

Help Impact

Trustees' Annual report

For the period from 1 April 2023 to 31 March 2024

Charity no 1173140

Reference and administration details

Charity number 1173140

Principal address

24 Brewery Lane
Twickenham
TW1 1AW
United Kingdom

Bankers

HSBC Bank plc
Registered in England and Wales with registration number 14259
Registered office: 8 Canada Square London E14 5HQ

Trustees

Svetlana Savelyeva, Chair of Trustees
Veronika Sokolova
Yulia Kozlova

Structure, governance and management

Help Impact (the “**Charity**”) is a Charitable Incorporated Organisation whose only voting members are its trustees. The Charity’s governing document is its constitution dated 23 May 2017 and amended on 8 March 2024.

Help Impact currently has three trustees. During the financial year ending 31 March 2023 no other trustees were appointed. As per the Charity’s constitution every new trustee must be appointed by a resolution passed at a meeting of the Charity trustees.

When the Charity trustees appoint new trustees, they consider knowledge, skills and experience required for the management of the Charity. Trustees may be found through existing trustees’ recommendation or advertising. When new trustees are appointed, Help Impact provides a current version of its constitution, a copy of its latest annual report and statement of accounts, its policies and recent minutes of trustee meetings. The Charity also refers new trustees to the Charity Commission’s website for its “Essential Trustee” publication and further information, and to Help Impact’s website. In addition, all new trustees are given a detailed overview of the Charity’s current state of affairs and strategy.

During the financial year ending 31 March 2024 the trustees conducted five trustee meetings. At these meetings the trustees discussed Help Impact’s strategy, projects and other current activities, fundraising initiatives, volunteers’ involvement and plans for the future.

Help Impact does not employ any staff. The team of Help Impact consists of three trustees. The trustees did not receive any remuneration for the performance of the Charity related activities.

At Help Impact we always welcome volunteers to support our work. We would be happy to collaborate with people with different knowledge, skills and experience. Help Impact provides continuous support to its volunteers where required. The Charity provides an induction explaining what it does and how volunteers fit within the organisation. If applicable, the Charity also provides training to assist a volunteer to meet the expected standards. The Charity allocates a main point of contact for every volunteer. A volunteer has catch-ups with the main point of contact and, if required, with other team members to agree targets for the volunteering role and discuss any questions.

As per the Charity's Conflicts of Interest policy, the trustees must disclose any potential interest which may conflict with the interest of the Charity or their duties to the Charity. Any potential conflict must be identified, managed and minuted. The trustees confirmed that they did not have any conflicts of interest.

Objectives and activities

As per Help Impact's original constitution, until 8 March 2024, the objectives of the CIO were the relief of sickness and the preservation of health, and the relief of financial hardship, either generally or individually, of people under the age of 25 worldwide including but not limited to the UK and Russia in particular but not exclusively by raising funds and making grants of money for providing or paying for items, services or facilities.

Following the positive decision of the Charity Commission as of 1 February 2024, the trustees approved the following objectives detailed in the amended constitution (effective as of 8 March 2024): the relief of sickness, preservation of health, relief of financial hardship, and the advancement of education either generally or individually of children, young people and their families worldwide including but not limited to the UK by raising funds and making grants of money for providing or paying for items, services or facilities.

The trustees confirm that they are aware and had due regard to the guidance on public benefit issued by the Charity Commission. Our main priorities for this year's strategy continued to be:

- Providing grants to charities in line with Help Impact's objectives and policies, and
- Continuing with fundraising activities.

Help Impact undertook the following activities to further its purposes for the public benefit:

- The Charity's projects were in advancement of the Charity's objectives and policies. The trustees carried out appropriate due diligence on NGOs which received the grants. This process included checking that funds reached their destination and are used for the purposes intended.
- Trustees continued raising awareness of the public in relation to Help Impact's activities and projects.
- Trustees reviewed and followed the Charity's policies.

Achievements and performance

Help Impact works with organisations around the world that have necessary skills and expertise to efficiently deliver a project maximising its value to beneficiaries while minimising its costs. Help

Impact's trustees invest a lot of time in due diligence to ensure the funds reach those in true need of it.

During this financial year Help Impact had the following projects detailed below.

Our Projects

Music Therapy for Sick Children

Help Impact supported the work of Rosie's Rainbow Fund that organises music therapy sessions for sick children at John Radcliffe Hospital in Oxford, UK. Rosie's Rainbow Fund's music therapy sessions involve live, interactive, and developmentally appropriate music-making with children. The aim of the project is to facilitate expression of feelings, reduce distress and promote well-being.

Music therapy helps children to sleep or is comforting for children who are not feeling well enough to participate more actively. Playing and singing together helps to distract the young children during certain medical procedures.

For older children and teenagers, the sessions keep pace with the rapidly evolving way that music is developed and listened to across a range of devices. As part of this work, older children are encouraged and supported in writing and recording of music. Seriously ill teenagers use iPads and tablet devices to encourage creativity.

Help Impact's grant funds are used to pay for music therapy sessions at John Radcliffe Hospital.

Therapy for Disabled Children in Moldova

Help impact was happy to award a grant to the UK-based charity St Gregory's Foundation on a project to support disabled children in Calarashi, an hour from Chisinau, the capital of Moldova. St Gregory's Foundation works with Dorintsa, the centre for disabled and autistic children and young people in Calarashi. The centre was founded in 2001 by parents of a child with cerebral palsy.

In Calarashi children with special needs often face:

- Insufficient psychological and physical support to cover the needs of children with disabilities
- Lack of accessibility in general educational institutions
- Lack of social services and rehabilitation centres at district and local levels
- Delayed diagnosis and referrals.

The awarded funds help at least 30 seriously disabled children to access physical, cognitive and speech therapy at the only centre in the region of Calarash. They are able to socialise and communicate with their peers and reach their best potential. They benefit from social integration and greater independence. The beneficiaries of this project are children with DOWN syndrome, infantile cerebral palsy, undeveloped speech level, autistic spectrum disorder, motor deficiency and learning disabilities.

The aim of the project is to improve the children's:

- Self-care and personal hygiene skills
- Oral communication skills – children usually improve their active and passive vocabulary
- Management of emotions and behaviour
- Muscle strength, development of upper and lower fine and gross motor skills, relaxing of hypertonic muscles of the upper and lower limbs
- Metabolism, energy level and other core capacities.

Improving a center for children with rare diseases and autism in Moldova

Help Impact was happy to award a grant to the UK-based charity St Gregory's Foundation on a project to support the improvement of a center "Rain Children" for children with rare diseases and autism in Chisinau, Moldova.

The centre was opened in March 2022, and is owned by a charity which was founded in 2014 by parents of disabled children. Attendees come from the capital and the surrounding areas (Anneni Noi, Gidigich, Yalove, Chisinau). Children attending the Centre have been diagnosed with such disabilities and disorders as Infantile autism, Rett syndrome, Down syndrome, Asperger's syndrome, ADHD.

Help Impact's grant was used for educational materials and furniture needed to efficiently run sessions.

In the long-run, this will help to provide a greater quality of life for children with disabilities and special needs and the families which are unable to receive such services in the city. The project has the potential to be replicated across the country and reach out to more disabled children, parents, carers and practitioners in Moldova. This is a chance to boost the development of children with disabilities across Moldova and improve the quality of their lives.

Medications and medical supplies for children in Guatemala

Health&Help runs a non-profit clinic in the rural area where access to medical aid is very limited. It is the only free of charge medical centre within a 3-4 hour walking distance.

Help Impact provided funds to purchase medications and medical supplies for children and young people under 25 years old suffering from the following.

- Parasitic diseases – Quite often children cannot sleep because of itchiness all over their bodies, have persistent stomach pain and lice in their hair. These are the symptoms of very common parasitic diseases. The good news is that in most cases such parasitic diseases can be treated by only several pills within three days. After such a simple treatment children sleep better, digest food better and quite obviously but very importantly of course – stop experiencing persistent pain.
- Skin, eyes, lungs and intestinal infections – Children suffer from these infections all the time. This is primarily due to poor life conditions and very poor hygiene standards. Most of homes do not have a shower and a lot of homes do not have a floor or a toilet. The treatment for such infections is relatively straightforward. One course of antibiotics can treat a lot of these infections.
- Growth delay, anemia and lack of concentration – As children do not eat enough and do not receive enough vitamins, they experience growth delays, cannot concentrate and often fall asleep at school. They do not have enough haemoglobin which helps to carry oxygen throughout the body. From Health & Help children receive a course of vitamins and iron, and get their haemoglobin level checked. As a result, children's physical and mental development significantly improves.

There are no overhead costs. Health&Help's doctors are volunteers and also there are no other costs of running this project thanks to economies of scale. So all funds received from Help Impact are used to buy medications and medical supplies.

Risk management

The Charity trustees confirm that they:

Considered to the major risks to which the charity is exposed, and
Discussed and satisfied themselves that systems or procedures are established in order to manage those risks.

The Charity trustees confirm that they acted in line with Help Impact's risk management policy.

Financial review

Help Impact's income for the financial year ending 31 March 2024 was £21,017 as compared to the income of £1,912 in the previous year. £8,000 was awarded and paid as grants.

The Charity is planning to use the raised funds for its projects in the new financial year. Also Help Impact aims to keep its operational costs to the very minimum.

The cash funds at the end of this financial year were £36,562.

Reserves policy

Trustees agree to keep the reserves equal to three to six months of planned operational costs.

Operational costs are defined as expenses related to the Charity's operation, i.e. costs of resources to maintain the Charity.

Operation costs for the financial year ended 31 March 2024 were £119.

The trustees confirm that the above reserves policy requirement was met.

Plans for the future


In the next financial year the trustees plan to perform the following activities:


- Provide grants in line with Help Impact's objects and policies
- Continue with fundraising activities
- Continue raising awareness about the Charity
- Continue working with volunteers and continue ensuring that their roles are clear and that they receive required support.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of all the Charity's trustees

Signature 
Full name Svetlana Savelyeva
Position Trustee
Date 3 June 2024

Signature 
Full name Yulia Kozlova
Position Trustee
Date 30 May 2024



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

HELP IMPACT

On accounts for the year
ended

31/03/2024

Charity no
(if any)

1173140

Set out on pages

remember to include the page numbers of all relevant pages

I report to the trustees on my examination of the accounts of the above charity (~~"the Trust"~~) for the year ended **31 03 2024**.

Responsibilities and
basis of report

As the charity trustees ~~of the Trust~~, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (~~"the Act"~~).

I report in respect of my examination of the ~~Trust's~~ accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below *~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

[Signature]

Date:

19/09/2024

Name:

GEORGY CHABAKAURI

Relevant professional
qualification(s) or body
(if any):

ASSOCIATE PROFESSOR, LSE

Address:

**FLAT 8, 110 LISSEN GROVE
NW1 6LS
LONDON**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Help Impact		1173140		CC16a
Receipts and payments accounts				
For the period from	01-Apr-23	To	31-Mar-24	

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	21,017		-	21,017	1,912
Other income	-	-	-	-	-
Sub total (Gross income for AR)	21,017	-	-	21,017	1,912
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,017	-	-	21,017	1,912
A3 Payments					
Grants paid	8,000		-	8,000	5,000
Bank charges	77	-	-	77	90
Fundraising platform's processing fees	23	-	-	23	87
Other expenditure	59	-	-	59	115
Sub total	8,159	-	-	8,159	5,292
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,159	-	-	8,159	5,292
Net of receipts/(payments)	12,859	-	-	12,859	3,380
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	23,703	-	-	23,703	-
Cash funds this year end	36,562	-	-	36,562	23,703



Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	36,562	-	-
	Total cash funds	36,562	-	-
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	

Note 1: There was no guarantee given by Help Impact, where any potential liability under the guarantee is outstanding at the date of the statement of assets and liabilities.

Note 2: There was no debt outstanding at the date of the statement of assets and liabilities which is owed by Help Impact and which is secure by an express charge on any of the assets of Help Impact.

Signed on behalf of all the trustees

Signature	Print Name	Date of approval
	Yulia Kozlova	30.05.2024
	Svetlana Savelyeva	3.06.2024