.25
	Svetlana Savelyeva	07.07.25