

**Help Impact**

**Trustees' Annual report**

**For the period from 1 April 2022 to 31 March 2023**

**Charity no 1173140**

## Reference and administration details

**Charity number 1173140**

### Principal address

24 Brewery Lane  
Twickenham  
TW1 1AW  
United Kingdom

### Bankers

HSBC Bank plc  
Registered in England and Wales with registration number 14259  
Registered office: 8 Canada Square London E14 5HQ

### Trustees

Svetlana Savelyeva, Chair of Trustees  
Veronika Sokolova  
Yulia Kozlova

## Structure, governance and management

Help Impact (the “Charity”) is a Charitable Incorporated Organisation whose only voting members are its trustees. The Charity’s governing document is its constitution dated 23 May 2017. On this date the Charity was entered on the Register of Charities. The Charity did not amend its constitution since then.

Help Impact currently has three trustees. During the financial year ending 31 March 2023 no other trustees were appointed. As per the Charity’s constitution every new trustee must be appointed by a resolution passed at a meeting of the Charity trustees.

When the Charity trustees appoint new trustees, they consider knowledge, skills and experience required for the management of the Charity. Trustees may be found through existing trustees’ recommendation or advertising. When new trustees are appointed, Help Impact provides a current version of its constitution, a copy of its latest annual report and statement of accounts, its policies and recent minutes of trustee meetings. The Charity also refers new trustees to the Charity Commission’s website for its “Essential Trustee” publication and further information, and to Help Impact’s website. In addition, all new trustees are given a detailed overview of the Charity’s current state of affairs and strategy.

During the financial year ending 31 March 2023 the trustees conducted four trustee meetings. At these meetings the trustees discussed Help Impact’s strategy, projects and other current activities, fundraising initiatives, volunteers’ involvement and plans for the future.

Help Impact does not employ any staff. The team of Help Impact consists of three trustees. The trustees did not receive any remuneration for the performance of the Charity related activities.

At Help Impact we always welcome volunteers to support our work. We would be happy to collaborate with people with different knowledge, skills and experience. Help Impact provides continuous support to its volunteers where required. The Charity provides an induction explaining what it does and how volunteers fit within the organisation. If applicable, the Charity also provides training to assist a volunteer to meet the expected standards. The Charity allocates a main point of contact for every volunteer. A volunteer has catch-ups with the main point of contact and, if required, with other team members to agree targets for the volunteering role and discuss any questions.

As per the Charity's Conflicts of Interest policy, the trustees must disclose any potential interest which may conflict with the interest of the Charity or their duties to the Charity. Any potential conflict must be identified, managed and minuted. The trustees confirmed that they did not have any conflicts of interest.

### **Objectives and activities**

The objectives of the CIO are the relief of sickness and the preservation of health, and the relief of financial hardship, either generally or individually, of people under the age of 25 worldwide including but not limited to the UK and Russia in particular but not exclusively by raising funds and making grants of money for providing or paying for items, services or facilities.

The trustees confirm that they are aware and had due regard to the guidance on public benefit issued by the Charity Commission. Our main priorities for this year's strategy continued to be:

- Providing grants to charities in line with Help Impact's objectives and policies, and
- Continuing with fundraising activities.

Help Impact undertook the following activities to further its purposes for the public benefit:

- The Charity's projects were in advancement of the Charity's objectives and policies. The trustees carried out appropriate due diligence on NGOs which received the grants. This process included checking that funds reached their destination and are used for the purposes intended.
- Trustees continued raising awareness of the public in relation to Help Impact's activities and projects.
- Trustees reviewed and followed the Charity's conflicts of interest, data protection, reserves, complaints handling, fundraising, grant making, privacy, volunteer management, risk management and safeguarding policies.

### **Achievements and performance**

Help Impact works with organisations around the world that have necessary skills and expertise to efficiently deliver a project maximising its value to beneficiaries while minimising its costs. Help Impact's trustees invest a lot of time in due diligence to ensure the funds reach those in true need of it.

During this financial year Help Impact had the following projects detailed below.

## **Our Project**

### ***Medications and medical supplies for children in Guatemala***

Help Impact awarded a new grant for the work of Health & Help that provides medical care and health education in the mountains of Guatemala. Health&Help runs a non-profit clinic in the rural area where access to medical aid is very limited. It is the only free of charge medical centre within a 3-4 hour walking distance.

Help Impact provided funds to purchase medications and medical supplies for children and young people under 25 years old suffering from the following.

- Parasitic diseases – Quite often children cannot sleep because of itchiness all over their bodies, have persistent stomach pain and lice in their hair. These are the symptoms of very common parasitic diseases. The good news is that in most cases such parasitic diseases can be treated by only several pills within three days. After such a simple treatment children sleep better, digest food better and quite obviously but very importantly of course – stop experiencing persistent pain.
- Skin, eyes, lungs and intestinal infections – Children suffer from these infections all the time. This is primarily due to poor life conditions and very poor hygiene standards. Most of homes do not have a shower and a lot of homes do not have a floor or a toilet. The treatment for such infections is relatively straightforward. One course of antibiotics can treat a lot of these infections.
- Growth delay, anemia and lack of concentration – As children do not eat enough and do not receive enough vitamins, they experience growth delays, cannot concentrate and often fall asleep at school. They do not have enough haemoglobin which helps to carry oxygen throughout the body. From Health & Help children receive a course of vitamins and iron, and get their haemoglobin level checked. As a result, children's physical and mental development significantly improves.

It is simple and quite cheap to solve a lot of children's health issues. For example

- A cost of your £5-6 lunch may buy an anti-infectious antibiotics course and so be lifesaving.
- £8 can pay for a malnourished child treatment program (3-10 years old).
- £20 can pay for a malnourished baby treatment program (0-2 years old).

There are no overhead costs. Health&Help's doctors are volunteers and also there are no other costs of running this project thanks to economies of scale. So all funds received from Help Impact are used to buy medications and medical supplies.

## **Risk management**

The Charity trustees confirm that they:

Considered to the major risks to which the charity is exposed, and

Discussed and satisfied themselves that systems or procedures are established in order to manage those risks.

The Charity trustees confirm that they acted in line with Help Impact's risk management policy.

## **Financial review**

Help Impact's income for the financial year ending 31 March 2023 was £1,912 as compared to the income of £52,072 in the previous year. £5,000 was awarded and paid as grants.

The Charity is planning to use the raised funds for its projects in the new financial year. Also the



Help Impact aims to keep its operational costs to the very minimum.  
The cash funds at the end of this financial year were £23,703.

### **Reserves policy**

Trustees agree to keep the reserves equal to three to six months of planned operational costs.  
Operational costs are defined as expenses related to the Charity's operation, i.e. costs of resources to maintain the Charity.

Operation costs for the financial year ended 31 March 2023 were £175.

The trustees confirm that the above reserves policy requirement was met.

### **Plans for the future**


In the next financial year the trustees plan to perform the following activities:


- Provide grants in line with Help Impact's objects and policies
- Continue with fundraising activities
- Continue raising awareness about the Charity
- Continue working with volunteers and continue ensuring that their roles are clear and that they receive required support.

### **Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of all the Charity's trustees

Signature   
Full name JULIA KOZLOVA  
Position Trustee  
Date 7 June 2023

Signature   
Full name Svetlana Smelyeva  
Position Trustee  
Date 7 June 2023



Section A

Independent Examiner's Report

Report to the trustees/  
members of

HELP IMPACT

On accounts for the year  
ended

31/03/2023

Charity no  
(if any)

1173140

Set out on pages

I report to the trustees on my examination of the accounts of the above charity (~~"the Trust"~~) for the year ended **31 03 2023**.

Responsibilities and  
basis of report

As the charity trustees ~~of the Trust~~, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (~~"the Act"~~).

I report in respect of my examination of the ~~Trust's~~ accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below \*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

*[Signature]*

Date:

**03/10/2023**

Name:

**GEORGY CHABAKAURI**

Relevant professional  
qualification(s) or body  
(if any):

**ASSOCIATE PROFESSOR, LSE**

Address:

**FLAT 8, 110 WISSON GROVE  
NW1 6LS  
LONDON**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Help Impact		1173140		CC16a
Receipts and payments accounts				
For the period from	01-Apr-22	To	31-Mar-23	

## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	1,912	-	-	1,912	52,072
Other income	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	1,912	-	-	1,912	52,072
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	1,912	-	-	1,912	52,072
<b>A3 Payments</b>					
Cost of fundraising events	-	-	-	-	145
Grants paid	5,000	-	-	5,000	67,500
Bank charges	90	-	-	90	81
Fundraising platform's processing fees	87	-	-	87	75
Other expenditure	115	-	-	115	55
<b>Sub total</b>	5,292	-	-	5,292	67,856
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	5,292	-	-	5,292	67,856
<b>Net of receipts/(payments)</b>	- 3,380	-	-	- 3,380	- 15,784
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	27,083	-	-	27,083	42,867
<b>Cash funds this year end</b>	23,703	-	-	23,703	27,083





## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank account	23,703	-	-
	<b>Total cash funds</b>	<b>23,703</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	

Note 1: There was no guarantee given by Help Impact, where any potential liability under the guarantee is outstanding at the date of the statement of assets and liabilities.

Note 2: There was no debt outstanding at the date of the statement of assets and liabilities which is owed by Help Impact and which is secured by an express charge on any of the assets of Help Impact.

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JULIA KOZLOVA	7 June 2023
	Svetlana Savelyeva	7 June 2023